

Speed, alcohol give SQ a busy weekend

Record Staff

Just after midnight Friday, the Sûreté du Québec officers patrolling in the Westbury area caught a motorist travelling at over 140 kilometres per hour on Route 112, in a 90 kilometre per hour zone. The driver, a 33-year old East Angus resident was summarily handed a \$684 fine and 10 demerit points.

Around 2:15 a.m., another motorist was caught speeding excessively in Ascot Corner. The 24-year old Sherbrooke man stopped on Route 112 in Ascot Corner while traveling at more than 130 kilometres per hour in an 80 km/h zone. He also earned a \$684 fine and 10 demerit points.

At 3:45 a.m., police stopped a woman driving drunk on Fontainebleau Road in Weedon. The 58-year-old Sherbrooke resident failed a breath test and will appear in court at a later date in connection with this event.

At around 6:30 a.m., the same officers arrested a Johnville resident who went off the road near his home. The 33-year old man was arrested for having care and control of a motor vehicle while intoxicated. He failed a breath test and will be charged with possession of drugs since the police seized hashish during the operation.

A third arrest for driving while impaired occurred the following night in Westbury, where police stopped a 66-year old East Angus resident traveling on Route 253 while intoxicated. The man failed the breathalyzer test, blowing about twice the legal limit.

Traditional skills back in the classroom at Ayer's Cliff Elementary



GORDON LAMBIE

Students at Ayer's Cliff Elementary School learned a variety of traditional skills over the past week.

By Gordon Lambie
AYER'S CLIFF

In a lot of schools today, words like woodworking, sewing, orienteering and knitting are among the last that visitors might expect to see on a student's schedule. Not so last week at Ayer's Cliff Elementary School. Between March 23 and 27, ACES did away with the regular curriculum and instead

opened its doors wide to the community for a series of workshops on the more traditional crafting skills that have slowly disappeared over the years.

Students from Kindergarten right up to Grade 6 were invited to participate in lantern making, woodworking, sewing, batik painting, knitting, square dancing, weaving, baking, orienteering, jewelry making, mobile making, and painting on glass.

"The project had two goals," said Del Springate, principal of the elementary school. "One is to involve the community in teaching our students some of the skills and pastimes that were once such an important part of life in the Townships, the other is to help our students become more aware of their own learning."

CONT'D ON PAGE 4

the East Side
Restaurant & Pub

Canadian Money at Par!

It's An Elegant Display of Easter Treats & Traditions!

Sunday Brunch

7:00AM - 12:00PM

Adults \$16.95

Children \$8.95

Easter Dinner Buffet

1:00PM - 8:00PM

\$21.95 / \$24.95 Includes Dessert

Children \$11.95

Select Menu Also Available!

Reservations Appreciated

(802) 334-2340

47 Landing Street Newport, VT



The Record e-edition

There for you
24-hours-a-day
7-days-a-week.
Wherever you are.

Access the full edition of The Sherbrooke Record as well as special editions and archives.

Renew or take a new 12-month print subscription and get a 12-month online subscription for an additional \$5 or purchase the online edition only for \$82.21.

Record subscription rates
(includes Quebec taxes)

1 year print: \$155.91
6 month print: \$81.85
3 month print: \$41.57
12 month web only: \$82.21
1 month web only: \$7.46

Web subscribers have access to the daily Record as well as archives and special editions.

Subscribing is as easy as 1,2,3; go to: www.sherbrookerecord.com Click e-edition. Complete form and wait for an email activating your online subscription.

Weather



TODAY:
AM SNOW
PM CLEAR
HIGH -1
SUNRISE: 6:30
SUNSET: 7:14



WEDNESDAY:
MIX OF SUN
AND CLOUD

HIGH -2
LOW -15



THURSDAY:
PERIODS OF
RAIN

HIGH 4
LOW -10



FRIDAY:
SHOWERS

HIGH 10
LOW 4



SATURDAY:
PERIODS OF
SNOW

HIGH 2
LOW -3

TASTES LIKE CHICKEN: YOUR WEEKLY LOOK AT THE WORLD OF FOOD

10 fresh ways to use maple syrup (other than pancakes and waffles)

By Alison Ladman
The Associated Press

Pancakes, waffles and French toast? They're fine, but they're also just the start.

Because if you're limiting maple syrup to the breakfast table, you're missing out on all sorts of excuses to add its gentle, yet distinct flavour to all manner of foods, from roasted vegetables and chicken wings to pasta sauce and ice cream sundaes. Heck, we even think it belongs at the bar (check out our maple martini idea below).

It's worth noting that the system for grading maple syrup — a classification that rates syrups on colour and strength of flavour — recently was updated to make the U.S. and Canadian systems consistent.

The previous system used "Fancy" and "Grade A" to indicate syrups with lighter flavours and colours, while "Grade B" was darker and more robust.

Under the new system, everything is Grade A, but descriptions have been added. The lightest syrup is now "Grade A: Golden Color with Delicate Taste" and the darkest is "Grade A: Very Dark with Strong Taste."

When shopping for syrup, let your preferences guide you. Many people prefer a lighter syrup on pancakes and waffles, but chefs generally gravitate toward a darker, more robust maple syrup when cooking with it or using it with savoury foods.

- Syrup sundae: Top vanilla ice cream with a drizzle of maple syrup, crushed shortbread cookies and toasted almonds.

- Maple-balsamic vinaigrette: Whisk together 1 teaspoon (5 ml) Dijon mustard, 2 tablespoons (30 ml) white balsamic vinegar, 2 tablespoons (30 ml) walnut oil, 2 tablespoons (30 ml) maple syrup and a hefty pinch each of salt and black pepper. Toss with your favourite greens.

- Maple martini: Muddle a quarter of an orange and a quarter of a lime with 1 tablespoon (15 ml) maple syrup in a cocktail shaker. Add 1 ounce (30 ml) of apple cider, 1/2 ounce (15 ml) orange liqueur and 1 1/2 ounces (45 ml) vodka. Shake vigorously with several ice cubes. Strain into a cocktail glass.

- Maple garlic cream: Sauté 2 cloves



(AP PHOTO/MATTHEW MEAD)

This March 9, 2015 photo shows a maple syrup sampler Grade A Light Amber, Grade A Medium Amber, Grade A Dark Amber, Grade B in Concord, N.H.

of thinly sliced garlic in 1 tablespoon (15 ml) olive oil until tender. Add 1 cup (250 ml) of heavy cream and bring to a simmer. Simmer the cream until thickened and reduced by half. Stir in 1/4 cup (65 ml) maple syrup and season with salt and black pepper. Serve over a pork chop or chicken.

- Maple-brown butter pan-roasted parsnips: Melt 3 tablespoons (90 ml) butter in a skillet. Cook until fragrant and browned. Add 2 pounds (1 kg) parsnips, cut into bite-size pieces. Season with salt and a pinch of red pepper flakes. Cook over medium heat, stirring frequently, until just tender, about 10 minutes. Add 3 tablespoons (45 ml) of maple syrup and continue to cook until tender and caramelized, another 4 to 5 minutes.

- Maple-blueberry milkshake: In a blender, combine 1/2 pint (250 ml) vanilla ice cream, 1/4 cup (60 ml) maple syrup, 1/2 teaspoon (2.5 ml) maple extract, 2/3 cup (160 ml) frozen wild blueberries and 1/2 cup (125 ml) milk. Blend until smooth.

- Maple eggplant agrodolce: Sauté a large thinly sliced onion and 1 tablespoon (15 ml) minced garlic in 2 tablespoons (30 ml) olive oil. Add a large diced eggplant and a pinch of salt and cook for 6 minutes. Add 1/2 cup (125 ml) red wine vinegar, 1/2 cup (125 ml) maple

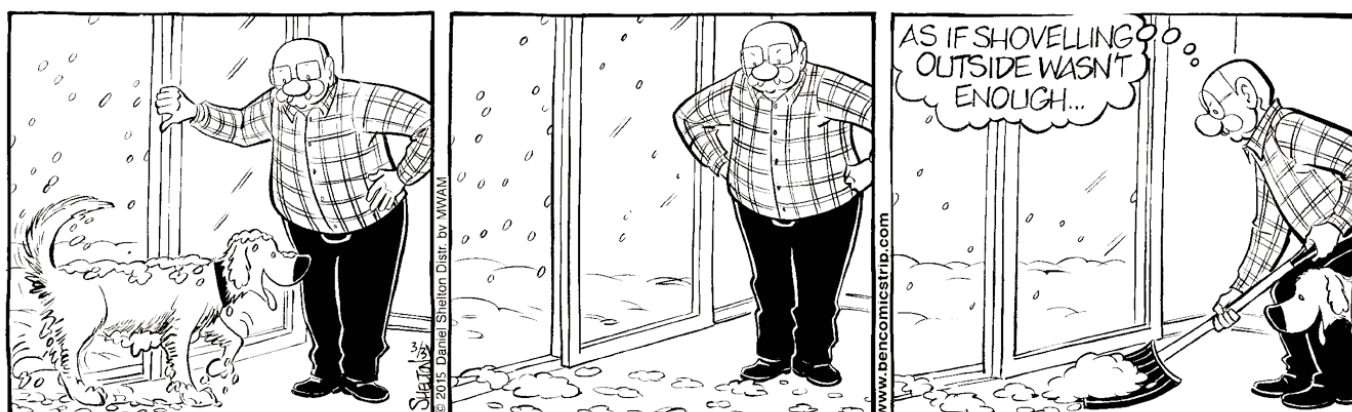
syrup, 3 tablespoons (45 ml) dried currants, 2 tablespoons (30 ml) capers and a 1/2 cup (125 ml) halved green olives. Cook for 5 minutes, then serve over pasta.

- Maple-rosemary pecans: In a small saucepan, combine 1/2 cup (125 ml) maple syrup with 2 tablespoons (30 ml) minced fresh rosemary. Bring to a simmer and cook for 5 minutes. Add 2 cups (500 ml) pecans and cook for another 10 minutes, stirring frequently. Spread on a baking sheet lined with kitchen parchment coated with cooking spray, sprinkle with salt, then bake for 7 to 10 minutes at 350 F.

- Maple-miso wings: Mix together 1 tablespoon (15 ml) baking powder, 1/2 cup (125 ml) maple syrup and 1/4 cup (60 ml) yellow miso in a four-litre zip close bag. Add 2 pounds (1 kg) chicken wings and let marinate for 8 to 24 hours. Drain the wings and place on a foil-lined baking sheet. Bake at 425 F (220 C) until crispy and cooked through, 25 to 35 minutes, turning once or twice.

- Maple-mint shortcakes: Gently mix 4 cups (1 l) mixed berries with 1/3 cup (80 ml) maple syrup and 2 tablespoons (30 ml) chopped fresh mint. Allow to marinate for 1 hour. Spoon over biscuits or angel food cake and top with whipped cream.

Ben by Daniel Shelton



LOCAL NEWS

"Right now it's not part of the high school. It is, but it's not"

Galt/Learning Centre reorganization moving forward

By Matthew McCully
Special to The Record
LENNOXVILLE

The Eastern Townships School Board council of commissioners unanimously adopted a resolution March 24 that will see the integration of Eastern Townships Learning Centre students into Alexander Galt Regional High School under a single administration.

The resolution affirms the board's belief in the model of inclusive education.

The resolution reads in part, "The Eastern Townships School Board believes that the preferred placement for students with special needs is the regular classroom."

The resolution followed a public consultation held the week before, which was attended by only two parents from the schools involved.

Presented by pedagogical services director Kandy Mackey, the resolution was prefaced by an explanation of the goal of the merger.

Mackey said the board had been considering the reorganization for some time, and began an in-depth study last spring. The conclusion was that putting all programs under one umbrella and

providing a single setting for all students would be in their best interest, and provide an environment of inclusiveness.

The resolution continued, quoting from the Education Act, "The right of every student to be integrated into a regular class or group if it has been established on the basis of the evaluation of the student's abilities and needs that such integration would facilitate the student's learning and social integration."

According to communications consultant Sharon Priest, Massey-Vanier High School already uses an integrated educational model similar to the one intended for Galt.

The consultation process leading up to the resolution included staff members, governing boards, students and parents of both Galt and the ETLC, as well as the Special Education Advisory Committee.

SEAC, comprised of parents and professionals, was consulted on March 11.

Chairwoman Cindy Veronneau said at least five parents attended the meeting, the minimum required for quorum.

"It was very positive," Veronneau said.

"The comments were reflective of what we always wanted," she said, explaining the mission of the board and SEAC has always been inclusion where abilities allow.

Separate schedules for the two schools pose challenges for Learning Centre students wanting to interact with peers at Galt, Veronneau said. She used the example of carnival and physical education classes, where timing conflicts keep the students separated.

Veronneau said parents want their child to feel, for lack of a better word, "normal" and be part of something bigger. "Being part of Galt will only increase that."

"Right now it's not part of the high school. It is, but it's not," she said, feeling positive about the reorganization.

Scott Stevenson, one of only two parents to attend the public consultation, said he believed notice of the meeting was well communicated. A note was sent home with his son, and the meeting notice was also posted on the front page of the Galt website's student bulletin.

Stevenson's understanding of the reorganization was that there could be in-

stances of some integration of students, but that there was no intention of adding to the burden of teachers in a general way.

The example used at the meeting, he said, was a student who struggles with languages, but is brilliant in math and science. With the schools separated, scheduling would not permit that student to attend classes where they could excel.

Representatives for the teachers are not yet prepared to comment.

Current collective agreement negotiations are still underway for the coming year. Until the level of support provided to teachers regarding coding and classroom sizes is clear, the impact of integrating the roughly 90 students from the Learning Centre into Galt is unknown.

The summary clause of the board's resolution reads, "By reorganizing the ETLC and AGRHS under one administration and one school, the ETSB will have an inclusive high school that will be able to maximize resources, offer programs that can be made available to all students, and share facilities in an equitable manner."

Magog group home welcomes mentally challenged

Record Staff

A partnership between a seniors' residence and the Memphremagog health and social services centre, has led to the establishment of La Maison la Traversée, a group home designed to allow people with mental illness to learn to live autonomously.

The Magog-based Maison can accommodate up to four people at a time and health system workers will stop by almost every day to provide support to residents struggling with "temporary disabilities."

La Maison la Traversée is located beside the Les Jardins de Magog seniors' residence on Victoria Street, with nearby shops providing an obvious advantage for tenants.

Tenants pay rent based on their financial capabilities and the health centre covers the difference between the amount paid by each tenant and the real cost of services.

"This new resource has been added to a diversified mental health service network thanks to the openness of the owners of Les Jardins de Magog, the listening and involvement of elected representatives of the City of Magog, and the creativity of CSSSM staff," CSSS acting director general Sylvie Moreault told local media, adding that the new establishment is quite unique in how it functions.

Marie-Josée Hince, co-owner of Les Jardins de Magog says she's been aware for several years that mental health needs were not being fully met in

Magog and says she is happy to be able to do her part to improve the situation.

"Supporting the integration of these people in their community affects us a lot. We are confident that the knowledge that these people receive will benefit them for the rest of their lives," she said.

The City of Magog initially authorized a one-year pilot project that did not permit the renting of rooms but allowed the planned formula to be tested before the building could be formally transformed.

The Comptoir Familial on Lasalle Street contributed a sum of \$2,500 to promote the implementation of the project through the purchase of tools and equipment and the complete the rehabilitation process.

Hummer wreaks havoc for Plessisville SQ

Record Staff

The Surete du Quebec parking lot in Plessisville was the scene of a mini-demolition derby early Sunday morning when a 44-year-old man broke into the detachment parking lot with a Hummer and crashed into several police cruisers.

Called to intervene at about 3:30 a.m., patrol officers stopped what they were doing to try to intercept the man, who refused to comply and caused a severe

head-on collision with a police car.

As the officers got out of their vehicle, they saw that the driver of the Hummer was bearing down on them.

Believing their safety to be in jeopardy, officers fired at least three times in the direction of the driver, who was wounded. The suspect was transported to the hospital with non life-threatening injuries.

Since the intervention included the use of a weapon and injury by police, the investigation in this case has been

assigned to the Montreal police department. According to preliminary information, the suspect has a violent criminal record and may be suffering from a mental health problem.

Montreal police deployed crime scene investigators and forensic identification technicians in the parking lot in an attempt to reconstruct the sequence of events. When his health allows, the suspect will appear in a Victoriaville court to face charges of armed assault and vandalism over \$5,000.

THE RECORD

and

Club Canin Estrie inc.
reconnu par le Club Canin Canadien

have 6 pairs of tickets to give away for the 2015 Dog Show, Championships in Conformation and Obedience, April 11 & 12, 2015

Centre J.A. Lemay
250 Georges-Guilbault
Windsor

Drawing will take place April 8, 2015 at 11:00 a.m.

Name: _____

Address: _____

Telephone: _____

Mail to: Dog Show Contest
The Record
1195 Galt Street East
Sherbrooke, QC
J1G 1Y7

Volunteering abroad with the Mae Sot Project: Some thoughts on sustainability

By Lauren Cavanagh

My departure from Mae Sot in December was bittersweet. It was filled with goodbyes from my students and fellow teachers, but only after an amazing visit from my parents and boyfriend. It was an honour to show my loved ones the place I fell in love with, and I think their visit helped them understand why Mae Sot had become my happy place. My parents went back to Canada, and my boyfriend and I continued our travels through Thailand, Myanmar, and Indonesia. Having him with me dulled the ache of leaving Mae Sot, but it didn't stop my brain from constantly processing the last six months of my life.

For a long time, I questioned whether I had made the right decision in leaving Mae Sot and not seeing through the academic year with my students. When I left, there was no one to take over my classes. I found myself wondering: doesn't that make what I did unsustainable? Wasn't there someone more qualified than I was who could have been a better teacher? Did my students benefit from my presence? Did I even make a difference?

Now that I am back in Canada and have had time to reflect, some of my questions have been answered. I realize that leaving Mae Sot with no one to take over my position did undermine the sustainability of my contribution. However, I also realize that the issue of sus-

tainability is a problem that many organizations and their partners face and a challenge that will require commitment and creativity to overcome, not only on the part of the organizations, but also on the part of the recipient communities.

I realize that the odds are that there are many people more qualified than I am who could have been a teacher for my ESL students. While I did take the Teaching English Grammar class at Bishop's University and participated in workshops to expand my skills as a volunteer teacher, there were many scenarios that I was unprepared for. However, as a graduate of political studies, combined with the training I did receive, I was able to teach to the best of my ability, and I learned along the way. My students learned along with me, and in many respects, they taught me just as much as I taught them.

Recently, I got some news that told me that my students did in fact benefit from my presence. I learned that six of my pre-GED students passed a written entrance exam for a GED (General Education Diploma) program in Mae Sot. I am overwhelmed with pride as I think of hours spent on grammar lessons and writing skills that have paid off for these six students. With that in mind, I realize that I have helped make a difference, no matter how small.

In light of these realizations, I can finally see the big picture of the Mae Sot Education Pro-



COURTESY

Lauren Cavanagh (standing) with some of her students. She was a volunteer with the Mae Sot program in the last half of 2014.

ject. With the project's support behind me, I was allowed the opportunity to grow on my own and with a school community. I learned, more than ever, the value of human connection and kindness and the importance of providing a helping hand without overriding community values or imposing direction that furthers unsustainable relationships between organizations and partners. A whole lot of good comes out of this pro-

ject, and at the end of the day, I think that's what matters most.

Lauren Cavanagh was a 2014 Mae Sot Education Project Volunteer

Editor's note: This article was provided by the Mae Sot Education Project, a community project based at Bishop's University and Champlain College. Since 2004, the program has provided assistance to six schools for migrant and refugee

youth from Myanmar whose access to education depends on support from the international community. The project's website is www.maesot.ubishops.ca.

The program will be holding its annual Thai-Burmese Dinner on April 25. To reserve a place at a table (or an entire table) call 819-346-7278. There is also a murder mystery dinner on April 19, and tickets are available from volunteer Jonah Baldwin at 819-588-2070.

Traditional skills at ACES

CONT'D FROM PAGE 1

According to Springate, students participated in four different workshops over the course of the week based on preferred they had indicated in advance. Each day had a morning and an afternoon workshop block of 90 minutes, followed by a recess. After that break students would return to their classes and write about their experiences in a special journal, using a photo taken during the previous block as a writing prompt. Six of the workshops ran on Monday, Wednesday and Friday, while the other six took place on Tuesday and Thursday.

"We've talked to them about how neural pathways are formed and how with practice things get easier because the brain recognizes what it's supposed to be doing," the principal said. "The kids are actually

starting to understand how that works."

The workshops, funded by a grant from the Eastern Townships School Board and with the help of support from the Townshippers' Research and Cultural Foundation, were reliant on the help of numerous community members.

The forms that went home to parents on which students' preferences were to be indicated also invited parents and grandparents to come and get involved.

"The parents mostly couldn't, but the ones who are having the most fun are the grandparents," Springgate said, explaining that the week of activities saw community participants from all ages: Toddlers right up to grandparents. "They're having a hoot; they come in here and really interact with the children, they give really generously of their time

and ask for nothing in exchange."

Asked about the motivation behind the week, Springate said that above all it was just to do something fun and different that still had an educational element, but she then added that the intergenerational element really brought to her attention the importance of schools as community gathering points.

"Ayer's Cliff Elementary is a strange community because the majority of our children come from Coaticook now," the principal said.

"What makes the community here is the children; it's not geographical or linguistic, it really is the children that bring us together. There's nothing else that does that in the same way anymore, and I really see that as being the schools' role going into the future."

The creations of the ACES



GORDON LAMBLE

Square dancing was also on the agenda at Ayer's Cliff Elementary School last week.

students will be on display Wednesday night when the school once again opens its

doors to the community for a spaghetti supper and official opening.

GRIS Estrie seeking \$20,000

By Gordon Lambie
SHERBROOKE

The Groupe Regionale d'Intervention Sociale de l'Estrie (GRIS Estrie) launched its 2015 fundraising campaign on Monday, with the goal of raising \$20,000 by May 23.

Though only active in the Eastern Townships since June of 2014, GRIS has been working to promote the improvement of living conditions for and integration of sexual minorities in Quebec for more than 20 years through interactive, bilingual workshops focused on the demystification of homosexuality and bisexuality, mainly in a school setting. The Eastern Townships chapter is the fifth regional division of the organization to form, and has already engaged with more than 1,500 local youths in its nine months of existence.

"More and more people know a brother, a sister, a friend, or a coworker who identifies as homosexual," said Myriam Pelletier Gilbert, president of GRIS Estrie.

"Supporting GRIS is supporting all of this family of people; supporting GRIS is cultivating diversity."

Pelletier Gilbert explained that the organization works on a very simple premise. With a team of 20 volunteers, all of whom identify as homosexual or bisexual, teams of two lead basic question-and-answer workshops with students in their own classrooms. Workshops are scheduled on demand by schools, not the other way around, and only feature a short biographical component on each of the presenters outside of the time reserved for answering students' questions.

"Students in high school are looking for their identity, it might not be their sexual identity, they're just looking for everything in life," said Veronique Bougie, GRIS Estrie's training co-ordinator. "The questions are mostly about bullying or how (coming out) went with parents or friends."

Both Bougie and Pelletier Gilbert described the work done so far as extremely positive and expressed high hopes about what can be accomplished in the coming year if the organization can meet its fundraising goal.

"I come from a situation where homosexuality was very well accepted in my family. The need for an organization like GRIS was something that I never thought of. It was only in speaking with others and in opening my eyes a little more that I became aware of how an organization like this one is important," said Renelle Anctil, co-owner of Sherbrooke's Rona L'entrepot store and honorary co-chair of the campaign along with former provincial health minister Réjean Hébert.

"The objectives of GRIS are not off in all directions, it's very concentrated on workshops with youth. It's not an unattainable dream, it is something very concrete; a targeted objective with concrete results."

Anctil praised the organization's preventative approach to homophobia, stating that real growth in society does not come from always just reacting to crises.

Hébert spoke of the dream of one day attending the closing down of GRIS because it will no longer be necessary.



GORDON LAMBIE

Dr. Réjean Hébert, the former provincial health minister, was named the honorary co-chair of the GRIS Estrie 2015 fundraising campaign yesterday.

"Sadly this is just a dream," the former minister of health said. "GRIS is still necessary, and more necessary than ever right now, because there is no sex education in our schools."

Hébert lamented the fact that there is no formal training for teachers to help students face the big questions of sexual identity, sharing the fact that he only came to terms with his own homosexuality at age 40.

"For me what was hardest was to come out to myself," Hébert shared. "The moment I came to grips with it in myself, a great weight was lifted from my shoulders. After that, to tell those who were close to me, my family and colleagues, was nothing."

The former MNA said that supporting GRIS in its mission was easy for him as

he strongly supports its mission of helping teens accept and discover their own sexual identity while also supporting diverse identities in others.

"We have a tendency to forget, because we live in Quebec and we have the impression that we are a very free and open society, that there is no work left to be done with regard to homophobia," said Louis-Philippe Hébert, who served as master of ceremonies for the campaign launch. "This is not the case."

GRIS Estrie is accepting donations through its webpage www.grisestrie.org, but is also selling T-shirts and other merchandise for the support of the cause. A special fundraising concert will also be held in the Alfred Des Rochers hall of the CEGEP de Sherbrooke on May 23. Tickets for the concert are for sale on

the website for \$35. On top of that, Rona will be selling gardening gloves for the benefit of GRIS.

According to Bougie, workshops have already taken place at both Alexander Galt and Richmond Regional High Schools over the past few months. Looking into the next year she said the group is working on meetings with Stanstead College and some local elementary schools.

"We've met a lot of students in English," the training coordinator said, adding that the organization is also open to meeting with non-school groups. "We go into workplaces, we go into community organizations, and student associations; the demand is not big right now, it's mostly schools, but we're open to the idea."

CONCERT TICKETS TO GIVE AWAY

The Record has 1 pair of tickets to attend the O.S.S. Orchestre Symphonique de Sherbrooke, on April 11, 2015 at the Centre Culturel, University of Sherbrooke.

75th
2014-2015 SEASON

ORCHESTRE
SYMPHONIQUE
DE SHERBROOKE

BMO Groupe financier

SOIRÉE MOZART | SATURDAY, APRIL 11 | 8 P.M.
Guest conductor: Mathieu Lussier

1st half: Mozart's most beautiful concertos performed by 5 principal players of the OSS • 2nd half: Symphony No. 40



Hubert Tanguay-Labrosse, clarinet



Éveline Grégoire-Rousseau, harp



Christian Beaucher, french horn



Annik Sévigny, flute



Vincent Boillard, oboe

TICKETS ON SALE
AT 819 820-1000

Centre culturel SHERBROOKE

Discounts for students (starting at \$13) and seniors (starting at \$28)

Pre-concert lecture by Louis Brouillette, PhD in Musicology



To win, just call The Record on Thursday, April 2 at 9:30 a.m.
819-569-9525

EDITORIAL

Although only the rare farmer would admit it, but those working in this field are in need of psychological support from time to time.

Farming not always idyllic



SUSAN MASTINE

Those not closely associated with farm life often regard it as an idyllic occupation. They envy the time spent in the fresh air, the experience of being with animals, the close link with nature. Yes, these are the rewards. But few non-farmers have a sense of the challenges and potential hazards of earning a living from the land.

Among the elements having an impact on the success of a farming operation, the weather is the factor that most people are aware of. Yes, the weather plays a major role in the bounty and quality of a season's crops. But the weather also affects the physical and mental health of farm families. Exposure to cold, heat, sun, wind, and rain can take its toll on the body. And the uncertainty and fickleness of Mother Nature can take its toll on the mind – making planning and scheduling difficult on one hand, and causing stress, tension, frustration, anxiety... on the other.

The environment is another significant issue in the agricultural industry – of course in terms of the impact that the farming enterprise's activities has on the land, air, and water and the need to follow ever-more-stringent regulations. But also in terms of the farm workers' exposure to their surroundings along with the inherent risk of inhaling dust from hay, straw, or grain or of breathing in toxic fumes from fuel, silage, or chemicals.

For those in the livestock business, the health of animals is vital. Sickness, disease, parasites, and attacks by other beasts can be disastrous. On the other end of things, animals themselves have the potential to inflict serious physical harm on their keepers.

The repetitive nature of certain farm

tasks can prove detrimental to health due to prolonged stress on the same muscles. Monotonous work can cause near-fatal or even deadly accidents due to the ensuing fatigue or lack of concentration.

Financial worries are far from minor in the farmer's world. As always, producers face ever-increasing production costs and fluctuating market prices, not to mention the sometimes sudden need to replace broken parts or entire machines.

Then there is the equipment – machines and tools with their own set of effects on producers. Sometimes requiring awkward physical gestures; often emitting excessive noise; and all too frequently posing dangers when working with them, especially if there is unanticipated movement or loose clothing in the vicinity.

The tragic accident that claimed the life of four-year-old Éloi Fleury of St-Albert near Victoriaville earlier this month is a dreadful reminder of what can go wrong when children and machines are in close proximity. (A heartless member of that community wrote on the funeral home's page featuring the boy's death notice that a farmyard is not a playground. There can be no blame in such a situation.)

Although only the rare farmer would admit it, but those working in this field are in need of psychological support from time to time. St-Herménégilde psychologist Pierrette Desrosiers, a Townshippier with deep farming roots of her own, recognized this years ago. How is a farm family to cope with the many hazards and challenges it must face? Who can help the farmer as a person? She was keen to tackle these questions and to be that person.

She ignored naysayers convinced she



would never find work as a psychologist in the agricultural sector. Now, with 15 years of experience, she continues to devote her practice to the emotional well-being of those in the rural milieu, giving speeches, providing training, serving as an individual and team coach, and writing articles for publications like the Quebec Farmers' Advocate and the Country Guide – all this to help farmers achieve success in life and business by learning to better cope with the challenges of farming by better managing their stress levels.

One of the tools Desrosiers has developed is the Farm Stress Inventory – a list of 60 potential stress generators, ranging from a “sudden and significant increase in debt load” to a “delay in

planting or harvesting due to weather” and from “breeding or reproductive difficulties with livestock” to the “need to learn and adjust to new government regulations and policies.” The list is quite amazing.

Desrosiers is just ending a tour of several communities in France at the invitation of agricultural development women's groups to address the themes of successful farming operations, emotional intelligence, productivity and well-being, and psychosocial risks more and more frequently found among agricultural producers.

Is farming idyllic? Yes. Are there serious challenges and dangers in farming? Yes. Is it worth it? Yes. Do farmers sometimes need help? Yes.

Letters

DEAR EDITOR:

I was appalled at the news on Global Montreal last week, when they said there was too much English being spoken by the construction workers at the CHUM, that that was a French hospital.

Do they think that only the French pay into that place? I am English and I go there at least two days every three weeks and my \$12 is just as helpful as a French-speaking person. The construction workers should be allowed to speak in their own language.

And I belong to two English organizations and I know they give a generous donation every year at

campaign time. There is also a lot of English being spoken where we pay the parking ticket.

If it weren't for the English, that hospital wouldn't be, as the government took everything away from the English so we had to go and give our money to the French hospital. The English hospital had free parking.

So I think the French better pull their toes back in before they get stepped on. I thought this was supposed to be a country with freedom of speech. The PQ are not in power, are they?

JUDY STATTON BURY

The Record welcomes your letters to the editor. Please limit your letters to 300 words. We reserve the right to edit for length, clarity, legality and taste. Please ensure there is a phone number or email where you can be reached, to confirm authorship and current town/city of residence. Names will not be withheld but the address and phone number of the writer are not published, except by request. Preference is given to writers from the Eastern Townships.

THE RECORD

1195 Galt East, Sherbrooke, Quebec J1G 1Y7
FAX: 819-821-3179

E-MAIL: newsroom@sherbrookerecord.com
WEBSITE: www.sherbrookerecord.com

SHARON McCULLY PUBLISHER (819) 569-9511
JOHN EDWARDS NEWS EDITOR (819) 569-6345
STEPHEN BLAKE CORRESP. EDITOR (819) 569-6345
SERGE GAGNON CHIEF PRESSMAN (819) 569-9931

DEPARTMENTS
ACCOUNTING (819) 569-9511
ADVERTISING (819) 569-9525
CIRCULATION (819) 569-9528
NEWSROOM (819) 569-6345

KNOWLTON OFFICE
5B VICTORIA STREET, KNOWLTON, QUEBEC, J0E 1V0
TEL: (450) 242-1188 FAX: (450) 243-5155

PRINT SUBSCRIPTIONS

QUEBEC:		GST	PST	TOTAL
1 YEAR	135.60	6.78	13.53	\$155.91
6 MONTHS	71.19	3.56	7.10	\$81.85
3 MONTHS	36.16	1.81	3.60	\$41.57

ON-LINE SUBSCRIPTIONS

QUEBEC:		GST	PST	TOTAL
1 YEAR	71.50	3.58	7.13	\$82.21
1 MONTH	6.49	0.32	0.65	\$7.46

Rates for out of Quebec and for other services available on request.

The Record is published daily Monday to Friday. Back copies of The Record are available.

The Record was founded on February 9, 1897, and acquired the Sherbrooke Examiner (est. 1879) in 1905 and the Sherbrooke Gazette (est. 1837) in 1908. The Record is published by Alta Newspaper Group Limited Partnership.

PM#0040007682

Return undeliverable Canadian addresses to The Record, 1195 Galt East, Sherbrooke, QC J1G 1Y7

Member
ABC, CARD, CNA, QCNA

Local Sports

"I'm looking forward to joining the Gaiters," he added. "I want to prove that I can make a difference right away as a freshman."

Gaiters add another piece of rebuilding process

By Mike Hickey
Special to the Record

The Bishop's men's basketball team is headed for a rebuilding season after losing seven key players from this year's championship team and head coach Rod Gilpin added another piece to the pie with the announcement that St-Bruno native Nick Harvey has signed with the Gaiters.

Harvey is the second big man to sign for the 2015-16 season, joining Owen Martel.

Among the graduating Gaiters are three players six-foot-six or taller and the BU coaching staff has brought in

the 6-7 Harvey and the 6-6 Martel to anchor the team inside the paint for years to come.

While Martel started played hoops competitively in Grade 7, Harvey is a relative newcomer to the sport and he credits Gaiters' assistant Craig Norman in helping him make the transition from hockey to basketball.

"I've only played basketball for three years; I was a hockey player before," Harvey said. "Coach Norman saw me playing on my city team convinced me to play for Champlain. It hadn't crossed my mind that I could play at that level."

Harvey, who averaged nearly

eight points and six rebounds a game for the provincial CEGEP Division 1 champions Champlain-St. Lambert Cavaliers this past season and will study business at BU, feels he is a perfect fit for the Gaiters

"I loved the atmosphere of the campus as soon as I arrived to visit," he said. "I felt it was the best environment for me to develop as a player and as a person. "I'm looking forward to joining the Gaiters," he added. "I want to prove that I can make a difference right away as a freshman."

The Champlain-St. Lambert product is a hard worker who thrives on physical play. He's

tough inside, always battling for rebounds and uses his athletic frame to his advantage.

Gilpin believes that Harvey will be able to contribute in his rookie season.

"Nick has a great work ethic and is a high level athlete," the veteran coach said. "He is just

scratching the surface of his potential but already has good of fensiveskills that will continue to develop. We will need him to contribute right away after losing the guys that we did this year. I certainly think that he will be able to step in and compete right away."

Phoenix playing Game 3

Record Staff
SHERBROOKE

landers was still in progress at press time.

The teams came into last night's game in Charlottetown tied at one game apiece.

Visit www.sherbrookerecord.com for the full recap of last night's result.

Last night's Game 3 of the Quebec Major Junior Hockey League first-round series between the Sherbrooke Phoenix and Charlottetown Is-

Pelletier's late goal gives Maroons early lead in senior hockey final

Record Staff
WATERLOO

Guillaume Pelletier's goal with just a minute left in regulation time gave the Waterloo Maroons a 5-4 victory over the Lac-Mégantic Turmel-Desjardins in Game 1 of the Eastern Townships Senior Hockey League final. The win, in front of 602 fans at Jacques Chagnon Arena put the Maroons up 1-0 in the best-of-seven championship series.

Several seconds earlier, it was Lac-Mégantic who thought

they had broken the 4-4 tie, but their apparent goal was disallowed after the referee ruled that it had been kicked into the net.

The Maroons had taken a 2-0 lead in the first period on goals by Jonathan Delorme and Maxime Roy halfway through the period. Jonathan Duchesneau cut the lead in half with 28 seconds left, on the power play.

Samuel Morneau restored the host's two-goal lead at 11:50 of the second period on a two-man advantage. Philippe

Bolduc replied for Lac-Mégantic with a power-play marker at 17:45.

Alex Côté put the Maroons up by two, again, with a goal at 4:57 of the third. Éric Côté, on the power play, and Kevin Hamel tied the game for the Turmel-Desjardins.

Waterloo fired 40 shots at Kevin Lachance, while Bryce Luker face 34 shots for the Maroons.

The series continues on Friday at 9 p.m. in Lac-Mégantic. Game 3 is in Waterloo on Saturday at 7:30 p.m.



COURTESY LHSCE / SANDRA CHARETTE

Guillaume Pelletier celebrates after scoring the game-winning goal in Game 1 of the league championship series, Sunday in Waterloo.

Final Four field is set: Kentucky vs. Wisconsin, Michigan State vs. Duke

By Jim O'Connell
The Associated Press

If you liked the look of last year's Final Four, you will love the 2015 edition.

One game — Kentucky vs. Wisconsin — is not only a matchup of two No. 1 seeds, it's a replay of last year's semifinal won by Kentucky, 74-73.

Seventh-seeded Michigan State will face Duke, a four-time national champion led by coach Mike Krzyzewski, who is in his 12th Final Four, tying the legendary John Wooden.

It is the fifth time at least three No. 1 seeds reached the Final Four. The only top-seed sweep was in 2008.

This is the third straight year one conference has had two teams in the Final Four with Wisconsin and Michigan State coming from the Big Ten. The Southeastern Conference did it last year with Kentucky and Florida and the Big East had Louisville and Syracuse in 2013. The end of the tournament

will have plenty to watch, from Kentucky's unbeaten streak to a matchup of some of the game's top coaches. Here's a peek at what to look for in Indianapolis:

MEETING AGAIN: No team has attracted the attention that Kentucky has. The Wildcats (38-0) are two wins away from becoming the first undefeated national champion since Indiana in 1976.

Kentucky survived its toughest test of the tournament in the regional semifinals with a 68-66 victory over Notre Dame that came down to the final possession.

"We figured out a way to win it. We've had other tests, but we have a will to win," Wildcats coach John Calipari said.

Now they get to face Wisconsin, which like Kentucky, is making its second straight Final Four appearance.

Last year's national semifinal came down to a big jumper by Aaron Harrison with 5.7 seconds left.

"That loss left a sour taste in our mouth, so we wanted to get back," Wisconsin's Sam Dekker said of the loss to Kentucky. "As a team we set some goals of what we wanted to do, and now we're two games away from our last goal."

COACHING ROYALTY: Tying UCLA's Wooden puts Krzyzewski one appearance ahead of Dean Smith, who made 11 trips to the Final Four. Coach K is tied with Adolph Rupp for second in titles with four.

"I'm in this moment. I've been so lucky to be at Duke for 35 years and in the ACC, and the great players we've had and my past is not important right now," Krzyzewski said.

"My present is incredibly important and just being with these kids and sharing this moment and this Final Four, I'm so happy. I'm so happy for them and to be with them. ... I love my team. I love my team. They are a pleasure to be with, and as a result they're taking me to

Indy, which is kind of neat."

All the coaches except Wisconsin's Bo Ryan, who made his Final Four debut last year at age 66, have won a national championship. Michigan State's Tom Izzo won it all in 2000, while John Calipari took the title with Kentucky in 2012.

SPARTY PARTY: Of the four teams headed to Indianapolis, only Michigan State didn't have an impressive regular season. The Spartans had 11 losses, four more than the other three teams combined. They were 18th in the AP's preseason poll and were out of the rankings for most of the season, getting back in the final poll at No. 23.

But relying on coach Tom Izzo's trademark offensive rebounding and team defence, Michigan State made the improbable run to the Final Four.

"I'd like to tell you that I thought five different times this year that we were good enough to get to a Final Four, but I'd be lying to you," Izzo said, adding this was the best of

his seven regional final victories. The team didn't want to be a group that didn't make it, and that was a "battle cry" all year long, Izzo said.

UNBEATEN TEAMS: Kentucky is the first undefeated team to reach the Final Four since UNLV in 1991. The Runnin' Rebels lost in the national semifinals to Duke, which went on to win the first of consecutive championships.

Indiana State was the last team to do it before UNLV, in 1979 when the Sycamores, led by Larry Bird, lost in the championship game to Michigan State and Magic Johnson.

BIG WINNERS: The combined record for the four teams of 133-18 ranks as the fifth-highest winning percentage ever (.881). The 2008 Final Four of Kansas, Memphis, North Carolina and UCLA hold the record for the best winning percentage since the field expanded to 64 teams in 1985. The four entered with a 143-9 mark, a .941 winning percentage.

Death



**Alice
HEATH ANDERSON
(1934-2015)**

Passed away peacefully at the CHUS in Sherbrooke, March 26, 2015 at the age of 80 with her daughter by her side. She was the daughter of the late Robert Heath and Winnifred Wilson. She was the beloved wife of the late Robert Anderson.

Alice leaves behind her loving children Larry (Jane), Lois, Jerry (late Rodney, Timothy); her grandchildren Rebecca, Sylvie, Steve, Mariah Zacarie; her great-grandchildren Anthony, Tyler, Tamika, Tristan, faith Alexia, Elodie, Tearah. She is also greatly missed by her loving sister Gilda (Rupert), her loving brothers Ian (Betty); late Keven (Aggie), late Bruce (Allen), late Russell (Geraldine), and also brothers-in-law and sisters-in-law, many nieces, nephews and friends.

Alice's family would like to extend a special thank you to the Manoir Lac Brome for the wonderful, loving daily care given to her. Also, a great thank you to nurse Abby Paige of the CHUS for the care given to Mrs. Heath.

The family will receive condolences at LES RÉSIDENCES FUNÉRAIRES BESSETTE IN WATERLOO, Friday, April 3, 2015 from 7 to 9 p.m. and Saturday, April 4, from 10 a.m., followed by a funeral service in the chapel, officiated by Wayne Hutchison, at 1 p.m.

LES RÉSIDENCES FUNÉRAIRES BESSETTE
5034 Foster St., Waterloo QC
www.famillebessette.com

PHONE: 450-539-1606
or 1 888 730-6666
FAX: 450-539-3035

MEMBER OF C.T.Q.

Datebook

TUESDAY, MARCH 31, 2015

Today is the 90th day of 2015 and the 12th day of spring.

TODAY'S HISTORY: In 1889, the Eiffel Tower was dedicated in a ceremony in Paris.

In 1930, the Motion Pictures Production Code was adopted to regulate mature content in movies.

In 1968, President Lyndon Johnson announced a halt to bombing missions over North Vietnam and closed the televised speech with the announcement that he would not run for re-election.

In 1995, singer-songwriter Selena was murdered by the former president of her fan club.

TODAY'S BIRTHDAYS: Rene Descartes (1596-1650), philosopher/mathematician; Joseph Haydn (1732-1809), composer; Jack Johnson (1878-1946), boxer; Cesar Chavez (1927-1993), labor leader; Gordie Howe (1928-), hockey player; Liz Claiborne (1929-2007), fashion designer; Herb Alpert (1935-), musician; Christopher Walken (1943-), actor; Al Gore (1948-), former U.S. vice president/senator; Rhea Perlman (1948-

), actress; Angus Young (1955-), guitarist/songwriter; Ewan McGregor (1971-), actor; Jessica Szohr (1985-), actress.

TODAY'S FACT: Gustave Eiffel built metal structures all over the world, but he also designed railway bridges and the interior structure of New York's Statue of Liberty.

TODAY'S SPORTS: In 1975, Hall of Fame coach John Wooden announced his retirement during the post-game press conference after leading his UCLA Bruins to a 92-85 win over the Kentucky Wildcats and earning his NCAA-record 10th national title.

TODAY'S QUOTE: "If you really want to make a friend, go to someone's house and eat with him ... the people who give you their food give you their heart." — Cesar Chavez

TODAY'S NUMBER: 2,212 — Broadway performances in the 15-year run of "Oklahoma!" The Rodgers and Hammerstein hit debuted on this day in 1943.

TODAY'S MOON: Between first quarter moon (March 27) and full moon (April 4).

Fordyce Branch Woman's Institute

The members of Fordyce Branch W.I. have taken to heart, the advice given that there should be more laughter in the meetings because at the meeting held in Emmanuel United Church hall on March 4, beginning at 1 p.m. was full of it.

President Norma Sherrer welcomed everyone especially Reverend Eric Lukacs, the new Minister at Emmanuel, who was interested in finding out what the W.I. was all about. President Norma then read a poem, "An Irish Blessing - At the end of every rainbow, May you find a pot of gold. At the end of every evening, may you have a dream to hold. At the end of every nighttime, may you find a sunny day. And may every moment, bring a smile to steal your heart away." She then told this joke: "A mother took her 5 year old son with her to the bank one noon hour. They stood behind a very heavy woman with a pager. As they stood there the boy said in a very loud voice, "Gee she's fat!" His mother whispered in his ear to keep quiet. A couple of minutes later he spread his hands as far as they would go and said "I'll bet her butt is that wide." The woman turned around and glared at him and his mother gave him a scolding. Just as the heavy set woman reached the front of the line her pager went to giving a "beep, beep, beep." The little boy then yells out "Run for your life, she's backing up."

Following the Mary Stewart Collect, Salute to the Flag and "O Canada", Happy Birthday was sung to Edwina Bougie (24). Motto for the month was "Television is a medium - they call it that because a lot of stuff you see on it is neither rare nor well done."

With the Roll call being "What culture do you admire besides your own, and bring cookies for the Group homes." Many cultures were mentioned and

given with the reasons why. It was very interesting.

Elizabeth Miloy, Secretary, read the minutes of the February meeting, which were accepted as read.

Business Arising - County meeting in Stanbridge East on March 24. Delegates chosen were June Lamey and Marilyn Mahannah. Six members plan to attend. June Lamey will take charge of a sales table. Desserts will be made by some of the members for said meeting. Vesty's Bulbs, Seeds Catalogues were handed out with orders to be received at the next meeting.

Correspondence read - Invitation to County Meeting from members of Stanbridge East W.I.

Treasurer June Lamey read her report, which was accepted as read. There were no bills.

Under New Business, the Federated News Growing a Healthier You, Handicrafts for Convention and Essay Contest were all discussed. As the program for the meeting was under Publicity and Awareness, so as Chairperson, I told a joke, "An elderly woman stood each morning on her porch and raised her arms as she shouted "Praise the Lord." No one paid attention until and Atheist moved in next door to her. After listening to her for some time went out on his porch and when she had finished yelling "Praise the Lord" she continued with "O, Lord I hate to bother you but I am out of food and have no money to buy some." The next morning, when she opened her door, there were bags of groceries on her deck, enough for a month. Raising her arms high, she yelled "Praise the Lord and thank you, thank you for the food you gave me." The atheist yelled, "There is no Lord. I paid for that food and left it there." After a few minutes of silence, the woman again raised her arms and said "Thank you Lord for that food and especially for making the devil pay for it."

Papers were handed out for the members to read new definitions of words. Adult - A person who has stopped growing at both ends and is now growing in the middle. Secret - Something you tell to one person at a time. Tomorrow - One of the greatest labour devices of today. Wrinkles - Something other people have, similar to my character lines. A game, naming body parts of the body from clues, was played with the winners being June Lamey and Marilyn Mahannah; the rest received a small chocolate bar.

Coins for friendship and social donations were collected.

Reverend Eric Lukacs, noting that the meeting was drawing to a close, said that he felt that he must tell a joke also. "Three boys in one family were the bane of the community. Someone suggested that the mother speak to the minister, hoping that he would speak to them. The minister agreed and said that he would like to speak to the youngest first. The eight year old boy went to the minister's office and sat down and the minister said "I want you to tell me where God is." The boy still sat saying nothing. At last the minister, who was a very large man, said "WHERE IS GOD?" The boy jumped up, ran out of the office, straight home, up the stairs and under his bed. His older brother came up and said, "What is wrong with you?" The boy put his head out from under the bed and said, "Are we in deep trouble. They lost God and they think we had something to do with it."

After Grace was said, a delicious "Pot Luck" tea was enjoyed by all before heading home.

*Until next time,
Evelyn Lewis (Publicity)*

RATES and DEADLINES: ANNOUNCEMENTS & NOTICES

BIRTH NOTICES, CARDS OF THANKS, IN MEMORIAMS, BRIEFLETS:
Text only: 40¢ per word. Minimum charge \$10.00 (\$11.50 taxes included)
Discounts: 2 insertions or more: 15% off
With photo: additional \$18.50. **DEADLINE:** 11 a.m., day before publication.
BIRTHDAY, ANNIVERSARY & GET-WELL WISHES, ENGAGEMENT NOTICES:
Text only: \$16.00 (includes taxes)
With photo: \$26.00 (\$29.90 taxes included) **DEADLINE:** 3 days before publication.
WEDDING WRITE-UPS:
\$26.00 (\$29.90 taxes included) WITH PHOTO: \$36.00 (\$41.40 taxes included)

Please Note: All of the aforementioned (except death notices) must be submitted typewritten or neatly printed, and must include the signature and daytime telephone number of the contact person. Can be e-mailed to: clas-sad@sherbrookerecord.com - They will not be taken by phone.

DEADLINES FOR DEATH NOTICES:

For Monday's paper, call 819-569-4856 between 1 p.m. and 5 p.m. Sunday.

For Tuesday, Wednesday, Thursday or Friday's edition, call 819-569-4856 or fax 819-569-1187 (please call to confirm transmission) or e-mail: production@sherbrookerecord.com between 9 a.m. and 5 p.m. the day prior to the day of publication. The Record cannot guarantee publication if another Record number is called. Rates: Please call for costs.

TOWNSHIPS' CRIER

TOWNSHIPS

If you want to drink, that's your business. If you want to stop, we can help. Call Alcoholics Anonymous 1-888-424-2975, www.aa.org

SHERBROOKE

The Royal Canadian Legion, Branch #10, 971 Galt St. East, Sherbrooke hold the following events every week. Wednesday: Bean Bag Toss fun afternoon at 1:30 p.m. Friday: Suppers at 5 p.m., Fun Darts at 7 p.m. Saturday: Music at 8:30 p.m. Sunday: Music at 1:30 p.m. Come out and support the Legion. Info: 819-563-4944.

LENNOXVILLE

Cribbage tournament to be held at A.N.A.F. Unit #318 "The Hut", 300 St. Francis, Lennoxville on Thursday, April 2. Registration at 7:00. Profits to go to the A.N.A.F. Renovation fund. Everyone welcome, bring your partner.

LENNOXVILLE/WATERVILLE

Lennoxville and District Community Aid will hold a Blood Pressure clinic on Tuesdays, April 14 and May 12, from 1:30 p.m. to 2:30 p.m., at 164 Queen St., Suite 104, Lennoxville. Please note new time.

NORTH HATLEY

Lennoxville and District Community Aid will hold a Blood Pressure clinic on Fridays, April 3 and May 1, at the Library, 165 Main St. N., from 10 a.m. to 11:30 a.m.

LENNOXVILLE

Uplands is pleased to announce that there will be an Easter Tea being served on Saturday, April 4 from 1:00 to 4:30 p.m. A special Easter treat will be served along with our traditional tea service. For more information please call 819-564-0409.

LENNOXVILLE

There will be 500 cards played at "The Hut",

A.N.A.F. Unit #318, 300 St. Francis Street, Lennoxville, on Wednesday, April 1 at 1:30 p.m. Everyone welcome.

SOUTH DURHAM

South Durham United Church: Easter Service on April 5 at 9:15 a.m. with Tracey Badger, Lay preacher in Training, and on Sunday, April 26 at 9:15 a.m. with Rev. Reg Jennings.

STANSTEAD

3rd annual Music Jamboree to benefit the Children's Wish Foundation on Saturday, April 25 at the Stanstead Legion, 15 Maple St., 1 p.m. until closing. All musicians welcome. All proceeds go to the Children's Wish Foundation. Info: 819-876-5844.

LENNOXVILLE

St. Andrew's Presbyterian Church, 256 Queen St., Lennoxville, 819-569-3100. Minister: Rev. John Barry Forsyth. Easter Services. April 2, 7:30 p.m. Maundy Thursday Service; April 3, 10:30 a.m. Good Friday Service at Lennoxville United; April 3, 8 p.m. Good Friday Evening, Tenebrae Service; April 5, 10:30 a.m. Easter Sunday morning service. All welcome.

MAGOG

Good Friday March of the Cross, April 3. The churches of Magog invite all to join in an Ecumenical Service that will commence at 9:30 a.m. at St. Luke's Anglican Church (120 rue des Pins), then processing with the Cross to St. Paul's United Church (211 rue des Pins) at 10 a.m., and then to l'Église St-Patrice (115 Merry N.) at 10:30 a.m., followed by a time of fellowship with hot cross buns, tea and coffee at the Parish Hall. The Good Friday Procession of the Cross is a time of silent Christian worship. Those who share in the walk in silence feel a unity in Christian hope.

CLEVELAND

Fundraiser: Scout-style Easter Hunt at Camp Kinagalawi (Spooon Pond), 472 Jacques Road in Cleveland, on Monday, April 6 from 10 a.m. to 2 p.m. (April 7 in case of rain). Hunt for the Easter bunny, crafts, roast hot dogs on campfire. Admission charged, beverage and hot dogs included.

AUSTIN

M.S. Branch 2000's Easter Fun Afternoon and Pot Luck Supper, Sunday, April 5, 1:30 p.m. to 6 p.m., at the Municipal Hall, Millington Road, Austin. Music by Jimmy Edwards and the Country Folks. B.Y.O.B. Chips and soft drinks for sale. We are bringing the Ham, you can bring whatever you want to help make this the best pot luck Easter Supper ever!

SHERBROOKE (LENNOXVILLE)

Friday, April 10 at 3 p.m.: Free conference-concert and afternoon tea for seniors at the Uplands Cultural and Heritage Centre (9 Speid St.). Dr. Jack Eby from Bishop's University will be speaking about "The Genius of Giuseppe Verdi" and about the composer's opera Otello, complete with video demonstrations. This talk is part of the "Autumn Genius" series being presented by the Estria Quintet, in collaboration with Uplands. The series pays tribute to composers and performers who have made significant artistic contributions at a later age. Anyone who wishes to attend, must book in advance as places are very limited. To make a reservation, please contact Pauline Farrugia at 819-842-1072 or at estria@cgocable.ca. This wonderful series is made possible thanks to the financial support of the Conférence Régionale des Élus de l'Estrie and the Secrétariat aux aînés. More information on the series at http://pages.globetrotter.net/estria

NORTH HATLEY

Friday, April 10 at 11 a.m.: Free conference-concert and a light lunch for seniors at UU Estrie Church (201 Main St.). Dr. Jack Eby from Bishop's University will be speaking about "The Genius of Giuseppe Verdi" and about the composer's opera Otello, complete with video demonstrations. This talk is part of the "Autumn Genius" series being presented by the Estria Quintet, in collaboration with UU Estrie Church. The series pays tribute to composers and performers who have made significant artistic contributions at a later age. Anyone who wishes to attend, must book in advance as places are very limited. To make a reservation, please contact Pauline Farrugia at 819-842-

1072 or at estria@cgocable.ca. This wonderful series is made possible thanks to the financial support of the Conférence Régionale des Élus de l'Estrie and the Secrétariat aux aînés. More information on the series at http://pages.globetrotter.net/estria

SHERBROOKE (LENNOXVILLE)

The Estria Woodwind Quintet presents "The Three Winds" on Saturday, April 25 at 8 p.m. at St. Andrew's Presbyterian Church (256 Queen). Come and hear the music of Telemann, Mozart, Haydn, Beethoven and Vivaldi played by Estria's wind trio of flute, oboe and clarinet. A charming musical evening that is not to be missed. To make a reservation for tickets, please contact Pauline Farrugia at 819-842-1072 or at estria@cgocable.ca. Tickets cost \$12 for general admission and \$8 for students and seniors. More information on the series at http://pages.globetrotter.net/estria

NORTH HATLEY

The Estria Woodwind Quintet presents "The Three Winds" on Sunday, April 26 at 2:30 p.m. at St. Elisabeth's Catholic Church (3115 Capelton). Come and hear the music of Telemann, Mozart, Haydn, Beethoven and Vivaldi played by Estria's wind trio of flute, oboe and clarinet. A pleasant musical afternoon that is not to be missed. To make a reservation for tickets, please contact Pauline Farrugia at 819-842-1072 or at estria@cgocable.ca. Tickets cost \$12 for general admission and \$8 for students and seniors. More information on the series at http://pages.globetrotter.net/estria

• • •

This column accepts items announcing events organized by churches, service clubs and organized charitable institutions for a \$7.00 fee, \$10.00 for 2 insertions of same notice, \$13.00 for 3 publications. Maximum 35 words. If you have more than 35 words the charge will be \$10.00 per insertion. Requests should be mailed, well in advance, to The Record, 1195 Galt St. East, Sherbrooke, Quebec, J1G 1Y7, be signed and include a telephone number and payment. Telephone requests will not be accepted. Admission charges and trade names will be deleted. No dances.

CROSSWORD

Across

- 1 Dash gauge
- 5 Pawn at a shop
- 9 Vague shapes
- 14 Height: Pref.
- 15 Sainly glow
- 16 Sportscast rundown
- 17 *Pest-control device
- 19 Hersey's bell town
- 20 Like paradise
- 21 Go round and round
- 23 "Tao Te Ching" poet ___-tzu
- 24 "Yummy!"
- 25 *Off-the-wall game?
- 27 Grant-granting gp.
- 29 Soul automaker
- 30 *Simple garment
- 36 Aerobic exercise aid
- 40 Woodlands man-goat
- 41 Campus URL suffix
- 42 Serious

- 43 Old Russian ruler
- 44 *One given to flights of fancy
- 46 Short-lived Egypt-Syr. alliance
- 48 Drunkard
- 49 *Hidden explosives activator
- 54 Overthrow
- 59 Farm female
- 60 "___ o' your throats": "Measure for Measure"
- 61 Phobic
- 62 "Alas and ___!"
- 64 Figuratively, where some wild ideas come out of; literally, a hint to a word and its position when paired with the starts of the answers to starred clues
- 66 In need of a chill pill
- 67 Mystery writer Gardner
- 68 Colombian city
- 69 Beer holder
- 70 Ear piece?
- 71 ___slapper

dent

- 31 Western defense gp.
- 32 Actress Hagen
- 33 IHOP condiment
- 34 Ice cream maker Joseph
- 35 Brewski
- 37 Bagpiper's topper
- 38 December 24 or 31
- 39 Each
- 42 Exit the bus
- 44 Tap concern
- 45 Went round and round

47 Greet the day

- 49 "___ Life": Sinatra hit
- 50 Rented again
- 51 Silly
- 52 Romeo and Juliet, e.g.
- 53 Apply, as pressure
- 55 Puncture with a pin
- 56 Song of praise
- 57 City in northern France
- 58 Comic Izzard
- 63 TV forensic drama
- 65 ___ shot

T	O	O		L	E	O	N	A		T	W	E	A	K
I	C	U		O	N	S	E	T		M	A	M	M	A
P	A	T	R	O	L	C	A	R		C	Y	B	E	R
S	L	O	A	N		A	T	A	D		C	E	N	T
Y	A	N	G		C	R	O	S	S	W	O	R	D	S
				B	O	R	A			L	E	O		
P	I	A	N	O	K	E	Y	S		E	L	R	O	Y
S	K	I		T	Y	L	E	N	O	L		A	V	E
S	E	L	M	A		D	A	L	M	A	T	I	A	N
				A	R	M				A	D	O	S	
J	O	L	L	Y	R	O	G	E	R		R	E	S	T
O	P	A	L		I	B	E	X		O	C	C	U	R
N	A	T	C	H		O	R	C	A	W	H	A	L	E
A	R	T	O	O		E	M	O	T	E		I	L	K
S	T	E	P	S		S	Y	N	O	D		N	Y	S

Down

- 1 Got under control
- 2 Words after "crack" or "live by"
- 3 Pitiless
- 4 Mubarak of Egypt
- 5 Came out of one's shell?
- 6 "Days of ___ Lives"
- 7 Attend uninvited
- 8 Letter after iota
- 9 Chastain of women's soccer
- 10 Guided
- 11 City NW of Orlando
- 12 Unoriginal
- 13 Thread dispenser
- 18 Ex-Disney CEO Michael
- 22 Printer cartridge contents
- 26 Iraqi port
- 28 Neighborhood
- 30 FDR's last vice presi-

1	2	3	4		5	6	7	8		9	10	11	12	13	
14					15					16					
17					18					19					
20							21		22			23			
24							25				26				
					27		28		29						
30	31	32	33				34	35			36	37	38	39	
40							41			42					
43						44				45					
					46	47			48						
49	50	51					52	53		54		55	56	57	58
59										61					
62					63			64		65					
66								67				68			
69								70					71		

CELEBRITY CIPHER

by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

“XEXMI DNEXA JXSB DT ZBRL RLX
TUXHGACRBEX VGXTRBND, ‘ZLCR BY
‘O’ LCUUXDXP?’ RLCR’T LNZ ING
TRCMR.” — RNW HACDHI

Previous Solution: “You can’t get there by bus, only by hard work and risk and by not quite knowing what you’re doing.” — Alan Alda

TODAY’S CLUE: $5 \text{ equals } 5$

KIT N’ CARLYLE

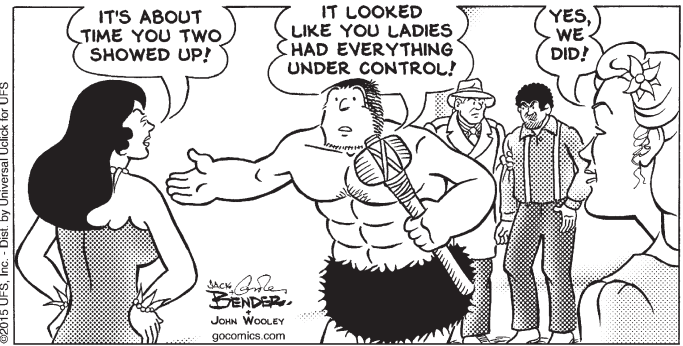


HERMAN

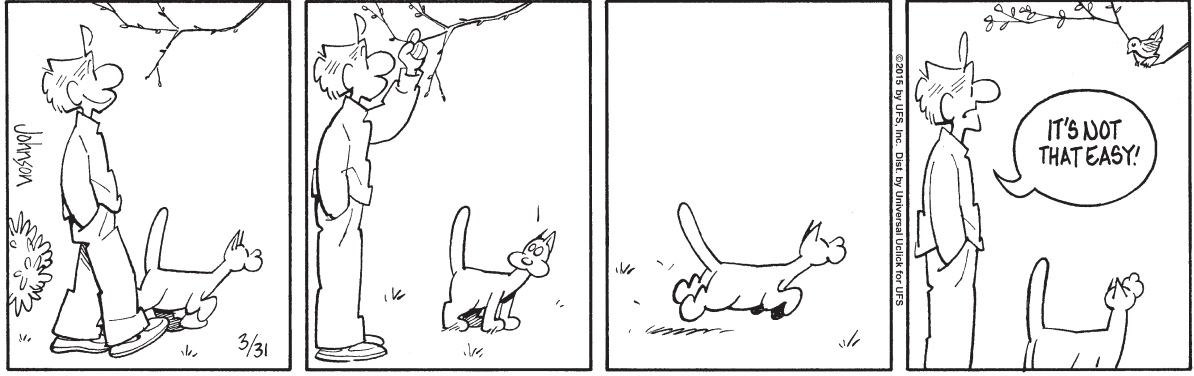


“Is this your first blind date?”

ALLEY OOP



ARLO & JANIS



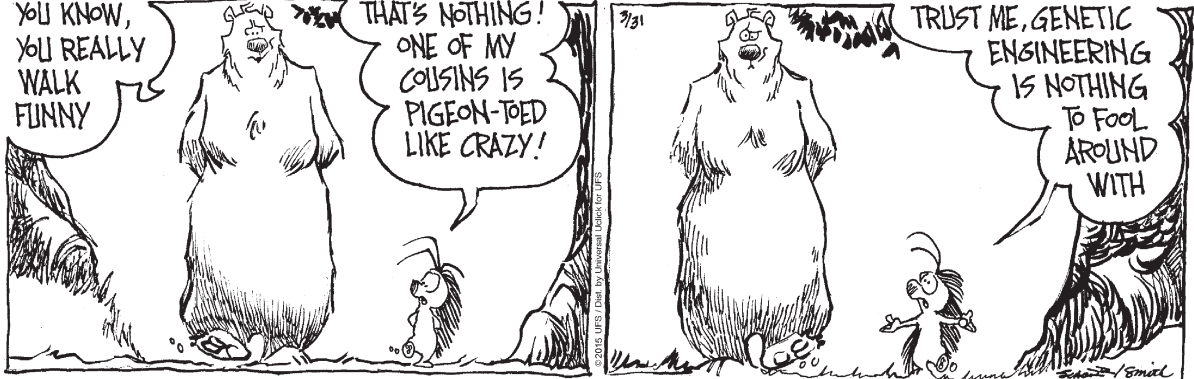
THE BORN LOSER



FRANK AND ERNEST



GRIZWELLS



SOUP TO NUTS



Go grocery shopping with dietitians. When you choose products with the Health Check symbol, it's like shopping with the Heart and Stroke Foundation's dietitians, who evaluate every participating product based on Canada's Food Guide. www.healthcheck.org

Check for Health Check™

Diabetes The New EPIDEMIC

Diabetes Québec

Information and donations: (514) 259.3422 or 1.800.361.3504 www.diabete.qc.ca

REACT NOW!

CALL SHERBROOKE: (819) 569-9525 BETWEEN 8:30 A.M. AND 4:30 P.M.
E-MAIL: classad@sherbrookerecord.com
OR KNOWLTON: (450) 242-1188 BETWEEN 9:00 A.M. AND 4:00 P.M.

DEADLINE: 12:30 P.M. ONE DAY PRIOR TO PUBLICATION
OR MAIL YOUR PREPAID CLASSIFIED ADS TO
THE RECORD, 1195 GALT ST. E., SHERBROOKE, QUEBEC J1G 1Y7

CLASSIFIED

001 Property for Sale

CANCEL YOUR TIMESHARE. No risk program. Stop mortgage and maintenance payments today. 100% money back guarantee. Free consultation. Call us now. We can help! 1-888-356-5248.

095 Career Training

INTERIOR HEAVY EQUIPMENT Operator School. No simulators. In-the-seat training. Real world tasks. Weekly start dates. Job board! Funding options. Sign up online! ihschool.com, 1-866-399-3853.

190 Cars For Sale

2005 CHEVROLET EQUINOX, 127,000 km. Asking \$4,800. Will accept exchange. Call 819-822-8815.



Make your classified stand out, add a photo for \$10. per day. Deadline: 2 days before publication. Drop by our office in Sherbrooke or Knowlton. **819-569-9525. classad@sherbrookerecord.com**

100 Job Opportunities

LA TRIBUNE IS looking for a person to DELIVER NEWSPAPERS, BY CAR, in the NORTH HATLEY, WATERVILLE AREA. Please call 819-564-5465.

290 Articles For Sale

STEEL BUILDINGS / Metal Buildings. Up to 60% off! 30x40, 40x60, 50x80, 60x100, 80x100, sell for balance owed. Call 1-800-457-2206. www.crownsteelbuildings.ca

035 For Rent

CLASSIFIEDS ONLINE! www.sherbrookerecord.com

145 Miscellaneous Services

#1 HIGH SPEED internet \$32.95/month. Absolutely no ports are blocked. Unlimited downloading. Up to 11Mbps download and 800Kbps upload. Order today at www.acanac.ca or call toll-free at 1-866-281-3538.

294 Events

CLASSIFIEDS ONLINE! www.sherbrookerecord.com

Looking for a job or qualified personnel? Consult our Classified ads!

LENNOXVILLE PLUMBING. Domestic repairs and water refiners. Call Norman Walker at 819-563-1491.

440 Miscellaneous

CRIMINAL RECORD? Don't let your past limit your career plans! Since 1989. Confidential, fast, affordable. A+ BBB rating. Employment and travel freedom. Call for free info booklet. 1-8-now-pardon (1-866-972-7366). www.RemoveYourRecord.com

100 Job Opportunities

100 Job Opportunities

URGENT



is looking for a carrier in **Sawyerville** for the following streets

- Bedard,
- Church,
- Clifton,
- Cookshire,
- de la Station,
- High Forest,
- J.A. Lowry,
- Lisée,
- Principale,
- Randboro,
- St-Germain (36)

If interested in this route, please call



819-569-9528

between 8:30 a.m. to 4:30 p.m. or leave a message after hours or e-mail: billing@sherbrookerecord.com

53283

Selling, buying, exchanging, offering services? Put it in our Classifieds for results!

RATES

25¢ per word Minimum charge \$7.00 per day Mon. to Thurs., \$8.00 on Fridays, for 20 words or less.

Discounts for prepaid consecutive insertions without copy change
3 to 20 insertions - less 10%
21 insertions - less 20%
#84 Found - 3 consecutive days - no charge
We accept Visa & MasterCard
DEADLINE: 12:30 p.m. working day previous to publication.
Classified ads must be prepaid.

Thank You For Checking

Please look over your ad the first day it appears making sure it reads as you requested, as The Record cannot be responsible for more than one insertion.

EMAIL YOUR CLASSIFIED

TO US!

Fast and convenient!
classad@sherbrookerecord.com

445 Legal Notices

445 Legal Notices

445 Legal Notices

445 Legal Notices

CANADA PROVINCE DE QUÉBEC DISTRICT DE BEDFORD No: 460-17-002069-151

COUR SUPÉRIEURE (Chambre civile)

TRUSTEES OF THE DUNHAM UNITED CHURCH, congrégation religieuse ayant son siège social au 3704, rue Principale, Dunham (Québec) JOE 1M0, district de Bedford

Partie demanderesse

c.

HÉRITIERS ET LÉGATAIRES PARTICULIERS DE MONSIEUR SENECA PAIGE

Partie défenderesse

ASSIGNATION (139 C.p.c.)

PAR ORDRE DU TRIBUNAL RENDU LE 18 MARS 2015:

AVIS est donné à la partie défenderesse que la partie demanderesse a déposé au greffe de la Cour supérieure du district de Bedford une requête introductive d'instance en jugement déclaratoire. Une copie de cette requête a été laissée à l'intention de la partie défenderesse, au greffe du tribunal, au Palais de justice de Granby, situé au 77, rue Principale.

Il est ordonné à la partie défenderesse de comparaître dans un délai de 30 jours de la publication de la présente ordonnance.

À défaut de comparaître dans ce délai, un jugement par défaut pourrait être rendu contre vous sans autre avis dès l'expiration de ce délai.

Soyez aussi avisé que la requête introductive d'instance sera présentée pour décision devant le tribunal le 13 mai 2015 à 9 heures au palais de justice de Granby.

Me Jocelyn Bélisle, avocat de la partie demanderesse

Join CPF - for answers and support as they discover French. www.cpf.ca

SUDOKU

Difficulty: 3 (of 5)

PREVIOUS SOLUTION

7	5	4	8	2	9	1	3	6
6	8	1	7	3	4	2	5	9
3	2	9	1	5	6	4	8	7
5	1	6	2	8	3	9	7	4
9	7	2	5	4	1	8	6	3
8	4	3	9	6	7	5	1	2
2	6	8	3	9	5	7	4	1
1	3	5	4	7	2	6	9	8
4	9	7	6	1	8	3	2	5

HOW TO PLAY: Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

©2015 JFS/KF Dist. BY UNIVERSAL UCLICK FOR UFS 3-31-15

