

PETER MARSH
Courtier

Official opening of new kitchen at Knowlton Academy



BEN MCAULEY

The team: Kirk Lawrence, Judy Martin, Susan McKinnon Bell, Joan McKinnon and Renalee Gore

Submitted by Lucy Hoblyn

On September 13, Knowlton Academy revealed their newly renovated kitchen to the many donors who supported the renovation. Kirk Lawrence was volunteering for the

breakfast program last year and noticed the terrible shape the kitchen and dining room were in. He approached Renalee Gore, school principal, to see if he could start a campaign to renovate. She gave him the go ahead. With the help of Joan McKinnon and a team of

helpers they were able to raise enough money to replace broken appliances, flooring and units. They redecorated both the kitchen and the dining room. Renalee tearfully praised our amazing community for their support. Joan McKinnon told us that of everyone they ap-

proached for funds, not one said “no”. The renovation team look forward to purchasing new tables for the dining room.



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Brome County Community Bulletin Board

September 20 & 21

Brome Hall rummage sale – 330 Stagecoach Rd., Brome. On Friday, September 20 from 1 to 7 p.m. and Saturday, September 21 from 8 a.m. to 12:30 p.m. Doors open for donations Monday, September 16 to Friday September 20 from 6 a.m. to 6 p.m. Don't forget to Bring your bags! Information: 450-242-1085.

September 21 & 22

Bedford Fairgrounds. 16 Philip Cote, Bedford. Buy, sell, exchange. September 21 & 22. Something for everyone. Includes small animals. Rain or shine. 1-day: \$10. 2-days: \$15. Info: 450-248-2359 or 450-248-2817.

September 21

Country Dance Saturday September 21, from 7 to 11 p.m. at the Trinity Anglican Church, 409 South St., Cowansville. Music by Keepin' it Country. Donation \$8. Door prizes! Canteen on premises. Proceeds to benefit the food bank.

September 21

Dance at Waterloo Legion, 77 Lewis East, Waterloo on Saturday, September 21, from 8 p.m. until Midnight. Music by Gary Darling. Cost \$8.

September 22

Breakfast, \$8. Sunday, September 22, 9 a.m. to 12:30 p.m. Legion Cowansville, 120 Boul. Davignon. Information: (450) 263-3543.

September 22

Stanbridge East Coffee House music event. Come join us the 4th Sunday of every month! Sunday, September 22 from 5:30 p.m. to 9 p.m. at St. James The Apostol Anglican church hall in Stanbridge East.

September 22 & 29

Craft workshops for women are back for Fall 2019 at Marché des Artisanats Dunham. "Acrylic pouring on canvas" is on September 22. "Introduction to Zentangle" is on September 29. Come join the fun! Go to Facebook @marchedesartisanatsdunham for additional info, or call 450-295-2252, or email michilynnd@gmail.com.

September 28

You are cordially invited to join us for the 18th Music Achievement Awards Jam and Celebration at "The Hut," A.N.A.F Unit 318, 300 St. Francis, Lennoxville on Saturday, September 28 from 3 p.m. to 9 p.m. The recipients are

Willie Fisk and Bubba Lacroix.

tem.

September 28

The next Caregiver's Café will be on the topic of Advance Care Planning Speaker: Sue Britton, R.N. Palliative Care Specialist and moderated by JoAnne Jones Health Consultant for CHSSN CHEP. Topics will include consequences when there has been no advanced care plans, the three levels of care at the end of life, and the reviewing of the Speak Up (Advance Care Planning Workbook). The session will take place Saturday, September 28, 10:00 a.m. to noon at St. Paul's Anglican Church Hall, 24 St. Paul's Road, Knowlton. All are welcome. For further information go to mycaregiverscafe@gmail.com or facebook.com/caregiverscafeknowlton

September 29

St. Paul's In Concert - Music and Poetry. Poems by: David Chennell, Gloria Leney, and David Edmond. Music by: Tom Ransom, Shirley Spencer and Pierre Cabana. Sunday, September 29 at 4 p.m. St. Paul's Church Knowlton – 24 St. Paul's Road, Knowlton, A free will offering (\$10 suggested) will be received to finance the upgrade of our Hauptwerk organ sys-

October 5

Township Toddlers Annual Benefit Saturday, October 5 from 5 p.m. to 7 p.m. Roast beef and pork BBQ. \$15/person, \$8 for 7-12 yrs and 6 yrs and under free. Auction (arts/crafts) from 7 p.m. to 9 p.m. Dance with Smokin Country and Friends from 9 p.m. to 1 a.m. \$5/person. Salle des Chevaliers de Colomb 224, rue Christophe Colomb, Cowansville 450-263-5080. Reservations (Ross) 450-266-1716.

October 13

A shout out to all who would like to learn how to dance Scottish Reels! Sunday, October 13 Celtic Harmonies Festival will be hosting a Scottish Country dance! From 3:30 to 5:30 p.m. at the Knowlton Pub (Upstairs). Holly Boyd, one of the most celebrated teachers in Canada of the Royal Scottish Country Dance Society is coming from Montreal to teach an introduction to Scottish Country Dancing! Easy and fun! Discounts for men in Kilts! And don't forget to wear comfortable flat shoes. 10\$ for adults, \$8 for 65 and over & under 12. \$15 at the door. Space is limited please call 450-292-3456 ext. 227.

Church Bulletins

ALL SAINTS ANGLICAN CHURCH – DUNHAM

Sunday services at 10 a.m. – all welcome! The Reverend Sinpoh Han. Information: 450-295-2045.

ANGLICAN PARISH OF BROME

Sunday Services are at 9 a.m. – all welcome! First Sunday of the month - Holy Trinity (Iron Hill); second Sunday - St. John the Evangelist (Brome); third Sunday - Church of the Ascension (West Brome) and the fourth Sunday - St Aidan (Sutton Junction). Rev. Tim Smart, rector. Information: 450-538-8108.

BEDFORD PASTORAL CHARGE OF THE UNITED CHURCH OF CANADA

You are warmly welcomed to join us each Sunday as we gather in worship. We welcome you and your ideas as we provide a safe place where all can seek a greater purpose to life. Services taking place: September 1&15 in Bedford, September 8 & 22 in Stanbridge East, September 29 in Mystic. Worship begins at 9:30 a.m. and is followed by coffee and snacks. For more information please visit <http://www.bedfordpastoral.org/> or call 450-248-3044.

CALVARY UNITED CHURCH SUTTON

A warm welcome awaits you at our Sun-

day worship service in Sutton at Grace Anglican Church at 9 a.m. followed by a coffee hour at 10 a.m. in the church hall. Information: 450-538-0530.

COWANSVILLE COMMUNITY BAPTIST CHURCH

Cowansville Community Baptist Church meets Sundays at 10 a.m., 137 rue John, Cowansville. Everyone is welcome.

CREEK/WATERLOO PASTORAL CHARGE

Sunday, September 22 – worship and music. Creek United, 278 Brill Rd., West Bolton, service and Sunday school at 9:00 a.m.; St. Paul's United, 4929 Foster, Waterloo, service at 10:30 a.m. Reverend Dave Lambie, minister. For information or to leave a message call: 450-539-2129.

EMMANUEL UNITED CHURCH

Radical hospitality at Emmanuel United where the "all" in the ALL are welcome includes you! Join us Sundays, 11:00 a.m., (205, rue Principale, Cowansville) at vibrant worship, a community of faith seeking justice and living healthy relationships with Creator and neighbours. With your participation we can together be a spark of faith and hope for others. Sunday School is held the first and third Sunday of each month.

Minister: Rev. David Lefneski. Wheelchair accessible.

Church office: 450-263-0204

Website: emmanuelcowansville.ca

ÉGLISE CATHOLIQUE ST. ÉDOUARD CATHOLIC CHURCH

366 Knowlton Road, Knowlton. You are invited to participate in a bilingual Mass Sundays at 10:30 a.m.

GRACE ANGLICAN CHURCH

52 Principale sud, Sutton, welcomes everyone for Sunday services at 10:30 a.m. All welcome. Canon Tim Smart, rector. Information: 450-538-8108 or visit our website at www.gracechurchsutton.org.

GRANBY UNITED CHURCH

Where God Unites all Children. Be a part of the family. 101 rue Principale, Granby. Please call 450-372-1417 for information and to confirm time of our services. guc-eug@bellnet.ca.

KNOWLTON-MOUNTAIN VALLEY PASTORAL CHARGE

Serving the regions of Knowlton, Bolton Centre, Mansonville and Vale Perkins. Worship service at 11 a.m. at Knowlton United Church, 234 Knowlton Road (450-243-6078). A warm welcome is extended

to all. Handicapped access available. Should you require the services of the minister, please contact the Rev. Steve Lawson at 450-242-1993.

ST. PAUL'S ANGLICAN CHURCH

24 St. Paul's Road, Knowlton. St. Paul's is a dynamic, diverse community pursuing and serving Jesus in the Eastern Townships, 8 a.m. and 10 a.m. Sunday services (traditional, contemporary and modern music and format). New: Tune into "Tim Talks" on Facebook – three times weekly. Everyone welcome. Please check out our website: www.stpaulsknowlton.ca or St. Paul's Knowlton's Facebook page. We are now live streaming! Everyone welcome. Telephone: 450-242-2885.

TRINITY ANGLICAN CHURCH

409 South Street, Cowansville. All Sunday services are at 10:30 a.m. First and third Sunday of month is communion service. Second, fourth and fifth Sunday of month is morning prayer service. Minister available Thursday from 10 a.m. to 2 p.m. Come and join us as we endeavor to learn and practice God's loving will. We'd love to welcome you. Information: 450-955-3303 (leave message).

Day of Action Against Sexual Violence Against Women: We Carry this Challenge together!

Submitted by

Coalition des groupes de femmes de la Haute-Yamaska et Brome-Missisquoi

The Coalition of Women's Groups of Haute-Yamaska and Brome-Missisquoi invites you to take part in the 38th Day of Action against Sexual Violence against Women under the theme: We carry this challenge together!

The goal is to raise awareness about the factors that place women in contexts of vulnerability to sexual violence.

The event will take place on Friday, September 20, 2019. You are invited to take part in a silent walk of about 2 km

since we must also take on the challenges! The rally is scheduled for 6:30 p.m. at Place Johnson located at 160 rue Principale de Granby. We invite participants to wear black clothes, if possible, for more impact.

This analysis of vulnerability contexts is indeed the basis of feminist intervention and challenges the widespread idea that victims of sexual violence place themselves in risky situations. Thus, three main factors that can be addressed to limit the contexts that make us more likely to experience sexual violence are targeted: isolation, dependence and lack of information. The brochure created by

CALACS resolves to equip the population with concrete action plans so that all of us can face the challenges of fighting aggression.

Supporting the development of a respectful social network, enabling autonomous decision-making, deconstructing the myths and prejudices surrounding the phenomenon of sexual violence, are all means and attitudes that can be adopted to empower women and thus reduce their vulnerability to sexual assault.

Sexual violence, defined as an act of domination based on a power relationship, is also fuelled by different systems

of discrimination that target, for example, women with precarious immigration status, functional limitations and/or racial, colonialist, identity and/or sexual orientation prejudices. All these forms of discrimination increase women's vulnerability to sexual violence, so it is important to actively address them in order to create a just and equitable world, in which no woman would live in fear of being sexually assaulted.

Come one, come all. Everyone is welcome. Rain or shine, we're walking!

Les Vendanges: a celebration of the Wine Route

Activities from mid-September to Thanksgiving

From mid-September to Thanksgiving, the Brome-Missisquoi Wine Route will be even more lively than usual as several wineries will present special activities highlighting the season. This is an opportunity for the public to take part in a crucial stage in the production of wine and to discover the distinctive flavors of Quebec wines.

Take part in harvests

Most vineyards offer guided tours with the winemaker, an interesting way of discovering the backdrop of the vineyards and learning more about winegrowing in Quebec. During the grape harvest, many of them also invite the public to participate in grape picking. This is particularly the case of Domaine Breese, Bromont Vineyard, Ruisseau Vineyard, Domaine du Ridge, and Vignoble de la Bauge. The Château de Cartes Vineyard invites visitors to attend and participate in the pressing of the grapes.

Live the experience ... fully!

The Domaine du Ridge in Saint-

Armand invites women to participate in its traditional activity of grape crushing. A definitely unique way to contribute to the next vintage!

With good wine often comes good food. Several vineyards will serve as a gourmet stop during the grape harvest. This is the case of the Vignoble de l'Orpailleur, where in addition to the restaurant Le Tire-bouchon, there will be a market with local producers on weekends. At Château de Cartes, vineyard and cider house, you can enjoy pizzas from a wood oven every weekend. The Ruisseau Vineyard will also be offering a "winemaker's dinner" on

October 5 and 26. At the Val Caudalies vineyard, it will also be possible to pick up table grapes.

Tastings with a view

For a breathtaking view of fall colours and plenty of activities, head to the Mont SUTTON Fall Festival every weekend from September 14 to October 14. A booth at La Route des Vins will also be available to sample the products of several wineries.

A night at the foot of the vineyards

Visitors wishing to take the experience to sleep overnight directly at

the vineyard will be delighted to learn that the Clos Ste-Croix Vineyard, located in the heart of the village of Dunham, offers bed and breakfast accommodations.

Several lodging packages are also available on the La Route des vins website. To view the complete program, visit avoutedesvins.ca/vendanges

About the Brome-Missisquoi Wine Route

Founded in 2004, the Brome-Missisquoi Wine Route brings together 20 vineyards and a hundred partner companies within a radius of 25 km.



Brome County
NEWS

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Sales Manager

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Online www.fondationbmp.ca



Missisquoi Community School at Heroes' Memorial to begin on September 26

By Louise Smith

Mark the date on your calendar. The longest running community school will begin classes on the evening of September 26. The classes run for 10 weeks for a total of \$15. That is a bargain! The classes will be held at Heroes' Memorial School, 317 rue Sud, in Cowansville (the school is opposite the post office.)

Each week the classes begin at 7:30 and run until 9 p.m. There is a coffee hour afterwards downstairs in the cafeteria. Some of the courses are return classes and some are new. Students attending must be at least 16 years of age. No upper age limit!

There will be two different bridge classes under the direction of Carol Potter and Pat Oliver. Rev. David Lefneski of the Emmanuel United Church in Cowansville, will be leading a class on the bad boys and girls of the Bible. There will be a card class led by Josee Streule playing 500. John Hodge will continue his popular chair caning. Tammy Drew will lead people to move to the music of Country Heat. Bee Santori will help creative writers get started. Rose Highfield will lead a class where people can complete handicraft projects. Grace Hadlock

will lead knitting and crocheting. Brian Allen will have a class on digital photography. Michel Champagne will be in charge of a French conversation class. There will be two levels of guitar playing, beginners, and advanced beginners. Anita Duchesneau will get people in line for line dancing.

Local history will be covered by Michel Racicot and Louise Smith and guest speakers, including Dr. Pincott. Martin Wickham will help a group of people learn how to manage their money. There will be two painting classes, acrylic with Daphne Whitehead and oil with Sandra Fortier. Danute Kuncas will lead a group with the topic "Psychologies of the Unconscious". Susan Dover will help quilters and Jeff Page will lead a stained-glass class.

There is indeed something for something. Registration is on the 26th and classes will begin that night. For more info, contact 450-266-1986, 450-266-2008, 450-263-6130, or 450-263-9082. The Facebook page is Missisquoi Community School.

PHOTOS BY LOUISE SMITH



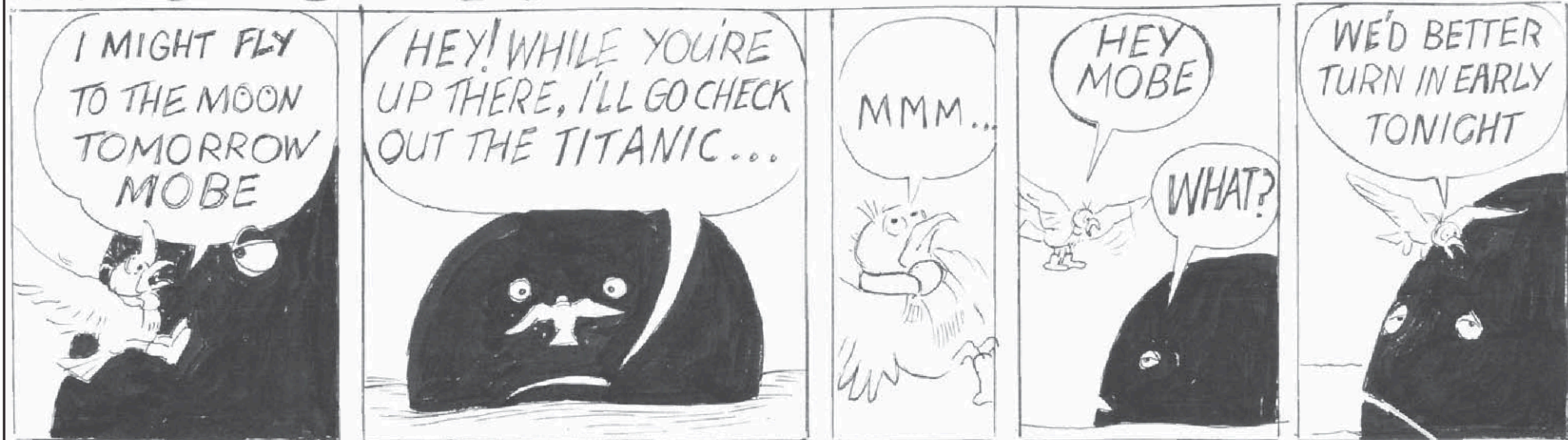
Susan Dover will return to teach a quilting class.



Jeff Page will return to teach a stained glass course.

MOBE & DICK

by GERAID POTTERTON



Brome County NEWS

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BCN RATES & DEADLINES COMMUNITY CALENDAR

Brome County News Community Calendar is reserved for non-profit organizations only. **Deadline is noon on Fridays.** Must be pre-paid. Up to 40 words: \$8, 41-70 words: \$12, 71-100 words: \$15, all prices include taxes. **Special rates:** \$2 off for 2 insertions, 1 BCN and 1 in the Friday Record "What's On" section. Please forward notices to 5-b Victoria St., Knowlton, QC JOE 1V0, email: bcnnews@qc.aibn.com, or fax: (450) 243-5155. Visa and Mastercard accepted.

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Our Stories 2.0 launch brings together authors and artists from across the region



On August 29, Townshippers' Association's Write Here, Write Now project launched its second e-book, *Our Stories 2.0*, at Uplands Cultural and Heritage Centre, attracting a crowd of more than 40 people. Attendees had the opportunity to hear many of the contributors read their works, while enjoying the light refreshments that were served. Following the formalities, there was time for guests to mingle and meet one another, which was particularly noteworthy as, for some, it was their first time meeting contributors who either hadn't attended the Write Here, Write Now workshops, or had attended workshops in other parts of the region. Melanie Cutting described the event as "an unqualified success. It was great to finally meet some of the contributors I didn't know, and also wonderful to see those I already know from their workshop participation!"

When asked about the process of creating this e-book, Write Here, Write Now project lead Jan Draper explained, "Melanie was the point person for the e-book, and she worked very hard to put it

all together. Holly McMillan and Aggie Veale were the formatters and I think we made a good team. I did the poetry section and—since poems are usually short—that meant less work for me than the rest! We had fun and tried to live up to the calibre of the work our contributors sent to us."

For those who missed the launch, *Our Stories 2.0* will soon be available online for \$7.00 and on a USB key for \$10.00, exclusively at Townships Expressions.

Write Here, Write Now encourages local writers (and non-writers) to connect and to explore different writing techniques and literary genres. Each workshop focuses on a technique of writing—plot, setting, images for example—and in every workshop there is an opportunity for those present to write and then read their work to the group. Participants are free to experiment with the specific technique but need not do so; they are always consulted on their interests, and the workshops are designed accordingly. Melanie Cutting noted that, "This project has definitely given a voice to many Townshippers who might not have found a way to have their work come to fruition otherwise." To date, 24 workshops have been delivered to 124 participants, ranging from university students to retirees. Writing experience is not required, beginners are most welcome.

Receiving welcome support from the federal government, the Write Here, Write Now project aims to establish sustainable creative writing groups in the Townships. Coordinated by Jan Draper, with assistance from Melanie Cutting, this project is in response to a need expressed by the Townships' English-speaking community. In a 2016 survey undertaken by Townshippers' Associa-



tion, literary events were ranked among the top three cultural activities requested by respondents. A true community effort, WHWN is partnered with Bishop's University's Senior Academy for Lifelong Learning (BUSALL) and the Quebec Anglophone Heritage Network (QAHN).

Don't miss Townshippers' upcoming Write Here, Write Now workshops in Lennoxville on September 30, October 28, and November 25; North Hatley on September 4, October 2, November 6, and December 4; and Knowlton on September 7, October 5, November 2, and December 7. Write Here, Write Now will also be offering a special workshop on facilitation techniques on Tuesday, September 24, from 1 to 4 p.m. To register for any of these workshops, or for more

information and the location, call 819-566-5717.


This monthly column keeps you in touch with Townshippers' Association's activities and news. Other ways to keep in touch:

- Online
- In-person
- By phone
- www.townshippers.org
- 100-257 Queen, Sherbrooke
- 819-566-5717
- [Facebook.com/Townshippers](https://www.facebook.com/Townshippers)
- 3-584 Knowlton Rd, Lac-Brome
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Mont Sutton gears up for autumn with its Fall Festival

BCN Staff

Summer might be coming to an end, but for Townshippers, it becomes an opportunity to enjoy the beauty of autumn, especially at Mont Sutton. The Mont Sutton Fall Festival was launched over the weekend and will be continuing every weekend until October 14 as the season and the fall colours progress.

For five weekends in a row, visitors will be able to take part in a variety of

outdoor activities, like chairlift rides, a nature photo exhibit, yoga-hikes, mountain biking, mini obstacle courses, and guided hikes to the Chute du Pékan and the Marmite aux sorcières, two thrilling natural settings on the mountain waiting to be explored.

Children will be able to express their creativity during countless arts and crafts workshops, while adults will be able to enjoy a good show at the base of the mountain, where several musicians will perform on Singers Saturdays and

Jazz Sundays presented by the Sutton Jazz Festival. Jean-Philip Pothier, Lauriane Yargeau, Édouard Lagacé, The Honeysuckle Sisters, and Pierre-Luc Belval are only a few of the Fall Festival performers who will entertain visitors.

The Mont Sutton Fall Festival is also an opportunity for visitors to discover mountain biking. On every day of the festival, biking trails will be open, with initiation lessons that include the rental of the necessary equipment. Lessons start at 10 a.m. and 1 p.m. every

weekend. On Saturday, October 5, there will be a free Take a Kid Mountain Biking Day event.

Initiations to snowboarding will also be held on foam-floors, with slackline trial zones and local wine tasting. There will be a ski and gear sale for people who wish to get fully equipped in preparation for the winter season. For a detailed schedule, please visit:

montsutton.com/fallfest.

Fulford (Johnstad-Moller) family reunion – a double celebration!

By Louise Smith

On Saturday, September 14, family and some friends gathered at the residence of Ingeborg and Jim Fulford in Cowansville. Some had travelled from very far to come to the festivities. Christa van Limbeek, a close friend from the years when the Fulfords lived in Holland, came to spend two weeks, from Holland. Ingeborg's nephew, Bent Johnstad-Moller and his wife, Hanna, came all the way from Denmark, Ingeborg's home country.

Ingeborg and Jim's four daughters, Karen, Lynn, Alice, and Wendii (Gwen), were there with their partners and quite a few children and a new grandchild, Zoey.

Ingeborg's niece, Ingrid, with her husband Michel, and their son, Viktor were there.

Family friends from Montreal, Ylva and Will, drove down for the day.

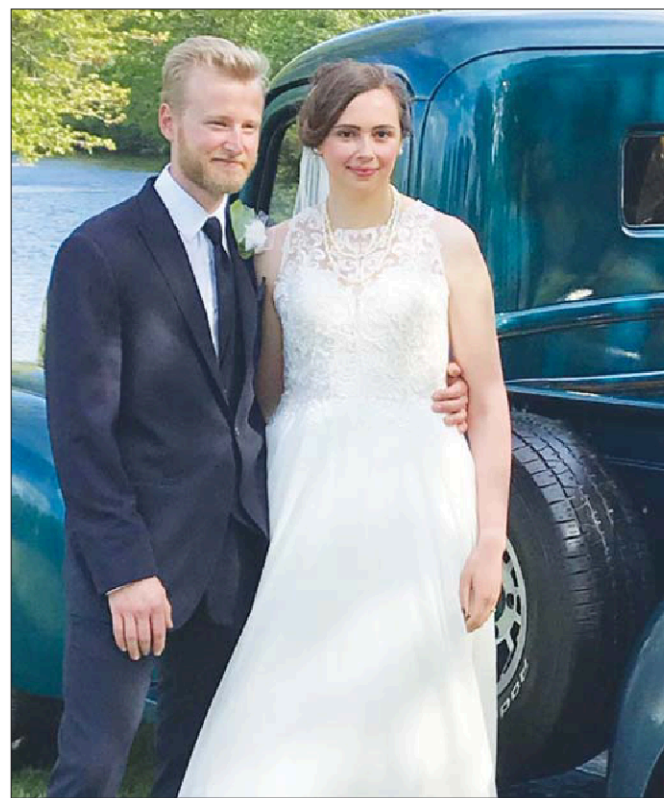
It was primarily a family reunion but it included

two celebrations. The first was a symbolic renewal of vows of Samuel Crossfield, Alice and Ian's son, and Ingeborg and Jim's grandson, with Bethany Dauphinee. Sam and Bethany were wed in June in the Maritimes but Ingeborg and Jim were unable to go to the wedding. The second celebration was for the 59th wedding anniversary of Ingeborg and Jim. Fifty-nine years ago, Ingeborg Johnstad-Moller married Jim Fulford. They were married in Denmark and then they had a second celebration when they returned to Canada. Not many couples make it to their 59th anniversary.

Earlier in the week, rain had been forecast for the whole day. The celebrations started in the afternoon and by then there was no rain and the sun even came out a few times. It was a perfect day all around.



The extended family were there for a reunion and to celebrate



COURTESY

Samuel Crossfield married Bethany Dauphinee in Nova Scotia in June.



COURTESY

Christa van Limbeek from Holland and Karen Veenhuizen (nee Fulford) have been friends since childhood.



PHOTOS BY LOUISE SMITH

Wendii, Lynn, Karen, and Alice are standing behind their mom and dad, Ingeborg and Jim Fulford, who are celebrating their 59th wedding anniversary

Ben in Focus

Pet of the Week: Lucky



BEN MCAULEY

Riding into Fall!



Hello! I am an 'about 5 years old' guy, weigh 50-55 lbs and my short fur is golden tan with white; the inside of my ears and my nose are pink! I am timid at first, very sweet, gentle and loving, get along with other dogs and love to go for walks. Would you like to meet me - give me a chance at a new home? I hope to see you here at the SPCA Montréal, 178, ch. du Vide, Ste-Angele-de-Monnoir (exit 37 on autoroute 10). Adoption hours are 2 - 4 p.m. on Thursdays & Saturdays.

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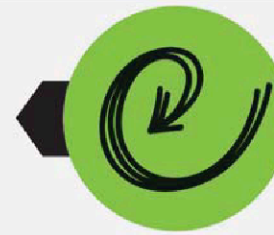
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October 2019

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13	14	15	16	17	18	19
20	21	22	23	24	25	
27	28	29	30	31		

1st • BROMONT + COWANSVILLE

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 Cowansville : 2500, rang St-Joseph • 450 263-0279

2nd • BEDFORD + LAC BROME

Bedford : 100, rue Champagnat • 450 248-2440
 Lac-Brome : 50, rue Mill • 450 243-6111

3rd • COWANSVILLE

2500, rang St-Joseph • 450 263-0279

4th • FARNHAM + SUTTON

Farnham : 1180, boul. Industriel • 450 293-3178
 Sutton : 260, rue Principale Sud • 450 538-2290

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The Long Road Home

BCHS announces new exhibition and heritage festival for Fall 2019

BCN Staff

On November 11, 1918, the German Empire surrendered to the Allied forces bringing an end to the fighting on the Western Front. However, for the Canadian soldiers stationed in Europe, the War did not end overnight. Some crossed the Rhine to occupy Germany, others went to fight in Russia, while others waited for demobilisation. The newest exhibition at the Brome County History Society (BCHS), *The Long Road Home*, explores the journeys, both literal and metaphorical, individuals and communities across Canada had to undergo to 'come home' from the War.

VERNISSAGE

The members of the BCBS and the

general public is invited to join us to mark the opening of this new exhibition with a wine & cheese vernissage in the company of the Curator and BCBS Directors on Friday, October 11, 2019, from 5.00 to 7.00 p.m. The event is free and open to all.

HERITAGE FESTIVAL

To celebrate the opening of our new exhibition, the BCBS is organising a First World War-themed Heritage Festival on Saturday, October 12, 2019 from 11:00 a.m. to 4:00 p.m. The event will include guided tours of *The Long Road Home*, a canteen serving meals inspired by trench recipes, an intimate musical performance by A Brief Canadian History (<http://www.abriefcanadianhistory.com>), the presence of First World War re-enac-

tors, and a children's drawing workshop. The event is included in the price of admission (\$8 for adults, \$6 seniors/students, \$2 children).

"For this project, we wanted to step away from the battlefields of the Western Front and tell a more human story," says Jeremy Reeves, Curator at the BCBS. "With *The Long Road Home*, we sought to highlight lesser-known aspects of the post-war years such as the immense logistical challenge of bringing over 400,000 soldiers home, the emotional labour of memorialising the Fallen, and the hardship of soldiers trying to reintegrate civilian life."

The exhibition features captured German trophies, medals, uniforms, letters, photographs, and memorials objects

drawn from the BCBS's permanent collection. Organised into a series of vignettes and accompanied by engaging text, these objects testify to complex political, emotional, and psychological landscape of Canada from demobilisation in 1919 to the Vimy Pilgrimage of 1936.

A Long Road Home was designed and produced by the Brome County Historical Society. The exhibition was curated by Jeremy Reeves with the invaluable assistance of Abbey Lacroix.

Founded in 1897, the BCBS operates a museum since 1903 that contains over 15,000 objects exhibited in eight buildings, six of which are heritage sites.

Craft workshops in Dunham at the Marche des Artisans

By Louise Smith

The Marche des Artisans, located at 3786 rue Principale in Dunham, is not only a store that features work from various artisans, but it is also a locale that has Sunday afternoon craft workshops. Men and women are both encouraged to attend the sessions. Participants must be twelve years or older. Materials are usually provided unless specified. Prices vary between \$10 and \$20 for an afternoon. Classes run between 1 p.m. and 3:30 p.m. For more information or to register for a class, call 450-295-2252.

The schedule for the fall is quite extensive. September 22 is Acrylic Pouring on Canvas. This is a painting technique where acrylic paint is mixed with pouring medium and then tipped onto a surface in a variety of ways (\$12). September 29 is The Introduction to Zentangle. It is meditative art for those who like to doodle (\$12). On October 5 is a special workshop where kids from 8 to 88 are invited. It is where Hallowe'en Monster Rocks will be created. It may be a good idea to bring an apron to this workshop (\$10). On October 6 will be a BoHo Messenger Bag. The material is supplied and it will already be cut, ready to be sewn (\$12). There will be no workshops on Thanksgiving weekend.

All levels of handicrafters are welcome, from the beginner to the seasoned crafter. All will have fun!

Right: The Marche des Artisans in Dunham holds workshops on Sundays

PHOTO BY LOUISE SMITH



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Freemasons of Brome Lake Masonic donate \$4500 to support the Children's Breakfast Programs

Submitted by
Brian Allen

Freemasons of Brome Lake Masonic Lodge # 35, A.F. & A.L. donated a total of \$4500 to support the Children's Breakfast Programs at two area schools, Knowlton Academy and Waterloo Elementary.

These essential breakfast programs are completely funded through donations and staffed by volunteers who utilize the school's cafeterias to ensure that every child has a hearty breakfast every day of the school year, completely free of charge.

This year, the Freemasons of Brome Lake Lodge # 35 and all the Lodges in the jurisdiction of the Grand Lodge of Quebec, Ancient, Free and Accepted Masons, are celebrating 150 years of service to our communities.

For more information on Freemasonry please visit the website: www.glquebec.org

To help support our Children's School breakfast program please visit the website: www.etsb.qc.ca



Waterloo Elementary School, left to right: Bro. Wolfgang Adhloch, Wor. Bro. Ed Lowry, Principal Catherine Canzoni, Rt. Wor. Bro. Russell Lawrence, Rt. Wor. Bro. Brian Allen.



Knowlton Academy, Left to right: Bro. Wolfgang Adhloch, Rt. Wor. Bro. Russell Lawrence, Wor. Bro. Ed Lowry, Principal Renalee Gore, V.Wor. Bro. Brian Gunther, Rt.Wor. Bro. Brian Allen.



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170 Auctions

AUCTION, Saturday, September 21 starting at 10 a.m. sharp. There will be an auction at the Residence of Dexter Larose, 243 chemin des Cotes, Shefford. Items offered for sale will be all machinery, tools, lawnmower parts, etc. No household furniture will be sold.

To reach our Classified dept. call: 450-242-1188 or 819-569-9525

339 Estate Sale

SUTTON Chapelle Ste Agnes Vineyard Estate Sale. Many antiques and quality household furnishings and items of all kinds. Saturday & Sunday, September 22 & 23, 9 a.m. to 4 p.m. 2559 ch. Scenic, Sutton. Cash only.

340 Garage Sales

KNOWLTON Multi-family lawn sale on Saturday, September 21, 9 a.m. to 4 p.m., at 548 Knowlton Road. Collectibles, coins, paper, money, lamps, frames, garden set of 4, double stroller, velvet materials, birds collection, caramelized apples and fresh apples, etc.

SUTTON Big Antique / Miscellaneous Sale, September 21 (9 a.m. to 4 p.m.), 693 Route 139 South, Sutton. Artwork, furniture, trunks, cobblers, bench, bells, many \$2 items.

Forget the mess: This shepherd's pie uses only one skillet

By America's Test Kitchen

Despite its status as a classic comfort food, there's nothing comforting about the many steps and piles of dirty dishes that shepherd's pie usually requires. Using the cast-iron skillet as our sauteing, baking, and serving pan streamlined the process.

We used ground beef as our base and added tomato paste, garlic, and thyme to bump up the flavour. Flour, chicken broth, and Worcestershire sauce were all that we needed to create a rich gravy, and a final addition of green peas added a pop of freshness.

To give our potato topping necessary structure, we added milk, butter, and an egg. We used a zipper-lock bag to pipe the potato mixture on top of the pie and finished the dish under the broiler to give it an attractive golden crust. Don't use ground beef that's fattier than 93 per cent or the dish will be greasy.

SHEPHERD'S PIE

Servings: 4-6

Start to finish: 1 hour, 15 minutes

- 2 pounds russet potatoes, peeled and cut into 1-inch pieces
- Salt and pepper
- 1/2 cup milk
- 1 large egg

- 4 tablespoons unsalted butter, melted, plus 2 tablespoons unsalted butter
- 2 carrots, peeled and chopped
- 1 onion, chopped fine
- 1 1/2 pounds of 93 per cent lean ground beef
- 2 tablespoons tomato paste
- 2 garlic cloves, minced
- 2 teaspoons minced fresh thyme or 1/2 teaspoon dried
- 2 tablespoons all-purpose flour
- 1 1/2 cups chicken broth
- 2 teaspoons Worcestershire sauce
- 1 cup frozen peas

Cover potatoes with water in large saucepan. Add 1 tablespoon salt, bring to simmer over medium-high heat, and cook until potatoes are tender, 8 to 10 minutes. Drain potatoes and return them to saucepan. Using potato masher, mash potatoes until smooth. Whisk milk and egg together, then stir into potatoes along with melted butter, 1 teaspoon salt, and 1/2 teaspoon pepper; cover and set aside.

Heat 10-inch cast-iron skillet over medium heat for 3 minutes. Melt remaining 2 tablespoons butter in skillet. Add carrots, onion, and 3/4 teaspoon salt and cook until softened, about 5 minutes. Add beef and cook, breaking up meat with wooden spoon, until no longer pink, 8 to 10 minutes.

Stir in tomato paste, garlic, and

thyme and cook until fragrant, about 1 minute. Stir in flour and cook for 1 minute. Slowly stir in broth and Worcestershire, scraping up any browned bits and smoothing out any lumps. Bring to simmer and cook, stirring occasionally, until mixture has thickened slightly, about 10 minutes. Off heat, stir in peas and season with salt and pepper to taste.

Adjust oven rack 5 inches from broiler element and heat broiler. Transfer potato mixture to 1-gallon zipper-lock bag and snip off 1 corner to create 1-inch opening. Pipe mixture in even layer over filling. Smooth topping with back of spoon, then use tines of fork to make ridges on surface. Place skillet in rimmed baking sheet and broil until topping is golden brown and crusty, 5 to 10 minutes. Let casserole cool for 10 minutes before serving.

Nutrition information per serving: 442 calories; 183 calories from fat; 21 g fat (11 g saturated; g trans fats); 139 mg cholesterol; 379 mg sodium; 36 g carbohydrate; 5 g fiber; 6 g sugar; 31 g protein.

For more recipes, cooking tips and ingredient and product reviews, visit <https://www.americastestkitchen.com>. Find more recipes like Shepherd's Pie in "Cook It In Cast Iron."

(The Associated Press)

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It Started with a Big Bang: The Origin of Earth, You and Everything Else

By Floor Bal, Illustrated by Sebastiaan Van Doninck

Published by Kids Can Press (2019)

34 pages

Ages: 5 to 8

The children's book *It Started with a Big Bang* is a beautifully illustrated guide to understanding the origins of the universe and our place in it. The book's cover is intriguing: we see Cro-Magnon man (although this term is never used to describe primitive man), the planet Earth, an astronaut, a primitive-looking fish, the moon, and a dinosaur.

It is told from a scientific point of view, namely the Big Bang theory along with Darwin's theory of the evolution of mankind from primates, or apes, as the author depicts. All of this is described without any specific scientific terminology.

At the beginning of the book, we read that from a blank page of nothingness that the universe was previously, a tiny dot expanded and exploded (the Big Bang), creating planets, the sun, stars, asteroids. Eventually Earth was created, and became a "tangled web" of life forms competing for food, and killing other life forms for food and in order to survive. As life forms adapted in their quest for survival, some fish developing legs and transforming into land-based creatures, the "Earth kept changing, too" the book tells us.

Instead of describing the theory of evolution with the correct term, the author states, "It's time for some-

thing different." The dinosaurs came into creation, but were wiped out by a "big rock" that hit the Earth, blotting out the sun.

Eventually apes start walking on two feet instead of four, human beings evolve to the point of inventing fire, creating tools and weapons, harvesting crops, inventing the wheel, and developing more complex language patterns and the written language.

The strange analogy of Earth being a "tangled web" of life forms struggling for survival appears again at the end of the book. A web conjures up an image of a sticky trap one can't escape from, with the ever-present danger of a predator – a spider – lurking nearby, about to claim its prey. This analogy might confuse and even frighten children if they think of the planet they live on in this way.

The lack of scientific terminology in the book is puzzling as well. If the book is aimed towards an age group of 5 to 8 years, scientific terminology could be helpful for the children to learn from. A glossary of terminology related to the creation of the universe and the evolution of mankind would have been useful as well.

Another factor is that the book presents the Big Bang as fact, and not a scientific theory – one of the more popular ones, but still a theory.

The book is engaging, with colourful illustrations on every page. Children are certain to be intrigued by the depiction of the various stages of Earth's evolution,



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but could benefit from being reminded that this is one theory of several about the mysterious universe we live in.

Reviewed by
Caroline Lacombe

Owls Read book Club welcomes author Sheila Goldbloom

THE SCOOP

By Mable Hastings

When Murielle Parkes, a member of the Owls Read Book Club in Potton found herself seated next to Sheila Goldbloom at an event last November, little did she know that eight months later she'd be happily introducing this most interesting lady to her local book club.

"Even though I had only recently heard about Building Bridges, I was thinking of suggesting it as a book for my Owls Read Book Club, and I told her so. Her reply was spontaneous, 'Let me know and maybe I can help you!'"

"While my reaction was something like, 'Oh my goodness, wouldn't it be great if she'd actually come to Mansonville?' I suspect a trip to Mansonville was the last thing she was thinking about."

Now, eight months later, Parkes was finding herself introducing Goldbloom to a double header. Not only to share a few thoughts about her late husband's memoirs, "Building Bridges," but also to talk about "Opening Doors," her own first book and memoir launched this past June, a few weeks before her 94th birthday.

"Opening Doors," is a companion book that reflects her own amazing life and devotion to health issues, to the disadvantaged and to seniors, culture and community. Goldbloom has made it her goal to get people talking together and while small in stature, her message is mighty and she is not shy to speak about her passions in life.

"Building Bridges," is a memoir written by Victor Goldbloom, pediatrician-turned politician whose book was released a year before he died at 92 in 2016. In it he shares his thoughts about various topics: the Canadian health care system, interreligious relations, English and French, gender equality and Quebec and Canada.

For this event the book club opened its meeting to guests, two of whom were forced to send regrets; one – Sue Alward – a graduate student of Goldbloom's Community Organization classes at McGill School of Social Work in the 60s, who had penned a personal letter to Goldbloom, and another, a fellow pediatrician of her husband's from 1967-2014 who, at the last minutes, was unable to attend. His wife, however, was present and she took notes.

It seems Alward's very successful Community Wellness Center at North



PHOTO BY DEBRA HARDING

Country Hospital in Newport, Vermont was so popular it prompted the Vermont Department of Transportation to ask her what kind of training she had in order to be able to organize it. Her reply: "The Community Organizing classes at the McGill School of Social Work given by Sheila Goldbloom." While Alward could not be present to hear Goldbloom speak, she wanted her to know how great an impact her teachings had upon her life.

"After so many years of rewarding work helping to bring positive change in

the lives of people I remain very thankful to you for being such a wonderful role model and for your dedication in imparting your wealth of knowledge to your students, of which I am happy to be one," wrote Alward.

Potton librarian Ann Colgan assured that copies of both Goldbloom books were available for purchase, which Goldbloom cheerfully signed.

Parkes was happy. "All comments have been positive," she noted. "She's a true inspiration!"

Brome County's Women's Institutes and Fordyce Women's Institute support young participants at Brome Fair

Reprint of article from last week, with corrections by Louise Smith

By Louise Smith

The Brome County Women's Institute, which is comprised of the Abercorn branch, sponsored an honour for the Youth Participant in Horticulture who has the highest points in the Baking division. This year the winner was Autumn Padner. She received her prize and certificate from Norma Sherrer on Monday afternoon, September 2 in the Horticulture Building.

The Brome County level also gives a cash prize and a certificate to the Youth Participant in the Handicraft division who comes in second place. This year the winner was Adahlia Neil. She received her honour from Norma Sherrer. Norma also presented Adahlia a certificate and prize from the Fordyce Women's Institute for getting first prize in their special sponsored category, which this year was for a piece of art honouring indigenous people.

Participation in the Horticulture or Handicraft divisions is free for young people sixteen and under. If they wish to, they can buy a pass at a lower rate when they register their entries before August 10, but they do not have to pay anything to enter the competitions. Adults do have to pay to enter, but their entry fee gives them a four-day pass.

Far right: Adahlia Neil received the Brome County Women's prize for placing second overall in the Youth division of the Handicraft division and the Fordyce prize for first place in their special Handicraft class

Right: Autumn Padner received the Brome County Women's prize and certificate from Norma Sherrer for the highest points in the baking division of Horticulture

PHOTOS BY LOUISE SMITH



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