

College Street crosswalk to get a traffic light

By Gordon Lambie

Included in the 2018-2020 road investment plan for the Estrie region that was unveiled in Sherbrooke on Friday was a long-awaited announcement regarding the crosswalk on College Street in Lennoxville between Little Forks and Reed Streets, Near Bishop's University. According to the plan, the Ministry of Transport (MTQ) has set aside the funding to install a full stoplight at the crosswalk, similar to those on University Boulevard near the University of Sherbrooke.

"This is the best news," said Stine Linden-Anderson, Bishop's Dean of Student Affairs, "I am thrilled."

The Dean pointed out that the safety of the crosswalk, which sees a high volume of both pedestrian and road traffic, has been a significant concern of the students and staff of the school going back many years. Several different student protest actions have been either planned or carried out by the Students' Council (SRC) under recent administrations, culminating this past fall in a meeting between the MTQ and representatives from the council and the school.

"I am truly impressed with our students to have demanded this change from a government agency," Linden-Anderson said, explaining that neither she nor the SRC had heard further news on the subject since the meeting before Christmas.

Asked about the work to be done, the Member of the National Assembly for Saint-Francois, Guy Hardy, confirmed that the light is to be a full stoplight with a button-activated interval for safe

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March for our Lives



PHOTO BY MATTHEW MCCULLY

Close to 50 Bishop's University students and community members participated in a March for our Lives sibling march in solidarity with American students protesting for more stringent gun control laws. The group met in the Quad on the BU campus for brief speeches before marching down through the centre of Lennoxville. Organizer Camille Cournoyer deliberately planned for the march to pass Lennoxville and St. Antoine Elementary schools as a reminder that all students deserve a safe and secure learning environment. The main march, which took place in Washington, DC, drew hundreds of thousands of protesters demanding proper gun control legislation.

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LOW OF -7



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WEDNESDAY:
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HIGH OF 5
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THURSDAY:
CLOUDY,
SHOWERS

HIGH OF 12
LOW OF 2



FRIDAY:
60% CHANCE
OF SHOWERS

HIGH OF 10
LOW OF -1

Reflections when a mentor dies - In Memory James (Jim) Richard Colley



THE SCOOP

MABLE HASTINGS

“Those schoolgirl days of telling tales and biting nails are gone

But in my mind I know they will still live on and on

But how do you thank someone who has taken you from crayons to perfume? It isn't easy, but I'll try

If you wanted the sky I would write across the sky in letters

That would soar a thousand feet high "To Sir, With Love" By: Lulu

Released on June 14, 1967 in the USA, I cannot to this day hear this song without thinking of two prominent men who played a key role in my adolescent life; my grade 7 teacher, Gerry Curran and my High School guidance Counselor, "Jim" James Richard Colley.

I had what I can best describe as, the pleasure of attending Massey Vanier High School as a teen in the early 80's. I was a poor kid from a rural community who did not possess much in the way of modern clothing, money or life experience. The High School was huge and I remember feeling overwhelmed and afraid. Over weight and coming from a large family where I ranked smack dab in the middle, I had lost my brother when I was fourteen and I was, for lack of a better word; a mess. The cards were stacked against me and the first time I decided to skip school might have had a very different outcome had it not been for the keen eye and heart of a very special man.

I remember sauntering down the hallway trying to look inconspicuous with the intention of hiding on the "French side" in a bathroom until the period would be over and it would be lunchtime. As I approached the end of the hall, there in the doorway of a room stood one of the prettiest men I had ever

seen. Blond straight hair flipped to the side, big blue eyes and a grin that tilted to the right side of his face exposing perfect teeth.

"Hey, where you headed," he asked?

Before I knew it, I was sitting in his office baring my soul. He didn't yell at me as I had expected. He didn't judge my feelings and he didn't try to talk me out of them. He listened and then he invited me out for lunch; his treat! That was this first time I smelled his black leather jacket as we walked to McDonalds together. It was September but his jacket smelled like Christmas and comfort; an emotion that now had a smell of its own. Jim Colley became everything I wanted to be. He saw me through high school and made such an impact on my life that I promised myself that I would one day walk in his footsteps and help youth. I would strive to make kids feel accepted and respected regardless of their clothing, money situation and family life. And, I would do it all while smelling like something wonderful that made my hugs feel like the promise of spring after winter's cold.

I have worked with youth for 32 years now in my small community which I love. I have been the keeper of secrets

and the bridge to understanding on many of occasions. There has never been a day that I have regretted the profession I chose nor my reason for pursuing the career I have. Always hoping, that one day, a youth might find in my support half of what I found in the company of Mr. Colley.

I learned this past week that on March 13, Jim Colley had died. I was instantly transported back to the days of my youth and the gifts he bestowed upon me in his being in my life. As an adult when I would meet up with him, I thought too about how he was embarrassed as I saw a God and he knew he was a mere mortal. That was Jim Colley; humble and likely unaware of his gift in making a life better just by his being.

"The time has come, for closing books and long last looks must end, and as I leave

I know that I am leaving my best friend. A friend who taught me right from wrong,

And weak from strong that's a lot to learn. What, what can I give you in return?

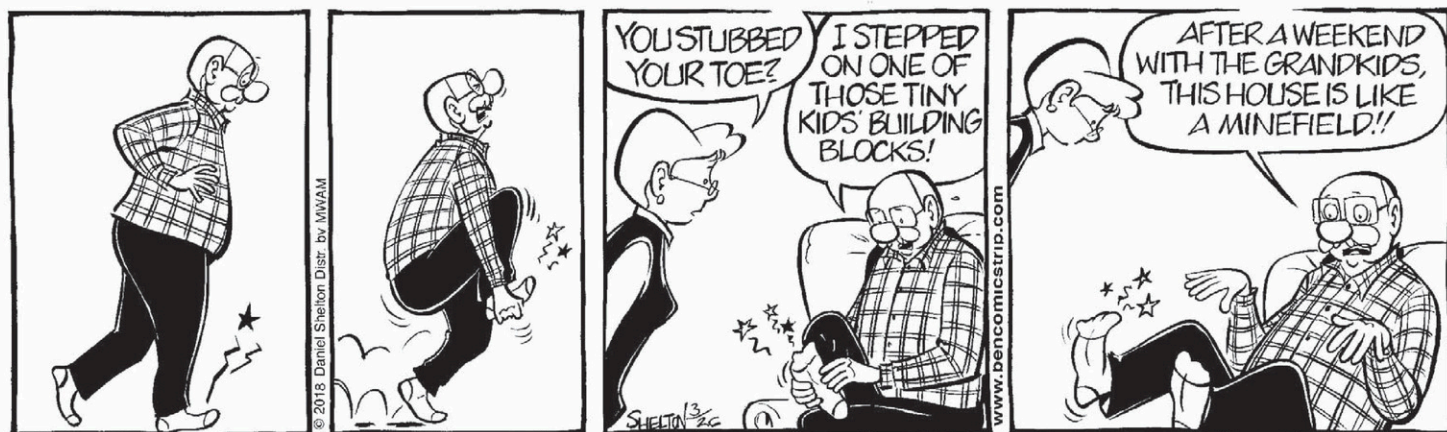
To Sir, with love."

Godspeed Mr. Colley



Mable Hastings and Jim Colley taken on Mable's graduation day in 1982

Ben by Daniel Shelton



LOCAL NEWS

Since 1986 TRCF has given out over \$1 million in funding with a mission to improve the quality of life of Townshippers by supporting projects and groups,...

Townshippers' Foundation supports 25 local projects in 2018

By Matthew McCully

Townshippers' Research & Cultural Foundation (TRCF) held its annual luncheon in Magog on Saturday to present grants to 25 different projects and community organizations.

Since 1986 TRCF has given out over \$1 million in funding with a mission to improve the quality of life of Townshippers by supporting projects and groups who strive to bring art, music, culture, heritage, services and support to the people in the region.

On Friday, representatives from the different organizations receiving funding gave a brief description of their projects, and then shared a lunch provided by the TRCF.

According to TRCF President Jane Loiselle, the event is an opportunity for the different organizations to network and share ideas. Many a partnership has been formed at the annual lunch, Loiselle said.

Here is the list of projects that received funding from TRCF this year:

Yamaska Literacy Council- A project to look at ways to lower the anxiety and stress that interferes with a student's ability to learn.

Stanstead County Agricultural Soci-

ety- A documentary and YouTube video about the history of Ayer's Cliff Fair, now heading into its 173rd year.

Lennoxville Library- A new program bringing young families into the library for family story night.

Musécole- A project to host a large-scale concert that will highlight local talent and raise funds to support music programs in local schools.

St. Patricks' Society- To support the St. Patrick's Day parade and month-long cultural events in Richmond, celebrated in town for 141 years.

Knowlton Academy- To help support and add to the school's garden, now in its second year.

Borderline Players- A new non-profit theatre company in the Stanstead area. Little Shop of Horrors is one of the new group's upcoming productions.

Pleins Rayons- Training young men and women with intellectual disabilities to become employable workers. The program has 71 participants. Since it began three years ago, the organization has refurbished 430 bicycles that were then donated to local schools.

Le Phare, Source d'entraide- An inter-generational art hive, bringing together community members to become creative using recycled materials.

L'Harmonie des Saisons- Classical music presentations throughout the Townships using period instruments.

Hillhouse Cemetery- To repair and preserve a local heritage site.

Knowlton Literary Festival- Support for the ninth annual English Language Literary Festival, which has brought over 70 prominent Canadian and U.S. writers to the area for the event.

Phelps Helps- To support the free tutoring organization's French program to encourage bilingualism and improve employability.

Musée Coop's Ferry- Support for the cataloguing and archiving of artifacts for the new museum.

Lennoxville Ascot Historical and Museum Society- To complete an inventory and upgrade of photographs.

Uplands Cultural and Heritage Centre- Support for an upcoming exhibit, 'Steeped in Tradition', celebrating the intangible cultural heritage of the English Tea tradition.

Stanstead Mental Health Support Group Steering Committee- Support for outings and activities to reduce isolation and promote social interaction.

Mental Health Estrie- Funding to for the organization's peer support and recovery support groups.

Townshippers' Association- Support for three initiatives within the organization; Food for Thought lunch information sessions, the TA youth program, and the C&C (culture and creativity) project.

Avante Women's Centre- Support for group outings to encourage English-Speaking women to expand their cultural experiences.

Maison de la Famille des Frontières-A program offering support for English-Speaking parents of children up to 12-years-old.

Cinema Potton- Support for bilingual film screenings in town.

Missisquoi North Volunteer Centre- A program to help youth learn discipline, focus and get exercise through boxing.

The TRCF relies on donations from the community in order to support grassroots projects and organizations that improve the quality of life of Townshippers.

The foundation supports between 20-25 projects per year.

For more details about the TRCF and its partnerships and various programs, consult the website at <http://townshippersfoundation.ca>.



TRCF President Jane Loiselle with Clea Corman, Operations Manager at Phelps Helps.



JoAnn Oberg-Muller, on the TRCF board of directors, with Holly McMillan from Townshippers' Association.

College Street crosswalk

CONT'D FROM PAGE 1

pedestrian crossing. He added, however, that last Friday's funding announcements cover a two-year period and that the crosswalk work is likely to come on the later end of that range.

"It will be done after the work on the

bridge," the MNA said, referring to the complete reconstruction of the roadway on the Bishop's Bridge planned for this coming summer.

Hardy recognized the concerns surrounding the safety of the crosswalk, but also pointed to the importance of not carrying out too much work on the same

stretch of road at the same time.

The safety of the College Street crosswalk, and others in town, is a regular subject of discussion at Lennoxville's borough council. On several occasions both current Borough President Claude Charron and past President David Price told residents that the MTQ had ap-

proved the installation of a traffic light at the crossing, but that the installation likely would not happen before the completion of the Highway 410 extension.

Friday's funding announcement came one week after the news that work on the last phase of the 410 will begin this summer.

Annual Pie Bonspiel

Following in the tradition of the Annual Pie Bonspiel, the Lennoxville Curling Club's biggest tournament of the season, the curlers were piped down the street from the club to the United Church for a roast beef lunch on Saturday, the last day of the tournament. The dessert, as always, was pie. This year 82 pies were prepared for the occasion in a variety of flavours; grasshopper, pecan, lemon meringue, coconut cream and maple, to name a few. Photos by Matthew McCully



Seen here are Marion Greenlay, Allison Kavanaugh and Serina Wintle, getting ready to serve up the pie to the curlers following the roast beef lunch.

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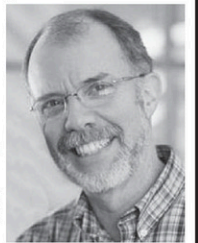
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BU students “Take Back the Night”

By Gordon Lambie

This past Thursday night roughly thirty students from Bishop’s University set out from their Student Union building to take back the night, as a part of both a growing international movement to oppose gender-based violence and a local desire to speak out against sexual assaults that allegedly took place last year.

“I have a lot of friends who are afraid to walk home alone,” said Payton Bennett, President of the Gender Equity Centre on campus and coordinator of the event, explaining that the warnings to the campus community about sexual assaults last November have left an uneasy feeling around some areas that used to be familiar stomping grounds.

The goal of a “Take Back the Night” march, according to the organizer, is to walk in places where there is greater concern or fear of gender-based violence in order to reclaim those spaces and not let them be governed by a climate of fear. In the case of the Lennoxville march, the participants set out from the Student Union Building just after 11 p.m. before crossing the Bishop’s Bridge, moving through the Student Village at Little Forks and Conley Streets before heading up to the corner of College and Queen Across from the Lion Pub.

Bennett said that from their perspective, it was very important for the march to cross the bridge, because that is the site of at least one of the alleged attacks, but they also pointed to the significance of some of the other site.

“(Little Forks) is an area a lot of people short-cut through, but now they’re not sure they should anymore,” the organizer said. They also referred to the corner of College and Queen Streets as “the Heart” of Lennoxville, and said that there was purpose to walking past The Lion as well.

“Not that I blame the business,” Bennett said. “(Sexual assault) is something that happens in bar settings.”

Reflecting on the march, the organizer said that they feel the activity was both well attended and well supported in the community. In terms of the message the activity is sending and the need for safety both on and off campus, Bennett said that the University is doing a good job while still needing to go further.

“The school is doing a really good job with the resources it has on hand,” the organizer said, pointing to the Student Safety patrols and the relatively new walk-home program SafeWalk, as well as the SafeGaiter mobile application as good initiatives Bishop’s has going on right now, even if they had some concerns about how they are organized.

“There could always be more,” Bennett said, sharing the feeling that in a university drinking culture, it may not really be possible to reach a point where there are no issues whatsoever.

“Some of the students don’t even know what consent really is,” the organizer said adding that there is, “a big conversation on campus,” at the moment about the nature and realities of sexual and gender-based violence.



Take Back the Night Marchers Ashley Andrews, Emily Mason, and Deepwinder Singh preparing to depart on Thursday night.



Organizers estimate about 30 people marched through the streets of Lennoxville on Thursday to speak out against gender-based violence.

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EDITORIAL

Indeed, if an election were held this week, the PCs would win a solid majority government, the first the party has enjoyed since 2002.

Kicking the tires on a Ford for Quebec



PETER BLACK

Some snide pundit quipped recently that the Ontario Progressive Conservative Party has such a breathtaking lead over the reigning Liberals, "even a Ford cannot screw this one up."

The Ford in question, of course, is Doug, brother of the late Rob Ford, who, as the drug-addled and unhinged mayor of Toronto, put the city on the map for reasons less uplifting than the Blue Jays and the CN Tower.

Doug Ford, 53, won the leadership of the PCs by virtue of an election system that anointed him even though he lost the popular vote. That's not the only similarity to Donald Trump critics have churlishly pointed out.

Regardless, in the two weeks since his stunning defeat of the assumed winner, former MPP Christine Elliott, polls show Ford has - so far - not blown the Tory lead, in fact it has held firm and even increased in areas the party needs to win.

Indeed, if an election were held this week, the PCs would win a solid majority government, the first the party has enjoyed since 2002. That's when Mike Harris, another Ontario Tory leader not particularly noted for his sparkling intellect or social sophistication, sent Bob Rae's NDP government packing.

So, let's assume Ford does drive the Tories to victory in the June 7 election, what's that mean for Quebec? Ford has shown little inclination to acquire a modicum of la langue de Molière, so there is little to suggest he is much of a francophile or has more than a passing acquaintance with what's happening across the eastern border.

The seemingly doomed Premier Kathleen Wynne, reasonably fluent in French

and very conversant with Quebec issues, has been a kindred to spirit to fellow Liberal, and perhaps not quite as doomed Premier Philippe Couillard.

It's hard to imagine the rough-around-the-edges Ford, should he become premier of Canada's most powerful province, being sympatico with the brainiac Dr. Phil, but politics does put together some strange bedfellows.

That said, it would seem Ford would be Coalition Avenir Quebec Leader Francois Legault's kind of guy. For starters, both have business backgrounds, Ford as a manager of his family's labelling company, Legault as co-founder and CEO of Air Transat.

Both are fiscal conservatives big on cutting government "waste" and spending. On the tax front the CAQ's pledge to "pass a taxpayer protection bill to prevent the government to take (sic) money straight out of the pockets of Quebecers" could have been taken straight from Ford's policy book, assuming he actually has one written down.

The two may also be in the same boat when it comes to defining a clear policy on climate change. Ford wants to get rid of Ontario's cap and trade scheme; Legault is hinting he may want to change Quebec's current carbon tax system.

Whether Ford needs to bond with either Couillard or Legault after the Quebec election in October - okay, or Parti Quebecois Leader Jean-Francois Lisée - it would be a new era of Quebec-Ontario relations.

In recent political history, there have been some intriguing relationships between the premiers of Canada's two pillar provinces. Going back 50 years, Bill Davis and René Lévesque got along famously, though they couldn't have been more different in style, personality and view of Canada. That was until constitutional talks under Pierre Trudeau, following the 1980 referendum, saw Lévesque accuse Davis of betraying him and Quebec.

Robert Bourassa found a ready ally in Bob Rae when he and then-prime minister Brian Mulroney attempted to repair the consequent national unity damage with the Meech Lake Accord. That ill-



fated deal also was partly responsible for Rae's defeat in the 1995 election. Harris, his successor, mostly stood on the sidelines during the wrenching referendum on independence later that year.

In more calm times, Liberal Dalton McGuinty and Liberal Jean Charest were like mirror images of each other. The latter the product of a bilingual family with a francophone father and mother with Irish roots; the former the bilingual

son of a father of Irish blood, and francophone mother.

Together the two Liberal "brothers from a different mother" were an imposing counter-weight to the Conservative federal government of Stephen Harper. In that context, a possible Ford-Legault conservative tag-team might come as good news for the leading Liberal of the land, Justin Trudeau.

Commentary

An anticipated revision

For some time, we have noticed that the various political parties in Quebec are courting families with pre-election announcements and promises. The Liberal government is no exception. It has displayed its charm with the tabling of Bill 176, An Act to amend the Act respecting labor standards and other legislative provisions, mainly to facilitate family-work reconciliation, aimed at reviewing elements of the Act respecting Labour Standards.

At the press conference announcing this change, the government called itself a "family government" and made various announcements to that effect, namely that people will be able to have more time to take care of a child, parent, or loved one and have the guarantee of keeping their jobs. Unfortunately the "take care of" phrasing which is very present in this bill does not apply in all cases. For a person with an illness and / or treatment, the government has not planned to increase the number of weeks to focus on his recovery without fear of being dismissed, which is very disappointing.

The bill provides for two days of paid leave in the event of sickness or family obligations, which is a step forward, but far from the ten days we were asking for. Ten days is closer to the real needs of low-wage workers who cannot miss work without experiencing serious financial consequences. Finally, employees will be entitled to three weeks of annual vacation after three years, rather than after five years, which is a very slight improvement and sets a maximum limit of three weeks of annual vacation regardless of the number of years continuous service.

A person may refuse to work overtime if they have not received their schedule five days in advance, but this does not create the obligation to postpone the schedule five days in advance as requested.

As for harassment, we expected more. Although sexual harassment is now specifically mentioned in the law, there is nothing significant or compelling in this regard and we had requests to improve recourse, time, employer obligations, etc. As for employers, they will not be left out with the possibility of staggered working hours over four weeks. It will be possible to adjust the work week and overtime will be counted after 160 hours of work (four weeks of 40 hours) and not after 40 hours as is currently the case. For the government, this should meet the needs of businesses. The current law, which is outdated, has many shortcomings and is far from providing the 21st century workplace we had hoped for. The modernization of the Act respecting labor standards with Bill 176 is a great attempt at seduction that has made progress, but there is still a long way to go to ensure adequate social protection for our time.

MANON BRUNELLE, COORDINATOR ILLUSION-EMPLOI DE L'ESTRIE

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Local Sports

Sunday marked the third trip to the Clarkson Cup for the Thunder franchise. The organization also reached the championship game in 2010 and 2012, losing both years.

Stacey scores winner to lift Thunder over Red Star in Clarkson Cup

By Dhiren Mahiban
THE CANADIAN PRESS

Laura Stacey scored the overtime winner as the Markham Thunder edged the Kunlun Red Star 2-1 to capture the Clarkson Cup on Sunday at Ricoh Coliseum.

Stacey, a member of the Canadian women's Olympic team that won silver last month in Pyeongchang, one-timed a Nicole Kosta feed past Noora Raty with 2:11 remaining in the extra period.

Nicole Brown had the other goal for Markham and Erica Howe, named the Clarkson Cup MVP, made 17 saves.

Kelli Stack, named the CWHL MVP as voted on by the coaches and staff, had

the lone Kunlun goal while Raty, who took home goaltender of the year honours on Friday after leading the league in goals-against average (1.60) and save percentage (.944) this season, stopped 37 shots.

Sunday marked the third trip to the Clarkson Cup for the Thunder franchise. The organization also reached the championship game in 2010 and 2012, losing both years.

The Thunder, who relocated from Brampton to Markham for this season, upset 2017 Clarkson Cup champion Montreal sweeping their best-of-three semifinal.

As Beijing gets set to host the 2022 Winter Olympics, China is looking to

build a competitive women's national team by developing players in the CWHL. Kunlun was one of two expansion franchises based in China playing in the CWHL this season.

The Red Star needed triple overtime in the third and deciding game to dispatch the Calgary Inferno and earn a berth in Sunday's final.

Brown opened the scoring for Markham at 8:24 of the first, lifting a Laura Fortino pass over the glove hand of Raty for her first goal of the playoffs.

Shiann Darkangelo nearly got Kunlun on the board, on a shorthanded breakaway at 16:48, but couldn't beat Howe.

Stacey thought she'd doubled Markham's lead five minutes into the

second, picking the pocket of Red Star defenceman Jessica Wong and breaking in alone on Raty, but the puck did not cross the goal line according to officials.

Then with 6:15 gone in the second, Megan Bozek beat Raty, but put her shot off the post.

Despite being outshot 11-6 in the middle frame, Kunlun had the lone goal of the period when a puck deflected off Stack and past Howe with 48.6 remaining in the period.

Note: Sarah Nurse and Renata Fast, members of Canada's silver medal-winning women's Olympic team, dropped the puck in a ceremonial face-off pregame.

Avalanche edge Golden Knights 2-1 in shootout

The Associated Press

Gabriel Landeskog beat Marc-Andre Fleury with a nifty move in the shootout, and the Colorado Avalanche kept expansion Vegas from clinching a playoff spot by beating the Golden Knights 2-1 on Saturday.

Semyon Varlamov stopped all three Vegas attempts in the shootout. He finished with 39 saves, including seven in overtime.

Carl Soderberg was back on the ice after missing two games with an illness and contributed with a first-period goal. Colorado remains in the thick of the Western Conference playoff picture after getting its 26th home win, tied for third-most in Avalanche history.

The Pacific Division-leading Golden Knights are on the doorstep of earning their playoff spot and a win over the Avalanche would've wrapped it up. Fleury, back in net after sustaining an undisclosed injury Tuesday, made 29 saves.

Jonathan Marchessault tied the game early in the third for Vegas, moments after Fleury made an incredible save.

DEVILS 2, LIGHTNING 1

NEWARK, N.J. (AP) — Keith Kinkaid made 35 saves and the New Jersey Devils took another major step toward making the playoffs for the first time since 2012 with a victory over the Tampa Bay Lightning.

Nico Hischier and Kyle Palmieri scored for New Jersey, which has elevated its playoff chances with wins in five of seven games — including outstanding efforts in beating the two-time defending Stanley Cup champion Pittsburgh Penguins and the Eastern Conference-leading Lightning on consecutive nights.

Andrei Vasilevskiy had 29 saves as the Lightning lost for only the third time in 16 games (12-3-1).

CAPITALS 6, CANADIENS 4

MONTREAL (AP) — Evgeny Kuznetsov and Tom Wilson each scored twice and

Nicklas Backstrom had four assists as Washington defeated Montreal.

Jay Beagle and T.J. Oshie also scored for the Capitals, who strengthened their grip on first place in the Metropolitan Division. Backstrom posted his 20th career game with at least four points and second this season.

Charles Hudon scored twice for Montreal. Alex Galchenyuk and Brendan Gallagher each had a goal for the Canadiens, who are 2-8-2 in their last 12 games.

Canadiens goalie Carey Price struggled in his second start since returning from a concussion.

PANTHERS 4, COYOTES 2

SUNRISE, Fla. (AP) — Denis Malgin snapped a tie with 3:45 left and Florida overcame a two-goal deficit by scoring four times in the third period to rally past Arizona.

Vincent Trocheck had two goals and an assist for the Panthers, who remained three points behind New Jersey for the final Eastern Conference playoff spot. Florida has two games in hand on the Devils.

Jamie McGinn added an empty-netter with 14 seconds to play.

Clayton Keller and Richard Panik scored for the Coyotes, and Derek Stepan had two assists.

In a matchup of backup goalies, James Reimer made 26 saves for the Panthers while starting in place of an ailing Roberto Luongo. Darcy Kuemper stopped 43 shots for Arizona.

RANGERS 5, SABRES 1

NEW YORK (AP) — Jimmy Vesey had two goals and an assist, Alexander Georgiev stopped 43 shots, and the New York Rangers completed a sweep of the teams' three-game season series.

Chris Kreider, Mika Zibanejad and Neal Pionk each added a goal and an assist as the Rangers improved to 13-3-0 in the last 16 meetings with the Sabres.

Sam Reinhart spoiled Georgiev's shutout bid with 4 1/2 minutes remaining for the Sabres, who have lost four

straight. Robin Lehner gave up four goals on 12 shots before being replaced near the midpoint of the second period. Linus Ullmark came on and stopped 10 of the 11 shots he faced.

Kreider and Vesey each scored in the first before Pionk got his first NHL goal early in the second and Zibanejad made it 4-0 with his team-leading 27th at 8:45 of the second. It gave the Rangers goals on four consecutive shots for the first time since Jan. 3, 2015, also against the Sabres, according to the Elias Sports Bureau.

BLACKHAWKS 3, ISLANDERS 1

NEW YORK (AP) — Anton Forsberg stopped 30 shots to help the Chicago snap a five-game losing streak.

Patrick Kane and Brandon Saad scored in the second period, and Brent Seabrook added an empty-netter for the Blackhawks.

John Tavares scored late in the third period and Jaroslav Halak finished with 22 saves as the Islanders lost for the fifth time in six games and 13 in their last 15 (2-9-4).

Chicago was eliminated from post-season contention for the first time since 2008 following its 5-1 loss to Colorado on Tuesday, and pushed the struggling Islanders to the verge of being knocked for the second straight year.

SHARKS 5, FLAMES 1

SAN JOSE, Calif. (AP) — Evander Kane scored twice to give him six goals in his past two games against Calgary, and San Jose won its seventh straight overall.

Kane followed up his four-goal performance in Calgary a week ago with another impactful performance, scoring a short-handed goal in the second period to give the Sharks a 3-1 lead and an insurance goal in the third. He got into a scrum with Mikael Backlund and a fight with Travis Hamonic.

The Sharks improved to 10-2 since acquiring Kane just before the trade deadline last month, including this current streak that is the longest for San Jose since a seven-game run from March 25

to April 5, 2013.

Brenden Dillon, Jannik Hansen and Justin Braun also scored for the Sharks. Martin Jones made 37 saves.

Michael Stone had the goal for the Flames, who have lost five straight and fallen way behind in the playoff race.

HURRICANES 5, SENATORS 2

OTTAWA, Ontario (AP) — Phillip Di Giuseppe and Jordan Staal each had a goal and assist to lead Carolina.

Brock McGinn, Noah Hanifin and Jeff Skinner also scored, and Cam Ward stopped 34 shots to help preserve the Hurricanes' slim playoff hopes. Carolina remained nine points behind New Jersey, which also won, for the last wild card in the Eastern Conference with seven games remaining.

Bobby Ryan and Thomas Chabot scored for the Senators, and Mike Condon finished with 19 saves.

Ottawa captain Erik Karlsson made an emotional return to the ice, playing for the first time since he and his wife announced Tuesday that their son Axel had been stillborn. A visibly moved Karlsson waved as he received a huge ovation from the home crowd when announced as part of the

MAPLE LEAFS 4, RED WINGS 3

TORONTO (AP) — Nazem Kadri scored with 7:26 left in regulation, helping the Maple Leafs extend their club-record home winning streak to 13 games with a victory over the Detroit Red Wings.

Kasperii Kapanen, Connor Brown and William Nylander had the other goals for Toronto, which also tied a franchise mark with its 45th win.

Frederik Andersen made 38 saves for the Maple Leafs, who split a two-game road trip earlier this week against the Tampa Bay Lightning and Nashville Predators.

Dylan Larkin, Tyler Bertuzzi and Frans Nielsen scored for Detroit and Jimmy Howard made 25 saves.

In Memoriam

LOWE - In memory of Brian Thomas Andreas Lowe: December 29, 1944 - March 25, 2016.

*We thought of you today
But that is nothing new,
We thought about you yesterday
And days before that too.
We think of you in silence,
We often speak your name,
All we have are memories
And your pictures in a frame.
Your memory is a keepsake
From which we will never part,
God has you in His arms
We have you in our hearts.
Love you and miss you with all of our hearts!*

Your loving wife **BRENDA CATHY, MIKE, CODY, CARRIE, CALEB & CAITLIN KELLY, DOMINIQUE, AEDHAN & PEYTEN XXXOOO**

In Memoriam

STEVENSON, Janet - In loving memory of a dear mother, grandmother and great-grandmother who passed away March 26, 2004.

*Though her smile is gone forever
And her hand we cannot touch,
Still we have her memories
Of the one we love so much.*

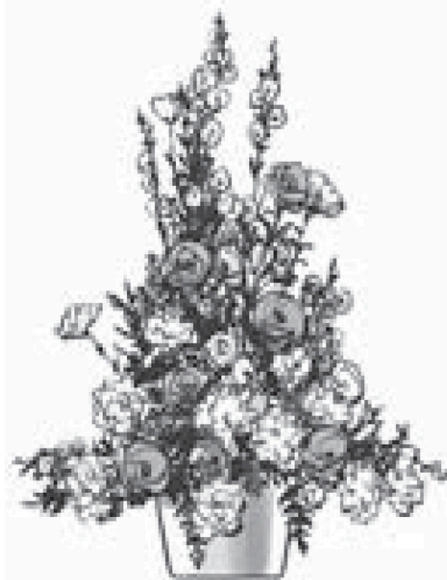
Always remembered,
THE FAMILY

In Memoriam

YOUNG, Deborah Rhicard: March 26, 1966 - May 26, 1988. In loving memory of our dear daughter and sister, Deb, who was taken from us May 26, 1988.

*This day come with sad regret,
It brings back a day we will never forget.
We miss you more than anyone knows,
As each day passes, emptiness grows.
They say memories are golden.
And maybe that is true,
But we never wanted memories
We only wanted you.
The hardest part of all,
We never said goodbye.*

MOM, DAD,
LYNN & LARRY



Today in History for March 26:

On this date:

In 1821, the Hudson's Bay Company and the Northwest Company amalgamated under the name Hudson's Bay Company.

In 1830, Joseph Smith first published "The Book of Mormon." Smith maintained it was derived from golden plates, written in Reformed Egyptian, he had discovered with the aid of an angel.

In 1840, George Smith, famed English Assyriologist, was born. During several expeditions to the site of ancient Nineveh, (1873-74), Smith unearthed over 3,000 cuneiform tablets, including one which told the story of an ancient deluge, similar to Noah's Flood.

In 1885, the first battle of the Northwest Rebellion took place between North West Mounted Police and Metis troops at Duck Lake, Sask. Metis under Louis Riel battled police under Supt. L.N.F. Crozier, who was in charge of defending the area. The shot that began the battle was fired over a misunderstanding when representatives of the two sides came out to negotiate with each other. Crozier gave the order to retreat after a battle lasting about 45 minutes, in which 17 of his men were killed. The Metis lost five men.

In 1885, George Eastman manufactured the first commercial motion-picture film in Rochester, N.Y.

In 1898, the world's first game reserve, the Sabi, was designated in South Africa.

In 1902, British-born financier Cecil Rhodes died. He used the enormous wealth he acquired from his commercial exploitation of southern Africa to launch the Commonwealth scholarship program which bears his name.

In 1908, Prince Edward Island banned all automobiles. The first car had appeared on the island three years earlier, causing such a controversy that the law outlawing the operation of any motor vehicle was passed. That law lasted until 1913.

In 1911, playwright Tennessee Williams was born in Columbus, Miss. He died in 1983.

In 1917, the Seattle Metropolitans became the first U.S. team to win the Stanley Cup, defeating the Montreal Canadiens.

In 1921, the racing schooner "Bluenose" was launched at Lunenburg, N.S. Captained by Angus Walters, she raced five times for the North Atlantic fishermen's championship and was never beaten. The "Bluenose" was also a fishing boat. She returned from her first trip to the Grand Banks as highliner of the Lunenburg fleet, having caught more than the other ships. Sold during the Second World War, the "Bluenose" was wrecked near Haiti in 1946. The schooner - a member of Canada's Sports Hall of Fame - is commemorated on the Canadian dime.

In 1929, The Congregation of the Sacraments within the Roman Catholic

Today in History

Church published a document instructing that a plate of silver or metal gilt be held under the chin of the communicant at the reception of the holy communion.

In 1956, what's believed to be the largest volcanic action of the 20th century took place on the Soviet Union's Kamchatka Peninsula. An eruption by "Mount Bezmyanny" released 2.4 billion tonnes of material. Because the mountain was 50 kilometres from the nearest population centre, no one was killed.

In 1964, Defence Minister Paul Hellyer announced plans to integrate Canada's army, navy and air force into a single military service.

In 1969, Lord Constantine became the first black member of the British House of Lords.

In 1971, East Pakistan proclaimed its independence, taking the name Bangladesh.

In 1979, the Camp David peace agreement was signed in Washington by Egyptian President Anwar Sadat and Israeli Prime Minister Menachem Begin and witnessed by U.S. President Jimmy Carter.

In 1982, groundbreaking ceremonies took place in Washington, D.C., for the Vietnam Veterans Memorial.

In 1986, two teams of scientists, one American and one French, contended independently they each had discovered new viruses related to AIDS.

In 1987, Ontario Liberal Sheila Copps became the first sitting Member of Parliament to give birth. She had a girl.

In 1989, the Soviet Union's first open election in almost 70 years saw Russian voters elect Boris Yeltsin as president.

In 1992, an Indianapolis judge sentenced former heavyweight boxing champion Mike Tyson to six years in prison for raping a beauty pageant contestant. Tyson was paroled after three years.

In 1992, Barbara Frum, a leading broadcast journalist of her generation, died of leukemia in Toronto at age 54. She's remembered for her years as host of CBC Radio's "As It Happens" and CBC television's "The Journal."

In 1997, the bodies of 39 members of the Heaven's Gate cult were found in a house in Rancho Santa Fe, Calif. They had committed suicide over several days by eating drug-laced food. They believed they could hitch a ride on a UFO following the Hale-Bopp comet.

In 1997, the "National Enquirer" announced it had paid \$2 million for North American rights to 10 photos of Michael Jackson's five-week-old son. The money went to a Jackson charity.

In 1997, Calgary-based Bre-X Minerals admitted there was a strong possibility that the estimated size of its Indonesian gold deposit had been "overstated." The find was later found to be a hoax.

In 2000, Russian voters elected Prime Minister Vladimir Putin to succeed Boris Yeltsin as president.

In 2003, Ontario declared a provin-

cial health emergency as the number of SARS (Severe Acute Respiratory Syndrome) cases jumped to 62. Anyone who had recently visited Toronto's Scarborough Grace Hospital was asked to go into quarantine at home for 10 days to limit the spread of the pneumonic outbreak.

In 2007, Democratic Unionist Party leader Ian Paisley and Sein Finn leader Gerry Adams agreed to form a unity government in Northern Ireland.

In 2007, Quebecers elected a Liberal minority government - the first minority government in the province in more than 125 years. Jean Charest's Liberals were reduced to 48 seats from 72. The Action Democratique Party became the official opposition with the Parti Quebecois falling to third with 36 seats - the worst performance by the PQ since 1970.

In 2009, both the 2002 Olympic gold medal men's and women's hockey teams were inducted into the Canadian Olympic Hall of Fame. Also inducted were 2002 pairs skaters Jamie Sale and David Pelletier. Their silver medal was upgraded to gold after a judging vote-swapping scandal was uncovered.

In 2010, on the heels of capturing Canada's first Olympic ice dance title, Tessa Virtue and Scott Moir were golden once again, claiming their first world figure skating championship.

In 2010, an explosion split the South Korean naval ship "Cheonan" in two and sank it as it patrolled the tense maritime border with North Korea; 46 of the 104 sailors onboard died. (On May 20, South Korea released a report concluding a North Korea torpedo sunk the ship.)

In 2011, Canadian actor and comedian Roger Abbott, who captivated the country with his hilarious take on the nation's newsmakers for decades on "The Royal Canadian Air Farce," died after losing a 14-year-battle with leukemia. He was 64.

In 2012, the Ontario Court of Appeal ruled a ban on brothels put prostitutes at risk and was therefore unconstitutional. In October, the Supreme Court of Canada agreed to hear the federal government's appeal. In December 2013, the SCOC struck down the country's prostitution laws in a unanimous 9-0 ruling, giving Parliament one-year to produce new legislation, which it did with Bill C-36. It was passed in November 2014 and took effect on Dec. 6, 2014, and criminalizes the purchase of sex, but provides legal immunity to those who sell it.

In 2013, the Italian Supreme Court vacated a decision on the acquittal of American exchange student Amanda Knox and her ex-boyfriend Raffaele Sollecito in the 2007 slaying of her British roommate Meredith Kercher and ordered a new appeals trial, where the murder conviction was upheld. In March 2015, the Italian Supreme Court overturned the conviction to bring an end to the the high-profile case.

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Parent combats underage drinking

Dear Annie

MONDAY, MARCH 26, 2018

Dear Annie: My daughter has grown up in the blink of an eye. It seems as if I was just introducing the ABCs, and now she's reading Shakespeare in school. We talk every day about her classes and activities, and I also make sure we discuss underage drinking.

When I was young, conversations about alcohol consumption were along the lines of "Don't do it" and not about the impact of alcohol on my body, particularly my adolescent brain. Now that I'm a parent, I try to make sure I have the information I need to teach my daughter to make healthy decisions.

As my daughter has grown up, I've tried to discuss alcohol consumption in ways she'd best understand. For example, she and her friends are undergoing many emotional and physical changes, and they're fascinated by how their bodies and minds operate. I started using information from programs such as Ask, Listen, Learn to connect her natural interests about her brain and body with the impact underage drinking can have on them.

This resource has helped me better understand the nuanced functions of the brain and how they are impaired by alcohol (especially the still-developing brain), and it has given me more confidence in conversations with my daughter about why drinking is an adults-only activity. The interactive videos and games have given my child a new fun outlet for learning, too.

I hope you'll help in informing my generation of parents about the tools available to help them talk to their children about saying no to underage drinking. — Shannan Y.

Dear Shannan Y.: You are so right that it's important for parents to talk to their teen children about alcohol. The Substance Abuse and Mental Health Services Administration (<https://www.samhsa.gov/underage-drinking>) also offers resources for parents wrestling with this issue — even a free app for practicing the conversation (called "Talk. They Hear You"). Teen drinking has, thank goodness, decreased over the

past two decades. Let's hope it will continue to decline with active parent involvement.

Dear Annie: As a psychotherapist, I wonder whether the nose-picking daughter of "Dad Who Cares" has a compulsion. Not wanting to stop unhealthy behaviors is often because of compulsivity. It's not that she won't stop; it's that she can't (without help, that is). An excellent book and wonderful read on the subject, by science writer Sharon Begley, is "Can't Just Stop: An Investigation of Compulsions." — Karen, LCSW

Dear Karen, LCSW: That's a useful angle to consider, and I appreciate the book recommendation.

Dear Annie: It is worth mentioning that the nose-picking habit may be because the daughter has an infection inside her nose. Impetigo, which often occurs on the skin, may instead emerge inside the nose, causing scab formation. It is caused by strep or staph bacteria. A visit to her primary care physician for a culture of the inside of her nose is in order. A treatment with penicillin would most likely clear up the infection and maybe stop the urge to pick. — Certified Medical Microbiologist

Dear Certified Microbiologist: Another helpful take on this unsettling issue. Thanks for writing.

Dear Annie: My husband and I have been arguing over his family. His mother is very controlling and causes a lot of problems. Her husband died about 25 years ago, and ever since then, she's just stopped living.

She won't go out of the house unless she has to go to the doctor, and she does nothing for herself. She is now 86 years old, and this has been going on for years. She had to have a knee replacement 17 years ago, and since then, my husband has done her grocery shopping. She is so stubborn she won't allow anyone else to do things for her. My brother-in-law "Thomas" lives next door to her, but he is in very bad health and can barely take care of himself. Thomas is the eldest sibling and refuses to put her in a nursing home.

To complicate things, she doesn't get out of bed until 1 in the afternoon. My husband's work schedule has changed, and he now works only on weekends. Since his schedule change, he has gone to the store

every Wednesday after 1 p.m. No matter what our plans are, he makes that a priority. We have been working on our house — painting, etc. We have argued over this so much. I get angry because he gets nothing done in our home. I have done everything, even threatening to divorce him. He will not stop doing it. I am fed up.

Two of the other siblings live out of state, but three live in the area, yet my husband is the only one who does anything for her. None of his siblings will go against Thomas and his insistence on not putting her in a nursing home. She would be so much better off to be where she could be cared for properly. No one visits her because they are so disgusted with her. I am at my wits' end. It's terrible, but I wish she would just go. She has nothing to do with her kids, grandchildren and great-grandchildren. I didn't come into this family until after the passing of my husband's father, so I don't know what she was like before. I have nothing but resentment toward her and Thomas. What can I do? — Frustrated

Dear Frustrated: That which we resist persists. You might get better results if you gave up on forcing the situation. Try to be more understanding about your husband's reluctance to abandon his mother. Though she sounds very difficult, she is still his mom, and she raised him into the man whom you married. I'll bet that his loyalty and tenderness toward his mother are partly what attracted you to him in the first place.

At the same time, that doesn't mean you must silently resign yourself to the status quo. Communicate with him that you would like to spend more one-on-one time with him, or work together to make a schedule of things you can both do around the house so there's no resentment. You'll get better results in the long run if you speak from a place of love, emphasizing your own personal perspective rather than making accusations and focusing on what he's doing wrong.

Send your questions for Annie Lane to dearannie@creators.com.

Sawyerville UCW February 2018 meeting

February 21 was the date of the second meeting of the year for Sawyerville UCW. President Bonnie Fowler welcomed us all and had some quotes for us: Listen to the wind, it talks, / listen to the silence, it speaks, / Listen to your heart, it knows. Then: Having plans sounds like a good idea until you have to put on clothes to leave the house! And one more: The good time to laugh is the only time you can.

Devotions began with a quote from Edgar A. Guest: I'd rather see a sermon than hear one any day.

We sang Love Lifted Me from Songs of the Gospel. Doreen Cairns read a story from Chicken Soup for the Nurse's Soul, A Single Act of Love, and a poem from Chicken Soup for the Christian Soul entitled The Beautiful Colour of Love by Arnold (Sparky) Watts. Here is the poem:

What colour is God, Asked the child with skin so fair/
Is he white like me, Does he have light hair? Is God dark like me,
Asked the child with skin of golden hue/
Has he hair that's dark and curly, are his eyes black or blue?

I think God is red like me, The Indian boy is heard to say/
He wears a crown of feathers, And turns our nights to day.

Each one of us knows that God is there, In all the colours above/
He will be waiting, and his hand to you Will he extend.

There will be no colours in Heaven, Everyone will

be the same./ You will only be judged by your earthly deeds,
Not your colour or your name.

So when your time comes, And you see God in his Heaven above,
Then you will see the only colour that counts,
The beautiful colour of love.

I read a couple of stories from Chicken Soup for the Christian Family Soul, A guy named Bill and A Perfect Mistake. The latter tells of a carpenter and grandfather who was building crates for the clothes his church was sending to an orphanage in China. On his way home he discovered his brand new glasses were missing. After a thorough search of the church, he realized that his glasses were nailed inside a crate and were on the way to China. Several months later, the director of that orphanage was in the States visiting all of the churches that supported his work. The director came to the carpenter's church and began to thank the people for all they had done. He especially wanted to thank them for the glasses that they had sent. The Communists had destroyed everything in the orphanage including his glasses and as well as not being able to see, he experienced headaches every day. He and his colleagues prayed. Then the crates arrived and laying on top of one was the perfect pair of glasses! As though made just for him! Only one man in the congregation realized that the Master Carpenter had used him in an extraordinary way.

We sang Jesus Loves Even Me (Songs of the Gospel).

The Lord is my strength and my shield, my heart trusts in Him,
and I am helped, therefore my heart exults and with my song I shall thank Him. Psalm 28:7

Unfortunately, our president was ill and had to leave. Vice President Theda Lowry, continued with the meeting. Secretary, Doreen Cairns, read the minutes of the last meeting. They were approved as read. Eight members answered roll call. Wendy Mackay gave the treasurer's report. We made a donation to the Christian Blind Mission. There will be a marker erected on the site of the former Island Brook Church and the total cost will be \$2700. Donations are being accepted. Mabel Mackay, a late member of the UCW, claimed the Island Brook church as her home church and we would like to honour Mable by giving a donation in her memory. The other order of business was to discuss hosting the World Day of Prayer. I will tell you about it next time. We closed with the Mispah benediction: May the Lord watch between me and thee while we are absent, one from the other.

To end the lovely afternoon — supper! Shepherd's Pie, chicken parmesan, macaroni casserole and jellied salad just to name a few of the fine dishes we had to choose from. Cake, pies and cookies for dessert. We missed Bonnie and Alton Fowler and are counting on their presence next time!

And until next time...

Submitted by Marlene Lowry

Send your social notes to: classad@sherbrookerecord.com

CELEBRITY CIPHER

by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

"UXUW GJ G PWUY VEMV VANALLAY
VEU YALFZ YABFZ OA VA KGUSUH,
G YABFZ HVGFF KFMWV NT MKKFU
VLUU." — NMLVGW FBVEUL

Previous Solution: "A quotation in a speech, article or book is like a rifle in the hands of an infantryman. It speaks with authority." — Brendan Behan

TODAY'S CLUE: A sjenba 1

REALITY CHECK

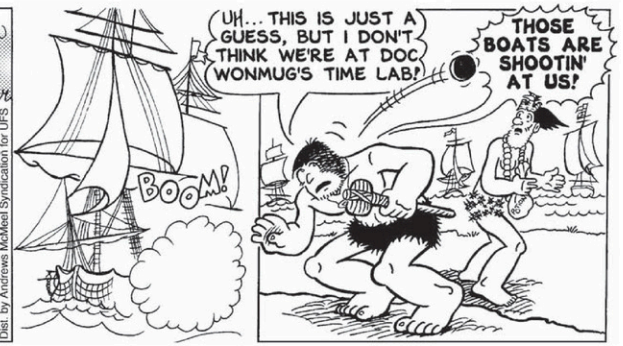


HERMAN



"Let's hope we never have to use it!"

ALLEY OOP



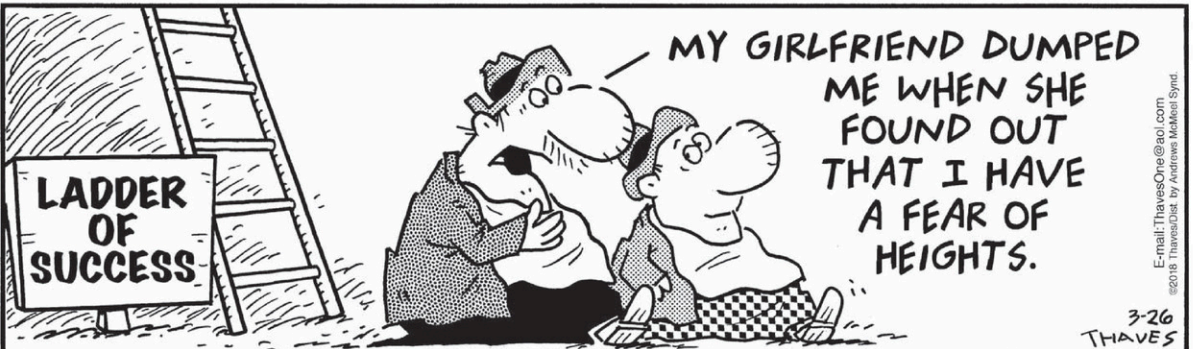
ARLO & JANIS



THE BORN LOSER



FRANK AND ERNEST



GRIZWELLS



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STIR IT UP! By Marialisa Calta

Each holiday has its prime time. Christmas shines in the evening, when the tree is lit and family and friends are gathered to share eggnog and cocoa. Thanksgiving's draw is a midday feast.

But Easter is all about the morning: sunrise services, egg hunts and the "awakening" feeling of spring. While it may be traditional to have a large Easter dinner, on this holiday you can easily argue that brunch is the way to go.

Easter brunch can be a dressed-up affair (mimosas in the garden, spring hats, the pointy heels of women's shoes sinking into the spongy earth) or a family-friendly gathering (jelly beans on the tablecloth, crayoned place cards at each setting, Easter basket "grass" everywhere). Whichever route you take, the culinary imperatives are the same: good food and lots of it. Your guests will have had busy mornings and no breakfast; you'll be amazed at how much food they can tuck away.

This does not mean you must exhaust yourself. Plenty of items can be purchased ready-made: juices, breads and high-quality chocolates, perfect for dessert.

Wake up to Easter brunch

Fruit and green salads are easily put together. Throw a ham (the easiest of meats) in the oven and serve it as a side instead of bacon or sausage. This relieves you of the "short-order breakfast cook" feeling. It just leaves you and the eggs.

Inspiration for a delicious Easter brunch arrived in the form of a cookbook from the Ruby Tuesday restaurant chain, "Simply Fresh: Casual Dining at Home" (Andrews McMeel, 2011), by veteran cookbook author Jeff Morgan. The omelets make a perfect main course and need only a little prep. While they are cooking, you can join your guests in sipping mimosas or trying to pull Easter grass out of your hair.

SPINACH, MUSHROOM AND FETA CHEESE OMELET

Yield: 4 to 6 servings
 1 tablespoon extra-virgin olive oil
 2 cloves garlic, peeled and minced
 1/4 pound crimini or button mushrooms, sliced
 1/4 pound fresh baby spinach
 8 eggs
 1/2 cup crumbled feta cheese
 2 teaspoons dried thyme
 Freshly ground black pepper

In a large skillet, heat oil over medium. Add garlic and cook,

stirring, about 1 minute, or until garlic begins to brown. Add mushrooms and stir to coat with oil and garlic. Cover and cook, stirring occasionally to prevent burning, about 5 minutes, or until the mushrooms soften. Uncover the pan and push mushrooms to the side.

Increase heat to medium-high and add spinach. (It will pretty much fill the pan but will soon reduce significantly.) Re-cover the pan and cook about 2 minutes, or until spinach wilts.

Meanwhile, in a large bowl, beat eggs with a whisk or fork until blended.

Mix wilted spinach with mushrooms and push both to the side of the pan. Decrease heat to low. Pour eggs into the pan and spread spinach mixture evenly throughout the eggs. Sprinkle cheese evenly across the surface. Sprinkle thyme over the cheese.

Cover and cook 15 to 20 minutes, until the eggs are firm on top. Cooking time will vary depending on the size of your pan. In a large pan the eggs will cook faster, because the omelet will be thinner.

Remove pan from heat and cut omelet into 4 or 6 pieces. Top with a few grinds of pepper and serve.

Recipe from "Ruby Tuesday Simply Fresh: Casual Dining at Home" by Jeff Morgan (Andrews McMeel, 2011).

APPLE AND CHEESE OMELET

Yield: 4 to 6 servings
 2 tablespoons extra-virgin olive oil
 1 apple, halved, cored and sliced
 8 eggs
 1/4 pound Gruyere or Swiss cheese, grated
 1 teaspoon dried thyme

In a medium skillet, heat oil over medium. Add apple slices and cook, stirring occasionally, about 2 minutes, or until apples start to soften. Using a spatula, flip the slices and cook another minute or two, until they are soft and just beginning to brown.

Meanwhile, in a large bowl, beat eggs with a whisk or fork until blended.

Push cooked apple slices to the side of the pan and decrease heat to low. Pour eggs into the pan and spread apples evenly throughout the eggs. Distribute cheese evenly over the surface. Sprinkle thyme over the cheese.

Cover and cook 15 to 20 minutes, until eggs are firm on top. Cooking time will vary depending on the size of your pan. In a large pan eggs will cook faster, because the omelet will be thinner.

Remove pan from heat and cut the omelet into 4 or 6 pieces.

Recipe from "Ruby Tuesday Simply Fresh: Casual Dining at Home" by Jeff Morgan (Andrews McMeel, 2011)

SUDOKU

DIFFICULTY RATING: ★☆☆☆☆

		6	7	4	1			
				8	6			1
2				3		8	6	7
9	7	3	4	6			5	1
	4			2			9	
1	5			7	3	6	4	8
5	2	1		9				6
	3		6	5				
			3	1	2	9		

3/26

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PREVIOUS SOLUTION

3	4	6	2	9	8	5	1	7
9	2	8	1	7	5	4	3	6
7	5	1	4	6	3	9	8	2
4	6	5	8	3	2	7	9	1
1	8	9	7	4	6	2	5	3
2	7	3	9	5	1	6	4	8
8	3	4	5	2	7	1	6	9
5	1	7	6	8	9	3	2	4
6	9	2	3	1	4	8	7	5

HOW TO PLAY: Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

Join us in recognizing local heroes - our Firefighters & First Responders

The Record will be publishing a special section entitled, "Keeping our Community Safe," on April 17 dedicated to thanking the men and women of the fire departments and first responders.

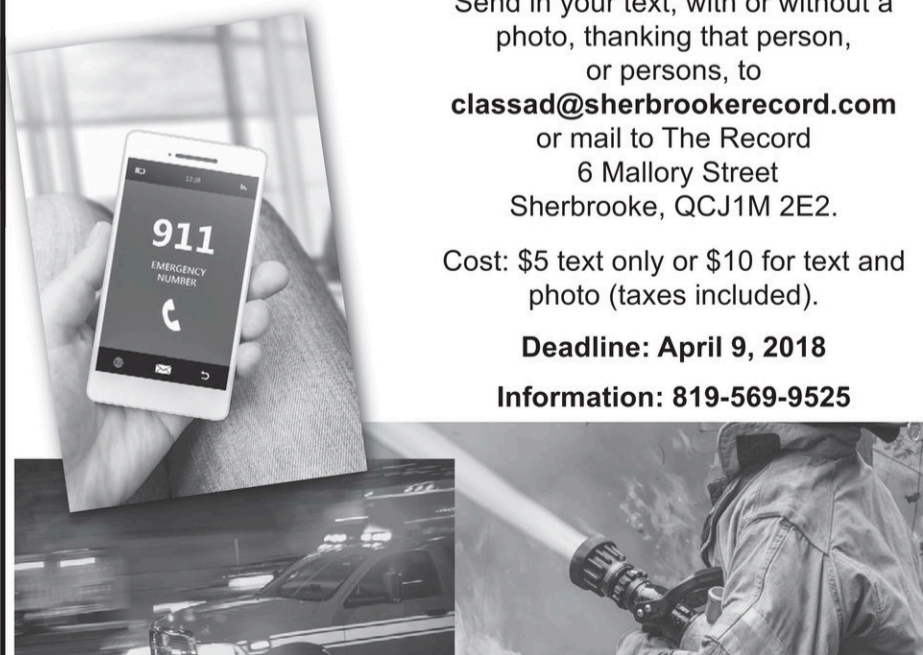
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Your Birthday

MONDAY, MARCH 26, 2018

Do your best to relax and strive for peace of mind. You need time to think and plan. Refuse to let temptation lead to unnecessary personal changes. Don't make rash decisions this year, unless you feel you can do so without repercussions. Timing is everything.

ARIES (March 21-April 19) — Put responsibilities you took on behind you and cover your back when dealing with a critical or negative person looking for an excuse to make you look bad.

TAURUS (April 20-May 20) — Take on only what you can handle. If someone tries to intervene or put too many demands on you, push back. Learn from experience and say no to controlling individuals.

GEMINI (May 21-June 20) — Stay on top of technology and other breakthroughs that can help you advance. Make changes that will give you an edge and keep you ahead of any competition you encounter.

CANCER (June 21-July 22) — Keep tabs on personal records and documentation. Enforce updates before licenses or benefits have a chance to lapse. Staying on top of matters will be necessary.

LEO (July 23-Aug. 22) — Take hold of any situation you face and do your best to make changes that will encourage success. A positive attitude and willingness to change will put you in a leadership position.

VIRGO (Aug. 23-Sept. 22) — Taking care of other people's affairs can be taxing, but if you do so out of love, you will get something very special in return for your time and effort.

LIBRA (Sept. 23-Oct. 23) — Charm and diplomacy will help you deal with a difficult individual who tends to use aggressive and demanding behavior. Offer incentives, but don't give in.

SCORPIO (Oct. 24-Nov. 22) — An exaggerated version of what's going on can be expected. Listen to what others have to say, and decide whether to use or pass along the information you receive.

SAGITTARIUS (Nov. 23-Dec. 21) — You'll own the moment and stand out if you follow through with your plans and promises. Engage in talks that will generate positive changes. A personal or physical change is encouraged.

CAPRICORN (Dec. 22-Jan. 19) — Emotional matters will escalate, pushing you to make a premature change or decision. Stop and consider the people involved or the consequences of your actions before moving forward.

AQUARIUS (Jan. 20-Feb. 19) — An emotional leap of faith can lead to trouble. Question what's being asked of you before you agree to get involved, or someone will take advantage of you.

PISCES (Feb. 20-March 20) — A suggestion will grab your attention. Find out more before you sign up for something that sounds too good to be true. Don't spend money you don't have.

MONDAY, MARCH 26, 2018

More than one way to reach 10 tricks

By Phillip Alder

Mitch Hedberg, a stand-up comedian who died in 2005, said, "I haven't slept for 10 days ... because that would be too long."

When you are in a contract of four hearts or four spades, start by counting your losers. Then, if you can do it in under 10 minutes(!), count winners. Sometimes, that will make the right line of play more apparent — as in this deal. How should South proceed in four hearts after West leads the club queen?

South might have rebid three no-trump, which would have worked well here. (If you employ two-over-one game-force, I believe that a two-no-trump rebid should show a big balanced hand and be forcing to game. Then, a jump-rebid of three no-trump can show this type of hand: a good six-card major, 18 or 19 high-card points and 6-3-2-2 distribution. Here, North would then have the quandary: pass or correct to four hearts?)

Declarer has four potential losers: one spade, one diamond and two clubs. There will be a natural reaction to use dummy's two trump entries to take the pointed-suit finesses. Surely one of them will work. First, though, count winners. South has two spades, six hearts, one

North 03-26-18			
♠ Q J 10			
♥ A J			
♦ 9 7 5 4 2			
♣ 8 6 3			
West			East
♠ K 7 2			♠ 9 8 5 4 3
♥ 5 4			♥ 6 3 2
♦ K 8 6 3			♦ J 10
♣ Q J 10 9			♣ K 7 2
South			
♠ A 6			
♥ K Q 10 9 8 7			
♦ A Q			
♣ A 5 4			
Dealer: South			
Vulnerable: East-West			
South	West	North	East
1♥	Pass	1NT	Pass
4♥	Pass	Pass	Pass
Opening lead: ♣ Q			

diamond and one club — wow, 10!
So, after taking the first trick with the club ace, cash the spade ace and play another spade. West wins with his king, cashes the club jack and plays a club to East's king. East shifts to the diamond jack, but declarer wins with his ace, draws two rounds of trumps with dummy's winners and discards the diamond queen on the spade queen.

CROSSWORD

Across

- 1 Norway's capital
- 5 Central Florida city
- 10 Distillery containers
- 14 Procrastinator's promise
- 15 Something in the air
- 16 Building beam
- 17 Narrow land formation along the Bering Sea
- 20 Price hike: Abbr.
- 21 Bard's "before"
- 22 Billionaire Bill
- 23 Puts on the line
- 25 Marshy area
- 26 Most despicable
- 29 "Citizen Kane" sled
- 33 Upstate New York Winter Olympics village
- 36 Acapulco article
- 37 O. Henry specialty
- 38 It was thrown into the harbor in a

1773 "party"

- 39 Ingenious
- 41 __ long way: help considerably
- 42 Washington city with a repetitive name
- 44 Intertwined
- 47 Not as cold, as weather
- 48 Hi-tech worker
- 49 Hindu deity
- 51 "Nonsense!"
- 54 Spy org. called "The Company"
- 55 Hamburg's river
- 58 Scottish archipelago
- 62 Hot under the collar
- 63 Ball girl
- 64 Bothers no end
- 65 Like golf balls at the start of a hole, usually
- 66 Nuclear trial
- 67 Weight loss plan

27 Composer Copland

- 28 Norwegian toast
- 29 Mideast money
- 30 Erect a house
- 31 Parent's brother
- 32 Senegal's capital
- 34 Barely more than not at all
- 35 Animation frame
- 39 Turn like a chair
- 40 2016 Gosling/Stone film ... and, as shown by circles, what each of four answers is
- 42 Dripping __: soaked
- 43 Parisian pal

45 Died down

- 46 Monastic hood
- 49 Move furtively
- 50 Waves for, as a taxi
- 51 Hissed "Hey!"
- 52 Loafer or moc
- 53 "Take this"
- 54 Tech news site
- 56 __ B'rith
- 57 Barely beat
- 59 Attorneys' org.
- 60 Filming site
- 61 Retired flier, briefly

Down

- 1 Mama bear, in Mexico
- 2 Songs sung alone
- 3 Student aid
- 4 In the movies
- 5 Egg cells
- 6 "RUR" playwright
- 7 Copycats
- 8 Word with wolf or Ranger
- 9 Shapiro of NPR
- 10 Countenance
- 11 Adjoin
- 12 "A __ of Two Cities"
- 13 Mmes., in Madrid
- 18 __ Kremer: doughnut brand
- 19 Private nonprofits: Abbr.
- 24 Mo. town
- 25 Physique, informally
- 26 "Mudbound" actress Mary J. __

F	R	E	D		S	E	A	L	E		R	C	M	P			
L	E	V	I		O	N	L	A	Y		A	L	A	R			
O	W	E	S		S	C	E	N	E		M	E	M	E			
R	A	N	S	C	A	R	E	D		S	E	A	M	Y			
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N	Y	E	S		P	E	N	D	S			I	A	T	E		
C	A	T	T		O	M	E	G	A		A	T	R	A			
E	N	O	S		T	I	R	E	D		S	E	A	R			

1	2	3	4		5	6	7	8	9		10	11	12	13	
14					15						16				
17	○	○			18					19			○	○	
	20					21				22					
					23	24			25						
26	27	28						29				30	31	32	
33	○	○				○	34	35					36		
37							38			39	40				
41						42			○	43			○	○	
44					45	46				47					
					48				49	50					
51	52	53						54			55	56	57		
58							○	59			60	○	○		61
62								63				64			
65													67		