The Examiner

HOBBY RECREATION ENTERTAINMENT GUIDE

Nov. 1957

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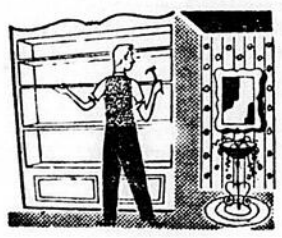
Photography

Models



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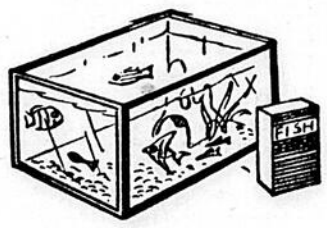
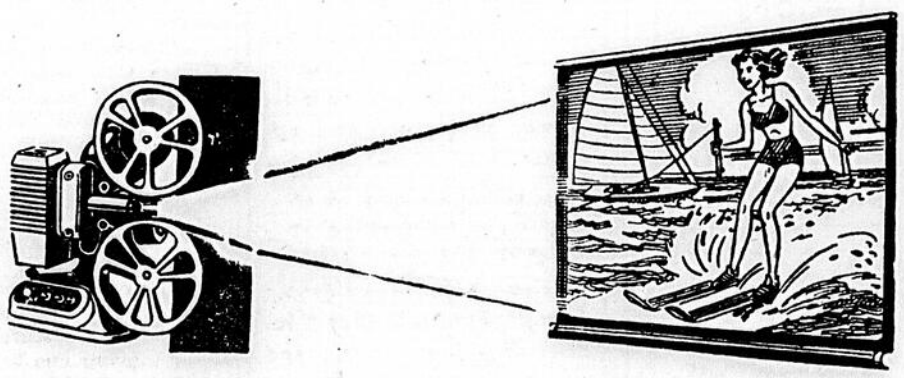


Pets

Stamps



Home Movies

Recreation

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The Greeks had a word for it

The Greeks had a word for it — and translated into English the word is 'play'.

Today we may call it recreation, spare time activity, sport, hobby, or what-have-you, the result is the same. It takes our minds off our worries, and at the same time tones up the mind for a fresh attack on the causes of our worrries.

Variety in play, with an accent on hobbies that bring the use of the hands into the picture, is one of the best cures for a despondent, worried, jittery feeling, so prevalent in modern society.

Play a musical instrument, collect something, get a creative interest — don't wait for happiness, step out and seek it. Well rounded living leads to it. Be reasonable. Seek tranquility. Make your own hobby pattern.

There are several factors that must be present if we are to pursue our play-time with success. They are time, money, space and materials. We must have time in which to enjoy our play, the money for it, space in which to enjoy it and the materials, if any.

Fortunately there are hobbies for every purse, games for the large playroom and the corner of the livingroom, some pasttimes are expensive, others cost nothing.

In this special supplement, there are many suggestions to help you get the most out of recreation.

A business man's hobbies

(by the Royal Bank of Canada)

THE play spirit is an essential ingredient of recreation. The more complicated civililation becomes, and the more elaborate the machinery of living is made, the more necessary it will be to create a temporary retreat from the material obligations of everyday life.

The work we do to earn a living is activity toward an end, and play is activity as an end. At the same time, play is not aimless. Play, fun and laughter are agents of health. They give repose to the usually busy brain centres and tone up the muscles.

The Greeks were the first people in the world to play, writes Edith Hamilton in The Greek Way to Western Civilization. They played on a great scale. All over Greece there were games, all sorts of games. Triumphing generals gave place there to an Olympic victor. To rejoice in life, to find the world beautiful and delightful to live in, was a mark of the Greek spirit which distinguished it from all that had gone before. It was the Greek philosopher Aristotle who gave us a near approach to a psychoanalytic theory of play. He said that in play the emotions become purified of a great deal of the distasteful and dangerous properties which adhere to them.

If there were nothing else done by play, one thing justifies our indulging in it: play helps us to forget our worries and at the same time tones up our minds for a fresh attack on the cause of our worries.

Variety in play is better than concentration on one form of play. The man whose only sport is golf is not using his play instinct to the greatest advantage. Under certain circumstances a game of golf may not be just the right prescription to promote digestion, soothe the nerves and ward off old age.

TO HAVE A HOBBY

To have a hobby is to indulge in some form of play which exercises our hands as well as our brains, and to take a line that cures our despondent, worried, jittery feelings.

The machine age has tended to make our jobs routine. There are so many of us doing single parts of big jobs that we are inclined to feel individually unimportant and insignificant. When we indulge in a hobby through which we see somthing taking complete form under our own hands, then we gain self-confidence and self-respect.

Every person should spend five or six hours a week at some creative task in which he can submerge himself completely. The sense of pressure under one's everyday task can be escaped by riding a hobby vigorously around the cellar.

The hobby should be something in which a person may excel and in which he takes a keen delight. There is relaxation and comfort in doing something for for the sheer delight of doing it. This means, naturally, that one's hobby may change form many times in a lifetime, but even the changes are good, because every one gives us something new to think about, a new approach to the world, a new way of seeing things.

WE NEED A REST

Everyone — even the fortunate man who finds his job challenging and exciting — needs rest, a change from accustomed tasks.

The rest may be a few minutes stretched-out relaxation, on a half hour working at or gloating over the results of a hobby, or a walk, or a whirl at at some physical training apparatus. It may even consist in doing something that the janitor should do, something that demands stretching, cramping, stooping and hammering that exercises muscles. Hanging a picture on the wall, or moving one to a new location, can be restful in this sense of the word.

The trick is to cease using tired muscles and to use others that are well-rested. If, after an hour of dreary toil over the month's bills or the sad state of affairs on the production line, you take a long walk, you are resting as you walk — resting your eyes and mind while working your legs.

While exercise and changed activity are good as restoratives after work, most people wish to do something specific as a hobby. They desire a sense of achievement.

Well, the field is wide. One may learn to play a musical instrument (a Toronto business executive started last year to take piano lessons); or explore space with a telecope or minute life with a microscope (there are astronomy and chemistry clubs in many cities and towns); or watch birds, or collect insects, or probe rocks, or trace the steps taken by explorers and adventurers. Every part of Canada abounds in opportunities for indulging hobbies that carry with them the reward of health-giving activity and mental stimulation.

Out of achievement in a bobby comes the sense of contribution of accomplishment. There can be, also, a feeling of companionship — with others who are engaging in similar hobbies, and with one's family, whose members will be inevitably caught up in our enthusiasm.

When you have something definite and attractive to look forward to, the thought of it will give a glow and a more intense vitality to your whole day.

Tests by neurologists show that mental ability increases as the ability to use the hands increases. A hobby that uses manual dexterity demands clear thinking and the working out of solutions to problems, and success in these gives us a sense of pride and pleasure.

BUT NOT TOO MUCH

A hobby should not become obsessive, either of thought or of time. It should be challenging enough to keep one interested, but not so difficult that one can't achieve something in it; it should not demand so much work that it becomes merely another job.

Some questions designed to help us select suitable hobbies are suggested by Dr. William C. Menninger in his booklet called **Enjoying Leisure Time.** If you can answer 'Yes' to most of them, says Dr. Menninger, you'll know that you are on the right track.

Here are the questions: Will this activity give me fun and enjoyment? Is it within my capabilities ? Can I make the time for it ? Will it meet my social needs ? Can I make the space for it ? Can I afford it ? Can it be continued indefinitely, even after my retirement ?

It should be such a hobby that, instead of dreading our tomorrows we will look forward to them. The choice is as wide as life itself.

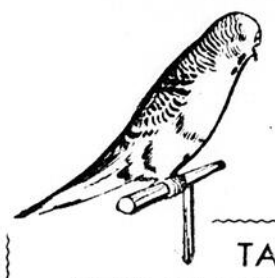
It is never too late to start, but on the other hand there are virtues in starting early. One group of older men wanted to get advice about what they should do to occupy their years after retirement. The group found, by questioning others who had developed active and fascinating hobbies, that they had started early in life. It is not wise to arrive at the first morning of retirement with the idea of starting something then. As much time as possible should be devoted to cultivating enduring interests. It may be necessary to try and then discard several hobbies before the right one is found.

Let it be gardening or pottry, collecting or wood-carving, photography, radio-building, machinist's work, carpentry, painting or anything else, something can be found that will give a sense of self-completion, of creation and of tranquility.

Collecting may seem an inane pursuit to many people, but with a little ingenuity it can be made fascinating and

(Continued on Page 16)

MAKE THIS YOUR Pet SHOPPING CENTER



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Choose your own hobby pattern wisely

HOBBY PREPARED THEM FOR HISTORY: Mrs. and Mrs. A. D.Décarie, and D. Sunderland, west end amateur radio operators found their hobby of years standing really stood them in good stead over the past few weeks as they have been following the path of the Russian first satellite. Now they are listening for the 'beep' of the second cosmic missile with its quota of female husky dog.

Choose your hobby with care — that is the advice of the experts.

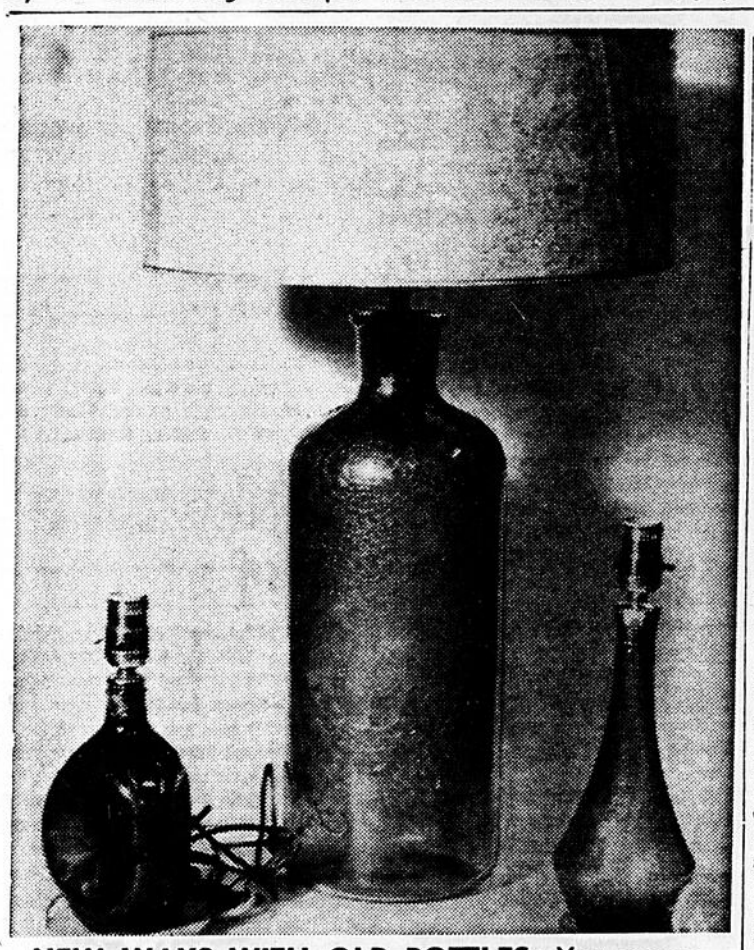
It should be something that you can afford, something you have space to operate in and something that will really relax.

There are many hobbies. Residents are turning to hi-fi and finding pleasure in building their own sets, hooking up their own equipment. Others have made a hobby of collecting stamps, records, books, dolls, coins, china figures — almost anything.

Photography is another hobby that affords hours of pleasure and an opportunity to give full scope to ingenuity and talent.

Many local stores are catering to hobbies of one kind and another. Specialty shops, hardware stores, paint shops, art supply dealers, camera supply shops, book stores, stationery shops, electrical supply stores, sporting goods merchants, pet shops—all are ready to serve you, not only with the equipment you require but with extra know-how that will assist you in obtaining still more enjoyment out of the hobby you have chosen.

Many hobbies are big business — more money is spent on hunting and fishing in this country, for instance, than on any other single sport — more than a half billion dollars last year, Federal Department of Statistics figures reveal.



NEW WAYS WITH OLD BOTTLES: You never can tell where you'll find a hobby. Uncovered in the pressroom of the Monitor Publishing Company recently was J. H. Redshaw, chief pressman, who resides at 4781 Sherbrooke street west. For the past several years now Jack has made lamps like the above out of old but picturesque bottles. The one in the middle, above, is his largest to date and he's keeping it as a T-V lamp. To drill the holes for the lamp cord, he used a master-drill and says there is little danger of the bottle cracking if you lubricate with turpentine. In filing the hole after the drill work is through, he warns, turn the file counter-clockwise. Jack paints the interiors in startling shades and selects matching shades.

STAMP COLLECTING

by Jack Spier

Stamp collecting, the "Hobby of Kings and the King of Hobbies" is enjoyed by more people than any other hobby. There are about 1,000,000 collectors in Canada, from beginners to super-specialists with hundred of stamp clubs scattered all over the country.

Stamp collecting gives you the thrill of visiting romantic adventurous countries without moving from your own chair. Names like Eastern Rumelia, Cambodia, Ryukyus and Saudi Arabia soon begin to have a familiar ring to them. The seasoned stamp collector of philatelist quickly points them out on a map with the gain in geographic knowledge comes a painless form of acquiring historical knowledge. Ask the collector of U.S.A. stamps and he'll most likely dash off the American presidents in their correct order of presidency since Franklin.

Other qualities acquired are the ability to learn foreign exchange currencies, to learn customs and traditions of peoples all over the world. There isn't a field that is covered by these little travelling billboards, whether it be sports, astronomy animals, art, science or medecine, stamps will cover these subjects and more.

Stamp collecting is a visual hobby which somehow satisfies the busy executive "who has no time for anything" or the retired person who wants something to take up his time. For the youngsters, it teaches them to be neat, clean and tidy. For the adult it takes them into another world of fact and fantasy, from which nobody dare disturb. Collect stamps and see the world.

The original yellow green shade of the 1938 King George VI 2s. stamp of Cayman Islands is disappearing from dealers' stock books. Make sure that a copy is in your collection. The stamp will always be a useful one to have from the ever-popular West Indies group. But because it is a shade variety — the tip is for a mint copy.

★

Automation is bringing a new kind of fringe benefit. Workers in an automated British oil refinery see so few human beings that they have demanded "lonely money."

See the new Rolleicord and Rolleiflex Models now on display at

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'Y' offers recreation, hobbies for all

The Notre Dame de Grace Young Men's Christian Association has been in operation since 1929. Since its start nearly 30 years ago, the NDG-YMCA has seen thousands of local youngsters and adults take part in programs and activities which have catered to the interests and needs of its membership.

As boys and girls and adults passed through the gamut of "Y" activities during these years, many changes took place in both the physical facilities of the local "Y" as well as the program content itself. The one thing that remained and still remains as the essential genius of the YMCA is its concern for the individual people who make up its membership and its leadership.

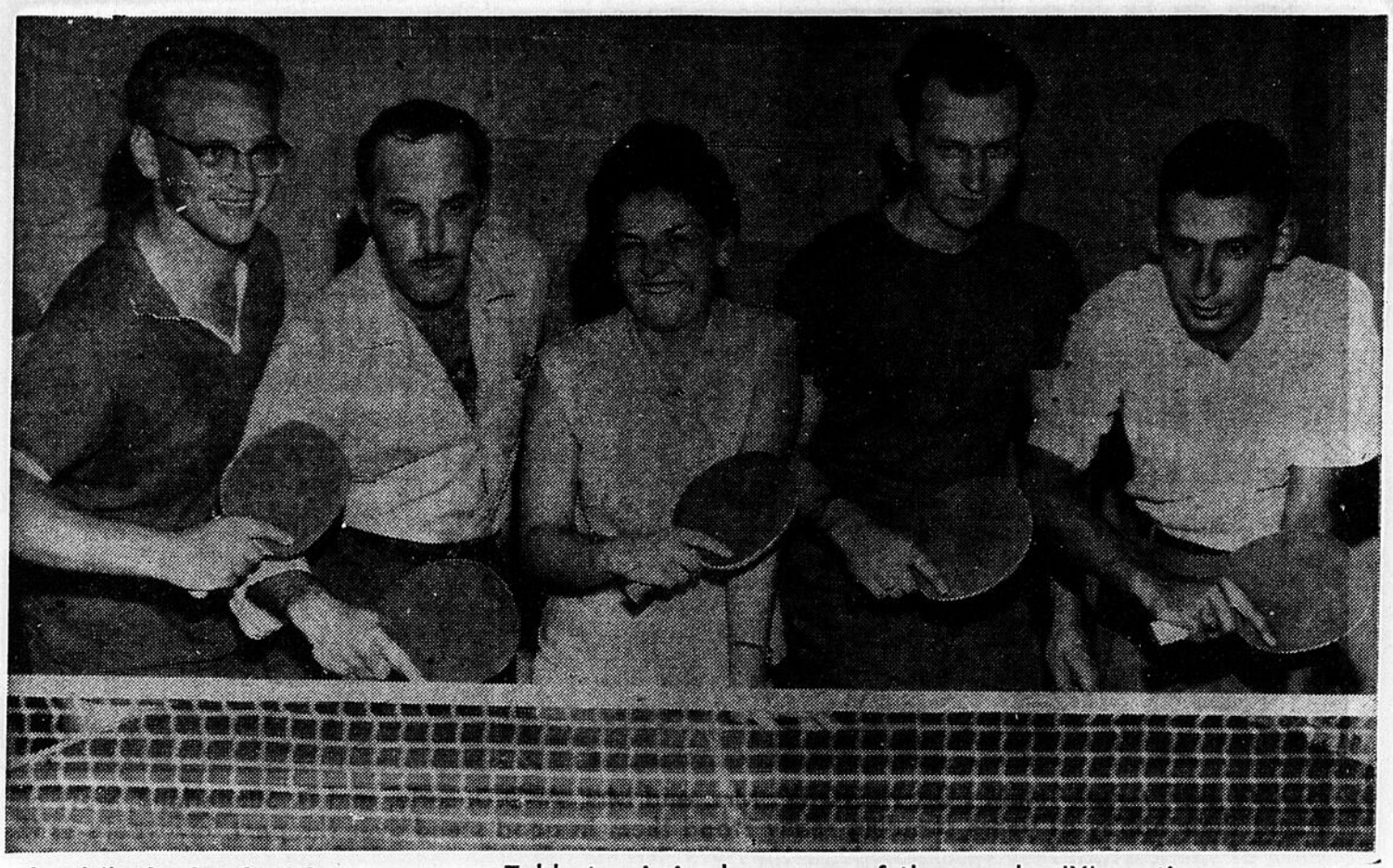

Table tennis is always one of the popular 'Y' pastimes

The opportunity for people, young and old, to learn something, acquire skills, enjoy their participation and to assume responsibility as enthusiastic supporters of the Association has long been the key of the YMCA's success. In Notre Dame de Grace today, the YMCA is providing many boys and girls, adults and families with the opportunity to participate in activities in which they are interested and to make wholesome use of their leisure time.

VARIED PROGRAM

Programs in physical education, citizenship training, skill-interest groups, club activities, informal education and service and leadership activities are some of the ways which the YMCA helps to develop the individuals who make up the "Y".

Volunteer leaders and responsible laymen who work with the YMCA's professionally trained secretaries provide the foundation of the work of the YMCA in the community.

The needs and interests of the members are the main factors which determine the programs and activities that are offered.

The activities that are currently being offered at the NDG-YMCA for boys and girls include the following: swimming and instruction, archery, basketball, gymnastics, badminton, arts and crafts, photography, model airplane and model railroad building, diving, chess, table tennis, dramatics and play acting, Hi-Y, and Gra-Y clubs, body building, father and son and mother and daughter events, Saturday movies, stamp club, Saturday night, teen-age dances, ornemental swimming, tap and ballet, frienship clubs, co-ed club and special events.

Adult members of the NDG-YMCA and local adult residents of Notre Dame de Grace have many activities to choose from the "Y" program. The activities for adults include: badminton club, bridge club, tennis club, basketball leagues, business men's health class morning ladies health club, chess club, table tennis club, Y's Men's Club, Scottish Country Dancing Club, bowling league, swimming and swimming instruction, life saving, skin diving, body building, floor hockey, volleyball, handball and squash, weigh lifting, ladies slimnastics class, beginners bridge instruction, ceramics, conversational French, cake decorating, class, effective public speaking, painting and sketching, golf clinic, So-Ed, weekend trips and outings and special events.

Complete details on program and membership fees is available at the YMCA, 4335 Hampton avenue by calling EL. 7315.

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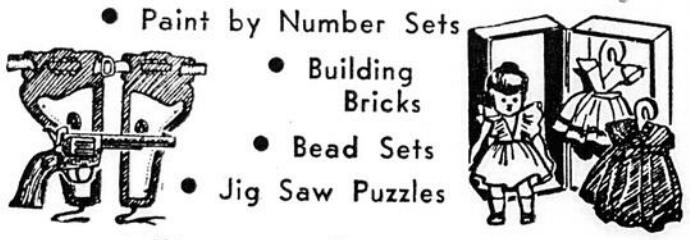

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Westmount "Y" program

When Johnny is born he becomes a member of his family group.

Then he learns to walk and to talk and his friendship circle expands to include playmates and Johnny becomes a contributory force in the life of his community.

He is a contributory force because what he does and says affects the lives of others.

In our western civilization groups to which Johnny will eventually belong are many and varied. From his family, to the neighborhood, to school, to the business world, to service clubs and perhaps someday he will be an honored group member of our governmental system. He cannot avoid group contact and he must learn to mix successfully in a group situation.

This theory has provided the basis for a gradual change in programming at the Westmount YMCA. Every effort is now being made to have each child belong to a group of 8-12 children who hold regular meetings under the supervision of a trained adult advisor. While this plan is in an embryonic state as yet, several clubs have been formed to date. Listed among those started are a boys Jr. Hi-Y Club, Y's Teen Club executive, a skin divers club, a Co-Ed Sr. Hi-Y Club (3rd in Canada), a camera club, a Boys "Y" Technical Electronics Club, a Friday night Jr. Hi-Y mixed club program, a swim club and team, a leaders corps, and a Jr. Service Corps. Some of these are interest clubs and the membership is drawn from children with a particular interest, others have as their basis a friendship group and their concerns centre around the helping of other people.

All clubs, however, have these factors in common; they learn to conduct and participate in business meetings, they devote a portion of each meeting to worship, they have as an advisor someone interested in helping children and willing to sacrifice time and effort in furthering this interest through the group medium.

F. J. Hawkes, Youth Work Secretary at the Westmount YMCA, is in charge of this new program and would like to invite enquiries regarding this type of experience to be made to him at WE 7-3916. Some "Y" Leaders are trained and awaiting clubs to advise but more leaders are needed. Also every effort will be made to accommodate groups of Westmount children even though they are not "Y" members. Maybe your boy or girl is a member of a neighbourhood group that could benefit through association with a trained Christian leader.

Southwestern for the family

The history of the Southwestern YMCA is vitally linked to the history of Verdun. From 1929 — through the depression days, followed by the services to the Armed Service Personnel; the post-war needs of the Second World War — Southwestern Y and the citizens of Verdun have progressed together.

Southwestern YMCA continues today to meet the needs of youth and members. The Y throughout its history has had to change its methods to meet the changing times. But it has never compromised on its basic purpose of building Christian and democratic citizens. Many people think of the Y as only a place to learn how to swim, or play basketball, learn a craft or hobby, or attend a well-run camp. But this is only part of the purpose. Such goals are important. But far more important are the worthwhile values boys, girls, men and women learn when they associate with other members, volunteer leaders, and staff in any YMCA situation.

Recreation is accepted today

(Continued on page 15)

YOUNG MEN and WOMEN!

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For a schedule and folder containing further information call the YMCA nearest you - soon!

Notre Dame de Grace YMCA

4335 Hampton Ave. **EL. 7315**

Southwestern YMCA

1000 Gordon Ave. Verdun PO. 9-3807

Westmount YMCA

4585 Sherbrooke St. W. WE. 7-3916

Darts are popular at the British Inn

Down the ages the British have required more of an inn than just a bed, and adequate food and refreshment. They have made the inn a centre of social life, a place where they go to be entertained, a place in which to talk with friends, to organise sports and to play games. At least two of the oldest and most popular sports, horse-racing and cricket, were nurtured in the convivial atmosphere of the inn.

The Bat and Ball Inn at Hambledon, Hampshire, with its famous cricketer-landlord Richard Nyren, was the first home of cricket as we know it today; though at the Beverlie Inn just outside Canterbury, Kent, they play an early version of cricket, Bat and Trap, as their ancestors have done at the same inn since 1570. But many games are still almost exclusive to the inn parlor, where they were first devised as pastimes for the long winter evenings.

The most popular inn game of all is darts, a kind of miniature archery contest without the bow; but there are many adherents also of shove ha'penny, a game played with five discs on a wooden board, polished glass-smooth with years of use, and dominoes — the click of the dominoes mingling with the thud of darts landing on their target is a familiar sound in the bar parlor above the cheerful buzz of conversation. If you show interest in these games, the experts will be only too glad to teach you the intricacies of cribbage, the traditional card game of the inn parlor, or the right way to throw a dart. An important point about inn games is that no money hangs on the result; the loser usually stands the next round of drinks usually in "pints".

SPECIAL GAMES

Many inns have their own special games, like the Freemasons' Arms at Hampstead, London, which has in its garden a court for the playing of Mell, a game which was very popular in the seventeenth century and involves the use of long hoop-ended poles to throw heavy wooden balls.

There are a number of skittle alleys at inns in various parts of the country, including the Black Lion at Hammersmith,

London, the Methuen Arms at Corsham, Wiltshire, and the Bull's Head at Syston, Leicestershire. The ball used in skittles is generally called the 'cheese'. At the Bell at Tilney All Saints, Norfolk, they play penny-in-the-hole, the object of which is to throw heavy eighteenth-century pennies through a hole in a block of lead. At the Greyhound at Tinsley Green, Sussex, the game of marbles is taken very seriously. Here marbles players from all over Britain, and even some from abroad, come to compete in the British Marbles Championships which are held on the special marble 'beds' outside the Greyhound on Good Friday every year.

At the George Inn at Southwark, in south-east London, the plays of Shakespeare are performed on summer afternoons in the galleried courtyard; and there are, too, the Taverners, a group of actors who, like the strolling players of earlier days, perform Shakespeare's (and Shaw's) plays in the courtyards and parlors of inns and taverns before the most responsive audiences they could wish for.

The first thing to greet your eye when you arrive outside an inn is the signboard. However attractive the building itself may be, it is the painted sign hanging outside its windows that, more often than not, makes the most immediate impression both on the eye and the imagination.

INN SIGNS

That is the whole purpose of an inn sign. If it does not attract the passer-by and arrest his attention by its gay colors or its intriguing subject matter (or both), then it can hardly be called a sign at all; it is merely a board proclaiming the name of the inn.

If everyone had been able to read in the early days when inns were first establish along the highways of Britain, it is likely that we should now have no painted signboards to delight our eyes every few miles as we journey through the countryside. But in the Middle Ages it would not have been sufficient for an inn merely to have its name written over the door, as do our modern hotels, for very few of its potential customers would have been able to read it. The Red Lion Inn therefore had to have a picture of a red lion displayed outside its premises in order to ensure that no one drifted into the Blue Boar or the Saracen's Head by mistake. Even to-day we still come across many inns which bear no name outside, but merely a picture, just as in medieval times.

Fortunately the tradition that a good inn must have a good sign established itself so firmly that, even after the ability to read became widespread throughout the kingdom, the art of sign-painting never lapsed and is flourihing to-day as strongly as ever. Only a few months ago Peter Scott, the celebrated artist of bird-life, painted the sign for the little Wild Duck Inn at Ewen in Gloucestershire.

The first inn-sign of all was a "bush" — a bunch of ivy or vine-leaves, symbolical of Bacchus, hung outside the early alehouses to distinguish them from ordinary cottages or dwelling-houses. ("Good wine", says the old proverb, "needs no bush"; no doubt the crowd of eager customers lining up outside the door was sufficient advertisement.) But when a town or village became important enough to justify more than one tavern, it was no longer adequate merely to hang out a bush, and the proprietors had to think up distinctive names for their establishments. Some of these might have a religious significance, such as the Salutation (of Our Lady), the Angel, or the George (after the patron saint).

COAT-OF-ARMS

Other proprietors, seeking the patronage of the lord of the manor and its attendant prestige, would adopt the coat-of-arms of the noble family who lived in the nearby castle or mansion (the Bedford Arms at Woburn, Bedfordshire, for example, stands just outside the gates of the Duke of Bedford's domain); and thus it was that all the strange beasts of heraldry crept into the wayside picture gallery — griffins and eagles, unicorns, white harts, blue boars, lions of all colors. Inn proprietors liked these creatures, because they made effective pictures.

Some inns aimed higher, and proclaimed their allegiance to the throne by such names as the Crown, the King's Head, the Feathers (the device of the Prince of Wales) and — after Charles II's escape from his pursuers in 1651 by hiding in an oak-tree — the Royal Oak. Carefully preserved in a place of honor in the Royal Oak Hotel at Bettws-y-Coed, Caenarvonshire, is the signboard painted by the famous landscape artist, David Cox, during a visit there in 1847.

To-day the variety of inn signs is legion, and it becomes even greater with the passing years. Some of them have a poetic charm, like the Rose Revived and the Ring o' Bells; some take their names from great men of history, like the Lord Nelson and the Duke of Wellington; there are animal names without number, from the Tabby Cat to the Elephant: and many that will puzzle the uninitiated. One signboard at Chatham, Kent, displays a portrait of King George V, and underneath is written the name of the inn: The Ordinary Fellow.

Probably very few even of its regular patrons still remember how King George, moved by the demonstrations of affection that greeted him at his Silver Jubilee in 1935, turned to a friend and said "I can't understand it; after all, I'm jut an ordinary sort of fellow".

LONDON—If you want an informal but warm introduction to the people of London there is no better starting place than the local pub.

Presided over by rosy-cheeked barmaids or landlords who look like close relatives of Pickwick, the pubs — with their timbered ceilings and firelight flickering from shining tankards — provide a place for the most friendly discussion groups in the whole world.

Not so much a bar as every-man's club, pubs serve strong drink as an adjunct, and not necessarily as a stimulant, to lively conversation.

Some were patronized by giants of conversation such as Sam Johnson, Hogarth and Dickens. Others have no particular claim to fame. But the convivial atmosphere is common to all. Over a pint of "mild and bitter", or just a soda, it's easy to make new friends and learn a great deal about British people.

If you stay in a hotel in the center of London, stroll over to the "Running Horse", and the "Bunch of Grapes" or the "Shepherd". All three are in Shepherd's Market, a small enclosed square off Piccadilly.

TALK TOPICS

Sports, politics and the weather are primary pub topics. If you seek controversy with a sharper edge try the "Cheddar Cheese", on Fleet Street, patronized by newspapermen. The "Star" tucked away in Belgravia and the "Nag's Head" in Covent Garden cater to the theatre world.

There are more than 4,000 pubs in London, according to the British Travel Association. Each one seems to have its special flavor. For spicy cockney humor, try Charley Brown's in Limehouse or the "Elephant and Castle", in Southeast London.

Pubs are open generally from 11 a.m. to 11 p.m., with the exception of a few hours in the afternoon, sometimes from 2.30 to 5.30 p.m. Many serve excellent hot lunches for as little as 80 cents.

The price of beer runs from 10 cents to 18 cents depending on the type of brew you order. There are five chief types: "bitter", "pale ale", "mild", "stout", and "Burton". Bitter is a golden draught beer, made of high-grade malt. Pale ale is similar, but is sold in bottles. Mild is a dark, full flavored draught beer, brewed for quick consumption. Stout is brewed with roasted malt barley. Burton is a strong ale of the bitter type. Mild and bitter, a fifty-fifty mixture of both brews is one of the most popular drinks. All are served at cellar temperature to preserve their body and fine flavor.

PRICES VARY

Visitors from overseas are sometimes puzzled by discovering two entrances to pubs, one marked "Saloon Bar", the other "Public Bar". The pewter is brighter and the oak wainscoting finer in the former, but the more lively of the two is the Public Bar where the beer is a penny or so cheaper. The Public Bar may have a scrubbed wooden floor instead of the Saloon's plush red carpets and mirrors but the patrons of the Public Bar seem to have more fun, primarily as a result of games, such as skittles, darts and shove ha'penny which are set up for the customers. The British gladly introduce Canadians into the art of darts and shove ha'penny, the latter played by sliding half-pennies (small coins) up the full

(Continued on page 28)

SMILE FOUNDATION

Teeth should be helped to grow to maturity and then cared for so that they may last their normal lifetime. The baby teeth are more important than most people realize, since upon their condition depends the health of the second or permanent set. If the first set is crooked or allowed to become decayed, the second may grow in unevenly and also subject to cavities. A child should pay his first visit to the dentist at the age of three, at which time many small children's teeth require repairs.

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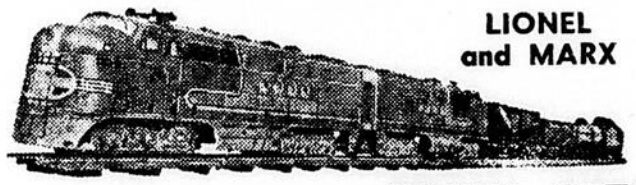

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A hobby can be just the thing to help a housewife through trying times.

Art can be a family hobby

Art gallery visiting is one family activity that has everything — pleasure, learning, variety, a lot for nothing and a little for a comparatively slight expense.

The 5-to-9 children in the family may enjoy the drive to the gallery more than they will the old masters, but it is never too early to sow the seeds of an appreciation of art. The 9-to-12 agers, however, will probably start the trip in black dejection, figuring they would rather have done a great many other things, but this mood of despair usually wears off quickly once they are faced by some of the pictures, and they really appear to be enjoying themselves.

When you enter the hallowed halls of the art gallery, here is one bit of advice. Don't try to steer the children too much. You may have started out with a definite type of art in mind, but don't press the point. The children will normally find the type of pictures they like best — as a compass needle points true north.

Some members of the family may prefer paintings that are associated with their hobby interests or budding concern — be it science, mechanics, world affairs, history or the undraped form. The smaller ones may show a decided preference for things like skeletons, the drinking-fountain, death-masks, escalators or the public rooms.

And be ready to answer ques-

(Continued on Page 10)

Here's occasional table and it has inlaid top

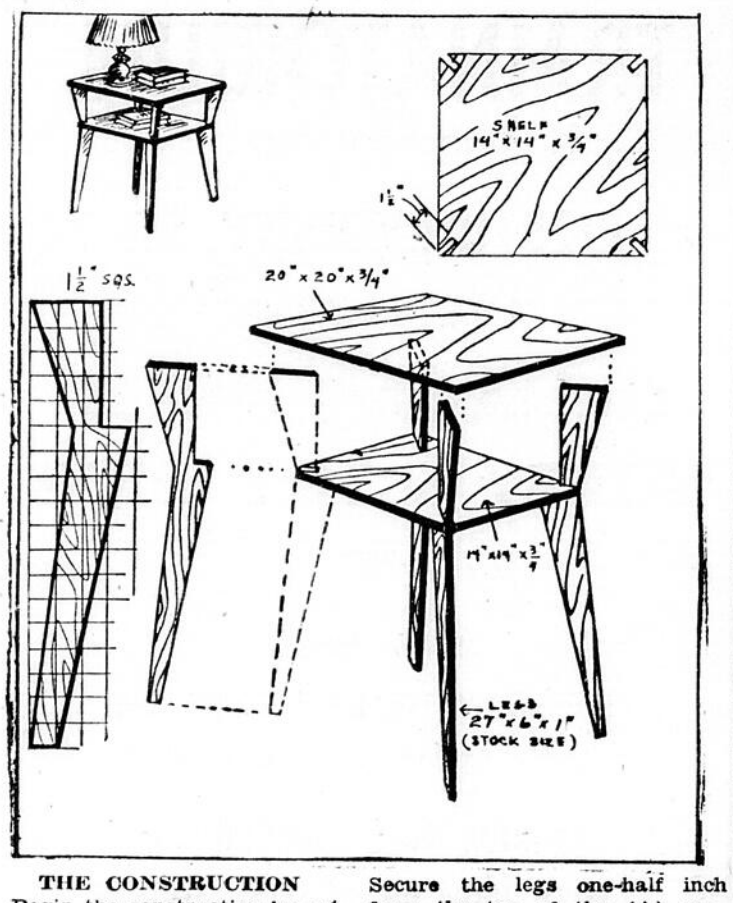
Here's an occasional table with an inlaid top. The craftsman will find the table will be attractive in any room in the house. The center top could be covered in leather, plastic or contact paper with a self-seal back. The project will take several evenings of good woodworking, and the turning of the legs and the stretchers will give the craftsman a great deal of pleasure using his lathe. If the craftsman does not have a lathe, by all means buy legs already turned and use dowels for stretchers. He could also use square 2" by 2" legs.

Stock used may be mahogany, pine, maple, cherry or any other stock available. Tools needed are a hammer, hand saw, drill and a turning lathe.

MATERIALS NECESSARY

4	18" x 3" x ¾"	(A) Sides (stock size)
4	36" x 2" x 2"	(B) Legs (stock size)
4	11½" x 1½" x 1½"	(C) Stretchers (stock size)
1	16½" x 16½" x ½"	Top

In addition to the above you will need glue, finishing nails and leather, plastic or contact paper for covering the top.



THE CONSTRUCTION

Begin the construction by cutting all of the segments to size and shape. Lay out the legs and stretchers as shown, using 2-inch squares. Do this directly on the wood or on paper and then trace the pattern on to the wood. When this is completed cut them to size and shape, too. Then sand all segments smooth, fill with liquid wood sealer and polish.

Begin the assembly by securing the four (A) sides segments together, using glue and finishing nails. (Notice the corners of (A) segments are mitered.) When this is finished, secure one (C) stretcher in place between two legs, then another between two more legs with glue. Then put the other two in place in the same manner. Now secure the legs in place inside the (A) side assembly with glue and finishing nails, countersink and fill. Secure the legs one-half inch from the top of the (A) segments, this leaves room for the top to fit in.

Now secure the material you have chosen for the top and glue to top in place. The finish of your table may be varnish, varnish stain or enamel.

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Revell plastic kits spur toy industry

The Do - It - Yourself craze that swept Canada a few years ago leaving thousands of bruised thumbs, half finished Hi-Fi sets and plumbing fixtures that resembled Chinese puzzles in its wake is slowly fizzling out.

It brought prosperity to the repair men and the fly-by-night manufacturers of the kits. Now however the catch word is make-it-yourself. The craze has spread in a new direction and by all indications it is here to stay. Reasons: the kits are of plastic and the instructions easy to follow.

Revell is the name of the firm that manufactures these fascinating and ingenious cement and fix-together kits. The name itself does not mean anything, it just sounded good to the man who had the original idea, Lewis H. Glaser, president of Revell Inc. If you think that nothing good can come out of TV then pay attention to the success story of Mr. Glaser. Some years ago he owned a small plastic toy factory which was not exactly booming.

One night while watching a show on TV the comedian, in this case Jack Benny ordered his straight man Rochester to bring around his Maxwell car, an idea was born in Glaser's mind. Why not manufacture a plastic model of Benny's Maxwell. He did and sold a quarter of a million the following spring. But eventually the market became saturated. Glaser soon hit on another bright idea. Why not manufacture plastic parts and let the customers put cars together themselves.

That was the start of a unique industry and a success story. The car-kits proved an instant hit as he soon branched out into new models ships, aeroplanes, tanks, automobiles, guns and trucks. The secret of the fabulous success of the models is that they satisfy a hidden creative urge in the users to make something pretty and lasting with their own hands.

PLANNING

Although the idea to manufacture plastic put together and cement-kits flashed into his mind without any apparent effort, it took a further two years of planning and organization to transform the idea into reality. While doing so he ran into the red to the extent of half a million dollars but by the end of 1952 the idea was catching on. He added a whole fleet of antique autos to the orginal Maxwell and he has never looked back since then.

Since that time Revell has sold some 65,000,000 hobby kits and sales figures are still soaring astronomically. Prices range from 79 cents to $2.98. His staff has expanded from the original small nucleus to well over 1,000 with factories located all over the U.S. and even on Continental Europe, at forty Lewis Glaser is a millionaire.

Before Revel's models hit the market, plenty of balsawood kits were on sale. They did not catch on with the public because they were complicated and required a lot of time, patience and skill. The plastic models suffered from none of these drawbacks and had three main attractions, they are easy to put together, instructions are simple and easy to follow, large blown-up diagrams show exactly how all the various parts and components dovetail. Anybody can assemble a kit in half an hour while the more complicated types take about two hours at the most.

Parents buy the kits for children because they feel they have an educationl value. They provide relaxation and training for young and old alike. The most attractive thing about the models is the amazing accuracy of their design. Models of tanks and planes are realistic and accurately proportioned.

A recent survey conducted by an internationally famous Boy Scout magazine disclosed the extent to which this new hobby has gripped the U.S. and Canada. Plastic model making is rated the number 1 hobby among American boys, putting into the shade such perennial favorites as space ships coin and stamp collecting and even whittling. Revell has supplied over 100,000 copies of its booklet Do-It-Together, which was prepared for women's clubs and other community organizations.

CREATIVITY

A famous psychologist explained it this way. "Hobbies and construction toys help fulfill a need for individuality and creativity. This permits one to enjoy the quiet satisfaction enjoyed by home craftsmen before the industrial revolution took construction out of the home and onto the assembly line. These kits are also used by occupational therapists in the rehabilitation of crippled and injured children.

Apart from their entertainment value they are not to be regarded solely as toys. Army public information officers use the models when explained dispositions of armor in the Atlantic Alliance to natives of small towns and villages in Europe. They are also used to explain the Western way of life to people in the Far East who get a much better idea of what a certain auto or aircraft looks like by examining a scale model.

In order to maintain the high standard of accuracy in all the models Revell employs a special staff of specialists and experts Precision workmanship is also a characteristic. Blueprints, sketches and photographs from the Navy's bureau of ships, and from Aircraft manufacturers are obtained and studied carefully. Skilled workmen see that the plans are scaled down to the required size. The highest standards of accuracy are required.

Historical items are carefully studied in libraries and museums. When Revell obtains plans of the latest cars, prior to public announcement, they are required to sign pledges of secrecy. The manufacturers know that a glimpse of the Revell scale model would tell competitors all they wanted to know.

HIGH STANDARD

Glaser himself has announced that he would rather lose money on a certain model than sacrifice the high standards he has set for his companies. Although today there are more than 100 items on the hobby market manufactured by Revell, ideas for new models flow in by mail every day. All these ideas are carefully screened by the Nev. Products Evaluation Board consisting of ten experts. If an idea appeals to the board, it is turned over to the vice-president in charge of engineering, who in turn hands it on to highly skilled model makers who whittle and carve original miniature models. Working from blue prints they will spend up to 800 hours experimenting on a single model.

The model is then passed on to the tool and die department where craftsmen skilled as watchmakers and precise as etchers translate the models into steel molds. Accuracy is carried to incredible extents. Bootlaces are put on human figures only one inch tall and rivets on the fuselage of an aircraft 12 inches long. This explains why it takes from 2,700 to 7,000 hours to make a single model.

After the mold is completed, a process which in some cases can cost up to $100,000 or more, hot styrene plastic is forced under pressure into it. Though a complicated item like a battleship may have 170 different parts one model can be baked every 26 seconds. First runs of any models run to a quarter of a million, but if the demand requires two or three are cast. Revell's most popular item is the U.S.S. Missouri which first appeared on the market in 1953. Sales have been increasing every year. Other popular items are a P.T. boat and a Sabre Jet.

Glaser does not like to describe his product as a toy but department store executives and toy shop proprietors all over the country are unanimous about one thing. Revell has revolutionized the toy and model business. What was once essentially a pre-Christmas rush trade has now become standardized as a year round staple commodity.

Toy train inventor happiest tycoon

Few toys afford as much pleasure as trains— for the boy and for the man.

There have been countless jokes told about the man who bought a toy train for his child — and the lad never got a chance to run it, daddy was too busy at the controls. Myriad cartoons have been turned out on the same subject.

There is a great general truth behind them — there are many barrels of fun in every toy train.

Since he invented the toy electric train in 1900 Joshua Lionel Cowen has regarded every boy who owns one as an individual responsibility. He gets many letters every day. They are usually addressed 'Mr. Lionel' and they almost always end 'your friend'. He answers them all.

Probably there is no happier tycoon alive than the founder of the $25,000,000 Lionel Corporation. He is over 75, looks 60 and at the suggestion of his doctor has slowed down to a pace usual with a man of 45. Many inventors have come up with boons to mandkind, but very few have been personally responsible for such sheer joy in so many different kinds of people in so many parts of the world as J. L. Cowen.

TRAINS IN TIBET

Lionel 'boomers" are usually in the 7 to 14 age bracket but these are by no means firm limits. Not too long ago Mr. Cowen received a letter from a lama of Tibet — to express his pleasure and satisfaction at the way the Lionel trains were performing in the layout at the lamasary.

One reason for the success of the Lionel trains is the effort that is made to produce the

(Continued on Page 25)

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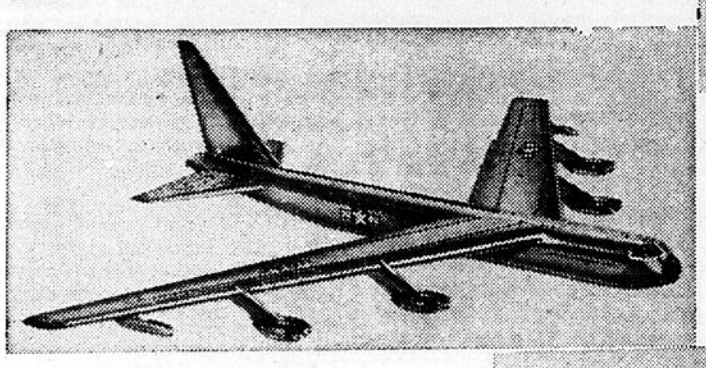
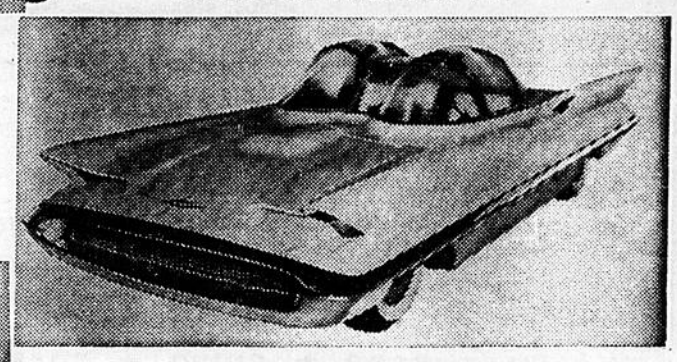
LOCKHEED SUPER - G CONSTELLATION

Cruises along at a smooth 327 m.p.h. Revell's model of the big Connie has fully detailed landing gear, 4 engines, separate passenger door,, life-like pilot figure and authentic Eastern Airlines decals. Wingspan: 11⅝". .. $1.50



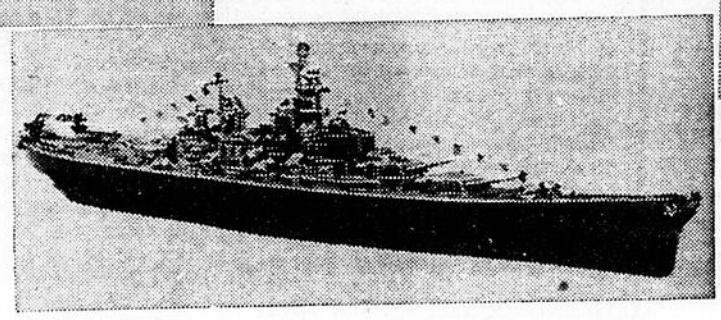
BOEING B - 52 STRATOFORTRESS BOMBER

Security regulations restrict exact details, but it is known that it will carry an approximate bomb load of 75,000 pounds. Equipped with four twin jet pods and two wing tanks, Revell's B-52 model has swept wingspan of 13". Clear nose & tail section canopies are detailed. $1.50



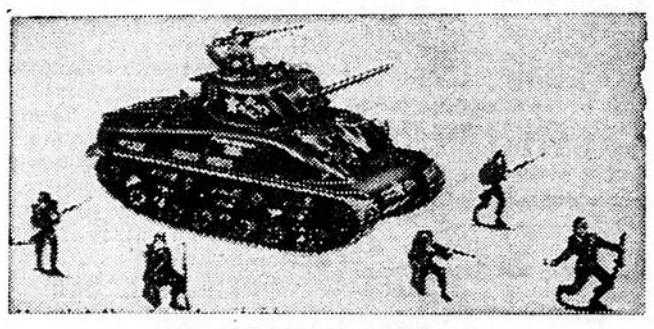
LINCOLN FUTURA

An Experimental "Dream Car"! Futura has been described as a $250,000 laboratory on wheels; embodies many features that may be incorporated in future family cars. The Revell model has a transparent canopy and deeply hooded headlights. Exterior chrome parts and steering wheel are vacuum metalized. Over-all length: 8½". Two life-like figures included in the kit $1.95



BATTLESHIP U.S.S. MISSOURI

Revell's 20-inch scale model of the "Mighty Mo" is realistically detailed with full superstructure, twenty 40 mm anti-aircraft guns, ten 5-inch gun turrets, three 16-inch gun turrets, radar screen, and crane and catapults for launching the two Navy seaplanes. $3.00

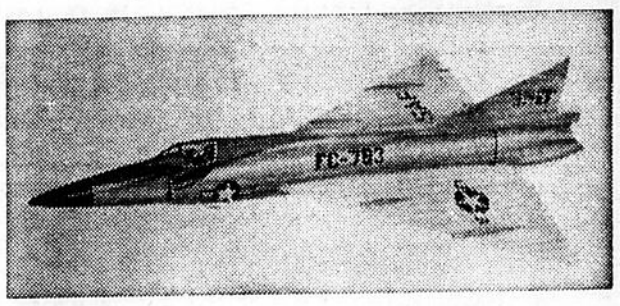


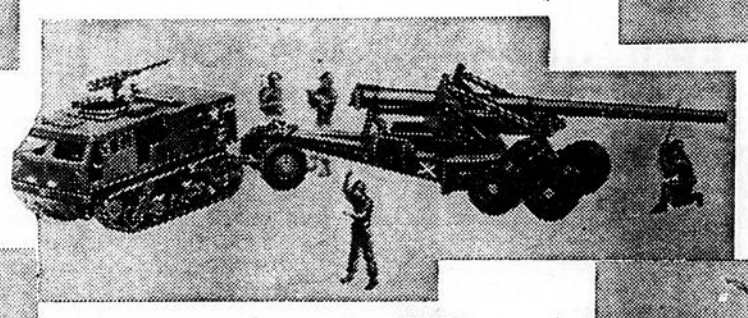
M4 SHERMAN TANK

U.S. Army Ordnance Tank! The M4 Sherman was the principal medium tank used by the U.S. Army in all theatres during W.W. II. Revell's 7¼-inch model has movable suspension wheels and tracks, 75 mm turret gun and .50 cal. machine gun, .30 cal. machine gun, 3 hatches with hinged covers, front periscope. $2.25

CONVAIR F - 102A

Around The Clock Interceptor! Supersonic performing, guided missile carrying Convair F-102A is one of the most advanced planes to come off the drawing boards. The F-102A's delta wings with upswept tips are scaled from 38 feet to 6" in the model. $1.35



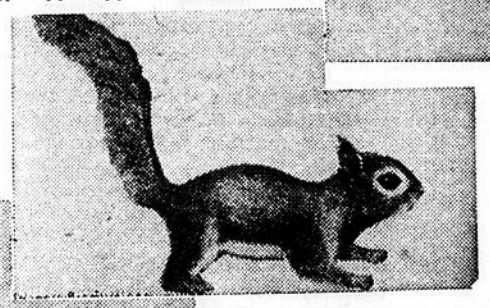


"LONG TOM"

Revell has precisely duplicated the famous big gun and its M-4 high-speed tractor in a 17" model that features many moving parts. M-4 tractor has real moving caterpillar treads. Kit includes a 5-man artillery crew $3.00

FLYING CLOUD CLIPPER SHIP

Features fully contoured plastic sails and pre-assembled ratlines. Length: 12". $4.50



PERRI

Perri- wild-life star of Walt Disney's true-life adventure movie, reproduced by Revell in a remarkable, life-like model-to-make. Perri has realistic furry coat and bushy tail, life-like eyes and whiskers. Step by step instructions, cement-fur fix, brush, and 3 bags furry coat included in kit. $3.00

SIKORSKY S - 55 HELICOPTER

As dramatic looking as the prototype, Revell's S-55 Helicopter has Quadricycle landing gear and is completely detailed. Inside the clear fuselage window can be seen the instrument panel, control sticks and life-like figures of pilot and officer. 13" rotorspan. .. $1.35

The models illustrated on this page are ONLY 10 OF OVER 100 DIFFERENT MODELS that are available. For easy assembly and authentic colors be sure to use REVELL CEMENT and REVELL'S big new 12 bottle PAINT SET. Ask your local REVELL dealer for his latest REVELL CATALOGUE.

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Visit of Queen Elizabeth highlights certain stamps

Of all the recently issued Queen Elizabeth II news denominations, the 1s. 7d. stamp of Australia is perhaps the least used on commercial mail to Canada and the U.S. Incidentally, this stamp covers the combined basic internal and Commonwealth letter rate and registration fee. As few registered letters reach Canada and the U.S. by surface mail from Australia (correspondence of this nature normally warrants use of airmail), collectors should make sure that they obtain a fine used copy as soon as possible for the price of a used copy in the States, and Canada will more than likely increase during the next two years rather than go the other way.

The Silver Wedding commemorative series of Great Britain and the Crown Colonies of 1948 were severaly criticized by collectors the world over as an unnecessary issue. Some even went further than that by saying that the prime purpose of the whole set was to obtain American dollars rather than issuing them for postal purposes. At that time Great Britain and her band of colonies were very short of American dollars and one way in which she could obtain some was through the sale of a special issue of postage stamps. Collectors didn't like the idea of the officials permitting a one pound denomination to be included in every set of the Colonies.

Though this commemorative issue was criticized on both sides of the Atlantic, even in Great Britain at the time of their release, there is nevertheless one set that will always remain to be an excellent investment. I am referring to the Tangier set of the two Great Britain Silver Wedding commemoratives overprinted Tangier. While there were 192,513 copies of the 2½d. value overprinted, there cannot be any more than 24,102 sets in existence today. Also, if you take into consideration the ones that were destroyed while transmitting the mails, and later destroyed by their receipients, there cannot be more than 10,000 sets in actual existence amongst philatelists. In fact, the one pound denomination was issued by the Crown Agents to the tune of 24,102 copies. Used copies of this set are very much in demand, according to British Colonial dealers in Great Britain and the United States. Very seldom does one see this set ever being offered in used condition either in New York City or London nowadays. If anybody has any appreciable stocks of this Tangier Silver Wedding commemorative set, he must be holding back hoping that the price will rise in the not too distant future. My own opinion is that there cannot be too many in circulatio and if any reader is offered this set in nicely used condition, he or she should purchase it without too many arguments.

Turning to the Crown Colony of Malta for a moment now, I believe that it would be a good idea if I passed some comments on the "Princess Elizabeth Visits" commemorative set of 1950. Generally speaking, Malta hasn't been too popular with British Colonial specialists in the same manner as the British West Indies group and the Falkland Islands stamps have been. This "Princess Elizabeth Visits" set is high on the list of British Colonial specialists' want lists. In view of the extremely limited printing of the one shilling denomination — 193.244 copies to be exact—it has become the most sought after commemorative set of Malta. There were three denominations in this set, namely a one penny, three penny, and one shilling. The one penny stamp had 1,116,110 copies printed while on the other hand, the three penny denomination had 424,008 copies. Here again I recommend my readers purchasing a nicely cancelled set in preference to a mint one.

Meanwhile the stamps of the reign of Queen Salote have a very wide appeal, not only to collectors of British Colonial stamps in Great Britain, but also to collectors in the United States. The "Silver Jubilee of Queen Salote's Accession" commemorative issue of Tonga is another very popular set. Incidentally, there were only 82,147 complete sets printed. That's the quantity printed for the one shilling denomination. There were five denominations in this set, the one penny, two penny, three penny, six penny and one shilling. The one penny had 245,180 copies printed and the two penny stamp had 177,560 copies. It's very interesting to note about this set that copies with a blue frame have appeared on the market which haven't conformed with any known printing. That's what the editors of the Commonwealth Catalogue of King George VI and Queen Elizabeth stamps have indicated as a footnote to this commemorative set.

Another elusive item is the Australian War Effort commemorative set, which was released on July 15, 1940. Very seldom does one ever see this commemorative set being offered for sale either by the New York dealers or even by the dealers "down under". It is the belief of many that the majority of this Australian commemorative issue must have been destroyed after transmitting mail. Though the two penny denomination had a printing of 85-782,800 copies the highest value of this set—the six penny—had a printing of only 1,808,400 copies. Again I recommend my readers to purchase a nicely cancelled set.

Here's a tip. The still current 12c Queen Elizabeth II ship stamp of Singapore is very difficult to locate. Time after time dealers report, it is listed as the only denomination out of the set on British Colonial specialists want lists.

The New Ghana definitives are expected to be placed on sale on March 6, 1958, the first anniversary of Independence, reports Stamp Collecting (London philatelic weekly) Accra correspondent. They will show pictorial subjects including new buildings and local industries. The set, from ½d. to 10s., will be printed in Britain and will be handled by the Crown Agents. To offset any criticism, neither the head of the Queen nor that of Dr. Kwame Nkrunah will appear on the stamps.

A Heatilator is the heart of this attractive and practical fireplace in a modern playroom

Toys that teach showing a trend at present time

TOYS that teach as well as entertain have gained popularity rapidly in recent years. This Christmas, they will be taking the lead, the Toy Institute reports.

The current interest in conquering space will be reflected in rocket guns, space helmets and space ports. Space ships designs are even influencing toddlers' push and pull toys.

Many toys are being designed to give the small fry practical training for careers. There are toys, for example that explore scientific house cleaning, auto maintenance, gardening and shoe shine and beauty shop operation.

A fibreboard supermarket equipped with shelves, miniature packages and display material will please the junior grocer. And future architects will delight in prefabricated parts that permit exact reproductions of suburban and city building development.

For the would-be housewife there will be a miniature shopping cart stocked with dozens of tiny replicas of famous food packages. New in housecleaning cabinets is one that features a roll of linoleum in addition to pail, mop, scrubbing brush and detergents.

Cowboys' and girls' accessories will continue popular, of course, as will dolls, which also will reflect this year's how-to trend.

Christmas trees will shelter dolls that encourage good grooming in little misses. One doll will come with a kit of real make-up and beauty care instructions. Its vinyl skin can be cleansed easily, so that it is always ready for repeated experiments. Another doll is a miniature bathing beauty in fashionable suit, bandana, beach robe and shoes. Doll wardrobes will encourage neat storage of handbags, shoes and jewelry as well as clothes.

Games also will help parents interest their youngsters in acquiring good habits. Toys are now available that feature making a game of tooth brushing, careful eating and going to bed. One new puzzle is designed to give toddlers a release of aggressive impulses.

Art can be a . . .

(Continued from Page 7)

tions. They will come 14-to-the-minute. But don't volunteer unsolicited information. You may be checkmated with "But my teacher says . . ." They're modern, remember, and you are a back number.

That, of course, applies to the older children — the younger ones may ask questions like "Can a dinosauer spit far?" They may even want to stop on the way home to look for fallen meteorites.

Don't let these things throw you. Rome wasn't built in a day. It took a week to create the world.

And of course, let children over 12 go to the art gallery by themselves. It will do you all the world of good.

BREAKFAST'S A BUILDER

A good way to build up resistance to colds and flu is to stick to a balanced diet, with special emphasis on breakfast. This important meal should never consist of a snatched cup of coffee and a scrap of toast. A real breakfast consists of citrus fruit juice, hot cereal, egg and/or bacon, toast and hot beverage. This meal, after a long fast, will set the worker or student up for the morning's work.

MODEL BUILDERS !

Come in and see our interesting selection of CONSTRUCTION KITS, ENGINES and ACCESSORIES

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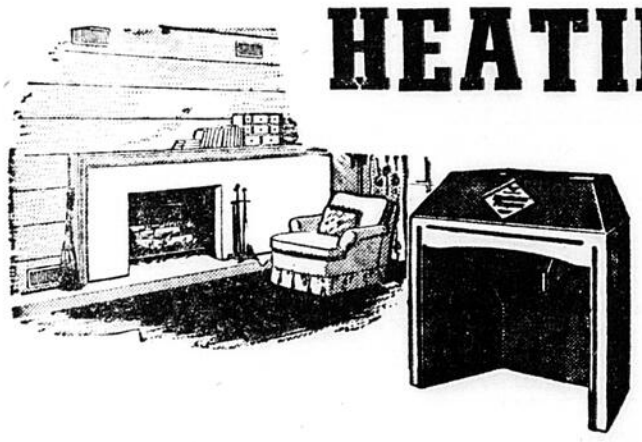

HEATILATOR FIREPLACE

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• Will Not Smoke — scientifically designed to assure perfect operation.

• Damper Seals Air-Tight — stops loss of house heat — prevents cold chimney downdrafts from chilling room when fireplace is not in use.

Now see the 3-Star Heatilator Fireplace with the new Pressure-Seal Damper. Designed especially for the modern home, it's the only fireplace that gives you all 3 of these features:

Come in or 'phone for descriptive folder

STINSON REEB SUPPLY Co. Ltd.

2401 Cote de Liesse Rd. RE. 7-6591

Wolfe Cycle firm featuring trans for Yule season

Regd., Wellington street, Verdun, is well known for its selection of model trains, and on any afternoon you will find a crowd of bright eyed children crowded outside, with their noses pressed to the front window, admiring perfect scale models of the argonauts of Canada's railroads.

Wolfe (Pop) Hanstein, proprietor, is one of Verdun's best known sports personalities. He came to Canada in 1929 just in time for the great depression. He worked on a farm out west for two years, and when things began to look up moved east and eventually settled in Verdun. A well known racing cyclist in his native Germany, Pop soon saw the possibilities of a cycle store in Verdun.

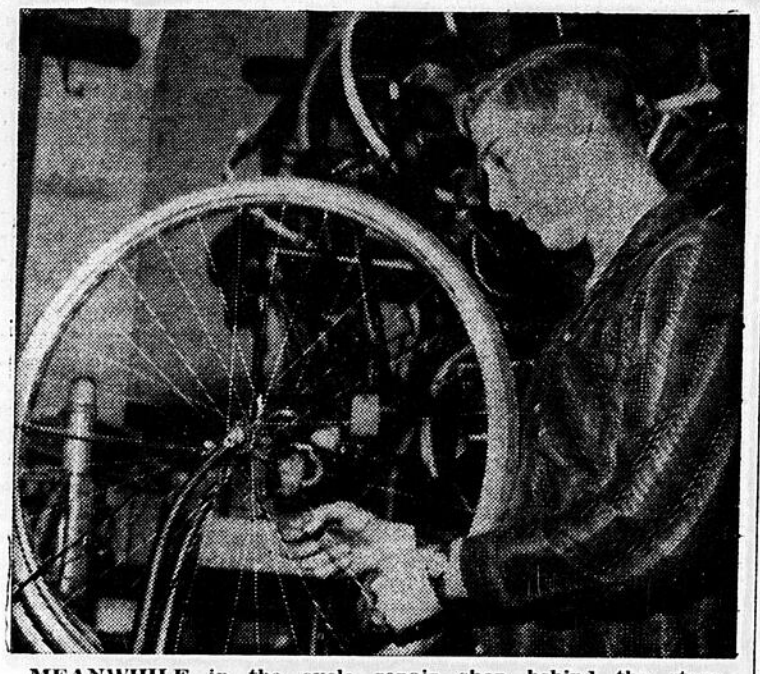
He set up his shop and from the start it was a hit. Soon cycling enthusiasts began to meet in his store and from these groups emerged the famous Wolfe Cycle Club. This club, started with a few enthusiastic cyclists, soon gained Provincial and National recognition as one after the other the Country's top championship pots came home to rest on the shelves of the store.

As with the horse and buggy, the cycle was hit on the market by the automobile. Today in the era of Sputnik and the intercontinental ballistic missile while cycles have held their own there is only a very limited demand from school children for bobsleds and sleighs.

Pop was equal to the demands of the changing industrial pattern, and decided to switch over to toys, while still continuing his cycle business.

Today he has a wonderful display of all the latest and most serviceable toys and hobby kits. Among these are the aforementioned model trains and the famed Revell make it yourself kits.

WOLFE (POP) HANSTEIN is one of those lucky people who earns his living by indulging his hobby. Verdun's foremost model train enthusiast Pop has a wide and varied selection of European and American models on display.



MEANWHILE in the cycle repair shop behind the store VANY HANSTEIN is seen adjusting the spokes of a wheel, masters the intricate craft of cycle repairing.

It's 90% of the politicians who give the other 10% a bad name.

Heatilator unit makes fireplace highly efficient

A fireplace that really works is a genuine joy.

It is also a fine attribute to many happy hobby hours, and an incentive to stay at home and luxuriate in the warm glow of friendship that has become synonomous with the group surrounding the family hearth.

There are three important factors to a successful fireplace—it must provide a circulation of warm air, it should not smoke, and the damper seals must be air-tight.

All three of these important factors are available when the fireplace has as its heart the now-famous Heatilator.

This is the leading fireplace unit on the continent, and locally is handled by the Stinson Reeb Supply Company Limited at 2401 Cote de Liesse road.

The Heatilator is a scientific fireplace. For more than a quarter of a century leading architects and builders have recognized the proven design and construction principles embodied in Heatilator. And, more important, any style fireplace can be built around the Heatilator unit. The Heatilator is part of the fireplace and not an addition—and can also be used to remodel existing fireplaces, guaranteeing good draft.

In the home, in summer camps, in basement rooms, the Heatilator is the ideal heart of a fireplace. The firebox is of boiler plate, it is formed in one piece and no reinforcing ribs are required.

For beauty and heat in a fireplace—there is no substitute for the Heatilator. See them at Stinson Reeb.

Broadway comedy comes here intact December 3 to 7

Theatre-goers who favor comedy will be in for a treat early next month when the original and complete New York company of 'No Time for Sergeants' goes into the St. Denis Theatre for a full five-day engagement.

The dates are December 3 to 7 inclusive.

Included is a matinee performance on Saturday, December 7.

This is one of the few occasions on which the New York company of a highly-successful Broadway comedy hit comes to this city complete with entire cast and complete elaborate scenic effects.

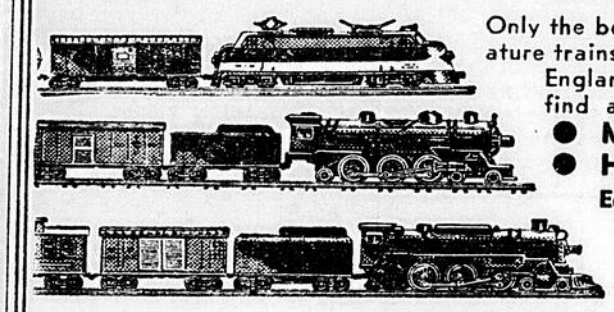
This hilarious comedy, produced by Maurice Evans, played two full seasons on Broadway and a second company is still running with outstanding success in London. From Brooks Atkinson of the New York Times, to Walter Winchell, the full corps of Broadway have been most enthusiastic about the work of the original company which is coming to the St. Denis, and about the play itself.

A nonchalant private from the backwoods, Charles Holman plays the lead and is superb as he wreaks havoc in the air force. Rex Everhart is the hapless Sergeant of the title. As a matter of fact, Maurice Evans designed this production with the plan of producing it intact in other cities, even before he opened on Broadway. The local

(Continued on page 22)

Biggest Selection Ever!

TRAINS AND accessories



Only the best of known names in precision made miniature trains are imported by Wolfe's from the U.S.A., England and Germany. Model train fans will not find a better selection anywhere in town.

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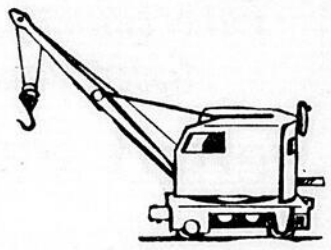
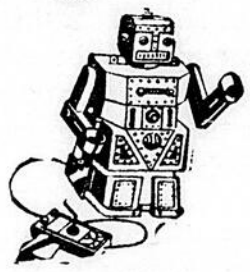
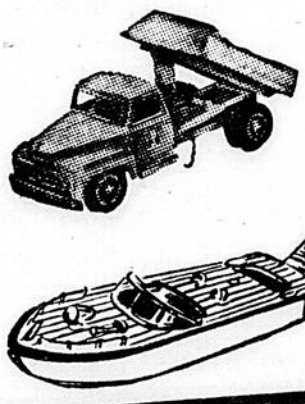
● HORNBY-DUBLO ● LIONEL

Each Set Complete with Transformer



COMPLETE LINE OF HOBBY-LINE HO KITS, ACCESSORIES FOR ANY TYPE OF LAYOUT ALSO MINIATURE HOUSES, TRUCKS, TREES, PEOPLE, ETC.





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Dolls of all kinds
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C.C.M. Matched Skating Outfits
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Choice Model Kits
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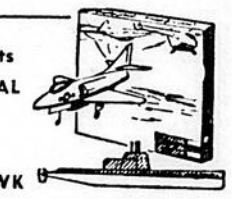

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Fine Selection of Raleigh — Robin Hood — C.C.M. Bicycles on Hand

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Layton's mark 7 musical decades

Music as entertainment — particularly of the 'in the home' variety — has undergone a great many changes and improvements during the past seven decades, and through them all the name Layton has stood at the top of the local list.

Tangible evidence of this fact is the Layton piano, dated 1837, that is being shown in the Layton Bros. showroom window, 1170 St. Catherine street, during their 70th anniversary year.

Locally, the name Layton goes back seventy years—but in London, England the name Layton has been appearing on pianos and musical instruments since the date of Confederation.

And as the story of instrumental music has developed in the past seven decades, so has the Layton Bros. establishment and techniques. Philip Edward Layton and Herbert A. Layton opened the local store 70 years ago, establishing a reputation for better values. Today this same policy is maintained by the family and is carried on at the present address by Armitage, George and William Layton.

Pianos and organs, strong favorites as musical instruments a century ago, are presently enjoying a revival and many a modern home boasts a Layton piano or organ as a showpiece in the living-room, an instrument that affords endless hours of pleasure.

Today, as throughout the years Montrealers look to Layton Bros. for guidance in the selection of musical instruments. You can arrange, through Layton Bros. for the purchase of anything from a tympani to a tambourine.

And in the modern vein Layton Bros. have become known as the popular purveyors of hi-fi, radio, and television equipment with the accent on better values.

No matter how 'hi' the 'fi' or what type of radio or television set—a visit to Layton Bros. will convince the meticulous shopper that there are many things that make up better value, and all of them are to be found at Layton Bros.

Travel is a lovely hobby

By VERONIC SINEL

Summer is gone and winter at hand. School children are back at the desks again; housewives are already started on the fall cleaning, and ships returning to port are spilling out the fortunate ones returning from the playgrounds of Europe.

Those who have sampled the joys of a European trip are finding it difficult to settle down to the humdrum routine of every-day living according to Mrs. Kay Jones, 6570 Cassidy Street who has just returned from the British Isles and European countries.

Leaving here in July, Mrs. Jones spent two wonderful months soaking up sunshine and storing up memories to be treasured during the long winter months.

This European tour was the realization of a dream cherished for years. "Now, of course, I am already planning to go again when I have saved up enough money", she laughed.

Her tour took her to England, Scotland and Wales; then to France, Switzerland, Germany, Belgium, Austria, Monaco and Italy.

In Monaco she did not meet the prince and princess! It's a beautiful little country, very colourful, basking in the sunshine on the shores of the blue Mediterranean. And incidentaly," she added, "the Mediterranean really is unbelievably blue !"

ROSE WINDOW

Among the highlights she will remember is the Rose Window in Notre Dame Cathedral in Paris. This work of art is considered the best example of its kind in the world, and its extraordinary beauty fascinates everyone who sees it. Paris is truly a city of gaiety, charm, color and warmth, rich in tradition, art and culture, and Mrs. Jones was sorry time did not permit a more thorough exploration.

In Switzerland the thing that strikes the visitor immediately is the extreme cleanliness everywhere. Bright and gay with flowers, every house displays window-boxes with red and white flowers throwing gay splashes of colour into the sunshine.

In St. Anton, in the Austrian Tyrol, the Vallugabahn rises to 8,000 feet, and on its snow-capped summit Mrs. Jones and her friends watched enthusiastic skiers in their shirt-sleeves as they skimmed along enjoying the brisk, clean air and brilliant sunshine. This world famous resort is surrounded by some of the most glorious scenery of the Tyrol.

From St. Anton, through the impressive beauty of the Inn Valley into Italy. Then the drive through the breathtaking loveli-

(Continued on page 24)

Maxwell's makes upholstering modern, low cost

If you are thinking of heaving out the hideous old horsehair chesterfield that grandma was so fond of, think again. At 5301 Wellington street Maxwell's Upholstering will make it new and modern.

Max Aisenthal, a 35-year-old veteran of the last war has been in the upholstering business all his life. His premises on Wellington street are equipped with the most up to date apparatus and there old furniture is transformed into new.

A large number of local clients and stores have found out it pays to go to Maxwell's for their furniture and seating requirements. The cost is low and unlike larger firms Maxwell's is able to give the customer more specialized attention. The individual requirements of the customer are taken into account, and a lifetime's experience in the trade makes their suggestions well worth adopting.

Maxwell's specialize in furnishing office chairs and equipment, drapes, and also will undertake the furnishing of large clubs, theaters and bars.

Entertaining ?
Give your guests
Perfect Party Pastries
***...from* du Bois**

Big party or little gathering you can depend on **du Bois** for the best in . . .

CATERING — CAKES
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Available for Receptions
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We also have new, large, modern halls in N.D.G. Westmount and on St. Denis St., near Sherbrooke.
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4887 Sherbrooke West — HU. 1-8163

Do-it-yourself powder-room could be Christmas present

How often do you face a "bathroom crisis" at your house ? Is the heavy morning rush hour traffic too much for present facillities ? Are guests kept waiting in line of an evening along the upper hall while junior practises for the Channel Swim — or big sister finishes prettifying to meet her latest heartthrob ?

If so, maybe you should consider a Powder Room for Christmas this year. It's the sort of gift for the whole family and one which they — as well as your guests — will enjoy.

Powder Rooms, it has been learned, relieve congestion at those critical moments when the demand is too great for a single wash-up and freshening station. The Canadian Institute of Plumbing and Heating have just completed a survey which shows that Powder Rooms have enjoyed increasing popularity ever since the advent of TV. And the chief point in their favor, most householders report, is the fact that they give a casual, big time touch to home entertaining.

As for location, two spots are much favored: (1) Close to the living room, where most entertaining and family program takes place. This is also near the kitchen, which means the busy lady of the house will often find it mighty handy. (2) Off — or actually in — the master bedroom, where it gives dad and mother a break morning and evening, when the younger set usually take over the main bathroom.

Surprisingly little space is required. A wash basin and toilet are all you need — and it will prove a far greater convenience if you install both while you're at it. Specially designed equipment is now made to meet the growing demand for powder rooms. Basins can be had that are only 14 inches square, while a nifty counter top lavatory — combining basin and dressing table — comes in two sizes, 18 x 22 and 22 x 30.

A room 3 x 6 feet is usually considered necessary to house wash basin and toilet and still leave space for a person to move about. But by using a little ingenuity, the same necessities — and a few trimmings — can be worked into a smaller area with charming results.

Many new homes — and most old ones — have a clothes closet that can be spared for this worthwhile project. Some householders have partitioned off one end of a blind hallway, while others have made effective use of a pantry that no longer serves its original purpose. Another ideal spot is under a staircase. And that extra few feet of clearance you may badly need can often be secured by having the door swing out instead of in.

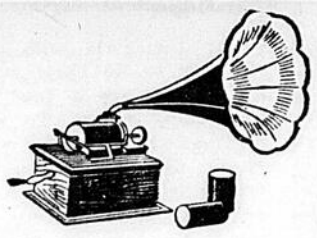
Another important consideration — which will minimize the expense involved — is being able to reach the chosen spot from existing plumbing. Your contractor can be a big help here. And once the Powder Room has been declared operational, dressing it up is a job for the home decorator — professional or otherwise.

MAX AISENTHAL demonstrates the correct way to recover an armchair. Apart from giving a new look to the old rocking chair. Maxwell's also specialize in outfitting clubs, bars, and recreation rooms.

LAYTON BROS LIMITED ...for 70 years

the *"keynote"* of family musical entertainment in Montreal!

★ The above Layton Piano constructed in London in 1840 is now on display in our showroom as a special feature during our 70th Anniversary Year.



1887

Layton Bros. and Electrohome for a total of 120 years have struck a "resounding chord" in the ear of Montreal homes and figured prominently in the evolution and improvement of musical sound reproduction. From the Layton 1840 ★ Piano, through the days of the spring-wound acoustic phonograph to the present superb electronic achievement of HI-FIDELITY . . . ELECTROHOME engineers have perfected their various models to give you the full range of audible musical sound . . . the finest in the modern home entertainment field.

1957

Armitage, George and William Layton; descendants of the founders adhering to the family tradition of good service are here to guide you personally in your selection of musical entertainment.

To celebrate this 70th milestone LAYTON BROS and ELECTROHOME combine to bring you this . . .

Anniversary OFFER

FREE

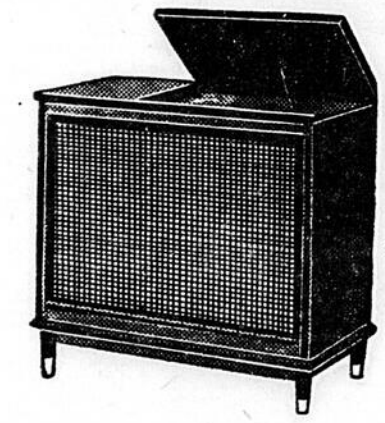
With the purchase of a '58 Electrohome Hi-Fi model you will receive as a gift . . . a beautiful hassock record container plus a Glen Miller Album of 60 All-Time hits.

Total Value $45

Electrohome hi-fi

Priced from

249.95

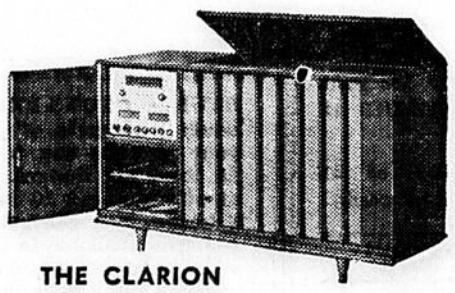


THE CONCERTO MK. II

The clean contemporary styling of this full range HI-FI console phonograph fits naturally into any setting and brings you the finest features of true Hi-Fidelity at the lowest possible price: 30 to 15,000 cps. 70% more than conventional radio phonographs. Two 12" woofers and wide angle University horn type tweeter. Separate bass and treble controls. Garrard 4 speed automatic changer.

THE CRESCENDO MK. III THE CLARION

These are the year's most advanced unit high-fidelity instruments. New sound systems . . . new amplifiers . . . new prescence control, and a host of other advances, have been combined with Electrohome's skill and engineering know-how to produce instruments to delight the most discerning ear.



THE CLARION

THE CRESCENDO MK. III

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FREE CUSTOMER PARKING

First Hour Free Parking at the Tilden-Stanley Garage

(around the corner from our store)

1200 Stanley Street

LAYTON BROS LIMITED

1170 St. Catherine St. W., Corner Stanley — Established 1887 — UN. 6-7791

Buy with confidence at Layton Bros. where quality and service are ever the watchword

OPEN FRIDAYS TILL 9.00 P.M.

Home sewing popular hobby

By ELEANOR CALLAGHAN

Canadian women as a whole are considered among the best dressed in the world and a great many of them "make their own". Many of today's women, teenagers as well as the more mature ones, are home sewers and this goes for those seen on the streets, in offices, in schools and presiding over social affairs in their own homes and clubs.

Some people have the idea that making your own clothes belonged to the pioneer days or even to our grandmother's time but surprising as it may seem it is big business today. It is estimated that one out of every seven women in this country today wear garments they have made themselves. Surprisingly enough, teenagers comprise a big part of the home sewers.

What makes women sew their own clothes when a good many of them could afford to buy them ready made? Simplicity Pattern Company, one of the biggest in its field, made a survey to find the answers to that question. They were ego, satisfaction, creativity, economy, recreation, charity, good grooming, style consciousness, spirit of competition, styling for sewing clubs, design and as an avocation.

BERMUDA SKORT — it's newest in 'ancient' tartan. Here, in pure Botany wool worsted with hand blocked, all 'round pleats. The tartan is authentic Campbell of Breadalbane, in muted tones of navy, yellow and green. A long-sleeved pure wool sweater by Lansea completes this pert co-ed fashion for fall.

—Wool Bureau Photo

NEW LOOK

Perhaps the biggest stimulus to home sewing in recent years came in 1947 when the late Christian Dior introduced his "new look". No one will ever know just how many women took to their sewing machines to try to bring their clothes up to date at that time. When he died last week, women all over the world remembered their frantic efforts to get into the swing in 1947. Sewing machines raced madly to bring the skirts down to the ankles. It was supposed to create overnight prosperity for the garment making trade but it didn't take. For one thing Canadian women took a leaf from the books of their ancestors and their grandmothers and mothers and went out and bought patterns and made their own. Sewing machine manufacturers and pattern makers got the business that Dior thought would go to the designers and dress manufacturers.

Home sewing declined for a while after the first shock of the "new look" but continued educational and promotional work by the pattern companies and textile manufacturers boosted it right back into something to be considered seriously. Sales of patterns, piecegoods and notions have doubled in the last fifteen years. The increase in home sewing since 1940 is placed at 52 per cent in most surveys.

DIAMONDS IN WOOL — woven in soft beige wool flannel, the diamonds in darker tone are cut out and appliqued on the bodice of the matching slim sheath dress. The jacket of this unusual ensemble is gently bloused fastening at the waist with a self fabric bow by Junior Vogue.

—Wool Bureau Photo

Schools all over the country are finding that the students are more interested and seem to have discovered a whole new world of dress and clothes through home sewing. Night classes are filled with young business girls who are anxious to learn the finer points of sewing. Sewing machine companies are thrilled with the interest shown by today's seamtresses in all the intricate new attachments that are being put out.

In many of the homes of our modern newlyweds a sewing machine is considered a necessity almost from the very beginning, although quite often the young bride already owns her own.

New fabrics which make laundering so much easier have also influenced today's young women. Truly, home sewing is big business and it is done by experts. There is nothing home-made looking about the garments made in the homes today. A wonderful compliment to the modern home sewers is the smart appearance of Canadian women.

WOOL TWEED CASUAL COAT — in black and white herringbone splashed with gold with giant black velvet pilgrim collar. May be completely or half-belted with fullness falling free in the back. From Berger-Swartz of Toronto.

—Wool Bureau Photo

For the girls who are just starting to do their sewing at home here are a few hints to help them along: To eliminate basting while sewing, use cellophane tape to fasten in place trimmings, appliques, edgings, pockets, etc., before sewing them. You can see through the tape, and after sewing, the tape pulls off easily . . . When sewing silk, nylon or rayon materials, place a pillow case over the leaf of the machine to keep material from sliding . . . To keep light-colored fabrics clean while sewing, dust hands with cornstarch before starting to sew . . . To remove the old hemline from any garment, fix a solution of half vinegar and half water and wet the pressing cloth in the solution. Squeeze dry and rub across the hemline, then press; should be no line left . . . To give white thread an aged look when mending old fabrics, dip the thread in tea . . . To renew an old tape measure, place it between wax paper and press with warm iron.

STUFFED TOYS FROM GAY REMNANTS — Try making a whole menagerie of cuddly animals out of gay scraps from your remnant bag to gladden a child's heart for Christmas. In these six designs, each body is made in two pieces. The giraffe is about 10 inches high, and the other animals about 8 inches. You can get designs for fabric toys like these from patterns available in your local sewing center. About a quarter of a yard of printed material is sufficient for the 8 inch animals and a little more for the giraffe. Stitch the embroidery for the faces and any other life-like details on the required pattern pieces before assembling the animal. You can do this quite easily on the sewing-machine by the fashion stitching technique, an art you can acquire in one demonstration in your nearest sewing center. Follow the pattern instructions carefully when cutting out and assembling the animal. Use embroidery cotton for the faces and the horse's mane. Folded bias tape will make tails. Stuff with cotton batting or foam rubber chips.

The same rollicking production which enjoyed a smash two year engagement in New York

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"A WILDLY FUNNY HIT!"

MAURICE EVANS

no time for sergeants

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Production Directed by MORTON Da COSTA

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Spare hours well spent in education

When the busy businessman sets about to take an evening education course, he expects different features and advantages than does the college student and it was to serve these very needs of the adult man and woman that the Thomas More Institute was born 13 years ago.

B.A. degrees are obtainable through the Institute. But its primary objective as held by the lay board of directors is to provide a serious program of real interest — under competent lecturers — geared to mature understanding. Courses such as this year's on Insight: A Study of Human Understanding, or the Realities of Education, or a reading-discussion class on poet William Blake or the Era of Electronics, are typical of the Institute thought. About 35 classes in the College section started Sept. 30 and the High School section opened Sept. 9.

Community service is a Thomas More keynote. A specialized English course is being given, in French, for doctors, nurses and hospital technicians; a two year course is also underway in teaching the Retarded Child, for teachers; an afternoon session on Growth and Development is for the married woman. The Communication Arts and Career Success is for the businessman; a Saturday morning course on the Literature of Man's Search for God was set up for teachers. These do not exclude culture topics or academic ones or hobby training, in fields of philosophy, theology, painting, sculpture, literatures, languages, etc.

Registration has grown from 96 students in 1945 to 1,000 last year; the number of subjects from 6 to over 30 and a High School added.

The Institute has neither a building nor resident professors; classes are held in the D'Arcy McGee High School building and the lecturers are experts in their fields, from Universities as McGill, the University of Montreal, Loyola College, the St. Joseph's Normal School, School Commission, or visiting professors from Queens or Brown University, and authorities in art, sculpture, law, music, etc.

A new feature this term is a Subject Comprehension Program. A person may have mapped out for him an individual program of studies approximating one-third B.A. requirements, to explore one chosen subject as philosophy, science or literature.

In brief, the Thomas More Institute evening courses are set up, as this year's course folder reads, "to meet adults' inquiring minds."

Photography can be fun

Photography is one of the most widely practiced and universally enjoyed of all hobbies. Each year more and more people are finding fun, relaxation, and sometimes a profitable sideline in photography.

As in the other forms of Art, there are many different phases to photography. The amateur photographer has before him many specialized fields into which he may enter.

First and foremost is the picture photography. Second, among still photographers, are the black-and-white and color media. Each of these may again be broken down into fields such as nature, holiday, story-telling, artistic, experimental, and many many more.

The photographer's primary tool is his camera. Available today in such a wide variety of high and low priced cameras that the amateur photographer can't help but find the camera best suited for him. Film, accessories, and a wide variety of equipment are readily available to the photographer who wishes to broaden his scope.

Due to the wonderful progress in the development of good color film for the amateur and professional, color has been enjoying a terrific rise in popularity. The vivid colors of the seasons, festive occasions, and common objects are being interpreted on film. Many people, in fact, have been attracted to photography in recent years by the availability of color. Due to the prohibitive cost of colour prints, however, most amateurs have been restricted to projecting their transparencies. But, as a result of this, these color addicts have come up with some very impressive slide shows.

Although not as popular as it used to be black-and-white print making still enjoys popularity among those who demand complete control over all processes in their photography. The control of developing and printing is as important to them as the initial exposure. There is a deep sense of achievement and satisfaction derived from "the perfect print" — a product of careful choice of subject matter, timing, exposure, and processing.

Ideas may change, technical advances will be realized; but the demands of the people and industry on photography as a medium of recording, illustrating, and reporting life itself will never change — to some, photography presents life for us to observe and learn.

Central Photo offers service at new store

Now in their new quarters, Central Photo Supply is even better prepared to attend to your photographic needs.

Featuring a whole new line of photographic supplies from Germany, Japan, and the U.S., they have every type of camera and accompanying accessories to give you more success in your picture taking.

If you have a problem in photography ask the salesman at Central Photo. Their advice and recommendations have helped many to find more satisfaction and fun in photography.

Their new store is at 288 St. Catherine St. West — just west of Bleury.

Westmount 'Y'

(Continued from Page 4)

as being as important a community service as health and education.

Southwestern is a family YMCA, which means there is something for Mom, Dad, Son, or Daughter. For less than two dollars a month adults can learn a skill, enjoy group fellowship, have fun, as well as support the YMCA. Your support means that a boy or girl can join for less than one dollar per month. Why not plan to join the Y today?

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specializes in

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planned for adults

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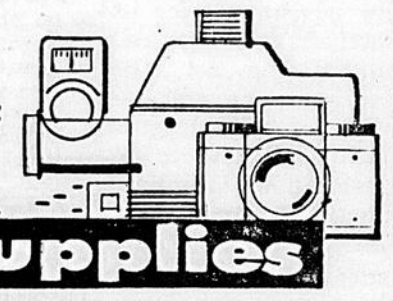

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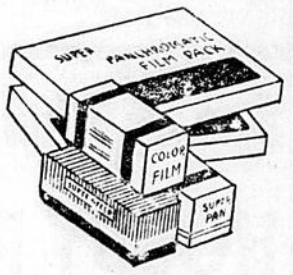

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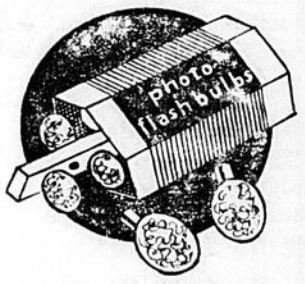

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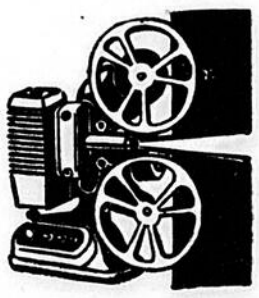

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Daoust aids the hostess of the future

Any young couple planning an engagement might do well to consider a special offer being made by Daoust & Fils.

Since 1912 couples have looked to Daoust in selecting a diamond of unquestionable quality. Now something new has been added. For only one dollar extra over the purchase price of any matched wedding and engagement ring set, the new hostess to be will receive a set of 1847 Rogers Bros. silverplate and a set of English dinnerware, both in the matching sophisticated "Flair" pattern.

Be sure to see Daoust's advertisement in this issue.

The force of gravity must be much stronger than it used to be. Forty years ago it took only 100 horsepower to keep a military combat plane in the air. Today it often takes 250 horsepower just to carry a 117-pound female to the supermarket.

Business man's hobbies

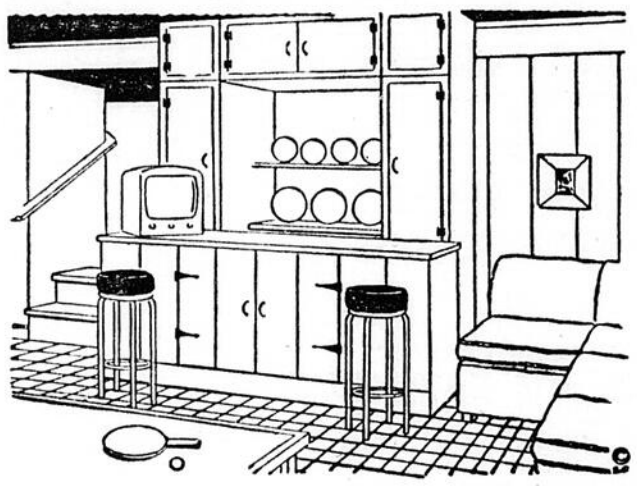
(Continued from Page 2)

challenging. One stamp collector — stamp collecting has been called 'King of Hobbies' — hinges an issue of a country's stamps in a frame around the page, and then in the middle he writes particulars about it; when it was adopted, the artist who designed it, why this design was chosen, and any other interesting matter he can glean from the encyclopedia, the history of the country, and the daily papers.

This is a more thrilling way to go about collecting than the mere scraping together of a lot of something. It is a plan that can be adapted to building collections of autographs, china, guns, coins, buttons, insects or flatirons.

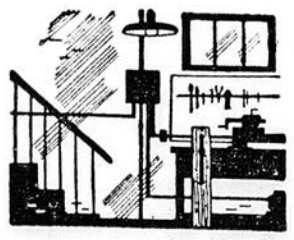
In prospecting for a hobby we should not forget reading, or we should leave enough spare time from other things for this aid to intellectual growth. We don't need to be Quiz Kids, but we should have something to challenge our thinking, the feature about us which distinguishes us from the lower animals. No special scholarship aptitude is necessary. Many persons who started after forty to read translations of the classics found them just as fascinating as they had found thrillers earlier in their lives.

Let us plan and build your HOBBY RECREATION ROOM



Make use of that waste space in your basement! Let us plan and build a hobby recreation room you will be proud of. Take advantage of our 50 years in this field.

Whatever the remodelling or repair job — you will find our prices, service, choice of materials, and workmanship the best available.



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in fact any room for your recreational needs.

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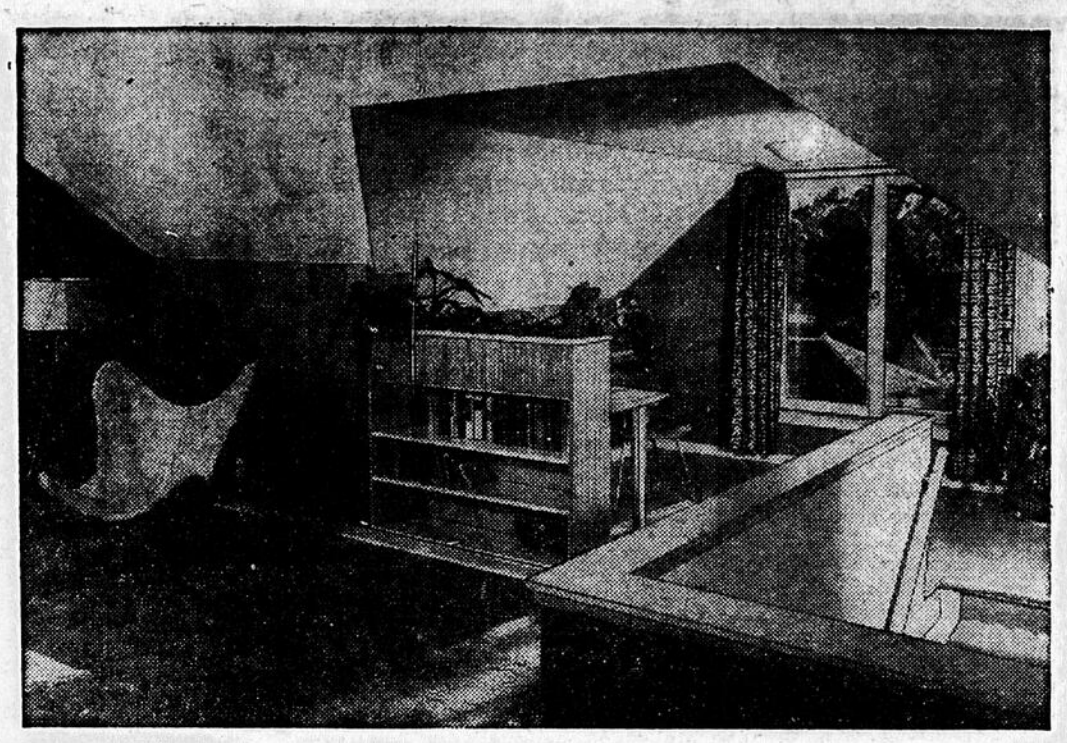


AFTER AND BEFORE: Lumber, when it's bought right, and used right, can make all the difference in the world in renovating a cellar or attic, as can be seen in these photos as proof positive of the merits of the products in the application shown.

CREATIVE INTEREST

A hobby satisfies the desire in all of us to create something. There are a thousand and one ways in which people satisfy their creative urge. Take the crafts — woodworking, weaving, leather working, metal working, basketry, clay modelling, ceramics; or the arts — painting, drawing, composing, writing, photographing; or gardening, raising pets, looking after an aquarium; or making airplanes, boats, doll houses. These are just some of the many ways which you can be a maker, an originator.

In choosing a hobby, the really big question is: Will it give you fun and enjoyment ? It must interest you. It must be something you do because you want to do it.

But we must not allow a hobby to become master. We should be able to drop it painlessly at any time when more imperative demands are made of us. It should be willing to put up with our fits-and-starts aproach to it. It should not become possessive.

ENJOYMENT OF LIFE

Leisure time use, whether in a strenuous exercise or in something more sedentary, should be made up of enjoying things that are pleasant. Thus doing, we gain control of our thoughts, and it is our thinking that makes us what we are — executive enterprisers or worrying workers, pleasant companions or grouches. Right thinking tends to give us satisfactory lives and the state of mind that brings peace.

This involves a certain amount of self-control, without which there never has been, and cannot be, a good life. It is necessary to make all our other virtues avail.

Only those who are self-controlled can adapt themselves to the perpetual shifting of conditions we know in our day, and any hobby that contributes to self-control is well worth while. We recall Napoleon, "The wonderful being who could have governed the world, but could not rule his own restless mind."

A hobby can add to enjoyment of life by calming irritations and enabling the hobbyist to turn his nervous feeling into repose. In fact, being calm can be made a hobby in itself. Plutarch's advice may seem quaint to us, but there is a deal of good sense in it. "We should habituate ourselves, when letters are brought to us, not to open them instantly . . . not to bite the strings in two . . . when a messenger comes, not to run to meet him . . . not to jump up when a friend tells us he has something new to tell us."

SEEKING HAPPINESS

True repose does not depend upon external conditions, but on sound adjustment to life. It is not to be achieved suddenly, by a miracle, but gradually by planning our days so as to get a balance of activity and leisure, of doing and of thinking. We may not be able to correct the cause of whatever troubles us, but we can perhaps offset the thing itself.

Anyhow, our hobby of self-control will enable us to keep cool in an emergency until it is very clear just what should be done. It will help us to level off our ups-and-downs, so that, while not soaring so high in the fever heat of some enthusiasm, we have not quite so far to drop when we shut off the power.

Out of a balanced life arises the state of mind we call happiness. It has the relation to pleasure that Mark Twain saw between climate and weather: it is the same thing but it lasts longer.

Happiness is not to be waited for, but is something we should step out to seek. It does not consist in the night-club idea of what is a good time. It does require health, self-expression, and a course to steer These are in some degree inter-dependent and reciprocating. If we have physical health we have an interest in progressing toward self-expression. If we have an urge toward self-expression we have an incentive toward health.

Happiness is a positive thing, but there is room for one negative: if an unhappiness has failed to befall us, we can enjoy that fact as a happiness. As the Irish proverb puts it: "If you can't be happy, be aisy. If you can't be aisy, be as aisy as you can."

ABOUT FRIENDSHIP

Essential to pleasureful leisure time and to effective executive work is friendship, and frienship can become a hobby. Mature men and women have found that friendship, their greatest standby in work and in play, is not something won by hard trying. Youths imagine that the leading events in their lives will make their entrance on the scene to the sound of drums and trumpets, but when we look back we find that all the important things — and especially our friendships — came in quietly, almost unnoticed.

To have a close friend with whom to exchange opinions on current affairs or the philosophy of the ages is a priceless gift for leisure-time spending. By sharing, happiness is multiplied. It makes life more vivid to have a friend with whom one may turn on one's brain.

WELL-ROUNDED LIVING

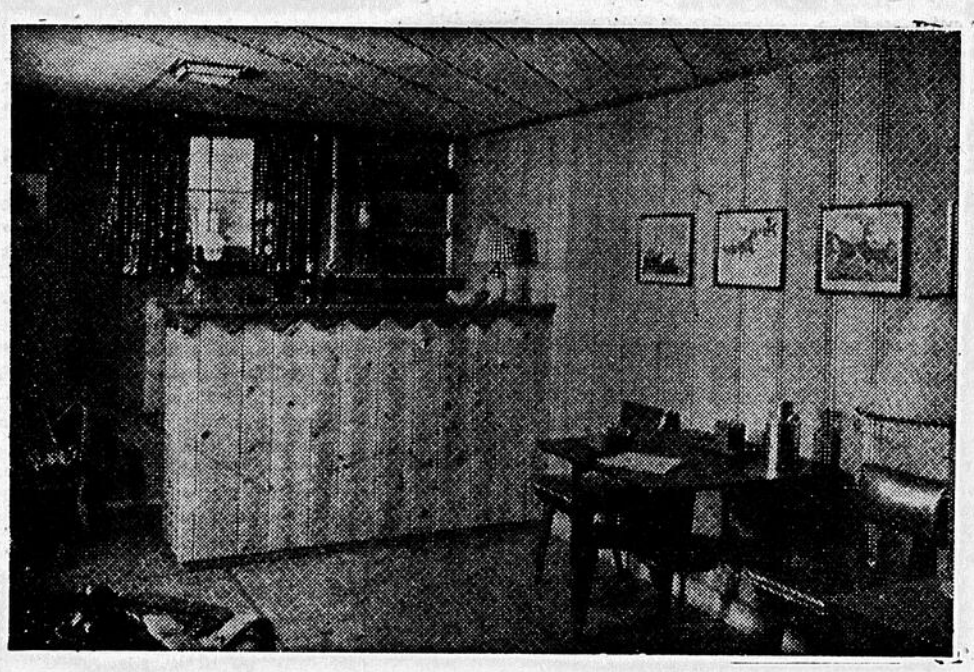
The secret of a healthful, well-rounded life, whether for business executive or housewife, is to really make the best of what one has. This does not mean to be acquiescent in one's environment, but to make it the best one can.

When you analyse some acquaintance who is always full of enthusiasm that you envy, what do you find? That his enthusiasm is made up of a number of things: knowledge, absorbing interest, optimism, physical well-being, imagination, initiative, and a passion for doing things. These are qualities which can be cultivated in one's leisure time.

Building upon these, the wise man will do what he does in his business and family life: he will preserve a proper proportion between his thought for the present and his thought for the future in

(Continued on Page 18)

Make Space To Play... the SHEARER way!



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Build a beautiful extra room for work or play right in your own basement. Whether you want to make a workshop, darkroom, playroom, or a laundry you'll have a better job if you get your materials from SHEARER LUMBER. — Or better still you can have a free estimate and have SHEARER'S own skilled craftsmen draw up the plans and execute the job for you.
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If you need an extra bedroom or sitting room look into those unused corners of your home such as the attic and storeroom. SHEARER LUMBER can help you build this new room — and for less than you thought possible ! Drop in today for a free estimate.

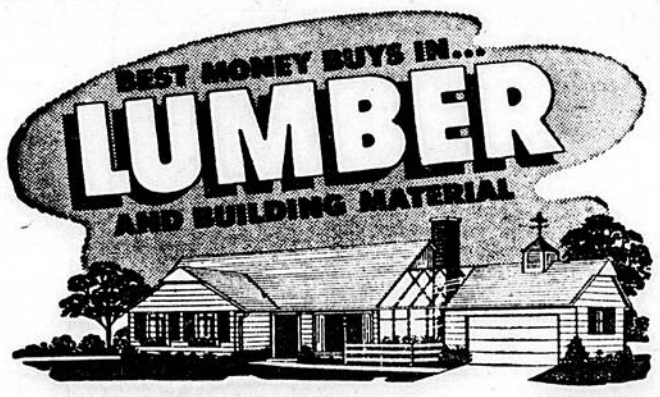
If you like to do-it-yourself we will supply all necessary materials; on the other hand we will submit comprehensive plans for your approval and the job will be done quickly and easily by skilled craftsmen.
Don't wait. See how easily you can have that extra room in your home.

HERE'S HOW IT WORKS

HOW TO DO IT - Our showrooms carry a complete line of Building Materials:- Doors, Plywood, Mouldings, Builders' Hardware, Nails, Paints, Stains, Glues, Tools, etc. OUR SPECIAL "DO-IT-YOURSELF" CORNER carries small size plywood, table legs, wood tape, plans, pamphlets etc. We'll show you new ideas, the easy way to install, there's no limit to the things you can do, what you should know.

WE WILL DO IT - IF YOU HAVEN'T THE TIME to do the job yourself, our CONTRACTING SERVICE will do it for you. Our experts will build and plan a beautiful rumpus room or family recreation room in basements, attics, or porches and execute all types of home improvements. Remember every dollar you put into home improvement enhances its resale value, and meanwhile, you are enjoying your investment in better living. Let our professional craftsmen convert that wasted space to useful livability NOW !

HOW TO PAY FOR IT - Our Finance Plan for home owners covering the financing of materials and labor makes it easy on your budget to make home improvements.



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AMPLE PARKING SPACE

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Office and Yard: **2571 Cote de Liesse Road — RE. 7-6575**

Puppet technique taught at three centres locally

Special weekly lessons in the making and manipulating of puppets, as well as the staging of puppet shows, will be available in three park schools and recreation centres in the West End this winter.

The program is under the direction of André Fayard, who toured the playgrounds with his puppet theatre on wheels, "The Vagabond," last summer.

He will be available Monday, Loyola Park School; Thursday, Benny Park School; Saturday, Notre Dame de Grace Centre.

Monday and Thursday the hours will be, 4 p.m.-6 p.m. for children 11-years and under, 7 p.m.-8:30 p.m. 12-15 years. After 8:30 p.m. sixteen and over.

Saturday morning is for the 11 years and under group, Saturday afternoon for the 12-15 years.

Business man's hobbies

(Continued from Page 16)

order not to spoil the one by paying too great attention to the other. Frivolous people live too much in the present; worriers live too much in the future.

The well-rounded person knows that, having done his best, it is useless to consume energy in fretting. Far better use leisure time in relaxing and building up reserves so as to take up the battle with renewed vigour when the time comes.

This is far from languid contentment. No businessman is ever contented with business as it is: he wishes to make it better. No good housewife is ever so contented with her house-furnishings and her cookery that she ceases to seek improvement. Our human urge is against becoming indistinguishable molecules or assembly line robots.

SOME SUGGESTIONS

The first order of business toward better use of leisure time is to do something. There is great satisfaction to be found in being able to look at and pat with one's hand something one has created and say: "That's mine. It may not seem much to the rest of you, but I think it's grand. And I did it."

There are a thousand-and-one ways in which people can create things. W. Van Til remarks in his booklet Time on your Hands: "There is no denying that many of us have a bad case of the American leisure time disease called spectatoritis. We sit on the bleachers; we sit in our armchairs; we sit in Row K. seat 12." Well, it's no more wrong to sit and listen or to sit and watch than it is to eat ice cream, says Van Til, but don't let us sit on our hands all the time. Put them to use.

Television, radio, the movies, and sporting events can be exciting and fun, but they are at best vicarious pleasures. Someone else is doing the fighting, or indulging in romance, or doing things successfully. We have no part in what we see or hear. Best use of leisure time demands a reasonable assignment of time for participation.

The second suggestion for wise use of leisure time is to get started at once. It is largely a matter of just going ahead: "You can't get a hit with the bat on your shoulder" is a saying from baseball that fits the case. Whatever your knack or attribute and however tiny it is, make it grow.

Anyone who doubts that there is a hobby or a leisure time activity suited to his capabilities and desires should know that there is a book called Care and Feeding of Hobby Horses by Ernest Elmo Calkins. It contains 218 lists of books on hobbies — not a list of 218 books, but of 218 lists of books.

A third hint is to be careful. Pleasure, even in leisure time, should never be purchased at the expense of pain, nor even at the risk of incurring it. Some sports should not be indulged in without our having a medical checkup; some hobbies may be too much for our eyesight. Every man possesses a limit beyond which he cannot go. Our satisfaction point, and our saturation point, are determined by our own peculiar nature. The Golden Mean of the Greeks was simply a way of life which avoided excesses.

BE REASONABLE

The fourth suggestion is to be reasonable about the spending of leisure time. When we attempt things beyond our capacity we invite sorrow. A good approach to the liberal spread of hobby choice is that of Socrates when confronted by hundreds of luxurious articles spread for sale in the market place. He said "How much there is in the world that I do not want."

It would not be sensible, for example, for the person who has no skill of hand and eye to embark upon a clay modelling hobby. It would not gratify the carpenter to do carpentry in the evening, using the same skills and muscles as in his daily work.

It is well, indeed, to project into a hobby some of one's work skills and work lore, fitting the hobby to one's aptitudes. But this is not to be interpreted narrowly. It is no health-giving relief for the executive to use his spare time in running a business, even if it be in a different line from the one which takes up his working day.

He needs to explore some field of recreational activity with which he is relatively unfamiliar. He doesn't have to be a superior athlete to enjoy playing handball, or accomplished in any art in order to enjoy it as a hobby. After all, most of us are just average; there are only a few champions.

As for taking on executive responsibilities outside his job, it might be a good rule for him to refuse obligations unless he is sure that they are his. Men and women have been known to kill themselves because they added imaginary obligations to their true responsibilities. The essayist Addison quotes an epitaph from an Italian tombstone: "I was well, but trying to be better, I am here."

ACHIEVING TRANQUILLITY

A well-balanced hobby life will include spare time activity designed to provide physical health, intellectual growth, contemplation, social enjoyment, creative effort, audience relaxation, and periods of solitude.

It may be well for a suburban dweller to doff his prim business suit, to completely relax in an old pair of baggy tweeds, and to putter around in the garden. Later in the evening, with slippers and pipe, he will settle before the cosy fire with a favorite book.

The aim and object of it all is to achieve tranquillity. The business man needs space and air in his mind. He wants that sort of serenity which seems to be impossible of attainment in the hurly-burly of everyday business life. It comes in part from active creative hobbies, and in part from quiet, solitary intellectual pursuits. Boredom has no place in leizure.

Good leisure use is not like a blazing fire, which might burn. It is rather, as so well put by Walter B. Pitkin in one of his books, like the dance of firelight upon a wall. It doesn't scorch; it has a playful touch.

Every man, however dynamic he may be in his bread-earning life, may use his spare time to cultivate and to take pleasure in a quiet and cheerful temperament, happy in the enjoyment of a sound body, a clear intellect, and lively interest in things. He needs time by himself in the midst of the whirl, for contemplation or for making things. And he is a wise man who leaves some of his leisure time unaccounted and unplanned for, making no effort except what the caprice of the moment dictates.

That day is ill-spent in which a mature person has not done something constructive along the lines of his interest, or in which he has been too depressed to notice the brightness of the sun, the color of grass and of flowers, the mystery of the sea and the lure of moonlight on the water.

There is no ready-made hobby suit into which all people will fit. Every person makes his own pattern. By making it wisely, he may cure a present ill, fill a great want, or prevent physical and mental ailments. And, as is said pungently by one of the philosophers: "It is disgraceful for a person to grow old in self-neglect."

Among the many advertisers in this supplement, we would especially draw your attention to that of Victoria Pet Supplies. This store, operated by Charles James, is said to be one of the finest in its field in Canada. Only first class merchandise is offered for sale and it is a well-known fact that Mr. James, ably assisted by Miss Bertha Leger, sure knows his business. We have watched the growth of this business which has been operating in this neighbourhood for the past 30 years and today you can see in Victoria Pet Supplies the result of sound business principles. The foundation of this business was laid on Victoria ave., in Westmount. The present location at Sherbrooke and Grey (opposite the Westmount Theatre) is much larger but Mr. James says that he cannot serve his customers any better than heretofore but has a better place to serve them.

DISCOVER!...

MODEL'S SECRET

In just six weeks at the Barton-Taylor charm school, you can learn the fashion model's professional secrets of posture, poise and better grooming. Individual instruction in all the social graces, including etiquette, voice tone, make-up, weight control and wardrobe styling. You can develop your personality and enhance your appearance. Our diploma can qualify you for a position as a model or airline stewardess, and increase your social or business popularity.

Pay only $10 down to enroll in one of our evening classes.

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Ask for Miss Webb

Barton-Taylor

Models Reg'd
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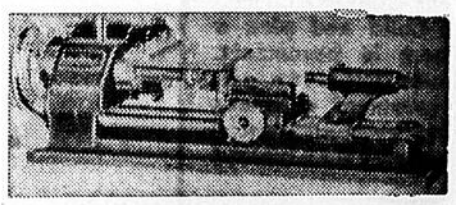
Since 1949
UN. 1-5818

Professional Models • Charm School • Fashion Co-ordinators



World Famous
UNIMAT
A 10-IN-ONE WORK SHOP

Perfectly suited for craftsmen, engineers, hobbyists, and model workers, the UNIMAT is a combination of 10 tools in one! Included is a fine, smooth motor giving 11 different speeds and a lifetime of trouble-free operation.

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Songstress Shirley Harmer now in U.S. television was elected one of the ten best-dressed women in Canada by a nation-wide poll of impartial fashion experts, when she was with CBC 'Showtime'.

VICTORIA PET SUPPLIES

Of course, we haven't seen every pet store in Canada but those that have tell us that we have one of the best-appointed stores in the country. Be that as it may, nevertheless, we are mighty proud of our store. We have an appointed place for everything and everything is in its place, spotlessly clean.

The merchandise offered for sale is the finest in its field whether it be bird cages or bird supplies or dog foods or furnishings. There is no better quality anywhere. Furthermore, our prices are most reasonable for the quality of the merchandise offered.

We have a sales price policy that precludes our taking an unfair advantage of the requirements of others.

Won't you visit our store soon and let us prove our statements? "If we sell it, it's good".

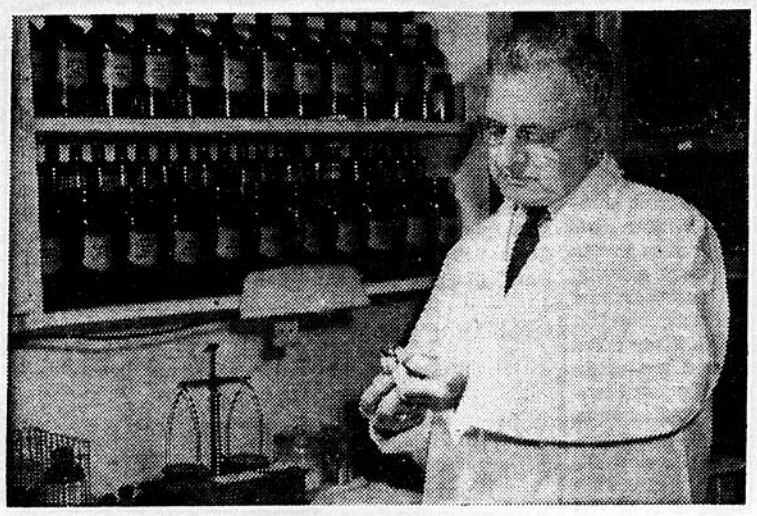
BUYING A BUDGIE

First, have confidence in the person from whom you are buying. You naturally want your bird to talk, therefore be sure to get a male. This is easily determined even in a very young bird by any dealer that really knows his birds.

Our budgies are bred in outdoor aviaries and are young, selected males.

You hear so much these days about "talking strain" budgies. All male budgies are potential talkers. You may as well speak of "barking strain" dogs.

There is no guarantee that our budgies will talk but in view of the fact that 80% of them do talk when trained correctly you can reasonably be assured of a talking bird. We do not compete with anyone on price and no one has attempted to compete with us on quality.



SICK BIRD CLINIC

We maintain a sick bird clinic, operated by Chas. A. James, five days a week, Monday, Wednesday and Friday from 11 A.M. to noon and Tuesday and Thursday from 2 to 3 P.M. (No clinic Saturday).

If your bird is ailing, bring it to the clinic. The charges are most reasonable. Please do not phone and expect us to diagnose the ailment without seeing the bird. There is no specific for all ailments of birds. Yet many people spend much more than the cost of a visit to the clinic on remedies that sometimes do more harm than good.

If your bird is ailing, bring it to the clinic during the hours mentioned above and have it examined and prescribed for according to its individual ailment.

If it is a canary, long nails will put him off song just as quickly as any ailment.

BUYING A CANARY

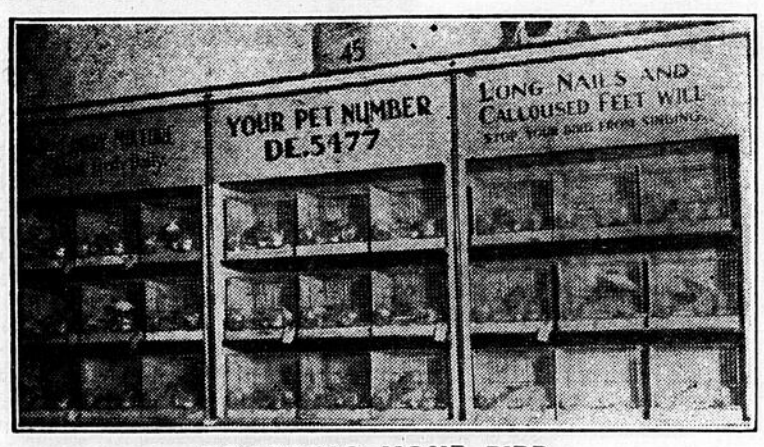
In spite of the popularity of the budgie, canaries are still in great demand. There is nothing in the home sweeter than the song of a canary.

Our birds are bred during the months of February, March and April and are in full song in October or November and are not offered for sale until they are in song. Therefore, you hear the bird of your choice sing before you buy.

With each bird we give written instructions how to care for it. There is no reason why your bird should not be kept in good health and song for years.

If you are thinking of buying a canary, come and see us.

We handle our birds as a little life not as a piece of merchandise.



BOARDING YOUR BIRD

You can leave your bird with us during your vacation or at any time you have to be away from your home. You can do so with every confidence that it will be well cared for.

We have accommodation for 400 birds, all in our cages of uniform side. (We do not keep your cage.) In bright, well-ventilated quarters, your bird is undisturbed.

Our charges are $1.50 per week (minimum, 1 week), extra days, 25c per day. This entails 7 days per week supervision.

During your bird's stay with us, it is given the best of care but it must be distinctly understood that we are in no way responsible for loss beyond our control.

Birds brought to us for boarding must be in perfect condition. We reserve the right to refuse any bird for boarding.

WE MIX OUR OWN SEEDS DAILY

So we know they are the best.

GOLDFISH, BOWLS and AQUARIUMS

FEED YOUR DOG — DON'T FILL HIM!

Try

"TARTAN"

the All Meat Dog Food

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OPPOSITE WESTMOUNT THEATRE

"IF WE SELL IT — IT'S GOOD!"

Entertain the frozen-food way

Claire Fontaine offers barbecue in original way

Wherever hobby circles gather —the word 'barbecue' eventually comes into the conversation when food is the topic.

While there are several spellings of the word—there is one true legend about where it came from originally, a legend worth retelling.

This exotic name came from the Carribean and still, in addition to stimulating appetite, conjures up the warm tropical sun, swaying tops of majestic palm trees, lazy shores and emerald-green sea.

Barbecue is from the Carribean word 'Bourca-caui' which means 'hit by an arrow'. It originally was used to indicate any animal killed in the hunt. For conservation purposes the natives used to smoke their meats and called the smoke-kitchens 'boucans'.

Galleons, Caravels, and Tartans, cruising the Carribean sea, sometimes were five and six months away from their home base and in order to revitual, left hunters on the islands. Their mission was to kill oxen, wild goats and boars and to smoke them the native way—from whiskers to tail, de-la-barbe-à-la-queue.

Thus it isn't difficult to believe that the word bar-b-cue in some form was introduced on this continent first into Louisiana by Jean Lafitte or some other famous buccaneer of the period.

Today, following the culinary footsteps of these gentlemen, the Claire Fontaine Bar-B-Q extends the hospitality of their kitchen which turns out as luscious barbequed delicacies as were originally smoked underneath the giant logwood trees of the Carribean islands so many, many years ago.

Today, there is nothing unusual about serving strawberry shortcake in mid-December or even in the fact that people living in the middle sections of our country can have ocean-fresh fish daily.

But 25 years ago this would have been considered a phenomenon. The process that revolutionized the eating habits of the people of the North American continent started just about then — in 1929 — when a limited number of quick-frozen foods were produced for consumer use.

Homemakers buying those first few items little realized the limitless variety of quick-frozen foods that would one day become available. The list now includes all sorts of popular vegetables, fruit, fish and poultry, as well as such specialties as orange juice, lemonade, French fried potatoes, precooked fish sticks, chicken pies and even waffles.

Quick-frozen foods have achieved a phenomenal success with homemakers. Last year, families on this continent consumed well over one billion dollars worth of quick-frozen foods. This is due, to a great extent, to the advantages quick-frozen foods have over ordinary market food and canned food. They save time and money and maintain consistent high quality and nutritive value. With quick-frozen foods, today's nutrition-conscious homemaker can provide a well-balanced diet of fresh fruits, fish and vegetables every day of the year.

So-called "fresh" fruit and vegetables lose much of their freshness through handling and exposure to air and temperature between harvesting and the time they arrive at the market. Quick-frozen foods, on the other hand, are frozen at the peak of perfection. The important nutritive elements and quality characteristics are "caught" as they come out of the ground and "locked-in" until they reach the consumer.

For the woman behind the menu, frozen foods have brought about a welcome emancipation. The days of stringing beans and shelling peas and washing sand out of spinach are forever gone. These vegetables now come waste-free, ready-to-cook and serve. Even fish is as clean as a whistle—scaled, cleaned, boned and ready-for-the-pan. Poultry comes fully cleaned, dressed and ready to place in the pot or pan.

Serve a cold buffet — the easy way

SAVINGS

This means a saving to the housewife of many dollars because, for example, one 10-ounce box of quick-frozen green peas is equal to nearly two pounds of peas in the pod. In the case of peas, the saving is brought about by the fact that there is no waste—no pods and peelings which, with the fresh foods, are paid for but not used.

Nothing that takes place inside a freezing plant, however, can add quality to the food that comes out of the ground. One of the pioneers in the frozen foods industry began early in its history to help farmers produce top quality crops. Their scientists developed a "quality control" program that begins even before the seed goes into the ground. This firm controls and furnishes the seed to the growers.

The program begins on the farm. Laboratories are set up in the fields when the new crops are about to ripen. Constant checks are made to determine the perfect time for harvesting—at the peak of the crop's ripeness and goodness. When crops are harvested too early, they result in products of low quality.

In the laboratory, scientists using the most modern devices for measuring chemical and physical properties of food not only improve the established products and processing methods, but they conduct research in developing new products. For example, there is actually a special instrument called the Succolometer which is used to measure the tenderness of corn, and another special device, the Tenderometer for measuring the tenderness of peas.

The farmers who specialize in growing fruits and vegetables for quick-freezing have the benefit of a special soils laboratory, greenhouses, and experimental farms where agricultural experiments devoted to developing new varieties of vegetables are perfected.

TEST KITCHEN

In the meantime, test kitchens staffed by expert home economists check and evaluate each product from the homemaker's point of view. Package directions are developed, new products are tested, new recipes and devised and taste-tested.

At the quick-freezing plant rigid controls are maintained by a staff of experts. They supervise every step in the preparation and processing of the foods. They take samples of each product, examine it as it goes through all the processing stages.

The little packages that contain quick-frozen foods are moisture vapor-proof. This precaution prevents the loss or exchange of moisture which results in the change of color, flavor or texture of the foods. Foods are packaged before quick-freezing. This is important because it prevents not only moisture-loss but oxidation, during the freezing and storage.

At the warehouse every shipment is inspected before it is unloaded from the refrigerated freight car to guarantee that its high quality has been maintained during transit. Then the foods are stored in refrigerated warehouses that maintain a uniform low temperature.

To the homemaker this means liberation from hours of slavery in the kitchen, makes possible a perfectly balanced diet of the best quality food all the year round, and brings the widest variety of foods to the nation's table. Indeed, it is no wonder that housewives have turned quick-frozen foods into one of the biggest and most important industries in the country today!

This pretty spoon rack has a built-in planter

Every year letters are received from readers for a spoon rack. This project is an answer to them. Attractive, but simply made, it can be built with but a few tools. The craftsman may cut out several at a time and make them up for Christmas gifts, for most ladies would appreciate a spoon rack as gifts. It really isn't too early to start work, since Christmas is just a few months away.

The stock used is up to the crafstman, but mahogany, cherry or maple would make the best holder. Toois needed are a hammer, hand saw, square, a drill and a jig saw.

MATERIALS NECESSARY:

1	21" x 12" x ¾"	(A) Back (stock size)
1	10" x ¾"' x ½"	(B) Spoon rack (stock size)
2	3½" x 3" ⅜"	Sides for planter
1	7¼" x 3" x ⅜"	Floor for planter
1	9" x 4" x ⅜"	(C) Front of planter stock size)

In addition to the above you will need finishing nails and glue.

THE CONSTRUCTION

Begin the construction by cutting all of the segments to the correct size and shape. Measure the stock in 1-inch squares to get the pattern for the back, the spoon rack and the front of the planter. This may be done directly on the wood or done first on paper or cardboard and then traced on to the wood surface. When you have done this, then cut these segments to size and shape, too.

Drill six ⅜-inch holes on the spoon rack and then cut a straight slot into each hole. This enables the spoon to slide into place. When this is finished, sand all segments smooth, fill with liquid wood sealer and polish.

Begin the assembly by measuring the proper location for the poon rack on the back (A) and then secure in place with glue and finishing nails from the back. Next assemble the planter. Attach the two sides to the bottom with glue and finishing nails and then secure the front into its proper place in the same manner. Set the entire planter on to the back with glue and finishing nails. (You may make a planter liner out of tin and solder it on the corners if you choose.)

Sand the entire project again and fill as before then use varnish or varnish stain for a pretty finish.

Youngstown units for every purse an Olsen feature

Youngstown Kitchens are being featured by A. O. Olsen and Company, 1185 Drummond street.

These kitchens feature the new Montere. Styling as well as a host of other features that make Youngstown the choice of discriminating homeowners. The kitchens feature wood for eye appeal, color that can be lived with, dramatic advanced styling at prices that howeowners can afford practical and efficient built-in cooking, quiet-running food waste disposal units that are trouble free, dishwashers that are easy to load and a dozen other features.

Home-making editors, color stylists, decorators, home economists, home builders, kitchen dealers and housewives—all are boosters of Youngstown Kitchens.

Olsen's phone number is UN-6-5839.

Many a matron who has been acting as if she were teen-age again may now shift, after the Elizabeth visit, to acting as if she were queen-age again.

A Pennysylvania scientist thinks he's on the track of non-skid ice. That's what they all think just before the wheels begin to spin.

PET HEADQUARTERS

● TROPICAL FISH
● AQUARIUMS
● BUDGIES
● CANARIES

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Hamsters-White Mice
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DOG FOOD
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Becoming engaged? - only DAOUST et FILS can make this UNUSUAL OFFER!

ENGAGEMENT RING
11 Certified AA Diamonds
WEDDING RING
6 Certified AA Diamonds
Total Weight 50 points (½ Carat)
18 kt. white gold
Special Value
ENGAGEMENT RING and WEDDING RING $295.00 SET

ENGAGEMENT RING
3 Large Certified AA Diamonds with 4 small Certified AA Diamonds on each side
WEDDING RING
7 diamonds set in an unusual form
Total Weight 100 points (1 Carat)
18 kt. white gold
An exclusive and very modern design

Special Value
ENGAGEMENT RING and WEDDING RING $450.00 SET

ENGAGEMENT RING
5 Certified AA Diamonds
WEDDING RING
6 Certified AA Diamonds
Total Weight 35 points (⅓ Carat)
A Magnificent Ensemble in 18 kt. white gold
ENGAGEMENT RING and WEDDING RING $195.00 SET

From our Highest Quality Collection of Certified AA Blue Diamonds

With the purchase of any of the matched Engagement Ring and Wedding Ring sets illustrated here you can obtain for only **$1.00 EXTRA** the 42 piece Service for 8 1847 Rogers Bros. FLATWARE including rich tarnish-proof chest in the beautiful "FLAIR" pattern together with the matching English DINNERWARE, 42 piece Service for 8 illustrated here.

FREE INSURANCE AGAINST ALL RISKS
Fancy Ring Case, Guarantee Certificate
Engraved interior (initials, date, etc.)

With the purchase of any of the matched wedding ring and engagement ring sets illustrated here at these special prices for only **$1.00 EXTRA** you obtain a total of 84 PIECES . . . DINNERWARE and FLATWARE plus tarnish-proof chest.

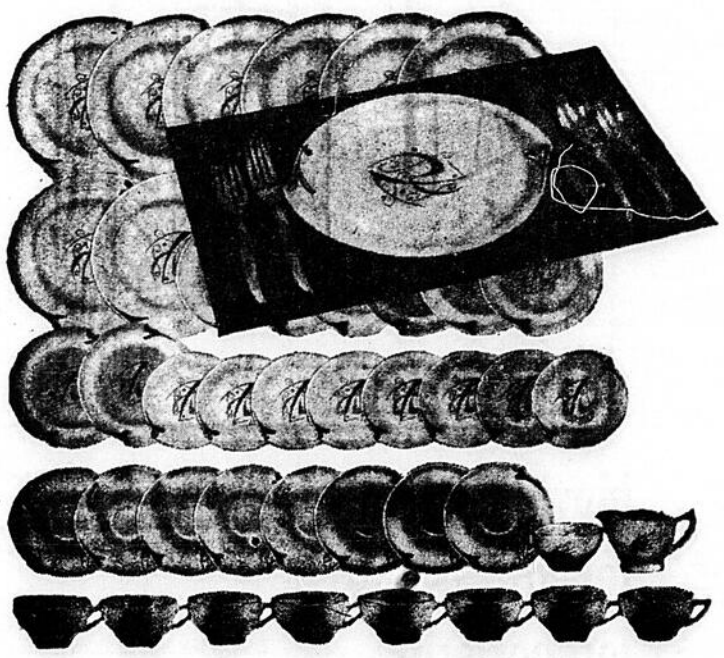
YOU GET THE TOTAL VALUE OF
$112.45
FOR ONLY
$1.00 Extra
With the purchase of an Engagement Ring and Wedding Ring

Down through the years you will ENTERTAIN with pride while wearing your DAOUST Diamond Ring with pride.

Don't miss this wonderful OFFER!

NOW FOR ONLY $1.00 EXTRA

For Limited Time Only



FLAIR DINNERWARE (42 pieces)
Contents
8 cups 8 saucers 8 Bread and Butter Plates 8 Fruit Dishes 8 Luncheon Plates 1 Cream Pitcher 1 Sugar Bowl. "Flair" Dinnerware is manufactured in England.

FLAIR FLATWARE — 1847 Rogers Bros.
Contents
8 Hollow Handle Knives 8 Forks 8 Teaspoons 8 Dessert Spoons 8 Salad Forks 1 Butter Knife 1 Sugar Spoon in Tarnish-proof Chest

Daoust et Fils Ltée

1912 *Jewellers* *Diamond Specialists* 1957

"Celebrating 45 Years of Diamond Leadership"

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WEST END BRANCH
1397 St. Catherine Street West
Corner Bishop
BElair 8684

Desmarais, Robitaille candles of quality produced in Lachine

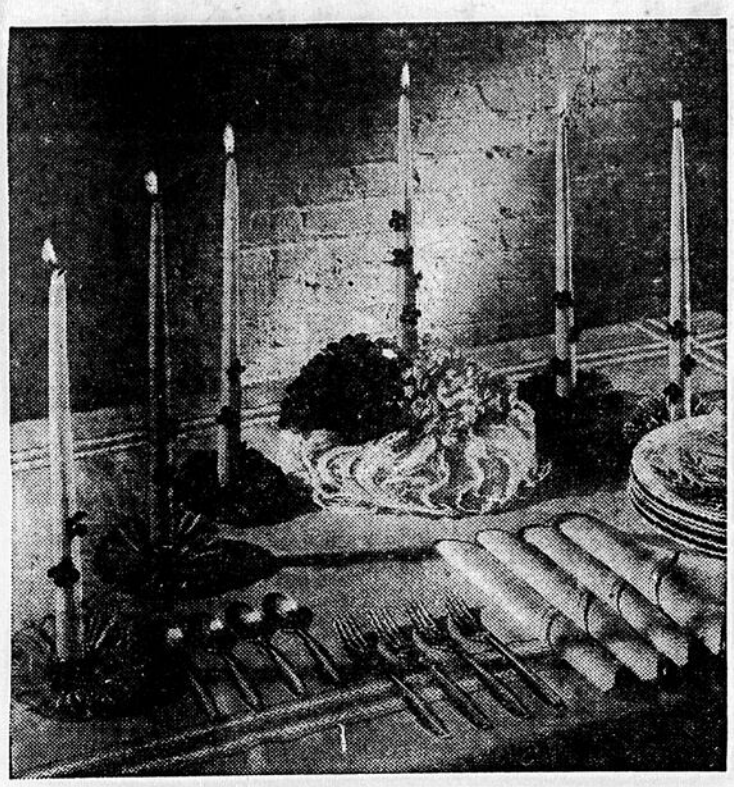
Candle-making is looked upon by some in this modern age as a lost art — but in reality, to those who are really in-the-know or take the time to find out the actual situation — the candles of today are finer in many respects than they have ever been.

Desmarais and Robitaille, manufacturers of church candles for many years, have achieved a quality and precision in this branch of the art that has made their trade name a leading one in ecclesiastical circles.

The precision and high quality know-how that has gone into these church candles for years through the Desmarais and Robitaille firm, is also being employed to produce a wide variety of other types of candles — fabricated from a superior wax and colored and tapered with care.

With offices and show-rooms at 70 Notre Dame street west, Desmarais and Robitaille manufacture their products at 40 Twenty-sixth avenue, Lachine. Branch establishments are operated in Ottawa, at 121 Rideau street and in Toronto at 95 Church street.

When you see the D & R imprint on a candle, you know it is a candle of quality.



Light touch for a light-hearted party is provided by tall tapered candles decorated with sequin-centered artificial flowers. Desmarais and Robitaille feature the finest in quality candles for all occasions.

A letter from a public relations firm asks us to publicize "Emergencies Don't Wait Week." Sorry, but we're full up — it'll have to wait.

Broadway comedy

(Continued from Page 11)

appearance — at the completely renovated St. Denis Theatre — has been arranged by the Broadway Theatre Alliance and Canadian Concerts and Artists, who are experimenting with the plan of bringing important Broadway productions to the modernized house on St. Denis street.

The performance from December 3 to 7 should provide a great deal of genuine enjoyment to all who can make arrangements to see this rollicking production.

Husband—One who can't understand why his wife still should look as well-dressed as when she caught him.

Psychologist—A man you pay to ask you questions your wife asks for nothing.

What's new about the trading-stamp idea? For years, every bank in the country has had a plan by which you could get nifty premiums just by filling a little book.

For the **Do-It-Yourself** *Hobbyist...*

PANELYTE - ARBORITE
SOLD CUT-TO-SIZE
Paint, Rubber & Asphalt Tiles, Linoleum

SHERWIN WILLIAMS PAINTS

LEFEBVRE & FRERES Enrg.
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Smart corner cabinet for bathroom items

This project is a very useful one for it is a corner cabinet for the bathroom. It will be very attractive and will hide many unsightly articles that are necessary in this room. The craftsman will find this project easy to build and it will take but a few evenings of workshop time.

Stock used may be white pine, or any scrap stock available. Tools needed are a hand saw and hammer. A power saw would be helpful.

MATERIALS NECESSARY:

2	15¼" x 31" x ½"	Back (stock size)
1	31" x 15" x ½"	Sides
1	31" x 15" x ½"	Door
1	16" x 16" x ¾"	Top (stock size)
2	14½" x 14½" x ½"	Shelf and Bottom
2	12" x ½" x ½"	Supports
2	2" x ½" x 2"	Supports

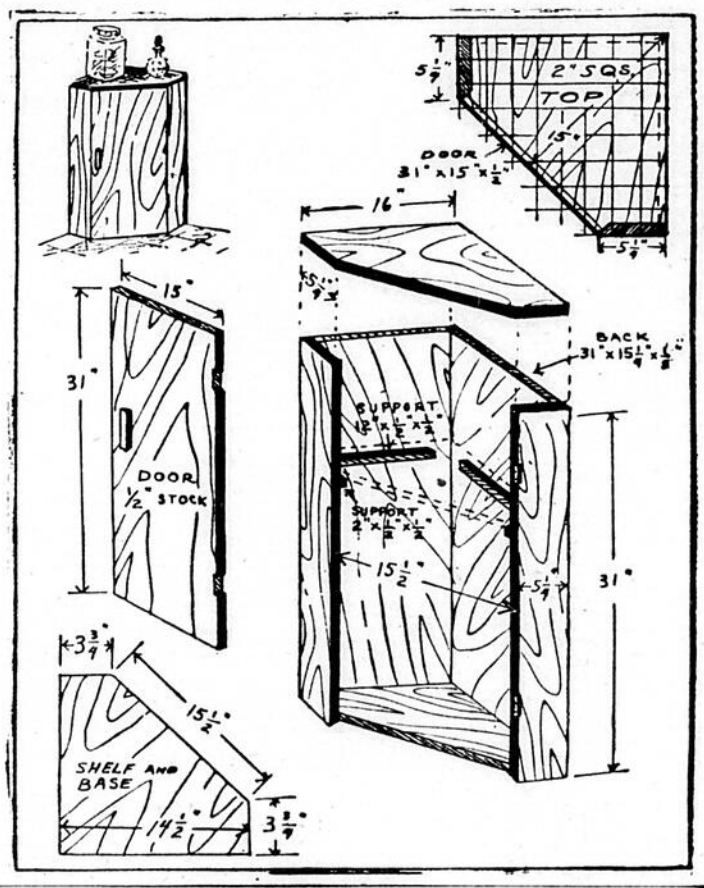
In addition to the above you will need one handle, one door catch, two hinges, finishing nails and glue.

THE CONSTRUCTION

Begin the construction by squaring off the stock for the top shelf and bottom, as shown in the scaled diagram. When this is finished, cut them to size and shape. Then cut all other segments to the proper size and shape. Rout out for the hinges and bevel the side segments as shown in scaled diagram. This will enable the door to fit properly. When all segments have been prepared, sand them smooth, fill with liquid wood sealer and polish.

Begin the assembly by securing the supports for the shelf to the back and two small front segments with glue and finishing nails. The large supports go on the back and the small ones are secured to the two small front segments. Now secure the two back segments together with glue and finishing nails. Next set the bottom and shelf in place in the same manner. Then put the two front side segments in position with glue and finishing nails. Finally set the top in place.

When using finishing nails always countersink and fill with wood filler. Fasten the hinges on the door and then hang it in place. Attach the handle to the door and secure the little catch now, too. For a nice finish use varnish, varnish stain or enamel. An enamel to match a color in the bathroom would be nice.

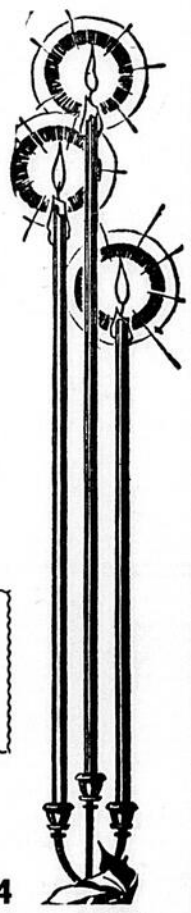


Candles . . .

for the warmth of hospitality

Candles lend an incomparable lustre to your home. Whether the occasion is a small intimate dinner or a large lavish party . . . candles give the light of friendliness and good taste. We suggest a visit to our store, where you may choose candles in a wide assortment of appropriate colors for your entertaining requirements. Candles for all occasions made on the premises.

FOR THE ARTISTIC HOBBYIST:
Candles encased in glass; 8" high by 3" in diameter with 168 burning hours which can be hand-decorated in various ways make beautiful and decorative gifts that will surely be appreciated.



Desmarais & Robitaille Ltd.
70 Notre Dame St. W. **VI. 5-3194**

Movie-camera records events for posterity

With a season of activity and fun coming up, perhaps you have been thinking of a movie camera to preserve the "good-times" for posterity.

Subject matter for your lens will soon be plentiful; the end of the football season with its mounting excitement and fast action, the children and the season's first snowfall, the snowball fights and toboggan races all make for fine motion pictures.

Capture the beauty of the hills in brilliant color with guadily dressed skiers sliding down their slopes.

And Christmas; the highlight of the winter season. Indoor shots of children preparing for the big day. Bustling crowds shopping for the gift that pleases; truly a season of wonderful subject matter for a Bolex movie camera.

For the 8 mm fan Bolex has two fine models; the C-8 and the B-8. The basic difference between the C-8 and B-8 is that the B-8 is a turret model having provision for two lenses with easy-swivel interchangeability.

Lightweight and easy to carry in pocket, purse, or brief case the Bolex camera can be with you everywhere — always ready to capture "these moments" when they arise.

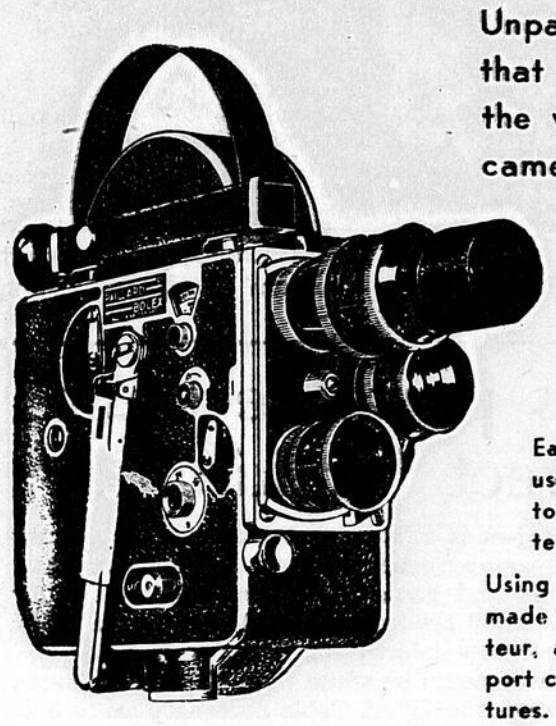
Available for both models is a wide variety of Kern-Paillard lenses of every focal length needed.

Swiss-made by skilled craftsmen, the Bolex and Kern-Paillard lenses and accessories are available in Montreal through the Quebec distributor, Cinema Distribution & Service; H. de Lanauze Inc., suite 428-430, 5757 Decelles avenue, Montreal 26.

BOLEX Finest in every way!

Anyone will become a movie enthusiast with a Bolex Camera

Unparalleled craftsmanship resulting in superb performance. These are the features that have made BOLEX the symbol of the world's finest movie equipment. Today, the words "reliable as a BOLEX" have become a slogan amongst experienced cameramen everywhere.



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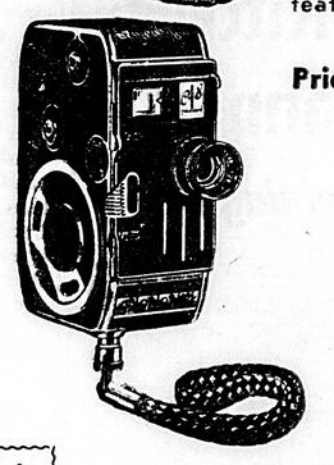
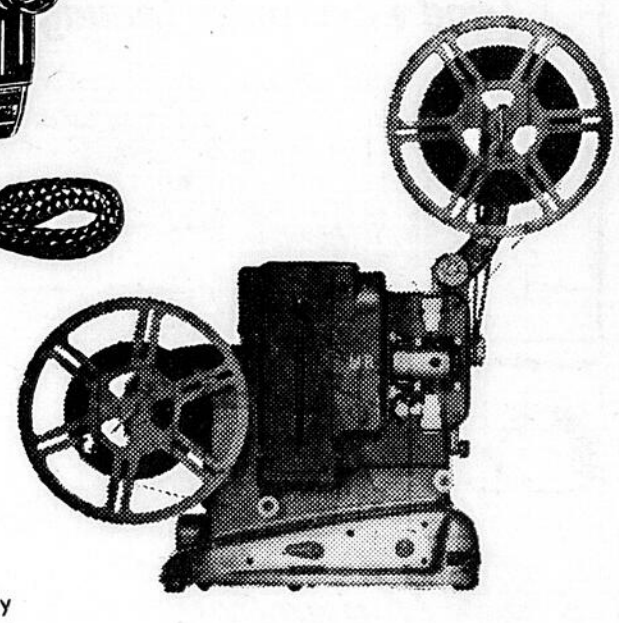
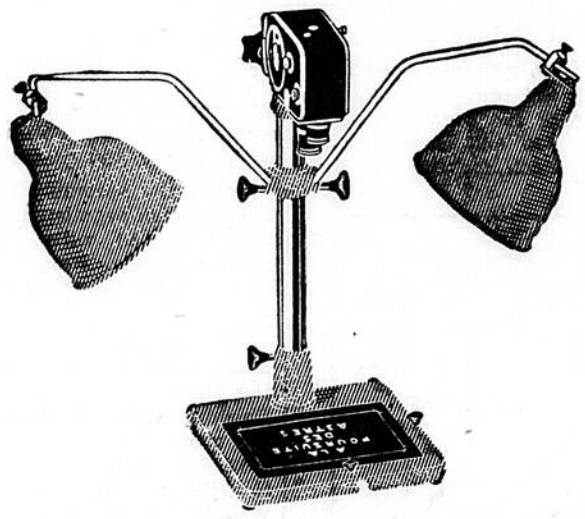


BOLEX — first with latest innovations — available in other models with direct through-the-lens viewfinding, and EVEN Stereo 3D, etc.





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Travel is a lovely hobby

(Continued from Page 12)

ners of the Dolomites and the Valley of Piave. These mountains present extraordinary shapes and colorings. Above the forests rise peaks, some massive and towering, some sharp and pointed, which at dawn appear to be rose-colored, changing imperceptibly to reds and violets at sunset.

VENICE UNIQUE

Venice is a wonderful and unique city, traversed by 160 canals, and linked by over 400 bridges. Here St. Mark's Square, dominated by St. Mark's Cathedral, is a favorite spot for visiting tourists, and Mrs. Jones was amused at the flocks of well-fed pigeons which crowd around obviously looking for hand-outs from good-natured visitors. Travelling by gondola was quite an experience, especially at night when myriads of colored lights reflected in the water, and light-hearted music and song filled the air as they glided along the canals.

GERMANY ACTIVE

Germany has snapped right back since the war; stores are well stocked, food is plentiful; new buildings are springing up everywhere, and there is a general air of bustling activity as the people try to make up for the lost years of the war.

Mrs. Jones was born in Kettering, England, and came to Canada at an early age. She was very excited at the prospect of visiting the old home town again.

"What were you looking forward to seeing the most?" I wanted to know.

"The roses," she answered immediately. "There are no roses to equal the English roses!" she asserted, and as Mrs. Jones is an ardent gardener I'd be inclined to take her word for it. She met many old friends and neighbors. "It's rather a strange experience to meet people you knew as children and find them middle-aged, mature individuals, but I still recognized most of them," she laughed.

The young people in England are anxious to hear about the prospects in Canada, and visitors are plied with questions concerning jobs, cost of living, etc.

There is no scarcity of work in England, but items we consider essentials, such as refrigerators, central heating and so on are luxuries there. On the other hand, living is cheaper, the pace is slower. People seem to be content with much less and on the whole appear to enjoy a more placid existence.

The stores are well stocked, and Mrs. Jones noted that there are many items for sale that are unobtainable here.

Little gadgets like stair carpet clips, through which the carpet slides easily and makes it a simple matter to remove it for cleaning. Milk bottles are capped by heavy aluminum foil tops which might be considered more sanitary than the cardboard affairs used here. In England foil tops are compulsory by law. Plastics are much in evidence; plastic is used in the manufacture of many useful items. Printed nylon materials are very lovely; and of course English china is beautiful and comparatively inexpensive.

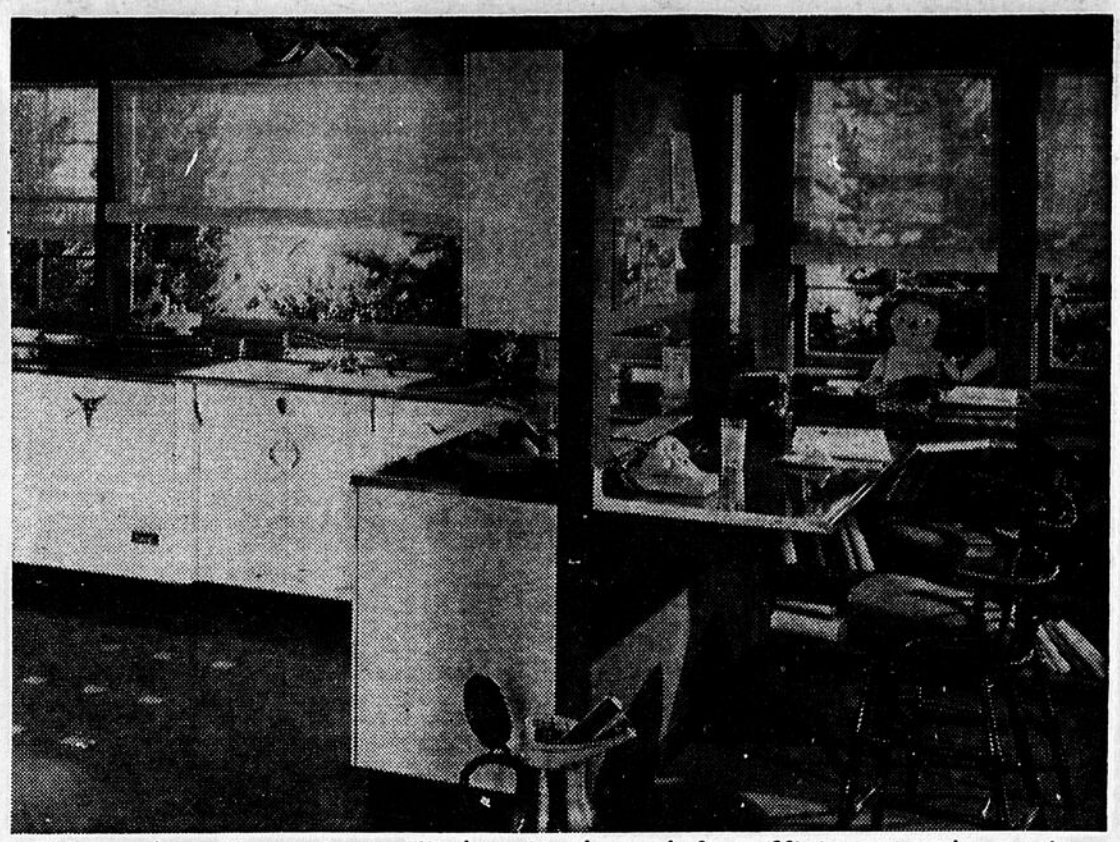
SMALL CARS

Small cars are much in evidence, large cars are seldom seen. Of course, when you consider that there is a fifty per cent tax on new cars this is easy to understand. Trailers are increasing in popularity. They are called "caravans", and "Caravan camps" dot the fields for miles in the country.

WALES UNCHANGED

Leaving England Mrs. Jones travelled to Wales to visit her

(Continued on page 30)



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This portable desk perfect for kitchen

This project is a little portable desk just perfect for the kitchen or any other room in the house. It has two little drawers and room for notes, bills, stationery and many other small needed articles. It can be placed on any small table or on a cabinet top.

Stock used could be white pine, cherry, mahogany, or any other stock preferred. Tools necessary are a hammer, hand saw, jig or band saw.

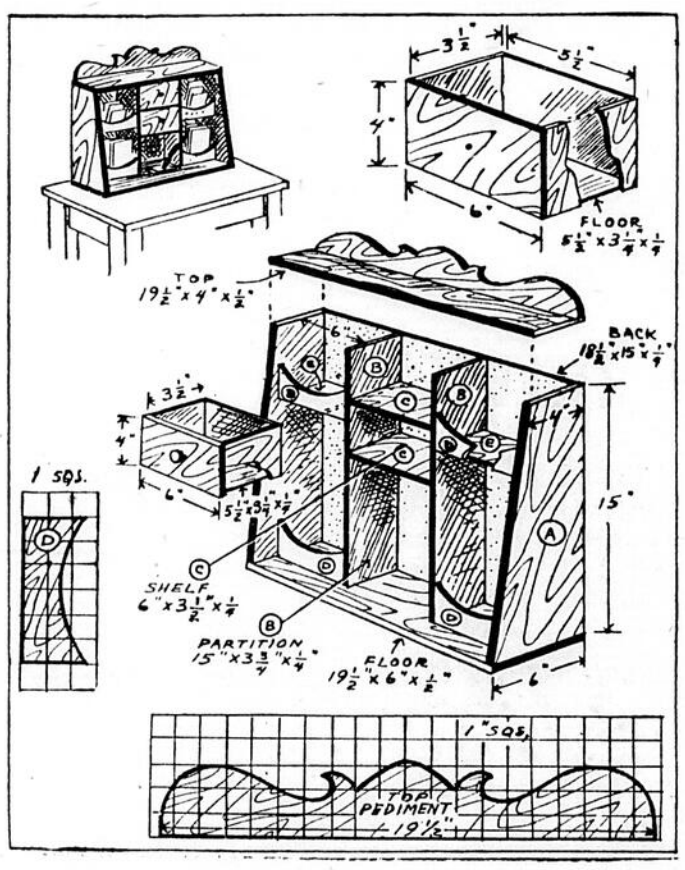
MATERIALS NECESSARY:

1	18½" x 15" x ¼"	Back
1	19½" x 3¼" x ½"	Top pediment (stock size)
1	19½" x 4" x ½"	Top
2	15" x 6" x ½"	(A) Sides (stock size)
2	15" x 3¾" x ¼"	(B) Partitions
2	6" x 3¾" x ¼"	(C) Shelves
2	6" x 3½" x ¼"	(E) Shelves
4	6" x 2½" x 1¼"	(D) Front
1	19½" x 6" x ¼"	Floor
Drawers		
2	6" x 4" x ¼"	Fronts
4	3½" x 4" x ¼"	Sides
2	5½" x 4" x ¼"	Backs
2	5½" x 3¼" x ¼"	Floors

In addition to the above you will need two handles, glue and finishing nails.

THE CONSTRUCTION

Begin the constuction by cutting all of the segments to the correct size and shape. Square off the stock for the top pediment and the (D) segments and cut them to size and shape, too. When all segment have been cut, sand smooth, fill with liquid wood sealer and polish.



Begin the assembly by securing the back segment to the side segments (A) with glue and finishing nails. Next set the floor in place in the same manner.

Now measure and mark the location for the (B) partitions. Put them in place with glue and finishing nails. Measure and set the center (C) shelves in place now, too. Then the two outside (E) shelves in the locations of your choice. Secure the (D) segments with glue and finishing nails. Put the top in position with glue and finishing nails and lastly secure the top pediment.

To assemble the drawers, secure the front and side segments together with glue and finishing nails, then the floor and the back in the same manner. Put the handles on last. For a finish use clear varnish or shellac if the wood is attractive and you want a natural finish. You can also use varnish stain or enamel.

Archeologists have found ivory figurines from ancient Babylonia that have survived for 2,700 years. One thing this proves is that Babylonian children weren't allowed to play in the living room.

Raleigh cycle story is interesting one

Ever since a nameless swain sought and won the hand of a girl named Daisy with the promise of a honeymoon spent on a bicycle built for two, bicycles have been in the news. Starting with the penny farthing the bicycle has run the full length of the evolutionary process until today it is practically a two wheeled automobile. Since the beginning the name of Raleigh has led the way.

It was seventy years ago that Frank Bowden came home from Hong Kong with only a few months to live, according to the Hong Kong doctors. Acting on the advice of his local doctor he took up cycling as a healthy and gentle form of exercise. Within six months he was perfectly fit again. He was so impressed with the potentialities of the new machine that he sought out the makers.

He discovered twelve men turning out three bikes a week in a little workshop on Raleigh street, Nottingham, and bought an interest in the company, thus was born the Raleigh Cycle Company which later grew into an internationally famous industrial empire. Today people in remote Nepal, at the foothills of the Himalayas, in Japan, Malaya, Bolivia and other parts of the world all know and respect the name of Raleigh.

Just about the same time that Bowden was forming the Raleigh Company a young inventor had just completed the pneumatic tire. The combination of machine and tire was dynamic. Today the epitome of bicycle perfection is to be found in the Raleigh Superbe and in the famous Red Racing Raleigh on which Reg Harris has won four world championships and nineteen Grand Prix.

The varying requirements of a world wide market necessitates a constant appraisal of changing preferences. Seventy five per cent of the companies annual output of one million cycles is directed to export markets, one of the largest of which is Canada.

The story of Sturmey-Archer Company a subsidiary of Raleigh Industries Ltd., is almost as exciting as that of Raleigh itself. It manufactures the famous three-speed-gear and its story is the story of pleasure cycling. Not only nave they brought three speed gears to perfection, through successive developments but they also introduced the now famous "dynohub" hub lighting system.

Today the company produces four different hub gears, four brake hubs three Dynohubs and a full range of lamps. The constant and differing demands of cyclists will constitute an ever present challenge to the technical resources and ingenuity of Sturmey Archer.

Raleigh Industries have always attached great importance to Dealer relationships, believing that service to the public demands loyalty to the stockist. Since then Raleigh have extended their operations to cover Canada, with a special emphasis on the Montreal area. Formed in 1954 with a head office in Montreal and warehouses in Montreal and Toronto to service appointed dealers in Quebec and Ontario, the Canadian company is growing by leaps and bounds.

From the beginning it has interested itself in promoting safety cycling, and has a special staff to lecture and assist safety leagues in the instruction of young cyclists.

Raleigh Company of Canada Ltd. is located at 3429 Park avenue, Montreal.

GE has an alarm clock that will wake you up, then let you go back for a snooze and ring again in 15 minutes. This will be of some help. But what we really need is an alarm clock that will mind its own darn business.

Toy train inventor...

(Continued from Page 8)

small trains with complete accuracy. Sound recordings of diesel horns were made for a long time before the Lionel model was developed that sounded exactly like the real thing — the blast of several hundred cows mourning their lost young.

Joshua Cowen is the son of a successful New York real estate man, and when he was seven he had a talent for whittling small steam locomotives out of wood. He thought of real steam engines, decided to build one in the kitchen of his home on Madison avenue. It blew up. His father sent him to Cooper Union where young people with exceptional creative ability are given facilities to develop it. He invented nothing with practical application until he was 18. Then he came up with the fuse that ignites photographers flash powder. The navy of the U.S. heard about it and summoned him to try his hand at a detonator for mines. He made one, built 24,000 and sold them to the Navy. The profit on the deal set him up in business.

BOX ON WHEELS

His first toy train was simply a box on wheels, powered with an adapted electric fan motor. Within two years he built one modeled on the real giant that ran between Baltimore and Washington on the B & O. He built a gondola car for the engine to pull. In the next five years he added passenger cars, box cars, and tie-held miniature rails.

In 1905 Joshua Lionel Cowen sold $8,000 worth of toy trains and while this looked like a lot of money, he put most of it back into the business. By 1910 his trains were so popular there were no more financial worries. In 1928 he built his own plant in Irvington, New Jersey. An addition was made in 1952.

Present financial success of the venture is mainly the work of Lawrence Cowen, J.L's son. When he was ofered the business end in 1945 he was a good man for the job — and he brought business diversification with him.

Together father and son have developed spinning tackle, a fixed-focus stereo for amateur photographers but the making of toy trains and the gadgets that go with them are still the first love of the team.

The Lionel trainman of 1957 can do a lot more than just watch his rolling stock move along the track. He is a combination engineer and despatcher, stopping, starting, reversing engines, making up freight trains, routing and rerouting traffic — all from one remote-control station.

Lionel locomotives are exact replicas of the originals — down to the last rivet. There is a universal enthusiasm among railroad executives to have their equipment copied in the Lionel line, but they don't always achieve it. The enthusiasm must start with J.L. One railroad president offered him $20,000 to include a model of his locomotive in the Lionel catalogue. "I won't do it," replied J.L. "I don't like your paint job."

IMPORTANT USES

And some Lionel equipment has been put to amazing uses:

A Lionel flat-car and switching engine are used in a Cleveland clinic to transport hot, radioactive cargoes of isotopes between rooms of a laboratory.

During the Second World War the U.S. Office of Strategic Services used Lionel trains to stimulate actual conditions in train-wrecking.

One of J.L.'s chief hobbies is mingling with crowds watching Lionel equipment in action.

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Banish tears, restore smiles at doll hospital

By VERONICA SINEL

The small three-year-old boy stood in the doorway clutching his battered teddy bear. "He'th thick", he sadly announced as he tearfully handed it over to be examined by the "doctor". "Well now, that's too bad", said the doctor, "But don't worry, we shall soon make him all better again".

The "doctor" is Israel Abugov, who runs the Montreal Doll Hospital at 5851 Decarie Blvd. Here dolls and stuffed animals of all shapes and sizes come to be patched up and repaired to look almost like new again.

A perky looking monkey sat on one of the shelves; his foot had been stitched back on and he waited patiently for his small owner to take him home. Close by, a panda carelessly displayed his patched feet. Mr. Abugov picked him up and showed me the repair job. "He was in quite a mess when he came in," he said, "but he's fine now, just fine."

They make dolls a paying hobby

On the shelves, in various stages of repair and disrepair, were the dolls, some quite new, some up to twenty-five years old. In the corner a large Italian doll carried her faded grandeur with an air of indifference, knowing that soon she would be dressed in a fashionable gown specially designed for her by Mrs. Abugov. A small doll, minus her hair, hid her embarrassed head behind a sympathetic mother doll.

Mr. Abugov opened a drawer and showed me arms and legs of all shapes and sizes; some cleverly jointed, some so life-like that they are really works of art. Legs for a ballet dancer doll intrigued me, so gracefully shaped, with a tapered foot that could be fixed in the pointed toe position and of course there were tiny ballet shoes to fit.

In a glass case dolls' heads were displayed, looking rather incongruous without bodies. "On with their heads" I cried, feeling that some words of comfort were called for as they all stared at me with fixed, sweet smiles.

A box of wigs held silky coiffures, blonde, auburn and brunette. Some stylishly waved; some with elegant curls. There were pony-tails, shining braids, long and short styles. A little girl could spend a happy time deciding on a suitable one for her doll.

"Have you always been a doll 'doctor'?", I asked Mr. Abugov. "Oh no", he answered, "my wife and I used to have a fabric store. I had a friend who had worked in a doll factory in Germany, and he taught me the elements of the trade. For a long time I indulged in it as a hobby, repairing the dolls belonging to relatives' children. Then more and more people would bring dolls in to be repaired, and I finally decided to make it my business. I enjoy the work, and it's a wonderful feeling to be able to make sad little hearts happy again."

During our talk I had been noticing gay little dolls' clothes displayed around the walls. Delightful miniature copies of children's fashions. I had to examine and admire them. Mrs. Abugov was obviously pleased by my enthusiasm, and for a very good reason — she designs. They were so cute and so different from any dolls' clothes I had ever seen that I had to know where she learnt such a fascinating trade. "Well", she laughed, "I actually got into it more by accident than design. When we had the fabric store a lady used to come in for the small remnants which she used for making doll clothes. One day I gave her a piece of material to make a doll's dress for me; and when she brought the finished article in I looked at it and thought 'I'm sure I could design something a little more original than that.' So I designed and cut out a dress and asked her to sew it for me. It turned out so nice that I displayed it in the store window, and it sold within half-an-hour! This encouraged me to make more, and eventually there was such a demand for my doll clothes, and my husband was being kept so busy repairing dolls, that we thought we might as well combine our talents and doing work we enjoy, — and we have such delightful customers!"

DOLL'S CLOTHES

Here a little girl can buy any outfit she desires for her doll. There are school uniforms — a navy tunic with regulation pleats, and a white blouse; — smart day dresses; party dresses; evening dresses; and skirts. "The party dresses are the best sellers", said Mrs. Abugov, but all the clothes are eagerly examined by the small fry when they come in.

I loked over an amazing variety of styles, snow suits, spring ensembles, winter outfits, every one complete to the very last detail. "You must be kept pretty busy designing all these, and making them up," I remarked. "Oh yes, indeed we are," agreed Mrs. Abugov, "my sewers are working overtime to fill all the orders on hand. They are considered to be the best designed clothes on the market."

She picked up the Italian doll. "I am going to enjoy dressing this one", she smiled, and proceeded to describe the dress and bonnet she had in mind. Blue and white organdy over a crinoline, with pantalons to match; the overskirt in scalloped layers with a hand-painted design in each scallop. Sounds adorable.

"Have you any very old dolls in to be fixed?' I inquired. "No, not at the moment", said Mr. Abugov, "but a customer is bringing in a doll which is about seventy years old. It's beginning to fall apart and she wants me to fix it up. This will be an interesting job as I have to keep it looking like the period it represents." "Could you make a dress to suit a doll that old?" I asked Mrs. Abugov. "Oh yes. Of course, I'd have to study the styles of that period to get the dress just right."

I looked around the pleasant room, tastefully decorated in blue and pink, bright with gaily dressed dolls and stuffed toys, and I thought of the tearful little faces, whose tears were dried and smiles restored after a visit to the Montreal Doll Hospital.

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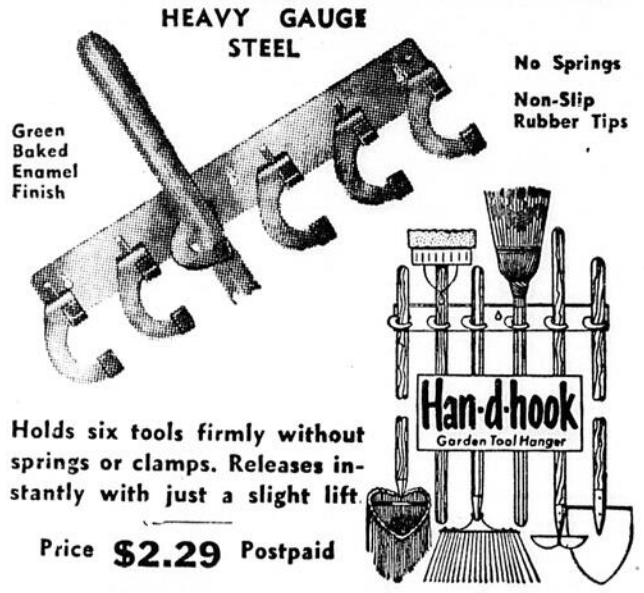

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Charming woman always gets man says Jay Barton

A good woman inspires a man, an intelligent woman interests him, a beautiful woman fascinates him, but . . . a charming woman gets him.

So says Jay Barton, co-director of the well-known Barton-Taylor School of Charm. For the past nine years Jay Barton and her husband Al Taylor have seen thousands of women develop grace, charm and poise through the efforts of their school.

They say the basic problems which must be dealt with are lack of confidence, skin problems, and excess weight.

Confidence can be developed if girls would only learn never to look "less than their best".

Too many girls get "dressed up" for their Saturday night date and then don't bother to set their hair to go to the office on Monday.

Lack of good grooming forces people to reject them to a degree and so confidence begins to slip.

At the Barton-Taylor school, girls are taught to understand and be honest with themselves as regards to their individual problems. This is the only way a personality can be developed and without personality even the most attractive girl would contradict the initial good impression. So you see, charm is made up of many things. To have charm, one must be gracious and graceful, attractive and well groomed and with the intelligence to talk only when she knows her subject and listen attentively and with interest when she doesn't.

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Hobby shop wife's idea

"The Hobby Shop was my wife's idea", said Arthur Chesmer, proprietor of Westmount Hobby Shop, now in business for over seven years at the same location, 4926 Sherbrooke Street west.

The store, fixtures and showcases were all designed and built by the owner, whose main hobby is woodworking. All available shop space has been utilized to the best advantage, and on display are construction kits of ships, aircraft, cars, trains, and many other items in handicrafts, some coming from far away places such as England, Germany and Japan.

The art of model building, a fascinating hobby, has been practised from time immemorial, and is now becoming an essential part of modern education.

The main materials used today are balsa wood, metal, and plastic, the latter enjoying great popularity at present. The most interesting medium is Balsa wood which is 90% aircells and appears to grow best in Ecuador, since the dry season there is not unduly hot, and the trees are covered by a layer of mist which keeps the temperature lower and so gives a more even growth. The trees are cut where they are most easily reached, then floated down a river to the nearest mill. By the time the wood reaches the modeller, 75% has been lost in trimming away waste due to stains, knots, and soft core.

Why not come in to the Westmount Hobby Shop sometime and look around?

Darts are popular...

(Continued from Page 6)

length of slippery wood or slate boards.

The Victorian prejudice about "ladies" not going into pubs is a dead duck today. The small Private Bar where ladies used to drop in for a quick one, still exist but are not used much today. You'll find plenty of ladies in the Public Bar. Many of them are excellent dart players, and have become members of the local pub teams which travel around the country playing for cups and prizes.

A free booklet called "The Inns of Britain" which contains illustrations and descriptions of famous old pubs can be obtained by writing The British Travel Association, 90 Adelaide St. W., Toronto, Ont.

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5301 Wellington St. Verdun

Six-piece lamp table is one-evening project

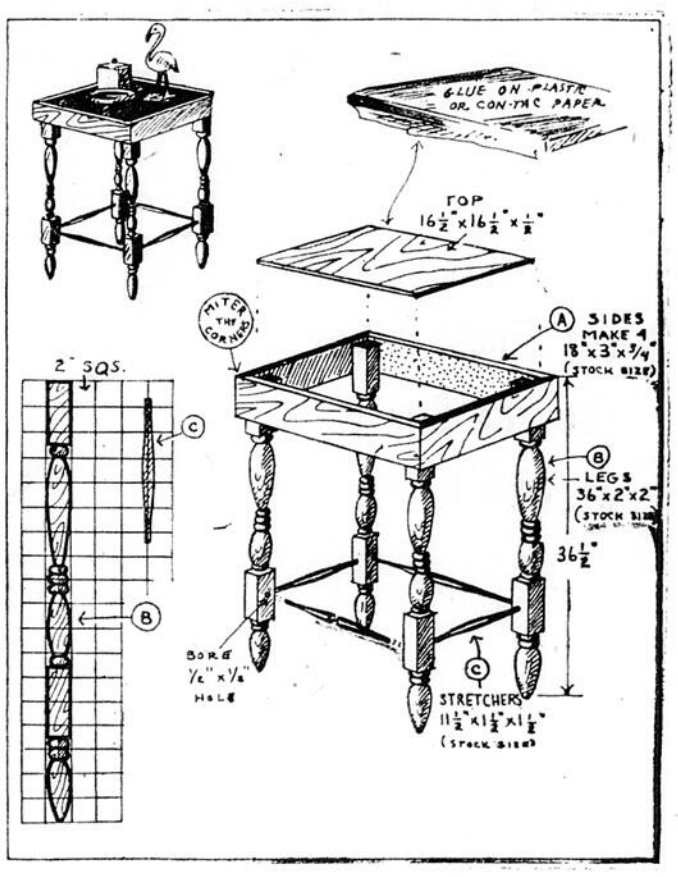
This project is just the thing for the modern family. This style fits into any home and will look well with modern and some period furniture. The craftsman can make the entire table in one evening and could easily cut a pair in one night and construct them the next.

Stock used depends upon how you plan to finish it. If you use enamel then any scrap stock will do, but if you plan to use varnish or varnish stain, I would suggest you use mahogany, cherry, walnut, maple or match it to the wood of your furniture. Tools needed are a square, hammer, hand saw and a band saw would be very helpful, but not absolutely necessary.

MATERIALS NECESSARY:

1	20" x 20" x ¾"	Top
1	14" x 14" x ¾"	Shelf
4	27" x 6" x 1"	Legs (stock size)

In adition to the above you will need just glue and finishing nails.



THE CONSTRUCTION

Begin the construction by cutting all of the segments given to size and shape down. For the leg you must use a scaled diagram as shown. To do this use 1½-inch squares and square off on the wood, or on paper or cardboard, and then trace the pattern on to the wood for cutting. When this is finished cut to size and shape as shown. If you are making more than one table, then cut all eight legs now.

Next measure the shelf properly and cut the notches for the legs. They are the width of the leg stock (1 inch) and are 1½ inch deep. Next cut the top to size and shape. When this is completed, sand all segments smooth, fill with liquid wood sealer and polish.

To begin the assembly set the legs one by one in place, using glue and finishing nails. Drive the nails down through the shelf into the lip of the leg that serves as a shelf for the shelf. Lastly, set the top in place in the same manner.

Countersink all nails and fill with wood filler. Now sand the entire project again and fill with liquid wood sealer. For a finish use varnish, varnish stain or enamel.

Today's foreign policy seems to be to speak softly and carry a big stick of candy.

Much has been written about Hi-Fi as a hobby — yet the craze continues in a mounting crescendo despite the yacks of its detractors and is even making money for those who sell their writings against it.

There is no formal history of hi-fi.

Like many great inventions, it is the result of the applied talents of innumerable men. World War Two spurred its developments. Many electronic technicians built hi-fi sets for their comrades, sweating it out in remote areas, using such crude equipment as old pie plates and scrap wire.

When the servicemen returned ordinary reproduction failed to satisfy them. In company with other addicts, they clamored for superior equipment. The boom was on.

Like many another trade—hi-fi has a jargon of its own.

With the hi-fi-ers "wow" is not an expression on seeing a pretty girl. It is the undulating tone that results when a turntable is revolving unevenly. A "tweeter" is not a bird nor is a "woofer" a dog. The former is a small speaker that emits high-frequencies of sound and the latter a larger one for the lows.

The hi-fi craze is contagious. Many get it so badly they are more interested in the production of hi-fi sound than the sound itself. One fan I know collects nothing but records of cymbal crashes, bell-jangles and tom-tom solos.

Another form of the mania is to continually take apart and reassemble the sets. Many of the hi-fi-ers are only happy when they have the component parts of a set scattered about the living-room. The desire to tinker is closely connected to the desire for perfection. Hi-fi-ers drive parts salesmen crazy trying out speakers, amplifiers and boosters in endless combinations.

And the hi-fi fans are no less finicky about records.

A bit of dust in the groove is anathema to a hi-fi man. So are fingerprints on the discs which deposit oil.

Since lovers of classical music predominate among hi-fi-ers, the craze has brought a boom in appreciation for recordings never before available to listeners. Skilled engineers have gone back to the original master recordings of Caruso and others and re-recorded them so masterfully that the original distortions are almost nonexistent and the golden-voiced oldtimers sound as if they were recorded yesterday.

And RCA is out with an "X" series of old time jazz bands, including the Mound City Blue Blowers, Jimmy Lunceford, and others.

Thanks to hi-fi it is now possible for people everywhere in the country to enjoy the same privileges as people who live closer to metropolitan concert halls, and can hear the artists in person.

The time may not be far off when the hi-fi equipment, complete with tape recorder and reproducer, will be as common an object in the home as, say, the wash machine.

A traffic expert has suggested that highways be tinted with colors. How about a good, practical red that won't show the blood?

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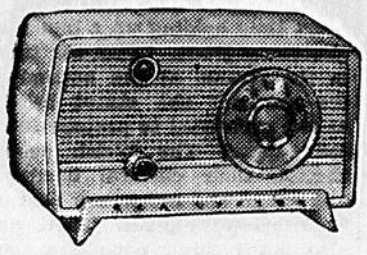

X210 — Push-Pull On-Off Volume Control. Durable printed circuit. Illuminated window dial. Antique White, Charcoal, Yellow, Pink. Height 7". Width 11½". Depth 6"

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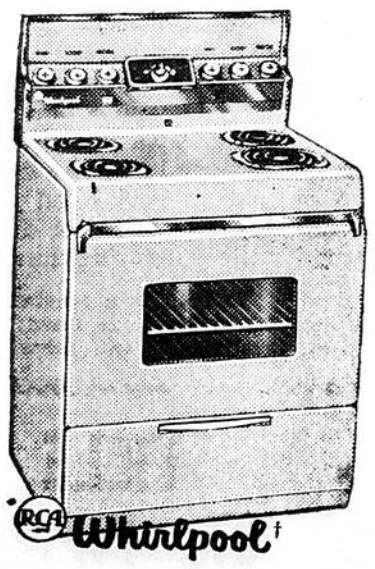

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Mignon Elkins does double duty

By VERONICA SINEL

From drama training and suit-selling in a London, England department store to a double career as housewife and actress in Montreal is quite a jump — but Mignon Elkins made it, and managed to keep her feet.

In fact her success with her home at 20 Windsor avenue and in T-V, radio and on the stage here reads like a soap-opera version of an immigrants dream.

All her life Mignon Elkins had planned on being an actress, following in the footsteps of her mother and grandmother. Brought up in England during the difficult years of the war, she was launched on an acting career by a scholarship to R.A.-D.A. (Royal Academy of Dramatic Art) in London, where she specialized in accents. Then she got a job as assistant stage manager with a repertory company, and after two years was promoted to juvenile leads. Then followed two seasons in the Jersey Islands with a stock company, and a season in Aylesbury.

In Henley-on-Thames, the Kenton Theatre, a 600 year old edifice, was bought by an enthusiastic producer, who planned to restore it. Mignon Elkins joined the company and worked for two years, painting, repairing and cleaning the theatre. But the place was so old and uncomfortable, in spite of their combined efforts at restoration, that audiences dwindled away, until finally they had to close down.

CLUB THEATRE

Broke and out of a job, Mignon joined an experimental theatre in Cornwall, called "The Club Theatre," where the company put on unsual plays. But apparently the plays were a little too unusual, for in a short time this folded too.

All this was very discouraging for Mignon, and she began to think longingly of a job that would pay a regular salary. So she took a position in a London department store, selling suits and training to be a buyer.

This unexciting existence soon bored her, however, and she began to consider the idea of going to another country. Canada appealed to her, and she decided to save every penny she possibly could towards a ticket to this land of opportunity. This took some doing on the small salary she was earning at that time, but she finally scraped together enough money, and on a snowy February day she arrived in Montreal.

"The city was covered with a crisp, white blanket of snow, and as I took a deep breath of the clean, sharp air, I thought 'This is the place for me, its so lovely'. The sun was shining, the snow sparkled, and I felt it was a good omen, a sign that I would find a welcome here."

A MODEL

She soon got a job as a model, and put all thoughts of acting behind her. However, Peter Symcox, whom she had known in England, and who had arrived a few months previously, introduced her to Roberta Beatty, who offered her a part in the play "Blythe Spirit" at the Mountain Playhouse. So Mignon Elkins was again launched on an acting career — for six weeks. At the close of the play she got a secretarial job, and in her spare time played with amateur groups. With M.R.T. in "Captain Carvello," then in "Escapade" for Grosvenor Productions; with Henry Ramer in "White Sheep of the Family"; and then Trinity Players offered her a part in "Sabrina Fair" at the Van Horne Auditorium. The play had very good reviews, and Mignon received high praise from the critics.

This brought her to the attention of Rupert Caplan who phoned and offered her the part of "Parthe" in a radio series "Florence Nightingale". The series ran for thirteen weeks, and during this time Mr. Caplan introduced her to Helmut Blume. "We were married five weeks later," Mignon laughed, "so I guess my first radio part was lucky in more ways than one!"

After a honeymoon spent in Europe, Mignon and her husband, Helmut Blume, returned to Montreal and bought a house. "Which we just love." Now she combines two careers, a housewife and an actress.

Her recent radio work includes a thirteen-week series, "Vanity Fair," in which she played "Amelia"; "Lorna Doone", "The Woman in White"; "Laura Ltd."; and "In Good King Charles' Golden Days", under direction of Rupert Caplan. She also has parts in two plays written by her husband, "Passion for Freedom", and "The Trial of Modern Music". On stage she has appeared in such plays as "The Trial" with the Nouveau Monde company, "When We're Married", directed by Jean de Savoie, and "Androcles" and the Lion with M.R.T.; and "The Love of Four Colonels" under the direction of Pierre Dagenais.

On television she has been seen on "Dorchester Theatre" in "The True Trial of Bluebeard" and "The Diary". She also appeared several times in a thirteen-week series "Dateline", and in "The Trial" on "Folio". She has worked for the National Film Board in documentary films.

To my question, "Have you any hobbies ?", she clapped her hands and said enthusiastically, "Oh yes indeed ! I cook".

I raised an inquisitive eyebrow. "Are you a good cook ?".

At this moment her husband entered the room and she turned to him and asked, "Am I, dear ? Am I a good cook, would you say ?".

"Wonderful", he breathed, "you should taste her Rouladen !".

For the next few minutes we exchanged recipes, and compared notes on our favorite foods.

MIGNON ELKINS

Travel is . . .

(Continued from Page 24)

husband's birthplace. Mr. Jones was not at all surprised to hear that it hadn't changed a whit since he left there many years ago ! Staying at the home of a sister-in-law, Mrs. Jones was somewhat startled when the lady disappeared out the back door one afternoon and returned in a short time holding up a bunch of glistening trout. "Fish for them in the stream at the bottom of the garden," she stated briefly as she proceeded to prepare them for supper! The Welsh people cherish their cultural heritage, and songs and music are part of their everyday lives. There are also many adult education programs which many take advantage of. "And castles, castles everywhere! I saw five in one day!"

EDINBURGH

In Scotland a visit to Edinburgh Castle, where there is a beautiful chapel in honor of the Scotsmen who died in the two world wars, proved interesting. At the Festival she saw another Canadian, the Hon. Vincent Massey; and watched while Prince George of Denmark took the salute at the military tatoo. A boat ride on picturesque Loch Lomond was enchanting. Edinburgh is full of American and Canadian tourists all spending money like mad, and the overseas departments in all the stores were crowded with tourists.

Mrs. Jones is back in Canada, happy to be home, but with a wealth of memories — rememberances of kind, hospitable people encountered everywhere.

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Relax for a hobby—just do nothing

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Relax, live longer, take it easy, get rid of your tensions.

You need to relax. Remember those bursts of temper — at the children, your spouse or the inattentive car-driver ahead of you? Did you notice that knot in your stomach after yesterday's business lunch? Did you lie awake last night and let your mind gnaw at the cold bones of discord it collected during the day?

Fatigue is a constant enemy, but unless you learn to relax, restlessness will drive you, impatience will madden you and your nerves will continue to drum a staccato even in the times when you are trying most desperately for the mental rest you know you need.

Hypertension, ulcers, nervous breakdowns will be the result if you don't relax. The symptoms are there—the chest pains the doctor says are not from heart trouble, the constriction in the throat, the numbness in hands and feet, the hunger for air.

Your job, you say, is either high pressure and competitive or dull and uninteresting. You think up hundreds of reasons why you can't relax. None of them is the right one. Don't feel ashamed of these tensions—and when you learn to make a hobby of doing nothing, don't be ashamed of that either.

The three big reasons for your tensions are fear, hostility and frustration. Everyone has fears—of death, of illness, of losing your job, of a thousand and one other things.

Anger can never be banished from the gamut of emotions. Legitimate anger should be expressed—in a controlled manner. Envy and jealousy develop from a fear of losing out in competition. Many feelings of hostility are directed towards unreal threats, imaginative competitors and phantom persecutors.

As far as frustration is concerned—let's face it, you will be thwarted, if only by the door that slams in your face.

Perhaps you can't, all at once, make the switch that will enable you to enjoy the hobby of relaxation, of doing nothing.

But there are a few helps that may get you started on the right road to relaxation.

Check these and just see if you can't get into the charmed circle:

Get a thorough physical examination. Anaemia, hypertension or other ailments may be wrecking your outlook. Observe the basic health rules about sleeping, eating and exercising. Take control of time — get up early enough to give yourself a head start. Take short rests during the day. Keep interested in life. Mingle with people. Lie down as often as you can. Let your muscles go limp. Empty your mind. Try it in a warm tub. Take vacations. Try weekends as well as annual holidays. To do the most good, get a change of scene and a different routine.

And remember—be lazy. Don't knock yourself out every weekend. Your body, overworked with tension, needs all the rest it can get.

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Make home safety a year-round hobby

Safety as a hobby — especially around the home — is one that pays big dividends, and one in which there is a part for every member of the family.

Many of the most important home safety tips are well-known, because they have been hammered home in every way, over a period of years. But it is always wise to go over these points in any discussion of home safety, and add as well any safety suggestions that have developed as a result of modern living.

THE KITCHEN is the most dangerous room in the house, especially for children. A playpen keeps baby out of harm's way and tasks for the younger children, such as setting the table, will get them from underfoot when the hot food is being removed from the stove-top or oven. And a few reminders: never start a fire with an inflammable fluid such as gasoline or kerosene, when using knives, cut away from the body, use a can-opener and not a knife to open cans, and keep lye, ammonia and other poisonous or injurious compounds well out of the reach of children.

STAIRWAYS should be constructed with normal step height. Hand rails should be kept in perfect repair. Teach the members of the family never to leave anything on the stairs and do not allow children to play on the stairs.

IN THE BATHROOM you can prevent scaldings by having the hot-water heater adjusted to produce a top-heat of 125 degrees (F). Test the baby's bathwater with the underside of your forearm. Use no electrical appliances in the bathroom because of the danger of shock. Always turn on the light before taking medicine from the cabinet. Never leave small children alone in the bathroom. Keep candy-coated laxatives etc. beyond reach. Discard razor blades in a closed container where the children can't get at them.

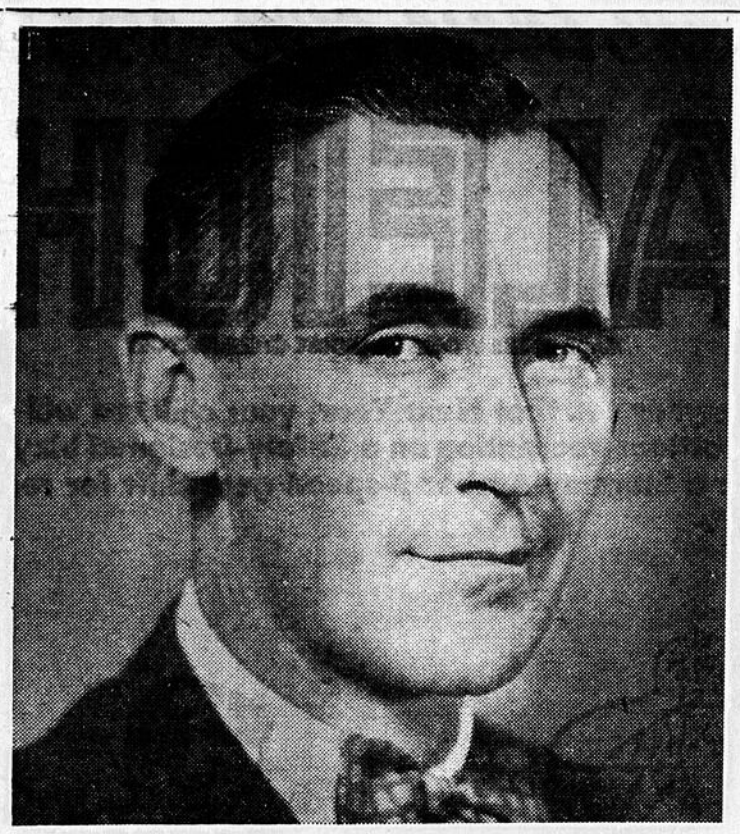
THE BEDROOM is one room in which many older people have serious falls, and in which many fatal burns are received. Never sleep with an electric heating pad turned on. Place radiant heaters where they cannot ignite the bedclothes. When the bedroom is the sewing-room as well, put scissors and pins and needles away where children can't get them. If the children have bunk beds, bar the sides. Buy baby's furniture from a reliable dealer — it is possible for him to poison himself by chewing the paint off the bed. Spontaneous combustion can start fires in cupboards. Smoking in bed is responsible for much loss of life.

MAKE THE LIVING ROOM liveable by arranging it so that footstools are not in the most-travelled areas. Fix the rugs so the edges won't curl. Place ashtrays where they will be handy. Teach the children never to tamper with light sockets. Be careful of candles and fireplaces.

IN THE BASEMENT have the furnace, chimney and flues repaired and cleaned whenever necessary. Turn off the house current at the master-switch when changing fuses. Do not touch an electrical conductor while standing on a wet laundry floor. Disconnect the iron when not in use. Don't let water boil over extinguishing gas flame. Do not remove cover of a dryer while it is running. Watch out for protruding nails.

Although the home is generally thought of as a place of safety, home accident fatalities almost equal the number of deaths from auto accidents and are twice as many as those in industry.

Daily association and familiarity with hazards causes them to be overlooked. Check your entire home from time to time, room by room, for safety hazards.



MAN BEHIND PARKS, PLAYGROUNDS: Claude Robillard, director of parks and playgrounds is the man behind the developments in that direction in the city in the past decade. President of the American Institute of Parks Executives, he is a graduate of the U. of M. and McGill, and his parks work is recognized as outstanding not only across this country but in the U.S. as well. Married, he is the father of six children.

Three recreation centres offer a variety program

Three city recreation centres are offering varied programs of indoor recreation for the children — adults, too — of Notre Dame de Grace, city parks officials report.

The three are the N.D.G. Centre, 5311 Cote St. Antoine road, where there are facilities for a wide selection of activities, including swimming; the Benny Park Centre in St. Monica's School, 6450 Terrebonne street, which was opened at the tag end of last season but has a full program of activities this season; and Loyola Park Centre in Ste. Catherine de Sienne School, 7069 Somerled avenue, the city's newest park school which is offering its program this fall for the first time.

The program at Benny Centre is entirely in English while operations in the other two centres are on a bilingual basis.

Children, teenagers and adults using the centre enrol as members and receive membership cards which they have to present when taking part in various activities. This is necessary because of the activities geared to different age groups. One class of membership is for youngsters aged 11 and under who have the use of the centres up until 6 p.m.; the second class of membership is for the 12 to 15 inclusive age group for which the centres are reserved between 7 and 8:30 p.m.; the third group is those of 16 and over who have the use of the centres after 8:30. Where a centre is open Saturdays, the first group, those under 12, have its use in the morning and those in the 12-to-15 bracket can use it in the afternoon. Membership cards, which are issued without charge, keep members of one age group from encroaching on the time reserved for members of another age group.

Each centre had a daily program of games and indoor sports, including basketball, indoor hockey, deck tennis, etc., for boys and girls.

Each centre also has a program of specialties which involves special monitors and a special timetable of events. Here is how this works for the different centres:

Benny Centre: The resident monitors, Ray Viau and Suzanne Turcotte, are available in the school gymnasium between 1:30 and 10:30 for those wishing to enrol. Anyone aged six and up can get a card.

Among the activities are boys basketball leagues, using the gym Wednesday evenings; girls basketball, Friday evenings; boys indoor hockey, Thursday evenings; a Pyramid Club for boys 17 and older; girls volleyball, dodge ball and deck tennis; painting, under expert guidance of Miss Sonia Waldstein, on Tuesday; girls handicrafts, including sewing, smocking, knitting and weaving, on Wednesdays; puppetry on Thursdays with expert help from André Fayard in the making of puppets and the staging of shows.

Loyola Centre:- Since this is a new centre whose program is only being introduced to the neighborhood for the first time, attendance is only beginning to develop and a fully integrated program will take some weeks to be rounded out. Meanwhile a tentative program includes puppetry and singing on Mondays; girls handicrafts on Tuesday; dramatic games on Wednesdays; painting on Thursday and gymnastics on Fridays.

The monitors are Serge Tremblay and Miss Francine Brodeur who are busy making the program known to the neighborhood and getting acquainted with those who have already enrolled.

Notre Dame de Grace Centre: This large community centre with its swimming pool, gymnasium and facilities for a wide variety of activities, has been under repair for a couple of years and still is not completely renovated. A full recreation program is, however, in operation under the direction of monitors Claude Lacasse and Miss Claude Dolbec. The centre is being managed by Francois Pommier.

The second floor gymnasium has a six-day program which includes physical training for youngsters and adults of the neighboring schools and colleges; group games, badminton, basketball, German ball, volleyball, etc.

Girls and women: Mondays, 1 to 5:30, 7:30 to 10 p.m.; Tuesdays and Thursdays, 9 a.m. to 4 p.m.; Wednesdays and Fridays, 1:30 to 11 p.m.

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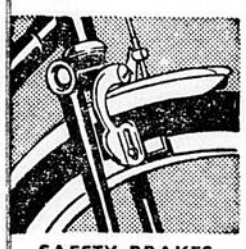

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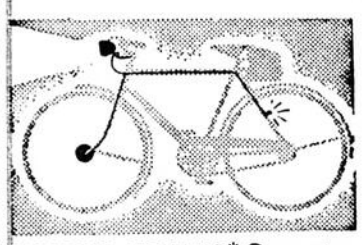

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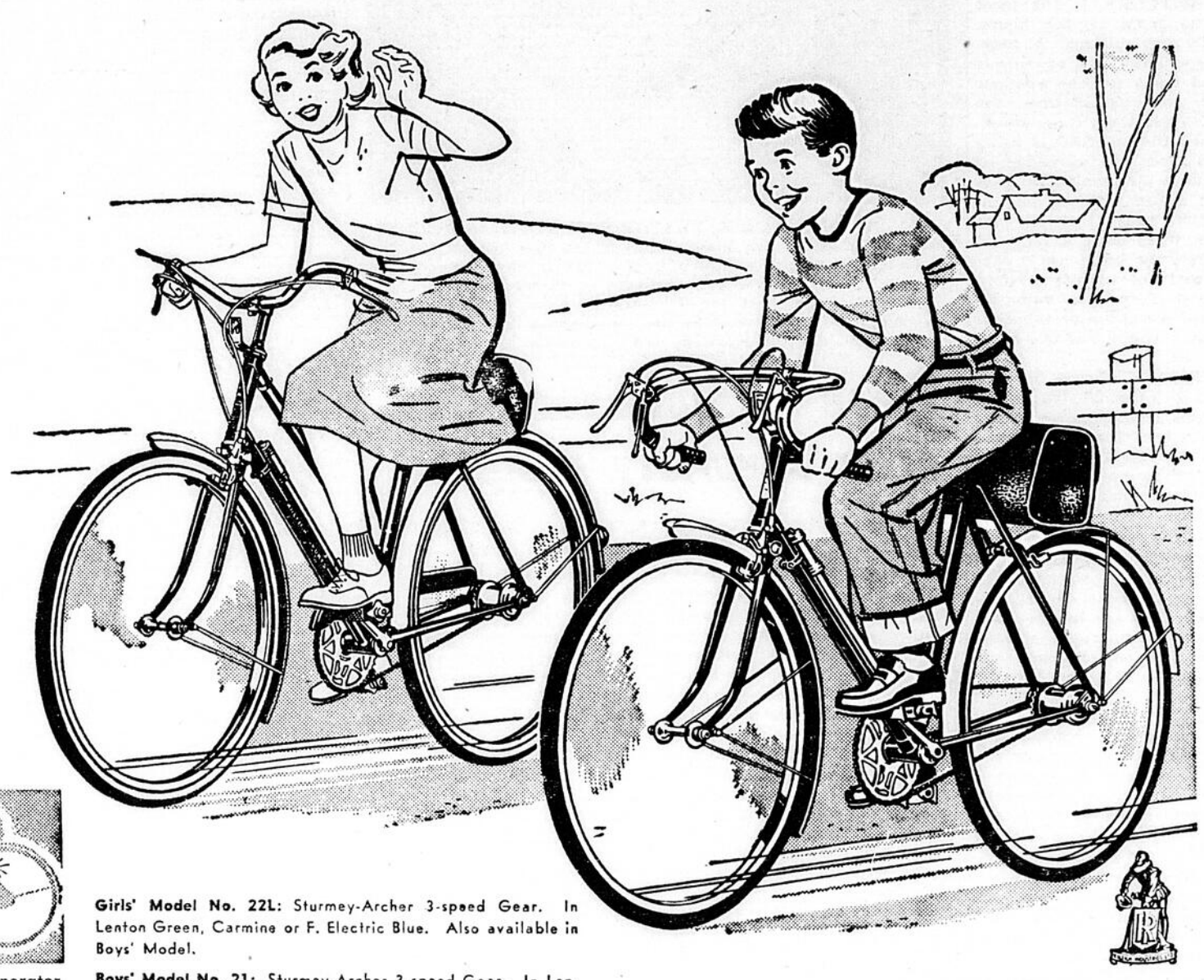

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