

PURCHASE FINANCE FOR
0% APR UP TO **60** MONTHS
ON MOST NEW 2019 FORD MODELS

WINTER PERFORMANCE PACKAGE
TIRES | RIMS | SENSORS*
WITH THE PURCHASE OR LEASE OF SELECT NEW 2019 MODELS

ESCAPE ECOSPORT EDGE

ValEstrie Ford LINCOLN
SHERBROOKE

819-563-4466 office

Visit our website www.valestrie.com -
Very nice selection of pre-owned vehicles

819-822-8055 cell
mike.page@valestrie.com

819-578-1965 cell
johnpage@valestrie.com

For service that makes you feel like family, come do business with family, ask for Mike or John Page.

2018-2020 SEASON | NEXT GAME

ARMADA VS **SHROOKE**

OCT. 12TH AT 6 PM

THE

RECORD

THE VOICE OF THE EASTERN TOWNSHIPS SINCE 1897

TONIGHT: 5:00 → 9:00 PM

ORDER ANY MEAL FEATURING SHRIMP AND GET **50% MORE SHRIMP FREE!**

GOLDEN LION PUB AND BREWERY, LENNOXVILLE

WEEKEND EDITION

\$1.50 + TAXES

PM#0040007682

FRIDAY, OCTOBER 11, 2019

Community Aid positive about golden age consultation

By Gordon Lambie

According to Leigh Hortop of the Lennoxville and District Community Aid, this past Tuesday's public consultation on how to fill the void left behind by the end of the Lennoxville Golden Age Club was productive, even if only a small group showed up.

"There was lots of feedback and lots of ideas," she said, explaining that those who were in attendance were given individual surveys, followed by a small group discussion which led to a wider group discussion afterward. This model, Hortop explained, gave people time to formulate their own thoughts while also building ideas together as a group.

CONT'D ON PAGE 5

Lennoxville United to host special service for mental health



MATTHEW MCCULLY

By Matthew McCully
On Sunday, Oct. 27 Lennoxville United Church will hold a special service called You Are Not Alone:

A Service for Mental Health. The purpose of the service is to learn about and reflect on the realities of mental illness. According to Reverend Linda

Buchanan, the service will be ecumenical and inter-religious.

"Everyone needs to be cared for, and

CONT'D ON PAGE 3

Celebrate Canadian Thanksgiving with Eastside Harvest Dinner Features!

Friday October 11 - Monday October 14

20% on Canadian Exchange

Reservations Appreciated
(802) 334-2340
47 Landing Street
Newport VT 05855

Roast Turkey Duck à l'orange
Homemade stuffing, Crispy half duck with
mashed potato & gravy orange brandy glaze

Smoked Cheddar Cranberry Sage Ravioli
VT Fresh ravioli finished with
a brown butter glaze

Crusted Salmon
Atlantic filet herb crusted
with a Dijon cream sauce

The Record e-edition

There for you
24-hours-a-day
7-days-a-week.
Wherever you are.

Access the full edition of the *Sherbrooke Record* as well as special editions and 30 days of archives.

Renew or order a new 12-month print subscription and get a 12-month online subscription for an additional \$5 or purchase the online edition only for \$125.00

Record subscription rates (includes Quebec taxes)

For print subscription rates, please call 819-569-9528 or email us at billing@sherbrookerecord.com

12 month web only: \$125.00
1 month web only: \$11.25

Web subscribers have access to the daily *Record* as well as archives and special editions.

Subscribing is as easy as 1,2,3:

1. Visit the *Record* website: www.sherbrookerecord.com
2. Click e-edition.
3. Complete the form and wait for an email activating your online subscription.

Weather



TODAY:
MIX OF SUN
AND CLOUDS

HIGH 16
LOW 8



SATURDAY:
CLOUDY

HIGH 13
LOW 6



SUNDAY:
MIX OF SUN
AND CLOUDS

HIGH 12
LOW 2



MONDAY:
SUNNY

HIGH 16
LOW 4



TUESDAY:
CLOUDY

HIGH 13
LOW 7



GOOD READS

LENNOXVILLE LIBRARY

Reviewed by James Wilson

‘The Sea’ by Irish novelist John Banville won the 2005 Booker prize in a split decision, much to the chagrin of one of the judges, the literary editor of *The Independent*, who publicly called its selection “possibly the most perverse decision in the history of the award.” This assessment may have had less to do with the book itself, than with book sales, which tend to rise sharply when popular winners are announced; another prominent critic grumped, “The Sea” “won’t do the Booker’s reputation much good.” The premise of ‘The Sea’ is admittedly unpleasant: the narrator/protagonist, Max Morden, an aging art critic, is grieving the death of his wife Anna to cancer. Though the awful diagnosis and her year-long decline and death are treated in the novel, sometimes graphically, Anna and her fate are completely absent from most of the work. In fact, she is al-

The Sea

by John Banville

ready dead at the opening, and evoked only through flashback. The novel’s focus is Max, his response to Anna’s death, and his attempt to come to terms with it. Part of that attempt is his decision to leave the family home in the city and rent a room in a boardinghouse by the sea, the same house that was, 50 years earlier, rented by the Grace family, whose lives intertwined with the young Max’s. This is no coincidence: ‘The Sea’ is a novel as much about memory as about death and bereavement. For Max, memory is an antidote to loss.

Max Morden’s present is moribund and grief-stricken (in Banville names are seldom random); he stays in his room mostly, has almost no contact with the landlady, Miss Vavasour, or the only other guest, Colonel Blunden (retired), and drinks himself into oblivion most nights. The deep past that he recalls, almost exclusively the events of one summer, by contrast, is teeming with vibrant, sensual life. That summer he had been 11 or 12, his parents had rented a modest chalet neighbouring ‘The Cedars’, the well-appointed house that has now become Miss Vavasour’s boardinghouse, then being let by the Graces, Carlo and Connie, their twin children, Chloe and Myles, roughly the same age as Max, and the children’s governess, Rose, in her late teens. This is the highly eventful summer referenced in the novel’s odd opening sentence, “They departed, the gods, on the day of the strange tide.” A few sentences later, more ominously, we are told, “I would not swim again, after that day. . . no, not ever again.” Though for the pubescent Max this was a sensually charged summer rich in epiphanies, and pulsing with sexual awakenings, for the attentive reader the jagged clues of impending disaster will not go unnoticed, even if unfamiliar with the author. If you know Banville, you also know the coming catastrophe is as inexorable as the North Atlantic tide.

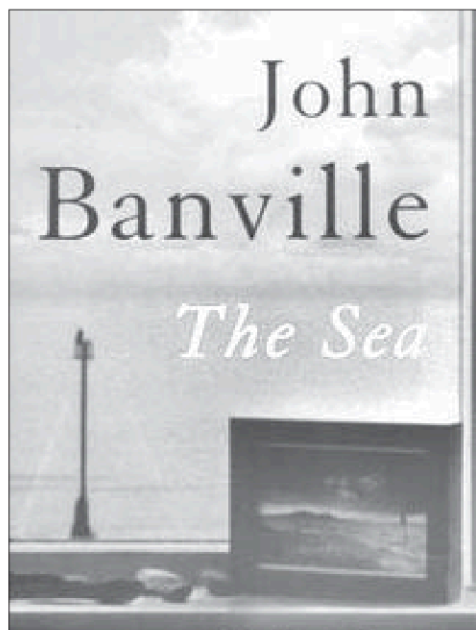
But if you like your plot development molasses-slow delivered in a silky smooth style, this novel won’t disappoint. Banville’s self-avowed literary ancestor is Henry James, and the former has inherited the latter’s affection for the perfectly constructed sentence. Readers in a hurry might become annoyed at the more than 2 full pages it takes the narrator to describe his aging face in a bathroom mirror, or bemused that a paragraph-long recollection of absolutely nothing happening except that

Chloe “lifts a hand up high to brush a clinging strand of hair from her damp forehead” ends with, “And my life is changed forever.” But those who appreciate the Flaubertian *mot juste* will be saddened that the novel unravels in just under 200 pages.

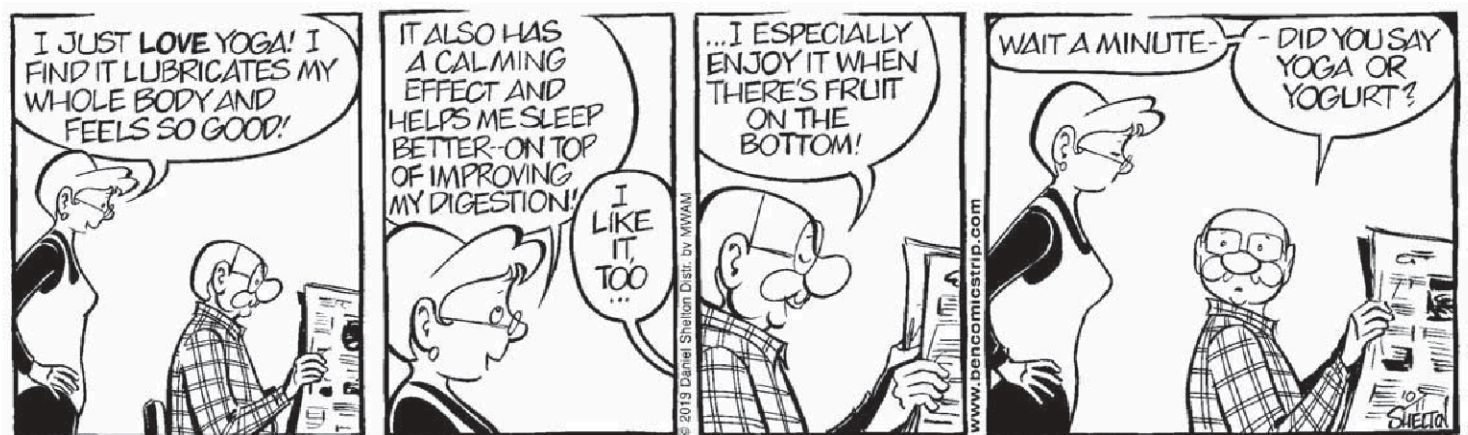
The work also speaks to readers looking for more than sound story and exquisite style. Banville’s being heralded “the heir to Nabokov” may be a tad fanciful, but ‘The Sea’ is without question a layered text. The most salient allusions, given Banville’s pedigree, are perhaps to Joyce. I mentioned names earlier, and ‘Grace’, is a pointed reference. “Araby” also gets a nod, with its obsession with young love, and, not surprisingly “The Dead” is echoed repeatedly. But Beckett, and, yes Nabokov, and perhaps even Poe (via Nabokov) are all hovering around Max the narrator, or more correctly, Max the unreliable narrator. Anna is also Annabel Lee in her ‘kingdom by the sea’, and Max one of Poe’s deluded speakers. There may even be a bit of Humbert Humbert in Max (which, we are latterly informed, isn’t his real name): “I padded behind Miss Vavasour with my bag in my hand, like the well-mannered murderer in some old black-and-white thriller.”; “The fact for instance that she did not know that she was later in my affections than her mother, of all people, made her seem almost piteously vulnerable in my eyes.” Despite his somber tone and tragic plot(s), Banville is not averse to adding a touch of Nabokovian playfulness to all the darkness; he is Irish after all. Certainly, Max is not the man he would have us believe he is, and what he represents, via dramatic monologue, as ‘memory’ is just as likely fabrication. The complexities of Banville’s construction of ‘self’ in the novel, even of ‘event’ (remembered? or invented?) and his simultaneous deconstruction of same, result in the very distinct possibility that ‘The Sea’ is at the same time a beautifully-wrought heart-breaking story, and a crafty parody of precisely the kind of novels that are repeatedly short-listed for, and often actually win Booker Prizes.

If there is any truth at all in the latter, it might help to account for Banville’s mischievous expression of pleasure in his acceptance speech that ‘a work of art’ had, for a change, won the prize.

Don’t forget the Library’s Adopt-a-Book event on Thursday Oct 17 from 5 to 7. There will be a wine and cheese reception and door prizes.



Ben by Daniel Shelton



LOCAL NEWS

The idea first came about around May, and since then a 12-member team has been working on ideas of what to include in the service.

A handy dandy guide to proportional representation

By Taylor McClure
Special to The Sherbrooke Record

With the federal election just around the corner, it's a good idea to stay in the loop about various policies and ideas that have been put forward by candidates during the campaign.

Electoral reform is one of the issues that has been brought up time and time again during campaigns.

Changing the way Canadians vote has been a hot topic for years and a number of alternatives have been suggested. The most popular in Canadian politics is the electoral process known as proportional representation.

Under Canada's current voting system, known as first-past-the-post, citizens vote for a local candidate they would like to be their representative in parliament.

Each province is divided into ridings

and one person is voted in from each riding.

With the current system, the candidate with the most votes in each riding has a seat in Ottawa. With this voting system, however, candidates can receive the most votes but not the majority of the vote (50 per cent or more) and still have a seat in Ottawa. In fact, most winning candidates don't hold a majority.

Let's say there is a riding with 100 voters and the results break down like this:

Candidate A: 45 votes.

Candidate B: 20 votes.

Candidate C: 35 votes.

Candidate A received the most votes but does not hold the majority. They now have a seat in Ottawa.

A popular alternative to the first-past-the-post system that many countries around the world have already implemented is known as proportional representation.

In essence, proportional representa-

tion means that the percentage of seats a party holds in Ottawa is proportional to the percentage of the vote that they received. Under this electoral system, citizens vote for parties rather than individual candidates.

Let's say Canada has 100 voters and three parties running for election.

Party A: 30 votes

Party B: 30 votes

Party C: 40 votes

Party A and Party B both received 30 per cent of the vote, which means both parties would receive 30 per cent of the seats in Ottawa. Party C received 40 per cent of the vote, which means they would hold 40 per cent of the seats in Ottawa.

The candidates to fill the seats would be chosen by the parties. They rank their candidates in a list and seats would be filled according to that order.

The proportional representation voting system allows more political parties

to be represented in Parliament, which means voters' interests are more widely represented and smaller parties have a greater chance of winning seats.

Under the first-past-the-post system, parties are easily able to form a majority in the legislature despite not holding the majority of the vote because citizens are voting for individual candidates.

For example, party A holds 51 per cent of the seats in Ottawa because of the candidates who received the most votes in their riding, but the party may only have received 20 per cent of the popular vote. With proportional representation, if party A only received 20 per cent of the vote, they would only receive 20 per cent of the seats in Ottawa.

It is an alternative that is described as more fair and it is an electoral system that Canadians should be familiar with when the topic comes up for debate.

Lennoxville United

CONT'D FROM PAGE 1

everyone's got a seat at the table," she said.

"This is our first time trying," explained Buchanan, hoping the service could become an annual event.

The idea first came about around May, and since then a 12-member team has been working on ideas of what to include in the service.

"I'm a big advocate for mental health," commented Pam Wilson, helping organize the service, "We tried to figure out how we could do something."

Wilson pointed out that people often shy away from the topic because there is still a lot of stigma associated with mental illness.

"If we don't start doing things like this, it will never change," Wilson said.

The planning team includes representatives from the congregation, the community and also Mental Health Estrie. Buchanan added that the offering collected at the service would be donated to Mental Health Estrie.

According to Buchanan, the service will follow a similar pattern to a regular Sunday, but with prayers designed to address mental health.

Special songs and anthems have been chosen for the service, and Buchanan said the Lennoxville United choir would be amplified by a number of guest voices from the community.

"We have to recognize we haven't al-

ways been great," admitted Buchanan, in the way the church has dealt with mental illness.

The message she would like to convey with the upcoming service is, "we are here, we see you, we want to support you in any way we can."

Buchanan and Wilson said the service is meant to open a constructive and inclusive discussion about mental illness, to offer comfort to those who are struggling, and also to support those helping a loved one.

"It touches everyone," Wilson pointed out.

"You can't just have a service like that," added Buchanan, explaining there will be light refreshments served afterwards. "Probably the most important coffee hour of the year will be this one," she said.

The service will take place Sunday, Oct. 27 at 10 a.m. at Lennoxville United Church in Lennoxville.

No Record published or Canada Post delivery on Mon. Oct. 14

only \$10 (taxes incl.)

CALLING ALL ARTISTS AND ARTISANS

The Record will publish a special section on November 8 listing all the Christmas Craft Bazaars and Shows in the area.

Artists, artisans, churches, schools, individuals, send your listing to The Record by **November 4** to classad@sherbrookerecord.com to promote your event.

add a photo for an additional \$10

THE RECORD

Listings must be paid in advance. We accept visa or mastercard.

For information, call 819-569-9525

GENERATORS



Le Groupe GE
Générateurs Expert
Gestion Énergétique

Denis Mailhot
819.569.0000
www.groupeGE.com

LE GROUPE GE
Get your house secured!

25 years experience

BE READY!

- No more power outage
- Propane Generators without any fuel handling
- Installation "Ready to Use," 24 hour service
- Automatic, secure and complies to regulations
- Free Evaluation

Cummins Generator

10 seconds and it's started!

819-569-0000

www.groupege.com

MENTAL ILLNESS AWARENESS WEEK: OCTOBER 6TH - 12TH

In sickness and in health



By Shawn Malley

A week before Christmas in 1998, Grace and I stood together holding hands in the wedding chambers of Toronto City Hall. It was a modest affair, shared with a few friends. The chambers were being renovated and we were married under a stairwell in a small room. The signs of construction were partially obscured by large vases of fresh cut flowers. We were in love, and the intimacy of this small room was a perfect expression of the day.

The detail that made the most impression on me at the time came during the marriage vows, the promises that we made in love and promised to keep as we grew together in our bonds of marriage. For some reason the phrase "in sickness and in health" resonated with me in that heady moment. The conjunction "and" joined us together in ways that I had yet to fathom.

Out of the blue a few years later Grace was afflicted with mania. Her story of her hospitalization and long and ongoing recovery and management of bipolar depression is chronicled in her accounts, published in The Record.

There's another phrase that began to have special meaning for me: folie a deux. The romance of watching the sun rise after a crazy sleepless night quickly escalated into paranoia. We both needed help.

After many trips to the emergency ward, we were finally directed to Urgence Mentale at the Hotel-Dieu. When she was finally admitted to the care of the hospital I was left alone. We were separated and this was frightening for me as well as Grace. I had this sensation of dropping out of warp speed, watching her fly off without me.

The hospital was necessary phase of intervention and I am thankful for all the help and care and understanding Grace received. This time also gave me an opportunity to recover, to enter back into life, and to learn about this disease.

The real trial began when Grace was discharged and fell into a deep depression. We were together, but we were apart emotionally. This was the most trying experience of my life, soldiering on with the hope that my partner will recover, that I must remain patient and attentive while the world continued to spin on indifferent to our suffering. I learned that statistically I had a 30% chance of remaining married.

It turns out I had about the same chances of retaining social bonds. Ignorance and fear drove a wedge between us and those who we found to our dismay were not strong enough emotionally to deal with the changes and trauma. Friends scattered. Family looked for and laid blame. As the healthy person, and as "the man," I felt I had to shoulder the brunt of unkindness and indifference that came from all quarters.

What still shames me to this day is the feeling of self-pity that arose from time to time. Through my own research I today know this is a natural expression of the trauma that I didn't have the luxury of owning while Grace was incapacitated.

Left largely to own devices (and the dedicated care of a trusted psychiatrist) our world collapsed onto it-

self. We were together in sickness and health.

In the end there's a lot of wisdom that comes from living with this disease. A perceptive person observed that the world is bipolar. We live in the world, with its pressures for success, its competition, but how we choose to engage them is, I have learned, itself a choice with enormous consequences for our well being. I live better as a result. The choices we make together clarify what matters and what doesn't.

I am a better, more empathetic person as a result of honoring my marriage troth, of living with a bipolar survivor. My work and my relationships with students as a university professor—my troth to the mission of our university—is not an escape, but is enriched by my experience and the knowledge about mental illness and its pervasive nature.

What I have learned most is that love is not just a word exchanged in a ceremony. It's reality is formed in the crucible of health and tempered in the fires of sickness. "And" we go on.

A professor in the Department of English at Bishop's University, Shawn Malley is interested in opening literary and film analysis to questions about mental health with his students. As the University Ombudsman, Shawn also promotes mental health awareness on campus.

Resources:

Mental Health Estrie: Support for English-speaking families and individuals affected by a mental illness. Peer support groups. One-on-one support. Information and referral. Educational events. Lending Library. Web: www.mentalhealthestrie.com Phone: 819-565-3777 Email: mhe.info@bellnet.ca

Urgence Detresse Crisis Hotline: 819-780-2222

Suicide Prevention Hotline Across Quebec: 1-866-APPELLE

Info Santé: 811 (option 1 for a nurse, option 2 for a social worker)

CLSC: Call 811 to find your local number

CHUS Hotel-Dieu & Fleurimont Hospitals: 819-346-1110

Order of Psychologists (Hotline to find a psychologist near you): 1-800-561-1223

Mont-Megantic International Dark Sky Reserve: More to the night sky than meets the eye

By Taylor McClure
Special to The Record

On Sept. 21, 2007, ASTROLab founder and director Bernard Malenfant was presented with a certificate from the International Dark Sky Reserve Association in recognition of the world's first ever International Dark Sky Reserve.

The Mont-Megantic Dark Sky Reserve, which surrounds the Mont-Megantic Observatory located in Mont-Megantic National Park, was created with the goal of reducing light pollution, conserving energy, and protecting the dark sky for the future research of the Mont-Megantic Observatory, one of the most important research facilities in the country for the study of astronomy and astrophysics. It was also created with the tourism potential of Mont-Megantic Park in mind.

In addition to the observatory, Mont-Megantic National Park also has an interpretation center called ASTROLab. Their role is to educate the public in the fields of Astronomy, Astrophysics, Cosmology and Aerospace, and to present the research and technological advances of the Mont-Megantic Observatory.

Since the research, education and

tourism opportunities of Mont-Megantic Park are based on the Observatory, protecting the night sky—where most of the astronomical research takes place—was vital.

That is when ASTROLab, in collaboration with Mont-Megantic National Park and the Mont-Megantic Observatory, started to draw up guidelines for dark sky protection project in 2002.

With support from the Granit Local Employment Center and the Société des établissements de plein air du Québec, funding for the project was confirmed and an action plan was set in place by project leader Chloé Legris to help reduce light pollution.

In 2003, ASTROLab outlined the steps that needed to be taken for the creation of a dark sky reserve.

Bylaws and regulations to limit light pollution were adopted by the 34 municipalities located in the reserve, which covers 5,500 kilometers and stretches all the way to Sherbrooke. With financial support from all levels of government and Hydro Quebec, over 2,500 light fixtures were replaced to help reduce light pollution by 25 per cent.

Those measures allowed the Mont-

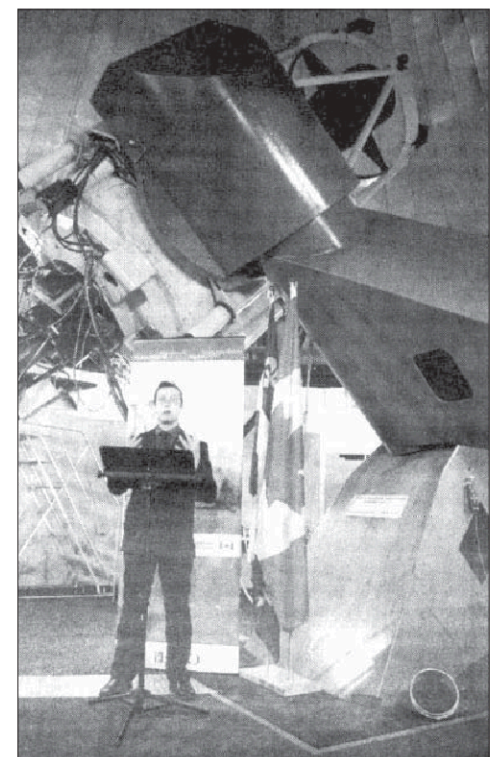
Megantic Dark Sky Reserve to become the first International Dark Sky Reserve to be certified and recognized by the IDA and UNESCO (The United Nations Educational, Scientific and Cultural Organization). In 2008, Legris also received the Scientist of the Year award from Radio Canada for her role in establishing the reserve.

Since the creation of the Mont-Megantic International Dark Sky Reserve, over 3300 light fixtures have been replaced in various municipalities, which has resulted in a savings of about \$200,000 worth of electricity costs for the area and a 35 per cent reduction in light pollution.

The dark sky reserve will continue to play a significant role in preserving the sky for future generations to discover, learn, and enjoy what the starry night has to offer and for future scientists at the Mont-Megantic Observatory to continue their groundbreaking research.

More information about the Mont-Megantic International Dark Sky Reserve can be found on their website at <http://ricemm.org/en/the-reserve/>. The Observatory and ASTROLab is also open to the public on certain days of the year and information on the hours and prices

can be found on ASTROLabs website at <https://www.astrolab.qc.ca/en/visites/rates-business-hours/>.



RECORD ARCHIVES

Community Aid

CONT'D FROM PAGE 1

“There were some people there who weren’t aware of us and our services and there were others who were connected to us and heard about it through word of mouth from us or one of our groups but hadn’t attended the golden age club,” she noted, pointing out that the resulting mix of people offered an interesting range of perspectives on what sorts of activities could replace the former club.

“At this point we’re just going to take some time to go through the discussion and the key pieces that came out.”

Sylvie Gilbert Fowlis, the Executive Director of community aid explained that the group is meeting next week to go over the feedback they received and start talking about what could be done.

“All the people who were there voiced different opinions, which was nice,” she said, adding that reflection on what was said is key to making a plan that serves people’s needs without reaching outside of community aid’s mission or duplicating something that is already being done. “We just want to make sure we do things right.”

The executive director was not concerned by the small turnout at the event, noting that this is a busy time of year for many people, and added that she has been getting phone calls from people who missed the meeting but still want to offer their perspective. On that note, and in light of the fact that the group doesn’t meet to discuss the feedback

until next week, Gilbert Fowlis said that others are welcome to phone Community Aid at 819-821-4779 and offer their suggestions if they have feedback to give.

Although the aim is to provide local seniors with the services they need, the executive director pointed out that any plan that is made will also need to be approved by the organization’s board of directors before it can move forward, meaning that it might still be some time before any clear action can be taken.



GORDON LAMBIE

Leigh Hortop and Sylvie Gilbert-Fowlis of the Lennoxville and District Community Aid are inviting local Golden-Agers to come to a meeting next tuesday afternoon and share their vision for what might fill the hole left behind by the end of the local Golden-Age Club

Gustave getting ready for fall

By Gordon Lambie

Although the Thanksgiving weekend was the original planned end-date for the city of Sherbrooke’s “Art et Mosaic” living sculptures circuit, Sherbrooke’s Horticulture Director Benoit Lemire told The Record several of the “mosaiculture” sculptures are likely to hang around into the fall.

While several of the more mobile living sculptures in the city, such as the “rubber duck” that was located at Jacques-Cartier Park, will gradually be put away over the weeks leading up to the end of October, Lemire said the public has not seen the last of the living artworks yet.

Gustave the garden gnome, most notably, is not finished with his public appearances for the year. After having spent the summer charming locals and visitors alike at festivals and public events across Sherbrooke, the whimsical living sculpture still has appearances lined up well into the holiday season. Currently stationed at the corner of King and Belvedere Streets, Lemire said that the gnome has two more festivals lined up for the fall, and may be donning a red coat and white beard as the weather turns colder.



GLIMPSES OF THE PAST



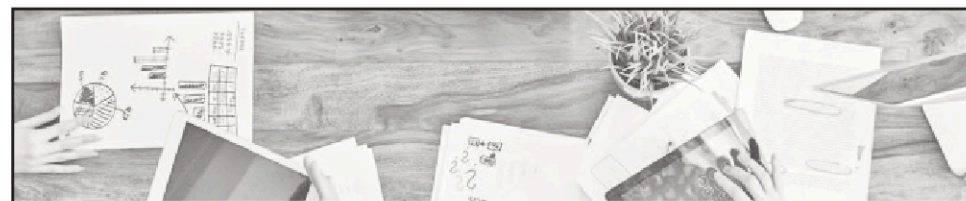
Yseult Demers Fonds. Sherbrooke Historical Museum

View of the hills at the outskirts of the City of Kalat, circa 1920. The greatest concentration of mountains is primarily in the north, an alluvial region providing for the annual emergence of vegetation. In this era, the city was still serving as the capital of the Khanate of Kalat, founded in 1666, one of the states along the border of the independent region of Baluchistan. In 1947, the princely state of Kalat was incorporated into Pakistan, provoking successive waves of insurgency against the authorities.

WANT TO KNOW MORE ?

Visit the bilingual exhibit, *Holiday Passeport*, in the American Biltrite room of the Sherbrooke Historical Museum.

275 Dufferin, Sherbrooke
Informations : 819-821-5406
Mhist.org



Carrefours
jeunesse-emploi
Estrie

16
-
35
years
old

To help you find
YOUR place!

Stimulating and original projects, personalized support to meet your needs and a professional team ready to help you find YOUR path.

The dynamic, supportive environment and diversity of services offered to youth between the ages of 16 and 35 by each of the region’s CJEs enables each client to reach their full potential.

- Are you looking for a job?
- Not sure what your next step is?
- Having trouble in school?
- Have a head full of ideas? Projects?

Trouve



Go to this Web site
to get the location
of the CJE nearest you

With financial assistance provided by



EDITORIAL

Here is the rub: racism, for all its utility to individuals and groups who wield it, is in fact self-defeating and socially dangerous.

Election shows Canadians still don't understand what it means to be racist

By Tamari Kitossa
Associate Professor, Sociology,
Brock University

In the wake of recent events during the federal election, it seems to me that if Canadians are to address the continuing significance of race and racism, we had better make up our minds to do so head on.

When images surfaced of Prime Minister Justin Trudeau in blackface and brownface, many Canadians wondered why that was an act of racism. And then NDP Leader Jagmeet Singh was told by a white Montréal man that he “should cut your turban off... You’ll look like a Canadian.” The man then said he hoped Singh would win the election.

Why aren't Canadians better at making sense of what racism is?

What we need — besides action and good policies — is a good, hard-nosed theory of racism. It should be a theory with interesting and useful metaphors. It should be a theory folks can grab hold of. It should be a theory that has the capacity to make sense to white nationalists and white supremacists.

Right now we use concepts like “white privilege” and “implicit racism.” These can be useful ways to quickly explain white racism in non-threatening ways in everyday life. They also include an understanding of the history and politics of racism. But they may also be too easy and too superficial and so they also also nurture white complacency.

We need to find ways to articulate the phenomenon of racism and the intricate ways it is experienced, observed, measured, practised and resisted.

What is racism?

Let's start with a brief definition of racism. First, it consists of prejudice as values — when one holds positive self-perception and negative attitudes and stereotypes of others: one cannot exist without the other. This is true even if that prejudice is expressed in positive terms, such as “Chinese are good at math” or “Africans are great athletes.”

Second, prejudice is mobilized through power — the coercive power of

state and cultural violence. This power manifests itself as discrimination that benefits one group at the expense of others.

In *Toward the African Revolution*, 20th-century philosopher Frantz Fanon argued that there are “cultures with racism and cultures without racism” and so “the racist in a culture with racism is therefore normal.”

But not all racist cultures are created equal.

Pierre Van Den Berghe, sociologist and author of *Race and Racism*, explains that despite the independent discovery of racism in a number of societies, the western strain of the virus has eclipsed all others. Through the colonial expansion of Europe, racism spread over the world. He also explains that culture should not be an excuse for individuals to absolve themselves from the responsibility of white racism.

Therefore, we need a theory that brings together the interplay of cultural permissiveness with individual responsibility to resist the racism in one's culture.

Racism is in our memory

One suggestion I have is to borrow from scientist Rupert Sheldrake's unconventional theory of what's known as morphic resonance. The idea of morphic resonance is that habits of self-organization are learned and transmitted across time, place and space. These habits are then built up as inherited memory.

Applied to the social context, what this means is that racism is a habit of mind and concrete practice in cultural organization.

Maybe the theory of morphic resonance can help us understand how racism is produced and reproduced through social forces. That is, as Fanon explained in *Black Skin, White Masks*, racism is sociogenic: it is literally and metaphorically learned behaviour that becomes engrained as a cultural imperative.

Real people are racist, not institutions or systems. Thus racism is relationally “contagious” within and across generations through cultural memory in apho-

risms, stories, ideas and ideologies.

Racism is not only learned, it is experienced as pleasurable, is materially rewarding and is passed on in the nurture of culture where it deceives its perpetrators by appealing to the worst elements of human nature.

Racism is a habitual way of thinking and practising power that circulates among living members of a culture and is bequeathed to future generations. It is epigenetic — meaning it influences our genes. But genes are no more destiny than culture. Both can be altered, if not transcended, through fostering alternative habits of thought and behaviour.

For anti-racist cultural transformation to take place, a critical mass needs to commit to policy, politics and good faith to create a cascade of changed hearts, minds and behaviour. Given the deep and learned habit of racism, this is no easy task.

Here is the rub: racism, for all its utility to individuals and groups who wield it, is in fact self-defeating and socially dangerous.

The latter is evident in Nazi-ism, nativism and totalitarianism. Even aside from the fact that negatively racialized groups are terrorized, racism doesn't stop there. Berlin journalist Charlotte Beradt's gathering of anxiety dreams experienced by ordinary Germans after Adolf Hitler came to power tells us that racism is a chicken that, sooner or later, comes home to roost.

This self-defeating nature of racism is too easily concealed by the elites it principally serves, as the authors of *Boomerang Ethics: How Racism Affects Us All* explain.

Dig in for the long haul

I believe Trudeau played racial politics with his apology. The prime minister

confused his personal misdeeds as solely his wrong, and wilfully missed the point of his conduct.

Second World War-era philosopher Hannah Arendt, in her essay “Responsibility and Judgement Under Dictatorship”, demanded that we strike a discerning balance between the culpability of a mass group and the responsibility of leaders:

“...it is obvious that every generation, by virtue of being born into a historical continuum, is burdened by the sins of the fathers as it is blessed with the deeds of the ancestors.”

Looking at Trudeau exercising the manifest power of state and the latent power of white Canadian culture, it is vital that the conversation moves beyond good versus bad, guilt versus innocence and indifference versus intent. These stark oppositions tilt too far into the subjective experience of individual responsibility to offer much analytical value.

The emphasis ought to lay with the reality that anti-Blackness and white racism is a group dynamic shaping the conduct of individuals and groups.

Can white Canadians bring themselves to radically theorize and dig in for the long haul to meet the challenge of eradicating white racism and nationalism?

Which white political leader living in the fragile glass house of whiteness will have the courage to throw the first stone? Leaders need to lead, sometimes ahead of the lowest common denominator they too often follow.

Tamari Kitossa does not work for, consult, own shares in or receive funding from any company or organisation that would benefit from this article, and has disclosed no relevant affiliations beyond their academic appointment.

Letters

Abortion a sign of evolution., Really?

There are many reasons for women to seek abortions, among those are rape, incest, mental and physical health, finances, age, to name a few. It is easy for men to jump on their soap boxes and proclaim the rights of a fetus. If these women who seek abortions are forced to carry a child to term, then I have to ask those men if they are willing to jump off their soap boxes and reach into their wallets to support these children. Of course not.

I do believe in the right of women to have control of their own bodies which includes the right to have an abortion among other things. Having said that, I do not support abortions after the fetus has reached three months and thus avoiding a live birth.

This is just a small part of the battle women have fought for generations. They have made progress, but they are still fighting for equal pay, equal opportunities for upper level jobs, and the list goes on. Laws and opinions were made by men who believed that women were incapable of making intelligent decisions. Perhaps Mr. Savoie should ask his female acquaintances where they stand on women's rights.

BARBARA MORGAN
WATERLOO, QUEBEC

THE RECORD

6 Mallory, Sherbrooke, Quebec J1M 2E2

FAX: 819-821-3179

E-MAIL: newsroom@sherbrookerecord.com
WEBSITE: www.sherbrookerecord.com

SHARON McCULLY PUBLISHER (819) 569-9511
MATTHEW McCULLY MANAGING EDITOR (819) 569-6345
GORDON LAMBIE ASSOCIATE EDITOR (819) 569-6345
SERGE GAGNON CHIEF PRESSMAN (819) 569-4856
JESSE BRYANT ADVERTISING MANAGER (450) 242-1188

DEPARTMENTS
ACCOUNTING (819) 569-9511
ADVERTISING (819) 569-9525
CIRCULATION (819) 569-9528
NEWSROOM (819) 569-6345

KNOWLTON OFFICE
5B VICTORIA STREET, KNOWLTON, QUEBEC, J0E 1V0
TEL: (450) 242-1188 FAX: (450) 243-5155

PRINT SUBSCRIPTIONS

For print subscription rates, please call 819-569-9528 or email us at billing@sherbrookerecord.com

ON-LINE SUBSCRIPTIONS

QUEBEC:	1 YEAR	108.72	5.44	10.85	\$125.00
	1 MONTH	9.78	0.49	0.98	\$11.25

Rates for out of Quebec and for other services available on request.

The Record is published daily Monday to Friday. Back copies of The Record are available.

The Record was founded on February 9, 1897, and acquired the Sherbrooke Examiner (est. 1879) in 1905 and the Sherbrooke Gazette (est. 1837) in 1908. The Record is published by Alta Newspaper Group Limited Partnership.

PM#0040007682

Return undeliverable Canadian addresses to The Record, 6 Mallory Street, Sherbrooke, QC J1M 2E2

Member
ABC, CARD, CNA, QCNA

COLUMNIST

"Sometimes you want to go, where everybody knows your name, and they're always glad you came. You want to be where you can see our troubles are all the same. You want to be where everybody knows your name."

ONE COLUMN, FOUR VOICES

Open to the Spirit

Today's Word: Belonging

By Revs Mead Baldwin,
Rabbi Boris Dolin
Lee Ann Hogle, and
Rev. Carole Martignacco

1) According to social worker Dr. Brené Brown, love and a sense of belonging are the two most important qualities to living a fulfilling life.

If we think back to our high school days many of us can identify things we used to do simply to fit in and belong. To feel as if we belong gives us a firm footing and a sense of security. Belonging to a group can give us courage and support as we go through the trials and tribulations of life.

However a fine balance needs to be struck between accommodating oneself to the group and offering an alternative point of view. In a church community, as in any organization, care needs to be taken to allow the voice of each member to be heard. Conforming to the will of the strongest voices seems a large sacrifice to pay in order to gain a sense of belonging.

In an ideal world, every person would be valued for their unique histories and perspectives. Every person would know they belonged. In the meantime each effort we make to welcome the newcomer and respect opinions that differ from our own goes a long way to learning how to value diversity, even as we nurture a sense of belonging for all.

2) "Welcome in, we'd love to have you join the family. It's a joy to have you with us and to share this song of praise." Our word this week reminded me of that song. A good friend sang it at my son's baptism. I still have a warm feeling in my heart as those words echo in my mind. I will be doing a baptism this Sunday as we welcome a new baby into our church family. We all want a place to belong, where people know us and care for us.

There was a time many years ago when service clubs were popular: The Oddfellows, Rotary Club, Knights of Columbus, Lion's Club, or Masons. Places where men gathered, were initiated, and shared stories and action. For women similar groups such as the Woman's Institute, Order of the Eastern Star, University Women's Club also provide such a place. People long for a place to gather. These days such clubs face dwindling attendance and struggle to find members. Our churches face the same dilemma.

In our denomination, people join by confirmation as teenagers, or by taking Adult membership classes. I joined at 14 because belonging, sharing in the responsibility of our community, was important to me. Last year two teenagers joined us by confirmation. (One of our new 14 year olds just made a loaf of sandwiches for a church reception, and was glad to be

asked.) We use the word adherents for people who choose not to become members. I suspect far more people these days fall into that category. Why the reluctance, I wonder, to commit to membership.

A song comes to mind from a sitcom a few years ago named "Cheers". "Sometimes you want to go, where everybody knows your name, and they're always glad you came. You want to be where you can see our troubles are all the same. You want to be where everybody knows your name." I believe we all have a craving to belong. I hope that all of you can find such a place in this lonely world we live in.

3) Belonging is a universal human quest, foundational to the hierarchy of survival needs. The poet David Whyte says: "There is no house like the house of belonging." With poet Maya Angelou: "I long, as does every human being, to be at home wherever I find myself."

In a recent move, I find myself having to reconstruct all over again that sense of home. How many times have I done this before? Over a lifetime of multiple address changes, changing jobs, moving for all manner of personal, professional or educational reasons, the challenges of being the newcomer should be all too familiar. I need only rehearse the simple strategies for how to find my people, create the family of friends with whom I will feel at home. Recreate the network of souls among whom I wish to live and move and have my being. In contemporary terms, by now I know how to find my "tribe".

First steps are discovering where I've landed, learning about the community and its history, sampling events and activities and exploring fresh opportunities for offering service here, in this unique place. Learning a new roster of names, and fitting them to new faces. Who are the people doing the things I love to do? Who's doing the Food Shelf, where do the artists and writers hang out, is there a meditation group in town? How do I meet and join them? In the process I must open up to new vistas and establish common ground. To my joy, it turns out my people are everywhere!

Whatever our age or social context, breaking the sense of isolation requires intentionally entering into community. Our longing to belong bids us seek out new connections, risk reaching out to know others and make ourselves known. This Thanksgiving weekend I will celebrate in a whole new setting, grateful for friends "back home" from whence I've come, relishing among my newfound community the discovery all over

again that I truly can be at home wherever I go. May it be so for you as well. May you find yourself belonging wherever you are!

One word, three voices this time - and now your turn to reflect: What gives you a sense of belonging, and how do you help others know they belong?

Rev. Mead Baldwin pastors the Waterville & North Hatley pastoral charge; Rabbi Boris Dolin leads the Dorshei-Emet community in Montreal; Rev. Lee Ann Hogle ministers to the Ayer's Cliff, Magog & Georgeville United Churches; Rev. Carole Martignacco, Unitarian Universalist is retired from ministry with UUEstrie and now resides in St. Andrews-by-the-Sea NB, but keeps one foot in the Townships by continuing with this column.



Danièle Lizotte has moved to a new location.

ôbella
— esthétique de pointe —

I would like to welcome my clients from Antonia Beauty Care to ôbella's.

4695 Bourque Blvd., Sherbrooke
819-564-7755 • obellaesthetique.com



BCS | Bishop's College School

ACTIVITIES ANIMATOR
School year 2019-2020

BCS WEEKENDS ACTIVITIES PROGRAM
In addition to the major events (including Carnival and Grad) in the calendar, the Activities Staff are responsible for organizing and delivering a diverse selection of weekend activity offerings for BCS students to choose from throughout the course of the school year.

Reporting to the Assistant Director of Student Life, the Animator provides close support and shares the responsibility for the planning and delivery of the weekend activity program. This is a part-time position of 17-20 hours per week with the majority of work occurring on the weekends. Please consult our web <https://www.bishopscollegeschool.com/about/careers> for further information.

A resume and letter of interest should be sent by **October 18, 2019** to:
Human Resources
Bishop's College School
80 Moulton Hill Road
Sherbrooke (Québec) J1M 1Z8
wjohnson@bishopscollegeschool.com

**Only candidates selected for an interview will be contacted.*



I'M LEARNING FRENCH

Because...
more friends means more fun!

CPF Canadian Parents for French

Join CPF - for answers and support as they discover French. www.cpf.ca

All about that bass for Wendell Pehlemann



COUNTRY CONNECTION

JESSIE PELLETIER

Wendell Pehlemann is seen by those who don't know him as a very quiet, almost shy guy in the band. The truth is, Pehlemann is much loved and appreciated by his friends and peers for his keen intellect, quick wit, dry sense of humour and his talent.

He was born in Sherbrooke, Quebec in 1966 and raised in Bury by his parents Bruce and Ruby. He currently resides in Lennoxville for a shorter commute to where he works as a draftsman at Pro-Par Inc.

For the last 30 years or so, he has been very active on the local music scene and he has been part of Slightly Haggard for 20 years now. It is sometimes hard to pinpoint exactly when a taste turns into a passion. In his case it all started when he was very young, but here's the story of how it all started.

"Allegedly I used to dance in my crib to the sound of Sam Hopper playin' on the radio, so I'd guess my love of music started early. I had a great-grandfather who played the saw (yes, a saw) and step danced, otherwise I didn't really come from a musical family. I enjoyed listening to my parent's collection of LPs and 8-Tracks, mostly Country of course," he said.

A simple idea sometimes turns into some kind of personal challenge and this is exactly what happened when he was a teenager. At that age, it is somehow exciting to make plans and dream but it is definitely a thrill to make it happen. And he did!

"A high-school buddy of mine had the idea to form a band, and he convinced me that I could learn to play the bass guitar. Hey, they only have four strings, right? So the bass chose me and I've been a devoted follower ever since," said

Pehlemann.

Little did he know that learning how to play bass would fill his life and weekends with a lot of action, and that things would go much further than he thought at the time!

"Our friend Sam Evans gave us the name Midnight Men, and a band was formed. We had fun for a few years, but shortly after high school we all went our separate ways," he explained.

A few years later, Peter Mackey approached Pehlemann with the idea of forming another band, Mountain Dew. That's how the young man got his start as a musician. "The rest is all Whiskey under the bridge," he said.

Being a musician requires a fair amount of practice to hone their skills, learn new material and be in sync with the rest of the band. Like many of his peers he spent a lot of time at mastering his instrument.

"Practice? What's that? I used to practice every chance I got, but my talent level plateaued years ago. Now I just rehearse a song a few days before it is needed, sometimes that works and sometimes it doesn't. It's a good thing that I've been blessed to play with a very forgiving bunch of guys, the Slightly Haggard band. Has it been 20 years already?" he replied jokingly.

Life sometimes gives us some unexpected pleasures or experiences confirming we're on the right road and doing what we are meant to do. They come as little rewards leaving us with precious memories.

"I also had the opportunity to play for Johnny Reid in a band called Crossfire. Being involved in Johnny's journey to who and what he's become has been a truly memorable experience. My name is somewhere in the liner notes of John's first CD, the whole recording experience memory I'll cherish forever," he stressed.

Pehlemann has many favorite artists and a very eclectic CD collection that ranges from the band America to Dwight Yoakam. He owns every CD Marty Stuart has ever made, all the Hanks, Corb Lund, Lyle Lovett, Haggard and Cash, and the list goes on. "Right now I can't get enough of Larkin Poe. My influences are talented people and great songs," he added.

This seasoned musician has a great understanding of what his role in a band is. He works very well in a variety of musical situations, when the bass has to fit



nicely in the mix of instruments being played.

"Playing bass guitar puts me right in the middle of a song, like a bridge between the rhythm and melody. Locked in a groove with the drummer (thanks Chris Curtis) makes me feel like all is right with the world. I once read, "Bass, it's what makes your girlfriend dance," and they do like to dance," he said.

"Fortunately the Townships host many, many talented musicians, most of

them are now good friends of mine due to our common love of music. It's been said that if you do what you love you'll never have to work, music is a lot like that. I want to keep playing and jammin' with my friends, makin' new acquaintances, and enjoying life."

You can catch him and Slightly Haggard playing at the Burrough's Falls dance hall for The Country Music Appreciation Jam on Saturday, Oct. 12 at 1 p.m.

A celebration of fall and rural art

Record Staff

The 12th edition of RURART will be held at La Généreuse farm in Cookshire-Eaton.

RURART is an artistic residency that brings art out of the city and out of traditional institutions (galleries, museums, theatres, etc.) and introduces it to a rural environment. In doing so, RURART puts agricultural territories first in its experimenting and artistic research.

The event offers a unique form of presentation to its spectators, which matches the artists' creative process. The public is invited to follow an artistic path through farm areas. In doing so, they discover the location where the artists created and were inspired. The residency takes place every season.

The upcoming event will take place next Oct. 12 and 13 and will welcome six artists from different disciplines.

Surrounded by the fall scenery for

eight days, the participating artists will create in contact with nature. On Saturday and Sunday, their creations will be presented to the public.

The event brings together Marie-Chantale Béland and Audrée Faucher (contemporary dance, Quebec), Maxime Dugas (theatre, Montreal), Geneviève Kiliiko (visual art and voice, Sherbrooke), Camille Lacelle-Wilsey (contemporary dance, Montreal) and Annabelle Guimond-Simard (visual art and overhead,

Quebec).

Tickets for the event cost \$27 for adults, \$22 for artists and students and \$15 for children.

The event includes the show, homemade soup, and a campfire.

Tickets available at : www.rurart.ca
Ferme La Généreuse is located at 540 ch. Labonté, Cookshire-Eaton.

Bishop's University Arts Festival call for artists, volunteers, sponsors

Record Staff

The organizing team is actively planning the fourth edition of the Bishop's University Arts Festival, set to take place on Bishop's University campus from Jan. 14 to 18, 2020.

The organizing team is inviting individuals and organizations to participate as event leaders, volunteers, sponsors and partners in this diverse event focused on showcasing the artistic communities of the Eastern Townships.

Founded in 2017, Bishop's University Arts Festival was created to respond to the need for greater visibility of the arts community at Bishop's and within the

Eastern Townships. It aims to create a window for people outside the creative arts to observe and participate in the artistic process, and to create opportunities for artists of all disciplines to showcase their work and talent.

With a potential reach upwards of 2,000 people, the festival is a valuable opportunity for artists to showcase their skills and knowledge by leading workshops, talks, and events, as well as for organizations to introduce their resources and involvement in the arts. Event proposals in all disciplines are welcome and can be submitted through the online form here: <https://forms.gle/icm-codQyW1hQcAFbA>

The successful operation of the festival relies on a devoted team of volunteers during the festival week to make sure all events and activities run smoothly. No experience is necessary, just a positive attitude! If you are interested in supporting the arts and contributing to a successful festival week, please fill out the volunteer application here: <https://forms.gle/966Tob87HYeP-wKT59>

Since the festival is a non-profit and volunteer-run event, we rely on the generous monetary and in-kind support of sponsors and partners. A number of support opportunities, designed to meet all budgets, are available, providing a cost-

effective means to promote your products and services to a large number of visitors. Financial support is recognized leading up to and during the festival. You can donate online through the Bishop's Alumni Fund by choosing Designation: Other and indicating Bishop's University Arts Festival, or by contacting us at buartsfest@gmail.com for sponsorship options.

Additional information about the fourth annual Arts Festival will be rolled out throughout the fall. Visit www.facebook.com/buartsfestival for details. Any questions regarding involvement in the festival can be directed to our Facebook page or to buartsfest@gmail.com.

Your week on TV

WEEKDAY MORNING															
	Bell	Star	6 AM	6:30	7 AM	7:30	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	
WCAX 3	-	-	Channel 3 News Morning		CBS This Morning				Rachael Ray	The Doctors		The Price Is Right			
WPTZ 5	-	-	NBC5 News Today		Today				Live with Kelly and Ryan	Today 3rd Hour		Today With Hoda & Jenna			
CBMT 6	206	301	Daybreak		(:11) Addison	Beat Bugs	True Rainbow	(:22) PJ Masks	Rusty Rivets	The Moblees	(9:52) Arthur	Daniel Tiger	Dragons' Den		
CHLT 7	107	718	F	Salut bonjour (N) (SC)											
			M												
			T												
			W												
WMTW 8	-	-	WMTW News 8 at 6am		Good Morning America				Live with Kelly and Ryan	Tamron Hall		The View			
CKSH 9	108	-	Toc toc toc	Mehdi et Val	Garfield et cie	Alix et	Salmigondis	Motel monstre	RDI matin	On va se le dire			Ricardo	Silence	
CKMI 11	-	-	Global News Morning		Varied Programs				The Morning Show		Sarah's House	Expandables	Rachael Ray		
CFCF 12	205	312	Your Morning		Your Morning	Your Morning	Your Morning	Your Morning	Live with Kelly and Ryan		The Marilyn Denis Show		The View		
WVNY 22	-	-	Local 22 News This Morning		Good Morning America				The Mel Robbins Show		Paid Program		The View		
WUTV 60	-	-	Paid Program		Paid Program		2 on Your Side Daybreak		Var. Programs	Couples Court	The 700 Club		Judge Mathis	Judge Jerry	Judge Jerry
CFKS 31	106	726	F	NVL (SC)	Moment V	Moment V (SC)		Moment V	NVL en bref	Moment V	NVL en bref	Histoire	Infopublicité	Chicago Med (N) (SC)	
			M												
			T												
			W												
WUHF -	363		Good Day Rochester		Good Day Rochester		Good Day Rochester		Judge Mathis		The Wendy Williams Show		Judge Jerry	Judge Jerry	
WETK -	-		Classical Strt	World News	Ready Jet Go!	Nature Cat	Wild Kratts	Molly of Denali	Curious	Let's Go Luna!	Daniel Tiger	Daniel Tiger	Sesame Street	Pinkalicious	
WCFE -	-		Peg & Cat	Odd Squad	Molly of Denali	Curious	Let's Go Luna!	Daniel Tiger	Daniel Tiger	Wild Kratts	Dinosaur Train	Sesame Street	Pinkalicious	Arthur	
A&E 615	520		Paid Program		Joyce Meyer	The First 48		The First 48		The First 48		The First 48		Varied Programs	
CNN 500	500		New Day With Alisyn		New Day With Alisyn		New Day With Alisyn		CNN Newsroom With Poppy		CNN Newsroom With Poppy		At This Hour-Kate		
DISC	520	505	F	Mayday "Crash Course" (SC)											
			M	Mayday "Turning Point"											
			T	Mayday "Lost in Translation"											
			W	Air Crash Investigation											
DRAMA	620	523	F	Garage Sale Mysteries A string of burglaries hits town. (SC)		Flashpoint "A Day in the Life"			Garage Sale Mysteries A string of burglaries hits town. (SC)			Flashpoint "A Day in the Life"			
			M	(5:30) ** "Now You See Me" (2013) Jesse Eisenberg. (N)		(:15) **** "Raiders of the Lost Ark" (1981) Harrison Ford. (N) (SC)			"Indiana Jones and the Temple of Doom" (N)						
			T	"Garage Sale Mysteries: All That Glitters" (2014) (N) (SC)		Flashpoint "The War Within"			"Garage Sale Mysteries: All That Glitters" (2014) (N) (SC)			Flashpoint "The War Within"			
			W	Garage Sale Mysteries Jennifer investigates a friend's death.					Garage Sale Mysteries Jennifer investigates a friend's death.						
HIST	522	506	Canadian Pickers		Ice Road Truckers		Dino Hunt Canada		Ice Road Truckers		Canadian Pickers		Border Sec.	Border Sec.	
PARMT	628	584	Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		
RDI	126	730	(5:00) RDI matin												
SHOW	616	521	Lost Girl	Var. Programs	Movie				Movie	Varied Programs					
SLICE	601	562	ET Canada	Say Yes-Dress	Varied Programs										
TLC	521	560	Quints	Quints	Outdaughters				Hoarding: Buried Alive		Hoarding: Buried Alive		Untold Stories of the E.R.		
TSN	400	400	F	(:15) 2019 Rugby World Cup Australia vs Georgia. (N) (Live) (SC)											
			M	SportsCentre		SportsCentre (SC)		SportsCentre (SC)		SportsCentre (SC)		SportsCentre (SC)		SportsCentre	
			T												
			W												
YOUTH	551	542	SpongeBob	Loud House	Loud House	Loud House	SpongeBob	SpongeBob	Cloudy, Meat	Cloudy, Meat	Go Away Uni	Go Away Uni	Wayside	Wayside	

Your week on TV

SATURDAY DAYTIME														OCTOBER 12, 2019					
Bell	Star	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30		
WCAX	3	-	-	CBS This Morning: Saturday (N) (LIVE)				Lucky Dog (N) (E)	Innovation Nation	Mission Unstoppable	Pet Vet-Team	Paid Program	Paid Program	Golf Re-sorts Int.	Paid Program	Emeril	The Drive to Atlanta	College Football	College Football
WPTZ	5	-	-	Vets Saving Pets	Hanna Into the Wild	Teen Kids News (N)	Champ Within	Earth Odyssey	Earth Odyssey	Consumer 101 (N)	A New Leaf (N)	IMSA WeatherTech SportsCar Championship Motul Michelin Raceway Road Atlanta in Braselton, Ga. (N) (LIVE)				Gymnastics			
CBMT	6	206	301	(:13) Beat Bugs (N)	PJ Masks (N)	True Rainbow	What He Ate	Molly of Denali (N)	(:34) Beat Bugs (N)	(:13) Arthur (N)	(:38) Thrill-lusionists	Our Montreal (N) (LIVE)		Absolutely Canadian (N) (LIVE)		2019 FIVB Volleyball Men's World Cup (N Same-day Tape) (LIVE)			
CHLT	7	107	718	(6:00) Salut bonjour week-end (N) (SC)				Bien (N) (SC)	Deux filles le matin (SC)		Bouffe MTL (N)	TVA nouvelles (N)	Hors Québec (N)	Infopublicité (SC)	"Absolument tout" (2015) Simon Pegg, Kate Beckinsale. (SC)		"Le Hobbit: La bataille des cinq armées" (SC)		
WMTW	8	-	-	Good Morning America (N) (LIVE)		Jack Hanna	Ocean Treks	Hearts of Heroes (N)	oh baby! (N) (LIVE)	Rock the Park (N)	oh baby! (N) (LIVE)	College Football Michigan at Illinois. (N) (LIVE)						Coll. Football	College Football
CKSH	9	108	-	(:14) Sonic Boom (N)	(:31) M. Magoo	14 mille millions	Les sapi-ens (N)	(9:59) Vite pas vite	Sept nains et moi	Estrie	L'épicerie (SC)	Téléjournal	La facture (SC)	Doc humanité (N) (SC)		Au suivant (SC)		Brokenwood "Mourir ou ne pas mourir?"	
CKMI	11	-	-	Fish'n Canada	Real Fishing	The Baker Sisters	Fishful Thinking	Fish TV (LIVE)	Paid Program	Powerboat Television	Driving Television	Entertainment Tonight (N) (LIVE)		Sarah Off the Grid "Principled Design"		Leave It to Bryan	*** "Star Trek Into Darkness" (2013) Chris Pine, Karl Urban. (LIVE)		
CFCF	12	205	312	Your Morning Weekend (N) (LIVE)		Operation Smile (N)	Children's Villages	One World Kitchen (N)	Flour Power (N)	Written Canada	Cash Cab (N)	Moneytalk (N)	Pressure's On (N)	*** "Guardians of the Galaxy" (2014) Chris Pratt. A man must unite a team of aliens against a cosmic threat. (LIVE)				The Social (N)	
WVNY	22	-	-	Good Morning America (N) (LIVE)		Good Morning America (N) (LIVE)		Jack Hanna	Ocean Treks	Hearts of Heroes (N)	Rock the Park (N)	College Football Michigan at Illinois. (N) (LIVE)						Coll. Football	College Football
WUTV	30	-	-	Paid Program	Paid Program	Never Fear	Paid Program	FOX College Football Pregame (N) (LIVE)				College Football Oklahoma vs Texas. (N) (LIVE)						College Extra	
CFKS	31	106	726	Infopublicité (SC)	Moment V (SC)	Infopublicité (SC)	NVL week-end (N)	RPM Les commentaires de Luc-Olivier.		RPM plus L'équipe reçoit Guillaume André.		Infopublicité (SC)	Occupation double Afrique du Sud C'est une élimination de gars.		** "La malédiction de la Panthère Rose" (1978) Peter Sellers, Herbert Lom. (SC)				
WUHF	-	-	363	Xploration Space	Awesome Planet	Weird but True	Xploration DIY Sci	FOX College Football Pregame (N) (LIVE)				College Football Oklahoma vs Texas. (N) (LIVE)						College Extra	
WETK	-	-	-	(7:30) The Keto Diet With Dr. Josh Axe (N)	Feel Better Fast and Make It Last With Daniel Amen, MD (N)	3 Steps to Incredible Health! With Joel Fuhrman, M.D. (N)			Test Kitchen	Cook's Country	Rick Steves	Tom Lehrer -- Live in Copenhagen			"Beatles: Eight Days a Week"				
WCFE	-	-	-	Wild Kratts	Wild Kratts	Odd Squad	Odd Squad	Craft-Legacy	Greener World	This Old House (N)	Ask This Old House	Kimball's Kitchen	Cooking School	Martha Bakes (N)	Lidia's Kitchen (N)	Mexican Table	Cook's Country	Test Kitchen	Sara's Weeknight
A&E	615	520	-	Flipping Vegas Flipping a flooded house.	Tiny House Nation (N)	Zombie House Flipping (N)	Zombie House Flipping (N)	Live Rescue "Live Rescue -- 10.07.19" (N)		Live PD "Live PD -- 10.05.18" Riding along with law enforcement. (N)									
CNN	500	500	-	New Day Weekend	Smerconish (N)	CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom			
DISC	520	505	-	North Woods Law "Off Roadin" (N)	North Woods Law "No Trespassing" (N)	North Woods Law "Hunting Season"		North Woods Law "Mid-summer Mayhem"		Lone Star Law "Calm Before the Storm"	Mighty Trains "Rocky Mountaineer"	Animal Cops: Houston "Justice Served" (N)		Highway Thru Hell "Winter Strikes" (N)					
DRAMA	620	523	-	Bones Death of a failed male model. (N)	Bones Brennan serves on a jury. (N)	Bones The murder of a food scientist. (N)		Bones Investigating a gymnast's death. (N)		Bones The team investi-gates an old death.	Bones "Big in the Philip-pines" (N)	House "Heavy" A little girl has a heart attack.		House "Role Model" House treats a senator.					
HIST	522	506	-	History Erased "India" (N)	Canadian Pickers (N) (DVS)	Canadian Pickers "A Monster Deal" (N)		Salvage Kings "Snow-balls' Chance" (N)		American Pickers A joyride in a DeLorean.	American Pickers "Ala-bama Rolls" (N)	American Pickers A super rare roadster. (N)		American Pickers "Say Sohio" (N)					
PARMT	628	584	-	Bar Rescue A Cape Canaveral area bar.	Bar Rescue The Abbey Pub is on its last legs.	Bar Rescue Repairing a turbulent relationship.		Bar Rescue "Mother Doesn't Know Best"		Bar Rescue A struggling military bar.	Bar Rescue (N)	Bar Rescue "Saving GI Jodi" (N)		Bar Rescue "Casually Tapped Out" (N)					
RDI	126	730	-	(5:30) RDI matin weekend (N) (SC)	L'info (N) (SC)	L'info (SC)	L'info (N) (SC)	Les décrypteurs	Téléjournal	Téléjournal	Le national	L'info (N) (SC)	L'info (N) (SC)	L'info (SC)	L'info (N) (SC)	L'info (SC)	L'info (N) (SC)	L'info (SC)	
SHOW	616	521	-	(6:30) *** "Star Wars: Episode I -- The Phantom Menace" (1999) (N)	*** "Star Wars: Episode II -- Attack of the Clones" (2002, Science Fiction) Ewan McGregor, Natalie Portman. (N)				the Clones" (2002, Science Fiction) (DVS)		*** "Star Wars: Episode III -- Revenge of the Sith" (2005, Science Fiction) Ewan McGregor, Natalie Portman. (N)						"Rogue One"		
SLICE	601	562	-	First Dates (N)	Love Your Hair (N)	Mom (N)	Mom (N)	*** "Central Intelligence" (2016) Dwayne Johnson. A CIA agent recruits an ex-classmate for a top-secret case. (N)				*** "The 40-Year-Old Virgin" (2005) Steve Carell. Three co-workers unite to help their buddy get a sex life. (N)							
TLC	521	560	-	Say Yes to the Dress	Say Yes to the Dress	Say Yes to the Dress	Say Yes to the Dress	Say Yes to the Dress	Say Yes to the Dress	Untold Stories of the E.R. "Stuck in a Toilet"	Untold Stories of the E.R. "Couch Creature"	Untold Stories of the E.R. "Punched!" (N)		Untold Stories of the E.R. "Shredded!" (N)					
TSN	400	400	-	2019 Rugby World Cup Ireland vs Samoa. (N)	SportsCentre (N)		SportsCentre (N)		SportsCentre (N)		College Football Michigan at Illinois. (N) (LIVE)						Rugby		
YOUTH	551	542	-	Sponge.	Loud	Loud	Loud	Sponge.	Sponge.	Turtles	Loud	** "Turbo" (2013) Voices of Ryan Reynolds.				Power	Sponge.	Sponge.	Sponge.

SATURDAY EVENING														OCTOBER 12, 2019						
Bell	Star	4 PM	4:30	5 PM	5:30	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM		
WCAX	3	-	-	(3:30) College Football Alabama at Texas A&M. (N) (LIVE)				Channel 3 News	Friends (N)	NCIS "Fragments" (N)	All Rise "Long Day's Journey into ICE" (N)		48 Hours (N) (LIVE)		Channel 3 News	Friends (N)	NCIS: N.O.			
WPTZ	5	-	-	(3:00) Gymnastics FIG Artistic World Championships. From Stuttgart, Germany. (N)				NBC5 News at 6	Nightly News	Jeopardy! (N)	College Football USC at Notre Dame. (N) (LIVE)						NBC5 News	(:29) Saturday Night Live (N)		
CBMT	6	206	301	Gymnastics FIG Artistic World Championships. From Stuttgart, Germany. (N)				Montreal News	Hockey Central	NHL Hockey Toronto Maple Leafs at Detroit Red Wings. From Little Caesars Arena in Detroit, Mich. (N) (LIVE)	NHL Hockey Philadelphia Flyers at Vancouver Canucks. (N) (LIVE)									
CHLT	7	107	718	(3:13) *** "Le Hobbit: La bataille des cinq armées" (2014) Ian McKellen. (SC)				TVA nouvelles (N)	*** "Vis libre ou crève" (2007) Bruce Willis. L'infrastructure informatique américaine est attaquée. (DVS) (SC)				(:02) ** "L'oubli" (2013) Tom Cruise, Morgan Freeman. La Terre est dévastée par des extraterrestres. (SC)		(:36) TVA nouvelles			"Prison-niers"		
WMTW	8	-	-	(3:30) College Football Florida State at Clemson. (N) (LIVE)				Coll. Football	Coll. Football	College Football Penn State at Iowa. (N) (LIVE)						WMTW News 8	Castle Alexis thinks an inmate is innocent.			
CKSH	9	108	-	(3:00) Brokenwood (DVS) (SC)	La semaine verte (N) (SC)	Téléjournal	La petite vie (SC)	En direct de l'univers (N) (SC)	Victoria La famille royale visite l'Irlande.	La vérité sur l'affaire Harry Quebert (N)		Le télé-journal	Doc humanité (N) (SC)		Dre Grey, leçons d'anatomie (N) (N)					
CKMI	11	-	-	(2:30) *** "Star Trek Into Darkness" (2013) Chris Pine.		Focus Montreal	Global News at 6	Global National	Border Security	Border Security	Ransom A CIA spy is kidnapped in Vienna.	Private Eyes "The Life of Riley" (N)		Rookie Blue "Home Run" (N)	Global News	(:29) Saturday Night Live (N)				
CFCF	12	205	312	Seinfeld (N)	Seinfeld (N)	Big Bang Theory	Big Bang Theory	CTV News Montreal (N) (LIVE)	W5 (N) (DVS)	Big Bang Theory	Big Bang Theory	All Rise "Long Day's Journey into ICE" (N)	Big Bang Theory	Big Bang Theory	News-Rinaldo	CTV News Montreal	(12:05) Pop Life			
WVNY	22	-	-	(3:30) College Football Florida State at Clemson. (N) (LIVE)				Coll. Football	Coll. Football	College Football Penn State at Iowa. (N) (LIVE)						Local 22 News (N)	Extra (N)			
WUTV	30	-	-	Ring of Honor Wrestling (N)	Never Fear	Marvin Gaye	Big Bang Theory	Big Bang Theory	Two and Half Men	MLB Pre-game	MLB Baseball ALCS, Game 1: Teams TBA. Action from Game 1 of the ALCS. (N) (LIVE)		Beat Shazam "Air... Sea... Hawaii" (N)		Marvin Gaye					
CFKS	31	106	726	"Malédiction" (2000) Eddie Murphy. Premiere.	(:15) ** "Nigaud de professeur II: les Klumps" (2000) Eddie Murphy. Premiere.	** "Le cercle: le pouvoir de tout changer" (2017) Emma Watson. Premiere. (SC)				(:45) ** "Air bagnards" (1997) Nicolas Cage. De dangereux criminels détournent un avion en plein vol. (SC)		(:15) Buzz (N)	NVL week-end (SC)	Moment V (SC)						
WUHF	-	-	363	Modern Family (N)	Modern Family (N)	Big Bang Theory	CMA Awards	Patsy Cline	Marvin Gaye	Big Bang Theory	MLB Pre-game	MLB Baseball ALCS, Game 1: Teams TBA. Action from Game 1 of the ALCS. (N) (LIVE)		WHAM News	Beat Shazam "Air... Sea... Hawaii" (N)					
WETK	-	-	-	(3:00) "The Beatles: Eight Days a Week -- The Touring Years"				NewsHour Wk	As Time Goes By	Keep-Appear	Fawly Towers	Still Open All Hours	Father Brown The hunt for a fugitive. (N)	Doc Martin "Listen With Mother" (N)	Shakespeare and Hathaway -- Private	Austin City Limits "Maggie Rogers" (N)	Under-ground			
WCFE	-	-	-	Antiques Roadshow "The Gen X Years"	Travel-scope	R. Steves' Europe	Seeing Canada	NewsHour Wk	Mountain Lake	New York Now	The Durrells in Corfu on Masterpiece (N)	Poldark on Master-piece (N)	Professor T. "The Hotel Murder" (N)	Under-ground	Austin City Limits "Maggie Rogers" (N)					
A&E	615	520	-	(2:00) Live PD "Live PD -- 10.05.18" (N)		Live PD "Live PD -- 10.04.19" (N)						(:06) Live PD: Rewind (N) (LIVE)		Live PD "Live PD -- 10.12.19" (N) (LIVE)						
CNN	500	500	-	CNN Newsroom		CNN Newsroom	S. E. Cupp Unfiltered	The Axe Files		CNN Newsroom		Weed 5	This Is Life		This Is Life					
DISC	520	505	-	North Woods Law "Off Roadin" (N)	North Woods Law "No Trespassing" (N)	North Woods Law (N)		North Woods Law "High Jinks" (N)	North Woods Law "Wild Kingdom"	North Woods Law "No Trespassing"	North Woods Law "No Trespassing"	North Woods Law "Tur-key Trouble"	North Woods Law "Spring Training"	North Woods Law "Spring Training"	North Woods Law "Spring Training"	North Woods Law "Spring Training"				
DRAMA	620	523	-	House A pregnant patient must choose. (N)	The Closer A suspect is murdered. (N)	The Closer "Identity Theft" (N)		The Closer "Smells Like Murder" (N)	Law & Order: Special Victims Unit (N)	All Rise (N)	Magnum P.I. "Knight Lasts Forever" (N)		The Rookie (N) (DVS)	The Closer (N)						
HIST	522	506	-	American Pickers (N) (DVS)	American Pickers "California Picking"	American Pickers "Cor-vette King" (N)		American Pickers "The Jersey Jaguar"	American Pickers "Freaky Florida" (N)	American Pickers (N)	American Pickers (N)	American Pickers A joyride in a DeLorean.		American Pickers "Alabama Rolls" (N)	American Pickers					
PARMT	628	584	-	Bar Rescue (N)	Bar Res-cue (N)	*** "Transformers: Revenge of the Fallen" (2009, Action) Shia LaBeouf, Megan Fox. Sam Witwicky holds the key to defeating an ancient Deception. (N)				Bellator MMA Live (N) (LIVE)		(:15) ** "Transformers: Revenge of the Fallen" (2009) (N)								
RDI	126	730	-	L'info (N) (SC)	Journal France 2	Le télé-journal	L'épicerie (N) (SC)	Le télé-journal	Découverte (N) (SC)	(:31) Le national	(:01) La semaine verte (N) (SC)	Le télé-journal	La facture (N) (SC)	Le télé-journal	Le national (N)	Le télé-journal	Le national	Le télé-journal		
SHOW	616	521	-	(3:30) *** "Rogue One: A Star Wars Story" (2016) Felicity Jones, Diego Luna, Alan Tudyk. (N) (DVS)				*** "Star Wars: Episode IV -- A New Hope" (1977, Sci-ence Fiction) Mark Hamill, Harrison Ford. (N)				(:15) *** "Star Wars: Episode V -- The Empire Strikes Back" (1980, Science Fiction) Mark Hamill, Harrison Ford. (N) (DVS)						"Star Wars"		
SLICE	601	562	-	** "Monster-in-Law" (2005) Jennifer Lopez. A shrewish woman clashes with her son's fiancée. (N) (DVS)				** "Identity Thief" (2013) Jason Bateman, Melissa McCarthy. A victim of identity theft fights back. (N) (DVS)				** "Central Intelligence" (2016) Dwayne Johnson. A CIA agent recruits an ex-classmate for a top-secret case. (N)				** "Mr. & Mrs. Smith" (2005) (N)				
TLC	521	560	-	Untold Stories of the E.R. (N)	Untold Stories of the E.R. "Bit By a Boa"	90 Day Fiancé: Before the 90 Days Avery's mom deals with some bad news. (N)				90 Day Fiancé: Before the 90 Days Angela confronts Michael's friends. (N)				90 Day Fiancé: The Other Way (N)		(:02) 90 Day Fiancé: Before the 90 Days		90 Day Fiancé		
TSN	400	400	-	CFL Football Montreal Alouettes at Winnipeg Blue Bombers. (N) (LIVE)				CFL Football BC Lions at Edmonton Eskimos. (N) (LIVE)				SportsCentre (N) (LIVE)		(:15) 2019 Rugby World Cup Namibia vs Canada. (N) (LIVE)						
YOUTH	551	542	-	Loud	Loud	All That	Smarter	*** "The Croods" (2013) (N)				*** "Despicable Me 2" (2013) (N)				Star Falls	Star Falls	Just Kid	Just Kid	** Turbo

Your week on TV

SUNDAY DAYTIME OCTOBER 13, 2019

	Bell	Star	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30
WCAX	3	-	Channel 3 News Sunday Morning (N)		CBS News Sunday Morning (N) (Live)		Face the Nation (N) (Live)		Best Friends		The NFL Today (N) (Live)		NFL Football Houston Texans at Kansas City Chiefs. (N) (Live)					
WPTZ	5	-	Sunday Today With Willie Geist (N) (Live)		Meet the Press (N) (Live)		Soledad O'Brien	On the Money (N)	Carbonaro Eff.	Carbonaro Eff.	Sports Gone Wild		NASCAR America	NASCAR Monster	NASCAR Monster Energy Series 1000Bulbs.com 500. (N) (Live)			
CBMT	6	206 301	Coronation Street (N)	Coronation Street (N)	Coronation Street (N)	Coronation Street (N)	Coronation Street (N)	Coronation Street (N)	Weekly-Wendy	Maamuita-ou	Our Montreal		The Nature of Things (DVS)		Gymnastics FIG Artistic World Championships. From Stuttgart, Germany. (N Same-day Tape)			
CHLT	7	107 718	(6:00) Salut bonjour week-end (N) (SC)				** "Protège-moi" (2014) Vanessa Hudgens. Agnes retourne auprès de sa mère toxicomane.				TVA nouvelles (N)	La victoire de l'amour	Infopublicité (SC)	** "Deep Sea: dansons sous la mer"		** "Les chroniques de Spiderwick" (2008) Freddie Highmore.		
WMTW	8	-	Good Morning America (N) (Live)		This Week W/ George Stephanopoulos		Soledad O'Brien	Teen Kids News (N)	Made in Hollywood	Wild About Animals	Bladder	Superhotics	Greatest Sports Legends: Class of 1980	Boost Your Stamina	Larry King Report	World of X Games		
CKSH	9	108	(:15) Sonic Boom (N)	Mike, une vie	Sous les mers (N)	Les sages (N)	(9:59) Le jour du Seigneur (N) (SC)		Les coulisses du pouvoir (N) (SC)		Téléjournal	La semaine verte (SC)	Second regard	100 pour 100 local (N) (SC)	** "Les Muppets" (2011) Jason Segel.			
CKMI	11	-	Fishful Thinking	Entertainment Tonight (Live)	You Gotta Eat Here!		Joel Osteen (N)	Paid Program	The West Block (N)	Focus Montreal	Worst to First "Amanda & Darren"		Carnival Eats	Carnival Eats	Fire Masters (N) (DVS)	Ice Road Truckers "Breakdown" (N)		
CFCF	12	205 312	Children's Villages	Operation Smile (Live)		NFL Football Carolina Panthers vs Tampa Bay Buccaneers. (N) (Live)					FOX NFL Sunday (N)		NFL Football Philadelphia Eagles at Minnesota Vikings. (N) (Live)					
WVNY	22	-	Good Morning America (N) (Live)		This Week W/ George Stephanopoulos		What Matters	The Key of David	Skin Care	More Hair	Paid Program	Never Fear	More Hair	Larry King Sp.	To Be Announced	World of X Games		
WUTV	60	-	The Ernest Angley Hour		FOX News Sunday With Chris Wallace (N)		Sharyl Attkisson	The Key of David	Stories of Love	Paid Program	FOX NFL Sunday (N) (Live)		NFL Football Seattle Seahawks at Cleveland Browns. (N) (Live)					
CFKS	61	106 726	Il est écrit (SC)	Moment V (SC)	L'heure de la	NVL week-end (N)	RPM Luc-Olivier nous parle du Kia Telluride.		RPM plus "Rachat d'une location" (N)		Zone VL (SC)	Infopublicité (SC)	Marvel: agent Carter "Chacun ses secrets"		**** "Quand Harry rencontre Sally" (1989) Billy Crystal, Meg Ryan, Carrie Fisher. (SC)			
WUHF	-	363	Wild America	Paid Program	FOX News Sunday With Chris Wallace (N)		Sharyl Attkisson	Rochester Press Box	FOX NFL Kickoff (N) (Live)		FOX NFL Sunday (N) (Live)		NFL Football Philadelphia Eagles at Minnesota Vikings. (N) (Live)					
WETK	-	-	(7:00) Celtic Woman: Ancient Land		*** "The Beatles: Eight (2016, Documentary) Paul McCartney, Ringo Starr.		Days a Week -- The Touring Years"		Vermont This Week		Memory Rescue With Daniel Amen, MD Ways to strengthen one's memory. (Live)		Made Here	Made Here	Aging Backwards 2: Connective Tissue			
WCFE	-	-	Wild Kratts	Wild Kratts	Washing-ton Week	Scully: World	Mountain Lake	New York Now	Seeing Canada	NOVA "Day the Dinosaurs Died" (Live)		Downton Abbey on Masterpiece "The Finale" Changes at Downton Abbey. (Live)		Penelope Keith at Her Majesty's Service	Penelope Keith			
A&E	615	520	Hoarders "BG & Lee; Chris" (Live)		Hoarders Possession leads to possessions.		Hoarders "Vula; Lisa" (Live)		Hoarders "Becky; Clare" (Live)		** "Triple 9" (2016) Casey Affleck. Criminals and dirty cops hatch a devious scheme for a heist. (Live)		*** "Sabotage" (2014, Action) Arnold Schwarzenegger. (Live)					
CNN	500	500	Inside Politics (N)		State of the Union		Fareed Zakaria GPS	Reliable Source	State of the Union		Fareed Zakaria GPS		CNN Newsroom		CNN Newsroom			
DISC	520	505	Insane Pools: Off the Deep End		Tanked "Tanked in Sonoma"		North Woods Law	North Woods Law "Invisible Evidence"	North Woods Law "Un-cuffed 2"		Disasters at Sea (DVS)		Mighty Cruise Ships "Marina"		MythBusters "Driven to Destruction"			
DRAMA	620	523	House A pregnant patient must choose. (Live)		The Rookie (DVS)		Magnum P.I. Mercenaries storm the estate.	All Rise (Live)	Law & Order: Special Victims Unit		The Closer A suspect is murdered. (Live)		The Closer "Identity Theft" (Live)		The Closer "Smells Like Murder" (Live)			
HIST	522	506	Salvage Kings "Snowball's Chance"		American Pickers A joyride in a DeLorean.		American Pickers (DVS)	The Strongest Man in History (Live)	Mountain Men "Breaking Point" (Live)		Forged in Fire "The Lion Spear" (Live)		Forged in Fire "Jumonji Yari" (Live)		Pawn Stars "A Demon of a Deal" (Live)			
PARMT	628	584	Bar Rescue "There Will Be Family Blood"		Bar Rescue Splitting one bar into two. (Live)		Bar Rescue "Thugs with Mugs" (Live)	Bar Rescue An owner parties too hard. (Live)	Bar Rescue A death-metal concert bar.		Bar Rescue A struggling live music venue.		Bar Rescue "Thugs with Mugs" (Live)		Bar Rescue "Scoreboard to Death" (Live)			
RDI	126	730	(5:30) RDI matin weekend (N) (SC)				L'info (N) (SC)	L'info (SC)	Les coulisses du pouvoir (N) (SC)		Téléjournal	Téléjournal	L'épicerie (SC)	L'info (N) (SC)	L'info (SC)	L'info (N) (SC)	L'info (SC)	L'info (SC)
SHOW	616	521	"Star Wars: For"	(:45) *** "Star Wars: Episode IV -- A New Hope" (1977) Mark Young Luke Skywalker battles evil Darth Vader. (Live)					**** "Star Wars: Episode V -- The Empire Strikes Back" (1980) Mark Hamill, Harrison Ford. (DVS)				(:15) *** "Star Wars: Episode VI -- Return of the Jedi" (1983) Mark Hamill. (DVS)					
SLICE	601	562	Say Yes-Dress	Paid Program	PiYo Workout!	Paid Program	Mom (Live)	Mom (Live)	** "Red" (2010, Action) Bruce Willis. The CIA targets a team of former agents for assassination. (Live) (DVS)				** "Red 2" (2013, Action) Bruce Willis, John Malkovich. Retired operatives return to retrieve a lethal device. (Live) (DVS)					
TLC	521	560	Four Weddings "... And a Mechanical Bull"		Four Weddings "... And a Phantom" (Live)		Four Weddings "... And a Talking Orchid"	Four Weddings "... And a Wall of Flowers"	90 Day Fiance: The Other Way (Live)		90 Day Fiance: The Other Way (Live)		90 Day Fiance: The Other Way (Live)		90 Day Fiance: The Other Way (Live)			
TSN	400	400	2019 Rugby World Cup Japan vs Scotland. (N)		SportsCentre		SportsCentre	SportsCentre	Motoring TV		Motoring TV	NASCAR Cup	NASCAR Monster Energy Series 1000Bulbs.com 500. (N) (Live)					
YOUTH	551	542	Sponge.	Loud	Loud	Loud	Sponge.	Sponge.	Turtles	Ninjago		*** "The Croods" (2013, Children's) (Live)	Barbie	Barbie	Sponge.	Sponge.		

SUNDAY EVENING OCTOBER 13, 2019

	Bell	Star	4 PM	4:30	5 PM	5:30	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
WCAX	3	-	NFL Football	(:25) NFL Football Dallas Cowboys at New York Jets. (N) (Live)					60 Minutes (N) (Live)		God Friended Me (N)		NCIS: Los Angeles "Hail Mary" (N) (Live)		Madam Secretary "The Strike Zone" (N)		Channel 3 News	Greta Van Susteren	
WPTZ	5	-	(2:00) NASCAR Monster Energy Series 1000Bulbs.com 500. (N) (Live)				NBC5 News at 6	Nightly News	Football Night in America (N) (Live)		(:15) NFL Football Pittsburgh Steelers at Los Angeles Chargers. (N) (Live)						NBC5 News	Soledad O'Brien	
CBMT	6	206 301	** "Bee Movie" (2007, Children's) Voices of Jerry Seinfeld, Renée Zellweger. (Live)		The Great Canadian Baking Show		Heartland "The Eye of the Storm" (N) (Live)		Anne with an E Ka'kwet travels to school.		The Fifth Estate (N) (Live)		The National (N) (Live)		Montreal News	Weekly-Wendy	q (N) (Live)		
CHLT	7	107 718	"Spiderwick"	(:16) ** "Les Minions" (2015) Voices of Sandra Bullock. (SC)		TVA nouvelles (N)	Vlog (N) (SC)	Révolution Des danseurs se présentent en audition. (N) (SC)		(:45) Studio G (N) (SC)	(:45) TVA nouvelles	(:15) Maxim Martin enfin (SC)	(:15) "Sous les jupes des filles" (2014) Isabelle Adjani. (SC)						
WMTW	8	-	College Football 150: The American Game	Smokeless Grill	Today Show	WMTW News 8 at	World News	America's Funniest Home Videos (N) (Live)		Kids Say the Darndest Things (N) (Live)		Shark Tank (N) (Live)	The Rookie "The Bet" (N) (Live)		WMTW News 8	Soledad O'Brien	Major Crimes		
CKSH	9	108	(3:00) *** "Les Muppets" (2011)		Esprit critique (N) (SC)		Téléjournal	Découverte (N) (SC)	Le gros labo		Tout le monde en parle (N) (SC)		Le télé-journal	(10:55) Infomation	(:25) Pour l'amour du country (N) (SC)				
CKMI	11	-	*** "Sully" (2016, Drama) Tom Hanks, Aaron Eckhart. Premiere. (Live)				Global News at 6	Global National	Border Security	Border Security	Kids Say the Darndest Things (N) (Live)		NCIS: Los Angeles "Hail Mary" (N) (Live)		Madam Secretary "The Strike Zone" (N)		Global News	The West Block	Focus Montreal
CFCF	12	205 312	NFL on CTV Live	(:25) NFL Football Dallas Cowboys at New York Jets. (N) (Live)					NFL on CTV Live		God Friended Me (N) (Live)		Shark Tank (N) (Live)		The Rookie "The Bet" (N) (Live)		News-Rinaldo	CTV News Montreal	South Park
WVNY	22	-	College Football 150: The American Game	Patsy Cline	Patsy Cline	World News	Local 22 News (N)	America's Funniest Home Videos (N) (Live)		Kids Say the Darndest Things (N) (Live)		Shark Tank (N) (Live)	The Rookie "The Bet" (N) (Live)		Local 22 News (N)	Graham Bensinger	Judge Judy		
WUTV	60	-	NFL Post-game	Seaver (N) (Live)		Raw Travel	Ring of Honor Wrestling (N) (Live)	The Simpsons	Bob's Burgers	The Simpsons	Bless the Harts (N)	Bob's Burgers	Family Guy (N)	2 on Your Side at 10	America This Week (N) (Live)		Ring of Honor Wrestling (N) (Live)		
CFKS	61	106 726	** "La vie... tout simplement" (2010) Katherine adversaires doivent travailler ensemble. (SC)		Heigl. Des		Occupation double Afrique du Sud (N) (SC)	Occupation double Afrique du Sud (N) (SC)	Occupation double Afrique du Sud (N) (SC)		Occupation double Afrique du Sud (N) (SC)		Occupation double Afrique du Sud (N) (SC)		Occupation double Afrique du Sud (N) (SC)		NVL week-end	Moment V (SC)	
WUHF	-	363	NFL Post-game	Seaver (N) (Live)		Game Time	Ring of Honor Wrestling (N) (Live)	The Simpsons	Bob's Burgers	The Simpsons	Bless the Harts (N)	Bob's Burgers	Family Guy (N)	WHAM News	Sharyl Attkisson	America This Week (N) (Live)		CMA Awards	
WETK	-	-	Rick Steves Fascism in Europe		NewsHour Wk		The Great British Baking Show "Cake"	A Place to Call Home "Own Worst Enemy"		The Durrells in Corfu on Masterpiece (N)		Poldark on Masterpiece (N) (Live)	Press on Masterpiece "Pure" (N) (Live)		(:03) The Queen Mother (Live)		Durrells in Corfu		
WCFE	-	-	Penelope Keith at Her Majesty's Ser		Penelope Keith at Her Majesty's Ser		Great Estates Scotland Inveraray Castle.	The Great British Baking Show		The Durrells in Corfu on Masterpiece (N)		Poldark on Masterpiece (N) (Live)	Press on Masterpiece "Pure" (N) (Live)		(:03) POV "America" (Live)		Durrells in Corfu		
A&E	615	520	(2:30) *** "Sabotage" (2014) (Live)		*** "Hacksaw Ridge" (2016) Andrew Garfield, Sam Worthington. Medic Desmond Doss becomes a hero during World War II. (Live)			*** "American Sniper" (2014) Bradley Cooper, Sienna Miller. Navy SEAL Chris Kyle logs an incredible number of kills. (Live)				This Is Life	This Is Life		Declass.				
CNN	500	500	CNN Newsroom		CNN Newsroom		CNN Newsroom	CNN Newsroom	CNN Newsroom		Alaska: The Last Frontier (N) (Live)		Alaska: The Last Frontier (N) (Live)		Why We Hate The origins of hate. (N)		Big Bang Theory	Big Bang Theory	
DISC	520	505	MythBusters Zombie weapons. (Live)		Big Bang Theory	Big Bang Theory	Big Bang Theory	Big Bang Theory	Mighty Trains "Thai Rail" (N)		Alaska: The Last Frontier (N) (Live)		Alaska: The Last Frontier (N) (Live)		Why We Hate The origins of hate. (N)		Big Bang Theory	Big Bang Theory	
DRAMA	620	523	Pop Life	** "Angels & Demons" (2009) Tom Hanks. Robert Langdon confronts an ancient brotherhood. (Live)				Crossword Mysteries "Proposing Murder" Tess dives into Logan's investigation. (Live)		The Truth About the Harry Quebert Affair		Crossword Mysteries "Proposing Murder" Tess dives into Logan's investigation. (Live)					Harry Quebert		
HIST	522	506	American Pickers "Freaky Florida" (Live)		American Pickers "The Great Pick Off"		American Pickers (DVS)	Forged in Fire: Cutting Deeper (N) (Live)		Mountain Men "Breaking Point" (Live)		Mountain Men "No Guts, No Glory" (N)	Salvage Kings "Bowled Over" (N) (Live)		The Strongest Man in History (Live)		Mountain Men		
PARMT	628	584	Bar Rescue "Bar Over Troubled Water"		Bar Rescue "Reckless Roundhouse"		Bar Rescue "Bar Fight" (Live)	Bar Rescue		Bar Rescue "There Will Be Family Blood"		Bar Rescue Splitting one bar into two.	Bar Rescue "Thugs with Mugs" (Live)		Bar Rescue An owner parties too hard.		Bar Rescue		
RDI	126	730	L'info (N) (SC)	Journal France 2	Le télé-journal	La facture (SC)	Le télé-journal	Rad "Élections Canada 2019" (N) (SC)	(:31) Le national	(:01) Les grands reportages (SC)	Le télé-journal	(:31) Les coulisses du pouvoir (SC)	Le national (N)	Le télé-journal	Le national	Le télé-journal	Le télé-journal		
SHOW	616	521	"Star Wars: Episode VI"	(:15) *** "Star Wars: The Force Awakens" (2015) Harrison Ford. Han Solo and his allies face a new threat from Kylo Ren. (Live)				Batwoman "The Rabbit Hole" (N) (Live)		Supergirl William investigates Kara. (N)		Mr. Robot "402 Payment Required" (N)	(:05) *** "Rogue One: A Star Wars Story" (2016) (Live)						
SLICE	601	562	** "Mr. & Mrs. Smith" (2005) Brad Pitt. A husband and wife are assassins for rival organizations. (Live)				** "Red" (2010, Action) Bruce Willis. The CIA targets a team of former agents for assassination. (Live) (DVS)		** "Red 2" (2013, Action) Bruce Willis. Retired operatives return to retrieve a lethal device. (Live) (DVS)				(:02) Unexpected "Missing Child" (N)		(:02) 90 Day Fiancé: Before the 90 Days		90 Day Fiancé		
TLC	521	560	90 Day Fiance: The Other Way (Live)		90 Day Fiance: Extra Love "Treat Me Right" Angela confronts Michael's friends. (N) (Live)		90 Day Fiancé: Before the 90 Days	90 Day Fiancé: Before the 90 Days	90 Day Fiancé: Before the 90 Days		(:02) Unexpected "Missing Child" (N)		(:02) 90 Day Fiancé: Before the 90 Days		90 Day Fiancé		SC With Jay and Dan (N) (Live)		
TSN	400	400	(2:00) NASCAR Monster Energy Series 1000Bulbs.com 500. (N) (Live)		SportsCentre (N) (Live)		Football Night in America (N) (Live)		(:15) NFL Football Pittsburgh Steelers at Los Angeles Chargers. (N) (Live)								SC With Jay and Dan (N) (Live)		
YOUTH	551	542	*** "Despicable Me" (2010) (Live)				*** "Despicable Me 2" (2013) (Live)		Sponge.		*** "Tangled" (2010, Children's) (Live)		Star Falls	Just Kid	Just Kid	Tangled			

Merry House wins excellence award

Record Staff

The Merry House has been awarded the 2019 Excellence Award from the Société des musées du Québec (SMQ).

The historic site presents Magog's history and that of the region from the time of the Aboriginal peoples and the American settlers, up to today.

Property of the City of Magog, its mandate is to benefit Magog's residents and visitors through various fun and interactive exhibitions and activities.

The Merry House received the award for the preservation and restoration project of the heritage building, ranking among category 1 projects (\$ 2 million and more).

The SMQ Awards are designed to stimulate, recognize and reward the excellence of museum practice in Quebec. They display projects that significantly contribute to the advancement of museology in Quebec. It goes without saying that the Merry House's team and the City of Magog are honoured to now be part of this history, alongside the great museums of the province!

Sherbrooke expands mural circuit

By Gordon Lambie

Last week MURIRS, Sherbrooke's mural collective, unveiled its 18th public work in the city's mural circuit. The new creation, entitled "Le cinquième élément," or the fifth element, is located at 332 Marquette Street, almost directly opposite the "tradition and prevention" mural honouring the city's firefighters. Based in symbolism rather than local history, the focus of the mural is on underlining the interconnectedness of all people and offers a simpler image than many of the other works in the circuit, created in collaboration with German trompe-l'oeil artist Steffen Jünemann, who was also the creator behind the PEACE mini-mural on King Street East.



*A personalized and warm support.
We are with you,
every step of the way.*

819-564-1750 • casshomes.ca



Frank Wilson
Consultant



L **CHOOSE FORWARD**



MARIE-CLAUDE BIBEAU
Compton-Stanstead

Authorized by the official agent of Marie-Claude Bibeau

BISHOP'S UNIVERSITY EVENTS

Kellylee Evans

JAZZ Quartet

October 18, 2019
8 pm
Bandein Hall
Bishop's University

819-822-9692
ubishops.ca/mcn



INFO 819-822-9692 | WWW.CENTENNIALTHEATRE.CA

BISHOP'S COUNTRYFEST
OCTOBER 19TH

COUNTRY FAIR
FREE ENTRY 14:00 - 18:00

SONS OF DAUGHTERS
20:00 - 00:00

PETTING ZOO
MECHANICAL BULL
BOUNCY HOUSES
PUMPKIN PATCH
FAMILY FUN
AND MUCH MORE!



CONCERT TICKET INFO 514-953-8376
BISHOP'S COUNTRYFEST 2019

Your week on TV

MONDAY EVENING OCTOBER 14, 2019

	Bell	Star	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
WCAX	3	-	Channel 3 News at Six (N)		CBS Evening News	Entertainment Tonight (N)	The Neighborhood (N)	Bob Hearts Abishola (N)	All Rise A jury takes a trip to a crime scene. (N) (DVS)		Bull Bull helps a social media influencer. (N) (DVS)		Channel 3 News	(:35) The Late Show With Stephen Colbert (N) (DVS)	
WPTZ	5	-	NBC5 News at 6 (N)	NBC Nightly News - Holt	Jeopardy! (N) (DVS)	Wheel of Fortune (N) (DVS)	The Voice "The Blind Auditions. The artists perform dueling duets. (N) (DVS)		Part 7; The Battles Premiere" (N) (DVS)		(:01) Bluff City Law "Fire in a Crowded Theater" (N) (DVS)		NBC5 News at 11 (N)	(:34) The Tonight Show Starring Jimmy Fallon (N) (DVS)	
CBMT	6	206 301	CBC Montreal News (N)	Just for Laughs: Gags	Coronation Street (N) (DVS)	Coronation Street (N) (DVS)	Murdoch Mysteries "Prodigal Father" (N) (DVS) (DVS)		(:01) Frankie Drake Mysteries (N) (DVS) (DVS)		The National (N) (DVS)		Journey From the Jungle (N)	Hello Good-bye (N) (DVS)	Coronation Street (N) (DVS)
CHLT	7	107 718	(5:58) TVA nouvelles (N)	(:29) Le tricheur (N)	Un zoo pas comme les autres (N) (DVS)	Boomerang (N) (SC)	L'échappée L'état de Rosalie alarme Brigitte. (N) (SC)		Alerte Amber "La mort" Un nouveau danger survient. (N) (DVS)		TVA nouvelles (N) (DVS)	(:35) Denis Lévesque (N) (SC)		(:35) Deux filles le matin (SC)	
WMTW	8	-	WMTW News 8 at 6PM (N)	ABC World News	Wheel of Fortune (N) (DVS)	Jeopardy! (N) (DVS)	Dancing With the Stars "Disney Night" The couples dance to Disney songs. (N) (Live) (DVS)				The Good Doctor A woman who is unable to feel pain. (N) (DVS)		WMTW News 8 at 11 (N)	(:35) Jimmy Kimmel Live! (N) (DVS)	
CKSH	9	108	(5:59) Le téléjournal avec Patrice Roy (N) (SC)		District 31 (N) (SC)	Discussions avec mes amis (N) (DVS)	Une autre histoire Anémone revient sa neurologue. (N) (DVS)		Ruptures Ariane accompagne Lulu et Christine. (N) (SC)		Le téléjournal (N) (SC)		(:05) On va se le dire (N) (DVS)		
CKMI	11	-	Global National (N) (DVS)	(:29) Global News at 6:30	ET Canada	The Neighborhood (N) (DVS)	9-1-1 "Triggers" A high-rise fire drill. (N) (DVS) (DVS)		(:01) Prodigal Son Malcolm's childhood memories surface. (N) (DVS)		Bull Bull helps a social media influencer. (N) (DVS) (DVS)		Global News at 11 (N)	(:35) The Late Show With Stephen Colbert (N) (DVS)	
CFCF	12	205 312	(5:59) CTV News Montreal (N) (DVS)		etalk (N) (DVS)	The Big Bang Theory (N) (DVS)	The Conners (N) (DVS)	Bob Hearts Abishola (N) (DVS)	All Rise A jury takes a trip to a crime scene. (N) (DVS)		The Good Doctor A woman who is unable to feel pain. (N) (DVS)		News-Lisa (N) (DVS)	CTV News Montreal (N) (DVS)	The Daily Show (N) (DVS)
WVNY	22	-	Local 22 News (N)	ABC World News	Local 22 News (N)	Inside Edition (N) (DVS)	Dancing With the Stars "Disney Night" The couples dance to Disney songs. (N) (Live) (DVS)				The Good Doctor A woman who is unable to feel pain. (N) (DVS)		Local 22 News (N) (DVS)	(:35) Jimmy Kimmel Live! (N) (DVS)	
WUTV	30	-	The Big Bang Theory (N) (DVS)	Judge Judy (N) (DVS)	Judge Judy (N) (DVS)	Family Feud (N) (DVS)	9-1-1 "Triggers" A high-rise fire drill. (N) (DVS) (DVS)		(:01) Prodigal Son Malcolm's childhood memories surface. (N) (DVS)		2 on Your Side Seinfeld (N) (DVS)		Two and a Half Men (N) (DVS)	Two and a Half Men (N) (DVS)	Last Man Standing (N) (DVS)
CFKS	31	106 726	Souper parfait (N) (DVS)	Occupation (N) (DVS)	À table avec mon ex (N) (DVS)	Rire et délire (N) (SC)	Mets-y le paquet (N) (DVS)	Mets-y le paquet (SC)	L'open mic de... (N) (SC)	Occupation (N) (DVS)	Whiskey Cavalier Will fraternise avec une espionne. (N) (DVS)		Souper parfait (N) (DVS)	NVL (N) (SC)	Moment V (SC)
WUHF	-	363	Modern Family (N) (DVS)	Modern Family (N) (DVS)	The Big Bang Theory (N) (DVS)	The Big Bang Theory (N) (DVS)	9-1-1 "Triggers" A high-rise fire drill. (N) (DVS) (DVS)		(:01) Prodigal Son Malcolm's childhood memories surface. (N) (DVS)		13WHAM News at 10 on Fox Rochester (N) (Live) (DVS)		DailyMailTV (N) (DVS)	The Simpsons (N) (DVS)	Paid Program (N) (DVS)
WETK	-	-	PBS NewsHour (N) (DVS)		The This Old House Hour (N) (DVS)		Antiques Roadshow "Junk in the Trunk 9" (N) (DVS)		Retro Report on PBS Why crime witnesses fail to act. (N) (DVS)		POV "The Feeling of Being Watched" A pre-9/11 counterterrorist probe. (N) (DVS)			Amanpour and Company (N) (DVS)	
WCFE	-	-	World News America (N) (DVS)	Nightly Business Report (N) (DVS)	PBS NewsHour (N) (DVS)		Antiques Roadshow "Junk in the Trunk 9" (N) (DVS)		Retro Report on PBS Why crime witnesses fail to act. (N) (DVS)		POV "The Feeling of Being Watched" A pre-9/11 counterterrorist probe. (N) (DVS)			BBC World News (N) (DVS)	Amanpour and Company (N) (DVS)
A&E	615	520	Live PD: Police Patrol (N) (DVS)	Live PD: Police Patrol (N) (DVS)	Live PD: Police Patrol (N) (DVS)	Live PD: Police Patrol (N) (DVS)	Live PD: Police Patrol (N) (DVS)	Live PD: Police Patrol (N) (DVS)	Live Rescue "Live Rescue -- 10.14.19" (N) (DVS)				Live PD: Police Patrol (N) (DVS)	Live PD: Police Patrol (N) (DVS)	Live PD: Police Patrol (N) (DVS)
CNN	500	500	Situation Room With Wolf (N) (DVS)		Erin Burnett OutFront (N) (DVS)		Anderson Cooper 360 (N) (DVS)		Cuomo Prime Time (N) (DVS)		CNN Tonight w/ Don Lemon (N) (DVS)		CNN Tonight w/ Don Lemon (N) (DVS)	Cooper 360 (N) (DVS)	
DISC	520	505	Highway Thru Hell "Where's My Rotator" (DVS)		MythBusters A myth inspired by video games. (N) (DVS)		Bering Sea Gold Vernon is stranded in the Yukon. (N) (DVS)		Alaskan Bush People "The Wolfpack vs. the Wolf" (N) (DVS)		Highway Thru Hell "Battle in the Gravel" (N) (DVS)		Homestead Rescue An old well claims its first victim. (N) (DVS)	Alaskan Bush People (N) (DVS)	
DRAMA	620	523	"Indiana Jones" (N) (DVS)	** "Now You See Me" (2013, Comedy-Drama) Agents track a team of illusionists who are thieves. (N) (DVS)	Jesse Eisenberg, Mark Ruffalo. (N) (DVS)		Jesse Eisenberg, Mark Ruffalo. (N) (DVS)		(:15) *** "Raiders of the Lost Ark" (1981, Adventure) Harrison Ford, Karen Allen. An archaeologist races Nazis to find a powerful relic. (N) (DVS)				(:45) *** "Indiana Jones and the Temple of Doom" (N) (DVS)		
HIST	522	506	Forged in Fire "The creation of a spiked mace. (N) (DVS)		Forged in Fire Four bladesmiths aim for the stars. (N) (DVS)		Forged in Fire The re-creation of the Partizan. (N) (DVS)		Pawn Stars A signed B.B. King guitar. (N) (DVS)		American Pickers Frank gets a lesson. (N) (DVS)		Forged in Fire An iconic American blade. (N) (DVS)	Pawn Stars (N) (DVS)	
PARMT	628	584	Cops "Tracks of My Tears" (N) (DVS)	Cops "Run and Gun" (N) (DVS)	Cops "Slow and Low" (N) (DVS)	Cops "Instant Regret" (N) (DVS)	Cops (N) (DVS)	Cops "Face the Rubber" (N) (DVS)	Cops "Truck Amok" (N) (DVS)	Cops "Keys to Success" (N) (DVS)	Cops "Truck Amok" (N) (DVS)	Cops (N) (DVS)	Cops "Wrong Way Home" (N) (DVS)	Cops "Mommy's Tears" (N) (DVS)	
RDI	126	730	(5:59) Le national (N) (DVS)	(:31) RDI économie (N) (DVS)	(:01) 24/60 (N) (SC)		Les grands reportages Adolf Hitler est chancelier. (N) (DVS)		Le téléjournal avec Céline Galipeau (N) (SC)		Mordus de politique (N) (SC)		Le national (N) (SC)	(:31) Le national (N) (DVS)	(12:01) 24/60 (SC)
SHOW	616	521	*** "Star Wars: Episode VI -- Return of the Jedi" (1983, Science Fiction) Mark Hamill, Harrison Ford. Luke and his allies have a confrontation with Darth Vader. (N) (DVS)		*** "Star Wars: The Force Awakens" (2015) Harrison Ford, Mark Hamill. Han Solo and his allies face a new threat from Kylo Ren. (N) (DVS)		*** "Star Wars: The Force Awakens" (2015) Harrison Ford, Mark Hamill. Han Solo and his allies face a new threat from Kylo Ren. (N) (DVS)							(:45) "Star Wars: Episode V -- The Empire Strikes Back" (N) (DVS)	
SLICE	601	562	(5:30) ** "The Heat" (2013) Sandra Bullock. A federal agent and a Boston cop go after a drug lord. (N) (DVS)		Below Deck "Man Down!" (N) (DVS)		Below Deck "The Proposal" Ashton crosses a line. (N) (DVS)		The Real Housewives of Orange County (N) (DVS)		Below Deck Seven new crew members come aboard. (N) (DVS)		Below Deck (N) (DVS)	Below Deck (N) (DVS)	Below Deck (N) (DVS)
TLC	521	560	90 Day Fiance: The Other Way Summit reveals his truth. (N) (DVS)		90 Day Fiance: The Other Way "Falling Apart" (N) (DVS)		90 Day Fiance: The Other Way (N) (DVS)		90 Day Fiance: The Other Way "Tell All: Part 1" (N) (DVS)		(:08) 90 Day Fiance: Before the 90 Days (N) (DVS)		(:06) Unexpected McKayla starts her post-Caelan life. (N) (DVS)	90 Day: Other (N) (DVS)	
TSN	400	400	Monday Night Countdown (N) (Live) (DVS)				(:15) NFL Football Detroit Lions at Green Bay Packers. (N) (Live) (DVS)							SC With Jay and Dan (N) (Live) (DVS)	
YOUTH	551	542	*** "Frozen" (2013) Voices of Kristen Bell. (N) (DVS)		*** "Moana" (2016) Voices of Dwayne Johnson. (N) (DVS)		(:15) *** "Wreck-It Ralph" (2012) Voices of John C. Reilly. (N) (DVS)								

TUESDAY EVENING OCTOBER 15, 2019

	Bell	Star	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
WCAX	3	-	Channel 3 News at Six (N)		CBS Evening News	Entertainment Tonight (N)	NCIS Vance punishes McGee, Bishop and Torres. (N) (DVS)		FBI "An Imperfect Science" A shooting at a nightclub. (N) (DVS)		NCIS: New Orleans A search for Lasalle's missing brother. (N) (DVS)		Channel 3 News	(:35) The Late Show With Stephen Colbert (N) (DVS)	
WPTZ	5	-	NBC5 News at 6 (N)	NBC Nightly News - Holt	Jeopardy! (N) (DVS)	Wheel of Fortune (N) (DVS)	The Voice The artists perform dueling duets. (N) (DVS)		This Is Us "Flip a Coin" Kevin reflects on his past. (N) (DVS)		(:01) New Amsterdam Iggy and Kapoor take on the city. (N) (DVS)		NBC5 News at 11 (N)	(:34) The Tonight Show Starring Jimmy Fallon (N) (DVS)	
CBMT	6	206 301	CBC Montreal News (N)	Just for Laughs: Gags	Still Standing "Cobalt, ON" (N) (DVS)	Coronation Street (N) (DVS)	Still Standing (N) (DVS)	22 Minutes (N) (DVS)	TallBoyz (N) (DVS)	Baroness von Sketch Show (N) (DVS)	The National (N) (DVS)		CBC Montreal News (N)	Crash Gallery (N) (DVS)	Coronation Street (N) (DVS)
CHLT	7	107 718	(5:58) TVA nouvelles (N)	(:29) Le tricheur (N)	Animaux à la traîne (N) (DVS)	La dérapé (N) (SC)	L'heure bleue Xavier a la visite de Louis. (N) (SC)		Les honorables "Entraves à la justice" (N) (SC)		TVA nouvelles (N) (DVS)	(:35) Denis Lévesque (N) (SC)		(:35) Deux filles le matin (SC)	
WMTW	8	-	WMTW News 8 at 6PM (N)	ABC World News	Wheel of Fortune (N) (DVS)	Jeopardy! (N) (DVS)	The Conners (N) (DVS)	Bless This Mess (N) (DVS)	mixed-ish (N) (DVS)	black-ish (N) (DVS)	Emergence Chris clashes with an informant. (N) (DVS)		WMTW News 8 at 11 (N)	(:35) Jimmy Kimmel Live! (N) (DVS)	
CKSH	9	108	(5:59) Le téléjournal avec Patrice Roy (N) (SC)	(:31) RDI économie (N) (DVS)	District 31 (N) (SC)	La facture (N) (SC)	Toute la vie Le poste sera pourvu par un homme. (N) (DVS)		5e rang Vance sème la terreur à Valmont. (N) (DVS)		Le téléjournal (N) (SC)		Sports express (N) (SC)		
CKMI	11	-	Global National (N) (DVS)	(:29) Global News at 6:30	NCIS: New Orleans A search for Lasalle's missing brother. (N) (DVS)		NCIS Vance punishes McGee, Bishop and Torres. (N) (DVS)		FBI "An Imperfect Science" A shooting at a nightclub. (N) (DVS)		(:01) New Amsterdam Iggy and Kapoor take on the city. (N) (DVS)		Global News at 11 (N)	(:35) The Late Show With Stephen Colbert (N) (DVS)	
CFCF	12	205 312	(5:59) CTV News Montreal (N) (DVS)		etalk (N) (DVS)	The Big Bang Theory (N) (DVS)	The Resident Conrad doubts Devon's judgement. (N) (DVS)		This Is Us "Flip a Coin" Kevin reflects on his past. (N) (DVS)		Emergence Chris clashes with an informant. (N) (DVS)		News-Lisa (N) (DVS)	CTV News Montreal (N) (DVS)	The Daily Show (N) (DVS)
WVNY	22	-	Local 22 News (N)	ABC World News	Local 22 News (N)	Inside Edition (N) (DVS)	The Conners (N) (DVS)	Bless This Mess (N) (DVS)	mixed-ish (N) (DVS)	black-ish (N) (DVS)	Emergence Chris clashes with an informant. (N) (DVS)		Local 22 News (N) (DVS)	(:35) Jimmy Kimmel Live! (N) (DVS)	
WUTV	30	-	The Big Bang Theory (N) (DVS)	Judge Judy (N) (DVS)	Judge Judy (N) (DVS)	Family Feud (N) (DVS)	The Resident Conrad doubts Devon's judgement. (N) (DVS)		Empire An occasion brings the family together. (N) (DVS)		2 on Your Side Seinfeld "The Letter" (N) (DVS)		Two and a Half Men (N) (DVS)	Two and a Half Men (N) (DVS)	Last Man Standing (N) (DVS)
CFKS	31	106 726	Souper parfait (N) (DVS)	Occupation (N) (DVS)	À table avec mon ex (N) (DVS)	Rire et délire (N) (SC)	Les jeux des titans (N) (SC)		L'open mic de... (N) (SC)	Occupation (N) (DVS)	NCIS: Los Angeles Le NCIS s'efforce de localiser Mosley. (N) (DVS)		Souper parfait (N) (DVS)	NVL (N) (SC)	Moment V (SC)
WUHF	-	363	Modern Family (N) (DVS)	Modern Family (N) (DVS)	The Big Bang Theory (N) (DVS)	The Big Bang Theory (N) (DVS)	The Resident Conrad doubts Devon's judgement. (N) (DVS)		Empire An occasion brings the family together. (N) (DVS)		13WHAM News at 10 on Fox Rochester (N) (Live) (DVS)		DailyMailTV (N) (DVS)	The Simpsons (N) (DVS)	Paid Program (N) (DVS)
WETK	-	-	PBS NewsHour (N) (DVS)		Seeing Canada (N) (DVS)	Destination (N) (DVS)	Finding Your Roots With Henry Louis Gates, Jr. (N) (DVS)		Retro Report on PBS Presidents versus the press. (N) (DVS)		Frontline The U.S. Supreme Court. (N) (DVS)		Amanpour and Company (N) (DVS)	Company (N) (DVS)	Nightly Business Report (N) (DVS)
WCFE	-	-	World News America (N) (DVS)	Nightly Business Report (N) (DVS)	PBS NewsHour (N) (DVS)		Finding Your Roots With Henry Louis Gates, Jr. (N) (DVS)		Retro Report on PBS Presidents versus the press. (N) (DVS)		Frontline The U.S. Supreme Court. (N) (DVS)			BBC World News (N) (DVS)	Amanpour and Company (N) (DVS)
A&E	615	520	The First 48 A Cleveland father shot in the back. (N) (DVS)		The First 48 "Officer Down" A killer targets the law. (N) (DVS)		The First 48 An innocent bystander is gunned down. (N) (DVS)		The First 48 A grandmother is gunned down. (N) (DVS)		(:01) The First 48 (N) (DVS)		(:04) The First 48 A hip-hop promoter is gunned down. (N) (DVS)	(12:03) The First 48 (N) (DVS)	
CNN	500	500	Situation Room With Wolf (N) (DVS)		CNN Debate Pre-Show (N) (DVS)		CNN Democratic Debate "Ohio" (N) (Live) (DVS)						CNN Debate Post Analysis "Ohio" (N) (Live) (DVS)		
DISC	520	505	Highway Thru Hell "It's Stormy Everywhere" (N) (DVS)		MythBusters The busting of JATO rocket car. (N) (DVS)		Gold Rush The highs and lows from the 2018 season. (N) (DVS)		Gold Rush "Crisis in the Klondike" A crisis force the miners to take risks. (N) (DVS)		CSI: Crime Scene Investigation "Getting Off" (N) (DVS)		Raising Wild A family moves to the Washington wilds. (N) (DVS)	Gold Rush (N) (DVS)	
DRAMA	620	523	CSI: Crime Scene Investigation "Bad Words" (N) (DVS)		CSI: Crime Scene Investigation "Dead Ringer" (N) (DVS)		CSI: Crime Scene Investigation "Turning the Screws" (N) (DVS)		CSI: Crime Scene Investigation "No More Bets" (N) (DVS)		CSI: Crime Scene Investigation "The Curse of Oak Island" The top 25 Finds" A look on six seasons of the series. (N) (DVS)		CSI: Crime Scene Investigation "XX" (N) (DVS)	CSI: Crime Scene Investigation (N) (DVS)	CSI: Crime Scene Investigation (N) (DVS)
HIST	522	506	Forged in Fire Knives forged from railroad spikes. (N) (DVS)		Pawn Stars A signed B.B. King guitar. (N) (DVS)		American Pickers Frank gets a lesson. (N) (DVS)		Forged in Fire A recreation of the Lochaber Axe. (N) (DVS)		The Curse of Oak Island "The Top 25 Finds" A look on six seasons of the series. (N) (DVS)		Forged in Fire An iconic American blade. (N) (DVS)	Pawn Stars (N) (DVS)	
PARMT	628	584	Ink Master: Angels (N) (DVS)		Ink Master: Angels (N) (DVS)		Ink Master: Angels (N) (DVS)		Ink Master: Angels (N) (DVS)		Ink Master Grudge Match (N) (DVS)		Ink Master Grudge Match (N) (DVS)	Ink Master: Angels (N) (DVS)	
RDI	126	730	(5:59) Le national (N) (DVS)	(:31) RDI économie (N) (DVS)	(:01) 24/60 (N) (SC)		Les grands reportages (Part 1 of 2) (SC)		Le téléjournal avec Céline Galipeau (N) (SC)		Mordus de politique (N) (SC)		Le national (N) (SC)	(:31) Le national (N) (DVS)	(12:01) 24/60 (SC)
SHOW	616	521	NCIS Gibbs and Fornell's ex asks for help. (N) (DVS)		NCIS The team investigates a plane crash. (N) (DVS)		* "Wrath of the Titans" (2012, Perseus must rescue Zeus from Fantasy) Sam Worthington. the underworld. (N) (DVS)		Swamp Thing "Long Walk Home" (N) (DVS)		Evil "3 Stars" A theater producer acts demonic. (N) (DVS)		NCIS (N) (DVS)	NCIS (N) (DVS)	NCIS (N) (DVS)
SLICE	601	562	Below Deck "Man Down!" (N) (DVS)		Below Deck "The Proposal" Ashton crosses a line. (N) (DVS)		The Real Housewives of Orange County (N) (DVS)		The Real Housewives of Orange County (N) (DVS)		In a Man's World A preacher undergoes a transformation. (N) (DVS)		Below Deck Ashton proves to be a ladies man. (N) (DVS)	Housewives/OC (N) (DVS)	
TLC	521	560	Outdaughters "Life with Quints: Veggies...Ewww!" The girls try eating healthier. (N) (DVS)		Outdaughters "Life with Quints: Veggies...Ewww!" The girls try eating healthier. (N) (DVS)		Outdaughters The Busbys agree to cut the Quints naps. (N) (DVS)		Outdaughters On Jinger and Jeremy house-hunt in L.A. (N) (DVS)		Outdaughters "Life with Quints: Veggies...Ewww!" The girls try eating healthier. (N) (DVS)		Outdaughters (N) (Live) (DVS)	Outdaughters (N) (Live) (DVS)	Outdaughters (N) (Live) (DVS)
TSN	400	400	SportsCentre (N) (Live) (DVS)		That's Hockey (N) (DVS)	CFL Wired (N) (DVS)	2020 UEFA Euro Qualifying Sweden vs Spain. Group F. (N) (Same-day Tape) (DVS)		SportsCentre (N) (Live) (DVS)		SportsCentre (N) (Live) (DVS)		SportsCentre (N) (Live) (DVS)	SC With Jay and Dan (N) (Live) (DVS)	
YOUTH	551	542	Henry Danger (N) (DVS)	Hunter Street (N) (DVS)	*** "Wreck-It Ralph" (2012) Voices of John C. Reilly. (N) (DVS)		(:15) *** "Wreck-It Ralph" (2012) Voices of John C. Reilly. (N) (DVS)						Max & Shred (N) (DVS)	iCarly "iPie" (N) (DVS)	

Your week on TV

WEDNESDAY EVENING													OCTOBER 16, 2019	
Bell	Star	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
WCAX	3	-	-	Channel 3 News at Six (N)	CBS Evening News	Entertainment Tonight (N)	Survivor "Plan Z" (N) (DVS)	(:01) SEAL Team Retaking a power plant in Azerbaijan. (N)	S.W.A.T. Lynch surprises the team with a mission. (N) (D)	Channel 3 News	(:35) The Late Show With Stephen Colbert (N) (D)			
WPTZ	5	-	-	NBC5 News at 6 (N)	NBC Nightly News - Holt	Jeopardy! (N) (DVS)	Wheel of Fortune (N) (D)	Chicago Fire A deadly bacteria affects the city. (N) (D)	Chicago Med An apartment complex is quarantined. (N)	Chicago P.D. Zeroing in on a bioterrorism suspect. (N) (D)	NBC5 News at 11 (N)	(:34) The Tonight Show Starring Jimmy Fallon (N) (D)		
CBMT	6	206	301	CBC Montreal News (N)	Just for Laughs: Gags	Still Standing (DVS)	Coronation Street (N) (D)	The Great Canadian Baking Show "Chocolate Week" (N)	Northern Rescue "12 Months to the Day" (N) (D)	The National (N) (D)	CBC Montreal News (N)	First Play Live	Coronation Street (D)	
CHLT	7	107	718	(5:58) TVA nouvelles (N)	(:29) Le tricheur (N)	(6:59) Les gags (N)	LOL :- (N) (SC)	Les invisibles Jean Frédéric tente de cacher une bévue.	Mensonges Julie déclenche l'Opération RIP. (N) (SC)	TVA nouvelles (:35) Denis Lévesque (N) (SC)	(:35) Deux filles le matin (SC)			
WMTW	8	-	-	WMTW News 8 at 6PM (N)	ABC World News	Wheel of Fortune (N) (D)	Jeopardy! (N) (DVS)	The Goldbergs Schooled (N) (DVS)	Modern Family (:31) Single Parents (N)	Stumptown Dex faces off against Artie Banks. (N) (D)	WMTW News 8 at 11 (N)	(:35) Jimmy Kimmel Live! (N) (D)		
CKSH	9	108	-	(5:59) Le télé-journal Estrie	(:31) RDI économie (N)	District 31 (N) (SC)	L'épicerie (N) (SC)	Les enfants de la télé Spécial Luc Dionne. (N) (SC)	Le monstre M est déterminé à récupérer Sophie. (N)	Le téléjournal (N) (SC)	Sports express (N) (SC)			
CKMI	11	-	-	Global National (N) (D)	(:29) Global News at 6:30	ET Canada	Entertainment Tonight (N)	Survivor "Plan Z" (N) (DVS)	Modern Family (:31) Single Parents (N)	S.W.A.T. Lynch surprises the team with a mission. (N) (D)	Global News at 11 (N)	(:35) The Late Show With Stephen Colbert (N) (D)		
CFCF	12	205	312	(5:59) CTV News Montreal (N) (D)	etalk (N) (DVS)	The Goldbergs (N) (D)	The Masked Singer Six celebrities perform. (N) (D)	(:01) Almost Family "Notorious AF" A video goes viral.	Stumptown Dex faces off against Artie Banks. (N) (D)	News-Lisa	CTV News Montreal (N)	The Daily Show		
WVNY	22	-	-	Local 22 News (N)	ABC World News	Local 22 News (N)	Inside Edition (N) (DVS)	The Goldbergs Schooled (N) (DVS)	Modern Family (:31) Single Parents (N)	Stumptown Dex faces off against Artie Banks. (N) (D)	Local 22 News (N)	(:35) Jimmy Kimmel Live! (N) (D)		
WUTV	60	-	-	The Big Bang Theory (D)	Judge Judy (N) (D)	Judge Judy (D)	Family Feud (N) (D)	The Masked Singer Six celebrities perform. (N) (D)	(:01) Almost Family "Notorious AF" A video goes viral.	2 on Your Side Seinfeld (D) (D)	Two and a Half Men (D)	Two and a Half Men (D)	Last Man Standing (D)	
CFKS	61	106	726	Souper parfait	Occupation	À table avec mon ex (N)	Rire et délire (N) (SC)	Ne jamais faire à la maison (N) (SC)	L'open mic de... (N) (SC)	Occupation	Souper parfait	NVL (N) (SC)	Moment V (SC)	
WUHF	-	363		Modern Family (D)	Modern Family (D)	The Big Bang Theory (D)	The Big Bang Theory (D)	The Masked Singer Six celebrities perform. (N) (D)	(:01) Almost Family "Notorious AF" A video goes viral.	13WHAM News at 10 on Fox Rochester (N) (Live) (D)	DailyMailTV (N) (D)	The Simpsons (D)	Paid Program (D)	
WETK	-	-		PBS NewsHour (N) (D)	The Farming Project "Troubled Harvest: The Market"	Nature Exotic creatures in Amazon rainforest. (N) (D)	Nature Exotic creatures in Amazon rainforest. (N) (D)	NOVA "Why Bridges Collapse" Bridge collapses. (N)	NOVA "Why Bridges Collapse" Bridge collapses. (N)	Wild Metropolis As cities grow, animals are displaced.	Amanpour and Company (N)	Nightly Business Report		
WCFE	-	-		World News America	Nightly Business Report	PBS NewsHour (N) (D)	Nature Exotic creatures in Amazon rainforest. (N) (D)	NOVA "Why Bridges Collapse" Bridge collapses. (N)	Wild Metropolis As cities grow, animals are displaced.	Wild Metropolis As cities grow, animals are displaced.	BBC World News (D)	Amanpour and Company (N)		
A&E	615	520		The First 48 Drive-by shooting death in Oklahoma. (D)	Ghost Hunters The Ghost Hunters visit Indianapolis. (D)	Ghost Hunters: Most Haunted (N) (D)	Ghost Hunters: Most Haunted (N) (D)	Ghost Hunters An Illinois resort has a morbid history. (N)	(:01) Ghost Hunters Victorian house in Willimantic, Conn.	(:04) Ghost Hunters "There's Something in the Seminary"	Ghost Hunters			
CNN	500	500		Situation Room With Wolf	Erin Burnett OutFront (N)	Anderson Cooper 360 (N)	Anderson Cooper 360 (N)	Cuomo Prime Time (N) (D)	CNN Tonight w/ Don Lemon	CNN Tonight w/ Don Lemon	Cooper 360			
DISC	520	505		Highway Thru Hell "Roughing Up the Rookie"	MythBusters Deadliest Catch captains join the team. (D)	Expedition Unknown (N) (D)	Expedition Unknown (N) (D)	Expedition Unknown (N) (D)	Hitler's Most Wanted "Karl Donitz" (N) (D)	Why We Hate "Origins" The origins of hate. (D)	Expedition Unknown			
DRAMA	620	523		Criminal Minds The BAU investigates an urban vampire.	Criminal Minds Victims are tied to stakes in a desert. (D)	Criminal Minds Reid anxiously awaits his trial date.	Criminal Minds Reid anxiously awaits his trial date.	Queen of the South A judge wants in on Teresa's deal.	Criminal Minds An attacker disfigures people with acid.	Criminal Minds A mother has valuable intel for the BAU. (D)	Criminal Minds			
HIST	522	506		Forged in Fire A recreation of the Lochaber Axe. (D)	The Curse of Oak Island "The seasons of the series. (D)	Top 25 Finds" A look on six	Top 25 Finds" A look on six	Watergate John Dean turns on Nixon. (N) (D)	Watergate Nixon is confronted about his knowledge.	Forged in Fire Forging weapons of American presidents.	Pawn Stars "60's Pawn"			
PARMT	628	584		Catch a Contractor (D)	Catch a Contractor (D)	Catch a Contractor (D)	Catch a Contractor (D)	Catch a Contractor (D)	Catch a Contractor (D)	Catch a Contractor (D)	Catch a Contractor (D)	Catch a Contractor (D)	Catch a Contractor (D)	
RDI	126	730		(5:59) Le national (N)	(:31) RDI économie (N)	(:01) 24/60 (N) (SC)	Les grands reportages (Part 2 of 2) (SC)	Le téléjournal avec Céline Galipeau (N) (SC)	Mordus de politique (N) (SC)	Le national (N) (SC)	(:31) Le national (N) (SC)	(12:01) 24/60 (SC)		
SHOW	616	521		NCIS Investigating a Navy commander's murder. (D)	NCIS Investigating a Navy lieutenant's death. (D)	FBI "Apex" A struggle to find justice for victims. (D)	FBI "Apex" A struggle to find justice for victims. (D)	Pennyworth Alfred tracks down a wanted killer. (N) (D)	(:15) NCIS "Friendly Fire" A string of soldiers are killed.	(:15) FBI "Apex" A struggle to find justice for victims. (D)	(12:15) Pennyworth (D)			
SLICE	601	562		The Real Housewives of Orange County (D)	The Real Housewives of Orange County (D)	The Real Housewives of Dallas "Cirque d'Intimité" (D)	The Real Housewives of Dallas "Cirque d'Intimité" (D)	The Real Housewives of Dallas (N) (D)	Below Deck "The Proposal" Ashton crosses a line. (D)	Below Deck A disgruntled charter guest arrives. (D)	Real Housewives-Dallas			
TLC	521	560		Say Yes to the Dress (D)	Say Yes to the Dress (D)	My 600-Lb. Life "Holly's Story" Holly must address her childhood issues. (D)	My 600-Lb. Life "Holly's Story" Holly must address her childhood issues. (D)	Hoarding: Buried Alive (D)	Hoarding: Buried Alive Siblings must deal with clutter. (D)	My 600-Lb. Life (D)				
TSN	400	400		SportsCentre (N) (Live) (D)	That's Hockey (N)	SC (D)	College Football South Alabama at Troy. From Veterans Memorial Stadium in Troy, Ala. (N) (Live) (D)			SportsCentre (N) (Live) (D)	SC With Jay and Dan (N) (Live) (D)			
YOUTH	551	542		Henry Danger	Hunter Street	*** "How to Train Your Dragon" (2010) (D)	(:15) *** "How to Train Your Dragon" (2010) Voices of Jay Baruchel. (D)			Max & Shred	iCarly (D)			

THURSDAY EVENING													OCTOBER 17, 2019	
Bell	Star	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
WCAX	3	-	-	Channel 3 News at Six (N)	CBS Evening News	Entertainment Tonight (N)	Young Sheldon (N) (D)	(:31) The Unicorn (N) (D)	(:01) Mom (N) (D)	Carol's Second Act (N)	Evil "Rose390" A seemingly psychopathic 9-year-old boy.	Channel 3 News	(:35) The Late Show With Stephen Colbert (N) (D)	
WPTZ	5	-	-	NBC5 News at 6 (N)	NBC Nightly News - Holt	Jeopardy! (N) (DVS)	Wheel of Fortune (N) (D)	Superstore (N) (D)	Perfect Harmony (N) (D)	The Good Place (N) (D)	Law & Order: Special Victims Unit (N) (DVS)	NBC5 News at 11 (N)	(:34) The Tonight Show Starring Jimmy Fallon (N) (D)	
CBMT	6	206	301	CBC Montreal News (N)	Just for Laughs: Gags	Still Standing (DVS)	Coronation Street (N) (D)	Battle of the Blades (N) (DVS)	Dragons' Den A trio aims to set sail on a deal. (N) (D)	The National (N) (D)	CBC Montreal News (N)	Canadian Reflections (N)	Coronation Street (D)	
CHLT	7	107	718	(5:58) TVA nouvelles (N)	Le tricheur (N) (SC)	Les gags (N) (SC)	La poule aux oeufs d'or (N)	Le bon docteur Une patiente doit prendre du poids. (N) (D)	J.E. (N) (SC)	Face à la rue (N) (SC)	TVA nouvelles (:35) Denis Lévesque (N) (SC)	(:35) "Mission des dieux 2: jour des saints" (2009)		
WMTW	8	-	-	WMTW News 8 at 6PM (N)	ABC World News	Wheel of Fortune (N) (D)	Jeopardy! (N) (DVS)	Grey's Anatomy "It's Raining Men" (N) (D)	(:01) A Million Little Things "The Perfect Storm" (N) (D)	(:01) How to Get Away With Murder "I Hate the World"	WMTW News 8 at 11 (N)	(:35) Jimmy Kimmel Live! (N) (D)		
CKSH	9	108	-	(5:59) Le télé-journal Estrie	(:31) RDI économie (N)	District 31 (N) (SC)	Infoman (N) (SC)	100 génies On s'intéresse au corps humain. (N)	Enquête (N) (SC)	Le téléjournal (N) (SC)	Sports express (N) (SC)			
CKMI	11	-	-	Global National (N) (D)	(:29) Global News at 6:30	ET Canada	Entertainment Tonight (N)	Superstore (N) (D)	(:31) The Unicorn (N) (D)	The Good Place (N) (D)	Carol's Second Act (N)	Evil "Rose390" A seemingly psychopathic 9-year-old boy.	Global News at 11 (N)	(:35) The Late Show With Stephen Colbert (N) (D)
CFCF	12	205	312	(5:59) CTV News Montreal (N) (D)	etalk (N) (DVS)	Young Sheldon (N) (D)	Grey's Anatomy "It's Raining Men" (N) (D)	(:01) How to Get Away With Murder "I Hate the World"	(:01) A Million Little Things "The Perfect Storm" (N) (D)	Law & Order: Special Victims Unit (N) (DVS)	News-Lisa	CTV News Montreal (N)	The Daily Show	
WVNY	22	-	-	Local 22 News (N)	ABC World News	Local 22 News (N)	Inside Edition (N) (DVS)	Grey's Anatomy "It's Raining Men" (N) (D)	(:01) A Million Little Things "The Perfect Storm" (N) (D)	(:01) How to Get Away With Murder "I Hate the World"	Local 22 News (N)	(:35) Jimmy Kimmel Live! (N) (D)		
WUTV	60	-	-	The Big Bang Theory (D)	Judge Judy (N) (D)	Judge Judy (D)	NFL Thursday Pregame	NFL Football Kansas City Chiefs at Denver Broncos. (N) (Live) (D)			Two and a Half Men (D)	Last Man Standing (D)		
CFKS	61	106	726	Souper parfait	Occupation	À table avec mon ex (N)	Rire et délire (N) (SC)	Les jeux fous d'Ellen (N) (D)	L'open mic de... (N) (SC)	Occupation	Souper parfait	NVL (N) (SC)	Moment V (SC)	
WUHF	-	363		Modern Family (D)	Modern Family (D)	The Big Bang Theory (D)	NFL Thursday Pregame	NFL Football Kansas City Chiefs at Denver Broncos. (N) (Live) (D)				13WHAM News at 10 on Fox Rochester (N) (Live) (D)		
WETK	-	-		PBS NewsHour (N) (D)	Made Here "Lomax" (N)	Made Here (N)	Fleetwood Mac: The Dance Rock group reunites. (D)	Agging Backwards 2: Connective Tissue Revealed	Amanpour and Company (N)	Nightly Business Report				
WCFE	-	-		World News America	Nightly Business Report	PBS NewsHour (N) (D)	New Tricks The death of a university student. (D)	Death in Paradise DI Goodman's aunt is a witness. (D)	Happy Valley Catherine sinks into a deep depression. (D)	BBC World News (D)	Amanpour and Company (N)			
A&E	615	520		(4:00) Live PD Riding along with law enforcement. (D)	(:06) Live PD: Rewind "Live PD: Rewind No. 264" (N) (D)	Live PD "Live PD -- 10.17.19" (N) (D)	Live PD "Live PD -- 10.17.19" (N) (D)	Live PD: Wanted (Series Premiere) (N) (D)	Live PD: Rewind "Live PD: Rewind No. 154" (D)	Live PD (D)				
CNN	500	500		Situation Room With Wolf	Erin Burnett OutFront (N)	Anderson Cooper 360 (N)	Anderson Cooper 360 (N)	Cuomo Prime Time (N) (D)	CNN Tonight w/ Don Lemon	CNN Tonight w/ Don Lemon	Cooper 360			
DISC	520	505		Highway Thru Hell Jamie's competitor takes advantage.	MythBusters Testing a bathroom hand dryer. (D)	Goblin Works Garage "Mini" (N) (D)	Goblin Works Garage "Mini" (N) (D)	Bitchin' Rides The 1941 Chevy is ready for paint. (N)	Street Outlaws: Memphis The team heads to Kentucky.	Street Outlaws (N) (D)				
DRAMA	620	523		House "Forever" Foreman struggles to regain normalcy.	House Cuddy looks for a sperm donor. (D)	House "No Reason" A former patient shoots House.	House "No Reason" A former patient shoots House.	House "Meaning" Two cases involve paralysis. (D)	House House takes on a teenage faith healer. (D)	House "Euphoria, Part 1" A police officer deteriorates.	House (D)			
HIST	522	506		Forged in Fire Forging weapons of American presidents.	Pawn Stars "60's Pawn"	Pawn Stars "70's Pawn"	Pawn Stars "80's Pawn"	Pawn Stars "90's Pawn"	Forged in Fire Bladesmiths forge Celtic ring knives. (D)	Ax Men Rygaard Logging's completion goal. (N) (D)	Forged in Fire: Cutting Deeper "Second Chances"	Forged in Fire (D)		
PARMT	628	584		Lip Sync Battle (D)	Lip Sync Battle (D)	Lip Sync Battle (D)	Lip Sync Battle (D)	*** "Top Gun" (1986, Action) Tom Cruise, Kelly McGillis. A hot-shot Navy jet pilot downs MiGs and loves an astrophysicist. (D)	*** "Top Gun" (1986, Action) Tom Cruise. A hot-shot Navy jet pilot downs MiGs and loves an astrophysicist. (D)					
RDI	126	730		(5:59) Le national (N)	(:31) RDI économie (N)	(:01) 24/60 (N) (SC)	Les grands reportages "Unité 8200" (N) (SC)	Le téléjournal avec Céline Galipeau (N) (SC)	Mordus de politique (N) (SC)	Le national (N) (SC)	(:31) Le national (N) (SC)	(12:01) 24/60 (SC)		
SHOW	616	521		NCIS "Need to Know" The team investigates a murder.	NCIS "The Tell" Classified information is leaked. (D)	9-1-1 (DVS)	9-1-1 (DVS)	Legacies Tensions rise between Landon and Josie. (N)	Prodigal Son Malcolm's childhood memories surface.	NCIS "The Good Son" The team investigates a murder.	NCIS (DVS)			
SLICE	601	562		The Real Housewives of Dallas "Cirque d'Intimité" (D)	The Real Housewives of Dallas (D)	Million Dollar Listing New York "Loss Angeles" (D)	Million Dollar Listing New York "Ruffled Heathers" (N)	Flipping Exes The duo is shocked by an interior. (D)	Below Deck Ross confronts Rhylee. (D)	Million Dollar Listing				
TLC	521	560		90 Day Fiancé: Before the 90 Days "Hard to Say I'm Sorry" Tim makes an important decision. (D)	My 40-Year-Old Child Nicky Freeman; Gabby Williams. (D)	Girls Who Don't Age Three girls shed light on aging. (D)	Girls Who Don't Age Three girls shed light on aging. (D)	Born Schizophrenic: Jani's Next Chapter (D)	Born Schizophrenic: Big Changes Mental illness. (D)	My 40-Year-Old Child (D)				
TSN	400	400		SportsCentre (N) (Live) (D)	That's Hockey (N)	NFL Thursday Night Football (N) (Live) (D)	(:20) NFL Football Kansas City Chiefs at Denver Broncos. (N) (Live) (D)			SC With Jay and Dan (N) (Live) (D)				
YOUTH	551	542		Henry Danger	Hunter Street	*** "Zootopia" (2016, Children's) Voices of Ginnifer Goodwin. (D)	*** "Zootopia" (2016, Children's) Voices of Ginnifer Goodwin. (D)			Max & Shred	iCarly "iKiss" (D)			

Townships writers at Knowlton Literary Festival

Submitted by Philip Lanthier
Special to The Record

Two special events at this year's Knowlton Literary Festival will highlight local talent.

On Thursday evening, October 17, four poets will help pay tribute to the late Susan Briscoe, who passed away last year. Ms. Briscoe earned a Master's degree in English Literature and Creative Writing from Concordia and a Certificate in Fine Arts from Bishop's University, and as her life drew to a close, wrote a blog about her experience which drew thousands of readers. Her poetry collection *The Crow's Vow*, a four part seasonal sequence, describes her journey towards renewal during an acutely difficult time in her life.

Four Townships poets—Marjorie Bruhmüller (*The Bell You Hardly Hear*), Antony DiNardo (*Skylight*), Steve Luxton (*The Dying Meteorologist*) and Ann Scowcroft (*The Truth of Houses*) will read from their work. Wine, cheese and fresh fruit will be available while pianist John Barr will provide music. The evening is free of charge and will take place in the lobby of the Theatre Lac-Brome starting at 7:30 p.m. It will be hosted by actor Mary Harvey.

A second event, Saturday morning, October 19, will take place at the Ville de Lac-Brome Community Centre, 270 Victoria in Knowlton. Four very different writers will share their thoughts on the writing life with host Roger Williams. Journalist, ghost writer and novelist Fred Langan, children's writer Heather Moreland, novelist Meghan Redmile, and humourist Ross Murray will engage in a round table discussion hosted by Roger Williams on the challenges and rewards of publishing their work. The event is free. Coffee and muffins available.

Also in attendance: Heather Darche of The Quebec Anglophone Heritage Network with the traveling exhibition *Diversity and Achievement in Anglophone Quebec*, Wendy Seys of The Yamaska Literacy Council on the efforts to improve reading and writing skills in the Brome Missisquoi area, and Melanie Cutting on the Write Here Write Now project which conducts writing workshops throughout the Townships.

"We're also bringing our little red wagon," says Festival President Philip Lanthier, "where people can place any left-over books for kids they wish to donate to the Tales for Tots programme. We'll make sure the books get to children in the area."

MUSIC

October 12

Country Dance on Saturday, October 12 from 7 p.m. to 11 p.m. at the Trinity Anglican Church, 409 South Street, Cowansville. Music by Keepin' it Country. Donation \$8. Door prizes! Canteen on premises. Proceeds to benefit the food bank.

October 12

Mark your calendars! **The Country Music Appreciation Jam** is happy to announce our popular local band **Slightly Haggard** will be playing on Saturday, October 12, 1 p.m., at Burrough's Falls. This is surely one fall event you won't want to miss! Our mission is to support LIVE country music and to encourage professional musicians to keep their music alive. Only \$10. Call 819-838-4912 to reserve your table!

EVENTS

October 12

MYSTICAL CRAFT FAIR - 3rd Edition, on Saturday, October 12 from 10 a.m. to 4 p.m. at The 3 Fairies gift shop, 139 Queen St., Lennoxville. Local artisans, tarot and astrology readings, halloween costume sale and much more! **FREE ADMISSION!**

October 12-14

Annual Fall Crafts Market at Marché des Artisanats Dunham, October 12 to 14. Variety of gifts, art and stuff you need. From 10 a.m. to 4 p.m. 3786 rue Principale, Dunham. Facebook @marchedesartisanatsdunham. 450-295-2252.

October 13

We are trying something new! **Three Link Fraternity, Unity Lodge #8, IOOF, would like to invite you to our "all you can eat Brunch"** on Sunday, October 13 at 4150 Route 147, Waterville (Huntingville) from 10:30 a.m. to 1 p.m. Scrambled eggs, bacon, beans, pancakes, toast, coffee, tea and juice. Now for the "new" part, we will serve 2 kinds of sausage, patties and links! You can have all this for only **\$13 for adults, \$6 from 6-13 years and under 6 years free, "family price" \$40!** We will have a take-out available. Just a phone call to 819-679-8493 and your meal will be ready when you show up! We also have a "family price" of \$40. Make the autumn of 2019 the time that you will help us with our Community Projects and also enjoy a good meal. For information on our activities, call 819-820-5672, email to unity8ioof@yahoo.ca or visit us on Facebook at - three link fraternity unity lodge #8 ioof.

October 13

Giving Thanks at the historical Huntingville Universalist Church. A traditional Thanksgiving service is planned at this historical church building, pre-

What's On

served in its original state, with 19th century box pews and balcony. A rare opportunity to see the interior of the building that is now closed to the public, and to learn about its origins and past. Located in Waterville (Huntingville) on Route 147, just across the road from the Mitchell Road Bridge. **Free-will donations invited for the maintenance of the Huntingville Universalist Church and grounds.** Sunday, October 13 at 11 a.m. Info: UUEstrie, 819-842-4146, www.uuestrie.ca, Facebook UU Estrie. All are welcome.

October 13

A shout out to all who would like to learn how to dance Scottish Reels! Sunday, October 13 **Celtic Harmonies Festival** will be hosting a Scottish Country dance from 3:30 p.m. to 5:30 p.m. at the Knowlton Pub (upstairs). Holly Boyd, one of the most celebrated teachers in Canada of the Royal Scottish Country Dance Society, is coming from Montreal to teach an introduction to Scottish Country Dancing! Easy and Fun! **Discounts for men in Kilts! And don't forget to wear comfortable flat shoes! \$10 for adults, \$8 for 65 and over & under 12, \$15 at the door.** Space is limited please call 450-292-3456 ext. 227.

October 16

Health Link Session - Bury. Wednesday, October 16, 11:30 a.m. to 2 p.m., Armoury Community Centre, 563 Main, Bury. **Lunch - \$5 donation (must reserve).** To reserve, call Kim Fessenden at 819-872-3771, ext. 2.

October 16

Osher Lifelong Learning Institute continues their 2019 Fall lecture season on Wednesday, October 16 from 1 p.m. to 2 p.m. at the Hebard State Office Bldg, 100 Main St., Downtown Newport, Vermont, 2nd FL Conference Rm. Ample free parking. Handicap access. \$5 US walk-ins. Refreshments and conversation to follow. **Consider a seasonal membership for \$40 US (or \$70 for 2) which provides free entrance to all eight Vermont sites plus one guest pass to bring a friend along.** TOPIC: Dr. Roger Williams presents "Shakespeare's Tell-Tale Women". "Tell-tale" smacks of tattle tales, of gossiping, of whining victims too weak to stand up for themselves. Over the past few decades, some of the most exciting work in the field of Shakespeare studies has focused on these derogatory stereotypes. Dr. Williams will discuss how so many of the women transcend to tell their extraordinary tales. More info? www.learn.uvm.edu/osher or Suzi at 802-673-9499.

October 16

CHEP Video Conference: Organ and Tissue donation in Quebec, Wednesday, October 16 starts at 10 a.m. (please arrive early). **Richmond Regional High Community Learning Centre** (375 Armstrong). Free to join. No reservation required.

October 19

Mansonville Baptist Church Barbecue on Saturday, October 19 from 5 p.m. to 7 p.m. at Mansonville Elementary School, 308 rue Principal, Mansonville. **Adults \$15, 6- 12 years old \$6, under 6 free.** Everyone welcome.

October 19

RUG HOOKING EXHIBITION, October 19 from 9 a.m. to 3 p.m. at the Depanneur Rouge, 483 ch. Knowlton, Knowlton.

October 19

Fall Roast Beef Supper on Saturday, October 19 to benefit Beulah United Church, 967 Main St., Ayer's Cliff. Settings at 5 p.m. and 6:30 p.m. Come and enjoy a delicious meal of Roast Beef with homemade gravy, horseradish, mashed potatoes, squash and peas, coleslaw, bread, tomato juice, coffee, tea, and assorted pies. **To reserve your tickets please call Wendell Cass 819-846-7180 or Dean Young 819-838 5815. Adults \$15, children 12 and under \$7.** Everyone is welcome!!

October 25 & 26

Creek Church Rummage Sale, 278 Brill Road, West Bolton. October 23: Drop off day 9 a.m. to 1 p.m. October 25: 9 a.m. to 1 p.m. Sale. October 26: \$5 Bag Day 9 a.m. to noon. For information contact: Mini 450-538-0558 or Pam 450-521-0758.

November 16

ADVANCE NOTICE: Lennoxville United Church's Christmas Bazaar and Turkey Supper will be held on Saturday, NOVEMBER 16. Doors to the BAZAAR will be open from 3 p.m. to 6 p.m. **ONLY 2 SITTINGS for the Turkey Supper this year:** 4:30 (Wendy Durrant: 819-346-6448) and at 5:30 (Frankie Noble: 819-348-9118). You might like to reserve early this year. **No change in price.**

15 Minutes of Fun
Take 15 minutes a day to learn with your family.

Knock-Knock

#4 Tell knock-knock jokes together while doing the dishes.

Learning can happen at any time.
For more great ways to share 15 Minutes of Fun with your family, visit FamilyLiteracyDay.ca

Family Literacy Day 27 Life Literacy Canada



184 Queen Street, Sherbrooke (downtown Lennoxville)

819-822-1838



www.cjmq.fm



email: cjmqnews@yahoo.ca



Local Sports

If anything is motivating enough to get you back into shape during the fall cross country running season, all of your senses will love you for it.

Fall running offers exhilarating cooler temperatures and dazzling vistas



A RUNNER'S MIND

CHRISTINE BLANCHETTE

The arrival of fall brings such amazing splendor that it's a wonder it isn't enough to compel everyone to take a walk with Mother Nature. Actually, it's the perfect time to start a running program as cooler temperatures allow you to layer your clothing as needed. While you absorb the experience of running through a crunching, leafy kaleidoscope of colour, you will also be improving your fitness, almost as a side perk while Nature's gifts keep you pre-occupied.

What better excuse do you need to

lace up your shoes and soak in the leaves, shocked by cold into brilliant shades of yellow and red before floating innocuously to their bed below? Sometimes the wind keeps them hovering like dragonflies which is a sound I've learned to appreciate. The sweet smells of fall are unmistakable and when combined with sunshine beaming onto the leaves it's almost a sensory overload, the sense of satisfaction being so complete. It can make me feel that there is other place on earth I would rather be. Yet, if you allow yourself to look a bit past the run as I do on occasion, the thought of hot pumpkin pie is also a pretty compelling reward after a fall run. Remember, comfort food doesn't have to be served in extra large portions.

Fall has always been my favourite season since I was a child because it marked back to school with fond memories of gathering big colourful leaves for a school project. It also marked my introduction to cross country running, whereas I didn't care if I got my legs caked in mud. The feeling of being spent after running up steep hills while care-

fully not tripping over roots was a sense of accomplishment that stuck with me. This type of challenge inspired me to continue running in my adult years. If anything is motivating enough to get you back into shape during the fall cross country running season, all of your senses will love you for it.

Here are some tips to get you ready for fall running:

1. Running in the cold crisp air can be invigorating enough to allow you to run faster and not overheat. Set goals for improved performance. Fall is perfect start time for beginning runners.

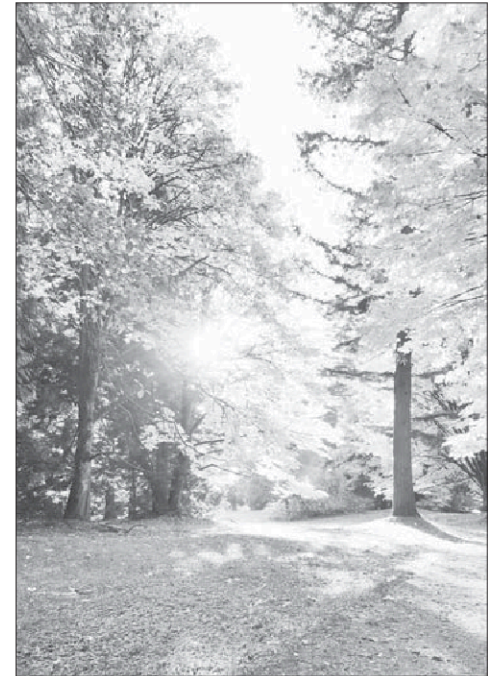
2. Dress for the conditions: dress in layers, wear a jacket, vest, tights, but don't overdress because you could overheat. Check the weather conditions before heading out.

3. Wear reflective gear to be seen by cars and cyclists.

4. Stay hydrated even though it is colder and properly fuel your body about two hours before running.

5. Mix up the terrain - by switching to trails and cross country can add a dose of motivation to your program if you

were more acclimatized to roads and sidewalks. Afterwards you can enjoy a hot cup of chocolate with a sense of accomplishment...and maybe a small slice of pumpkin pie.



2019-2020 SEASON | NEXT GAME

Ville de Sherbrooke

SKATING WITH THE PLAYERS

OCT. 14TH AT 2 PM

VS

HOCKEYPHOENIX.CA

2019-2020 SEASON | NEXT GAME

Ville de Sherbrooke

OCT. 12TH AT 6 PM

VS

HOCKEYPHOENIX.CA

Death

Willard Cummings ROSS

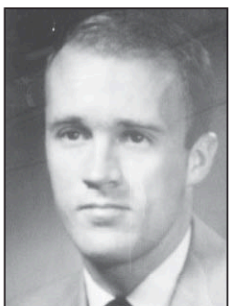
Peacefully, Tuesday, October 8, 2019, in his 92nd year. Beloved husband of the late Joyce (nee Garton). Loving father of Robert (Brenda), Debra (Pat), Blair (Brenda), Karen (Ronald) and Audrey (Robert). Cherished grandfather of Katie, Naomi, Crystal, Ryan, Rebecca, Ashley, Jennifer, Eric and Kirsha. Great-grandfather of seven. Predeceased by his siblings Borden, Eileen and Eldora. Private family inurnment at Capital Funeral Home & Cemetery. In lieu of flowers, donations can be made to the Dementia Society of Ottawa and Renfrew County or to a charity of your choice.

Condolences and Sharing Memories at www.capitalmemorial.ca

Capital Funeral Home & Cemetery
3700 Prince of Wales Drive
Nepean, Ontario • Tel. 613-692-1211

Death

**William Gillies (Gil) Ross
1931-2019**



Passed away on October 7, 2019, in Sherbrooke, Quebec. Left to mourn are his loving wife Anne MacIver, daughters Deborah and Lucy, son Peter, granddaughter Emma and grandsons James, Hudson and Elliot. Predeceased by his son Ian.



Gil will also be fondly remembered for his warmth and humour by a host of friends.

Gil was a graduate of Ashbury College, the Royal Military College of Canada, McGill University and Cambridge University. In 1961 he founded the Department of Geography at Bishop's University and was named Emeritus Professor of Geography in 1992. Gil was an outstanding teacher to several generations of Bishop's students in whom, during a career spanning four decades, he instilled a love of learning, intellectual curiosity and academic integrity. A true Renaissance Man, Gil was an all-around athlete, an avid skier, an accomplished photographer, a scholar of international repute, an authority on Arctic whaling and exploration, an Eastern Townships historian, and a prolific author. His last book was published just four months ago. Gil was also a latter-day golfer, a sometime maker of honey and maple syrup, and a connoisseur of fine rums.

A memorial service will be held in St. Mark's Chapel, Bishop's University, in the spring at a date to be announced.

In lieu of flowers, donations may be made in Gil's memory to the Fondation CHUS.

CASS FUNERAL HOMES
3006 College St., Sherbrooke QC
www.casshomes.ca

PHONE: 819-564-1750
FAX: 819-564-4423

In Memoriam



BINNEY - In loving memory of two precious parents: Albert K. Binney (Dad), age 71, passed on October 11, 1982, and Grace H. Binney (Mom), age 95-1/2, passed on October 12, 2017.

*Some may think you are forgotten
Though on earth you are no more,
But in our memory you are with us
As you always were before.*

*It broke our hearts to lose you
But you did not go alone,
A part of us went with you
The day God called you home.*

*Your precious memories are our keepsakes
With which we never part,
God has you safely in His keeping
But we have you forever in our hearts.*

We miss you every day and you are always in our thoughts.

Loving you always
Forgetting you never.

Your daughters
MARGE (STEVE)
SHEILA (BARRY)

EILEEN
and son
RICKY (CHRISTINE)

In Memoriam

In loving memory of



Chrissy Guillette

*What moves through us
Is a silence,
A quiet sadness,
A longing for one more day,
One more word, one more touch.
We may not understand why
You left this earth so soon,
Or why you left before we
Were ready to say goodbye.
But little by little we begin to
Remember not just that you died,
But that you lived.
And that your life
Gave us memories too
Beautiful to forget.*

We love and miss you,
MOM, DAD,
SARAH, ZACHARY,
KAREN AND FAMILY
AND THE HASELTINES

In Memoriam

HEARN, Remona (Laberee) - In loving memory of Remona who passed away 10 years ago - October 12, 2009.

*All of our treasured memories
Are even more precious
As time goes by.
Thinking of you and
Missing you SO much.*

With our love forever
MARILYN (sister)
AND ALL MY FAMILY



20 years. 10,000 wishes. 100% Canadian.

**"Only 2 more
needles 'til
my wish!"**



20 years. 10,000 wishes

1-800-267-WISH

www.childrenswish.ca

The Children's Wish Foundation of Canada

Datebook

FRIDAY, OCTOBER 11, 2019

Today is the 284th day of 2019 and the 19th day of autumn.

TODAY'S HISTORY: In 1779, Polish nobleman Casimir Pulaski died from wounds he suffered while fighting for American independence in the Revolutionary War.

In 1890, the Daughters of the American Revolution formed.

In 1975, "Saturday Night Live" debuted on NBC.

In 2002, former president Jimmy Carter was awarded the Nobel Peace Prize.

TODAY'S BIRTHDAYS: Eleanor Roosevelt (1884-1962), first lady/writer/diplomat; Elmore Leonard (1925-2013), novelist; Daryl Hall (1946-), singer-songwriter; David Morse (1953-), actor; Steve Young (1961-), football player; Joan Cusack (1962-), actress; Artie Lange (1967-), comedian; Jane Krakowski (1968-), actress; Emily Deschanel (1976-), actress; Matt Bomer (1977-), actor; Terrell Suggs (1982-), football player; Michelle Trachtenberg (1985-), actress; Michelle Wie (1989-), golfer; Cardi B (1992-), rapper.

TODAY'S FACT: In 1910, Theodore Roosevelt became the first president (he was a former president at the time) to fly in an airplane, at Kinloch Field in St. Louis. He rode as a passenger for a four-minute flight in a plane built by the Wright Brothers.

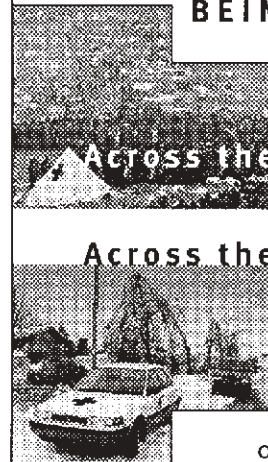
TODAY'S SPORTS: In 1890, John Owen ran the first recorded 100-yard dash that broke 10 seconds.

TODAY'S QUOTE: "I always felt, you don't have a good time doin' crime, you may as well find a job." - Elmore Leonard, "Raylan"

TODAY'S NUMBER: 17 - age of Anthony Michael Hall when he was hired as a cast member of "Saturday Night Live" in 1985, making him the show's youngest cast member ever.

TODAY'S MOON: Between first quarter moon (Oct. 5) and full moon (Oct. 13).

**THE GIFT OF
BEING THERE**



24 hours a day
7 days a week
365 days a year

**world
street**

Canadian Red Cross
Québec Division

www.redcross.ca

1 800 JYCROIX
(1 800 592-7649)

Learn More. Achieve More.

To improve reading, writing or math skills, look under **LEARN** in the Yellow Pages™ or visit www.LookUnderLearn.ca



Church Services

Anglican

LENNOXVILLE

Saint George's Anglican Church, Lennoxville, 84 Queen Street. On the 1st, 2nd, 3rd and 5th Sundays we have Holy Communion Service and Sunday School class. Services begin at 11:00 a.m. On the 4th Sunday we have Service of the Word. Services begin at 11:00 a.m. 819-346-5564.

NORTH HATLEY

Saint Barnabas Anglican Church, North Hatley, at 640 Sherbrooke St., celebrates Holy Eucharist every 1st, 2nd, 3rd & 5th Sunday at 9 a.m. Morning Prayer is held every 4th Sunday at 9 a.m.

SHERBROOKE

RESERVE THE DATE: SUNDAY OCTOBER 20 at 1 p.m. The Right Reverend Bruce Meyers, Bishop of the Diocese of Quebec, will preside over HOLY COMMUNION and deliver a homily at the Church of the Advent, 473 Bowen South (near Hotel Dieu), Sherbrooke. Reception will follow. Note - no service on Sunday, October 13.

Presbyterian

LENNOXVILLE

St. Andrew's Presbyterian Church, 256 Queen St., Lennoxville, 819-569-3100, Sundays: 10:30 a.m. Worship and Sunday School.

United

AYER'S CLIFF - MAGOG

Ayer's Cliff - Magog - Georgeville Pastoral Charge welcomes everyone for Sunday service at Beulah United Church in Ayer's Cliff - Worship service and Sunday School 9:15 a.m. and St. Paul's United Church, Magog - Worship Service and Sunday School 11:15 a.m. with lunch provided each Sunday following the service in Magog. Minister: Rev. Lee Ann Hogle 819-571-7233.

LENNOXVILLE

Lennoxville United Church, corner of Queen and Church Street, welcomes you to worship at 10:00 a.m. on October 13 with Rev. Linda Buchanan. Everyone is welcome. 819-565-8449; website - lennoxvilleunitedchurch.com

SHERBROOKE

Please join us at Plymouth-Trinity United Church, corner of Dufferin and Terrill in Sherbrooke, 819-346-6373, www.plymouthtrinitychurch.org, to celebrate God's abundant blessings on this Thanksgiving Sunday, October 13, at 10:30 a.m., with guest worship leader Allan Marshall. Joignez-vous à nous pour célébrer l'Action de grâces, le dimanche, 13 octobre, à 10h30. Cordiale bienvenue à tout le monde. Minister: Samuel V. Dansokho.

WATERVILLE/NORTH HATLEY

Waterville/North Hatley United Church, Sunday, October 13, 11 a.m., Thanksgiving Service with Rev. Mead Baldwin. Sunday School. Rev. Mead Baldwin 819-837-1112.

Unitarian Universalist

HUNTINGVILLE

Giving Thanks at the historical Huntingville Universalist Church. A traditional Thanksgiving service is planned at this historical church building, preserved in its original state, with 19th century box pews and balcony. A rare opportunity to see the interior of the building that is now closed to the public, and to learn about its origins and past. Located in Waterville (Huntingville) on Route 147, just across the road from the Mitchell Road Bridge. Free-will donations invited for the maintenance of the Huntingville Universalist Church and grounds. Sunday, October 13 at 11 a.m. Info: UUEstrie, 819-842-4146, www.uuestrie.ca, Facebook UU Estrie. All are welcome.



WETLANDS ARE DISAPPEARING
Protect them.
Become a member today.

www.ducks.ca
1-866-384-DUCK
Ducks Unlimited Canada
CANADA'S CONSERVATION COMPANY

Your Birthday

FRIDAY, OCTOBER 11, 2019

Give everyone a sample of what you are capable of doing. If you stand tall and are tolerant, you will find a way to bring everyone you love closer together. Think big, but live within your means. Choose love over discord.

LIBRA (Sept. 23-Oct. 23) — Look at the possibilities. Taking a different path and using your skills in an innovative fashion will lead to enhanced stability and financial prosperity. A change of heart is apparent.

SCORPIO (Oct. 24-Nov. 22) — Get involved in family matters, travel plans or educational pursuits that will affect your lifestyle or encourage personal growth. Take the road less traveled and start a new adventure.

SAGITTARIUS (Nov. 23-Dec. 21) — Handle emotional matters cautiously. Don't make a move based on assumptions or hearsay. Take a wait-and-see attitude and make decisions after you've verified the facts. Simplify your life.

CAPRICORN (Dec. 22-Jan. 19) — A change will help you see your personal situation clearly. Once you distance yourself from a problem, it will be easier to see what to do.

AQUARIUS (Jan. 20-Feb. 19) — Make up your mind and follow your heart. It's up to you to make a move, so don't wait for someone to make choices for you. Do what's best for you.

PISCES (Feb. 20-March 20) — Use your intelligence, fortitude and insight to help you make wise decisions. Modera-

tion should be a priority. Think carefully about your long-term goals.

ARIES (March 21-April 19) — Have an open mind, be willing to learn and make choices based on facts. Getting upset won't help you get ahead, but taking action and getting things done will.

TAURUS (April 20-May 20) — A day trip or meeting will spark your interest in something that can help you advance. Learn to diversify and to engage in projects that can lead to exciting partnerships.

GEMINI (May 21-June 20) — Don't be fooled by what others want you to believe or think. Talk is cheap; action and taking responsibility are what count. Take care of business and do your own thing.

CANCER (June 21-July 22) — Personal improvements can be made. An unusual project will intrigue you, and the people involved will add to the temptation. Partnerships are favored, and romance is encouraged.

LEO (July 23-Aug. 22) — Don't be fooled by what you encounter, see or are told. Explore possibilities, but verify information before you decide to get involved in something that could be costly.

VIRGO (Aug. 23-Sept. 22) — A change will help you see things differently. Visit a place you haven't been for a long time or get together with people who have always offered valuable insight and support.

Saturday horoscope on page 23

SUDOKU

DIFFICULTY RATING: ★★★★★

	3			9				
4			5	6				2
	6			2			1	9
			6			8		7
	4			7			5	
8		7			5			
1	8			4			2	
5				8	1			6
			2				9	

10/11

© 2019 Dist. by Andrews McMeel Syndication for UFS

PREVIOUS SOLUTION

3	4	5	6	8	2	9	7	1
7	2	9	1	4	5	6	8	3
6	1	8	9	7	3	5	4	2
9	7	4	2	6	8	3	1	5
5	3	2	4	9	1	8	6	7
1	8	6	3	5	7	2	9	4
8	5	1	7	3	6	4	2	9
4	6	7	5	2	9	1	3	8
2	9	3	8	1	4	7	5	6

HOW TO PLAY:
Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

8	6	1	3	5	2	4	7	9
9	3	4	1	8	7	2	6	5
5	2	7	6	4	9	3	8	1
1	9	6	5	3	4	7	2	8
6	1	9	5	7	8	1	4	3
3	4	7	8	2	9	6	5	1
7	6	8	3	2	4	5	1	9
4	1	9	5	6	7	3	8	2
2	3	5	8	1	9	6	7	4

PREVIOUS SOLUTION


© 2019 Dist. by Andrews McMeel Syndication for UFS

		8		6	1		2	
4	6		3				8	
							3	
1	4							
8			6	9	5			7
							8	3
	8							
		3			8		6	5
2				7	5	4		

DIFFICULTY RATING: ★★★★★

SUDOKU


HOW TO PLAY:
Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.



Happy Birthday!

Warm greetings are extended to **Mr. Gerald (Joe) Derusha** formerly of Beebe, on the occasion of his 89th Birthday on October 14.

Your family and friends send you lots of love for a healthy and happy year ahead.



Happy 70th Wedding Anniversary!

Happy 70th Anniversary to **Gerald and Mildred Derusha (Joe and Millie)** October 15, 2019


One by one each year flew by
 Since you both said, "I do,"
 70 years of memories
 Shared by the two of you.
 From big events and holidays,
 To simple daily pleasures,
 Some tearful times along the way,
 Some joys that can't be measured.
 One by one each year now gone,
 But still they're yours forever,
 Each and every memory
 Of 70 years together.

Lots of love,
 Your family and friends

THE RECORD

Follow The Sherbrooke Record on Facebook and Twitter!

 sherbrookerecord
 @recordnewspaper



Knutson - Cloves Wedding

Frans Knutson and Aracele Cloves, of Montreal and Rio de Janeiro respectively, were united in marriage at Waterville on September 14, 2019. They currently reside in NDG (Montreal).

PHOTO OF YOUNG CANADIAN SOLDIER

Join THE RECORD in saying thank you to our veterans

They were sons, daughters, brothers, sisters, husbands, wives, fathers, mothers, friends and neighbours.

They were a new generation of teachers, doctors, lawyers, farmers and businessmen who set aside their hopes and dreams to fight for our freedom.


The Record would like you to join us in paying tribute to the many Townshippers who served their country in time of war.

Send a photo of a veteran(s) in your family at the age they were at the time they served and a brief description, to allow Townshippers to say a collective thank you.

The Record will publish a special section November 7 on Townshippers' contribution to the war effort.

Send photos before October 31 to classad@sherbrookerecord.com

If your business or organization would like to recognize veterans in the special section, please contact one of our sales representatives at 819-569-9525



CELEBRITY CIPHER

by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

"UFF KN WS FANT VKAEM
 AEYTXOATBJ, HKWTVS ZUJ ITTE
 WS NUOKXAYT YZAEM; HKWTVAEUJ
 UXT WS NUOKXAYT GTKGFT."
 — FUXXS RAEM

Previous Solution: "Your partner cannot read your mind, so talk to your partner about how you're feeling and what you need." — Drew Pinsky
 TODAY'S CLUE: *M s t e n b e g*

CELEBRITY CIPHER

by Luis Campos

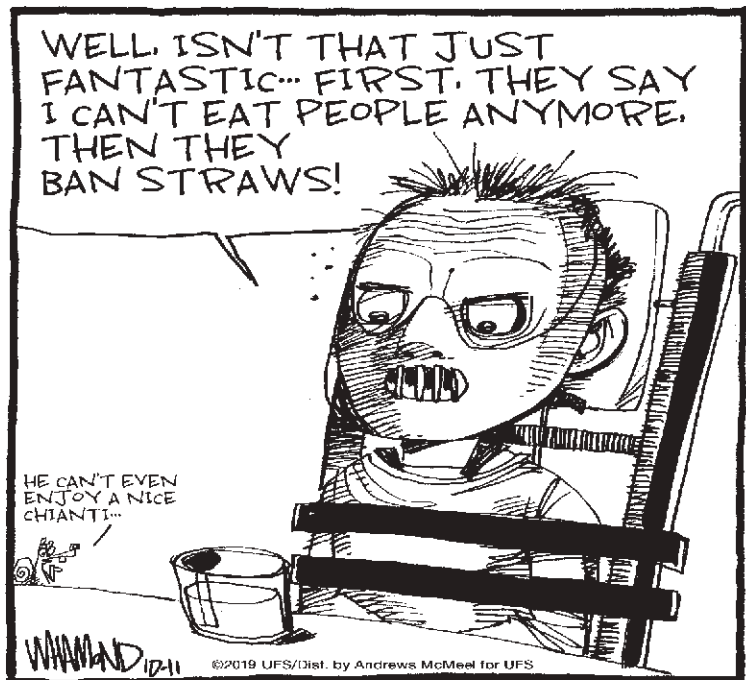
Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

"JGOS GXEBUEU LUP EVPBX FZO
 TBKPU GU G YBOW FM NGUP UELWS
 EF PIGJBOP ZVGE BE'U TBYP EF CP
 VLJGO." — EPXXS DXFUU

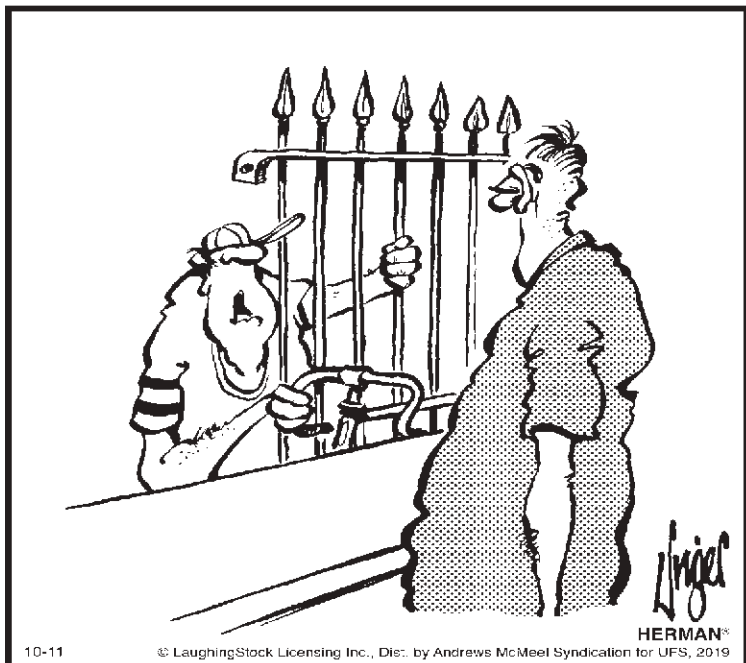
TODAY'S CLUE: *C equals B*

Previous Solution: "All of my life doing interviews, comedy has been my favorite thing; comedians are my favorite people." — Larry King

REALITY CHECK



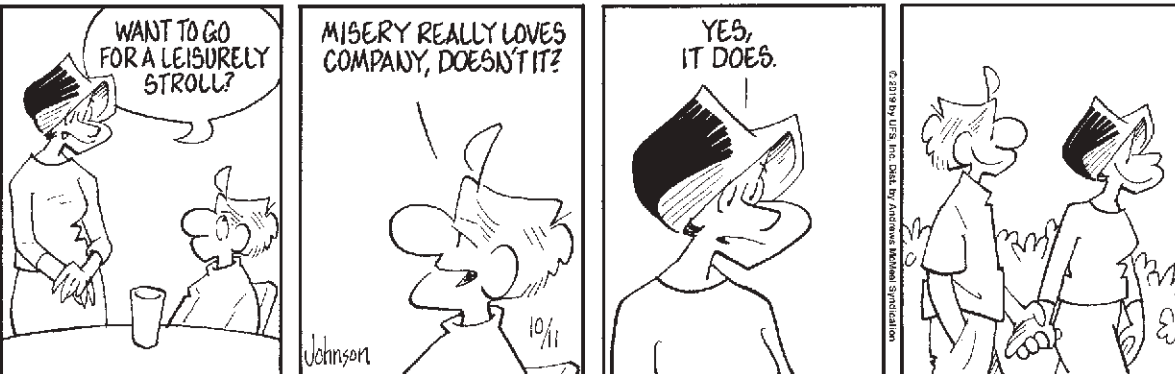
HERMAN



ALLEY OOP



ARLO & JANIS



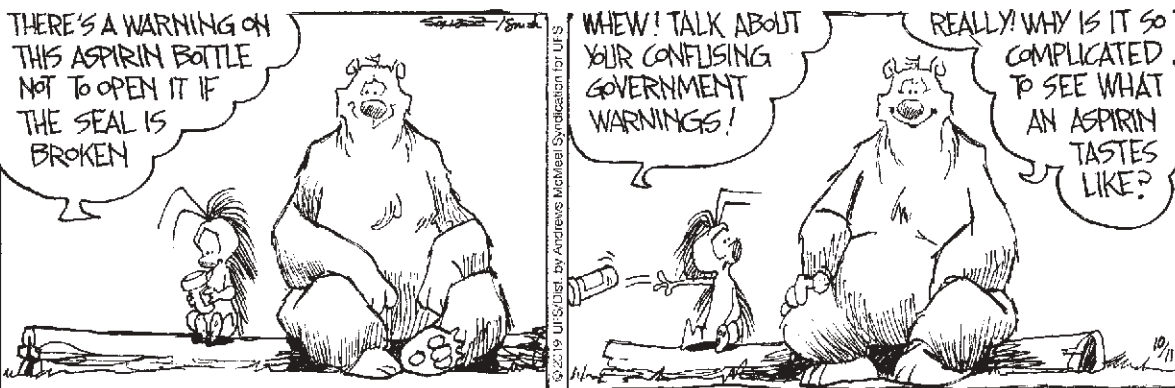
THE BORN LOSER



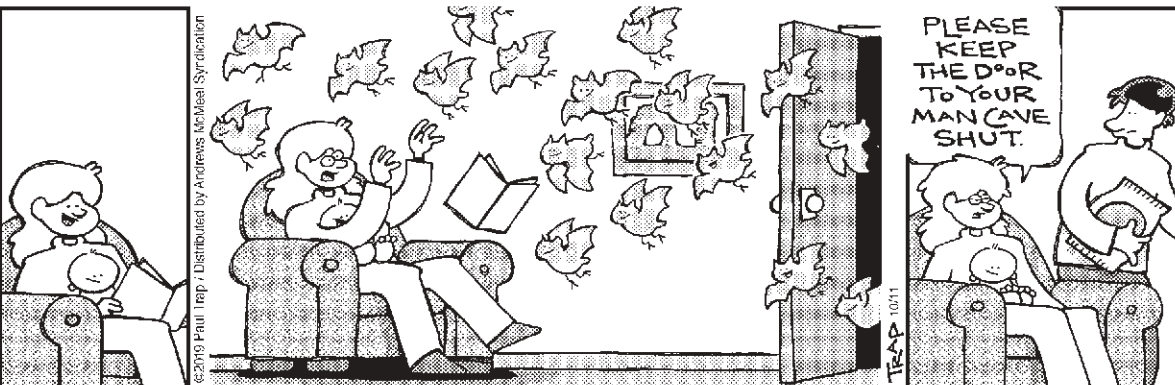
FRANK AND ERNEST



GRIZWELLS



THATABABY



Diabetes The New EPIDEMIC

Diabetes Québec

Information and donations: (514) 259.3422 or 1.800.361.3504 www.diabete.qc.ca

REACT NOW!

CALL SHERBROOKE: (819) 569-9525 BETWEEN 8:30 A.M. AND 4:30 P.M.
E-MAIL: classad@sherbrookerecord.com
OR KNOWLTON: (450) 242-1188 BETWEEN 9:00 A.M. AND NOON

DEADLINE: 12:30 P.M. ONE DAY PRIOR TO PUBLICATION
OR MAIL YOUR PREPAID CLASSIFIED ADS TO
THE RECORD, 6 MALLORY, SHERBROOKE, QUEBEC J1M 2E2

CLASSIFIED

035 For Rent

ELDERLY COUPLE in quiet village have room (s) available. Ideal for university student. 30 minutes by car, depending on weather conditions. We will not charge rent, perhaps a small donation towards heating expense. Preferable mature student. If interested, please call 819-838-1502.

KNOWLTON - Sunny, renovated 4½ room apartment available immediately. Suitable for quiet, non-smoking working couple. References required. Parking included. Reasonable rent. Call 1-416-533-1440.

065 Storage

BRAND NEW HEATED storage lockers with radiant floor heating, 5x10, 10x10 and 10x20. Also have non-heated units. Mini Entrepotage Lennoxville 819-562-8062.

100 Job Opportunities

CARETAKER. The Eaton Cemetery is looking for a Caretaker for the year 2020. For information contact: 819-875-3543. Please send resumé and tender by November 1st, 2019 to: P.O. Box 934, Cookshire-Eaton, QC, J0B 1M0.

EXPERIENCED & QUALIFIED HANDY-MAN required immediately for small apartment house in Knowlton. References. Call 416-533-1440.

145 Miscellaneous Services

LENOXVILLE PLUMBING. Domestic repairs and water refiners. Call Norman Walker at 819-563-1491.


Un héritage à partager
LEAVE A LEGACY™
Québec
www.legacy-quebec.org
1 888 304-8834

160 Music

FLUTE LESSONS for all levels and ages-beginners to advanced players. We make music fun and incorporate exercises and duets in the lesson time to enjoy music. I am a professional flutist with 30 years of teaching the flute. Please write to douglasnadler62@gmail.com. Use flute lessons as the subject of the email.

240 Fruits & Vegetables

MACDONALD'S FARM - Open Saturdays from 9 a.m. to 5 p.m. An excellent assortment of squash, pumpkins, gourds, beets, carrots, garlic, etc. 696 MacDonald Road. 819-820-8494.

240 Fruits & Vegetables

PESTICIDE-FREE APPLES: Cortland, Spartan and McIntosh. La Généreuse Farm, 540 Labonte Road, Sand Hill (Cookshire-Eaton). 819-670-3647 or 819-875-5156.

240 Fruits & Vegetables


Apples Pottery & more
For up-to-date info visit:
www.vergerheathorchard.com
Hours: Daily 9-5
Ecological Apples
info@vergerheathorchard.com

275 Antiques

WE BUY from the past for the future, one item or a household, attic or basement, shed or garage. We like it all, give us a call. 819-837-2680.

300 Machinery

WANTED: 28x48 Dion thrashing machine with straw shredder, any condition. Cash paid. Call evenings 905-983-9331.

MS lives here.
Multiple sclerosis never hits just one person. It affects the entire family.
MS Multiple Sclerosis Society of Canada
1-800-268-7582 www.msociety.ca

340 Garage Sales

MAGOG
2417 Georgeville Road, Saturday, October 12 and Sunday, October 13. 3 families. Furniture, collectibles, antique bedroom set and lots of bric-a-brac. Rain or shine.

MAGOG
Antique, new and used items. Saturday, October 12 at 426 Langlois St., Magog. Something for everyone!

RICHMOND
Rummage/Clearance Sale, St. Anne's Church, October 12, 8 a.m. to noon. Everything must go! Tools, skates, rollerblades, furniture, dishes, linens, clothes. Many new items. Bag/Box Sale.

395 Home Improvement

TAPIS STEVE - Closing Sale! Liquidation of floor covering inventory. Up to 80% off. Store hours: Friday 8:30 a.m. to 5 p.m. and Saturday 10 a.m. to 1 p.m. 11 Queen Street, Lennoxville. 819-566-7974.

240 Fruits & Vegetables

Now open Heath Orchard
4950 ch. Heath Stanstead, Quebec (6 km north of Stanstead, off Rte. 143)
(819) 876-2817
info@vergerheathorchard.com

440 Miscellaneous

HAVE LITTLE or no interest in sex? You're afflicted by libido deficiency- for men, it's E.D. you can remedy this by 'hands on' manipulations with crystals based on ancient oriental sex philosophies. Get your sense of satisfaction back! For more information call 514-233-8846, Raymond.

MS lives here.
Multiple sclerosis never hits just one person. It affects the entire family.
MS Multiple Sclerosis Society of Canada
1-800-268-7582 www.msociety.ca

AUCTION FOR TRANSPORT BRUCE RUMSBY & SONS INC
576 Choiniere Road, Brigham, QC, J2K 4A7
Saturday, October 12 at 10 a.m. sharp
TO BE SOLD: All machines and tools in the garage. 25 hp compressor, 35,000 watt generator, 9 ft. Prenovost snowblower, 7 ft. Howard rototiller, 30 ton press, black smith anvil, Hobart welder, a very large quantity of tools, etc.
Don't miss this auction!
Canteen on site. **Terms:** Cash or cheques only! No cards accepted.
ROSS BENNETT AUCTIONS
Bilingual Auctioneer and Liquidator
819-563-2020 or 819-572-5609
Email: rossbennettauctions@hotmail.com
Info/photos: Scott or Ross Bennett Facebook

Selling or buying?
Spread the WORD!
Whatever you want to sell, whatever you want to buy, you can't go wrong with The Record classifieds. Reach out to hundreds of readers and watch the word get around.

RECORD 819-569-9525 450-242-1188

THE RECORD
OUR CLASSIFIEDS GET RESULTS!
Call today today to place your classified ad!
819-569-9525 450-242-1188


240 Fruits & Vegetables

Now open Heath Orchard
4950 ch. Heath Stanstead, Quebec (6 km north of Stanstead, off Rte. 143)
(819) 876-2817
info@vergerheathorchard.com

440 Miscellaneous

I AM LOOKING for good deer hunting land. Will pay a good price if the place is good. I will be alone and very respectful. Call 819-237-5839.

Solidarity
I BELIEVE. I GIVE.
www.dev.org
1 888 234-8533


COMMISSION SCOLAIRE Eastern Townships SCHOOL BOARD
Moving ahead. Together. Aller de l'avant. Ensemble.
PUBLIC NOTICE
In conformity with Article 287 of the Education Act, the following is a summary of the audited Financial Statements for the Eastern Townships School Board for the school year ending June 30, 2019:
Summary of Financial Statements
Statement of Revenues and Expenditures
Revenues 86 990 650
Expenditures 86 912 488
Surplus for the year 78 162
Statement of Financial Situation
Financial Assets 42 058 362
Liabilities 106 989 215
Net Financial Assets (Net Debt) - 64 930 853
Non-Financial Assets 61 957 531
Accumulated Surplus (Deficit) - 2 973 322
These figures are subject to the external auditor's report
Given at Magog, Quebec, this 11th of October 2019
Michel Soucy
Interim Director General

THE RECORD
The Record has 6 season passes available for the Bishop's Drama Department shows.
Email us your name and phone number by October 16 and winners will berandomly drawn at 4 p.m. that day.
Email: classad@sherbrookerecord.com

GIFT CERTIFICATE VALID FOR 4 TICKETS (one ticket per show)*
Reservation is mandatory by calling the Centennial Theatre Box Office BEFORE October 20th, 2019
UNITY 1918 October 23-27 7:30 pm
Slave Island (1725) November 15-17 7:30 pm
THE MIRACLE WORKER March 12-15 7:30 pm
TARTUFFE OR THE IMPOSTER March 25-29 7:30 pm
www.ubishops.ca/drama
*Certificate is NOT VALID to exchange at the door.

YOU'VE GOT IT.

Somebody else wants it!
Got something you no longer use?
Sell it in the Classifieds!
It may just be the perfect item to fill somebody else's need.
RECORD 819-569-9525 • 450-242-1188
classad@sherbrookerecord.com

NEA Crossword Puzzle

- ACROSS**
- 1 Softball toss
 - 4 Scold
 - 7 Poor grades
 - 11 Imitate a dove
 - 12 Keogh kin
 - 13 Man in a mask
 - 14 Suffix for hero
 - 15 Uproar
 - 16 Tried to persuade
 - 17 Trouble-shoot
 - 19 Antibiotic target
 - 21 Meadow
 - 23 Kid who rode Diablo
 - 26 Legal claim
 - 29 Long-necked pear
 - 31 Banjo kin
 - 33 Millay or Ferber
 - 34 Actress — Gordon
 - 35 Exclude
 - 36 Paris wine
 - 37 Sweater letter
 - 38 Author Angelou
- DOWN**
- 39 Chit
 - 40 Bonny miss
 - 41 Technical sch.
 - 42 Ebb and neap
 - 44 To date
 - 46 Mare's fare
 - 48 Uses a dirk
 - 52 Good physical health
 - 55 Unseld of the NBA
 - 57 On the — vive
 - 58 Each one
 - 59 Ms. Thurman
 - 60 Home page addr.
 - 61 Looks over
 - 62 Very, in Veracruz
 - 63 Industrious insect

Answer to Previous Puzzle

C	R	O	C	S		S	P	A	C	E			
N	O	U	G	A	T		B	A	R	B	E	D	
O	R	N	E	R	Y		R	A	I	S	E	S	
M	E	T	E	D		S	I	B	S				
			S	L	O	G		M	E	W	S		
	T	U	N		E	L	S	A		M	A	I	
B	E	T	T	A	S			P	L	A	I	D	
O	A	T	H	S			B	R	A	I	S	E	
U	S	E		H	I	R	E		B	L	T		
T	E	R	I		G	O	A	D					
			D	A	L	Y		A	D	A	G	E	
A	P	O	L	L	O			C	R	A	Y	O	N
L	A	R	E	D	O			A	T	T	E	N	D
F	L	O	R	A			P	H	A	S	E		

- 6 Group of hoodlums
- 7 Campus buildings
- 8 Unit of work
- 9 Before now
- 10 Grassy square
- 13 Major banking center
- 18 Humerus neighbor
- 20 Sheer joy
- 22 Side by side
- 24 Man from Havana
- 25 Approves
- 26 Leah's son
- 27 Dummy
- 28 Listlessness
- 30 Inning enders
- 32 Was, to Ovid
- 37 Very tired
- 38 Catcher's glove
- 43 Exits
- 45 School paper
- 47 Crawled, perhaps
- 49 Blue hue
- 50 Overcook
- 51 River deposit
- 52 Notch's shape
- 53 Climbing plant
- 54 Right, to a mule
- 56 Big bird

1	2	3		4	5	6		7	8	9	10	
11				12				13				
14				15				16				
17				18			19	20				
			21		22		23		24	25		
26	27	28			29	30			31		32	
33					34				35			
36					37				38			
39					40				41			
	42		43				44	45				
			46			47		48		49	50	51
52	53	54				55	56		57			
58						59			60			
61						62			63			

Your Birthday

SATURDAY, OCTOBER 12, 2019

Changes are heading your way. Stop letting the negativity in your life drag you down. It's time to surround yourself with innovative people who can inspire you to be and do your best. Life is changing, and it's time to make a move in a positive direction.

LIBRA (Sept. 23-Oct. 23) — Look for a good reason before you take action. Letting anger take the reins will not help you deal with a situation. If you hold your temper, solutions will unfold.

SCORPIO (Oct. 24-Nov. 22) — Discipline will pay off. Where health, wealth and personal goals are concerned, you will be in good shape. An innovative solution will lead to a new adventure. Romance is on the rise.

SAGITTARIUS (Nov. 23-Dec. 21) — Home improvements will brighten your outlook and add to your comfort. Host an event or start a new project that can help you bring in extra cash.

CAPRICORN (Dec. 22-Jan. 19) — If you think outside the box, you will come up with a plan that will benefit you in many ways. The changes you initiate now will improve your reputation and status.

AQUARIUS (Jan. 20-Feb. 19) — Channel your energy into something constructive. A sensitive issue involving money or a joint venture should be handled calmly. Have a solution in mind before you begin your discussion.

PISCES (Feb. 20-March 20) — If you

watch what others are doing, it will give you some good ideas about how to handle an important matter. Romance is in the stars.

ARIES (March 21-April 19) — Emotions will escalate quickly. Take a step back, consider your options and avoid making a hasty decision. Time is on your side. Do something that will encourage you to remain calm.

TAURUS (April 20-May 20) — Return to a place that brought you peace of mind. The change will help you figure out what you should be doing and how to improve your life. Romance is encouraged.

GEMINI (May 21-June 20) — Sign up for something that will challenge you to be your best. Don't let someone else's pressure result in indulgent behavior on your part.

CANCER (June 21-July 22) — You'll be torn between what you want to do and what you should do. Ask for help and take care of responsibilities first. A personal change will enhance your life.

LEO (July 23-Aug. 22) — The more you do and the less you say, the better off you'll be. Don't let complaints and criticism get to you. Don't overspend on entertainment.

VIRGO (Aug. 23-Sept. 22) — A change of pace and place will be enlightening. Check out the possibilities and make adjustments that will encourage more stability and personal happiness. Travel, romance and socializing are encouraged.

FRIDAY, OCTOBER 11, 2019

The best-laid plans of bridge defenders

By Phillip Alder

Hugh Blair, an 18th-century Scottish minister, wrote, "He who every morning plans the transaction of the day, and follows out that plan, carries on a thread which will guide him through the maze of the most busy life. But where no plan is laid, where the disposal of time is surrendered merely to the chance of incidents, all things lie huddled together in one chaos."

In general, it is hard to disagree with that. But when your plan requires another person to take an active part in its execution, things might not go smoothly.

In today's deal, which occurred some years ago in New Zealand, if you had been sitting West, what would you have led against five spades?

The bidding wasn't perfect. West's pass over four spades was surprising, and North's use of Blackwood with, inter alia, two club losers was debatable.

Mundane, unimaginative defense would have defeated the contract without difficulty. West would have led the heart ace, and East would have signaled with the two, his lowest heart being a suit-preference signal for clubs. West would have shifted to that suit, and the

		North	10-11-19
		♠	K Q 10 8
		♥	10
		♦	A K Q 7 5 3
		♣	5 2
West		East	
♠	J 6 3	♠	9 2
♥	A K Q 8 6 3	♥	J 9 7 4 2
♦	—	♦	8 4
♣	K 9 8 6	♣	A J 7 4
		South	
		♠	A 7 5 4
		♥	5
		♦	J 10 9 6 2
		♣	Q 10 3
		Dealer: South	
		Vulnerable: Both	
South	West	North	East
Pass	1♥	Dbl.	4♥
4♠	Pass	4NT	Pass
5♦	Pass	5♠	All Pass
Opening lead: ??			

defenders would have taken the first three or four tricks.

However, West found what he thought was the perfect lead: the heart three! Now the defense looked straightforward: heart to the jack, diamond-four return, club to the ace, second diamond ruff and cash the club king for down three.

No sweat — except it didn't work out like that. East, thinking declarer had a singleton heart ace, gave count by playing his heart two at trick one!

GAMBLER OR CAREFUL?



Gambler

Scratch and dream until Sunday only! UP TO

60% OFF

OR WIN YOUR PURCHASE*!



Careful

Thanksgiving Monday

50% OFF

OFF ON ALL MATTRESS*!

MATELAS HOUDE

matelashoude.com

DREAMS FACTORY SINCE 1935

*On mattress only. Details in store.



FEDERAL ELECTION / MONDAY, OCTOBER 21

#ItsOurVote



X It's Our Vote

Election day is October 21

Your voter information card tells you when and where you can vote.

Can't vote on election day? You can vote early:

- At your assigned advance polling station from October 11 to 14
- At any Elections Canada office before October 15, 6:00 p.m.
- By mail – apply by October 15, 6:00 p.m.

Visit elections.ca for the official information you need to vote
1-800-463-6868 / elections.ca / TTY 1-800-361-8935

