

## Dozens of Sherbrooke residents remain homeless after July 1

By Michael Boriero

There are still dozens of families, couples and individuals in search of an affordable housing option in Sherbrooke just a few days following the province-wide moving day on July 1.

According to Sherbrooke city councillor for the Quatre-Saisons district, Joanie Bellerose, there were 41 households in need of assistance to locate a suitable, and affordable, place to live in the city. Bellerose is the vice-chair of the Office municipal d'habitation de Sherbrooke (OMH).

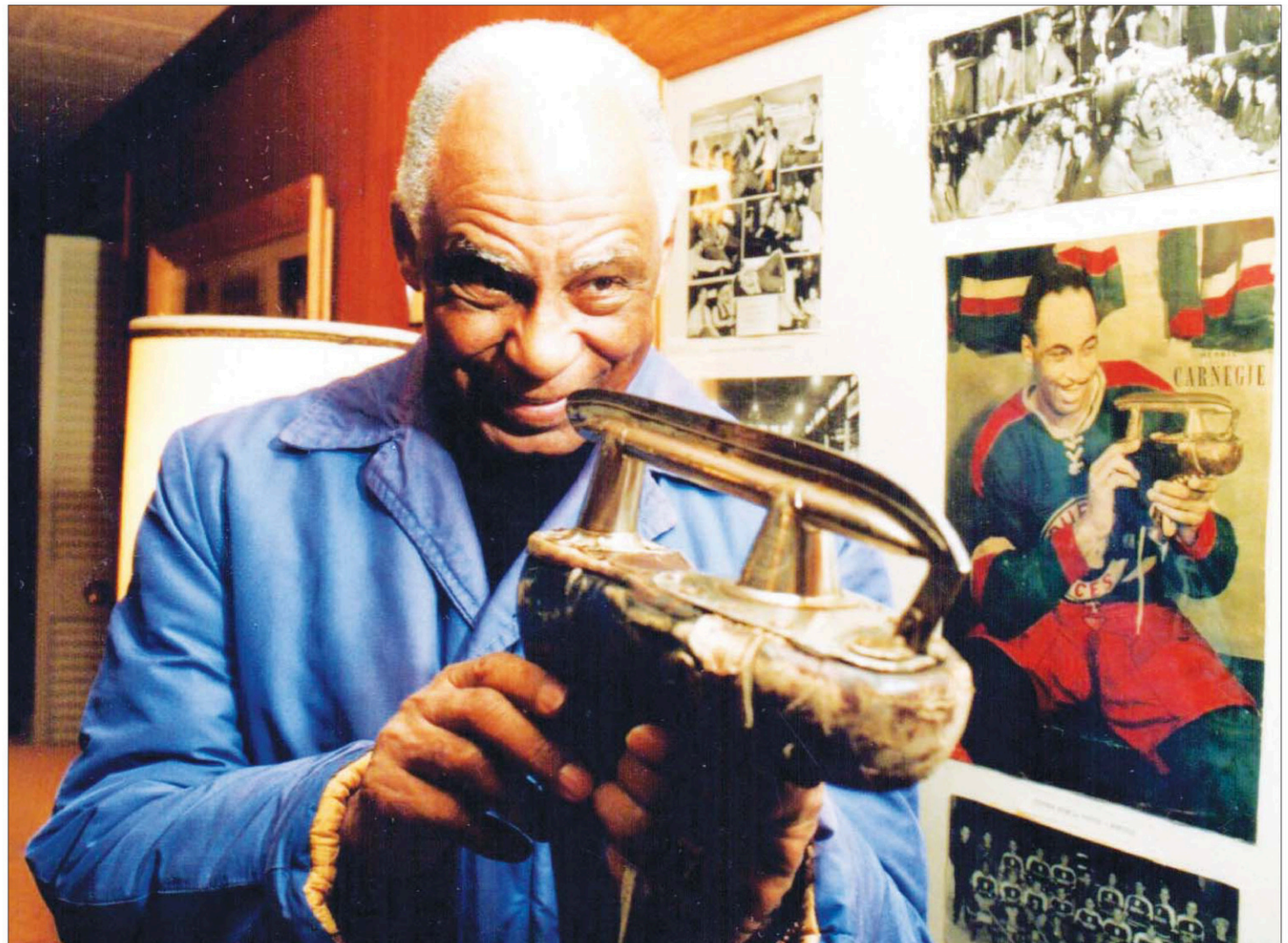
"The city of Sherbrooke put emergency measures in place for people who weren't successful in finding housing by July 1. At the moment, there were 41 households who moved and 10 of them have already found housing options because we offer help to find housing," she said.

Bellerose is confident the city will be able to find housing for the other 31 households waiting on standby. She told The Record that the Association des locataires de Sherbrooke (ALS) has been instrumental in meeting renters on the ground, and finding them affordable housing.

However, the housing crisis affecting the province is much more complex, she told The Record. There were a lot of Quebecers who moved away from major city centres throughout the pandemic, and in turn, it has increased prices on

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## Herb Carnegie to be inducted into Hockey Hall of Fame 10 years after his passing



COURTESY OF BERNICE CARNEGIE

By Michael Boriero  
Local Journalism Initiative

It took decades of breaking down systemic barriers, as well as petitions, editorials, and support from former National Hockey League (NHL) players, but on June 27, Herb Carnegie was finally elected to the Hockey Hall of Fame, cementing himself in the sport's history.

Carnegie played hockey in the 1940s and 1950s. He was one of the first Black hockey players to play the sport professionally. However, he was never able to crack an NHL roster because of the colour of his skin. He is often regarded as the best Black player never to play in the NHL.

Despite facing constant adversity, Carnegie fought hard to carve out his place in the hockey community.

Montreal Canadiens legend Jean Beliveau was always a major supporter. They were once teammates with the Quebec Aces in the Quebec Senior Hockey League (QSHL).

Carnegie also suited up for teams in Shawinigan and Sherbrooke, playing alongside his brother Ossie and Manny McIntyre. The trio formed the first all-Black line in professional hockey.

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## Weather



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HIGH 23  
LOW 10



FRIDAY:  
SUNNY

HIGH 24  
LOW 9



SATURDAY:  
MIX OF SUN  
AND CLOUD

HIGH 25  
LOW 8

# Leaving Neverland



## DISHPAN HANDS SHEILA QUINN

Sometimes we outgrow places... or they outgrow us - it's difficult to say which direction it takes, perhaps it really is a bit of both. We age out of different roles, progressing through somewhat linear ranks, and if it was a place/community we spent time in as a child, then we find our way into leadership, logistics, planning, committees; other forms of participation.

We can even outgrow, or be outgrown by places where we have felt a very real sense of home, an extension of ourselves. Occasionally, it is more that we have to leave room for others - that they deserve or can lay a heavier claim to a space/community/group than we are able, in spite of our years of membership.

Recently my youngest headed off to camp as a counsellor for the first time, a week-long experience he was deeply looking forward to after missing out on two years of camp due to the pandemic. He missed his last senior camp year and his year as an LT (leader in training). He was so excited, nervous, a tad irritable from the strange mix of emotions. His camp name was Scarecrow.

It was about fifteen years since my last time at camp - he attended with me for part of the week as what the camp community lovingly refers to as a Super Junior - younger than the regular juniors and usually a child belonging to one of the folks helping to bring camp together that week. My camp name was Rocky. This also marked thirty years after my week as Rusty, the senior camp counsellor in the summer of 1992, and thirty-five years after my week there as a camper.

Over the course of the week, I thought a lot about him being there. He'd been attending for seven years prior to the pandemic - from ages 7 to 14. During those years I decided it would be his space, his community - as much as I had helped with planning

and been present for other people's children, and with my camp friends, now I would let him experience that with others, time that would build character and help him to navigate life and be an entirely separate support system from family and close family friends, from school, from the things that we were mostly involved in. Other people he would have to respect and listen to. Other people who could help him grow in ways I knew I would feel very comfortable with and celebrate.

I wondered if this would potentially be the time that I could craft a way back to that place, probably still as Rocky, as the leather embossed key fob holding my essential keys says, pressed by a camper one of those last years. I was still Rocky. I am still Rocky. If they had a purpose for me, I could figure out how to be helpful. Maybe next year?

Upon my son's exhausted, smelly, rather grumpy (from exhaustion), sense-of-belonging-saturated return at some point the topic came up - would next year potentially be a year where I could return? How would he feel about that?

We're about as open it terms of communication as a sixteen-year old boy and his mother can be - my parents taught me about walking elephants in rooms, and I carried on the tradition. If there is something awkward to be said, you just settle down, and take your time. And you say the real words of the real thing, without being harsh mind you, but...no mincing.

I could feel it right away. He still needs that space. He still needs that place more than I do. Even though I miss it terribly, miss the challenges and simplicity, the inside jokes and strange bonds of camp. Of OUR camp. This

is his world and still needs to be for a while. So maybe one day I will go back, but it will be when that space makes sense.

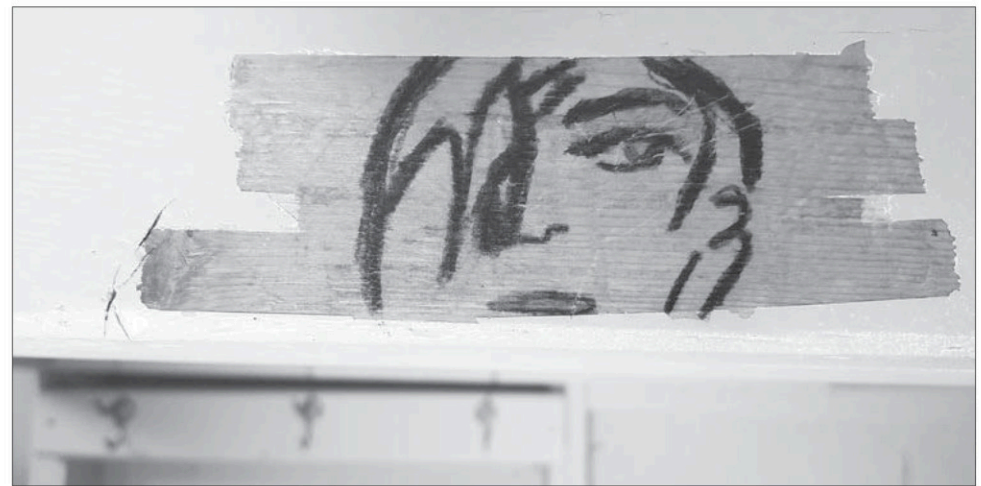
Many families attend camp together - it is a part of their year, a common, shared experience, and many of the parents of those families met at camp themselves! Yet, our home is a different one, one with an unusual/different/particular level of stress, and a brother with special needs who takes up a great deal of air, space, energy and time.

My youngest is a child who compromises so much of those things in his everyday life that having a community to belong to, even for one week of the year, feels like going to another planet. It helps to sustain his well-being all year long.

For that reason, I will return to camp, my Neverland of sorts, when he is ready for me to. I will go when the community needs me too, not just imposing myself. If and when it happens, it will be meant to be, and in the meantime, in my heart I will still be Rocky, and still cherish, defend, promote and celebrate everything about that community.

Sometimes a place isn't our place any more, and sometimes there is a sting that accompanies not being there. And in respecting that there is a strange grace too. Strange graces are few and far between these days, and when we come by a natural fashion to allow for its existence, its time and place, sometimes our absence is healthy and important, just as our presence is at other times.

The important thing is that we still cherish, defend, promote and celebrate those communities, remembering how important they once were to our own growth.



A photo I took in his cabin when I went to make sure we had gathered all of his stuff before leaving - I can't decide if it was scratched off and revealed, or if this face was drawn in a scratched off part of the paint. Either way it felt fitting and representative of my current stage with this!

## Ben by Daniel Shelton



# Local News

Medically, opioids are for pain relief, but they can be misused and purchased illegally. Fentanyl, heroin, morphine, and oxytocin are examples provided by Health Canada of street opioid drugs.

## Naloxone kits in the Townships

By Cassie MacDonell  
Local Journalism Initiative

Although Quebec is not facing an opioid crisis on the same level as in areas like British Columbia, the province has experienced an increased amount of accidental opioid overdoses in recent years. Canadian provinces and territories faced a surge of accidental opioid overdose deaths during to the pandemic, and Quebec was no exception. During the first year of the pandemic, there was a 96 per cent increase in Canada of apparent opioid toxicity deaths, compared to the year before.

In response to this increasing risk, the Quebec government has begun to offer free naloxone kits in most pharmacies and public health units.

Naloxone is a drug used to temporarily reverse the effects of an opioid overdose, which gives enough time for emergency responders to arrive and help the individual.

According to the government of Quebec's resource for finding sites that offer access (located online at <https://sante.gouv.qc.ca/en/repertoire-ressources/naloxone/>) 51 Eastern Townships pharmacies and public health units offer naloxone.

Trish Lamb, who has gone through the process of obtaining and training with a naloxone kit in the Eastern Townships, outlined her experience.

"It was pretty easy to get a kit and get the training that goes along with it. No questions were asked, and no prescription is needed" she said. "Even if I don't have a kit on me when

something happens, I now know how to administer it," she said.

In 2019, Quebec had the second lowest accidental opioid overdose rate with 203 fatalities. In 2020, that number shot up 32 per cent to 547, although numbers may actually be lower due to a new method of reporting these results.

Medically, opioids are for pain relief, but they can be misused and purchased illegally. Fentanyl, heroin, morphine, and oxytocin are examples provided by Health Canada of street opioid drugs. When an individual takes more opioids than their body can handle, they can overdose, which can lead to brain injury, cardiac arrest, and death.

Opioid overdose can affect anyone. "When people think opioids, they think a lot about street drugs. But

people can overdose on prescription drugs too," said Lamb. "I personally got mine because I know drug users, so you never know," she said. "It's good to have the naloxone and the training, just in case."

She explained that she did not think it necessary for everyone to receive a kit and training. But she also said that having one on hand doesn't hurt.

"I think it's really helpful to anyone working in a place where people could come into contact with someone overdosing. Maybe if you work at a bar, or you're a mental health worker," she said. "I don't think everybody needs to have one. If you're in a place where (overdoses) are prevalent then I think it's great. But I still think it's good to have that knowledge, even if you never end up using it," she said.

## Residents remain homeless

CONT'D FROM PAGE 1

the housing market, Bellerose explained.

"It's a fairly new phenomenon. Last year, we had 45 [households] without housing on July 1, but it's a new phenomenon that is affecting all of Quebec. In Quebec, there are 600 households that weren't able to find housing by July 1, so it's enormous for the province," said Bellerose.

Sherbrooke has teamed up with several organizations, non-profits, and community groups, she continued, and the result is that there will be more affordable housing in the city in the next few years. She was unable to provide a timeline, though, adding material resources are scarce now.

ALS Spokesperson Mario Mercier told The Record that there were hundreds of assistance claims at the OMH this

year. But, he noted, compared to last year, the city has been able to support low-income households through its non-profit housing program, or HLM.

The HLM situation in Sherbrooke was bleak during the pandemic. The Quebec government was unable to assist in renovations, which kept dozens of affordable housing options empty for most of the year. But Mercier said a majority of the HLM units are now available to renters.

While there is a clear need for social and affordable housing, demonstrated by the dozens of households waiting for a new home, Mercier noted there is also an invisible group of residents suffering in silence. Many of them are living on couches with their friends, or family members.

"I also saw one person who was

homeless, we brought her with us, but initially she was thinking of spending about a month in her car and we said 'no, no, no you're going to find housing,' but it exists a lot and this is a part of this crisis," Mercier said in a phone interview.

And then there is the issue of staggering increases in rental prices, he continued, adding while there are low-income households that managed to find housing by July 1, they're also living in precarious situations because they might not necessarily be able to afford their new home.

"We tell people to stay where they are because the difference between the housing someone pays after living there for a long time and someone who is renting right now, it's a difference of \$400. We're better off not moving, as long as the current home is not problem," he said.

According to Mercier, for many households, it becomes a difficult choice between affording monthly rent and paying for important medication, for example, or buying food. Property owners are quick to renovate and increase rental prices as soon as renters leave, he said.

Jean-Philippe Benjamin, agent à la vie associative at the Table d'action contre l'appauvrissement de l'Estrie (TACAE), also mentioned the invisible group of displaced residents in Sherbrooke. It's difficult to quantify because many of them don't ask for help.

Benjamin noted another issue is households settling for unliveable housing options because they've reached a point of desperation. These places may not have windows, or there are holes in the walls, or it poses a health risk, but they still fill up because people need a place to live.

Quebec needs to be more proactive in tackling this issue, Benjamin said, remarking on how Granby, for example, has one of the lowest vacancy rates in the province, which he attributes to the surge in Quebecers moving to the regions. Municipalities need more financial support.

"There are a lot of people who are forced to leave their childhood home because there's no more support and they can't wait for a housing option to open up temporarily [...] we think the federal and provincial government aren't taking the necessary steps to fix this crisis," he said.

## Happy Birthday Erwin, a true Canadian!

Record Staff

While many Townshippers were celebrating Canada Day in various ways over the weekend, local Erwin Watson enjoyed a double celebration.

On Friday, July 1, Watson turned 100 years old.

He is seen here with his son, Bill Buckland (left) and Richard Grey, president of the Bury Legion (right).

Watson was a reservist in the Military during the 1950s and later a very active Legion member for 32 years, and still counting.



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# The forest and the trees



DIAN COHEN

“They can’t see the forest for the trees” sums up the campaigning of a lot of politicians today on the subject of what Canadians need to get and keep healthy. The politicians either don’t know our recent history, or they’re so focused on details that they can’t see the big picture.

The big picture today is that in Canada most of the \$308 billion in health spending – more than \$8,000 for each man, woman, non-binary and child – is spent on people living with chronic conditions. Leaving Covid-19 aside, something like two-thirds of medical admissions via emergency rooms are due to the aggravation of a chronic disease. Four out of five primary care physician-visits are related to chronic conditions. It seems self-evident that to avoid unnecessary but costly ER visits and hospital admissions, more effective management of these conditions in the community should be a goal of healthcare reform.

Other countries – Holland, Denmark, Sweden, Germany among others – made this decision decades ago, much to the betterment of their healthcare systems and their citizens. Canada wasted those decades with a plethora of studies and not a lot of effective action. Continuing

the pattern of the 70s, 80s and 90s, the first six months of this century saw Saskatchewan, Alberta, and Quebec all establish provincial task forces to examine the future of Medicare. The federal government launched two of its own – a national Commission on the Future of Health Care in Canada and a Senate Committee on the same topic. These studies, done independently, had surprisingly similar recommendations to each other and to those done years before – chief among them a national homecare program, a catastrophic drug insurance plan, better use of medical technology, particularly electronic medical records.

After decades lost to gripes and grievances, finally, in 2004, the 10-Year Plan to Strengthen Health Care was signed by the first ministers of every province and territory to act on a number of healthcare delivery issues that would be “a fix for a generation” (see table). The provinces insisted that Ottawa cough up more money and Ottawa agreed. This report card brings us up to 2013.

The Health Council of Canada was disbanded in 2014.

We’re now fifty years older than we were when the need for a publicly-funded health insurance system overwhelmed all the other issues that compete for our collective attention. Canadian proclivity to study, not act, plus the pandemic have brought us to the point where our healthcare system is visibly disintegrating. When the cost of delay and denial overwhelms our ability to live normal productive lives, logic suggests we should be on the threshold of real change.

*Dian Cohen, C.M., O.M., economist  
cohendian560@gmail.com*

10 YEAR PRIORITIES	PROGRESS
Reducing wait times and improving access	A mixed record: most diagnostic imaging targets met, other targets, like hip replacement, cataracts, less so. No evidence it improved patient outcomes.
Health human resources action plans	More hiring, little evidence of a coordinated plan for getting the right mix of health professionals in place to meet the health needs of Canadians.
Home care	Did not establish specific targets for homecare or any reporting requirements. Little was done, and no effort was made to measure how little was done.
Primary healthcare reform	Biggest impediment to reform is fee-for-service physician remuneration. Multi-disciplinary teams require patient-centred remuneration. No progress.
Electronic records and telehealth	Progress has been made in electronic records, but hard to say how much because there is no coordinated national plan. Piecemeal systems mean physicians, hospitals, and pharmacies can’t readily “talk” to each other electronically. Telehealth is more positive but data collection is poor.
Access to care in the north	Attracting health professionals, delivering care remain ongoing challenges.
National pharma strategy	Started with a set of vague objectives and no measurable goals. Little progress.
Prevention, promotion and public health	There is no serious Canadian public health strategy that addresses the social determinants of health, such as income, housing and education. The 2004 accord did little to address those.
Health Innovation	Little investment in healthcare systems research to make the health system safer, more efficient, and more cost-effective.
Accountability & reporting to Canadians	The newly-created Health Council did a good job of highlighting innovative projects, but given its limited powers and resources, did little monitoring of progress.

## Gaston Massé (1904–2016):

### Engineer and advocate of Sherbrooke’s municipal electricity network

By Jean-Marie Dubois (Université de Sherbrooke) and Gérard Côté (Lennoxville-Ascot Historical and Museum Society)

Sherbrooke’s most recent electrical distribution station was built in 2017-2018 on Godin Road, at a cost of \$26 million. It was built to supply power primarily to the sectors of Rock Forest, Saint-Élie-d’Orford and Deauville, as well as to the municipalities of Saint-Denis-de-Brompton and of Sainte-Catherine-de-Hatley. It was the fourth electrical distribution station built in Sherbrooke, following the Saint-François (1959), the Orford (1975) and the Galt (1994) stations. The station was named after Gaston Massé, who ran Sherbrooke’s electrical network for 30 years.

Gaston Massé was born in 1904 in Sherbrooke. He was the son of Georgiana Gadbois Vandandaigue (1877-1960) and of Wilfrid Téléspore Massé (1877-1905). The couple were married in 1901 in Sherbrooke. Gaston finished his classical course in 1926 at the Séminaire de Sherbrooke and in 1931 at McGill University his bachelor’s

degree in electrical engineering. He then worked as an engineer until 1933 for the Crépeau and Côté engineering firm in Sherbrooke.

Gaston Massé joined the City of Sherbrooke’s Electrical and Gas Department in 1933 as an engineer. In 1938, he became line superintendent and then in 1939, following the sudden death of John Robert McGregor, he was appointed general superintendent of the department. He continued to run the department until he retired in 1969. In December 1963, the Department was transformed into Hydro Sherbrooke. During his career, Gaston Massé faced important challenges because of the mounting demand for electricity following the economic recovery from the depression period of the 1930s, the needs of World War II from 1939 to 1945, and because of the strong post-war demand.

In 1939, in order to maintain the greatest possible autonomy, the City of Sherbrooke bought the power station for the old Eustis mine. It followed with the Bromptonville LaRocque power station in 1949, and the Paton power station in 1967. As well as buying

electricity from Southern Canada Power, who owned the Abénaquis power station at the time, Sherbrooke had no other choice, beginning in 1940, but to also buy more power from Shawinigan Water and Power, a company that Hydro Quebec took over in 1963. As a result, a power line was then built from Windsor to the old Galt sub-station located on the grounds of the Belvedere South shopping center. Then, in 1950, the line was continued on to the Richelieu station and in 1955, several sub-stations were built in different neighborhoods. The distribution network had already been extended to the adjacent municipalities starting in the 1920s, but this rapid expansion occurred mainly between 1944 and 1955. Starting in 1960, the equipment at the power stations was upgraded and their operation was automated. A modern administration building was built in 1964 on Roy Street, to replace the Galt station building.

During the 30 years that Gaston Massé ran the Sherbrooke’s electricity network, the energy demand grew from 53.5 to 423.6 million kilowatt-hours and the maximum load for all the stations grew from 13,800 to 83,190



COURTESY HYDRO SHERBROOKE

kw. As a consequence, the distribution of gas was discontinued in 1967. The gas network, which was in the red, was sold, along with the plant, to the Corporation de Gaz naturel du Québec. Gaston Massé died on March 20, 1991. He donated his body to the Medical Faculty of the Université de Sherbrooke.

# Herb Carnegie

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They were dubbed the Black Aces. Carnegie was 92 years old when he sadly passed in 2012.

But now his name has been etched in history. And although he isn't alive to celebrate with family, friends, and former hockey teammates, Carnegie stands side-by-side with the four other Black Hall of Fame inductees: Grant Fuhr, Angela James, Willie O'Ree and Jarome Iginla.

It has been a long time coming for Carnegie's family, too. His daughter, Bernice, has been advocating for her father's contributions to the sport on and off the ice for years. So when the announcement was made at the end of June, she could barely hold back her emotions at the news.

"Well, you know what, I started to cry," she said. "I was talking with Lanny McDonald and Mike Gartner and I said to them 'I feel like crying,' and they said 'you are crying,' and at the time I was just about to go into a Zoom meeting with my partners from the Carnegie Initiative."

Carnegie was elected in the builder's category. While he was a force to be reckoned with on the ice, accumulating several most valuable player awards, he will always be remembered for his endeavours away from the game. Carnegie started Canada's first registered hockey school.

He wanted to teach children to appreciate life and overcome challenges. He also created the Future Aces Foundation with his wife, Audrey May, which aims to inspire and empower youth to have a positive impact on society. They have since invested over \$900,000 in scholarships.

"He was faced with a lot of issues that really shouldn't have happened because of his race, but he was a man first and he had a lot of competence in who he was and I always say that's why he accomplished so much in his life. I'm proud every day that I'm his daughter," said Bernice.

The Carnegie Initiative, named after Herb, has two pillars: inclusion and acceptance. According to Bernice, who worked alongside her father for more than three decades, Carnegie just wanted to do the right thing, make a better world, and he wanted to be treated with respect.

"I think my father would be thrilled. I know that he knew that his initiatives would continue because that had been

in my hands for many years and even though he was blind for the last 25 years of his life, his vision continued to inspire people," she told The Record on Wednesday.

While Bernice emerged as an instrumental voice in her father's bid for the Hockey Hall of Fame, it was Carnegie's grandson, Rane, who brought his name back to the forefront last year in the form of an online petition with a modest goal of 500 signatures. He got more than 10,500 signatures.

"It's still surreal," Rane told The Record. "I still don't want to be pinched because I feel like I'm in a dream and, you know, I'm just so thankful. I'm so happy, overjoyed and I know that my grandfather, when we got that announcement made, I know that he was smiling up there, too."

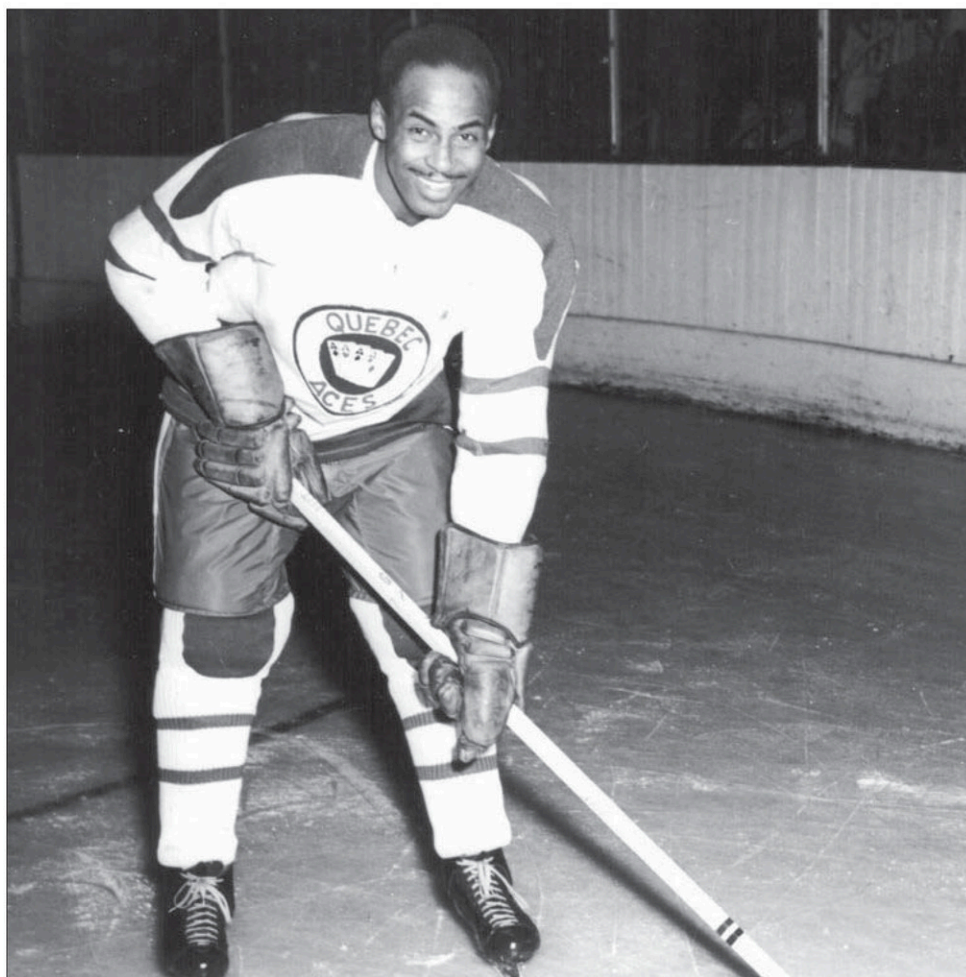
His grandfather being elected into the Hall is another step towards growing the sport, making it more inclusive and diverse, Rane said, adding these moments are an inspiration to every young BIPOC hockey player out there. But while there is closure now, Rane doesn't intend to stop.

"The next move is to continue to push inclusivity, diversity, equity and fairness, right? We're not going to stop. We feel like this is a part of the healing process for the game of hockey. I certainly don't envision that I'm just going to put the torch down," he explained.

Rane, a former semi-professional ice hockey player and currently a coach in the Greater Toronto Hockey League (GTHL), founded the Own Aces Sports Group, focusing on creating a culture that is inclusive, honest, and fun. He wants to stay at the forefront of the conversation.

There are a lot of organizations, associations, initiatives and coalitions sprouting up now, Rane added, including the Carnegie Initiative, Hockey Diversity Alliance, and Black Girl Hockey Club. It will take time, but Rane is confident that hockey is finally heading in the right direction.

"The NHL has done a lot, but they can do a lot more. I think that goes for the whole hockey community, the whole hockey world, if you look at what's going on with Hockey Canada, change needs to happen in all stages of the hockey culture and we need to do more," he said.



PHOTOS COURTESY OF BERNICE CARNEGIE



Herbie receives shoes for Hat Trick - Shawinigan 1945



Carnegie and Beliveau with Cub Scouts

## NEGRO SKATERS IN GARDEN Will Compose Sherbrooke Line Against Rovers Sunday

Negro hockey players will appear on Madison Square Garden ice for the first time Sunday afternoon when the Sherbrooke (Que.) Red Raiders meet the New York Rovers in a Quebec Senior League clash.

The first forward line of the Sherbrooke team is composed of Negro skaters, Herb and Ossie Carnegie, and Manny McIntyre. Herb, who attended the New York Rangers' training camp last September, centers the line, Ossie is the right wing and McIntyre plays left wing.

Dec 22, 1948 - New York Times



Ossie, Herbie and Manny outside Sherbrooke Arena 1948-49

# EDITORIAL

With a low national birth rate and a high labour demand, immigration is more important than ever to sustain and grow the Canadian economy.

## Canada needs to build more affordable housing for newcomers

By Fawziah Rabiah-Mohammed  
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Luc Theriault  
Professor of Sociology, University  
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The relationship between newcomers and the Canadian economy involves three key pillars: job availability, a sufficient population of working age and affordable housing. All three pillars must be supported by the government – if one is missing, the entire system collapses.

While Canada has always relied on newcomers for population growth because of its low birth rate, both housing affordability and job availability tend to fluctuate much more drastically.

In the past, Canadian newcomers have struggled to find quality employment because of tight job markets and credential recognition barriers. As such, many newcomers have found themselves underemployed in gig jobs and part-time minimum wage positions.

However, the recent labour shortage, precipitated by the retirement of the baby boomers and compounded by the pandemic, has resulted in a boon of available jobs for newcomers.

With a low national birth rate and a high labour demand, immigration is more important than ever to sustain

and grow the Canadian economy.

To accomplish such a goal, Canada's department of immigration has set a target to admit between 950,000 and 1,260,000 new permanent residents over the next few years. Canada needs to ensure these new residents have safe, secure and affordable places to call home when they arrive.

### Housing pillar still unsupported

While Canada now has jobs available for newcomers, and the immigration policies needed to fill those job vacancies, immigrants and migrants are still struggling with finding places to live. Rapidly escalating housing costs and low housing availability are a lethal combination for newcomers.

In spite of more new units being built than ever before, as household size continues to shrink, more units are needed to house the same population size. Ontario needs to build one million homes, and Vancouver 156,000, over the next decade to address the housing gap and accommodate families who are struggling with housing stability.

The combination of modest population growth, housing financialization and increased housing demand is rapidly driving prices up. These factors have led to housing becoming deeply unaffordable for many. Without affordable housing, newcomers will go elsewhere, our labour shortage will continue and Canada will struggle to sustain economic growth.

### The myth of the Canadian dream

Over the past five years, we have conducted research on the long-term housing outcomes of Syrian government-assisted refugees who settled in Canada from 2015-16. We have met with these families regularly to assess their housing quality and



progress towards achieving housing stability.

Throughout the course of our research, we have witnessed how frustrated many refugees are with being unable to achieve housing stability. Initially under-housed in small apartments, most refugee families aim to gain employment so they can eventually purchase larger homes to suit their families.

But no matter how quickly they improve their economic condition, housing quickly moves out of reach with the rising costs of fuel and on food.

With home prices surging and the rental market escalating, newcomer families find themselves locked into their current rental units, unable to buy a home or even rent a larger place. The only option left for them is to remain under-housed and disappointed at having been oversold on what Canada offers.

### Better policies needed

Ultimately, ensuring Canada's economic growth will require policies that both increase housing supply and ensure affordability of this supply. If housing affordability stalls population growth, the labour shortage will become even more of a crisis than it already is.

All levels of government must take immediate action to improve housing supply and affordability, including by increasing the supply of affordable housing. Government intervention has to be better co-ordinated and

should reduce the amount of administrative red tape faced by community-based organizations trying to lead affordable housing projects.

This includes, but should not be limited to, implementing the recent recommendations proposed by Ontario Housing Affordability Task Force that focuses on increasing housing density, for example.

To make the housing market responsive to newcomers' needs, this should include the development of larger housing units to accommodate families. This is especially relevant because the children of newcomers will eventually participate in the Canadian labour market.

Housing, immigration and the economy must work together. Currently, it seems like housing is not working for anyone except investors. Addressing the housing issue by adopting a human rights framework put us on an accelerated path to meet newcomer families' housing needs.

Fawziah Rabiah-Mohammed receives funding from the Social Sciences and Humanities Research Council in Canada.

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Luc Theriault receives funding from SSHRC. He is affiliated with the Canadian Centre For Policy Alternatives-Nova Scotia

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## THE RECORD

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# Local Sports

As part of the 45th anniversary, the organization of the Pif Classic honored the people who played an important role in the longevity and reputation of the event

## Crowds celebrate the 45 years of the Pif Classic

Record Staff

The 45th edition of the Portes Mackie Classic Pif presented by Louisville Slugger came to an end on Sunday after a week of games that was greatly appreciated by the public. After its two-year absence, crowds enthusiastically welcomed the return of the Pif with its seven days of high-calibre competition and family activities. Several teams from Quebec, Ontario, Eastern Canada and the United States competed in the 4 classes of the tournament: the provincial women's and men's classes and the invitational women's and men's classes.

The Pif Classic Hall of Fame was also inaugurated on July 1 and 2 with the awarding of the Yvon "Pif" Dépatie trophy to nine people who have made their mark on the history of the tournament.

### The big winners

For the second time and in a row, the Bar Le Shelby / Pot au feu / STA (24 to 14) team won in the provincial women's class and the Conception Desrosiers / Sports-Trans Action (21 to 16) won in the provincial men's class. The latter team also managed their win without any defeats throughout the tournament.

As for the invitational classes, the Proaxion / Valentine team from Trois-Rivières took first place for the women and the American team Beloli/

Publiforme won for the men.

As for the Home Run Competition, held Saturday night, Paul Lafond from Beloli/Publiforme (Massachusetts) won first place on the men's side and Simone Spears, #3 from Sports Wheels/Recoil (New-Scotland), won for the women.

All results and statistics for the entire tournament are available online at [mystatsonline.com/classiquepiffemmes](http://mystatsonline.com/classiquepiffemmes) or at [mystatsonline.com/classiquepifhommes](http://mystatsonline.com/classiquepifhommes).

### Hall of fame

As part of the 45th anniversary, the organization of the Pif Classic honored the people who played an important role in the longevity and reputation of the event or who have had some kind of an impact over the years. Nine people were inducted and received the Yvon "Pif" Dépatie trophy: René Dépatie, Honorary President since the first edition in 1976 and father of the late Yvon "Pif" Dépatie; Gaston Grenier, Founding President of the Pif Classic; Daniel Godbout, Major financial partner for several years (Vacances Air Transat); Daniel Lambert, Major Financial Partner (Portes Mackie); Mario Goupil, Journalist (La Tribune); Andrew Beloli, Team Sponsor since 1984; Mike Forest, Invitational Class Team Recruiter; Richard Martineau, Local and Invitational Class Team Manager; Richard Bourgault, Team scout for the Invitation Class.



SIMON RANCOURT

### An almost perfect 45th edition!

In addition to the competition, spectators young and old were able to enjoy a colorful show with the acrobatics of two motocross and quad athletes at the opening and enjoy seven days of activities, including inflatable games at the Canac family park. Finally, while in 2019, it was the Home Run Competition that suffered due to the whims of Mother Nature, and this year, it was the Resto-Bar Chez Stanley Champions Match that was canceled

due to bad weather. Despite this, the crowds were numerous to visit the Quintal park throughout the week.

The Portes Mackie Pif Classic, presented by Louisville Slugger would like to thank all of its partners who offer the citizens of Sherbrooke and the surrounding area the opportunity to attend a slow-pitch tournament that lives up to their expectations.

The 46th edition of the tournament will take place from June 26 to July 2, 2023.

## Expos fall to Blue Sox in Canada Day match

Record Staff

There were only three games played in the Quebec Major Baseball league this past weekend. The Shawinigan Cascades defeated the Victoriaville Cactus for the second time in two days by a score of 9 to 8 in eight innings. The Thetford Mines Blue Sox played a double header with mixed results, losing in Drummondville by a score of 7 to 3 against the Brock, then turning things around in Sherbrooke, winning by a score of 13 to 7 against the Expos.

In their match, the Expos took an early lead against the Blue Sox scoring six runs in the first two innings. Down 6-5 at the start of the 6th inning, the Thetford Mines team scored 8 points on their way to victory. Jean-Michel Acquin, Stéphane Pouliot, and Yanick Desbiens led the attack for the Blue Sox. Ismael Pena-Chénier and Christophe Jutras were a key part of Sherbrooke's counter-offensive.

The Expos head to Acton Vale this coming Friday to play the Castors. The Brock, meanwhile, will host the St-Jean-sur-Richelieu Pirates early this coming Sunday evening while the Blue Sox host the Castors in Thetford Mines.



VINCENT LEVESQUE ROUSSEAU

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Operation Backpack is serving children at Lennoxville Elementary, Alexander Galt and Grade 6 students from our community schools attending Galt for the first time with a new backpack and school supplies.

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## Card of Thanks

On behalf of the Salon du Patrimoine de Cleveland I would like to thank everyone who attended our Antique tractor show, our sponsors, FDS Énénements for the great music, Helen's Catering for the delicious pork and beef supper and last but not least a HUGE thank you to the Volunteers who are a big part of making this event happen. Hope to see you all again next year.

Sincerely,

Marlene Goodenough  
Secretary - Treasure  
Salon du Patrimoine de Cleveland



TUESDAY, JULY 5, 2022

Today is the 186th day of 2022 and the 15th day of summer.

**TODAY'S HISTORY:** In 1775, the Continental Congress adopted the Olive Branch Petition, an appeal to King George III for reconciliation between the Colonies and Great Britain.

In 1935, the National Labor Relations Act was passed, guaranteeing workers the right to organize and bargain collectively.

In 1971, President Richard Nixon certified the 26th Amendment, lowering the voting age from 21 to 18.

In 1996, Dolly the sheep, the first mammal to be cloned from an adult cell, was born.

## Datebook

**TODAY'S BIRTHDAYS:** P.T. Barnum (1810-1891), circus founder; Jean Cocteau (1889-1963), writer; Anna Arnold Hedgeman (1899-1990), civil rights activist; Henry Cabot Lodge Jr. (1902-1985), diplomat; Huey Lewis (1950- ), singer-songwriter; Bill Watterson (1958- ), cartoonist; Edie Falco (1963- ), actress; RZA (1969- ), rapper/producer; Megan Rapinoe (1985- ), soccer player; Adam Young (1986- ), singer-songwriter; Shohei Ohtani (1994- ), baseball player.

**TODAY'S FACT:** The bikini swimsuit, introduced by French fashion designer Louis Reard on this day in 1946, was named for the Bikini Atoll, where the United States had conducted a newsmaking atomic test earlier in the

week.

**TODAY'S SPORTS:** In 1975, Arthur Ashe became the first Black male tennis player to win Wimbledon.

**TODAY'S QUOTE:** "Love, like wisdom, dissolves you and then resolves you. It breaks down your ego and puts you back together again properly." - RZA, "The Tao of Wu"

**TODAY'S NUMBER:** 5 billion - cans of Spam sold worldwide by the end of the 20th century. The canned meat product from Hormel Food Corp. was introduced on this day in 1937.

**TODAY'S MOON:** Between new moon (June 28) and first quarter moon (July 6).

## Functional fitness a good goal for those in assisted living



### ASK THE DOCTORS

By Eve Glazier, M.D., and Elizabeth Ko, M.D.

**Dear Doctors:** Our mom is 79 years old and in good health. She was lonely after our dad died, and went into assisted living to be near other people. She's lost a few steps physically, and my sister thinks it's because her daily tasks - like shopping, cooking and cleaning - are taken care of. Does that really keep you fit?

**Dear Reader:** We have come to equate maintaining physical fitness with vigorous and targeted exercise, but it's actually a lot more complex than that. The array of ordinary tasks we perform over the course of each day play a significant role as well. When you make a bed, sweep a floor, wash dishes, cook a meal or complete a grocery run, you're going through a wide range of movement. Something as simple as fetching the mail translates

to a collection of important physical actions. It sounds improbable, but even fidgeting confers physical benefits.

Break it down, and in the course of performing daily tasks and activities, you're standing, lifting, reaching, bending, walking, twisting, balancing and stretching. These are small movements, often done unconsciously, yet they play a significant role in health and well-being. Taken together, they contribute to strength, flexibility, agility and balance.

Daily routines, which entail countless decisions and calculations, confer cognitive benefits as well. No matter someone's age, our routines enhance thinking, learning and judgment. The repetitive nature of many of these tasks can make them seem like drudgery. That makes it easy to underestimate their importance. Yet, research shows that the type of activity we're discussing, which is sometimes referred to as low-intensity movement, is beneficial to physical and mental health, and to general well-being. This is particularly true for older adults.

Your mother made an important decision when she chose to seek companionship by living in a community after your father's passing. Loneliness can have severe health consequences, including stress, poor sleep, depression, heart problems and increased vulnerability to chronic disease, and may even lead to premature death. But the services

offered at her assisted living facility may be inadvertently limiting the amount of the low-intensity movement she performs every day.

Keep in mind that the grief at losing her husband can have physical effects, as well. This includes poor sleep, fatigue and body aches and pains, all of which can adversely affect movement. If your mother is willing, you might begin with an evaluation by her doctor in order to rule out a medical cause for her setback. If all is well, you can explore ways for her to become more active.

It's understandable that your mother would be happy to be free of chores such as cooking, laundry and housework. But she can exchange those activities for more targeted physical effort. Many assisted-living facilities offer exercise classes, both in a group setting and as one-on-one instruction. They are specifically geared to the aging body, often with a focus on what is known as functional fitness. This includes maintaining a healthy body weight, increasing agility, improving balance and bolstering emotional health. An enormous amount of change has just occurred in your mother's life, so remember to be patient as you help her adjust.

*Eve Glazier, M.D., MBA, is an internist and associate professor of medicine at UCLA Health. Elizabeth Ko, M.D., is an internist and assistant professor of medicine at UCLA Health.*

## Do Just One Thing



By Danny Seo

Does your community place restrictions on the amount of water you can use on your lawn and garden? Traditional turf requires a lot of water and fertilizer to look lush and green. If your lawn is struggling with hot, dry weather and water restrictions, it might be a good time to consider an alternative: clover. Clover plants are easy to grow and can cover just like grass, but the deep roots of clover need less water to thrive, making it more drought-resistant than regular grass. Doesn't a lawn of lucky four-leaf clovers sound nice?

## RATES and DEADLINES: ANNOUNCEMENTS & NOTICES

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Text only: 40¢ per word. Minimum charge \$10.00 (\$11.50 taxes included)  
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# TOWNSHIPS' CRIER

## TOWNSHIPS

If you want to drink, that's your business. If you want to stop, we can help. Call Alcoholics Anonymous 1-888-424-2975, www.aa.org

## RICHMOND

The Bibliotheque Daniel Ménard RCM will be closed from July 27 to August 9, will reopen Wednesday August 10.

## COOKSHIRE

Expo Cookshire Fair - we're back! We want to give everyone an advance notice to save the dates: August 18 - 21, 2022 for our usual events and more interesting additions. Prepare your exhibits and watch for more announcements.

## LENNOXVILLE

Summer is here and Community Aid wants to offer you an opportunity to socialize with people! Are you a card player? Do you play 500? Join us for a fun afternoon. If you don't play cards but would like to learn - we can show you! Drop-in to have a nice chat with people, we can also offer a range of activities and games. We simply want to promote friendship. It's just nice to be able to meet people. Come and meet us on Tuesday, July 12 at 1:30 at the Amédée Beaudoin Community Center in the Borough of Lennoxville (there is an elevator). You don't have to be a member of Community Aid to attend and feel free to bring a friend. If you have questions call Samuel or Sylvie at Community Aid: 819-821-4779.



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# Best friend is turning into wicked stepmother

Dear Annie

TUESDAY, JULY 5, 2022

**Dear Annie:** I have a dear friend from high school who I've never lost touch with. We have the kind of friendship where it doesn't matter if we haven't talked for months; she is there to listen and stand up for me. As we've grown older, our lives have changed. She has gotten married, and I have a long-term partner. After much difficult effort, she got pregnant and finally had a daughter whom the whole family dotes on.

The problem comes with how she treats her stepsons. She is an incredibly harsh disciplinarian with them, even for silly things or complete accidents. Her husband intercedes on their behalf in the moment, but he does nothing to try to get her to change this behavior, which I feel is emotionally abusive.

I don't know how to talk to this friend who I love and value about how she is damaging innocent lives around her. When we talk about the boys, it is obvious she does care about them, but her standards and expectations seem arbitrary, and her reaction if they aren't met is often incredibly harsh.

I only see her in person a couple of times a year at most; it hasn't even been that often since the pandemic.

How do I help her? How do I help the boys whom I feel she's hurting? I know that they've considered running away before. And every child deserves to feel safe and loved! - Friend of the Wicked Stepmother

**Dear Friend:** You are right that every child deserves to feel safe and loved. It is beautiful that you are so close to this friend, but it is beyond ugly to contemplate how she is treating her stepchildren. Sit her down and talk to her straight about your observations. If she is as good a friend as you claim, she will appreciate the advice. She might not be aware of how harshly she is treating the boys and need a wake-up call.

Also, if she wants to have a nice environment for her biological daughter, emotionally abusing her stepbrothers is going to damage her little girl as well. Blending families can be tricky but also beautiful when done with awareness, kindness and patience.

**Dear Annie:** I was with my last partner for two years, until January of this year. I love him, even though it didn't work out.

The reason why is because he repeatedly shut me out of emotional or physical intimacy, and he would not communicate his feelings. He

didn't want to break up but said he understood why I preferred to remain friends.

This worked fine when I wasn't dating, but now that I have begun dating again, he is visibly upset. I feel guilty dating and shouldn't. He sat on the sidelines for two years. Why am I holding out hope he will come around or let me go in his heart? - Stuck Hoping

**Dear Stuck Hoping:** He sounds like he only desires you when he can't have you. In the long run, that is not a relationship to hope for but rather one to run for the hills from. True intimacy and love come when both people are open physically and emotionally to each other. Continue on your dating search, and try to see his visible upset face as a child throwing a temper tantrum for a toy he wants right now and then will get bored with when he finds something new.

**Dear Annie:** I had always held my sister in high regard, and I loved her. She was my big sis, and I felt she loved and cared for me.

But things have happened to cause me to change my mind. About six years ago on Christmas night, my grown niece and nephew, along with their friends, were sitting at the dinner table looking through my sister's family photo album. Loud laughter erupted from the table. I ran over because I thought I was missing out on a fun picture. The picture was of me taken 30 years earlier. I was on the bed with my little niece and nephew. I had my PJ shorts on, playing with the kids. What was funny to everyone was that my genitals were clearly displayed because the leg of my shorts gapped open.

Instead of my sister telling me to fix my shorts, she took a picture and then put it in her family photo album. Everyone laughed and laughed. I was so mortified and embarrassed. I felt like disappearing.

Later that night, my sister apologized, saying she was just randomly taking pictures that day. What does that have to do with the fact that she put a disgusting, degrading picture of me in her album? It was clearly easy to see the photo was inappropriate and should have been thrown away.

Recently, she went off when she found out I was voting for a certain candidate for political office. She went on a rabid rant and went nuts. Despite this, I spent the day with her, hoping things would improve, but they did not.

Later in the evening, she continued to bully me via text. She used personal information I had given her about how the new chemo medication I was taking made me feel. For some dumb reason, I thought that by sharing this information with her, she could help me cope. She made fun of me, mocked me and laughed at me.

I have decided that my wonderful, kind, loving sister was a person who I created in my mind; this person does not exist.

I've been trying for 20 years to get back a picture of my grandmother that I gave her because she said the photo would be "safe with her." Every time I ask for the picture, she blows smoke up my behind and gives me some stupid excuse. I even told her I would have copies made so everyone in the family could have a picture of Grammy. She will not give me back the picture.

Putting all of this together in my mind, along with other questionable things she has done, I've decided to cancel her from my life. My sister no longer exists; she was made up in my mind anyway, so that person has never really existed.

I don't think I'm wrong to dump this person from my life, but I would like to hear what you think. - Coping With Toxic Sister

**Dear Sister:** She might be your big sis, but she is way too immature to look up to. In fact, rather than cutting her off altogether, I'd suggest telling her to grow up. Tell her that she must give you that photo so you can destroy it, and she must give you the picture of Grammy. If she refuses either, then let her know that the person you thought she was no longer exists. Explain that she was trying to shame you publicly with the photo and privately by mocking your chemo news, which is appalling.

As for politics, far too many people are intolerant of other viewpoints these days, and it is a sign of immaturity, among other things. You are entitled to your opinions, and she is entitled to hers. No amount of bullying can change that.

"How Can I Forgive My Cheating Partner?" is out now! Annie Lane's second anthology - featuring favorite columns on marriage, infidelity, communication and reconciliation - is available as a paperback and e-book. Visit <http://www.creatorspublishing.com> for more information.

Send your questions for Annie Lane to [dearannie@creators.com](mailto:dearannie@creators.com).



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### CELEBRITY CIPHER

by Luis Campos

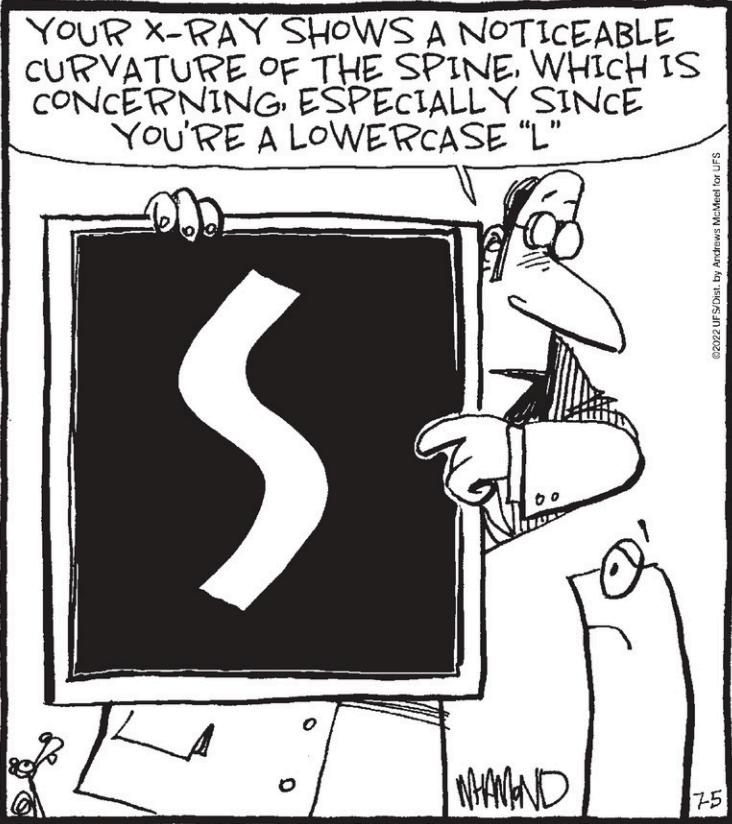
Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

" FIMUGYAXY NE VCY KRENO  
 ZMBIARVNMIMZ VCY BINPYTEY.  
 YPYTDVCNIX NE ZNTEV KREYA  
 MI EMJYVCNIX KYNIX FIMUI."  
 — TRLLYT TSR

Previous Solution: "Those who won our independence believed liberty to be the secret of happiness." — Louis D. Brandeis

TODAY'S CLUE: *λ aquaba d*

### REALITY CHECK

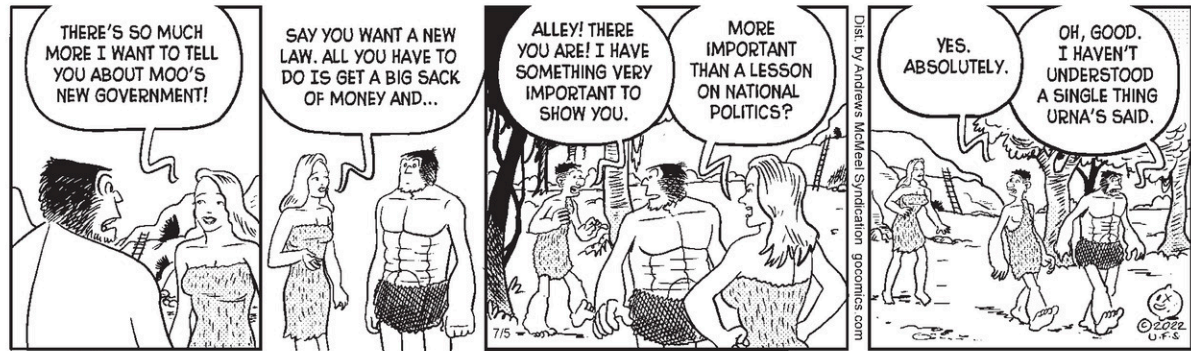


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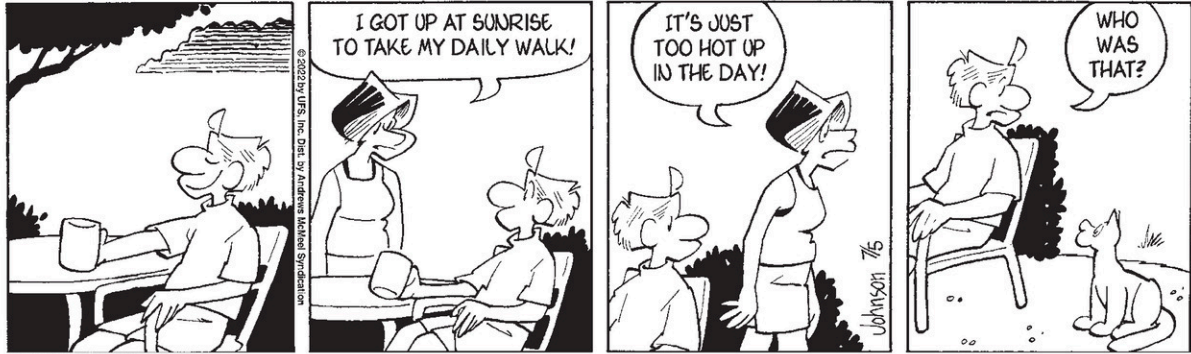


"Two sets to love is not the end of the world, you know!"

### ALLEY OOP



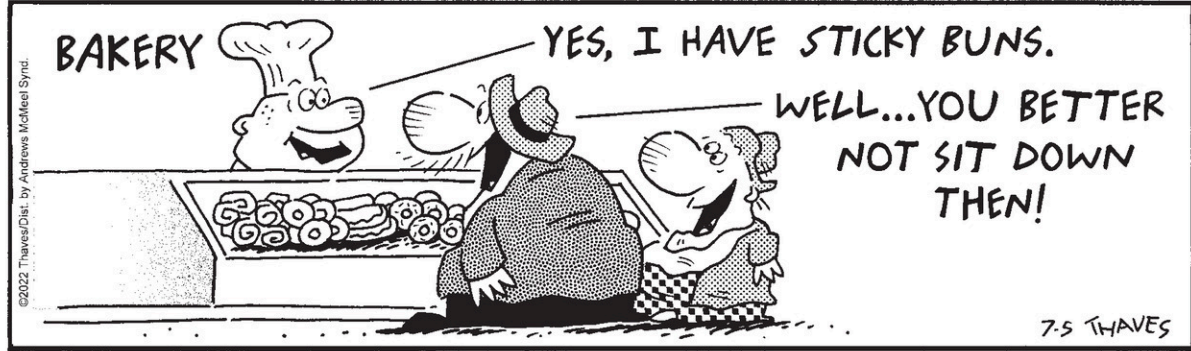
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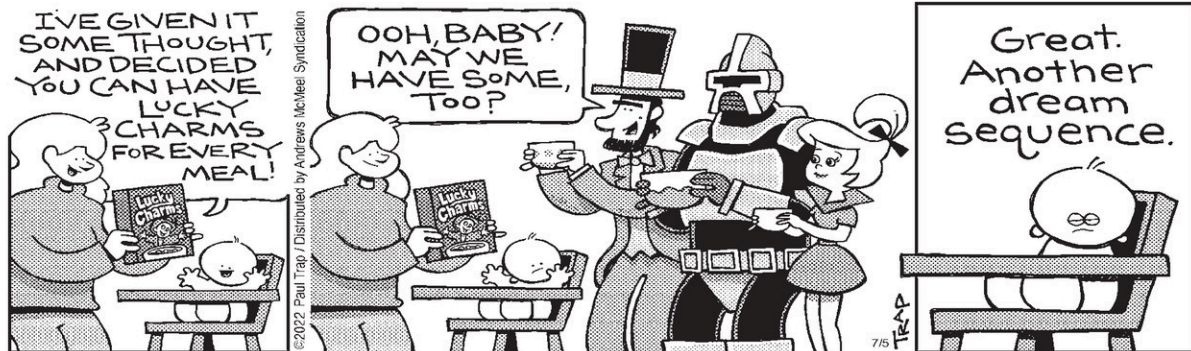
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## Blueberries bring out sweet side of tahini

By Christopher Kimball  
 THE CANADIAN PRESS

The sesame paste known as tahini is becoming better known to American cooks, largely because of hummus, but also thanks to the nutty richness it lends to falafel, grilled meats and roasted vegetables.

Cooks in the Middle East, however, know its savory, slightly bitter flavor works just as well in desserts. A prime example is halva, a fudge-like confection that is mostly sweetened tahini with spices, nuts and dried fruit.

So at Milk Street, we knew tahini could update an American classic - the blueberry crumble. In this recipe from our book "COOKish," which limits recipes to just six ingredients without sacrificing flavor, tahini boosts the flavor of a buttery oat mixture that bakes on top of juicy blueberries. The savory nuttiness of the tahini perfectly balances the sweet berries, which we also sprinkle with a bit of cinnamon.

Be sure to use quick-cooking oats; old-fashioned oats won't soften quite enough. Ripe fresh berries are best but frozen work, too. Look for frozen "wild" blueberries - they're tiny, but pack big flavor. If frozen regular berries are a must, add a few minutes to the baking time, but don't thaw them before use.

This crumble is especially delicious warm, with a scoop of ice cream melting on top.

### BLUEBERRY CRUMBLE WITH OATS AND TAHINI

Start to finish: 45 minutes

Servings: 4 to 6

2 pints fresh blueberries OR 4 cups frozen blueberries, preferably wild (see note)

2 cups (160 grams) quick-cooking oats, divided

3/4 cup (164 grams) packed brown sugar, divided

8 tablespoons (1 stick) salted butter, cut into 8 pieces, room temperature

1/4 cup (64 grams) tahini

1 1/2 teaspoons ground cinnamon

1/2 teaspoon kosher salt

Heat the oven to 350 degrees F. In a medium bowl, toss the blueberries with 1/4 cup (20 grams) of the oats and 1/4 cup (54 grams) of the sugar; transfer to a 9-inch pie plate. Wipe out the bowl, then add the remaining 1 3/4 cups (140 grams) oats, the remaining 1/2 cup (107 grams) sugar, the butter, tahini, cinnamon and salt. Mix until evenly moistened, then use your hands to squeeze the mixture into rough olive-size clumps and scatter them over the berries. Bake until the edges are bubbling and the crumble is golden, 30 to 35 minutes. Serve warm or at room temperature.

Optional garnish: Toasted sesame seeds

# SUDOKU

DIFFICULTY RATING: ☆☆☆☆☆

2			7	6	1	3		9
7			4	8	3			1 6
		6		2		4		
	3	8		5		1	9	
				7				
	4	7		1		8	3	
		3		4		9		
1	7		8	9	2			3
4		2	6	3	5			1

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### PREVIOUS SOLUTION

9	3	4	1	2	8	6	5	7
1	8	5	7	3	6	4	2	9
6	7	2	9	4	5	1	8	3
8	1	9	5	6	2	3	7	4
5	2	6	3	7	4	9	1	8
3	4	7	8	1	9	2	6	5
4	9	8	2	5	1	7	3	6
7	6	1	4	8	3	5	9	2
2	5	3	6	9	7	8	4	1

**HOW TO PLAY:**  
 Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

## PILOT TALK WORD SEARCH

G G R V W W M G C C E S R U O C N G R C  
 I R S D O C B W Y C S E W V G V O S U B  
 L A O R R I L R L O C W S N W P I L B N  
 W E C U E A O A I L V E G P B Y T E R O  
 W R L E N L G O C N O V I T A T A R I R  
 L W T L A D L L U I D A G L D L I B L E  
 N T O Y A W Y E C M T I V V I P V E A L  
 U N R R E T B W P O T U C A Y N A N N I  
 N N S A N T S A A O M A A A L L G C D A  
 Y O S L S O U V V Y R M G N T M R U I V  
 W Y I M A R I O R P E P U I O O E P N Y  
 G P C T W P Y T R D O S M T P R R P G U  
 W D G U A P T C C P V E R S E C E T L C  
 D E E P S R I A E E T D B E P R B A O D  
 M P L P U N E N M E R Y P W V B C L U E  
 E S O N I O A L R E C I G V V D W C Y S  
 O T S B S L D M E V C G D W I C A O A C  
 L I A L P U B C I C Y T I V A R G C A E  
 I C D O G R A C N A C N S G V A V M M N  
 P R U M W A U P A W W A N L E W I T A T

Find the words hidden vertically, horizontally, diagonally, and backwards.

- ACCELERATION
- CARGO
- GROUND
- ADVERSE YAW
- CEILING
- INDICATOR
- AERONAUTICAL
- COMMUTER
- LANDING
- AILERON
- COURSE
- NOSE
- AIRSPEED
- DESCENT
- PLANE
- ALTIMETER
- DIRECTION
- PROPELLERS
- AVIATION
- DRAG
- ROUTE
- CABIN
- GRAVITY
- STALL

# NEA Crossword Puzzle

# Your Birthday

TUESDAY, JULY 5, 2022

Answer to Previous Puzzle



- ACROSS**
- 1 Zeppelin
  - 6 Weave in and out
  - 12 Environ-ment
  - 14 Beethov-en's Third
  - 15 Blowtorch user
  - 16 Sounded hoarse
  - 17 Eyebrow shape
  - 18 Switch positions
  - 19 Shot meas.
  - 21 Suffers from
  - 23 Is, to Fritz
  - 26 Armed conflict
  - 27 Highchair attire
  - 28 Portugal neighbor
  - 30 Andy Capp's quaff
  - 31 Santa — winds
  - 32 Washer phase
  - 33 T-shirt size
  - 35 Orange pekoe
  - 37 SAS competitor
- DOWN**
- 1 Upscale auto
  - 2 Rumor, perhaps
  - 3 Feeling lousy
  - 4 Golden-touch king
  - 5 Equal
  - 6 Nulls
- 38 Sachet component**
- 39 German "a"**
- 40 Want ad abbr.**
- 41 Embar-rassed**
- 42 Insect killer**
- 43 Use a calculator**
- 44 Berlin article**
- 46 Rye partner**
- 48 Long to**
- 51 Bursts forth**
- 55 Smooths feathers**
- 56 Save from disaster**
- 57 Washes off soap**
- 58 Prudential competitor**

- 7 Cyrus' realm, today
- 8 Like busy-bodies
- 9 Scoot along
- 10 Stretchy bandage
- 11 Run around
- 13 Ragamuffin
- 19 More tranquil
- 20 Establish
- 22 Slackened off
- 24 Nailed the quarter-back
- 25 Cultivated
- 26 Stinging insect
- 27 Cotillion
- 28 Go over quickly
- 29 Jules Verne captain
- 34 Edinburgh boys
- 36 This or that
- 42 Frock
- 43 Elicit a chuckle
- 45 Marine bird
- 47 Fringe —
- 48 Aries mo.
- 49 Herr, in Madras
- 50 Kind of pal
- 52 Interest amt.
- 53 Winery cask
- 54 Watery expanse

upfront when dealing with matters at home and work. Give a precise and in-depth analysis of situations and what you plan on doing next. Concentrate on giving yourself time and space.

**CAPRICORN** (Dec. 22-Jan. 19) – Put your thoughts, ideas and energy into improving your living arrangements and daily routine. Simplify your life by setting an easygoing pace that allows you more freedom.

**AQUARIUS** (Jan. 20-Feb. 19) – Pay attention to the dynamics of meaningful relationships. Sharing your intentions and long-term plans will help you gain perspective regarding how to stabilize your life.

**PISCES** (Feb. 20-March 20) – Focus on earning and handling money. Look for purpose in what you do and rewards for what you achieve. Getting paid for doing something you enjoy will make your life easier.

**ARIES** (March 21-April 19) – Hidden matters will be confusing. When in doubt, ask questions, find out where you stand and find a way to move forward. Don't waste valuable time on nonsense and other people's poor judgment.

**TAURUS** (April 20-May 20) – Make changes if you aren't happy with the way things are going. Keep your emotions hidden, and face challenges with an open mind. Take the high road and act quickly to avoid a complicated situation.

**GEMINI** (May 21-June 20) – Satisfy your thirst for knowledge. Researching and talking to experts will convince you to rethink your strategy. Take on less and focus more on doing the best job possible; progress will be yours.

Make changes to your living arrangements and to how you help others. Avoid taking on too much or neglecting what's important to you. Keep your expectations and situations in perspective, and live in the moment. Use your ingenuity and creativity to develop a stellar plan to ensure your personal life is meaningful.

**CANCER** (June 21-July 22) – Emotions will surface, putting you in an awkward situation. Don't jump to conclusions or act in haste. Take the time to find out the truth, and be realistic about handling unstable conditions.

**LEO** (July 23-Aug. 22) – Look at every aspect of a situation before making a move. Pay more attention to what you want and need in your life. Personal growth will offer perspective regarding what's right and best for you.

**VIRGO** (Aug. 23-Sept. 22) – You'll have splendid ideas, but don't forget to share your plans with the people your decisions will affect. Being open about the decisions you make will decrease complaints. Don't take a risk.

**LIBRA** (Sept. 23-Oct. 23) – Look for an opportunity to learn something new. Educational pursuits can help you choose an interesting direction that will improve your life. Financial gain and self-improvement look promising.

**SCORPIO** (Oct. 24-Nov. 22) – Participate in something that intrigues you, but consider your motives and goals before you take on responsibilities. Refuse to let other people's troubles drag you down.

**SAGITTARIUS** (Nov. 23-Dec. 21) – Be

TUESDAY, JULY 5, 2022

## Try to keep him at bay

By Phillip Alder

Ambrose Bierce was a particularly pessimistic individual. For example, he believed that "Calamities are of two kinds: misfortunes to ourselves and good fortune to others." In bridge circles, this is known as the Unlucky Expert syndrome. However, when a player claims to be unlucky, analysis will normally show that he misplayed.

Today's deal is a good example. Against three no-trump, West led the club king. Declarer saw that he had eight top tricks: four spades, one heart, two diamonds and one club. He realized that a 3-2 diamond break would allow him to generate the extra trick he needed.

Correctly, South held up his club ace until the third round. Then, incorrectly, he played three rounds of diamonds. West won the last of these with the diamond jack and cashed two club tricks to defeat the game.

"Just my luck!" grumbled South. "West has five clubs and three diamonds. Do you know the odds against that, partner?"

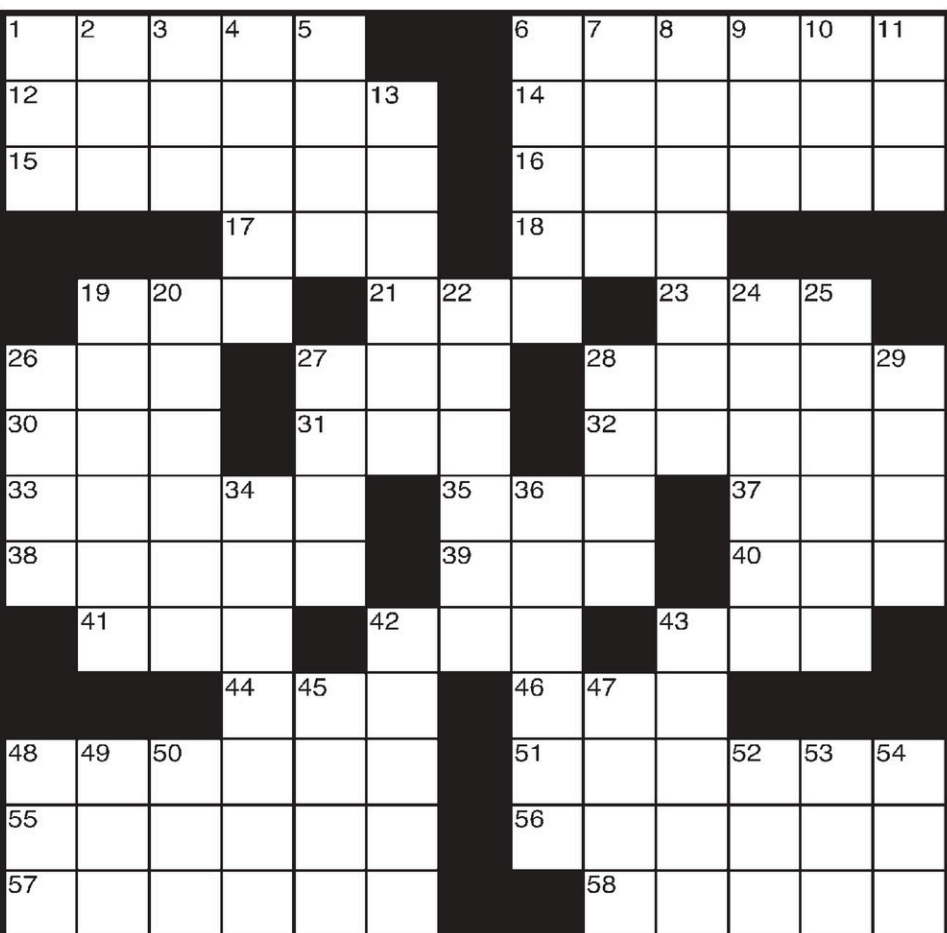
"Not exactly," replied North. He knew that the game should have been made with an avoidance play in diamonds.

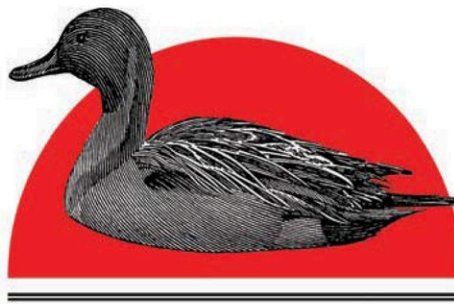
At trick four, play a spade to dummy's jack. Then lead a low diamond toward hand, winning with the ace when East

		North	07-05-22
		♠ A Q J 2	
		♥ J 9 8 3	
		♦ 8 4 3	
		♣ 6 4	
West		East	
♠ 8 5		♠ 10 9 7 6	
♥ Q 10 6		♥ K 7 4 2	
♦ J 10 5		♦ Q 9	
♣ K Q J 9 2		♣ 10 8 3	
		South	
		♠ K 4 3	
		♥ A 5	
		♦ A K 7 6 2	
		♣ A 7 5	
<b>Dealer: South</b>			
<b>Vulnerable: North-South</b>			
South	West	North	East
1♦	Pass	1♥	Pass
2NT	Pass	3NT	All Pass
Opening lead: ♣ K			

plays low. Take your three remaining spade tricks, pitching your low heart, and lead a second diamond. If East doesn't play the queen, win with the king and lead a third round, hoping for the best. When the queen does appear, play low from hand. After West follows and East switches to a heart, claim an overtrick.

Finally, note that if the spades are 3-3, do not cash the last one; otherwise, East can jettison his diamond queen.





## Short-term rentals: Brome Lake bylaws back to the drawing board

By Ruby Irene Pratka  
Local Journalism Initiative

The Town of Brome Lake is launching a public consultation process to revise its proposed short-term rental bylaws after more than 300 residents signed a register calling for them to be subjected to a referendum.

The proposed bylaws, tabled in March, would have allowed people to rent out primary or secondary residences on sites such as AirBnB and Vrbo anywhere in town, provided they obtained permits from the Town of Brome Lake and the Corporation de

CONT'D ON PAGE 5

## John Mentis: Blazing a Trail from Truro to the Townships



TERRY SCOTT

By Terry Scott

As John Mentis recalls, the Grade 9 French class in the Truro, Nova Scotia high school he attended in the mid-1950s was on Friday afternoons.

"That was when I would put my head on the desk and have a little rest. I thought, 'When am I ever going to need to learn French?'"

Back then, young John was a budding Black athlete, especially in the school and district hockey and baseball systems. He learned to skate on the frozen ponds and marshes, encouraged by his father, Bob, an outstanding Maritimes' senior hockey player, and his grandparents, who helped raise John and his four siblings after his

mother died from a blood clot when John was only five years old.

"I was 18 years old when I left Truro, in 1956," Mentis relates. "I signed a C-form with the Boston Bruins, and they sent me to training camp with the Quebec Aces, an affiliation with the Bruins at the time. I had an opportunity to practice with the Aces, and one of the players on the team was Willie O'Ree."

Mentis was already familiar with the Fredericton, New Brunswick-born O'Ree, who blazed a trail for Black athletes by enduring the racial slings and arrows and became the first Black player in the National Hockey League, with the Bruins in 1958.

While O'Ree went on to the NHL ranks, Mentis was a training-camp cut,

assigned to a team in Peterborough, Ontario. He wasn't there for long, and suddenly he was on a bus headed to Chicoutimi to play for the local Quebec junior league team. As he was riding the bus Mentis thought that maybe he should have paid more attention in French class.

"I was the first Black player to play in the junior league in Saguenay region," says Mentis. "And I was the only English-speaking player on the team. I got along well with my teammates. A few teammates could speak a bit of English. I remember my roommate was Jacques Allard. He couldn't speak English and I couldn't speak French. We kept a French-English dictionary between the

CONT'D ON PAGE 3

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# Brome County Community Bulletin Board

**Lac Brome Food Bank** - If you need assistance, please call 450-242-2020 ext: 319. Pick up at 270 Victoria at the back.

## July 8

Royal Canadian Legion, Shefford Branch # 7, Waterloo. Regular Friday night B.B.Q on July 8th, 5:00 to 7:00 p.m. Come and enjoy. Rain (inside) or Shine!!!

## July 9

Country Dance at the Holy Trinity Anglican Church, 409 South St. Cowansville. Music by Keeping' it Country. Saturday, July 9, NEW TIME: 1:00 - 5:00 P.M. Donations \$10. No masks obligated, wear at your own discretion. Door prizes! Canteen on premises. Half & half.

## July 9 and 10

Saint Étienne de Bolton is launching its first exhibit and art circuit entitled: "Village des Métiers d'Art" on two weekends in July: July 9 & 10 and July 16 & 17 10 a.m.- 4 p.m. Discover the group exhibit in the municipal park or follow the signs to visit several artists in their studio. Just take exit 100 off highway 10 and follow the signs. visit our Facebook page: Village de métiers d'art Saint Etienne de Bolton.

## July 10

Sunday, July 10, the Fulford Market will be held from 9 a.m. to 3 p.m. at Fulford Hall 62 Davis Road. Tables are available to rent for \$10 each or a space for \$5 (confirmation by July 3). Our Duck Race will occur at 2 p.m. on the same day. Donations of \$10 per duck will be accepted with the proceeds being shared between SAFE Animal Sanctuary in Mansonville and the Fulford Community Club. For info contact Crystal 450-525-7223 or Carla 450-539-2982.

## July 17

Antique & Craft Markets are back at

the Lac-Brome Museum, sponsored by the BCHS. July 17, August 21, September 18, from 9 a.m. to 4 p.m. on the Museum grounds. Rain or shine. For vendor information, call 450-243-6782 ext. 1.

## July 30

BBQ Fundraiser on July 30 for Holy Trinity Anglican Church, Iron Hill. Lamb, Turkey, Potatoes, Salads, Rolls and Dessert. Cash Bar (Beer and Wine). Cocktails: 5 p.m. Dinner: 6 p.m. Adults: \$35. Information: Doug (450) 263-2579, Eric (450) 263-2589, Winston (450) 263-3372, Lena (450) 243-6291. 218 Iron Hill Road, Iron Hill, Quebec.

## CHURCH BULLETINS

### ALL SAINTS ANGLICAN CHURCH - DUNHAM

Sunday services at 10 a.m. - all welcome! Our weekly church service will also include a celebration of the Eucharist. The Reverend Sinpoh Han. Information: 450-295-2045.

### ANGLICAN PARISH OF BROME

Sunday services cancelled until further notice. See the announcement for Grace Anglican Church to join the online meeting on Sunday mornings. Information: Rev. Tim Smart 450-538-8108

### BEDFORD PASTORAL CHARGE

Join us in Stanbridge East with Rev. David Lefneski's summer Communion Service at 9:30 a.m. Church office: 450-248-3044; email: bedford.pastoral@yahoo.ca. "As long as the earth endures, seedtime and harvest, cold and heat, summer and winter, day and night will never cease." - Genesis 8:22.

### CREEK/WATERLOO PASTORAL CHARGE

Worship and Music: Creek United, 278 Brill Rd., West Bolton, service and

Sunday school at 9:00 a.m.; St. Paul's United, 4929 Foster, Waterloo, service at 10:30 a.m. Service available on Facebook Live. Reverend Dave Lambie, minister. For information or to leave a message call: 450-539-2129

### EMMANUEL UNITED CHURCH

Summer worship at Emmanuel will be inside as a grant to prepare an outdoor worship space has been received and work begins. Please contact the church office to sign up for our weekly newsletter. Thanks to all who came out and participated in our Grand Bazaar on July 2. Following worship, Drumming Circle (rain or shine), with Agnès Boisvert of Sutton leading us. Check our Facebook page. (facebook.com/emmanuelunited). Minister: Rev. David Lefneski, cell: 514-567-7756 or leave a message at the church office: 450-263-0204; email: capchurchoffice@bellnet.ca

### ÉGLISE CATHOLIQUE ST. ÉDOUARD CATHOLIC CHURCH

Our 10:30 a.m. Sunday mass has resumed. However, we must comply with the latest Quebec Public Health restrictions. Thank you for your understanding. For more information, call: 450-263-1616 or visit the website <http://unitedesvignes.org>.

### GRACE ANGLICAN CHURCH

We are now open for in-person worship for our regular 10:30 a.m. Sunday services. Everyone is welcome. Alternatively, you can attend online. For an invitation to join, please email the Rev. Tim Smart, [revtimsmart@gmail.com](mailto:revtimsmart@gmail.com) or visit our Facebook page "Grace Church, Sutton" for the Sunday link.

### KNOWLTON MOUNTAIN VALLEY PASTORAL CHARGE

Welcome to in person and online worship beginning March 2022 at Knowlton United Church, 234 Knowlton Road, Knowlton at 11

a.m. Worship services will be held on the first 3 Sundays of each month unless otherwise stated. For further information, please contact Rev. Steve Lawson at 450-242-1993.

### ST. PAUL'S ANGLICAN CHURCH

St. Paul's has re-opened for Sunday in person worship at 8 and 10 a.m. We continue to livestream our Sunday morning worship at 8 and 10 a.m. at St. Paul's Knowlton on Facebook. All services are also available for replay, at 24 St. Paul's Road in Knowlton. St. Paul's is a dynamic diverse community pursuing and serving Jesus in the Eastern Townships. Our mission is to grow in members and spiritual maturity so that we can reach as many people as possible with the love of Jesus. Please note that there will be one service only at 10 a.m. on Sundays from July 10 to September 4. During this time, we will be offering the Alpha Series. Everyone welcome! Telephone: 450-242-2885, email: [stpaulsknowlton@gmail.com](mailto:stpaulsknowlton@gmail.com).

### KNOWLTON MOUNTAIN VALLEY PASTORAL CHARGE

Welcome to in person and online worship beginning March 2022 at Knowlton United Church, 234 Knowlton Road, Knowlton at 11 a.m. Worship services will be held on the first 3 Sundays of each month unless otherwise stated. For further information, please contact Rev. Steve Lawson at 450-242-1993.

### TRINITY ANGLICAN CHURCH

Sunday Church Services at Trinity Anglican Church Cowansville are now being held at 11h00 a.m. In being a part of the Eastern Townships Regional Ministry, our church service schedule is in a period of change. Please contact the church office 450-955-3303 and leave a message if you would like to have more information.

## Elva Lockwood, longtime Townships resident, is leaving for Ontario

By Louise Smith

**E**lva Lockwood has lived in many places during her lifetime, but most of her best memories are from her time living in the Eastern Townships. Elva was born in Danville, and that is where she started her teaching career. She has also lived in Asbestos, Knowlton, North Carolina, Winston-Salem, Knowlton again, and Cowansville. She is moving to Ontario later in July to be closer to her family.

Elva was a teacher for thirty-three years. She always enjoyed her time in the classroom. She loved teaching. Elva loved the children and she is pretty certain that they liked her. When she was first in Knowlton, she taught in Knowlton Academy for five years.

She feels that the best part about the Eastern Townships is that it is so easy to know many people.

Friendliness is second nature to so many in the area. She will greatly miss the Townships because this area has been such an important part of her life,

Elva will be missed by her friends and neighbours when she leaves. She has become very involved with Emmanuel United Church in Cowansville,

It is hoped that some return visits will happen in the future, but Elva will not be forgotten. She is also echoing that the Township area will never go forgotten on her behalf either. She has felt rooted in this area and she will take a part of it with her in her memories.

*Right: Elva Lockwood, long-time Townships resident, is leaving the Townships for Ontario but she will never forget her connection to this area.*

PHOTO BY LOUISE SMITH



# Canada Day celebrations in Stanbridge East

By Louise Smith

Mayor Greg Vaughan is proud of how his town was able to come together to celebrate Canada Day. On Saturday, July 2, the firemen organized the 55th edition of the chicken barbeque and event-filled day. For the past two years the chicken meal was boxed up for pick up and carry during the COVID years. This year families could congregate together on the field, sitting under tents to eat the meal, and then take part in the many activities on the grounds.

It was a family day affair. A bouncy castle was in place and the playground equipment was full of happy children. Face painting was offered. Races, complete with ribbons, were organized for all ages of children. It was reminiscent of church picnic days of old. Sack races and three legged races were part of the itinerary of the day.

Hundreds of people from Stanbridge East and surrounding towns turned up

for the day. The chicken was delicious. It has a well-deserved reputation that has been built up over past years. The chicken was grilled on open large metal barbeque drums and the process to turn them over was fun to watch. A large rack of half chickens were sandwiched between a second rack and two people would turn a batch of chicken at a time in a rhythmic form of action that almost seemed like a dance. Complementing the chicken meal was an offering of strawberry short cake. The cake was draped in strawberries and topped with cream.

Councillor Robert (Robbie) Young for seat 3, who is also in charge of Public Services, Roads, Urbanization and Zoning, was standing along with Mayor Greg Vaughan surveying the events of the day, and both were happy with the fun that everyone was having and proud of the team of volunteers making the day possible.

Funds raised from the sale of a large volume of chicken dinners are going

towards acquiring equipment for the fire department. This event is one of the main fundraisers for the year.



Strawberry shortcake was on offer.



PHOTOS BY LOUISE SMITH

More Canada Day apparel on display in Stanbridge East.

## John Mentis

CONT'D FROM PAGE 1

two beds.” Mentis didn’t need a translator to tell him what spectators in rival rinks were saying about him.

“We had a big rivalry with Alma. And when we went there, the fans would shout things like (N-word) and Vico. That’s when I found out Vico was chocolate milk! I got called every name in the book. But the more names I got, the harder I played.

“It wasn’t as bad as some of the rinks in Nova Scotia. There was one game when I played midget, the fans in Berwick taunted me and three or four of the other Black players on the team. We beat Berwick and we needed a police escort to get out of the arena.”

The 18-year-old who left Truro to pursue an athletic career has enjoyed a remarkable life. John Mentis is 84, a soft-spoken gentleman – in both languages – and an esteemed, highly respected member of the community of Granby, where he has resided for almost 60 years. Despite a bothersome meniscus, he’s still able to golf at least twice a week at his member Miner Golf Club: “I can’t shoot 84, my age, but I’m usually in the low 90s.”

Mentis never had a full-fledged pro sports career. There were times when it looked like it might happen: “When the NHL expanded in 1967, Rudy Pilous, who was working with the Philadelphia Flyers at the time, told me they wanted to invite me for a tryout. I was the second-leading scorer in the Quebec Senior Provincial League, but I never heard any more from him.

“When I was 21, I had an offer to play Class A baseball in the Philadelphia Phillies’ system. They wanted to send me to their training camp in Florida. I had just married a French-Canadian girl and she wanted no part of moving to Florida. At that time in the U.S., Black people couldn’t use the same bathroom or walk on the same side of

the road as white people. I wasn’t too interested in going to Florida.”

Mentis settled in Granby and carved out a semi-pro sports career. One of the Eastern Townships’ most versatile amateur athletes, Mentis starred for 13 seasons in the provincial baseball ranks with Granby, Waterloo, Acton Vale, Sherbrooke, Kenogami, where he played on two championship teams. He won three batting titles and was a key figure on the Granby Cardinals’ squad that won the Senior Provincial Championship in 1968.

This occurred just a few months after Mentis was an instrumental figure in the Victoriaville Tigers’ capturing the Allan Cup, awarded annually to the national senior men’s hockey champion.

While the twin championships further forged Mentis’s legendary amateur-sports status, it didn’t provide a steady income to survive. When he first settled in Granby, Mentis worked at jobs distributing Coca-Cola and cooking fiberglass in a local manufacturing plant.

One day, in 1966, Mentis saw an ad in the Granby newspaper – the federal government was looking to hire prison guards. Mentis successfully applied and was sent to St. Vincent-de-Paul, a maximum-security institution in

Laval which, at the time, was Canada’s only francophone penitentiary.

“I had a four-month internship there,” relates Mentis. “I didn’t know it at the time, but they told afterwards I was the first Black prison guard in the federal penitentiary system.”

Just as he was in hockey arenas and on baseball diamonds, Mentis found himself in a minority position.

“At first, I was working the midnight to 8 a.m. shift,” he remembers. “I would hear things like, ‘What are you doing here, (N-word)?’ But it was in the dark, so you didn’t know where it was coming from.”

How did he cope with it? “It’s the same thing as being taunted in sports. When somebody calls me that word, I tell them, I don’t like that word, can you please change the conversation?”

The internship led Mentis to a 30-year career in the prison system – over 26 years at the provincial level – working in Waterloo, Sweetsburg and Cowansville, where his

expanded duties included overseeing the inmates’ physical and recreational activities.

Mentis’s career as a correctional officer has provided a nice pension that allows him to live comfortably in retirement. It has also removed any regrets from what might have been if he had pursued a professional sports career.

“When I left home, my father told me, ‘You’re going away to play hockey – try to find a good job because you’re not going to go anywhere with a full-time hockey career.’ I wasn’t sure how things were going to turn out when I left Truro. Little did I think I would end up in Granby for 60 years. I’ve had a good life, and I feel at home here. You can’t change history.”

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LETTERS

Sutton kills summer cantine

DEAR EDITOR:

During the pandemic we had a (provincial) food-licensed trailer, RG's Cantine, for three days only on nice summer weekends providing locals and passers-by with a safe place to enjoy some tasty fast food with friends and neighbors.

This was at the South end of Sutton at the BMR that graciously made its parking available, and also for an adjacent meeting place for old car buffs. It became a unique low-key spot with friendly service and, yes, burgers and poutine!

While Sutton has apparently no by-law against food trucks or trailers (and indeed it should not), reportedly based on a complaint, it prohibited the cantine for summer 2022 out of "équité" for apparently similar businesses "that pay the cost for such use", wrote me the Mayor.

The Mayor decided that since this trailer was parked for much of the summer it became a "building" and thus some regulation had to be found and enforced. No negotiations or accommodation and no thanks for the pandemic service that was so welcome.

This is unfortunate and it does not bode well for this young administration that is becoming known for enforcement of rules that don't protect many. Just imagine: 1,477 people signed a petition to keep Jennifer Brown and Dwayne McKenny (very much locals) and some young helpers as part of the landscape. That is more than one third (1/3rd) of Sutton's permanent population that took the time to sign that petition!

Let's hope the Town reconsiders as the evident interest of many hundreds of its citizens (also tax payers, as are the businesses concerned) should prevail over the interest of what may be a single complainant. This is a sad but needless loss of quality of life in Sutton during summer months, pandemic or not. With thanks to Jennifer, Dwayne and the BMR. Council, please fix this.

EDDIE VOS  
GLEN SUTTON

Pet of the Week: Méo



Male, adult, sterilized, dewormed & vaccinated

flips & twists with delight. He pushes on your hand with his head to encourage you to continue petting him. He loves to brush against your legs and will parade around to attract your attention. This active boy truly appreciates the presence of humans; he'll come cuddle on your lap while you watch TV or read a book and he'll probably want to sleep with you on the bed at night.

Our sociable and likeable Méo will be happiest living with people who are often at home. When he gets too excited, he licks your hands and nibble your fingers or he'll try to climb on your legs. We therefore recommend a home without young children to avoid any risks associated with these behaviors. Méo being a confident and dominant fellow we also recommend he be the only cat in the household if not there could be some conflicts.

Méo will bring you enormous joy on a daily basis. With his spunky personality, he will become a most wonderful furry companion! This brave boy is very much looking forward to finding a loving and caring family who will pamper him as much as he deserves so he can have a life filled with love and good care!

If you wish to adopt MÉO, please write to us at: [adoptionpcamonteregie@gmail.com](mailto:adoptionpcamonteregie@gmail.com) Thanks!

Méo (#8873) is a handsome five-year-old tuxedo kitty with gorgeous green eyes filled with curiosity and mischief. He was brought to the shelter after a rescue mission on a farm that had several severely neglected cats. Méo is in good health even though he survived injuries, cold temperatures and rough living conditions. He's missing part of his tail; we don't how this came about but it sure gives him an interesting look!

Méo is super affectionate...a true lovebug! He begs for caresses, purrs,

Ben in Focus



I find you very amooosing!

BEN MCAULEY

Brome Lake Boating Club



DON JOYCE

Sunday, June 26th, the Brome Lake Boating Club (BLBC) held a Red Cross First Aid training session for Day Camp Counsellors and Sailing Instructors. The Club invited Alan Bowbrick and the Brome Lake First

Responders, and Steven Russell and the Secure Nautique team to the BLBC team for a BBQ. It was a beautiful sunny day by the lake and an excellent opportunity for everyone to meet and get to know each other.

Brome County NEWS



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# Winemakers get federal funding boost

By Ruby Irene Pratka  
Local Journalism Initiative

Many Quebec wine producers are breathing a sigh of relief after federal minister of agriculture and agri-food Marie-Claude Bibeau announced the creation of a new federal wine sector support program. The program will dole out up to \$166 million in federal funding over the next two years to eligible wine producers.

Bibeau made the announcement June 29 at La Halte des Pelerins winery in Sherbrooke.

“Our local products and wine routes contribute to the attractiveness and vitality of our regions ... and provide tens of thousands of jobs and billions of dollars in economic benefits every year across the country,” said Bibeau. She clarified that winery owners could use funding granted through the program to “adapt to the challenges confronting them and remain competitive on Canadian and international markets,” covering anything from marketing to vine or equipment purchases to climate resilience projects. “We chose not to direct the investments to one thing in particular,” she said.

All licensed wineries in Canada that produce or contract out the production of bulk wine from primary agricultural products, such as grapes, berries, other fresh fruit, dandelions, rice and sap and have annual turnover of at least \$50,000 will be eligible for support under the program. Funding for

individual wineries will be pegged to last year’s production, and winemakers will have until Aug. 12 to apply; Bibeau said payouts would be distributed this fall.

The announcement comes amid tough times for the wine sector, which has taken hits from climate instability, a labour shortage, supply chain difficulties, increased international competition, inflation and pandemic-driven interruptions to travel and event bookings over the past two years. Additionally, following a World Trade Organization ruling in a case brought against Canada by Australia, as of this month, Canadian winemakers are no longer exempt from excise taxes. The tax is estimated to cost winemakers about \$135 million over the next two years.

While Bibeau emphasized that the new funding measure should not be seen as direct compensation for the excise tax and did not have the same criteria, she said it would “help winemakers traverse a particularly turbulent period.”

### Breathing room for Quebec winemakers

Charlotte Reason owns a winery in the Lotbinière region and is president of Quebec Independent Winemakers, a trade association that was not involved in the consultations around the program. She calls the funding “a great gift” that winemakers will use “to get back on the rails.” She hopes to be able to use the funding to replace outdated

equipment and pay down loans taken out during the pandemic.

Denis Paradis is the owner of the Domaine du Ridge winery in Saint-Armand and a board member of Wine Growers Canada. He said the announcement was “good news,” particularly in light of the end of the excise tax exemption. He said he would apply for funding, but wait for further details before deciding how to invest any money he received.

Paradis said the excise tax will add 40-45 cents per bottle to Canadian winemakers’ production costs. “Australia sells its wine here and wants to block local wine growers from selling their own wines without this tax,” he said. “Wine already costs more to make here because of the climate adaptations we have to make. I feel like the people who defended Canada at the WTO didn’t do a great job...but we have to live with it.”

He added that he and his colleagues were facing “major supply chain issues” as well.

“For some reason, there’s a shortage of empty bottles on the world market, and where they used to cost 60 cents, they now cost more than a dollar each,” he said. “The excise tax arrives on top of that.” He said he hoped Quebec would put in place a similar program to offset a new tax on wine sold in grocery stores.

“Everything is going up,” said Reason. “This will just help us bandage our wounds.”

# Short-term rentals

CONT'D FROM PAGE 1

l’industrie touristique du Québec and respected certain conditions. Under normal circumstances, 430 signatures on the register would have been needed to force a referendum, but the town chose to lower that requirement to 215, and 373 people ultimately signed, according to pro-mayor Lee Patterson, who is the town council’s point person on urban planning.

Instead of moving forward with a referendum, the town will now put together a consultative committee, chaired by Patterson and made up of town staff, residents on both sides of the issue from different sectors of the town, and elected officials. The committee will be tasked with developing a more broadly acceptable bylaw which Patterson hopes will be passed by March 2023, when new provincial regulations come into force.

Although several written and in-person public consultations were held in early 2022, Patterson said, “in hindsight, we could have done a better job of explaining” the implications of the policy change. “If it’s not getting social acceptance, we don’t want to push it down people’s throats,” he added. “We don’t seem to be that far apart – there are just small grey zones people would like to clarify with regard to noise, permits and taxation.”

Benoit Bourgon is a cofounder of Vigilance Lac-Brome, a citizens’ group concerned about short-term rentals

Vigilance Lac-Brome had encouraged residents to sign the register to show that they were unsatisfied with the bylaws as proposed. Bourgon hopes members of the group will be appointed to the committee.

“This [creation of a committee] suits us well – it’s what we wanted from the beginning,” he said.

Bourgon said that allowing short-term rentals everywhere in the town would be “disastrous,” potentially exacerbating a shortage of affordable housing and leading to noise complaints and other inconveniences.

“The employers are all hiring, but the employees can’t find apartments because they’ve all been rented on AirBnB or Vrbo,” Bourgon said. “Also, in a lot of instances, people rent AirBnBs

for three people and come in large groups...and there’s no way to police that.”

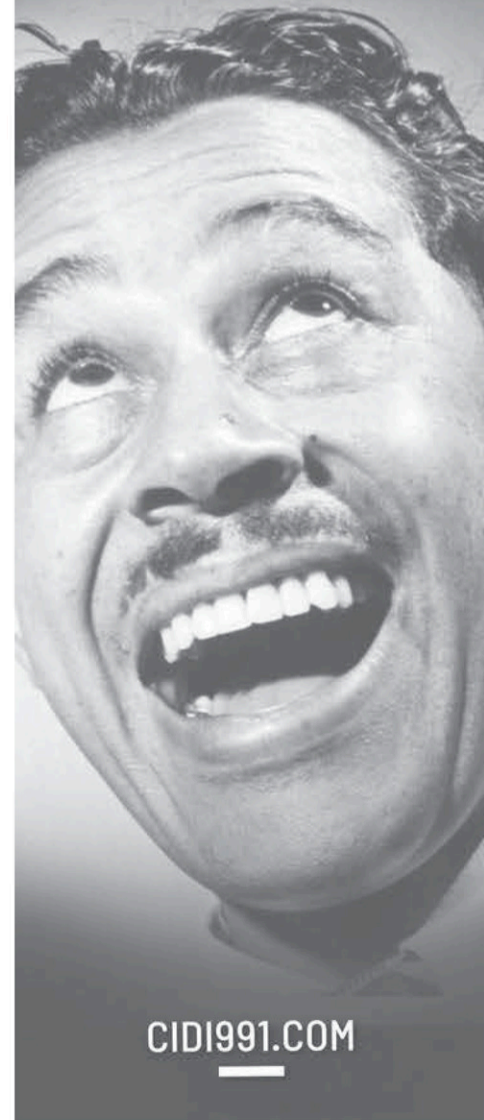
“We would like to see AirBnB banned throughout the city except for specific targeted areas,” said Bourgon, citing the example of Magog, which limited short-term rentals to certain zones earlier this year. Patterson has said that Brome Lake’s division into dozens of small zones would make that complicated.

Patterson hopes the committee will be able to meet in the fall and make recommendations to the town council so that a new bylaw can be tabled in early 2023.

Brome Lake residents interested in serving on the committee can email greffe@lacbrome.ca.

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# School Page |

## Waterloo Elementary School Graduations, June 2022

As Waterloo Elementary School (WES) celebrates its graduates, the school is already preparing to welcome over 40 students in its preschool (K4 & K5) next year. Enrollment in the 4-year-old kindergarten classes alone is over 25 students, which means there will be two groups of K4 students for the 2022-2023 school year!

The kindergarten 5-year-olds had a beautiful graduation ceremony on Friday, June 17th, 2022, in the WES gymnasium. Smiles were everywhere you looked. Over 70 proud parents, family members and friends watched as the adorable grads took the stage. School principal, Miss Lyons, presented the diplomas while the kindergarten teacher, Miss Natalie, read warm

messages and awards for each child. There was singing, dancing and a wonderful buffet for all to enjoy. And best of all, there was cake! We are so very proud that our graduates are well and ready for grade one. We hope everyone has a fantastic summer.

A big congratulations goes out to our grade 6 students who will be leaving WES for new adventures at

high school. Although we are sad to see them go, we are very proud of all they have accomplished here at WES and what great things they will achieve next. This year the grade 6 graduates had an official cap and gown ceremony, a first for WES. Thank you to the WES Governing Board for funding this addition to graduation.



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# MVSBF AWARD RECIPIENTS

## MVSBF 2022 Awards in Person

Since June 2019, the pandemic did not permit the Massey-Vanier Scholarship, Bursary Fund charity to enjoy its annual celebratory ceremony in person. Fortunately, we were able to provide awards during those isolating years of Covid-19. On the evening of June 1, 2022, we celebrated in person! Parents, friends and donors gathered in the MV auditorium to celebrate the achievements of MV graduates who will be pursuing post-secondary studies. Our loyal contributors generously donated over \$118,000 in scholarships, bursaries, and prizes. It was a magical evening!

Our donors are diverse. Some are families and organizations who have set up funds in memory of loved ones, Massey-Vanier staff and student alumni, various school or MVHS class reunion groups, many local businesses, banking and investment institutions, foundations, educational and health institutions, legions, towns, associations, masonic lodges, service clubs, and private individuals. The MVSBF Committee and its Trustees are deeply grateful to our generous community and to our dedicated and reliable volunteers who join forces to provide students with the financial support necessary for their educational dreams. *THANK YOU!*

We welcome any individual or group who may wish to join us as a contributing partner in assisting students to pursue post-secondary academic studies in English or French. Inquiries on how to become a donor may be directed to Susan McLean or Roxanne Charette at [mvsbf75@gmail.com](mailto:mvsbf75@gmail.com).

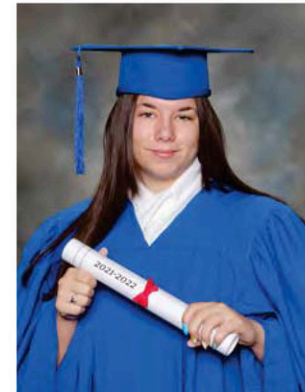
Congratulations to the Class 2022! We wish you a positive future filled with enthusiasm, exploration, and success. *CONGRATULATIONS!*



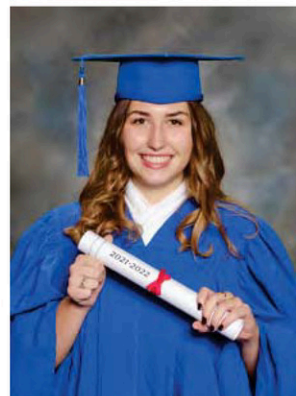
*Gabrielle Ayotte*



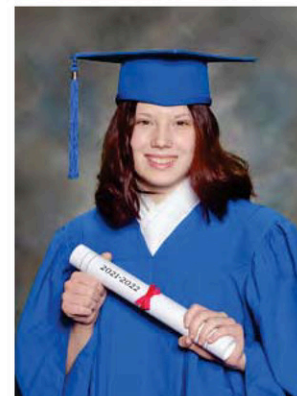
*Chanelle Bates*



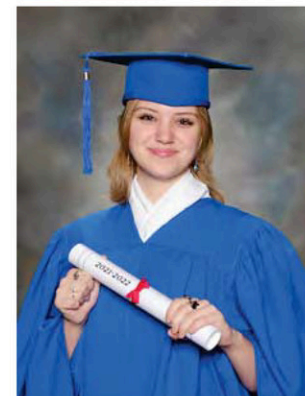
*Keisha Beaucage*



*Bianca Beaulne*



*Kaisey Benoit-Robitaille*



*Julia Bernache*



*Elysia Bienvenue*



*Alexander Bissonnette-Greig*



*Carly Boivin*



*Millie Boudreau*



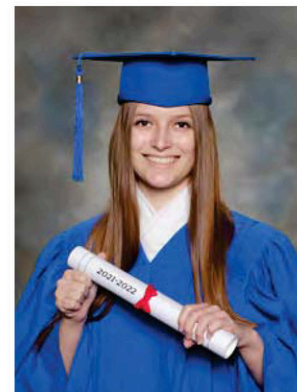
*Katrina Burcombe*



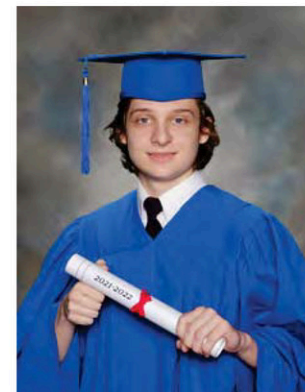
*Ollie Choinère*



*Tori Clark*

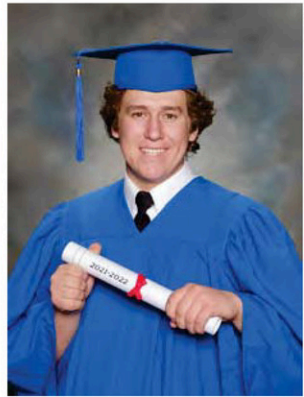


*Haylie Corey*

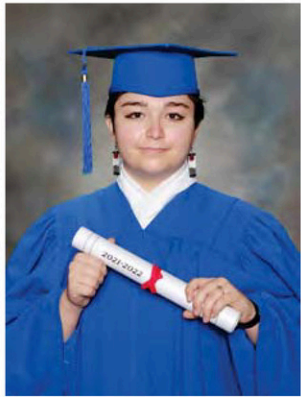


*Dave Côté*

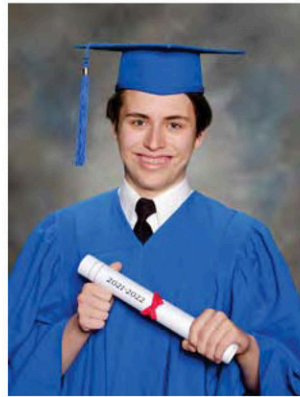
# MVSBF AWARD RECIPIENTS



*Andy Coupal*



*Madison Courmoyer*



*Rygel Dagenais*



*Logan Dandurand*



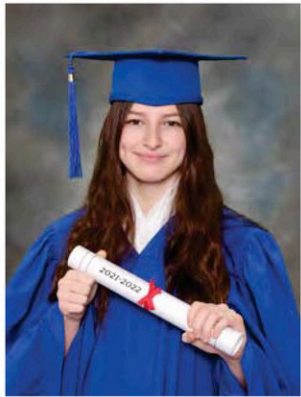
*Jazmyn Delorme*



*Laurie Desloges*



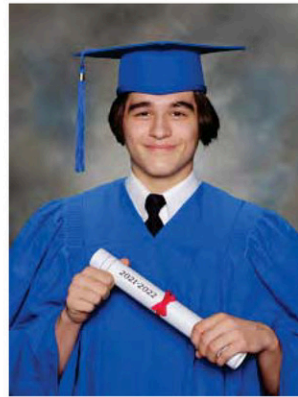
*Kayla Duchesneau*



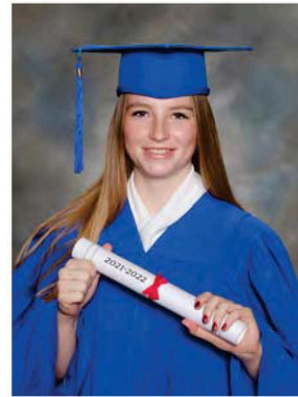
*Mika Edgington*



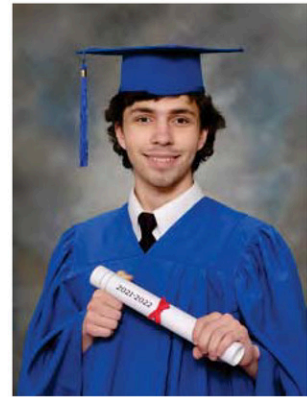
*Jack Eldridge*



*Yohan Fradette*



*Juliana Greig*



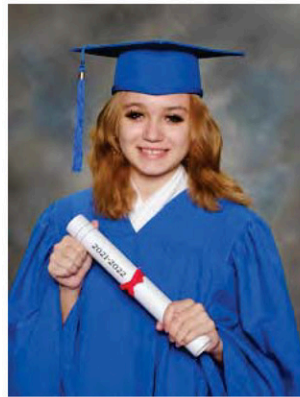
*Tyler Holden*



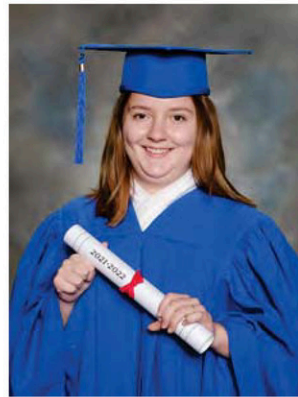
*Madison Ingalls*



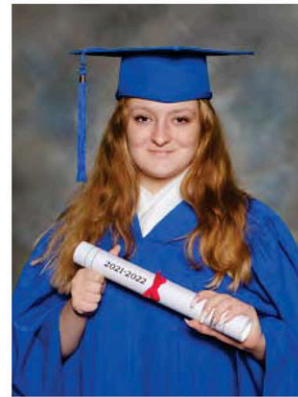
*Carol-Ann Laberge*



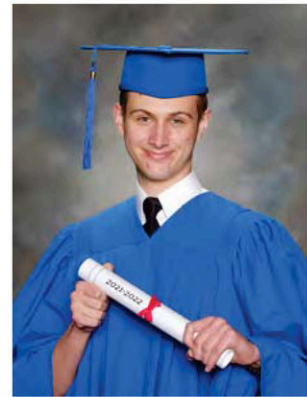
*Kristine Lace-Harvey*



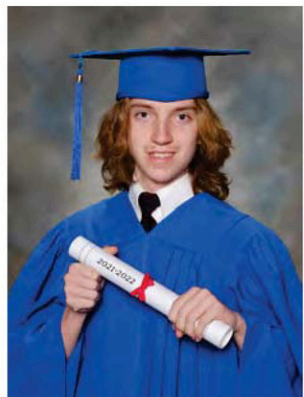
*Mya Lafleur*



*Naomie Lamothe-Guénette*



*William Leblanc*



*Hunter Lenz-Teolis*



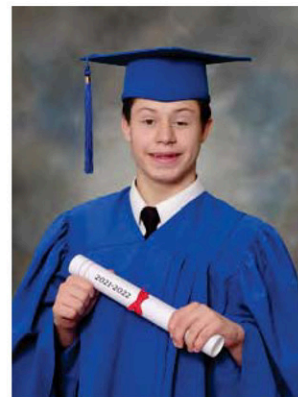
*Emma Lightbody-Lucas*



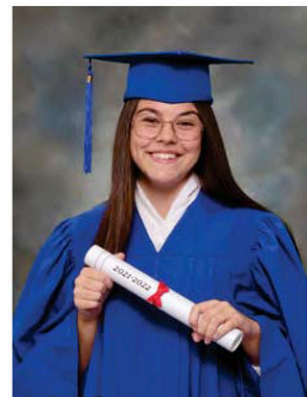
*Amelia Macey*



*Ben McAuley*

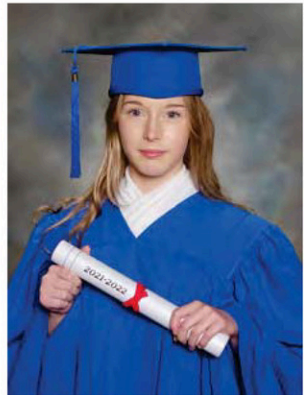


*Aidan Meacher*



*Louna Mercure*

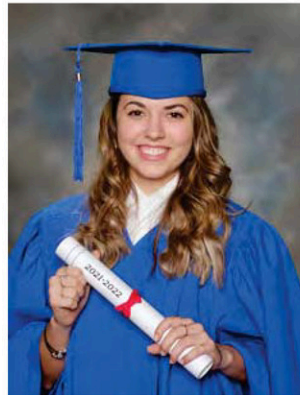
# MVSBF AWARD RECIPIENTS



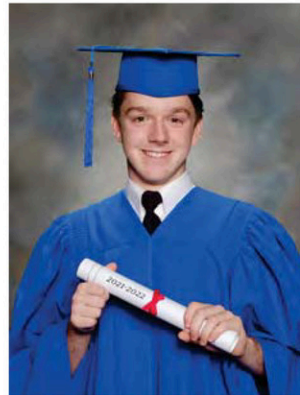
*Skyla Monk-Foley*



*Kathryn Moreland*



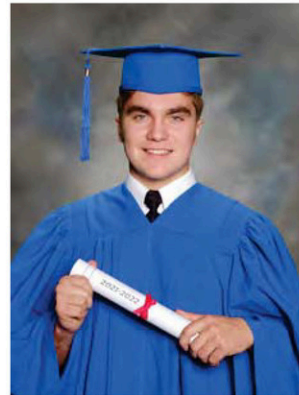
*Shayne Paige*



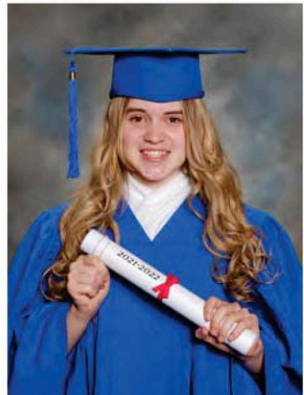
*Danyk Paradis*



*Chad Picotte*



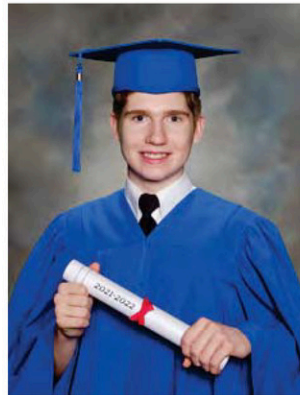
*Matthew Raymond*



*Libby Richardson*



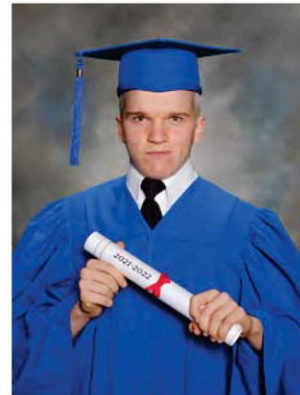
*Macy Schinck*



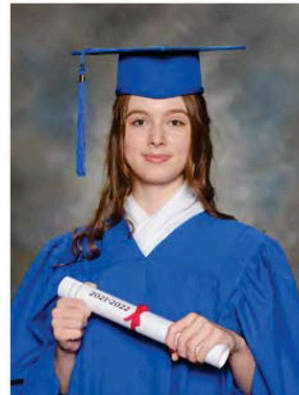
*Garnet Smith*



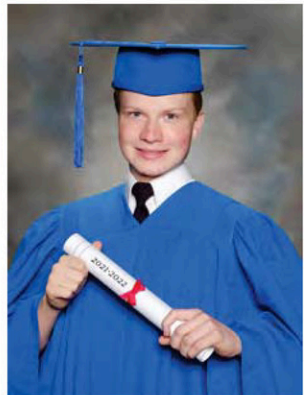
*Jackson Stone*



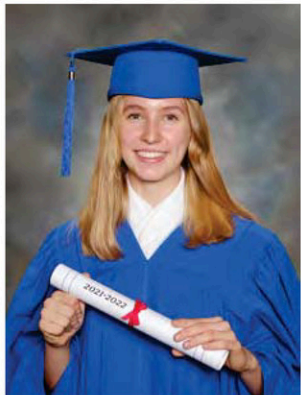
*Daniel St-Pierre*



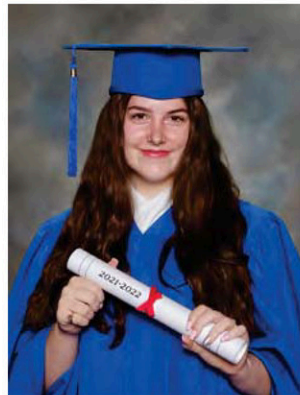
*Mia Tétreault*



*Shane Vaughan*



*Julia Vermeulen*



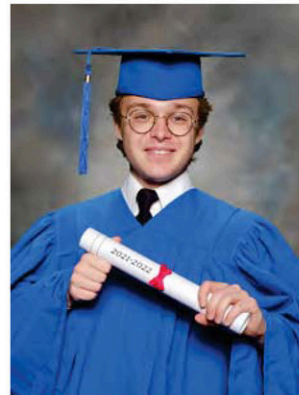
*Siarra Wakeling*



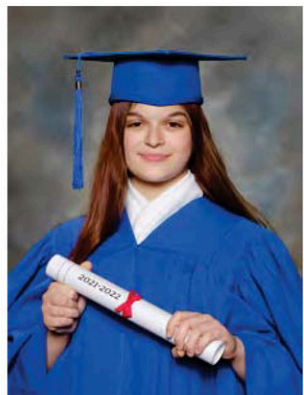
*Jaidyn Wallet*



*Drew R. Wilson*

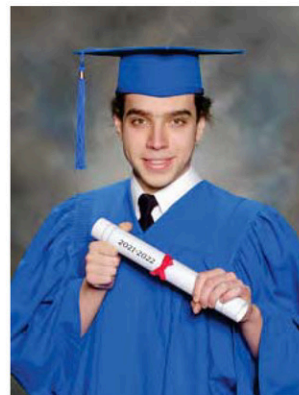


*Samuel Wilson*



*Gabriella Zelis*

## CONGRATULATIONS!



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Today in History

Today in History for July 5:  
 On this date:

In 1810, one of the greatest showmen of all time, Phineas T. Barnum, was born in Bethel, Conn.

In 1811, Venezuela became the first South American country to declare independence from Spain.

In 1814, during the War of 1812, Canadian and British forces were defeated by an invading American army at the "Battle of Chippewa," south of Niagara Falls.

In 1901, Sgt. Arthur Richardson, a former Mountie, braved heavy crossfire in the Boer War to save a wounded comrade within 270 metres of the enemy.

In 1905, the House of Commons passed a bill establishing Alberta and Saskatchewan as provinces effective Sept. 1.

In 1923, the big breakthrough for home movies came when Eastman Kodak introduced the 16-mm Model-A camera and projector. It achieved for home movies what the Kodak Number-One box camera did for snapshot photography in 1868.

In 1923, miners and steel workers at Sydney, N.S., went on strike for higher wages and union recognition. A government investigating commission accepted their demands.

In 1930, George Stathakis died when he plummeted over Niagara Falls in a barrel. The turtle he took with him, survived.

In 1935, the Canadian Wheat Board was established. It marketed all Prairie wheat and barley destined for export or for human consumption in Canada. It was initially a voluntary marketing agency but in 1943, the sale of wheat through the board became compulsory. Other grains were later added. The board negotiated sales and then paid farmers based on a system of pooling of prices. In 2012, the government of Prime Minister Stephen Harper stripped the board of its monopoly over western wheat and barley sales.

In 1935, U.S. President Franklin Roosevelt signed into law the National Labour Relations Act, which provided for a National Labour Relations Board and authorized labour to organize for the purpose of collective bargaining.

In 1937, the hottest temperature in Canadian history was recorded in Midale, Sask. The mercury rose to 45 degrees celsius.

In 1940, Britain severed relations with the French Vichy government during the Second World War.

In 1945, Gen. H.D.G. Crerar, commander of the 1st Canadian Army in the Second World War, became the first Canadian named to the Order of Companions of Honour.

In 1945, having led Britain throughout the Second World War, Winston Churchill was defeated in the general election and the Labour Party under Clement Attlee swept in.

In 1946, swim wear was forever changed when the bikini made its debut in Paris. Designer Louis Reard named it after Bikini Atoll in the Pacific, where the United States conducted atomic bomb testing after the Second World War. Reard said his suit was "itself explosive, a blast."

In 1948, Britain's National Health Service Act went into effect, providing government-financed medical and dental care.

In 1950, the Canadian destroyers HMCS Cayuga, Athabasca and Sioux left Vancouver escorted by the cruiser Ontario for Pearl Harbour during the Korean conflict.

In 1956, the federal government announced it would supply biscuits laced with vitamins to the Inuit as a dietary supplement to add two inches to the average Inuit stature in the next generation.

In 1958, the Stephen Leacock Memorial Home was opened in Orillia, Ont. Leacock, an economics professor at McGill University, was a leading humourist in the 1910s and 1920s. He wrote over 60 books, including "Sunshine Sketches of a Little Town," in which he immortalized Orillia as Mariposa. The book was written in the home.

In 1963, in an instruction given by the Vatican, disposal of the dead by cremation was officially

sanctioned by the Roman Catholic Church. Belief in the resurrection of the dead had previously made cremation repugnant to many Christians.

In 1965, restoration began on the Wolfe Monument in Quebec, destroyed by separatists in 1963.

In 1967, Gov. Gen. Roland Michener was invested by the Queen with the first ribbon and pendant star of the Order of Canada.

In 1970, an Air Canada flight from Montreal crashed while trying to land at Toronto International Airport, killing all 109 on board.

In 1972, the National Ballet of Canada ended its first European tour, having performed in Monte Carlo, London, Glasgow, Paris, Stuttgart and Lausanne.

In 1975, journalist and politician Joey Smallwood was elected leader of the newly formed Liberal Reform Party of Newfoundland and Labrador.

In 1975, Arthur Ashe defeated Jimmy Connors to become the first black winner of the Wimbledon men's singles title.

In 1983, police raided Dr. Henry Morgentaler's Toronto abortion clinic, seized equipment and arrested two doctors.

In 1993, a sweeping publication ban was imposed on the trial of Karla Homolka in the sex slayings of two Ontario schoolgirls. Justice Frank Kovacs barred the general public and American reporters from the St. Catharines courtroom and banned publication of the plea and evidence. Kovacs said the ban was needed to ensure a fair trial for Paul Bernardo, Homolka's estranged husband, who faced first-degree murder charges in the deaths of Kristen French and Leslie Mahaffy. Homolka pleaded guilty the next day to manslaughter and received two concurrent 12-year prison terms. Bernardo was later convicted of first-degree murder and sentenced to life in prison.

In 1994, the report from a provincial inquiry into the Montreal police force concluded the department was poorly supervised, insufficiently trained and racist.

In 1994, Yasser Arafat was sworn in as head of the new Palestinian self-rule authority governing Jericho and Gaza.

In 2000, an Ontario judge upheld the right of parents to spank their children but suggested Parliament should amend the Criminal Code - which allows using reasonable force to discipline children - to guide parents, teachers and law enforcement officials as to what constitutes reasonable force and what is criminal abuse.

In 2007, William Elliott, a senior bureaucrat in the Public Safety Department, was appointed the new RCMP commissioner, replacing former commissioner Giuliano Zaccardelli, the first time an outsider would lead the Mounties since the force was created in 1873. His stormy tenure lasted until November 2011.

In 2009, Roger Federer claimed his sixth Wimbledon title and record 15th Grand Slam championship in an epic 5-7, 7-6 (6), 7-6 (5), 3-6, 16-14 win over Andy Roddick. Federer also set another record with his 20th Grand Slam final appearance. It was the longest men's Grand Slam final in history at 77 games - breaking the previous record of 71 from 1927 in Australia. It was also the longest fifth set in a men's Grand Slam final in history, surpassing the 20 games from 1927 in France.

In 2011, Canada's desert war in Afghanistan came to an end when soldiers of the Royal 22e Regiment stood down and formally handed over their battlefield of the western Kandahar district of Panjwai to American units. But Canadian Brig.-Gen. Dean Milner's headquarters continued directing U.S. combat units for several days. The combat mission, which began in 2002, cost the lives of 157 soldiers, one diplomat and one journalist. About 950 Canadian soldiers and support staff would now carry out a training mission in Kandahar until 2014.

In 2011, a Quebec cardiologist who stabbed his three-year-old daughter and five-year-old son 46 times was found not criminally responsible by a jury. Guy Turcotte admitted he caused their deaths in 2009, but

Celebration of Life

Celebration of Life



Carole Johnston

The family of the late Carole Johnston would like to welcome family and friends to an open house in celebration of her life on Friday, July 15, 2022, from 1 - 5 p.m. at the Waterloo Legion, 77 rue Lewis, Waterloo, Quebec. Please join us to share memories of mom and enjoy some light refreshments.

denied criminal intent. (He was detained in a psychiatric institution before being granted his release in December 2012. In late 2013, the Quebec's Court of Appeal ordered a new trial because legal errors were committed in the original trial. The Supreme Court refused to hear Turcotte's appeal and in 2015, he was found guilty at retrial of second-degree murder.)

In 2011, a Florida jury took less than 11 hours to find Casey Anthony not guilty in the death of her two-year-old daughter Caylee, stunning spectators, legal pundits and the prosecutors. She was convicted of four counts of lying to investigators. (She was sentenced to four years but was released on July 13 after getting credit for time served and good behaviour.)

In 2020, Hamilton-raised theatre star Nick Cordero, who had legions of supporters rallying for him on social media during his harrowing health battle with COVID-19, died in Los Angeles at the age of 41. His wife, dancer-turned-celebrity personal trainer Amanda Kloots, confirmed the news in an Instagram post.

In 2020, one of the first Black actors to perform in mainstream British films died. Earl Cameron was 102. He was best remembered for his starring role as a sailor in the 1951 drama "Pool of London," the first British film to feature an interracial relationship.

In 2021, fully vaccinated Canadians and permanent residents no longer had to spend 14 days in quarantine upon arrival to Canada.

In 2021, data obtained by The Canadian Press suggested the federal government's COVID Alert app produced disappointing results. Ottawa spent \$20 million on the app, which was designed to alert users to possible COVID-19 exposures. The trouble was only about one-fifth of Canadians downloaded it.

(The Canadian Press)

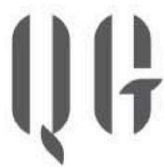
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