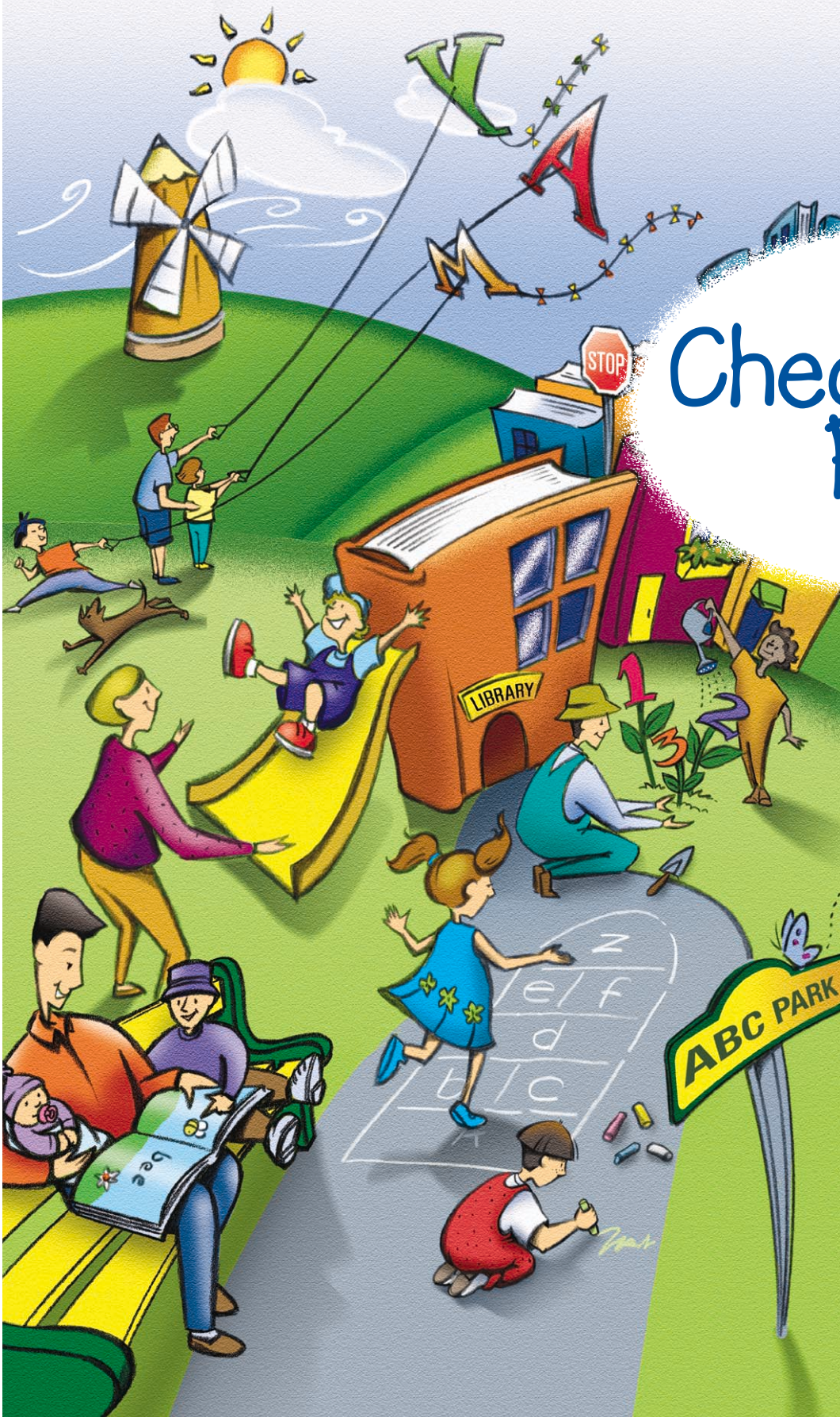


Hand
in Hand
From
A to Z!



Checklist for Parents



COMMISSION SCOLAIRE
MARIE-VICTORIN

Québec 

*Hand
in Hand*

*From
A to Z!*

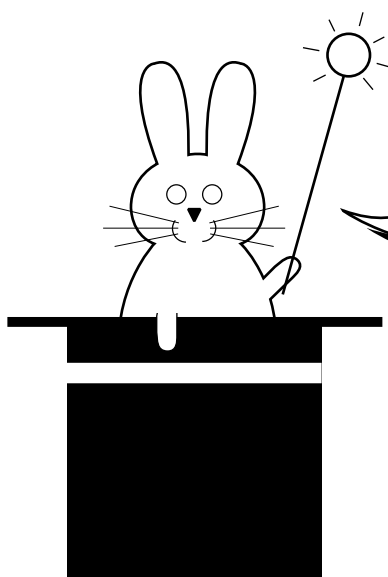


CHECKLIST FOR PARENTS

Mother's name: _____

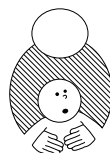
Baby's name: _____

Date: _____



Remember,
no two babies are the same.
All are born with their own
distinct personality. Your baby
is one of a kind!

Adapted from a checklist designed by the
Centre de développement, Hôpital
Sainte-Justine, Université de Montréal



Laboratoire d'étude du nourisson,
Université du Québec à Montréal

Since 1995, the Hand in Hand From A to Z! project team has developed and experimented with various tools and approaches to help families and their children through preventive and long-term action in the area of emergent literacy. The Hand in Hand From A to Z! emergent literacy materials, which include eight documents and five posters, represent the culmination of all the work that went into this project.

Documents

Hand in Hand: Emergent Literacy
From A to Z

Checklist for Parents
From Cradle to Classroom

Sharing Pictures and Words

Play Workshops

First Steps in Reading and Writing
Emergent Literacy Training

Communication Plan for Emergent Literacy

Target Population

Staff of organizations offering services to
children from birth to 4 years of age and
their families

Newborns and their families

Children from birth to 4 years of age and
their families

Children from 12 to 24 months of age and
their families

Children from 2 to 3 years of age and their
families

Children 3 years of age and their families
Staff of organizations offering services to
children from birth to 4 years of age and
their families

Staff of organizations offering services to
children from birth to 4 years of age and
their families

The *Checklist for Parents* describes some of the abilities of newborns. It provides parents with models for interacting with their baby and makes them aware of the importance of introducing their little one to the world of print. It is given to parents when their baby is born, as part of the Off to a Good Start! project.

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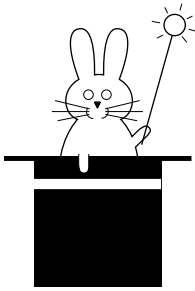
Acknowledgments

We would like to thank the people who believed and participated in the project, including members of various boards and departments, for their steadfast commitment over the course of five years. We would especially like to thank Pierre Giguère and Guy Fortier, directors of the Service de l'éducation des adultes at the Commission scolaire Marie-Victorin, and Lino Mastriani, at the Direction de la formation générale des adultes, for their support. We are also grateful to Andrée Racine, at the Direction de la formation générale des adultes, for her help with the distribution of the Hand in Hand From A to Z! emergent literacy materials.

To obtain a set of documents and posters, please contact the Commission scolaire Marie-Victorin, Service de l'imprimerie:

- to obtain information: Richard Viens, 450-670-0730, extension 403
- to place an order by fax: Richard Viens, 450-670-0250
- to place an order by e-mail: richard_viens@csmv.qc.ca

The documents and posters are free, but there is a charge for postage. Additional copies of *From Cradle to Classroom* may also be ordered, but photocopying costs and postage are not covered.

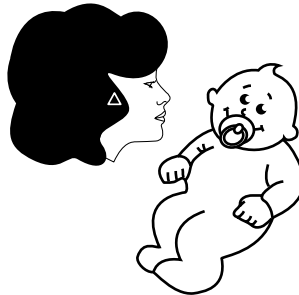


Your baby is curious.
Right from birth,
she can see and hear.

Your baby likes to see your face and hear your voice.

You look at your baby close
up and talk to her often.

- I look at her. ☐
I don't look at her often. ☐
I've never tried. ☐



She recognizes your
voice and learns sounds
and language.

- I talk to her. ☐
I don't talk to her much. ☐
I've never tried. ☐

Your baby likes seeing what's around her.

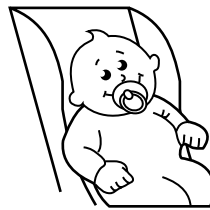
When she's awake:

- you put her
in her bed



- ♥ I like doing that. ☐
♥ I don't like doing that. ☐
? I've never done that. ☐

- you put her in
her seat



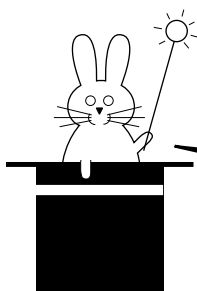
- ♥ I like doing that. ☐
♥ I don't like doing that. ☐
? I've never done that. ☐

- you hold her



- ♥ I like doing that. ☐
♥ I don't like doing that. ☐
? I've never done that. ☐

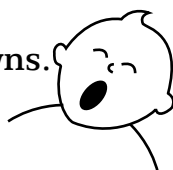
Try holding your baby in different ways.
Change her position often.



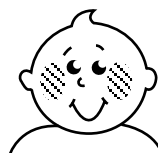
Your baby talks to you.
He needs to know that you are close by.

He cries.

He yawns.



His face changes colour.



 I noticed. ☐
 I didn't notice. ☐

 I noticed. ☐
 I didn't notice. ☐

 I noticed. ☐
 I didn't notice. ☐

That's how he tells you he is: - tired
- hungry
- uncomfortable

He cries.

Comfort him by
talking softly to him:

- by gently stroking his
stomach with your hand

- by picking him up
- by talking to him
- by rocking him



 I like doing that. ☐
 I don't like doing that. ☐
? I've never tried. ☐

 I like doing that. ☐
 I don't like doing that. ☐
? I've never tried. ☐

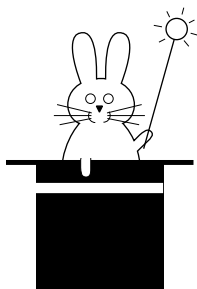
 I like doing that. ☐
 I don't like doing that. ☐
? I've never tried. ☐

He won't stop crying.

Don't panic!

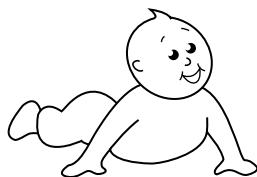
Sometimes nothing seems to work.

It's not your fault. Things will get better.

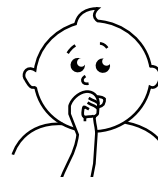


Your baby
is content.

She puts her fist in her
mouth. This soothes her
and makes her feel
secure.



She smiles.



☒ I noticed. ☐
☒ I didn't notice. ☐

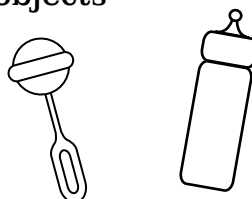
☒ I noticed. ☐
☒ I didn't notice. ☐

She reaches for things:



- your finger
- your clothes
- objects

☒ I noticed. ☐
☒ I didn't notice. ☐



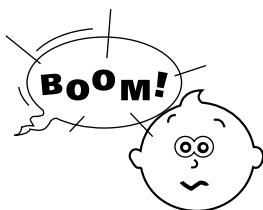
She learns to grasp what
she sees. She likes holding
onto things.

☒ I noticed. ☐
☒ I didn't notice. ☐

She sleeps:

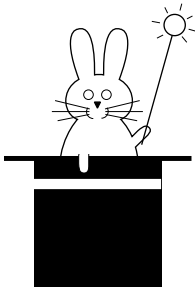
- soundly if
there isn't too
much noise

☒ I noticed. ☐
☒ I didn't notice. ☐



Careful!
She wakes up and fusses if
there's too much noise.

☒ I noticed. ☐
☒ I didn't notice. ☐



Remember!

- Babies learn best by playing.
- You are your baby's best teacher.
- There's a lot your baby can teach you too!
- Your baby loves to be held by you.

