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A Sherbrooke native helps out in Congo... See Page 7

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MONDAY, FEBRUARY 9, 2004

Tingwick farmers raise hay for neighbour

By Stephen McDougall
SPECIAL TO THE RECORD
TINGWICK

The idea of farmers helping each other out may be rare these days, but it is certainly not dead. Proof of that can be seen in the historic town of Tingwick, where a hay collection drive has started to help out dairy producers François and Michelle Cantin, who lost their barn to a fire last summer.

"I am so thankful to live in a town where people still care about each other, especially in our farming community," said François Cantin on Saturday, as bails and rolls of hay started arriving.

"We are still working on building the new barn and hay is so expensive these days. It would very difficult for me to continue farming without this help."

The Cantins could not have lost their barn at the worst time last year. The mad cow fear had started in May, which meant surplus dairy cows were difficult to sell. At the start of August, the whole town of Tingwick suffered a flash flood that took out eight bridges, wrecked homes and flooded many farmers fields.

Then, on Aug. 15, a motor on a hay conveyor belt overheated and caught fire, which then destroyed the Cantins' 12,000 square foot hay and animal barn and killed 24 Holsteins. It also caused damage to the outside of

the Cantins' house.

"We had to transfer our remaining 100 animals to a barn owned by our friends the Vallieres," said Cantin.

"But we had to keep buying hay to get us through the winter. All of ours had been lost in the fire."

The idea for the hay collection came from Pierre Perron, whose farm is situated on the Tingwick/Danville border.

"A long time ago, we would all be out there raising a new barn for the Cantins" said Perron.

"But nowadays, government and insurance rules won't allow it. But there is nothing in the rulebooks about collecting up some extra hay to get him through this tough winter."

Apart from hay and cash donations, help also came from the town, the 4-H club and the local Co-op feed and hardware store. The back lot of the store, along with one on a farm facing the Co-op on the other side of the Craig road became the dropping off point for the hay donations.

"Francois is a good member and client of this Co-op so naturally I said yes to helping out," said store manager Joel Michaud.

"The spirit of generosity here is a long way from being dead. Our Co-op has been operating here since 1943 because of its members and clients.

"That is something you don't forget when someone here needs help."

SEE GENEROSITY, PAGE 4



STEPHEN MCDUGALL/SPECIAL

François Cantin holds onto a donated bail and munches on a hay straw during the Saturday morning launch of the collection drive.

Fish and game club wants shorter deer seasons

By Maurice Crossfield

The Brome-Bolton Fish and Game Club is calling on the Quebec government to eliminate antlerless deer tags and shorten the hunting seasons, both for the sake of landowners and the deer themselves.

"The deer seasons are set in December, before the deer count is totaled and studied," said John Rhicard, president of the Brome-Bolton Fish and Game Club. "My personal opinion is they are looking at the money coming in rather than looking at managing the herd."

Jim Wills, a club director, says a protocol was signed years ago requiring fish and game clubs and other groups be consulted before the time and length of deer seasons were set. That hasn't happened in the last five years.

"They set the seasons before the winter is over," he said. "They don't know what's happened in the woods."

What's happening in the woods this winter could have a serious impact on the deer herd. Heavy snows in December made travel and finding food difficult, while the bitter cold of January depleted their fat reserves.

"The deer herd is not going to be in good shape in the spring," Rhicard said. "They've lost that fat reserve and there's not enough food to replace it. If they get pushed, they'll be exhausted."

René Pouliot, vice-president of the Brome-Bolton Fish and Game Club, says he's found young maple trees with their bark stripped clean, a sign that food is in short supply.

"They're even eating balsam branches," he said. "It's the first time I've seen that."

The club's first goal is the elimination of the antlerless deer tags during

the regular rifle hunting season. Drawn through a lottery system, hunters wanting one must send in \$7.50 to take a chance. The tag gives them the right to shoot a doe or a fawn.

"The problem there is that they don't have to be as careful identifying what they're shooting at, and that can be dangerous," Wills said.

That is less of a problem during the bow and black powder seasons, when the hunter must be closer and be more careful because they've only got one shot.

SEE HUNTING, PAGE 2

HUNTING:

CONT'D FROM PAGE 1

Wills added that hunters with antlerless permits tend to shoot the larger does, leaving fawns without the guidance of their mothers.

"It has to be with its mother for the first winter to learn the ropes, so to speak," Rhicard said. "If the does are dead the fawns won't make the winter."

While official statistics might show one doe harvested by a hunter, the actual death toll could be two or three deer, counting the orphaned fawns. Pouliot said he's seen a number of fawns in groups of two or three out in the fields this winter, at a time when they should be deep in the woods and surrounded by their elders.

Meanwhile the region's coyote population continues to thrive, making the sighting of a rabbit or a partridge a rare event.

Predators of opportunity which are rarely hunted, they're also eating wild turkeys, and any sick or wounded deer they come upon. The present lack of small game also concerns Brome-Bolton.

The club's second request is for the hunting seasons to be shortened and put closer together. Rhicard noted that 20 years ago deer hunters only had the rifle season, and it lasted one week and two weekends. Last fall bow hunting lasted 20 days, rifle season two weeks, and then black powder season lasted another eight days. Over a 70-day period deer hunters were active for 42.

"They're in the woods setting up bait stations in August, and they're in there between the seasons baiting them as well," Rhicard said. "With the length of the seasons it's starting to irritate some of the landowners."

Rhicard said many of those landowners, over 400 of which lease their lands to Brome-Bolton,

don't feel it's safe to go into their own woods when they know hunting is going on. He said some are even considering pulling their land out of the club and then posting it private, letting no one in.

"Even a lot of the hunters agree there's too much time being spent out there," Wills added.

The longer season also puts pressure on Brome-Bolton's volunteer game wardens. The length of the seasons means they're active from August until December, much longer than years ago.

All of them agreed that there simply aren't as many deer in the woods as there were a few years ago. Rhicard said there are probably more deer living in Knowlton, filled with gardens and shrubs, but not hunters, than in the wilds of West Bolton.

"This year I have 28 in the herd near my place," Pouliot said. "I used to have 48 or 50."

Wills noted that a lot of deer are still

seen on the roads, mainly because the snow in the woods is too deep. To travel, they're taking the roads, just like us.

Brome-Bolton will be meeting with a government biologist to discuss the issue. But what the club really wants is to meet with those who decide the hunting seasons and set limits on the number of deer taken. They also want the government to hear from the public, through letters to local mayors, the regional offices of the Société de la faune et des parcs, and Brome-Missisquoi MNA Pierre Paradis.

"If the public gets on the case of their local member and say they want something done about the length of the season, then our suggestions will have more power," Rhicard said. "The government is exploiting the resource and they don't seem to want to hear too much from the landowners and the clubs."

To reach the Brome-Bolton Fish and Game Club you can write them at P.O. Box 1151, Knowlton, Que. J0E 1V0.

LOTO QUÉBEC		Results	
SUPER 7		WINNERS	PRIZES
Draw	2004-02-06	7/7	3 \$10,833,333.40
06 10 15 27 30 37 46		6/7+	14 \$102,601.20
Bonus: (18)		6/7	461 \$2,726.40
Total sales:	\$78,044,682	5/7	30,231 \$148.50
Next grand prize:	\$2,500,000	4/7	641,905 \$10.00
		3/7+	592,226 \$10.00
		3/7	5,359,539 Free play

LOTO		Results	
649		WINNERS	PRIZES
Draw	2004-02-07	6/6	2 \$2,500,000.00
03 14 26 27 35 44		5/6+	6 \$96,269.30
Bonus: (28)		5/6	266 \$1,737.20
Total sales:	\$14,313,119	4/6	14,540 \$60.90
Next grand prize (approx.):	\$2,000,000	3/6	259,013 \$10.00

Québec		Results	
49		WINNERS	PRIZES
Draw	2004-02-07	6/6	1 \$1,000,000.00
09 15 22 23 26 42		5/6+	0 \$50,000.00
Bonus: (43)		5/6	16 \$500.00
Total sales:	\$638,817.00	4/6	1,293 \$50.00
		3/6	24,337 \$5.00


Extra		Extra	
Draw 2004-02-06		Draw 2004-02-07	
NUMBER	PRIZE	NUMBER	PRIZE
756885	\$100,000	881265	\$100,000

Claims: See back of tickets. In the event of discrepancy between this list and the official winning list of L-Q, the latter shall prevail.

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If you have a gambling problem...

Six Vehicles Implicated in Crash



PERRY BEATON/SPECIAL

Six cars were involved in a pile-up on the Eastern Townships Highway near Eastman Sunday afternoon, leaving at least three people injured. Sûreté du Québec spokesperson Chantal Mackles said the police initially received a call about a two-car accident. Three more cars and an empty tanker truck were involved in a collision by the time police arrived on the scene at kilometre 104. Mackles wasn't sure whether the four other vehicles involved hit the first two cars, which were still partially on the road after the first collision. Three people were sent to hospital in Granby with major injuries. One, who had graver injuries, was transferred to a hospital in Longueuil. No other details were available at The Record's press time.

Weather

Monday: Cloudy. 60 per cent chance of flurries. High minus 4.

Tuesday: Cloudy. 60 percent chance of flurries. Low minus 3. High minus 1.

Wednesday: Periods of light snow. Low minus 12. High minus 9.

Thursday: A mix of sun and cloud. Low minus 16. High minus 6.

Normals for the period: Low minus 18. High minus 5.

Ben by Daniel Shelton



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Tingwick replaces last of eight bridges destroyed

By Stephen McDougall
SPECIAL TO THE RECORD
TINGWICK

The last of eight bridges destroyed by last August's flash floods will be back in operation by March — but at a high cost for the 1,300 town and area residents, said mayor Paul-Emile Simoneau.

"Rebuilding the bridges cost us and the Quebec taxpayers about \$2 million," he said.

"We had to borrow about \$800,000 and we do not know if the Quebec government can help us with any of that.

"In the meantime, we've had to impose a special flood tax to start paying off the debt."

He said the flood tax amounts to 35 cents per \$100 of property evaluation. The tax is added to the town's normal rate of 60 cents per \$100 evaluation.

"That is a bite for most residents who have farms and have seen their evaluations jump because of increased farmland speculation," he said.

"We are still negotiation with Quebec to see if that tax can be whittled down some in the coming years."

Tingwick was hit the hardest on the night of Aug. 4, when heavy torrential rains came down for several hours and caused three local rivers to overflow. The result was washed out roads, destroyed ditches and drains and the destruction of eight bridges. Two of the bridges were on the Craig Road and their destruction cut off travel to some neighbouring towns. Six other damaged bridges were situated on range roads, which caused problems for the area's farming community.

"For weeks after, farmers had to cross their neighbours fields with their trucks and tractors if they wanted to get supplies and keep operating," said Simoneau.

"During the flood, some people had to be evacuated from their homes by police helicopter and the Red Cross from Victoriaville came to help."

The floods also hit the neighbouring towns of Warwick and Chesterville, causing millions of dollars worth of damage to municipal infrastructure and private homes.

So far, said Simoneau, the provincial government has forked out over one million dollars in help to the town and hopes more will on the way this coming year.

He added that several residents lost cottages and other personal items not covered by insurance or government programs. He added damage to farmers fields was also not covered directly by Quebec.

"Many of the farmers have their fields flooded regularly and either have agriculture insurance or can fix the damage themselves," he said.

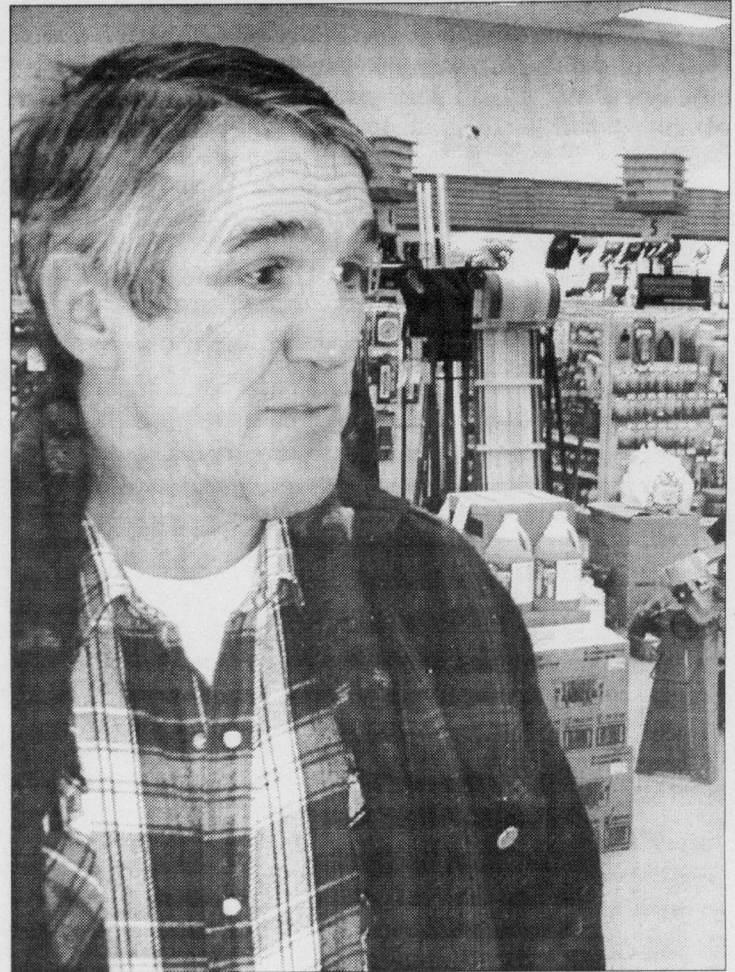
"But there are some special cases where farmers lost money."

One of those cases was berry producer Michael Towsey, who estimated his losses at \$20,000 after nine acres of strawberries and raspberries were damaged or destroyed.

"Having your hay field damaged is different than having your strawberry field damaged," said Towsey.

"Hay growing can be restored a lot easier than my berries, which need strong roots and a lot of care.

"But I am still classified as a farmer, and the government officials have told me there is nothing they can do."



STEPHEN MCDUGALL/SPECIAL

According to the mayor of Tingwick, rebuilding the bridges cost taxpayers about \$2 million.

BRIEF

Jewelry store thief at it again in Sherbrooke

Staff

A second jewelry store in Sherbrooke was robbed Friday afternoon, just a few blocks from another one robbed in a similar fashion on Thursday afternoon.

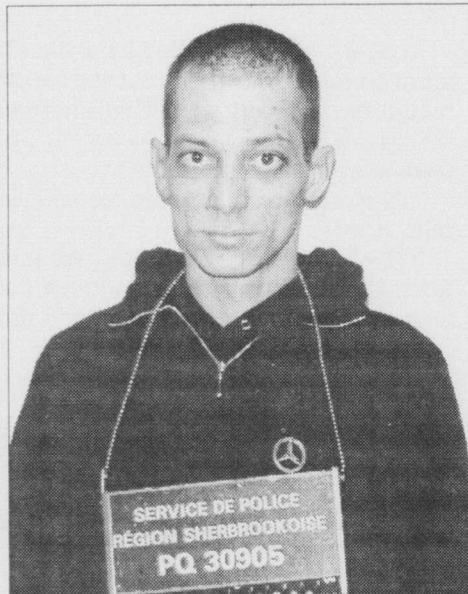
The Atelier de Bijoux, 670 Galt W, was robbed by a man who attacked the clerk with cayenne pepper, which is the same M.O. of the previous robbery.

Sherbrooke police officers are currently investigating the two robberies.

No further details about either incident or the suspect were available to the media.

Also on Friday afternoon, Bijouterie Fortier Ronald at the corner of King West and Wellington Streets was hit by burglars, who were later caught.

Piquette facing theft charges



COURTESY SHERBROOKE POLICE

Police believe Éric Piquette is responsible for the string of recent thefts in Lennoxville.

Staff

A man with a long history of breaking and enterings is expected to be back in court this morning to be charged with a series of thefts in the Lennoxville area.

Éric Piquette, 33, who was arrested and questioned on Thursday, spent the night in jail and was taken to the Sherbrooke courthouse Friday morning where he was charged with two counts of impersonation as well as possession of drugs and break-in tools.

He was remanded back into custody and is expected back at the court house to face more charges this morning after crown prosecutors complete their examination of break-in charge.

A woman who was also questioned on Thurs-

day was released and will not face charges, said Sherbrooke police spokesman Michel Martin.

Martin said Piquette had been under surveillance by police for about a week. Piquette, who was seen loitering in downtown Lennoxville over the past while, was picked up early Thursday morning.

Police say Piquette, who is well known to the local constabulary, is responsible for a rash of break-ins and thefts in Lennoxville since mid-January. Among other things, he stole two computers from a notaries office and a few hundreds dollars from the curling club.



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FUTURESHOP

The HP PSC 1110 All-In-One Printer's (sku #10038179) description advertised on the cover of our February 6 flyer should have indicated "Limited quantities. No rainchecks." We sincerely apologize for any inconvenience this may have caused our valued customers.

Ambassador impressed by foreign aid policy

By Rita Legault
SHERBROOKE

Canada's ambassador to Senegal touted the efficiency of Canada's new foreign aid policy this week during a talk with local foreign aid workers.

Denis Thibault, who studied at the University of Sherbrooke in the seventies, was back in his old stomping grounds for a talk organized by the local branch of Service administratif canadien aux organismes, better known as SACO-Estrie, and the Carrefour de Solidarité Internationale de Sherbrooke.

SACO-Estrie volunteers Jeanne-D'Arc Camiré-Lacoste and Roger Lacoste, who made several trips to Senegal, were on hand to introduce the talk.

The retired local couple went to Senegal in 1993 to help local street weavers in Dakar, by teaching them modern weaving techniques. The couple later returned to bring them newer, larger looms that were in part financed by local artisans and again to helping them learn how to manufacture them.

With seminars on work methods and marketing, the Senegalese weavers have since formed cooperatives and now export their designs and fabrics to Europe, creating both jobs and new wealth for the impoverished nation.

Thibault, who worked with SACO during earlier postings in South America, commented the Lacostes were preaching to the converted and that they were all interested in building a

more equitable world that would be more just and equitable.

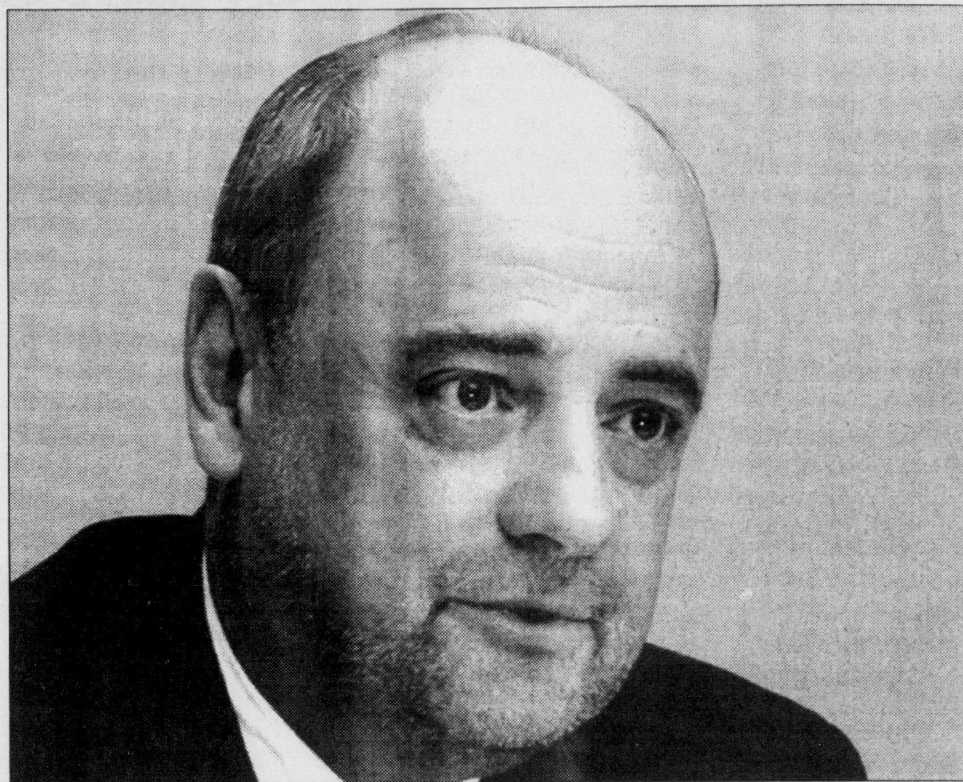
He then went on to vaunt changes to Canadian aid policies which concentrate on eight countries with successful human rights records. They include Bangladesh, Bolivia, Ethiopia, Ghana, Honduras, Mali, Mozambique Tanzania and, of course, Senegal.

Thibault said the new policy statement, entitled 'Canada making a difference in the world', was developed in 2002 to ensure greater impact.

Thibault said the policy reposes on five main principles which include: local ownership of programs, that is programs must be developed by the governments and people of recipient countries; improved coordination between donors; stronger partnerships between developing countries and partners; an approach based on results that includes better monitoring and evaluation of programs; as well as greater coherence between aid and trade policies in the developing world.

He notes the new policy is coupled with an 8 per cent increase in Canadian foreign aid. In all, Canada will spend \$6 billion over five years in Africa, including a \$500 million Canada Fund for Africa.

Thibault said a greater share of resources will go to countries that have strategies to fight poverty that has been ratified by democratic institutions within the country and the outside world through organizations like the



PERRY BEATON/SPECIAL

UofS alumnae and ambassador Denis Thibault is interested in building an equitable world.

World Bank and the International Monetary Fund.

As part of the G-8 Africa Plan, which provides debt relief to developing nations, Canada has contributed some \$315 million. That has relieved 90 per cent of Senegal's debt and relieved pressure on the economies of other develop-

ing nations.

Thibault also noted that after the summit last summer in Kananaskis, Canada also decided to eliminate tariffs and trade barriers for three dozens African countries - except for eggs, milk and poultry which are subject to marketing board regulations.

GENEROSITY:

CONT'D FROM PAGE 1

Tingwick Mayor Paul-Emile Simoneau said this is the first time he can remember in recent years that a hay collection has been necessary in the town's farming community.

"These are tough times for us," he said.

"The Mad Cow scare has reduced farm incomes and then some of our farmers had their fields damaged and got no government help for that.

"It is not just hay we are gathering up

here, it is the spirit of this community and the ties that hold us together."

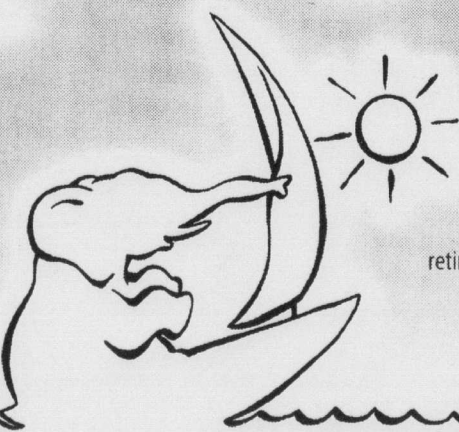
Perron and Cantin said they have set no exact goal for the hay collection, which started Saturday and will go on for most of this week.

"If I could get about 1,500 bails or so, it would be great," said Cantin.

This may be the first hay drive for Tingwick, but not for the Eastern Townships.

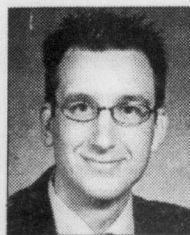
In the fall of 2002, over 1,300 bales were collected from E.T. farms and shipped out west to confreres in Saskatchewan and Alberta who were undergoing a massive drought and could not grow hay for their animals.

Your RRSP: smooth sailing from here on in...

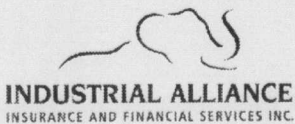


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Almost home

By Tom Peacock

“So close yet so far,” wrote Cpl. Jason Grapes in his last e-mail home from Afghanistan to his parents on Jan. 28. It was one day after Grapes’ comrade Cpl. Jamie Murphy, 26, from Newfoundland, was killed, when a suicide bomber jumped on the front of his jeep.

“17 days and this shit has to happen,” Grapes wrote. “If it wasn’t for a last-second decision, we would have been on that very same route at the same time. As it was we were the second to arrive on the scene.”

A picture published in Time magazine shows Grapes standing in front of the destroyed jeep moments after the attack. The soldier’s mother and father — Peggy and Leigh Grapes, who live in Bulwer — saw their son several times on TV during reports about the incident. “I guess Mom got her wish,” Grapes wrote, referring to his appearance in the national media.

All that Peggy Grapes has to wish for now is that her son, due to return to Canada next weekend, makes it home safe and sound after six months of patrolling the dangerous highways in and around Kabul.

“When he left, he told us he didn’t want us to be there, because he didn’t want all that emotional stuff,” Mrs. Grapes recalled.

“This time, unless he calls us, he might not have any choice,” said her husband, Leigh Grapes.

Of course, the young corporal’s parents want to be there when their son arrives home, but they’re not exactly sure when that’s going to happen.

“There’s things his friends know that we don’t know,” Mr. Grapes said.

Cpl. Grapes doesn’t talk much about what goes on overseas, partly because, as his parents explain, he’s a man of few words to begin with.

“The first few emails we got were just a few lines each, just to tell us he was doing fine,” his father said.

Cpl. Grapes joined the Canadian army six years ago. “He talked about

being in the coast guard, but then I think he got seasick once. But ever since he was a little boy he was interested in that sort of thing,” his mother recalled.

While in Afghanistan, Grapes has been patrolling in an Iltis jeep equipped with a TOW anti-armour missile launcher.

In January, Grapes sent a longer email home responding to all the letters he had received from friends and family. In it he talks about the impressive geography of the region, about the oppressive heat the troops endured in August, and about the omnipresent smell emanating from open sewers and piles of burning garbage, a smell he says, “you won’t soon forget.”

Later in the letter, Grapes talks about the warm welcome the Canadian troops received from the Afghan people.

“It’s nice to know that you are wanted there, it makes your job easier,” he wrote. “Everywhere we go we are offered tea and these little nuts covered in sugar.”

As Grapes explained, the children are always running after the jeeps screaming, “Hi, how are you?” and “Thank you” and the adults wave kindly at the soldiers.

Reconstruction is underway everywhere in Kabul, largely thanks to the NATO security force’s presence. As well, “since the Taliban has been kicked out of the city, men are allowed to shave their faces, women can take off the burkas and children can fly kites,” Grapes wrote in the Jan. 19 email. From his perspective, things might be improving dramatically in Afghanistan. But for his parents, the faraway country is still too dangerous and too far away. The sooner their son is home the better.

“It’s definitely different than when Jason was in Bosnia (two years ago),” said Mrs. Grapes. “We didn’t worry as much then, but in Afghanistan the war is right there.”

When two Canadian soldiers were killed and three others injured in a mine explosion in October outside Kabul, Grapes’ parents stayed glued



PHOTOS COURTESY CPL. JASON GRAPES

While in Afghanistan, Cpl. Jason Grapes (top, right) of Bulwer has been patrolling in an Iltis jeep equipped with a TOW anti-armour missile launcher.

to the television, hoping to find out that their son was alright.

“We didn’t know anything at first, but then he called and said he was alright,” Mrs. Grapes remembered. Grapes told his parents if they heard about something happening on the news first before they received a phone call, then he was probably alright.

“The families are always notified first,” Mr. Grapes said. But phone calls from Afghanistan are unpredictable at the best of times.

“They’re supposed to have 30 minutes a month, but they don’t have that,” Mrs. Grapes said. “And there’s a two-second delay, so everyone’s talking at once, and interrupting each other. Sometimes it’s better if he gets the answering service, and he can just tell us that way all that has

happened and what’s going on.”

“And then you can save it for, like, six months,” said Jason’s younger brother Riley, 19, laughing.

With their son halfway around the world in the middle of a dangerous situation, Mr. and Mrs. Grapes are holding onto whatever they can get their hands on. Whether it’s the photo, taken from a fair distance, that appeared in Time magazine, or the messages on the phone, everything that makes Jason feel a little closer to home counts.



Cinéma 9

Cinéma 9

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Association québécoise de prévention du suicide

Community Forum

LETTERS TO THE EDITOR

Angels among us!

DEAR EDITOR,

On Friday, Feb. 6, my eight-year-old daughter missed her bus after school and decided to walk home. We do not live in town so this was not a wise decision. As she was just nearing the end of town (on rte 143), a Galt bus driven by Mr. Goodsell was slowing down to let off some kids and he noticed her. She asked for a ride home and he did just that.

He brought her right to our door. I can't express enough how grateful I am to Mr. Goodsell for seeing her and bringing her home safely.

I don't want to even think about what could have happened to her if she would have ended up walking on the 143 in the snowstorm we

were having. I will be forever in your debt Mr. Goodsell. I do believe there are angels among us and you Mr. Goodsell are one of them.

Again Thank you

LYNDA PERRAULT-BOBBITT
Lennoxville

Hickey got it right

DEAR MR. HICKEY,

Thank you very much for simply, clearly, and forcefully stating, in your column of Feb. 6, how Janet Jackson's and Justin Timberlake's stunt sends a message that is seriously damaging to women. It's a relief to see someone publicly make the point that more than just cheekiness or bad taste are at issue.

RINA KAMPEAS
LENNOXVILLE

EDITORIAL

Saving lives or spoiling them?

It's a feature of aging that strikes terror into the hearts of the elderly: that moment when someone else decides on your behalf it's time for you to relinquish control of your own affairs and say farewell to your independence. In your own best interests, of course.

With such a large segment of our population in, or approaching, those golden years, more attention should be paid to creating a mechanism for elderly people of sound mind to be able to state unequivocally what they will and will not do.

And in some cases, that means overriding the decisions made by well-intentioned family and professionals on their behalf.

Too little weight is given to the wishes of seniors who want to decide for themselves where they live, what they eat and what's best for them.

At a certain age, seniors are suddenly held accountable for every decision they make that may be detrimental to their health, while every other age group can drink to excess, smoke, stay up all night watching talk TV, drive too fast, and eat a steady diet of junk food with impunity.

Growing old should not remove an individual's right to make bad decisions, provided of course, they are not life-threatening.

And good neighbours, caring families and professional service providers should be able to make the distinction.

A network of well-structured community services is already in place to meet the physical needs of elderly people who decide to live independently. Health and social service

providers join forces with community volunteers to deliver home nursing care, friendly visits, hot meals and daily security calls. These are vital services to a population that has earned them all. But very little emphasis is placed on respecting and reinforcing the psychological needs of the elderly.

The need to be able to think and act independently, to make decisions and choices for themselves. To have their opinions considered and their wishes respected.

Very often, it's adult offspring concerned from a distance that mom or dad may fall, or are not eating properly, who make the decision to close up the house and place their elderly parents in a safe environment where they will be served a steady diet of pureed food and puerile conversation.

A safe place where their white hair and bent bodies will be interpreted as a license to all and sundry to address them as though they don't have an opinion on anything more important than the weather.

Sometimes, safety is overrated.

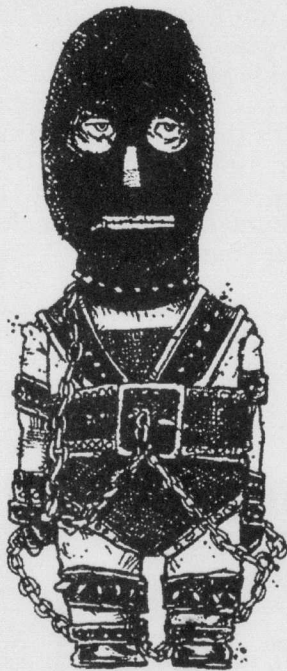
Like most of us, there are elderly people who would rather take a few risks, and occasionally do things that would win the approval of neither God nor the family doctor.

But as long as they are capable of understanding the consequences and living with them, who are we to decide otherwise for them?

Safe and secure surroundings with three squares and lights-out at 9 may make family and neighbours feel better about elderly people, but sometimes, it just make older people old.

SHARON McCULLY

LIBERAL MPS BEFORE DEMOCRATIC REFORM



AFTER



THE RECORD

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THE
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INSIDE
How can you
Hold On To
Your Kids?
... see Page 9



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MONDAY, FEBRUARY 9, 2004 PAGE 7

Sherbrooke native meets child soldiers in Congo

NGO worker assesses situation for children of war

by Tom Peacock

When Kali Galanis visited a transition centre for child soldiers in the Democratic Republic of Congo a few weeks ago, she was surprised to find that all the children wanted to talk about was soccer.

"Visiting the centre was really difficult," Galanis said on the phone from her office at War Child Canada in Toronto.

"There were kids there who were 17 years old who looked like they were maybe 10 or 12, due to malnutrition. To see those kids, and to know what they've seen and done..." Galanis' voice trailed off.

"But the first thing they asked was, did any of us play soccer. We could see that was what was on top of their minds, just like any other kid, even though they've been through so much."

In Congo, there is a huge number of child soldiers. In some of the numerous factions in the ongoing conflict, half of the soldiers are under 18.

Galanis, who grew up in Sherbrooke, is the Deputy Executive Director of War Child Canada. Last Sunday, she flew home from Congo after a two-week assessment mission to the war-torn country.

The charity is developing programs for children affected by war in trouble spots all over eastern Africa.

"We went in there with open minds, to grasp the extent of the situation — what's happening, what other aid organizations are doing, what's missing, if it's development we should be focusing on," she said.

In writing, Congo's five-year civil war ended last year, but the struggle between the numerous tribal factions continues, with new atrocities reported all the time.

Galanis said non-governmental organizations working in Congo are

still only able to provide a basic relief effort, despite a strong UN presence in the country.

The problem, she said, is that there are virtually no roads through the jungle landscape, making policing the numerous villages and towns very difficult.

"It's a problem, not just for the UN, but also for the people who live there," she said. "If people take over your house, your animals, and your food, you've got nowhere to go."

During her trip through the violent northeast sector of the country, Galanis visited a camp for internally displaced people.

"There were about 15,000 people who had lived there for about eight months. It was atrocious. It's basically mud, hard mud. I can't imagine what it's like during the rainy season," she continued.

"There are huge tents that the combination of NGOs and the UN have put together, with seven to eight families living in each tent."

Galanis said, largely thanks to organizations like OXFAM, Doctors without Borders and Unicef, there is a clinic, a school, and some access to food and water at the camp.

Galanis said the team from War Child Canada, which included a physician and a human rights lawyer, travelled around the country mostly in small planes.

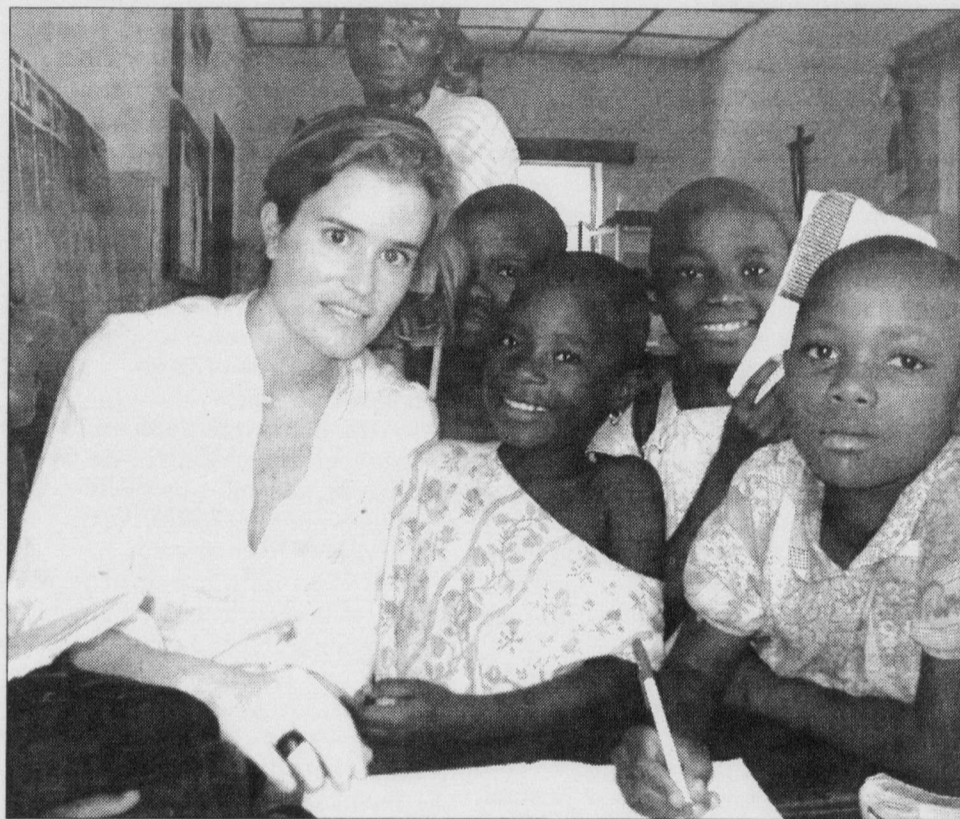
The difficulty of access might mean they will have to return on another assessment mission before they can begin any work in the country.

"We are going to prepare a mission report, and we're going to see if and how our efforts are going to be useful," she said.

"Because of the difficulty of traveling, and the fact that the greatest needs are in rural areas, there could be a need for a second visit to complete the assessment."

War Child Canada's first mission to the site of the worst humanitarian crisis since World War II was important for other reasons as well.

SEE CHILDREN, PAGE 12



COURTESY WAR CHILD CANADA

Kali Galanis (left) in Bukavu, at a school for girls accused of witchcraft.

ERRATUM

In last Friday's ad of Town of Magog, collection of waste schedule: The legend in lower ad should be clearer:

- Collection of household waste
- Collection of recyclable materials

The Record will re-publish the schedule this Friday, and we are sorry for any inconvenience this may have caused.

NATURE'S WAY

Keeping the past alive for the future

Most of your seed catalogues have likely arrived already, loaded with many colorful pictures of the flowers, vegetables, and herbs that are available this season. They make everything look so appealing, so easy to grow. How can you resist trying that new variety of purple cabbage or that beet red round carrot?

While your old variety tasted good, grew well and supplied your winter needs, new must be better right? Just remember that if you like that new variety, you will have to reorder the same type of seed each and every year.

There is no guarantee that you'd get anything that even remotely resembled this year's crop if you use seeds saved from hybrid plants.

Have you noticed that over the last ten years more and more of the open pollinated varieties have been disappearing from commercial seed catalogues and have been replaced by more costly hybrids?

There is a lot of money to be made in switching gardeners and farmers over to hybrid seeds. Not only do they come with a much higher price tag, but they stick you in a vicious cycle of purchasing the same variety or a new one every year, increasing the commercial seed producer's profit ten fold.

Then there is another problem to think about. Are you getting the variety you ordered? Quite a few years ago, I ordered my favorite climbing green bean, Blue Lake, and planted them as normal. Not growing other varieties close enough to cross-pollinate, I had great expectations of a freezer full of tender

beans that fall.

What happened had me totally baffled: Was it climate change, genetic mutation or a mix up in my seed order? The beans that grew were definitely not the beans I ordered. Almost all green beans grown in the last fifty years don't have strings. These not only had thick strings on both sides, but the entire bean was fibrous and almost inedible.

Never had I seen anything like this, so I immediately contacted the Canadian seed house they came from and let them know what had happened.

They said I was the first complaint, but that they would look into the matter, and promised to replace what I had purchased from new stock the following spring, and they did. Thinking this was a rare experience, I planted the new seeds and again faced a crop of foreign looking beans.

In fact, there were a total of four different types of climbing beans in that lot of seeds, and only about one quarter of them were Blue Lakes. Again I was stuck with an inferior crop.

Even after going to another seed house, this continued to happen for three more years, and again I was told that no one else had complained, at least until last year, when I was told that they had to change their suppliers because there had been a problem with the Blue Lake seeds. Again I felt confident, they had a new supplier I could finally get some of the beans I love so

much. Sadly it was the same results again, so I have decided not to grow that variety again.

MAKING EVERY SEED COUNT

With all the worry about genetically modified seeds cross pollinating and changing our crops, there has never been a time in our history when saving seeds from healthy safe varieties was not more important than it is now.

While these commercial catalogues look great, they only carry a small percentage of the varieties of open pollinated seeds available. Many of the older, heirloom types are no longer sold through seed houses, but luckily here in Canada we have a great alternative place to do our seed shopping.

Seeds of Diversity can only be compared to a living gene bank. This non-profit group of Canadian gardeners saves seeds from rare and unusual garden plants, hoping to preserve a bit of the past for future generations.

Its humble beginning took root in 1984 as the Canadian Organic Growers' Heritage Seed Program. Eventually growing in to an independent charitable corporation called Seeds of Diversity Canada, which is run by a volunteer board of directors and mainly funded through private donations and membership fees.

Some 1700 farmers, gardeners, scientists, researchers, teachers and seed vendors have come together from across Canada who grow, propagate

and distribute, document, conserve and safeguard over 1,500 varieties of fruit, vegetables, grains, flowers and herbs that are public-domain non-hybrid plants and that are significant to Canadians.

They also provide information on the proper methods of seed saving to maintain the genetic integrity of crop varieties, (they sell a very reasonably priced book on how to save seeds) and provide information on sources of heirloom and endangered varieties to those interested in obtaining and maintaining them.

A few of their objectives are "to establish and maintain curatorial collections of Canadian varieties; co-operating with individuals, groups, and institutions in Canada and internationally in aid of maintaining, supplementing, and salvaging existing collections of heirloom and endangered varieties; encouraging commercial seed companies, nurseries, and related businesses to grow, maintain, and propagate, and commercially distribute these varieties as a means of perpetuating them."

By taking out a membership with Seeds of Diversity you will receive their magazine, published three times a year (January, May and September) and an annual Seed Exchange Directory, which lists the seeds offered from member to member where you can list any seeds that you may wish to share.

For more information you can either write to Seeds of Diversity Canada, PO Box 36, Station Q, Toronto, Ontario M4T 2L7 Canada, call (905) 623-0353 or e-mail office@seeds.ca.



ANNA MAY KINNEY

WIN

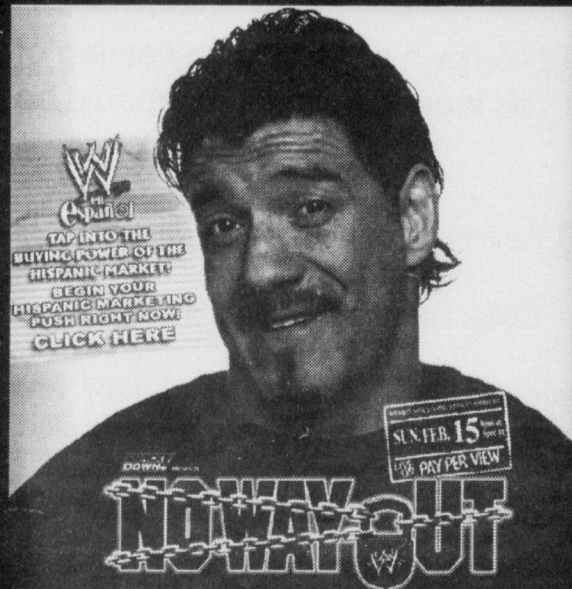
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FAMILY

Note to parents: Pay attention

By Jenny Lee

Gordon Neufeld was blindsided when his second daughter "spun into orbit" around her friends.

"She was bored and listless when away from them. She took the cues from them about her language and bearing, her expressions and demeanour, her attitudes and appearance. Sometimes, she didn't even feel like my own daughter," recalls the noted Vancouver clinical psychologist and co-author of *Hold On To Your Kids: Why Parents Matter* (Knopf Canada, \$35).

"She didn't look right, act right, talk right. She balked at the slightest parental request, responded to questions of interest as if she was being intruded on, resented any limits we, her parents, imposed and resisted any direction we gave... she was next to impossible."

Like most parents, Neufeld's initial response was to seek ways to bring her into line — "the usual methods of force, punishment or reward. That only made things worse."

Talk to any group of North American parents and you'll soon hear variations on the same story. The problem, says Neufeld — now a grandfather of three — is that peers have replaced parents as the primary source of values, identity and codes for behaviour.

Just as goslings seek their bearings from mother geese, children seek attach-

ment — they need a physical and psychological "compass point," says Neufeld, who runs a thriving private practice.

A parenting adult is the natural choice, but social, economic and cultural trends have disrupted this natural order, he says, and no longer help to draw adults and children together.

"It's a question of a whole culture that has failed," says co-author Gabor Mate.

Research in daycares shows that kids who are most social with each other are most resistant to their teachers. Peer-oriented kids are unmanageable, unteachable and do not mature into healthy adults, the authors say. Peer orientation makes a major contribution to teen pregnancies, drug use, childhood depression and rising suicide rates.

"Peers can't deliver a sense of self. They don't deliver individuality, they deliver conformity," Neufeld says. "We have to go and collect our children. Culture is not delivering them to us any more."

Not that there's anything wrong with having friends.

"It's the attachments that compete with us that are illegitimate," Neufeld says. "Your spouse can have many attachments, but it's the attachment that takes away from the relationship with you that is illegitimate — the affair."

Popular wisdom accepts teenage distancing, secretiveness and hostility as normal, but Neufeld says these behav-

ours are signs of competing attachments, not raging hormones or individualization.

And yes, parents must eventually let go, Neufeld says, "but only for our children to become truly and independently themselves, not to replace us with others."

Neufeld says it is misguided to focus on behaviour — on whether it is "appropriate" or "acceptable."

"Adults who ground their parenting in a solid relationship with the child parent intuitively. They do not have to resort to techniques or manuals, but act from understanding and empathy. Practical approaches will emerge spontaneously from our own experience once the relationship has been restored."

Neufeld's ideas arise from attachment theory, which examines the way we learn to regulate ourselves in relation to others, from cradle to grave. While Neufeld takes a theoretic approach, building ideas from his practice and personal experience, more empirical approaches to the theory are gaining momentum.

"The translation from theory and research to working with people has really taken off in the last five years or so," says Simon Fraser University psychology professor Marlene Moretti.

Indeed, researchers are finding that attachment "is showing up more and

more as a very powerful predictor of long-term outcomes for kids," says Shelley Hymel, a University of B.C. faculty of education professor.

Hold On To Your Kids is neither a "how to" manual nor easy bedtime reading, but it contains highly provocative ideas which will resonate with many beleaguered parents. Neufeld is careful to note that it is not a book about adolescence.

"The seeds are sown right from daycare and preschool," he says. "The fruit of it comes in adolescence."

What parents can do:

- When problems occur, work the relationship, not the incident.

- Use connection, not separation, to bring a child into line. Time-outs are counterproductive.

- Solicit good intentions instead of demanding good behaviour.

Family meals are sacred, as are family vacations. If after school is the prime time for peer attachment, that's when you schedule time with your kids.

Bring a friend along to a vacation? Absolutely not, Neufeld says, unless the friend is operating as extended family.

"If the idea is they ski with a friend and you can go with your cronies, that is what is tearing our whole attachment infrastructure apart," Neufeld says.

—CanWest News Service

HEALTH

Dry and itchy

By Chris Zdeb

It's called the "itch that rashes" and half of you reading this have it. Normally, only one in 10 people have eczema, but this winter — one of the coldest, driest winters on record — 40 to 50 per cent of us have some form of eczema going on, says dermatologist Barry Lycka.

With zero moisture in the air, even people whose outer surface of the skin usually forms an impermeable barrier can't protect the cells beneath from irritants and toxins.

Eczema is a non-infectious inflammation of sensitive skin that is different from regular dry skin because it's itchy. The itch leads to scratching, which leads to a red rash, which leads to more itching and scratching. Too much scratching can break the skin, hence the word "eczema," which comes from the Greek word for "weeping skin."

If there was such a thing as a Canadian capital of weeping skin, it would likely be Edmonton where it's dry, dry, dry. "We're like living in a cold, dry desert,

so we do see a lot more eczema in Edmonton than we would elsewhere," Lycka says, partly because the eczema season here drags on from September to June.

Most of the cases Lycka is seeing these days is on patients' arms and legs, because circulation is a little worse there and there is less retention of moisture. Many are older people, because the skin has a natural tendency to thin and hold less moisture as we age, and winter weather just exacerbates that.

As a preventive measure or in the earliest stages of eczema, all you need to do is apply a moisturizer to the skin. A common mistake is applying it to dry skin.

Lycka says people should soak daily for 10 to 15 minutes in a tub of luke warm water until their fingers start to crinkle. This is a sign that the skin has absorbed as much water as it can. Don't use soap or choose unscented or hypoallergenic cleansers.

On exiting the tub, quickly pat the skin dry and in three to five minutes apply a moisturizer containing urea, lac-

tic acid or glycerin, which trap moisture, Lycka says.

If moisturizing is not enough, an eczema patient may be treated with a cortisone cream (steroids applied directly to the skin). There are many types of cortisone creams, and people should see their doctor to find out which one is best.

More stubborn cases of eczema may have to be treated internally with cortisone tablets and antibiotics if scratching has broken the skin.

For most people, aspeatotic eczema or winter itch is a temporary condition that will melt away with winter, but for the remaining 10 per cent of the population it's an ongoing battle.

There are 10 to 25 types of eczema says dermatologist Marlene Dytoc. It's thought to be a

hereditary condition so it runs in families, especially where there is a history of eczema, asthma or hay fever. But it can also affect children in a family with no known history.

Childhood eczema or atopic dermatitis usually appears on the face and neck of babies before six months of age. It appears in inner creases of the knees and elbows in older children.

Most children outgrow eczema by puberty. In adults it is more localized, usually on the eyelids, hands and arms.

—CanWest News Service

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Townships Life

THE RECORD

GENERATION TODAY

The benefits of joining a support group

After a loved one has died, those left behind often experience some very common responses such as a sense of numbness, intense emotions with extreme highs and lows, disrupted sleeping patterns, or social withdrawal.

Some people are quite capable of coping with these grief reactions and work through their grief process on their own. Others may have more trouble resolving their feelings about the loss and experience difficulty facing the realities of daily life.



LIES OUWERKERK

Family members are usually the primary source of support in times of crisis, but when grief strikes, they are often too affected and too absorbed by their own worries and

pain to be of valuable help to others. Friends, neighbours, and colleagues can be wonderfully supportive, especially during and shortly after a funeral. After a while, however, life goes on for them the way it was and most of their attention usually wanes. Some of them may also have difficulty witnessing the ongoing sadness that a death of a loved one often brings. Others may be at a loss for what to say or do, feeling that everything has already been said and done.

Those who grieve often pick up on these signals. When they sense that others want them to "get over it" much faster than their own timetable indicates, they often try to be stronger than they really are. Experience with bereaved persons has taught us, that in the long run, they often feel misunderstood, isolated, and alone with their grief.

Research shows that ongoing social support for grievors is important. It helps people feel more stable and grounded, and it may even increase longevity.

Staying connected with others can also reduce stress, depression, and loneliness. Social contact is usually found by attending a workshop, a painting class, or an exercise group. However, that is not exactly the contact most bereaved persons are looking for in that particular period of their life. Rather, they need a context in which they can repeatedly let go of their feelings of loss such as anger, sadness, or confusion, and in which they can talk about their lost loved one without feeling guilty of burdening others. Counsellors, the clergy, and support groups can fill such a void.

In particular, support groups provide an opportunity to establish common ground, as well as a

sense of belonging to a group of people in similar circumstances. When such a network can validate that certain symptoms and feelings are not unusual, a sense of relief often follows.

Participants learn from each other that people like themselves can indeed get through a painful ordeal. With each other's support, they learn to express their emotions, share memories and hopes, and eventually come to terms with the loss. Also, new friendships are quite often extended beyond the support group, both during the group's existence and afterwards.

Most people sense some apprehension and wonder if talking about their issues is not going to worsen their situation when they first join a group of strangers. Often, however, participants soon find out that speaking with people who are not emotionally involved in their situation, but do provide an understanding, non-judgmental listening ear, will bring them comfort, relief, and new perspectives instead.

In support groups, empathy and unconditional support are the norm, and these attributes can serve as vital resources and healing tools needed for participants to refocus their energy eventually toward the future.

Additionally, useful references to current literature, relaxation techniques, and crisis management skills can be provided, especially when groups are facilitated by qualified health professionals.

Support groups can be joined or organized for any group of people, and are of course not restricted to the bereaved per se. A well-known example is for instance AA, which runs groups for alcoholics, their partners, and family members.

To find out if there is a support group for your particular needs in your region, contact the local CLSC, the Womens' Centre, doctors, or hospitals. Instead of attending groups in person, it is also possible to join support groups online. A directory of a large variety of support and advocacy groups, message boards, chats, and organizations can be found at www.supportpath.com.

Information regarding mental health services in the Townships can be provided by the Canadian Mental Health Association, tel. 514-849 3291. For those in distress, Secours Amitié Estrie lends a listening ear at tel. 819-564-2323. A support group for those who have lost a loved one, recently or in the past, will start in North Hatley on Tuesday March 9. For info call 819-842-3179.

- Lies Ouwerkerk, M.Ed., MFT is a licensed couple and family therapist with a private practice in Lennoxville and North Hatley. She is also a lecturer and counsellor at Bishop's University. Her column appears in the Record every four weeks.

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TECHNOLOGY & YOU

Wireless network worth the wait

By Murray Hill

A few months ago I installed a Microsoft wireless network and have been quite happy with it ever since. The network I installed was an 802.11b network, and the MN500 router provided me with a wireless connection for a laptop and a desktop, plus a wired connection for another laptop and a printer. It was great, I had the best of both worlds — I used my laptop wirelessly from wherever I wanted in the house and still had access to faster wired speeds on a desktop.

According to webopedia.com, "802.11 specifies an over-the-air interface between a wireless client and a base station or between two wireless clients." It refers to industry accepted specifications for wireless transmissions.

A megabit per second is the measurement used to determine the data transfer speed of a network connection. A bit is the smallest unit of measurement on a computer — it's either a zero or a one. A megabit is one million bits, so a transfer rate of 10 Mbps, the norm for a wired network connection means that 10 million bits (either 0s or 1s) are being transferred every second.

Sounds pretty fast, but it's not really. New Ethernet cards that connect your computer to a network, usually work at either 10 or 100 Mbps transfer rates. For instance, at work I'm connected to a network and my computer connects at 10 Mbps, but the people in the areas that need a faster connection all run at 100 Mbps. New cards allow access rates of 1 Gbps or 1 billion bits per second. Now that's fast! There are devices called switches on larger networks that dictate the network speed, but most people will connect at either 10 or 100 Mbps.

I was very excited when Microsoft sent me their new MN700 router. This is an 802.11g device that offers transfer rates of 54 Mbps for a wireless connection. Now, going from 11 Mbps to 54 Mbps may not sound like too much of a jump, but it is.

I really noticed the difference when on my laptop — the wired computers still had a transfer rate of 100 Mbps so there was no change there. But the increase from 11–54 Mbps was wonderful. The new router has a much greater range than the old one, so now I can use it pretty well anywhere in the house and still get a strong signal. I'll try the back yard in the spring.

Along with an increase in speed, the new Microsoft MN700 was an absolute dream to set up. It was basically plug and play — I plugged the new router in, ran the software and was up and running in minutes. Their installation wizard is very intuitive and easy to understand. Setting up the laptop took a bit longer, but that was my fault more than anything. I tried to set up the encryption incorrectly — as soon as I put in the right key I was fine. When you install a wireless network it is very important that you make sure encryption is turned on. This will protect you from people who would like nothing better than to tap into your wireless network and launch a denial of service attack on someone using your network and your Internet connection.

The only problem I've had with the new network is there was some initial interference with a 2.4 Ghz cordless phone. The fix was to change the channel on the router to a different number and the interference problem went away. The manual Microsoft provided is very easy to read and walked me through both setting up encryption and changing the channel.

The whole process was refreshingly without incident and problem. I've now got a combination wired/wireless network that meets all my needs and is plenty fast enough for anything I want.

When I first saw the new Microsoft 802.11g networking products at the Microsoft Sneak Peek in New York last June I could hardly wait until these products became available in Canada. The wait has definitely been worth it.

—CanWest News Service



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— the child's Certificate of Eligibility for Instruction in English
or the necessary documents to make an application for a Certificate of Eligibility

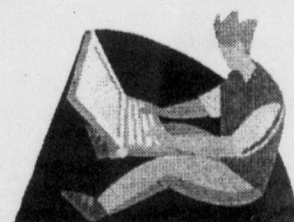
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DRUMMONDVILLE	* Drummondville Elementary	1050 Chabanel Street	819-474-8563
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GRANBY	* Parkview Elementary	50 Lorne Avenue	450-372-6058
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LENNOXVILLE	Alexander Galt Regional H.S. Lennoxville Elementary Learning Centre	2700 Rte 108 East 1 Academy Street 2700 Rte 108 East	819-563-0770 819-569-5103 819-822-1385
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MANSONVILLE	* Mansonville Elementary	5 Marion Atwell Street	450-292-5622
NORTH HATLEY	North Hatley Elementary	110 School Street	819-842-2491
RICHMOND	Richmond Regional High School St. Francis Elementary	375 Armstrong Street 355 College Street South	819-826-3702 819-826-3737
SAWYERVILLE	* Sawyerville Elementary	51 Cookshire Street	819-889-2263
SHERBROOKE	Sherbrooke Elementary	242 Ontario Street	819-562-3515
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SUTTON	Sutton School	19 Highland Avenue	450-538-2318
WATERLOO	* Waterloo Elementary	5 Clark Hill	450-539-0162



* Four year old program available if numbers warrant.
** Parents who wish to register their child in Clarenceville are to contact Mrs. Renalee Gore at (450) 248-2090

John Weideman, Director
Pedagogical Services

FEATURE STORY

CHILDREN:

CONT'D FROM PAGE 7

"I think one of the big things to do is raise awareness. More people need to learn about this and be aware of it," Galanis said.

The UN estimates that since the beginning of Congo's five-year civil war in 1998, some 3.3 million people have died, mostly from disease and starvation.

"To see and meet people who are living there and experience the war. It's a difficult experience," Galanis said. "It's a country of extremes - extreme beauty, and extreme tragedy. It's shocking to see what human beings are capable of."

Even though Galanis was in awe of what she saw in Congo, she said going there made the world seem a lot smaller.

"We have to realize we're all much more connected. All that gold, diamonds, the mineral

coltan (used in cell phones), a lot of the stuff that comes from there ends up here. We've got to start to realize that," she said.

Galanis, who studied at Champlain College in Lennoxville before completing a commerce degree at McGill, started working for War Child Canada two and a half years ago after quitting her job as a management consultant with a global technology services firm.

"I never really intended to do this kind of work," she said.

"I was disillusioned. I worked there for four years, and at the end of day, I didn't feel like I was making a contribution. I felt like I wanted to find a cause and work for that."

Last year, Galanis visited Iraq twice with War Child Canada, the first time in January as part of a team to assess conditions in the country prior to the outbreak of war and to determine the humanitarian cost of a possible conflict, and the second time in July to deliver medical supplies and medical textbooks to a pediatric hospital just south of Baghdad.

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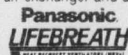
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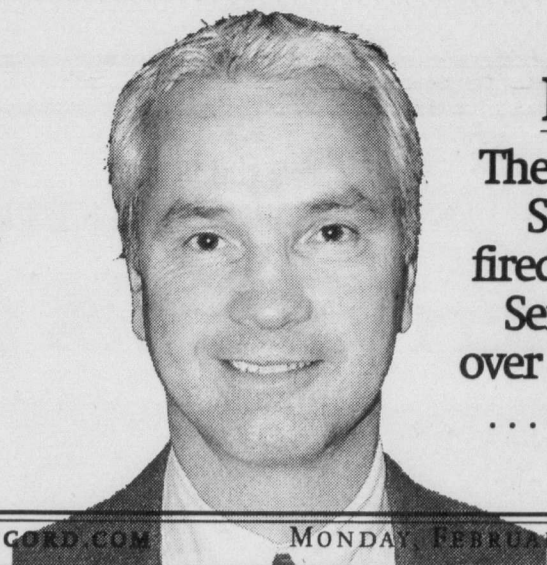
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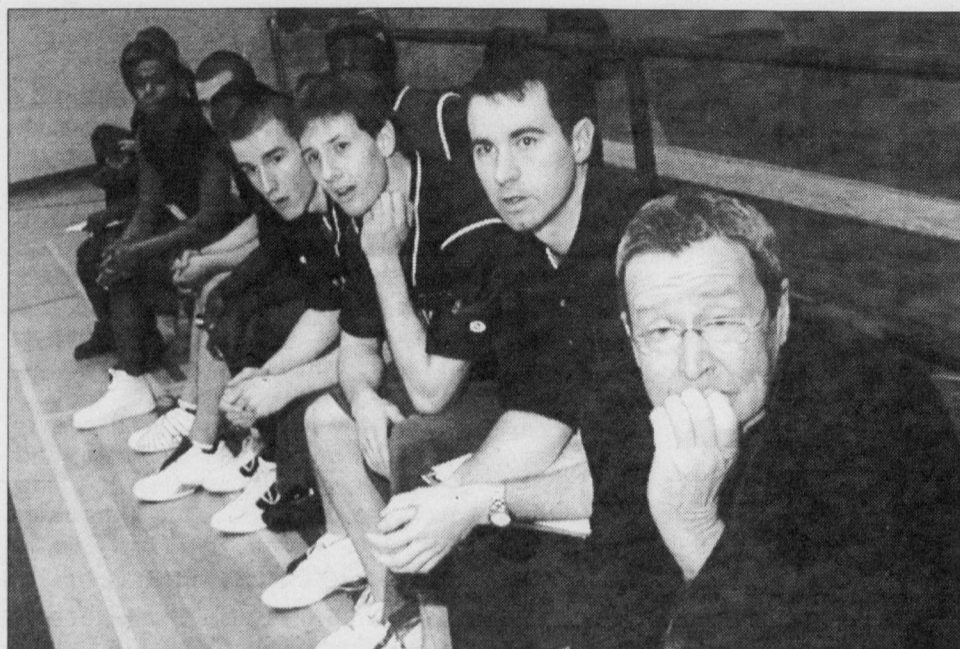
INSIDE
The Sherbrooke
St-François
fired head coach
Serge Dubois
over the weekend
... see Page 14

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MONDAY, FEBRUARY 9, 2004 PAGE 13

Caldwell wins Mitchell Gymnasium finale



PERRY BEATON/SPECIAL

Don Caldwell is stepping down as Champlain's basketball coach after this season.

By Mike Hickey
SPECIAL TO THE RECORD

Don Caldwell saved the best for the last. In his final game as head coach of the Champlain College men's basketball coach, the Lambton resident saw his Cougars edged cross-town rival College Sherbrooke 78-75 in overtime.

"It certainly was an exciting game," a relieved Caldwell said after his team survived a spirited comeback from Mike Paradis' Volontaires.

The Cougars appeared ready to hand the veteran coach a fine parting gift when they jumped to 13-0 and 21-3 leads early in the first quarter.

However, College Sherbrooke refused to quit and cut the deficit to 11 points 40-29, at halftime.

The Volontaires looked like they were going to spoil Caldwell's going away party as they started the second half with a 19-2 run that gave them a 48-42 lead that left the Champlain coach scrambling for answers. He pulled his starters off the court and the move paid off as the reserves regained the lead with ten minutes left to play in regulation time.

Champlain held a five point lead late in the game but Sherbrooke rallied to

go ahead 68-64 with just over a minute to play.

It was now time for Champlain to come back and tie the game with four consecutive foul shots to prolong Caldwell's home coaching career.

Chris Saltibus started the overtime period with a three pointer and Champlain maintained a slim lead until the final seconds of the game. With the Cougars nursing a 76-74 advantage and less than 10 seconds on the score clock Sherbrooke worked for a final shot. However point guard Alex Cadorette knocked the ball loose and then dove on the ball.

To avoid being called for a traveling violation Cadorette signaled for and was awarded a timeout by the official. The problem was that Champlain was out of time outs and the bench was assessed a technical foul.

The infraction placed Sherbrooke's Paul Lavoie on the foul line with a chance to shoot a pair of free throws and send the game into a second overtime.

However Lavoie canned just one of two and the Volontaires were forced to foul putting Sam Johnson and then Saltibus on the charity stripe. They each made a foul shot to give Caldwell an exciting but nerve-racking 78-75 victory.

"Sometimes I am the best in late game situations but I remember telling everyone that we didn't have any timeouts left," a relieved Caldwell said after the game. "It was a great effort by Alexi although giving the ball back to them on a turnover would have been better than putting them on the foul line."

As the two teams shook hands after the game the public address announcer informed the crowd that it was Caldwell last home game to the crowd, many of whom came to wish a fond farewell.

As he headed to the locker room, the crowd gave Caldwell a standing ovation that genuinely touched the veteran coach.

"It was very nice and I certainly appreciated it," Caldwell said. "I didn't realize how many people were in the stands until the end when they all stood up. It was nice way to finish up my career here."

Lavoie led all scorers with 20 points while Johnson was high man for Champlain with 19 points, 16 in the first half. Saltibus added 18 to the winning cause while Miguel Mpetsi added 15 points and David Pawluczuk had 11.

Champlain has road games against Dawson, John Abbott and St. Lambert in succeeding weeks as it wraps up its final season in the AAA circuit.

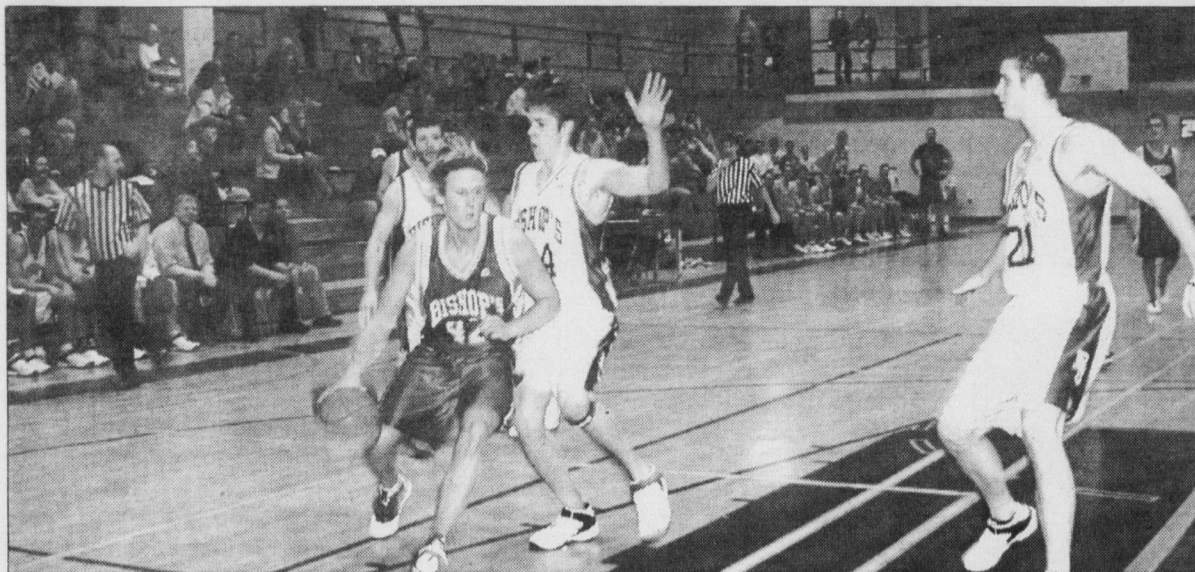
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UNIVERSITY BASKETBALL
Cherry comes up big

PERRY BEATON/SPECIAL

Matt Hehn (with ball) led the former Gaiters to victory by scoring 19 points.

By Mike Hickey

SPECIAL TO THE RECORD

The Bishop's basketball alumni returned to Mitchell Gymnasium Saturday afternoon to the site of many past glories and to take in the subtle physical changes that have taken place over the past few years. A step slower on defence and 1/2 inch shorter on jumps, a little grey here and there and in some cases significant weight gain in all the wrong places.

Former Gaiter Remi 'Cherry' Aucoin looked a little pale and unlike many of his alumni teammates, is actuality thinner than his playing days. Chemotherapy will do that to you.

Aucoin was diagnosed with cancer over six months ago and has been aggressively battling the disease ever since.

The fact that he even played yesterday is a testament to his strength and determination to only lick the dread illness but leave as a normal a life as

possible in doing so.

"I have one chemo treatment this Tuesday and that should do it," Aucion said at a post-game dinner. "They will check me out again in two months to make sure that the cancer is gone."

Despite his illness and the painful treatments Aucion refused to give in to the disease.

"I decided not to let the treatments get in the way of what I wanted to do," he said. "I kept working and played basketball once a week. I was looking forward to coming down here and spending some of my time with the boys."

It was the boys and Pomykala who provided a lot of support for the Sherbrooke native.

"Eddie and the guys have been great, they really helped get through this."

Aucoin played a pivotal role in the alumni's 69-64 win.

Bishop's returns to league action this weekend when they play the UQAM Citadins Friday night.

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Snow, last 7 days (Cm): 17
Open Trails: 6/6
Lift Hours: N/A

MONT GLEN
Snow, last 24hrs (Cm): 13
Snow, last 7 days (Cm): 48
Open Trails: 33/33
Lift Hours: 9 a.m. - 4 p.m.

MONT ORFORD
Snow, last 24hrs (Cm): 15
Snow, last 7 days (Cm): 86
Open Trails: 54/54
Lift Hours: 9 a.m. - 3:45 p.m.

MONTJOYE
Snow, last 24hrs (Cm): 5
Snow, last 7 days (Cm): 45
Open Trails: 24/24
Lift Hours: 9 a.m. - 10 p.m.

OWL'S HEAD
Snow, last 24hrs (Cm): 10
Snow, last 7 days (Cm): 44
Open Trails: 43/43
Lift Hours: 8:30 a.m. - 4 p.m.

SHEFFORD
Snow, last 24hrs (Cm): 15
Snow, last 7 days (Cm): 47
Open Trails: 22/22
Lift Hours: 9 a.m. - 4:30 p.m.

SKI BROMONT
Snow, last 24hrs (Cm): 15
Snow, last 7 days (Cm): 37
Open Trails: 52/52
Lift Hours: 8 a.m. - 10 p.m.

SUTTON
Snow, last 24hrs (Cm): 0
Snow, last 7 days (Cm): 38
Open Trails: 53/53
Lift Hours: 9 a.m. - 4 p.m.

JAY PEAK (VERMONT)
Snow, last 24hrs (Cm): 15
Snow, last 7 days (Cm): N/A
Open Trails: 75/75
Lift Hours: 9 a.m. - 4 p.m.

SPORTS NOTEBOOK

Canada falls at Davis Cup

Canada wasn't able to pull off the upsets it needed Sunday to advance in the World Group of Davis Cup tennis and now has to defend its position among the top tennis countries in the world.

The Netherlands won the best-of-five tie when Martin Verkerk defeated 19-year-old Frank Dancevic of Niagara Falls, Ont., 6-7(5) 6-2, 7-5, 6-3 in Sunday's singles match to give the Dutch an insurmountable 3-1 lead. Sjeng Schalken then downed Simon Larose of Cap-de-Madeleine, Que., 6-2, 7-5 in the meaningless match reduced to a best-of-three.

With Schalken and Verkerk ranked among the top 20 men in the world, the Netherlands was highly favoured over Canada. The Dutch advance to the quarter-finals of the Davis Cup in April and will meet Spain.

Canada, making its first appearance in the World Group since 1992, will attempt to stay in the group in 2005 via a qualifying tie in September against a country that has yet to be determined.

Dancevic and Larose lost their singles matches on Friday, but Canada remained alive in the tie after Saturday's doubles match.

After Daniel Nestor of Toronto and Frederic Niemeyer of Deauville, won a first-set tiebreaker and the first game of the second set, Verkerk and Paul Haarhuis withdrew because of Haarhuis's shoulder injury.

St-François fire head coach

The Sherbrooke St-François of the Quebec Senior Major Hockey League fired head coach Serge Dubois over the weekend following a 7-2 loss to St-Jean. The St-François have struggled in the second half of the season with only five wins in their last 17 games.

Paerson wraps up slalom season title

A day after clinching the World Cup giant slalom season title, Sweden's Anja Paerson wrapped up the slalom crown with a victory on Sunday.

Paerson battled steady snowfall and dark threatening skies Sunday to finish her two heats in a combined time of one minute 29.58 seconds.

The Swede was 0.44 seconds ahead of Monika Bergmann-Schmuderer of Germany. Veronika Zuzulova of Slovakia was third at 1:30.26.

Britt Janyk of Whistler, B.C., was the lone Canadian in the race and she did not qualify for the second run. Paerson has the edge in a tight race for the overall World Cup title. She has eight victories this year and 1,220 points.

Around Town

To submit your sporting event, fax it to (819) 569-3945, email newsroom@sherbrookerecord.com or contact Mike Hickey at (819) 569-6345.

UPCOMING

- **WOMEN'S CEGEP AA BASKETBALL:** Friday, St-Hyacinthe at Champlain Cugars, 7 p.m.
- **JUNIOR AAA HOCKEY:** Saturday, Lachine Maroons at Champlain Cougars, Léopold-Drolet Palais des Sports, Sherbrooke, 7:30 p.m.
- **SENIOR HOCKEY (LHSMQ):** Friday, Sorel at Sherbrooke St. François, Léopold-Drolet Palais des Sports, Sherbrooke, 8 p.m.
- **MIDGET AAA:** Saturday, Gatineau Intrépides at Magog Cantonniers, 7 p.m. Sunday, Gatineau Intrépides at Magog Cantonniers, 2 p.m.

Obituary

LINDA JOHNSTON DAVEY

Linda Gertrude Johnston was born in Sherbrooke, Quebec, June 12, 1952, the youngest daughter of Sydney David John Johnston and his wife, Myrtle Aleta Gertrude (Fee) Johnston. Linda passed away at the Foothills Hospital, Calgary, on December 17, 2003, after a courageous battle against cancer.

Linda is survived by her loving soul-mate, James Deacon, her mother, sisters Hazel and Jessie, brother Kenneth (Dorothy), nieces and nephews and their families: Colleen (Chris), Sasha and Britany Coote; Carey (Celine), Christine Johnston; Kevin Johnston; Garry (Sonya), Hilary, Annabel, Vanessa and Hannah Johnston; Karen (Daryl), Cassandra and Travis Doyle; Leanne, Opal and April Lancaster; Stacey Lancaster, Jennifer, Katrina and Jonathan; Krenda (Marc), Dylan and Maxime Lancaster/Dancause; Sherman Lancaster, friends and relatives.

Linda grew up on the family farm, Johnston Road, where her grandparents, Thomas and Jane (Day) Johnston and their son, Sydney, moved in 1903. She attended St. Francis and Richmond Regional High School after which she was employed as a secretary at Canadian Ingersoll Rand in Sherbrooke. Linda made many friends there, including the MacEacherns, her 'home' in Sherbrooke. In 1972, Linda, Hazel and their dad travelled across Canada with the truck and camper, sight-seeing along the way and visiting relatives and friends.

In 1980, Linda married David Davey and they headed West settling in Calgary and later in Turner Valley. She worked for Don Davies & Sons Petroleum for 19 years and when the owner retired and closed the business, Linda became employed by Milne and Craighead where

she found her true niche in life as a collector for the firm. She will be missed by her co-workers and friends from Milne and Craighead and parent company, Canadian Freightways.

Linda loved to camp, travel and sight-see; her dream was to go up to Churchill, Manitoba to see the polar bears; she was a great supporter of wildlife. Jim and Linda travelled extensively in Alberta and British Columbia.

Linda was a member of Melbourne Ridge United Church and of the Royal Canadian Legion, Branch No. 78 in Turner Valley.

The funeral was held at Lewis Memorial United Church, Turner Valley, on Monday, December 22. The Rev. Shelley Lavenne officiated at a very moving service truly representing Linda's life. Linda had chosen Psalm 23 and two hymns - "Come Let Us Sing Of A Wonderful Love" and "What A Friend We Have In Jesus" and musical tributes - "Imagine" by John Lennon and "The Dance" by Garth Brooks. The closing hymn was "We Shall Go Out In Hope".

Linda was laid to rest in the Foothills Cemetery, Black Diamond, Alberta. The bearers were friends of Jim and Linda: Bob Johnson and Bill Battersby (Honorary); Terry Dujay, Brent Lindblad, Roland Magee, Brian Smith, Kevin Yonker and Neil Williams. Following the interment, friends met with the family at the home of Barbara Everitt, a long-time friend of Linda and Jim.

"Linda's spirit will live on in the hearts of those who love her".

A Memorial service will be held at Melbourne Ridge United Church, date to be announced later.

Deaths



MEYER, John C. - Passed away peacefully at his home, Lennoxville, Que., on Friday, February 6th, 2004 at the age of 71. John Charles Meyer, beloved husband of Pauline Meyer, dear father of Christopher (Cindy), cherished grandfather of Daniel and Jeremy. John also leaves to mourn his mother-in-law, Yvette Lemelin Gaudet, Christopher's mother, Patricia Meyer, his brothers-in-law and sisters-in-law: Richard Gaudet (Rachel) and Sylvain Gaudet (Shirley) and his niece, Renée Gaudet. Resting at the Cass Funeral Home, 6 Belvidere, Lennoxville, Que., where family and friends may visit on Wednesday, February 11th, 2004 from 12 to 2 p.m., followed by the funeral service at 2 p.m., with the Rev. Ruth Charleau officiating.

MOORE, Philip - After a lengthy illness on Friday, February 6, 2004. Philip S. Moore, of London, Ont., in his 53rd year. Loving husband of Cathleen and father of Shannon and Shawn. Also survived by his mother and two sisters. Special nephew of Laurie and Jean Clarkson. A Memorial Service will be held at the Evans Funeral Home, 648 Hamilton Rd., London, Ont., on Wednesday, February 11, 2004, at 2 p.m. (Visitation from 1-2 p.m.) Interment of ashes later in Oakland Cemetery, Glencoe, Ont. Donations to the Kidney Foundation would be appreciated by the family. Online condolences can be expressed at www.evansfh.ca

Deaths

POTT, George Neville - Passed away peacefully at La Providence Hospital in Magog, on February 5, 2004 in his 79th year. Beloved husband of Ruth Mercer and cherished father of Barbara (George Finlay) of Courtenay, B.C., and David (Cecile Juneau) of Trois-Rivières, Que. He is survived by his half-brother, Michael (June Flynn) and his half-sister, Heather (Stephen Whipple). Dear grandfather of Billy and Ann Finlay and of Brian, Kevin and Jennifer Pott. George also leaves to mourn his sister, Irene Mansfield and many relatives and friends. His place of residence was Sanborn in Ayer's Cliff. Visitation will be held on Sunday, February 8, 2004 from 7 - 9 p.m., at the Ledoux Funeral Home. The funeral service will be held on Monday, February 9, 2004 at 10 a.m., at St. Luke's Anglican Church. Interment will be held in the spring. Arrangements entrusted to Ledoux Funeral Home, 843-4473.

STONE, Walter - Peacefully at the C.H.H. Memphremagog, Saturday, February 7th, 2004 in his 84th year. Beloved husband of the late Lila Davio. Cherished father of Millie (Steve), Stanley (Diane), Donald (Barb) and Wendy (Bob). Walter will also be sadly missed by his grandchildren, great-grandchildren, nieces, nephews, many other relatives and friends. He was predeceased by his daughter Margaret. Resting at the Cass Funeral Home, 545 Dufferin, Stanstead (819-876-5213), Monday, February 9th, 2004 from 7 to 9 p.m., with a Legion service being held shortly after 7 p.m., and also Tuesday, February 10th from 1 to 3 p.m., followed by the funeral service in the chapel at 3 p.m. Interment in Woodside Cemetery in the spring.

Card of Thanks

DAVEY, Linda (Johnston) - I wish to express sincere thanks to my family, friends and Rev. Jennings for all the love, strength and support via telephone calls, for visiting from Toronto, and for taking care of my home while I was in Calgary with my dear sister, Linda - you made a steep path easier to climb. Thanks to those who have telephoned, sent cards and made donations in Linda's memory. Your thoughtfulness will be remembered.

HAZEL JOHNSTON

Card of Thanks

MONTEITH, Rose - I wish to thank all my friends and relatives who came to celebrate my 75th birthday on Saturday, January 31, 2004. The party was a big surprise. Thanks to June, Robert, Gary, Sharon, Jennifer, James, Sarah and Travis for hosting the birthday party. This is a thank you to one and all.

ROSE MONTEITH

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Dealer: South			
Vulnerable: East-West			
South	West	North	East
1 ♥	Pass	2 ♥	Pass
4 ♥	Pass	Pass	Pass
Opening lead: ♣ A			

Monday, Feb. 9, 2004

After a raise to the two-level

By Phillip Alder

You open one of a suit, and partner raises your suit to the two-level — what has he told you?

He should have 6-9 points and, if you opened in a minor, at least five-card support (although he might have only four, especially if you bid one diamond). Also, he should not have a four-card major, because, as you know, we much prefer to play in either a major-suit game or three no-trump than in five of a minor. If you opened in a major, he will have at least three-card support. Given that, how should you, the opener, react?

First, add your points to partner's. If that makes it clear that game is impossible, you (almost always) pass. If game is a certainty, you (probably) bid it immediately. And if game is still a possibility, you keep the auction going.

On this deal, you (South) open one heart and partner bids two hearts. With 19 high-card points, you jump straight to four hearts. West cashes three top clubs, then shifts to a spade. How would you continue?

When partner raises, you expect game to be on, but slam to be impossible.

There is a third-round spade loser, but yours may be discarded on dummy's third diamond. However, first, you must be careful to retain a dummy entry by winning trick four in hand. Then, you draw two rounds of trumps. After West discards, you unblock the ace and king of diamonds, cross to dummy with a spade, discard your last spade on the diamond queen, finesse the heart 10, draw East's final trump, and claim.

Discuss your fears with a therapist

Annie's Mailbox

Dear Annie: My brother killed his only son, and it was ruled a suicide. Our family knows it was not suicide, but we are all afraid to speak up. Some family members simply pretend it didn't happen. When my mother had open-heart surgery, my brother was with her at the time. She died a few days later, and I'm not convinced he didn't aid in her death, too.

My brother lives in another state, so I have not had to worry about him much. However, our stepfather is nearly 86 and has willed many of the family possessions and stocks to the two of us. I'm afraid when the time comes, my brother will try to kill me so he doesn't have to share the wealth.

I live in constant fear. I stay away from my windows and watch who is around when I leave my house. I've tried to figure out who to go to with my concerns, but I worry my brother will somehow find out I was the one who opened my mouth. Who can I safely contact without informing my brother? — Anonymous in Ohio

Dear Ohio: You must be frightened to death. Do you have any evidence that your brother was responsible for his son's or your mother's death? If so, you should contact the police immediately. We hope you are mistaken about this accusation.

Meanwhile, it might help to discuss your fears with a therapist because your situation is extremely stressful. Everything you say will be kept strictly confidential.

Dear Annie: I read the letter from

Sawyerville Cub Car Rally



Alesia Rowell receiving trophy for having the fastest car at the Sawyerville Cub Car Rally, Saturday, January 31st, 2004.

Nina Rowell

"Sad in Southern California," who couldn't get over the fact that her husband received two free lap dances at a bachelor party. I was in that exact spot one year ago. Like her, I was terribly hurt, and the mental images were blinding.

Please inform her that the pain gets easier. Every time an image comes to her, she needs to consciously push it out of her mind, no matter how many times it occurs. Eventually, these images will fade, and it will be easier for her to want intimacy again. Her husband, on the other hand, needs to listen no matter how many times she tells him how hurt she is, and he must continue to be apologetic. Only time will make this better. — Been There in New York

Dear Been There: We agree that she needs to make a conscious decision to push these images from her mind in order to regain the loving relationship she once had. However, asking her husband to listen to a constant stream of recriminations eventually will create resentment and bitterness. Once she has made it clear how she feels, it would be better to pour her heart out to a neutral third party instead of demanding that her husband be on his knees indefinitely.

Here's one more on the subject:

Dear Annie: I was a bit angry with the woman who was upset about her husband getting some lap dances. She considered it cheating.

I am a 25-year-old engaged woman. My man goes to strip clubs with friends about twice a year. I know for a fact he has had an occasional lap dance. I personally see nothing wrong with it, and I will tell you why. I am in the industry. I give lap dances to dozens of men each day, married and single. It is a job — nothing more and nothing less. It is not sex.

I have no problem with my man enjoying a lap dance. As long as he didn't have sex, it's not cheating. "Sad" should get over it. — Canadian Dancer

Dear Canadian: You have a rather unusual definition of "sex," but, in this particular instance, we agree that a one-time lap(se) dance at a bachelor party should be forgiven.

Annie's Mailbox is written by Kathy Mitchell and Marcy Sugar, longtime editors of the Ann Landers column. Please e-mail your questions to anniesmailbox@comcast.net, or write to: Annie's Mailbox, P.O. Box 118190, Chicago, IL 60611. To find out more about Annie's Mailbox, and read features by other Creators Syndicate writers and cartoonists, visit the Creators Syndicate Web page at www.creators.com.

High Forest Theda Lowry

On December 24th, 2003, dinner guests of Theda Lowry were all her family for their family Christmas. On Christmas Day evening Kent and Lynda and family hosted the Lowry family Christmas, all braving the stormy night. Christine Robinson, Malcolm Fraser and Theda were at the Humphery home in Beebe for the Fraser family Christmas.

Betty Moore, Lennoxville was a pre-Christmas visitor of Theda, - Roberta Sylvester and Malcolm Fraser were callers. Recently Geraldine King and

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Theda was a supper guest of Garth and Marcia when William celebrated his sixth birthday, also of Kent and Lynda when Carolyn celebrated her 12th.

All the Lowry grandchildren visited their grandmother over the holidays, Jody Robinson also spent an afternoon recently.

Nostalgia

Continued from Part 22

Circumstances Unfavourable to Advancement:

The war of 1812 also had an unfavourable effect upon the settlement of the township. All the settlers from the United States returned before the commencement. Many others wouldn't take the oath of allegiance, and they obliged to leave. Those whom we left remained faithful to the government, and showed their readiness when required to take up arms. Some did go into actual service. Half the militia of the township was once drafted to go to Montreal to defend the city, however Counter orders only prevented them from going.

The poverty of the first settlers was a hindrance to the rapid growth and prosperity of the township. For the first twenty-five years with one exception, not a man came to the place worth over a hundred pounds, and few with that amount. Villages and towns soon became flourishing at the West by the importation of capital.

Before any enterprise could be begun that required capital, that capital had to be created from the ground.

To be continued...

Marlene Brown

CLASSIFIED

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E-MAIL: classad@sherbrookerecord.com
OR KNOWLTON: (450) 242-1188 BETWEEN 9:00 A.M. AND 4:00 P.M.

DEADLINE: 12:30 P.M. ONE DAY PRIOR TO PUBLICATION
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THE RECORD, P.O. BOX 1200, SHERBROOKE, QUEBEC J1H 5L6

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DEGREE IN MATH. Intelligent. Honest and conscientious. Good with computers and other technical areas. Excellent English communication skills and some French. Resume on request. Contact Fred Williams unclefred@fredwilliams.ca or (450) 292-5783 days until 8 p.m.

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435 Greetings

HAPPY (??th) BIRTHDAY UNCLE TIM!
Hope you have a wonderful day!
Lots of love,
KYLE
XOXOXO

440 Miscellaneous

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Your Birthday

Monday, Feb. 9, 2004

In the year ahead, you are likely to be more ambitious than you may have been for some time in the past. Success won't be denied you if you don't put too many irons in the fire and finish what you set out to do.

AQUARIUS (Jan. 20-Feb. 19) — Sensibly schedule all the tasks you wish to accomplish today. Once you begin one chore, don't jump to another until what you've started is completed to your satisfaction.

PISCES (Feb. 20-March 20) — The grass on the other side of the fence may look a great deal greener to you today, but should you stray from your own backyard, you'll learn to your dismay that it was a reflection of your lawn.

ARIES (March 21-April 19) — It is one thing to make a promise, but the true test of sincerity is following through on it. Should you renege today on a pledge, you'll create ill will that you'll regret.

TAURUS (April 20-May 20) — Today you may think you're quite capable of handling both your responsibilities and engaging in fun pursuits as well. However, as time ticks on, the clock could prove you wrong.

GEMINI (May 21-June 20) — If shopping for a large-ticket product today, avoid jumping at the first item or price offered you. Chances are that you'll run across something far better and end up with buyer's remorse later on.

CANCER (June 21-July 22) — Only a solid presentation today will convince others of the merits of your cause. Be sure to do all your homework and lay out a submission plan you know will be worthy of your enterprise.

LEO (July 23-Aug. 22) — You may have to deal with someone today who you've not forgiven for something done in the past. Unfortunately, an old grudge could cloud your judgment and prove costly.

VIRGO (Aug. 23-Sept. 22) — Expensive involvements in nonessential activities or interests could do your budget a

great disservice today. Try not to be wasteful with funds that are earmarked for important items.

LIBRA (Sept. 23-Oct. 23) — Personal achievements will be denied you today if you lazily proceed toward your objectives in a haphazard fashion. Give yourself a chance at succeeding by planning every move ahead.

SCORPIO (Oct. 24-Nov. 22) — If you're unduly suspicious or mistrustful of the motives of others today, it will be inevitable that you'll find something to distress you, even if you have to make up erroneous facts.

SAGITTARIUS (Nov. 23-Dec. 21) — Try to avoid acquaintances today who you know from past experience have a tendency to be users. Should one rub you the wrong way, you could jump to conclusions and overreact.

CAPRICORN (Dec. 22-Jan. 19) — In any association today that calls for a collective effort, be sure that you keep your ideas in harmony with the other people involved. Unity is a must if the group is to prevail.

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All the Lowry grandchildren visited their grandmother over the holidays, Jody Robinson also spent an afternoon recently.

CROSSWORD

ACROSS

- 1 Coarse file
- 5 Bottom line
- 10 Pork product
- 14 Lowest parts of small intestines
- 15 Diminish
- 16 Lion's den
- 17 Tapered tuck
- 18 "Gianni Schicchi" soprano role
- 19 Weaponry
- 20 Mel
- 23 Encapsulate
- 24 ___ Na Na
- 25 Eminem's twins?
- 28 Former draft letters
- 29 Choir voice
- 32 ___ de corps
- 34 Mel

- 36 Therefore
- 39 ___ Dawn Chong
- 40 Consider
- 41 Mel
- 46 Blood component
- 47 Meg or Jeri
- 48 Org. of Couples and Toms
- 51 Poisonous evergreen
- 52 Possessive pronoun
- 54 Removes by scrubbing
- 56 Mel
- 60 Option for Hamlet
- 62 Nimble
- 63 ___ of Man
- 64 "___ Lang Syne"
- 65 Blush
- 66 Wallop
- 67 Birch or alder
- 68 Politico Kefauver
- 69 Middle of March

- 30 Wrongful act
- 31 Where lovers walk?
- 33 Pea containers
- 34 Teeth on a wheel
- 35 Squirmy
- 36 Spot
- 37 Anger
- 38 Like a rawhide chew-toy
- 42 Give off
- 43 Daily grind
- 44 Whip wielders

- 45 Andes people
- 48 Contracted, as lips
- 49 Decorative bars
- 50 Balance-sheet pluses
- 53 Some lilies
- 55 Pygmy antelope
- 57 Hand over
- 58 Delta base?
- 59 Gin flavoring
- 60 Create lace
- 61 "___ Miss Brooks"

Saturday's Puzzle Solved

C	O	O	T		A	G	G	R	A	V	A	T	E	D		
A	R	T	E		R	I	T	A	M	O	R	E	N	O		
T	A	T	S		A	T	O	M	I	C	M	A	S	S		
S	T	O	L	E				S	E	E		P	I	S		
C	O	R	A	L	S	E	A					D	O	L	E	
A	R	I			C	O	N	S	T	I	T	U	T	E	S	
N	I	N			A	W	A	K	E	N	E					
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					C	O	N	O	I	D	A	L		Y	M	A
S	T	R	O	N	G	R	O	O	M	S			R	U	N	
C	R	E	W					U	N	Y	O	K	I	N	G	
H	U	D			S	P	A					N	A	L	D	I
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M	A	N	H	A	N	D	L	E	D			B	I	E	N	
E	N	T	E	R	T	A	I	N	S			A	C	N	E	

DOWN

- 1 Long, narrow elevations
- 2 Delon and Prost
- 3 Glacial pinnacles
- 4 City on the Ganges
- 5 Citrus fruit
- 6 German chief
- 7 "A ___ of Two Cities"
- 8 Map collection
- 9 Tanned hide
- 10 Louver
- 11 Ornamental garden with patterned paths
- 12 Intent
- 13 "___ Miniver"
- 21 Former Russian leader
- 22 Kiln
- 26 Imitate silently
- 27 Flower support

1	2	3	4		5	6	7	8	9		10	11	12	13
14					15						16			
17					18						19			
20				21						22				
23								24				25	26	27
28				29		30	31		32		33			
			34					35						
36	37	38				39					40			
41				42	43				44	45				
46							47					48	49	50
51				52		53			54		55			
			56	57				58	59					
60	61					62						63		
64						65						66		
67						68						69		

By Eugene R. Puffenberger
Houston, TX

2/9/04

THE RECORD

Waterloo
Judy Arnott
 539-2040

Our sympathy goes out to the family of the late Kathleen Charby Stretch who passed away recently at the B.M.P. Hospital.

Hugh Dalton, Judy Arnott, Ralph and Sheila Bernard of Granby attended the 75th birthday party for Rose Monteith held at the Emmanuel United Church in Cowansville on Jan. 31st. A lovely birthday party and we enjoyed ourselves immensely.

Belated birthday wishes to Reg. Blampin who celebrated on Feb. 1st, and also to Miss Melodie Elston who celebrated the same day. Dave and Heather Willey of Montreal were out to help celebrate Reg's birthday. Cake and ice cream was served and Iris Blampin came over from Courville's to join the festivities. Sam was in attendance waiting for each crumb to fall so she could enjoy the cake along with everyone else. Sam is the Blampin's dog and she has a personality all her own.

Miss Julie Bec is home from Eureka Missouri for a week visiting her family and friends. Miss Katie Weaver of Montreal picked her up at the airport, drove her home to Waterloo and joined Julie's family for supper. Julie called on Rita Bowbrick, her former art teacher one morning while she was home.

Mrs. Alice Anderson and Mrs. Isobel Anderson are both patients at the Youville Hospital in Sherbrooke while recovering from surgery.

Sincere condolences to the family of the late Sherman Brunton who passed away recently at the B.M.P. Hospital. Sherman was a former member of Granby Lodge No. 26, I.O.O.F. and at the time of his death he belonged to Beaver Lodge No. 6 in Montreal.

Christmas dinner guests at the home of George, Carolyn and Wayne Grubb and also to celebrate Sharon Forand's birthday which was on Dec. 24th were Allan and Amy Grubb of Morewood, Ont., Warren Grubb of Ottawa, Mario, Sharon, Sarah and Christopher Forand, Shefford Mountain, Wallace, Chantel, Olivia and Luka of St. Basile le Grand, Marcel Schmuck of Granby. Three of the Grubb family were unable to be present but phone calls with best wishes were exchanged. The absent ones were Joanne and Joe Vargus of Cold Lake, Alberta, Kathleen and Michael Bailey of Beckenham, England, Diane and Bill Harte and children of Whitley Bay, England.

George and Carolyn Grubb of Shefford Mountain were calling on Lida Caples in Richford, Vt., recently. Carolyn Grubb also called on Emma and Lester McMahon in Dunham on Tuesday afternoon.

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