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THE RECORD

THE VOICE OF THE EASTERN TOWNSHIPS SINCE 1897

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\$1.25 + TAXES PM#0040007682 WEDNESDAY, OCTOBER 26, 2022

Granby apartment fire leaves several residents without a home

Record Staff

The Granby Fire Department was alerted to a major fire at 25 Saint-Joseph Street on Tuesday morning, but by the time firefighters arrived to tame the flames the apartment building had already suffered irreversible damage.

According to Granby Fire Department Director Simon Boutin, the fire broke out at roughly 7:02 a.m. with about 50 firefighters from Granby, Waterloo, Bromont and Shefford rushing over to help to douse the flames. It took over an hour to calm the fire and secure the building.

"It was a fire in a building with commercial businesses on the first floor and apartments on the second and third floor. When we arrived the fire

CONT'D ON PAGE 3

Doing what comes naturally at Gibson Honey Farm

Self-taught, Joel and Marie-Ève grow their farm and family



SCOTT STEVENSON

Lots of reading and many hours at farmers' markets are keys to the success of Marie-Ève Noiseux and Joel Gibson's small farm.

By Scott Stevenson
Local Journalism Initiative

It wasn't until Joel Gibson was standing right over the skunk that he noticed it in the live trap a few feet from his beehives. He calmly

placed pieces of plywood around the trap to keep the skunk from panicking. Joel had been about to extract a frame from his hives to show me a queen bee.

"Oh! He already just sprayed," Joel said seconds later. "Oh! That smells really bad!" he said matter of factly but

repeatedly over the next minute or so as he continued to work on the hives.

Joel's partner, Marie-Ève Noiseux, and I were still at a reasonably safe distance, happily. But only seconds later the smell hit us like a wall of

CONT'D ON PAGE 4

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Weather



TODAY:
CHANCE OF
SHOWERS

HIGH 21
LOW 13



THURSDAY:
CHANCE OF
SHOWERS

HIGH 12
LOW -4



FRIDAY:
MIX OF SUN
AND CLOUD

HIGH 9
LOW -1



SATURDAY:
SUNNY

HIGH 12
LOW 0



SUNDAY:
SUNNY

HIGH 14
LOW 4

HAND IN HAND

DIRA Estrie celebrating 30 years of fighting against elder abuse



DIRA Estrie, a community organization whose mission is to combat abuse of people over the age of 65 the region, held a special gathering in Sherbrooke on Tuesday evening to celebrate its 30th anniversary and launch a new brochure with a renewed look.

Founded in 1992 by a group of retirees, the organization has developed its professional competencies over the years and has developed well-established expertise in the fight against elder abuse in terms of awareness, training and intervention. Since its creation, DIRA Estrie has reached 15,000 people through its various awareness activities, trained 2,500 people and offered individual assistance to more than 2,000 seniors who were experiencing abuse.

Since 2019, the organization has also participated in the Community Work Initiatives program with vulnerable seniors (ITMAV). This location and referral service to

community resources has already reached more than 3,000 seniors.

Recognized by community organizations as well by the local health and social services network, with which it works in consultation, DIRA Estrie has participated in an action-research project with the Research Chair on Mistreatment of Older Adults (Request for help in a context of mistreatment or bullying among seniors, DAMIA), whose practice guide received an award at the CIUSSS de l'Estrie CHUS Gala of Excellence in 2019. Similarly, its awareness-raising tool Je prends ma place! was a finalist for the Government of Quebec's Prix Ensemble contre l'intimidation of the (Organization category, 2018).

The organization is funded by the Support Program for Community Organizations, Centraide Estrie, la Fondation des Filles de la Charité, the City of Sherbrooke and individual donations. It currently employs one full time and one half time intervention workers to cover

the fight against abuse in seven of the nine MRCs of the Estrie region.

DIRA Estrie would like future funding to match demand and be consistent with the Government Action Plan to Counter Elder Abuse. A coalition process with other organizations working with seniors is underway to find solutions to this need for recurring funding, which is essential to help put an end to mistreatment.

The organization would like to thank all those who have kept DIRA Estrie alive over time. Founders, volunteers and staff, board members, funders and partner organizations: it is thanks to you that the organization is here today to meet the growing demand.

The work of DIRA-Estrie is based on the respect of the following principles:

The need to identify, prevent and counter elder abuse;

The importance of educating seniors on attitudes of assertiveness and non-tolerance of mistreatment;

The duty to inform seniors of their rights and available resources, while avoiding encroaching on professional fields of intervention;

The desire to help people who dare to report abuse, without taking the place of the victims themselves;

Respect for the confidentiality of requests and procedures;

Compliance with the code of ethics.

More information on the work of DIRA Estrie is available in French on their website <http://www.dira-estrie.org/>



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Ben by Daniel Shelton



Local News

The service will also act as a form of outreach, the organizer said, sharing that it is also important for people who don't have firsthand experience with mental illness to understand what is involved.

Lennoxville United to hold special service for mental health

By Gordon Lambie

Lennoxville United Church will be holding a special service this coming Sunday, Oct. 30, at 10 a.m. to help raise awareness and build conversation around issues of mental health and wellbeing. This will be the third service of this kind held by the church since 2019.

"We're trying to make it an annual thing," said Pam Wilson, who has been helping to coordinate the planning of the event, explaining that the service was first held in 2019, then again last year after having not taken place during 2020 out of respect for COVID-19 restrictions.

"We don't want people to feel alone," Wilson said, describing the church service as being an opportunity to have a public conversation about the struggles and stigmas that come with mental health challenges and illnesses. "We want to let people know that there is help out there for them."

This Sunday's service will involve a series of presentations by representatives of Mental Health Estrie, including founder Judy Ross, President Esther Barnett, and Executive Director Tanya Gibson.

"We're very happy to see that this event is continuing on," Gibson told The Record, emphasizing that although mental health has long been a matter of concern among the English-speaking population of the Eastern Townships, the challenges have only increased with the coming of Covid.

Drawing on research conducted at the Université de Sherbrooke since the pandemic began, the executive director said that members of the local English-speaking community are considered twice as likely to experience mental health challenges as their French-speaking counterparts. She also said that the common statistic these days is that one in three people is in some way affected by a mental illness.

"The more people talk about mental

illness the more we realize we're not alone," Gibson said, again praising the initiative of the church service.

"Mental health affects so many people," Wilson added, pointing out that the family and friends of someone experiencing mental health challenges also feel the impact.

The service will also act as a form of outreach, the organizer said, sharing that it is also important for people who don't have firsthand experience with mental illness to understand what is involved.

"Sometimes with mental illness, people can be standoffish because they don't understand it," she observed. "Also, that lack of knowledge and understanding can lead some people to isolate themselves to the point where people might have no idea that someone could be suffering."

In addition to the speakers, the service will also involve special music prepared by Jamie Crooks and Lennoxville United music director



COURTESY

Dr Alain Piché

Maryse Simard.

The proceeds of a collection taken up during the service will be donated to the work of Mental Health Estrie.

Soaring RSV rates in parts of Quebec lead national cases, strain hospital staff

The Canadian Press
With files from
Cassandra Szklarski
in Toronto

Soaring cases of respiratory syncytial virus in Quebec have pushed the positivity rate to 15 per cent in Montreal and Quebec City.

Weekly provincial surveillance data show positivity rates of the childhood illness hover just over 13 per cent provincewide, with slightly higher rates in the two cities and wide variation among smaller communities.

It's several times the most recent federal positivity rate of 3.5 per cent,

although that data is a week behind and covers the week ending Oct. 15.

The head of the pediatric emergency department at Sainte-Justine hospital in Montreal says his emergency rooms "are completely jammed with patients" with respiratory viruses, largely driven by RSV.

Dr. Antonio D'Angelo says such numbers are not typically seen until later in the fall and winter, but that a similarly early RSV season last year has shifted viral patterns.

He says RSV seems to be hitting more than just babies and toddlers this year to include three- and four-year-olds who are getting the virus for the first

time because they had been shielded by now-lifted pandemic precautions.

"There's just so much more, a larger wave with sicker patients, therefore more hospitalizations and our hospitals are just full to the brim," D'Angelo said Tuesday.

"In the emergency rooms, well, they're just all over the place, they're in our respiratory unit in the emergency room but they're also in sort of a makeshift corridor for a temporary unit there. And then we had to open up another corridor with patients with respiratory cases that needed treatments.

"And that's very, very unusual. In fact, we've never had it this bad."

D'Angelo said he expected similar rates to emerge in other Canadian centres, although acknowledged that other hospitals are already seeing increasing numbers of respiratory patients, as well as strained resources and staff.

The national figures show a positivity rate of two per cent in Ontario and 3.4 in Atlantic Canada. The lowest rates were 1.4 per cent in British Columbia, one per cent on the Prairies and two per cent in the Territories.

Ottawa pediatric hospital CHEO said for the week ending Oct. 15, out of 298 RSV tests 30 were positive, about 10 per cent.

A CHEO spokesperson said 12 patients were hospitalized for RSV last month, the same record-high number as last year, and much higher than the

pre-pandemic average of about one to two hospitalizations for September.

D'Angelo said RSV typically spreads by community, and does not generally emerge at the same time across the country.

"It often happens where there'll be one sort of epicentre where everything sort of starts to occur, and then it sort of spreads out," he said.

While only a small percentage of RSV cases result in hospitalization, the illness is common among children. By age two, 90 per cent of kids will have had an RSV infection, says Dr. Jesse Papenburg, pediatric infectious disease specialist at the Montreal Children's Hospital of the McGill University Health Centre.

However, some infants are at greater risk of severe illness and that's when it's important to be have a predictable viral season, he said.

The RSV season typically runs from November to March but Quebec experts noticed a five per cent positivity rate in August, said Papenburg.

He said that prompted the province to move a preventive campaign for high-risk babies to mid-September, instead of the usual November.

A monoclonal antibody injected monthly to very high risk infants can cut their risk of hospitalizations by half, he said. These may include children younger than one year of age who were born very prematurely, or who have congenital cardiac disease or chronic lung conditions.

Granby Fire

CONT'D FROM PAGE 1

was breaking out, and it was bursting through the entrance of the building, so we intervened quickly to fight the flames," Boutin explained.

There were also no injuries to firefighters or residents living in the building, he continued, adding the total damage is likely around \$100,000. However, the building's tenants now find themselves in a precarious situation. There were six apartments with nearly 12 tenants.

"They can't enter the building, so they have been housed temporarily

by the Red Cross. The Red Cross will house them for three days at a hotel, giving them food, clothing, and time to take a step back, re-evaluate, and find a new place to live," Boutin told The Record.

When The Record spoke to the fire chief late in the afternoon Tuesday, the city's investigation team was still on the ground trying to determine the cause of the fire. He said there is no word as to how much time the team will need to conclude their investigation into the building fire.

Gibson Honey Farm

CONT'D FROM PAGE 1

toxic smoke. As Joel tried to approach to show me a frame of bees with the queen that he'd removed, I kept retreating.

We eventually came to what I considered common and acceptably safe ground. I clicked some photos, with a proud Joel beaming over his calm, unthreatened bees. Then I hastily furthered my retreat, ungenerously leaving Joel and Marie-Ève to deal with their skunk and its fumes.

This was by no means the first time Joel was on the receiving end of defensive animal aggression on his honey farm. The day he received his first shipment of bees—as a complete novice at beekeeping—he said that when he opened the box 10,000 angry bees flew straight at him. And he ran straight for the pond.

Eight years later, he now handles the bees with joy, and they handle him with calm. He has 60 hives going into this winter.

Marie-Ève joined Joel on the farm seven years ago. She also makes soap, in addition to helping Joel with the honey business.

"It pays the little expenses," she said. "Not enough to live on, but it helps me to stay with my baby at home."

Their daughter, Hope, joined them 18 months ago. Mother and father are enjoying her so much that Joel, 40, said he wished he had started parenting earlier.

Joel supplements his honey income with work off the farm. Marie-Ève left her off-farm work to be full time with their daughter and work at home.

"Hope" expresses well what this young couple brings from their generation of Townshippers. They strive for natural diversity in working their land; a thriving bee population in their farming; and healthy, tasty honey in serving their customers.

Carefully dividing their time and choosing their locations, Joel and Marie-Ève attend at least two farmers' markets per week: in Sawyerville, Lennoxville, Waterville, Brome, Mansonville, Farnham, and Town of Mount Royal. They've determined that their sales are better when they attend a market every second week rather than every week.

Beyond that science of selling, they've especially embraced the science of bees and beekeeping.

"There are thousands of native bee species in North America," Joel told me in our interview, safely in the couple's kitchen prior to meeting his bees—and skunk. "The native bees are facing a lot of problems: lack of forage, Roundup-resistant crops—monoculture; for a beekeeper that looks terrible," he said.

"As individuals, there's lots we can do, though: plant white clover, let dandelions grow in May, plant shrubs and trees like basswood, plant zinnias."

"Let the goldenrod be," Marie-Ève added. "It's the last food for bees [before winter], so it's really precious in the autumn."

The couple is self-taught. "I never had the opportunity to work as an apprentice in a beekeeping operation, so I learned with books instead," Joel said. And, indeed, their kitchen table



was covered in stacks of books on bees. Their bee bible is *L'abeille et la ruche*, by the Townships' very own Alain Péricard, of Richmond.

Joel hadn't planned on beekeeping when he bought his 15 acres in 2013. It was in part the curiosity of his scientist and naturalist mind. "I bought a book. I read it, then another one, then I was hooked—like fishing. It's so fascinating. I love the bees more than the honey."

"He does his reading!" Marie-Ève added. "He always has new information. And he was so proud"—

when successfully grafting a queen bee on his second try.

Joel is the son of a scientist father, David, and environmental activist mother, Dodi. And, evidently, he honours them well.

As he and Marie-Ève walked me to my car, away from the skunk smell, Joel dismissed any anger against the skunk, noting that it was just doing what comes naturally. Like his bees. And their beekeepers.

Scott Stevenson farms and writes at his home in Island Brook, Quebec.

Quebec's nursing order launches campaign to stop Halloween objectification of nurses

The Canadian Press

Quebec's professional order of nurses is launching a campaign this Halloween to encourage Quebecers to ditch "sexy costumes" in favour of more realistic nursing uniforms.

The Ordre des infirmières et infirmiers du Québec says in a news release that the sexual objectification of nurses devalues their profession and expertise.

The order's president, Luc Mathieu, says stereotypes regarding nurses

persist, even though the profession has evolved.

He calls the nurse costumes sold in retail stores "scary" and says nursing deserves respect as a scientific profession.

The campaign aims to sensitize people about how nurses are portrayed and to change that perception by presenting a realistic image of the profession.

The order will be getting its message across through a video on social media contrasting images of Halloween nurses with the real thing.

PHOTO OF
YOUNG
CANADIAN
SOLDIER

Name:

Hometown:

Age when enlisted:

Regiment:

Served:

A few words about them:

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THE
RECORD

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our veterans

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They were a new generation of teachers, doctors, lawyers, farmers and businessmen who set aside their hopes and dreams to fight for our freedom.

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Send a photo of a veteran(s) in your family at the age they were at the time they served and a brief description, to allow Townshippers to say a collective thank you.

The Record will publish a special section November 3 on Townshippers' contribution to the war effort.

Send photos before October 27 to
classad@sherbrookerecord.com

If your business or organization would like to recognize veterans in the special section, please contact one of our sales representatives at 819-569-9525

Bishop's opens new Sexual Violence Support Centre

By Quinn Ruby
Local Journalism Initiative

Bishop's University's new Sexual Violence Support Centre opened its doors at the beginning of the school year in early September. Located in the Peer Support Centre in the Student Union Building below the Gait, the centre is open every weekday from 9 a.m. to 4 p.m. The space is shared with the BUnited Peer Support Centre which is open in the evenings after the Sexual Violence Support Centre closes.

They offer "confidential, non-judgmental, non-directional support to those who have been impacted by sexual and gender-based violence," as stated on their website. The main function of the centre, says Dean of student affairs Dr. Stine Linden-Andersen, is to "provide support and advocacy for survivors. Some survivors just want a safe space to connect and disclose and some survivors would like support in going through our processes, whether formal or informal." The sexual violence response advisors are there to receive formal complaints, reports, and disclosures and to offer confidential advice to survivors. If survivors are uncomfortable sharing their stories in person, they are able to do so through REES, an online survivor-

centred reporting platform that the school recently implemented. For now, the centre offers one-on-one support for survivors but "...they're looking to expand their programming according to the needs of the community," says Linden-Andersen.

The opening of the centre is one of many steps taken by the school's administration and students to improve the school's sexual culture since the statement "He raped me. I reported. He's still in my class. BU take action," was posted on the bridge near the campus almost a year ago. Soon after the statement, the school hired The Canadian Centre for Legal Innovation in Sexual Assault Response, an external, not-for-profit company, to review their policies and practices. The school received the independent review panel's final recommendations in June, one of them being to expand its Sexual Violence Support Centre from its one-room office on the Student Services floor in the Student Union Building and move it to its new, larger location. The panel also suggested hiring a second sexual violence response advisor which they did with the opening of the centre's new location.

Other recommendations that have been put into place include passing



QUINN RUBY

the mandatory annual prevention training for students at Senate, re-establishing the Safe Walk program, and updating their policy to conform to a new law that's been passed that allows a survivor the option of knowing the outcome and the sanctions against the respondent after the fact.

Linden-Andersen hopes that more

students will use the services that the centre offers, whether they're a survivor or not. "We hope students who have questions, even if they're not survivors, will come and ask the questions there. We really hope it can be a one-stop where students feel like they can safely go and ask questions and get support," she says.

Projet Monarques ready to take next step

Record Staff

It took five years of extensive research, meetings, and writing workshops across the country, but the Théâtre des Petites Lanternes is finally ready to announce Projet Monarques.

The project, which began in 2017 at

the request of veterans and military families, will be showcased at the Centre culturel of the Université de Sherbrooke on Nov. 8. It will also be a fundraiser for the upcoming cross-country tour, according to a press release last week.

The Projet Monarques will tour the

province in January with shows in French and then an English version will follow in April, as it makes its way across Canadian theatres. The project is co-written by Angèle Séguin and Amélie Bergeron, and directed by Amélie Bergeron.

It is a "pan-Canadian theatre project that addresses operational and post-traumatic stress injuries experienced by veterans and military personnel, as well as the innumerable repercussions on their lives and those of their loved ones," the press release reads.

The title of the project links to the monarch butterflies, as they are known to travel thousands of kilometres every year to complete their migration. The long, perilous, challenging and transformative journey is what inspired Séguin and Bergeron to name it Projet Monarques.

The project will feature the voices of hundreds of veterans, soldiers and their loved ones. These stories will be condensed into five figures, or lifelines, providing a glimpse into the daily lives of folks affected in different ways by post-traumatic stress disorder. It exposes the fragility of life.

"In the face of this human drama, it was not for us to offer an opinion on the relevance of war or the army, but rather to ensure that our artistic work could help unlock the words of those who dare not speak of this delicate and complex issue," Séguin noted in the press release.

The Projet Monarques is gracing Canadian theatres in part because of the work done between February and May of 2021. Bergeron and Séguin held workshops from Nova Scotia to B.C.,

meeting with more than 200 veterans, soldiers and loved ones, and listening to their realities.

There are over 1,000 pages worth of personal accounts. The project is also supported by a steering committee made up of dedicated men and women from both the civilian and military world. And the co-spokespersons of the project are Marie Malavoy and Richard Giguère.

Malavoy, a former government minister, and Giguère, a retired brigadier-general, lent their voices to the Projet Monarques to help raise awareness about the fragile and complex issue of mental health. They are hoping this project will further the conversation and end the stigma.

"If we can share our pain with others, open a space in it, then it can become the fertile ground from which to start a new life. The Projet Monarques leads us to undertake this long and demanding but life-saving journey, which allows us to regain our freedom," said Malavoy.

Malavoy and Giguère will be at the fundraiser on Nov. 8. The money raised at the event will help the Théâtre des Petites Lanternes complete its mission of bringing the project across Canada in French and English. There will also be a silent auction during the cocktail reception.

"Contributing to breaking the silence surrounding post-traumatic stress disorder and promoting the wellbeing of those who are affected and their loved ones; this is the mission that I give myself as part of this support for the Projet Monarques," Giguère explained.

PUMPKIN CARVING PHOTO CONTEST

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The Record would like to see your Halloween pumpkins.

Send us a selfie holding your pumpkin for a chance to win a prize.

The contest is open to all ages. The winner will be chosen by our esteemed panel of pumpkin judges based on a combination of skill, creativity and overall spookiness.



Last year's winner
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before noon on Wednesday, October 26.

The photos will be published in the paper on October 28.

EDITORIAL

In Iran, women's bodies have always been at the forefront of the political agenda. Mandatory dress codes are a central feature of the regime's policy towards women.

The protests in Iran are part of a long history of women's resistance

By Niloofar Hooman
PhD candidate, Communication
Studies and Media Arts, McMaster
University

On Sept. 16, Mahsa (Zhin) Amini, a 22-year-old Kurdish-Iranian woman, died in Tehran while in the custody of Iran's morality police. Her death set off a massive wave of demonstrations that have spread across the country.

While the protests started with anger over the enforcement of the hijab, they represent a much wider movement that now poses the greatest threat the theocratic regime has faced since the 1979 revolution.

Controlling women's bodies

As initial news of Amini's hospitalization spread, angry citizens began demonstrating against the morality police. This coercive force has compelled women to comply with the mandatory hijab law through physical and verbal violence and humiliation — all part of a systematic effort to suppress and control their bodies.

The first spark of the growing protest movement came when Kurdish women attending Amini's funeral in her hometown of Saqqez bravely took off their headscarves and chanted the slogan "death to the dictator" at great risk to their own safety.

After Amini's death, the outrage and desperation of women came roaring through, targeting the dictatorial and patriarchal regime by demanding the liberation of female bodies.

History of resistance

On Oct. 16 an Iranian sport climber, Elnaz Rekabi, competed without a hijab at a competition in South Korea while representing Iran. Rekabi later said her hijab had "inadvertently" fallen off. However, many remained skeptical of her explanation, believing Iranian officials had pressured her to make the statement. Large crowds

cheered Rekabi when she arrived back in Tehran days later.

While the current uprising may seem new, it follows decades of women's resistance. Feminist activism in Iran goes back to women participating in the Constitutional Revolution in 1906. Women played a critical role and engaged in political actions by establishing women's associations, joining protests and supporting strikes.

One month after the Islamic Revolution in 1979, Iranian women launched massive demonstrations after hearing whispers about a hijab mandate. Although those protests were able to postpone the mandate, it was eventually instated in 1983.

Iranian women never stopped fighting. They turned their bodies into arenas of resistance against the ideology and intervention of the state. Acts of civil disobedience and campaigns like My Stealthy Freedom, White Wednesdays, The Girls of Revolution Street and the Iranian #MeToo movement were designed to sustain momentum in the fight against oppressive bodily regulation.

In Iran, women's bodies have always been at the forefront of the political agenda. Mandatory dress codes are a central feature of the regime's policy towards women. They function as a policing apparatus to control women's sexuality and regulate their bodies.

While women face aggression on a daily basis for not following the state's gender and sexual proscriptions, stubborn forms of female bodily presence on social media are an important part of the way women are able to fight the regime's hegemonic narratives.

Under Iran's authoritarian governments, collective action organized under strong leadership with effective networks of solidarity has been challenging, especially in the post-Islamic revolution era.

However, digital spaces and social media is providing more room for



Iranian women and sexual minorities to keep up their resistance and pose critical challenges to the restrictive gender politics of the regime.

Alliance of marginalized groups

The long struggle for women's rights has taken more radical forms since Amini's death. The protests against the mandatory hijab law have expanded and targeted the very foundations of the regime and its ideological taboos. By linking the protests to broader discussions of gender, ethnic, social, economic and political protests, demonstrators have elevated it to a protest against the Islamic regime itself.

Amini's identity as a Kurdish woman has made gender and ethnicity integral facets of the recent uprisings. It has created an inclusive alliance among religious, sexual and gender minorities, as well as suppressed

ethnicities such as Kurds, Arabs, Turks, Balochs, Lors and others.

It is as if this intersection of oppressed identities has targeted the position of the Persian, Shia and heterosexual man as the hegemonic representative of the nation. Amini's death has become the rallying cry for all the other subaltern counterpublics against the socio-political ideologies of the clerical regime.

Iranian women are de-ideologizing their bodies with anger (cutting off their hair and burning their hijabs) and joy (dancing). The female body, having been an object and symbol of a theocratic ideology, is now emerging as the most serious threat to the legitimacy of the regime. The ongoing uprising makes it clearer than ever that the liberated female body is the regime's Achilles heel.

This article was originally published on *The Conversation*.

Letters

EMPTY BOWLS FUNDRAISER

That was a "feel good" article in last Friday's Record, about Lucy Doheny, and other potters, Allan Gerrish, Mark Goldberg and Michael Loomis, who, once more, are aiming to make and sell 400 empty bowls. The proceeds will be used to help feed empty stomachs, and will be given to 5 local causes, aimed at helping to combat hunger!!

Kudos to Lucy and her friends!
Another great local initiative!!

JOE KELLY
CLEVELAND, QC

P.S. The bowls will be sold on Saturday, Nov.12,2022, at 37 Moulton Hill, Lennoxville, Qc, from 11:00 A.M. to 1:00 P.M.

The Record welcomes your letters to the editor. Please limit your letters to 300 words. We reserve the right to edit for length, clarity, legality and taste. Please ensure there is a phone number or email where you can be reached, to confirm authorship and current town/city of residence. Names will not be withheld but the address and phone number of the writer are not published, except by request. Please email your letters to newsroom@sherbrookerecord.com. Preference is given to writers from the Eastern Townships.

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Local Sports

Scott Smith was ousted as Hockey Canada's president and CEO and its entire board of directors resigned on Oct. 11 after a particularly ugly parliamentary hearing the week before.

Hockey Canada will not collect participants' fee for 2022 23 season

The Canadian Press

Hockey Canada says it will not collect a participant assessment fee for the upcoming season.

Several provincial organizations had already withheld those fees, typically \$3 per player, from Hockey Canada in the wake of an ongoing scandal that has embroiled the national sports body for months.

Hockey Canada drew widespread criticism when it was revealed in May that it had paid an undisclosed settlement to a woman in London, Ont., after she alleged she was sexually assaulted by eight men, including members of the 2018 men's world junior team.

Media and government

investigations found that Hockey Canada had established three funds to pay for, among other things, sexual assault settlements. Those funds were financed by the \$3 participant fees.

Although the federal government and most of Hockey Canada's largest corporate sponsors have cut their funding to the national sports organization in the wake of those revelations, provincial bodies will still pay dues to the umbrella association.

Ontario, for example, pays \$25.46 per participant to Hockey Canada, but \$2.97 of that money goes to the National Equity Fund, which had been used to pay sexual misconduct settlements including the payout related to the 2018 allegations.

A second police investigation is also underway in Halifax over

an alleged group sexual assault involving members of the 2003 men's world junior team.

None of the allegations have been proven in court.

Hockey Canada executives have had to testify before parliament's Standing Committee on Canadian Heritage several times, as that department oversees federal funding for national sports organizations.

Scott Smith was ousted as Hockey Canada's president and CEO and its entire board of directors resigned on Oct. 11 after a particularly ugly parliamentary hearing the week before.

The board will remain in place until a new interim board is elected at Hockey Canada's annual general meeting on Dec. 17.

Justice Thomas Cromwell has been tasked with a full governance review of Hockey Canada after its mishandling of the 2018 group sexual assault allegations. Hockey Canada said on Oct. 15 that it is already implementing two recommendations from Cromwell's interim report.

Those recommendations include a commitment to have an independent nominating committee review and vet all applications for Hockey Canada's board of directors positions, including the chair. No names will be added to the voting ballot without the committee's approval.

Also, the new board of directors will serve a one-year term as a transition board rather than the standard two years.

Canada's Shapovalov defeats Rodionov to advance to second round at Vienna Open

The Canadian Press

Canada's Denis Shapovalov advanced to the second round of Vienna Open with a 6-4, 6-4 victory over Jurij Rodionov of Austria on Tuesday.

The No. 19-seeded Shapovalov, from Richmond Hill, Ont., will face Taylor Fritz, the No. 4 seed

from the U.S., next. Fitz defeated Shapovalov a few weeks ago in Tokyo.

Shapovalov had eight aces to Rodionov's one at Wiener Stadthalle on Tuesday.

This was only the second meeting between the two. Rodionov won their previous match 6-4, 7-5, which was also Austria.

James Butler, Sean Thomas Erlington, Dedrick Mills earn CFL players of week honours

The Canadian Press

Running backs James Butler, Sean Thomas Erlington and Dedrick Mills are the Canadian Football League's top players of the week.

Butler, a running back for the B.C. Lions, had a career-high 141 rushing yards in a 31-14 win over Edmonton in Week 20. It was Butler's third 100-plus rushing game of the season. He averaged 5.9 yards per carry and one touchdown, plus three receptions for 21 yards.

Butler also earned top performer honours in Week 1.

He has averaged 5.2 yards per carry this season for 1,054 total rushing yards plus 11 touchdowns (seven rushing, four receiving).

Thomas Erlington rushed for a season-high 104 yards in Hamilton's 30-27 victory over Ottawa. It was the running back's second career 100-plus rushing yard game. He averaged eight yards per carry, and had two 20-plus yard carries.

Thomas Erlington has 465 combined yards this season (327 rushing, 128 receiving), plus two touchdowns.

Mills ran for 103 yards in Calgary's 32-21 win over Saskatchewan, his second 100-plus game of the season.

He averaged 6.1 yards per carry and scored one touchdown.

Mills has rushed for 334 yards and one touchdown in five games this season, and recorded 13 receptions for 105 yards.



laTribune

FRIDAY, OCTOBER 28 AT 7PM

HALLOWEEN

CAPE BRETON EAGLES VS SHERBROOKE PHOENIX

BILLETS.PHOENIX.CA

Death

**PARENT,
Andre
1970-2022**

We are saddened to announce the passing of Mr. Andre Parent, at the Hôtel-Dieu Hospital, on

October 23, 2022, at the age of 52. Son of Denis Parent and Carolyn Bullock and spouse of Isabelle Roy, from Stanstead.

Besides his parents and his spouse, André leaves to mourn his sisters Monica (Michel) and Danielle (David), his mother and father in-law Claude Roy and Cécile Larocque, his brother-in-law Frédéric Roy (Natalie) as well as many nephews, nieces, uncles, aunts, extended family members and friends. Visitation will be held at the Sacré-Coeur Church, 645 rue Dufferin, Stanstead, QC, on November 5th, 2022, from 10 to 11 a.m., followed by a funeral service at 11 a.m. and interment at the Mont Ste-Mary cemetery.

The family would like to thank the staff of CHUS Hotel-Dieu, palliative care unit, for the excellent care given to André.

Donations to the Canadian Cancer Society, 5151 Blvd de l'Assomption, Montréal, QC, H1T 4A9 would be appreciated.

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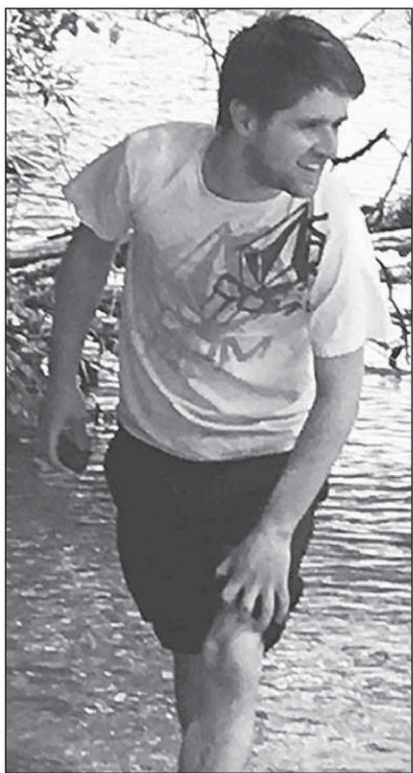
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In Memoriam



In memory of
MYLES DENORA LABRECQUE

*Beautiful Sunrise at St. Vincent De Paul Hospital
on August 4, 1993 at 11:15 a.m.*

*Saddest Sunset ever at Regina General Hospital on October 26, 2017
at 7:25 p.m.*

Myles you are still very sadly missed by all whose lives you touched.

Love you forever,
MUM

Datebook

WEDNESDAY, OCTOBER 26, 2022

Today is the 299th day of 2022 and the 35th day of autumn.

TODAY'S HISTORY: In 1774, the first Continental Congress adjourned in Philadelphia.

In 1881, the legendary shootout between lawmen and outlaw cowboys near the O.K. Corral in Tombstone, Arizona Territory, left three men dead.

In 2001, President George W. Bush signed the anti-terrorism Patriot Act into law.

In 2002, Russian special forces raided a theater in Moscow where Chechen separatists had held hundreds of patrons hostage for nearly three days. More than 130 hostages and all 40 militants were killed.

TODAY'S BIRTHDAYS: Mahalia Jackson (1911-1972), singer; Bob Hoskins (1942-2014), actor; Pat Conroy (1945-2016), author; Pat Sajak (1946-), TV personality; Hillary Clinton (1947-), politician; Dylan McDermott (1961-), actor; Cary Elwes (1962-), actor; Natalie Merchant (1963-), singer-songwriter; Keith Urban (1967-), singer-songwriter; Seth MacFarlane (1973-), actor/writer/TV producer; Jon Heder (1977-), actor; Sasha Cohen (1984-), figure skater.

TODAY'S FACT: Florida is the flattest state in the United States. Its highest elevation is only 345 feet above sea level.

TODAY'S SPORTS: In 1997, the Florida Marlins became the youngest Major League Baseball franchise ever to win a World Series, earning the championship in its fifth year of existence. The 4-year-old Arizona Diamondbacks surpassed the Marlins' mark with a World Series win in 2001.

TODAY'S QUOTE: "The most powerful words in English are 'Tell me a story,' words that are intimately related to the complexity of history, the origins of language, the continuity of the species, the taproot of our humanity, our singularity, and art itself." – Pat Conroy

TODAY'S NUMBER: \$50 – advertised monthly pay for Pony Express riders and station keepers. The horseback delivery service, which relayed mail from St. Joseph, Missouri, to Sacramento, California, officially ceased operations on this day in 1861.

TODAY'S MOON: Between new moon (Oct. 25) and first quarter moon (Oct. 31).



Children's mild diarrhea is expected, can be treated at home



ASK THE DOCTORS

By Eve Glazier, M.D., and Elizabeth Ko, M.D.

Dear Doctors: After our 4-year-old daughter started daycare, she had a few episodes of diarrhea. It lasted only a day or two each time, but it's not something that happened while we were home during the pandemic. What causes it? Is it dangerous? What's the best way to treat it?

Dear Reader: Although it can be alarming for the parent and scary and uncomfortable for the child, diarrhea is a common problem in younger

children. This is particularly true for those under the age of 5.

Most diarrhea in children in the United States is caused by gastrointestinal viruses, which can occur in group situations such as daycare. They are often transmitted due to lapses in personal hygiene. Considering how young children interact with the world through the sense of touch and how often their fingers wind up in their mouths, their being susceptible to viral diarrhea isn't that surprising. Additional causes can be bacterial infection, food allergies or intolerance, parasitic infection or a reaction to a medication, vitamin or supplement.

Symptoms include passing loose or watery stools several times a day, often accompanied by cramping or bloating. Some children feel nauseated, experience vomiting and develop a fever.

Your question refers to what is known as acute diarrhea. This lasts anywhere from a day or two to up to three weeks. Diarrhea that continues beyond three weeks is known as

chronic and may be an indicator of a more serious problem. Chronic diarrhea can be a symptom of a disease or of a functional disorder in which the bowel is not working as it should.

Any time severe or ongoing diarrhea occurs – or when it is accompanied by a fever of 102 degrees or higher, severe abdominal or rectal pain, stools that contain blood or that appear black and tarry – it's important to seek medical care.

All forms of diarrhea should be taken seriously. That's because, even in the short term, the loss of fluids that occurs during diarrhea can lead to dehydration. With a young child's small size, this can happen quickly. Symptoms of dehydration include an increase in thirst, a dry mouth, a lack of energy and a decrease in both the frequency of urination and the output of urine. For infants, this may mean they have gone three or more hours without wetting a diaper.

When someone becomes dehydrated, the loss of fluid in the body becomes evident in the elasticity of their skin. That is, when the skin is pinched

and released, it fails to immediately rebound to its original shape. This is known as a decrease in turgor and is a symptom of dehydration.

A child with the mild form of diarrhea that you have described can safely be treated at home. This includes encouraging them to rest, to drink fluids throughout the day and to follow a healthy diet. Medications to slow bowel movements are available, but check with your doctor before using them. When diarrhea is accompanied by vomiting, oral rehydration solutions are recommended. It's important for the child and their caregivers to wash their hands, particularly after using or helping with the bathroom.

Eve Glazier, M.D., MBA, is an internist and associate professor of medicine at UCLA Health. Elizabeth Ko, M.D., is an internist and assistant professor of medicine at UCLA Health.

(Send your questions to askthedoctors@mednet.ucla.edu, or write: Ask the Doctors, c/o UCLA Health Sciences Media Relations, 10960 Wilshire Blvd., Suite 1955, Los Angeles, CA, 90024. Owing to the volume of mail, personal replies cannot be provided.)

Homeless and running out of options

Dear Annie

WEDNESDAY, OCTOBER 26, 2022

Dear Annie: My boyfriend and I have been homeless for three years, ever since I lost my lifelong home to a reverse mortgage on the coldest day of the year. We have been homeless with little money and are very poor, bouncing around from place to place with no security or stability.

For the past six months, we have been living in a metal storage shed that we own and that is situated in my cousin's yard. We chose this because we have no place else to go. The big house is up for sale and is condemned as well and has no running water. Living this way is illegal, demoralizing and dehumanizing, but, again, we have no choice right now.

We have gone everywhere for help, and no one has helped us. We have tried everything. We now have to get out as soon as possible, but we have nowhere to go. We don't know what we are going to do, but winter is coming. We are in the middle of a housing

crisis, and it has been hell.

The housing agencies that are supposed to help are nothing but a joke. They have done nothing for me in over seven years – I did try to save my home because I knew I could end up homeless – but no one helped me then either. We worked our tails off and saved money this summer, as much as we could, but there is nothing to rent around here, and this is where our work is, and we don't have a vehicle, so we bike and walk everywhere. We need help desperately before we're evicted into the street. – Homeless

Dear Homeless: You have to go back to those housing agencies and other government bureaus that are set up to house the homeless. I feel for you and your boyfriend, but something just isn't adding up. Federal, state and city laws to help house the homeless don't appear to be working in your case. If that doesn't work, perhaps you could seek legal help.

As for the reverse mortgage, I'm not sure how you lost your house. If

you signed a reverse mortgage and the company failed to make payments on the house, you need to consult legal aid to reclaim your house.

Dear Annie: I lost my husband and soul mate very suddenly four years ago. To say I was inconsolable is an understatement, so I really do know how "Grieving Wife" feels.

A dear friend recommended a book to me, and I found it very helpful, so I want to pass it on to Grieving Wife. It is called "How To Survive The Loss of a Love" by Peter McWilliams, Harold H. Bloomfield and Melba Colgrove. It is a very easy book to read, and it is unlike any other book I have seen on the subject. I think "Grieving Wife" could greatly benefit from this book. – Sympathetic Reader

Dear Sympathetic Reader: I am so sorry for your loss, which is truly heartbreaking. Thank you for using your pain to share with others tools that have helped you – in your case, a superb book recommendation.

Dear Annie: One year ago, I lost my

husband, my prince, and I still feel aching grief at times. Shortly after his passing, I began to write in a journal, and it has helped tremendously. Through my writing, I can talk to him and say everything I'm feeling. I share with him my life as it is now. I have reread it several times, from beginning to the present, and I can see there is light at the end of the tunnel. My favorite picture of him is my bookmark.

I want to say, remember, dear one, your grief means you have loved. – It's a Sisterhood

Dear Sisterhood: I am so sorry for your loss. Thank you for sharing your wonderful tips to help cope with the loss of a loved one.

"How Can I Forgive My Cheating Partner?" is out now! Annie Lane's second anthology – featuring favorite columns on marriage, infidelity, communication and reconciliation – is available as a paperback and e-book. Visit <http://www.creatorspublishing.com> for more information.

Send your questions for Annie Lane to dearannie@creators.com.

A magical dessert for Halloween gatherings

Sweet treats are on display come Halloween. People hosting Halloween parties or bringing items over to others' homes for the holiday may need to scare up some new ideas for dessert.

Chocolate never goes out of style and is right at home on Halloween. This recipe for "Black Magic Cake," courtesy of The Food Network, is decadently rich. Don't let all that chocolate frighten you. Drizzle as much melted marshmallow as necessary to brighten up the flavor. Turn into a mummy face or transform the top of the cake into a spiderweb instead.

Black Magic Cake 8 to 10 servings

2/3 cup vegetable oil, plus more for greasing the baking pans
1 cup Dutch-process cocoa powder (or any cocoa powder if on hand)
1 cup boiling water
2 cups granulated sugar
1 3/4 cups all-purpose flour (see cook's note)
2 teaspoons baking powder
1 teaspoon fine salt
1 cup whole milk
2 large eggs
1 tablespoon pure vanilla extract

Filling and Frosting:

1 1/2 cups heavy cream
3/4 cup Dutch-process cocoa powder, sifted
8 ounces semisweet chocolate, chopped
1 teaspoon espresso powder
1 teaspoon pure vanilla extract
Pinch fine salt

2 tablespoons unsalted butter
1/3 cup confectioners' sugar, sifted

Decoration:

2 cups mini marshmallows (about 4 ounces)
Cooking spray
1 or more candy spiders or two candy eyes for decorating

For the cake: Position an oven rack in the center of the oven and preheat to 350 F. Line the bottom of two 9-inch round cake pans with parchment and crease the parchment and the sides of the pans with oil.

Stir together the cocoa powder and boiling water in a small bowl and let sit to bloom for 5 minutes (this step intensifies the chocolate flavor in the cake).

Whisk together the granulated sugar, flour, baking powder and salt in a large bowl. Whisk together the bloomed cocoa, oil, milk, eggs, and vanilla in a medium bowl. Pour the cocoa mixture into the sugar mixture and stir until smooth (the batter will be thin). Divide the batter evenly between the prepared cake pans. Bake until the cakes bounce back when pressed in the middle and a toothpick inserted in the center comes out clean, 30 to 40 minutes. Let cool completely in the pans on a rack.

For the filling and frosting: Heat the cream in a double boiler over low heat, whisking occasionally, until it begins to steam. Whisk in the cocoa powder, chocolate, espresso powder, vanilla, and salt until the mixture is smooth, about 2 minutes. Whisk in the butter until melted. Whisk in the confectioners' sugar until incorporated. Let the



frosting cool completely.

To assemble: Put one cake, bottom-side up, on a serving plate or cake stand. Spread about 1 cup of the frosting over the top but not all the way down the side. Top with the other cake, bottom-side up, and frost the top and sides with the remaining frosting.

For the spider web or mummy decoration: Microwave the marshmallows in a microwave-safe medium bowl until they swell and are soft enough to stir, about 1 minute. Let sit a few minutes until cool enough to touch. Spray your hands with cooking spray. For a spider web, pick up a tablespoon-sized blob of the melted marshmallow and stretch it over and around the cake; repeat so that the strings of marshmallow crisscross one another in many directions. Continue

until you have what looks like a spiderweb. For a mummy, stretch the marshmallow so that all the strings on the top of the cake run in the same direction, leaving a small gap between strings for the mummy's eyes to peak out. Garnish with a candy spider or several candy spiders for the web cake or candy eyes for the mummy cake.

Cook's note: The candy decorations are a nice touch, but the cake will be fun and delicious without them as well. When measuring flour, spoon it into a dry measuring cup and level off the excess.

Semi-homemade tip: Purchase a premade chocolate cake and use the decoration to make the mummy or spiderweb only.

(Metro Creative)

CELEBRITY CIPHER

by Luis Campos

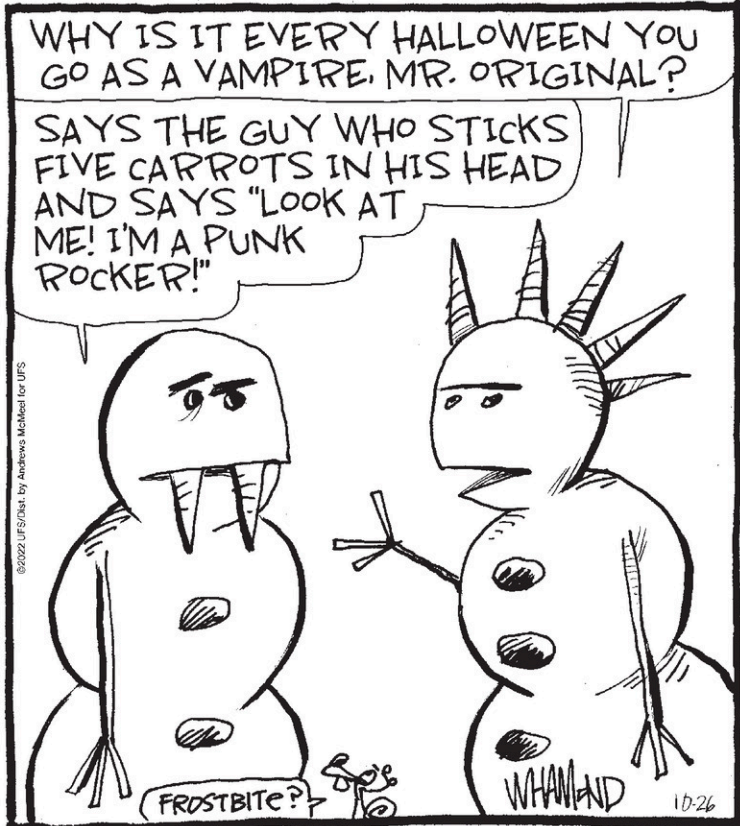
Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

"TRHV FTE ERNVMDIORN IPOI DTAVTRV
POD ITEMVIIV ORN IPOI IPVF HOR'I
PVXY IPVWM IWHD. ... FTE VASMOHV
IPVA." — NFXOR AHNVMATII

Previous Solution: "The artist must know the manner whereby to convince others of the truthfulness of his lies." — Pablo Picasso

TODAY'S CLUE: *d s en b e A*

REALITY CHECK

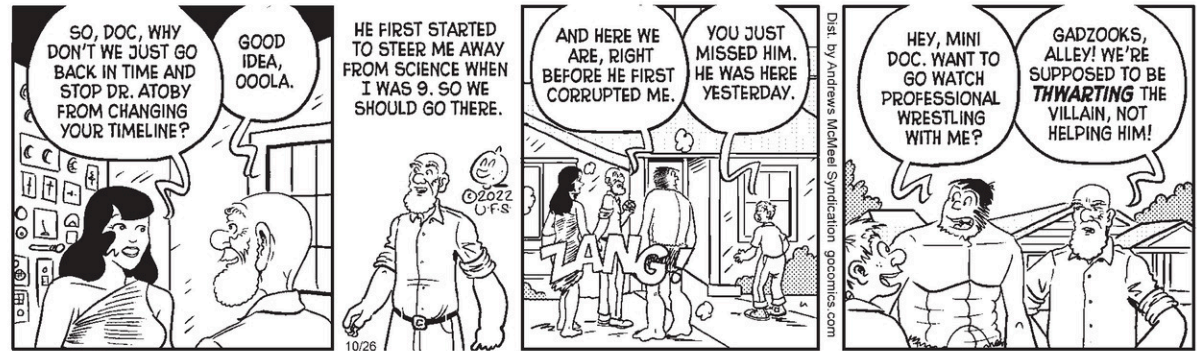


HERMAN

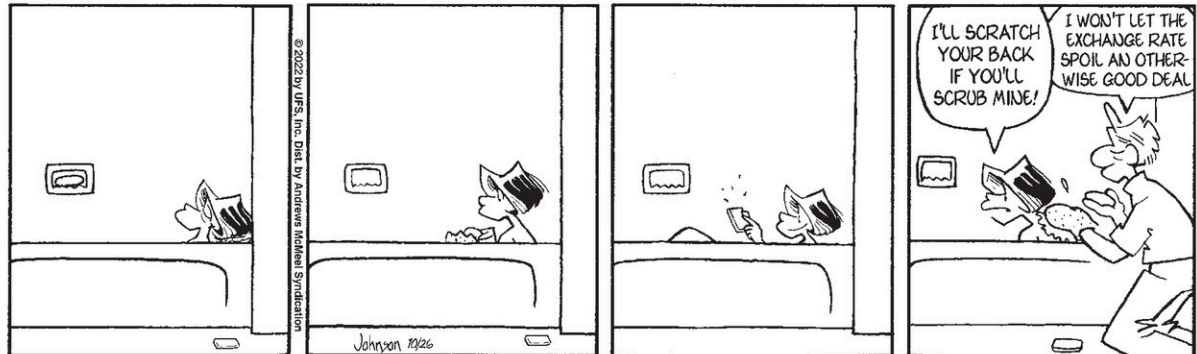


"Let's see ... Niagara Falls ...
Niagara Falls."

ALLEY OOP



ARLO & JANIS



THE BORN LOSER



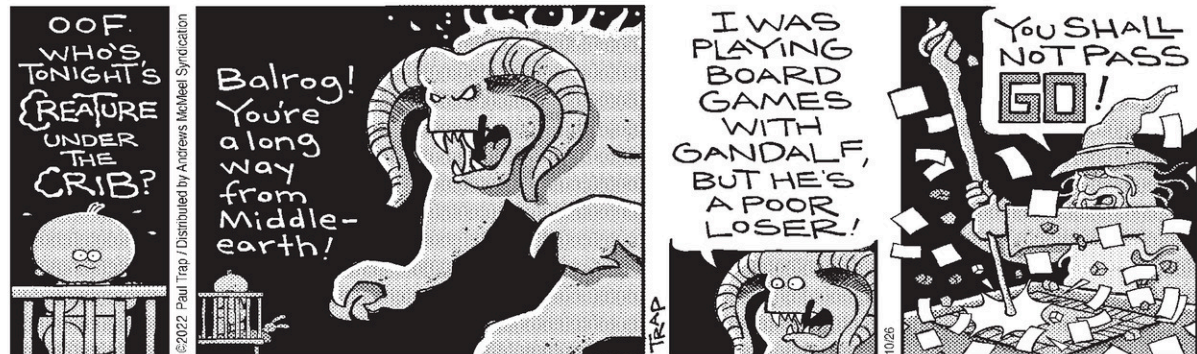
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THE RECORD

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Above all, don't forget your telephone number or address and when respondents may contact you.

SUDOKU

DIFFICULTY RATING: ★★★★★

6	8			3	7		9	
		3	6	5	9			
	5				8			6
1		2				6		
5				2				4
		4				7		1
2			3				8	
			7	6	5	2		
	4		9	8			6	7

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PREVIOUS SOLUTION

5	8	6	7	4	9	2	1	3
4	7	1	5	2	3	8	6	9
2	3	9	6	1	8	5	4	7
6	1	8	3	9	5	7	2	4
3	2	4	1	8	7	9	5	6
9	5	7	4	6	2	3	8	1
1	9	3	8	5	4	6	7	2
7	4	5	2	3	6	1	9	8
8	6	2	9	7	1	4	3	5

HOW TO PLAY:
 Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

FELINE FRIENDS WORD SEARCH

X R D S U W P L M N C H U E Y M V N N Y
 E C E S A H P B S S H O R T H A I R W P
 A D X S M N C V I E L U V X E I T V O J
 H V S I E U A L B R H W I K S N X D R X
 K R X D W M I I J B M T P R E E L O B T
 R D T A M A R H N U D A L S N C C N A A
 V D O B T Y X U K I R V N T A O S S N R
 S T W B E A H W B M S R B X V O J K A O
 K V O H Y B M A I X R S V N A N V O V K
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 N R I A E O C I C A T V O B P Y E R H V
 H A M M D B G A H D V L J U A C R O J B
 L A I P V N V R R I N G T A I L K U W M
 O O B S C H A R T R E U X N L C U W M A
 X O N A R J T N C P S D E L G N A P S T
 P S P G M E R C S Y M X E B W H R S K S
 V C G W H B P A T O T H U G Y D E M R I
 P U E J W A I T C O B A E G E A N H O M
 E R N S Y Y I N T B A L I N E S E C W E
 D L H U C X Y R O N J N P G J C M U U T

Find the words hidden vertically, horizontally, diagonally, and backwards.

- WORDS:**
- | | | |
|------------|--------------|-----------|
| ABYSSINIAN | BURMESE | MAU |
| AEGEAN | CHARTREUX | MIST |
| BALINESE | CURL | OCICAT |
| BAMBINO | DONSKOY | PERSIAN |
| BIRMAN | HAVANA BROWN | REX |
| BOBTAIL | JAVANESE | RINGTAIL |
| BOMBAY | KORAT | SHORTHAIR |
| | LONGHAIR | SPANGLED |
| | MAINE COON | |

NEA Crossword Puzzle

Your Birthday

WEDNESDAY, OCTOBER 26, 2022

skills to help make a difference and set a precedent for onlookers to take note and do their part. Let your actions speak for you; positive change will unfold.

TAURUS (April 20-May 20) – Emotions will be close to the surface. Don't let changes made by others disrupt your plans. Focus on what matters by taking care of your responsibilities. If you love someone, let them know it.

GEMINI (May 21-June 20) – A steady pace forward will get your desired results. Refuse to let someone's uncertainty get in the way. Take pride in what you do, and head in a rewarding direction. You can make a difference.

CANCER (June 21-July 22) – Stretch your mind and push yourself physically; you will do something spectacular. Refuse to let anyone stifle your dreams or force you to the back of the room. Stand up and do your thing.

LEO (July 23-Aug. 22) – Use your intelligence to overcome any dilemma you encounter. Don't expect things to run smoothly at home. A power struggle will catch you off guard if you aren't quick to respond.

VIRGO (Aug. 23-Sept. 22) – A shift is apparent. Head down the path of least resistance and see where it leads. Someone you meet along the way will impact how you think. A lifestyle change will encourage you to branch out.

LIBRA (Sept. 23-Oct. 23) – Learning something new or doing something novel will be enlightening. The people you connect with will give you incentive to follow through with your plans. Impulsive behavior could cost you.

Answer to Previous Puzzle

H	O	N	K		B	A	L	M		P	O	T		
A	L	E	E		E	R	I	E		E	G	O		
S	L	A	Y		A	C	E	D		E	R	S		
P	I	T	I	E	D					I	S	L	E	S
		E	O	N	S			S	A	W				
					G	S	U	I	T		A	R	F	S
Z	I	P			E	L	B	A		G	A	L	A	
E	L	A	N			N	E	R	O		P	O	P	
E	L	L	A			A	X	E	L	S				
					B	B	S			A	C	C	T	
R	E	U	S	E				A	F	R	A	I	D	
O	A	R			I	M	P	S		E	D	N	A	
A	S	A			G	E	R	E		A	G	E	D	
M	E	L			E	N	Y	A		M	E	S	S	

ACROSS

- 1 Marsupial pocket
- 4 Rara —
- 8 Foot warmer
- 12 SHO rival
- 13 Connect
- 14 Kind of molding
- 15 Tummy muscles
- 16 Luxury hotel chain
- 17 Astronaut — Shepard
- 18 Keep an eye on
- 20 Most pristine
- 22 Asian language
- 24 This place
- 25 Earthenware jar
- 28 Weather warning
- 31 Consult a book
- 32 Chips partner
- 33 Decide on
- 36 Marshy place
- 37 "Alice" waitress
- 38 Pro-nounced
- 39 Spock's father in "Star Trek"

- 40 Luau strummers
- 41 Bog material
- 43 DJ's gear
- 45 Loud and rude
- 47 Where Florence is
- 51 Belonging to us
- 52 Desktop symbol
- 55 FBI counterpart
- 56 English queen
- 57 Wan
- 58 N.J. neighbor
- 59 Hardy heroine
- 60 Constantly
- 61 Prompt

DOWN

- 1 Irish playwright
- 2 "Fernando" band
- 3 Break-even amount
- 4 Honolulu hello
- 5 Oomph
- 6 Place to stay
- 7 Bouncy gait
- 8 Went sky-high

- 9 Leering sort
- 10 Desist
- 11 Ohio college town
- 19 Dressed
- 21 Klutz's cry (hyph.)
- 23 Volunteer
- 25 Scepter's go-with
- 26 Durocher or Tolstoy
- 27 Fail to keep up
- 29 Trevi Fountain coins, once
- 30 Port near Kyoto
- 33 Hard wood
- 34 Dessert favorite
- 35 NFL events
- 37 Dye vessels
- 38 Apt. manager
- 39 Talks back
- 41 Wrinkled fruit
- 42 Pulls down
- 44 Ore taker
- 45 Canoe or dugout
- 46 "Ouch!"
- 48 Angus Young's band
- 49 Place
- 50 New England campus
- 53 Cleveland cager
- 54 Bravo, in Barcelona

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WEDNESDAY, OCTOBER 26, 2022

Do not be blind to the available clues

By Phillip Alder

Adrienne E. Gusoff, an author, humorist and greeting card designer, said, "I have often depended on the blindness of strangers."

At the bridge table, even when playing against strangers, do not be blind to the clues that are available to aid your declarer play or defense.

On today's deal, South is in four hearts. West leads the club king. He continues with the club jack; East overtakes with the ace and returns a low spade. How should declarer continue?

If you are thinking that North's three-heart game-invitational response is a slight upgrade, his hand has only seven losers: one spade, two hearts, two diamonds and one club. That is the number for a game-forcing raise! However, with only 9 high-card points, three hearts is sufficient.

South has lost two club tricks. He seems certain to concede a diamond. So, if he loses a spade trick as well, he will fall to defeat. Therefore, the immediate reaction is to try the spade queen. Against competent defenders, though, there is no chance that East has the spade king. If East holds the king, he won't overtake with the club ace at trick two. He will play low, waiting for

North		10-26-22	
♠	A 2		
♥	Q 9 7 2		
♦	K 7 4 3 2		
♣	8 3		
West		East	
♠	K 10 8 7	♠ J 9 6 4 3	
♥	6 5	♥ 3	
♦	J 9	♦ Q 10 6	
♣	K Q J 5 2	♣ A 10 7 6	
South			
♠	Q 5		
♥	A K J 10 8 4		
♦	A 8 5		
♣	9 4		
Dealer: South			
Vulnerable: East-West			
South	West	North	East
1♥	Pass	3♥	Pass
4♥	Pass	Pass	Pass
Opening lead: ♣ K			

his partner to switch to a spade. Given that West has the spade king, declarer's only chance rests in an elimination. He plays the spade five and wins with dummy's ace, draws trumps and cashes his two top diamonds before casting adrift with a spade.

If his luck is in, West will be endplayed. South will ruff his black-suit return in the dummy and discard his diamond loser.

Don't be blind to the valid conclusions from your opponents' plays.