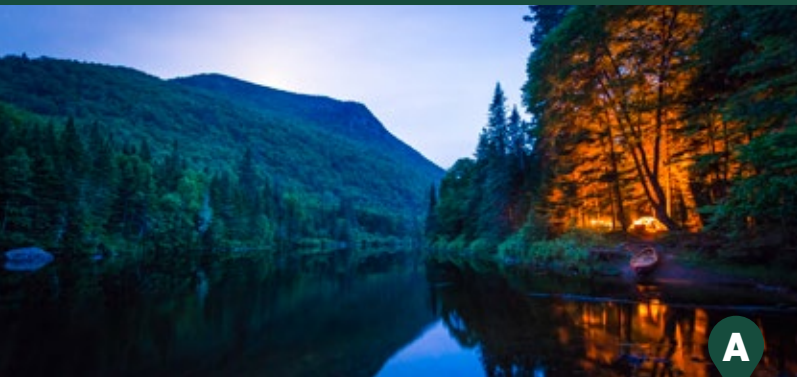


Parc national de la Jacques-Cartier

Protected area. Enriching nature experiences.

Vibrant and accessible, the Jacques-Cartier River guides you into the heart of a spectacular glacial valley. Through the seasons, visitors come here to breathe, marvel, get moving, slow down... and leave with the rare feeling of having gone back to basics.

Our Team's Favorites



A

Canoe-Camping

Whether you're a novice or an adventurer at heart, try a self-guided canoe-camping experience. You can reserve your canoe and book a shuttle service to make your adventure easier.

Reservation is mandatory at 1-800-665-6527.



B

The Curieux de nature Trail

Indulge your curiosity along this path and explore the history of Parc national de la Jacques-Cartier over time, by taking on a series of unusual challenges!

Meet up at the Belleau Picnic site.



C

Rabaska-Shelter Combo

To find out all about the origins of the park and discover its magnificent landscapes on land and water, combine the *Beneath the Giant Rocks* and *Follow the Current in a Rabaska Canoe* guided activities. **Reservation is mandatory at 418-848-3169 #6.**



D

Miniraft

The miniraft is the watercraft of choice to explore the lively waters of the Jacques-Cartier River with family and friends. Terrific fun for everyone!

Reservation is mandatory at 1-800-665-6527.



E

Winter Trails

When winter sets in, more than 94 km of trails are yours to explore at the Park. You will be overwhelmed by spectacular landscapes!

Details available at: sepaq.com/jacquescartier



F

School Activities, come Summer or Winter

Are you a teacher or do you know one? We offer primary and secondary school activities in both summer and winter.

Contact us for more information! sepaq.com/jacquescartier



PCF



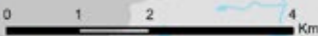
Printed on Sustana Enviro. This paper which contains 100% sustainable recycled fiber is processed chlorine free. It is designated Ancient Forest Friendly™ and FSC® certified.

Reg. 175976 - Cover photo: La Halte Studio | Photos: Steve Deschênes, Guy d'Amour, Stéphane Audet, La Halte Studio, Maryse Nobrégia, Béatrice Trudeau-Duquette, Parc national de la Jacques-Cartier, Isabelle Richard, Mathieu Dupuis, Jonathan Franchomme, Hooke.

Discover our Trails



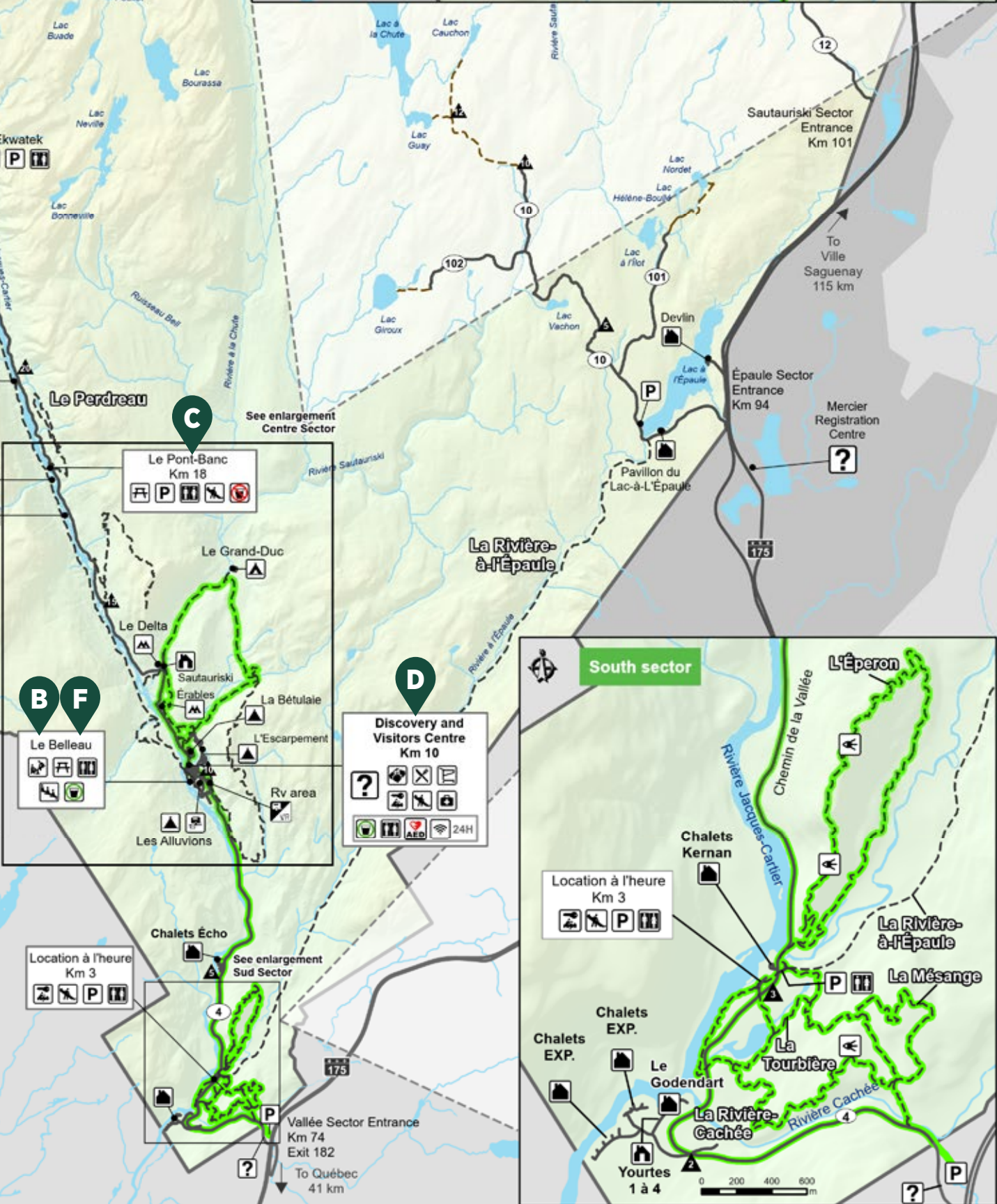
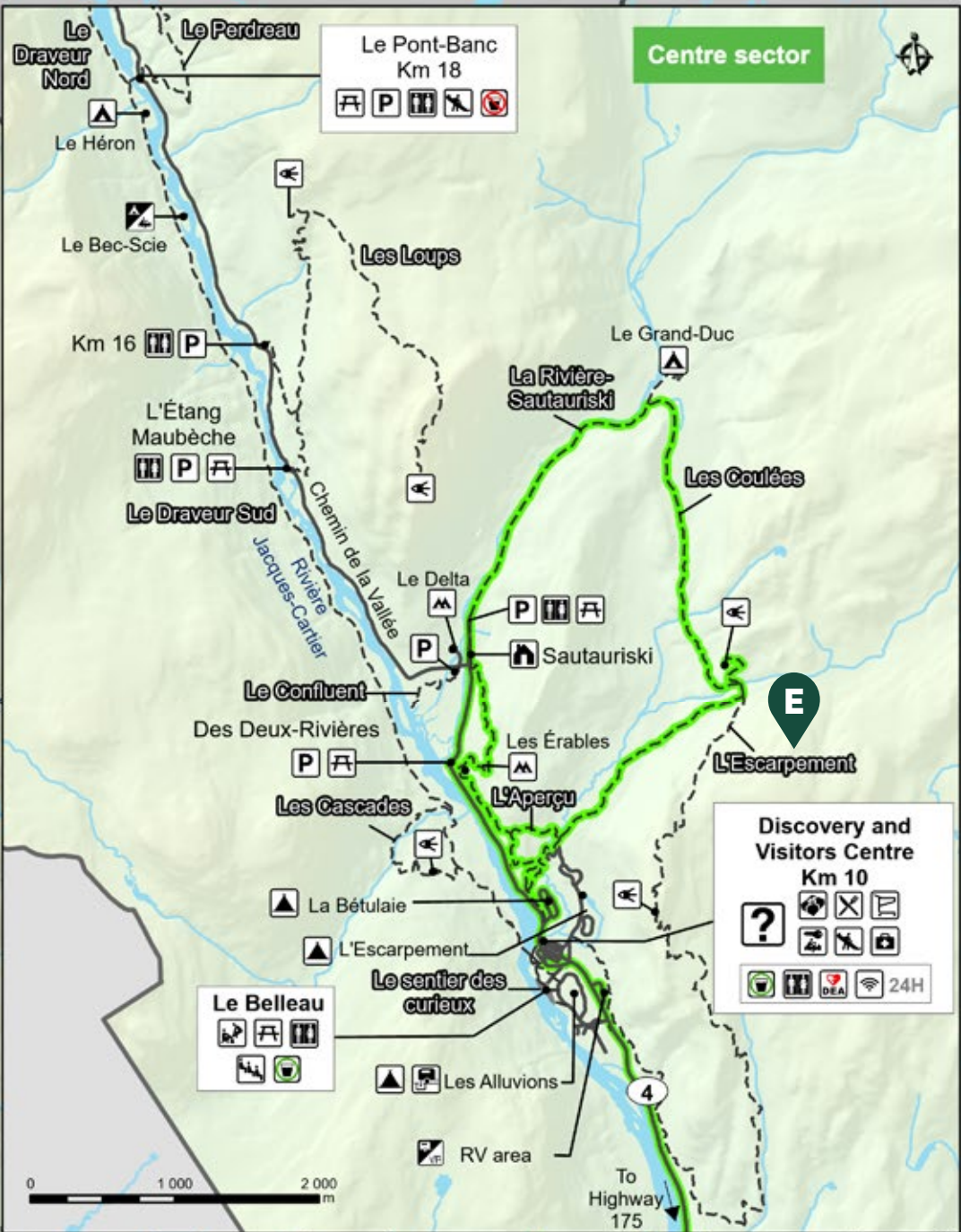
		LENGTH AND DURATION*		LEVEL	
		La Mésange – Hike this short trail alongside massive maple and birch trees towering above lush undergrowth.	2.6 km loop	45 min	● Km 0
		La Rivière-Cachée – After crossing the footbridge over the turbulent Cachée River, discover a charming view of the Jacques-Cartier River. Featuring a 120-metre elevation.	3,4 km round trip	1 ¼ h	● Km 0
	 	La Tourbière – This short hike is filled with sights worth seeing! Visit a peat bog, a fir stand and a yellow birch forest.	2.9 km loop	1 h	● Km 3
	 	L'Éperon – Discover the L'Épaule Mountain, hike along the meandering river and take in a succession of breathtaking views of the valley. Featuring a 220-metre elevation.	5.4 km loop	2 ¼ h	■ Km 3
		La Rivière-à-l'Épaule – Reach the À L'Épaule sector by taking this trail: a worthy challenge for mountain bike enthusiasts. Featuring a 400-metre elevation.	40 km round trip	5 ½ h	◆ Km 3 or À L'Épaule Sector
	  	L'Aperçu – Hike along the magnificent surroundings of the Belleau brook for a thrilling outing full of discoveries.	2.2 km loop	45 min	● Km 10
		Les Cascades – Cool sounds and an exhilarating visual experience await you on this trail running next to a cascading brook.	4 km loop	1 ½ h	● Km 10
 		Le Draveur Sud – Hike this forest trail and make a refreshing stop along the banks of the Jacques-Cartier River.	14.8 km round trip	5 h	■ Km 10 or Km 18
		Les Coulées – Follow the valley of the Belleau Brook to a viewpoint from where you can discover the splendours of the Laurentian Mountains landscape. Featuring a 210-metre elevation.	10.4 km loop	3 ½ h	■ Km 10
		L'Escarpement – Hike Les Coulées along a 2.6-km trail, then through lush undergrowth up a steady rise to reach an exceptional vantage point of the valley from a 360-metre elevation.	11.2 km loop	4 h	◆ Km 10
 	 	La Rivière-Sautauriski – Let the Sautauriski River work its charm, at times still, other times tumultuous and at times stony, other times sandy. This habitat is perfect for Atlantic salmon.	Hiking: 4.8 km round trip	1 ½ h	● Km 12.5
			Biking: 10 km round trip	1 h	
	 	Le Confluent – Explore a delta teeming with life and discover the rich diversity of terrestrial, wetland and aquatic habitats.	1.2 km round trip	25 min	● Km 12.5
		Les Loups – Breathtaking! See the most striking fractures of the Laurentian massif and the spectacular Jacques-Cartier and Sautauriski valleys. Featuring a 456-metre elevation.	1st Observation Deck 5 km round trip	2 h	◆ Km 16
			2nd Observation Deck 11 km round trip	3 ½ h	
		Le Perdreau – Starting with a steep climb, set off to discover the mysterious Buvard Lake and hike through splendid maple groves.	5.4 km loop	1 ¾ h	■ Km 18
		Le Draveur Nord - Take in the full beauty of the Jacques-Cartier River and combine magnificent viewpoints of the valley and striking rock faces. Perhaps you will encounter a moose!	24.8 km round trip	8 ½ h	■ Km 18 or Km 30
		Le Scotora – Climb the Scotora trail to reach the Park's western plateau. Follow a long stream where beaver colonies once thrived and make your way to the top of Mont Andante to take in a spectacular view of the valley gorges. Featuring a 497-metre elevation.	16 km round trip	5 ¼ h	◆ Km 30
		La Croisée – Take in the magnificent view of the peaceful landscape afforded by the Jacques-Cartier River and the high steep walls of the valley.	15.8 km round trip	4 ½ h	■ Km 33
* Durations and levels of difficulty indicated are for information purposes only and apply to the summer season.			● Beginner ■ Intermediate ◆ Advanced		



L'information fournie sur cette carte peut changer sans préavis.
En cas de disparité, l'information sur le terrain doit prévaloir en tout temps.
Cette carte intègre de l'information géographique de source gouvernementale.
Pour des besoins de représentation, certaines données ont subi des transformations et des adaptations qui ont pu modifier la donnée originale.

Données originales utilisées	Années
Banque de données Sépaq	2008
Cartes topographiques	
à l'échelle de 1/20 000	1996
Source des données utilisées	
Ministère des Ressources naturelles et des Forêts	
© Gouvernement du Québec	

	Registration centre / Information		Picnic
	Playground		Lookout
	Amphitheatre		Ready-to-eat
	Shop		Parking lot
	Semi-serviced camping		Washroom
	Group camping		First aid kit
	Rustic camping		Recreational vehicle dumping station
	Canoe-camping		Wifi
	Cabin		Road network
	Automated external defibrillator		Trail
	Convenience store		Fishing trail access
	Drinking water		Dogs allowed sector (May 1 st to November 30 th)
	Not drinking water		Kilometer reference point
	RV area		National park boundary
	Rustic accommodation		Réserve faunique des Laurentides
	Nautical rental		
	Canoe launch		



Time for Discovery

The Mysteries of the Night

If you are fascinated by the night, experience evening hiking and learn how living creatures adapt amazingly to darkness. Who prowls at night? Who sleeps? Who hunts, where and how? By the light of a lantern, let the stillness of a sleeping forest envelop you...

Reservation required:
1-800-665-6527

Age: 10 and over



Mission Recherche

Ready for a *Mission Recherche*?

A naturalist park warden invites you to take up challenges on citizen science. Use your passion for nature and discover tools that could be useful for your next adventures in the forest. A cell phone or digital camera is required for this activity.



Small Critters, Wide Diversity

Armed with a net, a naturalist park warden set out to explore a pond teeming with life and collect some samples. Come and help the warden inventory the amazing creatures that he has found!

This activity also provides a great opportunity to look for insects in the river on your own. Bring along your waterproof footwear, a spoon and a small container. The naturalist park warden will help you to identify your finds.



Bulletin de conservation

Dans
notre
nature



Discover our latest achievements and initiatives in conservation and education in our *Bulletin* (available in French only).

DISCOVERY ACTIVITIES

Consult the program to
enrich your visit. (in French only)

You will find
entertaining
activities to
explore the
park from
every angle.



A River to Explore

**GUIDED DOWNRIVER RUNS
ARE AVAILABLE.
GET INFORMATION!**



Self-Guided Downriver Runs | **Reservation mandatory** (at least 24 hr in advance) **1-800-665-6527**

NAUTICAL RENTAL CENTRE - KM 10 (Watercraft and shuttle included)

IMPORTANT! Departures with shuttles: You must show up at the Nautical rental centre **45 MINUTES PRIOR TO DEPARTURE.**

DOWNRIVER RUNS	DEPARTURES WITH SHUTTLES	LENGTH AND DURATION	LEVEL OF DIFFICULTY	DESCRIPTION	WATERCRAFT	RATE* Watercraft and shuttle
Jetée	8:45 a.m.	19 km 4 to 5 h	Challenging Run	A combined run of 19 km featuring a 7.5-km spectacular section followed by a series of 10 Class I to III rapids (children over 12)	Canoe Inflatable Canoe Solo Kayak Tandem Kayak	\$111.50 \$99.25 \$79 \$121
Ekwaterk	9:30 a.m.	15 km 3 to 4 h	Challenging Run	A combined 15-km run: Featuring a smooth, scenic section followed by a series of 8 class I to III rapids (children over 12)	Canoe Inflatable Canoe Solo Kayak Tandem Kayak	\$102 \$89.75 \$74.25 \$111.50
Pont-Banc	11:15 a.m. and 1:30 p.m.	8 km 1½ to 2 h	Challenging Run	White water run of 8 km featuring 4 Class I to III rapids Children over 12 (canoe and kayak) Children over 5 (miniraft)	Canoe Inflatable Canoe Solo Kayak Tandem Kayak 5-Place Miniraft 7-Place Miniraft	\$71 \$62.50 \$52.50 \$77.50 \$128.50 \$183.50
Maubèche Air Tubes	2:15 p.m. and 3:00 p.m.	5 km 1 to 1¼ h	Sightseeing Run	Downriver run for air tubes only A calm run featuring smooth current to simply drift along the river (children over 5)	Air Tube	\$26.25

*Schedule may vary. Please confirm at the Discovery and Visitors Centre. Park entry fees and taxes are extra.



Calm Water Ride | **No reservation**

HOURLY RENTAL CENTER - KM 3

Canoe	\$19.75 / 1 hour
Inflatable Canoe	\$15.25 / 1 hour
Stand Up Paddling	\$19.50 / 1 hour
Solo Kayak	\$18 / 1 hour
Tandem Kayak	\$22.75 / 1 hour



IN THE WILD, YOUR SAFETY IS YOUR RESPONSIBILITY

Outdoor activities can involve certain risks.

Always be sure to have the skills and abilities required for the activity you choose. It is very important to find out about the risks involved in the activity, to know and respect your own limits and to use appropriate equipment. Preparing yourself adequately is the first step in the safe and enjoyable practice of your favourite activities.

For more information, visit our website at sepaq.com/security



**Dogs are not allowed
in personal and rental
watercraft**

Family Experience Yippee, it's absolutely free!

For kids 17 years of age and under, access, accommodations, and certain equipment loans are free of charge.

The offer varies from one establishment to another.



Conserve for Tomorrow



Dead Wood, a Biodiversity Staple

Did you know that dead wood shelters a number of animal and plant species that use it as a habitat, a food source, and a breeding place? Red squirrels, ruffed grouse, woodpeckers, amphibians, and reptiles all depend on fallen trees and hollow trunks to live. Also, dead wood enriches the soil by adding carbon and nutrients. That's why gathering wood for camp fires is **forbidden** (yes, forbidden under the park regulations!).



Keep your Snack to Yourself

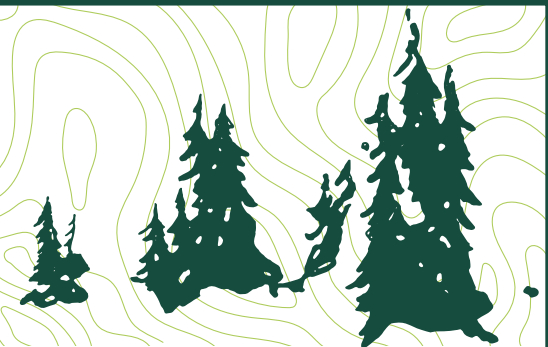
Animals find food in nature that is adapted to their needs. Our food is not suitable for them, and when we feed them, they become dependent and vulnerable. The lure of food makes them bolder around humans. Imagine! A small snack here, another one there, multiplied by hundreds of thousands of visitors each year!

So if a wild animal seems friendly and attracted to your food, do it a favour: scare it away!

Fishing: How to Release a Fish Properly

To maximize the fish's chances of survival, you need to act fast, limit injuries, and occasionally cut the line if the hook is too deep. Using artificial lures and circle hooks results in fewer deaths. Proper handling — wet hands, minimal time spent out of the water, and proper equipment — reduces the stress on fish. **By applying these best practices, fishing enthusiasts contribute to sustainable management and better fishing for the future.**

5 ground rules to follow in nature



Our national parks

get millions of visits each year. Harmful behaviors can cause permanent damage to the environment and hinder other visitors' experience. Let's do our part to protect nature so we can all enjoy it for years to come.



Stay on trails and in designated visitor areas

Don't step off the trails or walk in the undergrowth to avoid trampling plants and compacting the soil.



Do not gather dead wood

Help preserve the undergrowth by leaving dead wood in place. It serves as shelter for wildlife and enriches the soil after decomposing.



Do not feed wildlife

Allow animals to feed themselves so they can follow their natural instincts. Keep all foods out of their reach.



Keep your distance when observing animals

Repeated disturbances can alter their behavior and affect their ability to find food, mate, and communicate with each other.



Be mindful of the peace and quiet and adhere to curfews

Noise frightens wildlife, and people visit national parks to enjoy nature. Please follow curfews and refrain from making noise at all times.