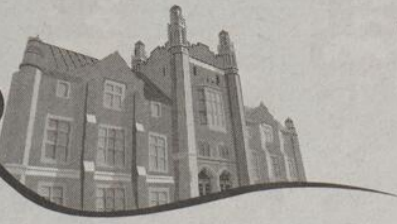


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Westmount EXAMINER



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Labour of LOVE

In honour of Labour Day, The Examiner sent our Peter Ford on a hunt for interesting shots of Westmount businesses and their owners and employees toiling away to bring Westmounters the best in local business. Here, Le Fournil bakery co-owner Tawn Friedman hangs out with some of the delicious fresh-baked treats available at the Victoria Street store. For more great shots, see page 4.

(Examiner photo Peter Ford)



Truck off! Delivery problems
on de Maisonneuve

5

Westmount
rower grabs
gold



6

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Muslix cereals Assorted Kelllogg's
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99¢ ea.

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3 L
13.99 ea.

Pasta sauce Assorted Classico
410 ml - 650 ml
2.79 ea.

Vine leaves 1 L or fresh dates Cedar
550 g
2.49 ea.

Coffee plain or with cardamome Super Brasil
450 g
5.99 ea.

Cookies Balocco
700 g
2.25 ea.

Natural spring water Naya
20 X 600 ml
2.79 ea.

Large green lentils Cedar
1.81 kg
2.99 ea.

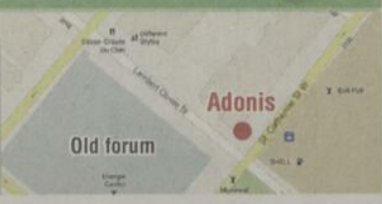
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Spotlight on music and comedy

Bowser brings the funny in new Bowser & Blue show Sept. 21

● danielsucar@tc.tc

George Bowser just can't seem to get enough of Westmount

Born and raised in England, George Bowser immigrated to Montreal in 1970. After touring Quebec with various bands, he finally joined Rick Blue in 1978, marking the birth of Bowser & Blue.

Since then, the duo has received international acclaim. Highlights from their impressive 35-year career include the release of a grand total of sixteen CDs, appearances at numerous Just for Laughs festivals, their Gemini-nominated Christmas special, and several tours across Canada.

Oftentimes, they are referred to as 'Canada's Favourite Musical Comedy Duo.'

Although many of their songs cross into the hilariously absurd, many of them provide poignant statements on Canadian politics and culture, allowing their comedic skills to be recognized across Canada. Despite this, Bowser & Blue centre their work primarily in Montreal.

"It's the only place where you can have friends for weeks and nobody asks where you work," jests Bowser. "In all seriousness, I think it's aggravation that keeps me coming back to Montreal for more. Productive irritation that comes with being a minority, that is. That, as well as the variety and quality of life."

Despite his impressive career, George Bowser shows no signs of slowing down.

In fact, his plans for the future include a new show planned for next year, and he's hopeful about creating a new studio album. Among other things, Bowser would also like to embrace and effectively challenge new tech-



Musical-comedy duo Bowser & Blue will perform Sept. 21 at Symphonia Theatre. Westmount resident George Bowser (left) is one half of the duo and a former Westmount city councillor.

Examiner photo courtesy Bowser & Blue

nology by producing more videos on the popular video-sharing site YouTube.

"YouTube raises expectations, and lowers them in another. You turn on your computer and see teens writing songs, playing guitar, and singing. You can also receive lessons from guitar experts who break it down for you so that you can learn at your own pace. But you can have Andy Warhol's fifteen minutes of fame, but that doesn't mean your work is any good."

Among his many accomplishments, Bowser

was a city councillor in Westmount from 2005 until 2009, and he has plenty to share concer-

ning his love for the city.

"I think that the merger was the best thing that could have been done for the city, but that the way the government handled the merger was absolutely despicable. But that's why Westmount is so great; it survives in spite of its government, mainly because its citizens are bright, involved, and unique."

Bowser proudly calls Westmount his hometown.

You can catch Bowser & Blue on Sept. 21 at the Symposia Theatre, located in the heart of downtown Montreal, across from McGill University. The show begins at 8pm, and will include a 20-minute intermission. Tickets are priced at \$39 and \$49. The event includes free indoor parking. The opening act for the event will be recognized Montreal comedian David Pryde. It's a show that Bowser promises will have spectators rolling in the aisles, and will incorporate some of the duo's greatest hits, as well as some brand new material, in particular some wisecracks at Justin Trudeau, allophones, and more humor that only true Montrealers will love and appreciate.

For more information, call 514-929-7262 or visit theatresymposia.com. To reach Symposia Theatre's box office, call 514-904-7469.

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 A portion of the proceeds will benefit the John Abbott College Foundation to help art students in need of financial assistance.

Merchant madness

Our Peter Ford took to the streets of Westmount last weekend to bring you some images of Westmount businesspeople taking advantage of a long weekend to move some merchandise and speak to customers – owning or managing a small business is a labour of love, after all – and when would it be more appropriate than Labour Day weekend? Examiner photos Peter Ford



La Fournagerie co-owner Richard Barland is not cheesed off about having his picture taken in the store, which specializes in gourmet cheeses.



Ritsi boutique manager Nicole Brun (foreground) and employee Charlotte Sokolovski hang out in the store.



Westmount Florist manager Lauren Pickrell takes a second from her duties to show off her blossoms.



Envers designer and boutique owner Jean-Yves Lacasse strikes a pose in front of his Sherbrooke Street storefront.



Le Fournil co-owners Robyn Friedman (left) and Tawn Friedman in the entrance of their fragrant Victoria Street bakery.



Cavallaro co-owner Tony Russo shows off one of his store's gourmet pizzas.



Bead It owner Steve Sigler shows off his wares in his store.



Pretty Ballerinas manager Lorraine Auprey checks stock at the store.

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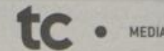
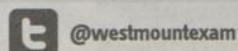


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Truck off! Deliveries upsetting neighbours on de Maisonneuve

Supply trucks seen parking, idling engines on bike lane: neighbours

● anthony.abbondanza@tc.tc

Since returning to Westmount in early August, trucks delivering stock to Les 5 Saisons revamped grocery emporium — located on the corner of Greene Avenue and de Maisonneuve Boulevard — have caused disruption to nearby residential life.

Cargo vans and trucks have been spotted illegally parking on bicycle lanes and backing up from Olivier Street to the store's loading dock, located on de Maisonneuve; a site that is a cause for concern for nearby residents.

"It's only a matter of time until someone gets injured or worse yet, killed," said Valerie Baillargeon, a resident of Westmount for the past 31 years.

A reportedly 10 to 15 trucks illegally navigate the area every day, said Baillargeon, violating the highway safety code. Police received several complaints from residents and issued many fines for the confirmed infractions.

"The law has to be respected. Police never gave permission to back up illegally," said Const. Adalbert Pimentel of Montreal police Station 12.

As long as Greene Avenue is undergoing roadwork, said Const. Pimentel, there isn't much anyone, including Les 5 Saisons, can do. Police will re-evaluate the situation once the



Delivery trucks illegally park on bicycle paths, or the one-lane de Maisonneuve Boulevard while waiting for space to open up at Les 5 Saisons' loading dock in Westmount recently. Examiner photo courtesy Valerie Baillargeon

road work is completed.

City officials met with the Metro-owned store's management on Aug. 27, to discuss possible solutions, one of which is to deploy two flagmen in the interim to safely guide the trucks to the loading dock.

"The instructions that we are telling these truck drivers is to drive around until the dock is free," said Genevieve Gregoire, communications advisor at Metro Inc. "We are doing

everything we can. Sometimes they don't listen to instructions."

Station 12 police told The Examiner fines will still be handed to those who violate the highway safety code regardless of the Aug. 27 meeting.

But according to Gregoire, Metro received authorization from the city to have its trucks back up on de Maisonneuve because there's no alternative.

Another measure of concern is the amount of noise and air pollution in the area. Baillargeon alleged that trucks, while parked,

leave their motors idling for what she described as long periods of time.

"It's changed everything; the whole neighbourhood," said Baillargeon about the revamped Les 5 Saisons and its effect on nearby residents. "It's just not the same. It's like being at Costco where all the trucks are coming in."

The trucks, which do not belong to Metro but rather its suppliers, have not been instructed to park on the street, leaving the motor idling, said Gregoire. Instead, they've been asked to circle the area until the loading dock becomes vacant.

Westmount tightened its restrictions on motor idling in 2006 with amendments to by-law 726. Vehicle idling is limited to three minutes within a one-hour period on both public and private property. Delivery companies are subject to stricter penalties of \$140 or more.

Also, the delivery of merchandise, "causing noise which disturbs the comfort of any person" cannot be conducted Monday to Friday before 7 a.m. and after 9 p.m., according to city by-law 1387.

While the store's cargo trucks have not made their deliveries before and after the stated times, Baillargeon alleged they do, however, make early trips on Saturday.

According to the by-law, "the act of making, causing, producing or permitting excessive noise" is prohibited Saturday before 8 a.m. and after 8 p.m.

Canadian literary legend visits Westmount

Douglas Gibson stops by Place Kensington as part of country-wide book tour

● anthony.abbondanza@tc.tc

From Victoria, B.C. to Halifax, Nova Scotia, Douglas Gibson has seen it all.

The Scottish-born Canadian publisher-turned author has toured the country since 2011, sharing stories about his book, 'Stories about Storytellers.' Gibson stopped by Place Kensington in July, revealing his fondest stories about authors that he helped edit or publish during his 40-year career at McClelland & Stewart.

"I've been a publisher for a long time, giving authors advice about their books, so I thought 'I could do this, it's not hard,'" said Gibson, when asked about the challenge of completing his first book. "It's hard. A lot of my author friends were delighted I was struggling."

Though retired from the publishing world in 2009, Gibson is on what he calls a "permanent tour" of Canada. After stops in both Newfoundland and Labrador and Prince Edward Island in August, Gibson will have toured in 10 different provinces.

"I'm enjoying being an author and I'm really enjoying this book tour," said Gibson. "I'm enjoying my new career as author and performer."

Born in Kilmarnock, Scotland, 35 kilometres southwest of Glasgow, Gibson's childhood consisted of farm work and reading in his high school's library, where he encountered his first Canadian author, Stephen Leacock.



Gibson credits Canadian humourist and legend, Stephen Leacock, as the man who inspired his trip to Canada. Chronicle photo Anthony Abbondanza

Leacock's books quickly became a source of inspiration, and in large part, the reason why he emigrated to Canada.

"I'm like 'Canada produces wonderful authors. I must see more of this country.' So this is the man who in effect helped bring me to this country," said Gibson.

Upon completion of his Masters studies at Yale University, Gibson moved north to Canada in 1967 and entered the world of publishing in March 1968, as an editor with Doubleday Canada. According to Gibson, he found himself running an editorial department at the age of 25 after a series of fortunate accidents.

"When I came here, I just wanted to do something interesting so it was going to be newspaper work, maybe radio or television, or maybe publishing. Publishing came up and I started work as an editor which turned out pretty well," said Gibson.

Joining Macmillan as editorial director

Continued on page 10 ▶▶▶

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Emma Durham wins two bronze medals at Canada Games

Up-and-coming Westmount rower to shift focus on nationals in November

● anthony.abbondanza@tc.tc

Since entering the world of rowing two years ago, Emma Durham has defeated every challenge directed her way – including the 2013 Canada Games, held Aug. 2-17.

A member of the Quebec rowing team, the Westmount native took home bronze medals in both the women's single scull and eight with coxswain finals after posting times of 9:30 and 12:50, respectively.

"I didn't think I'd be able to do it. For rowing, Ontario and B.C. are the ones who bring in the medals. Quebec is small in comparison," said Durham. "It was a big team effort and really cool to have everyone push together."

Quebec finished the Games second, behind Ontario, in the medals count with 172. The rowing team amassed a total of four bronze medals.

After completing her first Canada Games appearance, Durham is shifting her focus to the RCA National Rowing Championships, in Welland, Ontario in November. The 18-year-



Rower Emma Durham is a member of the Boucherville and Dawson College rowing clubs. Examiner photo courtesy Emma Durham

old must post impressive time trials in preceding qualifiers to represent Quebec.

"What's cool is that there's no age category. You're racing people from the national team or even Olympians. It's kind of cool to see where you are compared to everyone," said Durham.

Durham is currently a member of both the Boucherville and Dawson College rowing clubs. Her list of accomplishments includes a gold medal at the 2013 Canadian Secondary School Rowing Association championship and MVP of Dawson's rowing team.

In spite of her recent success, however, the pure and applied science student is taking her rowing career one day at a time.

"Right now I like to think I'll be able to do it. For a lot of people, rowing becomes tedious if they're in a tough rowing program and they'll drop out. Right now, I want to continue competing," said Durham.

In the meantime, Durham will continue her early-hours training regimen, which last upwards of 70 minutes on the St. Lawrence River, adjacent to Boucherville.

Youth to the Rescue of Biodiversity



Have you seen these young people at work in local woods this summer? Under the supervision of biologists, they were cutting and pulling up rods of European buckthorn, an invasive alien shrub, to replace them with native plant species.

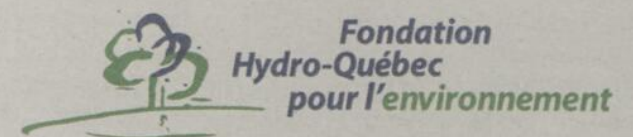
Restoring biodiversity in Montréal's natural habitats

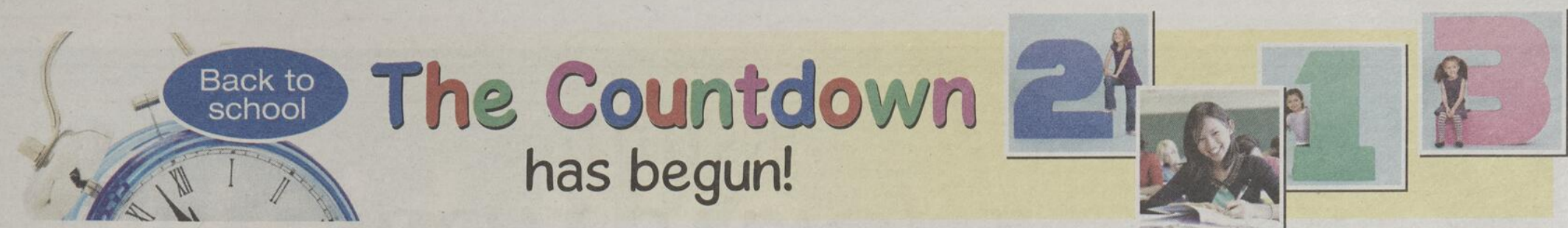
Alien trees, shrubs and plants tend to proliferate and crowd out native species, thereby imperilling the biodiversity of natural habitats.

For the 5th year in a row, the Fondation Hydro-Québec pour l'environnement and the Ville de Montréal have joined forces to remove buckthorn plants from the sides of Mount Royal, the parc-nature Bois-de-Liesse and the parc-nature Île-de-la-Visitation.

Since 2009, the Foundation invested nearly \$420 000 in this project which provides formative summer employment for 30 secondary school graduates from various cultural communities and disadvantaged neighborhoods of Montréal. To learn more about projects supported by the Foundation, go to: hydroquebec.com/fondation-environnement

Managed by the Direction des grands parcs et du verdissement and the Bureau du Mont-Royal of the Ville de Montréal, this project was made possible by the Fondation Hydro-Québec pour l'environnement, the ministère de l'Immigration et des Communautés culturelles (Valorisation Jeunesse – Place à la relève program), the ministère de la Culture, des Communications et de la Condition féminine (Entente sur le développement culturel de Montréal), Claudine and Stephen R. Bronfman Family Foundation's C-Vert program, SOVERDI, Les amis de la montagne and GUEPE (Groupe uni des éducateurs-naturalistes et professionnels en environnement).





Modern-day classroom in transition

Ebeam' device among the many technological changes of Sacred Heart of Montreal classrooms

● anthony.abbondanza@tc.tc

Shawn O'Donnell is head of Sacred Heart, an all-girls high school in Montreal. In a Q&A with The Examiner, the head of school provided an insight on the many technological changes experienced by Sacred Heart in recent years and its overall impact on students.

1) We're in an age of innovation and technology. How has it shaped the modern-day classroom?

Modern-day classrooms are leaning more toward a virtual environment and not just a physical desk and chair. The curriculum is constantly evolving and we encourage this change and new technology in the classroom, such as iPads, SMART boards and eBeam. Now that we have the capacity to present topics more visually and interactively, students engage in the subject matter like never before.

Sacred Heart is leading with innovative teaching tools, but also with our online presence



Sacred Heart will introduce parents to new classroom devices during its open house, September 28. Examiner photo courtesy Sacred Heart School of Montreal

through our website, social media (Twitter, YouTube and Facebook), and a portal to communicate with students and parents.

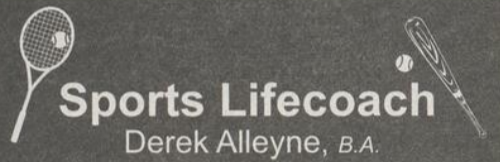
2) What are some of the technological changes experienced by Sacred Heart classrooms?

We are introducing eBeam into our classrooms, which takes SMART board technology to a whole new level. These eBeams are portable, interactive devices with powerful software to help our teachers plan and deliver compelling lessons that keep students involved and motivated. It's really a transformative educational technology that we are excited to introduce at our open house on September 28.

We recently updated our over 90 iMacs and our SMART boards, and we have iPads at our students' disposal. We also have a parent and student portal - COBA - and have moved many of our printed documents to this hub that facilitates parent, student and faculty communications. The portal allows users to access curriculums, calendars, report cards and an email system.

Continued on page 11 ▶▶▶

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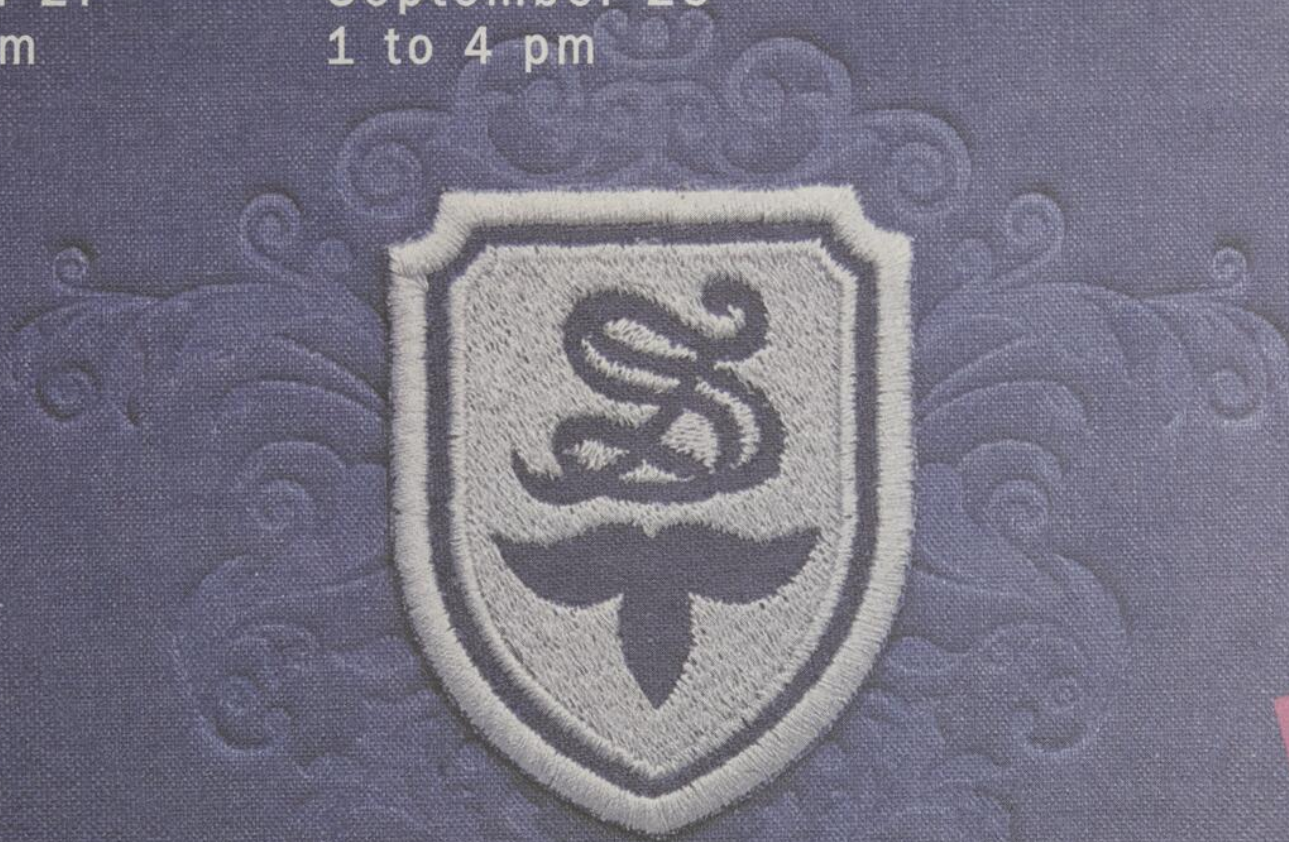
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Continued from page 5

and publisher in 1974 and 1979, respectively, he edited authors such as Morley Callaghan, Robertson Davies, and Bruce Hutchison. But

it wasn't until 1986, when McClelland & Stewart hired the young editor that Gibson etched his way into Canadian literary history.

"One thing led to another and I ended up being a publisher. Usually when you make the

jump to publisher, you're supposed to stop editing, but I said 'no, I enjoy editing. I'm going to keep on editing.' So I became to be known as the publisher who edits," said Gibson.

M & S gave Gibson his very own imprint

(Canada's first ever), Douglas Gibson Books. It was during this era in which the publisher would work with some of Canada's most powerful figures, including prime ministers Pierre Elliott Trudeau, Brian Mulroney, and Jean Chretien.



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Modern-day classroom in transition



▶▶ Continued from page 7

3) Can too much of a good thing ever become a distraction for students?

We believe technology is not only manageable but a positive influence on our students' learning. Distractions will always exist in and out of the classroom. The challenge is to find new ways of communicating the curriculum and provide teachers with the proper training on the use of technology all the while ensuring that these new techniques are effective and have evidenced-based outcomes.

4) How can instructors and parents ensure technology is being used in an effective manner?

The best way for parents to ensure technology is being used effectively is to get involved! What I mean is that parents need to understand the tools that we are using; and that is why we make great efforts to introduce our technology systems at open house, so that new parents

can test drive the systems and ask questions of the faculty and staff while touring our school. Read your children's projects and see how they're researching the subject matter. Talk to your kids! As for teachers, we provide a teaching environment where innovation in teaching is encouraged and professional development is a priority.

5) What does a modern-day classroom look like in five years?

Smaller class sizes with a larger digital footprint and with an even greater virtual element. Even more use of technology to free up the interface between student and teacher. Perhaps more virtual classrooms or online digital course work. One thing is certain to remain the same: teachers and students will require each other to provide the dynamic content and classroom discussion and exploration that is at the base of all learning. Teaching is quite an exciting field as it is ever-changing and Sacred Heart is at the heart of innovation and academic excellence.

Westmount Notes of Interest

JUST FOR KIDS

Westmount Scout members and their families are launching the beginning of the new Scouting season with a BBQ in Westmount Park. Scouting provides opportunities to both youth and adults to learn about the outdoors and participate in camping trips and a variety of activities in a non-competitive environment. Weekly meetings for both boys and girls ages 5 to 17 begin mid-September with two groups based in Westmount. For more information, visit www.scoutswestmount.ca.

HAPPENINGS

Royal Astronomical Society of Canada is inviting Westmounters to observe the night skies through their telescopes, September 14 at 7 p.m., at the Summit Lookout. Postponement in the event of rain. For more information, call 514-989-5226.

ART EXHIBITS

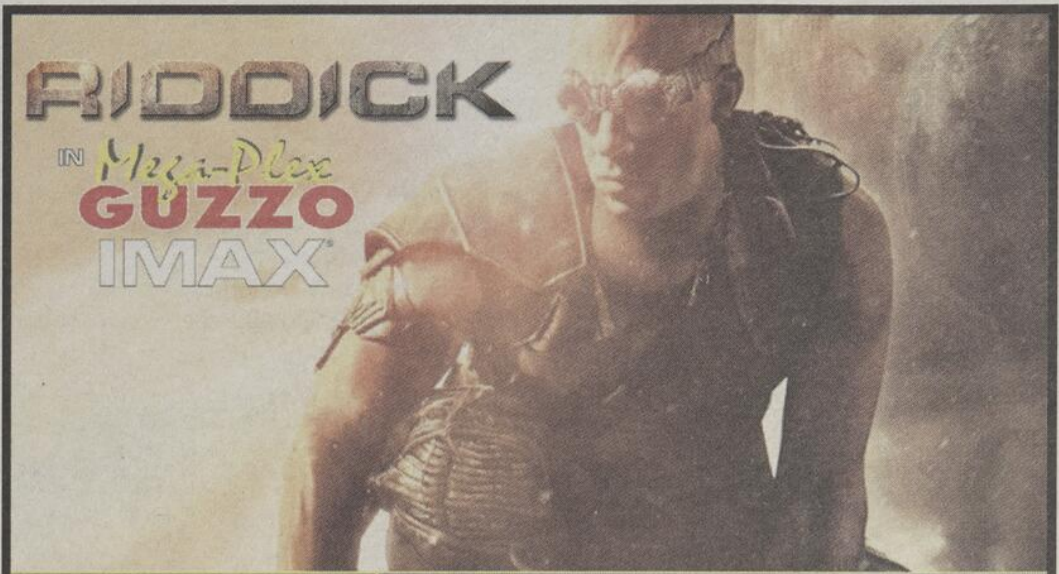
Victoria Hall will display artist Anthony Hobbs' work, September 12 through October 5 from 10 a.m. to 9 p.m.

MEETINGS

The Montreal Council of Women will discuss concerns in the community during its first general meeting of the year, September 12 at 1 p.m., at Les Jardins du Canal, located on 2700 Rufus Rockhead. Lunch (\$10 per person) will be served. To reserve a seat, call Frances at 514-935-1674 or visit www.mcw-cfm.org.

VOLUNTEER

CSSS Cavendish / CLSC René-Cassin / CLSC NDG-Montréal-West are looking for a volunteer to help develop a drama program for seniors of varying ages who may have physical and cognitive impairment. Please contact Anna Malorni at 514-484-7878, ext. 1351 or by e-mail at annamaria.malorni.cvd@ssss.gouv.qc.ca.



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MARLOWE
NDG - Lambert style cottage, spacious, 4 bedrooms plus family room. Possibility for GF powderroom. Skylight, oak woodwork, deck plus garden, garage, parking for 2 cars. **\$889,000**



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PORT ROYAL - Renovated 2 bedrooms, 2 full bathrooms, open kitchen, pocket doors, city views, garage 1800 sq. ft. **\$895,000**



DOWNTOWN
"ACADIA" - Totally renovated, stunning unit. 1+1 bedrooms, c/a, in-suite laundry. 24hr security, across from "Ritz" "Shops". **\$725,000**



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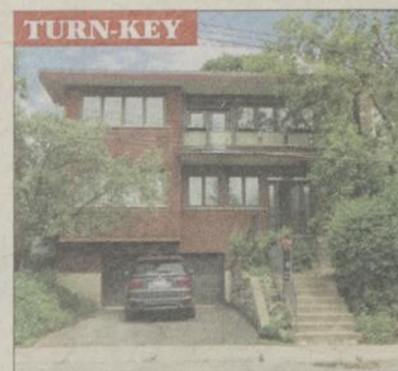
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