

75 CENTS + TAXES

PM#0040007682

MONDAY, NOVEMBER 6, 2017

# Lennoxville on alert following reports of student assaults

Record Staff

Lennoxville's Bishop's University and Champlain College are on the alert after reports have surfaced of recent alleged sexual assaults against students on the streets of Lennoxville.

"We are concerned to hear about unconfirmed reports of sexual assaults which took place near the Champlain College/Bishop's University campus over the past few weeks," stated an email sent out to Champlain students and staff on Friday by Annick Corbeil, Dean of Student Services at Champlain.

"Sherbrooke Police is currently investigating and will be more present in the area during the coming days," the email stated.

The email cautioned students not to walk alone at night or let others walk home alone. They were told to call the Student Safety and walk-Safe programs (819-822-9711) to ask for a walk home, and to contact campus security if they notice any suspicious activity.

The alert stems from reports made by BU students in recent weeks that are still currently under police investigation.

When another student came forward sharing information about an attempted assault on Halloween weekend, BU sent an email last week with the heading 'Important Safety Information-Campus Wide Notice!'

"We have received one more complaint of an attempted assault from last weekend," stated the email, sent out Thursday by Stine Linden-Andersen, Dean of Student Affairs at Bishop's.

"We have put extra security and walk home services in place until further notice," the email read.

"Please know that we are releasing as much information as we can without jeopardizing the police investigation."

Police are being mum about details on the case so as "not to interfere with the investigation." They did specify, however, that the attacks did not occur on the joint Bishop's-Champlain campus.

# Big changes on Sherbrooke Council



GORDON LAMBIE

The City of Sherbrooke has spoken and Steve Lussier is its new mayor.

By Gordon Lambie

The City of Sherbrooke has spoken and Steve Lussier is its new mayor. As of Press time last night Lussier held a lead of nearly 5000 votes over Bernard Sévigny, the outgoing mayor seeking his third mandate. Sherbrooke Citoyen party leader Hélène Pigot took up a distant third place.

Lussier campaigned on a promise of economic caution and fiscal responsibility, committing to not spend more than the city has on hand and a promise to review all projects currently underway. He was particularly outspoken in his criticism of Sévigny's redevelopment plan for Wellington Street South.

Where support for Sévigny faltered,

support for his political party, Renouveau Sherbrookois, followed suit. Of the nine incumbent Renouveau Sherbrookois team only Fleurimont Councilors Vincent Boutin and Danielle Berthold were holding leads in their districts.

Indeed, it was not a night that was good for political parties in general, in Sherbrooke. Sherbrooke Citoyen, founded as a response to Renouveau Sherbrookois, failed to make a strong showing in any district other than in District 4.5 du Carrefour where Sherbrooke Citoyen candidate Évelyne Beaudin had a very slight lead over incumbent independent councilor Pierre Tardif in a race that was still too close to call.

This election saw a reduction in of

the number of council seats in Sherbrooke, pitting some sitting council members against each other. Councilors Annie Godbout, Julien Lachance, Nicole Bergeron, Marc Demers, Danielle Berthold, Vincent Boutin, and Chantal L'Esperance all showed strong signs of being reelected as of 10pm, with more than 85 per cent of polls reporting.

In Lennoxville, Claude Charron is the new Borough President with Jennifer Garfat and Bertrand Collins making up the rest of the borough council. The three councilors led in their respective districts from the moment that results started coming in and maintained that lead throughout.

MORE ELECTION RESULTS ON PAGE 3

THE RECORD

GET A FREE 7 DAY TRIAL ONLINE SUBSCRIPTION!

Take The Record anywhere with you with an online subscription!

iPads, tablets, iPhones, Android phones, laptops!

For a free 7 day trial, go to www.sherbrookerecord.com, click on e-dition, then Free Trial and fill in the information.

For information or assistance call 819-569-9528 billing@sherbrookerecord.com



# The Record e-edition

There for you 24-hours-a-day 7-days-a-week. Wherever you are.

Access the full edition of the *Sherbrooke Record* as well as special editions and 30 days of archives.

Renew or order a new 12-month print subscription and get a 12-month online subscription for an additional \$5 or purchase the online edition only for \$82.21.

### Record subscription rates (includes Quebec taxes)

- 1 year print: \$155.91
- 6 month print: \$81.85
- 3 month print: \$41.57
- 12 month web only: \$82.21
- 1 month web only: \$7.46

Web subscribers have access to the daily *Record* as well as archives and special editions.

Subscribing is as easy as 1,2,3:

1. Visit the *Record* website: [www.sherbrookerecord.com](http://www.sherbrookerecord.com)
2. Click e-edition.
3. Complete the form and wait for an email activating your on-line subscription.

## Weather



TODAY: RAIN

HIGH OF 13  
LOW OF -6



TUESDAY: CLOUDY

HIGH OF 1  
LOW OF -10



WEDNESDAY: MIX OF SUN AND CLOUDS

HIGH OF 5  
LOW OF -5



THURSDAY: CLOUDY, SHOWERS

HIGH OF 5  
LOW OF -3



FRIDAY: 60% CHANCE OF SHOWERS

HIGH OF 0  
LOW OF -8

# Potton welcomes two new principals to its local Elementary schools



## THE SCOOP

### MABLE HASTINGS

Mansonville has two local Elementary schools within the town, the French school, Ecole du Baluchon and the English school, Mansonville Elementary. With the departure of both of last year's school Principals, Catherine Canzani (MES) and Stephane Gevry (Le Baluchon), this year, both schools are welcoming a new Principal/Director. Ecole du Baluchon School would like to introduce their new Director, Amélie Girard and MES presents, David Scott who is also Vice-Principal at Massey Vanier High School in Cowansville.

Recently, members of the Missisquoi North Volunteer Centre (CABMN) staff working with youth and volunteers had the pleasure of sitting down with both principals on two separate occasions to get acquainted and to determine how the Volunteer Centre can collaborate with the schools for the maximum benefit of the children in the community and their families.

CABMN Volunteer Coordinators, Sarah Jersey (who also coordinates youth programs through the CAB) and Debbie Harding (Assistant to the Director) as well as Youth and Communications Coordinator, Eleanor Cote felt that the two local schools were in very capable hands following their exchange. Many exciting programs are being offered at the two schools and both directors are eager and ready to work with the community.

The CABMN Nutri Sante committee has already held a very successful Fall Lunch in September featuring healthy garden grown food taking the produce from garden to plate. This year the event was hosted by MES with Baluchon students and staff attending. The two schools collaborate very well and the staff team in each have a good communication and exchange system.



Debbie Harding and Sarah Jersey (CABMN) pose with new MES Principal, David Scott along with Eleanor Cote CABMN

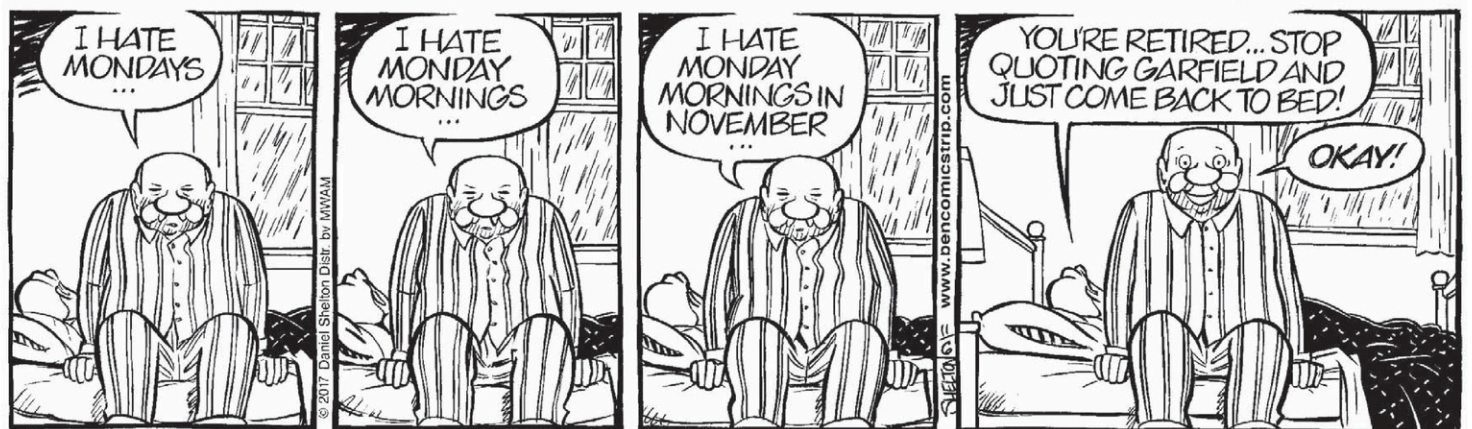


PHOTOS COURTESY

Eleanor Cote, Amelie Girard (Ecole du Baluchon Principal), Sarah Jersey and Debbie Harding - Volunteer Centre (CABMN) staff welcome new Baluchon Director.

The Potton community joins the CABMN in welcoming the two new Principals at each of the local schools and students, families and neighbours look forward to many positive opportunities to collaborate and grow in support of Potton's children's educational needs. Welcome to Potton Amelie and David...

## Ben by Daniel Shelton



# LOCAL NEWS

*It was pointed out during the ceremony that this year's day of remembrance marks the 100th anniversary of the Battle of Passchendaele, one of the bloodiest battles of the First World War.*

## Lennoxville remembers

By Matthew McCully

The borough of Lennoxville held its Remembrance Day ceremony yesterday at noon. Hundreds gathered in front of the

cenotaph next to city hall to show their respect for soldiers who served and sacrificed their lives in defense of our country.

It was pointed out during the ceremony that this year's day of remem-

brance marks the 100th anniversary of the Battle of Passchendaele, one of the bloodiest battles of the First World War.

Despite coinciding with Election Day, the ceremony followed the same format as previous years, beginning with a pro-

cession down Speid Street led by bagpipes to the cenotaph.

Two minutes of silence were observed and In Flanders Fields was read, as were the names of fallen local soldiers from WWI and WWII.



PHOTOS BY MATTHEW MCCULLY



Keeping with tradition, at the end of the ceremony, area cubs, scouts and girl guides shook the hands of local veterans and military service members and thanked them for their service.

## Election Results 2017

### Ayer's Cliff

While not all of the votes in Ayer's Cliff had been counted by press time, Returning Officer Kimball Smith was able to confirm that Vincent Gérin won the position of mayor over John Batrie. Smith said the results for the council seats were not yet available.

### Coaticook

Simon Madore, previously a council member, is the new mayor of Coaticook. He won the position with 2,277 over Raynald Drolet, who earned 1,658 votes.

Councilor Seat 6 was won by Guy Jubinville (2,656 votes) over Nicholas Majeau (1188 votes).

In the municipality, 56.4 per cent of eligible voters cast a ballot in the mayoral race.

The balance of council seats were elected by acclamation.

### Ogden

The new mayor of Ogden is Richard Violette, who won the position over Alain Carrier with a count of 169 votes to 92.

Five of the six council positions were elected by acclamation.

The remaining position, councillor Seat 2, was won by incumbent Jean R. Roy with 157 votes over Philippe Danton at 103 votes.

The municipality had 38.3 per cent voter turnout for the position of mayor out of 690 registered electors.

### Voter participation in Sherbrooke

Just over 53,000 electors in Sherbrooke took advantage of their right to vote in the 2017 municipal election.

That represents 44.1% of the electors registered on the list of electors, demonstrating a 2.1% increase in voter turnout compared to the 2013 municipal election.

Here is the voter turnout today in each of the districts. This rate is not cumulated with those of the advance vote and the itinerant vote (12.1%).

The borough of Lennoxville had 4,118 registered electors.



MATTHEW MCCULLY

Past Borough President David Price passing the torch on to Claude Charron the new Borough President



In Lennoxville, Claude Charron is the new Borough President with Jennifer Garfat and Bertrand Collins making up the rest of the borough council.



### Community Flu Clinic

Grace Village welcomes you to be immunized in our upcoming Community Flu Clinic on **Wednesday, November 8 from 8:30 am to Noon & 1 pm to 4 pm** Children (those under 18) will only be immunized in the afternoon.

**1515 rue Pleasant View, Sherbrooke, QC J1M 0C6**

Parking located in the front and back of the Care Pavilion. All are welcome! RAMQ cards are required for immunization. Refreshments will be served.

**For more information call 819-569-0546**

**or email info@masscom.ca**

# Morris House Readings features Shannon Webb-Campbell

**Record Staff**  
SHERBROOKE

This year's Series kicks off on Thursday, November 16, from 11 a.m. to noon at the Foreman Art Gallery with Shannon Webb-Campbell, a mixed Mi'kmaq poet, writer, and critic currently based in Montreal. Her first book, *Still No Word*, published in 2015, was the inaugural recipient of Egale Canada's Out In Print Award. She was Canadian Women in the Literary Arts (CWILA) critic-in-res-

idence in 2014, and sits on CWILA's board of directors. Her work has appeared in many anthologies, journals, and publications across Canada including the *Globe and Mail*, *Geist Magazine*, the *Malahat Review*, *Canadian Literature*, *Room*, and *Quill and Quire*. In 2017, she facilitated a book club-style reading of *The Final Report of the Truth and Reconciliation Commission of Canada* at At-

water Library in Montreal; she also championed Carl Daniel's novel *Bearskin Diary* for CBC Montreal's *Turtle Island Reads*. *Who Took My Sister?* is her second

For more information about the Morris House Reading Series or upcoming readings, contact organizer, Dr. Linda M. Morra at 819 822 9600 Ext. 2872 or by email at [lmorra@ubishops.ca](mailto:lmorra@ubishops.ca)

Bishop's University's Morris House Reading Series brings both established and up-and-coming authors to Bishop's University to present their work, answer questions, and meet with the audience during the informal reception that follows.

## ASK THE EXPERTS BUSINESS DIRECTORY

### REAL ESTATE

#### HOUSE OF THE WEEK COUNTRY

Very well maintained property, only minutes from Lennoxville on paved road. 2.14 acres, large workshop which could be used as a barn or garage. Kitchen has beautiful oak cupboards, patio doors to deck. Hardwood floors. 3 bedrooms plus office.



**Helen Labrecque**, Real Estate Broker  
Cell: 819-572-1070 • [hlabrecque@sutton.com](mailto:hlabrecque@sutton.com)  
SUTTON Groupe Sutton - Immobilier Estrie 819-820-0777

- INVESTMENTS
- LODGING
- NOTARY
- OPTOMETRISTS
- PROFESSIONAL PAINTING
- REAL ESTATE
- TREE SERVICE

### OPTOMETRISTS

#### OPTO RÉSEAU

160 Queen St.,  
Sherbrooke



For professional eye care services, call 819-563-2333

**Dr. Meggie Faust and Dr. Alain Côté**,  
Optometrists

### TREE SERVICE



#### ArboExcellence

**Stephen Goddard, prop.**  
ISA Certified Arborist QU-0103A



#### Professional Tree Service

- Pruning
- Tree removal
- Stump grinding
- Chipping
- Cabling & bracing
- Hedge trimming
- Planting
- Lot clearing
- Forestry
- Consulting

Over 25 years experience  
Fully insured  
Free estimate

[www.arboexcellence.ca](http://www.arboexcellence.ca)

Cell: 819-821-0425 Tel./Fax: 819-562-1642

### INVESTMENTS

Do you have questions about TFSAs? RRSPs? or RESPs?

**RICHARD F. TRACY**  
Mutual Fund Dealing Representative

819-943-2075



46 Speid St.,  
Sherbrooke, QC J1M 1S4



Helping clients invest for their future.

### INVESTMENTS



**Tim Goddard**

BRANCH MANAGER

Helping clients invest for their future.

RRSP • RDSP • RESP • RRIF  
Life Insurance • Critical Illness  
• LTD • Annuities



MAXFIN INVESTMENTS INC.

151 Queen Street, Sherbrooke

819-569-5666

Locals serving locals in the language of their choice for more than 20 years.

(\*Only Mutual Funds are offered and regulated through Global Maxfin Investment Inc.)

Support local businesses!

### LODGING



#### Motel Lennoxville

Emplacement Tranquille au Centre-ville  
Quiet Location Downtown Lennoxville

#### CUISINETTE / KITCHENETTE

Tél: 819-563-7525

[motel@lennoxville.qc.ca](mailto:motel@lennoxville.qc.ca) / [www.lennoxville.qc.ca](http://www.lennoxville.qc.ca)

94 Queen, Sherbrooke (Lennoxville) Québec, Canada J1M 1J4

### NOTARY

#### Lamoureux Leonard *sencl*



Notaries & Solicitors

**M<sup>re</sup> Timothy Leonard**

- Trust Wills • Mandates
- Corporate Law • Estate Settlement
- Protection of Assets

520 Bowen St. S., Sherbrooke (next to Hôtel-Dieu Hospital)

563-0500

To place an ad on this page, call 819-569-9525

Support the local businesses, services & professionals who serve our area where you live, work and play!

# Dead leaf pick-up this week

Record Staff  
SHERBROOKE

The City of Sherbrooke is advising the public that it will be holding its annual leaf-pick-up this week of November 6, in all boroughs.

The city is also reminding residents of the instructions regarding this collection:

- Gather leaves in paper bags.

- Do not overload bags of leaves to help avoid workers being injured by over-heavy bags.

- Place bags at the edge of the street, from 8 am in the morning on the day of the regular garbage collection.

To deal with residual leaves, the city recommends putting them in the brown bin, mulching them and leaving them on the ground as a fertilizer, or bringing them to an ecocentre,

# Archbishop Cyr begins pastoral tour of the archdiocese

Record Staff  
SHERBROOKE

Sherbrooke Archbishop Luc Cyr is beginning a pastoral tour of the regions of the Archdiocese of Sherbrooke and during the months of November and December, will meet with the public and the pastoral workers of the several different parishes of the diocese.

These meetings will allow the Archbishop to give his account of the "ad limina apostolorum" visit he made to the Vatican last spring. He will also return to the preparatory document published by the Quebec Assembly of Catholic Bishops and given to the Holy Father at that

time.

Cyr was in Rome from April 20 to May 14, 2017 and met Pope Francis twice with the 29 other bishops of the province. On his return, he expressed considerable enthusiasm for his exchanges with the pope and came back convinced that the Church in Sherbrooke is on the right track with its new action plan 'Diocesan Orientations 2017-2020.'

The Bishop's visits will take place according to the following schedule:

- November 8 - Disraeli
- November 15 - Richmond
- November 22 - Coaticook-Compton
- December 5 - Sherbrooke
- December 6 - Magog-Eastman

# Exhibitionist sentenced to 90 days

Record Staff  
SHERBROOKE

A Sherbrooke man has been sentenced to 90 days in jail to be served on weekends after pleading guilty to charges of exhibitionism stemming from an incident that took place in September 2016. Gilles Charest admitted exposing himself in front of two young girls.

In court, Charest said that he was not

aware that he was acting in front of children when he masturbated in front of the girls. The incident took place at around half-past noon in the parking lot of the Jean-Coutu pharmacy on King St. East on September 18 of last year. Charest was seated in his easily identifiable 2002 gold Hyundai Accent which allowed police to identify and locate him.

A three-year probation period, including two years with follow-up, was also imposed.

# Windsor man busted for computer luring, pimping

Record Staff  
SHERBROOKE

A 23-year-old Windsor man was arrested last week on charges of computer luring of a minor and procuring.

Francis Mercier returned to the Sherbrooke courthouse Tuesday for his bail hearing in relation to the three charges against him. He is accused of having communicated with a teenager between September 7 and October 25 of this year to obtain the sexual services of a person

under 18 years of age in exchange for money.

Mercier is also accused of computer luring between the same dates as well as breach of probation. An investigation by the Sherbrooke Police led to the arrest.

Mercier allegedly approached the complainant on Facebook by mentioning that he could help her make some money. He then asked for pictures and, over the course of several conversations, offered to take her to Toronto, where she could live in a luxury condo and make over \$2,000 a night.

# Youth Fair awards night

By Claudia Villemaire  
RICHMOND

Another banner year went into the record books as Youth Fair committee members and volunteers readied their prize list for the long awaited Awards Night, held Monday at St Francis Elementary school in Richmond.

"We were so pleased to see such a good turn-out of competitors whose talents extended into a variety of categories bringing the number of entries to 485 from 313 participants.

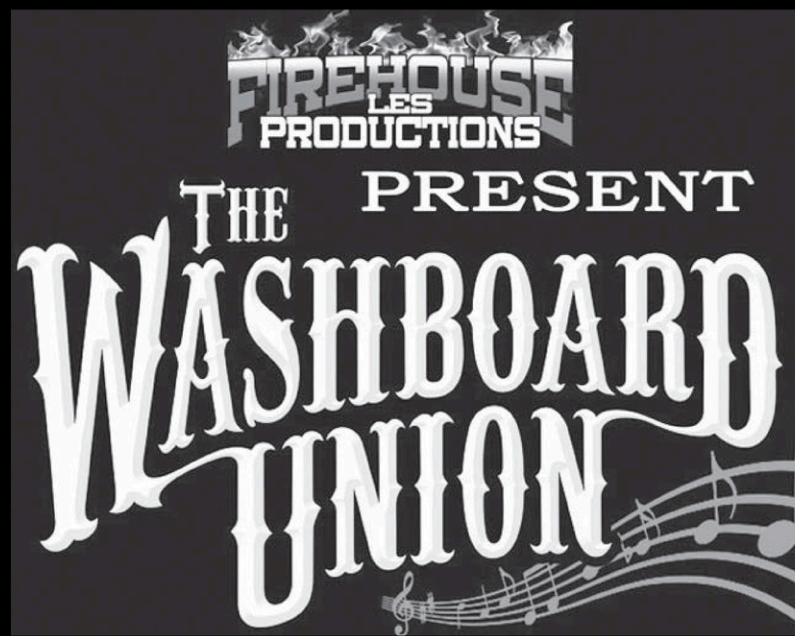
Committee members, volunteers and judges gathered to present awards which

ranged from permanent trophies with winners taking home a smaller version to rosettes awarded by the judges themselves. A point system also kept track of every winner's standing with Connor Begin and Shianne Begin collecting the most points overall. With all hands on deck for the official photograph, it was a crowd of smiles from all concerned including Sarah Fowler, president, Richard Goodfellow, vice president, Mary Goodfellow, Secretary, Betty VanderWal, Treasurer, and Patsy Biggs, Audrey Gunter and Alle VanderWal. Billy Johnston, Fair Board representative couldn't make it to the happy occasion but several volunteers were also on hand.



CLAUDIA VILLEMAIRE

## WIN V.I.P. TICKETS & DINNER



Would you like to win a pair of V.I.P. tickets to The Washboard Union Concert (November 26, 8 p.m., at Centennial Theatre) and a \$50 gift certificate to Sebby's Pub & Grill?

All you have to do is email The Record with the answer, along with your name and daytime phone number, to the following question by November 10 at [classad@sherbrookerecord.com](mailto:classad@sherbrookerecord.com).

What Canadian city is The Washboard Union from?

The winner will be randomly drawn on November 13 at 9 a.m.



# EDITORIAL

The Governor-General of Canada plays a largely symbolic, but crucial, role in the Constitutional structure that governs our country.

## To boldly go. . .



MIKE McDEVITT

Surprising, and rather interesting controversy broke out within the political class last Wednesday following a speech by newly appointed Governor-General and former astronaut Julie Payette. Payette was addressing the Canadian Science Policy Convention in Ottawa when, during her keynote speech, she failed to display the traditional political 'neutrality' required by largely ceremonial position as de-facto Head of State. She did that by emphatically preaching an obvious truth in public.

The Governor-General of Canada plays a largely symbolic, but crucial, role in the Constitutional structure that governs our country. Although Canada has been an independent nation since 1982, it is subject to the British Crown, whose duties are fulfilled by the Governor-General. He or she sits above the partisan politics of the day and has no role in setting government policy, although the announcement of said policy in the Speech from the Throne does fall within the Vice-regal responsibilities. It also ultimately the Governor-General's responsibility to dissolve Parliament when a government calls an election or falls and to decide if a coalition is possible that would render a premature election unnecessary.

The Governor-General is appointed by the Monarch on the recommendation of the Prime Minister and usually serves as five-year, renewable term. Besides its limited constitutional function, the Governor-General's office is largely ceremonial and allows the country as a whole to be represented in a manner representative of the country's values and, perhaps, self-image. In recent decades, it has also been used to highlight and honour the achievements of key members of Canada's various and diverse communi-

ties.

In that sense, a Prime Minister's choice of Governor-General says a great deal about the image the government of the day desires to project. Previous governments have chosen outstanding individuals from minority, immigrant, and marginalized communities and have put forward some truly admirable women, of whom Payette is merely the latest. And admirable and impressive she is.

Payette is a 54-year old Montreal native who studied electrical and computer engineering at McGill and the University of Toronto. After a career in computer science in the private sector, Payette was chosen in 1992 as one of four successful candidates out of over 5,000 applicants to become a Canada Space Agency astronaut. She flew two missions to the International Space Station. She is also an accomplished musician.

The speech before the Canadian Science Policy Convention was one of her first major public appearances since taking on her new role and both by her appointment and her appearance she was proclaiming Canada's formal commitment to the importance of science and its role in guiding non-partisan government policy. In case the subtlety was missed, Payette made no bones about her refutation of the current tendency among the public – and public servants – to impugn and deny rigorous scientific investigation in exchange for conspiracy theories, junk science, and propaganda.

So far, of course, there isn't anything really controversial about what she said. She continued on, however, to mock climate change deniers and creationists, among others, and rueing the presence of such dinosaurs in the halls of power. She thereby stumbled into the realm of the 'political' and partisan, committing a serious protocol no-no. Seriously?

While undoubtedly there are members of specific religious minorities who choose to take their chosen sacred text literally, no matter how absurd a portrait of reality it might paint, there is no responsibility of the state to acknowledge or cater to that particular belief. On the other hand, the state does have the responsibility to ensure that its citizens are being served properly by governments guided by proven facts under-



lined by demonstrable explanations. Science is not always right, but when it's wrong it is so in an organized disciplined manner conducive to exposing, however reluctantly, its errors. In directly discrediting things like climate change denial, creationism, or astrology, for that matter, she is declaring both a personal and governmental commitment to the scientific approach and fact-based decision-making. There really shouldn't be anything controversial about any of that.

Payette is the perfect pitch man for a commitment to science, trained as she is in fields dedicated not to incomprehensible theories written in math, but in finding ways of putting these theories to work in ways that humans can use. They make things. More than that, they have to make things that work dependably and consistently. Engineers might pray – and pray often in fact – but they aren't praying for a miracle to correct their mistakes.

Payette, of course, still has yet to fully appreciate how speaking direct truth can come back and bite someone in her position but in her defense, she was speaking to an audience pretty much in unanimous agreement with what she was saying; it was a science policy convention, after all, and she could not have been prepared for the attention such a speech would attract. In the future, she might have to choose a more delicate approach, but in no way should she retreat from championing the truth.

Science, it is true, has led to many of

mankind's most serious existential threats. Without the scientific developments that preceded the Industrial Revolution, we would not be awash in pollution, global warming, and an unsustainable consumerism. Without the revolutionary thinking of the last century we would not have the life-saving medicines and technologies that lengthen our lives, but neither would we have nuclear weapons. Science merely unveils reality; it should be guided by honest curiosity and dogma, legitimate questions, not groundless belief.

It is unlikely that this little distraction will have much of a lasting impact on Payette's vice-regency but it should bring into the fore the effect that things like fundamentalist beliefs can have on political debate. To the south, we are all witnessing the chaos that the rejection of expertise, the questioning of all informed opinion and the substitution of vehemence for knowledge in political debate can have on a great society. There is a large and varied number of people who believe literally the story of the universe's creation as outlined in the Judeo-Christian tradition or in any of the numerous creation stories that colour religious belief, and our constitution guarantees that we respect their right to do so. But we should never forget that besides holy books, God gave us the gifts of curiosity, ingenuity, creativity, and foresight. It's doubtful we would be better off ignoring what they can teach us in order not to offend purveyors of demonstrably false children's stories.

## Letters

The Record welcomes your letters to the editor. Please limit your letters to 300 words. We reserve the right to edit for length, clarity, legality and taste. Please ensure there is a phone number or email where you can be reached, to confirm authorship and current town/city of residence. Names will not be withheld but the address and phone number of the writer are not published, except by request. Preference is given to writers from the Eastern Townships.

### THE RECORD

6 Mallory, Sherbrooke, Quebec J1M 2E2  
FAX: 819-821-3179

E-MAIL: newsroom@sherbrookerecord.com  
WEBSITE: www.sherbrookerecord.com

SHARON McCULLY PUBLISHER ..... (819) 569-9511  
STEPHEN BLAKE CORRESP. EDITOR ..... (819) 569-6345  
SERGE GAGNON CHIEF PRESSMAN ..... (819) 569-9931

DEPARTMENTS  
ACCOUNTING ..... (819) 569-9511  
ADVERTISING ..... (819) 569-9525  
CIRCULATION ..... (819) 569-9528  
NEWSROOM ..... (819) 569-6345

KNOWLTON OFFICE  
5B VICTORIA STREET, KNOWLTON, QUEBEC, J0E 1V0  
TEL: (450) 242-1188 FAX: (450) 243-5155

#### PRINT SUBSCRIPTIONS

QUEBEC:	1 YEAR	135.60	GST 6.78	PST 13.53	TOTAL \$155.91
	6 MONTHS	71.19	3.56	7.10	\$81.85
	3 MONTHS	36.16	1.81	3.60	\$41.57

#### ON-LINE SUBSCRIPTIONS

QUEBEC:	1 YEAR	71.50	3.58	7.13	\$82.21
	1 MONTH	6.49	0.32	0.65	\$7.46

Rates for out of Quebec and for other services available on request.

The Record is published daily Monday to Friday. Back copies of The Record are available.

The Record was founded on February 9, 1897, and acquired the Sherbrooke Examiner (est. 1879) in 1905 and the Sherbrooke Gazette (est. 1837) in 1908. The Record is published by Alta Newspaper Group Limited Partnership.

PM#0040007682

Return undeliverable Canadian addresses to The Record, 6 Mallory Street, Sherbrooke, QC J1M 2E2

Member  
ABC, CARD, CNA, QCNA

# Local Sports

Although UQAM did outscore the Gaiters in each of the final two quarters it wasn't enough to overcome the lead that the Gaiters built up earlier in the match.

## Phoenix drop two home games in weekend action

### Losing streak extends to seven games

By Dylan Konecny

Sherbrooke had two games this past weekend playing against their division rival the Blainville-Boisbriand Armada and the Maritimes' Charlottetown Islanders. The two games ended up handing the Birds their sixth and seventh consecutive losses, moving their recent losing streak up to 0-5-2.

Against the Armada, after falling behind 2-0, Sherbrooke had the lead in the second period going up 3-2 on the visitors thanks to consecutive goals from Benjamin Tardif, Yaroslav Alexeyev and a shorthanded score from Kevin Gilbert.

However, penalties again proved to be costly and the Armada tied the game with just 44 seconds remaining in the second period with a power-play goal to tie it up 3-3 going into the third.

In the third, the Phoenix were forced to change goalies after Evan Fitzpatrick left the game with an apparent shoulder injury. Fitzpatrick had stopped 27-of-30 shots before Brendan Cregan came into the game in relief for the third period.

At 6:17 of the third period Alex Barré-Boulet scored his second straight goal to

take the lead, 4-3, and the Armada would add an empty-netter to finish off the game with a 5-3 win.

The next day against the Islanders it was a tight back-and-forth game between the two teams with the Islanders emerging victorious in overtime, 5-4.

Sherbrooke outshot their opponent from out east to the tune of 38-31. However, penalties again proved costly, this time coming in the form of the ejection of Thomas Grégoire for a five-minute major penalty for boarding late in the third period. Meaning the offensive defenceman wasn't available for the crucial moments of the game and gave Charlottetown the momentum going into overtime. In overtime, Matthew Grouchy ended the game with a goal on Cregan to end the game. Cregan had 26 saves on 31 shots in the game. Sherbrooke got goals from Félix Robert, Nicolas Poulin and two from Kevin Gilbert in the loss.

The Phoenix next take a trip out east to play three straight Maritimes opponents. The Birds will travel to play the Saint John Seadogs, Moncton Wildcats and finish up the trip against the Hali-



VINCENT LEVESQUE ROUSSEAU

fax Mooseheads. The Mooseheads are currently second-overall in the QMJHL with 25 points, the Wildcats are in seventh with 24 points and the Seadogs sit last in the league at 18th with 13 points. Sherbrooke's record of 6-8-3-2 has them

seeded 15th with 17 points. The Birds also happened to be tied with the Acadie-Bathurst Titan for most overtime and shootout losses on the year so far as both teams have lost three games in overtime and two in shootouts.

## Gaiters Basketball Tipoff year with wins over UQAM

### Men's and Women's teams earn wins at home together for first time since 2012

By Dylan Konecny

Mitchell Gymnasium at Bishop's University was the place to be on Saturday night as the Gaiters men's and women's basketball teams took to the court for the opening of their RSEQ seasons against the UQAM Citadins.

The Women's team got the night started cruising to a 78-61 victory. Led by fifth-year senior Edith Noblecilla's 19-point night the lady Gaiters had the game in control right from tip-off storming to 17-7 lead after the first quarter's completion. Noblecilla had 10 of her 19 points on the night come in the first

quarter.

A strong second quarter from UQAM saw the game tighten up with Bishop's holding a 31-29 lead at halftime. However, the second half was dominated by the Gaiters who had consecutive periods with at least 20 points, 20 in the third and 27 in the fourth, while holding the Citadins to just 16 points in each of the final two quarters to earn their victory.

Using the momentum from the first victory, the men's squad dominated their opponents storming out to the tune of a 19-point lead with 2:25 remaining in the first half. With a firm lead the Citadins were forced to chip away at the Gaiters' lead the whole

evening.

Although UQAM did outscore the Gaiters in each of the final two quarters it wasn't enough to overcome the lead that the Gaiters built up earlier in the match. Ultimately, the Gaiters held on for an 83-77 victory to kickoff the year.

Early in the game, the Gaiters lost Fifth-year senior David Belanger after he was cut open on his elbow and forced out of the game to tape up the bloodied injury. Belanger eventually returned to the game and had nine points in 26 minutes of playing time.

The Gaiters were led by Abdul Kama in scoring with 24-points on the evening, while facing double-teams from

the Citadins defence. The double teams opened extra space for Joany Castor-Thadal who scored 22-points, going 4-of-8 on 3-point attempts.

"It was good to get a win," said Gaiters head coach Rod Gilpin after the game. "I think we've played some pretty good minutes of basketball at points this pre-season. I think defensively we were pretty good tonight. Everybody who stepped on the floor contributed, so that was a big thing."

Next up the Gaiters will travel to Concordia to play the Stingers on Thursday night this week.

## Toronto FC loses 1 0 to Red Bulls, advances on away goals

The Associated Press

Toronto FC lost 1-0 to the New York Red Bulls in an abrasive game Sunday and still advanced to the MLS Eastern Conference final on away goals after the two-leg series ended tied 2-2 on goals aggregate.

It was a feisty affair that saw Toronto striker Jozy Altidore and Red Bulls captain Sacha Kljestan sent off after a tunnel melee at halftime.

League-leading Toronto will be without star striker Sebastian Giovinco for the next game after his second yellow in two games. TFC will play the Columbus Crew SC or New York City FC in the Conference final.

Bradley Wright-Phillips scored his 100th career goal for the sixth-seeded Red Bulls when a long-range shot deflected in off him in the 53rd minute. A Toronto goal by Jonathan Osorio in the 78th was called off due to a foul, apparently for what was considered a shove. Things got even uglier minutes later when a drink was thrown from the stands at referee Chris Penso after he booked Giovinco.

After falling 2-1 at home on Monday night, the Red Bulls needed to win and score at least two goals Sunday to avoid defeat.

The bad blood bubbled from the get-go and Altidore and Kljestan did not emerge from the tunnel for the second

half. It was later announced the two had been red-carded for violent conduct in the melee unseen by the sellout crowd of 29,974 at BMO Field on a wet, grey day. Both players were yellow-carded earlier for a confrontation in the 34th minute.

The two teams use the same tunnel to exit the field but the visitors are supposed to turn left to their dressing room while the home side goes straight to reach theirs.

"Whatever happened on our side of the tunnel which means their players shouldn't have been on our side of the tunnel," Toronto coach Greg Vanney said in a halftime interview. "I don't know the rest of it."

Neither team seemed happy with

Penso and Toronto captain Michael Bradley was yellow-carded for giving Penso an earful on the field after the first half ended.

The Red Bulls went ahead early in the second half when Daniel Royer's shot from some 40 yards out deflected off Wright-Phillips into the corner, while a stranded goalkeeper Alex Bono looked on.

Bono then came up big in the 62nd minute, coming out to stop Wright-Phillips from close range.

Wright-Phillips was yellow-carded in the 71st minute for elbowing defender Drew Moore in the head.

**In Memoriam**

**SYLVESTER, William (Bill)** – In loving memory of Bill who passed away seven years ago on November 6, 2010.

*Lonely is the home without you,  
Life to us is not the same,  
All the world would be like Heaven  
If we could have you back again.  
A light from our household is gone,  
A voice we loved is still,  
A place is vacant in our home  
That never can be filled.*

**Always remembered and loved,  
LINDA (wife)  
CHILDREN  
GRANDCHILDREN and  
GREAT-GRANDDAUGHTER**



**MONDAY, NOVEMBER 6, 2017**

Today is the 310th day of 2017 and the 46th day of autumn.

**TODAY'S HISTORY:** In 1860, Abraham Lincoln defeated three other candidates to win the presidency.

In 1861, voters in the Confederate States of America elected Jefferson Davis president.

In 1947, "Meet the Press" made its television debut.

In 1975, punk rock pioneers the Sex Pistols played their first concert.

In 1995, Cleveland Browns owner Art Modell announced a deal that would move the nearly 50-year-old NFL franchise to Baltimore.

**TODAY'S BIRTHDAYS:** Charles Dow (1851-1902), economist/journalist; John Philip Sousa (1854-1932), composer; James Naismith (1861-1939), inventor of basketball; Zig Ziglar (1926-2012), author; Mike Nichols (1931-2014), filmmaker; Sally Field (1946- ), actress; Glenn Frey (1948-2016), singer-songwriter; Ethan Hawke (1970- ), actor; Rebecca Romijn (1972- ), model/actress; Pat Tillman (1976-2004), football player; Emma Stone (1988- ), actress.

**TODAY'S FACT:** "Meet the Press," which is the longest-running television series in history and is still on the air, began in 1945 as a radio show called "American Mercury Presents: Meet the Press."

**TODAY'S SPORTS:** In 1869, Rutgers College defeated Princeton University (then known as the College of New Jersey) by the score of 6-4 in the first modern intercollegiate football game.

**TODAY'S QUOTE:** "Among the things you can give and still keep are your word, a smile and a grateful heart." – Zig Ziglar

**TODAY'S NUMBER:** 6 – years in the term for which Jefferson Davis was elected to serve as president. The Civil War ended before his term expired.

**TODAY'S MOON:** Between full moon (Nov. 3) and last quarter moon (Nov. 10).

**Do just one thing**



**By Danny Seo**

When it's laundry day, there's an assumption that if you get your clothes "extra clean," they'll stay cleaner, longer. But the reality is that adding a little bit more laundry detergent or choosing the "heavy wash" option on the machine actually can do more harm than good. Too much detergent means the machine won't be able to wash out the soap properly. This can not only leave a film and break down fibers, but it also can become an odor and dirt magnet when you wear your clothes. And choosing the heavy-duty setting doesn't mean extra-clean clothing; it means whatever you're washing is getting extra wear and tear.

**Chronic disease can lead to depression in some patients**

**ASK THE DOCTORS**



**By Eve Glazier, M.D., and Elizabeth Ko, M.D.**

**Dear Doctor:** My husband, who is 79, was diagnosed with Grover's disease. I don't know if that's the cause of his depression, but now he just sits in his recliner all day. He's also moody, confrontational and seems to have given up on life. Is there really no hope for us?

**Dear Reader:** We're very sorry to hear about the struggle you and your husband are now going through. Disease is often more than merely physical, and

the distress it causes a patient can have a profound effect on the entire family.

Grover's disease, which is also known as transient acantholytic dermatosis, is a rare skin condition. It is characterized by itchy red bumps, most commonly on the patient's chest or back. Because a feature of the disease is the gradual loss of the "glue" that holds our skin cells together, watery blisters can form. Grover's disease is mostly seen in men over the ages of 40 or 50, though some women have been affected. The cause is not known, and, at this time, there is no cure.

The skin eruptions, which are often unbearably itchy, can last for weeks or months. In some cases, the disease spontaneously resolves within a year. For some individuals, however, it persists indefinitely. Treatment consists of managing the patient's discomfort. Topical high-potency steroids and antihistamines can offer short-term relief. In some cases, light therapy has been found to be helpful.

While depression is not among the symptoms of Grover's disease, it can certainly be a side effect. In fact, depression is among the most common complications of all chronic disease. It's estimated that one-third of patients diagnosed with a chronic illness or a serious medical condition will experience symptoms of depression.

In your husband's case, he is dealing with a disease that's mysterious, incurable and profoundly uncomfortable. It comes at a stage of life when, with a ca-

reer behind them, children grown and gone, and friends and siblings beginning to pass away, many elderly people become prone to depression. It's not at all surprising that his response has been to withdraw. But depression brings its own set of health challenges. People who are chronically depressed have higher rates of heart disease and stroke. A new study has linked it to dementia.

Your first challenge is to persuade your husband that he can benefit from medical help. Unlike Grover's disease, depression can be successfully treated with medication, if he's open to it, and talk therapy. Since he has become moody and confrontational, it's a good idea to consider who is the best person to broach the idea with him. If you're comfortable having the discussion, we urge you to do so. Perhaps a trusted friend or a family member can lend a hand. Early diagnosis and treatment can reduce distress and head off complications.

Even with treatment, it can take weeks and even months for depression to loosen its grip. If your family can be supportive and understanding, it will be a big help. And as your husband is working his way back, be sure to take care of yourself. Stay engaged with the world, spend time with friends and family, and perhaps consider joining a support group.

*(Eve Glazier, M.D., MBA, is an internist and assistant professor of medicine at UCLA Health. Elizabeth Ko, M.D., is an internist and primary care physician at UCLA Health.)*

20 years. 10,000 wishes. 100% Canadian.



**RATES and DEADLINES: ANNOUNCEMENTS & NOTICES**

**BIRTH NOTICES, CARDS OF THANKS, IN MEMORIAMs, BRIEFLETS:**  
Text only: 40¢ per word. Minimum charge \$10.00 (\$11.50 taxes included)  
Discounts: 2 insertions or more: 15% off  
With photo: additional \$18.50. **DEADLINE:** 11 a.m., day before publication.  
**BIRTHDAY, ANNIVERSARY & GET-WELL WISHES, ENGAGEMENT NOTICES:**  
Text only: \$16.00 (includes taxes)  
With photo: \$26.00 (\$29.90 taxes included) **DEADLINE:** 3 days before publication.  
**WEDDING WRITE-UPS:**  
\$26.00 (\$29.90 taxes included) **WITH PHOTO:** \$36.00 (\$41.40 taxes included)

**Please Note:** All of the aforementioned (except death notices) must be submitted typewritten or neatly printed, and must include the signature and daytime telephone number of the contact person. Can be e-mailed to: clas-sad@sherbrookerecord.com - They will not be taken by phone.  
**DEADLINES FOR DEATH NOTICES:**  
For Monday's paper, call 819-569-4856 between 1 p.m. and 5 p.m. Sunday.  
For Tuesday, Wednesday, Thursday or Friday's edition, call 819-569-4856 or fax 819-569-1187 (please call to confirm transmission) or e-mail: production@sherbrookerecord.com between 9 a.m. and 5 p.m. the day prior to the day of publication. The Record cannot guarantee publication if another Record number is called. Rates: Please call for costs.



*Page(s) manquante(s)  
ou non-numérisée(s)*

Veillez vous informer auprès du personnel de BANQ  
en utilisant le formulaire de référence à distance, qui se trouve en ligne :

[https://www.banq.qc.ca/formulaires/formulaire\\_reference/index.html](https://www.banq.qc.ca/formulaires/formulaire_reference/index.html)

ou par téléphone **1-800-363-9028**

**Bibliothèque  
et Archives  
nationales**

**Québec** 

### CELEBRITY CIPHER

by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

" UT VZXXDW ... PZL WKZW ARDBTXVT  
RX HRBFP DM ZXLWKRXJ WKZW  
UT GD GDTPX'W KZAT Z PDMW DH  
RXHBYTXVT. RW GDTP." — SZFRT  
HDEE

Previous Solution: "Everybody is afraid of the unknown. Everybody is afraid of the people that they've done terrible things to!" — Wes Craven  
TODAY'S CLUE: n sianba λ

### REALITY CHECK



### HERMAN

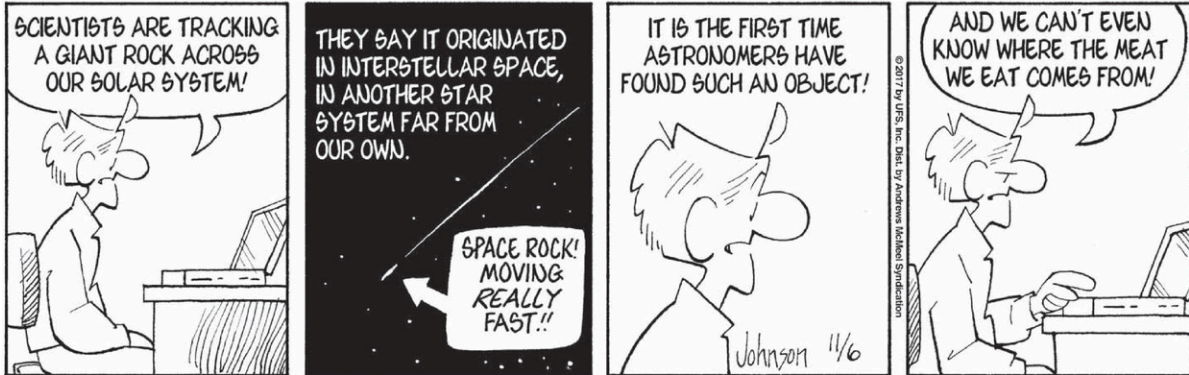


"D'you want a dessert or coffee?"

### ALLEY OOP



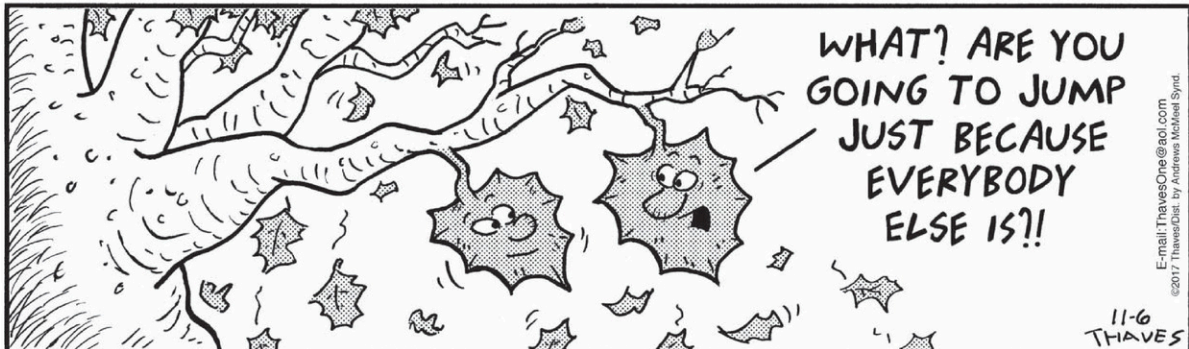
### ARLO & JANIS



### THE BORN LOSER



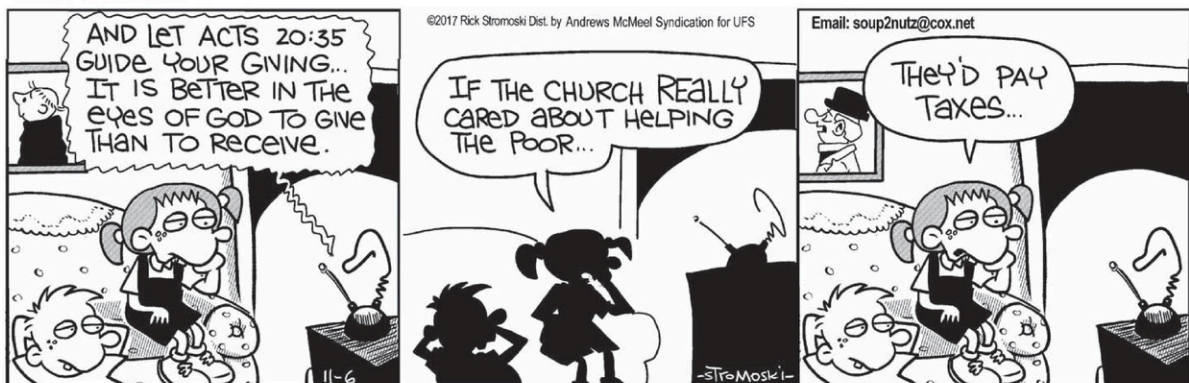
### FRANK AND ERNEST



### GRIZWELLS



### SOUP TO NUTS



Go grocery shopping with dietitians. When you choose products with the Health Check symbol, it's like shopping with the Heart and Stroke Foundation's dietitians, who evaluate every participating product based on Canada's Food Guide. www.healthcheck.org

Diabetes The New EPIDEMIC REACT NOW! Diabetes Québec Information and donations: (514) 259.3422 or 1.800.361.3504 www.diabete.qc.ca

CALL SHERBROOKE: (819) 569-9525 BETWEEN 8:30 A.M. AND 4:30 P.M.  
 E-MAIL: classad@sherbrookerecord.com  
 OR KNOWLTON: (450) 242-1188 BETWEEN 9:00 A.M. AND NOON

DEADLINE: 12:30 P.M. ONE DAY PRIOR TO PUBLICATION  
 OR MAIL YOUR PREPAID CLASSIFIED ADS TO  
 THE RECORD, 6 MALLORY, SHERBROOKE, QUEBEC J1M 2E2

# CLASSIFIED

## For God and country — or something

MONDAY, NOVEMBER 6, 2017

Dear Annie

Dear Annie: I have witnessed a change in a local American Legion post over the past several years. I support and commend anyone who has served our country. Originally, these posts were established by veterans and run by elected veteran officers and veteran executive board members. These posts were founded with bylaws and rules supporting the motto, "For God and Country."

At my local post, the commander would make a better follower than he does a leader. He backstabs his officers to try to make himself look good. Officers are drunk at some meetings, which is very inappropriate, yet this is allowed by the commander, who should be observing and enforcing a code of conduct for the meetings. Minutes that prove that items were voted on are suddenly lost or misplaced. Married officers are having sexual affairs with the hired staff. There is stealing of items that belong to the post. Bartenders drink while on bar duty. Pay increases to certain staff members are given without the board's approval. Nonmembers come in and do what they want.

When one member makes comments to re-establish what the post

stands for and who should be making decisions on everything that is going on, he is critiqued for it and often chastised, told that it's none of his business, even though he's an elected member. Is this what "For God and Country" stands for? — Concerned Legionnaire's Wife

Dear Concerned Legionnaire's Wife: Certainly not. But even the most virtuous motto falls flat without good men and women standing behind it. It's time for your husband and any other upstanding members to take action. He can contact the American Legion's internal affairs department at 317-630-1330 for guidance.

Dear Annie: I have been a special education teacher for over 20 years. The students in my class have intensive needs, and therefore we have a high staff-to-student ratio. I have an exceptional assistant, and we have dedicated aides.

The reason I am writing is I believe that parents have difficulty with giving gifts at the holidays and the end of the year. Certainly, any gift is very much appreciated, but in the special education world, parents can be overwhelmed by the number of people involved in educating their children

and often feel as though they need to send in something for everyone. Though that is a very nice thought, I also know that raising a child who has special needs is expensive, and I see parents spend so much more than necessary. I just wanted to offer a few suggestions to your readers who may find themselves in this position.

Gift cards for coffee, a basket of snacks to be used on a staff development day (or just a tough day!), a jar of miniature chocolates, homemade sweets that can be shared among a group of people — any of these would do. You could also contact a couple of other parents and purchase a gift card together to buy lunch. I always enjoy homemade ornaments or magnets. Even a card with a note to say how much someone's hard work has meant to your child's development is a treasure. There is no need to break the bank to make someone feel special. — Anonymous

Dear Anonymous: Your dedication and thoughtfulness are inspiring. I'm printing your letter now, in advance of the holidays. Thank you for the perspective.

Send your questions for Annie Lane to dearannie@creators.com.

**035 For Rent**

**CLASSIFIEDS ONLINE!**  
 www.sherbrookerecord.com

**145 Miscellaneous Services**

**LENNOXVILLE PLUMBING.** Domestic repairs and water refiners. Call Norman Walker at 819-563-1491.

**ELDERLY COUPLE** in the country, 20 km. from Lennoxville, Bishop's University, **has a room or small apartment for rent**, partially furnished, for a serious, mature student. If interested, call 819-838-1502 anytime.

**150 Computers**



**LARGE 4 1/2 in Sherbrooke's old North**, duplex with basement and shared back yard, one parking spot, washer and dryer hookup. Beautiful neighbourhood, short walk to downtown Sherbrooke as well as local parks. Close to French and English elementary schools. Grocery store across the street. \$650 per month, hydro not included. No pets. Available immediately. Call 819-791-1974 for more information.

**Make your classified stand out**, add a photo for \$10. per day. Deadline: 2 days before publication. Drop by our office in Sherbrooke or Knowlton. **819-569-9525. classad@sherbrookerecord.com**

**190 Cars For Sale**

**CLASSIFIEDS ONLINE!**  
 www.sherbrookerecord.com

**100 Job Opportunities**

**100 Job Opportunities**

## Ladies Auxiliary Branch #15 Richmond Legion card party

On the evening of October 26, we had players for Military Whist at 16 tables. A few announcements were given and then play was under way. After all the required moves, lunch was served while prizes were given out.

First, with 27 flags, was won by Rita Trudeau, Marcel and Suzanne Tremblay and Marcel Geoffroy; second prize, with 25 flags, was won by 2 tables, Debbie Knowles, Allie Vanderwal, Joyce Mastine, Carol Nixon and table 2 Freda Coote, Noel Gregoire, Helen Knowles and Lise Boisvert. Lowest score went to Robin Converse, Wanda Viens, Melodie Pariseau and Valerie Fowler.

Door prizes were won by Larry Frost, Sylvia Morin, Jackie Ross, Ian Smith, Patsy Biggs, Debbie Knowles, Judy Saffin, Willie Leblond, Jim Stevens, Bob Dunn, Marie Cassidy, Norma Morin, Wanda Viens, Marie-Paul Pariseau, Rita Trudeau, Blanche Mastine, Melodie Pariseau, Lou Joyal, Phyllis Bouchard, Gerry Willet, Sherley Provis, Vera Hughes, Lise Boisvert, Pauline Pelletier, John Sharman, Matty Banfill, Noel Gregoire and Elizabeth Blouin.

Grocery box went home with Elaine Dalton, a friend from Newfoundland.

Thank you to everyone that helped make this a fun evening, from the making of the lunch, donations of prizes, setting up and the cleaning of the Hall after. Hope to see you all in November.

Submitted by  
 Donna Ham

## SUDOKU

DIFFICULTY RATING: ★☆☆☆☆

	2			3	9	8	6	
8		9		1		5	3	7
		6	7	8				
4						2	1	6
	8			6			4	
9	6	1						8
				2	7	6		
6	1	8		9		4		2
	5	2	8	4			9	

11/6

© 2017 Dist. by Andrews McMeel Syndication for UFS

### PREVIOUS SOLUTION

5	9	6	3	7	1	8	4	2
1	4	3	6	8	2	7	5	9
8	2	7	9	5	4	3	6	1
4	3	5	8	6	9	1	2	7
2	6	8	7	1	3	5	9	4
9	7	1	4	2	5	6	3	8
3	1	2	5	9	7	4	8	6
7	8	4	2	3	6	9	1	5
6	5	9	1	4	8	2	7	3

**HOW TO PLAY:**  
 Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

## THE RECORD

is looking for **replacement carriers** in the **Lennoxville area**.

You would need to be on stand-by, ready to fill in if one of our regular carriers needs to be replaced at the last minute (i.e. illness or other) or if a route opens up.

If you're interested in being on our list, please call

## THE RECORD

**819-569-9528**

between 8:30 a.m. to 4:30 p.m.  
 or leave a message after hours,  
 or e-mail:

**billing@sherbrookerecord.com**

**Want your ad to stand out?**  
 For **.50** a word - **bold** it.

**275 Antiques**

WE BUY from the past for the future, one item or a household, attic or basement, shed or garage. We like it all, give us a call. 819-837-2680.

**THE RECORD**

**Follow The Sherbrooke Record on Facebook and Twitter!**

sherbrookerecord  
 @recordnewspaper

# Wales Home News October 2017



the area during the sale.

A conference by Professor Suzanne Houde from Bishop's University on healthy living took place in the living room on the afternoon of the 23rd. The Roxton Singers entertained residents on the evening of the 23rd. A special Thanksgiving nursing care units' tea took place on the afternoon of the 25th. There was zotherapy in the nursing care units on the morning of the 26th.

This month's birthday party was held on the 4th floor on the afternoon of the 18th. Our hosts were Group 92. Happy birthday to all those who celebrated and a HUGE thank you to the volunteers.

Welcome to Lloyd Wintle, Carole Driver, Winnifred St-Laurent, Gordon Morrill, and Charlie and Heather Goodfellow who moved in this month. Also welcome to Maureen Quinn who is joining us for a while. Our sympathies are extended to the family and friends of Gillian Martin and Delmar White. Dorothy Cassidy's memorial service was held in the living room on the afternoon of the 28th.

If you are looking for more information after you've read the details above, you can visit our website at: [www.waleshome.ca](http://www.waleshome.ca) and our Facebook page at:

<https://www.facebook.com/pages/R%C3%A9sidence-Wales-Home-CHSLD-Wales-Inc/359173890897086> for photos, news updates and a copy of the monthly activity calendar and chatter. You can also give us a call at 819-826-3266 for information on admissions, etc., or if you'd like to become a volunteer. We are currently in need of volunteers to do one-on-one visiting (or reading etc.) with residents.

If you are looking for ideas for an interesting book to read, copies of "Memories Everlasting," are still available for sale at the Wales Home, Papeterie 2000 in Richmond and The Townsippers' Association. They are \$20 and can be purchased by contacting Rebecca Taylor by phone at 819-826-3266 ext.221 or by e-mail at: [rtaylor@waleshome.ca](mailto:rtaylor@waleshome.ca) or making a purchase at one of the locations listed above. Mailing from the Wales Home is available for an additional cost. We are currently working on the sequel which will be titled "Timeless Memories."

Until next month, take care.

Submitted by Rebecca Taylor

October was a month of transition around the home. We watched as the leaves changed around the building, as the decorations for Thanksgiving and Halloween went up, and some employees changed offices and work locations as our front of house renovation neared completion.

On the afternoon of the 7th, over a hundred people who had received a special invitation received a tour at the ribbon cutting of our front of house renovations which include a therapeutic pool, new therapy department, offices, a board room and training center, resident lounge, dining spaces and modernized shipping and receiving and waste management center. On the 10th, employees were given the guided tour and on the 11th, residents had the chance to see the outcome of all the construction that has been taking place over the last year.

A shoe sale was held on the 2nd in the main living room. On the 3rd, Donna and Sidney Mills and friends joined residents in the living room for a happy hour which also included an opportunity for dancing on our new floors. On the 5th, residents and drivers went to the Ben & Florentine Restaurant in Sherbrooke and enjoyed the fall foliage along the way. Jim and Sherry gave a beautiful musical concert for residents in the living room on the afternoon of the 12th. William Nolan (Patrick, our head of maintenance's son) held a bake sale in the living room on the afternoon of the 14th to raise money for his college German emersion course. Sandra Lester, Audrey Gunter and friends joined residents in the living room on the afternoon of the 16th to do a Thanksgiving craft. This month our feature movie (episodes of Red Green) was held on the evening of the 16th on two large screens in the living room. Cheryl Coates held a Tocara jewellery sale in the living room on the afternoon of the 19th. A Girl Guide cookie sale was held in the living room on the afternoon of the 21st. Jennifer Brown also gave a presentation of some of her beautiful photographs from



## Caregivers National Week - November 6

Caregivers National Week gives a way to reach out and to contribute to an environment that fosters the well-being of our seniors.



## CAREGIVER SUPPORT IN AUSTIN

By adopting a policy on family and seniors in 2016, the Municipality undertook to put the reflex "Think and Act Family and Seniors" at the core of all concerns. HEALTH, SECURITY AND COMMUNITY SUPPORT are key factors in the quality of life of Austin citizen. Because our aging population is scattered over a wide territory, mutual aid and community support will help to maintain those citizens who are most vulnerable at home.

In the course of implementing Austin's Family and Seniors Policy, we have met with organisations working in the fields of health, security and community support.

L'Appui is an organisation whose mission is to help improve the quality of life of caregivers to the elderly, and all partners agree: it is crucial to reach, educate and inform the caregiver as soon as possible in his path. For this reason, the Municipality will publish two articles on this topic, on Wednesday and Friday of this week.

Keep an eye out for them!

**Ask for the "Guide for People Who Care for a Loved One" at Austin's Townhall, prepared by TCA Memphrémagog (Table de concertation pour les aînés), an invaluable tool on resources. The closest Volunteer organization CAB, "Centre d'Action Bénévole" offers a number of different types of services to Seniors and Caregivers alike. CAB is also equipped with volunteers, residents of Austin, who are willing to help. For more information, please contact CAB at 819-843-8138 # 205.**



CAREGIVER SUPPORT

1 855 852-7784

LISTENING-INFORMATION-REFERRALS

**Caregiver Support is a free and confidential phone consultation, information and referral service for the caregivers of older adults, as well as friends and family, practitioners and health care professionals.**

## Hatley-Stanstead Women's Institute October meeting

The October meeting of the Hatley-Stanstead W.I. took place at the Beulah United Church on October 5 with 9 members present.

Barbara Hewitt, branch president, welcomed everyone to the meeting and members recited the Mary Stewart Collect.

Motto for the month is - The most common and cheapest of all pleasures is conversation. Call a friend.

Roll Call was what is your birth stone and the flower of your birth month.

Elaine Stone read the minutes from the September meeting. Vesseys Seeds orders for the branch fundraiser were brought in. The branch members wish

to participate in the Christmas Village. This was discussed more at the county meeting following this meeting as it is a county project.

Phyllis Dustin presented the Treasurer's report which was accepted as read. Donations for 2017 will be given to Hoodless Homestead, Coins for Friendships, QWI Cairn, and the International Peace Garden.

A thank you was read from the ACES breakfast program for the donation given to the program.

Rev. Doreen Moffat reported that she had sent a card to Gertrude Ketcham who is now at the Stanstead Manoir. Dyanne Saanum and Phyllis Dustin visited Gertrude after she moved and took her a beautiful

plant on behalf of Stanstead County W.I. During the meeting a sympathy card was signed by those present for the family of the late Joan Morrison who was at one time Richmond W.I. County President.

Barbara thanked the members for the food for the county luncheon held following this meeting. The meeting was closed and members prepared for the county meeting and a presentation by Debbie Mosher Roy.

Submitted by Elaine Stone