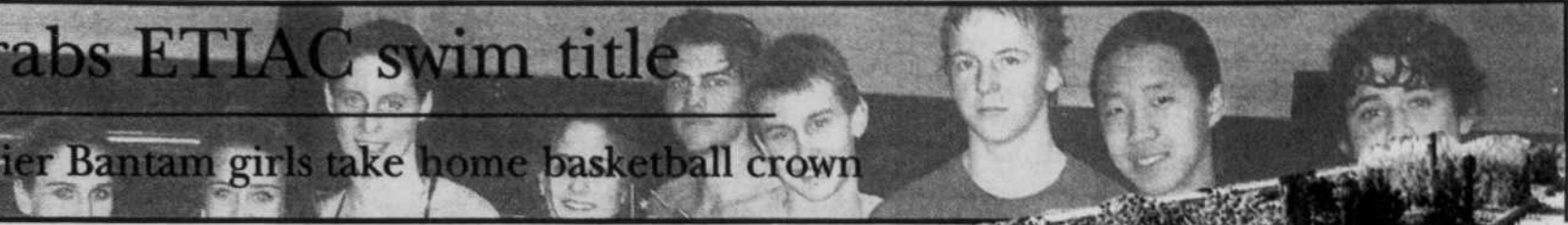


BCS grabs ETIAC swim title

Massey-Vanier Bantam girls take home basketball crown



THE RECORD

THE VOICE OF THE EASTERN TOWNSHIP

Green Zone honoured among top public projects

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TUESDAY, MARCH 16, 2010

Health services satisfied with budget despite H1N1 increases

By Doug McCooye

The Health and Social Services Agency of Estrie is satisfied with its finances regarding the vaccination campaign against the H1N1-virus.

According to a report, the campaign cost the government agency a total of \$6.8 million for the entire Estrie region - and it was only \$4.6 million over their annual budget.

While it may seem like a large amount of money, Johanne Turgeon, regional coordinator of civil security and health, said that the situation they were dealing with was unprecedented. "The budget consisted of about \$2 million in resources we already had and that we had to mobilize," she explained in a recent report. "It needs to be realized that we vaccinated 178,000 people in the Estrie (...) and we opened three new clinics. It is something we have never seen before!"

According to Quebec's chief public health officer, Dr. Alain Poirier, the entire vaccination campaign - spread over four different government agencies - has cost the province about \$146 million since April-2009.

Health and Social Services has spent the most (\$132.7 million), followed by Education, Leisure, and Sports (\$11 million), Government Services (\$1.2 million), and Public Safety (\$0.7 million).

"At the beginning we estimated that this large health protection operation could cost as much as \$200 million," said Dr. Poirier in a recent statement. "(But) we were able to contain the spending, all while attaining a 57 percent vaccination coverage, which corresponds to 4.4 million people."

Getting away for the Weekend

Séigny, council hash out priorities at weekend retreat



DOUG MCCOOEYE

Serge Paquin and Bernard Séigny discuss the results of the weekend excursion with reporters on Monday

By Doug McCooye

Meeting on Friday and Saturday at the Manoir des Sables in Orford, councilors from the City of Sherbrooke went on a retreat this past weekend to discuss which of the council's policies and political actions will

have priority in the months and years to come. Sherbrooke mayor Bernard Séigny, along with executive committee president Serge Paquin, presented the retreat's report on Monday at City Hall.

For the first time since the municipal merger in 2002, the mayor revealed

that major city expenditures would stop until the next budget is announced in November, 2010. In the interim, a group will be formed whose mandate will be to analyze and revise the municipal administration and its structure.

CONT'D ON PAGE 3



Townshippers',
Desjardins ink
sponsorship
deal



Bananas: The HIV Solution?

A new study finds that the fruit may slow the spread of HIV

Heritage Sites

The Heritage Canada Foundation is accepting nominations to Canada's Top Ten Endangered Places List. The list is released annually to bring national attention to sites at risk due to neglect, lack of funding, inappropriate development and weak legislation. It has become a powerful tool in the fight to make landmarks, not landfill.

HCF uses three primary criteria to determine the 10 final sites for inclusion on the list:

- Significance of the site
- Urgency of the threat
- Community support for its preservation

If you know a site that should be included on our list, tell us about it today.

For the 2010 Top Ten Endangered Places List Form, see, www.heritagecanada.org/eng/featured/nominations.cfm

Nominations should be received by Wednesday, March 31, 2010. The 2010 list will be announced in May.

Feel free to contact Heritage Canada if you're considering a nomination or have any questions.

MS lives here.

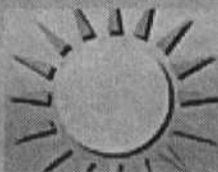
MS is the most common neurological disease affecting young adults in Canada.

MS Multiple Sclerosis Society of Canada
1-800-268-7582 www.mssociety.ca

Weather



TUESDAY: MAINLY SUNNY
HIGH OF 12
LOW OF -1



WEDNESDAY MAINLY SUNNY
HIGH OF 11
LOW OF -3



THURSDAY: CLOUDY W/ SHOWERS
HIGH OF 9
LOW OF 3



FRIDAY: LIGHT RAIN
HIGH OF 8
LOW OF 2



SATURDAY: LIGHT SHOWERS
HIGH OF 3
LOW OF 0

Luck of the Irish

Richmond's St. Patrick's Day banquet goes off without a hitch



CLAUDIA VILLEMAIRE

The Richmond Irish Dance School presented a variety of Irish dance, featuring the juniors and seniors, the soft slipper touch and the rousing stamp of the Riverdance style, always a colorful presentation of this unique expression which dates back to the time of the Druids. Their colorful costumes with mystical-symbol embellishments bring a sense of the mystery and traditions of the Emerald Isle.

By Claudia Villemaire

The traditional St Patrick's Society banquet Saturday evening held at Centre Ste Famille in Richmond was dubbed a great success, complete with Irish dancers, Ross Murray, Sherbrooke Record and Log Cabin Chronicles columnist as guest speaker, dinner and dancing with splashes and sparkles of green glittering from walls and patrons too.

Ross Murray, well-known for his sharp wit in columns which appear on a weekly basis, mused in his most recent, wondering why he would be asked to speak about the Irish when he was a declared non-Irish person. Murray used the Irish character to prove keeping up these Irish traditions was a major player in the early, pioneering communities when people, in-

spite of cultural differences, managed to overcome the obstacles and develop strong communities, such as is obvious in the Richmond region.

"I must admit, the prospect of this appearance required a bit of Guinness to stiffen my resolve and bring inspiration," he admittedly jokingly.

"But as a non-Irish person, perhaps my view will give some insight into the strength and determination the Irish brought to a country that would put their courage and determination on the line. They endured hunger and disease and struggled on to settle here, faced discrimination and a land that could test the best with severe cold or extreme heat. It became clear to me as I researched the web for material to talk about, the Irish can justifiably be proud of their accom-

plishments and their contribution to the community we know today."

"No, my name is not McMurray and I'm not Irish. But it has been a great honor and pleasure to talk about this fabled people from the Emerald Isle."

Toasts were raised to home and country, sister societies and especially to Ireland. The Irish dancers held a full house spellbound as they skipped and thumped through complicated routines 'til finally, Mike Patrick and his popular country music began the final chapter with music for dancing.

Special presentations were also made to volunteers of the year, Marjorie Lancaster and Norma Morin for their years of always turning up when projects or activities were planned.

Ben by Daniel Shelton



LOCAL NEWS

"The retreat had a very positive feel to it...Everyone there was working with the same spirit and vision."

PQ breaks ties with left-wing 'political club'

By Hubert Bauch
CANWESTNEWS SERVICE

The Parti Quebecois has broken off ties with a left-wing "political club," while officials continue to deny the party has become more right-wing.

At a conference this weekend, the party's executive opted to revoke the special status of SPQ Libre. The 400 members of the political club are pro-union and strongly support Quebec independence, clashing with the more moderate view of party officials, particularly current leader Pauline Marois.

The group was founded six years ago and granted special representation at party events by former leader Bernard Landry.

Most recently, the two organizations clashed over SPQ Libre's support for the union demands in the current public-sector contract negotiations and its sharp criticism of Marois for saying that the demands were somewhat exaggerated.

"I think it's obvious the PQ is turning to the right," SPQ Libre leader Marc Laviolette said Sunday. "We've seen it with Marois's declaration on the public sector demands and now this decision by the executive."

Laviolette objected to the party's decision to strip SPQ Libre of its status.

"There can be a minority point of view in a party. It should allow the expression of various points of view. Only Marois doesn't like it if you go against her point of view," he said.

But Marois defended the decision, saying the political club's special standing was incompatible with the party statutes.

"A number of members felt there shouldn't be two types of membership. They thought it left them second-class members. Therefore a decision was taken that there would be no more political clubs within the party," she said at the end of the conference.

"Dissent is still possible in the Parti Quebecois and will continue to be. I hope we will continue to have these debates, even if they get heated."

Marois also denied claims that the party is becoming more right-wing.

"We continue to be a party of the centre left," she said. "Our positions are based on common sense."

Desjardins and Townshippers' sign partnership



COURTESY DESJARDINS

Yves Gaudet from the Service de coopération et développement du milieu pour les Caisses Desjardins de Sherbrooke with Michael van Lierop, president, and Eric Akbar Manolson, Coordinator, of Townshippers' Association, and Richard Lacroix, regional vice-president, Eastern Townships, with the Mouvement Desjardins.

Townshippers' Association and Les Caisses Desjardins des Cantons-de-l'Est recently finalised a three-year partnership agreement.

This partnership marks the first time Townshippers' Association has established a multi-year sponsorship at this level, and with such a well-known entity like the Desjardins group," remarked Association president Michael van Lierop. "It is encouraging to see the business community reaching out to the English-speaking community in the Townships in this way."

"The partnership between Townships' Association and Desjardins speaks to our shared goal of establishing strong professional links with members of the English-speaking community," said Richard Lacroix, regional vice-president of the Fédération des caisses Desjardins du Québec, Cantons-de-l'Est. "We are proud to support the Association, and to promote Desjardins' financial expertise and scope."

In collaboration with Townshippers' Association, Desjardins is planning a presentation, in English, on the financial markets, to take place this May at Uplands Cultural and Heritage Centre in Sherbrooke (Lennoxville).

Sherbrooke (Lennoxville).

For more information, please contact Valérie Bridger, Assistant Executive Director, at 819-566-5717 (1-866-566-5717) or ta@townshippers.qc.ca.

Townshippers' Association is a non-partisan, non-profit community organization serving the Eastern Townships English-speaking community. Contact www.townshippers.qc.ca; ta@townshippers.qc.ca; 257 Queen, Lennoxville (819-566-5717; 1-866-566-5717) or 584 Knowlton Road, Lac Brome (450-242-4421; 1-877-242-4421).

Council presents plans after weekend retreat

CONT'D FROM PAGE 1

"We will review the services and activities provided by the city and figure out whether they needed to be improved, integrated, or eliminated completely," explained Sévigny.

The mayor noted that it was important to give this group "a little breathing room" so that the analysis and decisions can be made properly. In that vein, it was revealed that no new full-time City Hall positions would be created until the administrative activities had finished being revised. "It is important to specify, as I have said multiple times, there will not be any position cuts in the municipal administration," added Sévigny, noting that he didn't think it made sense to create new positions during this important revision period.

Transparency is another theme that must have been discussed in Orford this weekend, as two major improvements regarding the public's accessibility to municipal affairs were revealed on Monday.

Every public city council meeting will soon be recorded and made available both on television and the Internet. City officials say that this change will come in the near future and should be up and running before the end of 2010. It was also revealed that the media would soon be given greater access to planning committee meetings where certain projects and activities were being discussed.

While there were too many subjects to tackle over the two days to get to all of them, Sherbrooke's mayor seemed happy with the council's retreat. "The expectations I had going in to the meetings were for the most part met," said Sévigny. "We would've needed five days to get through all of the stuff people wanted to discuss, so we had to be a little selective."

Four of the council's 19 members are part of the municipal political party Renouveau Sherbrookoise, including mayor Sévigny who is the head. Despite initial

concerns that party politics would plague the discussions, Serge Paquin felt that the meetings were largely successful. "The retreat had a very positive feel to it," he said to the assembled media. "Everyone there was working with the same spirit and vision."

Councilor Robert Pouliot, who is also a member of Renouveau Sherbrookoise, was in attendance on Monday and echoed Paquin's sentiments. "With the retreat coming so soon after the (November municipal) elections, I think that the desires of both the citizens and the councilors themselves were fresh in everyone's mind, which is definitely a good thing," he said. "It was probably the best retreat I've been a part of in my thirty years as a councilor."

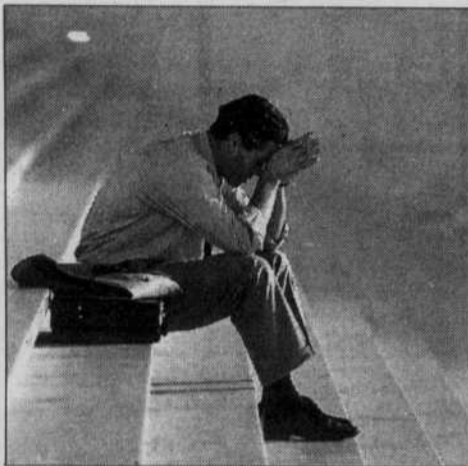
When asked by a reporter what the report meant for the appointment of an ombudsman at City Hall, Sévigny revealed that the position would be addressed "in the next two to three months."

dmccooye@sherbrookerecord.com

NATIONAL NEWS

"We have to push for a new generation of benefits design that emphasizes prevention..."

Government overhauling handling of depression in public service



COURTESY CUREANXIETY.COM

By Kathryn May
CANWESTNEWS SERVICE

The Harper government is taking steps to promote "workforce wellness" in the public service, as records show depression, stress and other mental illnesses account for near-

ly 45 per cent of all disability claims.

The Treasury Board quietly kicked off a disability initiative several years ago and is expected to have a business plan ready within the year - a critical first step in turning around the escalating number of mental-health claims that are taking employees off the job.

The "workforce wellness" strategy promotes prevention, takes the stigma out of mental illness and gets those suffering from depression treated and back to work as quickly as possible.

It marks the biggest shift in disability management since the plan was introduced 40 years ago.

Stress, burnout, anxiety and depression are rampant in all workplaces, especially in time of economic uncertainty. The federal public service, however, ranks among the worst.

Disability claims in Canada continue to climb, with between 40 and 50 per cent for depression.

In the public service, mental-health claims doubled between 1991 and 2008 to 45 per cent, half of which were for de-

pression.

Bill Wilkerson, the co-founder of Global Business and Economic Roundtable on Addiction and Mental Health, has long pressed the government to develop a mental-health strategy to deal with what he called its "toxic" workplace.

He said depression should be tackled as a national "public health crisis."

"We have to push for a new generation of benefits design that emphasizes prevention and recognizes that brain skills are the most important skills in the federal government and for 85 per cent of all jobs in the economy," said Wilkerson.

"Only two per cent of the people off for a year ever return to work and the return rate goes down like a roller coaster after being off for six months. You have to get people motivated and supported and back to work within six months."

But the Treasury Board overhaul is happening slowly. The initiative is headed by a project team with input from senior bureaucrats across government.

The plan will unfold in three stages over three years.

Officials expect the combination of prevention and accommodating mentally ill workers could significantly reduce disability benefits being paid out.

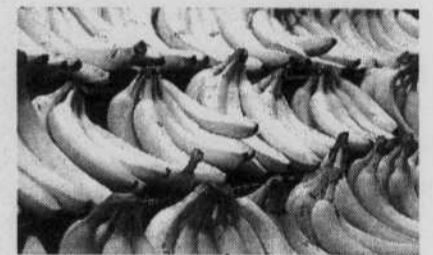
Treasury Board officials said 10,560 public servants have received disability benefits since April 2009.

About 3,000 aren't permanently disabled and managers are trying to get them back to work.

Treasury Board documents show the government paid about \$331 million in 2007-08 in premiums and fees to the insurance companies that manage its disability plans.

During that time, it paid \$436 million in salaries for workers on sick leave. Public servants get 15 days for every year they work, which they can bank over a career.

Bananas enlisted to help stop spread of HIV: study



By Faiza Wasim
CANWEST NEWS SERVICE

A simple fruit that many of us eat every day could soon prove to be a powerful new inhibitor of HIV, and lead to new treatments to prevent sexual transmission of the virus.

Bananas, according to new research of the University of Michigan Medical School, might be good for you in an exciting new way.

Lectins, naturally occurring chemicals in plants, are drawing the interest of scientists because they can stop the chain reactions that lead to a variety of infections.

In laboratory tests, BanLec, the lectin found in bananas, was as effective as two current anti-HIV drugs, according to a news release from the school.

Based on the findings to be published March 19 in the Journal of Biological Chemistry, BanLec may become a less expensive new component of applied vaginal microbicides, researchers say.

"The explosion of AIDS in poorer countries continues to be a bad problem because of tremendous human suffering and the cost of treating it," said study senior author David Markovitz, M.D., professor of internal medicine at the school.

"That's particularly true in developing countries where women have little control over sexual encounters so development of a long-lasting, self-applied microbicide is very attractive," Markovitz said in a release.

Some of the most promising compounds for inhibiting vaginal and rectal HIV transmission are agents that block HIV prior to integration into its target cell, researchers say.

Authors say even modest success could save millions of lives.

There were at least 65,000 people living with HIV/AIDS in Canada in 2008, according to statistics from the Canadian Aids Society.

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- Henry Ford



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Regional health and social services to create community forum

By Corrinna Pole

The regional health and social services agency is inviting Townshippers to submit an application to participate in Peoples Forum, an advisory body to its board of directors.

The Forum, comprised of 15 citizens, will hold private meeting about five times a year for approximately three hours, and two public meetings with the board of directors, and will advise the agency on how to improve satisfaction and better meet clients needs.

Eligible persons must live in Quebec, be over 18 years of age and not be under guardianship or trusteeship. Those who sit on the Forum serve a term of three years.

Ineligible from joining the Forum are those employed by the Ministère de la Santé et des Services sociaux, or any health or social services agency or institution, or employees or those who have received remuneration or contracted services to the Régie de l'assurance maladie du Québec.

The Peoples Forum focuses its work on priority items agreed with the agency's board of directors including:

- Steering Committee
- Government Health Plan
- Promoting users rights
- Regional Committee on the recognition of community organizations
- Public Health Regional Plan
- News and information for the population

For more information or to apply visit www.santeestrie.qc.ca or contact Annie Corriveau-Raymond at 819-829-3400, ext 42151.

Cancer Support Group

The Stanstead CLSC wishes to remind everyone of their monthly support group for people whose lives have been affected by cancer. Their next meeting will be held on March 24th, from 10am to 11:30am at the Stanstead CLSC. This week's discussion, led by social worker Lyne Auger, will focus on the emotions related to cancer. For more information, please contact: Liette Compagna at 819-843-2572 ext 2322 or Lyne Auger : 819-876-7521 ext 231.

Sherbrooke's "Zen Zone" honoured among top public projects

By Doug McCooeye

The City of Sherbrooke's "Zen Zone" campaign is a finalist in the public security category at the Mérite Ovation municipale; a contest held annually by the Quebec Municipalities Union (UMQ) that recognizes innovative work that has been done by municipalities throughout the province that meets the needs of the community.

The Lac des Nations promenade was an area of tumult and controversy among Sherbrooke's citizens this past summer. Due to high usage rates and complaints from pedestrians - especially regarding the southern part of the 3.5 km route where congestion was most common - the city implemented a number of solutions in an attempt to appease the users. Solutions included lane restrictions and banning cyclists and skaters on the weekend. All of the proposals were met with more complaints from the general public.

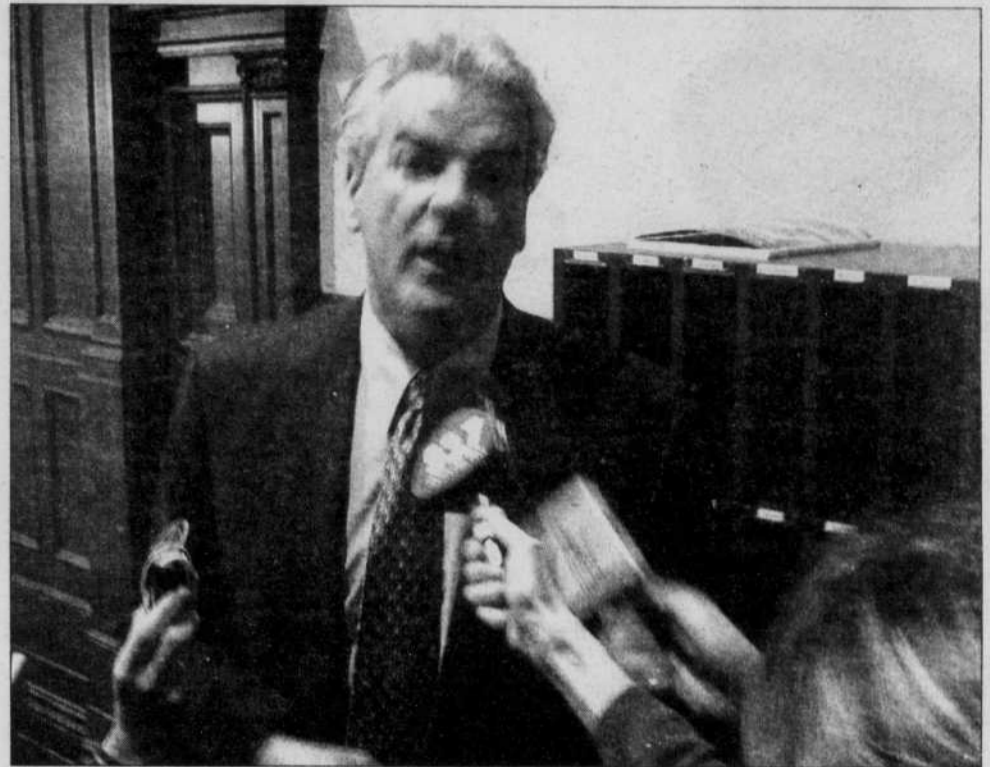
Finally, in early August, the city council passed a regulation allowing for the usage of the promenade by all types of users. Soon after, it launched a "Zen Zone" campaign calling for the respectful use of the path. Signs were erected and awareness sessions were held on site. "This is a resolution that relies on respect and civility," said councilor Chantal l'Espérance at the time. "Regulation on routes similar to this one exist in other parts of Quebec, like in Saint-Georges-de-Beaucé, and it's worked fine."

Sherbrooke Mayor Bernard Sévigny, who was a councilor for the Châteaux-d'Eau district at the time of the resolution, was originally skeptical. "I want to get it on the record that I'm not convinced that this will solve the problem," he said in early August when the lanes were eliminated. "I believe that the southern part of the promenade will still have safety problems."

After seeing the successful results of the "Zen Zone" campaign, Sévigny seems to have changed his stance. "It is with pride that we accept this recognition," he said in a statement on Monday. "The merit of the 'Zen Zone' campaign was that it wagered on the civility of our citizens and a sane cohabitation of the users in an urban setting. It allowed access to be maintained for all of the users to this site (...) one that is so dear to our community."

Starting in 2005, the Mérite Ovation municipale contest has been recognizing innovative solutions to problems in a wide variety of sectors. This year, 56 projects from 34 municipalities and two MRC's were nominated, with 20 having been named finalists. The projects were judged on a number of criteria, including originality, transferability to other municipalities, economic impact, and optimization of resources.

Officials from the City of Sherbrooke will present the "Zen Zone" project along with the other 19 finalists on May 13 and 14 during the annual sitting of the UMQ.



DOUG MCCOOEYE

Though Sévigny was openly skeptical of the Zen Zone project, he accredits the project's success to the "civility of (Sherbrooke's) citizens."

All of the finalists are eligible to win awarded, by an expert panel, to the the Joseph-Beaubien Gold, Silver, or three best projects. Bronze Star prize which will be dmccooeye@sherbrookerecord.com

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- Basket weaving
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- English Second Language
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- Introduction to Spanish
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- Chess Club
- Bridge Club
- Art Course
- Painting on canvas/acrylics



website: www.MagogCLC.ca

EDITORIAL

The spokespeople for this group seem to believe that they have a grasp of history and yet somehow fail to see the difference between an Englishman and an anglophone



Mike McDevitt

Really Regressive Quebecers

The Record Offices were visited late last week by a rowdy group of protesters who have taken umbrage over what they evidently believe has appeared in The Record, particularly, it seems, in this editorial column. Unfortunately, the object of their wrath was not working on the day of their "demonstration," leaving our poor revolutionaries with little option but to try and frighten the four women who were at the office that day. In keeping with the almost total misunderstanding of situations that is the trademark of the Réseau de Résistance du Québécois (RRQ), they failed at this as well.

From all accounts, this group - whose missive can be found in the 'letters' section, was not prepared to actually express an opinion on anything other than to shout expletives requesting the auditors to fornicate elsewhere, although the actual expression is much shorter and to the point. To their credit, they swore in English.

The spokespeople for this group seem to believe that they have a grasp of history and yet somehow fail to see the difference between an Englishman and an anglophone (ask an Irishman or a Scot), among other things. It continues using that ridiculous 'anglo-saxon' term to describe what is apparently too complicated for its scholars to understand and describes multiculturalism as "a tool for the assimilation of a people" and uses letters from Franklin Delano Roosevelt, of all people, to support this argument. It also sees Paul McCartney as a threat to the Quebec nation.

They accuse this column of having "attacked" Bloc MP Serge Cardin, whereas the only time in which M. Cardin's name has graced this page was when it was suggested that he might not be overly eager to advocate for Sherbrooke's anglophone population should he seek to return to active political life as a candidate for mayor. Mr. Cardin chose to stay in Ottawa, where his hard work is legendary, but not before threatening this paper with groundless legal action. Since that time, Mr. Cardin has not attracted our attention in any way whatsoever.

As for attacking the president of the RRQ, given the inflammatory nature of his utterances, this requires no explanation. There has never been an anti-Quebec statement anywhere in this column, although it is clear that the RRQ is one of those groups that assumes it IS Quebec. Just as any disagreement with the actions of the government of Israel attracts accusations of anti-semitism, anyone who disagrees with the RRQ is anti-Quebec, by definition.

In a letter to this writer, the RRQ chose to speak of the atrocities committed by the British against many peoples, including the Irish and the Acadians. As a descendant of those two groups, this writer feels that he has nothing to learn about oppression by the English from the RRQ, and could in fact offer some lessons in that department. The assumption that an Irish Catholic-Acadian is an Orangeman perhaps best illustrates the delusions under which they operate. Their complete ignorance of the people they see as the enemy should concern them, but apparently it does not; "anglo-saxon" is so much fun to say.

They may now have bigger fish to fry, however. At a meeting this weekend, well-known *vendue* Pauline Marois forced the ouster from the Parti Québécois of the radical, left-wing "club" the SPQ-Libre, which obviously has the support of the RRQ. Looks like the PQ have sold out, too. *Aux barricades!*



Letters

"British democracy could not abide very well the appearance of a French-language newspaper administered by Quebecers."

THE FOLLOWING IS A TRANSLATION:

MR. MCDEVITT:

We congratulate you. By the articles that you have written in The Record, you demonstrate that you have a sense of history and that you are a worthy successor to the newspaper The Quebec Mercury, published in 1804. You will recall that this rag had as its mission the assimilation of the people of Lower Canada behind the façade of British democracy. You appear to be very much like the personnel of the Quebec Mercury; a personnel made up of Loyalists, Orangemen and fanatical racists who puked on the ancestors of Quebecers by proposing violent and coercive measures designed to weaken them economically, politically and demographically.

British democracy could not abide the appearance of a French-language newspaper administered by Quebecers. What testimony to the "democratic spirit" with regard to the journal Le Canadien! This paper demanded social justice, the abolition of the privileges of the Family Compact, an inquiry into the diversion of public monies by the latter and nothing less than a real democracy in a land that was 90 per cent francophone. In response, the British authorities closed down Le Canadien, arrested those in charge, imprisoned some and destroyed their production facilities.

Today, in 2010, thanks to you, we are reliving the same situation. But the RRQ remembers. Shame on you! Your attacks

against Bernard Landry, against Bloc Québécois deputy Serge Cardin, against the RRQ and its president and against all the Quebec people . . .

We do not forget and we see history repeating itself. Yesterday, people like you destroyed Le Canadien. Today, Le Québécois (*the RRQ's newsletter: ed.*) suffers repression on the part of Ottawa.

LE RESEAU DE RESISTANCE DU QUEBÉCOIS

DEAR EDITOR:

Registration for the spring term at the Magog Community Learning Centre will be held on Wednesday, March 17 from 6:30-8:00 p.m. at Princess Elizabeth School (corner of Bullard & Bellevue). There are 10 courses being offered; among them are beginner French & Spanish, intro to beekeeping. Fee is \$10.00. To learn more, go to www.Magogclc.ca or call Christine at 819-847-2769. Late registration will be accepted for most courses.

MARY ROLLAND,
THE MAGOG COMMUNITY SCHOOL

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Local Sports

Daigneault was extremely sharp between the pipes for the Saints, turning away 41 of the 46 shots he faced

BCS captures ETIAC swim title

Massey-Vanier takes home bantam girls basketball crown

By Mike Hickey
SPECIAL TO THE RECORD

Bishop's College School won the Eastern Townships Interscholastic Athletic Conference swim meet while the Massey-Vanier bantam girls' and Galt bantam boys basketball teams claimed the league titles in competition played last week.

The two events were originally scheduled for the last week in February but the basketball tournament was postponed because of inclement weather while the swimming was rescheduled after an incident at Massey-Vanier made it impossible for the swim team to attend the final meet in Lennoxville. BCS took top honours in the pool followed by Stanstead, Massey-Vanier and Galt. BCS dominated the senior boys' class winning all 13 events. Aaron Morrow (200-metre freestyle, 100-metre breaststroke and 100 and 200-metre individual medleys) and Nick Orlander (100 and 50-metre freestyle and 100 and 50-metre butterfly) led the podium parade with four gold medals apiece. Other senior boys winners include Leo Jordil won the 50-metre backstroke and 50-metre breaststroke and finished second in the 50-metre freestyle and Vaughan Barritt who won the 100-metre backstroke. BCS took both the 200-metre freestyle and 200-metre medley relays.

On the senior girls' side Massey-Vanier's Cloe Chevalier and Gabi Bertrand Guillaume of Stanstead had three gold medals apiece. Chevalier won the 50-metre backstroke and breaststroke events as well as the 100-metre individual medleys while Bertrand-Guillaume came in first in the 100-metre breaststroke, backstroke and freestyle and also had a second place finish in the 50-metre backstroke.

Stanstead's Andrea Antillon captured gold in the 100-metre and 50-metre but-



Trophy winners from the ETIAC swim meet

COURTESY

terfly competitions and also had silver in the 299-metre individual medley.

Massey-Vanier's Samantha Swift won the

Blanche Du Sault from Stanstead College took home two gold medals in the 200-metre freestyle and 200-metre individual medley races and added a silver medal in the 50-metre butterfly and a third place finish in the 100-metre butterfly. Massey-Vanier won the 200-metre freestyle relay.

Tiffany Quinn from Massey-Vanier and BCS's Gladys Rossini led the junior girls' competition with four goals apiece. Quinn captured 100-metre and 200-metre freestyle and the 100-metre and 200-metre individual medleys while Rossini came in first in the 50-metre backstroke, freestyle and butterfly events as well as the 100-metre backstroke. Galt's Sabrina Rowland Cote won the 50-metre and 100-metre breaststroke races and had a second place finish in the 50-metre freestyle. Stanstead's Anne-Sophie Plinkert won gold in the 100-metre butterfly while BCS captured the 200-metre medley and freestyle relay races.

On the junior boys' side Stanstead's

Kevin Koschitski was dominant in the 100-metre events winning the backstroke, butterfly, breaststroke and individual medley. Ryan Harding of BCS won the 50-metre butterfly and breaststroke, finished second in the 100-metre breaststroke and third in the 100-metre individual medley. Teammate Kingsley Edgcomb won the 50-metre and 100-metre freestyle races and the 50-metre breaststroke event. Massey-Vanier's Nathan Bowles captured three medals, the gold in the 50-metre backstroke, and two bronzes in the 100-metre backstroke and 50-metre breaststroke. Stanstead College captured the 200-metre freestyle relay.

Clementine Nauzin from BCS, Kim Nadeau of Massey-Vanier and Stanstead's Fernando Politarski all won four medals in the bantam girls' classification. Nauzin came in first in the 50-metre butterfly, 100-metre individual medley and the 200-metre freestyle and also had a third place finish in the 100-metre freestyle. Nadeau captured the 100-metre and 50-metre breaststroke events and the 50-metre freestyle and came in second in the 100-metre backstroke. Politarski took home gold in the 100-metre butterfly and the

200-metre individual medley and had second place finishes in the 50-metre butterfly and the 200-metre freestyle. Massey-Vanier's Claudia Macek won the 50-metre backstroke and finished second in the 100-metre freestyle and 100-metre backstroke. Galt's Rebekka Gallagher won the 100-metre freestyle and placed second in the 50-metre breaststroke. Massey-Vanier won the 200-metre freestyle medley relay.

BCS teammates Alfonso Ramirez Rodriguez and Sam Wang led the bantam boys with four gold medals apiece while fellow Bear Brendan Barritt added three gold and silver. Rodriguez won the 100-metre and 200-metre freestyle races as well as the 100-metre individual medley and 50-metre butterfly while Wong captured the 50-metre breaststroke, the 100-metre butterfly, the 100-metre backstroke and the 200-metre individual medley. Barritt captured the 50-metre freestyle, 50-metre backstroke and 200-metre individual medley and placed second in the 200-metre freestyle race. Stanstead's Jose Iza won the 100-metre breaststroke and was second in the 50-metre backstroke and third in the 100-metre individual medley. BCS won both the 200-metre freestyle and 200-metre medley relays.

The Vikings won the bantam girls basketball crown with wins over Stanstead and Richmond. They downed the Spartans 63-31 in semi-final action as Brooke Stoddard led all scorers with 14 points while Naomi Charbonneau and Kim Desrochers added 10 and 9 respectively to the winning cause. Stoddard's 13-point performance led Massey-Vanier to a 40-20 win over Richmond in the championship match. Erica Champigny-Rolfe chipped in with right points.

Galt captured the boys bantam title with wins over Stanstead and Richmond while Richmond reached the finals via a victory over Massey-Vanier.

Saints split opening playoff weekend

By Zachary-Cy Vanasse

The Sherbrooke Saint-François were awarded their first ever Commissioner's Cup on Friday night in front of the Sherbrooke faithful prior to putting away the visiting Rivière-du-Loup CIMT 4-1 to open up the round-robin playoffs with a win. Those same CIMT downed the Saints 5-4 in overtime in Rivière-du-Loup on Sunday.

Grégory Dupré led the Sherbrooke attack scoring twice while Jean-François Boutin and Robert Guillet each added three-assists in the Friday night home win.

The Saints had several scoring opportunities in the early going. CIMT netminder Loic Lacasse came up with a huge glove save on Boutin who also rang a chance off the crossbar.

Sherbrooke would net the first goal in the dying seconds of a penalty to Rémi

Royer in which defenceman Mathieu Dumas beat Lacasse for the early advantage. The CIMT answered back with an equalizer off the stick of Chad Lacasse in the final minute of the first.

The Sherbrooke powerplay unit was back at work in the second as Dupré found the back of the net 4:02 into the middle frame with Guillet and Boutin picking up the helpers despite a lengthy protest from Rivière-du-Loup's Martin Paquet.

Michel Novosad gave Sherbrooke the 3-1 lead at the 7:01 mark of the second with Boutin and Guillet picking up the assists again. Both would add their third assists of the game when Dupré beat Lacasse inside the final four-minutes of the period. Neither team scored in the third.

Patrick Deraspe played the overtime hero for the hosting CIMT on Sunday. With the game tied at 4-4 and just 42-seconds remaining in the first overtime period, De-

raspe scored his second of the encounter giving the Saints their first loss of the post-season.

The visiting Sherbrooke squad jumped out to an early 1-0 lead when Éric Perricone scored on the powerplay less than four-minutes into the first. The CIMT found their equalizer before the period expired on Chad Lacasse's second of the playoffs.

Alex Lord notched his first of the post-season 7:37 through the second for the 2-1 Sherbrooke lead but less than a minute later Deraspe tied the contest once more.

The CIMT took their first lead of the playoffs thanks to a powerplay goal from Jimmy Grondin with 2:12 remaining in the middle stanza.

The back-and-forth battle continued in the third. Yannick Tremblay balanced the scoreboard at 3-3 midway through the period but the real drama of the final regu-

lation period came in its dying seconds.

Sherbrooke looked as though they might be opening these playoffs with a 2-0-0 record when Alexandre Gagné scored in the final 57-seconds of the third but the lead was extremely short-lived. Yannick Landry gave Rivière-du-Loup hope once more by beating Saints goalie Maxime Daigneault just 19-seconds after the Gagné goal, forcing overtime.

Daigneault was extremely sharp between the pipes for the Saints, turning away 41 of the 46 shots he faced in total, unfortunately the 46th was too much for him to handle.

Sherbrooke continues the playoff round-robin, in which the top three teams play teams four, five and six twice each, this Friday when they visit the Thetford Mines Isothermic before hosting the St-Georges CRS Express on Sunday afternoon.

DUNHAM WOMEN'S INSTITUTE

The Dunham Women's Institute met on March 2nd, 2010 at the home of our President, Joyce Martin, with co-hostesses Edie Holliday and Shirley Vaughan.

The President thanked everyone for coming; it was a beautiful Winter/Spring day.

The Mary Stewart Collect and the Salute to the Flag were repeated in unison.

MOTTO: If you want to thoroughly know anything, teach it to others.

ROLLCALL: If you were invited to teach a class at Community School, what would teach? This was answered by 10 members who sat around a table with the center beautifully decorated for St. Patrick's Day. Some of the answers were knitting; creative writing; making of yogurt, cottage cheese and butter etc ...

The minutes of the February meeting were read by the Secretary-treasurer, Noreen Craig. They were approved and signed by the President.

Noreen also gave her Treasurer's report, including the success of the County Annual Meeting which Dunham hosted.

Correspondence: A Christmas Card

was received from a former member, Thelma Doherty. Thank You's received for flowers sent: from Reg and Edie Holliday for Reviewing the books; Carol Phillips for her three years as our President and Joyce Proctor Martin for her work as Chairperson of the Q.W.I. Cairn especially the Remembrance Day Cer.: movies.

Cards were signed for Peggy Godsoe who recently lost her Mother and to Jean Scott who is still in the Hospital.

As the Town of Dunham is holding their own Volunteer's Ceremony this year, we received a letter asking for a Volunteer from the Dunham Women's Institute. This will take place on April 18, 2010 at 11:00am at the Cles des Champs School.

Judy Jones nominated our President, Joyce Martin, who accepted. Joyce Proctor Martin, Pres-elect, will attend and present the award

Program: Paula Schmidt as the Education and Personal Chairperson gave us an introduction to Zoroastrianism: Beliefs, Religion and Sects. Zoroaster had a vision in which 'Abura Mazda' taught him

this new religion. His struggle to find people to accept his religion led him to

Northern Afghanistan where the King of the Land was impressed by his teachings and soj., made it the State Religion. page 2

As all members present, except one, had attended the County Annual Meeting, President Joyce gave a brief report. We were reminded that instead of a Sales Table at the Q.W.I. Convention each Branch must send \$1:00 per member or under 10 members \$10:00. They will be a Plant Sales Table this year.

As some members miss being called prior to the meetings; Ruby Sherrer will start phoning again.

Ruby Sherrer won the Floating Prize. The President gave a special St. Patrick's gift for the one with a green square on the back of their agenda which yours truly won.

The meeting was adjourned and a lovely Afternoon Tea was enjoyed with a little chit-chat.

The April meeting is scheduled for Tuesday, April 6th at 1:00pm

at the home of Judy Jones in West Brome.

Program: Agriculture Chairperson - Carol Phillips

Jean Reid Page Publicity Chairperson

Deaths

McCLAY Douglas (1918 - 2010) - Passed away Friday the 12th of March, 2010 at the Knowlton House, in his 92nd year, resident of Knowlton. Son of the late George and Melissa McClay. He leaves behind his dear children: Larry (Cheryle) of Bobcaygeon, Ont, Lynne of Truro, NS, his loving grandchildren: Stacy Kearns, Carey McInnis, Sarah Ritchie Jarvis, Jeff Ritchie, his great grandchildren: Meghan Kearns, Lyric Ritchie Jarvis, Avery Ritchie Jarvis and his brother Raymond McClay. He will be greeted at heaven's gates by his wife Jean Thornton whom he has missed so dearly since 1996. Family members will receive condolences at the: Complexe funéraire BROME-MISSISQUOI, 402, rue de la Rivière, Cowansville, Qc, Tel : 450.266.6061, info@complexebm.com Affiliated to the Corporation des Thanatologues of Québec. Friday the 19th of March 2010 from 9am to 11am. Funeral service will follow at the funeral home at 11am. In lieu of flowers, memorial donations to the Heart and Stroke foundation would be appreciated. Forms are available at funeral home or www.heartandstroke.ca He had a good life and has left all of us some treasured memories.

Card of Thanks

ANDERSON - The family of the late Robert Anderson would like to thank family and friends for their outpouring of sympathy shown to them at the time of Robert's death. For all the phone calls and concern, for visits, cards, flowers and food, your kindness will never be forgotten. A special thank you to Clem and Anna Willis and family for the lovely lunch served after the funeral. Thank you to those who paid their respects from near and far; to the Bessette Funeral Home for their professional and caring service; to Eric Morton, Daniel Newman, Elyse Picard and Jenelle Gregg for conducting the funeral service. Thank you to the doctors, nurses and staff at St. Luke's Hospital in Montreal for the care given to Robert. The many friends that attended the funeral show tribute to the high esteem in which Robert was held. The family appreciates all the kindness that has been shown to them.

ALICE (wife)
LARRY, LOIS, JERRY
(children)
AND THEIR FAMILIES

MISSISQUOI COUNTY WOMEN'S INSTITUTE'S BURSARIES

Missisquoi County Women's Institute is offering Bursaries to students graduating from Massey Vanier High School who are continuing their Education; also available to any adult who is enrolled in a program for Adult Education and Vocational Training at the Campus Brome-Missisquoi in Cowansville, QC

The Bursaries are in Memory of: Elizabeth Ann Beach and Ella Beach Brown

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Quebec Women's Institutes and is open to students graduating from High School in the Province of Quebec who are entering CEGEP, College or University and are in financial need.

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jazzbetybob@aol.com

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BIRTH & DEATH NOTICES, CARDS OF THANKS, IN MEMORIAMs, BRIEFLETS:

Text only: 34¢ per word. Minimum charge \$8.50 (\$9.69 taxes included)
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CELEBRITY CIPHER by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

Today's clue: 1 equals C

"SPG WKB, KT XGWIPGZ HX OHS,
BWFGY RXGWS SPG AKTG: SXD SH
LG YPWFYNGWXG, AGWCG SPG
XGYS SH TWSGI!" - XHLGXS
LXHUOKOR

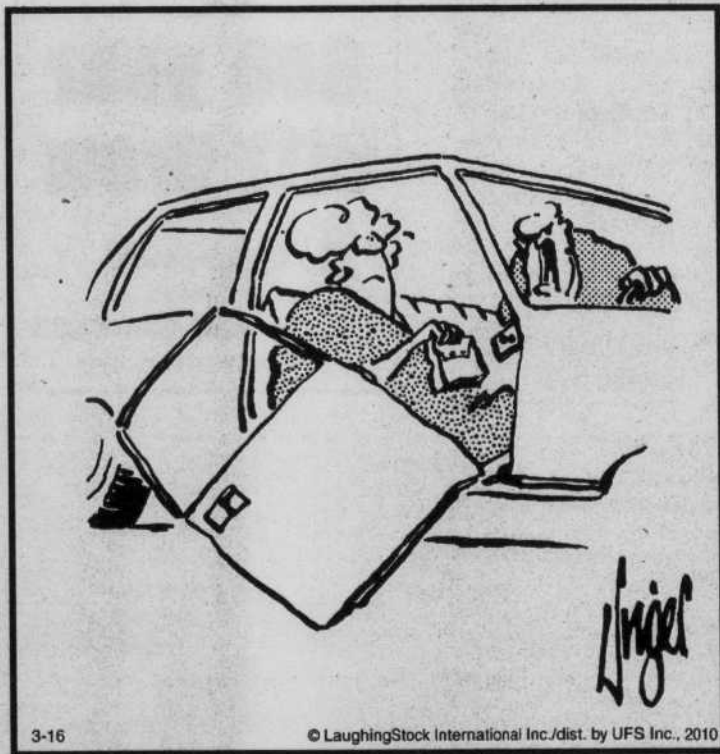
PREVIOUS SOLUTION: "An artist's only concern is to shoot for some kind of perfection, and on his own terms, not anyone else's." - J.D. Salinger

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KIT N' CARLYLE



HERMAN



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THE BORN LOSER



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147 Health & Beauty



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WATERVILLE

Lennoxville and District Community Aid will hold a Blood Pressure clinic on Tuesday, March 23 at the Town Hall, 170 Principale South, from 10 a.m. to 11 a.m.

LENNOXVILLE

Ham and Turkey Bingo on Wednesday, March 17 at the ANAF Unit 318, 300 St. Francis St., at 7:30 p.m. sharp. Everyone is welcome.

DANVILLE

The Danville-Asbestos Trinity United Church UCW will hold a Military Whist on Thursday, March 18 at 7:30 p.m. in the Church Hall. Everyone welcome. To reserve a table call 819-839-2552.

HATLEY

Luncheon in St. James Church Hall on Wednesday, March 17 at 11:30 a.m. Benefit of the A.C.W. Everyone welcome.

LENNOXVILLE

The Arthritis Society would like to invite you to a free lecture on Rheumatoid Arthritis and Osteoarthritis, presented by a rheumatologist, on Wednesday, March 24 from 6:30 p.m. to 9:30 p.m. at the Community Centre Amédée-Beaudoin, 10 Samuel-Gratham. Sign up quickly, places are limited! Registration 1-800-321-1433, ext. 246.

KNOWLTON

Small Business Information Seminar presented by the Eastern Townships CEDEC, in collaboration with Canada Revenue Agency. If you own a small business or work as an autonomous worker, come and learn more about types of business structure, record keeping, income and deductible expenses, and rights and obligations. Thursday, March 25, 1 p.m. to 4 p.m., Bishop's University Knowlton Campus, 99 chemin Knowlton, Knowlton, QC. Small fee for new participants. Space is limited so please reserve your place by March 18. For information or to reserve your place: 1-866-566-7228 or etad-min@cedec.ca.

LENNOXVILLE

St. Andrew's, 256 Queen St., Lennoxville, welcomes all to the annual Sugaring Off Party on Saturday, March 27 from 2 p.m. to 4 p.m. Also music, pickles, doughnuts, coffee, tea and juice. Come and enjoy the afternoon with us in the Church Hall. Handicap accessible. Admission charged.

NORTH HATLEY

The Old North Church Cemetery Association will hold its annual General Meeting and Potluck Lunch on Saturday, March 20 beginning at noon at St. Barnabas Church Hall, 640 Sherbrooke Road, North Hatley. Everyone welcome.

LENNOXVILLE


St. Patrick's Day Brunch on Sunday, March 21 from 10 a.m. to 12:30 p.m. at St. Anthony's Parish Hall, 104 Queen Street, (Lennoxville). All are welcome. Tel. 819-562-7128.

TOWNSHIPS

The Canadian Federation of University Women (CFUW) Sherbrooke & District One-room Schoolhouse Project of researching and publishing "Days to Remember: One-room Schoolhouses in the Eastern Townships of Quebec" has encouraged us to learn more about the

one-room schools that are being maintained in the Townships. We would like to reach everyone who is working to sustain these historic buildings for the public. If you are involved with or know of people doing such work, please contact at 819-826-3929 or bev2000@primus.ca


...
This column accepts items announcing events organized by churches, service clubs and recognized charitable institutions for a \$7.00 fee, \$10.00 for 2 insertions of same notice, \$13.00 for 3 publications. Maximum 35 words. If you have more than 35 words the charge will be \$10.00 per insertion. Requests should be mailed, well in advance, to The Record, P.O. Box 1200, Sherbrooke, Quebec, J1H 5L6, be signed and include a telephone number and payment. Telephone requests will not be accepted. Admission charges and trade names will be deleted. No dances. Trade names will be deleted. No dances.



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<p>ArboExcellence Stephen Goddard, prop. Certified Arborist ISA QU-0103A</p> <p>Professional Services</p> <ul style="list-style-type: none"> • Tree pruning • Tree removal • Stump removal • Hedge trimming • Shrub shaping • Cabling & bracing • Fertilization • Planting • Lot clearing • Forestry • Firewood • Consulting <p>20+ years of experience</p> <p>Member ISA & SIAQ</p> <p>Free estimate - Fully insured Tel.: 819-562-1642 Cell: 819-821-0425</p>	<p>Plantation Steve enr. Mini excavation</p> <ul style="list-style-type: none"> • Driveway and yard entrances • Drainage • Leveling • Landscaping-Land Preparation • Digging-Banking • Agricultural and Forestry Work • Stump removal <p>Steve Robinson - Bilingual service 819-569-7950 • 819-820-6022</p> <p>2040, ch. Spring Rd., Cookshire-Eaton QC J0B 1M0</p>	 <p>ARCTIC CAT MORE TO GO ON</p> <p>CARRIER</p> <p>1-800-909-3847 819-875-3847 45 Craig St. Cookshire - www.scie-carrier.com</p>
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