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**RECORD**

THE VOICE OF THE EASTERN TOWNSHIPS SINCE 1897

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PM#0040007682

TUESDAY, MAY 15, 2007

## Millions for Estrie roads

*410 extension  
still under study*

Staff  
SHERBROOKE

**T**he provincial government will spend some \$45 million over the next four years to repair and preserve the network of roads and highways in the Estrie region of the Eastern Townships.

This summer and fall, no fewer than 64 work sites will spring up on local highways and byways.

According to Saint-François Liberal MNA Monique Gagnon-Tremblay, the minister charged with the Estrie region, major investments in repairs and renovations since

PLEASE SEE CONSTRUCTION ON PAGE 8

## Another adapted transit walkout

*Threatened for  
May 22*

By Christopher Doody  
SHERBROOKE

**F**or the third time this year, the drivers of Sherbrooke's adapted transit buses are going on strike. On Tuesday, May 22, the drivers will walk out from midnight until noon.

Buses will remain on for emergencies, with two drivers working from 6:45 a.m. to noon.

The two previous strikes were full days, and occurred on Fridays.

The new walkout day will not affect as many passengers as the last two. Still, some riders who depend on the bus service will miss university

courses and other activities, said France Crêteau, a spokeswoman for the watchdog group Regroupement des usagers du transport adapté de Sherbrooke Métro (RUTASM).

"It is too bad that the union feels the need to have a strike, and it is too bad that the Société de Transport de Sherbrooke will no longer negotiate," Crêteau said.

This walk out is part of an ongoing battle between the drivers' union and the STS.

In February, it was reported that all non-monetary issues had been settled, and that the adapted transit drivers just wanted parity with other city transit drivers. Yet officials at the municipal agency have said that this was offered.

Transit officials did not return *The Record's* phone calls.

## Two-Wheeler Weather



Our photographer caught sight of these sporty folks biking along the scenic trail between Waterloo and Bromont.

DAVID ANDERSON



COURTESY

Townshippers' Foundation grant recipients gathered at the Anglican Church Hall in Bedford.

# The official handing over of money

Gathering is a first

## Building The Foundations

The non-profit, grant-giving Townshippers' Foundation held two lunches this month. The first was in Bedford on May 1 at the Anglican Church Hall where more than 30 grant recipients, board members and donors gathered to break bread and, of course, what everyone was waiting for – the passing out of cheques.

A second lunch was held on May 2 in Massawippi at the new Hatley Town Hall. An overflow crowd gathered for food (dessert treats were created by foundation board member Nancy Taylor).

In all \$47,300 was handed out to organizations and projects around the Eastern Townships (some of which have been highlighted by a series in *The Record* called "Building the Founda-

tions"). Foundation executive director Annis Karpenko said this was the first time a cheque-giving lunch was held and everyone agreed that it was great to hear about the other projects that had received funding.

For more information about the foundation and its annual grant-giving program, call 819-822-3314 or email [trcf@townshippers.qc.ca](mailto:trcf@townshippers.qc.ca).

The Townshippers' Research & Cultural Foundation annual general meeting will be held at 6 p.m. on Wednesday, June 20 at their offices (257 Queen St. in Lennoxville).



COURTESY

The two Dons, directors Don Wilson of Sunshine Theatre and Donald Patriquin of Knowlton Players, both Townshippers' Foundation grant recipients, lingered long after the luncheon ended.

## Weather

**Today:** Periods of rain. High 14.

**Wednesday:** Rain. Low 13. High 17.

**Thursday:** Cloudy with 70 per cent chance of showers. Low plus 3. High 9.

**Friday:** A mix of sun and cloud. Low minus 1. High 16.

## Ben by Daniel Shelton



## A Home, Now Gone



PERRY BEATON

This College Street building in Lennoxville was demolished yesterday. We'd tell you the address, but... it was not to be found. It was located between 3013 and 3019 College.

### BRIEF

#### Police concerned, seek missing teenager

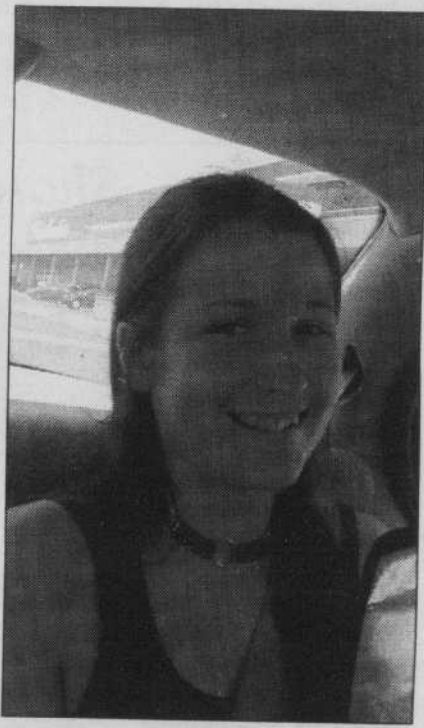
Police are seeking a young Victoriaville woman who is missing and may be in the Sherbrooke region.

On May 6 at about 9 p.m. Florence Jasmin, 18, left the Hotel Dieu d'Arthabaska in Victoriaville without the consent of a doctor. She has not been seen since.

This is not the first time Florence Jasmin has left hospital without permission. She had been undergoing treatment for psychological problems and had been experiencing suicidal thoughts, the Sûreté du Québec said in a press release.

Jasmin (pictured) is described as being about five-foot-three, weighing 110 pounds. She has brown eyes and shoulder length brown hair. She often wears glasses with dark red rims and has pale skin. When she left the hospital she was wearing a blue jacket and a white housecoat.

Anyone with information about Jasmin is asked to contact the Arthabaska detachment of the SQ at 1-819-752-4545.



# Convent's joyful noise

*...would not have been tolerated decades ago*

By Claudia Villemaire  
RECORD CORRESPONDENT  
SHERBROOKE

More than 750 women, streaming back to their alma mater, filled the halls and corridors of Mount Notre Dame school here this weekend.

Saturday's event celebrated the private high school's 150th year, giving returning alumnae a full review of the institution's history, a time of boarding schools and a classical education, enriched with the traditions and customs of the Catholic church and the congregation of the Notre Dame religious community.

"Can you believe it?" asked Louis Audet-Fletcher, a 1955 graduate from the English-speaking sector of the convent. "They've turned study halls, the old gym, the refectory and even the dining room where the nuns gathered for their meals into banquet rooms," she said, remembering what they'd been used for during her years as a student.

Graduates from as far back as the early '40s turned out for a day of wandering the corridors, visiting all the nooks and crannies that were part and parcel of convent living and learning in the 20th century.

The building was constructed with

locally produced red brick and granite, with French windows lining each level. Six stories rise up on the edge of the cliff that rims the King and Wellington area of downtown Sherbrooke. It could accommodate about 600 students and up to 300 boarders annually. The main entry, facing St. Charles Boromée Seminary, the St. Michel Cathedral and the Archbishop's palace, is as ornate as ever, with an atrium of sculptured marble and terrazzo leading up a grand, dividing staircase to what older students remember as the chapel.

These years, the chapel — where ornate altars constructed of marble, sculptured and polished, graced the chancel where no one dared to tread except the designated sister in charge — is the school library and a lecture room for some classes. But former students (including me) could still recognize the gilded decor, the semi-circle of the altar area and of course, the Italian terrazzo floor.

A privileged group of visitors Saturday found their banquet laid out in the Grande Salle, where patterned hardwood floors flow up to a stage area, semi-circle in shape and lined with tiny rooms where reluctant students learned the intricacies of classical music.

Stained glass windows, ivory busts of artists and scholars decorate these corridors where lines of students travelled quietly and in silence, one by one, from

PLEASE SEE CONVENT ON PAGE 4

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# CONVENT:

CONT'D FROM PAGE 3

one class to another.

Known for their dedication to teaching, the Congregation of Notre Dame sisters were recognized for their success in preparing their students for post graduate studies. This school, which taught girls in both French and English, offered a curriculum with an 11-subject arts program.

Some graduates went on to become professionals in law, medicine, diplomacy, teaching, nursing and successful entrepreneurs at a time when women were just beginning to make inroads in the workplace.

Drama, music, art and even cooking, sewing, knitting were all included in the students schedules.

The community of sisters, founded by Marguerite Bourgeois in the mid 1600s, began teaching in a small tower in the area known today as Westmount in Montreal. The order flourished, attracting well educated young women to the teaching profession, with convents springing up in towns and villages across the province.

Rose Marie Carriere, now a successful entrepreneur in Montreal, summed up her feelings. "On behalf of all the former English sector students gathered here today I wish to thank the administrators of the college and the

organizers of this special anniversary celebration for inviting us to join in the celebration."

The school now, however, only teaches in French.

Said Carriere: "Considering the last graduation of English sector students was in 1962 when a new, English school, Marymount, opened in Sherbrooke, it has been a special privilege to join our French counterparts for this celebration."

She added, "It has also been a special joy for all who could come here today, reconnecting with former classmates and friends, recalling our school days, revisiting our school and especially finding our former teacher and mentor Marie (St. George of Mary) Jutras from Toronto, joining in the celebrations."

Entertainment was presented by college students including music and song by the music department, Crescendo. The festivities closed with a five-course dinner where the din of hundreds of women, filling rooms on three floors filled this 150-year old convent with more noise and laughter than would have ever been allowed years ago where uniforms and perfect decorum were the norm.

## Shout It Out



GORDON ANDERSON

This Saturday, May 19, the Foyer Wales Home in Richmond will hold its annual silent auction and bazaar fundraiser, featuring an array of items from a sterling tea service with tray, to a ride on a toy tractor plus an array of crafts. The items range in price from \$10 to \$500, with written bids rising as the 3 p.m. bid closing bell approaches. The bake sale is at 1:30 p.m., with tea and sweet bread at 2 p.m. There will be a White Elephant sale in the library.



CLAUDIA VILLEMAIRE

Premier Jean Charest with his mother's teacher, Marie Jutras.

# Premier meets his mother's classmates

## The class of '47

Premier Jean Charest joined former graduates of Mount Notre Dame on the weekend, eager to meet some of his mother's classmates from the class of '47. The event was a special mass at St. Patrick's Church, also a heritage site, perched at apex of King St Hill and Brooks, just a short walk away from the bilingual convent school (now a private high school that has only a French stream).

The premier's mother, Rita Leonard, died in 1978. She attended Mount Notre Dame, and her teacher was the much loved Marie Jutras (Mother St. George of Mary). The premier met his mother's teacher four years ago at another reunion, and at the time said, "We were very close and it seemed to me at the time important that I should meet the teacher my mother spoke so highly of."

This year, Charest returned to his mother's alma mater. He joined in the school's 150th anniversary celebrations, together with several 1947 graduates and more than 70 students from the English stream for Sunday Mass and an hour of fellowship afterward.

"It is a joy and an honour to be here, meeting with my mother's classmates," Charest said. "Having the privilege of meeting her teacher once again and getting to know her class-

mates has made this a very special event for me."

There was memorabilia on display, and photographs depicting girls in convent uniforms, graduating classes dressed in flowing white gowns, and the first basketball team sporting the first permitted basketball uniform complete with black stockings and - shockingly - short-sleeved white blouses. The bulky bloomers are not visible. There were photos of gym classes with girls in transparent organdy ballet costumes, trying to look graceful, their sneakers giving them away.

The memories flowed like vintage wine, Charest sharing memories of his childhood with his mother's classmates and teacher.

"This has been an outstanding weekend, a sad and happy time, remembering classmates who are no longer with us and recalling those long ago school days with classmates who could be here," said Marlene Hayes-Elkas.

"Special thanks go to our prime organizer of the event, Pauline Wilson who was determined to find as many former students of the English sector as she could. She has been more than successful and we can only imagine the hours she spent rounding up names and addresses."

- Claudia Villemaire

# Recalling an ancient rite

*Youth get their own Agora*

By Christopher Doody  
SHERBROOKE

In Ancient Greece, an Agora was a meeting place and a forum for citizens. Next week, Sherbrooke will have an Agora of its own.

Hundreds of young people will gather from around Estrie to take part in the downtown Sherbrooke event, which is being put on by the Forum Jeunesse Estrie.

It will take place in French, and is comprised of activities intended to encourage youth citizen engagement.

Co-coordinator Robin Lemieux hopes that Agora will give youth "tools to be better citizens, to help them take their place in society."

"They will be able to share their experiences, their ideas, their preoccupations, their reflections on their realities, and their visions of the future."

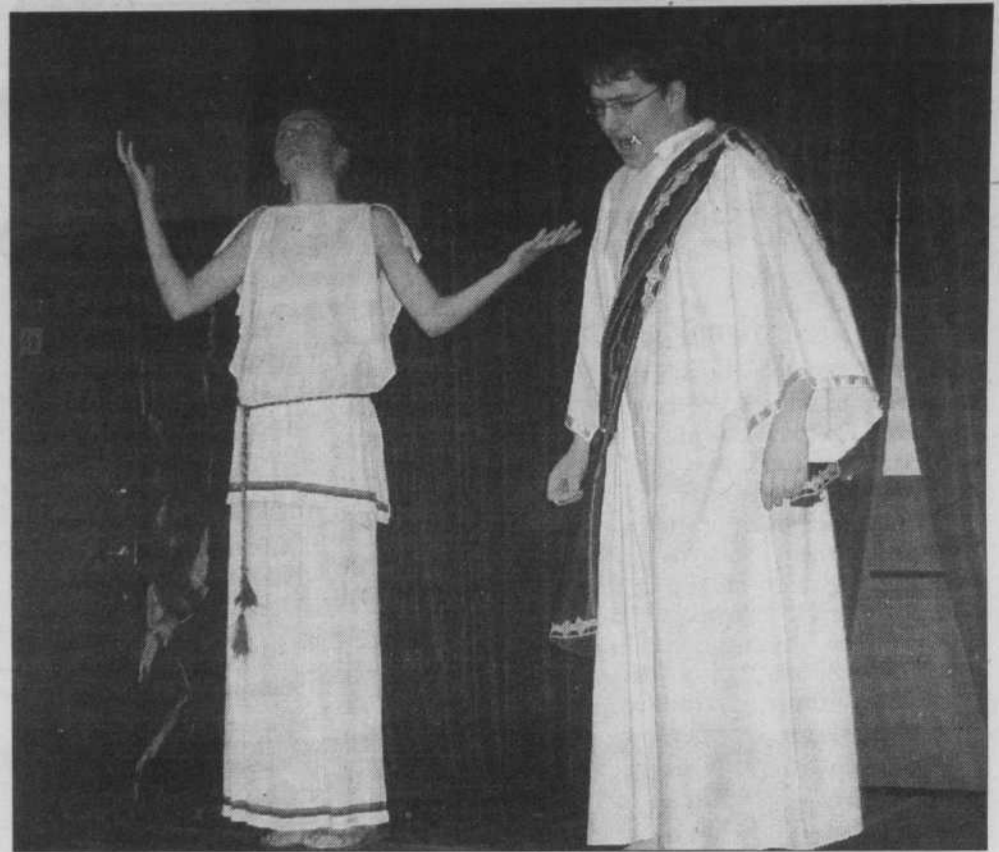
Participants can take part in a variety

of workshops, including a simulated Parliamentary commission, and a discussion on the sexualization of young people (that session is \$20 for students). The movie Punk le Vote will be shown (and artist Roach will be present). There'll be a seminar on getting a job and environmentalism talk. Youth — the target audience is between 12 and 17 — will also be invited to express themselves through improvisation, graffiti, and break-dancing.

Saturday night will end with a gala showcasing the best young local talent, followed by a comedy show by the Zapartistes.

Lemieux says a conservative estimate is that 700 people will participate in the five-day event. He hopes the actual number will be much higher. Some events are free, but a Saturday afternoon pass, for example, costs \$5.

Registration is required and has begun on-line at [www.forumjeunesseestrie.qc.ca/agora.htm](http://www.forumjeunesseestrie.qc.ca/agora.htm); or call 819-563-1911, ext. 232. Agora runs from Wednesday, May 23 to 27.



CHRISTOPHER DOODY

At yesterday's press conference, members of a local improvisational group demonstrated some of the activities that will be offered at Agora.

BRIEF

## Cunnane gets top aging centre job

Dr. Stephen Cunnane is the new director of the Research Centre on Aging of the Health and Social Services Centre - University Institute of Geriatrics of Sherbrooke.

Cunnane was appointed to the top spot after serving as the centre's interim director since December.

He's been a researcher at the HSSC-UIGS for almost four years, and said in a press release that he's determined to up the centre's visibility.

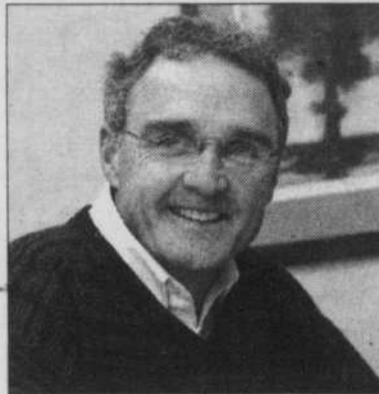
"The Research Centre on Aging must be recognized and supported at the same level as, for example, research on cancer or diabetes. Demographic

data reveal, without a doubt, the level of importance that it must be given."

Cunnane is also a full professor at the Département de Physiologie et de Biophysique in the Université de Sherbrooke's medical faculty and obtained a Research Chair on metabolism and aging of the brain at the Research Centre of the HSSC-UIGS.

According to a press release: "The main goal of his research is to verify whether the use of polyunsaturates plays a role in the preservation of the energetic substrates of the brain and therefore, allow for the retention of cognitive functions during the aging process."

He is the author of a book about zinc consumption and



COURTESY

Dr. Stephen Cunnane.

co-author of two books dealing with flax seeds in the human diet.

Although the appointment was announced yesterday, Cunnane has held the job since April 30.

## Fitch Bay clear of blue-green algae

Toxic blue-green algae alerts continue to be lifted across the Eastern Townships, with public health officials announcing yesterday that the Fitch Bay area of Lake Memphremagog is now clear of cyanobacteria.

"Since the situation has now returned to normal," states a release, "it is no longer necessary to maintain restrictions ordered in 2006."

The lake water ban was first issued Oct. 12.

The alters last into spring because tests, according to public health officials, can't be done during the winter what with ice covering the lake.

Those who want to use the water for domestic purposes can now so do again (though the agency doesn't recommend drinking untreated lake water).

Blue-green algae can release toxins into water which lead to skin rashes, diarrhea and other health troubles in healthy adults. It can kill pets.

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# Community Forum

## The responsibility falls onto Canadian shoulders

### Food safety

It may be little consolation for owners whose cats and dogs were poisoned by contaminated food over the past couple of months, but we should consider ourselves lucky that this tragedy did not play out in humans.

What emerges from the case of tainted pet food is a sense that the safeguards protecting our food supply are inadequate to defend against the growing threat of unsafe products imported into Canada.

Last week China conceded for the first time that it was the source of the obscure substance responsible for kidney failure in scores of animals.

Melamine, a chemical used in the production of plastic, was deliberately added by what Chinese officials described as a couple of rogue suppliers to make it appear that gluten sold to pet food manufacturers had a higher protein content. The adulterated gluten was brought into Canada without being checked for melamine. It got through for two reasons.

First, even if the gluten had been checked, routine screening would not have detected the contamination because melamine was not something inspectors would have been looking for.

Second, there is no routine screening of food imports into Canada from China. According to the Canadian Food Inspection Agency, it only makes regular inspections after a problem has been identified.

The good news is that now that the melamine contamination has surfaced, the CFIA is quite sensibly not taking the word of Chinese authorities that this was an isolated incident.

All shipments of vegetable protein are being held at the border for inspection.

That increased scrutiny prompts the larger question of how much we know about the ever-increasing flood of food products from China and other developing nations that are showing up on our supermarket shelves.

The answer is clearly not enough. Our food supply is protected both by regulation and market forces.

Poisoning customers is generally bad for business. So producers and importers have a stake in quality control.

Consumers also have to be aware of what they are buying. But some risks are hidden. As we see in the current case of the contaminated pet food — even when items are produced in Canada — they can contain ingredients imported from other countries.

Companies that use imported ingredients need to be testing them for quality and safety. But they also have to rely on the assurances from the source countries that they have the will and ability to ensure their exports are safe.

China has a stake in improving its reputation as a country of origin. Despite, or perhaps because of, its rapidly growing presence in the global food market, China has yet to show it has the capacity to adequately regulate the safety of its exports.

That does not mean that we should shun Chinese products, which have become an important part of our economy. It does mean that we need more monitoring.

Relying on China to ensure the safety of its exports is naive. That responsibility falls primarily on Canadian importers and the Canadian Food Inspection Agency.

merce, lost a hard drive containing data on 470,000 customers, the bank waited a month before letting them know.

Similarly, when TJX Co. Inc., the American owner of Winners and HomeSense retail chains, discovered its computers had been hacked repeatedly, customers whose personal information was at risk found out only long afterward.

In both cases the companies made their own assessment of whether the breaches of security constituted a threat to their customers, a decision that the customers should have been allowed to make for themselves as soon as the hacking became known.

A lawyer for the Information Technology Association of Canada told the committee that mandatory reporting would lead to "notification fatigue" for customers. We suspect most people would be tired of hearing about the loss of their personal information after a single such incident, but surely the solution is not to stop telling them they may have a problem: The solution is to take better care of the data.

A requirement that any breach be reported immediately to the individuals who might be affected has the added benefit of serving as an incentive to do just that.

Business interests argued against mandatory reporting, claiming that they already have voluntary policies that sufficiently protect consumers. That claim flies in the face of recent experience.

When Talvest Mutual Funds, owned by the Canadian Imperial Bank of Com-

merce, lost a hard drive containing data on 470,000 customers, the bank waited a month before letting them know.

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## Stolen personal info

### Consumers must be told

When it comes to protecting ourselves against the growing scourge of identity theft, ignorance is never bliss.

In addition to the everyday precautions Canadians take to safeguard personal information, we also need to know when we are at greater risk so we can take further steps, such as canceling credit cards, if necessary.

Most people find out fairly quickly if their wallet is stolen or lost, but we often have no way of knowing if financial or

other personal information we have entrusted to commercial or government enterprises has been compromised.

This month, a parliamentary committee reviewing federal privacy legislation recommended mandatory reporting of the loss of such personal information. But its recommendation does not go far enough to provide consumers with the protection they deserve.

After hearing from a range of interests, including banks, major retailers and consumers groups, the committee conducting a review of the Personal Information Protection and Electronic Documents Act recommended security breaches involving personal information should be reported to the Privacy Commissioner, who would then decide whether consumers need to be told.

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When Talvest Mutual Funds, owned by the Canadian Imperial Bank of Com-

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The Record is published daily Monday to Friday. Back copies of The Record are available.

The Record was founded on February 7, 1897, and acquired the Sherbrooke Examiner (est. 1879) in 1905 and the Sherbrooke Gazette (est. 1837) in 1908. The Record is published by Alta Newspaper Group Limited Partnership.

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# The agonizing challenge of keeping a secret

## And of scheduling

The invitations to her surprise 50th birthday party had been sent out weeks ahead of time. Thereafter, weekly conversations with my curious cousin became a challenge: I had to act like I wasn't going to be seeing her until the end of summer at the earliest.

The day of the big celebration was getting closer and closer. Everyone had succeeded in keeping the party a secret, even her seven-year-old grandson.

On Thursday, her real birthday, she received the birthday package we had sent in the mail. Also that day, as she was resting on the lawn of her new home, a car drove in the yard. She was amazed that her mother and brother had driven from the Eastern Townships to be with her as she turned half a century old. "That's the surprise for your birthday, mom!" her daughter exclaimed at suppertime when the 50-year-old's children, grandchildren, sister and a friend had gathered there, "Grandma and uncle came to be here for your birthday."

On Friday, several out-of-town guests arrived in the nearest town: Goderich, Ontario, known as Canada's prettiest town, on the shores of Lake Huron. The four visitors were constantly on the lookout, hoping not to accidentally encounter the birthday gal.

On Saturday, things got more chal-

lenging. The just-turned-50, ever-curious person was supposed to be going out of town for the day with friends, departing at 8 a.m., thus allowing the party site (her home) to be readied. At 8:45 a.m., she answered the phone when her sister called to make sure all was going according to plan. When asked her plans for the day, my cousin replied, "Putter at home in my flower beds, go to the nursery...."

Panic set in. What had transpired? Neither of the two friends scheduled to spirit the celebrant away was answering her phone. There was a lot of work to be done before 3 p.m., the official start time for the party; the decorators would soon be arriving and so would the men with the pig to be roasted on a spit.

Meanwhile, my curious cousin was being difficult, changing her mind about the day's excursion. Her friend was running out of convincing arguments. Finally, Rosalie said in exasperation, "You're coming! You've got five minutes!" That worked — miraculously — and depart they did. Whew!

Carloads of decorations soon arrived at the scene of the party: tall artificial palm trees, a tiki bar, sand and sea shells, sandals and a straw hat, pineapples and coconuts, parrots, exotic flowers, wooden wind chimes, straw skirts made from unraveled beach mats, Hawaiian leis, gigantic poster-like



SUSAN MASTINE

scenes of beaches, an inflatable limbo game.... Meanwhile, a second double chocolate cheesecake was being made. The original had been forgotten in the expert cake-maker's freezer in Sudbury, six hours away.

While the party atmosphere was starting to take shape, an hour and a half's drive away, that curious cousin of mine toured the flea market, had lunch, took in some more of the flea market and headed home. She was to be back by 3:30 p.m. But very little escapes this woman.

On the return trip, she noticed a thrift shop and asked to stop there. Her companions had no reason to refuse. Rosalie thought to herself, "Hey, how long can it take — 15 minutes?" momentarily forgetting the nature of the person who was asking to stop: a most curious person, an individual with yard sale, flea market and thrift shop antennae, someone who is forever saying, "Hey, come look at this!" or "You need this!" or commenting, "Isn't this great?" or "Cool, isn't it?"

The challenge to get the guest of honour home seemed to be almost as daunting as that of luring her away in the first place. Another "nearly-new" store came into view. The driver silently prayed, "Please don't let her see it!" They ended up stopping here, too, of course.

Back at the location of the party,

guests began looking at their watches and thinking, "She should be arriving soon!" Sometime later, there was a phone call: the star of the social gathering should be arriving in 10 minutes. Rosalie had just dropped off Clara, her other passenger.

Family and friends started wondering to one another, "Do you think she knows?" and to themselves, had one of the 70 or so invited guests let something slip?

On the road, my curious cousin was suggesting a stop at the nursery they were approaching. The chauffeur was valiantly trying to avoid it, stating that it was late, the workshops would be over. Her companion was determined to at least put her name in for the draw to take place. Guess who got her way?

The ever-patient party attendees were watching the minutes tick by: 10, 20, and more. At the nursery, Rosalie refrained from rolling her eyes as the just-turned-50 woman accompanying her was checking out various plants.

At last, someone at the house on Porter's Hill Road called out, "She's here!" The two people approaching by car were deep in conversation as they approached the crest of the hill from where balloons and parked vehicles could be seen. The secret was out! And yes, she was surprised — we could tell by the tears and the shrieks of astonishment!

## Radler's 'sweetheart deal' attacked

By Mary Vallis  
CANWEST NEWS SERVICE  
CHICAGO

A lawyer for Conrad Black launched a blistering attack on David Radler's "unbelievable sweetheart deal" with the prosecution Monday, telling the jury that Radler would only serve six months at a "Club Fed" on Canada's West Coast in exchange for implicating four former business associates.

"You had to give the U.S. government what they wanted when no crime was committed by anyone but you," Greenspan spat.

Radler — who is a part owner of *The Record* — insisted he was unaware that under the rules of the Canadian system, he will likely only serve six months in prison, while in the United States he would serve a much stiffer sentence.

"Until this moment you did not know that?" Greenspan asked Radler. "I think I'm going to send you a bill."

Radler is testifying against Black and three co-defendants under a plea agreement with prosecutors that has not yet been approved by a judge. If the deal is approved, Radler will serve a lenient 29 months and pay a \$250,000 US fine; prosecutors have also said they will not interfere if he applies to serve his sentence in Canada.

The lawyer also described for the jury that at the two prisons closest to Radler's home in Vancouver, inmates can take care of cattle and golf while serving their sentences.

"No, I didn't know that," Radler said. "As a non-golfer it won't help me."

During Greenspan's cross-examination of Radler, prosecutor Eric Sussman leapt to his feet twice and complained to Judge Amy St. Eve that the defence lawyer was not operating in good faith.

Once the jurors had filed out for a break, St. Eve admonished all the lawyers for raising such sensitive issues in front of the jury.

"You leave an impression in front of the jury that is not proper," she told the lawyers. Sussman then stormed out of the courtroom.

Earlier in the day, Greenspan questioned Radler about a series of telephone calls beginning in 1999, during which the witness had previously testified Black, who is also a member of the House of Lords, had directed him to funnel non-compete money to Hollinger Inc. — Hollinger International's Toronto parent.

The lawyer alleged the jury is relying on the words of a "self-confessed liar" for the content of those conversations. "The only evidence that we have about the telephone calls is your word. And you are a self-confessed liar," Greenspan said.

At another juncture in his cross-examination, Greenspan asked Radler: "It is easy for you to lie, is it not?"

"I don't believe I have to answer that," Radler replied.

Later, Greenspan emphasized his point for the jury, telling Radler: "Your word is the word of a liar."

"That's your interpretation," Radler shot back.

## CD Launch



PERRY BEATON FILE PHOTO

Kate Morrison launches her CD *Kiss The Sky* today at the Vieux Clocher de Sherbrooke. The launch is at 5:30 p.m. Morrison will perform at 7 p.m. and tickets for the show are \$20 (\$5 from each sale goes to the Fondation Rêves d'Enfants).

# CONSTRUCTION

CONT'D FROM PAGE 1

2005 have put an end to the continual degradation of Quebec's highways.

"The new reality is our roads are not deteriorating, they are now getting better and better," she said, remarking on the importance of highways to regional economies. She also said provincial roads are increasingly safer.

In February, the Liberal government announced it will spend a record \$1.7 billion to upgrade the province's network of roads and highways — three quarters of which was built three decades ago. Yesterday the details were unveiled.

Specifically, bridges and interchanges will receive double the budget of the previous year. The state of infrastructure has been a concern since the collapse of Laval's de la Concorde overpass last fall, which led to the deaths of five people.

While Gagnon-Tremblay bragged a record amount would be also spent in the Townships, the Parti Québécois government actually invested more in its last year in office — mainly for the extension of an extra lane on Route 55.

In the coming years, the major investment in the Townships will be the extension of Route 410 that will allow trucks and heavy traffic to bypass Lennoxville.

Between now and the fall, some \$2.3 million will be spent to begin work on the interchange over University Boulevard at the end of Autoroute 410 where, the 410 extension will eventually begin. But construction there won't begin until final approval of the highway expected sometime this summer, said Louis Ferland, head of Transport Quebec in the Estrie region.

Gagnon-Tremblay said newly-minted Transport Minister Julie Boulet is currently looking at the environmental assessment report from the Bureau d'audiences publiques sur l'environnement that took place last fall.

"We won't start work until the government decree is passed," Ferland said, noting the construction of the interchange over the 410 will give road builders a one-year head start on the extension which is scheduled to be completed by 2012.

Orford MNA Pierre Reid also pointed out some \$2.6 million will be spent to build an additional five-kilometer lane on Route 55 leading to the border crossing in Stanstead. He said the extra lane will allow trucks waiting to cross the border to line up without snarling traffic.

Reid said the government will also spend some \$2.5 million for badly needed reconstruction of Route 108 in Ste-Catherine de Hatley between the village

and Route 216. That, he added, is good news for cyclists — especially those going down the steep grade there.

Other major work will include some \$3.5 million to asphalt 11 kilometers of Autoroute 10 and Route 112 between Sherbrooke and Magog; \$2.4 million to increase the number of lanes on route 216 near the entrance of the Centre hospitalier universitaire de Sherbrooke; and \$1.4 million in Lac Megantic to build a beltway so heavy traffic can avoid the downtown.

Construction will also include the complete rebuilding of four bridges and overpasses. Ferland said that work does not follow the collapse of the Concorde overpass last summer, but is part of ongoing inspection and rebuilding of major infrastructures to keep them safe.

"I'm not responsible if any of them fall down," Gagnon-Tremblay said quickly, adding politicians listen to the advice of transport officials and fund the project they prioritize.

The four major infrastructure reconstruction projects include some \$2.5 million to rebuild the Route 116 bridge over the St-Francis River in Richmond; rebuilding a bridge on Chemin des Pères in Magog; major work to the Autoroute 10 overpass over Route 222 in St-Denis de Brompton near the Chemin des Écossais (Scotch Road); and the reconstruction of a very large culvert on Route 222 in Orford.

In all, Transport Quebec will be doing minor work on some 50 structures in the region, Ferland said.

In all, the government will spend some \$8 million to conserve and improve infrastructures; \$17 million to conserve road surfaces; \$11.7 million to develop new roads and \$8.2 to improve the road network.

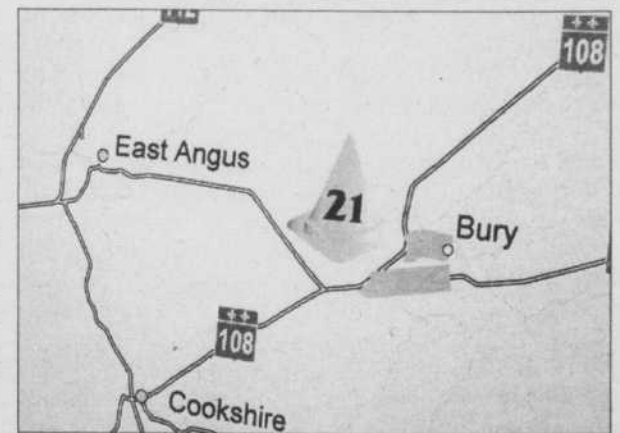
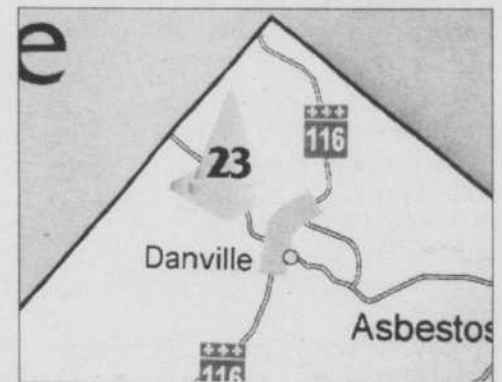
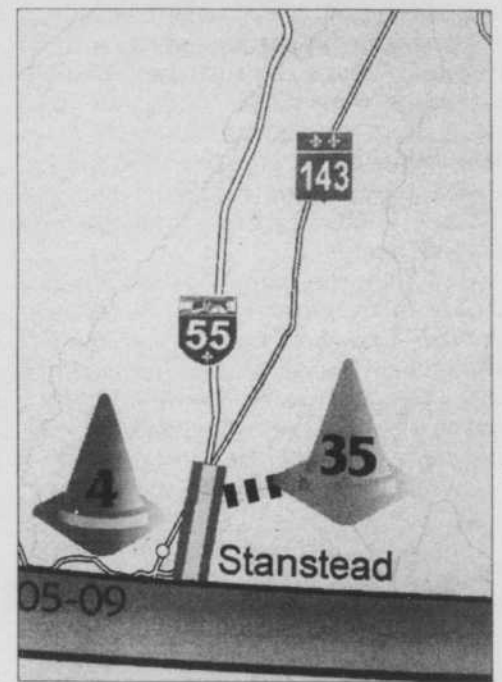
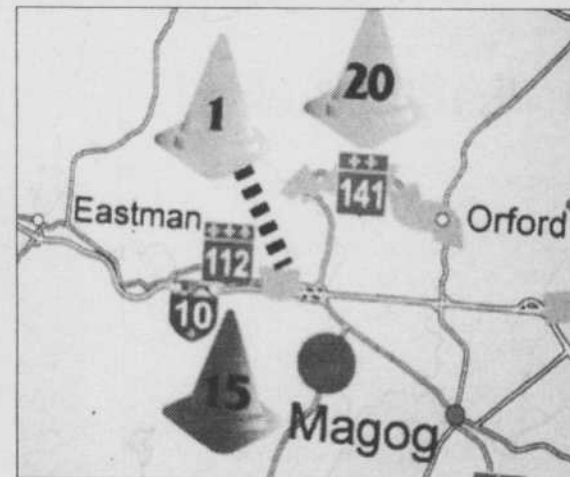
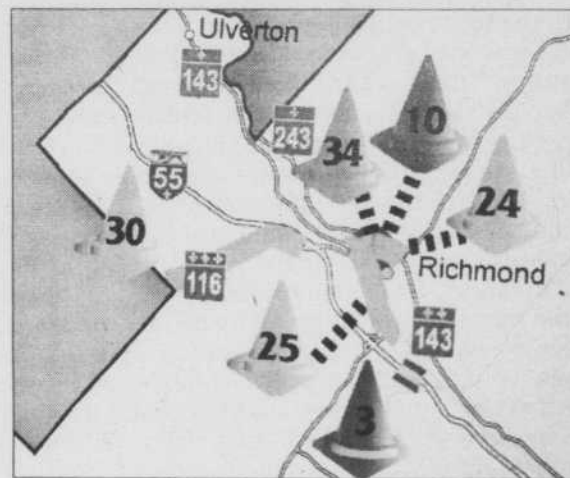
Gagnon-Tremblay said Monday's press conference to announce the road works budget was originally planned for Feb. 15 — the day after a snowstorm paralyzed the Townships. The press conference wasn't rescheduled because a week later the provincial election was called.

Despite the delay in sharing the news, Gagnon-Tremblay said construction and repairs will go ahead on schedule. They begin today, the end of the



PERRY BEATON

Transport Quebec's Louis Ferland (left), and MNAs Monique Gagnon-Tremblay and Pierre Reid.



official spring thaw period, when heavy machinery can start hitting the pavement again.

Reid notes local motorists, who are not used to traffic jams and delays, will have to fill up on patience before summer.

"Our goal is to improve traffic safety," he said. "We don't want to provoke the opposite."

Ferland said police will increase surveillance near construction sites — especially the major ones on Autoroute 10 and major highways.

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THE RECORD

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hopes to draw  
his way  
to Africa  
... see Page 10

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TUESDAY, MAY 15, 2007 Page 9

## Townshippers' Day comes to Bishop's

### Huge annual anglophone event

By Jen Young  
RECORD CORRESPONDENT

Bishop's put in a bid and they won it. This year's annual Townshippers' Day will be held Sunday, Sept. 23 on the Bishop's University campus and according to university vice-president Mark McLaughlin, the event is just the opportunity they were looking for.

"Bishop's role in the anglophone community is an important one," said McLaughlin, who is also the chair of the organizing committee.

"This will give us the opportunity to showcase who we are and what we do."

The last time Townshippers' Day was hosted in Lennoxville was back in 1994, and it was at Bishop's as well.

According to Townshippers' Association President Michael van Lierop, a huge crowd is expected.

"Bishop's is an ideal location," said van Lierop. "I think hosting the event at the university will demonstrate the youth engagement, which is also something that the association encourages. Bishop's plays a pivotal role in the community and the youth aspect is very important."

Aside from a beautiful campus, van Lierop says the association has every confidence in the university handling the organizing of the annual event, which lured in thousands last year to the Richmond fair grounds.

"We can't control the weather of course, but considering the location, with the proper organization, and the youth involvement, I think we

are looking at pretty big numbers for this year."

McLaughlin says that partnering with the university is Champlain Col-

lege and the borough of Lennoxville. He also says that more information will be released soon.



PERRY BEATON FILE PHOTO

Even English-speaking puppets attended the last Townshippers' Day in Richmond.

## Calling all Friendship Day folk

Plans for the 18th annual Friendship Day are well underway. In fact, its 14-member committee has been meeting regularly for several weeks, and all is coming together perfectly.

However, it is time for the public to get their registrations in for the June 9 extravaganza.

Organizers are asking all parties interested in putting an entry in the parade to book their spot now. The parade, which usually consists of around 80 entries, is free to enter, but to secure a spot you need to contact the borough office at 819-569-9388.

The artisans' corner is filling up fast, but there are still some tables left available. Each table costs \$20 to rent for the day. To register your spot contact 819-346-5553.

Bikers are needed for two events.

The first is to ride in the parade. All interested parties can decorate their bicycles, or simply follow the parade route with a smile. You need your helmet and to be on site, in front of Pep's Restaurant on Queen St. on the day of the event.

The second event is the Family Bike Tour organized by Lennoxville volunteer Kevin Ryan. This second annual ride takes place on Sunday, June 10 at 1 p.m. and begins in the ETFS parking lot (also on Queen Street). The tour will consist of two loops. One goes to the Capelton Mines, and the other all the way to North Hatley. To register your family or as an individual, contact 819-820-9766.

The third annual Battle of The Bands has changed evenings.

In the past the event, which awards a winning band with professional recording time, is hosted the night before the actual Friendship Day, but this year the contest will be held the night of.

It starts at 6 p.m. on June 9 under the gazebo in Centennial Park and all interested bands should contact 819-573-2112.

- Jen Young

# Paris Hilton's presence is not required

## The Simpler Life

*"Simplifying life is not a project we can schedule, perform, and complete before going on to the next. It is an approach, a habit of taking care that the choices we make, small and large, harmonize with our hearts."*

-Andrea Van Steenhouse,

*A Woman's Guide to a Simpler Life*

Spring is the perfect time to think about simplifying your life, and Andrea Van Steenhouse has written an inspirational book to help you on your way.

*A Woman's Guide to a Simpler Life* is unique because it goes beyond the idea of simply cleaning out your closets... although that is a great place to start. Because once you clean out your closets you begin to realize that having a simpler life involves a good deal more than paring down your wardrobe.

It involves considering what

novelist Josephine Hart calls "the geography of the soul."

In this spirit, Van Steenhouse encourages readers to think about their heartsongs: "Heartsongs are the common themes that run through our lives, the impulses and longings that are the undercurrent beneath the surface." We must listen for the themes of our hearts.

What matters? Or, conversely, what takes up space in your life but does not add meaning to it? Is it time to weed your friendship garden?

The author offers a helpful chapter on the possible roadblocks you might encounter on the journey towards simplicity. To name a few: the fear of appearing selfish, falling into the perfection trap, or the belief that this process will

### GOOD READS

LENNOXVILLE LIBRARY

be easy.

Here and there she includes "Ritual" chapters, which are short sections offering techniques to help you. For example, when the

boss calls offering a new assignment try the ritual of pause. Think before you accept. Maybe the right answer right now is "no".

Whatever you take away from this book, it will be encouraging. The author asserts that even taking the smallest step towards simplifying your life can have a great impact. It renews the spirit and builds your confidence to take the next step whenever you're ready.

### BOOKS AND BROWN BAG LUNCHES

This reading group meets every two weeks at lunch hour at the library to share advice on good books they have read. There is no set reading list.

Come with a book you have enjoyed and be ready to tell others about it. Some of the reads that the group has

recommended recently include *The Three Miss Margarets*, by Louise Shaffer, and *Small Island*, by Andrea Levy.

Please note that the group will not meet on Wednesday, May 16 because of the bus trip to Montreal. The next meeting will be Wednesday, May 23 from noon to 1 p.m.

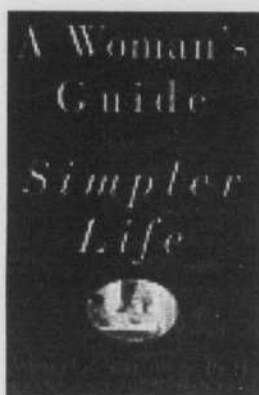
### BOOK ENDS

• Saturday, May 26 will mark the last children's activity before summer. The theme is "season finale" and it promises to be an afternoon of fun. All children are welcome to join us from 1:30 to 3 p.m. Refreshments will be served.

• Friendship Day is coming on June 9: Anyone able to donate books for the book sale or new items for the silent auction, please call us or drop in with your donation.

For information on all library events, call us at 819-562-4949 or visit our website, [www.lennoxvillelibrary.ca](http://www.lennoxvillelibrary.ca). You can also reach us by e-mail at [bibliolen@netrevolution.com](mailto:bibliolen@netrevolution.com).

- by Michelle Barker



# McKinven captures hundreds with markers

## Raising money for trip to Africa

By Jen Young

RECORD CORRESPONDENT

Trevor McKinven hopes his drawing and painting talents will help him live out a dream and visit orphans in Africa, and he said his weekend show at The Piggery saw more people than he expected.

"I thought I would maybe do a dozen or so caricatures [in one day]," said the North Hatley native, now living in Montreal. "But I've done over a hundred. I started cramping up... after sitting for four hours, but it's great. I never expected this many people."

People waited patiently for McKinven to capture them playing soccer or sitting on the beach in caricatures. People like Julia, Perry, and Rosemary MacKinnon.

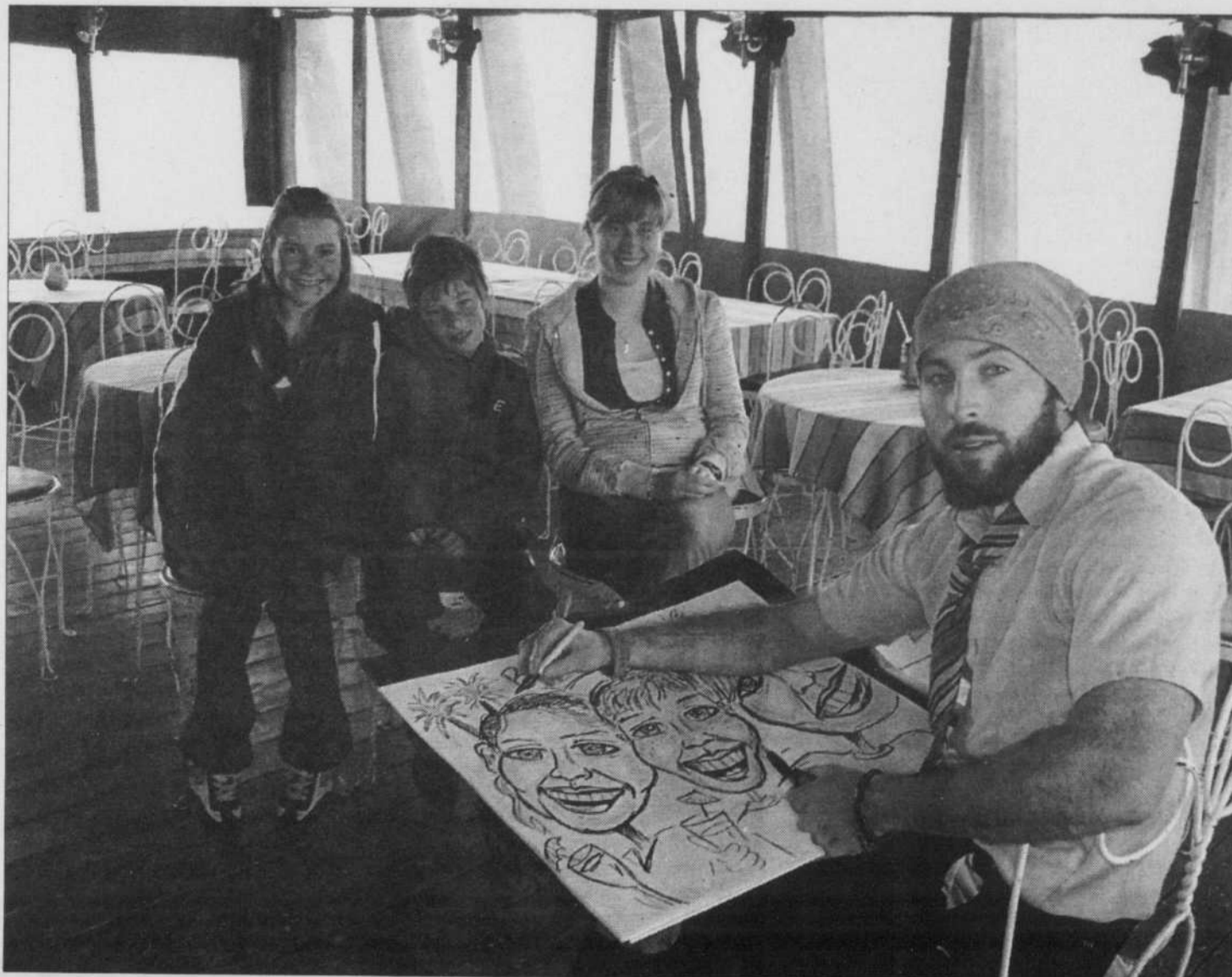
"We saw a friend's drawing that was done this afternoon so we came back to get one," said 15-year-old Julia as McKinven finished up freckles and umbrella drinks on the portrait. "It was so nice."

McKinven raised hundreds of dollars via on-the-spot sketching, and selling prints and pieces which will help him get to Africa.

The 29-year-old hopes to bring joy, and possibly ease some pain through his art, to some of the thousands of dying orphans, and he plans on staying in the hot and possibly dangerous continent for as long as it takes.

He said he saw hundreds of guests Saturday and Sunday, and though he enjoyed sketching them he also hopes his message got through.

"I would have liked to have been able to walk around more with people and explain my pieces on Africa," he said. "I read some of the comments in the room



JEN YOUNG

Barnston West youth Rosemary (left), Perry, and Julia MacKinnon waited patiently this weekend at The Piggery for a caricature by Trevor McKinven.

with all my pieces on the African situation and they were all genuinely sincere. People stopped and lingered and took the time to soak up the pieces and

that's what I was hoping for."

The young good samaritan still has fundraising to do. For more information contact 514-369-6910, email [\[boo2@hotmail.com\]\(mailto:boo2@hotmail.com\), or check out Trevor McKinven on Myspace.](mailto:djbuga-</a></p>
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# Residents poorly informed of referendum details?

## Bishop's U wanted a Yes vote

By Jen Young  
RECORD CORRESPONDENT

The referendum and the urbanism plan are all water under the bridge, but are residents satisfied with the end result?

The May 6 poll saw a low voter turn out, and 899 made the trip in Lennoxville.

Almost two out of every three individuals voted against the proposed plan, but was it because they were opposed to changing existing by-laws, which would help the city harmonize a mix of pre-merger services and municipal rules throughout the new city limits, or was it because they were ignorant of the whole thing?

Borough President Doug MacAulay blamed for the media for the loss, and for not covering issues pertaining to the proposed revitalization of Queen Street and student housing regulations.

But not everyone reads the papers, either. Did the politicians themselves do a good job of selling their plan?

"I didn't know anything about it," said Frank Jacques, who moved to Lennoxville eight months ago. "I only found out about it after the vote had gone through and I needed to have someone explain what it was. I never got anything in the mail.

"I did know that people wanted everyone to vote no to something because when I went to Provigo there was a man at the door telling me to vote no, but I had no idea what he was talking about.

"I think there should have been a much larger campaign informing people what was going on. For people like me that work all day and don't get a chance to pick up the paper, or watch local news because I don't have cable, the party should have made an effort to reach everyone.

"Had I gotten something in the mail or if someone had come to my door I would have been able to get the information I needed to make the appropriate vote."

After being briefed, Jacques stated that he might have voted yes.

Sherbrooke Mayor Jean Perrault was quoted as saying, "The plan is the culmination of long hard work by people of vision," and it will help develop Sherbrooke's economy, infrastructure and protect the environment. "The urban plan isn't an environmental plan nor a transport plan. An urban plan is a planning tool."

As an institution, Bishop's University supported the plan.

"We were very disappointed with the results," said university vice-president

Mark McLaughlin. "We feel it is important for Lennoxville to keep its identity and this plan would have secured that."

"There were also rules and regulations involved in this plan pertaining to student dwellings that we wanted to see happen. The new rules would regulate the amount of dwellings and floors permitted for buildings in residential areas. We are a residential campus and we want to keep the students on or as close as possible to campus."

He said some buildings on residential streets in Lennoxville are zoned in a manner where there are no limits on the number of student dwellings. That would have been fixed, he said.

"As the zones are now, there are certain areas that are permitted to having triplexes built for student dwelling, but the new zones would have demanded a single family dwelling," McLaughlin said.

"We don't want buildings going up all over town. We want the students on campus."

"Now we are going to have to deal with spot zoning, as they call it, which is when residents will have to make special requests to change zones, which will take a long time."

McLaughlin said the no vote was most likely due to the fact that Lennoxville residents are not interested in more change.

Borough President Doug MacAulay did not return *The Record's* phone calls by press time.

According to resident William Mullin none of the issues pertaining to student dwellings were properly explained to him.

"There's 16,000 questions that were never answered," said the native Lennoxvillian. "I voted no because I thought it was the best thing for the town, but I didn't know anything about the stu-

dent dwellings until now. The only reason why I knew anything about the referendum was because I happened to listen to CJMQ radio and there was a man on there talking about the vote.

"I know that if the vote had been yes then the owner of Ward's Garage would not have been able to sell his business to his son. I also know about all the trouble that small businesses have been having and that's not fair."

A small number of citizens showed up the week prior to the referendum for the public consultation held at the Lennoxville Community Centre. The meeting was held in the afternoon, which many were unable to attend, but during the question period the mayor cut the questions short.

City council is now going back to the drawing board.

## Bishop's purchases troublesome property

'We don't want students in those conditions'

By Jen Young  
Record correspondent

The building located at 1 Reid Street has caused problems in the past with residents, parents, students, police, and the borough of Lennoxville, but not for much longer. Bishop's University is in the process of purchasing the property and intends to demolish the building.

"We don't want our students living in those conditions. Our ultimate goal is student safety and that building was unfit for living in," said vice-president Mark McLaughlin yesterday. "This is part of the university's long term plan. We plan to purchase property as the opportunities arise and this was an opportunity. The University Foundation is helping fund the purchase."

McLaughlin would not say exactly how much the property will be bought for, but its price tag is much less than the municipal evaluation.

"It was inexpensive because of the condition of the house. This is all part of our strategic plan. We own four houses



PERRY BEATON

Reid Street building to be a problem with, and for students no more.

presently and this will be our fifth. We have repaired many of the properties that we have purchased but this one needs to be demolished.

"We want to keep the students safe."

Presently there are two buildings on College Street for sale, but McLaughlin says their asking prices are far too expensive for the university.

The Reid building is in need of repair and has been the subject of many resi-

dential complaints pertaining to noise.

"We have had parents and students complain about the condition of the dwellings in which they live. The university felt the need to step in here and we plan on demolishing the building. There are no plans to rebuild. Our main goal is student safety and we don't believe that the building was a safe place for students to live."

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TUESDAY, MAY 15, 2007 PAGE 13

## Extreme wins pair of weekend games

### Sherbrooke downs Windsor 10-6

By Mike Hickey  
 SPECIAL TO THE RECORD

The Sherbrooke Extreme Junior Lacrosse team improved its league record to 3-0 this past weekend with victories over its arch-rival Windsor Eagles and the Valleyfield Braves.

The defending provincial champions started the weekend on the road and came away with an impressive 10-6 win over the Eagles in a game played at the Centre J.A. Lemay.

Samuel Bernier paced the Sherbrooke attack with three goals and an assist while Tyler Buckle and Carl Rodrigue scored two goals apiece. Maxime Simoneau Roy, Benjamin Desourdy and Maxime Rousseau rounded out the scoring for the visitors.

Ghyslian Ricard scored four goals including three in the final period while Francis Cote and Steve Gagne added singles. Sherbrooke held a slim 3-2 lead after one period but then exploded for five goals in the second period to take control.

"The players were nervous at the start of the game but we changed things around in the second period," said head coach Stephane Jacques.

Sherbrooke wasted little time in jumping out to a 5-0 lead over Valleyfield as Maxime Simoneau Roy and Bernier scored two goals apiece and

Carl Rodrigue added a single. The Extreme added three more goals in the second period including two more by Bernier. Sherbrooke dominated the third period with single goals by Mathieu Lavoie, Rodrigue, Tommy Russell, Maxime Beaudoin and Benjamin Desourdy. Despite the one-sided score Sherbrooke captain Desourdy and head coach Jacques were not happy with the team's play. Desourdy stated that the Extreme didn't play their style of lacrosse but rather allowed Valleyfield to dictate the pace of the game while Jacques feels there are still areas of improvement for his team.

"The score could have been much higher," Jacques said. "There are some points that we need to work on in our next practices."

Sherbrooke is back in action this Sunday when they host the West Island Shamrocks at the Centre Julien Ducharme. Game time is 8 p.m.

**Long sticks:** Sherbrooke lost the services of rookie Jason Salois, who suffered a shoulder injury in the Windsor game. He is expected to miss the entire regular season but may be able to return for the playoffs... The Extreme players are offering \$20 tickets good for one visit to either the Complex Medico-sportif Maxi club or Physio Tech. All proceeds will be used to help fund a possible trip to British Columbia for the 2007 Founders Cup at the end of the summer.... Over 126 amateur lacrosse players were the guests of the Extreme at Sunday's contest.

## Bernier wins second of the year

### Lemay goes long for Athlétiques BRP

By Mike Hickey  
 SPECIAL TO THE RECORD

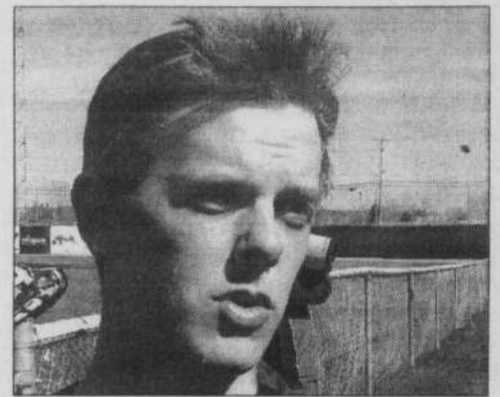
Two months ago Antoine Bernier was content in being the number-two pitcher on the Sherbrooke Athlétiques BRP pitching staff, behind Mark Warnholtz. The righty-lefty combo was expected to give Sherbrooke the best one-two pitching tandem in the Quebec junior Elite Baseball league, and be a major part of the team's drive to a league title.

That all changed in March when Warnholtz revealed that a shoulder injury would keep him off the mound for the entire 2007 season. Suddenly Bernier was thrust into the number-one spot and by all indications the Granby native has handled the situation extremely well.

Bernier picked up his second win in as many starts Sunday night as he hurled a complete game victory and the Athlétiques BRP to a 10-1 win over the LaSalle Cardinals in Montreal in a game that was much closer than the final score would indicate. Sherbrooke held a tenuous 3-1 lead entering the seventh inning but then exploded for seven runs against LaSalle relievers, to put the game out of reach.

Bernier allowed just five hits and one walk while striking out five batters. He has now allowed just two runs in 13 innings pitched this season.

"Antoine pitched great," Sherbrooke manager Steeve Ager said in an interview Monday. "The main thing is that he is



Mark Warnholtz.

throwing strikes; yesterday seven of every 10 pitches were strikes. He is fitting into the starter's role very nicely."

After the two teams traded runs in the third inning, Sherbrooke took the lead for good with a pair of runs in the top of the fourth on Gabriel Boulanger's two-run triple. In all the Athlétiques BRP had five extra-base hits.

They then supplied Bernier with all the insurance he would need by scoring seven in the final inning sparked by Gabriel Lemay's three-run homer. Guillaume Corriveau, batting in the second position, had three hits while Jean-Sebastien Gauthier and Lemay had two safeties apiece.

Poor defence was a factor in LaSalle's defeat. The Cardinals committed four errors that led to seven unearned runs.

The Athlétiques BRP are back in action tomorrow night when they hit the road to play the Trois-Rivières Eagles. Trois-Rivières handed Sherbrooke its only loss of the season, 10-8, last week in Sherbrooke. The Athlétiques BRP are back home Sunday to play a doubleheader against the Quebec Diamonds.

## The concrete art of parkour

### Method to the recklessness

By Francois Marchand  
 CANWEST NEWS SERVICE

"My 'Wal-Mart specials' are done!" exclaims 26-year-old Joshua Harvey, grinning as he proudly displays a battered pair of sneakers he purchased for \$20.

Harvey bought the sneakers just two weeks ago. The soles are shredded and have all but vanished, getting flatter and thinner with each footstep.

Despite having lost most of his footwear's grip, Harvey lines up for another practice run, taking aim at a series of walls stretching alongside the University of Alberta's sports arena. The concrete structure that forms the handicap access ramp is perfect for today's parkour training session.

Harvey takes off in a flash, leaps towards the first wall, and firmly latches on to the railing with both hands before lifting himself up. Carefully balanced atop the concrete surface, he eyes his objective and leaps once again, landing atop the next wall without fear of falling. The motion takes mere seconds to accomplish and Harvey comes back

down to chat with other parkour buddies who showed up for the afternoon "jam."

Springtime is in the air again, a strong wind blowing steadily into the concrete maze and kicking up the dust. But these parkour enthusiasts couldn't be happier: they're finally out "jamming" again.

Parkour is probably one of the most naturally demanding sports. You're at point A, you want to get to point B, and you need to do it the most efficient way possible. Sounds simple, doesn't it? However, most urbanites have forgotten about the logistics of travelling in straight lines, usually relying on the convenience and reliability of side-

walks, ramps, and stairs to guide their way.

For an experienced parkour practitioner (known as a "traceur"), these physical barriers have practically disappeared.

"You spend years funnelled between these walls and all of a sudden you're breaking out," says 17-year-old Ben Kirwin who runs an Edmonton parkour resource website.

"(With parkour), you're allowed to decide how these obstacles are going to impact you. Parkour should be able to take you through any environment."

To the untrained eye, traceurs can appear to be reckless and disorderly — running and jumping over public property with no consideration for their own

PLEASE SEE SAFETY ON PAGE 14

## SAFETY:

CONT'D FROM PAGE 13

safety or that of others'. Simply go to YouTube and use the key word "parkour" and you'll find a variety of clips showing people leaping from building to building or plunging to injury.

However, while traceurs have been compared to skateboarders or other extreme sports enthusiasts, recently caught in a whirlwind of newfound glory and potential commercial appeal — and bad press, of course — the philosophy behind the sport couldn't be further away from these biased misconceptions.

"Parkour isn't, by nature, more dangerous than any other sport at all," ventures Kirwin. "I've been training for two years and most of the guys I've been training with never had a serious injury other than the occasional scrapes and bruises. But you see the videos online and you don't really look at the training that has to go into those jumps."

It doesn't help that commercial culture has essentially warped what parkour really is about. Television ads for Toyota, Rogers Wireless and K-Swiss, as well as a number of TV shows and movies featuring elements of the sport, have made parkour the urban flavour of the year.

So, what is the real essence of the sport that has young Canadians

buzzing?

Parkour was developed by Frenchman David Belle in the early 1990s. Belle, now 34, was inspired by his father Richard, who had trained following the teachings of Georges Hebert.

Hebert is credited for conceiving a training regimen called "the Natural Method of Physical Culture" in the early 20th century, which was later adapted as an obstacle course ("le parcours du combattant") used extensively by French soldiers in Vietnam. The term "parkour" itself is derived from the French word "parcours" (path).

It is often said that parkour isn't a "sport" but an "art" closer to dance or martial arts, where a balance between mind, body, and soul is the objective.

## OPTIONAL CUT BEGINS

Parkour could also be described as the "art of the chase" or "the art of fleeing," where one is either escaping or pursuing and forced to find the most effective route to a set destination without wasting motion.

Ultimately, parkour is about seeing the landscape as a child would, relearning how to use your urban surroundings as your own personal playground.

"The important rule in parkour," explains 16-year-old Ryan Yusep, "is to always remember your environment."

Belle and parkour gained popularity through underground communities, the sport building a small legion of followers in France as the spectre of Y2K reared its head. Shortly after the turn of the new millennium, people started to take notice.

In 2001, French film director Luc Besson (*The Fifth Element*) made a parkour-centric film entitled *Yamakasi* (inspired by the parkour founders' group nickname). After the film was completed, Belle began to grow increasingly concerned about what he called "the prostitution of the art" and an increased interest in commercializing the sport. Groups started to fracture as two ultra-hyped documentaries featuring parkour co-founder Sebastien Foucan — *Jump London* and *Jump Britain* — were made. Both movies made no mention of Belle's influence.

Foucan went on to practice a more acrobatic style of parkour ("free-running," with a stronger focus on esthetics and tricking) and has since been featured in music videos, television ads and the

latest chapter of the James Bond film series, *Casino Royale*. Belle has also had his share of exposure, providing his expertise to movies and TV spots, most notably for the BBC, but has admittedly remained focused on the purity of the sport.

## OPTIONAL CUT ENDS

With parkour gaining a growing underground and mainstream popularity, forums have popped up all over the globe, from Australia to Europe to North America. In Canada, parkour resource websites are popping up in almost every major urban centre — from Halifax and Montreal to Toronto and Vancouver.

"In any big city, people are going to start coming together," says Ben Kirwin. "Most people don't have friends that are interested in it."

All you need to become a traceur is a good pair of shoes, some comfortable clothes, a tenacious spirit and a good amount of patience. Don't expect to start doing wall runs or 20-foot drops on your first try. The idea is to learn your own limitations, practise drilling some of the basic moves — vaults, tic tacs, cat leaps — and build up strength, speed and endurance.

While the mainstream has embraced the more spectacular facets of parkour and free-running, the original sport remains mostly ground-based: running, climbing, jumping, and avoiding obstacles. Competition does not play a big role for traceurs and individual achievements aren't made to be compared with others'.

Although traceurs usually claim the sport to be relatively safe "as long as you know your limits," parkour does offer its share of dangers — sprained ankles, nasty scrapes, broken bones.

"It's really hard on your joints," says Harvey, who adds he's seen more injuries due to sports like skateboarding and mountain biking.

"You have to take care of your body. That's why I usually don't recommend for kids to get into it before they're done growing. It could really do some damage to their bone structure."

But as long as there's concrete to leap over and onto, parkour will continue to attract youngsters and grow into a recognized urban sport. Corporations will also continue to try cashing in on the sport's growing popularity while traceurs cringe.

"Obviously, parkour is not a sport that requires a lot of equipment," says Kirwin. "A good pair of shoes comes in handy, but a lot of shoes that have been made for parkour are actually not very good at all."

As Harvey stretches between two focused runs, he casually jokes with pal Ryan Czernick, 16, about the "quality" of the highly expensive K-Swiss parkour-designed sneakers.

"Who needs those?" they ask, laughing. "They're as flat as two-by-fours."

## Pop Parkour

Pop culture has embraced the high-flying aspects of parkour and its acrobatic cousin free-running. Seen any of these? Then you're somewhat familiar with parkour.

- Madonna's *Jump* music video featured free-runner Sebastien Foucan among others.

- Luc Besson's *District B-13* starred parkour originator David Belle.

- A CSI: NY episode, "Tri-Borough," involved the story of a murdered traceur.

- A recent Rogers Wireless ad had a group of free-runners converging on rooftops.

- A series of Nike commercials had traceurs jumping across rooftops to advertise their line of Presto shoes.

- A K-Swiss ad shows a man using parkour to get to an Anna Kournikova tennis match.

- A McDonald's ad featured a man using parkour/free-running to make it on time for the breakfast menu.

- A recent episode of *Bones* showed a criminal using parkour to escape from the police.

And for some essential parkour viewing:

- The latest James Bond flick, *Casino Royale*, opens with an extensive parkour/free-running chase scene featuring free-runner Sebastien Foucan and Bond star Daniel Craig.

- Luc Besson's *Yamakasi* tells the story of a group of traceurs planning a bank heist to pay for the care of a kid who injured himself while trying to replicate some of their moves.

- *Jump London* and *Jump Britain*, starring Sebastien Foucan and others running their way through British landmarks, are still the reference in parkour video culture.

## TERMS OF THE CHASE

Even though parkour is quite a technical sport, traceurs use only a handful of terms to describe their movements. The sport itself is seen as a unified motion rather than a series of separate tricks (and most of the terms used are similar to the ones found in gymnastics). There are, however, specific terms used to identify certain techniques. Here's a brief list of key parkour expressions.

- Pop vault, wall hop: Overcoming a wall, usually by use of a kick off the wall to transform forward momentum into upward momentum.

- Vault: General term of overcoming an obstacle by vaulting.

- Muscle up or climb-up: To get from a hanging position into a position where your upper body is above the obstacle, supported by the arms. This allows for you to climb up onto the obstacle and continue.

- Roll: A forward roll where the hands, arms and diagonal of the back contact the ground. Used primarily to transfer the momentum/energy from jumps.

- Arm jump, cat leap: To land on the side of an obstacle in a hanging/crouched position, the hands gripping the top edge, holding the body, ready to perform a climb-up.

- Cat jump/pass: To dive forward over an obstacle so that the body becomes horizontal, push off with the hands and tuck the legs, such that the body is brought back to a vertical position, ready to land.

- Drop: To jump down, or drop down from something.

- Gap jump: To jump from one place/object to another, over a gap/distance. This technique is most often followed with a roll.

- Precision jump: Static jump from one object to a precise spot on another object.

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**BEAUDIN, Evelyn (nee Cutler)** - Passed away peacefully at the Asbestos Hospital, Asbestos, QC, on Sunday March 25, 2007, Evelyn Beaudin at the age of 81. Loving wife of the late Jean-Marie Beaudin, and dear mother of Kenneth Robert Laroche, Linda Laroche Edwards, and William Beaudin (Beryl). Grandmother of Valerie (Ricky Bushey), Richard (Sarah Hannan), Steven (Danielle Rivet), Karen Laroche, Johnny and Maryann Beaudin. Evelyn also leaves to mourn her 9 great-grandchildren, her brothers and sisters: Gertie (Harold Brown), Walter, Frank (Kay), Bill (Margaret), Ted (Ruby) along with her brothers-in-law, sisters-in-law, other relatives and friends. A graveside service will be held in the Danville Protestant on Wednesday May 16, at 2:00 p.m. with the Rev. Andrew O'Donnell officiating. Donations to the Children's Wish Foundation would be greatly appreciated by the family. Arrangements entrusted to the Cass Funeral Home, Richmond, QC. Tel.: (819) 826-2502, www.casshomes.ca

**BULLER, Betty** - Passed away peacefully in her sleep, after a courageous battle with lung problems, on Thursday, May 10, 2007, at the Peter Lougheed Hospital, Calgary, AL. Betty was the loving wife of Alvin Buller of Calgary, sister-in-law of Shirley Quinn, Bury, aunt of John and Josée Quinn, Margaret and Michael Coates. Bury, great-aunt of Cindy (Jonathan Williams) Jimmy, Desiree and Anthony Quinn, Rebecca, Tristan and Victoria Coates. Resting at the McInnis Holloway Funeral Home, 5388 Memorial Dr. North East, Calgary, AL. Friends may send condolences via www.mcinnisandholloway.com

**DUPUIS, Mr. Réal** - Passed away at C.H. Coaticook on May 14, 2007 at the age of 54 year, from Dixville. Mr. Dupuis leaves to mourn his friends and the personnel at the Dixville home. The funeral service entrusted to Charron et Fils Inc., 228 Child Street, Coaticook, QC. Visitation will be held on Wednesday, May 16, starting at 12:00 p.m., at the St-Paul Chapel of Dixville, followed by the funeral service at 1:30 p.m. at the St-Paul Church. Interment will be at Dixville cemetery.

**In Remembrance of MARGARET JEAN DAVISON (CLOUT) formerly of Bury, Quebec**

Sadly and peacefully, Jean entered into rest surrounded by her family at St. Vincent de Paul Hospital on Sunday September 17, 2006 in her 70th year.

Loving wife and best friend of Ralph Davison. Dear mother of Wendy Nedow (Jim) of Brockville, Kelly Judson (Greg) of Athens and Nancy Hauk (Trevor) of Red Deer, Alberta. Loving grandmother of Tim, Jenn and Thomas Nedow, Danielle, Ryan and Eric Judson, and Samantha Hauk. Jean is survived by a sister-in-law Ruth Freeman (Joe) of Newmarket, a brother-in-law Doug Davison (Janet) of Brockville, a stepbrother Harry Clout (Giselle) of London and by two stepsisters Linda Ranta (Ken) of Sudbury and Pam Hunt of Thunder Bay, as well as several nieces, nephews and cousins. Also survived by an aunt Marion Petersen (Junior) of Prescott. Predeceased by her parents Ellen (Midwood) Forbes and Harold Clout (Lois).

For years, after Jean moved to Brockville, she returned to Bury to take part in the July 1st Celebrations. She was a great athlete who developed a love of sports when she was young. In Ralph, she met a soul mate who actively shared her love of sports and her love of life in general. Together they passed these gifts on to others.

Her cousins Judy Gilbert (Bud), Margaret James (Allan), their families, and the family of the late Elizabeth Clark, all miss Jean very much. Jean always felt that family was very important. Although living at a distance, Jean made sure that she and Ralph remained an important part of the family by always attending special celebrations.

*Jean is greatly missed by all of us.*



**ROLLESTON, Mary-Ellen** - Mary-Ellen Grace Hughes Rolleston passed away peacefully with husband and mother by her side at the Health Sciences Centre in Winnipeg, MB on Friday, May 11, 2007. A memorial service honouring Mary-Ellen will be held on Wednesday, May 16 at 7 p.m. in the Pinawa Lutheran Church, 25 Massey Avenue, Pinawa, MB with Rev. Rob Murray officiating. Another service will be held in Port Sydney, ON at a later date. Mary-Ellen was born on July 15, 1948 in Huntsville, ON. She was unfortunately stricken with Polio at the age of 5 and spent a year in the Thistletown Hospital in Toronto, ON - this never held Mary-Ellen back. She graduated from Markham District High School with honours and went on to work for the department of Indian Affairs in Toronto. During this period, she met her husband Larry Rolleston and they lived two years in Toronto before she was transferred to the Ontario Correctional Services in Hamilton, ON. After 17 years in Hamilton, Larry was offered a job in Pinawa, MB where Mary-Ellen and Larry resided until the time of her passing. Mary-Ellen's love of nature and dedication to the conservation of wild life, was of great importance to her. Her love of books was reflected by the support she gave to her local library and she was a loyal member of the local Hospital Auxiliary. Mary-Ellen's cheerful nature and ready wit will be sadly missed by all who knew her. Mary-Ellen was always concerned with others' health and always put her own to the back of the line. Her passing has left a great void in our lives. Mary-Ellen was predeceased by her father John J. Hughes of Port Sydney. Left to mourn her passing are her husband Larry Rolleston, her brother Jim Hughes of Bancroft, ON, sisters Judith Mitchell and Susan McIntosh, her mother Joan Coleman of Bracebridge, as well as many nieces, nephews and friends. In loving memory of Mary-Ellen, donations may be made to Nature Conservancy of Canada, Doctors Without Borders or the Pinawa Library. Sobering Funeral Chapel & Crematorium, Beausejour. (204) 268-3510.

**VINET, Claire Marie, PhD** - Suddenly at home, on May 10, 2007 at the age of 53. Most beloved daughter of Rudolph and the late Florence Harsant. Dear step-daughter of Edith Schulich. Survived by her sister Diana (Ken), her brothers Paul (Lorna) and Peter (Diana), her niece Jesse and her nephew Dylan. A memorial service will be held at Kane & Fetterly Funeral Chapel, 5301 Decarie Blvd. (corner Isabella St.) Montreal, on Wednesday, May 16, 2007 at 11 a.m., and a reception will immediately follow. In lieu of flowers, donations may be made to the Crohn's and Colitis Foundation of Canada, 3767 Thimens, office 223, Ville St. Laurent, H4R 1W4.

Notice of Interment

**PIKE, Ralph** - The interment of the ashes of the late Ralph Pike will take place at Maple Grove Cemetery in Melbourne, Quebec on Friday, May 18, 2007 at 3 p.m. with Rev. Valerie Kennedy officiating.

Graveside Service

**DRAKE-PICKEN, Vera** - On Friday, May 4, 2007, we laid Mom to rest with her husband, our father, Arnold Malcolm Picken, in the Johnville Cemetery, surrounded by her 7 children and other family members. Allan Drake, Mom's brother, recorded on tape the reading of the Committal Service. He told us stories of adventures they had as kids and read prayers. Thank you Uncle Allan, it was very beautiful, we will always remember it. Thank you to Aunt Ivy also. The bearers - Alex Picken, Jimmy, Murray and Ricky Ward, Clayton Lackie, Jeff Pegg, thank you to all of you, it means a lot to all of us.

*Always thinking and missing you Mom. Love always.*

Cemetery Meeting

IVES HILL

Ives Hill Cemetery meeting on May 20, 2 p.m., at the home of Mr. and Mrs. Albert Cairns.

Card of Thanks

**RUSSELL** - I would like to thank everyone who came to my 80th birthday party. Thanks to John and Sue for all they did. To all who sent cards, gifts and phone calls. Please accept this as a personal thank you.

KEITH RUSSELL

RATES and DEADLINES: ANNOUNCEMENTS & NOTICES

BIRTH & DEATH NOTICES, CARDS OF THANKS, IN MEMORIAMs, BRIEFLETS:

Text only: 34¢ per word. Minimum charge \$8.50 (\$9.69 taxes included)  
Discounts: 2 insertions - 15% off, 3 insertions - 30% off

With photo: additional \$18.50. DEADLINE: 11 a.m., day before publication.

BIRTHDAY, ANNIVERSARY & GET-WELL WISHES, ENGAGEMENT NOTICES:

Text only: \$7.00 (includes taxes)  
With photo: \$20.00 (\$22.79 taxes included) DEADLINE: 3 days before publication.

WEDDING WRITE-UPS, OBITUARIES:

\$19.50 (\$22.22 taxes included) WITH PHOTO: \$29.50 (\$33.62 taxes included)

Please Note: All of the aforementioned (except death notices) must be submitted typewritten or neatly printed, and must include the signature and daytime telephone number of the contact person. Can be e-mailed to: classad@sherbrookerecord.com - They will not be taken by phone.

DEADLINES FOR DEATH NOTICES:

For Monday's paper, call 819-569-4856 between 1 p.m. and 5 p.m. Sunday. For Tuesday, Wednesday, Thursday or Friday's edition, call 819-569-4856 or fax 819-569-1187 (please call to confirm transmission) or e-mail: production@sherbrookerecord.com between 9 a.m. and 5 p.m. the day prior to the day of publication. The Record cannot guarantee publication if another Record number is called.

# My co-worker picks his nose

## Annie's Mailbox

**Dear Annie:** I work for an organization that takes on worthy, but controversial, issues. Over the years, we have been at odds (sometimes legally) with the state.

Here's the problem. There is a professional gentleman who works for the state and to whom I am very attracted. I have sensed that there is interest on his part, too. I have a high regard for this man, but due to our jobs, we have often been on opposite sides of the issues.

I would very much like the opportunity to have a personal conversation with him and get to know him better, but I worry he might get into trouble if he becomes friendlier to me. Government agencies can run roughshod over employees if they step out of line. I certainly do not want that to happen to my friend, nor do I want to cause him any discomfort.

It upsets me to think that a job situation could stand in the way of what might be an amazing relationship. I would be more than willing to find different employment if that were the only obstacle. However, I don't know how to find out without risking everything. What are my options in this delicate situation? — Juliet

**Dear Juliet:** It's possible Romeo is quite attracted to you, but it's also possible he's giving you that impression because he thinks it will gain him an advantage in future negotiations. Since

his job is the one at stake, we think you should allow him to make the first move. But there's no harm in flirting while you wait.

**Dear Annie:** A co-worker and I share the same work space. Our desks are so close, we are aware of each other's actions. The problem is, this person picks his nose. He doesn't even try to be subtle about it.

It is very difficult for me to confront him. He is highly educated and a professional, and it amazes me that he can be so inappropriate. Any suggestions? — Peter Piper

**Dear Peter:** The next time you see him pick at his nose, whip out a tissue and offer it, saying politely, "Do you need this?" Do it each time, and he'll get the message. If not, ask your supervisor if you can move your work space.

**Dear Annie:** I am so fired up right now. My daughter turned 19 last weekend. Her co-workers and friends treated her to a night out that included "adults" buying her alcohol shots. I did the "Mean Mom" thing

and checked up on her. When I discovered she'd lied about spending the night at a girlfriend's, I called her cell phone and tried to persuade her to come home.

One of her friends' mothers called me back and said my daughter would be fine with her friends and co-workers. Forget about the car, the possible accidents that could happen, being charged by the police — I am supposed to understand that kids will be kids. It's a "rite of passage."

When did the only way to have fun turn into being drunk? Find a local pizza place or movie theater, but not a bar. I am not sorry that I checked up on her. I am not sorry I tracked her down after three hours, calling every phone number I knew. I am not sorry because

she is here today, embarrassed, but alive and well.

I am not a prude. I enjoy a drink with dinner out, but I think it's so sad that I am in the minority. I only hope my daughter can one day see that no one could love her more than I do. — Mean Mom

**Dear Mom:** Buying shots for a 19-year-old is illegal. Those "friends" who plied her with drinks, not to mention the bar owners, could have been arrested and certainly would have been held liable had your daughter been hurt or caused harm on her way home. Good for you for not being afraid to be the bad guy. We suspect your daughter appreciates you more than you know.

Annie's Mailbox is written by Kathy Mitchell and Marcy Sugar, longtime editors of the Ann Landers column.

## Bulwer Golden Agers

The Bulwer Golden Agers met at the Bulwer Community Center on a beautiful sunny day with an attendance of 46.

Candy in a dish at the table as usual for everyone to munch on as you register. Flowers on the tables as usual.

Peggy and helpers served a delicious supper of cabbage rolls, carrots, turnip pickles, string beans in sauce, potatoes, rolls, and boston cream cake.

A get well card was signed for Joyce McLeod who is in the hospital.

50th Wedding Anniversary card signed for Keith and Margaret Vintinner wishing many more happy and healthy years, we missed you.

Happy Anniversary to Gerald and Catherine Lowd.

Birthday greetings to Glenna Smith.

Winnona announced anyone wishing for a name tag contact her for September.

Thank you card passed around from Isabel Nelson and family for donation to the Waterville United Church in memory of Archie.

Half and half won by Cline McDonald, Betty Emery, Alberta Everett.

Special prizes donated by Peggy: Donna Davis, Mabel MacKay, Grant Taylor, Mayotta Taylor, Betty Moore, Dorothy Cassidy, thank you Peggy for all these delicious home cooking prizes.

We all left with full tummies and had many laughs in the afternoon.

May 7, on a beautiful sunny day the Bulwer Golden Ages met at the community center. Eight tables of 500 cards, eight bowler playing carpet bowling. Red team won. One table of crib, the usual crew. I don't know who won.

Casserole supper was on the menu, salads, homemade rolls, pickles, tea, coffee and cake was served to 48 members. Thanks Peggy.

Special door prizes: Clara Herring, Emily Damon, Mayotta Taylor.

Home cooking prizes: Gertie Herrington, Mabel MacKay, Raymond Taylor, Keith Bennett, Grant Taylor and Winnona Kirby.

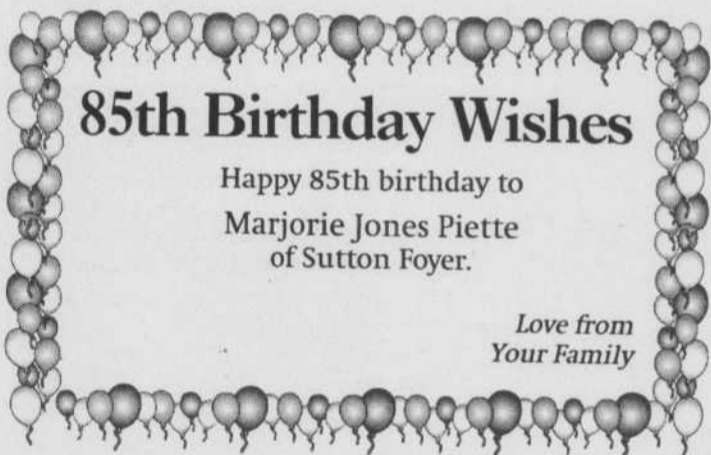
May birthdays: Glenna and Ben Smith, Mabel MacKay, Dorothy Cassidy.

Robert Bishop, May 7, 2007 has also joined our group. Welcome.

A thank you note was circulated around from Margaret and Keith thanking everyone who signed a 50th Anniversary card for them. Also thank you to everyone - it was very thoughtful. God Bless. Thanks Mayotta for helping out with April notes.

See you next meeting. Take care.

Submitted by Margaret V.



### 85th Birthday Wishes

Happy 85th birthday to  
Marjorie Jones Piette  
of Sutton Foyer.

Love from  
Your Family

## TOWNSHIPS' CRIER

### BURY

Afternoon card parties at Bury United Cultural Center beginning on Tuesdays, May 15, 22 and 29 and a Military Whist Party on Tuesday, June 12, all beginning at 2 p.m. Usual hearty lunch, prizes, door prizes and drawing.

### SHERBROOKE

The Canadian Club of the Eastern Townships luncheon and meeting will be held at Hotel Le President on Thursday, May 17 at 12 noon. The guest speaker will be Alex K. Paterson, O.C., O.Q., Q.C. Topic: "The Challenges of Universities and Hospitals I have known".

### LENNOXVILLE

Ham and Turkey Bingo at ANAF Unit 318, 300 St. Francis Street, Sherbrooke on Wednesday, May 16 at 7:30 pm. Everyone is welcome!

### AYER'S CLIFF

Organizers of Music Fest 2007 (June 2

and 3, Ayer's Cliff Fairgrounds), to benefit the Children's Wish Foundation, are looking for help with the event donations of items for the silent auction, financial contributions, volunteers for children's games, Dollar Store items for children's game prizes (various ages). If you would like to help, please call (819) 823-2009.

Website:

www.themusicfest.org.

### LENNOXVILLE

Watercolour with Denis Palmer! Uplands Cultural and Heritage Centre is offering a 5 weeks workshop with artist Denis Palmer. Discover the techniques of watercolour - beginner and experienced artists welcomed! Outdoor on Saturday mornings from 9 a.m. until noon, starting June 23. The workshop will be limited to 15 participants. For cost or to register, call (819) 564-0409.

### UPPER MELBOURNE

Richmond County Historical Society Pancake and Sausage Brunch, Sunday, May 27, noon, St. Andrew's Presbyterian Church Hall, Upper Melbourne. Annual general meeting following Brunch with guest speaker, Derek Booth, "Richmond as a Rail Town". All welcome.

### SOUTH DURHAM

Brunch at South Durham United Church on Sunday, May 27 from 10 a.m. to 1 p.m. Menu includes ham, sausage, eggs, pancakes, maple syrup, toast, etc. Everyone welcome.

### WATERVILLE

There will be a 500 card party at the Waterville Town Hall, 170 Principale St., at 2 p.m. on Friday, May 18, followed by a supper of soup and sandwiches at 4:30 p.m. Sponsored by the Rebekahs and Oddfellows. Admission charged. Everyone welcome.

### KNOWLTON

The Pot Pourri Choir, directed by Susan Reininger, presents an Afternoon of Gospel at the Knowlton Theatre on Sunday, May 27 at 3 p.m. Tickets available at the door or at Brome Lake Books, Knowlton.

### COOKSHIRE

Spring Concert, 7:30 p.m., Sunday, May 20 at Trinity United Church, 190 Principale Ouest, Cookshire. Dave Gillies & Janice Laduke - folk, blue grass & country music. Members of Bishop's University Singers - songs from the past. Admission charged. Light refreshments.

Information and ticket reservations: 819-875-3796.

### NORTH HATLEY

Piggery Theatre presents Johnny Reid, Saturday, May 19. Tickets still available for his 2 p.m. performance. Reservations: 819-842-2431.

### HATLEY

Luncheon in St. James Church Hall on Wednesday, May 16 starting at 11:30 a.m. Benefit of the St. James A.C.W. Everyone welcome.

This column accepts items announcing events organized by churches, service clubs and recognized charitable institutions for a \$7.00 fee, \$10.00 for 2 insertions of same notice, \$13.00 for 3 publications. Maximum 35 words. If you have more than 35 words the charge will be \$10.00 per insertion. Requests should be mailed, well in advance, to The Record, P.O. Box 1200, Sherbrooke, Quebec, J1H 5L6, be signed and include a telephone number and payment. Telephone requests will not be accepted. Admission charges and trade names will be deleted. No dances.

**CELEBRITY CIPHER**

by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

Today's clue: M equals F

" EWFZF LA CVEWLCK EV GF  
 HFNZCFP MZVX WLAEVZR NCRXVZF.  
 DF'ZF LC ABLFCBF MLBELVC CVD."  
 - NHHFC KLCAGFZK

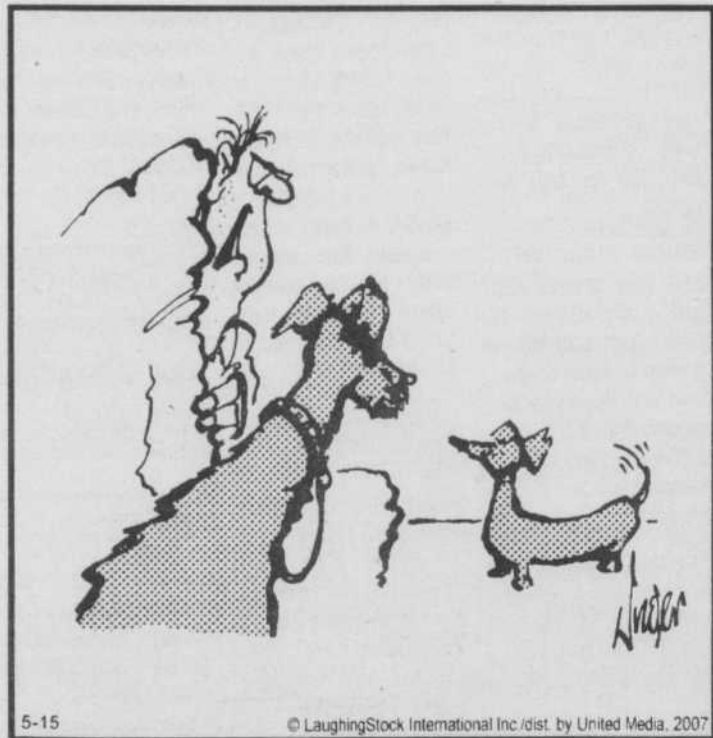
PREVIOUS SOLUTION - "They wanted an arm and a leg." - Martina Navratilova, on the reason why she never insured her left arm

(c) 2007 by NEA, Inc. 5-15

**KIT N' CARLYLE**



**HERMAN**



"See what happens when you have too many walkies!"

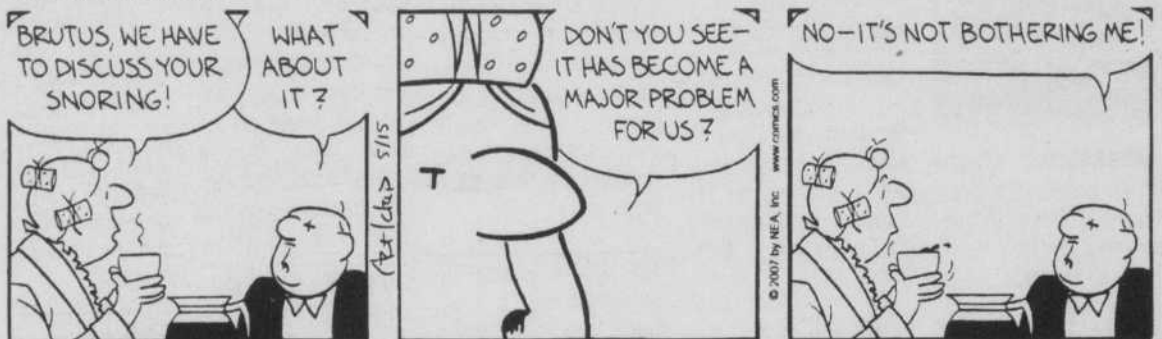
**ALLEY OOP**



**ARLO & JANIS**



**THE BORN LOSER**



**FOR BETTER OR FOR WORSE**



**GRIZWELLS**



**SOUP TO NUTS**



Go grocery shopping with dietitians. When you choose products with the Health Check symbol, it's like shopping with the Heart and Stroke Foundation's dietitians, who evaluate every participating product based on Canada's Food Guide.

Check for Health Check™

11:16 PM  
**The paramedics arrive.**  
 MedicAlert  
 SPEAKS FOR YOU  
 1-800-668-1507  
 www.medicalert.ca

CALL SHERBROOKE: (819) 569-9525 BETWEEN 8:30 A.M. AND 4:30 P.M.  
E-MAIL: classad@sherbrookerecord.com  
OR KNOWLTON: (450) 242-1188 BETWEEN 9:00 A.M. AND 4:00 P.M.

001 Property for Sale



Have some property to sell? Make your classified stand out. For \$10. more per day, run a photo with your classified! Deadline: 2 days before publication. Drop by our office in Sherbrooke or Knowlton. 819-569-9525.



**SHERBROOKE NORTH** Town House, 2 stories plus basement, 3 bedrooms, 2 1/2 bathrooms, fireplace, hardwood flooring. Garage. **Immediate possession! Move in right away and enjoy the golf season!** Superb view of Sherbrooke golf course. Luxury and convenience. Low maintenance. **New price \$188,500!** Call today! 819-566-0446.

035 For Rent

3 1/2. JACQUES CARTIER area, Sherbrooke. \$380. per month, heat and hot water included. Parking with car plug-in, balcony, laundry room in building. Available June 1. 20 minute walk to downtown, close to grocery, video store, etc. Call 819-562-6872.

035 For Rent

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www.sherbrookerecord.com

COMMERCIAL SPACE for rent (Lennoxville). 1700 sq.ft., could be divided. Ideal for professionals. Private parking. Centre of town. 819-574-0171.

COMMERCIAL SPACE FOR RENT - **Stanstead Industrial Park**. 1000 ft. prime furnished office space attached to 1000 ft. warehouse. Easy access to Route 55 (1 million annual traffic count). Can be rented separately. Call 819-876-5841 or 819-876-5009.

HOUSE FOR RENT - 5 1/2, wood stove heating. Available July 1, possibility for June 1. Access to Lake Lovering. References required. \$810./month. 819-868-1819. 819-620-5569.

LENOXVILLE - 1 1/2, 4 1/2, 5 1/2, with heated garage, on Queen, Church, Vaudry, College, Albert-Cote. immediately, June, July. 819-564-8922, 819-822-0732, 574-1414, 819-212-6222.

LENOXVILLE - James Street. 2 1/2, 3 1/2, 4 1/2. Heated, hot water, fridge, stove. No pets. Call 819-565-7692.

050 Rest Homes

PRIVATE ROOMS available for seniors in family home, 5 minutes from Lennoxville. Home cooking, doctor on call. For more information call 819-563-1388.

050 Rest Homes



**DREW RESIDENCE - 3 AVAILABLE. Features and Benefits:** A quaint seniors' residence with the facilities of a large institution; Individual well appointed spacious rooms; Complete group service or community group association; Homemade prepared and served meals; Nearby medical services available 24/7; On call in-home Doctor; Well trained and empathetic staff on duty 24/7; Catering to the English speaking community; A friendly home-like atmosphere; Routine pharmaceutical services; And much more. **For more information call 819-838-5045.**

THE WHITE HOUSE in Stanstead has 1 spacious room available immediately. Also spacious ground floor room. Available immediately. Call 819-876-2013.

095 Career Training

EARN YOUR CAREER DIPLOMA with affordable at home training programs with Stratford Career Institute. Over 50 programs are available. Call toll free 1-800-363-0058 ext. 7862 or visit www.sci-online.com/OCNA20.

100 Job Opportunities

COOK WANTED, minimum 3 years experience, be available breakfast shift on weekends. Possibility of full time employment. Pay according to experience. Contact Lana 819-876-2171.

JOB AT HOME, \$487.68 weekly. Mail work, assemble products or computer work. Get free details at: www.TopJobReview.com, or write to CHR Jobs: 372 Rideau Street, # 916, Ottawa, ON K1N 1G7, Reference A22

100 Job Opportunities

URGENT - SUMMER COOKS needed for Frontier Lodge, 8 weeks, beginning June 23. If interested, call Frontier Lodge 819-844-2277. www.frontierlodge.org

140 Professional Services

CONSTRUCTION Construction M. Salter, Licensed General Contractor. New homes, repairs, remodeling, roofs and renovations. RBQ license # 8315-2520-27. Call (819) 564-6823.

GRAPHIC ARTIST

Need help with your advertising? I do brochures, posters, logos, business cards, letterhead, CD/DVD covers. Jade Cimon, Graphic Artist, 819-569-5735, jade.cimon@sympatico.ca

ROOFING & REPAIR

Also gutter repairs and cleaning. Call Ian Perkins at 819-578-1910.

145 Miscellaneous Services

LENOXVILLE PLUMBING. Domestic repairs and water refiners. Call Norman Walker at 819-563-1491.

150 Computers

NEW LOADED COMPUTER only \$0.99/day! Everyone's approved\*. Get a loaded MDG computer with an Intel Core2 Duo only \$0.99/day. Includes everything you need: 1 GB RAM, 250 GB HD, 19" LCD flat panel, Windows Vista and a Free \*printer / scanner / copier (\*call for conditions). 1-800-791-1174.

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147 Health

**PSORIASIS - ECZEMA - VITILIGO**

**Nemtrex<sup>™</sup>**  
Medicated Foam

Call now, toll-free to find out why Nemtrex is the right treatment for you!

Before **1-877-425-8227** After

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190 Cars For Sale

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LEASE TRANSFER. 2007 Dodge Caravan SXT, V6, 3.3L, black, fully loaded, only 7,000 km. \$539./month (taxes included), \$500. cash transfer bonus! Call 819-889-1097 leave message.

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#1 HIGH SPEED INTERNET \$18.95/month. Absolutely no ports are blocked. Unlimited downloading. Up to 5Mbps download and 800Kbps upload. Order today at www.acanac.ca or call toll free 1-866-281-3538.

MIXED SIZES HEMLOCK LUMBER. Also cedar, 1"x5"x6", for yard fencing. 819-562-5260.

147 Health

ALL STEEL BUILDINGS factory direct. 25'x 40' \$9,900. 32'x50' \$14,000. 40'x60' \$19,900. Many others. Complete building packages, new D-I-Y floating foundation. Call Pioneer 1-800-504-7749. Since 1980, www.pioneerbuildings.ca.

DOUBLE BED, mattress cover, box spring, with metal frame on wheels, like new, \$350. Drafting table and lamp, like new, \$110. 50 lb. dumbbell set, excellent condition, \$40. 5 speaker surround sound set, 130 watts, with remote, hardly used, \$50. Call 819-562-6872.

FUTURE STEEL BUILDINGS durable, dependable, pre-engineered, all-steel structures. Custom made to suit your needs and requirements. Factory direct affordable prices. Call 1-800-668-8653 ext. 536 for free brochure.

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POOL TABLE. Solid maple, 1" slate, with accessories. Never used. Cost \$4,800. Sell \$2,300. Delivery Possible inc.: 514-745-6536.

SAWMILLS from only \$3,495.00. Convert your logs to valuable lumber with your own Norwood portable band sawmill. Log skidders also available. www.norwoodindustries.com. Free information: 1-800-566-6899 ext. 400 OT.

147 Health

FEMALE GOLDEN TABBY CAT on B.U. campus in Lennoxville, very friendly, sick, injured hind leg. Call 819-569-0653, leave message.

430 Personal

BELIEVE! Exceptional Psychics! Love \* Money \* Life. \$2.99/min. 1-900-677-5872, 18+, 1-877-478-4410 Visa / MC / Amex. / Direct Deposit. www.mysticalconnections.ca

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MUSIC FEST 2007 to benefit the Children's Wish Foundation, will be held June 2 and 3, at the Ayer's Cliff Fairgrounds, Ayer's Cliff. Live Country, Bluegrass, Rock 'N Roll, Folk music and children's activities. The Fair Board will be holding a Mechoui on Saturday, \$15. Family fun, rain or shine. Camping \$5.00 per night. Donations for silent auction are welcome. Admission: \$8.00 per day, \$10.00 for weekend, children 12 and under free. Info: (819) 823-2009. Website: www.themusicfest.org

SLO-PITCH TOURNAMENT in Stanstead, May 25, 26 and 27. Open Men's class and open Co-Ed class, 12 to 16 teams per class. This will be a Round Robin, divisional tournament. Registration is \$150 per team all are welcome. For information, please contact Stuart Phaneuf 819-571-1493 or Kevin MacIver 819-569-3505.

Organizers of Music Fest 2007 (June 2 and 3, Ayer's Cliff Fairgrounds), to benefit the Children's Wish Foundation, are looking for help with the event donations of items for the silent auction, financial contributions, volunteers for children's games, Dollar Store items for children's game prizes (various ages). If you would like to help, please call (819) 823-2009. Website: www.themusicfest.org.

295 Articles Wanted

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405 Found

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430 Personal

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440 Miscellaneous

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CLEAR criminal records with the National Pardon Centre. Your peace of mind guaranteed. Remove barriers to employment, travel, more. Free consultations. 1-866-242-2411. Apply online: www.nationalpardon.org. Member Better Business Bureau.

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To sell or buy, consult our Classified ads.

440 Miscellaneous

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Here you can talk to your butcher

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Marinated end of fillet (ideal for BBQ)

\$2.71 /lb. \$5.98 /kg.

Place Jacques-Cartier Terrasses 777

50 Jacques-Cartier N. 777 King St. East

819-563-3840 819-823-0803

# Your Birthday

Tuesday, May 15, 2007

Even though it might not be the exact course you had envisioned for yourself, you could make a major change in direction that will prove to be very advantageous for you in personal ways.

**TAURUS** (April 20-May 20) — Something pleasant might develop for you in the early-morning hours. This gratifying occurrence will put you in a good frame of mind for the rest of the day and keep you happy.

**GEMINI** (May 21-June 20) — You could finally realize that you have more direct control over an advantageous matter that affects you personally. Look out for others involved as well.

**CANCER** (June 21-July 22) — Someone new, interesting and even exciting is about to enter your life. He or she will possess the potential of becoming a very important person to you.

**LEO** (July 23-Aug. 22) — Your kindness and charm will be your two greatest assets. You'll keep them foremost in all your dealings with friends and family and innately know how to use them to your advantage.

**VIRGO** (Aug. 23-Sept. 22) — A number of important objectives you hold dear to your heart can be more easily achieved tomorrow. Don't procrastinate and hold off acting on them until the end of the week.

**LIBRA** (Sept. 23-Oct. 23) — Many ideas you've been expressing lately are winning the respect and support of your peers. Al-

though you might not have been fully aware of this, it will become quite evident to you.

**SCORPIO** (Oct. 24-Nov. 22) — You could be considerably luckier in joint endeavors or partnership arrangements than you've experienced for some time. Take positive measures to capitalize on this fortunate period.

**SAGITTARIUS** (Nov. 23-Dec. 21) — There are good indications you may finally begin to realize some rewards for efforts you've expended on a favorite project. You might see the first signs of things coming to fruition.

**CAPRICORN** (Dec. 22-Jan. 19) — That rabbit's foot you've had in your pocket is still in good working order. Someone who has been lucky for you in the past will be so again, ushering in a new and hopeful opportunity.

**AQUARIUS** (Jan. 20-Feb. 19) — You should realize you're now up to finalizing a difficult situation that you have been sidestepping for quite some time. It looks like it can work out much better than you thought.

**PISCES** (Feb. 20-March 20) — You could be rather lucky in situations that possess pronounced elements of chance, so long as you don't carry things too far. Be careful not to exceed the calculated-risk factor.

**ARIES** (March 21-April 19) — Someone who likes you a lot and has no hidden motives might offer you a small gift or consideration that he or she wouldn't give to just anybody. Accept it; there are no strings attached.

Tuesday, May 15, 2007

North 05-15-07			
♠ Q 10 9 5			
♥ 8 6 3			
♦ A Q J 10 9			
♣ A			
West		East	
♠ K 8 4		♠ 7 6 3 2	
♥ 10 7 5 2		♥ Q	
♦ 6 3		♦ 8 7 5 2	
♣ J 10 9 8		♣ K 7 4 3	
South			
♠ A J			
♥ A K J 9 4			
♦ K 4			
♣ Q 6 5 2			
Dealer: South Vulnerable: Both			
South	West	North	East
1♥	Pass	2♦	Pass
3NT	Pass	5♥	Pass
6♥	Pass	Pass	Pass
Opening lead: ♣ J			

front us in a complex and rapidly changing world."

At the bridge table, you occasionally need to think "unthinkable" thoughts — as in this deal. You are South, in six hearts. West leads the club jack. You win perforce on the board and call for a trump, East playing the queen. How would you continue from there? Did West have a more effective lead?

Note North's initial response. With the values for a two-over-one call, he correctly bid his longest suit first. He would have responded one spade with only 6-10 points.

South's three-no-trump rebid showed a balanced hand with 18 or 19 points, or perhaps a poor 20. This left North a tad stymied, wanting to invite a slam, but not sure how best to do it. After some thought, he jumped to five hearts, hoping his partner would think this was asking for good trumps. On the same wavelength, South raised to six hearts.

To make the contract, you must let East take the second trick with his heart queen. Suppose East shifts to a spade. You win with your ace, ruff a club on the board, draw trumps, and run the diamonds. If you win the second trick, you will lose one heart and either one club or one spade.

West defeats the contract with a diamond lead. The defenders can cut declarer off from dummy's diamonds. But who would find that?

By thinking the "unthinkable," you make the makable.

## Think about the "unthinkable"

By Phillip Alder

J. William Fulbright, a senator from Arkansas who died in 1995, said, "We must dare to think 'unthinkable' thoughts. We must learn to explore all the options and possibilities that con-

## CROSSWORD

### ACROSS

- 1 Decorative plant
- 6 Training room
- 9 "Ivanhoe" author
- 14 Tropical vine
- 15 That girl
- 16 Sharpener
- 17 No later than
- 18 Bladed pole
- 19 Foe
- 20 Revise/send
- 23 Dines
- 24 Pair
- 25 Screwball
- 26 Hit the skids
- 28 Russo of "Tin Cup"
- 29 Will VIP
- 30 Sauntered

- 33 Dangerous African flies
- 37 Colonial black cuckoos
- 38 Hawkeye State
- 39 Michigan city
- 43 Evidenced a tendency
- 46 Peak in Greece
- 47 Wound superficially
- 48 Rips into
- 51 10 of dates
- 52 Rhea's relative
- 55 \_\_\_ mater
- 56 History/brewed beverages
- 59 Squeals
- 61 Waikiki wreath
- 62 Spry
- 63 Strong, cotton thread
- 64 Singer Tillis
- 65 Also-ran in 2000

- 21 Magic charm
- 22 Edgar Allan and others
- 27 Connection
- 28 Relax/fit
- 30 Tour guide
- 31 Lennon's love
- 32 Transgression of divine law
- 34 Turf piece
- 35 Female sheep
- 36 Dispirited
- 40 NASA's orbiting outpost
- 41 Rush letters
- 42 Indian bean tree

- 43 Double-cross
- 44 Anticrime acronym
- 45 Competitor in a contest
- 48 Hold for later action
- 49 Author of "Studies in the Psychology of Sex"
- 50 Assemble
- 52 Slur over
- 53 Confused skirmish
- 54 Exploiters
- 57 Burn a bit
- 58 Thickening agent
- 60 Checkbox on a form

### Monday's Puzzle Solved

E	W	A	N	T	E	E	T	H	M	I	N	E
N	A	N	A	E	N	E	R	O	E	N	I	D
H	I	G	H	A	N	D	L	O	R	A	N	T
A	T	L	G	T	O	U	S	T	I	N	O	V
L	I	E	B	E	R	E	B	O	U	N	D	
O	N	E	A	N	D	A	L	L	B	O	O	Z
			E	D	U	F	E	M			U	S
A	T	T	R	A	C	T	S	O	N	A	T	A
L	A	O	T	R	U	A	O	L				
A	B	A	C	I	U	P	A	N	D	D	O	W
			N	A	S	C	E	N	T	D	O	R
F	E	D	E	R	A	L	T	I	E	P	D	R
A	R	F	S	N	O	W	A	N	D	T	H	E
H	O	R	A	A	V	O	I	D	B	A	L	I
D	O	O	R	L	E	N	N	Y	A	N	Y	A

- 66 Chelmsford's county
- 67 Exist
- 68 Shade providers

### DOWN

- 1 Twisted sideways
- 2 Caste member
- 3 Numerical relationship
- 4 Motel rental
- 5 Claptrap!
- 6 Wrote for someone
- 7 Uh-huh
- 8 Perfect gent
- 9 Thar \_\_\_ blows!
- 10 Prisoners/bell sound
- 11 A point ahead
- 12 Pace
- 13 Secret meeting

1	2	3	4	5		6	7	8		9	10	11	12	13
14						15				16				
17						18				19				
20						21				22		23		
24				25				26		27				
				28				29						
30	31	32						33				34	35	36
37										38				
39				40	41	42		43	44	45				
				46				47						
48	49	50						51				52	53	54
55						56		57				58		
59				60		61					62			
63						64					65			
66						67					68			

By Ed Voile  
Gillette, WY

5/15/07

