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hooked on
school**

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**Changing the
game**

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MONDAY, FEBRUARY 12, 2018

**Sherbrooke
host to
weekend
winter fun**

By Gordon Lambie

Predictions about the winter of 2017/18 said that it was going to be a more traditional, snow-filled winter than many the Eastern Townships has seen in recent years. As the snows have fallen and stayed, the people of Sherbrooke have shown that they know how to use the weather to its fullest advantage.

Following Winter Fun day in Lennoxville at the beginning of the month of February, the good times were back again this past weekend in the boroughs formerly known as Brompton and Jacques-Cartier. Both held their own winter carnival days this past weekend, while the latter was also host to a special nighttime skating activity on the pond in the Domaine Howard Park.

On Friday and Saturday night from 6 p.m. to 9 p.m. the Domaine Howard skating rink was host to a range of free activities including live music and on-ice games. Already recognized as one of the city's most distinctive and attractive outdoor rinks because of its natural surroundings, the activity was part of an effort to raise the profile of the pond as a wintertime attraction.

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**Snowboarders Parrot, McMorris
bring home Canada's first medals**



THE CANADIAN PRESS/HO-COC, DAVID JACKSON

Team Canada's teammates Mark McMorris and Max Parrot hold the flag after winning bronze and silver medals during the Men's Slope Style snowboarding event at the Pyeongchang Winter Olympics, in Gangneung, South Korea, Sunday, February 10, 2018.

The Canadian Press

Snowboarders Max Parrot and Mark McMorris won Canada's first medals of the Pyeongchang Olympics on Sunday, and speedskater Ted-Jan Bloemen kept the hardware coming.

Parrot and McMorris claimed silver and bronze, respectively, in men's slopestyle. Parrot fell in his first two runs but nailed his third to bump McMorris out of the silver medal position with a score of 86.00.

"It's my first Olympic medal, so it's a little check next to that," said Parrot,

who is from Bromont, Que. "It's mission accomplished for me here. I'm really happy."

Later, Bloemen took the silver in the men's 5,000 metres, finishing second only to Dutch legend Sven Kramer.

Bloemen, the world-record holder in

CONT'D ON PAGE 7

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Weather



TODAY:
CLOUDY

HIGH OF -6
LOW OF -17



TUESDAY:
SUNNY

HIGH OF -8
LOW OF -12



WEDNESDAY:
CLOUDY

HIGH OF 3
LOW OF -4



THURSDAY:
60% CHANCE
OF FLURRIES

HIGH OF 7
LOW OF -4



FRIDAY:
PERIODS OF
SNOW

HIGH OF -5
LOW OF -19

Young at Heart-conference on aging in a healthy way



THE SCOOP MABLE HASTINGS

On Thursday, February 8, the Potton's Retired Club for seniors in collaboration with the Missisquoi North Volunteer Centre (CABMN) held an event as part of Potton's Festive Hearts Month celebration. "To Your Heart's Content," a conference offered by Cathy Riendeau, Pharmacist and co-

owner of the new FamiliPrix pharmacy in Mansonville was attended by over 24 people. The theme of the workshop was, "aging is normal," and it gave those attending information needed to age in a healthy manner. Being 65 years old does not mean the same thing it used to and all were encouraged to stay young at heart!

Pharmacist, Cathy Riendeau who is co-owner with David R. Rousseau of the FamiliPrix Pharmacy located on 316 Rue Principale in Mansonville did an excellent job sharing with the group in an engaging conversation on the subject. Many in attendance commented on the content and ease in which Riendeau shared the information. Handouts were offered at the end of the session and much discussion ensued.

The event held in the basement of the Catholic Church in Mansonville was fol-

lowed by an Italian themed lunch prepared by Lucie Renaud who has long worked in the restaurant, catering and banquet industry. The workshop was organized by Angelle Laplume, Coordinator of Senior's Services at the CABMN.

The Municipality of Potton's Festive Hearts month is now in full swing with a variety of heart healthy activities in place. For more information about this and other upcoming events, visit www.potton.ca or contact Trish Wood at 450-292-3313 extension 228.

For more information about the Missisquoi North Volunteer Centre (CABMN) visit www.cabmn.org and sign up for the newsletter or call the CAB Main Office at 450-292-3114.

During this healthy heart awareness month, all are reminded to explore healthy choices, seek out information and don't forget to have fun!



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Ben by Daniel Shelton



LOCAL NEWS

From now on, those with recognized disabilities and veterans can park their vehicles free of charge in all parking spaces with numbered signs at times when timed parking is permitted.

City parking now free for veterans, disabled

Record Staff
SHERBROOKE

tions adopted by Council before the holidays.

From now on, those with recognized disabilities and veterans can park their vehicles free of charge in all parking spaces with numbered signs at times when timed parking is permitted. In order to take advantage of this opportunity,

they must obtain a parking sticker by following instructions and conditions explained on the sherbrooke.ca/stationnement web page.

In the case of persons with disabilities, this new Ville de Sherbrooke vignette must be combined with that issued by the Société de l'assurance au-

tomobile du Québec (SAAQ) for the holder's principal vehicle.

For veterans, the City sticker must be paired with a veteran license plate issued by the SAAQ for the vehicle belonging to the holder.

The City of Sherbrooke has announced that people with disabilities and military veterans now have access to free parking in the City, following the coming into force of regula-

Weekend winter fun

CONT'D FROM PAGE 1

On Saturday afternoon Brompton's Nault Park hosted the 15th annual fête des neiges from 1 p.m. to 4 p.m. With the help from a small army of volunteers, the community was able to offer visitors an afternoon of inflatable games, sliding, skating, hockey games and skills

competitions, a zip line, disk golf, fat bike tryouts, horse-drawn wagon rides, and the opportunity to roast your own marshmallows and hotdogs. A light snowfall mixed with mild temperatures created the perfect atmosphere for the activities, which proved to be well attended.

The Jacques Cartier festivities took

place Sunday afternoon at the Marquis-de-Montcalm Park and followed in the same theme. Benefitting from a light dusting of fresh snow, the Fête en Nord proved to be similarly successful with a slightly different lineup of free activities including things like sugar on snow, an introduction to kite-flying, and a campfire building workshop.

Although the weekend is now over, the promise of winter fun in Sherbrooke is not. The Sherbrooke Winter Carnival, perhaps the city's most notable winter-time attraction, which will be announcing its programming this coming Tuesday morning. The event itself is set to take place on March 3 and 4.

PHOTOS BY GORDON LAMBIE



Mousquiri Tournament opening ceremonies

By Claudia Villemaire
RICHMOND



Karine Vallieres, Liberal MLA, Bertrand Menard, Richmond's new mayor, Guillaume Cayer-Richard, Mousquiri President presents Suzanne Nault the Thibault Prix d'Excellence with Claude Beaubien, Mousquiri executive also taking part in the presentation.

With well over 700 Atom-aged youngsters expected during the thirteen-day 55th Mousquiri tournament here, the pomp and ceremony of the official opening Friday evening was further proof of the popularity of this annual event.

This is the evening of awards with the coveted Thibault Award of Excellence presented to Suzanne Nault in recognition of her continued support for over a quarter century. Also receiving awards were Michelle Nadeau and Robert Dalton chosen this year as Honorary presidents. The Nault brothers, Alain, Serge and Marc were also awarded Volunteers of the year awards.

The opening, announced officially by Mousquiri president, Guillaume Cayer-Richard, is traditionally held after five days of competition. Championship games were played on Sunday with the BBs chasing top honors. A full week of games begins Monday with three finals scheduled for next Sunday, the final day of the tournament. The program includes fifty two teams from across the province as well as three teams from the US.

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How Luc Rodrigue got hooked on school

A lesson in perseverance

By Matthew McCully

This week schools and education centres across Quebec will participate in Hooked on School Days, a province-wide campaign initiated in 2005.

The goal of the campaign is to encourage students to stay in school and help support them through their school careers to earn a diploma or qualification.

Who better to relay the importance of perseverance than a high school dropout who would go on to eventually become a teacher, a principal and then director of the Lennoxville Vocational and Training Centre (LVTC).

This is the story of Luc Rodrigue.

"I refer to myself as a rebel without a clue," Rodrigue said, looking back at his time in high school (he wasn't a huge fan).

He sees a glimmer of his former self from time to time in some of his students.

"They think they know it all; you can't tell them anything," commented Rodrigue.

"I thought I knew."

He was so sure he knew that in his last year of high school, just a few months away from graduation he quit.

Rodrigue had a rocky road in high school, constantly butting heads with administration.

"I didn't fit in the box," he said.

There was no room in the box for Rodrigue's long hair and his big leather jacket.

He was given an ultimatum one day; clean up, get a haircut, dress appropriately and fall in line, or get out.

Rodrigue went home and thought about what to do.

He then went to a barber shop and got his hair cut nice and short and went to see the principal the next day.

"I'm glad you came to your senses," his principal said.

"Rodrigue replied "I'm just here so you can sign these papers for me. I'm out."

"I wanted to make sure they knew it wasn't about the hair," he said.

"I was disgusted with the whole thing."

Rodrigue headed out west. He worked on the railroad for CNR, did some tree planting and a few other jobs and became a decent cook.

After around two years, he came back

to Lennoxville, his hometown, and got a job running the kitchen at the Golden Lion Pub alongside his mother. He also worked as a sous-chef at Hovey Manor.

Smack dab in the middle of a cooking career, Rodrigue met his future wife, Dawn Irving.

"She was just finishing the education program at Bishop's University."

Irving got a job teaching at Cookshire Elementary School and Rodrigue popped in from time to time to lend a hand.

"I had a good rapport with the kids," he said, realizing his calling was in education.

Thanks to some substantial support and encouragement from Irving, Rodrigue headed back to Adult Education to get his high school leaving.

He then enrolled as a mature student at Bishop's and completed a double major in French and Fine Arts, followed by a one-year education program at L'Université du Québec à Trois-Rivières.

Today, Irving and Rodrigue are both school administrators. Looking at them, it's impossible to tell that one followed a traditional education path and one took a slight detour, spending eight or nine years at the school of life.

"The path I went through, I think it made me a better teacher," Rodrigue commented, adding if he had it to do over again he wouldn't change anything.

Now that he is on the flip side, part of Rodrigue's job to help students like him, who don't fit the box.

He recently attended a two-day consultation on vocational education in Quebec City.

"I realized it wasn't just me," Rodrigue said, hearing the testimonials and different life paths described at the conference.

"Today there are more options," he said.

According to Rodrigue, there is a misconception that all students should get a university degree, and then get a haircut and get a real job.

"There are no elite jobs. Every job is important," Rodrigue said.

At the recent conference, Rodrigue learned that by 2020 there will be a shortage of around 750,000 trade workers in Quebec.

"You should do what you like," Rodrigue said, explaining that his philosophy in the classroom and as an administrator is to make students feel included and welcome in a school envi-



MATTHEW MCCULLY

"I refer to myself as a rebel without a clue," Rodrigue said, looking back at his time in high school.

ronment while they find the path that is right for them.

"If you have students that don't even know they are learning, that's my goal," he said.

Rodrigue has a familiar adage posted on the wall at the LVTC. "An attitude is

like a flat tire; until you change it, you're not going anywhere."

Leading by example, Rodrigue demonstrates that perseverance isn't about trying and trying until you fit into the box; it is about continuing to look until you find the box that fits you.

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EDITORIAL

Canada was spared the national trauma that black African enslavement imposed upon our neighbour to the South, but also like our neighbours, we can't escape responsibility for what has essentially been the genocide of our Native American neighbours.

Changing the game



MIKE McDEVITT

Last Friday, after 13 hours of deliberation, a Saskatchewan jury acquitted a farmer of second degree murder in the shooting death of a 22-year old young man he found trespassing on his property. The trial, and the circumstances surrounding it, gained national attention because of one salient point. The accused, 56-year old farmer Gerald Stanley, is white; the victim, Colten Boushie, was a member of the nearby Red Pheasant First Nation, on whose reserve he lived.

The story as it first emerged was that Boushie and some other young members of his community were on Stanley's property attempting to fix a flat tire. Stanley claimed that he was merely investigating an uninvited intrusion onto his property and that his gun had gone off accidentally. Evidence suggested, however, that there may have been a more malicious intent behind the young man's death. Enough suspicion arose, however, that a crime had been committed and that a murder charge was warranted.

Immediately, the major focus of the trial became not the limits of a homeowner's right to protect his or her property but rather the racial tension that exists between a rural community and a nearby native reserve and how that tension reflects the reality of Native/White relations across the country.

Most of us in Eastern Canada have largely lost of collective memory of relations between Canada's First Nations, as disease, assimilation, and defeat have reduced Native influence on our culture to almost mythic status. This not the case in much of western and northern Canada, however, lands in which the histories of Native and European inter-

action are considerably different. Most of what is now Northern and Western Canada was once the commercial and political monopoly of the Hudson's Bay Company and in that context, Native peoples were a valuable commodity, serving as the trappers and transporters for the company's profitable fur trade. More importantly, the variation of western expansion that took place in what are now the prairie provinces was often carried out under the auspices of that commercial venture and its political development, even after the land became the colonial property of Canada, was largely influenced by the Company's legacy and the communities that its contractors founded.

As the expansion of Canada exploded after the creation of the transcendental railroad, so did the settlement of the fertile lands that it crossed and the subsequent destruction of the sustainability of those people whose survival depended on the vast herds that roamed the prairie and whose continued existence the iron road made impossible. Under the firm guidance of the Crown, British colonialism established itself firmly across the continent and native peoples were coerced out of their lands through either settlement or treaty and relegated officially to second-class citizenship with few or no rights.

In fact, Canada generally ignored its responsibility to uphold the treaties that native people had entered into with the British Crown and interpreted their 'guardianship' of indigenous peoples as an opportunity to engage in progressive social engineering on a massive scale. Forming partnership with various Christian missionary churches, Canada created a residential school system designed to separate children from their families and their cultures and to bring the benefits of "Christian Civilization" to their heathenish, backwards, and pathetic souls. The long-term impact of this brutal and heartless approach is perhaps this country's greatest national disgrace, the damage from which is still being felt.

Canada was spared the national trauma that black African enslavement imposed upon our neighbour to the South, but also like our neighbours, we



can't escape responsibility for what has essentially been the genocide of our Native American neighbours. First, our diseases ravaged indigenous populations everywhere in the Americas and its is estimated that up to 80 per cent of the indigenous population was annihilated by plagues of smallpox, measles, and other European ailments. The political vacuum and chaos that such infestations led to further weekend indigenous ability to defend itself from an overwhelming conquest.

Unlike black African Americans, however, native nations have never formed a common 'Native' identity that transcends band and tribal identities, and the idea of an 'Native Canadian' as such has existed more in the consciousness of white Canada than it has among native peoples. This is changing, however, as increasing native groups are banding together to fight for their common interests and against their common enemies.

In their struggle for justice, if not compensation, native Canadians have been exerting considerably more cultural and political influence in recent years. Native artists - from many regions - have made important marks of popular theatre, music, film and television and cultural superstars are merging that either thrive representing native cultures or by claiming them as their own, such as Buffy Sainte-Marie, Graham Greene, Jay Silverheels, Tanya Tagaq, Shania Twain, Chief Dan George, and Robbie Robertson, around whom pride can be rallied.

Native presence has also exploded on Canada's national broadcaster with programming increasingly focused on Native issues and native culture and presented by native personalities. More importantly, despite local tensions, most Canadians recognize the oppression that our society has imposed on our native population through the theft of their land and resources, the their segregation into rural ghettos, and the prejudicial exclusion we have

generally imposed on their political input. Poverty, substance abuse, sexual abuse, and violence ravage native communities and have been met by intermittent outrage scattered among long periods of indifference.

Canadians, however, are not going to be able to avoid the implications of our own 'race problem' too much longer. Native are largely protected constitutionally in this country and our Courts have not yet quite caught up with all that means. So far, however, our Courts, to their credit, have been largely sympathetic to Native demands that their treaty rights be upheld and their sovereignty respected. As can be expected, our governments, both federal and provincial, have been reluctant to surrender power and authority and the legal struggles have been long and costly. On the other hand, native groups are covered by hundreds of different arrangements with the Crown providing different rights and responsibilities. Negotiating a a blanket agreement to establish a common format could be extremely difficult even if the governments involved are as cooperative as possible - which is not likely.

The trial of a Saskatchewan farmer for shooting native would have gone unnoticed beyond its local environment not that long ago and the outrage following the verdict would have disappeared from common memory - another isolated case of a racial divide. Historically, we could expect Canada to continue as it always have in terms of its native citizens, however there is one significant difference between now and them. Canada's natives form one of the country's fastest growing demographic groups. This is particularly true among native youth, who will soon form one of the most motivated demographics in the country. Should native groups eschew their traditional disdain for voting, a common native voice may exert a cry that cannot be ignored. This could - and should - change the game.

THE RECORD

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Local Sports

It was Subban's second visit since the trade. Last season, the Canadiens prevailed 2-1.

Ryan Ellis scores in shootout to lift Nashville over Montreal 3-2

By Bill Beacon
THE CANADIAN PRESS

Things look to be getting nasty between P.K. Subban and his former team, the Montreal Canadiens.

Subban was held off the scoresheet and played a turnover-filled game, but his Nashville Predators still pulled out a 3-2 shootout victory on Saturday night — mainly on the outstanding play of goaltender Pekka Rinne who made 47 saves, including 10 in the five-minute overtime period.

The Bell Centre crowd reacted with some boos but mostly cheers each time Subban had the puck. The flashy defenceman remains highly popular in Montreal after his trade to Nashville two summers ago for Shea Weber, who has been out since mid-December with a foot injury.

On Friday, Subban brought several Nashville teammates along as he visited the Montreal Children's Hospital, to which he pledged to raise \$10 million for when he played for the Canadiens and has stuck with even though he no longer lives in the city.

But the Canadiens went after him

early in the game, with Nicolas Deslauriers putting a solid hit on him in the opening minute. And he and Brendan Gallagher waged their own little war in the first period, but the Canadiens winger was shaken up while trying to lay on a big hit.

"I didn't see a smile from him tonight to be honest with you," Subban said of Gallagher. "I just saw the blood dripping down his face after he tried to hit me and fell down.

"I didn't see anything else. Other than that, it was just a normal game, as usual. Just competing in the battles and that's it."

Gallagher tied the game 1-1 in the second period, then skated to over to the Nashville bench and appeared to say something to Subban.

"I don't think he said anything to me," said Subban. "Some guys from the bench were saying stuff, but I couldn't hear it.

"It's so loud in this building. But I'm sure it's pretty quiet over there now with two points on our side."

Gallagher said he didn't want to discuss Subban, but launched his own barbs at his former teammate.

"I don't know why we're talking about

him — that's what he wants," said Gallagher. "He comes in here and tries to make it about himself."

It was Subban's second visit since the trade. Last season, the Canadiens prevailed 2-1.

But the teams have gone in different directions since. The Predators have become one of the NHL's top teams, while the Canadiens have had a disastrous campaign and will almost certainly miss the playoffs.

Ryan Ellis won the game with the only goal of the shootout.

After Kevin Fiala gave Nashville the lead at 12:19 of the third frame, Montreal pulled goalie Carey Price for an extra attacker and Jonathan Drouin tied it with 1:14 left in regulation time with a shot to the near side top corner to force overtime.

Scott Hartnell also scored for the Predators (33-12-9), who were coming off an overtime win in Ottawa.

Montreal (22-26-7) lost Thursday night in Philadelphia.

"I thought we deserved better," said Montreal coach Claude Julien, who didn't want to talk about Subban. "The game plan was to get pucks behind their de-

fencemen, it wasn't about P.K. Subban. Obviously the attention is on him because it always is, but it wasn't about an individual."

Arturri Lehtonen stripped the puck from Filip Forsberg at the Nashville line. Gallagher grabbed it and saw his first shot blocked by Subban, but picked up the rebound and beat Rinne from close range for his 20th goal of the season at 8:35 of the second frame.

A bouncing puck in front of the Montreal net went to Nick Bonino, who slipped it to Hartnell for the equalizer at 18:25.

After a sprawled Price made a glove save at the side of the net on Ryan Johansen, the Nashville centre slipped the rebound back to uncovered Fiala for a backhand into an open side.

Forsberg returned after serving a three-game suspension for a high hit on Jimmy Vesey of the New York Rangers.

Half of the Predators' defence group are former Canadiens — Subban, Alexei Emelin and Yannick Weber. True to form, Emelin took a penalty for an open ice hit that was a knee-on-knee contact that left Nikita Scherbak limping in the first period.

Snowboarders Parrot, McMorris

CONT'D FROM PAGE 1

the distance, didn't feel he had his best performance Sunday but said he gave it everything he had.

"That perfect race where you get into a flow and just fly to the finish, it doesn't always happen and it didn't happen today," Bloemen said. "But I made the most out of it and I got everything out of myself that I had. I'm a little bit disappointed that I didn't have more to give today. But overall I'm really happy and really proud to be on the podium and it's a really big reward for my whole team."

In other results, Canada's mixed-doubles curling team of John Morris and Kaitlyn Lawes finished round-robin play with a 7-3 rout of South Korea. The Canadians finished the round robin at 6-1 and had already qualified for the semi-finals.

And in figure skating, ice dancers Tessa Virtue and Scott Moir and women's singles skater Kaetlyn Osmond made sure Canada kept a solid grip of first place in the team event.

McMorris had been sitting atop the standings after his second-run score of 85.20 before American Redmond Gerard surpassed him with 87.16 points in his final attempt. McMorris fell in his last trip down the course.

It's the second Olympic bronze for McMorris, who is coming back from life-threatening injuries suffered in a backcountry crash less than a year ago.

The 24-year-old from Regina suffered breaks to his jaw and left arm, a ruptured spleen, a stable pelvic fracture, rib fractures and a collapsed left lung. He spent 10 days in hospital and was on a

liquid diet for six weeks.

"I'm on the podium. I probably shouldn't even be here," said McMorris.

From the start of his recovery, he was determined to get back to his previous snowboarding form. McMorris showed he could do it by winning a World Cup just eight months after the crash.

"The lowest point (was) not being able to move," he said of the time after the crash. "Being super uncomfortable, not being able to talk, that sucked. It was for one stupid mistake. I wish I could take that back every day of my life."

McMorris, who won bronze four years ago at the Sochi Games when slopestyle made its Olympic debut, hit a tree off a jump during a trip to the backcountry with some friends, including his brother Craig.

In women's slopestyle, Laurie Blouin of Stoneham, Que., was cleared to return to the hill after suffering an apparent head injury during a training session earlier this week at Phoenix Park. She was on the start list for Sunday's qualification round, which was postponed due to poor weather.

"Canadian snowboarder Laurie Blouin has been cleared for practice by Team Canada medical staff," Canada Snowboard spokesman Brendan Matthews said in an email. "Following thorough testing and evaluation including an independent second opinion, Blouin is asymptomatic and is cleared for practice this morning."

The reigning world champion took a hard fall Friday when her board got stuck in a crack after she landed a double jump. Blouin was taken to a regional hospital as a precaution before return-

ing to the athletes' village later that day.

Most of the slopestyle competitors will also compete in the big air event in Pyeongchang, a new addition to the Olympic program for 2018. The big air finals are set for Feb. 23-24 at Alpensia Ski Jumping Centre.

Bloemen finished in the 5,000 in 6:11.616. He skated head-to-head with Sverre Lunde Pedersen, edging the Norwegian by two hundredths of a second.

The Dutch-born, Calgary-based skater said he didn't know if he had beaten Pedersen when he crossed the finish line.

"I was just trying to catch that guy in front of me. I was so tired I could barely stand on my legs but just taking every risk and giving it all to get ahead."

In figure skating, three-time ice dancing world champions and Olympic gold

and silver medallists Virtue and Moir scored 80.51 points for their short dance to the Rolling Stones' "Sympathy For The Devil," "Hotel California" by the Eagles and Santana's "Oye Como Va."

Osmond of Marystown, N.L., earned a 71.38 score in the women's competition, good for third in her segment of the event. That added eight points to Canada total for a combined score of 35 points.

Evgenia Medvedeva's 81.06 points were best in the women's competition on Sunday, giving the Olympic Athletes from Russia 10 points for a cumulative score of 31, good for second.

The United States sat third after the women's with 29 points. Japan and Italy also qualified for the next round.



(AP PHOTO/MORRY GASH)

Men's slopestyle medalists, from left, Canada's Max Parrot, silver; United States' Red Gerard, gold, and Canada's Mark McMorris, bronze, pose during their medals ceremony at the 2018 Winter Olympics in Pyeongchang, South Korea, Sunday, Feb. 11, 2018.

Death



**Pauline Dumoulin-Lemieux
(1933-2018)**

Surrounded by her family, at the C.H.S.L.D. Vigi Shermont, in Sherbrooke, on February 7, 2018, at the age of 84, passed away Mrs. Pauline Dumoulin-Lemieux, wife of Robert Lemieux, daughter of the late Albert Dumoulin and the late Edna Gagner.

She leaves to mourn her husband Robert Lemieux, her daughters Marie-Claude (Martin Royea) and Isabelle, and her grandchildren Jérémy and Ophélie.

She was the sister of the late Bernard (late Yolande Fournier), late Robert (Marie-Paule St-Pierre), Paul (late Rita Pivin), Jacques (Diane Robineau) and Florent (Francine Ledoux).

She was the sister-in-law of the late Berthe (late Noël Pomerleau), Benoit (late Madeleine Talbot), Bruno (late Ghislaine Morin), late Gisèle (late Lionel Lemieux), late Germain (Pauline Paré), late Hervé, Hélène (late Patrick Lamirande), brother Gilles F.R.E. and the late Jean-Marie.

She also leaves to mourn many nephews and nieces, cousins and many friends. The family wishes to thank the staff of the 2nd floor of the C.H.S.L.D. Vigi-Shermont for the amazing care given.

As an expression of sympathy, donations in Pauline's memory can be sent to:

PARKINSON ESTRIE
300 Local Council Street 333
Sherbrooke, QC J1G 1J4

Or

Volunteer Association of CHSLD
Vigi Shermont
3220, 12th Avenue North
Sherbrooke, QC J1H 5H3

COOPERATIVE FUNÉRAIRE DE L'ESTRIE
485, rue du 24-Juin, Sherbrooke, QC

PHONE: 819-565-7646
FAX: 819-565-7844

Death



**Christopher John Turner
July 27, 1948 – February 5, 2018**

With sadness we share the peaceful passing of Christopher John Turner on February 5, 2018. His battle with cancer was bravely fought with a good spirit and strong support from his two sons Aaron, Evan and his loving partner Anne Marie Comeau. Mourned also by former wife Marilyn Hobbs, brothers; Robin (Ivi), Ian (Maria), Geoffrey

and sister Stephanie (Dexter). Revered by parents in spiritus Dorothy Strong Gauvin, William John McRae Turner RNC and stepfather Dr. William Henry Gauvin CC.

Christopher's career at Champlain College, Lennoxville spanned many years with communications support/teaching, mentoring and life guidance in the community and beyond. An avid woodworker, boat builder, with his attention to detail apparent in his 28' Herreshoff Rosinati- Moragh II and his delightful models sloops. Amateur military historian, able to recount passionately stories in ways that engaged us in deeper reflection. Always active in walking, cycling, boating, cross country skiing, he remains a spry example of aging gracefully to us.

Visitation at Cass Funeral Home in Sherbrooke, Quebec, 3006 College Street (Lennoxville) on Friday, Feb. 16th from 7 to 9 p.m. and on Saturday, Feb. 17th from 9 to 10:30 a.m. Celebration of Life funeral service to take place on Saturday, Feb. 17th at St. George's Church at 10:45 a.m. In lieu of flowers, contributions to the Canadian Cancer Society are encouraged.

Special thanks for the excellent care provided by the Palliative Home Care Unit.

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In Memoriam

JENKIN, Mary Alfreda (nee McCormick):
1937 – 2014.

*We're missing you a little more
Each time we hear your name,
We've cried so many tears
Yet our heart's broken just the same.
We miss our times together
And the stories we would share,
But nothing fills the emptiness
Now that you're no longer there.
We've so many precious memories
To last our whole life through,
Each one of them reminders
Of how much we're missing you.*

Sadly missed by your loving family,

ROBERT
GARY & TRUDY
TERRY
LAURIE & JEFF
BRADLEY & JUSTINE

Datebook

MONDAY, FEBRUARY 12, 2018

Today is the 43rd day of 2018 and the 54th day of winter.

TODAY'S HISTORY: In 1554, Lady Jane Grey, who reigned over England for nine days in 1553, was beheaded for treason.

In 1909, the National Association for the Advancement of Colored People (NAACP) was founded in New York City.

In 1999, the U.S. Senate voted to acquit President Bill Clinton on charges of perjury and obstruction of justice, bringing his impeachment trial to a close.

In 2008, General Motors offered buyouts to its more than 70,000 union workers after posting a \$39 billion loss in 2007.

TODAY'S BIRTHDAYS: Charles Darwin (1809-1882), scientist; Abraham Lincoln (1809-1865), 16th U.S. president; Omar Bradley (1893-1981), U.S. Army general; Lorne Greene (1915-1987), actor; Franco Zeffirelli (1923-), director; Bill Russell (1934-), basketball player; Judy Blume (1938-), author; Arsenio Hall (1956-), actor/comedian; Josh Brolin (1968-),

actor; Darren Aronofsky (1969-), filmmaker; Christina Ricci (1980-), actress; Mike Posner (1988-), singer-songwriter.

TODAY'S FACT: Charles Darwin replaced Charles Dickens on Britain's 10-pound note in 2000, reportedly in part because Darwin's beard would make forgery more difficult.

TODAY'S SPORTS: In 1878, Harvard baseball player Frederick Thayer received a patent for the catcher's mask.

TODAY'S QUOTE: "The probability that we may fall in the struggle ought not to deter us from the support of a cause we believe to be just; it shall not deter me." – Abraham Lincoln

TODAY'S NUMBER: 181,000 – workers employed worldwide by General Motors in 2017.

TODAY'S MOON: Between last quarter moon (Feb. 7) and new moon (Feb. 15).



Fig.16

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Text only: 40¢ per word. Minimum charge \$10.00 (\$11.50 taxes included)
Discounts: 2 insertions or more: 15% off
With photo: additional \$18.50. **DEADLINE:** 11 a.m., day before publication.
BIRTHDAY, ANNIVERSARY & GET-WELL WISHES, ENGAGEMENT NOTICES:
Text only: \$16.00 (includes taxes)
With photo: \$26.00 (\$29.90 taxes included) **DEADLINE:** 3 days before publication.
WEDDING WRITE-UPS:
\$26.00 (\$29.90 taxes included) WITH PHOTO: \$36.00 (\$41.40 taxes included)

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Thirty's a crowd

Dear Annie

MONDAY, FEBRUARY 12, 2018

Dear Annie: Though the holidays are behind us, I'm left with some lingering resentment. My problem is that we host too many guests. I married into a family of seven. This family has since grown to 30 people, even with the deaths of the mother and father. My wife and I took on the hosting of the annual Christmas get-together for the family, but it has gotten out of hand, in my opinion, over the past 17 years. With the exception of one year we spent in Hawaii at Christmastime, we have hosted the gathering, even though others have the ability and a home big enough to do so; no one else has ever offered to host. To add to my perceived problem, there are some 16 to 19 other people who come to my home each Christmas Eve who are invited by others and by my wife.

I will not go into all the mess they leave behind or the fact that I have, for the most part, funded this for all these years. (My choice.) It's beginning to be a royal pain to me — so much so that I'm at my wits' end. My wife refuses to even consider cutting back on this out-of-hand party. Relatives, I can deal with, but all these uninvited-by-me guests are beginning to be a pain in the rear. My wife seems to think that once invited, always invited. I might add that I also have a large family on my side, whom we never entertain, at least not on the scale we do for hers. Am I just an old curmudgeon? — Crowded House

Dear Crowded House: You're tired of hosting 30 family members and 20 people you hardly know every year. That doesn't make you a curmudgeon; that makes you human. Talk honestly to your wife about your feelings. Find a compromise — such as limiting the event to family and close friends only or alternat-

ing years and letting one of the other 30 relatives take a turn. If you're frustrated that you don't often host your side of the family, tell your wife that, too. The good news is you've got all year to work out a plan that works for you both.

Dear Annie: A friend of mine died recently. She went through a terrible time during her last weeks, but the trauma was from her living arrangements made by her children, not from the pain. They say you learn a lot about life through death, and it is certainly true. I want to share some of the things that she and her nurses shared with me.

Remember that even on hospice care, your loved one is living. Place the hospital bed in the living room, where the patient can still have access to life. Do not relegate the person to the bedroom. You have no idea how long he or she will live. Your loved one will still want to smell scents coming from the kitchen, view the TV and have access to all the normal routines of life.

Keep all of your loved one's favorite foods and beverages on hand; you don't know when something might sound good to him or her. When you come to visit, bring some of those things, and please don't forget to bring some along for the caregivers; they are physically and mentally exhausted.

Finally, let the patient make the decisions when it comes to visits from family and friends. If your loved one was an extrovert in life, there's good reason to suspect that the same will be true until he or she has no life left. — Betty

Dear Betty: I'm sorry for your loss. Thank you for passing on the wisdom of your friend and her nurses.

Dear Annie: My wife is borderline addicted to "Words With Friends" (an app game similar to Scrab-

ble), and it's causing me concern, in addition to creating some strife within our marriage. It would be one thing if she were only playing with other female players, but she also has an ongoing game with a former male classmate, which I consider to be a form of online flirting. Would you agree, or am I overreacting?

I still work, and my wife is retired, so when I'm ready for bed because I have to get up early, she is wide-awake and ready for late-night games with friends (one in particular). I have suggested repeatedly that she go to bed when I go, but she says she isn't sleepy and is a late-night person, so she stays up until 1 or 2 a.m. playing "Words With Friends." This continues to cause disharmony in our marriage, and it's something I have a hard time accepting as permissible.

Please let me know how you and your readers feel about this issue. — Concerned Husband

Dear Concerned Husband: Unless she's exchanging flirty messages with this old classmate or spelling out inappropriate words on the board, I wouldn't worry about the fact that she's playing with him. There's nothing wrong with connecting with old friends to play games online. There is, however, something wrong with allowing anything to consume your life — be it alcohol, drugs, work, television or even "Words With Friends." Ask her whether she's game for a challenge: She uninstalls the app for two weeks; you commit to getting home from work on time and planning a few date nights during that period.

If she's unwilling to give up an app for two weeks for the health of her marriage, then this is a deeper problem that requires the help of a counselor.

Send your questions for Annie Lane to:
dearannie@creators.com.

Wales Home News January 2018



A New Year at the Wales Home and tons of activities are on the horizon for 2018. Here are just some of the highlights from January.

An amazing piano and vocal concert with Lou Simons took place in the living room on the afternoon of the 4th. Friday teas resumed on the 5th after a hiatus for the many festivities which were held in December. Local author, Nick Fonda, gave a presentation in the main living room on the afternoon of the 11th.

On the evening of the 15th, residents had the opportunity to watch two episodes of Father Knows Best on the large screens in the main living room. The December and January combined birthday tea was held in the main living room on the afternoon of the 17th. Hosts were the Richmond/Melbourne Young Women. Happy birthday to everyone who celebrated. On the afternoon of the 18th, Pierre Gervais gave a presentation in the main living room on medications and aging. On the afternoon of the 20th, episodes of The Red Skeleton Show were enjoyed in the main living room. On the morning of the 25th, residents of the CHSLD had the opportunity to interact with a miniature horse, rabbits, guinea pigs, a cat, three dogs and two chickens during zootherapy with Toutous Poilus. If you have access to Facebook, we recently shared a few videos from their page to our Wales one, if you would like to see some of the animals that melt our hearts on a regular basis. The movie Flicka was shown in the main living room on the afternoon of the 25th. The Roxton Singers came on the

evening of the 29th.

Welcome to Rose Oakley and Arthur Smeltzer who are spending some time with us. Also welcome to Dini Reijerink, Marilyn Burnham and Evan Coote. Our sympathies are extended to the friends and family of Jean Luxton, Edith Farant and Alison Watson, William "Bill" Fraser.

If you are looking for more information after you've read the details above, you can visit our website at www.waleshome.ca and Facebook page at <https://www.facebook.com/ResidenceCHSLDWales> for photos, news updates and a copy of the monthly activity calendar and chatter. You can also give us a call at 819-826-3266 for information on admissions, etc., or if you'd like to become a volunteer. We are currently in need of volunteers to do one-on-one visiting (or reading etc) with residents.

If you are looking for ideas for an interesting book to read, copies of "Memories Everlasting" are still available for sale at the Wales Home, Papeterie 2000 in Richmond and The Townships Association. They are \$20 and can be purchased by contacting Rebecca Taylor by phone at 819-826-3266 ext.221 or by e-mail at rtaylor@waleshome.ca or making a purchase at one of the locations listed above. Mailing from the Wales Home is available for an additional cost. We are currently working on the sequel which will be titled "Timeless Memories."

This month we had the opportunity to welcome three students into the activity department. They are doing stages with us and in doing so are enriching the lives of our seniors. We are also grateful to have so many volunteers amongst us to help us bring joy to our residents on a daily basis. Thank you to our community near and far for your continued support of our work. Until next month, take care.

Submitted by Rebecca Taylor

Coaticook area Senior Citizen's Club

At our meeting on January 16 our Vice-president, Shirley Desruisseaux, was replacing Penny Fowler. She greeted everyone, recited a few jokes and a story. She asked Lydia May to give us the latest news on Rita MacKey who is doing well and is now in an apartment in Lennoxville.

Four members had a birthday in January and two were with us, Gerrit Van der Mark and Barbara Bellows. We sang happy birthday and gave them a card.

February is Valentine's month and to mark the occasion it was decided that we should wear something RED. There will be a consequence for not having something RED: the person will pay \$0.25 and by a special draw the winner will receive whatever amount is collected.

Door prizes were won by June Bolton, Wilma Cushing, Mary Lessard, Delma Fowler, Scott Kirby, Gerrit Van der Mark and Ernestine Whipple. The participation drawing was won by Jason Bolton and Barbara Bellows.

Next month the meeting is on February 20, and the main meal will be pork (either chops or filet). As usual someone will be phoning to remind you.

While we were debating ideas to entertain members next month, it was decided we would share 'hints' tried or read, about what to do with items found in the house so we can do our best to protect the environment and animals; we are destroying the planet and every little thing we do will help. Examples started exploding all around us right away. We had to stop to have some for February. We are now asking you for your ideas and hints to share with us on the 20th. Don't forget RED is the magic colour.

Shirley Desruisseaux, Vice-president
Suzanne Martin, Secretary

CELEBRITY CIPHER

by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

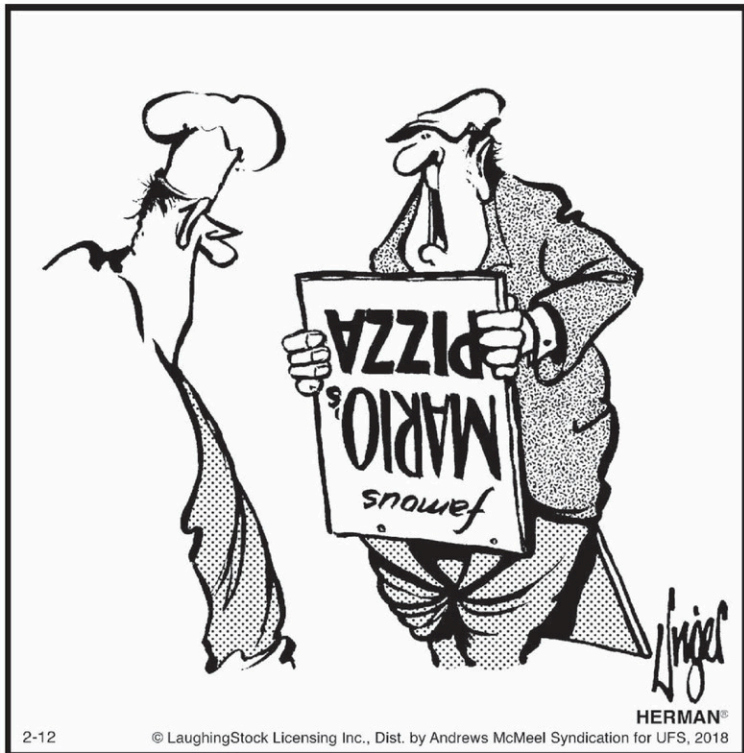
"BNFFGNHJ GX UYJ UA KSJ AJE
 GYXKGTKGUYX KSNK NZZUE N BNY
 KU PU NX SGX EGAJ LZJNXJX."
 — BGZKUY CJFZJ

Previous Solution: "Never doubt that a small group of thoughtful committed citizens can change the world." — Margaret Mead
 TODAY'S CLUE: *g snabn e H*

REALITY CHECK



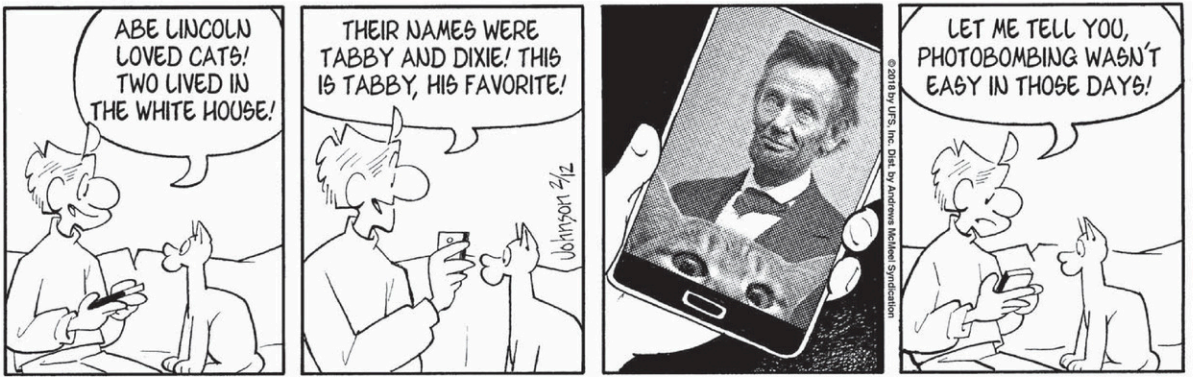
HERMAN



ALLEY OOP



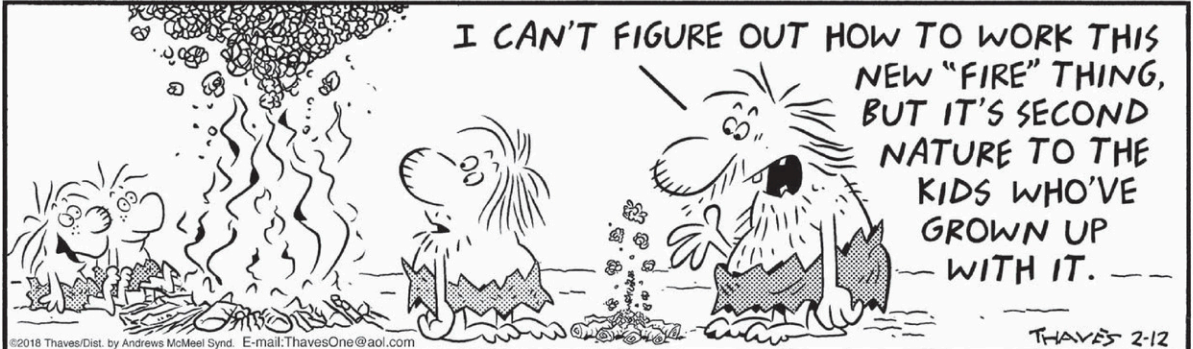
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PUBLIC NOTICE

BOROUGH NO. 3


NOTICE is hereby given that, during the regular meeting of the Borough No. 3 Council on January 23, 2018, the following amendment to the schedule for the regular meetings of the Borough No. 3 Council for the 2018 calendar year was adopted:

May 2018: Tuesday, May 29, at 5 p.m.

GIVEN AT SHERBROOKE, this February 12, 2018

André Blais
 Borough Council Secretary

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Dementia can be diagnosed with a battery of tests



ASK THE DOCTORS
 By Robert Ashley, M.D.

Alzheimer's causes for memory loss, such as B12 deficiency, the standard screening exam is the Mini-Mental Status Examination (MMSE), a memory and writing test. That said, another test, the Montreal Cognitive Assessment (MoCA), has greater sensitivity in identifying losses in the abilities to use language and perform tasks — both common markers for encroaching dementia — so your doctor may use this as well.

Dear Doctor: How is one screened for/diagnosed with Alzheimer's or other forms of dementia? What type of doctors does one see? What sorts of tests do they run? It runs in my family, and lately I've been forgetting conversations soon after they happen. But I don't know where to look for answers.

Dear Reader: Your concern is understandable. The degeneration of the brain's ability to incorporate new information — and the loss of the hardwiring that controls our everyday tasks — affect not only an individual but everyone who cares for that person as well. Further, the genetic linkage is greatest for people with a parent or sibling who developed dementia prior to the age of 65. (The linkage grows progressively weaker with the family member's age of diagnosis, so much so that if the person was diagnosed after 85, one's own risk is no different than if there were no family history.)

Further, the rates of dementia are increasing in this country, with Alzheimer's dementia affecting 5.4 million people in the United States in 2016. Some of this may be due to our ability to diagnose the disease, but our increasing rates of risk factors — diabetes, obesity and lack of physical activity — play a role as well. The majority of people are diagnosed after the age of 65, with the overall incidence of dementia doubling every 10 years after the age of 60.

Diagnosis typically starts with your primary care doctor. While blood tests can pick up some non-

These tests can effectively identify people who already have dementia, but they are less effective at identifying people in the early stages of memory loss or those who have memory loss but also have a higher level of brain function. In these cases, much longer and more formal neuropsychological tests may be necessary. This testing is often done by a psychologist associated with a neurologist.

A neurologist may also order imaging tests of the brain. These tests can include an MRI, positron emission tomography (a PET scan) and possibly functional brain imaging that assesses areas of the brain with low activity. Although some findings might suggest Alzheimer's, these tests are used primarily to rule out other causes; they can't yield a definitive Alzheimer's diagnosis.

The potential to use cerebrospinal fluid biomarkers to help diagnose Alzheimer's disease is still in the investigational phase and unlikely to be used by a neurologist currently.

So start by talking to your primary care doctor about the change in your memory, how long it's been happening and whether it's rapidly getting worse. Your doctor will likely conduct a standardized test for memory, along with blood work to rule out other causes of memory loss. If that suggests a problem, but no other physical cause, you should see a neurologist for more formal testing.

Robert Ashley, M.D., is an internist and assistant professor of medicine at the University of California, Los Angeles.

SUDOKU

DIFFICULTY RATING: ★☆☆☆☆

6	8		2	5	7			1
			4	1				8
	4	2	3			6	5	7
5				3			8	
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2	6	4			5	1	3	
9			4	1				
8			9	6	3		4	2

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PREVIOUS SOLUTION

9	7	8	4	3	6	2	5	1
6	2	1	8	9	5	4	3	7
3	4	5	2	1	7	9	8	6
2	8	3	7	6	4	1	9	5
5	1	9	3	8	2	7	6	4
7	6	4	9	5	1	8	2	3
4	9	2	5	7	3	6	1	8
8	3	6	1	4	9	5	7	2
1	5	7	6	2	8	3	4	9

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Your Birthday

MONDAY, FEBRUARY 12, 2018

You cannot fix the world, but you can make personal and lifestyle changes that will help conquer your stress. Aim to be more practical and to use common sense when dealing with people who don't share your agenda. Change begins within. Follow the path that suits you best.

AQUARIUS (Jan. 20-Feb. 19) — Helping others may make you feel good, but make sure you don't overdo it. Someone will overreact if you are too demanding or judgmental.

PISCES (Feb. 20-March 20) — Personal information you share will improve your position and reputation. Participation will encourage deeper beliefs and stronger connections. Don't argue to prove your point; just do your own thing.

ARIES (March 21-April 19) — Watch your back. Concentrate on whatever will help you advance. An inevitable change should be handled openly and objectively. Take the initiative and live up to your expectations.

TAURUS (April 20-May 20) — Look for alternatives instead of overreacting to a situation that arises. Don't feel the need to make a move before you have heard all the facts. Focus on taking care of your responsibilities.

GEMINI (May 21-June 20) — Do things properly the first time to avoid getting into a bitter dispute over a lack of detail and precision. Intelligent ideas are only favorable if they are affordable.

CANCER (June 21-July 22) — Keep

moving until you reach your destination. The momentum you build will help you outmaneuver anyone trying to compete with you. A unique twist to an old idea will come in handy.

LEO (July 23-Aug. 22) — Size up what everyone else is doing and what's available to you. Make choices based on what you can handle mentally, financially and emotionally before you sign up.

VIRGO (Aug. 23-Sept. 22) — Network with peers to gain a different perspective on the latest trends. Keeping up in areas of interest will give you a better idea of what you'll have to do to be competitive.

LIBRA (Sept. 23-Oct. 23) — Refuse to give in to emotional criticism. Know what you are capable of, and follow through with your plans. Don't limit your chance to get ahead or make a difference.

SCORPIO (Oct. 24-Nov. 22) — Spend more time on personal growth and changes that make you feel good about your appearance. Associations with people you find trustworthy and reliable will help you make better choices.

SAGITTARIUS (Nov. 23-Dec. 21) — Protect against injury or insult. Don't share with people you don't know well or aren't sure you can trust. Live within your means and avoid indulgent behavior.

CAPRICORN (Dec. 22-Jan. 19) — Rely on your intuitive senses to help you make the right choice when it comes to personal money matters, contracts or legal concerns. Physical changes are encouraged.

MONDAY, FEBRUARY 12, 2018

We love no-trump, but sometimes ...

By Phillip Alder

At the bridge table, when "no-trump" is uttered, it is rarely a player expressing his opinion of the president of the United States. It is much more likely to mean that a major-suit fit has not been found, so it is time to head for three no-trump.

We play in five of a minor only when we are confident that three no-trump will not make — and when would that be?

Not often. However, look at today's deal. South opens one club, and North jumps to three clubs, a game-invitational limit raise denying a four-card or longer major. What should South do next?

When you agree a minor, a new-suit bid at the three-level is showing stoppers in that suit and warning that another suit is not stopped; otherwise, that player would bid three no-trump.

Here, over three clubs, South rebids three diamonds. Then North continues with three spades to indicate spade values and to deny a heart stopper. South now knows that no-trump is impossible, so he jumps to five clubs.

From the logic of the auction, West realizes that it is safe to lead a low heart. East takes two tricks in the suit, then

North				02-12-18
♠ A J 3				
♥ 5 2				
♦ Q 10 9				
♣ K 8 7 6 4				
West		East		
♠ 9 8 4 2		♠ 10 7 6		
♥ A J 8 6 3		♥ K Q 10 9		
♦ 7 6 4 3		♦ 8 5 2		
♣ —		♣ Q 10 5		
South				
♠ K Q 5				
♥ 7 4				
♦ A K J				
♣ A J 9 3 2				
Dealer: South				
Vulnerable: East-West				
South	West	North	East	
1♣	Pass	3♣	Pass	
??				
Opening lead: ♥ 6				

shifts to a diamond.

South has no problem if trumps are 2-1. But if they are 3-0, he can pick them up only if East holds the tripleton. So, declarer starts with dummy's club king.

Note, though, that if, say, South's spade queen and North's spade three were exchanged, the bidding would be one no-trump - three no-trump, and the contract would go down one after a heart lead. Nothing works all of the time.

CROSSWORD

Across

- 1 Send (to), as an inferior place
- 9 Partner of Paul and Mary
- 14 Trite
- 15 WWII bomber __ Gay
- 16 Trifling matters
- 18 Iroquois enemies
- 19 Editor's "never mind"
- 20 IRS form IDs
- 21 One out on the lake, e.g.
- 24 Cookie holder
- 27 Focal point in a theater
- 29 That girl
- 32 18-wheeler
- 33 Tablet with Mini and Pro versions
- 34 John Paul Jones was a commander in it
- 39 Chevy subcompact
- 40 Rowlands of "The Notebook"
- 41 Originally named
- 42 May observance for those who died in

Down

- 1 Lassos
- 2 Activist Medgar
- 3 Russian Revolution leader
- 4 Diving seabirds
- 5 Fellows
- 6 Busy __ bee
- 7 Bill with Hamilton on it
- 8 NYC summer hrs.
- 9 Be a nuisance to
- 10 Goes in
- 11 Promote big-time
- 12 North Pole worker
- 13 U.K. flying squad
- 17 East, to 48-Down
- 21 "___ there, done that"
- 22 "I've got this round"
- 23 Prickling with excitement
- 24 Tokyo's country
- 25 Tequila source
- 26 Color again, as hair
- 27 TV forensic series
- 28 __ Pan Alley
- 29 Rascal
- 30 Ramshackle home
- 31 Hostile force
- 35 In addition
- 36 Kennedy and Koppel

Across

- 37 Gray's subj.
- 38 Dismiss from work temporarily, with "off"
- 43 Put spots in magazines
- 44 Foot's 12
- 45 Side squared, for a square
- 48 Legendary Spanish hero
- 49 "___ like ours / Could never die ... ": Beatles

Down

- 50 Flooring specialist
- 51 Mails
- 52 Paris airport
- 53 Kendrick of "Twilight"
- 54 One step __ time
- 55 Baby's spilled food protector
- 56 1101, to Romans
- 57 Chaney of horror
- 58 Bill for mdse.

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