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PM#0040007682

TUESDAY, APRIL 3, 2018

Preserving and highlighting seniors' oral histories in Sutton

Record Staff

As part of the Quebec Friends of the Elderly program (QADA), Heritage Sutton will receive \$106,200 in funding over two years to preserve and enhance the oral histories of local seniors.

In order to trace the history of Sutton, its region, and the people and families who wrote it, the Sutton-based historical society has collected and preserved the oral testimonies of many local seniors. Interviews conducted between 1960 and 2010 resulted in a bank of nearly one hundred life-stories.

Most of the interviews were recorded in formats that make them hard to consult, so access to this historical gold-mine has become difficult and very limited.

The Heritage Sutton project aims to transfer the existing interviews to digital media, to index them and to transcribe them if necessary, to preserve the testimonies and to make them easily accessible. The project also aims to organize meetings to continue to enrich this bank of oral history with new interviews, workshops gathering seniors to discuss old photos, workshops bringing seniors and non-seniors together, all of which will be recorded on audio or video.

Activities will be including short live events based on testimonials and presented to various audiences, exhibitions, educational projects, publication of thematic portfolios on the web and articles in the History Sketchbooks of Heritage Sutton.

Heritage Sutton Historical Society has teamed with two partners for the project; the Management Committee of the Sutton Junction Community Hall will participate in the coordination of the project, identifying new oral histories and finding people to conduct the interviews and lead group activities. They will also loan their premises and facilities. The cultural organization, Cœur du village, and the Salle Alec et Gérard Pelletier, will stage performances of oral-histories, provide technical services and loan their venue and equipment.

2nd Annual Easter Egg Hunt for Boys and Girls Group youth in Mansonville



PICTURES BY MABLE HASTINGS

The Scoop By Mable Hastings

Saturday, March 31, 2018 the Missisquoi North Volunteer Centre (CABMN) youth program organized its second annual Boys and Girls Group

Easter Egg Hunt in Park Manson located in the town of Mansonville. Sarah Jersey (CABMN Youth and Volunteer Coordinator) was on the scene bright and early with volunteers who helped the Easter Bunny in hiding over a thousand eggs throughout the park. Children

began arriving around 10:30 with their parents and quickly lined up along the taped barrier waiting for the hunt to begin.

Thanks to donations, not only were

CONT'D ON PAGE 4

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HIGH OF 6
LOW OF 1



WEDNESDAY:
RAIN

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LOW OF -9



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SUNNY

HIGH OF -2
LOW OF -5



FRIDAY:
SNOW

HIGH OF 0
LOW OF -11



SATURDAY:
MIX OF SUN
AND CLOUDS

HIGH OF 0
LOW OF 11

Jerry Seinfeld: Family, Aging, Retirement, and Muffins

By Tom Cavanagh

Jerry Seinfeld has many famous television comedy skits (9 seasons) which enriched my life and those of others. His television parents appeared sometimes on the program, and in one instance Jerry chastises them about their plan to move to Florida. "No. No. No. No way." Jerry argues. "Stay here." Those Florida trip types might not know or admit it but death is the direction and the truth. No thanks. Seinfeld and his crew were regularly hilarious, and they demonstrated their mettle year after year. Repeat performances are rather easily available and played over and over in the later hours. Obviously, I am a fan, and yes, I have my share of idiosyncrasies. I readily confess to a time when I sensed a connection of sorts between Seinfeld's criticism of his parents going to Florida and the mounting numbers of folks moving into new Retirement Homes. I am no expert but we are talking about the same age group. What do they have in common? Acceptance of the fact that they are nearing the end of the line? Hello Mr. Death? Maybe. A painful topic and not much comedy there. Do my growing numbers of retired years count for anything? Not much. What I offer is basically just a few thoughts from the man on the street, (me) who is wondering and worrying about the important ongoing changes surrounding him. That is the world my wife and I lived in and still do. We are now in our eighties and are actually in a Retirement Home. Ouch? Well the staff do their best and in many ways it is not so bad, but there is a lot of adjusting. The rapidity of change can seem particularly troublesome.

So be it. A lot that is new and different. We have five children, and 9 grand children. They have lives to occupy them. We know they worry about us as we do about them. It keeps us all busy and out of trouble. Usually.

On the Seinfeld Show they often address real or potentially divisive issues in our society. Jerry at one point finds himself on the streets of New York in a short argument with a couple of policemen about his manliness - or lack thereof. He strives to avoid difficulties after losing an item that could be and is described as a woman's purse. That is how the two policemen handle it. "Yeah, we got a guy over here who seems to have

lost his purse." Jerry jumps in while shouting at full throttle: "IT'S NOT A PURSE!! NO!! NOT A PURSE! IT'S A MAN'S BAG!" And so it goes on back and forth. For certain Jerry does not win the debate but it is a short and funny shouting match featuring Seinfeld versus New York's Finest.

We cannot ignore the many bizarre positions, matters and events that arise and expand in our vast complex society. Seinfeld is ready to address as many of them as he can. The show takes no hostages. For him any group or organization or individual could provide grist for the mill. Should the elderly get special treatment? Not a chance. No favoritism. That is the way Seinfeld and company played it, and the way we embraced and loved it.

Seinfeld and staff did not make their fortunes and fame by teasing and poking fun at people who are old or handicapped, but such things do occur. Think Ageism.

Jerry has an uncle Leo who heists and steals books from libraries, book stores, and wherever he can locate them. That is his career. Jerry cautions and warns Leo of the danger and punishments that might result. Leo however feels he is on top of the situation. Sort of. He is old, looks old, sounds old, seems sincere, and is often likable and quick to apologize. Give him a break? Not an easy case. Probably few are and I can be seen as one supporting the "bleeding heart" side.

Apparently, Leo has a bit of a system in operation. At one point he is caught red-handed by the library staff, and the stolen books go flying out from his over-size coat in all directions. You win some and lose some. Often Seinfeld can be short on the details in his stories/skits yet the comedy is always there. In any event Uncle Leo's performances win him supporters. Take your pick: Number one: A lying dedicated sometimes successful shop-lifter. Number two: An older citizen striving to survive in a difficult changing world with little in the way of help. Not much to distinguish between number one and two. Well yes I prefer the bleeding heart label. If we are going to maintain a good society that is the best way to proceed. Maybe I oversimplify but the elderly are too often the victims at risk. Ageism is not on Leo's agenda but he will learn.

A few final thoughts. My first encounter with ageism took place decades

ago during interviews to select a new staff member for the Social Sciences in our College. At the time I was in administration but I had my diplomas and hands-on teaching experience. The candidates at the time had impressive achievements and a lot to offer. To my surprise the issue of the candidate's ages came up. No one was pushing for a debate but there it was on the table. I was probably the oldest one in the room. Not an earth-shaking occurrence but it surprised me. They say we never forget the first one. True enough: Home run. Touchdown. Top student. First kiss. Name your poison. I always think of myself as young but I sympathize with all the players. Aging? Ageism? What is it you want to know?

Back to Seinfeld

Some readers may remember how Seinfeld and his group handled the topic of muffins. Everyone loves the top level of the muffins. Well almost everyone. Early in the skit it led to the idea of just making and selling the upper section of the muffins. The best part. What about the bottoms? Forget about them. But difficulties and problems have a way of building up and that is exactly what happens. Fairly soon the staff cannot ignore the increasing numbers of unwanted bottoms of muffins that start piling up around them. Problem identified. How to resolve it? Someone thought that the best and easiest solution would be simply to send the unwanted muffins off to the folks living in Homeless Shelters. Free! That should settle things. Shut them up. Not so. Not at all. What they wanted was the oh so tasty upper parts. Just that. Nothing else. Oh, oh. More trouble on the way. The homeless groups in New York rejected the bottoms and insisted on tops only. Could this lead to riots? Protests? Are human rights involved? Hardly. But things can get out of hand quickly at times and disorder is never very far away? Who knows? Stuff happens. The issue at play is a TV comedy show that relates to muffins—and what will amuse and hold the attention of the viewer. That's it folks. Nothing more. Nothing less. It's not space science.

That about does it for me. I could sympathize with those who felt mistreated by the muffin episode - if they really existed. 'Nuff said.

Ben by Daniel Shelton



LOCAL NEWS

Ultimately, Bowker said, and even as he works to try to make things more efficient, every aspect of the home needs to come back to the core mission of caring.

Bringing best practices home:

Doug Bowker takes on executive direction of Massawippi Retirement Communities

By Gordon Lambie

Three weeks into his job as the new Executive Director of the Massawippi Retirement Communities, Doug Bowker says that he sees his main task as one of fine-tuning the details of an operation already off to a great start. Acknowledging the work done by his predecessor, Greg Bishop, in the transition from the Grace Christian Home to the Grace Village Pavilion, and by the home's staff in the interim between Bishop's departure and his hiring, the former Sawyerville native said that the home has put its faith in his business background to see an already impressive foundation raise to new heights.

"I've spent a career helping companies develop revenue, drive profits into the corporate bank accounts, and I have enjoyed doing it, but I've been thinking for awhile that I want to do something more meaningful," Bowker said. "My career has been change; creating new products, creating new markets, building new operations and divisions from scratch. It is what I have done, it is what I have enjoyed, and now I have the opportunity to do it here in something that has been really well done."

In the initial announcement of their new Director, the home highlighted Bowker's deep roots in the Townships while also pointing out his background in management, communications, customer service, marketing, operations, and expansion projects. In speaking of his new role, the Executive Director spoke of coming home. Remembering a childhood in Sawyerville followed by a career that began in Sherbrooke and lead him as far away as Switzerland, Bowker said that he has enjoyed returning to his community and reconnecting with an area that he cares about deeply. Looking at the situation he has stepped into, Bowker said that where those who came before him were builders, he sees his role as being one of a stabilizer for the operation, to ensure its future success. Eight months into life in a new facility with new staff, new tools, and new ways of operating, the big challenge on the table is finding the best practices to put in place.

"It hasn't been totally free of hiccups," the director said. "There are growing pains just from a process point of view and learning what the optimal configurations are of doing everything, but that has to be done at the same time as we deliver security and care for our residents. We have to do all this experimentation with zero impact."

That, Bowker noted, is the biggest difference to this new position from the career he built before. The bottom line at Grace Village is not profit, but the security and care of the 112 seniors who call Grace Village home.

"These folks mean something; they're people, and they have concerns," he said, explaining that he starts every work day by going for a walk and listening to stories from the residents. "That's my reminder every day that it is not a business structure I am trying to put in place, but a structure to enhance what we can do for them."

Ultimately, Bowker said, and even as he works to try to make things more efficient, every aspect of the home needs to come back to the core mission of caring.

"If a person doesn't have it down deep inside them that we have to look after our seniors, then this probably isn't the job for them," he added.

Although Bowker put his focus on building stability, he also acknowledged the fact that the Massawippi Retirement Communities are only partway into

their ambitious expansion plans, with renovations still set to take place at the Connaught Home in North Hatley and further construction projects to expand the service offering of Grace Village in Huntingville. Before those dreams can move forward, however, the situation of the home and its foundation need to recover from the work done so far.

"There's an emotional attachment (to the plans), but there is a business reality as well," Bowker said. "I seriously want those next steps to happen, but nothing will happen until we've stabilized what we have here financially."

The Executive Director said that the plan is to have the books back on track by the end of this year, but he also pointed out that there are everyday expenses and equipment needs the home has that also need to be covered in addition to the big-picture dreams of construction projects.

"We have come through a major capital expenditure and cost phase, we have some commitments that need to be met by the end of this year," he said. "They are under control, but it is a challenge."

Bowker said that people can expect to see new fundraising campaigns coming from the home in the next few weeks, putting a focus on small-scale, sustainable giving.

"We don't need \$1 million from everybody if we can find 500 people who are concerned and have some sort of link to the community," the director said, noting that if a large number of people can commit to donating the cost of a cup of coffee a day over the course of a year, the home will be better off in the long run.

"We need to be able to intelligently manage ongoing costs," he continued.

While acknowledging that the home has obstacles to overcome, Bowker was very positive about his new position and the state of the community.

"It's going great and I love it," he said. "There are hot potatoes, there are challenges to be resolved, but I have lived my career doing that. I love challenges, I love to build."

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"I've spent a career helping companies develop revenue, drive profits into the corporate bank accounts, and I have



COURTESY GRACE VILLAGE

Doug Bowker, the new Executive Director of the Massawippi Retirement Communities along with Gerry Meesen, Jackie Patrick, and Leona Coates at a sugaring off held in the home last week

Seatbelt operation buckles down on drivers

Record Staff
SHERBROOKE

The Sûreté du Québec set up a surveillance team on Friday, March 30, from 9 a.m. to 2 p.m. as part of a provincial seatbelt safety operation.

Positioned on the ramp at Exit 141 on Autoroute 10 in Sherbrooke, the officers discovered 30 offenders, including 21 people who were not wearing

their seatbelts. The detection made during the roadside check also led to the arrest of a person for possession of cannabis.

The SQ will continue similar surveillance exercises on roads in the province for Operation Seatbelt until the end of the campaign on April 5.

According to SQ statistics, if all occupants of a vehicle wore their seatbelts, approximately 30 deaths could be avoided and the number of serious injuries could be reduced by up to 75 per year.

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Prom Fairies Family Bingo Sunday, April 8



Noon
Opening of the canteen, spinning wheel, Fairy Drop and bottle caps games

1:30 p.m. sharp
Bingo starts with paper cards being used, so please bring your dabbers.
Adult and Child winner each game

Location
Alexander Galt Regional High School
1700 College Street,
Sherbrooke (Lennoxville)



2nd Annual Easter Egg Hunt

CONT'D FROM PAGE 1

there an abundance of eggs to find but also special golden ones that assured those who had a keen eye a special prize if found and handed in. Donations from Giant Tiger, Richelieu (Jacques Ducharme), Virgin Hill Coffee, Students Against Destructive Decisions(SADD Mansonville), and FamiliPrix added so much to the event.

“With the wonderful companies and groups who sponsor the event, we are able to not only provide a special Easter Egg Hunt but we can also furnish refreshments and fun for the whole family,” explained Jersey.

With the sun shining on Saturday,

children ran eagerly through the park laughing and sharing their treasures while the parents sipped a hot cuppa Virgin Hill coffee to keep warm. Juices awaited the thirsty group of searchers thanks to Epicerie Richelieu at the hunts end.

Volunteers, Martha Barnes and Laurie Ball were on hand with face painting and most of the children who attended were happy to have the first signs of spring added to their cheeks in bright spring colors; flowers, bunny rabbits, Easter eggs and butterflies... Former Youth Involvement (FYI) members, Jason Forget and Starr Dostie were on hand with their Easter photo booth snapping shots of the kids who were more than

happy to pose. Those photos will be posted on the www.cabmn.org website where parents will be able to access them.

Although the event is organized for members of the Thursday after school boys group and Friday after school girls group for youth ages 5-12, other friends, family members and neighbours who showed up to join in the fun were included.

“It’s one of my favourite events to organize,” shared Sarah Jersey. “I always get nervous the day before and then, on the day of the event as I watch the kids laughing and running everywhere, I feel happy and proud to have put in the work of organizing it.”

Like all other successful and worthwhile events, it takes volunteers and sponsors to make them happen. One thing that Potton is strong in is the wonderful contribution and efforts of some really kind and giving people. Potton is a community with strong support for its youth.

They say it takes a community to raise a child and Potton’s people seem to take this to heart. As the Easter Bunny now takes a rest until next year, he can relax in the knowledge that spring is on its way and Easter fun will be remembered for years to come.

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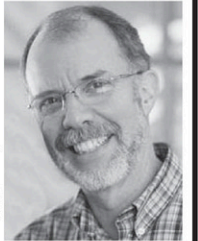
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Annual Owl's Head Hoot



PHOTOS BY SAMANTHA YOUNG

The annual Owl's Head Hoot took place this past Saturday at the Owl's Head Ski in Potton, a fundraiser for the Canadian Ski Patrol. Once again the day was filled with activities including: a costume contest, a bean bag toss, inflatable toys, a scavenger hunt, slush cup, a mechoui and of course fireworks and a dance to finish off the day.

Twisting my dignity away

By Linda Knight Seccaspina

One Friday night my Mother watched with interest as I danced to the song "Seven Little Girls Sitting in the Backseat" in front of the HiFi. My Mother screamed for my father to come and watch my performance and told him excitedly that I had a really good beat and maybe someday I would become a professional dancer. That was the day a phone call was made to a neighbour and I was immediately put

into a ballet class after school. I will never know if that was a mistake, but it did stop me from gaining weight for a few years. As with everything else in life I was a misfit from the word 'go'. I had natural rhythm, but just hated regimental bar exercises and my creative steps were frowned upon. After not being able to dance a series of skipping steps for part of the Nutcracker Suite I was banished from ever becoming a Sugar Plum Fairy and sent to the gallows of the Waltzing Flowers. Every afternoon at

4pm I danced my heart away in the living room while watching American Bandstand. One day Clark introduced Chubby Checker and I attempted to perfect the dance called The Twist. Over

time I had every step down pat and was ready to try my moves at the Grade 5-8 dance in the Cowansville High School gym. My mother had made me a soft

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EDITORIAL

According to the World Health Organization 1.25 million people around the planet die each year in road accidents and as many as 50 million are injured. Vehicular accidents are the leading cause of death among youth.

Quebec gears up for autonomous car race



PETER BLACK

People of a certain generation will remember there was a time when automobiles did not converse with you, although that notion did inspire a short-lived TV series in the 1960s called My Mother the Car.

Car innovations have come incrementally. Automatic transmissions and power windows, for example, were miraculous advances, and eight-track tape decks, well, Kansas City, you've gone about as far as you can go.

But no, the relentless march of automotive technology has brought us to a new and breathtaking threshold: autonomous vehicles - cars, trucks and buses that drive themselves.

Are we ready for this? Some people are having a hard enough time coping with the options and gadgets already available on cars. Some people - I won't name names - are terrified of cruise control as if the second you activate it an 18-wheeler will come careening around the bend and leave you helpless to brake and swerve out of the way.

Like it or not, self-driving vehicles are coming to Quebec, Canada and the rest of the world. There is nothing stopping

this transport revolution except for governments tapping the brakes with regulatory measures.

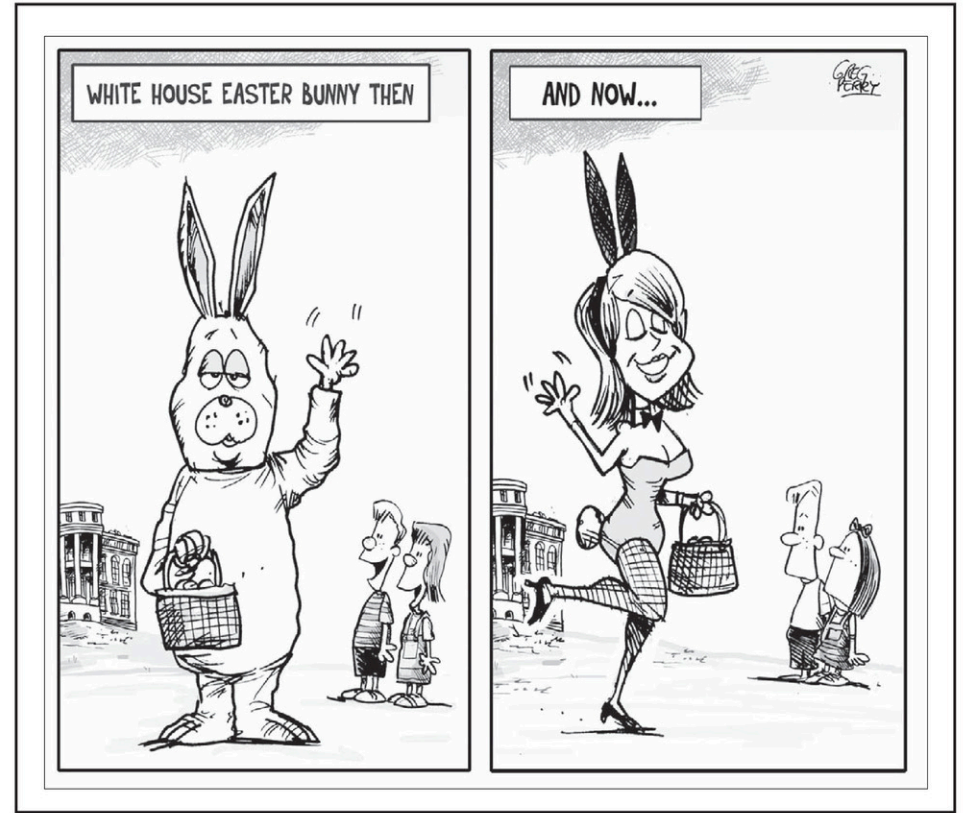
Here in Quebec, the Couillard government's Bill 165 contains sweeping amendments to the highway safety code, from better protection for cyclists, to tighter drinking and driving and cell phone and texting measures. Coincidentally, these hazardous and often fatal vehicular abuses would be all but eradicated once AVs take over. At least that's what the growing legions of corporate developers and promoters of AV technology claim.

According to the World Health Organization 1.25 million people around the planet die each year in road accidents and as many as 50 million are injured. Vehicular accidents are the leading cause of death among youth.

The Transport and Communications committee of the Senate of Canada, in a report released in January, concludes AVs "could herald the beginning of a new age of transportation, where, for instance, the nearly 1,700 road deaths and 117,000 injuries that occurred in 2015 because of human error become grim relics of a primitive past, and cars weave through the country's streets with a computer-run efficiency."

The report makes 16 recommendations to address what it deems to be Canada's lack of preparation for the "fast-approaching future of transportation."

In anticipation of the AV revolution, Bill 165 opens the door and "provides special rules" for AV test projects. One such pilot project - or should that be pilotless project - is expected to get underway this spring, in Terrebonne,



northeast of Montreal. The French transport company Keolis, that owns and operates what used to be the Orleans bus network, will be testing out a self-driving electric shuttle.

The shuttles are seen as an option for commuters to get to points where they can take public transit. The plan calls for the mini-buses to travel on a circuit that intersects the urban transit network. The system is based on a project in Lyon, France, where after nearly two years of operation, there has yet to be an accident.

Other AV demonstrations have been less perfect. Last week a driver in a Tesla Model X died when the car crashed into a barrier on a California freeway.

A few weeks earlier, a pedestrian was struck and killed in Phoenix, Arizona, by a Uber AV. In both these instances, human error was a factor, although both Uber and Tesla suspended test projects

pending detailed investigations.

Quebec's entry into the AV universe follows Ontario's initiatives by about two years. Last fall, the first-ever tests of an autonomous vehicle, the Blackberry QNX, took place on a public road in Ottawa, with the city's mayor in the passenger seat.

Some 70 companies are involved in AV research in Ottawa, allowing it to proclaim to be the "autonomous vehicle capital" of the country.

The Senate report says the advantages of autonomous vehicles "could be astronomical - the economic benefit from automatic vehicles alone could reach an estimated \$65 billion annually in collision avoidance, heightened productivity, fuel cost savings and congestion avoidance."

Then there's the human factor. How will we trust AVs when some people fear the lack of control with cruise control?

Twisting my dignity away

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royal blue jersey dress with a fake fur collar, and I had on my broken-in Mary Jane shoes ready to go. The teachers lined up the boys on one side and the

girls on the other with none of us knowing who we were going to get as a dance partner. I looked at the tall lanky boy across from me with a tight suit and thin tie and screamed at him, "Hey you! I hope you know how to dance!" He

nodded and actually looked afraid of me after I yelled at him, which he probably should have been. The Twist music began and the both of us were just like the dancers on American Bandstand. How two people ages 10 and 11 who had never met each other before danced like professionals is beyond me. After 20 minutes there were just three couples left in the finals and we were one of them. After what I seem to remember as some fancy jumps and spins, we won the contest and each were awarded a Cadbury's Snack Bar. Jimmy, being the gentleman he was, carefully put the candy bars in his pocket and we danced the rest of the night away. Later I found my friend Sheila and asked her how she thought we did. She promptly told me that the reason we probably won was

that my fast dance movements had kept spinning my skirt around and I was constantly flashing my pink underpants. She deemed it a hands down "underpants' win."

Years later as I heard Twist music playing during a 60's revival night in some forlorn corner bar in Sept-Iles it suddenly brought everything 360. With no one wanting to dance I just went out by myself in the middle of the dance floor and twisted solo for three songs.

It was only a dance, for heaven's sake, but The Twist opened up a new world and it was the first dance in which the genders were created equal. Then again, maybe that gender stuff was all hokey and all I really ever wanted to do was just dance.

THE RECORD

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		GST	PST	TOTAL	
QUEBEC:	1 YEAR	135.60	6.78	13.53	\$155.91
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	3 MONTHS	36.16	1.81	3.60	\$41.57

ON-LINE SUBSCRIPTIONS					
		GST	PST	TOTAL	
QUEBEC:	1 YEAR	71.50	3.58	7.13	\$82.21
	1 MONTH	6.49	0.32	0.65	\$7.46

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Local Sports

Canada scored two with hammer in the first and fourth ends, stole a deuce in the second and a single in the fifth en route to a 7-1 lead against the Swiss, who shook hands after six.

Canadians kick up their heels at Commonwealth Games welcoming ceremony

By Neil Davidson
THE CANADIAN PRESS

A beach party broke out Monday as the Maple Leaf was raised at the athletes villages at the Commonwealth Games.

The welcoming ceremony for the Canadian team started with the four-man Mununjali aboriginal dance troupe, whose performance told the history of the Gold Coast. Then there were a few pithy welcoming speeches, a Canadian athlete was daubed with ochre — an earthy clay pigment — on the back of his hand as a token of respect and the Canadian flag was hoisted to the sounds of “Oh Canada.”

“It was wonderful to watch the Canadian flag rise,” Canadian chef de mission Claire Carver-Dias told the watching athletes and officials. “We hope to see that flag rising more than 100 times at these games.”

Then came the playful side of the Gold Coast Games as dancers emptied out from a nearby camper van complete with hula hoops and beach balls. Life-guards carried one dancer out on a surfboard while signs highlighting local beaches were rolled out around the circular stage.

By the time the 30-minute welcome ceremony was over, the aboriginal and other entertainers were dancing with Canadian athletes and officials to the sounds of Justin Timberlake's “Can't Stop the Feeling.”

A series of selfies followed before the athletes returned to their nearby accommodations to escape the bright sun and 28-degree Celsius heat.

It was a frothy slice of history and ceremony, well-choreographed with a heavy sprinkling of fun.

“A great show,” said assistant chef de mission Benoit Huot, a 20-time Paralympic swim medallist.

Carver-Dias departed with a gift, an aboriginal shield for protection that will make the round of the venues with the Canadian athletes. The two-time synchro swim champion at the 2002 games also left the watching Canadians with some advice.

“Live the moment,” she said. “We want all of you, whether you're coaches, officials, volunteers, government representatives and of course athletes, to live every moment. Be completely in the present moment. Enjoy your time here. Achieve the performance that you want to achieve.”

She also told the athletes to “enjoy

that moment and learn from that moment.”

Canada was one of two dozen countries to get the official welcome mat Monday at the athletes village. As one of the Commonwealth heavy hitters, it got a solo slot — as did England and Australia who followed soon after.

The Cook Islands, Dominica, Grenada, Jersey, Singapore and the Solomon Islands shared the 4 p.m. slot.

The good times rolled all day.

“It's difficult not to have energy when you're in the Gold Coast,” said Huot. “It's probably one of the greatest places in the world. I had the chance to go to different games over the years and so far, what we've seen not only in the village but the venues, these are ideal conditions for our athletes to perform and realize their objectives.”

The athletes village is an eye-popping collection of relatively low-rise buildings that look like they were assembled by a colour-blind Lego aficionado. Home to some 6,600 athletes and officials from 70-odd countries, the secure 29-hectare area contains seven hectares of open parkland and 18 buildings, not to mention swimming pools and other amenities.

“If you ask the smoothie bar or the

coffee bar, they know me quite well,” Winnipeg triathlete Tyler Mislawchuk said with a smile.

The Canadian building is well-located, a three-minute walk to both the dining hall and the transport hub.

“It's been great,” said Victoria field hockey forward James Kirkpatrick. “Trying to stay focused obviously but it's really cool trying to take it all in. It's awesome just being around with all the other athletes and seeing all different countries.”

The games run April 4 to 15. Canada won 82 medals (32-16-34) four years ago in Glasgow to finish behind England's 174 (58-59-57) and Australia's 137 (49-42-46).

The Gold Coast Games feature gender equality. Organizers say there is an equal number of medal events for men and women, for the first time in the history of a multi-sport Games.

There is also an expanded para-sports presence, with 45 per cent more medals than four years ago. Some 300 athletes are competing in seven para-sports here.

“High-five to the Australians and the organizing committee,” said Huot.

Canada's Brad Gushue rebounds with win over Swiss in men's world curling

By Donna Spencer
THE CANADIAN PRESS

Canada's Brad Gushue sees challenges ahead in defending the world men's curling championship.

His team rebounded from a rough first day in Las Vegas with a 7-2 win over Switzerland's Mark Pfister on Sunday.

Olympic silver medallist Niklas Edin of Sweden topped the standings at 4-0 ahead of Norway's Steffen Walstad and South Korea's ChangMin Kim, both at 3-0.

The Canadians were tied at 2-1 with Scotland's Bruce Mouat and China's Deji Zou. Canada has a single game Monday afternoon against Italy's Joel Rebornaz (1-2).

Gushue wasn't pleased with ice or game-clock management in a loss to Scotland the previous night when he was down to 30 seconds on his final throw.

Gushue, third Mark Nichols, second Brett Gallant and lead Geoff Walker quickly dispatched the Swiss, however, in a six-end victory Sunday.

“The most important thing is for us to start to feel comfortable out there,”

Gushue said. “I don't think we're there yet, but that was certainly a good step forward.”

“We do have to embrace the challenges that are going to be in front of us if they don't change.”

Gushue says the Orleans Arena ice continues to run slow and straight, particularly when a stone is thrown down a fresh path.

“You have to take that time to discuss the different paths and figure out what the speed is,” he explained. “If you jump in the hack and throw it and expect it to be the same as another path, you're going to look silly.”

“Certainly I think if we go a 10-end game against one of the top teams here, we're going to be tight (for time) come the end of it unless conditions change.”

“This is the slowest ice we've played on in I'm going to say, maybe five or six years for sure.”

His foursome from St. John's, N.L., went undefeated to win the world title last year in Edmonton.

They had the morning and afternoon draws off Sunday before facing the Swiss at night.

The skip said it was a needed break after almost a dozen hours at the rink

the previous day for the opening ceremonies followed by two draining games.

“I was pretty pissed last night,” Gushue said. “I woke up this morning, we went down to the pool with our families and that was forgotten about once we woke up.”

“Last night, I was not a happy camper, but we're good. Losses happen.”

Time spent in the sun at the pool is about more tanning, Gushue says. The skip was sidelined about half of the 2016-17 season with a hip injury.

Heat keeps him limber to play in a cold rink. He says he and Walker are sometimes in the hotel hot tub twice a day at events to soak various nagging injuries.

“Heat is a good thing,” Gushue said. “On the way to the way to the rink today, I felt much looser than I did yesterday as far as all my muscles, especially my hip area.”

“Let's face it, we're probably the oldest team out here so we need all that stuff.”

Canada scored two with hammer in the first and fourth ends, stole a deuce in the second and a single in the fifth en route to a 7-1 lead against the Swiss, who shook hands after six.

In other games Sunday night, the Swedes edged the Scots 7-6, the Russians fell 9-6 to the Italians and China got by Germany 6-5.

Russia's Alexey Timofeev, American Greg Persinger and Jaap Van Dorp of the Netherlands were 1-2. Germany's Alexander Baumann, Japan's Go Aoki and the Swiss were winless.

The top six teams make the playoffs at the conclusion of the preliminary round Friday. The top two teams earn byes to Saturday's semifinals while third through sixth square off in quarterfinals earlier that day.

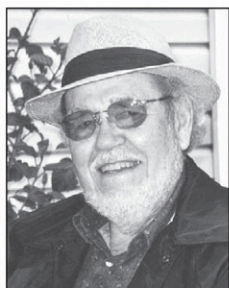
Walker's fiancée Laura Crocker won the Canadian mixed double title Sunday in Leduc, Alta., with Kirk Muyres.

Walker and Crocker finished second in the event two years ago, but since Walker was otherwise occupied with Gushue's team in Las Vegas, Muyres subbed in.

Crocker and Walker are getting married in May, so time at the pool is a little about tanning, Gushue said.

“I've got to get a little colour,” the skip said. “We're going to Mexico and I'm pretty pasty.”

Death



**André COUTURE
(1929-2018)**

In Sherbrooke, on March 30, 2018, at 88 years old, passed away Mr. André Couture, son of the late Gérald Couture and the late Maria Lussier, and husband of the late Claire Lalande Couture.

He is survived by his brothers Jean-Guy (Suzanne), Raymond and Bertrand (Cécile) and his sisters Monique (Bertrand), Jacqueline, Madeleine; his children Jean-François (Jeannine), Marie-Claude (Kit), Father Daniel, Dominique (Sister Kateri) and Caroline; his 10 grandchildren: David, Samuel, Catherine, Jean, Pierre, Simon, Veronique, Alexandre, Vanessa, Shawn, and his 18 great-grandchildren, and countless friends.

He was predeceased by his brothers and sisters: Marcel (late Liliane), Gaston, Gilles (Pauline), Jean-Claude, Jacques, Yvon (Louisette).

With his family and his professional duties of notary, he was a man of prayer and action, a founding member of the Foyers Notre-Dame, of the Pro-Life (Quebec) movement, well known by his St Raphaël Publications, the promotion of good books, of the Latin Mass and by his participation in many prayer groups.

Visitation will be held in the basement of Ste-Jeanne d'Arc church in Sherbrooke (1000 Galt West) on Monday, April 2 from 6 to 9 p.m., Tuesday, April 3 from 2 to 9 p.m. and Wednesday, April 4, from 9 a.m. to 10 a.m. The funeral will follow at 10:30 a.m. and refreshments at 2 p.m.

In lieu of flowers, Masses would be appreciated.

CASS FUNERAL HOMES
3006 College St., Sherbrooke QC
www.casshomes.ca

PHONE: 819-564-1750
FAX: 819-564-4423

Death

Death

Death

Wendell Lee McKnight

Wendell Lee McKnight, 90, of North Hatley, Quebec, passed away peacefully on Thursday morning, March 29, 2018 at Grace Village in Huntingville, Quebec.

Wendell was born on the family farm in North Hatley to Chester McKnight and Ida Bean. He is survived by his beloved wife of 61 years Gwendolyn Conner, his cherished daughters Sarah (Chris Burgess) and Eliza (Steve Harmer). He was Bumpy to his grandson Blake and his step-granddaughter Emma (Paul Stephens). Survived by his sister Mavis (late Charles Worsley), brother-in-law Wendall Conner (Myrna McKelvey). Predeceased by his brothers Elwood (Laura Worsley), Douglas (killed in action during WWII) and Alvin (who died of appendicitis at 4 years of age). Also predeceased by his sisters Olive (Albert Downing), Dorothy (Oliver Beland) and Doreen (Reg Thorne). He was a dear Unkie to numerous nieces and nephews and their children - all of whom he enjoyed keeping in touch with.

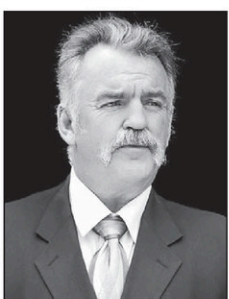
A graveside service will be held at Reedsville Cemetery in North Hatley on Wednesday, April 4th at 2 p.m., followed by a time of fellowship at the North Hatley Legion located at 95 rue Jackson Heights.

Given Wendell's love for all animals - especially cats, donations may be made in his memory to The Pet Connection located at 1730 rue Wellington Sud, Sherbrooke, QC, J1M 1K9. Cheques may be made directly to The Pet Connection however, those desiring a tax receipt must make their cheques to The Townshippers' Foundation and include "Pet Connection" on the memo line. Alternatively, donations may be made to The Montreal Ronald McDonald House, where Wendell's daughter Eliza and son-in-law Steve stayed while their infant son was cared for at the Sainte-Justine hospital. Donations can be made in memoriam by calling: 514-731-2871 (Visa & MasterCard accepted). Cheques can be made out to FONDATION DES AMIS DE L'ENFANCE (MONTREAL) INC., and sent by mail to: The Montreal Ronald McDonald House, Fondation des Amis de l'Enfance (Montreal) inc. 5800 rue Hudson, Montreal, QC, H3S 2G5.

CASS FUNERAL HOMES
3006 College St., Sherbrooke QC
www.casshomes.ca

PHONE: 819-564-1750
FAX: 819-564-4423

Death



**Uwe Lind
Lowry
(CPL Royal
Canadian
Dragoons Tank
Division)**

It is with deep sorrow we announce the sudden passing of Uwe on March 27, 2018. Uwe is survived by his son Mattias (Lynette), grandson Benjamin and Gabriel. Also survived by mother of his son Hans, Suzanne Gendron, special children Geneviève and Jacinthe. Cherished granddaughter Naima "Mon Amour" and her mother Cassandra.

Dear son of Dr. Curtis and Hannelore Lowry, brothers Dieter (Marie), Rainer (Lise), Volker and sister Brigitte, nieces and nephews; Ulysses, Rose, Ella (Tyler), Dagmar, Jonathan, Ryan, Isabella, Jasmine and Maya. Uwe was predeceased by his youngest son Hans.

There will be no visitation. A graveside service will be held at a later date.

CASS FUNERAL HOMES
15 de la Station St., Sawyerville QC
PHONE: 819-564-1750
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In Memoriam



GUILBAULT, Roberta Cote: December 14, 1945 - April 3, 2005. In loving memory of a dear wife, mother and grandmother, Roberta, who passed away April 3.

*Though her smile is gone forever
And her hand we cannot touch,
Still we have so many memories
Of the one we loved so much.
Her memory is our keepsake
With which we'll never part,
God has her in His keeping
We have her in our hearts
To cherish and to never forget.*

**Always remembered and
sadly missed by,
ARTHUR (husband)
BARBARA, PENNY,
PAMELA, ALLAN (JENNIFER)
(children)
REBECCA, COURTNEY,
ASHTON AND EMMA
(grandchildren)
SHEILA
(a good friend)**



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ANNOUNCEMENTS & NOTICES**

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Text only: 40¢ per word. Minimum charge \$10.00 (\$11.50 taxes included)

Discounts: 2 insertions or more: 15% off

With photo: additional \$18.50. **DEADLINE:** 11 a.m., day before publication.

BIRTHDAY, ANNIVERSARY & GET-WELL WISHES, ENGAGEMENT NOTICES:

Text only: \$16.00 (includes taxes)

With photo: \$26.00 (\$29.90 taxes included)

DEADLINE: 3 days before publication.

WEDDING WRITE-UPS:

\$26.00 (\$29.90 taxes included) **WITH PHOTO:** \$36.00 (\$41.40 taxes included)

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DEADLINES FOR DEATH NOTICES:

For Monday's paper, send an e-mail to: production@sherbrookerecord.com before 5 p.m. Sunday, or call 819-569-4856 between 1 p.m. and 5 p.m. Sunday.

For Tuesday, Wednesday, Thursday or Friday's edition, call 819-569-4856 or

fax 819-569-1187 (please call to confirm transmission) or

e-mail: production@sherbrookerecord.com between 9 a.m. and 5 p.m. the day prior to the day of publication.

The Record cannot guarantee publication if another Record number is called. Rates: Please call for costs.



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TOWNSHIPS

If you want to drink, that's your business. If you want to stop, we can help. Call Alcoholics Anonymous 1-888-424-2975, www.aa.org

NORTH HATLEY/LENNOXVILLE

The final concerts of the Estria Quintet's season will take place on Saturday, April 28 (at St. Elizabeth's Church in North Hatley) and Sunday, April 29 (at the Uplands Cultural and Heritage Centre in Sherbrooke) at 3 p.m., with two great works for piano and winds (oboe, clarinet, french horn and bassoon) by composers Mozart and Beethoven. On this occasion, the pianist Tristan Longval-Gagné will be featured, along with four excellent wind instrumentalists: Étienne de Médecis (oboe); Pauline Farrugia (clarinet); Maude Lussier (french horn); and Mary Chalk (bassoon). Admission charged for the concert plus afternoon tea (tea available only at Uplands and reservations are mandatory). Contact 819-842-1072 or estria@cgocable.ca to reserve or for more information. Estria thanks Le Conseil des Arts et des Lettres du Québec for their generous support.

LENNOXVILLE

The John Luce Memorial Dart and Pool

Tournament is back at the A.N.A.F. Unit 318 "The Hut", 300 St. Francis Street, Lennoxville on Saturday, April 7 starting at 1 p.m. This year's proceeds are going to 1st Lennoxville Scouts. The canteen will be open. Entertainment with Black Dog starting at 8:30 p.m.

MONTREAL

Brain cancer: latest research advances and new treatment strategies, presented by The Rosalind and Morris Goodman Cancer Research Centre, McGill University. The third in a free four-part public lecture series entitled, Understanding cancer research and current treatments: Empowerment through knowledge, will focus on updates in brain cancer. Leading researchers and clinicians will discuss the latest treatments and research, including a patient testimonial. April 11, 6:30 p.m. to 8:30 p.m., at the McIntyre Medical Building, 1200 Pine Avenue West, 6th floor, Palmer Theatre, Montreal. Registration: mcgillgcr.com/events/public-forum.

AYER'S CLIFF

English Grief Support Group. If you are grieving the loss of a loved one, L'Envolée (Palliative care volunteers) will be offering a free 10-week support workshop. This will take place in Ayer's Cliff beginning in April. A maximum of 10 participants will be accepted. Hosted by Claudie Séguin, Lorraine Holt and Liette Compagna. For more information call Lorraine 819-868-8641.

LENNOXVILLE

The Lennoxville and District Commu-

nity Aid will be holding a Blood Pressure clinic on Tuesday, April 10 at 164 Queen Street, Suite #104, from 1:30 p.m. to 2:30 p.m.

WATERVILLE

The Lennoxville and District Community Aid will be holding Blood Pressure clinic on Tuesday, April 10 at the Town Hall from 10 a.m. to 11 a.m.

NORTH HATLEY

The Lennoxville and District Community Aid will be holding a Blood Pressure clinic on Friday, April 6 at the Library, 165 Main St. North, from 10:00 a.m. to 11:30 a.m.

LENNOXVILLE

Cribbage Tournament to be held at the A.N.A.F. Unit #318 "The Hut," 300 St. Francis, Lennoxville on Thursday, April 5. Registration at 7 p.m. Profits to go to the Breakfast Program at L.E.S. Everyone welcome, bring your partner.

LENNOXVILLE

You are cordially invited to join us at 10 a.m. on Sunday, May 6 for our annual "Service of Hope and Inspiration" to be held at the Lennoxville United Church, 6 Church Street, Sherbrooke (borough of Lennoxville) when we will honour family members and friends whose lives have been affected by, or lost to, a life-threatening illness such as cancer. If you wish to join us in honouring your loved one with a floral tribute please call Frankie Noble (819-842-1035) between April 2 and April 25 or simply join us on May 6 and be inspired. Proceeds of sales of flowers will be shared between La Mai-

son Aube Lumière and Leucan (Shaved Head Project).

LENNOXVILLE

Prom Fairies Family Bingo on Sunday, April 8. Noon: Opening of the canteen, spinning wheel, Fairy Drop and bottle caps games. 1:30 p.m. sharp: Bingo starts with paper cards being used, so please bring your dabbers. Adult and child winner each game. Location: Alexander Galt Regional High School, 1700 College Street, Sherbrooke (Lennoxville)

LENNOXVILLE

11th annual dart tournament for the benefit of the Breast Cancer Society on Saturday, April 14 at the Old Lennoxville Golf Club. Starts at 1 p.m. Mixed doubles (bring your own partner). 5 games 301. For information: Mary Dezan 819-823-2600. Everyone welcome.

AYER'S CLIFF

Roast Turkey Supper on Saturday, April 14 at Beulah United Church, 967 Main St., Ayer's Cliff. Come and enjoy a delicious meal of roast turkey, homemade stuffing, mashed potatoes and gravy, peas and carrots, cranberry sauce, bread, tomato juice, coffee and tea and a slice of pie for dessert. Settings at 5 p.m. and 6:30 p.m. Reservations only so please call Dean Young 819-838-5815 or Wendell Cass 819-846-7180 to reserve your tickets. Everyone welcome! Thank you to everyone for your continued support of Beulah United Church.

Husband packing on pounds

Dear Annie

TUESDAY, APRIL 3, 2018

Dear Annie: My husband has gained about 15 pounds in as many months. "Robb" has been a naturally thin person all his life, or at least in the 10 years I've known him. I know he realizes he's gained weight, because he's mentioned how his clothes aren't fitting well anymore, and recently his brother visited and gently teased him about how he was getting a little belly. Robb sheepishly agreed and said he needed to start working out more.

He's been going to the gym twice a week for the past few months — which is great. But the weight isn't going anywhere. I think it's because his eating habits are the culprit. Over the past couple of years, he's been snacking more and more. We eat a big dinner, and an hour later he's munching on chips. I stopped buying unhealthy snacks for the house, but he just started buying snacks himself. I started stocking up on fruits he likes, and he'll eat those, but then he eats unhealthy snacks on top of them.

I love him and am still attracted to him; it's not about that. I just want him to feel good about himself, and I can tell he hasn't been. It hasn't helped that he's also been in a slump with his career during this time. He is unhappy at his job but has only applied to a few other places.

Should I tell him I'm concerned about the weight gain? I don't want to hurt his feelings, but I also don't want to sit by quietly and let this get out of hand to the point that it causes more serious health problems for him. — Weight Watcher

Dear Weight Watcher: To focus on the weight gain is to look at the symptom and not the underlying issue. He is in a slump with his career. It never feels good to be stuck in a rut, and eating is most likely just his way of numbing that discomfort. Talk to him about career

goals, and come up with a plan together for him to get his wheels turning again.

That said, mental, emotional and physical fitness are interconnected, and a better diet and exercise routine would almost certainly boost his mood. You can encourage that by way of example. Invite him to go for a run, play tennis or just go for a walk with you.

Dear Annie: I'd like to respond to "Ethan in Hanover" about dating. I am also on the autism spectrum. When I was his age, I developed an unrequited crush on a woman named "Colleen." She had no understanding of autism spectrum disorder and said that I was "too weird to be liked." Her remarks affected me so much that I ended up losing 10 pounds in two weeks. It took me four years to get over this woman. I wised up after that experience.

If I were Ethan, I would give "Erin" (who is also on the spectrum) a chance. — Bob in Upstate New York

Dear Bob: Anyone who would tell someone he is "too weird to be liked" is too heartless to love. How sad. I'm sorry this woman hurt you, but I'm glad you saw her true colors right off the bat and were eventually able to move on. Thanks for sharing your words of wisdom with the world.

Dear Annie: When my youngest son graduates high school, I plan on leaving my husband.

My husband, "Bill," and I have two sons. My husband has refused to discipline either of them. He's always allowed the elder son (age 20) to curse me out and make my life a living hell, as well as bully his little brother. Bill has often been dismissive and verbally abusive toward me, too. Bill is a veritable saint to every other human yet talks very poorly about those who admire him. No one except for my sons and me knows what really goes on behind closed doors.

I've repeatedly told my elder son he has slowly killed my love for him over the years. I never dreamed I would

be spoken to in such a vile manner. I have always taught him right from wrong, but his dad is the greater influence, it seems. I try not to speak to my son now unless he speaks to me first.

Right now, I have no funds, but around the time when my youngest son graduates, I will be able to draw my pension. As soon as I have my own funds, I plan to seek counseling — for myself and for my sons, if they will go. My husband does not believe in such "nonsense" as counseling and rarely allows me more than a few dollars for personal use.

Do old dogs ever learn new tricks? Do verbally abusive people ever change or even regret their actions? I feel that being away from both of them, even with a meager pension, will be better than the hell I feel stuck in. — Waiting for May

Dear Waiting for May: I am so sorry that you've been treated terribly by two people who should have treated you with love and respect. It's not uncommon for children of emotionally or physically abusive parents to repeat those behaviors as they grow up. I hope your son seeks help to purge the toxic behavior he's internalized.

To answer your question, it's possible for abusers to regret their actions and change — but victims can't count on it. I think you're wise to move out. It will be healthier not only for you but also for your other son, who should know that it's never too late to leave a bad situation.

Covertly speak to a lawyer soon so you can begin making your plans. Follow through on seeking counseling once you're able, and encourage your younger son to do the same.

Send your questions for Annie Lane to dearannie@creators.com.

Send your social notes to: classad@sherbrookerecord.com

CELEBRITY CIPHER by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

“ YPBSZKX HOGVCEH'Y '2001' DBY
PNK IMMV PNB P MLKSKI OL PNK
LMYYCGCZCPX MW YECKSEK WCEPCMS
WMV UK.” — VCIZKX YEMPP

Previous Solution: “There is more evidence that Jesus rose from the dead than there is that Julius Caesar ever lived.” — Billy Graham

TODAY'S CLUE: F equals W

CELEBRITY CIPHER by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

“ ‘HFEZJ KWSSJK’ BX XWOM E WSBTWJ
LBFG. MRP ZR CRW ZJXOKBHJ E
ZBEGRSZ? B ZRS'N NMBSI CRW
XMRWFZ JDJK NRWOM BN EUEBS.”
— KWNUIK MEWJK

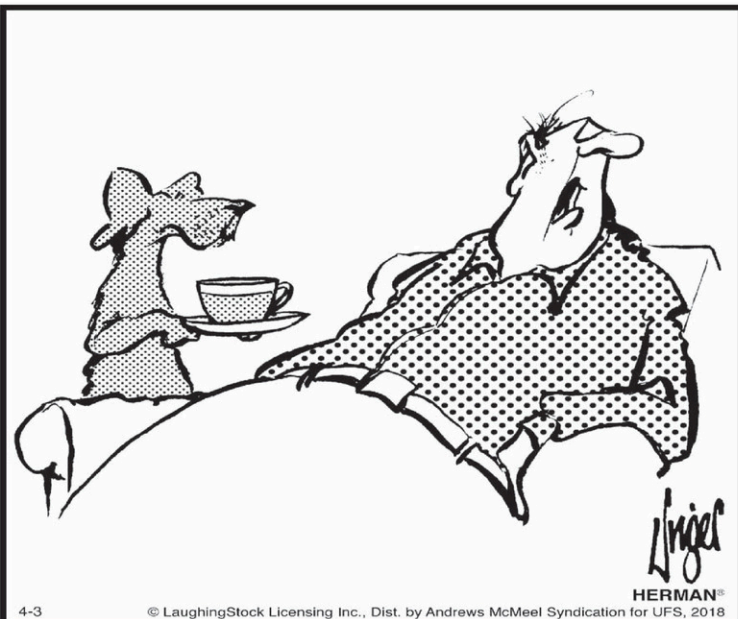
TODAY'S CLUE: Y equals C

Previous Solution: “Stanley Kubrick's '2001' was the door that opened up the possibility of science fiction for me.” — Ridley Scott

REALITY CHECK

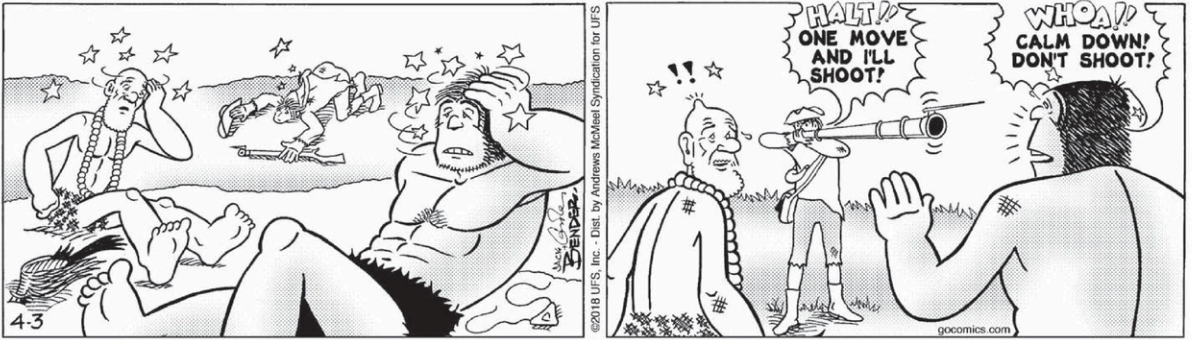


HERMAN



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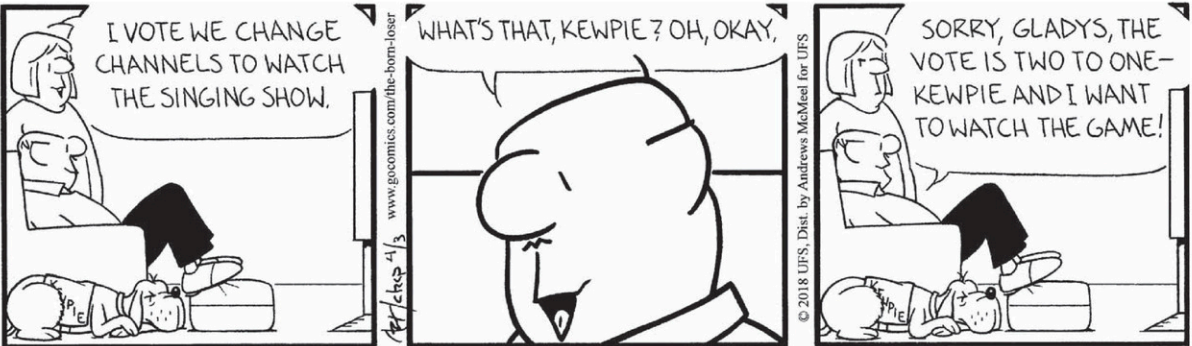
ALLEY OOP



ARLO & JANIS



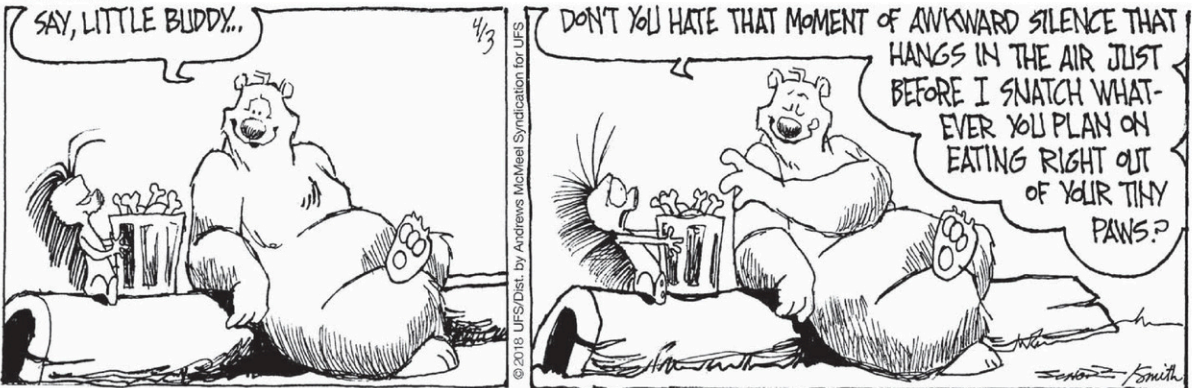
THE BORN LOSER



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Datebook

TUESDAY, APRIL 3, 2018

Today is the 93rd day of 2018 and the 15th day of spring.

TODAY'S HISTORY: In 1865, Union forces captured Richmond, Virginia, the capital of the Confederacy.

In 1882, American outlaw Jesse James was killed by Robert Ford, a member of James' own gang who hoped to earn a state reward.

In 1948, President Harry Truman signed into law the Marshall Plan aid bill, which was designed to help rebuild war-torn Europe.

In 1996, "Unabomber" Ted Kaczynski was arrested at his cabin near Lincoln, Montana.

TODAY'S BIRTHDAYS: Washington Irving (1783-1859), writer; Marlon Brando (1924-2004), actor; Doris Day (1924-), singer/actress; Gus Grissom (1926-1967), astronaut; Jane Goodall (1934-), primatologist; Wayne Newton (1942-), singer; Alec Baldwin (1958-), actor; David Hyde Pierce (1959-), actor; Eddie Murphy (1961-), actor/comedian; Adam Scott (1973-), actor; Cobie Smulders (1982-), actress; Amanda Bynes (1986-), actress.

TODAY'S FACT: After Marlon Brando returned his script for "On the Waterfront" twice, Frank Sinatra was cast in the lead role. Brando was ultimately convinced to star and went on to win an Oscar for his iconic performance.

TODAY'S SPORTS: In 1988, Mario Lemieux of the Pittsburgh Penguins won the NHL's Art Ross trophy as the league's top scorer, ending Wayne Gretzky's streak of consecutive scoring titles at seven.

TODAY'S QUOTE: "Whenever a man's friends begin to compliment him about looking young, he may be sure that they think he is growing old." — Washington Irving, "Bracebridge Hall"

TODAY'S NUMBER: 214,488 — offshore entities (used as tax havens) revealed in the "Panama Papers," a massive leak of financial and legal documents first published by the International Consortium of Investigative Journalists on this day in 2016.

TODAY'S MOON: Between full moon (March 31) and last quarter moon (April 8).

Monday, April 2nd & Tuesday, April 3rd sudoku

SUDOKU

DIFFICULTY RATING: ★☆☆☆☆

			7		4			3
	7			1				2
6		1	2	3	9			7
8	3	5					1	
7		9	5	8	1	3		4
		6				7	5	8
4			1	6	8	2		5
	1			9				8
2			4		5			

4/2

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PREVIOUS SOLUTION

6	4	7	3	5	8	1	9	2
8	3	5	9	1	2	4	7	6
1	2	9	7	6	4	3	8	5
5	6	1	8	7	3	9	2	4
9	8	4	5	2	1	6	3	7
3	7	2	6	4	9	5	1	8
7	1	6	2	9	5	8	4	3
4	5	3	1	8	7	2	6	9
2	9	8	4	3	6	7	5	1

HOW TO PLAY: Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

2	6	8	4	7	5	9	3	1
5	1	7	3	6	2	4	8	9
4	9	3	1	6	8	2	7	5
1	4	6	9	2	3	7	5	8
7	2	6	5	8	1	3	9	4
8	3	5	6	4	7	1	9	2
9	5	1	2	3	9	8	4	7
3	7	4	8	1	6	5	2	9
9	8	2	7	5	4	6	1	3

PREVIOUS SOLUTION

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			1	5	9			
	3		7	6	8			
5		7		2	6	1		4
7		6	5	3		4	1	
				6				
	8	9			2	7	5	6
8		3	9		1		7	6
			7	6	8		4	
		1	7	5				8

DIFFICULTY RATING: ★☆☆☆☆

SUDOKU

HOW TO PLAY: Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

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Your Birthday

TUESDAY, APRIL 3, 2018

Responsibilities will occupy your time. A disciplined attitude will help you accomplish what's expected of you, but will also give you reason to rethink how you want to move forward. Taking care of everyone around you isn't necessarily what you should be doing. Consider putting yourself first for a change.

ARIES (March 21-April 19) — The more you take on, the more you'll be taken for granted. Consider how to best spend your time. Personal gains should be your focus.

TAURUS (April 20-May 20) — Working alongside others is highlighted. Be willing to give your all and to get things done. It's up to you to make your wishes and standards clear.

GEMINI (May 21-June 20) — A change at an establishment you frequent or where you work will lead to questions as well as an interest in how you can benefit from what's happened.

CANCER (June 21-July 22) — Make changes to your appearance or social circle. Getting out and experiencing what life has to offer will give you a renewed outlook on life, love and happiness.

LEO (July 23-Aug. 22) — Keep your life simple and your plans moderate. Too much of anything will cause a shortage of cash. You may desire change and excitement, but you must consider the expense or consequences.

VIRGO (Aug. 23-Sept. 22) — Take part instead of sitting on the sidelines. Offer your point of view and ideas for bringing about change. If you don't participate, you have no right to complain.

LIBRA (Sept. 23-Oct. 23) — Partnerships will go through some changes if you cannot agree on important personal or financial issues. Charm will help, but practicality is required.

SCORPIO (Oct. 24-Nov. 22) — Look for obscure and interesting information at your library or on the internet, and spend time with people who can offer you a different point of view or lifestyle.

SAGITTARIUS (Nov. 23-Dec. 21) — Go over your tax return and look for any mistake that could cost you or cause you trouble. Don't let a change made by someone else stifle your plans.

CAPRICORN (Dec. 22-Jan. 19) — Take a unique approach to the way you do your job. Handling money matters with profit in mind will help you balance your budget and offset extravagance.

AQUARIUS (Jan. 20-Feb. 19) — Your creative ideas will entice you to take on too much. Consider what's possible and only plan to do what you know you can do well.

PISCES (Feb. 20-March 20) — Your involvement in a cause or group will be helpful, but it doesn't have to be costly. Donate your time, skills and experience instead of cash. Reunite with an old friend.

TUESDAY, APRIL 3, 2018

When giving a ruff, transmit entry data

By Phillip Alder

Alvin Toffler, who wrote about technology and its impact on the world, said, "You can use all the quantitative data you can get, but you still have to distrust it and use your own intelligence and judgment."

Not at the bridge table — assuming you trust your partner to transmit accurate data with his bids and plays.

In today's deal, South is in four spades. What should happen after West leads the club two?

When North makes a takeout double, South should be aware that his partner will believe he has 6 or 7 points. Here, with a trick more, he must jump to four spades.

Andy Robson, an English bridge expert, wrote an article many years ago pointing out that if someone who has opened with a pre-empt leads a different suit, it is a singleton. (Also, he recommended that if the pre-emptor leads his own suit, you can expect he has a singleton in your trump suit. This will be right unless his hand is 7-2-2-2.)

So, East should take the first trick and give his partner a club ruff. But at the same time, he must send a snippet of data: where his reentry lies. Here,

North 04-03-18			
♠ K Q 7 2			
♥ 9			
♦ K Q 9 6			
♣ K Q J 10			
West			East
♠ 6 3			♠ 5 4
♥ A Q J 10 8 7 4			♥ K 6
♦ J 10 5			♦ 8 7 4 2
♣ 2			♣ A 9 8 5 3
South			
♠ A J 10 9 8			
♥ 5 3 2			
♦ A 3			
♣ 7 6 4			
Dealer: West			
Vulnerable: Both			
South	West	North	East
	3♥	Dbl.	Pass
4♣	Pass	Pass	Pass
Opening lead: ♣ 2			

with the heart king, East must return the club nine, his highest remaining club signaling for the higher-ranking of the other two side suits. (With the diamond ace, he would have led the club three at trick two.)

Then West must have trust in his partner and lead a low heart at trick three, so that he can receive a second ruff to defeat the contract.

CROSSWORD

Across

- 1 Sound from Rover
- 4 Quite anxious
- 11 Canada's most populous prov.
- 14 Corporate VIP
- 15 Pudding choice
- 16 Canada's least populous prov.
- 17 Mess up
- 18 *Sci-fi energy ray that grabs ships
- 20 Set of guidelines, as for grading papers
- 22 Big stretch of time
- 23 Pay to play
- 24 Tattle
- 25 Cheer on
- 27 __ Moines
- 28 Hailed car
- 30 Sign before Virgo
- 31 "Then what happened?"
- 33 Sang 29-Down
- 35 Tattle
- 38 "Joltin'" DiMaggio

- 39 Puts in new film
- 40 "Dawg!"
- 41 Columnist Landers
- 42 Sees right through
- 43 Salt Lake City athlete
- 44 Family cat, e.g.
- 46 In medias __
- 47 "Big Brother" channel
- 49 Soda can feature
- 52 Yacht spot
- 55 Word of lament for "poor Yorick"
- 56 __-pitch softball
- 58 The "U" in "MVEMJSUN"
- 59 Small, influential group ... and a hint to the word hidden in each answer to a starred clue
- 62 Suffix with ranch
- 63 "Norma __": Sally Field film
- 64 Witty remarks
- 65 ID on a W-9 form
- 66 Concorde, e.g., briefly
- 67 Martyred bishop of Paris
- 68 "Ha! Told ya!"

- 19 Diminish
- 21 Numbered rd.
- 26 Auto pioneer
- 28 *Unable to tell red from green, say
- 29 Without company
- 31 "How to Get Away With Murder" actress __ Naomi King
- 32 "Smoking or __?"
- 33 French "his"
- 34 Tokyo, once
- 36 Word after op or pop
- 37 Foot part
- 39 "Hud" director Martin

- 45 Ultimatum word
- 47 Tender touch
- 48 Sports __
- 49 Socks from the dryer, hopefully
- 50 Radii neighbors
- 51 Fancy neckwear
- 52 Vitamin prefix
- 53 Rehab center staffer
- 54 Synchronously
- 57 "It's her __": relationship ultimatum
- 60 NFL playmakers
- 61 Cheat

M	A	S	C		A	B	A	S	E		S	W	A	P	
O	C	T	O		L	A	T	T	E		K	E	P	I	
C	R	U	Z	M	I	S	S	A	L		I	B	L	E	
K	E	N	Y	A		S	E	P		A	S	C	O	T	
		T	U	G		D	A	L	I	L	L	A	M	A	
B	U	M	P	I	E	R		E	N	T	O	M	B	S	
U	S	A			T	U	T			T	O	P			
Y	E	N	S		A	M	I	G	O		E	S	P	Y	
				M	A	L		C	A	T			H	U	E
O	N	T	A	R	I	O		G	O	D	S	O	N	S	
K	O	H	L	M	I	N	O	R		E	W	E			
A	M	O	L	E		B	T	U		A	A	L	T	O	
P	O	R	E		T	A	Y	L	O	R	M	A	I	D	
I	R	A	S		A	S	P	E	N		I	C	E	D	
S	E	X	T		G	E	E	S	E		S	E	S	S	

- Down**
- 1 Taiwanese laptops
 - 2 Syndicated sitcom, say
 - 3 *Sci-fi classic featuring Robby the Robot
 - 4 Top stories
 - 5 Durable wood
 - 6 Mental health org.
 - 7 Beans go-with
 - 8 *Vessels pulling water-skiers
 - 9 Budget, in product names
 - 10 Patriotic women's org.
 - 11 *Sign outside a new store
 - 12 "That's awesome!"
 - 13 Sometimes egg-shaped kitchen gadget

1	2	3		4	5	6	7	8	9	10		11	12	13	
14				15								16			
17				18								19			
20				21				22				23			
24								25		26					
		27				28	29			30					
31	32					33				34			35	36	37
38						39							40		
41						42							43		
				44	45			46				47	48		
49	50					51				52				53	54
55						56		57		58					
59						60				61				62	
63						64								65	
66						67								68	