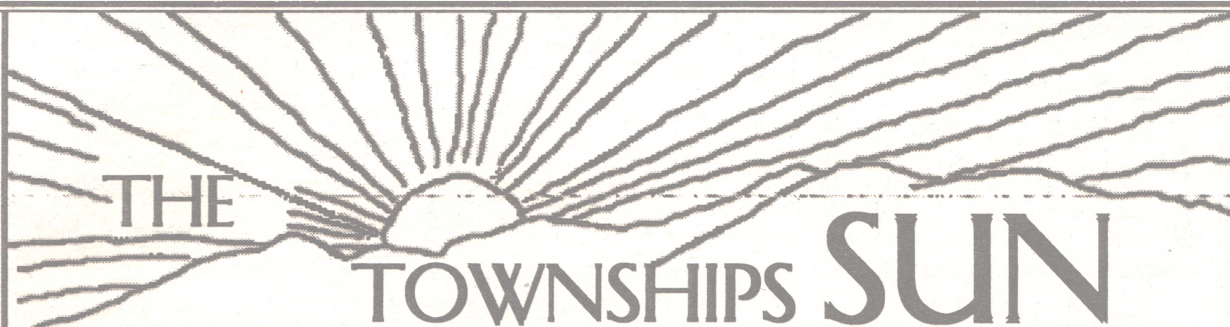


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February 2005

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Vol. 32, No. 6/7

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## Farming Fish for Fun and Profit

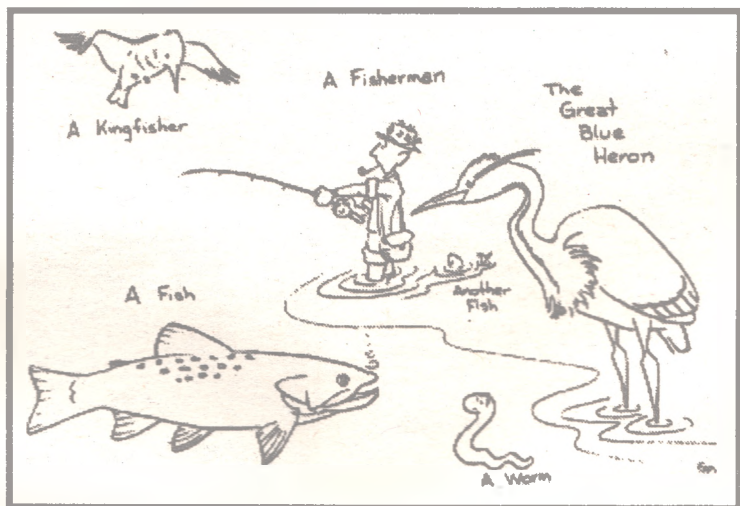
By Bernard Epps

*Editor's note: Bernard wrote this article some years ago. Although the subject matter is as relevant today as it was then - costs have greatly increased since.*

Farmers in the Townships are giving up left and right. Dairy is not so good these days. Beef is worse. Pigs won't bring home the bacon and coyotes are eating up the sheep and hens, yet hope springs eternal in the human breast and there must be some way to make a living on the farm.

How about farming fish?

Practically all you need is running water and a hole to keep it in. Water isn't hard to come by - this year especially - and holes can be had in every shape and size



to suit your fancy. I heard of a man who spotted a hole in a farmer's field that was just the right size and shape for the fishpond he wanted. He bought the thing and loaded it on the back of his truck. On the way home, however, the truck hit a bump and the hole fell off. The truck stopped, backed up to reload and was

never seen again!

Fish-farming in our part of the world means trout-farming and trout-farming means Speckled. There are a few Rainbows raised and the government hatcheries occasionally go in for Quebec Reds, Lake Trout, Brown Trout and even Splake - which is a witty hybrid between Speckled and Lake - but Speckled Trout do best in our clear cold waters.

Inch-and-a-half fingerlings can be bought from hatcheries for as little as \$30 a thousand and sown directly into your pond. A 20 by 75 foot pond will hold five thousand comfortably. Yearling fish should be 5-6 inches long and two-year olds 8-9 inches - just right for the people in the peculiar

## The Coyote: Spirit or Scourge of the Wilds?

Part 1

By John A. Viau



The Eastern coyote, just what is he? A big overgrown dog or a small scale timber wolf? Well, he's a combination of both with a whole lot more thrown in for good measure. He is cunning, adaptable, learns quickly, very

Continued on page 8

## BUCKS FOR KIDS

Over \$7,000 raised for Brome area children



Master of ceremony Cecelia Shoe (holding microphone) presenting a check, on December 11, at THE BUCKS FOR KIDS SUPPER with the other volunteers at the old Brome Hotel now part of the Brome Fair organization. See Page 11 for further info.

hats that the world calls fishermen. These creatures willingly pay up to \$1.50 for the privilege of catching one of your fish and the original investment of \$500 is now a crop worth \$7500.

Theoretically.

A serious fish farmer will also build himself a hatchery and go into a second and equally profitable aspect of the business. This requires a holding pond for mature brood fish which are stripped by hand of eggs and milt when ripe. The fertilized eggs are then kept in shallow

troughs or circular cement pools where the water can be maintained at the proper volume, temperature and oxygen content. In a few

Continued on page 3



As spring approaches, our thoughts turn to the sugar bush. Our 'Maplemania' recipes are found on page 10

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## Happy Valentine's Day



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**Letters  
to the  
Editor**

Dear Editor:

The Board of the Lennoxville-Ascot Historical & Museum Society (LAHMS) on Jan. 9, 2005 authorized sending a letter to express publicly our continued disappointment and dismay with the Ville de Waterville's decision to rename Route Gilbert Hyatt as Route 143.

On Dec. 13, 2004 the Board passed the following resolution:

"Lennoxville-Ascot Historical & Museum Society regrets the decision by the

Municipality of Waterville to remove the name of Gilbert Hyatt from the part of Route 143 within its territory. Gilbert Hyatt is historically important as the leader of the founding group of Ascot Township including the City of Sherbrooke and is regarded as the founder of Sherbrooke. Route 143, as it passes through various towns and cities, has the name assigned by the municipality, for example: Queen Street (Lennoxville), Wellington and Grandes Fourches (Sherbrooke). Any time a municipality decides to downgrade the recognition of its heritage and the contribution of its earliest settlers, it must be seen with extreme disappointment."

This resolution was sent to the Ville de Waterville,

with copies to the Mayor of Sherbrooke, the Commission de Toponymie du Québec, the Fédération des sociétés d'histoire du Québec, and the Quebec Anglophone Heritage Network.

A reply from Waterville told us that on Jan. 3, 2005 the municipal council had again discussed the issue and decided to stand by their December decision. The reasons given were to facilitate commercial transportation and to assure public safety (911, etc.). Worthy as they are, these reasons are considered debatable to say the least,

especially after twelve years as Route Gilbert Hyatt.

Lillian Rider

LAHMS Archivist and  
Chair, Toponymy Committee  
Lennoxville

Note from the Editor:

I had previously stated in past editorials "Think twice before agreeing to all the amalgamation of towns".

Now be prepared; this is just one of the steps in the assimilation of English communities - the erasing of its heritage.

**GAMES TO TRY**

Editor's note: From time to time we'll be providing our readers with rules applicable to various card games or field games. Some games you may have forgotten, some will be new to you. You may also find out that you are playing familiar games with rules that have been somehow altered through the years. Cut and keep in a safe place, ready to be retrieved whenever needed.

**CHINESE WHIST**

Chinese Whist is a game for four players. After selection of partners and Dealer, 6 cards are dealt, one at a time, face down, to each player. Then 6 more cards are dealt, one at a time, face up, covering the 6 already face down. Then playing cards are held in the hands of the players until the Dealer surveys the situation and names the trump. The Player to Dealer's left then leads his playing card or one of the face-up cards, and the other players in rotation play to it. It is required to follow suit, if possible; if not, players may trump or discard. As soon as a face-up card is played, the concealed card beneath it must be faced up. The scoring is for tricks only, above the book of the first 6 tricks.

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**CASS FUNERAL HOME**

Barry Evans & Jacques Laberge

**Farming Fish**

Continued from page 1

weeks they become fry - half-fish, half egg - and live entirely off their yolk sac for the next two to six weeks depending on temperature. Then they must be taught to feed. Fish are none too bright and a percentage never learn and therefore die. Those that do learn can be transferred to raceways where they should be fed six times a day on finely ground beef-hearts or liver. They are now called fingerlings. Government agencies buy a great many fingerlings for restocking fished-out ponds and streams. So do private citizens. The Pulp and Paper Research people in Montreal buy fingerlings by the thousands for seeding near pulp mills so they might measure how quickly they die of pollution.

Restaurants will buy your best and plumpest trout as table fish. Fish and Game Clubs often own ponds and streams so their members can pull them out again. Easy money.

Theoretically.

Fishes, firstly, are 'poikotherms' which is a fancy way of saying all their activities are directly controlled by the temperature of the water they live in. An ideal surface temperature for Speckled Trout is around 14 Celsius degrees. Below that temperature, activity and appetite progressively dwindle until, at 4 degrees, they practically cease altogether. Above that temperature - after a few hot summer days, for instance - the oxygen content of water is progressively reduced and the fish go gasping until they turn belly-up and are fit only for fertilizer.

The pond must not be too deep lest the water not warm up sufficiently in spring and not too shallow lest pond weed and algae take over and use up the precious oxygen. There must be a sufficient flow - around 100 gallons a minute for our 20 by 75 foot pond - and an arrangement at the outlet which permits all the water to be drained for

cleaning and restocking.

Trout are carnivorous and will eat almost anything - including each other. They are fiercely territorial and will defend areas from four square inches to as many square yards depending on their size and aggressiveness. Some naturally grow faster than others which means - since the largest can capture and keep the best territories and therefore get the most food - that the biggest grow faster yet. Among trout, as among people, the rich get richer and the poor get poorer.

Trout are eaten, not only by larger fish, but also by kingfishers, cats, rats, mink, crows and the Great Blue Heron. This brings us to another of nature's little jokes on the trout - the life cycle of the Yellow Grub.

The Yellow Grub is a parasite which fastens itself by suckers inside the mouth of the Great Blue Heron. Its eggs are dropped into the water during the course of the Heron's daily goings and

there they hatch into larvae. These larvae swim about until they meet a snail. They crawl into the body of this snail and metamorphose there into something unprintable - ugly fork-tailed creatures which float around upside down until they bump into one of our best trout. They penetrate the flesh of the fish, harden into cysts and metamorphose yet again. If our trout is then swallowed by the Great Blue Heron, the Yellow Grub becomes an adult and drops more eggs into the pond.

Trout also suffer from various other intestinal parasites and from enteritis, boils, tapeworms, ulcers, blue slime, gill diseases, worm itch, lice, fungus, fin-rot, tail-rot, the Whirling Disease, kidney trouble, tumors, etcetera, etcetera.

And fish-farmers suffer from the long nose of the law. A hatchery owner needs a \$50 hatchery license from the Department of Fish and Game. Anyone who sells fishing rights - Catch and Pay

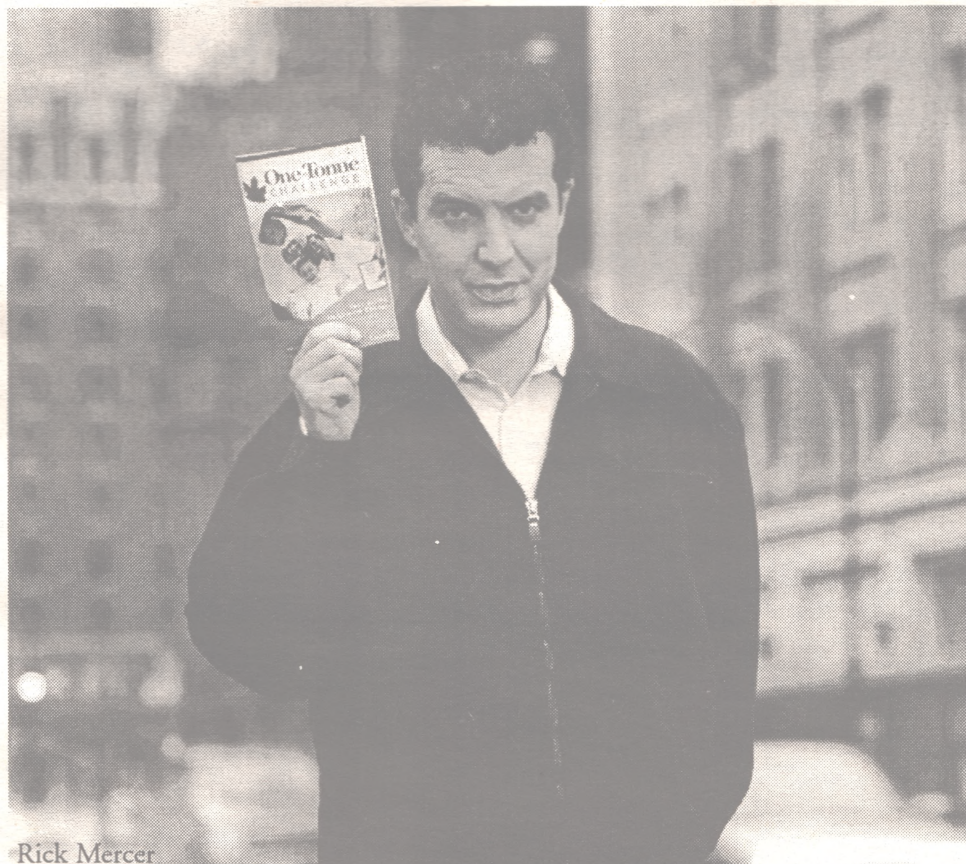
- needs an 'Outfitters License' or faces a \$50 fine or eight days in the slammer. The 'Outfitters License' allows the fish-farmer to rent out rods and tackle, to charge a fee for trespassing or to 'guide' a customer to his pond but there seems to be no provision for actually selling fish.

And anyone who keeps fish in captivity - even the farmer with a few trout in the pond where his cattle drink - must have a ten dollar 'Pisciculture License'.

Had enough? Then how about crocodile farming? You sell them for steaks, for shoe-leather and handbags.

I've just hear of a guy who began in 1950 with \$500 and twenty wild crocs and is now worth a cool million-and-a-half and has eleven thousand of the things. But he's not very popular with his neighbours. And he lives in Thailand. But there must be some way to make a living on the farm.

Mustn't there?



Rick Mercer

## Every Canadian loves a challenge, right?

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## Sublime to ridiculous for winter theatre

By Mary Leblanc

Art definitely imitates life, but some art is more realistic than others. The lineup for this month's theatre-goers offers something for everyone, exploring many different psyches from many different angles. From professional to community theatre, admission is affordable, with two productions offering a "pay what you can" performance.

Here are just a few previews of shows appearing in Montreal during February and March. For additional listings, contact the Quebec Drama Federation or consult the calendar on their website [www.quebecdrama.org](http://www.quebecdrama.org).

### HERE & THERE

Don Juan, a Canadian photographer, plays sexual politics while searching for the one woman he shouldn't have let get away. A cast of 13 Montreal actors move from the killing fields of the Balkans into a maze of bedrooms in comfy Canada,

where refugees lust after redemption for their past crimes. Is a morally questionable act of seduction excusable when you seduce to survive as opposed to the sheer pleasure of it? Is pleasure as an absolute, the way to go? Is change possible when cynicism is the norm and to be expected? And is it possible to remain true to any ideals and live by them?

•Produced by the Nouveau Theater Anglais

•Playing at the D.B. Clarke Theatre, January 27 to February 12, 2005

•Thursday to Saturday at 8pm; Wednesday, February 9 at 8pm

•Box Office: (514) 848-2424 ext. 4742

•Admission: Adults \$20 / Students & Seniors \$16 / Group Rates

### STAGE FRIGHT

A young girl dreams of being on stage, but is crippled by stage fright. This hilarious song & dance

extravaganza features music from the 60's, 70s, 80s and 90's.

•Produced by Purple Dragon Theatre

•Playing at Centre Culturel Calixa-Lavallée

•February 3 to 6, 2005. Thursday to Saturday at 6:30pm; Sunday at 5 pm

•Matinees: Saturday and Sunday at 1pm

•Box Office: (514) 995-9924

•Admission: Adults \$15/ Children (under 16) \$10

Musical / Comedy

### BASH: LATTERDAY PLAYS

This is a collection of three darkly brilliant one-act plays that explore the complexities of evil in everyday life. *Media Redux* features a woman rehashing her distressing adolescent affair with a schoolteacher. *A Gaggle of Sainis* portrays gay-bashing by a group of Mormon college students. *Iphigenia in Orem* presents a businessman confessing to

a horrific crime that highlights the human capacity for lying, denial and rationalization.

•Produced by Muttertung Theatre Company

•Playing at Theater Ste-Catherine

•February 16 to 26, 2005

•Wednesday to Saturday at 8 pm. Box Office: (514) 284-3939

•Admission: Adults \$15/ Students & Seniors \$12/ Special Rates/February 22 - Pay what you can

•Drama

### A ROOM OF ONE'S OWN

This is a dramatization of Virginia Woolf's lecture about the challenging journey of women writers. Woolf contends that a lack of economic freedom breeds resentment in both sexes-brash, assertive male resentment that ultimately claims superiority and shrill, nagging female resentment that struggles for her rights. A one-woman play performed by Gabrielle Soskin, respected and



beloved teacher and professional theatre founder, this presentation is a fundraiser for Persephone Productions where Soskin is currently artistic director. Persephone's mandate is to continue to provide work opportunities for young professional theatre artists, and Soskin's personal credence is "The greatness of any city is reflected in the health of its cultural and artistic activity, and in its youth."

•March 8 to 13, 2005

•Tuesday to Saturday at 8:30pm; Matinee: Sunday at 2:30pm

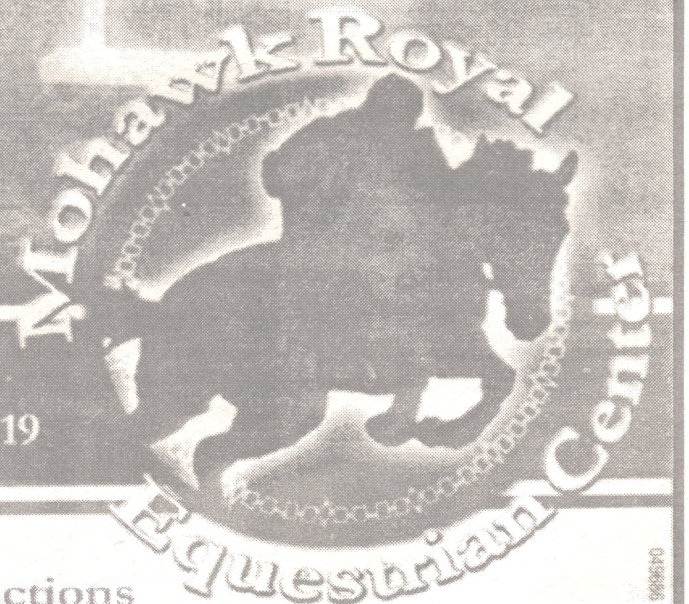
•Playing at La Balustrade, Monument-National, 1182 St-Laurent, Montreal, St-Laurent. Box Office: (514) 871-2224

•Admission: Regular \$22.50/March 8-Pay What You Can/March 10-\$100 for two (tax deductible)

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## Meditation – Peace & Power

by Kathleen Y. Rattigan

*You are a droplet of water from an infinite ocean of consciousness.*

Hajji Bahaudin

Meditation is the portal to peace and power. Come one – come all and explore the magic of your unlimited mind.

To open the door to meditation seems daunting to many. It seems that most have the illusion that this sacred practice is limited to monks and yogis – but this is no longer so. The other excuse is – I have no time to learn how to meditate. Guess what? You already know how!

Has anyone ever told you that meditation is as natural to the human mind - as is breathing to the body? Think back to a moment in time when you were beside running water, a stream or a babbling brook. Or perhaps you were lying on a beach listening to the rhythmic rush of waves. One of my favourites is swinging gently in my hammock under my old oak tree, listening to the wind whisper through the leaves. Your body was limp with bone deep relaxation, your mind was wonderfully empty of all concerns, and you probably had a gentle smile of contentment written upon your features.

You were meditating! How sweet and simple is this!

Meditating is the key to a peaceful mind because you become the master of – not the slave to - the countless thoughts that bombard you all day. Meditation is so powerful because you are clear and focused on the moment and this instantly makes you successful in all you do. To be a powerful person is to regain mastery over your life in all the ways that count. Becoming a clear channel invigorates every activity that you touch.

Deepak Chopra, M.D.,

famous author of numerous books, including Perfect Health and Ageless Body says that he cannot emphasize enough the benefits of learning to meditate. Through numerous scientific studies, it has been determined that it will not only lower your biological age, it could also lower your blood pressure because you will begin to release stress. Other benefits of meditation is the ability to make up for lost sleep, energize your breathing, ease physical and mental stress, improve mental clarity and artistic abilities, and the list goes on and on.

Another turn off for many is the picture of sitting in a yoga position, chanting OM, and spacing out into la la land. Wow – this is like a flash back to the 60's and the hippie generation. Today the modern meditator has access to brainwave sounds and music that help you to enter into alpha and theta which are meditative levels, and it is known that the best position to meditate in is the one that is most relaxing and comfortable for your body. I personally love to stretch out with pillows and softness surrounding me. On goes the music that is my choice for the day, my cats all come running because they love to meditate with me, and – close my eyes, relax my body, and enter sacred space.

There are no "rules" in meditation, no one way that is better than another, and there are no complicated rituals to follow. It is natural, gentle, and comforting and always enjoyable. While having a teacher guide you can be helpful – please do not wait for that. You can start this minute, all on your own, and further down the road, if it pleases you, start taking classes that will deepen and enrich your experiences.

Remember, meditation is not the forcing of your mind to be quiet – it is finding the

quiet that is already there. Peace be with you on your life's journey.

### MIRACLES & MYSTERIES

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- If you can start the day without caffeine or pep pills,
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- If you can overlook when people take things out on you,
- If you can take criticism and blame without resentment,
- If you can face the world without lies and deceit,
- If you can conquer tension without medical help,
- If you can relax without liquor, and sleep without drugs,

**Then, you are almost as good as your dog or cat.**  
Author Unknown



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Dear Rose:

*My girlfriend and I have been dating for quite a while, and have recently moved in together. For the last few weeks, she barely lets me in the door before she corners me and has to fill me in on her day. She tends to go on and on and I barely get a word in. I want her to give me a little winding down time when I first get home, and perhaps let me get a word in once in a while otherwise. How do I go about doing this and not hurting her feelings?*

...Bombarded at the door

Dear Bombarded:

Your relationship has moved into a brand new arena – that of cohabitation and this brings a new dimension of togetherness that requires a higher level of communication. You both must learn of each other's

needs on a day-to-day basis and here is where the art of "telling it like it is" becomes essential.

Tell her the truth – in a gentle way. Ask her for a cup of tea (or whatever) and a bit of quiet time when you first come home. Explain that this is necessary for you.

As for getting a word in edgewise – perhaps she does not need your feedback right away because this is HER way of unwinding. Just let her run out of steam first and learn the art of being a good listener.

There has to be adjustments on both sides. Once you are relaxed perhaps you will discover that this habit of hers doesn't annoy you anymore.

Remember – change is a two way street, you both just need to meet in the middle.

Please email your questions to: [townsun@abacom.com](mailto:townsun@abacom.com) or write Ask Rose c/o The Townships Sun, 7 Conley St., P.O. Box 28, Lennoxville, Qc. J1M 1Z3.

## A short history of the Valentine's Day card

(NC)—According to Roman legend, during the third century, Valentinus (who would become the namesake of the modern Valentine's Day) was imprisoned for his religious beliefs and sentenced to death. Legend has it that while he was jailed Valentinus restored the sight of his jailer's blind daughter. The night before he died, he wrote a farewell note to the girl signed, "From your Valentine." His death sentence was carried out the next day, Feb. 14, 269 A.D.

Hundreds of years later in

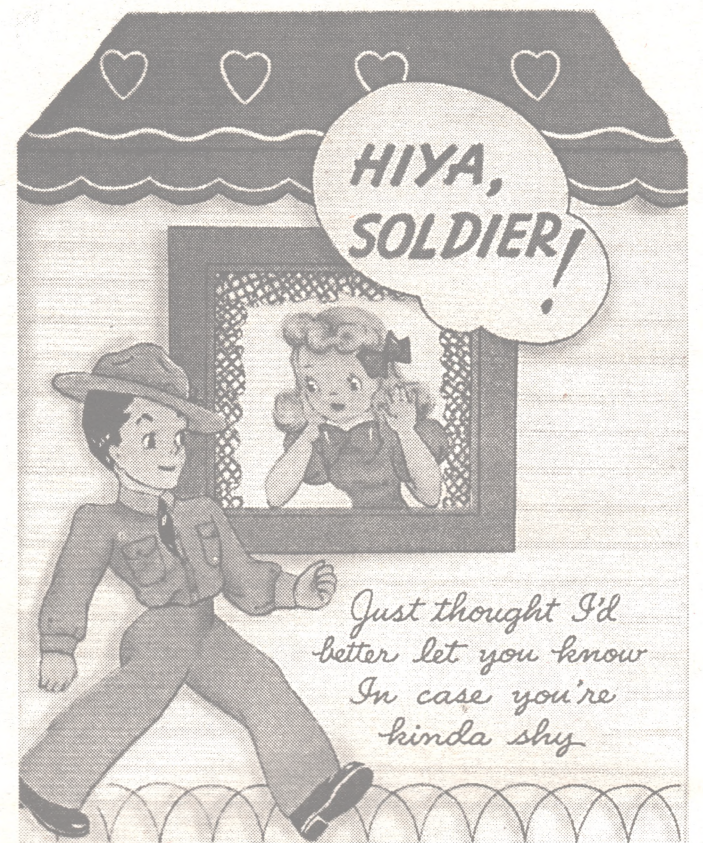
fifth century Rome, people honored Juno, the pagan goddess of love and marriage, each Feb. 14. During the celebration, men would draw women's names and court them for marriage. Eventually, around 498 A.D., Pope Gelasius declared Feb. 14 as Saint Valentine's Day to honor the martyr Valentinus (and to end the pagan celebration).

"The valentine has become the universal symbol for love over the centuries," says Denise Darragh of Hallmark Canada. "But Valentine's Day celebrations

and traditions, including cards, are constantly evolving to reflect everyday attitudes towards romance."

The earliest known written valentine has been traced to the rhymed love letters sent by Charles, Duke of Orleans, to his wife when he was a prisoner in the Tower of London in 1415. Prior to this time lovers said or sang their valentines.

Commercial valentines first appeared around 1800 and have featured a variety of themes reflective of each era. Norman Rockwell inspired Valentine's Day cards in the



roaring twenties while the influence of Mickey Mouse and World War II can be seen in cards from the thirties and forties.

Today, Valentine's Day

cards are available for everyone, not just lovers. While over half of all valentines are romantic, there are cards for friends, teachers, children and other family members.

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### Five ways to improve the romance ratio this February 14th

(NC)—Just in time for Valentine's planning, here are five sure-fire ways to add romance to this year's celebration from the experts at Hallmark:

1. The Write Stuff – With a complete line of gifts and cards for Valentine's Day, Hallmark can help guide Cupid's arrows in the right direction. There's a card to help every romantic express their love and affection—from the traditionally romantic classic card to the spirited, more contemporary Shoebox line. Think about writing a secret code word into your Valentine's Day card. Whenever and wherever your sweetie says it, drop everything—their wish is your command.

2. Roses are Red – Less is more with the right presentation, and Hallmark's glass bud vase is designed to hold a perfect single rose (\$14.95). It comes with a wire note holder and a card

you can personalize.

3. Set the Stage – For the ultimate in mood lighting, try a cinnamon scented jar candle (\$14.95) or a set of red and pink heart-shaped candles (\$7.25). Woo your sweetheart with the new Martina McBride CD of love songs playing softly in the background (available exclusively at Hallmark, just \$8.95 with purchase of three cards).

4. With this Ring – Thinking of popping the big question this Valentine's Day? Present the goods in a Hallmark keepsake box (\$6.95). A chocolate or cinnamon hearts are other sweet treats you could enclose.

5. Random acts of Romance – Hiding a Valentine's Day card on your body can add a fun and flirty note to your Valentine's celebration when your sweetie frisks you for it.

## St. Valentine – the mysterious saint

Every February, across the country, candy, flowers, and gifts are exchanged between loved ones, all in the name of St. Valentine.

But who is this mysterious saint and why do we celebrate this holiday?

The history of Valentine's Day -- and its patron saint -- is shrouded in mystery. But we do know that February has long been a month of romance.

St. Valentine's Day, as we know it today, contains vestiges of both Christian and ancient Roman tradition. So, who was Saint Valentine and how did he become associated with this ancient rite? Today, the Catholic Church recognizes at least three different saints named Valentine or Valentinus, all of whom were martyred.

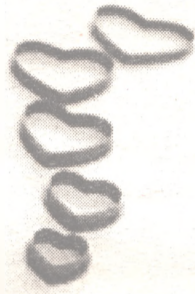
One legend contends that Valentine was a priest who served during the third century in Rome. When Emperor Claudius II decided that single men made better soldiers than those with wives and families, he outlawed marriage for young men -- his crop of potential soldiers. Valentine, realizing the injustice of the decree, defied Claudius and continued to perform marriages for young lovers in secret. When Valentine's actions were discovered, Claudius ordered that he be put to death.

Other stories suggest that Valentine may have been killed for attempting to help Christians escape harsh Roman prisons where they were often beaten and tortured.

According to one legend, Valentine actually sent the first 'valentine' greeting himself. While in prison, it is believed that Valentine fell in love with a young girl -- who may have been his

jailor's daughter -- who visited him during his confinement. Before his death, it is alleged that he wrote her a letter, which he signed 'From your Valentine,' an expression that is still in use today.

Although the truth behind the Valentine legends is murky, the stories certainly emphasize his appeal as a sympathetic, heroic, and, most importantly, romantic figure. It's no surprise that by the Middle Ages, Valentine was one of the most popular saints in England and France.





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## Coyote

Continued from page 1

suspicious, a mean fighter and loves nothing more than a good feed of freshly killed deer.

Which brings us to the inevitable question – do coyotes kill deer? Not just weak, sick or wounded deer, but healthy deer in the prime of life? Well, let me quote from an article published by the Quebec Ministry of Hunting and Fishing. The report is authored by noted Quebec wildlife biologists Francois Messier, Francois Potvin and Francois Duchesneau.

In the report the Biologists state that deer are a primary source of food for coyotes in a forest habitat. The report states that a major portion of the deer in a deer yard near Armstrong, Quebec, were killed by coyotes over a three year period, and that 12% of the deer in the yard in one winter were killed by coyotes. In the summer months 25 to 30% of the fawns that were born were killed by coyotes.

In a conversation at the Franklin County Fair in Malone, New York a few years ago, N.Y. State Environmental Conservation Officer John T. Flynn told me that one time while on a springtime patrol he found 15 adult deer that had been killed by coyotes and that the coyotes had been feeding on the carcasses.

An article on coyote control in Outdoor Life Magazine by Nathan Schrock states in part, "Big predators such as coyotes can eat themselves out of a habitat. During a recent harsh winter a group of us concerned sportsmen found 42 coyote killed deer in a single yard in Northern Wisconsin. These deer were killed in December, so they had been in good healthy condition."

In an article in the Montreal Gazette George Gruenefeld states that, "Hunters in the Gaspé region of Quebec are convinced that coyotes are partly to blame for the decline in the deer herd. Earlier this month,

Bruce Patterson took a heavy racked 8 point buck which had been attacked by a coyote. When I spotted the buck on the Power Line it was being circled by a coyote, Patterson told me. On inspecting the deer later, I found there was a gash on his hind leg which I believe was the work of the coyote."

Personally, I have witnessed on two separate occasions irrefutable proof that coyote prey on deer. The first incident took place 3 years ago in the Covey Hill area while hunting rabbits in late winter. I and my hunting buddy Jean Mongeon came over the top of a small hill and surprised a pack of 8 coyotes which were eating alive a small whitetail doe and also her unborn fawn. When the coyotes sighted us they took flight and vanished into a nearby swamp before we could get a shot at them.

A few days later while hunting rabbits in the same area, we stumbled upon the remains of another dead deer

which the pack had killed. The coyotes had chased the deer for about a mile before they had brought it down, and it had been a bloody chase. The poor deer must have suffered terribly before it died.

The next fall while deer hunting in the same area, two coyotes which were hotly pursuing a nice 5 point buck did me a favour when they pushed the buck right underneath my deer stand. There was not a bit of doubt that the coyotes were chasing the buck, they were actually nipping at his heels. I bagged the buck and also one of the coyotes.

A few weeks ago a friend of mine had an almost identical experience when he saw 3 coyotes in hot pursuit of a doe along a power line right of way, he saved the doe's bacon with 3 well aimed shots from his scope sighted Remington 270.

Now that I've established that deer do get eaten in



substantial numbers by our little coyote friends, let me assure you that coyotes also will readily consume sheep, calves and dogs. They just love beagles, cats, pigs and, according to some late news reports, they may be acquiring a taste for young children!!!

Let me quote verbatim from a news report recently in the Montreal Gazette that reads as follows:

"B.C. toddler badly mauled in attack by fearless coyote. Creston, B.C. (CP.) – Victor Kimball says his 18 month old daughter, who was attacked by a coyote last weekend, nearly become the animals meal." "He was going to have her for lunch, that's all there was to it," said the Edmonton man who raced about 80 yards to help his daughter after he heard screams. "When I got there she was face down in the dirt and the coyote was biting her in the head and licking the blood, and she was covered in it."

Doctors used more than 200 stitches to close wounds to her face, head, arms, legs, and abdomen. The child was later reported to be in stable condition in the intensive

Continued on page 9

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**Continued from page 8**

care unit of Trail, B.C. Hospital.

The attack at a southern B.C. picnic area was the sixth such incident in Alberta and B.C. over the past week.

On Friday Christine Carter of St. Albert, Alberta, was dragged by a coyote from her sleeping bag during a camping trip in Banff National Park. Carter, 16, received puncture wounds to her left forearm.

While on a family vacation through BC, the Kimballs were preparing to leave the picnic area for the trail. Jolynn and her sister, Sarina, 10, were walking on a well travelled trail around Stag Leap Lake when the coyote jumped from the bush and attacked.

"He had chewed her up pretty good" Kimball said, "At first I thought she was

going to lose her left eye, but the doctor said her eyes are fine, and her right ear got chewed up too, but no pieces were missing."

The animal just jumped on his daughter without warning, Kimball said. "Usually when I'm travelling in the mountains, I carry a gun, but this time I didn't have one. But I knew this one was going to die, even if I had to go back and do it with my bare hands."

After wrapping Jolynn in bandages, the Kimballs rushed her 45 kilometres to a hospital in Creston, BC, where she was stabilized and transferred by ambulance to Trail.

Creston R.C.M.P. said they found and destroyed the coyote they believe was responsible for the attack.

Conservation Officer Martin Melderis said the animal tested negative for

rabies. The attack is puzzling because coyotes are generally timid creatures, he added.

However the animal that attacked Jolynn seemed to have no fear of people.

When Victor Kimball rescued his daughter, it retreated but did not run



away.

Lu Carbyn, a research scientist with the Canadian Wildlife service, said attacks of this nature are not common but neither are they unheard of. "There are always exceptions to the rule, and what you have here is predatory behaviour on the part of the animal" he said.

It makes for pretty scary reading, doesn't it though? In part two in the next edition we'll discuss the various hunting methods for coyotes.

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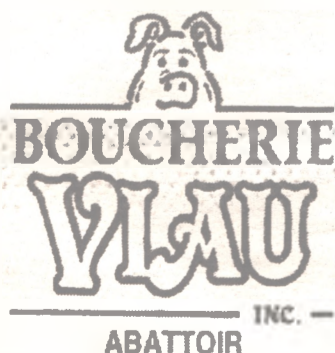
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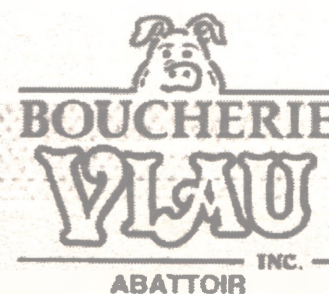
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## IT'S THIS TIME OF THE YEAR AGAIN Maplemania

Thanks to one of the Sun's new team members, I am glad to share with you some of Brenda Grant Larocque's favorite family recipes from her 2nd run recipes book. You can order a copy of Brenda's cookbook by filling and posting the order form provided at the bottom of this page.

### APPETIZERS & BEVERAGES

#### MAPLE MILKSHAKES

- 1/2 cup milk
- 1/3 cup yogurt
- 1/3 cup skim milk powder
- 1/3 cup tofu
- 1/2 frozen banana
- 3 tbsp frozen apple juice concentrate
- 2 Tbsp maple syrup

Combine all ingredients in blender and whirl until smooth. Pour into two 8 ounce glasses.

### COOKIES & CANDY

#### MAPLE CREAM CANDY

- 2 cups maple syrup
- 1 cup 35% cream
- 1/2 cup chopped walnuts
- 1 tsp vanilla

Boil maple syrup with cream until it forms a soft ball in cold water (approximately 238 Degree F. Stir frequently. Cool to lukewarm, then add walnuts and vanilla. Beat with a wooden spoon until thick and creamy.

Pour into a buttered pan.

#### MAPLE OATMEAL COOKIES

- 1 1/2 cups all-purpose flour
- 1 tsp salt
- 1 tsp baking soda
- 1/2 cup shortening or butter
- 1 egg, beaten
- 1 cup maple syrup
- 1/4 cup milk
- 1 1/2 cups quick cooking rolled oats
- 1/2 cup raisins
- 1/2 cup chopped nuts, if desired

Sift flour, salt and baking soda together. Beat shortening and egg together until fluffy. Beat in maple syrup. Stir in flour mixture then milk and oatmeal; mix well. Stir in raisins and nuts. Drop by spoonfuls onto greased cookie sheets. Bake in preheated 375 degree F oven 15 minutes, or until done. Do not overbake. Makes more than 3 dozen cookies



Brenda Grant Larocque the Sun's new Sale Rep. in front of her family's Sugar House in Huntingdon, Que

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### SALADS & DRESSINGS,

#### MAPLE SYRUP SALAD

- 8 oz. pkg cream cheese
- 1 cup maple syrup
- 1 small container Cool Whip, or 1 1/2 cups whipped cream
- 14 oz. can crushed pineapple drained
- 1 cup chopped dates
- 1 cup chopped walnuts

Blend cream cheese and maple syrup very well. Fold in Cool Whip or whipped cream. Add pineapple, dates and nuts: fold into mixture. Chill well and serve. This may be frozen.

### MAIN DISHES

#### MAPLE BAKED CHICKEN

- 3 lb. chicken, cut in pieces
- 4 Tbsp butter, melted
- 1/2 tsp grated lemon
- 1/2 cup pure maple syrup
- 1 tsp salt
- Dash pepper
- 2 tsp lemon juice
- 1/4 cup chopped nuts (optional)

Place chicken in a shallow casserole dish or baking pan. Combine remaining ingredients and pour over chicken pieces. Bake uncovered in 400 F for 50 to 60 minutes, basting every 15 minutes

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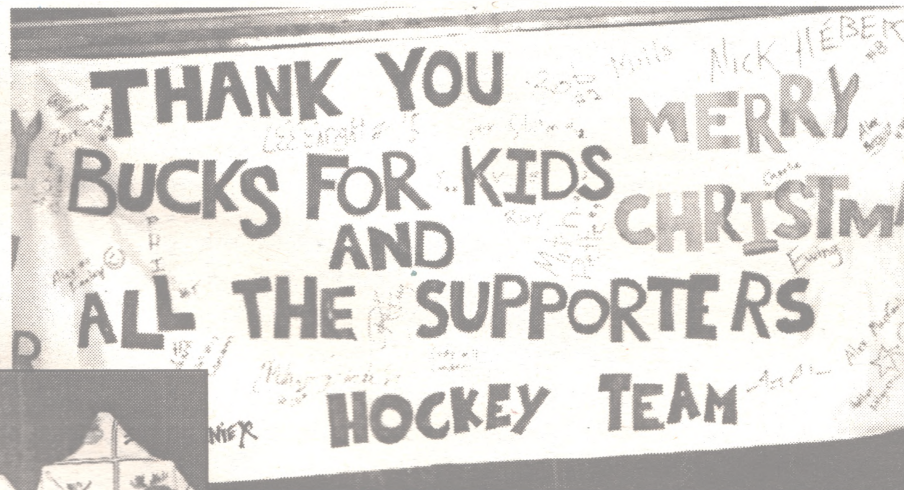
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## COMMUNITY SPIRIT AT ITS BEST BUCKS FOR KIDS

On December 11/04 over 250 outdoorsmen and women gathered at the Old Brome Hotel now part of the Brome Fair facilities, to enjoy a delicious meal served up mostly by teachers and administrators of the surrounding English schools. The ingredients of the meal were all donated by hunters and game farm of the Brome Area.

The event raised over \$7,000 dollars that was distributed to schools and Make a Wish organization; this year's recipient was a little girl with a rare disease.

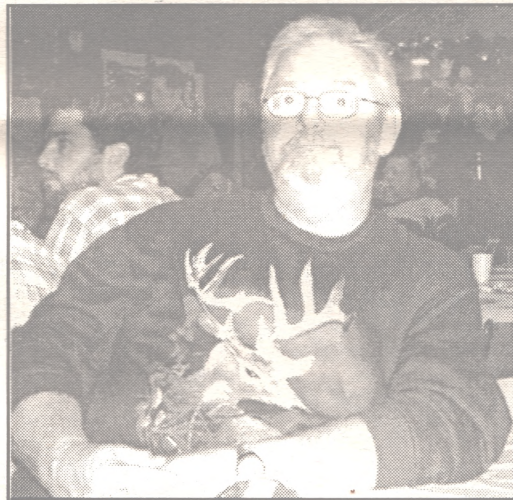
This supper is unique and I hope it continues for many more years. I would like to thank Ted Connor (no longer with us) who introduced me to this supper two years ago and to two friends Gordie and Karine Ingil. I know Ted supported this yearly event for the benefits it brought to the community.



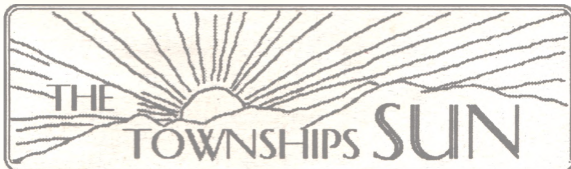
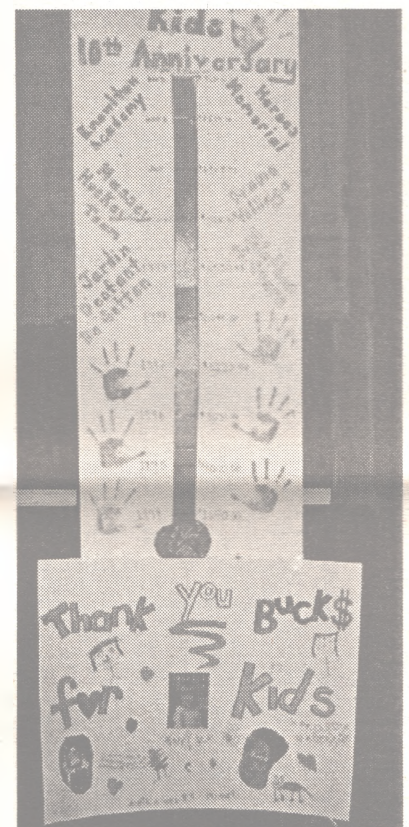
Volunteers giving out numerous door prizes. The beautiful Afgan at the right was knitted by Helen Fowler.



Left to right, Karin and Gordie Ingil, Jimmy Luce, long time supporters of the Bucks for Kids

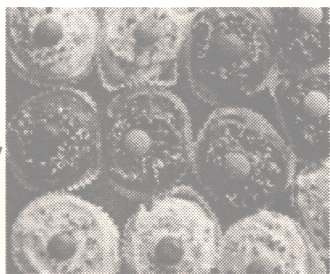


Sid Warcup from Chateauguay, Bucks for Kids supporter.



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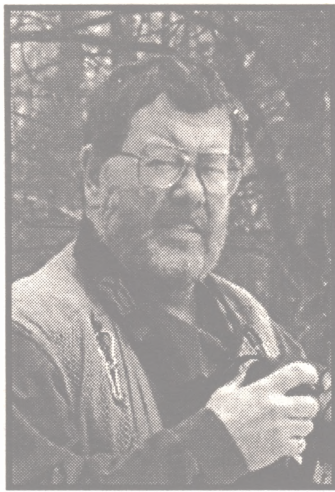
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# The Spectral Owl



By Tom Moore

It was 6:45 am on a January morning, -24C, and mist was becoming visible as the sky gradually brightened, rising from recently flooded creeks and ditches. With the driver's window down and the heater on high, I wondered why I was not in bed asleep. I never had been a morning person! This effort was all in the hope of seeing an uncommon but spectacular winter refugee to southern Quebec and Ontario, the great gray owl. Internet

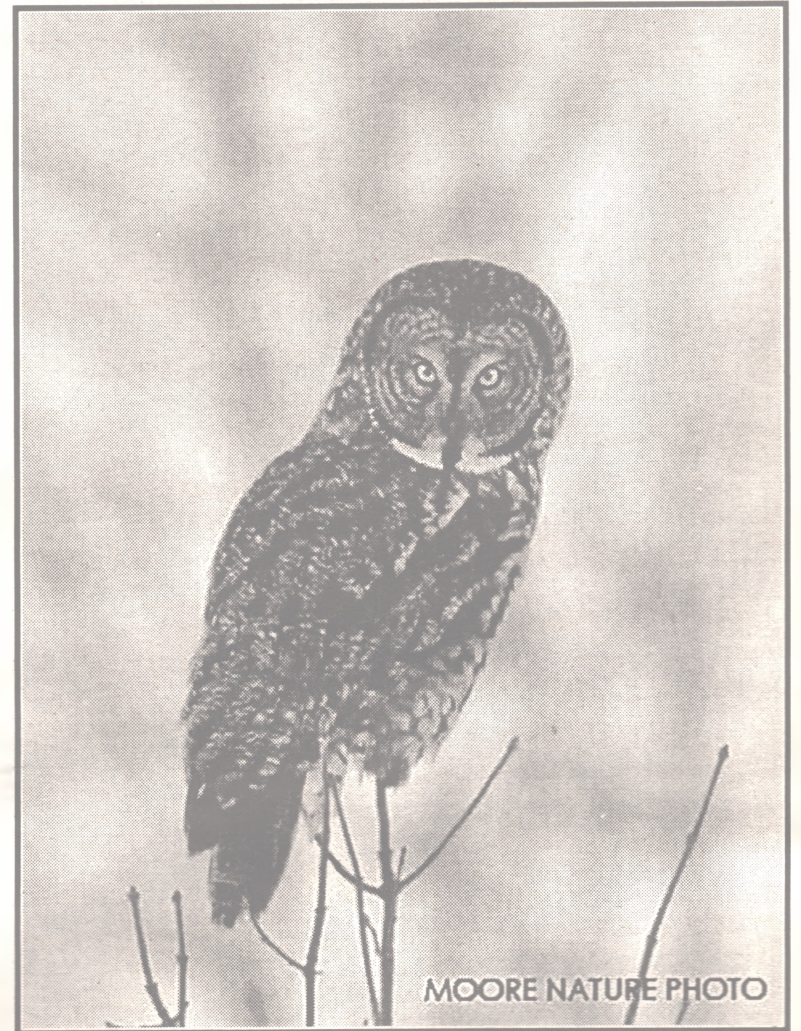
reports indicated that there had been many sightings in this small area to the west of Ottawa but I had already failed to find any on the south shore of Montreal despite hours of searching on different days.

As the pictures prove, I finally did discover the big owls. The first was spotted on an incongruously small bush just after sunrise. By resting the cumbersome 600f4 lens on the roof of the car I was able to get several photos. From that point the owls seemed to be almost easy to spot. Keeping fingers and camera functioning in the cold was a limiting factor.

The great gray owl is North America's largest owl, standing as high as 84cm (33") with a wing span which can reach 158cm (62"). Much of its size is the result of its dense plumage, since it weighs less than snowy and great horned owls, both of

which are somewhat smaller. A most striking feature of the bird is the very large facial disc which helps direct sound to the owls asymmetrically placed ears. The acute hearing of the great gray owl enables it to locate and pounce on mice and voles as they travel deep beneath the snow.

The great gray owl is not a breeding resident of Eastern North America, moving into our area in large numbers about every 10 years from the northwestern part of the continent. Scientists believe that cyclical crashes in the small rodent populations of the boreal forests of the north are the principal cause of the bird's movement south, although snow conditions and adverse weather may also be important factors. Gray owls often arrive in poor condition due to near starvation and become very visible to humans as they hunt desperately to survive. Ornithologists are quite



MOORE NATURE PHOTO

concerned that bird watchers and photographers (owl paparazzi!) not harass the owls as they try to regain their strength. If you encounter owls (or other

winter migrant birds), be content with viewing from a distance with binoculars or a spotting scope to avoid causing the birds to take flight.

## Local Bird Watchers Compile Christmas Count

By Camille Dufresne and Gladys Beattie

On a cold Saturday morning on December 18th, 55 bird watchers initially braved -20°C temperatures to count birds in the Lennoxville territory. The SLOE (Société de Loisir Ornithologique de l'Estrie) and St-Francis Naturalist Club members found more than 52 different species and 9863 individuals. All together, people drove for 69 hours, and 826 km and walked for 34 hours and 69 km. The list of the observations may be found below:

Audubon #	Species	Number sighted
167	great blue heron	1
199	canada goose	102
206	american black duck	17
208	mallard	931
241	common Goldeneye	36
246	hooded merganser	14
247	common Merganser	74
248	red breasted merganser	2
262	bald eagle	2
265	sharp-shinned hawk	1
279	red tailed hawk	1
282	rough legged hawk	2
287	american kestrel	1
309	ruffed grouse	2
314	wild turkey	8
405	ring-billed gull	2
407	herring gull	1282
409	iceland gull	1

414	glaucus gull	1
416	great black-backed gull	447
464	rock dove	547
471	mourning dove	437
555	downy woodpecker	48
556	hairy woodpecker	63
567	pileated woodpecker	7
618	blue jay	238
628	american crow	1687
634	common raven	21
636	black-capped chickadee	1187
645	tufted titmouse	10
649	red-breasted nuthatch	18
650	white-breasted nuthatch	80
653	brown creeper	4
666	golden-cr. kinglet	2
684	american robin	37
704	northern shrike	2
707	eur.opean Starling	1187
783	northern cardinal	27
808	american tree sparrow	115
809	chipping sparrow	1
832	song sparrow	1
836	white throated sparrow	1
840	dark eyed junco	16
854	snow bunting	30
867	common grackle	1
884	pine grosbeak	20
885	purple finch	112
887	house finch	21
891	common Redpoll	55
897	american goldfinch	504
899	house sparrow	66

### 2004 Brome Christmas Bird Count

The day dawned clear and crisp on Saturday Dec 18<sup>th</sup> for the 16<sup>th</sup> Brome Lake Christmas Bird Count, a component of the 105<sup>th</sup> Audubon Christmas Bird Count. This large "citizen science" survey is conducted across North and Central America by over 2000 different groups of volunteers. (In 2003 more than 50000 people participated between mid-December and early January.) Results of the yearly early winter bird census are compiled and analyzed by Audubon/Cornell University ornithologists and provide information on bird populations and environmental issues. As an example, the effect of West Nile virus on bird populations was clarified by CBC data from past years.

Aided by the favorable weather, we had a good bird

Continued on page 13

## Con't from page 12

turnout for the Lac Brome count this year. Thirty-five volunteers, counting either at their feeders or from a preset road route, tallied up 2251 individual birds from 32 different species. An eagle and a blue heron were the most unexpected findings. Two tufted titmouse were spotted in Knowlton as were no less than 16 cardinals, which seem to be increasing in the area. One lost robin was observed and tree sparrows were surprisingly numerous(72).

The ubiquitous chickadee was again the most numerous bird (681), followed by goldfinches(300), blue jays(243) and rock doves (formerly known as pigeons) with 241 sightings. Despite the freezing of Brome Lake, mallard, hooded merganser, goldeneye, and black ducks were seen in other areas of open water. Conspicuously absent were redpolls, which were very numerous last year. No owls were counted but one Cooper's hawk was reported.

All in all a pretty good day for this count circle (and no one went in the ditch!).

## Make Valentine's day a day she'll never forget:

(NC)—Surprising your Valentine with a homemade meal is sure to make the day a special one. But creating a memorable meal that's in line with her diet will make you the ultimate Valentine's Day hero.

"We know that more than 60 per cent of Canadians are trying to limit the amount of carbohydrates they consume," says registered dietitian Phyllis Tanaka. "If your sweetheart is a carb cutter, you'll need to put some thought into your Valentine's Day menu."

Tanaka recommends baked chicken parmesan, prepared with Carb Options Garden Style tomato sauce.

"A lot of people don't think about the sugars in food items such as pasta sauce," explains Tanaka. "Since sugar is carb, anything with sugar, even pasta sauce, will add to your overall carb intake. Replacing the tomato sauce

in this recipe with a carb-conscious alternative, like the Carb Options Garden Style tomato sauce, won't compromise the taste and it will help keep the amount of carbs you're consuming under control. When it comes to cutting carbs, every little bit helps."

The sugar issue really comes into play when preparing dessert. The traditional Valentine's combination of chocolate and candy won't go over well with a carb watcher. Instead, Tanaka recommends a decadent frozen raspberry chocolate mousse cake flavoured with Carb Options Raspberry Crystals.

"Just because you're watching your carbs, you don't have to take all the sweetness out of Valentine's Day," says Tanaka. "Just don't forget the flowers!"

For carb-conscious recipes, visit [www.carboptions.ca](http://www.carboptions.ca).

**Ben  
Dover  
says.....**



## What is a grandmother?

(Taken from papers written by a class of 8-year-olds)

- A grandmother is a lady who has no little children of her own. She likes other people's.
- A grandfather is a man grandmother.
- Grandmothers don't have to do anything except to be there when we come to see them.
- They are so old they shouldn't play hard or run.
- It is good if they drive us to the store and have lots of quarters for us.
- When they take us for walks, they slow down past things like pretty leaves and caterpillars.
- They show us and talk to us about the color of the flowers and also why we shouldn't step on "cracks."
- They don't say, "Hurry up."
- Usually grandmothers are fat, but not too fat to tie your shoes.
- They wear glasses and funny underwear.
- They can take their teeth and gums out.
- Grandmothers don't have to be smart.
- They have to answer questions like "Why isn't God married?" and "How come dogs chase cats?"
- When they read to us, they don't skip.
- They don't mind if we ask for the same story over again.
- They know we should have snack-time before bedtime and they say prayers with us every time, and kiss us even when we've acted bad.

## Remembering our musical past.....

### DO YOU REMEMBER?



Waterville's Sam Hopper, whose musical ensemble, 'Sam Hopper and his Hoedowners' performed in dance halls throughout the area. He also presented a 15 minute program on the local radio station, CKTS, every Saturday evening.

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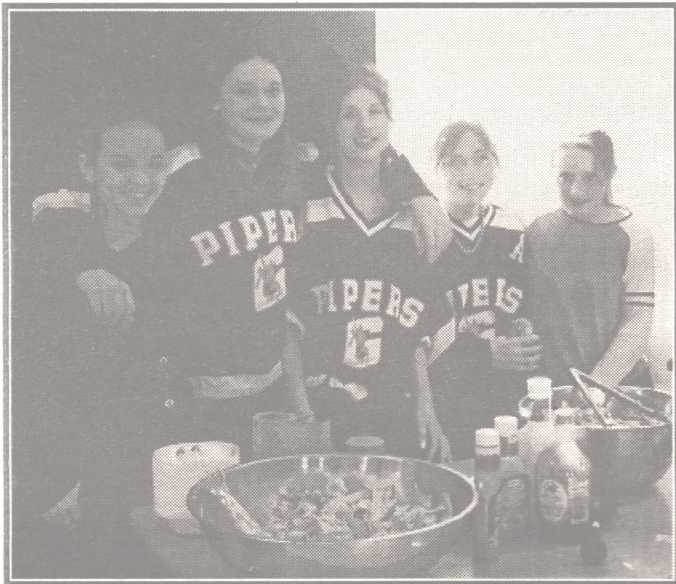
2560 Roy, Sherbrooke, Qc. J1K 1C1  
[www.brecksinc.com](http://www.brecksinc.com)

## English Community News

For our non-profit organizations of Quebec

### Girls Hockey team serves spaghetti

The Alexander Galt Senior Girls Hockey team served up a spaghetti dinner at the Amedee Beaudoin Community Center in Lennoxville on Sunday, January 23rd as part of its fund-raising campaign to help finance the team's expenses. The SUN's, Dave Wright was on hand to enjoy the meal. While there, he took advantage of the opportunity to 'grab a few pics' as well.



Left to right are: Erica Porter, Melissa MacIver, Sabrina Johnson, Samantha LaBonté and Brittany Sharman.



Top Photo: Left to right: Mark Richard, Erica Porter, Nancy Dubeau (coach), Melissa MacIver (selling a ticket to her father, Dannie MacIver).



Left: Serving up the dessert: Taylor Côté, left and Stephanie Booth.

### Tai Chi

Beginner and Continuing classes held every Wednesday,  
1:30 - 3:30 p.m.  
Amedee Beaudoin Community Center,  
Lennoxville.

### Alice comes to meet young children at Centennial Theatre

Sherbrooke, Monday, January 17 2005 – As part of the Adventures in the Arts series, Centennial Theatre will be presenting its third kids' show, *Alice*, a rendition of Lewis Carroll's "Alice in Wonderland" on February 1st at 10:00 am.

*Alice* is produced by *l'Arsenal à musique*, whose mission is to expose young children to concert music. Since its conception in 1978, *l'Arsenal à musique* has created some twenty productions and has presented almost 10,000 shows to more than three million children, including *Planète Baobab*, which won the OPUS prize for a show for young audiences, awarded by the *Conseil québécois de la musique* in 2000.

The creators of *Alice* have combined theatre with multimedia projections and music, with a quintet on stage playing instruments as strange as a muffinophone (muffin pan) and an elasticophone!

On February 1st, students from the Townships will be able to experience the strange and wonderful musical journey of this young lady as she embarks on a fantastic adventure that will transport them to the outer reaches of their imagination.



Quebec Community Groups Network (QCGN)  
Health and Social Services Networking  
and Partnership Initiative

#### Call for Funding Applications 2005 - 2006

The QCGN manages the Health and Social Services Networking and Partnership Initiative (HSSNPI). The HSSNPI funds the development of regional and local health and social service networks across the province. These networks work collaboratively with community organizations and the public health and social service system to:

- Enhance access to health and social services in English, and
- Provide a better array of health and social services to specific English-speaking communities in Quebec

The HSSNPI is currently accepting applications for funding for 2005-2006.

If your organization a) is already funded under the HSSNPI, or if your organization b) has a demonstrated history of involvement in the health and social services area and c) is interested in designing and delivering a results-based, health and social services networking project for your English-speaking community, the HSSNPI may be able to help you.

To receive an information package on the HSSNPI, including program objectives, application guide and form and funding criteria, call toll free 1-888-797-7017 or send your information request to: [HSSNPI@rogers.com](mailto:HSSNPI@rogers.com)

#### Application Deadline

All applications for the funding under the HSSNPI must be received no later than 5 pm, February 28, 2005.

The HSSNPI receives funding from Health Canada's *Contribution Program to Improve Access to Health Services for Official Language Minority Communities*

### Alice At Centennial Theatre

February 1st 2005 at 10:00 am

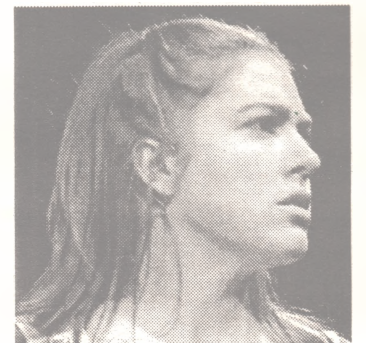
#### Theatre / music selection

(In English)

Produced by *l'Arsenal à musique*

Ages : 1<sup>st</sup> to 6<sup>th</sup> grade

Price : \$6 (including workshop at school)



Information or reservations for the public: (819) 822-9692

## Get the colours right . . . the rest follows

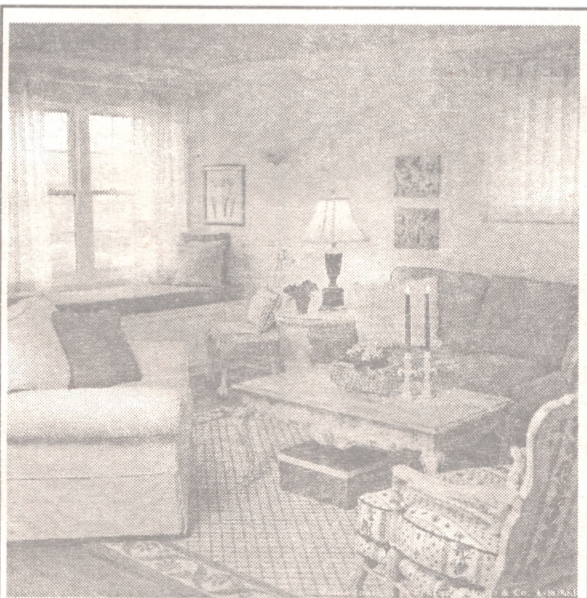
(NC)—Freda and Stephan Green were first-time homeowners. Buying their two-storey brick home was an exciting moment, but their new home needed some TLC (tender loving care). They quickly decided what they would do with the outside, when they could afford it – shutters, paint and some imaginative landscaping to soften the square lines of the house.

But the interior had to be done right away, and it was a far greater challenge. The layout was simple, with an open living room and eat-in kitchen off the entry. Its gray walls and gray carpeting had little life to them and certainly no style. Like all first time homeowners the challenge seemed daunting and even at times overwhelming. Freda's pale blue sofa and oversized yellow chair looked bland against the sea of gray surrounding them. Freda selected some paint colours but though she knew she wanted a comfortable, casual space with yellow and blue she just couldn't decide how to use them.

A friend suggested to Freda that she should talk with an interior designer. The first task was defining exactly the look that Freda wanted. Although she liked yellow and blue together the question was how to combine these colours to provide a country flavour that was clean and simple, not cluttered and dated, a casual French Country style.

Working with existing furniture Jane showed Freda how to create the warmth and comfort that they so much wanted. "I suggested Freda could add crown molding and new base boards both painted in Cloud White, CC-40 which would add a touch of class. A simple investment, but a huge change," said Jane. Next, the old gray carpet was replaced by warm coloured hardwood. A simple window bench, built-in to the front window area, adds a casual reading space. The last major design element needed to tie this room together was colour. Yellow on the walls would provide the warmth that was so lacking previously. Weston Flax, HC-5 was applied on all the living room and hallway walls. This creamy buttery yellow connects the furniture colours beautifully, acting as a neutral for the splashes of blue.

Accessories were the final touch to this living room. A variety of throw pillows in a range of colours were added. This mix and match approach keeps the casual feel in the living room as does the aged paint finish of the side chair and table.



Warm colours on the walls and pale floors make this a friendly, welcoming room.

## 'Home Matters' with April

April Donnelly-Arthur's writing/editing experience includes creator and editor of "The Frugal Forum", a newsletter devoted to Family, Frugality and Fun. She was also involved in the editing process at Rural Pathways, a newsletter that promoted the arts and culture in Quebec. She has created and taught many workshops, for children and adults primarily on the arts and creativity. April was involved in both the public and private sector in administration. Currently she is attending a 16 month course on Interior Decorating and Display.



Hello and welcome to **HOME MATTERS**, a new column devoted to all things concerned with home.

When does a house become a home, go beyond just being bricks and mortar? The answer for most of us would be as soon as we fall in love with our abodes. That could be love at first sight, when we move in, our arrival home after a long trip, bringing home baby or many other events that are personal to us.

The underlying theme to this is that we all come home to our shelter to be ourselves, with the ones we love, relax and have fun.

Since our homes and home life are so important to us we need to make it as comfortable, functional and happy as possible.

We will offer tips and advice to make these real needs possible so that we can be comfortable, less busy (looking for lost stuff-this is where organizing comes in!) and enjoy our home lives. After all, our home is our castle and we reflect our personality and uniqueness in our surroundings, so let's put our best face forward.

We will learn about storage, decorating, paint, making the most with what you have, editing your possessions, how to reduce, reuse and recycle in the new millennium.

We are all concerned and interested in ways to make our homes clean and healthy, as the products that we use in our home have an effect on

us. We'll learn about food preparation and what and how we eat, and the effects of eating on the run at home and away.

And of course there is the other fun stuff, celebrations, parties, birthdays and major holidays like Christmas (gone for another year- all that hoopla, spending and stress for one day!), Easter, even Halloween is celebrated in a big way. We'll include our thoughts on ways to put the joy back into these special times in our lives.

For today let's start with a couple of easy storage ideas that you can use in your home and castle right now:

1. In most cases our homes have adequate storage; we just have too much stuff! Our first step in this process is to be ruthless and pass on to others what is still good, and commit to file 13(garbage) what has lived out its lifetime.

Enlist the help of a friend to help with this process. a family member, especially those inclined to be pack rats, is not your first choice here for helpers for the obvious reason. Once you have streamlined your belongings you can look at different ways of keeping them organized.

2. For items that you want to keep close for daily use i.e. my sons Nintendo and play station games we purchased several very sturdy baskets, all alike, to store under our TV unit. They look neat when not in use and are handy to access. With a little motivation I can even get my son to put the games in the basket when he is done playing with them.

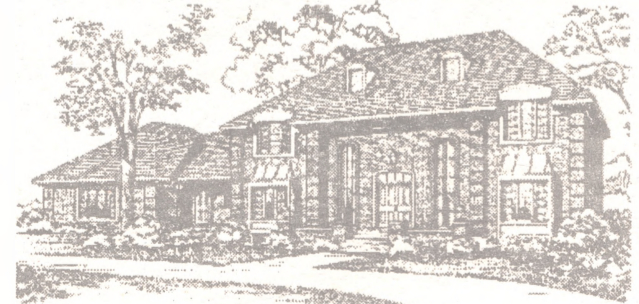
3. Another tip with baskets is to purchase more than you think you will need and keep the style and color all the same in your intended room. The look is much more cohesive and stream lined.

Getting extra baskets is a good idea because you can always find a use for them; purchase extra when you see them. The sturdier, the better. especially if they are intended for daily use and heavy handling (read: used by teens).

4. To keep yourself from becoming a basket case an extra basket in the kitchen works well when you need to do a quick clean-up.

Clean off the kitchen table and other spots where accumulations happen before your company arrives and make a point of sorting out the basket contents and put away ASAP.

Cheers till next time,  
April





**EASTERN TOWNSHIPS SCHOOL BOARD  
ADMISSION AND REGISTRATION  
2005-2006 SCHOOL YEAR**

*Give your child an exciting learning opportunity*

*The ETSB will be registering kindergarten, elementary and secondary students for the 2005-2006 school year from:*

*February 14<sup>th</sup> to 25<sup>th</sup> 2005*

*The School Board offers:*

- *Full-day, bilingual Kindergarten*
- *Free one to one laptop computer usage in grades 3, 4, 5, 6, secondary I to V*
- *Enhanced, effective French Second Language programs*
- *Resources for children with special needs*
- *Four-year old programs in selected schools*
- *Extra curricular activities*

*Parents of a student NEW to the school system may register their child at the nearest school listed below:*

- Please bring:**
- **the child's birth certificate (original, full size)**
  - **the child's Certificate of Eligibility for Instruction in English**
  - or** **the necessary documents to make an application for a Certificate of Eligibility**

A certificate of eligibility is generally delivered to children :

- who did most of their elementary or secondary studies in English in Canada, or
- whose brother or sister did most of his or her elementary or secondary studies in English in Canada, or
- whose father or mother did most of his or her elementary studies in English in Canada.

In the first two cases, the father or mother must be a Canadian citizen. In the third case, the father or mother must be a Canadian citizen, unless he or she did his or her studies in Québec.

There are other situations where your child could be eligible. For more information, contact your local school or the School Board at (819) 868-3100.

MUNICIPALITY	SCHOOL	STREET	TEL. NO.
AYER'S CLIFF	* Ayer's Cliff Elementary	952 Sanborn Street	819-838-4983
BEDFORD	* Butler Elementary	19 Rix Avenue	450-248-2090
BURY	* Pope Memorial Elementary	523 Stokes Street	819-872-3771
CLARENCEVILLE	** Clarenceville Elementary	70 Principale Street	450-248-2090
COOKSHIRE	* Cookshire Elementary	95 Park Street West	819-875-3785
COWANSVILLE	Heroes' Memorial Massey-Vanier High School	317 South Street 224 Mercier Street	450-263-1612 450-263-3772
DANVILLE	* A.D.S. Elementary	745 Route 255	819-839-2352
DRUMMONDVILLE	* Drummondville Elementary	1050 Chabanel Street	819-474-8563
FARNHAM	* Farnham Elementary	425 St-Joseph Street	450-293-6087
GRANBY	* Parkview Elementary	50 Lorne Avenue	450-372-6058
KNOWLTON	Knowlton Academy	81 Victoria Street	450-243-6187
LENNOXVILLE	Alexander Galt Regional H.S. Lennoxville Elementary Learning Centre	2700 Route 108 East 1 Academy Street 2700 Route 108 East	819-563-0770 819-569-5103 819-822-1385
MAGOG	* Princess Elizabeth Elementary	420 Bellevue Street West	819-843-4847
MANSONVILLE	* Mansonville Elementary	5 Marion Atwell Street	450-292-5622
NORTH HATLEY	* North Hatley Elementary	110 School Street	819-842-2491
RICHMOND	Richmond Regional High School St. Francis Elementary	375 Armstrong Street 355 College Street South	819-826-3702 819-826-3737
SAWYERVILLE	* Sawyerville Elementary	51 Cookshire Street	819-889-2263
SHERBROOKE	Sherbrooke Elementary	242 Ontario Street	819-562-3515
STANSTEAD	* Sunnyside Elementary	441 Dufferin Street	819-876-2469
SUTTON	Sutton School	19 Highland Avenue	450-538-2318
WATERLOO	* Waterloo Elementary	5 Clark Hill	450-539-0162



\* Four year old program available if numbers warrant.

\*\* Parents who wish to register their child in Clarenceville are to contact Mrs. Renalee Gore at (450) 248-2090.

John Weideman, Director  
Pedagogical Services