



GUIDE TO FAMILY SUPPORT NEEDS

PART TWO

PRACTICAL INFORMATION

LANAUDIÈRE REGION

DECEMBER 2006





At a glance

Family support subsidies	3
Situation: critical	4
Support for parents.....	5
Caregiving services	7
Childcare services	7
Respite care facilities and services.....	10
Specialized vacation camps	14
Recreation and day camps	17
Other programs and subsidies	19
Income	19
Physical health.....	20
Living environment.....	22
Transportation	23
Recreation	25
Service programs	26
Your right to object.....	27
Associations	28
Contact information for the Office des personnes handicapées du Québec	35

Legend



Telephone



E-mail



Web site



Family support subsidies

This table shows the amounts paid out under the Family Support program. The maximum annual subsidy covers caregiving, respite care and assistance with daily tasks.

Characteristics	Maximum annual subsidy*
Child requiring little care or attention	\$2 220
Child requiring considerable care and attention	\$4 380

It should be noted that these are the maximum amounts and that actual subsidies may vary depending on the CSSS. To apply for a subsidy or obtain more information on the program, please contact your local **CSSS (CLSC)**.

* The amounts may change depending on the budget envelope allocated to the Family Support program.



Situation: critical

The presence of a disabled child or adult within a family makes for additional responsibilities, which can cause considerable stress and even lead to burnout.

Perhaps you, too, feel powerless given the lack of services in your area. You may wonder what the future holds and even, sometimes, feel like giving up.

If you are in such a situation and you don't know who to turn to, you should contact your **CSSS (CLSC)**. If the disabled person you are caring for receives services from a **rehabilitation centre**, people there may be able to help you as well.

In the event of an emergency, call the **Info-Santé** service of the CSSS (CLSC) or dial **911**.

A number of associations for parents of disabled persons also offer a help line and support services. For more on these services, please see the section entitled "Associations".



Support for parents

Parents who have just learned that their child has a disability can receive support and information from a number of associations. These parental support associations allow them to meet other parents who have gone through a similar situation and to share their experiences.

For more information on this service, contact the following associations:

Association de parents d'enfant trisomique 21 de Lanaudière

☎ 450 477-4116
🖱 apetl@cam.org

Association québécoise des enfants atteints d'audimutité / dysphasie - Lanaudière

☎ 450 753-9003 or, toll free, 1 877 753-9003
🖱 aqea@qc.aira.com

Association Spécial Spatial

☎ 450 586-0400
🖱 ass@cam.org

Entraide pour la déficience intellectuelle du Joliette métropolitain

MRC Joliette
☎ 450 759-9621
🖱 entraidedijm@megacom.net



Support for parents

La maison des parents d'enfants handicapés de Laurentides–Lanaudière

☎ 450 431-7428
✉ maisondesparents@b2b2c.ca

Les amis de la déficience intellectuelle Rive-Nord MRC L'Assomption

☎ 450 585-3632
✉ lesamis@deficiencedeintellectuel.org

Société de l'autisme région Lanaudière

☎ 450 759-9788
✉ autisme.lanaudiere@cepap.ca

Association québécoise des parents d'enfants handicapés visuels

☎ toll free 1 888 849-8729
✉ info2@aqpehv.qc.ca

Muscular Dystrophy Canada

☎ toll free 1 800 567-2236, extension 231
✉ infoquebec@muscle.ca



Caregiving services

Caregiving resources in the region, whether in the areas of research, training or pairing, can be contacted through the **Carrefour pour souffler à tête reposée** information service at:

☎ 450 756-0151 or, toll free, 1 877 374-8783
✉ atetereposee@yahoo.fr

Caregiving spaces are also available at the **Maison Clémentine**, located in Joliette, for persons with intellectual, sensory or motor impairments (age 0-65).

☎ 450 755-2591
✉ maisonclementine@hotmail.com
✉ maisonclementine.iquebec.com



Childcare services

Choosing childcare services

To enrol your child, contact the childcare centre, day care centre or home childcare provider of your choice. Many childcare centres accept children with disabilities. To consult the list of childcare services (including home childcare coordinating offices), visit the Web site of the **Ministère de la Famille, des Aînés et de la Condition féminine** at:

✉ www.mfacf.gouv.qc.ca

For more information, contact **Action régionale des centres de la petite enfance de Lanaudière** at:

☎ 450 470-0991
✉ info@arcpel.com
✉ www.arcpel.com

The **Office des personnes handicapées du Québec** can also help you find childcare services. Contact us at:

☎ toll free 1 800 567-1465
teletype 1 800 567-1477
✉ dpai@ophq.gouv.qc.ca



Childcare services

Subsidies

Childcare services are also eligible for subsidies to facilitate the inclusion of disabled children. Two types of subsidies are available:

- the **allowance for childcare establishments receiving children with a disability** can be obtained once the child's impairment has been confirmed;
- the **exceptional integration assistance measure** is designed to facilitate or maintain the integration of disabled children with significant needs into childcare services.

It is the responsibility of the childcare services, with the consent of the parents, to apply to the Ministère de la Famille, des Aînés et de la Condition féminine for these subsidies.

Support for integration

Most rehabilitation centres offer services to help disabled children integrate into day care centres. They can also help these centres make their activities more inclusive.

Childcare services in schools

Many schools offer childcare services at the elementary level; ask about them when enrolling your child. If the **school** is unable to offer them, it can refer you to another day care service that will better meet your child's special needs.



Childcare services

Subsidies

Childcare services receive a subsidy when they accept children with disabilities (who are enrolled and present in the school on September 30 of the year in question). It is up to the school to apply for the subsidy to the Ministère de l'Éducation, du Loisir et du Sport through the school board.

Support for integration

As part of the individualized education plan, childcare services can specify their needs in order to obtain assistance from other resource people in the community.

The project **Intégration sociale des enfants handicapés en milieu scolaire** offers services in various regions of Québec in order to facilitate the integration of disabled children into day care services. The request must be made by the day care service or the school, but you as a parent can also obtain information by telephone or e-mail.



450 646-2714



info@isehms.qc.ca



www.isehms.qc.ca



Respite care facilities and services

Carrefour pour souffler à tête reposée

(foster families)

All types of impairment (respite stays offered year-round)

☎ 450 756-0151 or, toll free, 1 877 374-8783

Corporation Répit-dépannage de Lanaudière

Maison Clémentine

Intellectual, sensory or motor impairments (age 0-65)

☎ 450 755-2591

✉ maisonclementine@hotmail.com

🌐 maisonclementine.iquebec.com

Entraide pour la déficience intellectuelle

du Joliette métropolitain

Intellectual impairment

☎ 450 759-9621

✉ entraidedijm@megacom.net

Les répits de Gaby

☎ 450 657-4706 or, toll free, 1 866 753-3914

✉ repitsdegaby@bellnet.ca

🌐 www.repitsdegaby.com

ACCO-Loisirs - Laurentides

Saint-Jérôme, Sainte-Thérèse, Saint-Eustache

Mild intellectual impairment (age 16 and up)

☎ 450 433-1958, extension 236



Respite care facilities and services

A.D.M. La Libellule Inc. – Laurentides
Pointe-Calumet
Intellectual impairment (age 21 and up)
☎ 450 472-4532

**La maison des parents d'enfants handicapés
de Laurentides-Lanaudière** - Laurentides
Bellefeuille
Physical and intellectual impairment, multiple disabilities
☎ 450 431-7428
✉ maisondesparents@b2b2c.ca
🌐 www.rcphl.org

La maison Avril sur Mars - Laurentides
Autism, pervasive developmental disorders
☎ 450 569-1794

Maison Claire de lune – Laurentides
Sainte-Sophie
Physical and intellectual impairment (age 12 and under)
☎ 450 431-1603

Centre Marcelle et Jean Coutu – Laval
All types of impairment, including autism
☎ 450 624-0980
✉ cmjc@integration.org
🌐 www.integration.org

La maison Latourelle – Laval
Intellectual impairment (age 28 and up)
☎ 450 625-5724



Respite care facilities and services

Maison Quatre temps – Laval

All types of impairment, including autism

☎ 450 629-1785

La joie des enfants – Montréal

Intellectual impairment (age 7 and up)

☎ 514 270-0338

✉ lajoiedesenfants@videotron.ca

La maisonnette – Montréal

Autism and other PDDs

☎ 514 524-6114

La maison Répit-Oasis – Montréal

Région Sud-Ouest

Intellectual impairment

☎ 514 768-7161

L'ami du déficient – Montréal

Mild or moderate intellectual impairment

☎ 514 527-7671

✉ ldjadmi@hotmail.com

Le répit des amis ! – Montréal

Dysphasia (age 5 to 13)

☎ 450 687-76390

✉ info@dysphasieplus.com



Respite care facilities and services

Les amis de l'Est – Montréal
Intellectual or physical impairment
☎ 514 648-0254
✉ lesamisdelest@qc.aira.com

Rehabilitation centres

The **Centre de réadaptation La Myriade** (intellectual impairment) offers specialized respite care, mainly through family-type resources (foster families). To obtain these services, please contact your **CSSS (CLSC)**.

Respite care in vacation camps

A number of vacation camps offer respite weekends year-round. Some of them are listed on the following pages with (+ respite) after their names.



Specialized vacation camps

Association québécoise pour les enfants atteints d'audimutité / dysphasie –

Lanaudière (+ respite)

☎ 450 753-9003 or, toll free, 1 877 753-9003

🖱 aqea@qc.aira.com

Camp d'été de l'Association québécoise du syndrome de Gilles de la Tourette – Accès Plein-Air

Lanaudière

(Children, adolescents)

☎ 514 328-3910

🖱 www.aqst.com

Camp Papillon (+ respite)

Lanaudière

Physical impairment and multiple disabilities

☎ 450 883-2915 or, toll free, 1 877 937-6172

🖱 www.enfantshandicapes.com

Service de répit Emergo (+ respite)

Montréal, Lanaudière, Laurentides

Autism and other PDDs

☎ 514 931-2882

🖱 www.servicesderepitemergo.com

Cité-Joie (+ respite)

Capitale-Nationale

Intellectual or physical impairment

☎ 418 849-7183

🖱 www.citejoie.com



Specialized vacation camps

Centre Normand-Léveillé (+ respite)

Centre-du-Québec

Intellectual or physical impairment

☎ 819 478-1201

🖱 www.centre-normand-leveille.ca

Camp Notre-Dame-de-la-Joie

Centre-du-Québec

Intellectual impairment (age 6 and up)

☎ 819 293-5170

🖱 www.cndj.ca

Centre de plein air Grand village (+ respite)

Chaudière-Appalaches – Saint-Nicolas

Intellectual or physical impairment, multiple disabilities

☎ 418 831-1677

🖱 www.grand-village.com

Camp Caragona

Estrie

Intellectual impairment

☎ 450 298-5159

🖱 www.campgaragona.qc.ca

Camp Massawippi

Estrie

Physical or hearing impairment

☎ 514 482-0500, extension 259

🖱 www.mackaycenter.org



Specialized vacation camps

Base de plein air Perce-Neige (+ respite)

Laurentides

Intellectual or physical impairment, multiple disabilities

☎ 450 226-3336

🖱 www.perceneige.ca

Camp Bruchési

Laurentides

Intellectual or physical impairment

☎ toll free 1 888 699-9091

Domaine Prés d'Or

Laurentides

Mild intellectual impairment (adults)

☎ 819 597-2499

Centre Notre-Dame-de-Fatima (+répit)

Montréal

Hearing impairment with or without associated impairments

☎ 514 453-7600

🖱 www.centrendfatima.com

Colonie Les bosquets

Montréal

Intellectual impairment and multiple disabilities

☎ 450 467-3918

Camp Gatineau (+ respite)

Outaouais

Intellectual impairment and multiple disabilities

☎ 819 777-6164

🖱 www.campgatineau.com

For more information on regular vacation camps or recreational services that accept disabled children or adults, please contact the **Association régionale des loisirs pour personnes handicapées de Lanaudière** at:

☎ 450 752-2586 or, toll free, 1 888 522-2586



Recreation and day camps

Association de parents d'enfant trisomique 21 de Lanaudière

☎ 450 477-4116
✉ info@trisomie.qc.ca

Association des personnes handicapées de Brandon Intellectual impairment (adults)

☎ 450 835-9313
✉ aphb@citenet.net

Association des personnes handicapées du secteur Berthier

All types of impairment
☎ 450 836-6877
✉ aphsb@bellnet.ca

Association des personnes handicapées Matawinie Intellectual impairment (adults)

☎ 450 834-5434
✉ infocyber@aphjm.org

Association des personnes handicapées physiques Rive-Nord

☎ 450 654-8279
✉ info@aphprn.org

Association Handami pour personnes handicapées et leur famille

Intellectual impairment (adults)
☎ 450 439-2077 or, toll free, 1 877 439-2077
✉ associationhandami@bellnet.ca



Recreation and day camps

Association québécoise pour les enfants atteints d'audimutité / dysphasie – Lanaudière

☎ 450 753-9003 or, toll free, 1 877 753-9003
✉ aqea@qc.aira.com

Entraide pour la déficience intellectuelle du Joliette métropolitain

MRC Joliette

☎ 450 759-9621
✉ entraidedijm@megacom.net

La joujouthèque Farfouille

Joliette

Toy lending service and educational workshops

☎ 450 752-2587

La maison des parents d'enfants handicapés de Laurentides–Lanaudière

Intellectual or physical impairment

☎ 450 431-7428
✉ www.rcphl.org

La Rose bleue, Association des personnes handicapées Des Moulins

Des Moulins RCM

Intellectual impairment (adults)

☎ 450 474-7007
✉ larosebleue@hotmail.com

Les amis de la déficience intellectuelle Rive-Nord

MRC L'Assomption

☎ 450 585-3632

Société de l'autisme région de Lanaudière

☎ 450 759-9788
✉ autisme.lanaudiere@cepap.ca



Other programs and subsidies

Income

Child assistance measure

Families with dependent children under 18 may be eligible for the child assistance payment, the amount of which varies depending on the family's income and circumstances. Contact the **Régie des rentes du Québec**.

☎ toll free 1 800 667-9625

🖱 www.rrq.gouv.qc.ca

Allowance for handicapped children

Regardless of their income, families with a disabled child can apply for the allowance for handicapped children. All families receive the same amount.

Contact the **Régie des rentes du Québec**.

☎ toll free 1 800 667-9625

🖱 www.rrq.gouv.qc.ca

Child Disability Benefit (CDB)

The Child Disability Benefit (CDB) is a tax-free benefit, paid by the government of Canada, to low- or middle-income families who care for a child under age 18 with a severe and prolonged impairment in mental or physical functions.

The CDB is added to the monthly Canada Child Tax Benefit payment. For more information, please contact the **Canada Revenue Agency** at:

☎ toll free 1 800 387-1194

🖱 www.cra-arc.gc.ca/benefits/cctb/menu-e.html

Employment-Assistance Program (social aid)

Once your child turns 18, you are no longer entitled to the family allowance. However, he or she may be eligible for benefits under the Employment-Assistance Program. Contact your **local employment centre (CLE)** for more information.

🖱 www.mess.gouv.qc.ca



Other programs and subsidies

Tax deductions

You may be entitled to provincial and/or federal tax deductions for disabled children or dependants. Forms and information brochures can be obtained by contacting:

Revenu Québec

Taxation and Persons with Disabilities (IN-133-V)

☎ toll free 1 800 267-6299

🌐 www.revenu.gouv.qc.ca

Canada Revenue Agency

Information Concerning People with Disabilities (RC4064)

☎ toll free 1 800 959-3376

🌐 www.cra-arc.gc.ca/tax/individuals/segments/disabilities/menu-e.html

Physical health

Equipment and supplies

You may be entitled to a subsidy for special equipment and medical supplies (to cover, for example, the cost of diapers for children over three years of age). You must apply for this subsidy to your **CSSS (CLSC)** or to your **local employment centre** if you or your child receive benefits under the Employment-Assistance Program.

Transportation expenses

You may claim expenses for transportation, parking and accommodation if your child requires medical treatment (for example, dialysis) or rehabilitation, **frequently and on a regular basis**, in a hospital or rehabilitation centre. Contact your local **CSSS (CLSC)**.

Transportation expenses (cont.)

In addition, if you or your child receive benefits under the Employment-Assistance Program, you may be entitled to a refund of a portion of the travel expenses you incur for medical reasons. Contact your **local employment centre**.



Other programs and subsidies

Specialized dental services

If your child cannot be treated by your regular dentist, accessible, specialized dental care is available from:

- **SOS dentiste**
 - ☎ 514 990-0911 (home service)
 - ☎ 514 721-6006 (clinical service)
- **Centre de réadaptation Marie-Enfant**
 - ☎ 514 374-1710, extension 8036
- **Hôpital Sainte-Justine**
 - ☎ 514 345-7757

Two universities also offer dental care to persons with disabilities. To make an appointment for the summer, you must call in the spring:

- **McGill University**
 - ☎ 514 934-8441
- **Université de Montréal**
 - ☎ 514 343-6750, extension 13388



Other programs and subsidies

Living environment

Home support program

You may obtain home support services or a home support subsidy if your child requires physical assistance (for example, bathing a child who has become too heavy to lift up). Contact your local **CSSS (CLSC)**.

Residential Adaptation Assistance Program

You may be entitled to a subsidy to adapt your home (house or apartment) in order to make it barrier-free for your child. You may require a wheelchair ramp, wider doors, or an adapted bathroom.

For more information on this program and the forms to fill out, contact your **municipality** or your **CSSS (CLSC)**. You can also obtain information from the **Société d'habitation du Québec** at:



toll free 1 800 463-4315



www.habitation.gouv.qc.ca



Other programs and subsidies

Transportation

Paratransit services

If your child does not use the regular public transit system, he or she may have access to paratransit services.

Depending on where you live, contact:

Conseil régional de transport de Lanaudière

☎ 450 756-2785 or, toll free, 1 866 880-2785

Transport adapté du Joliette métropolitain

Joliette

☎ 450 759-8931

Service de transport de la MRC d'Autray

Saint-Gabriel-de-Brandon

☎ 450 835-9711

Transport adapté municipal (TRAM)

Repentigny

☎ 450 582-8726

Transport adapté Les Moulins

Terrebonne

☎ 450 964-1098

Transport adapté de la MRC Matawinie

Rawdon

☎ 450 834-5441

Transport adapté de la MRC de Montcalm

Sainte-Julienne

☎ 450 831-2182 or, toll free, 1 888 242-2412



Other programs and subsidies

Attendant card

The attendant card for **inter-city bus transport** is offered to all disabled persons age eight and over who require the services of a personal attendant when travelling between cities. This card allows the attendant, who must be at least 14 years of age, to travel free of charge.

For more information or to fill out an application form, please contact the **Association des propriétaires d'autobus du Québec** at:

☎ 418 522-7131
🖱 www.apaq.qc.ca

Parking permits

If your child has trouble moving around, a special parking permit allows you to park in spaces reserved for persons with disabilities. To obtain this permit, please contact the **Société de l'assurance automobile du Québec** at:

☎ toll free 1 800 361-7620
🖱 www.saaq.gouv.qc.ca

Vehicle adaptation program

You may be entitled to financial assistance to help you adapt your family vehicle so that your child can get in and out safely and easily. Please contact the **Société de l'assurance automobile du Québec** at:

☎ toll free 1 800 525-7719
🖱 www.saaq.gouv.qc.ca



Other programs and subsidies

Recreation

The personal attendant program for recreational activities

To help your child participate in recreational activities, the organization he or she attends may be entitled to a subsidy to pay for the costs of a personal attendant. For more information on this program, contact the following organizations:

**Association régionale des loisirs
pour personnes handicapées de Lanaudière**

☎ 450 752-2586 or, toll free, 1 888 522-2586
✉ arlphl@hotmail.com

**Corporation régionale de loisir et de sport
de Lanaudière**

☎ toll free 1 866 588-4443
✉ www.loisir-lanaudiere.qc.ca

Tourist and leisure companion sticker

Personal attendants who accompany disabled children (age 12 and up) can obtain a pass allowing them free admission to tourist attractions or recreational activities. For more information, contact the **Association régionale des loisirs pour personnes handicapées de Lanaudière** at:

☎ 450 752-2586 or, toll free, 1 888 522-2586
✉ arlphl@hotmail.com
✉ www.vatl-tlcs.org



Service programs

Preparing a service program allows your child's needs to be properly evaluated **in different areas of activity** (childcare services, school, work, recreation, transportation, etc.). It can also help determine your family support needs. The same evaluation can subsequently be used to organize the services required with the cooperation of the resource people involved. Here is how to obtain a service program.

For children with intellectual impairments or pervasive developmental disorders:

- if your child receives services from a rehabilitation centre, you must apply there;
- if he or she does not receive services from a rehabilitation centre, you must contact your local **CSSS (CLSC)**.

For children with other types of impairments, you must contact the appropriate rehabilitation centre.

The **Office des personnes handicapées du Québec** can also help you take steps to have a service program prepared, regardless of your child's impairment. You can also obtain, free of charge, a copy of the guide entitled "Je commence son plan de services" to help you identify your child's needs. To obtain these services or the guide, call the **Office** at:

 toll free 1 800 567-1465
teletype 1 800 567-1477
 dpqi@ophq.gouv.qc.ca
 www.ophq.gouv.qc.ca



Your right to object

If you are not satisfied with the services offered or received, or you do not agree with a decision made concerning your family, you must use the review and complaints procedure provided by the organizations concerned.

You must submit any complaints in writing, clearly explaining the reasons for your dissatisfaction and specifying the names of the people you contacted. Keep a copy of the letters and documents that you send.

In the case of a health and social services establishment, the **Centre d'assistance et d'accompagnement aux plaintes de Lanaudière** can help you express your complaint and provide other assistance.

☎ 450 759-7700 or, toll free, 1 800 882-5622

✉ caaplanaudiere@qc.aira.com

🌐 www.membres.lycos.fr/caaplanaudiere

In all cases, you can also contact the **Office des personnes handicapées du Québec**, which offers support, advice and guidance to disabled persons and their families.

☎ toll free 1 800 567-1465

teletype 1 800 567-1477

✉ dprii@ophq.gouv.qc.ca



Associations

Associations offering support services for families:

**Association de parents d'enfant trisomique 21
de Lanaudière**

206, chemin des Anglais

Mascouche J7L 3N9

☎ 450 477-4116

✉ apetl@cam.org

🌐 www.trisomie.qc.ca

**Association des devenus sourds et malentendants
du Québec, secteur des Moulins**

50, rue Thouin, bureau 101

Repentigny J6A 4J4

☎ 450 657-8500

✉ adsmqam@bellnet.ca

**Association des personnes handicapées
de St-Michel-des-Saints et St-Zénon Inc.**

C. P. 1184

Saint-Michel-des-Saints J0K 3B0

☎ 450 833-6289 or 450 833-5186

✉ manon_longval@hotmail.com

**Association des personnes handicapées
du secteur Berthier**

588, rue Montcalm

Berthierville J0K 1A0

☎ 450 836-6877

✉ aphsb@bellnet.ca



Associations

Association des personnes handicapées Matawinie

4046, rue Queen

Rawdon J0K 1S0



450 834-5434



administration@aphjm.org



www.aphjm.org

Association des personnes handicapées physiques et sensorielles du secteur Joliette

200, rue Salaberry

Joliette J6E 4G1



450 759-3322



aphpssj@cepap.ca

Association des personnes handicapées physiques Rive-Nord

50 Thouin, local 113

Repentigny J6A 4J4



450 654-8279



info@aphprn.org



www.aphprn.org

Association des personnes handicapées secteur Brandon

153, rue Michaud

Saint-Gabriel-de-Brandon J0K 2N0



450 835-9313



aphb@citenet.net



Associations

Association des personnes handicapées visuelles de Lanaudière

2906, chemin Sainte-Marie, local 121

Mascouche J7K 1N7

☎ 450 474-8268 or, toll free, 1 888 477-8174

✉ info@aphv.org

🌐 www.raaq.qc.ca

Association des sourds de Lanaudière

200, rue Salaberry, local 123

Joliette J6E 4G1

☎ 450 752-1426

✉ asl@cepap.ca

🌐 www.surdite.org

Association du Québec pour enfants avec problèmes auditifs

3700, rue Berri, bureau A-436

Montréal H2L 4G9

☎ 514 842-3926

✉ aqepamtl@bellnet.ca

🌐 www.surdite.org/aqepa

Association Handami pour personnes handicapées et leur famille

960, 9^e Avenue, local 102

Saint-Lin-Laurentides J5M 2T6

☎ 450 439-2077 or, toll free, 1 877 439-2077

✉ associationhandami@bellnet.ca

🌐 www.montcalm-net.com/handami



Associations

Association québécoise pour les enfants atteints d'audimutité / dysphasie – Lanaudière

200, rue Salaberry

Joliette J6E 4G1

☎ 450 753-9003 or, toll free, 1 877 753-9003

✉ aqea@qc.aira.com

🌐 www.aqea.qc.ca

Association Spécial Spatial

C. P. 9

Lavaltrie J5T 4A9

☎ 450 754-4966

✉ ass@cam.org

Entraide pour la déficience intellectuelle du Joliette métropolitain

144, rue Saint-Joseph

Joliette J6E 5C4

☎ 450 759-9621

✉ entraidedijm@megacom.net

La Rose Bleue, Association des personnes handicapées des Moulins

2904, rue Dupras

Mascouche J7K 1T2

☎ 450 474-7007

✉ larosebleue@hotmail.com



Associations

Les amis de la déficience intellectuelle Rive-Nord

50, rue Thouin

Repentigny J6A 4J4

☎ 450 585-3632

🖱 lesamis@deficiencointellectuel.org

Les ateliers éducatifs Les petits mousses

994, rue de Lanaudière

Joliette J6E 3N6

☎ 450 759-3327

🖱 petitsmousses@bellnet.ca

Mouvement Personne d'abord de Joliette

115, rue Saint-Paul

Joliette J6E 5G2

☎ 450 755-4171

🖱 mpdaj@videotron.ca

PANDA de la MRC de l'Assomption

50, rue Thouin, local 229

Repentigny J6A 4S4

☎ 450 582-0003

🖱 panda3@bellnet.ca

🖱🖱 www.panda.cyberquebec.com

PANDA de la MRC des Moulins

☎ 450 474-7936

🖱 info@pandamrcdesmoulins.org

🖱🖱 www.pandamrcdesmoulins.org



Associations

PANDA Matawinie

4046, rue Queen, bureau 212

Rawdon J0K 1S0

☎ 450 882-2123, extension 3040

📧 pandamatawinie@hotmail.com

Société de l'autisme région Lanaudière

200, rue Salaberry

Joliette J6E 4G1

☎ 450 759-9788

📧 autisme.lanaudiere@cepap.ca

🌐 www.autisme-lanaudiere.org

Provincial organizations

Association de spina-bifida et d'hydrocéphalie du Québec

☎ toll free 1 800 567-1788

📧 info@spina.qc.ca

🌐 www.spina.qc.ca

Association québécoise des parents d'enfants handicapés visuels

☎ toll free 1 888 849-8729

📧 info@aqpehv.qc.ca

🌐 www.aqpehv.qc.ca



Associations

Provincial organizations (cont.)

Association québécoise des personnes de petite taille

☎ 514 521-9671
✉ info@aqppt.org
🌐 www.aqppt.org

Association québécoise du syndrome de Rett

☎ 514 486-1311
✉ info@rettsyndromeqc.org
🌐 www.rettsyndromeqc.org

Association québécoise du syndrome Gilles de la Tourette

☎ 514 328-3910
✉ info@aqst.com
🌐 www.aqst.com

Muscular Dystrophy Canada

☎ toll free 1 800 567-2236, extension 231
✉ infoquebec@muscle.ca
🌐 www.muscle.ca



Contact information for the Office

Office des personnes handicapées du Québec

☎ toll free 1 800 567-1465
teletype 1 800 567-1477

📧 dpil@ophq.gouv.qc.ca

🌐 www.ophq.gouv.qc.ca

You may consult the Office's **Documentation Centre**, which boasts a collection of some 20 000 documents on different topics concerning persons with disabilities. A lending service and assistance in seeking documentation is also available.

500, boulevard René-Lévesque Ouest, bureau 15.600

Montréal H2Z 1W7

☎ 514 873-3574

📧 documentation@ophq.gouv.qc.ca

You can also consult the **catalogue** listing all the documents available in the Documentation Centre directly on the Office Web site at:

🌐 www.ophq.gouv.qc.ca



Office des personnes
handicapées

Québec