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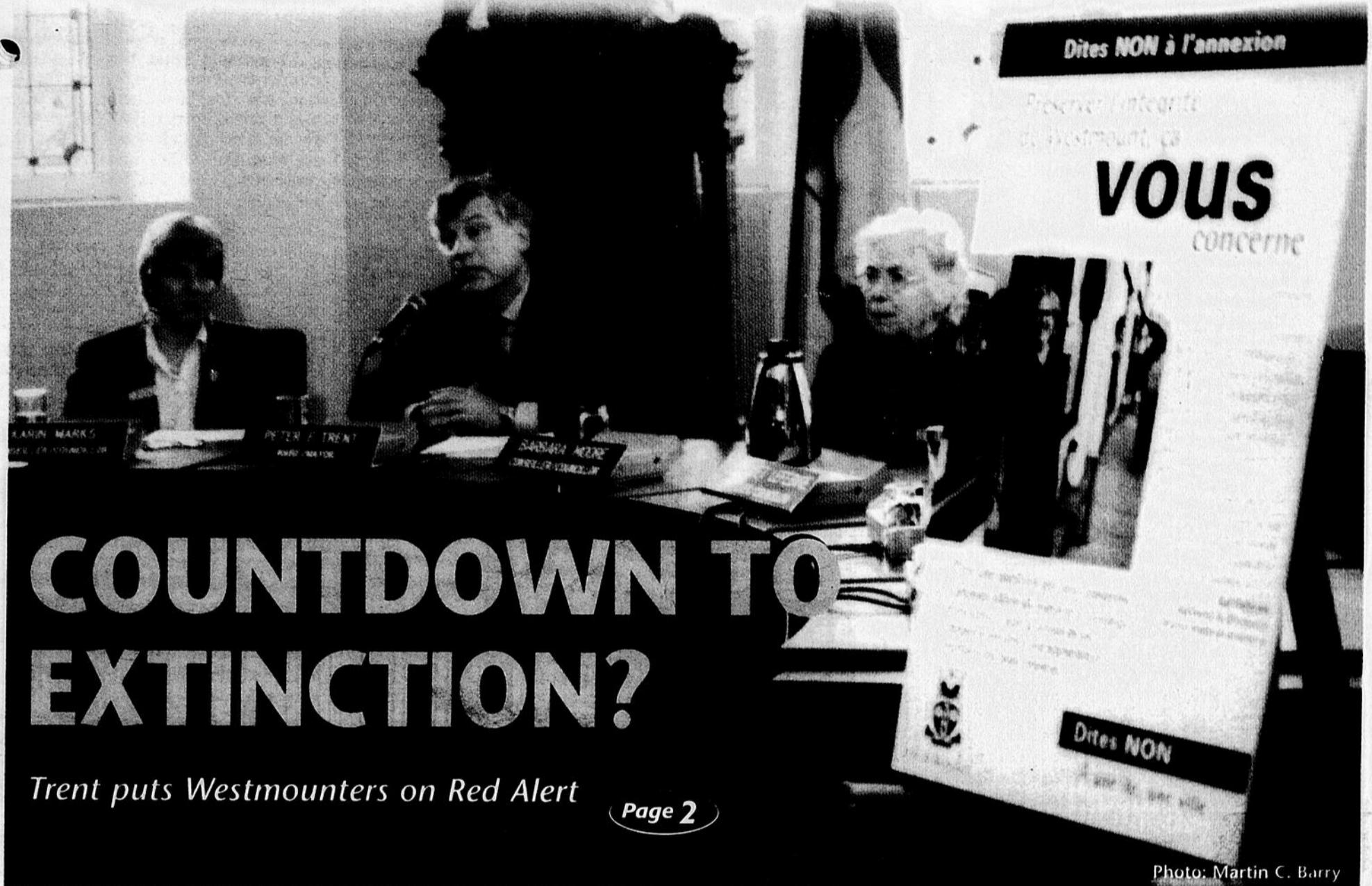
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COUNTDOWN TO EXTINCTION?

Trent puts Westmounters on Red Alert

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Photo: Martin C. Barry

Local News

Westmount rejects Bernard Report

*Referendum on
reform to be held in November*

By Martin C. Barry

Westmount is leading the fight by municipalities opposed to the provincial government's Montreal Island mega-city plan.

While the initial reaction to the Bernard Report by some mayors has been conciliatory, Westmount has

rejected it and is one of the growing number of towns and cities on the island to commit to a referendum in November on the proposed municipal reform.

Westmount's rejection of the Bernard proposals was articulated at a press conference at city hall last Friday, and subsequently at the Westmount Municipal Association's monthly meeting on Monday—at which Mayor Peter Trent appeared—as well as a spirited, well-attended public meeting last night at Victoria Hall.

According to the Bernard Report, Westmount would become one of 27 'arrondissements' or boroughs in the new City of Montreal. The mega-city would control two-thirds of total spending and taxation. Through a system of grants to the boroughs, it would also effectively control most of the remaining third.

But, says Trent, the report's recommendations are unacceptable in their present form.

"Essentially, what Mr. Bernard is recommending is

the fiscal evisceration of the smaller cities on the island of Montreal... What is being proposed is the end of our city. It won't even be an 'arrondissement'. It will eventually become the City of Montreal... When people say (the Bernard proposal) is essentially 'one island, one city', they're not too wrong. Within two or three years, we would have 'one island, one city' anyway.. I was not elected mayor to preside over the liquidation of the City of Westmount and I will fight this to the end."

(continued on page 5)



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Countdown to extinction?

By Patrick A. Kerkhoven

On December 23, a process will begin that devolves the City of Westmount into a bureaucratic district of the new Montreal Metropolitan Community (MMC).

Unless the minds and wills of Montreal Mayor Pierre Bourque and Municipal Affairs Minister Louise Harel are shaken violently in the coming weeks, Westmount's 126-year history will start to end just before Christmas.

If bets are on, it's safe to say that the Parti Quebecois will invoke closure on December 23, as is common practice, and they will have succeeded in their plan.

"The question here is why," said Mayor Peter Trent. "Nobody seems to

have a good explanation as to why we need to merge. It's not going to save any money—it's likely going to cost taxpayers more money in the end. What Bourque is doing is annexing all the smaller, well-run cities for the sake of one big city that isn't run well."

"Westmounters have to realize the services they will lose," commented Dr. Maureen Kiely of the Westmount Municipal Association (WMA), which Trent addressed Monday evening at the Westmount Lawn Bowling Clubhouse. "All the smaller communities have to understand that this will change people's lifestyles. People live in a certain community for what the community offers them. The annexation would just change all that."

"Westmounters will face user fees for

the library, the arena, pool, tennis courts and everything else," said Trent.

The mega-city and district organization would also permit anyone from any district to use the services offered in another district. This means that the Westmount library, for example, would be available for everyone's use, only subject to user fees. The Bernard Report is the last link in a chain of proposals over municipal reform that began in June 1999 when Montreal Mayor Bourque first leaked his intentions of rounding up all the 27 cities on the island of Montreal into one mega-city with the now-infamous 'one island, one city' slogan.

The provincial government commissioned Louis Bernard, the long-time bureaucrat and right-hand man of Premier Lucien Bouchard, to write up a

report detailing what effects municipal mergers would have in terms of creating the sense of a new region and also how the amalgamation might occur from a political and fiscal standpoint.

The region of the new MMC was effectively created by the swift passage of Bill 124 that divided the province into urban and rural sections.

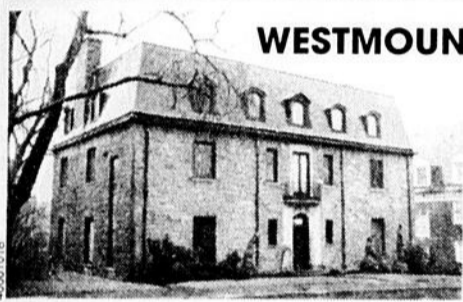
"As far as creating a sense of region goes, I think it is a good idea and I do support it," commented Trent.

The second issue, that of effecting municipal annexation, or 'amalgamation', which is the euphemism of choice used by both Bourque and the province, rendered no workable consensus among the team Bernard headed to study the proposals.

Bernard, according to his mandate for the report, was responsible for tabling an independent proposal, which consists of one mega-city covering the island of Montreal. He did allow for certain compromises, such as not unifying the fire departments, because it was regarded as virtually impossible, and not permitting councillors to actually choose a mayor for the districts instead of the MMC performing the task.

(continued on page 8)

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Today's Real Estate

By Marilyn and Michael Lally



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Sellers sometimes fall into the trap of thinking that their house is worth more than it is. If a house is priced too high and thus remains on the market too long, people may begin to think there's something wrong with it and you might have to

sell for less than its market value. However, remember, the asking price has no relation to what you paid for your home unless you have bought it recently.

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Heaven and Earth: a simple installation

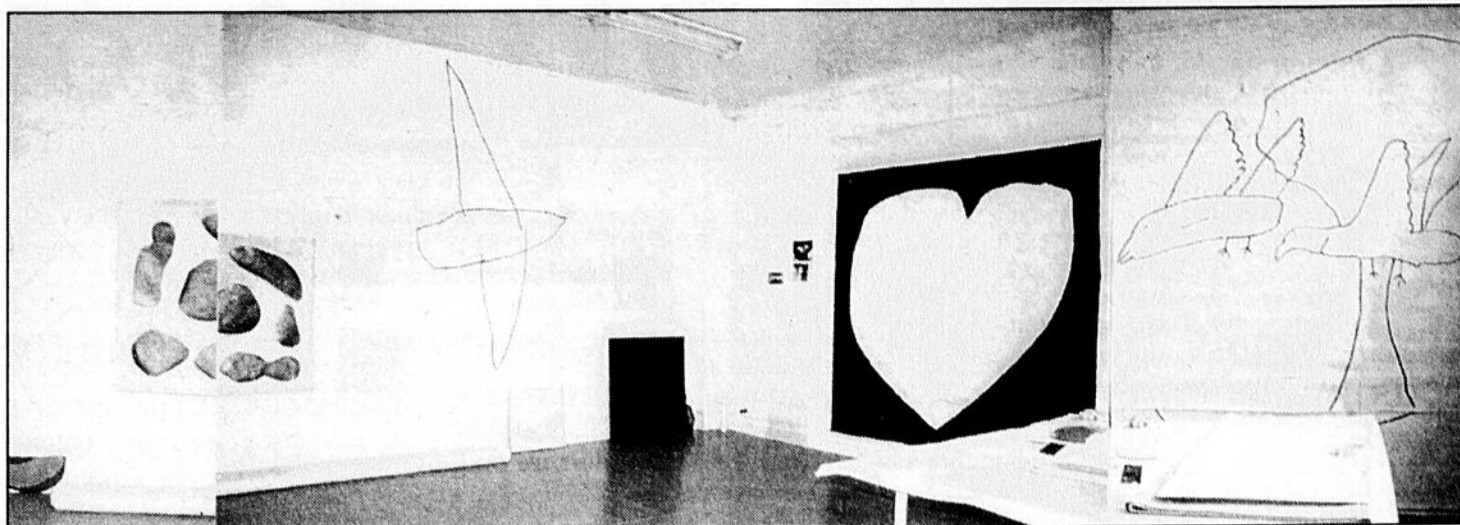
By Marilyn Vanderstay

The installation *Heaven and Earth* at the Visual Arts Centre's McClure Gallery, featuring the works of quilt artist Barbara Todd, is simple: Simple in its concept that the drawings of a young child can be the inspiration for a large-scale woolen quilted work, and simple in its technique that marries a 5,000-year-old pattern with fabric to produce a work that leaves the viewer feeling, well, safe.

And simple in the premise that a technique which has been used for hundreds of years to create both warmth and beauty is in fact art. "I found myself explaining my work as quilt art, as if I had to justify its significance, says Todd, who is today a recognized quilt artist.

But the creation processes for the seven pieces that make up the installation are anything but simple. Todd draws on a diverse variety of sources, research and techniques to create art that reflects life.

The quilt 'Heart', a huge white heart applied to a black background, is the central work of the installation and gives the exhibition its title. The piece reflects a second grader's drawing combined with the words of a third grade child who explained her concept of heaven as a place



where you go after life that is "a heart so big it can hold you." For this piece Todd researched the pattern of the lines from the dress on an ancient Sumerian sculpture.

The title for the eight-foot square silk and wool quilt 'Still Point' was inspired by T.S. Elliot's 'Four Quartets'. Todd developed the pattern of cyclical lines based on a Scytho Siberian felted funeral quilt which to her illustrates the life cycle of past, present and future.

"I love to be able to take styles from decorative and fine arts throughout history and pair them with something from today to create art," Todd says enthusiastically.

The exhibition, which includes an original piece painted on the wall, took three days to install. "I brought only seven pieces because I wanted to create a feeling or a mood for the installation that would breathe more, that there would be more space," she says.

Her most recent work, 'Cradle', is a sculpture quilt which will be unveiled as part of a new collection at the Federation CJA next month. Originally the Federation had commissioned her to create a quilt for the lobby, but the facilities demanded that she use a medium other than textile. Todd chose instead to work with steel to create her first sculpture. Using a high-tech method that she devel-

oped as went along, the work is a sculpture of lace-like silhouettes of leaves from Biblical plants.

Todd studied fine arts at the University of Guelph. Between 1981 and 1993 she lived in Banff, where she established her artistic practice and was a faculty member at the Banff Centre for the Arts. Her works are in the collection of numerous Canadian institutions, including the Musee des beaux de Montreal, the Vancouver Art Gallery, the Canada Council Art Bank and the Federation CJA, as well as numerous private collections.

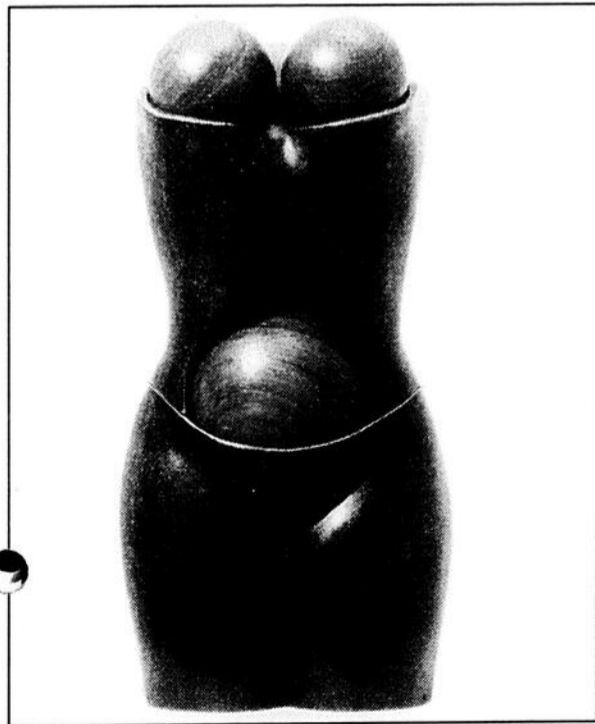
The installation can be seen at the McClure Gallery, 350 Victoria Ave., until Oct. 28.

Artists share the spotlight at Victoria Hall Gallery

By Marilyn Vanderstay

The joint show at the Victoria Hall Gallery features the works of two creative and insightful artists: photographic

artist Alicia Johnson and sculptor Frances Samuels. Although the show features two different artistic mediums, styles and topics, the mix is pleasing both to the eye and the spirit.



A Frances Samuels sculpture currently on display at Victoria Hall

Alicia Johnson's works are part of her 'Writers' series, portraits of literary figures culled from a wider collection of international artists. The show is an interesting portrayal of Canadian and international writers including Robertson Davies, husband Robert Johnson, Wole Soyinka of Nigeria, Andre Blink of South Africa, and a contemplating Karel Sictank of the Czech Republic.

More interesting than the list of who's who, however, is that the show is an introduction into the hearts of her subjects. Johnson's lens goes beyond the physical features to capture their personalities and sometimes spirits on film. In fact, the show is like going to a social or business event where you actually have a chance to speak with

the person or at least shake their hands.

The photos do not appear posed, as if Johnson caught them candidly smiling slightly, looking off in the distance, or sometimes as if she called their name and they looked up or around. The photo of Mordecai Richler is especially fun, capturing him looking up at her, glasses half way down his nose, as if to say, "Yes, Alicia?" Mavis Gallant, on the other hand, appears relaxed, with her head in her hand, deep in conversation with the artist.

In that spirit, Johnson's subjects are not dressed up as if for a photograph, but are dressed in what they wear in their day-to-day life. Cengal Augier, in La Habana, Cuba, casual in a golf shirt and suit jacket, looks as if the artist just met him on the street. A smiling Marie-Claire Blais, hand leaning against a wall, is dressed in a denim jacket and jeans. Octavio Paz of Mexico has just a hint of a smile in his portrait-like photo, as if he and the artist were talking and she pulled up her camera.

Johnson's part of the show is enhanced, however, by the sculptures of Frances Samuels, whose bronze, stone and wood sculptures of the female human form—especially torsos—focus

the viewer not on the face, but on the body. Her work is not only well crafted, but again captures in thought what she is expressing in form.

For the past 15 years she has been enjoying the physical effort required to "carve out" solid, permanent three-dimensional works. The female body intrigues Samuels. "I am particularly concerned with the idea of taking the classical form and modifying it," she says.

Samuels is successful in that. Her 'torsos' series captures both the rhythm of the media, but also live up to titles such as "Who says women don't have balls" and "Vessel Woman" a headless bronze jug formed in the shape of a woman's body, with her arms working as handles.

Samuels's images are timeless and independent. In many there is no front or back, no right or wrong side to her sculptures. The works do evoke thought, however, about not only the medium, but in what the artist is thinking and saying.

The intriguing exhibition is being shown until Wednesday, November 1 at the Victoria Hall Gallery.



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City Page



Événements communautaires

Vaccination

Le CLSC Métro offre gratuitement le vaccin contre la grippe aux résidents de son territoire, qui:

- sont âgés de 60 ans et plus, ou
- souffrent d'une maladie chronique (peu importe leur âge), ou
- prennent soin ou sont membres de la famille d'un patient souffrant d'une maladie chronique, ou
- sont des travailleurs de la santé ou des bénévoles en contact avec des personnes âgées ou des patients souffrant de maladies chroniques.

À Westmount, la clinique aura lieu le vendredi 20 octobre, de 10h à 15h, au pavillon de bowling situé au 401, avenue Kensington. Info: CLSC Métro au 934-0354.



Bibliothèque

Thé et oranges

T. F. Rigelhof et Julie Keith liront de courts extraits de leurs plus récents ouvrages et seront interviewés par l'animatrice de CBC, Katherine Gombay. Cet événement littéraire se tiendra le jeudi 26 octobre, de 19h à 21h. Info: 989-5386.

Concours hanté de l'Halloween

Célébrez l'Halloween en participant au concours hanté de l'Halloween! Décorez une citrouille chez vous et apportez-la à la Bibliothèque entre le 20 et le 27 octobre – vous pourriez gagner un prix! Info: 989-5386.



Projet ville en santé

«En ligne»

Le comité du projet Ville en santé de Westmount est maintenant accessible «en ligne», à l'adresse whcp@westmount.org. Nous nous réjouissons à l'idée de recevoir des messages de résidents ayant des questions ou des suggestions ou, encore, désirant s'impliquer à l'égard du projet.

Déjeuner-causerie

Le comité du projet Ville en santé organise un déjeuner-causerie qui se tiendra le mercredi 25 octobre, à

8h30, au Victoria Hall (4626, rue Sherbrooke Ouest). L'expert de la santé communautaire, le Dr. Louis Drouin, présentera ses recherches sur la *Qualité de l'air et la santé respiratoire* et répondra aux questions des participants. Chef du service de santé en milieu de travail et de santé environnementale au sein de la Direction de la santé publique de Montréal-Centre, le Dr. Drouin a dirigé de nombreuses équipes de recherche ayant mené un éventail d'études liées à la santé communautaire. Cet événement est gratuit, mais les places sont limitées – prière de réserver au 989-5226. On servira du café et des muffins.



Travaux publics

Collecte automnale des feuilles

Les feuilles sont beaucoup trop précieuses pour qu'on les jette. Veuillez donc contribuer à leur compostage en participant à la collecte de feuilles de la ville ou en les transformant en engrais à l'aide de votre composteur de jardin. Les résidents de Westmount peuvent:

- placer les feuilles en tas derrière le trottoir afin que les camions-aspirateurs les ramassent (durant les mois d'octobre et de novembre),
 - placer les feuilles dans des sacs de plastique biodégradables en vue de la collecte du lundi,
 - apporter les feuilles au dépôt de l'atelier des Travaux publics, sur la rue Béthune (comme ce dépôt ne sert qu'à ramasser les feuilles en vrac, on vous demandera d'y vider vos sacs et vos conteneurs, à moins que vous n'utilisiez des sacs de plastique biodégradables),
 - déposer les feuilles dans leur composteur de jardin.
- Info: 989-5390.

Anniversaire des bacs bleus

Joignez-vous à nous le jeudi 2 novembre, à la Bibliothèque de Westmount, pour célébrer le dixième anniversaire de l'implantation de la collecte sélective porte à porte dans notre ville. Nous remercions les résidents de Westmount pour leur participation exceptionnelle – plus de 14 000 tonnes métriques de papier, de carton, de verre, de métal et de plastique ont été récupérées durant cette période. Venez nous rencontrer à la salle Westmount entre 17h et 20h pour en connaître davantage sur la récupération. Un gâteau de fête sera servi à 19h. Info: 989-5390.

Dates à retenir

Le 20 oct., 10h à 15h

Clinique de vaccination
contre la grippe
Pavillon de bowling

Le 25 oct., 8h30

Déjeuner-causerie
*Qualité de l'air et la santé
respiratoire*
Dr. Louis Drouin
Victoria Hall

Le 26 oct., 19h à 21h

Thé et oranges
T. F. Rigelhof et Julie Keith
Bibliothèque

Le 2 nov., 17h à 20h

10^e anniversaire des bacs
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Le 6 nov., 20h

Séance du Conseil
Hôtel de ville

Datebook

Oct. 20, 10 a.m. to 3 p.m.

1-day flu vaccine clinic
Lawn Bowling Clubhouse

Oct. 25, 8:30 a.m.

Breakfast meeting
*Air Quality and Respiratory
Health*
Dr. Louis Drouin
Victoria Hall

Oct. 26, 7 to 9 p.m.

Tea and oranges
T. F. Rigelhof and Julie Keith
Library

Nov. 2, 5 to 8 p.m.

Blue Box Birthday
Westmount Room
Library

Nov. 6, 8 p.m.

Council Meeting
City Hall



Community Events

1-day Flu Vaccine

The CLSC Métro is offering free flu vaccines for residents in its territory who:

- are 60 years of age or older; or
- have a chronic illness (any age); or
- are caregivers or family members of a chronically ill patient; or
- are healthcare workers or volunteers that have contact with seniors or chronically ill patients.

The Clinic will take place on Friday, October 20, from 10 a.m. to 3 p.m. at the Lawn Bowling Clubhouse, 401 Kensington Ave. Info: CLSC Métro 934-0354.



Library

Tea and oranges

T. F. Rigelhof and Julie Keith will present brief readings of their most recent works and be interviewed by CBC host Katherine Gombay. This literary event takes place on Thursday, October 26 from 7 p.m. to 9 p.m. Info: 989-5386.

Haunted Hallowe'en Contest

Celebrate Hallowe'en by entering our Haunted Hallowe'en Contest! Decorate a pumpkin at home and bring it to the library between October 20 and 27 and you could win a prize! Info: 989-5386.



Healthy City Project

'On line'

The Westmount Healthy City Project is now 'on line' and can be contacted at whcp@westmount.org. We look forward to hearing from residents with questions, suggestions or who would like to get involved.

Breakfast meeting

The Westmount Healthy City Project will host a breakfast meeting on Wednesday, October 25 at 8:30 a.m. at Victoria Hall, 4626 Sherbrooke St. W. Community

health expert Dr. Louis Drouin will present research and answer questions about *Air Quality and Respiratory Health*. Dr. Drouin is head of workplace and environmental health for the Direction de la santé publique de Montréal-Centre, and has led numerous research teams in a variety of community health studies. The event is free, but seating is limited – please reserve at 989-5226. Coffee and muffins will be served.



Public Works

Fall leaf collection

Leaves are much too valuable to throw away – please make sure they get composted by taking part in the City's leaf collection, or feed your own garden by putting them in your backyard composter. Westmount residents can:

- place leaves in piles behind the sidewalk for the vacuum trucks (throughout October and November),
 - put leaves in degradable plastic bags for the Monday collection,
 - bring leaves to the depot at the Public Works Yard on Bethune Street (this depot is for bulk leaves only, so be prepared to empty your bags and containers into the depot, or use degradable plastic bags),
 - mix leaves into your backyard composter.
- Info: 989-5390.

Blue Box Birthday

Join us on Thursday, November 2 at Westmount Library to celebrate 10 years of blue box recycling in our City. Thanks to the outstanding participation of Westmount residents, more than 14,000 metric tonnes of paper, cardboard, glass, metal and plastic have been kept OUT of landfills over this period. Information about recycling and other environment programmes will be on display in the Westmount Room from 5 p.m. to 8 p.m., birthday cake will be served at 7 p.m. Info: 989-5390.

LOCAL NEWS

"I was not elected mayor to preside over the liquidation of the City of Westmount and I will fight this to the end" —Peter Trent

(continued from page 1)

Trent acknowledged that there is disagreement among the mayors in the Union des Municipalités de Banlieue sur l'île de Montréal (UMBM) over how they should deal with the Bernard proposals.

"There is a view on the part of some mayors that somehow these 'arrondissements' will preserve the integrity of their cities," said Trent. "Certain members of the UMBM feel they can negotiate their way out of this and I hope they can. But I'd rather take a slightly more aggressive position because I don't feel we should put all our eggs in the negotiating basket. There's no guarantee that negotiations will result in anything we can live with."

Trent also suggested that whatever action the province finally takes could actually be worse than the Bernard Report's recommendations. "I don't think it will be better, which is why I say it's time to say no."

He said more than just Westmount's future is at stake. "It's the future of the entire island of Montreal. We are throwing the baby out with the bath water. We are throwing out cities that are well-run in order to create this bureaucratic edifice—a fourth level of government."

Trent said the boroughs would be very different from municipalities because they would have only token control over taxation and spending. The end result would be that the boroughs would be financially handcuffed.

"The power to govern is the power to tax. The only raison d'être of a city is the fiscal issue. I have to answer my citizens financially... How could anybody responsible to the electorate run these new districts if they don't have full control over taxation powers? This is the fatal defect in

the Bernard Report. It doesn't wash. It's not representative of the way municipalities should be run. The small municipalities in Montreal are now extremely well run and there's no reason to make such radical changes."

Trent believes a referendum will educate people, making them more aware of the issues.

"For those who feel the situation is too complex and people won't understand what the issues are, I say the whole point of a referendum is didactic, educational. If you are voting in a referendum, you generally will inform yourself of what the issues are. One of the great advantages of a referendum is that it concentrates interest in the question, both for and against."

At this point, the originally-scheduled referendum date of Nov. 19 still stands, but this may change as other municipalities decide whether or not to call a referendum. It was also confirmed at last night's public meeting that the actual question has yet to be finalized.

"I don't care what Mme. Harel says about referendums, I'm interested to know what my citizens think, and after a big turnout for a clear question, she cannot ignore the results of a referendum."

Trent said the city will conduct the referendum in a completely democratic spirit. "We will encourage groups who are both for or against the referendum question. We want truly to find the way to ensure citizens fully understand the impact of what Quebec wants to do to the island of Montreal and specifically Westmount."

So far, he said, only the views of politicians and bureaucrats have been heard, but not those of citizens.

(continued on page 23)

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Canada

Real Estate

BRAVO Mr. Mayor

"I was not elected mayor to preside over the liquidation of the city of Westmount. My job is to save my city and make sure it survives."

With these words, Mayor Peter Trent issued Westmount's challenge to the Bernard report on municipal reform. The creation of a megacity for the island with 27 boroughs is unacceptable in its present form. Westmount will hold a formal referendum in November on this subject with a clearcut question to be answered by its citizens. If you endorse the position taken by the mayor and his council, it is your duty to prove it. Make sure that you and everyone in your household of legal age gets out and casts a ballot. We need, not only a large majority but a record turnout as well. Let us show Mr. Bouchard what Westmount is made of and show him that we will not go quietly.

See you at the polls!

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The good fight

The Bernard Report, that long-awaited can of worms on municipal reform that has been casting a

Commentary

Wayne Larsen



pall of uneasiness over the entire island for far too long, putting a damper on an otherwise pleasant summer, is finally out.

Initial reaction to it was generally favourable—or at least not as outwardly hostile as anticipated. What we got was not the apocalyptic manifesto many feared. In fact the much-heralded release seemed decidedly anti-climactic at first. Instead of instantly rallying together in outrage and sounding the battle cry to fight this monster, most suburban mayors picked up their gauntlets and backed off, opting to work with the provincial government on the proposed creation of boroughs throughout the Island of Montreal.

But that didn't happen in Westmount. Here the reaction has been quite different. While many of his suburban mayor colleagues were granting interviews left and right last week, most of them expressing their relief that the Bernard Report wasn't so bad, Peter Trent—by far the most outspoken critic of the proposed reforms all along—was suspiciously quiet. So quiet, in fact, that he was nowhere to be found on the list of suburban mayors offering their opinion on the report. It seemed obvious that he either had something up his sleeve or had sequestered himself away from the media glare in order to carefully go over the report before offering his verdict.

By Friday, Westmount was ready to make an announcement, and at a hastily-called press conference at City Hall, Mr. Trent and city council faced a battery of TV cameras and gave Westmount's response in pretty much one word: No.

No to the Bernard Report. No to the idea of boroughs, and certainly one big no to Pierre Bourque and his 'one island, one city' scheme—which may eventually come to pass if the Bernard proposal is adopted by the provincial government.

Westmount's vehemence in its opposition to the Bernard Report is unique and admirable. Non-Westmounters may see it as true to that negative Westmount stereotype of complaining about every little thing that comes along. But you can be sure that if they had as much to lose as Westmount does, they would be just as outraged and would fight just as hard to keep what they have.

As the old adage goes, if you care enough about something, it is definitely worth fighting for—and it's difficult to imagine a scenario more appropriate than this to illustrate that idea.

If the Bernard recommendations are accepted and put through, Westmounters can say goodbye to many of the services they have always enjoyed. As the proposed amalgamations are expected to go into force as early as this winter, it won't be long before Westmount's diligently ploughed streets are left covered in snowdrifts until late afternoon or evening, and as for the next municipal tax bills—perhaps it's best not to even go there.

Westmount's decision to hold a referendum next month to gauge residents' opinion on this proposal is a bold and monumental move to show the provincial government that what it is trying to put over is not only wrong but blatantly anti-democratic. When the polls open on Nov. 19 (or on whatever date the City may subsequently choose), it is extremely important that as many Westmounters as possible cast their ballot. The higher the turnout, the clearer the message.

And this is one message that absolutely has to get through.



Trudeau left no one indifferent

By Jacques Chagnon, MNA for Westmount-St. Louis

The loss of probably our most well-known fellow citizen has provided us all with an opportunity to relive, like a flashback, the last 30 years of political life in Canada.

The Right Honourable Pierre Elliott Trudeau was a giant on the Canadian political scene. Loved or hated, he has left no one indifferent, even after his death.

On October 2, I was in a meeting with the Mayors of the West Island and several of my colleagues, discussing the issue of mergers. At the end of our meeting, Peter Yeomans, the Mayor of Dorval, and Geoff Kelley, MNA for

Jacques-Cartier, invited me to accompany them to the Dorval train platform to greet the special train that was bringing the former prime minister's body from Ottawa back to Montreal. It was incredible—several thousand people had gathered to pay their final

respects to an individual who, like no one else, had left his mark on our Canadian institutions. In short, it was very touching to see all of these people, of all ages and from all walks of life, sharing their grief.

Speaking of emotion, I also attended Mr. Trudeau's funeral with some of my colleagues from the National Assembly. The event can only be described as one of dignity and simplicity. Of course, it was the eulogy by Justin Trudeau that had everyone talking—with reason and with respect. However, I must say that I also very much appreciated the words of Jacques Hébert and of Roy Heenan. Mr. Trudeau is a man remembered by his friends through the good times that they experienced together. As well, Jean-Guy Dubuc, a priest and former chief editorialist of La Presse was also very eloquent during his homily. This was a very touching ceremony that will be remembered for a long time to come.

We know that the late Pierre

Elliott Trudeau's leitmotiv was "reason over passion." We should put this into practice in the municipal reorganization in and around Montreal. Mr. Louis Bernard, an old hand at carrying out partisan mandates for the PQ government, and who is close to the premier, has concocted a plan grouping together the municipalities of the Island of Montreal into 29 boroughs.

This plan would divide the city of Montreal into nine parts and the rest of the island into 20 parts, with the elimination of eight small municipalities. Not wanting to be left out, the

Mayor of Montreal, Pierre Bourque also brought forward his "solution": dividing the island into nine boroughs, each having seven municipal councillors. This, in turn, led the suburban mayors to bring forward another common proposal... In short, a cat would lose its kittens trying to follow this debate.

(continued on page 7)

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Old News

(from the examiner archives)



Five Years Ago

October 19, 1995:

REC NEEDS WORK: Recreation facilities in Westmount and how they are run need some work, according to responses to a survey released last week by the Westmount Municipal Association. 'The recreation department, especially the arena, seemed to need some managerial attention,' wrote WMA director Tom Thompson in his conclusion to the poll of more than 200 WMA members, adding that there was also a 'decided increase in concern for dangerous cycling habits and rollerblades.'

Ten Years Ago

October 18, 1990:

UNWELCOME FRANCHISE: "The imminent opening of a Dunkin' Donuts franchise on Sherbrooke street near Prince Albert avenue has angered area residents who have already sent a petition of protest to city hall. Yvonne Klein, a Prince Albert avenue resident, said she collected 15 signatures within about 30 minutes from residents who do not want Dunkin' Donuts in their midst.

'It's cheap. It's tacky. It attracts other kinds of business which none of us wants,' Ms. Klein said. 'The kind of people who feel comfortable in a Dunkin' Donuts are not the kind of people we want hanging out in our back lane.'

Thirty Years Ago

October 22, 1970:

CRIME DROP: "As if two momentous kidnappings and one infamous garroting had put other crime beyond the pale, criminal activity in Westmount dropped over the past week to nearly the vanishing point. More likely, intensively augmented police patrols and stretched-out hours for Westmount Police, as elsewhere, made all but the least observable forms of wrong-doing difficult to mount and almost impossible to execute without being observed and promptly caught."

Forty Years Ago

October 21, 1960:

WESTMOUNT SNOBS: "While Westmounters have been amused at such flattering descriptions of their community as 'the greatest concentration of resident wealth in Canada', and 'the best run city in North America,' they were shocked this week when Lucien Tremblay, MPP, for Maisonneuve, and a mayoralty candidate in Montreal, called these Westmounters snobs. Tremblay said he wanted to clean up the inequalities in city hall. 'For example,' he said, 'Montreal furnishes water to Westmount, yet the people of Westmount pay less for their water than Montrealers.'"

Why merge our cities? —Chagnon

(continued from page 6)

We can make all the fuss that we want, but we are going to have to ask ourselves some basic questions.

Why are we doing all this? If the answer is to stop urban sprawl, we must say that this is not clear because the Bernard proposal does not offer any solution involving mergers for the numerous municipalities north of Montreal where urban sprawl is the most visible.

However, if the answer is to have more fiscal fairness for Montreal, we do not have to deconstruct and recreate municipal structures to settle this question. All that is required is to apply an urban tax to the territory of the Montreal Metropolitan Community (107 municipalities) and

the problem is solved!

The Quebec government's argument that we are moving ahead with mergers because Ontario did doesn't have lot of weight. Why copy our neighbours before even evaluating the impact of their decisions? Up to now, the merger of Greater Toronto has not brought about the results promised by the Harris government.

Even the Ontario Conservative MPPs have told us not to get involved in such a move. The hoped-for savings have not materialized and the labour relations problems have only grown with the size of the new city. So why board this train when we do not even know where it will lead us?

Stay tuned.

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"Westmount is a wonderful city for raising children. Everyone in the community works toward making it a safe and healthy place to live. The Teen Centre offers accessible programmes that help keep kids off the street, and our Public Security Unit listens to residents and responds to problems quickly. I don't want to lose our sense of community, so I'll be voting 'NO' in the upcoming referendum."

Virginia Elliott

It matters to you
Annexation to Montreal will result in the disappearance of Westmount's Public Security Unit and eliminate many community programmes.



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Countdown to extinction
 (continued from page 2)

Bernard allowed universal suffrage for the district mayors, except in Montreal proper, in which the mayor will be nominated. Nevertheless, major challenges to the democratic system as we know it have been tabled since the concept of the forced mergers was first heralded by Bourque and his supporters.

Trent is fuming over the crimes against democracy that the mega-city project has been founded upon.

"As we speak, a transition team is in place of appointed bureaucrats who are tabling a budget for the next year or two for the new mega-city. None of these people were elected."

"There is major misnomer in referring to the 'arrondissements' as boroughs," said Trent. "People may think that these are warm and fuzzy—but they are not. The appropriate term for it really is district. After all, do you want Westmount, your city, to be a district of Montreal?"

Trent doffs his hat to Bernard, but obviously regards his proposal—effectively a compromise between white and black—to be failed from the start.

"Louis Bernard is a nice, decent man, and in light of what may have happened, I might have been able to live with this proposal if not for the fiscal plan he proposed," said Trent.

The report would give the same amount of money to every house in every district, regardless of operating expenses.

"This is a compromise not acceptable to either party," said Trent. "The fiscal plan means that up to 90 per cent of the district's revenue would be collected by the new central city. Funding and taxes are the lifeblood of any city, and what is left of our city if it is only left with ten per cent of its revenue?"

Westmount's planned referendum on the Bernard Report will go ahead on November 19, with advance polling

on the 13th. The question will most likely be coordinated with the other cities in the same predicament as Westmount, but the sense of unity has been lost to some extent as some mayors are warming up to the reports proposals.

"The unity has been fractured," he said. "I would have liked it to be done differently, but it wasn't."

Trent still remains hopeful that several cities will follow Westmount's lead and shout about the referendum campaign.

"I don't think we have to tell people which way to vote," he said, "we have to tell people to come out and vote."

Meanwhile, Bourque's public reaction has been one of dissatisfaction, although it is not in his favour to put on any other face, Trent commented.

"If the other mayors are somewhat relieved with the Bernard report, and Bourque says he isn't, then chances are that it will be tweaked more in his favour," Trent said. "This is amalgamation is slow motion, and of course Bourque is happy about it. It's not his original plan, but all it means is that instead of amalgamating right now, it will take two or three years, and he knows this very well."

On the flipside, the French press has paid little attention to Trent and his counterparts who are crying foul play. "The battle will be won or lost in the French media," said Trent. "And we've made no inroads into the French media yet."

Jean Charest, leader of the Quebec Liberal Party, has been vocal in recent days over the amalgamation issue, and has declared that the Liberals will reverse the bill immediately, which has generated mild hope among the communities affected by what Trent calls "a waste of our time." He wonders why well-run cities like Westmount have to be "victimized" and annihilated for one big, badly-run city.

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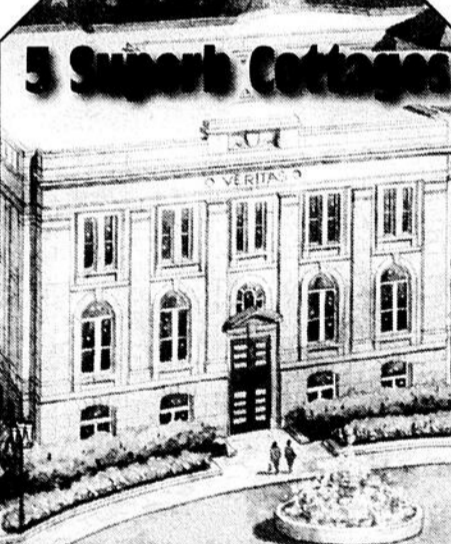
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The threat to history

By Andy Dodge

History is the study of changing times.

If nothing ever changed, if there was no evolution, there would be no history.

We may be watching an attempt by our legislators in Quebec City to try to wipe out history, or at least to rewrite it in their own image and to force Westmount into a role which is completely unwanted by any of its citizens.

Westmount was founded 126 years ago as a small village on the outskirts of Montreal which was evolving out of a series of farm tracts and Sulpician land grants. Canada had become a country only seven years earlier, and the new provincial administration was eager to establish municipalities out of the seigneuries, land grants, lots and roadways which had developed outside of Montreal. The first city council included French-language farmers and settlers as well as Scottish and English landowners who had chosen sites mainly in the eastern part of the community where they could build huge mansions on sprawling acreages.

Once the municipality had been established, the rest was history.

The eastern part of Notre-Dame-de-Grâce grew faster than the western territory, and the largely English-speaking population chose to break away from the western sector by 1880 to form the Village of Côte St. Antoine, in the boundaries of what is now Westmount. Shopping districts developed, schools were established, a hospital was built. The community grew to become the City of Westmount which we know today.

While it is true that Westmount "is a creature of the province" which was established by order-in-council, it has evolved over the years, much as a child grows independent of the parents who created it. It has followed all the rules, it has flourished, it has a proud and devoted citizenry who have participated actively in the

development of the province and the city.


In fact, Quebec should be proud of Westmount. Not only is it—or has it been—home to many of Quebec's wealthiest and most intelligent citizens, it is the first city to hire a general manager; its fire department has received accolades from throughout Canada and parts of the United States, it has participated in international trade missions, the Canadian Federation of Municipalities and the Conference of Suburban Mayors. Indeed, Westmount has never shirked its responsibility to participate actively in the development of Quebec or Canada. And citizens have won awards for their activism, interest in municipal politics and overall democratic conscience.

All this is history, a tale of the evolution and development of the community. It is important to consider this history before determining that, for "administrative efficiency," Westmount and the province's other thriving communities should be wiped out.

We support the mayor in his efforts to stop this madness in Quebec City, and we hope we can be a part of it. We are still trying to document many parts of Westmount's history and hope that in doing so we can convince the Quebec government it would be foolhardy and destructive even to ponder forced mergers.

Reprinted from *The Westmount Historian*, the semi-annual publication of the Westmount Historical Association.

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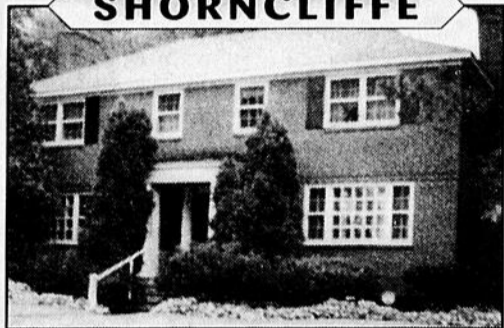
Westmount violin prodigy fascinates all

By Marilyn Smith Carsley

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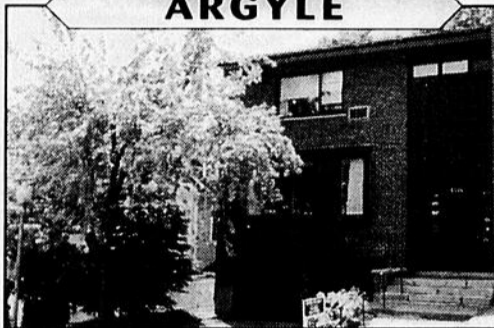
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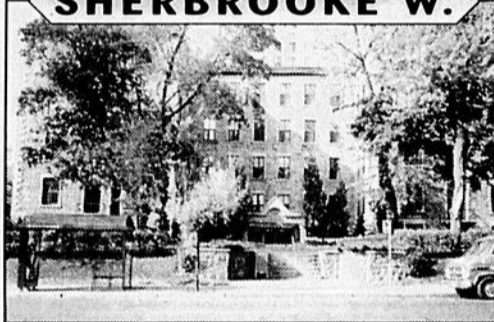
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ROYAL LEPAGE

A two-year old's fingers grasped a toy guitar. With a small stick, he tried desperately to mimic the violin music he had heard. Cedric was too young to read or write, but he could feel the music.

From that time, he has been stepping confidently into the violin world. With his ongoing desire to study this instrument, he has created his present self. Does Cedric Cohen-McCollum at age 15 have what it takes to be recognized as a violinist with a future? Just hear him play!

"Our family is not musical," admitted his mother, Lolita Cohen. "We're not quite sure how all this happened."

To feel the breath of music in your soul is an innate sense. Cedric's blossoming talent has proven this fact in his continued discovery of his violin aptitude through new compositions.

Sonia Jelinkova, a former Montreal Symphony



Cedric Cohen-McCollum

Orchestra member, has taught Cedric for five years at Le Conservatoire de Musique de Montréal.

"He is a pleasure to work with," she commented. "He learns quickly and enthusiastically. I have taught people from all parts of the world such as Belgium and Munich, and Cedric is unique and so gifted."

He has been labeled a prodigy, and a miracle violinist. How has the music moved him?

One late afternoon, as autumn was beginning its dip into colour, I met Cedric Cohen-McCollum. In the living room of his Upper Westmount home, I faced a quiet, composed and unassuming 15-year-old. There was no haughty demeanor of one so blessed, just an aura of an individual firmly entrenched in his musical dedication. Our entire conversation concerning his life was open, as he explained his routine of balancing schoolwork with violin practice.

By profession, Cedric's mother is an organic chemist and his father is a biochemist. Through past generations, neither side of the family has ever displayed any musical abilities.

(continued on page 21)



Professional artists who are 35 years old or less, have Canadian citizenship and are interested in representing Canada in the cultural competitions should register now. The artists in the Canada Component will be chosen by juries in December.

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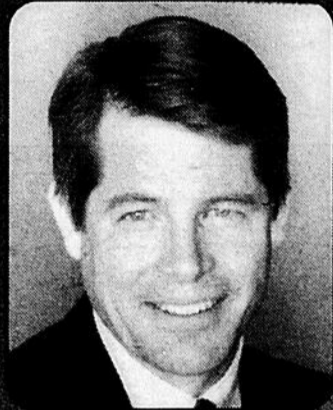
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**Dr.
Douglas
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**Boutique
Avantage**

**AN ADVERTORIAL LOOK
AT SOME OF THE REGION'S
FINEST BUSINESSES AND SERVICES**

Restaurant Tao



The dynamic new Oriental restaurant that has everybody talking featuring fine Szechuan, Thai and Cantonese cuisine

Since Restaurant Tao opened over a year ago, it has managed to fill a void in the Westmount area by providing local diners with an Oriental restaurant that specializes in a unique array of Asian dishes. The diverse menu is not restricted to Thai or Szechwan, but instead features cuisine from all over the Pacific Rim.

One of the favourite dishes with diners so far has been the spicy chicken with Thai sweet basil and cashews. Some other popular items on the menu include the spicy Pad Thai vegetarian dish, orange ginger beef, and szechwan shrimp with crisp spinach, not to mention a wide range of chicken and duck dishes that includes the delicious General Tao chicken. For an appetizer, you have to try the Hunan dumplings in peanut sauce and dark soy.

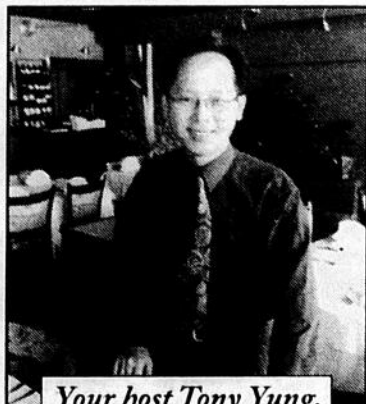
Everything at Tao is reasonably priced, in fact items on the lunchtime menu range from \$7.95 to \$12.95, while the evening specials run from \$10.95 to \$14.95. Our delicious rice and noodle festival is now on for only 5,95\$.

The quiet, spacious dining room overlooking Victoria Avenue offers a comfortable atmosphere for anything from an intimate dinner to a large gathering.

Reserve now for your Christmas parties or any other special event. We will tailor make the menu to suit any budget.

Restaurant Tao also offers a catering service. Great for the holidays. We'll prepare all your favorite dishes in the restaurant, at the office or in your home and you are ready for a holiday feast.

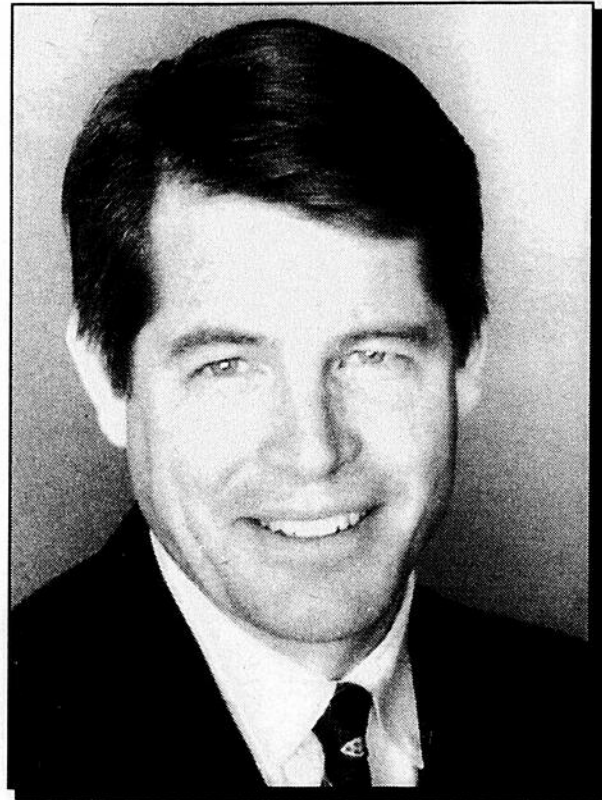
**Free
delivery**
to Westmount
from 5 p.m.
(minimum 10\$)



Your host Tony Yung.

Restaurant Tao
374 Victoria Avenue
Tel: (514) 369-1122

Dr. Douglas Hamilton



In the good old days, the doctor-patient relationship could be characterized as passive dependent—the doctor was the boss and the patient was dependent on his knowledge and expertise and did as he was told.

Here in Westmount, family dentist Douglas Hamilton is working hard to change this. "In my practice, we strive for patient empowerment and focus on overall health, instead of disease. We help our patients to learn about themselves: we show them x-rays and models of their teeth, we encourage questions and involve them in a consultation process.

"When we meet with new patients, we listen to them. We take as much time as they need to feel understood and comfortable. We help them decide on their future dental health and offer short and long term solutions to help them get where they want to go."

A graduate of the McGill School of Dentistry, Dr. Hamilton has been practicing in Westmount for 17 years and has been at his current location for 11 years. Besides preventive services and simple restorative dentistry, he and his team focus on implants, and cosmetic reconstructive dentistry. Dr. Hamilton is currently using the latest technologies such as bleaching, cosmetic veneers and titanium implants used for replacing missing teeth. He is even treating sleep apnea, a condition characterized by snoring and intermittent cessation of breathing, which can have serious health consequences.

While emerging technologies help to improve the quality of today's dental care, the team at Dr. Hamilton's practice stresses client comfort and follow-up. "We emphasize preventive dentistry and communication," he said. "Through our newsletter, new web site and frequent client consultations, we focus on listening to and informing the patient rather than just treating pain."

You Deserve Thorough, Personalized, Punctual Care... Every Time.

Dr Douglas Hamilton DDS
245 Victoria Ave
(between Ste Catherine and de Maisonneuve)
Westmount
937-3008

Timothy Beal, Personal Chef

Chez Vous
PCS

PERSONAL CHEF SERVICE



A 21st Century Dining Experience



Dreaming of a wholesome, home-cooked meal, but don't have the time to do your grocery shopping, menu planning and cooking?

Tired of dining out? Are you on a first-name basis with the pizza delivery driver? Is your fast-paced lifestyle getting just too expensive by eating outside of the house all the time? Tired of wondering, "What's for dinner?"

Timothy Beal of Chez Vous Personal Chef Service has the affordable, time-saving solution.

The Personal Chef Service is an ingenious concept that has become more and more popular in the United States and Canada over the last few years.

The purpose of Chez Vous Personal Chef Service is simple: To ensure that you enjoy the convenience and affordability of quality meals in your own home with a minimum of work.

How it works:

Chez Vous PCS will do the grocery shopping, then come to your home to prepare the meals. A typical menu includes five different entrees, prepared, packaged and labeled for your refrigerator or freezer. At the end of the day, they will clean up your kitchen so the only thing left to do is put dinner on the table.

Chez Vous
PCS

Whether you would like a few of your traditional family favourites, classic french cuisine or some great new menu suggestions, Chez Vous Personal Chef Service will accommodate:

1. Customizing your menu plan: adjusting menu items, number of meals and portion size.
2. Do all the necessary grocery shopping: providing quality meats and fresh produce.
3. Prepare the meals of your choice right in your home and place them in your fridge or freezer (they even bring their own pots and pans).
4. Clean up everything afterwards, leaving your kitchen cleaner than when they arrived.

Think of it: quality meals that can take hours to prepare will now only take minutes to serve. A Personal Chef takes care of everything—no more waiting for parking spots, wheeling your shopping cart down crowded aisles and standing in lineups at the checkout. No more peeling, slicing, chopping, boiling, braising, frying, sautéing... in short, no more stress!

An ideal service if you are:

- * Busy working professionals
- * New or expecting parents
- * New homeowners
- * Senior citizens
- * Recuperating patients
- * You just want to save time and eat healthier, wholesome meals

Think of the ease and peace of mind you will

have when you are able to forget about cooking.

If you are on a diet, Chez Vous Personal Chef Service can help you meet your goals. All meals are portion-controlled and can be tailored to meet many dietary requirements.

With advance notice, Chez Vous Personal Chef Service will take care of all your entertaining needs, too: dinner parties, birthdays and anniversaries.

LIFE BEFORE CHEZ VOUS: Bland, tedious, mass produced food bought in a store or delivery from any one of the restaurants that you have programmed in your speed dial.

LIFE WITH CHEZ VOUS: Great food tailored to your specific tastes, made in your kitchen.

**Just give us a call
and we'll do the rest!**

CHEZ VOUS PCS

Phone:

**514-831-CHEF
(2433)**

Web: www.chezvouspcs.com

E-mail: tbeal@chezvouspcs.com

Camp MaroMac An Example of Professionalism in the Camping Industry

485-1135



Camp MaroMac's unique family atmosphere is only one reason why campers return year after year. Set on 100 acres on beautiful, super-clean Lac Quenouille, Camp MaroMac offers first class playing areas, exceptional facilities, exciting programs and excursions, highly professional instruction and very personalized care of each and every camper.

The camp is family run by Joseph, Esther and Syd Marovitch and their hand-picked staff. All are qualified and experienced educators as well as parents themselves and "leave no stone unturned in their efforts to provide a safe, secure and fun filled experience for their 180 campers." (QCA-ACQ). Since 1968, campers have been coming from all parts of Canada, United States, Europe, South America and Israel to form an international melange.

The directors are very proud of their latest Millennium Cabin Renovation Project which now provides all MaroMac's campers with the comfiest, most homelike camp cabins anywhere. Bright knotty-pine interiors, heating, hot & cold water and spacious built-in storage areas are some of the features, in addition to excellent programs, new friendships and caring staff that make MaroMac campers summer experiences so special. Campers live in groups of eight with up to four



staff. These staff are college and university students as well as professional teachers ranging from 18 to 25 and older.

Campers are given an abundant exposure to all activities and have the opportunity to concentrate on a selected area of interest. In addition to resident instructors, professional guest instructors visit camp on a regular basis to provide intensive clinics in such activities as: Tennis, Water-skiing, Bicycling, Baseball and Kayaking. These instructors come from the ranks of such schools as Rockland Sport, Concordia, McGill and Ottawa Universities, to mention a few.

Dr. Ernie Seidman, the well known pediatric gastroenterologist at Ste. Justine Hospital, and Dr. Steven Liben of the Montreal Children's Hospital coordinate Camp MaroMac's modern clinic with the help of a nursing team. In addition, the camp is located within 15 minutes of a general hospital.

At Camp MaroMac your child will meet new friends as well as renew old relationships, while having the most exciting time of his or her life. Many lifetime relationships have been developed and nurtured at MaroMac.

In its most recent in-depth report, based on a full day camp inspection, the Quebec Camping Association reports, "Camp MaroMac continues to provide leadership in the field of camping in Quebec, and is exemplary in its professionalism in the industry."



Camp MaroMac welcomes newcomers and veterans for our big Open House and Reunion on Sunday, November 5, 2000 at Roslyn School, 4699 Westmount Ave., from 2:30 p.m. to 4 p.m.

Miss Edgars and Miss Cramps School

Admissions Tests for Grades 6-11 take place on November 9, 10, and 14.

Admissions Tests for Grades 1-5 take place from November 27 to December 1, 2000.

Interviews for Kindergarten are on December 4, 5, 6, and 11, 12.

For information please call 935-6357.

Miss Edgar's and Miss Cramp's School, known affectionately as ECS, has been ranked the number one English private school for the fourth consecutive year by the MEQ, based on a 100% success rate and the highest average mark, in the uniform provincial exams.

"Our goal is not only to prepare girls for their next level of education, but to have the confidence and skills to succeed," explained Susyn Borer, ECS's Head of School. "We believe that teamwork, communication and problem-solving in academics and co-curricular activities are the foundation of a solid education today," she said. Public speaking and debating are just two of the many co-curricular activities that ECS teachers and students value.

What can you expect from your daughter, whether she is presently in Kindergarten, Grade 4 or Grade 11 when she graduates from ECS in the 21st century?

She is someone who:

"Has developed the capacity for independent and critical thought"

"Possesses a set of positive leadership skills and attitudes"

"Has developed the ability to take responsibility for her own learning"

"Has the skills necessary to make choices that support a balanced lifestyle, while taking calculated risks"

"Has attained a sense of competence on academic, athletic, and social activities"

"Is respectful of the dignity and worth of all people"

The raison d'être of ECS is to prepare students to be able to solve problems that have not yet been identified, using technologies that have not yet been invented, based on scientific knowledge that has not yet been discovered.

The School expects their students to be life-long learners, to be critical thinkers, to demonstrate communication and interpersonal skills such as cooperation, being a team-player, thinking critically, showing initiative, being provocative, having an open mind, and being responsible and flexible.

The reforms passed by the Ministry of Education make up only a small part of ECS's long-range plan and vision for the 21st century, the ECS Strategic Plan. Teachers have adjusted their philosophy of learning as follows:

"From linear to interactive learning"

"From instruction to construction and discovery (part of the Ministry of Education's constructivist approach)"

"From teacher-centered to learner-centered education"

"From teacher as transmitter to teacher as coach and facilitator"



Susyn Borer, Head of School

"From memorizing to and recalling information to learning how to access, analyze and synthesize material and create new knowledge"

"From one-size fits all to customized learning by way of enrichment and remedial programmes"

The use of diversified teaching practices such as problem-based learning, online learning, real-life explorations and simulations and cross-curricular teaching are all helping students to become more responsible for their own learning as well as to be critical consumers of information.

A wireless laptop program has been initiated at the Grade 9 level this year, and will be phased into the rest of the high school.

"Media skills are important," said Ms. Borer, "but it's more than simply learning how to use

a CD-burner or a DVD player, it's about learning how to approach new technologies without fear. We have completely reconfigured the classrooms so that the girls work at large tables, allowing them to immediately communicate with each other as they discover new things."

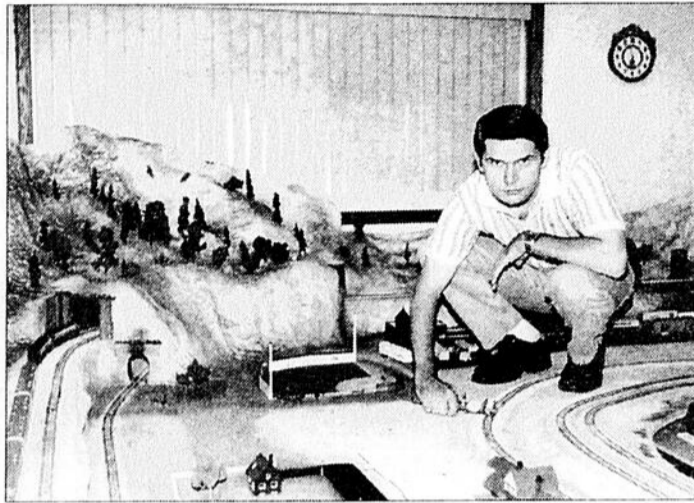
The ECS Strategic Plan, the Ministry of Education's reforms, technology-assisted learning, and ongoing staff and professional development all work together to support the implementation of the School's vision for the 21st century. ECS values, traditions, and special events, the underpinnings of the school, remain constant and give the School the stability and confidence to embrace the new century with enthusiasm and courage.

525 Mount Pleasant

935-6357

Trainmasters:

Professional Model Railroad Consultant



Do you remember when you were a child and there was that model train set waiting for you on Christmas morning? Remember setting it up to ride around the tree?

René Miller of Trainmasters can help you revive your passion for model trains by bringing you back to those memorable times. If you have always wanted your own full model train layout but have been overwhelmed at the local hobby shop by exuberant prices, pushy sales people, and just not understanding how it all comes together, then we can help you.

"We're not a hobby shop or a retailer, but a service," René explains. "We're going to save you money by telling you exactly what you need and what you don't need. Our job is to build you the best layout."

Trainmasters can do it all for you, starting with your dreams to the finished product of a running model railroad in your home. We will take our time to explain to you about the 'gauge' of the layout, whether Z, N, HO, O, or G, and we will advise you what to do with it and where to put it. How big do you imagine your layout to be? How do you want your track design? Trainmasters will give you a complete explanation of system operation options and will take the greatest care to build your custom train layout to exact scale and as realistically as possible to fit your preferences and budget.

There is no job Trainmasters can't do, from building a model bridge to the scale - sized softball field we recently completed for a satisfied client, we assure you that there is no budget too small or too big to make your dreams come true.

From consulting to construction, we have your answers.

"We give you a professional consultation prior to any project you may be planning," says René, who has loved trains for as long as he can remember.

"Trains have been a passion for me for many years. There's nothing better than seeing the expression on somebody's face when they see their finished product," he explains.

Trainmasters clients have always been satisfied with the work done for them. "You need to have an expert like René to put together a good train set," said Howard Labelle.

"I highly recommend René and I plan to use his services again in the future," said Gordon Baum.

"René knew exactly what I wanted and it looks great," said Howard Pashlin. "René has the technical expertise that is sorely lacking in the hobby shops," said Lyon Kunin, a major supplies distributor in Quebec.

René left his profession as a machinist to dedicate himself to this passion that has become his business. "This is a dream job for me," he says. "I want to share my passion with other people now."

Trainmasters takes pride in being able to say that if we can't get it for you, we'll build it for you. No matter how big or small, custom is our job.

Trainmasters

Professional Model Railroad Consultant
Layout Building/ Custom Painting/ Kit Building

René Miller

tel: (514) 992-0826

email: trainmasters2000@email.com

web: www.trainmasters.8m.com

Concerto Pour Elle



Concerto Pour Elle opened its Green Avenue flagship store on September 28 with an exciting new line of sporty yet elegant casual wear. Owner Mireille Ripoche de Keiser is excited about introducing the exclusive line to Canada. "I came to Canada with the hope and plan that I would be able to introduce the beautiful line to Canadian women. After two years of research and perpetration, my dream is coming true."

The exclusive French line Mat de Misaine is designed and manufactured in a fishing village in France on the Atlantic Ocean. "With this line of clothes, you will discover a veritable new art of living in comfort, lifestyle and quality," she beams.

The nautical line was originally designed for sailors and evolved into an authentic and innovative quality line of nautical-like casual wear, in which Mireille believes "you can actually feel the ocean wind blow in its leisure."

The classic and elegant yet understated collection features a diverse line of sportswear that is rich in both textures of wool, angora, cashmere, silk and cotton, and in its colors. Mireille is looking forward to a fuller spring line, which will arrive some time in February, and is confident that the present autumn/winter line will delight the client who is looking for a distinct new exclusive style.

The objective of the store is to offer her clients the exclusivity of an imported European line and yet a choice. Understanding the concept of exclusivity, however, the savvy owner purchases only one garment in a design in each size which range from 36 to 46 and sometimes a 50.

Mireille realizes that time for many clients is at a premium and some may not be able to work the store hours into their schedule. For that reason she offers a personalized service where she will make appointments that work with the client's agenda.

Although Mireille has been working on learning English, she does keep a dictionary at her side and apologizes that she is not as bilingual as she would like to be.

As part of the objective of the stores to make beauty available to her clients, Mireille will be featuring a variety of artists' work. Presently she is featuring an inaugural exhibition by artist Lise Charbonneau.

Concerto Pour Elle

1216 Greene Avenue

Westmount, Quebec, H3Z 2A3

(514) 933-8817

St. George's School of Montreal



Louise Marzinotto, Director of High School.

Founded in 1930, St. George's School is a unique, student-centered learning environment for children from pre-kindergarten to grade 11.

"We make all our decisions based on student needs," explained James Officer, principal of the school since 1993. "Our philosophy is a progressive education according to the Dewey system of child-centered learning. Children always learn best when it is a hands-on experience. Learning should also be fun, because when they enjoy themselves, learning is automatic."

The newest member of St. George's staff is Louise Marzinotto, director of the high school, who joined the school in July.

"St. George's offers children the education that suits their needs," said Ms. Marzinotto. "The school believes very strongly in giving students choices in the subjects they study as well as at the right level for the child."

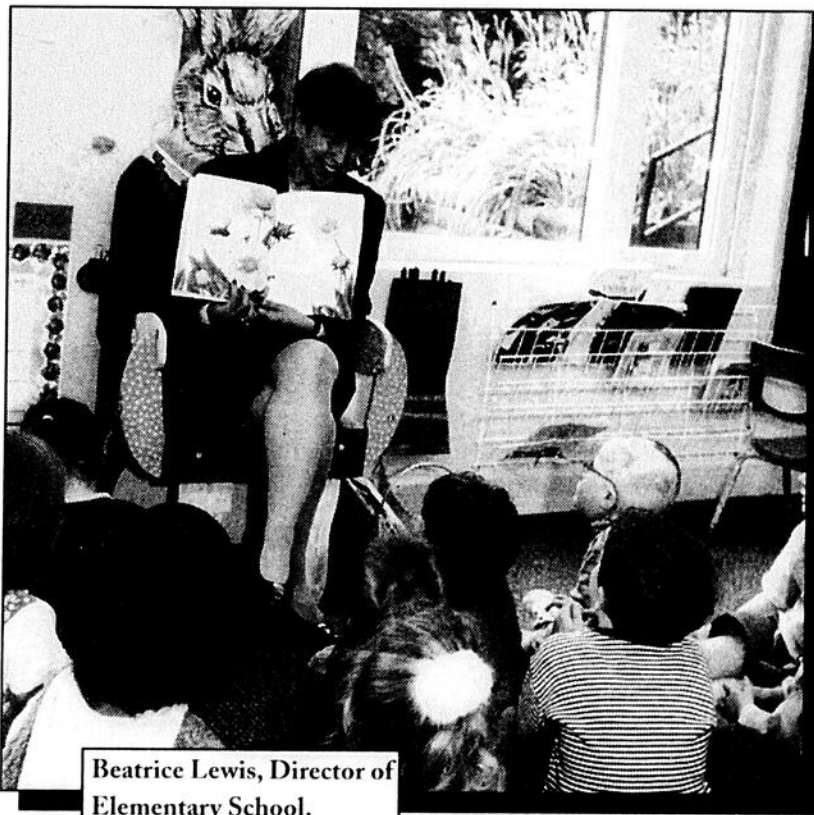
As the first co-educational school in Montreal, St. George's heralds six major progressive principles as inherent to learning. The first is the avoidance of busy-work, and close cooperation between the school and home. The second principle is that learning comes from doing. Every child has the healthy, natural desire to make things; and a child's mind is never so active as when his hands are doing a piece of constructive work that interests him.

Free interchange among children and teachers, as well as group-oriented work is the third principle St. George's has been practicing with many years of experience now—all prior to the Ministry of Education's recent reforms precisely calling for increased group work and curricula. Subsequently, St. George's encourages that children become socially conscious and can work in groups while yet retaining their identity. This year, grades seven and eight will participate in cross-curricular projects as part of the integration of all of the new provincial education reforms.

"Since St. George's has always been a progressive school, there is very little we have to do to implement the new reforms," said Ms. Marzinotto.

St. George's believes that the modern school should allow for differences in personality, encourages them, and provides a rich environment in which the native ability of each child may blossom. Creativity is an important educational building block that St. George's kindles within every child. As Dewey said, "The modern school encourages the creative spirit from within, rather than conformity to a pattern imposed from without."

St. George's approach to education has won them the Chretien Award three years in a row for science-teaching excellence in addition to the school's stellar artistic reputation.



Beatrice Lewis, Director of Elementary School.

"Education has always been the most conservative element of society," explained Mr. Officer, "but with the changes and advancements of our age, education has to become more progressive now. Change has to be seen as an opportunity to be better and to make things better."

In the high school, small classes averaging 16 children allow teachers to pay special attention to the needs of every child, a priority that is further enhanced by an 'advisor system'. There is a ratio of one advisor for every ten children, who helps students cope with their academic work as well as with personal concerns.

"The advisor gives additional instruction when needed, and if a problem arises with a student, the teacher is able to consult with the advisor for a personal touch," said Ms. Marzinotto.

The high school curriculum is catered to the aptitude levels of every child, whether the student has special needs or is able to advance and gain credits in various subjects to be applied already to CEGEP or university.

The high standard of academics are not to outweigh St. George's excellence in art and drama.

"The school will be presenting five major drama productions this year, one of which is a musical," said a beaming Ms. Marzinotto, already looking forward to helping out.

"There is a very high level of commitment to the drama projects," said Mr. Officer. "They are very disciplined and require much cooperation between teachers and students."

St. George's is staffed with full time teachers aiding in student life, helping international students make their stay as beneficial as possible, as well as computer instructors and technicians ready to explain the details of our technology age.

The Elementary School, meanwhile, is a warm, nurturing environment rich in resources and well-equipped with its own library, computers in every classroom, hands-on educational tools and colourful walls. A sense of family and home warm the halls and every class where children are eager to learn.

With a 13 children to one teacher ratio plus regular teachers assistants, the school successfully applies a whole-child approach to education, explained Beatrice Lewis, Director of the Elementary School.

"There can be vast differences in children despite them being the same age or in the same grade. We look at a child not only from the perspective of intellectual development, but also from emotional, social, and physical development," she said.

The communication lines between parents and teachers are also very strong, explained Ms. Lewis. "We have student-led interviews instead of parent-teacher interviews," she said. "The child has a portfolio of his or her work, and shares with the parents what his or her goals were, and how far they were achieved."

St. George's Open House for the Elementary School is on October 18 and 19, 2000 from 9 a.m. to noon. The High School is on October 19, 2000 from 6:30 p.m. to 9 p.m.

Elementary School
3685 The Boulevard
Westmount, Quebec
486-5214

St. George's School
of Montreal

High School
3100 The Boulevard
Montreal, Quebec
937-9289

Boutique Avantage

Prêt-à-porter
sizes 6-18

A success story since 1983

Josée Daigle and her mother Liette, who also happens to be her partner, display a touch of New England class with their cozy, uniquely decorated Boutique Avantage. Situated in Place Beaumont Shopping Centre since 1983, the front of the store portrays a small taste of the classic chic womenswear displayed beautifully inside the spacious store. With soft rock music playing at just the right decibel in the background, clients browse freely without any pressure from this professional mother-daughter team. Both have been TMR residents for over thirty years and say they owe the success of their business mostly to their faithful clients who come from all over and range in age from eighteen to seventy-five years! The origin of the boutique is a true retail success story. Previous to 1983, Liette was working for an oil company in the credit department and Josée was working in a fashionable Greene Ave. boutique in Westmount. Together with their complementary fashion / business backgrounds, they decided to open their own business.

Like most small businesses they started with a small space, a reasonable inventory and a meagre budget. 'We bought classic, sharp clothes that would appeal to

a wide age range and we sold practically everything in one day!', said Josée. Much to their surprise, they were obliged to extend their inventory instantly. Only one season later the boutique grew and they sublet a small portion in the back of the store for a scaled-down lingerie section. Because of their astute business sense and cautious budget planning they were able to realize a profit within the first year



and pay themselves salaries. In 1996 while most retailers were feeling the pinch of low consumer buying, the Daigles decided to expand. After the travel agency moved out next door to the boutique, they quickly rented the space and created a womens' sportswear section. According to Josée it is a 'sweater paradise' consisting of sweaters made from fabrics such as wool, cotton, silk blends and synthetic fibres in all different styles of prints and solids. For seventeen years the popularity of this boutique has grown in a big part through word-of-mouth but is definitely also due to both women's friendly personalities and personalized service. Retail is still a service industry where clients want to be recognized and treated with respect. These women have just the right blend of independence and helpfulness to put clients completely at ease. They truly portray a sincere interest in the needs of the customer. The larger part of the boutique offers extremely well-coordinated knits and suits, dresses, shirts, and jackets including designers like Jones, Liz Claiborne, Jax and Nygard. Boutique Avantage offers seasonal classics backed by a few trends such as pants and shirts made of lycra and stretch fabrics,

from many top designers and our own private label! Gift certificates are available with lots to choose from including a great accessories department (socks, scarves, hats, gloves and jewellery) **One other important detail not to be forgotten - both taxes are absorbed by the BOUTIQUE AVANTAGE - a hidden gem well worth the trip!**

Located at Beaumont Shopping Centre,
1264 Beaumont,
Town of Mount Royal,
(514) 733-1185

Monday to Friday 10-6, Saturday 10-5

Metcalfe House returns home

by Marilyn Vanderstay

The Metcalfe House has returned to its home in the Westmount Public Library after years of being lost after the renovations in the early 1990s.

The miniature dollhouse, an exact replica of a house that was built at 177 Metcalfe Ave. in 1896, was constructed in Toronto in 1979. The artisan donated the house to the Westmount Library in 1989. It was inadvertently put aside during renovations, however, and was discovered in the city yards in 1995. Children's librarian Wendy Wayling adopted the project of having it restored.

The original house was demolished in 1976 to make way for an addition to the Reader's Digest building on Metcalfe, in accordance with Westmount bylaws for area around a building. Westmount Historical Association Vice President Philip Dombowsky believes that "greater effort should have been made in saving it."

The dollhouse, which was constructed to the scale of an inch to a foot, replicates the original house built in the Japanese Victorian style of architecture that was popular at that time in Westmount and parts of Montreal. Warwick Hatton, an architect, and Beth Hatton, a former librarian, in fact featured the original house on Metcalfe in the book 'A Feast Of Gingerbread'.

According to Dombowsky, "The 177 Metcalfe House was the most unique example of 'gingerbread architecture' in Westmount."

The dollhouse was furnished with miniature furniture that would have been the style in the 1890s, carpets and wallpaper, which the artisan collected for 20 years. She painstakingly reproduced the rooms as they would have been designed. As a result, the work is a history lesson in the lifestyle of the day.

Wayling started her renovation project by attending a show of the Miniature Enthusiasts of Montreal (MEM), where she met Marie Mackey and Linda McTier, two miniature enthusiasts who had heard about the house. The two volunteered to refurbish the damaged dollhouse to its original state, respecting the integrity of the artisan and the house.

McTier painstakingly polished the furniture and accessories, as well as replacing the wallpaper which was torn, faded and dirty. She looked to MEM member Bev Lun, an accomplished needlework expert and well-schooled in the maintenance of fine pieces for advice on cleaning the original needlepoint carpets.

Correspondence with the artisan did not result in photos of the original work, so the two women have spent hours detailing the design of the house inside

and out, recreating as much as possible the way the original artisan might have set it up to reflect the lifestyle of the 1890s. A tour of the three bedroom house starts in the back with the kitchen, which features a wood burning stove, a kitchen table and chairs, a needlepoint carpet. Details such as miniature cookie sheets, food, dishes and cutlery are all appropriately placed.

The bedrooms feature toys of the era, such as a toy cannon and a dollhouse, ruffled bedskirts, clothing, antique furniture and mirrors, and paintings on the

walls. The sewing room features a treadle sewing machine, shelves stocked with bolts of fabric and an ironing board with iron. The living and dining rooms feature velvet furniture, lamps, chandeliers, books and drapery. As the house is still 'under construction', a workroom features paint sheets draped over furniture, pots of paint, workhorses and a ladder. There is a birdhouse with a bird on the upstairs balcony, and children playing with a dog on the lower level.

(continued on page 20)

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- You are seen as a leader among your peers
- You always seem to be working more than those around you
- You have experience dealing with people
- You are assertive and tenacious
- You have established business relationships
- You have a track record of credibility
- You are a proven performer

IF YOU SINCERELY WANT TO SUCCEED - THEN LETS TALK!
LIMITED POSITIONS AVAILABLE.

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(continued from page 19)

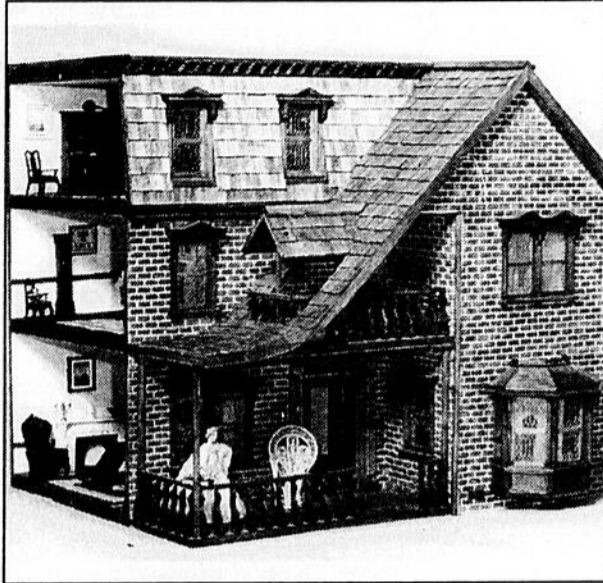
The exterior of the house is bricked and mortared. The roof is authentically shingled with wooden shingles, and the windows are real, made of etched glass. The house is wired for so that the house will eventually be lit up.

An unveiling of the house, which is a thrill to children for its storybook look, and a delight for adults for its beauty and detail, will be held this Friday night at a 'by tickets only' vernissage at the Children's Library.

The dollhouse will stay in its new installation in the Children's Library, where library patrons and visitors can view it during library hours. It will sit at a child's eye level on a pedestal table with a full basement drawer under the house to hold accessories and decorations to mark the changing seasons and annual events for the children. The house will be protected from eager little fingers, however, under a protective plexiglass dome.

Originally the house sat in the office of former Chief Librarian, Rosemary Lydon, who had made the original agreement with the artisan to accept the donation of the house. She recounted how the children would come by her office to look at and try

to touch the house and its dolls. Lydon, who now works as a librarian in Ottawa, was thrilled to hear that the house had been found. "Thank goodness it is still in existence," she said. "You've made my day!"



The Metcalfe Doll House

Harvest Moon to shine on Saturday

This Saturday, October 21, St. Andrew's-Dominion-Douglas United Church on The Boulevard will host its second annual Harvest Moon Sale.

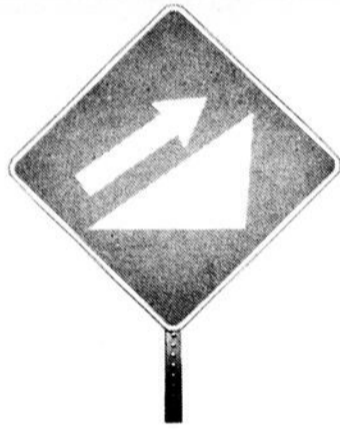
The bazaar will feature a tempting array of delicious baked goods, jams, pickles and other homemade confections. Christmas gifts, decorations, toys, books and hand-crafted items will also be offered for sale. Special features include an art gallery, a silent auction and an activity centre for children. Visitors may choose to sample the luncheon fare offered at the Harvest Moon Café, the Victorian Tea Room or the Pearl of the Orient.

Funds raised at this annual congregational event support the work of the Church. Doors open at 10 a.m. and the event will run until 3 p.m.

St. Andrew's-Dominion-Douglas Church is located on The Boulevard between Lansdowne and Roslyn Avenues in Westmount. Busses 124 and 66 stop at the door.

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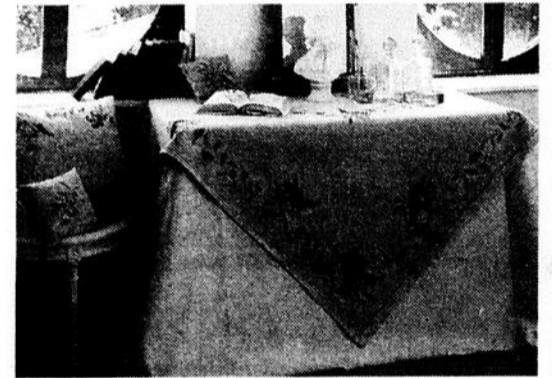
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(continued from page 10)

With the appreciation of their son's destiny, they have supported his magical musical aspirations. Even the family room bears a distinct resemblance to a music room, with its piano against the wall, sheet music, classical CDs overflowing on the coffee table and, of course, the violin.

Cedric Cohen-McCollum was born on July 20, 1985 and his musical interest was close to immediate. "When I was two, I went with my mother to pick up a book from her friend who was a violin teacher. I watched a lesson and I didn't feel like leaving. I wanted to hear the music."

By age five, Cedric's violin instruction began. From 1990-1996, he began private lessons with Dragan Jerkic, accompanied by harmony and theory lessons at McGill University. From 1996 to the present, Cedric has been studying at the Conservatoire de Musique de Montréal. In addition, every two or three months he travels to Nycack, New York to study under Julliard's violin teacher, Dorothy Delay.

Summers are filled with the sounds of music. In 1996, Cedric received a scholarship from the Aspen Music Festival to attend their summer school program. When he was 10 years old, he was the youngest violinist to be playing in the Aspen Festival Orchestra. In 1997, he was granted another scholarship to attend the Music Academy of the West in Santa Barbara, where concert playing is accentuated. During the summers of 1997, 1999 and 2000, Cedric returned to Aspen to enrich his orchestral experience.

The classical genre is his musical preference, and daily practice is an integral part of his schedule. At Herzliah, he excels in his academic studies and upon his high school graduation in June 2001, he will have also earned a Bachelor of Music (University Level) from the Conservatoire.

Numerous awards have been bestowed upon him. In 1993 and 1995 he was the prize winner for young

soloists under 16 in the I Musici de Montreal competition, and in 1997 he was awarded first prize with Symphonic Orchestra of Mont-Royal. He earned second prize for the 18-and-under category with the Montreal Symphony Orchestra, and this past May he was the only string player chosen by the Conservatoire to play for the Réunion des Gestiionnaires.

Radio appearances and concerts in Montreal occur frequently, but this past summer was quite memorable for Cedric. Entrancing audiences at the 2000 National Music Festival in Halifax, he was chosen as the top competitor at the Grand Award Competition, among six winners of the brass, chamber music, piano, strings, voice and woodwind competitions. This concert showcases the highest level of talent and accomplishment by the 53 competitors in the National Music Festival.

Cedric's 10-year career has struck a resounding chord in the music world, and he is planning to attend the leading school in the performing arts, Julliard in New York, after high school.

As I closed my notepad in preparation of my departure, I could not resist the temptation inside me. I faced Cedric and said, "Would you please play for me?" Settling back on the couch, I watched him pick up his instrument and deftly arrange it. With the first touch of the bow on the strings, the mesmerizing music began to flow. Just as spellbinding was the physical transformation of Cedric. He stood taller, appeared wiser, and radiated an elegance as he became immersed in his music.

The violin defines Cedric Cohen-McCollum, and as he continues to perform throughout the country and beyond, we shall surely read about his accomplishments. When that time arrives, I shall recall what a pleasure it was the day I met a 15-year-old boy with a violin, whose musical talents were apt to surpass the ordinary.

How did I know? I just had to hear him play.

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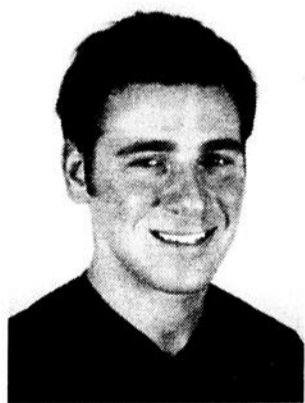
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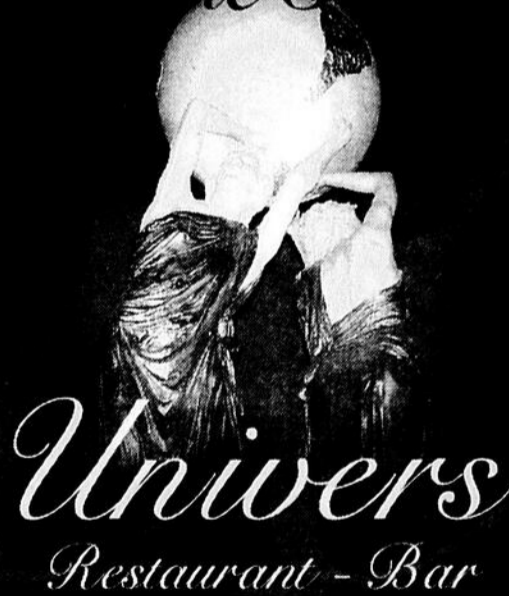
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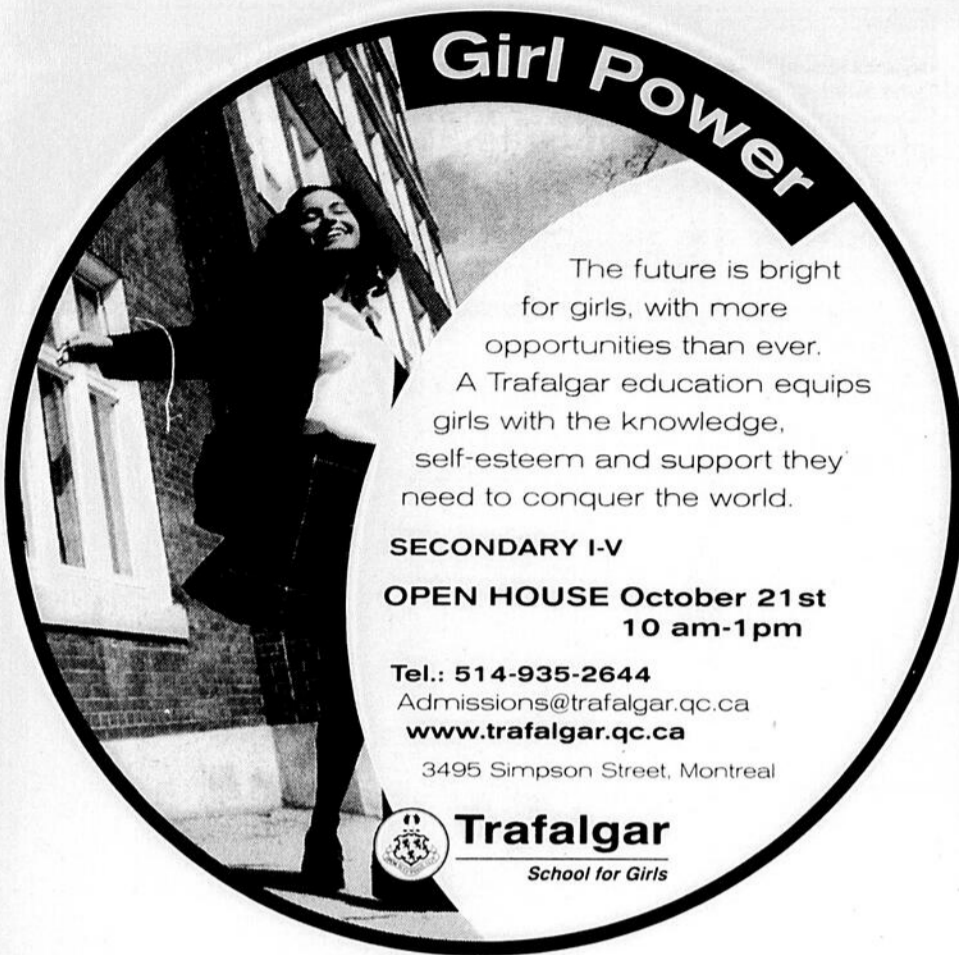
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Drouin to discuss air quality at HCP breakfast

The Westmount Healthy City Project invites you to a presentation and discussion on the health implications of air quality with community health expert Dr Louis Drouin next Wednesday, Oct. 25 at 8:30 a.m. at Victoria Hall.

Dr Drouin is director of the occupational and environmental health unit of Montreal Centre's public health department. Harvard-trained Dr Drouin also holds positions at McGill and the Université de Montréal. Since the early 1980s he has led many research projects in community health in the Montreal area.

His presentation will include some of his current work on indoor air quality and asthma.

This public event supports the City of Westmount's campaign to reduce idling engines and improve air quality. It follows successful breakfast meetings as part of the Healthy City Project's Earth Day activities in April this year.

There will be a 30-40 minute presentation, followed by a question period. Coffee and muffins will be served. Seating is limited so please reserve by phoning 989-5226.



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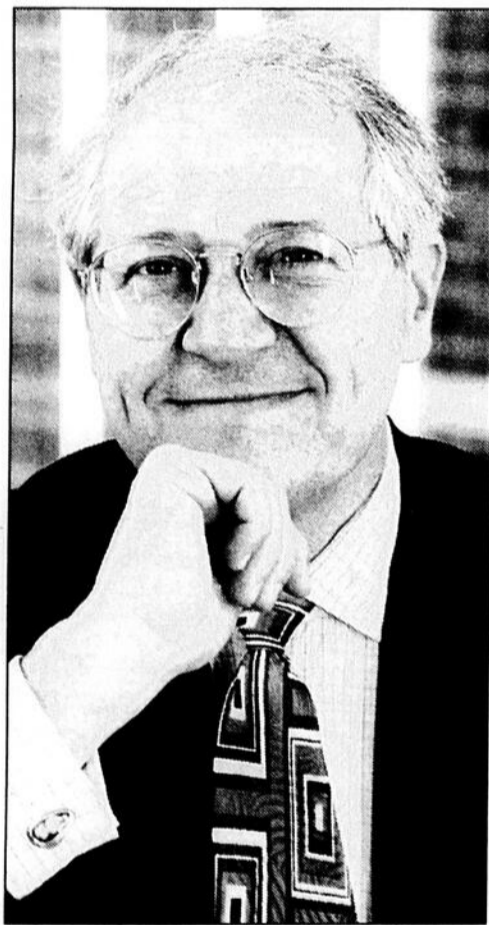
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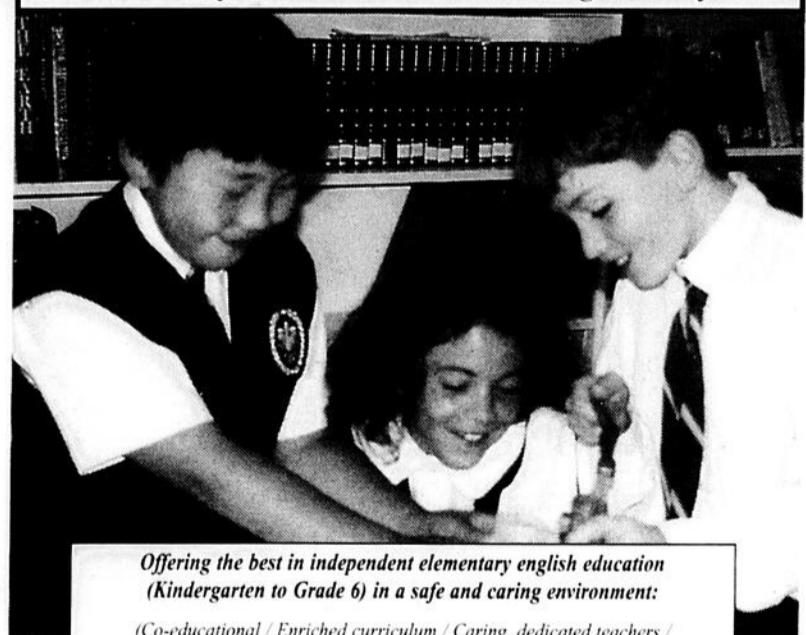
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It's time we heard from citizens—Trent

(continued from page 5)

"I'm surprised that after 16 months of yammering on about 'one island, one city' that nobody's really said we should find out what citizens truly think. We haven't heard from citizens and it's time we heard from them—the basis of our democracy. We feel this process is the most democratic way to do it."

As Westmount positions itself for a referendum, Trent has meanwhile been busy quelling speculation that he is interested in running for mayor of the island-wide city—something he said he is not even considering, as saving Westmount is by far his first priority.

On Tuesday he wrote a letter to The Gazette expressing his outrage at an article in last Saturday's edition that suggested he was eyeing the 'top job' in the proposed mega-city.

"In order to set the record straight," he wrote, "I shall use the rather immodest expedient of quoting myself from your own newspaper: On being asked whether I was interested in the job, I said, 'I won't even attempt to answer a hypothetical question like that.' Sure sounds like a 'no comment' to me."



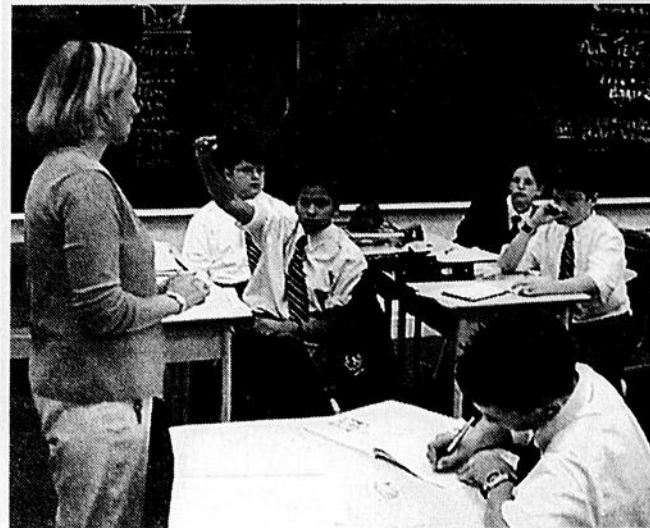
Mayor Peter Trent at last Friday's press conference at City Hall

Photo Martin C. Barry

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Westmount Youth Orchestra tunes up for a new season

By Patrick A. Kerkhoven

Each Saturday morning, a love for the classics lures 50 young musicians from their beds and draws them to Victoria Hall, where the Westmount Youth Orchestra holds its weekly rehearsal.

There, under the baton of conductor Mark Simons and a team of section coaches, they learn the finer points of their instruments while diligently working on the WYO's repertoire.

Simons has been conducting the WYO since its inception five years ago, and his only regret is not getting involved sooner.

"This is my fifth year, and the orchestra has steadily improved with every year," he said during a recent rehearsal break. "I discovered the youth orchestra experience rather late in my musical career. I had private lessons ever since I was 11 years old, but I never played in an orchestra, surprisingly, until I got to university, where I played in the McGill orchestra and the National Youth Orchestra of Canada.

He added that if not for the national orchestra, he might not be in music now. "I had wonderful experiences there, in fact, I've based this orchestra's philosophy on it. It's a very edu-

cation-oriented approach and a personal experience. We don't just play music for the sake of playing music - we have highly-qualified professionals who work with each section of the orchestra in separate rooms."

The Saturday morning schedule for the young classical musicians is intense, beginning with section-by-section instruction with Margaret Lysy, the violin coach; Jean McRae, the alto coach; James Darling coaching cello and bass; and Simons coaching the wind instruments.

In addition to being the beloved conductor of the youth orchestra, Simons maintains a busy musical

schedule. He has played with Imusici Montreal as the principle clarinet, and often performs recitals with pianists that air on the CBC. He also belongs to Kore, a contemporary music group that focuses on pieces composed within the last ten years, and has played in all the major orchestras in Montreal area as a substitute. At present he is taking part with Les Grands Ballets Canadiens production of Carmen.

Simons's dedication to music is certainly contagious, as he has inspired many of

the young musicians he conducts.

"I love the orchestra," said Andrew Aitken, 21, a music student at Université de Montréal who has been with the orchestra since last September. "It's really a long story that started five years ago. I've loved classical music ever since I was a little kid. I met Mark here in Westmount, and since I'm interested in conducting, so he said, 'Hey, I have an orchestra, and if you're interested in conducting you might want to come and join, because we need a timpanist, and at the same time you can have an orchestra experience and even conduct.'"

Among the 50 members of the orchestra, about 15 are newcomers this year, which presents an ongoing challenge for Simons and his team to bring the music to life and educate his students the best way he can.

One of the WYO's key players behind the scenes is Agnes Menzel, who diligently manages the orchestra, keeping everything running smoothly. Menzel prepares the music for upcoming rehearsals and organizes excursions, such as the orchestra's September trip to CAMMAC—a classical music retreat in the Laurentians. She also coordinates festivals, and takes attendance at each rehearsal to give absentees a chance to catch up.

"I like to work with teenagers; I'm a German-trained social worker," Menzel said. "I've missed that after all those years. Also, my son Philip, is in the orchestra, and in Germany we have all these wonderful youth orchestras, and so we thought it would be great to have one in our own neighbourhood."

(continued on page 25)

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Mark Simons conducts the Westmount Youth Orchestra

(continued from page 24)

One difficulty Menzel recently encountered was over the WYO's latest piece for study, Prokofiev's 'Peter and the Wolf'.

"Peter and the Wolf is still under copyright because Prokofiev died in 1953," she said. "According to Canadian laws, it remains under copyright for 50 years, so we were unable to make any photocopies for educational use, and we were also unable to buy it because there is a company in the States that has a monopoly on the music. We had to rent it from them and agree to their contract. The children thus have to use the original copies, which we had to rent. To rent the music alone cost \$255 U.S., and we are only allowed to have one performance."

The members of the orchestra pay a \$150 fee to join, which covers about 30 per cent of the running expenses, while the other 70 other cent is made up of con-

cert revenues and donations. "Many Westmounters donate small and not-so-small amounts," said Menzel, who simply takes on her responsibilities with the orchestra because she loves doing it.

Ariane Gruet-Palchat, 13, is another happy member of the orchestra. She attends Pierre Laporte School and loves to study music. "I love the orchestra because it gives me good experience in being part of an ensemble, not to say that I the pieces of music we do are fun," she said. "I joined the orchestra because I knew the alto player who once invited me to a concert the orchestra was having here, and I enjoyed it. I waited before joining the orchestra until I had enough time to practice regularly, which I now have. Its great."

The Westmount Youth Orchestra's next public performance will take place on December 3 at 3 p.m. at Victoria Hall.

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AMIS, ne vous privez pas de votre Calli, délice de fortune, **Sunbreeze!** Vous les trouverez chez: **«Bonne Santé»** Place Alexis-Nihon ou Chez **R. Phaneuf**, distributeur indépendant **Sunrider**.
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105 Properties for sale

440 Moving
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442 Construction/renovation

442 Construction/renovation
BARN boards. Many over 150 year old, up to 17 inches wide and up to 17 feet long. Call for information (514)932-3233 or (819)657-4529

452 Floors/sanding

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580 Occasions/businesses propositions

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605 Miscellaneous employ.

TROUVER UN EMPLOI, OUI C'EST POSSIBLE! Je m'inscris, je participe, je trouve. Taux de succès de 75% et plus. Services gratuits bilingue en groupe ou en individuel. Centre de Recherche d'emploi Côte des Neiges (514)733-3026. **FINDING A JOB, YES YOU CAN!** Sign up, get involved, and find a job. 75% success rate. Our group and individual services are offered free of charge, in both English and French. Côte des Neiges Job Search Center (514)733-3026

205 Flats/apartments for rent

UPPER duplex, 7 room, 2 full bathrooms, 1,300sq ft., references required, occupancy November 15. (514)945-7619

210 Flats/apartments heated for rent

BEAUTIFUL: large and bright 4-1/2, quiet, facing park, 10 Woredale Park, Westmount. \$750/month available December. (514)939-0613, (evenings only)

230 Flats/apartments/properties wanted to rent

SINGLE executive, seeking upper, renovated, duplex 2 bedrooms+ garage (514)481-9303

260 Cottages for rent

A Ste-Agathe, site enchanteur, 3 c.a.c., foyer, câble vision, chauffage, déneige, décembre au 3 janvier (514)321-4514

270 Offices/locals for rent

OFFICE to rent on Monkland Avenue, spacious, facilities nearby, 1,300 sq/ft. needs to be seen. Available November 1st. (514)482-6252

285 Garages/parkings for rent

INSIDE NIGHT PARKING
Heated Centrally located From 6 pm to 8 am Reasonable rates **488-8474**
Why leave your car in the snow?

270 Offices/locals for rent

VICTORIA Street, Westmount, Victorian building, commercial space, 800 ft., main floor plus 500 ft. basement, available November 1st. (514)386-3761, (514)484-5020

290 Garages/parkings wanted for rent

SEEKING 1 or 2 spaces indoor or outdoor, 8:30am-3:30pm, Monday-Friday. Must be near highway avenue. (514)487-5688

310 Miscellaneous for sale

SAWMILL \$4895 SAW LOGS INTO BOARDS, planks, beams. Large capacity. Best sawmill value anywhere. Norwood Industries, manufacturer of sawmills, edgers & skidders. Free information 1-800-566-6899

290 Garages/parkings wanted for rent

STAND-UP freezer 17 cu. feet \$350, mint condition queen sofa bed \$400. (514)933-7151

310 Miscellaneous for sale

TAPIS roulant Free Spirit, compteur de 5 fenêtres de pulsations, modèle SS-1332-T, moteur 1.5, 0-8000miles/heure, 700S, bicycle exerciseur, double fonction: jambes et bras. Air-gometer Sprint, compteur de 5 fenêtres pulsation, 350S négociable, M. Richard (514)485-0625

310 Miscellaneous for sale

AMIS, ne vous privez pas de votre Calli, délice de fortune, **Sunbreeze!** Vous les trouverez chez: **«Bonne Santé»** Place Alexis-Nihon ou Chez **R. Phaneuf**, distributeur indépendant **Sunrider**.
Tel.: (514) 722-4469

320 Pels

ADOPTION: beautiful kittens, young cats, healthy and vaccinated. (514)937-9686

330 Audio-visual equipment

ENGLISH riding lessons available, all ages, all level of riding welcome. Peppier Stable (450)455-0161

345 Antiques

A A Plus haut prix payé, antiquités, succession, etc... Estimation gratuite. (514)996-6555, (514)527-3552

365 Firewood

100% bois franc, 1ere qualité, R. Moreau, 4, C. Tellier, Boisbriand, (450)669-5965

390 Garage sales

SAMEDI 21 octobre, 9h00 à 14h00, électronique, jouets, tableaux, tapis, vaisselle, etc... 534 Grosvenor

397 Wanted

A Bonne Variété ramassons de la cave au grenier. Jour et soir, cell (514)769-1105

390 Garage sales

BUYING STERLING SILVER CUTLERY, sets or single pieces, silver teapots, napkin rings, Moorcroft, Gouda, jewellery, figurines and porcelain, silver plate. For private appointment 1-800-267-2732, (514)684-3528

402 Babysitters available

JEUNE femme française 25 ans garderait enfants. Expérimentée et très sérieuse. Possibilité donner cours. (514)525-9172

412 Health

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420 Trips/leisures

NAPLES FLORIDA at the beach. Spacious 3 bedrooms, 2-1/2 bath vacation condo near the Ritz, shopping and dining. Call for brochure and rates. 1-888-547-GULF

424 Astrology/occultism

ASTROLOGY consultations. Relationships, career, health, future. Courses also available. (514)488-1651

436 Computers

COMPUTER TUTOR experienced teacher will provide one on one tutoring on your machine, in your home. Windows 98, word-processing, spreadsheet, E-Mail, Internet, troubleshooting, buying or upgrading computer system. Mike (514)488-3972

440 Moving

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442 Construction/renovation

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Notebooks, Laptops, Mac, PC's, Pentiums, Monitors, PowerMac.
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446 Painting/decorating

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A Super special lavage: murs/plafonds 15\$ pièce, fenêtre 7\$ tapis 15\$, peinture, satisfaction garantie, références or 10%. (514)983-2632

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FREE CASH NOW! From wealthy families unloading millions of dollars to help minimize their taxes! Write immediately. Triumph 4542 East Tropicana Avenue, #207, Las Vegas, NV 89121

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MASSAGE HONG-KONG Chinese, Swedish, Californian, Japanese, by excellent masseuse/therapist (514)335-0005

530 Escort/occasional

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530 Escort/occasional

ASSERVISANTE Enr. Jeunes étudiantes, 18-21 ans; charmantes et discrètes, se déplacent. (514)592-6465

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ACCESS TO A COMPUTER? Work at home on-line. \$500-1500/month part-time, \$5,000+/month full-time. No experience necessary. www.makemoney.com 1-800-526-6789

580 Occasions/businesses propositions

INVENTORS - PRODUCT IDEAS WANTED! FREE INFORMATION PACKAGE. Develop and professionally present your new product idea to manufacturers through Davison, an award winning firm. Patent assistance available. 1-800-677-6382

620 Sales

LA CACHE on Greene Avenue is seeking an assistant manager to join the team. Candidates must have a minimum of 3 years retail experience, a flair for customer service, leadership qualities, merchandising abilities and strong organizational skills. Opportunity to grow. Independent, responsible and reliable applicants, tax C.V. to: (514)933-4487 attention: Suzanne Maria

650 Bars/hotels/restaurants

LIVREUR avec auto, pour livraison de restaurant, temps partiel de soir. Appelez Tony. (514)933-7709

692 Babysitters wanted

BABYSITTER wanted for 2 year old Tuesdays and Thursdays, 2pm-6pm, references. Contact Dora. (514)939-5533

705 Courses

AVAILABLE experienced professor for tutoring physics and mathematics. High school/college/university level. (514)484-0530

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CHINESE lessons \$15/hour, at your residence. Call (514)278-1835

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INTERNATIONAL French private courses, personalized, all levels, business conversation, French taught experimentally. Monique (514)276-1427

705 Courses

PIANO lessons. Experienced teacher at all levels from beginners to advanced. call Mary. (514)489

Thursday, Oct. 19

Meet the Expert at Centre Greene, 1090 Greene Ave. at 7 p.m. looks at 'Children and Divorce', an info-session provided by the Montreal Family Centre. Free admission, refreshments served. Info: 931-6202.

Amy Sands Brodoff will read from her recently-published novel 'Can You See Me?' at the Double Hook Book Shop, 1235A Greene Ave. at 7:30 p.m. Info: 932-5093.

The Westmount Historical Association's fall lecture series continues with a look at local family-owned businesses. This month features a talk by well-known restaurateurs Maria and George Alevisatos at 7 p.m. in the Westmount Room of the Westmount Public Library, 4574 Sherbrooke. Free for members, \$5 for non-members. Info: 925-1404.

Friday, Oct. 20

Fall Book Sale at the Atwater Library and Computer Centre, 1200 Atwater. From 6 to 8 p.m. Thousands of quality used books and magazines. Prices start at 25 cents. Info: 935-7344.

Saturday, Oct. 21

Samedi Greene presents morning activities for all ages sponsored by La Cache. This week will be Drama Activities. 11 a.m. to 12:30 p.m. Admission is \$1. All welcome. 1090 Greene Ave. Info: 931-6202.

St. Matthias' Fall Rummage Sale. Great stuff for all! Revenue goes to inner-city charities. 131 Côte St. Antoine Rd., from 10 a.m. to 1 p.m. Info: 489-9457.

St. Andrew's-Dominion-Douglas Church, at The Boulevard and Roslyn, holds its fall festival Harvest Moon Fair from 10 a.m. to 3 p.m. Articles of all kinds will be offered, many suitable for Christmas gifts. Info: 486-1165.

Fall Rummage and Bake Sale at Church of the Advent, corner of de Maisonneuve and Wood Ave. from 10 a.m. to 2 p.m. Clothing, books, toys, fresh baked goods, etc.

Fall Book Sale at the Atwater Library and Computer Centre, 1200 Atwater. From 10 a.m. to 4 p.m. Thousands of quality used books and magazines. Prices start at 25 cents. Info: 935-7344.

Westmount Seventh Day Adventist Church, 571 Victoria Ave., presents Pastor Ralph Thompson, former secretary of the General Conference of Seventh-Day Adventists. Everyone is invited. Info: 485-0007.

Bulletin Board

Deadline for submissions is Monday at noon preceding the next publication. No exceptions. Submissions may be edited or omitted for space.

Monday, Oct. 23

Gerald Iles, the well-known animal expert, will give an illustrated talk entitled 'African Adventures' in the Westmount Room of the Westmount Public Library at 7 p.m. Everyone welcome, refreshments served. Suggested donation of \$5. Sponsored by the Royal Commonwealth Society Montreal Branch. Info: 937-8321.

Temple Emanu-El-Beth Sholom offers a workshop entitled, "Music as a Pathway to the Soul," a participatory program of Jewish songs. Come prepared to sing at 7:30 p.m. at 395 Elm Ave. Info: 937-3575.

Tuesday, Oct. 24

The Friends of the Westmount Library will meet in the Westmount Room of the Westmount Public Library at 7 p.m. Everybody welcome. Info: 935-6194.

Wednesday, October 25

Healthy City Project's Breakfast with Dr. Louis Drouin who speaks on 'Air Quality and its Impact on Respiratory Health'. Coffee and muffins. Victoria Hall, 4626 Sherbrooke, at 8:30 a.m. Reservations: 989-5226.

Thursday, Oct. 26

Tea and Oranges: The literary series of the season with guest readers Julie Keith ('The Devil Out There') and T.F. Rigelhof ('This Is Our Writing') at 7 p.m. at the Westmount Public Library. Refreshments will be served. Info: 989-5386.

Temple Emanu-El-Beth Sholom presents 'The Radically Changing Landscape of the Jewish Family'. 4100 Sherbrooke, at 7:30 p.m. Info: 937-3575.

Saturday, Oct. 28

Stéphane Lemelin, internationally known pianist, will perform works by Fauré, Ravel, Debussy and Schubert at Westmount Park Church, 4695 de Maisonneuve, at 8 p.m. Admission is \$20, students and seniors \$10. Info: 937-3455.

Ongoing

Centre Greene's fall programs have begun! Tumbling Tots on Tuesdays and Thursdays from 9 to 10:30 a.m. with stories, crafts, music and a whole lot more, \$3/drop in... TGIF every second and fourth Friday of the month, with safe, supervised evenings of fun for kids aged 5 to 10 years. \$5 per child, RSVP at 931-6202... Samedi Greene with something different every Saturday from 11 a.m. to 12:30 p.m. \$1 per child... Seniors' Lunch every second and fourth Wednesday offers a delicious three-course home-cooked meal for \$4 or \$2.50 take out. RSVP at 931-6202.

Soccer 101: Free indoor training program of initiation to soccer (practice and games) for boys 4 and 5 years old is starting at 5 p.m. Nov. 6 in a local gym. To register call coach Jan Spaniel at 931-0881.

Westmount Healthy City Project: Have a health problem? Consult the health data base in the Westmount Public Library.

Overeaters Anonymous, a non-profit self-help group welcomes anyone who wants to stop overeating. Weekly meetings at the Westmount YMCA, 4585 Sherbrooke, on Saturdays at 2:30 p.m. Info: 488-1812.

Women's Writing Group is looking for new members to gently critique

work, encourage creative ideas and have fun. Meets every second Tuesday at 7 p.m. in the Westmount Public Library. Info: Cathy at 489-7643.

The Orpheus Singers, a CBC prize-winning chamber chorus, is holding auditions for soloists and experienced choral singers. The group rehearses in Westmount on Monday evenings. This season's repertoire includes Bach, Josquin and Takemitsu. Info: 489-3739.

Joignez-vous au Choeur Saint-Léon de Westmount! Au programme 2000-2001, venez chanter avec nous des oeuvres de la période Romantique. Renseignements et auditions, Chantal Rioux (450) 653-0037.

The Interlink Intergenerational Choir is currently looking for seniors who like to sing in a fun, relaxed atmosphere. Rehearsals will be held weekly in Place Kensington. Info: Contactivity Centre at 932-2326.

The Atwater Library Book Sale Room, 1200 Atwater, is open Thursdays, Fridays and Saturdays from noon to 3 p.m. Quality used books at reasonable prices. Info: 935-7344.

St. Margaret's Day Centre offers elderly people living in the community to come and enjoy quality of life doing activities and having a meal. Contact: Carol Hutton at 932-3630.

The Victoria Hall Gallery presents the photography of Frances Samuels and the sculpture of Alicia Johnson until Nov. 1, from 10 a.m. to 9 p.m. Monday to Friday, and from 10 a.m. to 5 p.m. Saturday and Sunday. 4626 Sherbrooke St. W. Info: 989-5226.

Contest WIN A TRIP

Value \$3,500

Imagine, an all-inclusive week for two on the beaches of the Dominican Republic in the five-star hotel Iberostal Costa Dorada. Details and contests regulations are posted on the website of The Westmount Examiner.

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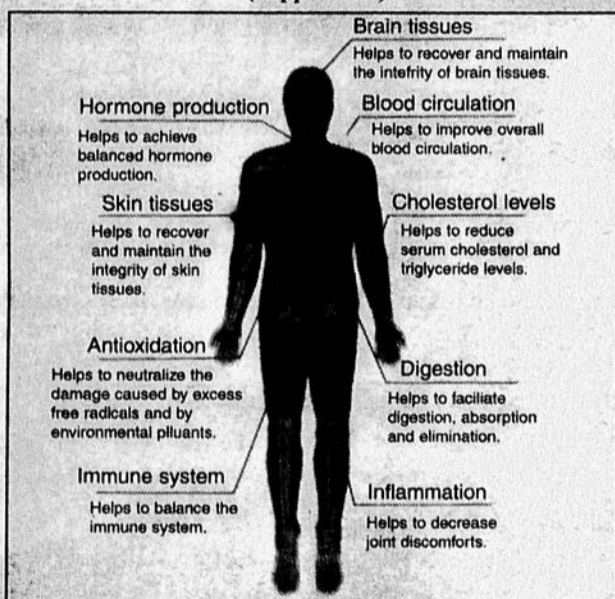
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WHY TAKE KRILEX? SUPRISING RESULTS

REGULAR USE OF KRILEX CAN HELP:

- 1- facilitate digestion, absorption and elimination
- 2- decrease inflammatory discomforts
- 3- balance the immune system
- 4- improve blood circulation
- 5- reduce serum cholesterol and triglycerides levels
- 6- achieve balanced hormone production
- 7- prevent the effects of nutritional deficiency
- 8- neutralize the damage caused by excess free radicals and by environmental pollutants
- 9- recover as well as maintain the integrity of tissues (e.g. the brain, the skin, the nails)
- 10- provide energy and improve general performance

Let your food be your medicine
(Hippocrates)



WHAT IS KRILEX?

KRILEX is a food supplement made of pure concentrated krill. It is presented in gelatin capsules to assure maximal bioavailability.

KRILEX is constituted of raw krill and is totally organic, free of pesticides, herbicides, preservatives and artificial additives.

Krill is one of the most complete and nutritive foods nature supplies. It provides active enzymes and proteins, all of the essential amino acids, omega-3 fatty acids, antioxidants, fibers and beneficial trace elements.

One must combine many foods or natural products to obtain equivalent nutritional value.

WHERE DOES KRILL COME FROM?

Krill is a general term used to describe many different species of open-ocean crustaceans. According to paleontological data, krill could be between 36 to 60 million years old. Since then, it has served as food for multiple marine animal species including whales.

Situated at the beginning of the food chain, it is essential to life.

WHY IS KRILEX SO EFFECTIVE?

Because of the combination and the exceptional quality of its ingredients

WHY RAPID DIGESTION AND MORE ENERGY?

KRILEX has the following components:

- 1- very active (living) digestive enzymes
- 2- very rapidly assimilated proteins (with a digestibility of 95%)
- 3- very self-digested proteins
- 4- peptides (small fragments of protein digests)
- 5- contains all essential amino acids
- 6- beneficial trace elements and fibers
- 7- conditionally essential amino acid

When we cook food or eat processed foods, we accumulate non-digested food which may become undesirable and may lead to a variety of health problems.

General Composition Per capsule (300 mg of krill)

Proteins	70,0%	210,0 mg
Total fat	10,0%	30,0 mg
Saturated	(2,5%)	(7,5 mg)
Monounsaturated	(3,7%)	(11,1 mg)
Polyunsaturated	(3,8%)	(11,4 mg)
Omega-3	(3,5%)	(10,5 mg)
Omega-6	(0,3%)	(0,9 mg)
Fibers	3,0%	9,0 mg
Carbohydrates	0,8%	2,4 mg
Minerals	14,0%	42,0 mg
Energy	1,16 Cal	4,86 Kj

N.B.: Abundance of energy from 11,6 Cal or 10 capsules of Krilex per day or 3 grams

N.B. Even conditionally essential amino acid are also present "glutamine-arginine"

Moreover, our body tends to produce less enzymes with age while people with a deficient digestive system produce even less.

By ensuring that food is well digested with the aid of unaltered food enzymes, many of the undesirable and painful conditions may improve.

Better digestion means better sleep, more energy and greater performance.

You are not what you eat, but rather what you are able to digest, absorb and use.

INFLAMMATION

KRILEX helps to relieve inflammation

JOIN DISCOMFORT

KRILEX helps to relieve discomfort

BLOOD CIRCULATION

KRILEX helps to improve the cardiovascular system and may contribute in normalizing serum cholesterol and triglycerides levels.

Why? Because it is composed of: EPA (Eicosa Pentaenoic Acid) and DHA (Docosal Hexaenoic Acid) omega-3 fatty acids, unsaturated fatty acids and antioxidants.

The EPA and DHA omega-3 fatty acids are considered to be important for their proimmune, anti-inflammatory, anti-atherogenic, anti-thrombotic, anti-hypertensive and hypolipidemic properties.

In general, we have excess saturated fats and omega-6 fatty acids in our bodies. KRILEX contains more unsaturated than saturated fatty acids and more omega-3 than omega-6 fatty acids, thus it is recommended to achieve better control of total fat intake. This combination promotes better balance of the effects of important biological derivatives between the two families of essential fatty acids.

The antioxidants preserve the omega-3 fatty acids and protect against the damage caused by excessive free radicals, facilitate tissue repair and increase longevity.

N.B.: Discoverer of EPA got Nobel Price in Medecin 1982, check your internet or ask us his name!

BRAIN AND TISSUE REGENERATION

KRILEX nourishes and maintains the integrity of cell membranes of the brain and of vital organs.

The lipids contained in KRILEX are rich in unsaturated fats and in EPA and DHA omega-3 fatty acids.

They provide the necessary ingredients for better functioning of the brain during the following periods:

- Pregnancy
- Maturation of premature babies
- Aging

They are utilized in abundance by the cells of the nervous system and the cells of the adrenal and reproductive glands.

Combined with the action of antioxidants, this variety of fatty acids acts favorably in maintaining the structural integrity of the cell membranes, by facilitating vitamin absorption, by transporting cholesterol and by promoting the production of eicosanoids (powerful hormones influencing all vital functions).

For these reasons, they are highly recommended for pregnant and breastfeeding women as well as the elderly.

DOSAGE OF KRILEX

Ideally, we recommend that KRILEX capsules be taken with plenty of fluids at lunch, dinner, snacks and/or at bedtime.

Avoid taking the capsules on an empty stomach. For maximal results, capsules should be taken at the end of a meal.

It is suggested to start with 1 capsule a day for the first few days to facilitate the adaptation of your metabolism.

Then, adjust the doses as recommended or according to your needs.

Warning: May not be suitable for persons allergic to fish and seafood products.

Regular consumption of KRILEX leads to optimal results

WHO SHOULD TAKE KRILEX?

Do you desire a better well-being? Do you need more energy? Do you want a healthy and balanced diet?

- 1- Athletes
- 2- Individuals involved in intense physical activities requiring physical strength
- 3- Individuals with digestive problems
- 4- Growing children
- 5- Elderly people
- 6- Pregnant and breastfeeding women
- 7- Individuals seeking relief from inflammatory discomforts
- 8- Individuals seeking to reduce their risk of cardiovascular problems

Feel better in a new way

THE BENEFITS OF A REMARKABLE FOOD SUPPLEMENT

Positively affecting:

- 1- Digestion
- 2- Energy
- 3- Inflammation
- 4- Joint discomfort
- 5- Blood circulation
- 6- Antioxidation
- 7- Tissue regeneration
- 8- The brain
- 9- Skin tissues