

Are school board elections on the way out?

Page 3

THE RECORD

THE VOICE OF THE EASTERN TOWNSHIPS SINCE 1897

PIRATE ISLAND
The Musical
 Alexander Galt Auditorium
 April 23, 24, 25 - 8 p.m.
 April 26 - 1 p.m.
 Tickets sold at the door
 or
 Clarke & Sons & Tri-Us,
 Lennoxville

75 CENTS + TAXES

PM#0040007682

THURSDAY, APRIL 16, 2015

Short police chase ends in big fines for one driver

Record Staff
SHERBROOKE

A young motorist caused some brief excitement in Val-Joli on Tuesday but will have to pay dearly for the privilege.

A Sûreté du Québec officer in the Val Saint-François regional county municipality intercepted a motorist traveling at excessively high speed on Route 249 in Val-Joli early Tuesday afternoon.

However, rather than stop at the sight of flashing lights, the driver instead accelerated to a speed of more than 140 kilometres per hour in the 80 km/h zone. (Sadly, the SQ won't disclose exactly how fast the Mario Andretti impersonator was going.)

A police chase on Route 249 northbound ensued during which the young driver sped through a 50 km/h zone in the town without slowing down. The 19-year old finally stopped his vehicle after a few hundred metres with the officer in hot pursuit.

The adventure resulted in several tickets for a total fine amounting to more than \$2,700 and 18 demerit points for his speeding and driving in a manner likely to endanger lives, and failing to stop immediately at the behest of police.

The man's driver's licence was also summarily suspended for a period of 7 days, as provided by law.

SAAQ guidelines indicate that, provided all 18 demerit points remain on his record, he would lose his licence for a minimum of six months, meaning that the young motorist might do well to invest in a good pair of shoes.

With the onset of spring, and its attendant good weather and improved road conditions, motorists might be tempted to drive faster and the SQ reminds the public that speed remains a major cause of accidents.

MD bike tour preps for mournful 13th year



GORDON LAMBIE

Sandra Lacroix, Frédérick Duguay's mother; Daniel Gingras, Frédérick Duguay's uncle and Sherbrooke firefighter; Emmanuelle Corriveau of TVA, tour spokesperson; Vincent Boutin, Sherbrooke city councillor; Sandra Chabot of the Quebec Division of Muscular Dystrophy Canada at Wednesday's launch of the Frédérick Duguay bike tour.

By Gordon Lambie
SHERBROOKE

The Quebec division of Muscular Dystrophy Canada and the City of Sherbrooke launched the 13th edition of the Frédérick Duguay bicycle tour on Wednesday. Scheduled to take place from Aug. 17-19 this year, the annual fundraising event holds a particular importance to its organizers as its young ambassador, Frédérick Duguay, died this past March 29.

"Unfortunately I never had the chance to meet Frederick," said Emmanuelle Corriveau of TVA, the event's

spokeswoman. "It is not hard to see that he was a man who was deeply appreciated; that he was a fighter. He had incredible strength, a zest for life and unwavering determination. This is what we will try to reproduce and commemorate during the three-day cycling tour."

Usually reserved for those involved in the emergency services, the bike tour is opening up its registration to the general public this year through an offering of two different courses. On Aug. 17, the tour will set out on a 175-kilometre loop from Orford through the Montérégie region and back. Participants

looking to go further than that can sign on for the full, three-day, 450-kilometre trek that will continue on over the 18th and 19th to finish off in Sherbrooke. In total, the organizers hope to raise \$50,000 to support those in Canada living with Muscular Dystrophy, a neuromuscular disorder that frequently results in a wasting away of muscle.

"The effort needed to cover all those kilometres is nothing compared to the courage Frederick showed throughout his life," said event organizer and Sherbrooke firefighter Bruce Porter.

CONT'D ON PAGE 3

THE RECORD

The Record online is new and improved

It is more up to date and compatible with the new modern devices

To subscribe, go to www.sherbrookerecord.com, click on e-dition and follow the simple instructions.

For information or assistance call 819-569-9528
billing@sherbrookerecord.com

SPECIAL OFFER for Record print subscribers:

Receive a full year's subscription to the online edition for only \$5 with every new 12 month print subscription or renewal. Contact the office directly to take advantage of this offer.

THE RECORD ONLINE

The Record e-edition

There for you
24-hours-a-day
7-days-a-week.
Wherever you are.

Access the full edition of The Sherbrooke Record as well as special editions and archives.

Renew or order a new 12-month print subscription and get a 12-month online subscription for an additional \$5 or purchase the online edition only for \$82.21.

Record subscription rates (includes Quebec taxes)

- 1 year print: \$155.91
- 6 month print: \$81.85
- 3 month print: \$41.57
- 12 month web only: \$82.21
- 1 month web only: \$7.46

Web subscribers have access to the daily Record as well as archives and special editions.

Subscribing is as easy as 1,2,3; go to: www.sherbrookerecord.com Click e-edition. Complete the form and wait for an email activating your online subscription.

Weather



TODAY:
SUNNY
HIGH 16
SUNRISE: 6:01
SUNSET: 7:35



FRIDAY:
60% CHANCE
OF SHOWERS
HIGH 13
LOW 7



SATURDAY:
RAIN
HIGH 11
LOW -2



SUNDAY:
PERIODS OF
RAIN
HIGH 10
LOW 0



MONDAY:
60% CHANCE
OF SHOWERS
HIGH 13
LOW -3

Don't give dental checkups complete brush off, but ask how often really needed

By Sheryl Ubelacker
The Canadian Press
TORONTO

Checkups. Cleanings. X-rays. Just how often should Canadians be seen by a dentist to keep their teeth and gums in optimal health?

In part, that depends on a dentist's philosophy. But it's the assessment of the patient's mouth and their risk for future cavities, gum disease or oral cancer that ultimately decide the interval between visits, says Dr. Euan Swan, manager of dental programs at the Canadian Dental Association in Ottawa.

"Those that have active disease or are at the highest risk of developing disease should be seen more frequently than those who do not have disease or are at very low risk," explains Swan.

That could mean coming back in six or 12 months for a checkup, although cleanings can be scheduled more often: some dental offices want to see adults to polish their pearlys every four months.

Cleaning is not just for esthetics, but to remove built-up gunk between teeth and below the gum line.

"If dental plaque, which is a biofilm that adheres to the tooth, accumulates over time, it can harden and become calculus or tartar," says Swan. "If that builds up on the tooth surface and the root surface, it can cause irritation to the gums and contribute to periodontal disease."

At the six-month mark, that accumulation is relatively easy to clean off. But going 12 to 18 months between cleanings can make removal more arduous — and that can mean more time in the dental chair.

"But it does depend on the risk of the individual," he says.

For instance, adults with gum disease who have been treated by a specialist like a periodontist typically are seen three or four times a year for a deep cleaning aimed at keeping the disease in check.

When it comes to kids, the CDA advises that a child's first dental visit should be scheduled at one year of age or within six months of their first tooth erupting.

"In most cases, a dental exam every six months will let your child's dentist catch small problems early," the CDA says on its website.

Some dentists, Swan says, prefer to see a child when he or she has all their primary — or baby — teeth, which typically happens by age three.

"But the concern is if a child is at high risk of developing tooth decay, if somebody doesn't look at their teeth in the first three years, by (then) they may have tooth decay such that they need to be taken to an operating room and have a general anesthetic to be treated."

A 2013 study by the Canadian Institute for Health Information showed that about 19,000 children aged one to five require surgical treatment each year because of severe tooth decay. In fact, one-third of all day surgeries for preschoolers — who still have their baby teeth — are to perform substantial dental work.

"The feeling is if they can get to the dentist early on ... even if they just have one or two teeth erupted, it's also an opportunity to talk to the parents or the caregiver and give them some guidance regarding nutrition and cleaning techniques," he says.

That advice includes limiting sugar intake, the major cause of cavities.

Once kids start losing baby teeth and their six-year molars are coming in — a period known as mixed dentition — Swan says they should probably have a checkup once a year. And when spaces begin showing between the teeth, it's time to start daily flossing.

How often patients should have dental X-rays is another issue.

For young children, if one or more teeth are not erupting or there's a mass in the mouth, X-rays can show whether teeth are developing properly, says Dr. Ernest Lam, head of oral and maxillofacial radiology at the University of Toronto.

"Really the next time you need anything much more comprehensive is in their teen years, if you have to make an assessment about whether they're developing wisdom teeth," he says. "But in between, it's based on clinical findings during the checkup."

"So if a child is completely asymptomatic and there's no lumps or bumps and there's no complaint of pain, then there's really no reason to."

Lam says there are no strict guidelines about how often an adult should have a panoramic X-ray or a full set of bitewing X-rays, the most common types of dental imaging.

"If you live in a fluoridated community and have no fillings or cavities, the interval time for bitewing X-rays is every two to three years."

But for patients with lots of fillings, a high risk for cavities and complaints of pain, the interval between X-rays can be much less, "maybe six months to a year," says Lam, noting that spot imaging can help reveal what's happening with a tooth, its anchoring jawbone and surrounding connective tissues.

Radiation needs to be used responsibly because there can be a risk to health, he says. "The risk is very low, but it's not zero."

A 2008 study published in the Journal of American Dental Association that calculated the risk of developing a cancer from dental X-rays estimated there is one fatal malignancy per one million panoramic X-rays taken and a similar rate for a full-mouth series of bitewings, which typically involves 19 to 21 X-rays.

Other studies have looked for a potential link between dental imaging and thyroid cancer and meningioma (cancer of the lining of the brain), but showing cause and effect is devilishly difficult, as X-rays aren't the only source of radiation exposure.

Swan says patients should ask their dentist how often they need to be seen for checkups and cleanings — and why — and the same advice goes for X-rays, adds Lam.

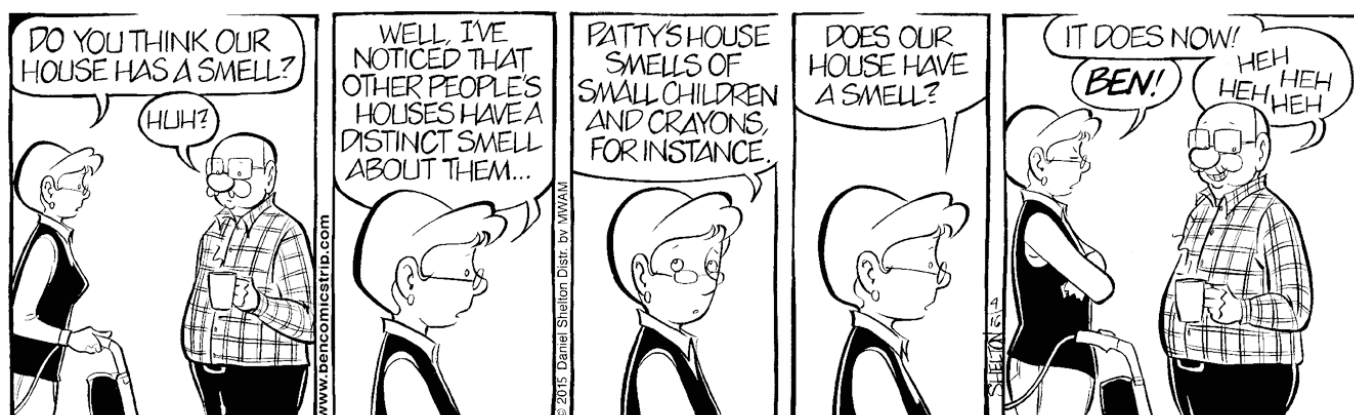
"If you don't understand why you are receiving X-rays, whether it's at your physician's request or your dentist's request, you need to ask why," he says. "Because at the end of the day, X-rays are a clinical test and that test should somehow impact positively on how you are treated."

"So if the test has zero impact on what the dentist is going to do to you, then why are you doing it?"

Follow The Sherbrooke Record on Facebook and Twitter!

[f sherbrookerecord](https://www.facebook.com/sherbrookerecord) [@recordnewspaper](https://twitter.com/recordnewspaper)

Ben by Daniel Shelton



LOCAL NEWS

“English boards have a constitutional right to manage our own education. We have been consistent ... we have rights as a minority language community.”

Blais plans on junking school board elections

ETSB chair questions proposal's goal

By Matthew McCully
Special to The Record

ETSB board chairman Michael Murray was among the educational leaders broadsided this week when newly minted Education Minister François Blais announced his intention to do away with school board elections as soon as 2016.

“This seems a little premature,” Murray said.

The announcement, made at a press conference on Tuesday, came two months into Blais' mandate, and days before a scheduled meeting with the Quebec English School Board Association.

Murray said the one thing absent from the minister's comments is a definition of the problem.

“What exactly are these changes de-

signed to improve? What is the crux of the issue?”

“On the issue of governance, there hasn't even been a meeting on any topic,” Murray said.

The program outlined by the minister goes far beyond governance, according to Murray, adding that there is no indication that the objective is saving money.

Murray said the 1998 mergers were supposed to save money, but ended up being more expensive.

According to Blais, poor voter turnout for the most recent election, held in November 2014, indicated a time for change.

“We have to ask ourselves, will we leave the equivalent of \$2 billion, or about 20-22 per cent of the education budget, in the hands of people ... when their democratic power is so weak,”

Blais was quoted as saying.

The new model, referenced by Blais in a recent interview, would include some sort of regional authority mixed with municipal involvement, replacing the elected locals.

David D'Aoust, president of the QESBA, told media the minister's announcement came as a surprise without first meeting with the voice of English public education representing 100,000 students across Québec.

“Our member boards have made it clear that they are prepared to take all steps necessary to protect and preserve our own school system,” D'Aoust said in a press release from QESBA yesterday.

“This is not a threat, it is simple statement of fact.”

“The ultimate backstop for all of this discussion,” Murray said, “is that English boards have a constitutional right

to manage our own education. We have been consistent in saying we have rights as a minority language community.”

The problem, according to Murray, is that if English speakers can keep their boards, the French community cannot be treated less well.

“Nobody acknowledges how good our education system is. Our results are excellent.”

According to Murray, problems with the education system won't be fixed or improved by fiddling with structures on the periphery. “It takes 12 years to graduate one child. That's a long term process,” he said.

“Let's not start from premise that the system is broken. We're actually pretty good.”

Quoting H.L. Mencken, Murray said, “For every complex problem, there is an answer that is clear, simple, and wrong.”

Hit and run stats highlight Magog crime report

Record Staff

According to the 2014 report by the Memphremagog Police released last week, roughly one in four road accidents within their jurisdiction, which includes Magog, Orford Township, Austin and Sainte-Catherine-de-Hatley, was a hit-and-run. Of the 862 incidents that occurred during the year, 225 fit that description.

According to Director Paul Roy, these rates are similar to those of previous years and correspond to a reality seen throughout the province.

Roy says that approximately 95 per cent of these accidents occur in parking lots and that apprehending the perpetrators can be difficult, a situation improved by the steady increase in the presence of security cameras.

The report also indicates that the “war on drugs” continues in the region with an average of 310 trafficking-re-

lated offenses per year since 2009.

Cannabis remains the most popular drug, but a noticeable rise in the use of methamphetamine, especially among young adults, has also been recorded. “This is a drug that is cheap, between \$3 and \$4 per pill, that is unfortunately accessible,” Roy said.

“For a minor, it's almost easier to procure than buying a beer at the convenience store. I do not want to alarm anyone, but yes, it's disturbing.”

As for drinking and driving, young drivers are often the primary culprits, yet, since 2013, 16-to-25 year olds have been dethroned as the most irresponsible group, an honour which fell to the 26-to-35 age group in 2011 and those aged 46-to-55 in 2014.

“Of course there are still too many young people who drive intoxicated. But we have to stop blaming them for all the wrongs of the world and our numbers prove it. Adults also need to take a good

look in the mirror. I even ask myself if prevention campaigns are hitting the right targets.”

Last year, 154 people recorded blood alcohol levels above the legal limit of 80 milligrams per 100 millilitres. In these arrests, the average blood alcohol content was 136.4 milligrams per 100 millilitres.

The year 2014 also marked a turning point for the Memphremagog Police as all officers are now trained to deal with drugs and driving, leading to 20 arrests, nearly half of which concerned drivers aged 26 - 35.

Finally, crimes against property reached their lowest level in re-

cent years, with 570 cases. This statistic that reflects the effectiveness of a new patrol strategy that has been in force for two years.

“Instead of going by chance, our operations are much more targeted and reflect the probability that a crime will occur. In other words, our strategy better reflects reality and the results are excellent so far,” Roy concludes.

MD bike tour

CONT'D FROM PAGE 1

“He was and remains a great source of inspiration and motivation for each and every one of us.”

Porter described the loss of Duguay as very difficult for the firefighting community not just in Sherbrooke, but also across the region. He shared that emergency-services personnel who had participated in the ride in the past came from as far away as Montreal to attend the young man's funeral.

“Whenever (city councillors) are called on to attend a press conference on behalf of the mayor or our colleagues on the city council, we always say that we're very happy and proud to be present,” said Fleurimont city councillor Vincent Boutin. “This year I am proud to be here, but there is a more solemn feeling to this launch, given recent events.”

Daniel Gingras, Duguay's uncle,

called his nephew an inspiration in all that he did, and implored even amateur cyclists to register on the website, www.tourcyclistefrederickduguay.com

Canadian firefighters have been involved with the cause of muscular dystrophy since 1954 and, according to Porter, are among the founding forces behind Muscular Dystrophy Canada.

Since 1995, firefighters across the country have raised more than \$50 mil-

lion for the cause and in 2014, 34 per cent of the national organization's budget, or roughly \$450,000, was covered by funds raised by firefighters.

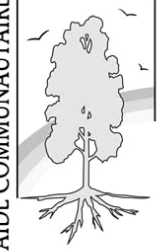


Michel Duval
Advertising Consultant
Serving the entire Eastern Townships
with three publications

THE RECORD | Townships Outlet | Brome County NEWS

One number
819 569-9525
mduval@sherbrookerecord.com

AIDE COMMUNAUTAIRE



de Lennoxville et des environs
Lennoxville and District

COMMUNITY AID

To all our Volunteers

“You Rock our Community!”

“A volunteer action is like a stone thrown in a lake: its effect has a direct impact. At the same time, like ripples, volunteer efforts reach out far and wide to improve communities. Undeniably, volunteers rock.”

credit: <http://volunteer.ca/nvw2015>

Each year, volunteers such as you, give their time, share their expertise or their creativity in serving and supporting the cause of our organization that reflects your own values. By their actions, volunteers contribute to improving the quality of life of our seniors in the community.

This week Lennoxville & District Community Aid wishes to emphasize your input as a volunteer and let you know, how much you mean to this organization and how precious you are to our clientele! “You really make a difference”

We are truly grateful for your devotion and dedication!

Sylvie Gilbert Fowles and all personnel members

Child Haven's Cappuccinos come to Lennoxville

By Rachel Garber
LENNOXVILLE

"We try to live by what Gandhi said – if you possess more than is required for your basic existence, you are stealing from those who don't have enough."

That's what Bonnie Cappuccino said in 1990, as reported in an article in *Chatelaine*. She was talking about Child Haven International, an innovative network of homes for more than 1,300 formerly destitute children in India and adjacent countries. She and her husband Fred founded Child Haven in 1985 after adopting 19 children from around the world.

Bonnie and Fred and their firstborn, Robin Hood Cappuccino, are all planning to come to Lennoxville on Tuesday, April 21. The occasion is a benefit dinner and silent auction for Child Haven at the Shalimar Restaurant. The dinner is among a series of dinners across



HEATHER LEWIS

Robin Cappuccino of Child Haven, Joti Nigam and Uma Nigam of Shalimar, and organizer Keith Baxter at last year's Child Haven benefit dinner at Shalimar Restaurant.

North America, the organization's primary fundraising initiative.

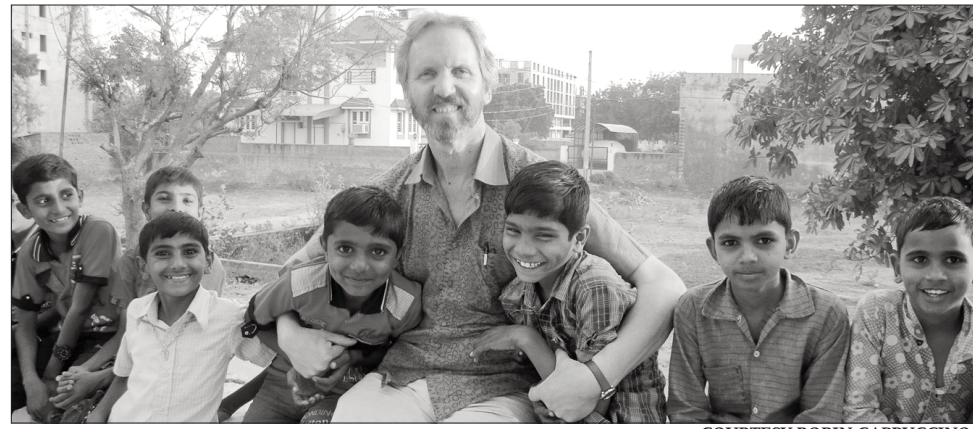
Bonnie and Fred began Child Haven after they "decided they couldn't adopt any more kids," said Robin. "But they were aware that there were still a lot of children in need of loving homes."

Today, Child Haven has 10 projects in all. Seven are in various locations of India, and one each is in Nepal, Bangladesh and Tibet. As international director, Bonnie visits all the projects four times a year, and Robin accompanies her for half the trips. "She's over there about half of the year. While she's there, my father Fred oversees the office, fundraising and other aspects of having that many kids," said Robin, who is a board member.

"A lot of what we do is just oversee that the homes are functioning well, and the money that is sent over is being spent appropriately. She will meet with the kids and with the staff. We take care of any issues that have arisen. We try to think of ways to be more helpful to the children's homes."

The homes provide food, education, healthcare, shelter, clothing and loving care for the children. They also offer literacy projects, a "soya cow" project, and other educational programs for destitute women. Most lately, Child Haven is fundraising to buy land and build additional buildings to comply with a new law in India that boys and girls be housed in separate buildings.

But Child Haven is about more than doing these things. It's about embodying the ideals of Mahatma Gandhi, many of which match Unitarian Universalist values. Fred is a Unitarian Universalist minister, and used to pastor the Lakeshore congregation south of Montreal.



COURTESY ROBIN CAPPUCCHINO

Robin Hood Cappuccino with a group of happy boys at the Child Haven home in India.

"It means we respect all religions. No one is allowed to change their religion in the homes, either staff or children," said Robin. "We don't want to be involved in proselytising, and we believe each religion has unique and wonderful things to offer humanity."

In Child Haven homes, "there's no regard for caste, which has been a huge problem in India and other parts of the world," he said. "It sounds very easy, but it's surprising how often we find there are problems with that. Even though caste has been outlawed, it's still rather pervasive." For example, a new staff member may feel uncomfortable when someone from a so-called lower caste serves them food.

Another aspect of Gandhian philosophy they practice is equality of the sexes. Both boys and girls are given equal opportunities and are expected to help in similar ways with running the homes.

Simple living and vegetarianism are two other ideals at work in the Child Haven projects.

The Cappuccinos and their colleagues are generous in providing for

the needs of homeless children and women, but they are equally generous in adopting people into their family who would like to work with them to make the world a better place. They invite persons to give charitable donations for specific needs – construction, education, health and nutrition, or clothing and sports equipment.

They invite people who love children to volunteer in one of their projects for a three-month-term. Specifically, says www.childhaven.ca, they are looking for self-motivated persons who have a positive attitude toward life, who enjoy exploring differences and who are able to get along with people.

And of course, they are looking for persons to help with their fundraising initiatives. People to organize dinners, and people to attend them.

"It's a wonderful opportunity to learn more about some really wonderful children," said Robin. "For me, it's also very heart-warming to get to know so many Canadians and Americans and people all over the world who are generously and selflessly wanting to help out with these kids."

The local organizers of this year's fundraising dinner in Lennoxville are Keith and Phyllis Baxter. "Child Haven is a personal vision of Fred and Bonnie Cappuccino," said Keith. "It's so simply focused on something that is just lovely, which is the children. It's not a political movement, it's not trying to do everything for everybody, but they have a love of children and they always have. They don't do adoptions. All they do is take in these destitute children and give them a life. It's just a simple focus on a beautiful purpose – to help children get a good start in life."

The dinner is a buffet of Indian food prepared by Jyoti and Lizzie Nigam, the owners of Shalimar Restaurant. "They're enthusiastic about Child Haven too," said Keith. "There's also a silent auction of different items from South Asia, all for the benefit of Child Haven. Sculptures, a singing bowl, and things like that."

And of course the special guests are to be Bonnie and Fred Cappuccino, recipients of the Order of Canada and the United Nations Humanitarian Service Award. "Bonnie is 81 years old, and Fred is 89," Keith said. "It's a very special thing, that they are coming."

The dinner begins at 6 p.m. Space is limited to 52 seats. Tickets are \$50 or more. Guests receive a charitable receipt for any amount over \$25. For tickets, call the Baxters at 819-346-8273. For information about Child Haven, visit www.childhaven.ca.



The CHUS' leading-edge sectors

Did you know that the CHUS has gained a reputation for excellence in several cutting-edge sectors, such as:

- Cerebral chemotherapy through the transient opening of the blood-brain barrier
- Advanced 3-D MRI-guided neurosurgery
- Gamma knife neurosurgery
- Colorectal cancer screening
- Cyclotron production of radioisotopes

The expertise of neurosurgeon and neuro-oncologist David Fortin and researcher Maxime Descoteaux was recognized in an article entitled "Secrets of the Brain" published in the February edition of *National Geographic*.



Photo Credit: National Geographic

Innovating and pushing the limits of technology to benefit patients and the public are challenges addressed by the experts at the CHUS and its research centre on a daily basis.



Follow us on



fondationchus.org

The Border Report

"We're glad the construction part is finally over."

Colby-Curtis back in the swing of things

By Matthew McCully
Special to The Record
STANSTEAD

After a long cold winter, Stanstead's Colby-Curtis Museum is back to full time hours, with work almost completed on the roof and the new archives located in the basement.

Two new exhibitions are planned for the summer, as well as a number of activities and outings planned through the museum.

"We're glad the construction part is finally over," said curator Chloë Southam. Thanks to a grant from Canadian Heritage, paired with over \$50,000 in funds raised by members, the museum was able to replace the roof of the building, which was suffering from water infiltra-

tion issues. The building upgrade grant also included plans for a new archive room in the basement.

Work began in the fall, getting as much of the roof done as possible. Work crews are on the finishing touches now, according to Southam, who said all work should be complete by the end of April.

"They can actually see the difference," Southam said, explaining that it is nice to have a concrete example of how membership fundraising helps the museum.

"Now the work will start with the archives," she said, adding that the transfer of sensitive documents and artifacts to the new temperature-controlled space will likely take another year.

There is a lot to check out at

the museum in the coming months, Southam said.

Two new exhibitions will be featured in the museum this summer. The first, the launch coinciding with the Sherbrooke Historical Society's annual general meeting on June 13, will be a study of changing family relations from Victorian times to the present. The exhibition will look at the evolution of rituals marking important stages in life from the birth of a child, to marriage, to mourning the departed.

The second exhibition, opening in July, will look at the history of county fairs, with a focus on the Stanstead County Fair in Ayer's Cliff.

The tea room will be open three days per week this summer, Southam said, Thursday through Saturday, from 11 a.m.

to 3:30 p.m.

A special Mother's Day tea is planned for Sunday, May 10.

The annual plant sale, a fundraiser for the museum where community members bring in cuttings and extra plants from local gardens, is scheduled for May 30 at 9 a.m.

The sale is paired with the spring lecture/luncheon. This year, the guest speaker will be Dr. Monique Nadeau Saumier, who will discuss the work of a group of female artists from the early 1900s in Montreal, who became known as the Beaver Hall Group.

The Colby-Curtis often organizes excursions to different towns for cultural exchanges. This year, New York is the spring trip, scheduled for May 8. Southam said the trip was so popular that a second bus had



MATTHEW MCCULLY

Chloë Southam in the new basement of the Colby-Curtis museum.

to be commissioned.

The New York trip is sold out now, Southam said. The next trip will be in the fall to Burlington, Vt., for an overnight stay, followed by a full day at the Shelburne Museum.

BORDER LINES

By Matthew McCully
Special to The Record
STANSTEAD

When people think of Stanstead, they think big. Granite. Stanstead College. The border.

What people tend to forget is that the lifeblood of a community is the hard work of the smaller businesses, the people behind the scenes, the helpers.

This column will be devoted to the unsung heroes of the town. The small businesses, the volunteers and the events organized that make the town the sum of its people, in addition to its industries and proximity to the border.

Louise Côté and her husband, Henri Roy, run two businesses in town. While off the beaten path down Maple Street, their trucking company and

rustic fence-building business employs 15 people.

Roy started out with one truck in 1996. He now has nine, and they are not your average trucks. Their design and impeccable upkeep have won a number of awards at shows over the years.

The big winner is a 1988 model with original paint, pristine chrome and wood floors in the cab.

That one doesn't work anymore, according to Côté, who said it was retired after hitting the three million kilometre mark, and is only used for show now.

Roy and Côté have five kids, and four are currently involved in the family businesses. Three sons help with the trucking and fencing, and their daughter, studying to become a teacher, works with accounting in the

office.

"My other son works in nursing. He wanted something completely different. No trucks," she said.

Running their own businesses is more than a full-time job, Côté said.

"Henri works around 100 hours per week," she said, adding there is always something to do. The trucks spend the week on the road, and the weekends in the garage for repairs, to make sure they are in top shape.

The couple has taken one vacation in the past 30 years. They took a five-day trip to Las Vegas two years ago.

"Nobody noticed we were gone," Côté said, explaining that they had their laptops and cell phones with them, and made sure everything ran smoothly in their absence.

Trucks and fences

"You always have to be there."

Fencing was relatively new to Côté and Roy, who took over the business in 2006 when they needed a larger property for Roy's expanding transport business.

"The model has always been the same," Côté said, adding that the cedar fencing company has been around for over 60 years, handed down for generations in the same family.

Côté said they are the first owners not from the original family, but they have kept things pretty much the same since taking over.

They make eight-foot panels of fencing in different styles and heights, as well as benches, flower boxes, pots, arches and small foot bridges. The lumber is milled on sight, and the products are assembled by hand,

Côté said.

The upside of being their own boss is that the family can decide what they want, and make the decisions that make them happy. The downside, according to Côté, is the work involved.

"The key is hard work. Nothing falls from the sky," she said. Both Côté and Roy learned everything they needed to know on their own, without any formal training.

Roy is becoming a whiz with truck repairs, and Côté manages the office, organizes the customs documents for U.S. transports, and files the accounting with ease.

"We wouldn't have what we have today with just 40 hours of work per week."

"Right now the lift in the mill is broken, and we've got a truck down."

FRONTIER ANIMAL SOCIETY

Help me (find) Rhonda (a home)

Some dogs just sell themselves and Rhonda is one of those dogs but because most introductions to our adoptable dogs are initially through their bios we'll have to do our best to make sure we represent her adequately. Rhonda is a happy, affectionate and friendly dog. She is dog-friendly, people-friendly, kid-friendly, cat-friendly and likely bird-, squirrel- and goldfish-friendly too.

She just seems to love everyone and despite being dumped at the pound by her former owner (for lack of time) she does not hold a grudge.

Prior to her arrival we were told she can be a little anxious when in a new and different environment but based on what we have seen she appears to be quite adaptable.

Rhonda entered into her new routine here at the shelter with remarkable ease. She enjoys her walks, is relaxed in her kennel, has learned to anticipate when it is time for a treat and adores being fussed over.

Rhonda loves to run and play in the dog run and while she is an active girl she is not hyper. She interacts extremely well with other dogs and has a really good sense of how and when to

engage as well as disengage. She'll be a good dog park dog.

This sweet and loving girl is calm in the house and non-destructive. Rhonda is a year and a half and is not quite as stinky as your average Rottweiler.

Her tail, while docked, is not a bob so it still has a lot of wagability. And wag it she does! She is a stunning girl with a really nice temperament.

To find out more about Rhonda please send an email to frontieranimalsociety@gmail.com or better yet, give our adoption coordinator Brenda a call at 819.876.7747 any day of the week between 8 a.m. and 8 p.m.



EDITORIAL

The shorts were not only itchy but precluded the wearing of boxer shorts, unless you were fond of showing an alluring inch or two of your underwear.

Scouts' Honour



TIM BELFORD

Like many of you out there, I had a couple of boy scouts, or maybe a boy scout and a cub scout, I'm not too sure, visit my house this week. They, accompanied by their father, were selling garden supplies as a fund raiser for the organization.

Now, since my bride and I are both moderately keen gardeners and since enough snow had disappeared to be able to see the devastation wrought by the winter from hell, actually come to think of it all winters are from hell, we decided to take advantage of their offer and pick up some fertilizer, mulch, bird seed, potting soil and a few other odds and ends.

In fact, even if I didn't enjoy growing my own vegetables I would have likely found a reason to purchase something, firstly, because I appreciate the initiative and work that goes into the scouts'/cubs' efforts and secondly, they weren't selling chocolate.

It also helps that I spent most of my childhood involved in cubs, scouts and rovers and have an album full of fond photographic and mental images.

Things have changed admittedly. No longer do the boys sport the rather spiffy shorts, knee socks, complete with garter tabs, and, at least in the case of the scouts, the pointy hats that fell somewhere between a Mountie's head gear and a Boer War veteran's.

In their efforts at modernization, the organizers have opted for a more understated beige look. Somehow I don't think the new regalia has the devastating effect that we were so sure ours had on the fairer sex back in the 1950s.

I admit there were a few drawbacks to the old uniform. The shorts were not only itchy but precluded the wearing of boxer shorts, unless you were fond of showing an alluring inch or two of your

underwear. Also the fact that the birth of Sir Robert Baden-Powell, the founder of the scouting movement, fell on Feb. 22, and we celebrated it by wearing our uniforms to school, proved problematic. There's nothing like slogging through a couple feet of snow with a wind chill of around -10, in shorts, to brighten your day.

Our fundraisers weren't as imaginative as selling garden supplies door to door either. At Christmas we sold Christmas trees and once a year we had a paper drive.

Now a paper drive, to the uninitiated, was the forerunner of recycling. Back in those days we didn't have a green bin so newspapers, magazines, grocery store flyers and the like just piled up in the basement or back shed until we either threw them in the garbage or burned them in the spring.

What the scouts and cubs did was go house to house on a given day, followed by a large truck, and collect the papers which were sold later to the Ontario-Quebec Pulp and Paper Company's plant in nearby Thorold.

The younger members of the crew ran their little legs off from house to truck and back while the older boys road on the truck itself dutifully stacking the haul and generally larking about. This also had the added advantage of being able to sort the magazines as they arrived.

It was not uncommon to recycle anything deemed worth rereading right there and then particularly if it had the words Playboy flashing across the cover. To this end the experienced boys carried around an internal map of the homes likely to be a source of this printed gold that would rival anything Google Maps can offer in this day and age.

Copies were immediately secreted far from the eyes of troop leaders, parents and truck drivers to be rescued prior to the vehicle's departure for the paper mill.

As I said, I have nothing but fond memories of the scouting movement. Well, maybe not the winter camping but that's another column in itself.

Time stands still in a book



ROSS MURRAY

The strangest thing happened to me the other day. Well, maybe not the strangest thing. The strangest thing would be if a pie plate floated into the room and started singing show tunes in the voice of Abe Lincoln.

A strange thing happened to me the other day. I was sitting reading a book when I forgot how old I was. In fact, for a split second, I felt I was 25 again. It was an odd feeling, not quite an out-of-body experience, more like an out-of-library experience.

I was sitting in the Haskell Opera House between scenes during our rehearsal for Arsenic and Old Lace, which opens Friday, April 24, and that's one shameless plug right there. I was sitting in one of the 110-year-old wooden seats, reading my book, when this sense of agelessness washed over me.

It wasn't a déjà-vu. It wasn't a flashback either, because I had never read this book before, although this translation of the book itself is 20 years old - Dance, Dance, Dance by Haruki Murakami. But that can't be it. When I read Dickens, I don't feel negative-150 years old.

It's hard to explain but, in reading this book (and some weird, parallel-universe-type things happen in this book, so I don't write off being influenced by the bizzaro world seeping off the page), I felt like I could be reading at any time in my life. What I was doing at that moment was no different from what I was doing years ago in a two-bit Toronto apartment or what I'll be doing years from now when I'm lauded for my contributions to the advancement of spaghetti sauce technology. (You gotta have a dream.)

Perhaps I shouldn't be so surprised by the feeling. There are few things as unchanging over the course of one's life as reading. Experience may colour what you gain from reading but the exercise itself remains essentially constant. Once you get the knack of it in childhood,

reading becomes automatic. The eyes move back and forth, the fingers flick the pages, the lips blow the cookie crumbs out of the spine. Reading is reading.

Muscles may wither and bones may shrink, but inside, the brain processes reading as it always has, hopefully with no degradation until well into the latter years. Reading is automatic as wind, helping fancy take flight.

But why did it happen just then, at that moment? Perhaps it had something to do with the location, a theatre. The Haskell itself is over a century old, stubbornly sitting on the Canada-U.S. border, oblivious to the bureaucratic fussiness of our paranoid times. I was sitting in the U.S. The actors were on stage in Canada. It's always been this way. Cherubs along the balcony grimaced patiently. Every step and movement was accompanied by a well-worn, comforting creak. It wouldn't take too many alterations to this scene to imagine ourselves in the early 1900s. Only with less tuberculosis.

As I've mentioned before, I'm back to acting after half a lifetime away. Last fall I played the bad guy, a bit of a sinister stretch. This time it's a comedy, and I play Dr. Einstein - passive, spineless, morally ambidextrous. Typecasting, really. He's also a character about my own age. This is a change from acting in my youth. As young actors playing old men, we would apply wrinkles with eyeliner and grey our hair with talcum powder, releasing great puffs of smoke whenever we moved too quickly.

Now the wrinkles are real, the grey authentic. But when I'm on stage, I don't feel my age. In fact, during rehearsals, I forget my age. I forget most everything (but hopefully not my lines). Acting offers a brief respite from the daily worries and stresses, the appointments and schedules, the bills, the aches and pains. Time stops moving for a little while. It's quite astounding.

So maybe the combination of being in a stress-free bubble in a timeless venue while reading as I have done all my life - and maybe due to the tactile connection with words on paper, another argument against electronic books - perhaps the continuum of art and literature created for a split second some sort of wormhole where the past and present collided, with me, ageless, at its centre.

Or maybe I was just having a stroke.

THE RECORD

1195 Galt East, Sherbrooke, Quebec J1G 1Y7
Fax: 819-821-3179

E-MAIL: newsroom@sherbrookerecord.com
WEBSITE: www.sherbrookerecord.com

SHARON McCULLY PUBLISHER (819) 569-9511
JOHN EDWARDS NEWS EDITOR (819) 569-6345
STEPHEN BLAKE CORRESP. EDITOR (819) 569-6345
SERGE GAGNON CHIEF PRESSMAN (819) 569-9931

DEPARTMENTS

ACCOUNTING (819) 569-9511
ADVERTISING (819) 569-9525
CIRCULATION (819) 569-9528
NEWSROOM (819) 569-6345

KNOWLTON OFFICE

5B VICTORIA STREET, KNOWLTON, QUEBEC, J0E 1V0
TEL: (450) 242-1188 FAX: (450) 243-5155

PRINT SUBSCRIPTIONS

QUEBEC:		GST	PST	TOTAL
1 YEAR	135.60	6.78	13.53	\$155.91
6 MONTHS	71.19	3.56	7.10	\$81.85
3 MONTHS	36.16	1.81	3.60	\$41.57

ON-LINE SUBSCRIPTIONS

QUEBEC:		GST	PST	TOTAL
1 YEAR	71.50	3.58	7.13	\$82.21
1 MONTH	6.49	0.32	0.65	\$7.46

Rates for out of Quebec and for other services available on request.

The Record is published daily Monday to Friday. Back copies of The Record are available.

The Record was founded on February 9, 1897, and acquired the Sherbrooke Examiner (est. 1879) in 1905 and the Sherbrooke Gazette (est. 1837) in 1908. The Record is published by Alta Newspaper Group Limited Partnership.

PM#0040007682

Return undeliverable Canadian addresses to The Record, 1195 Galt East, Sherbrooke, QC J1G 1Y7

Member

ABC, CARD, CNA, QCNA



Fig.11

> If this feels like a math test, visit mathliteracy.ca or call 1-800-303-1004.

Math solves problems



Local Sports

A victory on Friday would put the Cougars one game away from winning the Napa Cup and advancing to the Fred Page Cup tournament in Cornwall, Ont.

Longueuil gets back in QJHL final with 5-3 win Cougars to host Collège Français on Sunday

By Mike Hickey
Special to the Record

There will be Game 5 this Sunday in the Quebec Junior Hockey League finals; the only question is whether the Champlain Cougars will be a position to close out the best-of-seven series when they host the Longueuil College Français at Molson Arena in Lennoxville. Puck drop for that game is slated for 7 p.m. Sunday.

After dropping the first two games in Sherbrooke, Longueuil got back in the series with a 5-3 home win on Tuesday evening.

However, the Cougars still hold a 2-1 series lead heading into Friday's Game 4, which will be played at Longueuil's

Jean Beliveau Coliseum, starting at 7:30 p.m..

A victory on Friday would put the Cougars one game away from winning the Napa Cup and advancing to the Fred Page Cup tournament in Cornwall, Ont.

On Tuesday, Champlain took a 1-0 lead on Edouard Michaud's unassisted power play in the first period. However College Français answered with four consecutive goals in the second period to take a 4-1 lead.

Alexis Guilbault gave the home team a 2-1 lead when he scored twice in a two-minute span early in the period and then Vincent Chapleau and Maxime Guyon added single tallies.

The Cougars did not go down without a fight and Curtis Gass' unassisted goal

with just four seconds remaining in the period cut the deficit to 4-2.

Champlain made it a one-goal game on Cedric Montminy's goal and the Cougars pressed hard for the tying goal but to no avail.

Head coach Pascal Rhéaume elected to pull goaltender Shawn Ouellet for an extra skater with just over a minute to

play but the strategy didn't pay off as Longueuil iced the game with an empty net goal. Guyon and Champlain's Hugo Roy were named the first and second stars respectively.

If a Game 6 is needed it will be played in Longueuil Wednesday and a potential Game 7 would be held in Lennoxville on Friday, April 24th.



Karate championship coming to Sherbrooke

Record Staff
SHERBROOKE

On Saturday martial arts come to the University of Sherbrooke sports centre for the eighth annual Eastern Canadian Koshiki Championship, presented by Karate-Do Shorinjiryu Shindo Sherbrooke. The event will host over 250 competitors and 500 spectators as both children and adults from across Ontario and Quebec will be in town to test their skills.

Short demonstrations by Karate masters will start everything off at 9 a.m., with a full slate of competitions between athletes of all ages and levels following throughout the day. Spectators will be able to enjoy full contact fights, with protection, in several different styles of martial arts, as well as kata and kata weapons competitions, which involve coded sequences of movements against imaginary opponents.

The combination of various styles of karate and other martial arts at the same competition aims to bring together enthusiasts of the discipline and develop martial arts in a spirit of camaraderie. For a few of the elite athletes, this competition will be particularly im-



ROBERT LEGAULT

Some of the participants in this weekend's karate championship at the University of Sherbrooke. From left to right: Ioana Andrei, Houyar Asli, Renshi Larry Foisy, Audrey-Ann Landry and Hubert Vaillancourt.

portant as they are preparing, under the tutelage of Renshi Larry Foisy, to compete in the Japan Open, the next international championship for elite fighters, this coming September.

The event is open to the public and

free for children 10 and under. For all others, tickets are currently on sale for \$5 with student-athletes from the school of Karate-Do Shorinjiryu Shindo Sherbrooke or at 819-829-0294. They will be \$7 at the door.

Stanley Cup Playoffs

All Times Eastern

First Round
Montreal vs. Ottawa

WEDNESDAY, APRIL 15
Ottawa at Montreal, 7 p.m.

FRIDAY, APRIL 17
Ottawa at Montreal, 7 p.m.

SUNDAY, APRIL 19
Montreal at Ottawa, 7 p.m.

WEDNESDAY, APRIL 22
Montreal at Ottawa, 7 p.m.

FRIDAY, APRIL 24
x-Ottawa at Montreal, TBA

SUNDAY, APRIL 26
x-Montreal at Ottawa, TBA

TUESDAY, APRIL 28
x-Ottawa at Montreal, TBA

x — if necessary.
Last night's game not included.

The Vancouver Sun Run attracts runners from far and wide



A RUNNER'S MIND

CHRISTINE BLANCHETTE

Vancouver streets will come alive on Sunday as tens of thousands of runners and walkers participate in the 31st Vancouver Sun Run. The first Sun Run happened in 1985 with ap-

proximately 3,700 participants and has slowly morphed since then into one of the biggest days on Vancouver's calendar. For the uninitiated, it's a 10 kilometre running festival with a chance to see your name in print, as the Vancouver Sun newspaper prints the names of everyone crossing the finish line.

For elite runners from across Canada, the U.S. and as far away as Kenya, it's an opportunity to fine tune for upcoming marathons. Then there is the camaraderie amongst the runners who trained together for months leading up to the event, sometimes resulting in enduring friendships.

It is a rite of spring at the Sun Run that I look for a different brainwave to get me through those famous 10 kilo-

metres to the finish line. This year, I will run for the experience of running it, soaking up the energy of what this event brings to nearly 50,000, with each individual being uniquely inspired to participate in Canada's largest foot race.

Perhaps the most common reasons to run are social, health, fitness and competition, or all of the above. Many will run or walk in honour of a family member or for a friend who inspired.

Others will find strength in numbers when the gun goes off as the smiling faces of every type of participant are seemingly carried along the dazzling course through the heart of Vancouver. I like to visualize the route, deciding in advance what my pace will be. In the good old competitive days, I'd think pos-

itive thoughts of running strong and my reward would be the finish line. I'm still thinking positive thoughts and I'm sure the finish line will be as rewarding as ever.

Preparation tips: Pin your bib number on the front upper singlet the night before the race; inspect your laces and have your shoes ready; bring an extra change of clothes for after the run; dress in layers for the conditions, and wear a hat for sun or rain. Being prepared is the key to enjoying the experience. Now, just imagine how good you're going to feel at the finish line!

www.runwithit.ca
Twitter @ christineruns
Run With It on YouTube - runwithitch1

Card of Thanks

BARTER, Meredith - We wish to thank everyone for their visits to the funeral home, attendance at the funeral, flowers, donations in memory of Meredith, masses, cards, e-mails and food. We also extend our thanks to the Reverend Mead Baldwin for the comforting service and to the organist, Pat Hurley. Our special thanks to Everett Boynton and the Cass Funeral Home. We appreciated the reception given after the funeral by the Waterville-North Hatley United Church.
SHIRLEY BARTER AND FAMILY

Military Whist at St. Anne's

On Thursday, April 10, sixteen tables of players gathered in St. Anne's Church Hall, Richmond, for an evening of card-playing. After games, fun and laughter, everyone went to the buffet table to sample the delicious lunch provided by the congregation and friends.

Once the food was depleted, all were eager to see who won the prizes available. The table in first place was that of Marie-Berthe & Gerald Skerry, Marcel Bergeron and Phyllis Bouchard. Three tables vied for second place: 1) Helen Knowles, Doris Weare, Freda Cote and Klea Mastine; 2) Frances Dewar, Micheline Handfield, Norma Murray and Larry Frost; 3) Marjorie Lancaster, Loretta Irwin, Ann Day and Mildred Holliday. Low score was awarded to Ghyslain Redburn, Collette Pageau, Patsy Biggs and Raymond Fortier.

Four people claimed four twos in one hand and after a draw, the prize went to Doris Weare. The honour of four kings went to Francis Saffin. These prizes were donated by Bev and Ron Jones.

Door prizes went home with Wendy Ridley, Jacques Letourneau, Shirley Smith, Raymond Mastine, Jean Guy Methot, Sherley Provis, Joyce Mastine, Thelma Day, Helen Knowles, Vera Hughes, Matty Banfill, Linda Badger, Jean Guy Methot, Elizabeth Mastine, Carol Boisvert, Tammy Provis, Evelyn Fraser and Carol Nixon.

The grocery box was earned by Elizabeth Mastine. An Easter Lily, donated by Patsy Biggs, was taken home by Estelle Blouin.

The final games of Military Whist to be played this season at St. Anne's will be held on Thursday evening, May 14. Come and share the fun one last time before fall.

*Submitted by
Loretta Irwin
and Jean Storry*

Cribbage Banquet 2014/2015

The annual Cribbage Banquet was held April 12, 2015 at the Army, Navy, Air Force #318. Colleen Matthews welcomed the members and guests in attendance.

A wonderful barbecue dinner was prepared and served by George Beaulieu and helpers, many positive comments were received.

AWARDS:
 First place team - team 3 with 135,126 points: Captain Trudy Rand, Adele Wilson, Doreen Cairns, Dufferin Annsley, Edward Digby, Fern Lapointe, Hartley Doyle, Keith Vintner, Marie Letemplier and Patsy Bachand.

Second place team - team 1 with 135,064 points: Captain John Hewitt, Al Doherty, Cheryl Bradley, Colleen Matthews, Connie Vernham, Fred Cross, Fred Williams, Gaby Duncan, Gilles Masse and Lillian Corrigan.

Third place team - team 2 with 134,552 points: Captain Lorinda Hadley, Allan Bradley, Andre Masse, Beulah Turnbull, Bob Wilson, Danielle Cote, Gisele Lebel, John Gill, Maggie Winget and Mike Williams.

Fourth place team - team 4 with 134,393 points: Captain Warren Winget, Andrew Letemplier, Clemence Masse, Dale Kinder, Dannie MacIver, Debbie Daignault, Judy Williams, Margaret Vintner, Susan Flanders and Suzanne Mailloux.

Ladies high score - Patsy Bachand with 13,757 points.

Men's high score - Hartley Doyle with 13,735 points.

726 hands - Beulah Turnbull, John Hewitt, Gisele Lebel, Mike Williams, Hartley Doyle, Keith Vintner, Andrew Letemplier, Warren Winget, Judy Williams and Margaret Vintner.

725 hands - None this year.
 724 hands - Adele Wilson, Debbie Daignault, Suzanne Mailloux and Connie Vernham.

Lowest score for the year: Gaby Duncan with 13,167 points.

Lowest score for the night - Clemence Masse with 529 points.

Lowest score for a game - Connie Vernham and Bob Wilson with 56 points.

Fewest skunks - Patsy Bachand with 1 skunk (good for you!).

Most skunks - Bob Wilson with 15.

Most skunks in one night - Clemence Masse with 4.

The half and half was won by Lorinda Hadley and Gilles Masse. Several door prizes were awarded - too numerous to list.

George and helpers were thanked for the wonderful meal.

Colleen received a card and gift for taking care of cribbage this year.

Colleen thanked everyone for the gift and for the great year we had.

Special thanks to the Captains, also to Mike, Andrew, Fred and Warren for selling 1/2 and 1/2 tickets.

Have a great summer and see you in the fall.

*Submitted by
Colleen Matthews*

Cribbage Tournament held in memory of Barb and Dale Leonard

A Cribbage Tournament was held at the A.N.A.F Unit #318, "The Hut", 300 St. Francis Street, Lennoxville on Thursday, April 9, in memory of Barb and Dale Leonard.

A total of 42 people played, members and guests alike. Colleen explained the rules and the fun began.

The winners were:

1st place: Trudy Rand and Al Doherty with a score of 723.

2nd place: Danny Leonard and Scott Muth with 710.

3rd place: Adele and Bob Wilson with a score of 702.

A light lunch was donated by the

Ladies Auxiliary of "The Hut". Thank you so much ladies, it was delicious.

The half and half was split in two and won by Danny Leonard and Fred Williams.

Pat Leonard accepted the donation in memory of her parents, Barb and Dale Leonard, which she explained will go to the Relay for Life "Team Hope" in Magog.

Carolyn and Danny Leonard were also present. Danny thanked everyone for their generous donations.

*Submitted by
Colleen Matthews*

Datebook

THURSDAY, APRIL 16, 2015

Today is the 106th day of 2015 and the 28th day of spring.

TODAY'S HISTORY: In 1917, Vladimir Lenin returned to Russia in a sealed train after years in exile.

In 1943, Swiss chemist Albert Hofmann discovered the hallucinogenic effects of LSD.

In 1947, a fertilizer explosion during the loading of the freighter Grandcamp at a pier in Texas City, Texas, left more than 500 dead.

In 1963, civil rights leader Martin Luther King Jr. penned his famous "Letter from Birmingham City Jail."

In 2007, a gunman killed 32 people and injured 23 in a shooting spree on the Virginia Tech campus in Blacksburg, Virginia.

TODAY'S BIRTHDAYS: Anatole France (1844-1924), writer; Wilbur Wright (1867-1912), pilot/engineer; Charlie Chaplin (1889-1977), actor/director; Peter Ustinov (1921-2004), actor; Pope Benedict XVI (1927-); Kareem Abdul-Jabbar (1947-), basketball player; Bill Belichick (1952-), football coach; Ellen Barkin (1954-), actress; Jon Cryer (1965-), actor; Martin Lawrence (1965-), actor; Selena (1971-1995), singer-songwriter; Gina Carano (1982-), model/actress.

TODAY'S FACT: Charlie Chaplin did not use dialogue in his movies until making "The Great Dictator" in 1940, 13 years after the first "talkie" appeared in theaters.

TODAY'S SPORTS: In 2003, Michael Jordan of the Washington Wizards played the final NBA game of his career, a season-ending 107-87 loss to the Philadelphia 76ers.

TODAY'S QUOTE: "Perfect love is the most beautiful of all frustrations because it is more than one can express." — Charlie Chaplin

TODAY'S NUMBER: 0 — hits allowed by Cleveland Indians pitcher Bob Feller on this day in 1940. Feller's performance remains the only Opening Day no-hitter in Major League Baseball history.

TODAY'S MOON: Between last quarter moon (April 11) and new moon (April 18).





Fig.16

› If this feels like a math test, visit mathliteracy.ca or call 1-800-303-1004.

Math solves problems



RATES and DEADLINES: ANNOUNCEMENTS & NOTICES

BIRTH NOTICES, CARDS OF THANKS, IN MEMORIAMS, BRIEFLETS:
 Text only: 40¢ per word. Minimum charge \$10.00 (\$11.50 taxes included)
 Discounts: 2 insertions or more: 15% off
 With photo: additional \$18.50. **DEADLINE:** 11 a.m., day before publication.
BIRTHDAY, ANNIVERSARY & GET-WELL WISHES, ENGAGEMENT NOTICES:
 Text only: \$16.00 (includes taxes)
 With photo: \$26.00 (\$29.90 taxes included) **DEADLINE:** 3 days before publication.
WEDDING WRITE-UPS:
 \$26.00 (\$29.90 taxes included) WITH PHOTO: \$36.00 (\$41.40 taxes included)

Please Note: All of the aforementioned (except death notices) must be submitted typewritten or neatly printed, and must include the signature and daytime telephone number of the contact person. Can be e-mailed to: clas-sad@sherbrookerecord.com - They will not be taken by phone.
DEADLINES FOR DEATH NOTICES:
 For Monday's paper, call 819-569-4856 between 1 p.m. and 5 p.m. Sunday.
 For Tuesday, Wednesday, Thursday or Friday's edition, call 819-569-4856 or fax 819-569-1187 (please call to confirm transmission) or e-mail: production@sherbrookerecord.com between 9 a.m. and 5 p.m. the day prior to the day of publication. The Record cannot guarantee publication if another Record number is called. Rates: Please call for costs.

TOWNSHIPS' CRIER

TOWNSHIPS

If you want to drink, that's your business. If you want to stop, we can help. Call Alcoholics Anonymous 1-888-424-2975, www.aa.org

LENNOXVILLE

Brunch at the A.N.A.F. Unit 318, 300 St. Francis, Lennoxville on Sunday, April 19 from 10:30 a.m. to 12:30 p.m. Come enjoy eggs, pancakes, bacon, sausages, ham, potatoes, baked beans and much more. All welcome. Info: 819-346-9122.

SHERBROOKE

The Spring Salad Bar Tea at Church of the Advent, 473 Bowen St. S., Sherbrooke will be held on Saturday, April 18 from 3:30 p.m. to 6 p.m. All are welcome.

LENNOXVILLE

St. George's Church Hall, 84 Queen St. Lennoxville - Spring Rummage Sale - Thursday April 30 and Friday May 1, 10:00 a.m. to 5:00 p.m. Bag Sale on Saturday May 2 from 8:30 a.m. to 12:00 noon. Articles for the sale may be left at the Church Hall the week of April 26. For further info or pickup of items, please call 819-562-6245. Save your \$\$\$ SHOP WITH US!

LENNOXVILLE

Military Whist will be played at "The Hut", A.N.A.F. Unit #318, 300 St. Francis Street, Lennoxville, on Wednesday, April 22 at 1:30 p.m. To reserve a place for yourself or a table for 4, please contact Cheryl Bradley at 819-569-2067.

LENNOXVILLE

The annual Spring Bazaar and Salad Supper will be held at "The Hut", 300 St. Francis Street, Lennoxville on Saturday April 25. Sales tables open at 3 p.m. with silent auction and bake table. Supper begins at 4 p.m. Not to be missed.

RICHMOND

Rummage Sale, April 18, 8 a.m. to noon, St. Anne's Anglican Church, 171 Main St. South. Treasures galore! Clothing, linens, bag and box sale. Several independent tables rented to include food, handicrafts, collectibles. Something for everyone.

SHERBROOKE (LENNOXVILLE)

The Estria Woodwind Quintet presents "The Three Winds" on Saturday, April 25 at 8 p.m. at St. Andrew's Presbyterian Church (256 Queen). Come and hear the music of Telemann, Mozart, Haydn, Beethoven and Vivaldi played by Estria's wind trio of flute, oboe and clarinet. A charming musical evening that is not to be missed. To make a reservation for tickets, please contact Pauline Farrugia at

819-842-1072 or at estria@cgocable.ca. Tickets cost \$12 for general admission and \$8 for students and seniors. More information on the series at <http://pages.globetrotter.net/estria>

NORTH HATLEY

The Estria Woodwind Quintet presents "The Three Winds" on Sunday, April 26 at 2:30 p.m. at St. Elisabeth's Catholic Church (3115 Capelton). Come and hear the music of Telemann, Mozart, Haydn, Beethoven and Vivaldi played by Estria's wind trio of flute, oboe and clarinet. A pleasant musical afternoon that is not to be missed. To make a reservation for tickets, please contact Pauline Farrugia at 819-842-1072 or at estria@cgocable.ca. Tickets cost \$12 for general admission and \$8 for students and seniors. More information on the series at <http://pages.globetrotter.net/estria>

BULWER

The annual Spring Brunch offered by the Eaton Corner Museum will be held on Sunday, April 19 from 11 a.m. to 2 p.m. at the Bulwer Community Centre. It's always a delicious home made meal of pancakes, eggs, sausage, potatoes, beans, and desserts, at a very reasonable price, and for a good cause. Join us to welcome spring. Information: Serena Wintle 819-875-52310 or info@eatoncorner.ca. Also, please note that DVDs of the play, Beyond Belief, will be available soon. Order your copy from Sharon Moore 819-837-2643. Coming up on May 16: 2nd Annual Heritage Golf Tournament at Coaticook Golf Club. Call Steve for info and to register at 819-875-3685.

MAGOG

Princess Elizabeth Elementary School Spaghetti Supper Fundraiser on April 25, 4:30 p.m. to 7 p.m., at P.E.E.S Cafeteria, 120 Bellevue, Magog. Admission charged, children 4 and under free, special family price. Funds raised go to our PPO, who pays for the Journee Blanche, library books, Grade 6 graduation, Christmas concert, and lots of other things that benefit all the children!

RICHMOND

Spaghetti Dinner to support the St. Francis Elementary School Library in Richmond. Come and join us for a tasty meal and support the love of reading! The spaghetti dinner will be held at St. Francis Elementary School at 355 rue College sud, Richmond, on Saturday, April 18. There will be 3 seatings: 4:45 p.m., 5:30 p.m. and 6:15 p.m. Admission charged, free for children ages 4 years and under. A live auction led by BSB Auction Services, organized by the school's P.P.O., will take place afterwards at 7 p.m. To reserve tickets, please contact Helena Bates at 819-826-3737 or by email at batesh@edu.etsb.qc.ca. For auction information contact Mandy Hinds at 819-826-

1189 or by email at stfrancisppo@gmail.com.

LENNOXVILLE

Advance notice for Friendship Day. It will be held Saturday, June 13, 2015. Everything is the same with a parade, artisans and lots of things for the whole family. Animal petting zoo and games, along with the Lennoxville Firemen's Association providing food. There will also be various groups with food around town. Info: 819-569-3118.

AYER'S CLIFF

Roast Turkey Supper with all of the trimmings on Saturday, April 25 at Beulah United Church, 967 Main St., Ayer's Cliff. Settings at 5 p.m. and 6:30 p.m. Reservations only, so please call Dean Young 819-838-5815 or Wendell Cass 819-846-7180 to reserve your tickets. Everyone welcome! Thank you to everyone for your continued support of Beulah United Church.

LENNOXVILLE

Cribbage Tournament to be held at A.N.A.F. Unit #318 "The Hut", 300 St. Francis, Lennoxville on Thursday, April 16. Registration at 7 p.m. Profits to go to Meals on Wheels. Everyone welcome, bring your partner.

LENNOXVILLE

The Bishop's/Champlain Refugee Student Sponsorship Committee will be holding their annual Sale in the Bishop's University Arena on Saturday, May 9 from 8 a.m. to 2 p.m. Large selection of furniture, sports equipment, electronics, toys, clothes and household items. All proceeds go to support the refugee student sponsorship program. If you have items in good condition to donate please bring them to the lobby of the arena any day between 8 a.m. and 8 p.m. Last day for donations is Wednesday, May 6. Please no tires, mattresses, TV's or computer monitors.

AUSTIN

M.S. Branch 2000's Fun Afternoon, Sunday, April 19, 1:30 p.m. to 6 p.m., at the Municipal Hall, Millington Road, Austin. Entertainment by Jimmy Edwards and the Country Folks. B.Y.O.B. Chips and soft drinks for sale. Please bring sandwiches or dessert to help with costs if you can. Free lunch. Admission charged. See you there!

SAWYERVILLE

Sawyerville Elementary School invites you to their annual Spaghetti Supper Fundraiser on Saturday, April 18 from 4:30 to 6:30 p.m. downstairs in the Catholic Church, 4 Randboro Road in Sawyerville. Admission charged.

LENNOXVILLE

Pre-Mother's Day Supper on Sunday, May 3 at 5:30 p.m. at Army Navy Air Force, Unit 318 (The Hut), 300 St. Francis Street, Sherbrooke (Lennoxville). Roast Beef with all the trimmings, pie for dessert. Meal

prepared by the men of Unit 318. Tickets available at the door. Only one sitting. Information: 819-346-9122 after 1 p.m.

RICHMOND

The Canadian Legion, Branch #15, Richmond, 235 College St. N., Richmond, will be holding our Legion Brunch from 9 a.m. to noon on Sunday, April 19. Entry fee charged at the door. We will be holding our monthly Crib Tournament on Saturday, April 25, 1 p.m. Advance notice: Our BBQ Pork Supper will be held on May 16, 80 tickets only, and must be purchased in advance. Tickets available at the Legion 819-826-3444.

AYER'S CLIFF

Hatley 4-H fundraiser will be held on Saturday, April 18 from 9 p.m. to 1 p.m. at Burrough's Falls Hall, Ayer's Cliff. Admission charged. Entertainment by Slightly Haggard. Door prizes and half and half.

NORTH HATLEY

The North Hatley Legion, 95 Jackson Heights, will hold a Spaghetti Supper on Saturday, April 18 at 6 p.m. Fundraiser for the girl's Rugby team. Prepared and served by the team. Reservations appreciated. Call 819-842-2933 or call/text 819-674-5092.

LENNOXVILLE

Lennoxville-Ascot Historical and Museum Society is hosting a discussion led by Dick Evans on Businesses in Lennoxville through the Years, Part 2. Join us for a lively talk on Monday, April 20 at 7 p.m. located at Uplands, 9 Speid Street, Sherbrooke. Admission is free. For more information call 819-564-0409.

LENNOXVILLE

Unfortunately we have had to cancel the monthly soup lunch at St. George's Church Hall, Lennoxville, which was scheduled for Thursday, April 23. Join us in September when we will again be offering a monthly lunch of three delicious homemade soups and delectable desserts.

DANVILLE

The Danville-Asbestos Trinity U.C.W. are holding a Brunch on Sunday, April 26 from 10 a.m. to 1 p.m. in the Church Hall. Brunch consists of ham, sausage, eggs, potatoes, pancakes and maple syrup, fruit and cookies. Everyone welcome.

• • •

This column accepts items announcing events organized by churches, service clubs and recognized charitable institutions for a \$7.00 fee, \$10.00 for 2 insertions of same notice, \$13.00 for 3 publications. Maximum 35 words. If you have more than 35 words the charge will be \$10.00 per insertion. Requests should be mailed, well in advance, to The Record, 1195 Galt St. East, Sherbrooke, Quebec, J1G 1Y7, be signed and include a telephone number and payment. Telephone requests will not be accepted. Admission charges and trade names will be deleted. No dances.

How can I ever trust them again?

THURSDAY, APRIL 16, 2015

Annie's Mailbox

Dear Annie: I have helped my wife's daughter and family financially many times over the past 15 years. Eighteen months ago, I loaned them \$600, and they promised they would pay me back. (My previous loans were gifts.)

The daughter's husband has a well-paying job, but he is slow to repay this loan. Three months ago, I received a check for \$40, along with more empty promises to pay off the rest. I haven't seen any additional money. It is just another lie.

I was warned not to loan them money, but emotions got the better of me. What should I do? How can I ever trust them again? — Played for a Fool

Dear Played: You are being too hard on yourself. You love your wife and care about her child, so you have helped them financially. This is not a bad thing. The problem is that the "kids" are not responsible enough to repay the loan.

Talk to them. Say that you are going to set up a pay-

ment schedule, and ask how much they can afford to pay every month. No matter how little the amount, agree to it and say you expect to see it on the first of every month until the loan is repaid entirely. If they miss a payment, call and remind them. Be nice about it, but insistent, no matter how much they try to wriggle out of it. You can even set up an automatic payment plan that would take care of it without any reminders at all.

The trick is to be firm, but kind. No accusations or guilt. If they repay the entire loan without griping, we'd say you can trust them to do so again. But if they give you a hard time or refuse to cooperate, you'll have to put your backbone in place and tell them the remaining \$560 is a gift, but there will be no more. And mean it.

Dear Annie: Your column gets me started every morning. Here's a good one in response to the letter from "Daisy" about a marriage tune-up.

After 20 years of marriage, my husband decided he

needed to get away and start a new life with a new wife — especially since he had already found one. He told me I had been a perfect wife and mother, so he wanted me to have the house, the car and money to live on. After recovering from the shock and getting a good job, life went on for me.

After two years, he came knocking on my door with a toilet under his arm, saying he heard I needed a new one. So I let him do the repair job, and he proceeded to tell me about his unhappy married life and that he was getting a divorce.

He was a good repairman and an excellent mechanic, so I suggested he come back home to be my live-in handyman. It worked out great for another 20 years, and I saved a lot of money on repairs. Good things always happen if you wait. — Satisfied

Dear Satisfied: We love it! Your husband apparently had a classic midlife crisis. You were wise, not only to be patient, but to move on with your life without bitterness. Not every ex-husband turns out to be a good handyman.

CELEBRITY CIPHER

by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

"G CLOGLJL XFDX KTHLOXP, WZGXL,
XFL ZSVLTW SE YDTRMLWW VGOO GM
XGIL CL KTHWFLY CP XFL WZGTGX SE
OGNFX." — CSTGW ZDWXL TMDR

Previous Solution: "The Internal Revenue Service is the real undefeated heavyweight champion." — George Foreman

TODAY'S CLUE: F equals E

KIT N' CARLYLE



HERMAN

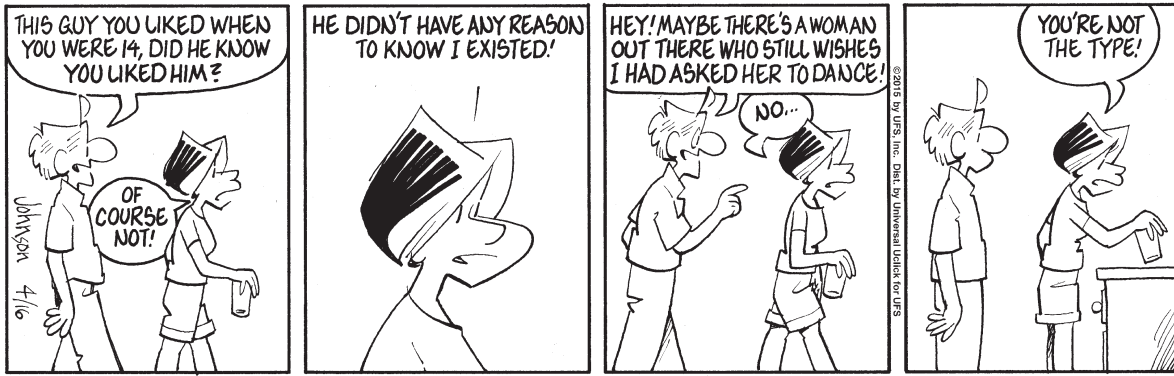


"Fifteen years up already?"

ALLEY OOP



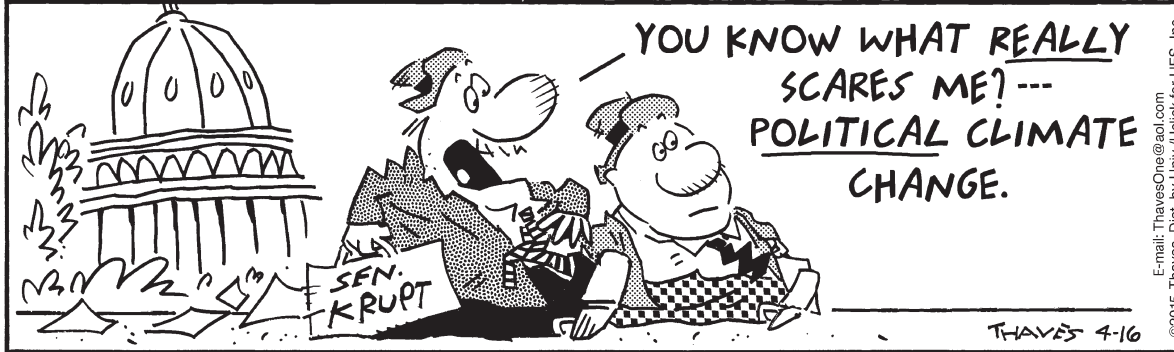
ARLO & JANIS



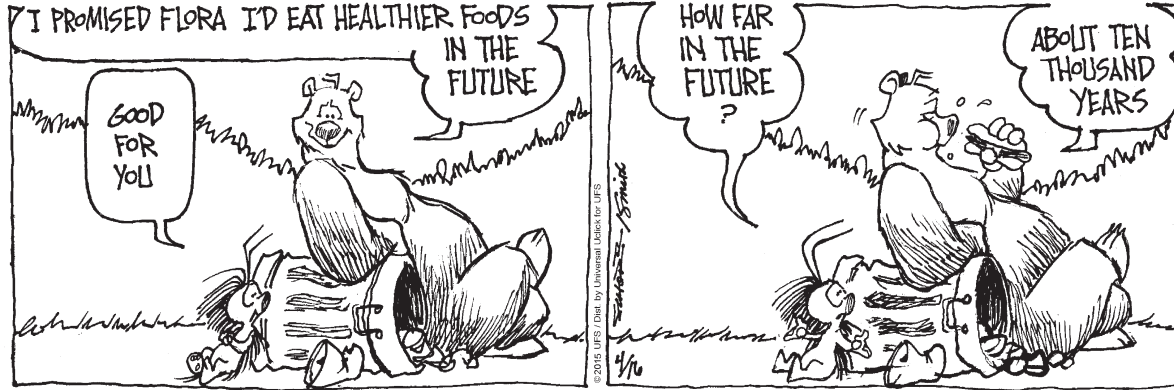
THE BORN LOSER



FRANK AND ERNEST



GRIZWELLS



SOUP TO NUTS



Go grocery shopping with dietitians. When you choose products with the Health Check symbol, it's like shopping with the Heart and Stroke Foundation's dietitians, who evaluate every participating product based on Canada's Food Guide. www.healthcheck.org

Check for Health Check™

Diabetes The New EPIDEMIC



Diabetes Québec
Information and donations:
(514) 259.3422 or 1.800.361.3504
www.diabete.qc.ca

REACT NOW!

CALL SHERBROOKE: (819) 569-9525 BETWEEN 8:30 A.M. AND 4:30 P.M.
 E-MAIL: classad@sherbrookerecord.com
 OR KNOWLTON: (450) 242-1188 BETWEEN 9:00 A.M. AND 4:00 P.M.

CLASSIFIED

DEADLINE: 12:30 P.M. ONE DAY PRIOR TO PUBLICATION
 OR MAIL YOUR PREPAID CLASSIFIED ADS TO
 THE RECORD, 1195 GALT ST. E., SHERBROOKE, QUEBEC J1G 1Y7

001 Property for Sale

CANCEL YOUR TIMESHARE. No risk program. Stop mortgage and maintenance payments today. 100% money back guarantee. Free consultation. Call us now. We can help! 1-888-356-5248.

035 For Rent

3 1/2, 4 1/2, 5 1/2, condo style, private entrance. Available immediately, May, June and July. Office at 108 Oxford Cres., Apt. 105, Lennoxville. Call 819-821-0770 or 819-570-3880.

CLASSIFIEDS ONLINE!
 www.sherbrookerecord.com

LARGE COUNTRY HOME near Compton, 4 bedrooms. Available May 1, 2015. Non-smoking. Call 819-835-9343 after 5 p.m.

Looking for a job or qualified personnel? Consult our Classified ads!

100 Job Opportunities

DO YOU HAVE 10 hours per week to turn into \$1500 per month using your PC and phone? Free info www.BossFree123.com

LA TRIBUNE IS looking for a person to **DELIVER NEWSPAPERS, BY CAR, in the NORTH HATLEY, WATERVILLE AREA.** Please call 819-564-5465.

125 Work Wanted

IF YOU NEED a reliable **house cleaner** for your home or cottage, call Tammy at 819-571-8918.

145 Miscellaneous Services

LENNOXVILLE PLUMBING. Domestic repairs and water refiners. Call Norman Walker at 819-563-1491.

190 Cars For Sale

CLASSIFIEDS ONLINE!
 www.sherbrookerecord.com

190 Cars For Sale



Make your classified stand out, add a photo for \$10. per day. Deadline: 2 days before publication. Drop by our office in Sherbrooke or Knowlton. 819-569-9525. classad@sherbrookerecord.com

275 Antiques

WE BUY from the past for the future, one item or a household, attic or basement, shed or garage. We like it all, give us a call. 819-837-2680.

290 Articles For Sale

STEEL BUILDINGS / Metal Buildings. Up to 60% off! 30x40, 40x60, 50x80, 60x100, 80x100, sell for balance owed. Call 1-800-457-2206. www.crownsteelbuildings.ca

294 Events

CLASSIFIEDS ONLINE!
 www.sherbrookerecord.com

440 Miscellaneous

CRIMINAL RECORD? Don't let your past limit your career plans! Since 1989. Confidential, fast, affordable. A+ BBB rating. Employment and travel freedom. Call for free info booklet. 1-8-nowpardon (1-866-972-7366). www.RemoveYourRecord.com

LARGE FUND, borrowers wanted. Start saving hundreds of dollars today! We can easily approve you by phone. 1st, 2nd or 3rd mortgage money is available right now. Rates start at prime. Equity counts. We don't rely on credit, age or income. Call anytime 1-800-814-2578 or 905-361-1153. Apply online www.capital-direct.ca

Selling, buying, exchanging, offering services? Put it in our Classifieds for results!

SUDOKU

Difficulty: 4 (of 5)

			7			6		
8		5				9		2
	7							
	3	7	4					
			4		1		3	
					8			1
3			8	5				9
	1			4				5
		2			3	6		

4-15-15 ©2015 JFS/KF Dist. by Universal Uclick for UFS

PREVIOUS SOLUTION

6	2	9	1	7	5	3	4	8
3	5	8	6	2	4	9	1	7
1	7	4	9	8	3	5	6	2
9	1	3	8	4	6	7	2	5
7	8	5	2	1	9	4	3	6
4	6	2	5	3	7	1	8	9
5	9	1	3	6	2	8	7	4
8	4	6	7	9	1	2	5	3
2	3	7	4	5	8	6	9	1

HOW TO PLAY: Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

4	8	9	3	6	1	2	5	7
5	3	2	4	7	6	8	1	9
1	6	7	5	2	8	9	4	3
7	4	1	8	3	9	6	2	5
9	5	3	7	1	4	2	8	6
6	2	8	9	5	4	7	3	1
3	4	5	6	8	9	1	7	2
2	7	1	9	8	3	4	1	6
8	4	9	3	5	7	2	1	6

PREVIOUS SOLUTION

©2015 JFS/KF Dist. by Universal Uclick for UFS

		1		6	7			
4					1			
	9						8	4
			7					3
	6				8			2
		6			2		5	
8	4			3				7
		7		2	9			
			6					5

SUDOKU

Difficulty: 4 (of 5)

HOW TO PLAY: Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

E-mail your social news to

classad@sherbrookerecord.com

100 Job Opportunities

URGENT

THE RECORD

is looking for a carrier in **Sawyerville** for the following streets

Bedard,
 Church,
 Clifton,
 Cookshire,
 de la Station,
 High Forest,
 J.A. Lowry,
 Lisée,
 Principale,
 Randboro,
 St-Germain (36)

If interested in this route,
 please call

THE RECORD

819-569-9528

between 8:30 a.m. to 4:30 p.m.
 or leave a message after hours or
 e-mail: billing@sherbrookerecord.com

53283

THE RECORD

"The only English daily newspaper in the Eastern Townships"

For a 7-day free trial online, go to:
 www.sherbrookerecord.com, click on e-edition,
 then click on Free Trial and fill in the information.
 You will receive confirmation that your online
 subscription is activated.

THERE FOR YOU
 24-HOURS A DAY,
 7-DAYS A WEEK,
 WHEREVER YOU ARE!

PRINT
 iPADS/TABLETS
 IPHONES
 COMPUTERS

Subscriptions:
 819-569-9528 • billing@sherbrookerecord.com

