

SÉPAQ

PARC NATIONAL DE LA JACQUES-CARTIER

Protected area. Enriching nature experiences.

Come and explore the national park that caters to the need of people from the greater Québec City area and visitors to the National Capital to connect with Nature. Make the most of the products and services that this territory has to offer all year round, while contributing to its protection for the benefit of future generations.

OUR TEAM'S FAVORITES



A

Calm Water Ride

Glide along the smooth waters of the Jacques-Cartier River on a stand up paddleboard or in a canoe, kayak or inflatable canoe. Set out from Km 3.

Details on page 7.



B

Mini-Raft

The mini-raft is the watercraft of choice to explore the lively waters of the Jacques-Cartier River with family and friends. Terrific fun for everyone!

Reservation is mandatory at 1-800-665-6527. Details on page 7.



C

Winter Rallies

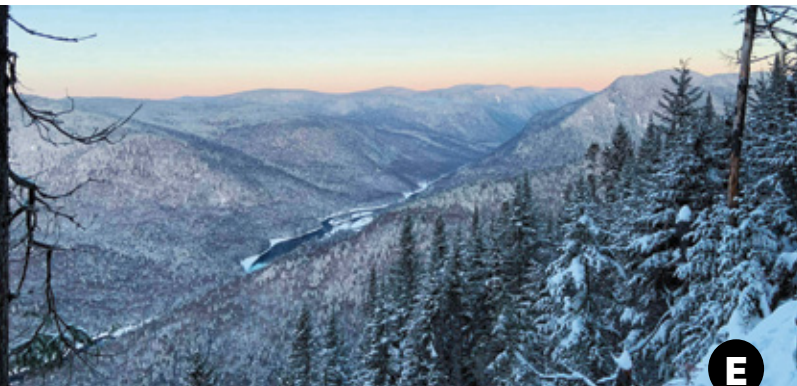
Learn more about the Park's wildlife and plant life in winter, while having fun in the great outdoors. Choose among several self-guided rallies.



D

Panoramic Escape

In a canoe or tandem kayak in the company of a guide, paddle down the calm waters of the river and challenge yourself to a few rapids. Learn how to manoeuvre the watercraft and identify rapids as you discover more about the characteristics of the Park and its river. **Reservation is mandatory at 1-800-665-6527.**



E

Winter Trails

When winter sets in, more than 94 km of trails are yours to explore at the Park. You will be overwhelmed by spectacular landscapes!

Details available at: sepaq.com/jacquescartier



































Rock Shelters

In the company of a naturalist park warden, explore unusual passageways created by huge boulders covered in multi-coloured moss.

Réservation is mandatory at 418-848-3169 #6

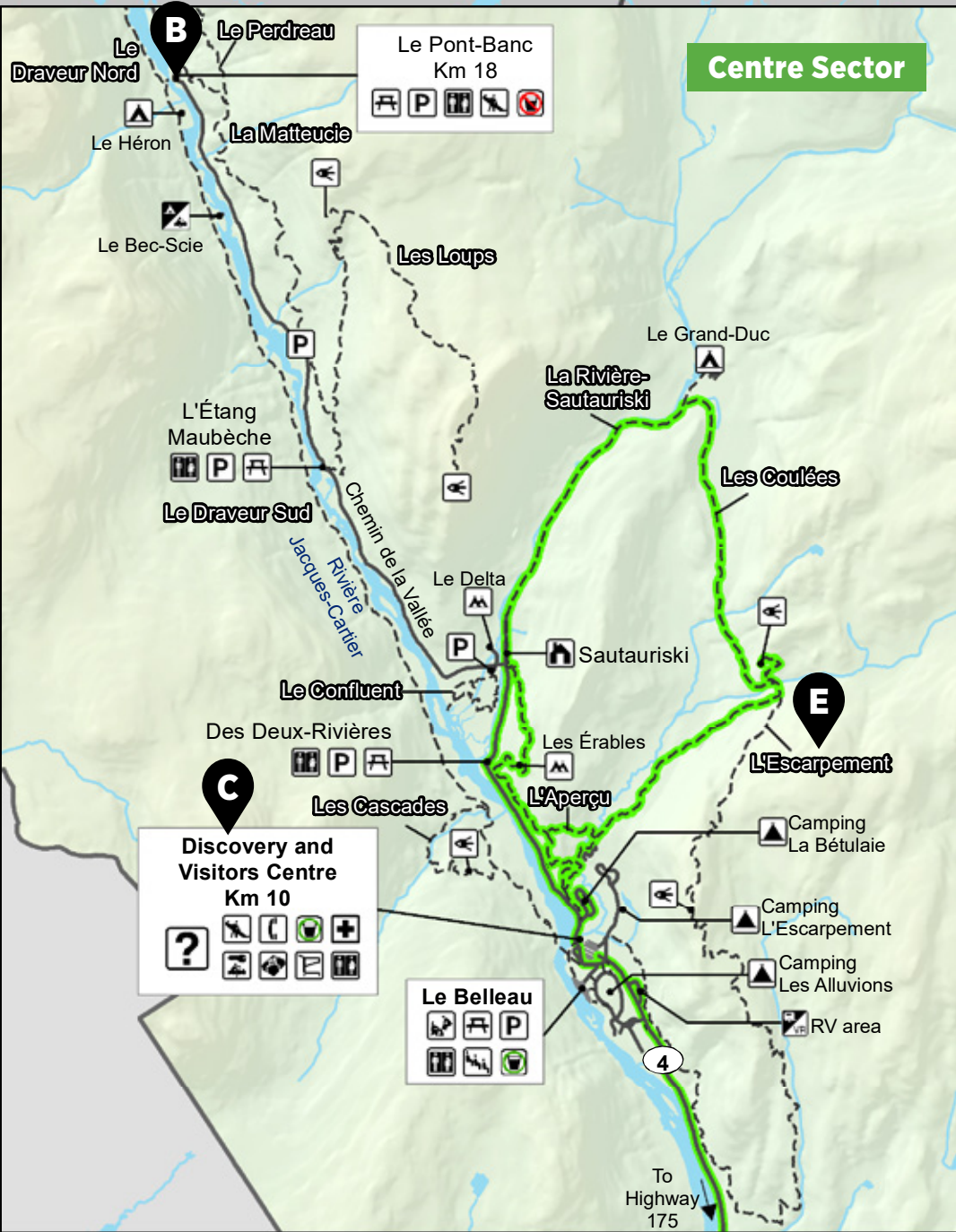
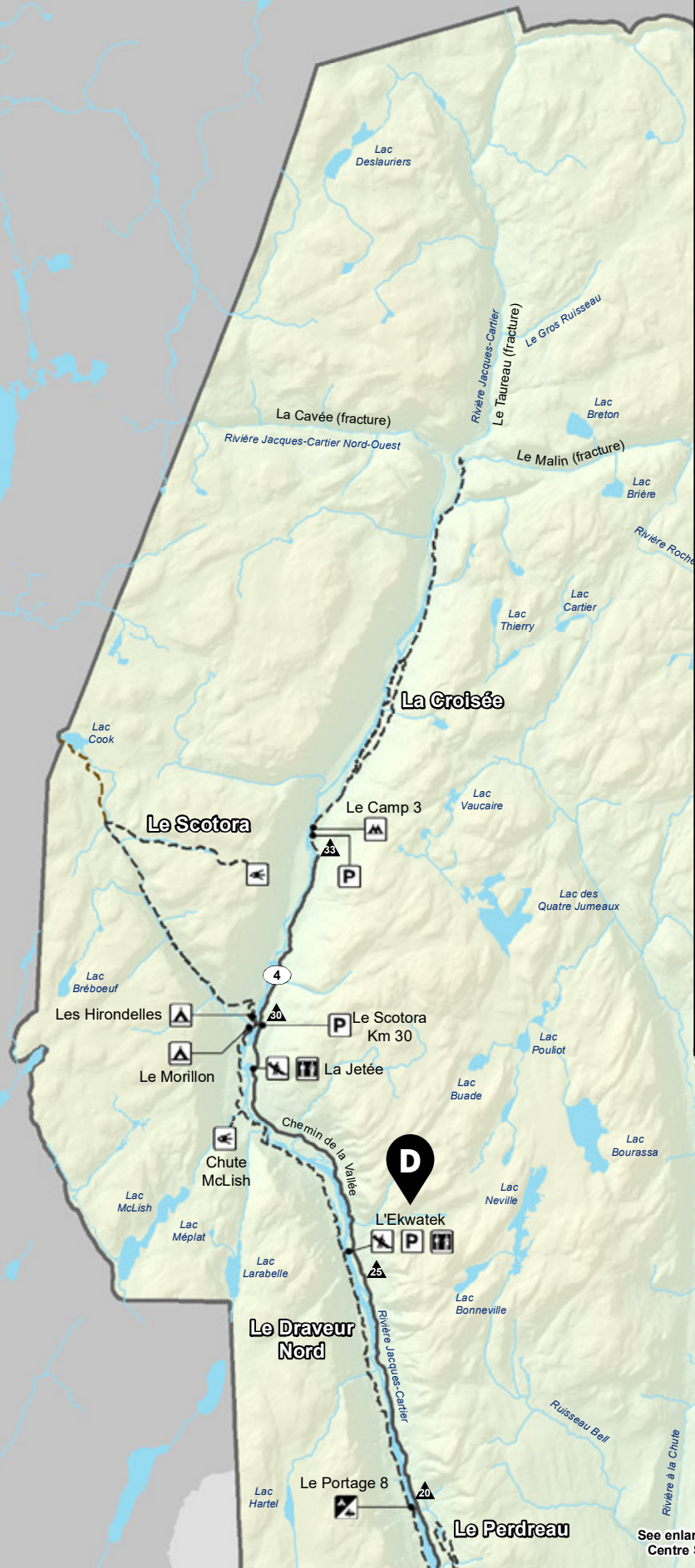
DISCOVER OUR TRAILS

 Hiking
  Mountain Biking
  Self-Interpretation
  Family Experience
  Dogs Allowed - sepaq.com/animaux

		LENGTH AND DURATION*		LEVEL	DEPARTURE POINT	
		La Mésange – Hike this short trail alongside massive maple and birch trees towering above lush undergrowth.	2.6 km loop	45 min	●	Km 0
		La Rivière-Cachée – After crossing the footbridge over the turbulent Cachée River, you will discover a charming view of the river.	3.4 km round trip	1 ¼ h	●	Km 0
		La Tourbière – This short hike is filled with sights worth seeing! Visit a peat bog, a fir stand and a yellow birch forest.	2.9 km loop	1 h	●	Km 3
	 	L'Éperon – Discover the L'Éperon Mountain, hike along the meandering river and take in a succession of breathtaking views of the valley. Featuring a 210-metre elevation.	5.4 km loop	2 ¼ h	■	Km 3
		La Rivière-à-l'Épaulé – Reach the À L'Épaulé sector by taking this trail: a worthy challenge for mountain bike enthusiasts.	40 km round trip	5 ½ h	◆	Km 3 or À L'Épaulé Sector
	  	L'Aperçu – Hike along the magnificent surroundings of the Belleau brook for a thrilling outing full of discoveries.	2.2 km loop	45 min	●	Km 10
		Les Cascades – Cool sounds and an exhilarating visual experience await you on this trail running next to a cascading brook.	4 km loop	1 ½ h	●	Km 10
		Le Draveur Sud – Hike this forest trail and make a refreshing stop along the banks of the Jacques-Cartier River.	14.8 km round trip	5 h	■	Km 10 or Km 18
		Les Coulées – Travel through the valley from the Belleau brook and discover the splendours of the rolling Laurentides Mountains. Featuring a 210-metre elevation.	10.4 km loop	3 ½ h	■	Km 10
		L'Escarpe – Hike Les Coulées along a 2.6-km trail, then through lush undergrowth up a steady rise to reach an exceptional vantage point of the valley from a 350-metre elevation.	11.2 km round trip	4 h	◆	Km 10
	  	La Rivière-Sautauriski – Let the Sautauriski River work its charm, at times still, other times tumultuous and at times stony, other times sandy. This habitat is perfect for Atlantic salmon.	Hiking: 4.8 km round trip	1 ½ h	●	Km 12.5
			Biking: 10 km round trip	1 h		Km 10
		Le Confluent – Explore a delta teeming with life and discover the rich diversity of terrestrial, wetland and aquatic habitats.	1.7 km loop	35 min	●	Km 12.5
		Les Loups – Breathtaking! See the most striking fractures of the Laurentian massif and the spectacular Jacques-Cartier and Sautauriski valleys. Featuring a 447-metre elevation.	1st Observation Deck - 5 km round trip	2 h	◆	Km 16
			2nd Observation Deck - 11 km round trip	3 ½ h		
		La Matteucie – Link the Le Perdreau and Les Loups trails by making your way through lush undergrowth and fern.	4.8 km round trip	1 ½ h	■	Km 16 or Km 18
		Le Perdreau – Starting with a steep climb, set off to discover the mysterious Buvard Lake and hike through splendid maple groves.	5.4 km loop	1 ¾ h	■	Km 18
		Le Draveur Nord – Take in the full beauty of the Jacques-Cartier River and combine magnificent viewpoints of the valley and striking rock faces. Perhaps you will encounter a moose!	24.8 km round trip	8 ½ h	■	Km 18 or Km 30
		Le Scotora – Climb the Scotora trail to reach the Park's western high plateau. Enjoy a long hike along a stream occupied by beaver colonies and make your way to the top of Mont Adante offering a spectacular view of the valley gorges. Featuring a 405-metre elevation.	16 km round trip	5 ¼ h	◆	Km 30
		La Croisée – Take in the magnificent view of the peaceful landscape afforded by the Jacques-Cartier River and the high steep walls of the valley.	15.8 km round trip	4 ½ h	■	Km 33

*Durations and levels of difficulty indicated are for information purposes only and apply to the summer season.

● Beginner ■ Intermediate ◆ Advanced

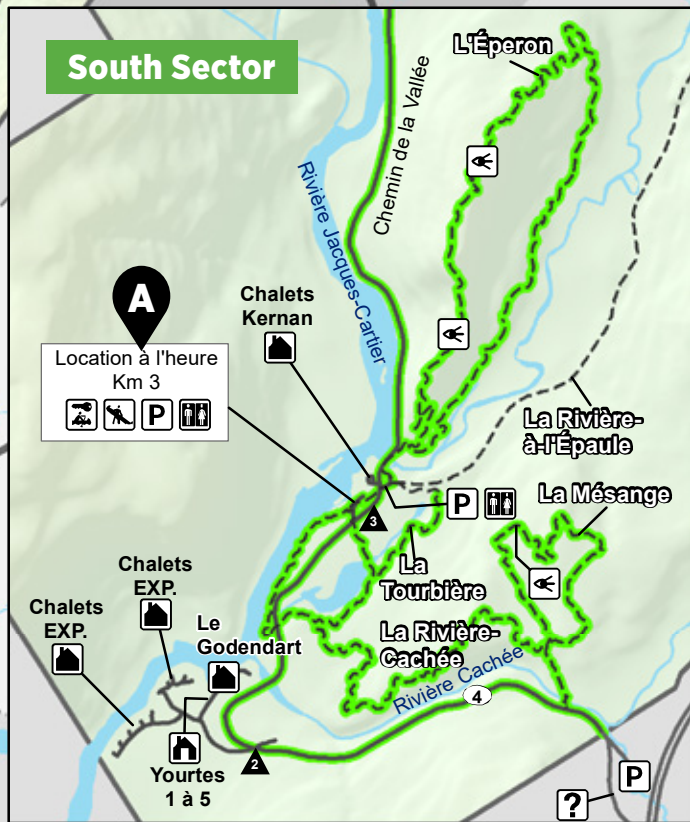
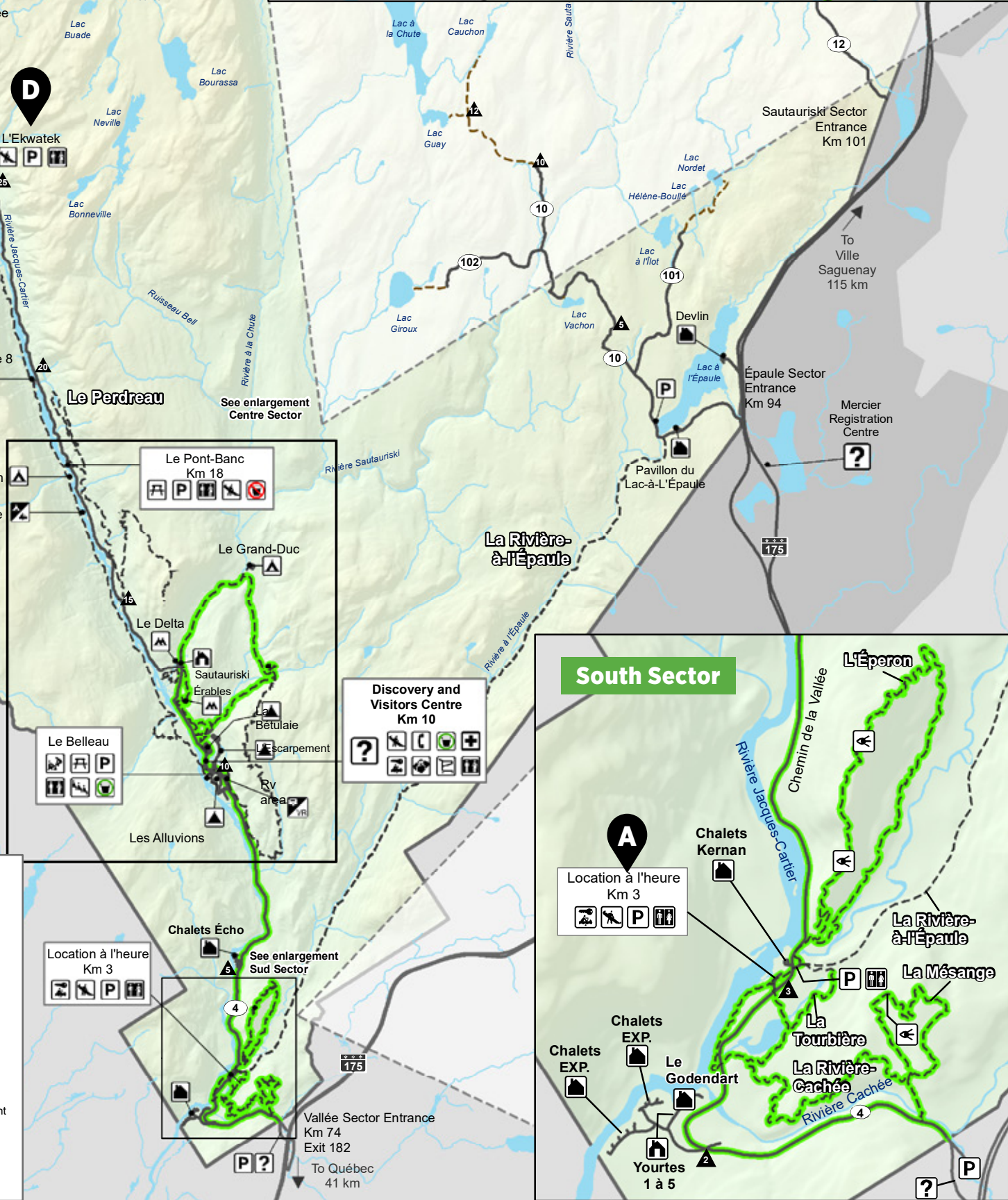


Download via Avenza Maps



L'information fournie sur cette carte peut changer sans préavis. En cas de disparité, l'information sur le terrain doit prévaloir en tout temps. Cette carte intègre de l'information géographique de source gouvernementale. Pour des besoins de représentation, certaines données ont subi des transformations et des adaptations qui ont pu modifier la donnée originale. Données originales utilisées Années 2022 Banque de données Sépaq Cartes topographiques à l'échelle de 1/20 000 1996 Source des données utilisées Ministère de l'Énergie et des Ressources naturelles © Gouvernement du Québec

- | | | | |
|--|-----------------------------------|--|----------------------------------|
| | Registration centre / Information | | Canoe launch |
| | Playground | | Picnic |
| | Amphitheatre | | Lookout |
| | Shop | | First aid |
| | Semi-serviced camping | | Parking lot |
| | Group camping | | Telephone |
| | Rustic camping | | Washroom |
| | Canoe-camping | | Road network |
| | Cabin | | Trail |
| | Convenience store | | Fishing trail access |
| | Drinking water | | Dogs allowed sector |
| | Not drinking water | | Kilometer reference point |
| | RV area | | National park boundary |
| | Rustic accommodation | | Réserve faunique des Laurentides |
| | Nautical rental | | |



TIME FOR DISCOVERY



Small Critters, Wide Diversity

Armed with a net, a naturalist park warden set out to explore a pond teeming with life and collect some samples. Come and help the warden inventory the amazing creatures that he has found!

This activity also provides a great opportunity to look for insects in the river on your own. Bring along your waterproof footwear, a spoon and a small container. The naturalist park warden will help you to identify your finds.

Free activity!

The Return of Jack Carter

Breaking: a camper is in trouble in the park! Learn how to find your way in the woods using a GPS and set out in search of clues that will allow agent Jack Carter to complete his investigation. Teamwork fosters mutual aid and cooperation.

Free activity!

Reservation required:
1-800-665-6527

Children **under 10** must be with an adult.

The Mysteries of the Night

If you are fascinated by the night, experience evening hiking and learn how living creatures adapt amazingly to darkness. Who prowls at night? Who sleeps? Who hunts, where and how? By the light of a lantern, let the stillness of a sleeping forest envelop you...

Cost: \$12 - Free for children

Reservation required:
1-800-665-6527

Age: 8 and over



An Evening of Tall Tales

Hear, hear, young and old! Join us around the camp fire and listen to awe-inspiring stories that will stir your imagination. Remember to bring along your cup. Nice hot chocolate will be served to all participants. Lawn chairs are recommended.

Free activity!

DISCOVERY ACTIVITIES

Consult the program to enrich your visit. (in French only)

You will find entertaining activities to explore the park from every angle.



DOWNRIVER RUNS



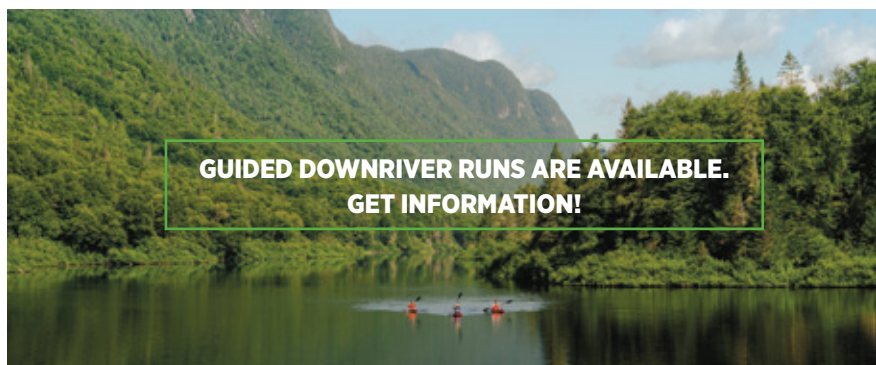
Downriver Runs | Reservation mandatory (at least 24 hr in advance) 1-800-665-6527

SELF-GUIDED DOWNRIVER RUNS							
IMPORTANT! Departures with shuttles: You must show up at the Watercraft Rental Centre 45 MINUTES PRIOR TO DEPARTURE.							
DOWNRIVER RUNS	ITINERARY	DEPARTURES WITH SHUTTLES	LENGTH AND DURATION	LEVEL OF DIFFICULTY	DESCRIPTION	WATERCRAFT	RATE* Watercraft and shuttle
Jetée	From La Jetée to the Rental Centre	From mid-June to mid-October* 8:45 a.m.	19 km 4 to 5 h	Challenging Run	A combined run of 19 km featuring a 7.5-km spectacular section followed by a series of 10 Class I to III rapids (children over 12)	Canoe Inflatable Canoe Solo Kayak Tandem Kayak	\$95 \$82.50 \$69 \$101.75
Pont-Banc	From Pont-Banc to the Rental Centre	From mid-June to mid-October* 11:15 a.m. and 1:30 p.m.	8 km 1½ to 2 h	Challenging Run	White water run of 8 km featuring 4 Class I to III rapids Children over 12 (canoe and kayak) Children over 5 (mini-raft)	Canoe Inflatable Canoe Solo Kayak Tandem Kayak 5-Place Miniraft 7-Place Miniraft	\$60.75 \$52.25 \$45.75 \$65.75 \$107 \$154
Maubèche <i>Air Tubes</i>	From the Maubèche Pond to the Rental Centre	From mid-June to September* 10:15 a.m., 12:30 a.m. and 2:15 p.m.	5 km 1 to 1¼ h	Sightseeing Run	Downriver run for air tubes only A calm run featuring smooth current to simply drift along the river (children over 5)	Air Tube	\$20

*Schedule may vary. Please confirm at the Discovery and Visitors Centre. Park entry fees and taxes are extra.

Calm Water Ride | No reservation

HOURLY RENTAL (KM 3)	
Canoe	\$18.25
Inflatable Canoe	\$14
Sand Up Paddling	\$18
Solo Kayak	\$16.75
Tandem Kayak	\$20.75



**GUIDED DOWNRIVER RUNS ARE AVAILABLE.
GET INFORMATION!**



IN THE WILD, YOUR SAFETY IS YOUR RESPONSIBILITY

Outdoor activities can involve certain risks.

Always be sure to have the skills and abilities required for the activity you choose. It is very important to find out about the risks involved in the activity, to know and respect your own limits and to use appropriate equipment. Preparing yourself adequately is the first step in the safe and enjoyable practice of your favourite activities.

For more information, visit our website at sepaq.com/security



Dogs are not allowed in watercrafts.

Family experience Yippee, it's absolutely free!

For young people 17 years of age and under, access, accommodations, and equipment loans are absolutely free of charge.

The offer varies from one establishment to another.



CONSERVE FOR TOMORROW

Why Shouldn't Wild Animals Be Fed?

Please show responsible behaviour to minimize your footprint on the environment.

- Animals find in the wild the food that they need.
- Food offered by humans may not be suitable for their digestive systems and may cause discomfort or health problems, even lead to death.
- Feeding animals can make them dependent on humans and vulnerable to predators.
- With the lure of food, animals become less fearful of humans, likely leading to conflict and even danger.
- Every time the natural activities of wild animals are disrupted, their behaviour changes, sometimes at the risk of their lives.

The *Parks Regulation* prohibits feeding wildlife in national parks or leaving food for them. Doing so could lead to a fine.



OUR NATIONAL PARKS

Protected territories offering a connection to nature, for us and for future generations.

5 good practices to adopt

- Refrain from feeding the animals
- Keep your distance when animal watching
- Stay on the trails
- Don't collect natural elements (plants, dead wood...)
- Keep your right of access on hand at all times

Did you know?

Your access fee is **100% reinvested in the national parks**. By paying your fees, you are helping to protect this magnificent natural environment and the flora and fauna found there. **Thank you for your support!**

Discover what's happening behind the scenes

Stars in your eyes, birds songs in your ears... Dive into the fascinating world of initiatives to protect our natural treasures. (in French only)

sepaq.com/lenversdudector



PCF



Photos: Patrick Matte, Parc national de la Jacques-Cartier, Mathieu Dupuis, Steve Deschènes, Dominic Boudreault, René-Martin Trudel, Stéphane Audet, Alexandra Mercier, Caroline Langevin, Pat Larouche, VSCO, Mikael Rondeau, Carole-Anne Richard, Alan Stirt.



Parc national
de la Jacques-Cartier

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