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of the
Veteran*



*Remembrance Day,
Friday, November
11th, 2005*

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Vol. 33, No. 5

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Student finds innovative way to get to Bishop's during Fall Flood (see page 10)

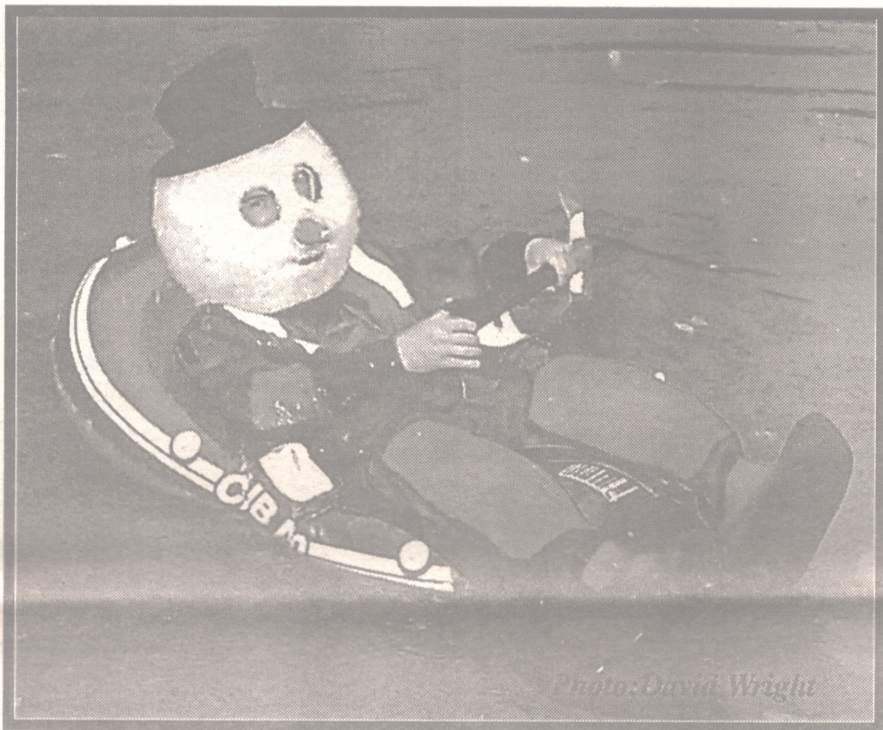


Photo: David Wright

WWII Sherman Tank preserved by Lennoxville company (see page(5))

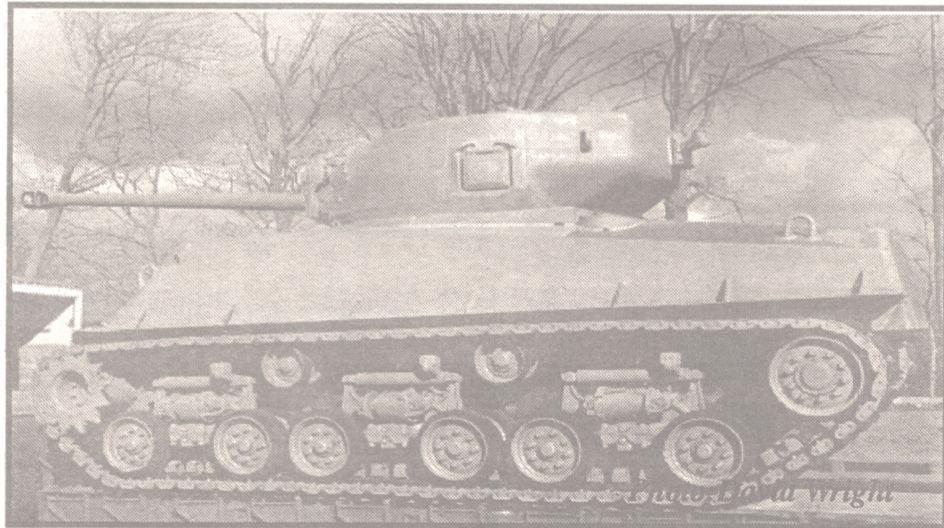


Photo: David Wright



Final resting place of Private Louis N. Carbonneau of Capleton who died on October 12th, 1918. Private Carbonneau was in the Army, 2nd Canadian Infantry, Quebec Regiment.

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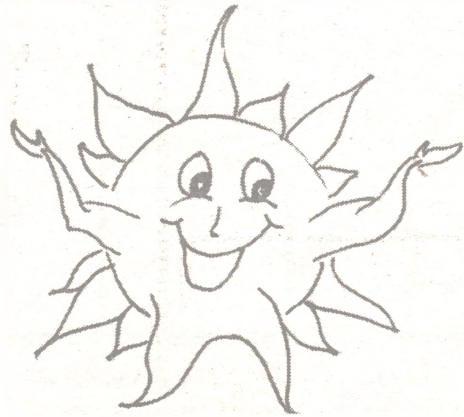
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Who are we?

Mr. C. Humphrey, who currently resides in Athens, ON, recently came across this photograph when looking at some photos which belonged to his mother, Mrs. Ada Humphrey, of Albert Mines. He has no idea who any of those pictured may have been, or for that matter, where the picture may have been taken. We can, however, assume that it was taken at a schoolhouse. He is asking anyone who can help him identify the people in the photo to contact him at 321- RR#4, Athens, ON, K0E 1B0.



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The 7th Hussars - 1920

Submitted by H. Carl Mayhew

Ayer's Cliff

Sun Archives



Rear: (Left to Right): Lieut. Philip Boy, D.C.M., Scotstown: Lieut. George Sherman, M.O., Scotstown, Lieut. Gene Codere, Cookshire, Lieut. Trudel Veterinary Officer, Sherbrooke: Lieut. Douglas Mayhew, Canterbury; Capt. Leslie Cleveland, Adjt, Cookshire: Lieut. W. Baillargeon, Adjt., Sawyerville: Capt. H.H. Robinson, M.C., Sawyerville.

2nd Row: Lieut: Hubert Lawrence, Croix de Guerre, Bury: Capt. Stanley Semple, M.M., E.P. Bury: Mayor Thomas Farnsworth, M.C., Cookshire: Col. E.A. Williams, D.S.O., Montreal: Major Henry Pope, M.C., Montreal: Capt. George Beard, M.M., Scotstown: Capt. George Cook, MC.Q.M., Brookbury.

Front Row: Lieut. Tom MacAuley, D.C.M., Bishopton: Lieut. Cyrus French, M.M. Cookshire: Lieut. Wm. Tite, D.F.C., Bishopton: Lieut. Wells Bishop, Bury: Lieut. Nelson Rowe, Bury; Lieut. D. Gobeil, La Patrie.

Later, Williams and Pope both became officers in a Montreal Regiment, and Farnsworth became the O.C. of the Regiment, followed by H.H. Robinson, then George Beard.

They then amalgamated with the X1 Hussars in 1936 and became the 7-X1 Hussars. (Note: this picture was taken on the re-organisation of the 7th Hussars in 1921.) Lt.-Col. Tom MacAuley became the O.C. in 1936 and continued until 1939 when he took them overseas in World War 2 to Hong Kong.

After World War 2 was over, Wells Bishop became the O.C. of the Regiment. He had won a D.S.O in Hong Kong. The next O.C. was Everette Denison, then John Wood. Then the Regt. amalgamated with the Sherbrooke Regt. and became the Sherbrooke Hussars

In 1922, Stanley Semple became a Major, Hubert Lawrence a Captain, and George Cook a Major. Later in the 1920's, Major Cook died. Lieut. Gobeil was the son of Sam Gobeil, M.P. for Compton County.

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From childhood innocence to mid-life crisis

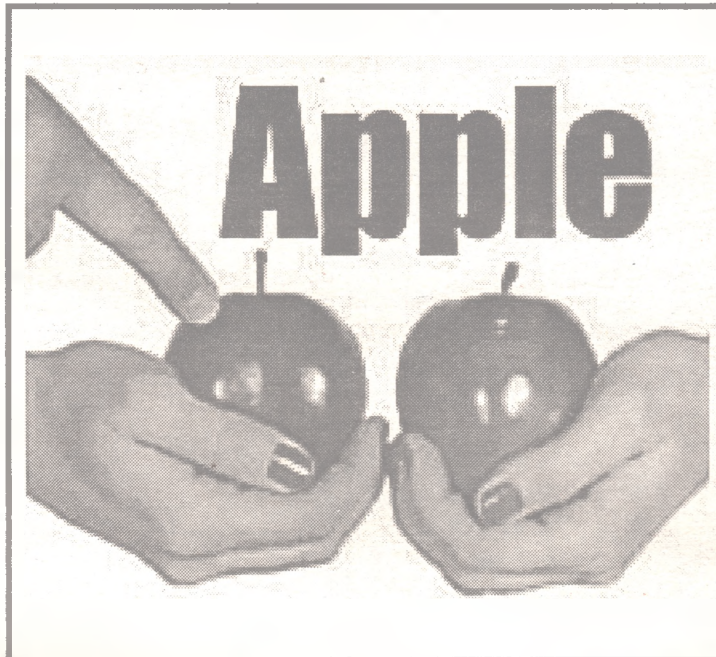
By: Mary Leblanc

Hudson Village Theatre is undoubtedly hitting a milestone, but it seems like they have skipped a few steps in between. Departing from the innocence of their usual light-hearted comedies, they've jumped right into a red-sports-car drama about the loyalty and infidelity of a middle aged couple.

And they have pulled it off with great maturity. *Apple*, playing until October 30, is not the usual mid-life crisis cheating story. Winner of the Alberta Play Competition and the 2002 Elizabeth Sterling Haynes Award for Outstanding New Play, *Apple* digs deeper as it factors in forced loyalty in the face of difficulty, and how it

changes all deteriorating relationships in its path. When Andy, a middle-aged woman. As he tries to

wife's newly discovered illness. Andy must decide where his loyalties truly are.



What are Andy's chances when facing temptation? Ultimately, you may be surprised to see the results, and decide if he was a failure or a success in Village Theatre West's latest haunting tale of sex, secrets and second chances in Apple.

underachiever and government employee gets laid off and suffers through a deal with this new relationship, he suddenly finds himself facing his estranged

Andy is played by Andrew Johnston, a 27-year theatre veteran. Johnston also happens to be artistic director and general manager of Hudson Village Theatre. He is proud of the way the HVT handled its dramatic leap. "I think we've dealt with it in a very sensitive and respectful way," he said. "There are some issues in the play that require some sensitivity on our part."

That sensitivity connects well with the down-to-earth script. One of Canada's most produced playwrights, Vern Thiessen, keeps it all real in dialogue and action. His tribute to



strength and duty in the face of death is almost a lost art. Village Hudson Theatre keeps it real by donating all proceeds to the Quebec Breast Cancer Foundation. Their sense of duty in the face of death is incredibly admirable and in keeping with the spirit of *Apple*.

The show runs until October 30. Thursday, Saturday and Sunday matinees tickets are \$22, and evening shows are from Wednesday to Saturday at \$25, tax included. For more information, call the box office at (450) 458-5361 or visit www.villagetheatre.ca

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Fitting end to a distinguished service: Sherman Tank D 70647A



Photo:David Wright

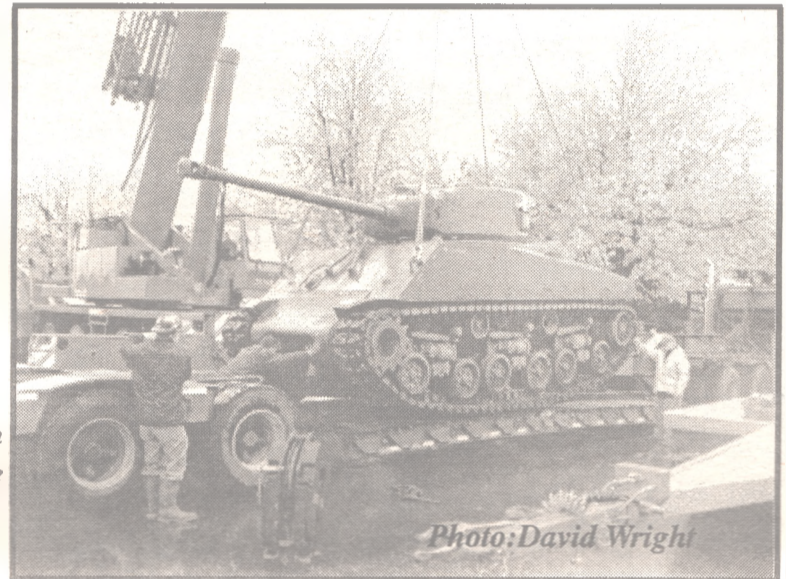
Mr. Viateur Bouchard of SCIM Enr. is in the process of refurbishing a tank that served in World War II, in Normandie from 1939 to 1945.

He noted that the armoured plate was 2 inches thick and discovered 50 caliber bullet holes in the plate after sand blasting.

Mr. Bouchard proudly pointed out that this is the second tank he has refurbished.

This tank will be displayed at the armed forces based in St-Jean, Quebec.

(left)
Mr. Bouchard
points to the bullet
holes



(right) A 250-ton
crane lifts the
Sherman Tank

Photo:David Wright

scim_{enr.}

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More from the Style Glossary

By: April Donnelly

This month we will continue to explore various decorating styles that are popular and in use today.

Arts and Crafts, Mission and Prairie Style

The Arts and Crafts movement occurred in reaction to the explosion of mass production experienced as a result of the Industrial Revolution in England and the Victorian era's focus on heavy details and ornamentation. This period came into its own in the early 1900's and is characterized by craftsmanship, simple lines, exposed joinery and sparse ornamentation. Materials that were used in conjunction with this style are stained glass, metals, and painted tiles. Stylized floral motifs were popular for fabrics and wallpaper. Quarter cut oak, cherry, hard rock maple and walnut

were all popular choices, allowing the natural beauty of the grain to shine. Proponents of this style include William Morris, Gustav Stickley, Charles Rennie Macintosh and Frank Lloyd Wright.

Eclectic

While there are no strict rules for decorating in an eclectic style (many periods and styles of furnishings and

and ours". To create a well proportioned and pleasing composition you must carefully consider and choose colors, textures, finishes and patterns that unite your loved possessions. The key is to create a room that is cohesive and pleasing, not fragmented. The alternative is buying sets of matching furniture which can result in a room devoid of personality. The eclectic style is also the most



accessories), it's not as simple as throwing together "yours, mine

practical approach to decorating, incorporating pieces

collected, or inherited, over time.

English Country

This simple style developed as a thoughtful blending of old and new furniture and household items by early village and farm workers, hence it is an interpretation of more than one look. Interiors tend to be natural and subdued, a cosy, rustic quality permeates the interior and exterior through the use of iron, stone and wood. Textiles include slip covers in faded floral prints and embroidered and hooked rugs in muted tones. Dark oak and pine, book cases overflowing with books, picture frames, china plates and photographs in periodic arrangements all

characterize this style. Wellington boots, walking sticks, an Aga stove and comfy overstuffed chairs are a must.


French Country

French country is epitomized by the simpler version of formal French furnishings of the 1600 and 1700's such as Louis XIV and Louis XV styles. Furniture pieces are kept in their natural state and have a handcrafted flair. Chairs typically feature caning for the backs and seats. The colors most often found in this style are intense and rich: sunny yellow, Mediterranean blue, terra cotta red and green prevail. Natural materials are used abundantly and include stone, terra cotta, wire and wrought iron.

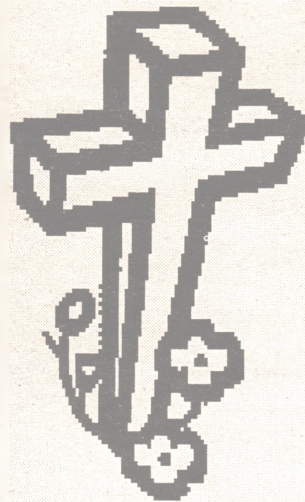
'Home Matters' with April


April can be reached at
april@rocler.qc.ca




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MEDITATION instead of MEDICATION

Stress release the way nature intended!

By: Kathleen Y. Rattigan
Special to the Townships Sun

Why are so many – so stressed? Our societies seem to be running on empty even though our days are filled to the brim. As night falls, we drop onto our sofas with a thud, exhausted and yet unable to really relax because of the thoughts whirling in our tired mind of things undone or what we still have to do tomorrow.

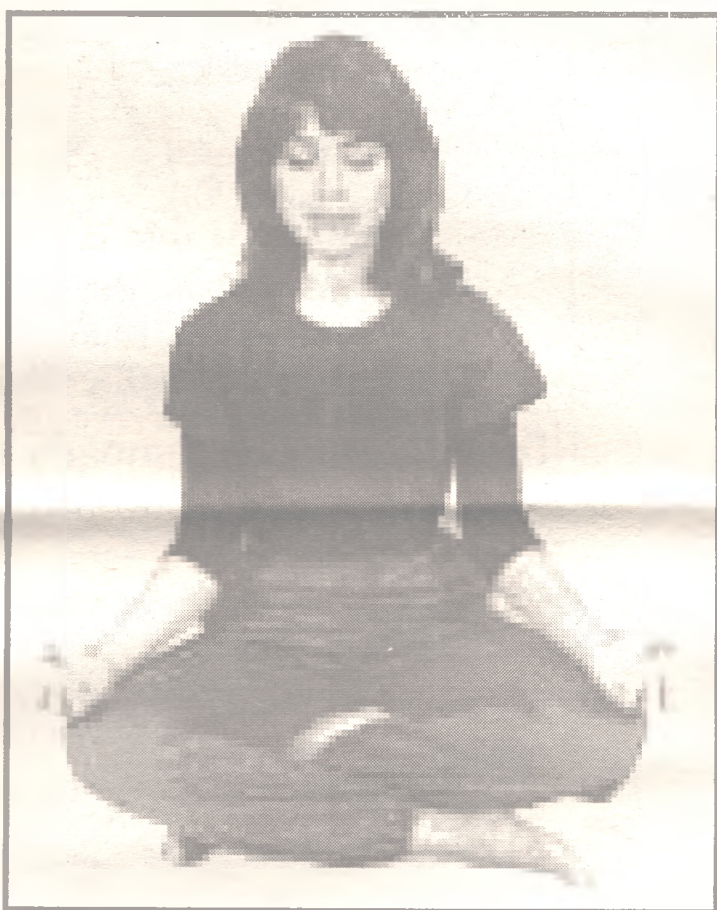
Overtired, yet unable to put our minds on pause, we pop tranquilizers and sleep aids like M & M's and then wonder why we seem to live in a fog, with stress nibbling constantly at the edges of consciousness.

Whew – I feel stressed just writing about stress. Do you remember the Pepsi jingle that was out a number of years ago when a large choir sang "I'd like to teach the world to sing in perfect harmony?" My song would be "I'd like to teach the world to meditate and then there would be less need to medicate."

This solution to stress is too easy – too simple – and too often, ignored. Some say to me that they feel like they are wasting their time when they sit quiet for 10 or 15 minutes and this frankly puzzles me. These same people then spend tons of money and time trying to relax through pills, alcohol or endless

expensive distractions that might work for a short time but not in the long run.

The gentle art of meditation invites your life to run smoother, your emotions to remain calmer, and gives us the blessed ability to have wonderful sleep and



wonderfully empty of any pressing thoughts and life at that moment was very, very good. THIS is the feeling of MEDITATION. Mother Nature intends for us to have a calm and peaceful mind and surrounds us with the wind in the trees, the buzz of bees,

dream time. Imagine a world where everyone starts their day balanced, joyful and peaceful. Every person they meet is treated with gentleness and respect because we feel good! The ripple effect would be a great soothing wave of peace reverberating around the world. Such is the power of meditation.

Remember back to a time, perhaps you were lazing near a beach, listening to the water caress the sand. Feeling loose, limp and lazy, your mind was

the songs of our feathered friends and the soothing sound of water.

In an ideal world, we would go to our Doctor and complain that we are exhausted, short tempered, and unable to sleep and so on. The Doctor would pull out the prescription pad and write the prescription – "Learn to Meditate, 1x daily, repeat; for Life. There would be the inscription: Warning – Side effects include relief from stress, good nights sleep, lowered blood pressure, cheerful

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countenance, joie de vivre."

I realize that we cannot always run to the beach, lie under the trees or listen to the birds and the bees. We do however always have the choices of taking every golden opportunity that life presents us when it comes to our well-being. To meditate does take a decision and a small commitment of time and effort. You decide to make a difference, you know you need to change, and you know that this is something you have always wanted

to do. Meditating is about you and the way you think and feel, that's all. You do not have to sit cross legged and hum, or do anything that is out of the ordinary.

All you do is learn how to find the golden peace and silence that already exists within. So simple, so fun, and so rewarding, and yet it will change your life. I am passionate about meditation as I'm sure you have noticed. I truly believe that this gentle art can change our world, one person at a time!

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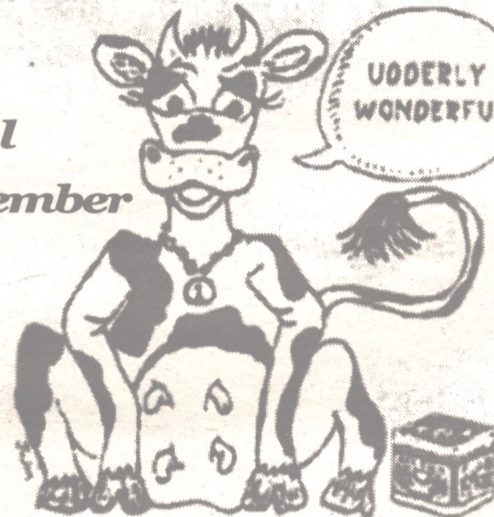
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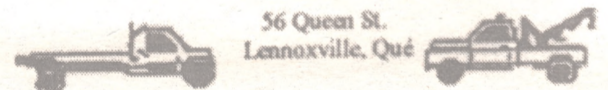
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Veterans on Remembrance Day,



The Year of The Veteran

This year has been declared "The Year of The Veteran"...

Come give thanks and show your support for those who fought (both past & present) for the freedoms & liberties which we take for granted in our day to day lives today.

"The Hut" (Army Navy Air Force Unit 318) would like to invite you to attend an afternoon of entertainment and a supper on October 30th 2005 at "the Hut" (300 St-Francis St. in Lennoxville). In keeping with our motto, the Army Navy Air Force is always happy to work "Shoulder to Shoulder" with the community to honor & support all veterans.

If you are a vet, or you know a veteran you want to accompany, please be our guest(s) on October 30. The entertainment commences at 3:00pm and the supper will be served at 6:00pm. Transportation is available.

"SHOULDER TO SHOULDER"



For more information or to arrange transportation:
Call 569-1069 anytime or 346-9122 after 4:00pm.



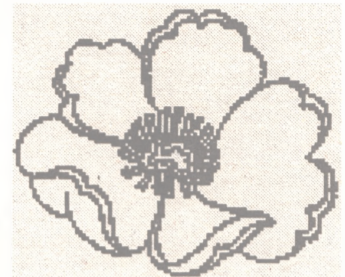
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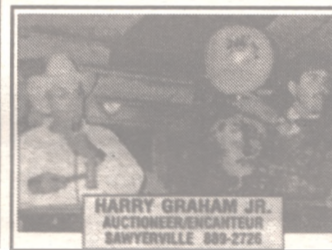
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LENNOXVILLE 2005 FALL FLOOD



Photo: David Wright

Students enjoy their new lakefront property



Beaulieu Farm

Photo: Bruce Patton



Lacross anyone?

Photo: David Wright

Hey look!
Bishie resurfaces



Photo: David Wright



Photo: Bruce Patton



Photo: David Wright

Optimist Field (Lake)

About being old

The other day, a young person asked me how I felt about being old. I was taken aback, for I do not think of myself as old. Upon seeing my reaction, she was immediately embarrassed, but I explained that it was an interesting question, and I would ponder it and let her know.

Old age, I decided, is a gift. I am now, probably for the first time in my life, the person I have always wanted to be. Oh, not my body. I sometime despair over my body; the wrinkles, the baggy eyes, and the sagging butt, and often I am taken aback by that old person who lives in my mirror, but I don't agonize over those things for long.

I would never trade my amazing friends, my wonderful life, my loving family for less gray hair or a flatter belly. As I've aged, I've become more kind to myself, and less critical of myself. I've become my own friend. I don't chide myself for eating that extra cookie, or for not making my bed, or for buying that silly cement gecko that I didn't need, but looks so avant garde on my patio. I am entitled to overeat, to be messy, to be extravagant. I have seen too many dear friends

leave this world too soon; before they understood the great freedom that comes with aging.

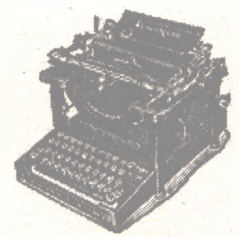
Whose business is it if I choose to read until 4 am, and sleep until noon? I will dance with myself to those wonderful tunes of the 60's, and if I at the same time wish to weep over a lost love, I will. I will walk the beach in a swimsuit that is stretched over a bulging body, and will dive into the waves with abandon if I choose to, despite the pitying glances from the bikini set. They, too, will get old.

I know I am sometimes forgetful. But there again, some of life is just as well forgotten, and I eventually remember the important things. Sure, over the years my heart has been broken. How can your heart not break when you lose a loved one, or when a child suffers, or even when a beloved pet gets hit by a

car? But broken hearts are what give us strength and understanding and compassion. A heart never broken is pristine and sterile, and will never know the joy of being imperfect.

I am so blessed to have lived long enough to have my hair turn gray, and to have my youthful laughs be forever etched into deep grooves on my face. So many have never laughed, and so many have died before

**Ben
Dover
says.....**



their hair could turn silver. I can say no, and mean it. I can say yes, and mean it. As you get older, it is easier to be positive. You care less about what other people think. I don't question myself anymore. I've even earned the right to be wrong.

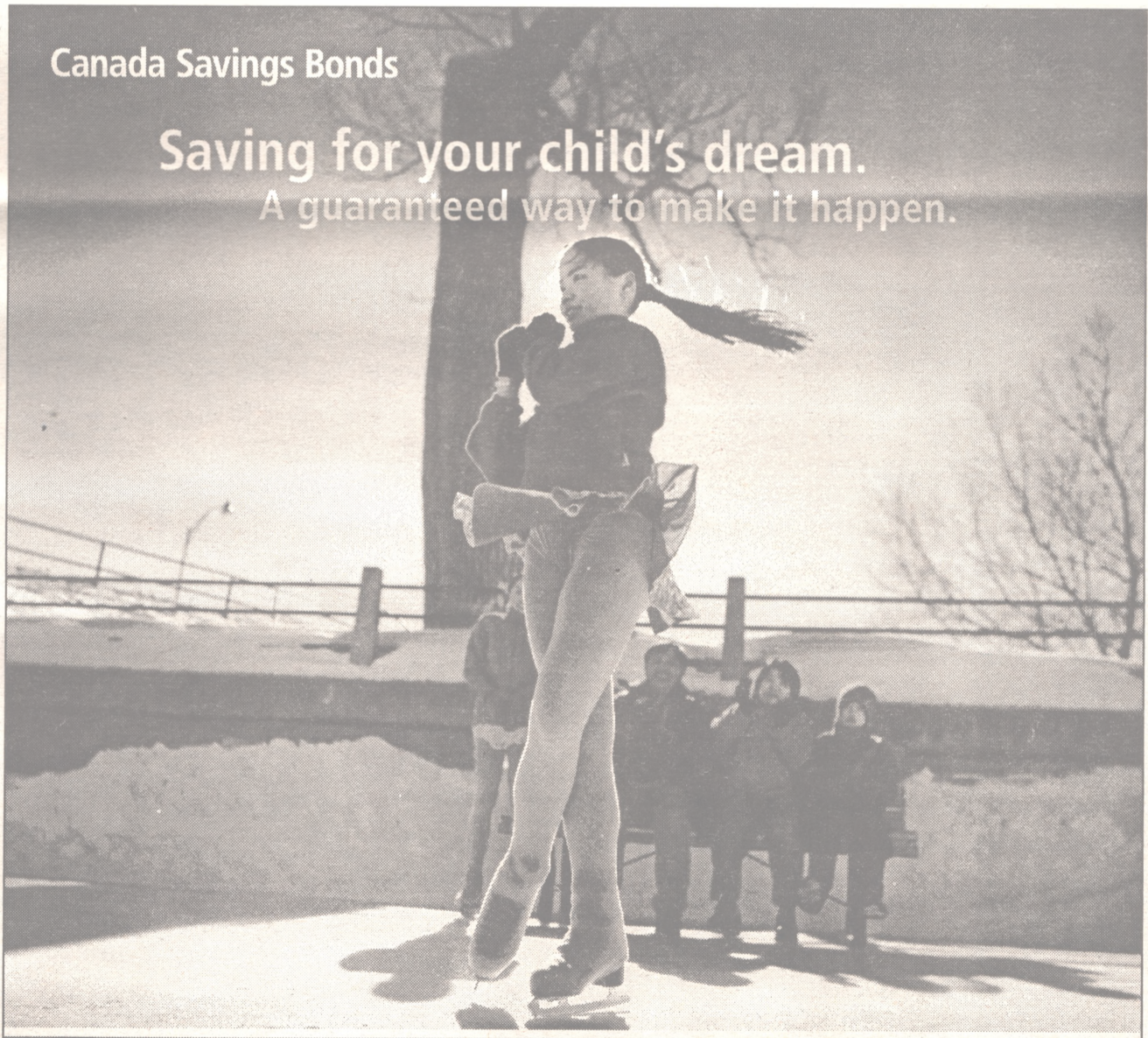
So, to answer your question, I like being old. It has set me free. I like

the person I have become. I am not going to live forever, but while I am still here, I will not waste time lamenting what could have been, or worrying about what will be. And I shall eat dessert every single day.



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Fall gardening tips from Laslo "Les" Bodnar

By: John A. Viau

My friend Les Bodnar of Ormstown has in my opinion the most beautiful flower gardens anywhere in our area. Les is the kind of guy who is more than happy to share some of the secrets of successes.

First of all Les stresses very strongly that when you are buying bulbs or perennials that you make absolutely certain that they are suitable to be grown in our area which is zone 3. If they are not rated for zone 3 then the cold weather will kill them and your money will be wasted.

Les also advises that you get your flower gardens ready for winter by doing a big clean up of all the weeds in your flower beds, trimming back your perennials, digging up your bulbs that must be over wintered inside and washing them thoroughly and storing them in a dry cool place, doing any fall fertilizing that needs to be done, mulching less hardy flowers for the winter and planting your spring bulbs.

Now here are some of Les's favourite flowers and some helpful tips on how and where to grow them successfully.

Lilies are among the most spectacular flowers in the garden. They are easy to grow,

bloom mid summer and make stunning cut flowers. Pinching out the flowers after blooming will prevent the plant from focusing its energy into seed production, giving you

enjoy these "heralds of spring" for years to come! Ideal for borders, edging or in groups for naturalizing in grass, slopes or under trees. When growing in your



more flowers the following year.

Gardeners love Hyacinths for their unusual colours and strong fragrance. They are excellent landscape plants for any garden. Plant in clusters of 5, 7 or 9 to achieve the optimum effect, or plant some near your walkways and entrances to allow your guests to enjoy their wonderful scent. Plant Hyacinth bulbs in rich well drained soil with plenty of sun and they will remain vigorous for years to come.

Plant Crocus bulbs or

lawn, wait until leaves are yellow before you mow. This gives the plant the extra energy necessary for flowering the next year. In order to extend the growing period of Crocus corms you should plant some in full sun and others for later blooming in part shade. Snow Crocuses are the earliest to bloom, poking their heads up through the snow in early spring.

Breathtaking appearance, and a pleasure to grow, Amaryllis produce large exotic flowers that last several weeks. Pick a

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container slightly larger than the bulb and plant so that the shoulders and neck are slightly above the soil. Place in a cool, sunny spot and watch it grow. These giants may require some support. We suggest dogwood branches, birch or even willow, which will give added colour to this magnificent specimen.

Prized for their long lived perennial characteristics, Daffodils are sure to provide enjoyment year after year, with minimal effort! When making a spring arrangement, never combine Daffodils with Tulips, the sap of the daffodil will injure the Tulip. Place the Daffodils in water overnight, and then add the Tulips the next day.

Bearded Iris requires at least half a day full sun and well drained soil. Plant the rhizomes so the top is exposed and the roots spread out facing downwards. They thrive in slightly acidic soil, though they will tolerate slightly alkaline soils and are more tolerant to wet soils.

Good drainage is a must for bulbs.

Improve clay soil by working peat moss, compost and edged pine bark through the soil up to 50% in volume. For sandy soils, add organic material (peat moss, leaves, grass clippings or other composted materials). This increases its water and nutrient holding



capacity. For longer blooming periods, plant in spots that do not receive direct midday sunlight.

Alliums are late blooming and combine beautifully with Peonies or Asiatic lilies; they are also excellent as dried flowers.

Fertilizing helps bulbs and corms produce huge blooms, improve disease resistance and increase winter hardiness. In fall apply a slow release fertilizer like Bulb Booster at a rate of 1 teaspoon per square foot.

Hostas are one of the most popular garden plants in cultivation and with all their attributes; it's easy to understand why. Not only is there an abundance of leaf colour, shape and size to choose from, Hostas are hardy and easy to grow.

Oriental Poppies are

an excellent way to bridge late spring and early summer. These tall, stately poppies will add colourful shimmer to your borders and interesting seedpods to your winter bouquets. Poppies are hardy, reliable and return bigger and better year after year.

Oriental Lilies provide an incredible display and are the largest and most fragrant of all the Lilies. Glorious hybrids in white and shades of pink add colour in the summer garden when it is most needed. Showy,



late summer bloomers, Oriental Lilies are some of the most popular of all Lilies with florists and gardeners alike. With especially large blooms and a fragrance that fills any room, they're practically irresistible, but expensive to purchase as cut flowers. Hardy and easy to grow, Orientals will

make stunning, sophisticated additions to both your landscape and your home. Blooms appear in late spring and last for weeks. Bulbs multiply year after year. They grow 90-120 cm tall.

If you'd like to start

Townships Outdoors

by

John Viau

planning your garden for next spring here are some numbers to call to get some beautiful seed, bulb and flower catalogs free of charge by the mail.

Veseys Bulbs @ 1-800-363-7333


Spring Garden Center @ 1-800-917-2852

OSC Seeds @1-519-886-0557

McFayden Seed Co. @1-800-205-7111



Michel Quindon



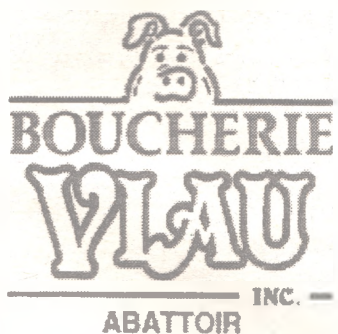
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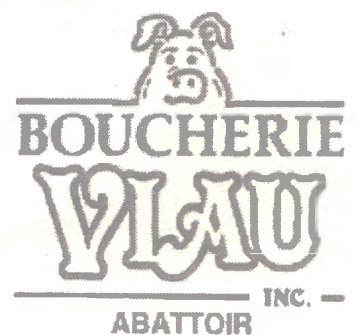
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English Community News

For our non-profit organizations of Quebec

The Lennoxville United Church

"Starry Night Bazaar and Turkey Supper"

Date: November 19, 2005

Time: 3:00 p.m. - 7 p.m.

Cost of Turkey Supper: 10\$ for adults; 5\$ for children 5-11 year, and no cost for children under 5 years

Reservations for the Turkey Supper:

4:30 p.m. setting - Frances Smith 346-6203

5:30 p.m. setting - Eleanor McEirea 563-1539

6:30 p.m. setting - Judy Hawkins 823-4180

Sun Notice

Please note that the deadline for submitting community notices for the December issue is December 1st

**I
Volunteer**

because I
believe
in community.

Saturday November 12th

Georgeville

St. George's Anglican Church

CHRISTMAS BAZAAR

Murry Memorial Hall, Georgeville

11 am. to 2 pm

Sandwich Luncheon

11:30 am - 1:30pm

Hand made items, Baked goodies,

Men's table, and more!

Waterville United Church

Christmas Luncheon and Bazaar

Thurs. Nov. 3rd. 11:30 a.m.

Casseroles—Beans—Coleslaw and Pies.

Sales tables for gifts and pastries.

Everyone welcome

Gourmet Cookie and Muffin Dough

Lennoxville United Church Women are now taking orders.

Twenty - two flavours are available at \$12.00 a tub until November 19.

READY FOR PICK-UP DECEMBER 8

To place your orders Contact:

Patti: (819) 562-5013

Barbara: (819) 569-8175

Helen: (819) 562-8024

Gwen: (819) 563-3901

North Hatley Christmas Market

November 12th & 19th, 2005

From 10am to 4pm

North Hatley Community Center
3127 Capleton Road, North Hatley

For information, contact: Debbie
(819) 823-2059



St. George's Anglican Church,
84 Queen, Lennoxville, Qc
NOV. LE 26 TH, 13:30 – 16:30

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Food & Candy / Tables de bonbons & cuisine

Gifts & Decorations et cadeaux

Children's Corner / Activités des enfants

Woodcrafts / Bricolages en bois



Who says looks don't count?

By: Tom Moore

The Northern Shrike (see column April 2005) hunts small birds, insects and the occasional mouse or vole. The appearance of the "butcher bird" at a winter feeder site is a cause for alarm. But what about the Kestrel? With just about the same diet and a propensity for chasing sparrows and chickadees (especially in winter when other prey is scarce), the Kestrel is described as "our smallest and most delicate falcon" (Sibley). In many areas, nest boxes are provided to attract Kestrels and

development" (Livingstone). A pretty little falcon, conjuring up images of a



Moore Nature Photo

dashing aerial chase, is more attractive by far than the drab grey bushwhacker image of

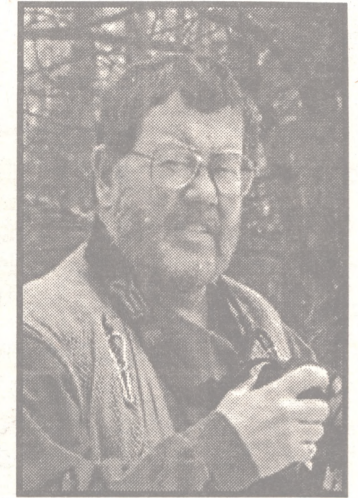
from the tree line in the north to the tip of South America, seemingly

needing only open fields for prey and dead trees or crevices for nest cavities. Frequently seen perched on power lines or hovering in search of prey, the Kestrel seems perfectly comfortable around farms, suburbs or even in a big city environment. Although negatively affected for a time by DDT in the mid 1900's, the population of Kestrels has continued to increase since 1900, probably helped by deforestation.

The Kestrel is an uncommon winter resident in Southern Quebec. Many Kestrels, like Quebecers, are fond of winters in Florida. Returning in early to mid-March, a pair will often use the same nest for many years. Kestrels seem to be able to dominate woodpeckers and squirrels in competition for nest cavities. Four or five eggs are typical, laid in

the bare nest cavity since no nest material is used. After a thirty day incubation the young hatch over a period of several days, the male feeding the female during incubation and also providing most of the food for the weeks that the young are in the nest. In a mere 2 1/2 weeks the young have attained almost adult weight and are fledged about two weeks later. Survival of hatchlings is as high as 90 % due to the Kestrel's cavity nest and aggressive reaction to predators.

With my bad luck concerning nest boxes, I'm not surprised that I've never attracted a



TOM MOORE

Web Site

www.moorenature.com

Email

info@moorenature.com

Kestrel but the little falcon is quite plentiful in the Townships so a Kestrel box would be a good project. Plans are easily found on the internet if you're interested.



Moore Nature Photo

increase their numbers. The difference? - the Kestrel is a cute, colorful bird which "adapts itself admirably to human

the Shrike!

The American Kestrel is the most common and most widely distributed small raptor in Quebec. In fact, the bird breeds

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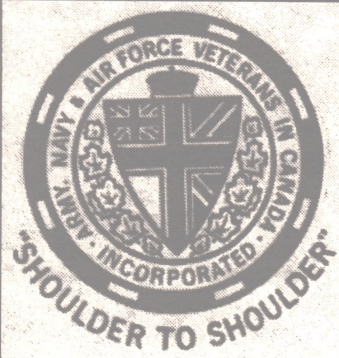
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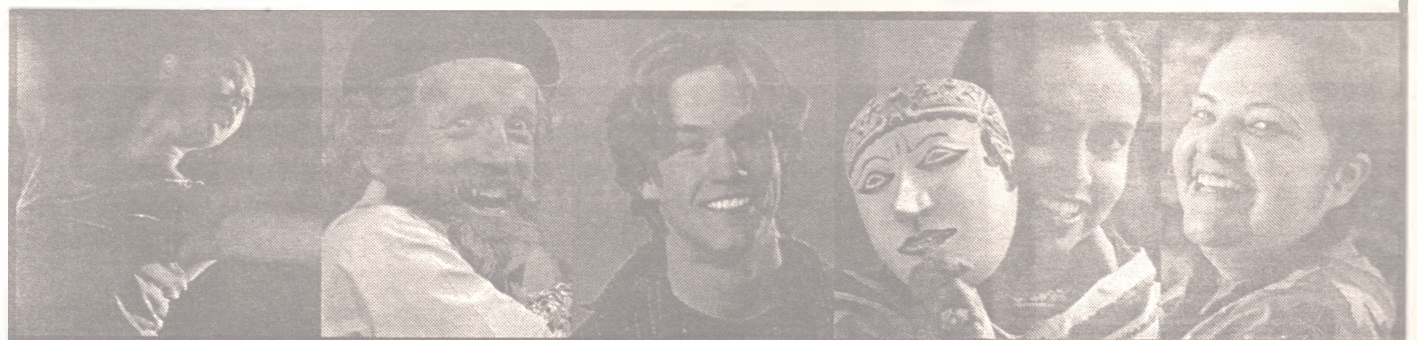
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