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PM#0040007682

MONDAY, AUGUST 7, 2023

Festival des Traditions du Monde this week

By William Crooks
Local Journalism Initiative

The Festival des Traditions du Monde (FTM) begins this Wednesday in Sherbrooke. The Record contacted general director Malika Bajjaje over the phone for the details.

"I've been the general director [of the festival] for about 11 years," she began, which is a full-time job. This is the festival's 26th year; 100 shows will take place over five days, along with many other activities and workshops.

North American, Quebecois and African cultures, amongst others, will be represented, she said, including local artists. "There will be many international groups this year," she stated, from places like France and Morocco. "There will be many new [music] groups, and many [music] groups return, because the public loves them so much," Bajjaje said.

According to the FTM website, musicians such as Namgar (Mongolian traditional music), Ishtar Connection (Arabic 'vibrations'), and Yves Lambert (Quebec Traditional Music) will perform.

The event will include themed pavilions such as the Shack d'Amérique, Palais de l'Orient and the Pub Irlandias.

An area will be set up, the 'Family Corner', for activities for children, which will include a small water park.

CONT'D ON PAGE 3

Classic car honours military veterans



LINDA DUROCHER

One hundred two-year-old veteran Don Taylor's signature is more legible than many much younger.

By Steve Blake
Special to the Record

When Brad Crawford heard that there was a classic car around Stanstead bearing the signa-

tures of military veterans, he thought it should include local vets too. He organized a signing party at the legion Saturday during which 12 veterans put their signatures on the 1973 AMC Javelin.

Crawford organizes events - mainly fundraisers - for the Stanstead legion.

"I saw pictures of the car," he said. "I thought it would be really neat."

CONT'D ON PAGE 5

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Weather



TODAY:
CLOUDY

HIGH OF 24
LOW OF 15



TUESDAY:
RAIN

HIGH OF 21
LOW OF 15



WEDNESDAY:
RAIN

HIGH OF 19
LOW OF 14



THURSDAY:
CLOUDY

HIGH OF 23
LOW OF 15



FRIDAY:
CLOUDY

HIGH OF 23
LOW OF 12

Annual Spirit of Potton festival August 18, 19, 2023 promises fun for all!



THE SCOOP MABLE HASTINGS

Spirit of Potton festival thanks Desjardins for their support this year. This financial contribution will allow for the set up of the "Desjardins relax zone" on the event's site. Festival-goers will be able to rest between two activities and admire creative projects designed by students from two Mansonville schools.

PROGRAMMING 2023!

- Thursday, Aug. 17 - Place de la Grange-Ronde

8:30 p.m. to 10 p.m.: Festival pre-opening with an outdoor screening of the Quebec film *Mon cirque à moi*, in collaboration with Cinéma Potton. *At Place de la Grange-Ronde, 323 Route de Mansonville (in case of rain: *7:30 p.m. in the basement of St-Cajetan Church). Bring your chairs, popcorn provided.

Trailer: <https://www.youtube.com/watch?v=2Lak8f5DfQI>

- Friday, Aug. 18 - Missisquoi North Park

5 to 7 p.m. - fundraising dinner - méchoui presented by Potton Covered Market

6:30 to 8 p.m. - CABMN bingo with many cash prizes to be won! BIG thank you to the local business community who sponsored this event in support of the CABMN.

8:30 to 10 p.m. - Performance by New Brunswick band La Patente!

Saturday, Aug. 19 - Missisquoi North Park

8:30 am to 11 a.m. - Pancake breakfast to benefit CABMN Partage/Share foodbank

9 a.m. to 2 p.m. - Potton Covered Market with guest artisans and merchants

10 a.m. to 6 p.m. - Inflatables, climbing and games for the whole family

Noon to 1 p.m. - MUSIC: Homebrew Dixieland Band

1:30 to 2 p.m. - DANCE: Short show by Youth Center

2:30 p.m. to 3:30 p.m. - Magician Yan Beauregard and the MAGIE-CHIEN! Photo opportunity after the show.

3:30 to 4 p.m. - Wolf Bike Park BMX demo on the pumptrack

4:15 p.m. to 5:15 p.m. - CIRCUS: "En s'attendant" show

5:30 p.m. to 6:15 p.m. - MUSIC: Bluestone Trio

7 to 8 p.m. - MUSIC : Réjean Turbide

8:30 to 9:30 p.m. - MUSIC: Leadville Union

9:30 p.m. to 10pm: Fireworks presented by Lot420

10pm to 10:45 p.m. : Leadville Union BAR managed by Microbrasserie Équinoxe // Foodtrucks on site: Derby's and StrEat Tacos

The Municipality of Potton and the Festival organizers extend a Special thanks to the CABMN Volunteer Centre and its volunteers who offer their time and help during our event.



PHOTOS COURTESY

Patrick Gravel, general director of the Caisse Desjardins du Lac-Memphrémagog, and Valérie Thérien, director of communications and member of the Potton festival committee.

Thankyou to their sponsor Desjardins - Caisse du Lac-Memphrémagog for sponsoring the set up the Zone détente Desjardins on the festival site.

In addition to the planned festival, there will be activities going on in other areas of the town of Mansonville as well on Aug. 19. These include but are not limited to:

From 9-4 The Reilly House located at 302 Principale, Mansonville will offer Lunch, Christmas in August Sale, Cook book sale to benefit Partage/Share food bank, toy sale, and children's activities.

Euro-Deli du Village located at 295 Principale, Mansonville will offer Polish Feast and Festivities starting at 11:45 a.m. with Polish music on the patio and a delicious Polish meal.

This is a big weekend for Potton and the hope is that attendees both local and those from far and wide will come to celebrate the Spirit of Potton in one of the most beautiful municipalities in the Eastern Townships.



Bargains for all at the Potton Covered Market and sale tables on site that day



A big crowd Enjoying last years mechoui supper



Saturday morning enjoy the Partage/Share fundraiser breakfast

Ben by Daniel Shelton



Local News

This was Morrison's second year showcasing at the Bancroft gem show. He will bring Erikord Gems to the Nova Scotia Gem and Mineral Show in Parrsboro later this August.

Bishop's student showcases at Canada's largest gem and mineral show

By Gabrielle Liu
Special to The Record

Bishop's student Erik Morrison brought his Sherbrooke-based small business, Erikord Gems, to a gem and mineral show in Bancroft, ON. Morrison was one of 90 vendors at the Bancroft Gemboree over the weekend, an event that draws collectors across Canada to the small town three hours north of Toronto.

From Thursday to Sunday he displayed an array of gems, minerals and specimens sourced from around the world, including from Morocco, Argentina, Madagascar, and Canada. Morrison also highlighted pieces he found himself in Quebec. These specimens included pyrite in red quartzite from Sherbrooke, grossular garnet in calcite from around the Orford Nickel Mine region, and diopside from the St-Denis-de-Brompton region too.

"The areas around Sherbrooke have a vast variety of minerals to search for.

You can commonly find specimens of pyrite. There are also abandoned mines that could be explored with permission from the owners," he said. He remembers that it took a few months of phone calls, knocking on doors and leaving notes before he and another rockhound gained access to the Orford Nickel Mine. His local finds include other specimens from around his Ontarian hometown, such as green apatite and purple fluorite.

Morrison started his business in 2019. It took a few years for him to be selected for the Gemboree, where prospective vendors are put on a waitlist. "Ever since I started a gem and mineral business, I thought it might be a great opportunity being a vendor at a show I grew up being a visitor of," Morrison said. He is from Wilberforce, ON, just 30 minutes outside Bancroft. During his time at Bishop's University, he runs his online business and packs orders to ship worldwide from a small office space in downtown Sherbrooke.



PHOTOS COURTESY

While he studies entrepreneurship and marketing at Bishop's full-time, Morrison continues to run his online business throughout the year. "Right now, I have time to maintain my business, not grow it," he said. He mentioned that he found his marketing courses at Bishop's to be especially helpful in developing his website and testing marketing campaigns.

This was Morrison's second year showcasing at the Bancroft gem show. He will bring Erikord Gems to the Nova Scotia Gem and Mineral Show in Parrsboro later this August.

Morrison stated that preparing for the show took him about three weeks of organizing and selecting specimens each day and pricing them by weight and quality. Many of his showcased pieces are from Morocco, some of which he purchased directly from mines during an eight-day visit this past May. Most of the remaining pieces were purchased from suppliers he has developed business with over the last few years.

He looks to stay in Sherbrooke for a bit after graduating to consider where he can further develop his business.



Festival des Traditions du Monde

CONT'D FROM PAGE 1

15 different restaurants, serving, for instance, Mexican, Italian and Japanese food, will be on site.

"The [FTM] started small," Bajjaje said, commenting on the FTM's humble beginnings. It was founded

to represent different parts of the Sherbrooke community in terms of their art and food, she continued. Over the years, the festival kept building and building to include more cultures. It is meant to represent

the diversity of the community, she insisted.

The festival's ultimate mission is to promote harmony between cultures, she said, and thinks they are succeeding because they have been

around so long and grow every year.

Bajjaje welcomes everyone to attend the festival, especially those who have never been. "You will not be disappointed... it's a beautiful experience."



Buffalo Hat Singers



Lamia Yared et l'ensemble Zaman



Vox Sambu: Afro-funk, hip-hop

PHOTOS RECORD /ARCHIVE

FOOD

Good Eggs visit: La Mie d'Orford

By William Crooks

It was 17 degrees, with a little breeze, and the sun was shining and warm – a perfect day for a drive out of town to have some breakfast and celebrate my 41st birthday. I don't feel much different than I did half a decade ago; my father says that, in his case, noticeable day-to-day decline arrived around his 50th. We'll see. A visiting friend insisted to



'Le Colossal' at La Mie d'Orford (basket of toast communal)

me recently, on the topic of age, that 40 was the new 30. If 40 is the new 30, it stands to reason that 30 is the new 20, which, to me, has some truth to it. Now, if 30 is the new 20, then 20 could be the new 10. This, along with being funny to think about, has some truth to it, too...

On through Lennoxville, down the 410 and then the 10, sort of past Magog and then a right up into Orford to meet the other Good Eggs at La Mie d'Orford. I was late – an engrossing conversation with my roommate had caused me to lose track of time. My dining compatriots were already set up in the front corner of the restaurant's terrasse; A colorful parasol rippled gently in the wind above them. Unfortunately, my seat was set up so as to put my back to a beautiful view of Mt. Orford. The place was busy, but not full, and can seat, inside and outside, probably 100 people. The only flaw I could see was the noise of the busy street behind me, but I was told I wouldn't

really notice, which ended up being true.

I, along with another Good Egg, ordered 'Le Colossal', while the third member of our party had a traditional breakfast. The service was excellent. Coffee, of good quality, was very quick to come and be refilled. Our food arrived fast, too. The main waitress (three, in total, ended up serving our table) enthusiastically spoke English and wished us a very nice 'bon appétit!'. Midway through our meal a waitress checked in on us – we were extremely pleased.

One word summed up our food: homemade. The sausages were small, but of superior quality, and were apparently handmade by a local small business. The jam and caramel sauce (yum!) served were made in house. The others liked the fried onions with their potatoes and assured me they were cooked to perfection. Honestly, everything food-wise was great, the baked beans being notably sweet, which is how I



PHOTOS WILLIAM CROOKS

like them best. My breakfast was free due to it being my birthday – paid for by a very generous Good Egg. It took a long time to get the bill, but my coffee was refilled during the wait. All-in-all, we agreed, one of our best experiences yet. I would have paid \$26.50 with tip. Ambiance: 3.5/5 Service: 4.5/5 Quality: 4/5 Price: 3.5/5

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Military veterans

CONT'D FROM PAGE 1

“With the dances starting back up tonight this would be a good way to get people out to the legion.” The event turned out to be a classic car show as well.

Crawford said he felt he'd be lucky to get one veteran to sign the car, but he was pleased to get a dozen. Claude Gagne, the car's owner for the past five years or so, said

he bought the classic Javelin from Richard Straight from Upper Jay, NY. Straight had been in the US Army and had the car painted so other veterans could sign it. He travelled

around the US a little and got several signatures. Gagne bought it when Straight put it up for auction and he's continuing the tradition.



PHOTOS LINDA DUROCHER

Danny Gaudreau

Classic Jav



Bob Allan



Francois Scrosati



Larry Cuerrier



Alan Smith



Ramsey Williams



Don Cormier



Merlin Smith



Dean Corbett

EDITORIAL

None of this avalanche of news did your scribe learn through Facebook, Instagram or any other purported online news platform.

Read all about it! Trudeau censors news like North Korea!



PETER BLACK

mainstream and fringe publications I have free access to the National Newswatch website. Whatever content is paywalled, I can often find through some backdoor access or get enough of the gist of before the wall goes up.

I actually pay real money for an online subscription that gives me access to six regional rags. On top of this, I get free news from direct media sources from their generally very complete and user-friendly websites.

And, because it just happens to be there when I flip on the laptop, I get news overviews, algorithmically tuned to my interests (politics, sports and Taylor Swift - one of these is not true), from my Google browser.

Apart from the credible online news coverage available to me, I also get a lot of my information input from non-internet sources, meaning old school network "television" channels such as CNN, MSNBC, CBC, Radio-Canada and LCN.

Most Canadians, though, according to Conservative Party of Canada (CPC) Leader Pierre Poilievre, apparently have little choice but to get their news from the digital giants Meta (Facebook and Instagram) and Google. And now, says PP, Justin Trudeau is censoring these precious sources - just like in North Korea. I kid you not.

What Poilievre is referring to, if you haven't been following this issue, is Bill C-18, the Online News Act, which would compel tech giants - called digital news intermediaries in the Act - notably Meta and Google, to pay Canadian media sources for the news content they put on their social media sites.

The bill comes into effect at the end of the year and Facebook has already begun to drop Canadian content in



protest. Google has not made the same move yet and is reported to be still in negotiations with the federal government.

Virtually all major media outlets in Canada have stood behind the Liberal government's effort to make Meta and Google pay their fair share for what they now blithely take for free. As have both the Bloc Québécois and the New Democrats. But not Poilievre or his party.

Here is what Poilievre said about the Online News Act at a CPC rally in North Bay, Ont., last week, as reported in a local media source, accessed online: "I think of North Korea, not Canada. The government is passing laws that make news articles vanish. Manipulating algorithms to determine what shows up in your news feed so you'll only see what the government wants you to see. According to the top experts in internet technology, only China,

which Trudeau admires, North Korea and Cuba have these types of laws in place."

We're perhaps getting too accustomed to Poilievre's Trumpian declarations and his maniacal obsession with everything Justin Trudeau, but on the C-18 thing, he may have topped even Trump's excesses. Commentators from all bands of the political prism have condemned his stance.

The outrageousness and falsity of Poilievre's views on C-18 aside, it's hard to understand where the constituency is in Canada - and the votes - for his defence of Meta and Google's pilfering and pillage of Canadian media. His own CPC government proposed essentially the same thing when Poilievre's mentor Stephen Harper was in power.

Poilievre shouldn't worry, though. Any criticism of his views is surely fake news, North Korean-style.

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Storm

Storm cuts through Stanstead

Record Staff

Hheavy winds and rain swept through Stanstead on the night of Aug. 4 around 8 p.m. According to local Wayne Stratton and others on Facebook, the storm left quite a trail of damage.



PHOTOS WAYNE STRATTON (FACEBOOK)



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Date Book

MONDAY, AUGUST 7, 2023

Today is the 219th day of 2023 and the 48th day of summer.

TODAY'S HISTORY: In 1789, the U.S. Department of War was established.

In 1942, the U.S. 1st Marine Division landed on the island of Guadalcanal, marking the first major American offensive of World War II.

In 1964, Congress passed the Gulf of Tonkin Resolution in response to reported Vietnamese attacks.

In 1998, U.S. embassies in Tanzania and Kenya were bombed.

TODAY'S BIRTHDAYS: Ralph Bunche (1904-1971), activist/Nobel laureate; Tobin Bell (1942-), actor; Garrison Keillor (1942-), writer/entertainer; Wayne Knight (1955-), actor; David Duchovny (1960-), actor; Harold Perrineau (1963-), actor; Jimmy Wales (1966-), Wikipedia co-founder; Michael Shannon (1974-), actor; Charlize Theron (1975-), actress; Sidney Crosby (1987-), hockey player; Mike Trout (1991-), baseball player; Tyler Murray (1997-), football player.

TODAY'S FACT: In 1947, Norwegian anthropologist Thor Heyerdahl and his crew of five crashed into a reef at Raroia, near Tahiti, aboard their balsa-wood raft, Kon-Tiki. The 4,300-mile, 101-day voyage from Peru was undertaken to prove that prehistoric South Americans could have colonized the Polynesian Islands.

TODAY'S SPORTS: In 2007, Barry Bonds of the San Francisco Giants hit his 756th career home run, surpassing the record set by Hank Aaron.

TODAY'S QUOTE: "You get old and you realize there are no answers, just stories." - Garrison Keillor, "Pontoon"

TODAY'S NUMBER: 1,350 - height (in feet) of the wire suspended between the World Trade Center towers and walked by French high-wire artist Philippe Petit on this day in 1974. Petit walked back and forth, sat and even danced on the 200-foot-long wire for 45 minutes before surrendering to police.

TODAY'S MOON: Between full moon (Aug. 1) and last quarter moon (Aug. 8).



by Danny Seo

One of the biggest sources of air toxicity in your home is your garage. Homes with attached garages can be more prone to air pollution leaking in. A Canadian health study found that homes with attached garages had high levels of benzene (a chemical from gasoline), while homes without garages had little to none. To prevent toxins from entering your home, obviously never start a car in a closed garage, but don't start up lawnmowers, motorcycles or chainsaws, either. Keep the door from the garage into your home closed, and make sure the seal is as tight as possible.

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Lowering blood pressure crucial for preventing aortic dissection



ASK THE DOCTORS
by Eve Glazier, M.D., and Elizabeth Ko, M.D.

Dear Doctors: Our mom had an aortic dissection last fall, and she almost died. It happened all of a sudden, and she was in good health. That makes her worry that it might happen again. Can you please talk about aortic dissection? Who is at risk, and how do you keep it from happening again?

Dear Reader: Let's begin with the aorta, which is the largest blood vessel in the body. It carries oxygen-rich blood away from the heart and delivers it to the network of vessels that will transport it throughout the body. The aortic wall has three layers. The inner layer forms the tube that carries the blood. The center layer includes specialized proteins that allow the aorta to expand and contract as needed for optimal blood flow. The outermost layer, which is made up of connective tissue, anchors the vessel in place. Recent research suggests that it also plays a key role in vascular health.

When someone has an aortic dissection, it means a split or tear has formed along the innermost wall. This is a medical emergency. The gap allows blood to escape and, with the repeated pressure of the heartbeat, get forced into the outer layers. This causes the layers of the aorta to separate, which is known as dissection. Aortic dissection can cause a stroke, result in heart or organ damage and can lead to death.

The aorta follows a curving, branching path. It rises away from the heart, arcs down through the chest cavity and into the abdomen. The most common site of dissection

is the span closest to the heart. This is also the most dangerous. Less often, a fissure can occur in the lower reaches the aorta, as it travels through the abdomen.

Symptoms include sudden and severe pain in the chest, abdomen or back. It has often been described as a sensation of ripping or tearing. The individual may also develop a weak or disordered pulse and have difficulty breathing. Some people lose motor function on one or both sides of the body, become unable to speak or lose consciousness.

When someone experiences the symptoms of aortic dissection, immediate medical care is crucial. Depending on each specific case, treatment consists of surgical repair; medications to manage heart rate, blood pressure and bleeding; or both surgery and medication.

Aortic dissection is more common in men than in women. Risk factors include having uncontrolled high blood pressure, hardening of the arteries, a weakened or bulging aorta and congenital defects of the heart or its valves. Certain genetic disorders that adversely affect blood pressure or connective tissue structure can also increase someone's risk.

Getting blood pressure under control is an important part of prevention, as this reduces stress on the aorta. Reaching and maintaining a healthy weight, eating a healthful diet and getting regular exercise are also beneficial. Someone who has had an aortic dissection should remain under the care of a cardiologist. The doctor will oversee any medications that have been prescribed, and if surgical repairs have been done, will regularly monitor their status.

(Eve Glazier, M.D., MBA, is an internist and associate professor of medicine at UCLA Health. Elizabeth Ko, M.D., is an internist and assistant professor of medicine at UCLA Health.)

(Send your questions to askthedoctors@mednet.ucla.edu, or write: Ask the Doctors, c/o UCLA Health Sciences Media Relations, 10960 Wilshire Blvd., Suite 1955, Los Angeles, CA, 90024. Owing to the volume of mail, personal replies cannot be provided.)

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Is parents' dating advice suitable for 2023?

Dear Annie

MONDAY, AUGUST 7, 2023

Dear Annie: I've recently entered a dating relationship, and my parents have a renewed interest in talking with me about my dating life. My parents are happily married and have modeled what a great companionship is supposed to look like. I know that when they give me dating advice, they have my best interest in mind. But recently, this advice has felt a bit outdated and unconventional in today's society.

They have advised that I date multiple people at once and have told me to never settle down with someone I'm not absolutely in love with. The way I see it, I've grown up in an age where getting to know people happens much quicker (because of technology) and where dating multiple people can lead to a lot of hurt and frustration if not handled with proper care.

How would you recommend approaching the generational differences in dating now versus dating in the past? I trust my parents and believe they give valid advice. However, I don't see that this approach holds the same level of approval by today's standards. – A Curious Perspective

Dear Curious Perspective: Today's standards are what you want them to be. If you don't want to follow your parents' advice and you want to be monogamous in your dating relationship, then do that and see where it goes. If, on the other hand, you want to take your parents' advice and date multiple people, my only caveat would be to be honest with the people you are dating. Tell them that you are not ready to be in a one-on-one relationship, and you can even cite your parents. The goal for you is to have a similar marriage to your parents, but you have to try to feel out what will work best for you.

Dear Annie: This is about "Getting Old and Going in Circles," the woman who said she feels like a "mommy girlfriend" because her longtime partner puts her down and is making her feel powerless. In addition to the advice you gave her, she might consider seeking help from a local women's shelter or the National Domestic Violence Hotline (800-799-7233). She

may also qualify for assistance from the state to help with living expenses.

Although he has not physically assaulted her, he is a verbal abuser and has worn her down to the point where she feels unable to live on her own. – Help for Women

Dear Help for Women: Thank you for your sound suggestion.

Dear Annie: My mother gave up my half-sister at birth. I became close to my sister and her family beginning in my 30s when she found me. I'm almost 60 now. Her family was not fond of my mother, and my sister wanted to distance herself to follow her adoptive parents' wishes.

Unfortunately, my sister passed away at a young age from cancer, as did her beloved father the year before. I helped plan my sister's funeral with my brother-in-law. My brother-in-law and my sister's brother, also adopted, mentioned their displeasure with my mother for some things she did and said at the hospital. I thought pushing the idea of finding birth parents at the hospital was very insensitive at the time as well. They were offended by her (she often lacks a filter).

I asked my mother to be cautious at the funeral so as not to offend them because they were in quite a sensitive state after the loss of their sister and wife. They also don't have the same view of adoption as my mother does. My sister and her brother had recently lost both their parents, and her wishes were always to help her brother get through this loss. My mother

said how dare I mention it, that I'm a know-it-all and to have a nice life. I told her I was sorry to hurt her feelings but wanted things to be comfortable for the husband, brother and rest of the family who didn't all know about my sister's birth family.

My mother has not talked to me in eight months, nor has she shown interest in any holidays or my kids' events. I think she should've understood the sticky situation at the services and come for a visit afterward, but there's been no contact. Am I wrong? – Torn but Thinking I Did the Right Thing

Dear Torn: You did the right thing. In a sensitive situation, you acted as

any good sibling would, trying to bring peace to those who were grieving and honoring your late sister. I am surprised your mother responded as she did, whether that be out of grief, anger, resentment or some other emotion.

It sounds like you've tried to smooth things over with her since the service with no reciprocation. Until she is willing to come around and acknowledge that her reaction was not appropriate, there's not much more you can do besides keep the lines of communication open for if/when she is ready to reconnect.

Dear Annie: What's the proper way to deal with people who talk too much? If I encounter someone like that professionally or socially, I politely listen and avoid that person as much as possible in the future. My mother-in-law is my dilemma. She is a lovely person but quite rude in this respect. I would chalk it up to maladies that frequently occur in old age, but my husband has informed me that she has always been this way.

I feel terrible that she is very isolated, possibly because of this unfortunate trait. I also would never want her or my husband to have hurt feelings because I avoid the monologue visits quite often. Is there any kind way to go about this, for her and us? – Loving but Weary Daughter-in-Law

Dear Weary Daughter-in-Law: Avoiding chatty strangers and co-workers is certainly easier than dodging your mother-in-law. She sounds lonely and, while she might be aware to an extent of her talkativeness, seems oblivious to the real annoyance it causes to those around her.

At the end of the day, she's family, so indulge her – within reason. Be polite but remember it's OK to shut down conversations early and often or redirect the conversation to something you're more interested in discussing.

Dear Annie: A prominent man in my church died this past week, and his funeral was yesterday. When the church sent out an email blast to the membership announcing his passing, it gave the date and time of the funeral, along with burial information to follow at the church cemetery.

Shortly after getting this email, two days prior to the funeral, I reached out to one of the deceased's sons by email to offer condolences and stated that I would plan to be there for them.

He replied a short time later thanking me for the condolences and support but said that the funeral was going to be just "for family," but later in the fall there will be another memorial service and I might consider attending that one.

I doubted that the funeral was limited to family based on the way that the church had worded the email notice, by providing the details, but as he is in mourning, I will give him a pass. Annie, I drove by the church parking lot while the funeral was in progress, and it was packed! No way could it have been limited to just their family!

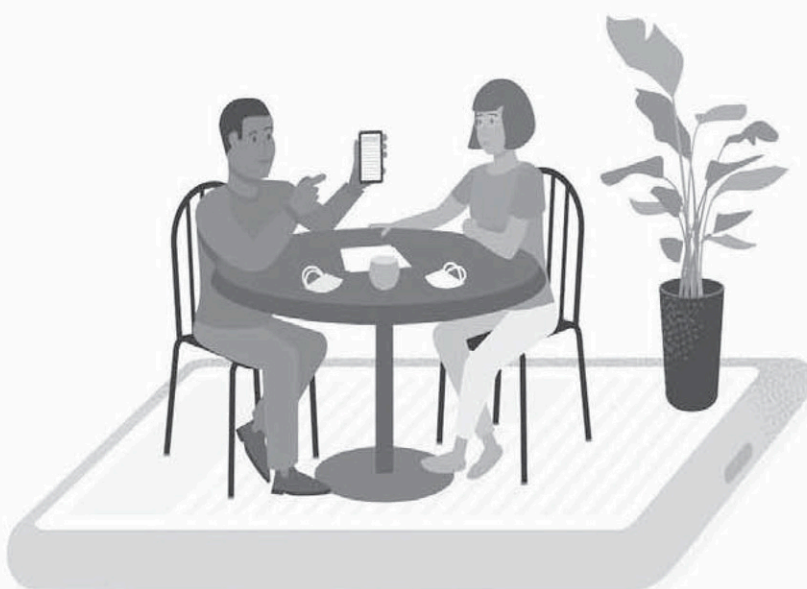
It is beyond me why someone would do this when there were alternatives. For example, I could have sat in an "overflow room" if space was a concern, or I could have just gone to the cemetery, but that was his wish, and I honored it.

My point in sharing this story: Please do not give a false reason when you do not want someone at an event, because the chances are pretty good that your lie will be discovered. – Mourning Bad Manners

Dear Mourning: Your point is a good one. Honesty is the best policy and prevents us from ever being caught in a lie. That said, in this particular situation, it is probably best to give the son the benefit of the doubt. Perhaps he was misinformed, or perhaps he simply wasn't thinking straight. Regardless, it is commendable that you wanted to be there for a member of your community in his time of need.

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PREVIOUS SOLUTION

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5	3	8	9	7	2	1	6	4
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1	7	2	4	6	3	9	8	5

HOW TO PLAY:
 Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

THE RECORD

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Interested applicants should send a cover letter and resume as soon as possible to **Sharon McCully, Publisher, The Record,** outletjournal@sympatico.ca

NEA Crossword Puzzle

Your Birthday

MONDAY, AUGUST 7, 2023

CAPRICORN (Dec. 22-Jan. 19) – Don't waste time or let someone control the outcome. Be aggressive and do whatever it takes to reach your objective. Invest more time and money in making your surroundings comfortable.

AQUARIUS (Jan. 20-Feb. 19) – You'll need patience and the courage to say no to anyone trying to tempt you into doing something erratic. Do your own thing if you want to make progress. Be secretive until you are ready to promote.

PISCES (Feb. 20-March 20) – Speak up, make plans and follow through. Don't let your emotions steer you in the wrong direction. Use your imagination and contacts to reach your goal. Positive change is apparent.

ARIES (March 21-April 19) – Making demands will set you back. Working alone will build confidence and encourage you to take on more moving forward. Refuse to let someone stand in your way or control your destiny.

TAURUS (April 20-May 20) – A change of heart will be due to how someone treats you. Let your intelligence, not your heart, be your guide. Mix business with pleasure, and you'll gain respect and support.

GEMINI (May 21-June 20) – Someone will leave out important information. Verify facts before participating in something that might hurt your reputation, position or productivity. Keep your thoughts and plans a secret.

CANCER (June 21-July 22) – Reach out to those with something to contribute and who are well versed in your goal. Distance yourself from those trying to redirect you, take advantage of you or tempt you to indulge.

Take your time and nurture yourself and the ones you love. Focus on maintenance, and refuse to let the changes or directions others take disrupt your plans. Make stability and security your priorities. Don't let desire, overindulgence and last-minute changes push you in a direction that can compromise your position or long-term goals. Take better care of your money, health and emotional well-being.

LEO (July 23-Aug. 22) – Stay on the straight and narrow path and refuse to let temptation lure you in a different direction. Put your energy into living up to your promises and maintaining a good reputation.

VIRGO (Aug. 23-Sept. 22) – It's up to you to take advantage of opportunities and turn something that interests you into a masterpiece. Your tireless work and enthusiasm will help you dazzle onlookers.

LIBRA (Sept. 23-Oct. 23) – Concentrate on participating physically in a cause that concerns you. The process and experience will enrich you. Spend time with loved ones doing things that bring you joy.

SCORPIO (Oct. 24-Nov. 22) – Size up your situation, use your skills and experience to achieve the changes you want to make, and consider partnering with someone who shares your vision. Don't let emotions stifle your plans.

SAGITTARIUS (Nov. 23-Dec. 21) – Take a stance and make physical changes to protect yourself from anyone trying to push you in an incompatible direction. A makeover will stroke your ego and raise your self-esteem.

Answer to Previous Puzzle

N	I	L		S	L	A	M		R	O	S	S	
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- ACROSS**
- 1 Godiva or Gaga
 - 5 Kermit is one
 - 9 Keg
 - 11 Playground attractions
 - 13 Shrewd
 - 14 Gambling hall
 - 15 From — to stern
 - 16 Eco-friendly org.
 - 18 Recognized
 - 19 The nitty- —
 - 21 Modify
 - 25 Extreme degree
 - 26 Work in verse
 - 29 Peruse once more
 - 31 Pencil end
 - 33 Develop
 - 34 Decaying
 - 35 Helping hand
 - 36 Name in Genesis
 - 38 Requisite things
 - 39 Garment with sleeves
- DOWN**
- 1 Endure
 - 2 Commedia dell'—
 - 3 Large metal container
 - 4 So far
 - 5 State bordering Ga.
 - 6 Not a sure thing
 - 7 Norse god
 - 8 Simmons or Wilder
 - 9 — -relief
 - 10 Snidely Whiplash look
 - 11 Disperse
- 41 Acidic**
- 44 — -la-la**
- 45 Concerning (2 wds.)**
- 49 Power grid problem**
- 51 Guy**
- 53 Had to have**
- 54 "Seinfeld" role**
- 55 Loafer**
- 56 Less sugar, less fat**

- 12 Farm animal
- 17 Brooch
- 19 Driveway material
- 20 Seat of power
- 21 Territory
- 22 Jeans maker Strauss
- 23 Walked on
- 24 Fish sometimes pickled
- 26 Bone (pref.)
- 27 Exploit
- 28 Eagles
- 30 Dedicated
- 32 Stopped fasting
- 37 Where Ger. is
- 39 "Below Deck" network
- 40 Yegg's target
- 41 Org.
- 42 A possessive
- 43 The Beehive State
- 45 Mountain range in Asia
- 46 Skirt feature
- 47 Muscle quality
- 48 Be indebted
- 50 "Gosh!"
- 52 Old English measure

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MONDAY, AUGUST 7, 2023

Which should be the trump suit?

By Phillip Alder

To start today, look only at the West hand. On your right, South opens one heart, you pass (I assume!), North responds one no-trump (forcing or nonforcing, it doesn't matter), partner doubles (a takeout double of hearts), and righty rebids two hearts. What would you do?

This problem faced four players at Bridge Base Online. You might pass, but that seems a tad cautious. Once you decide to do something, which suit would you prefer to be trumps: hearts or clubs? It seems clear to me that the answer is hearts. You cannot even guarantee an eight-card club fit, and you would have to win nine tricks. If so, surely you can take six or seven tricks in a heart contract for plus 200 or 500. Note the vulnerability.

All four BBO players advanced with three clubs.

Nine other Wests saw South open two hearts and East double in fourth position. Everyone ran to three clubs (using Lebensohl to warn of a weak hand).

Now look at the full deal. How do two hearts and three clubs fare?

If the defenders are careful against

North		08-07-23	
♠	K 10 8		
♥	10 2		
♦	Q J 10 3		
♣	8 5 4 3		
West		East	
♠	J 7 4	♠ Q 9 6 3	
♥	K J 9 6	♥ 7	
♦	6 4	♦ A K 8 2	
♣	Q 10 9 7	♣ A K J 6	
South			
♠	A 5 2		
♥	A Q 8 5 4 3		
♦	9 7 5		
♣	2		
Dealer: South			
Vulnerable: North-South			
South	West	North	East
1♥	Pass	1NT	Dbl.
2♥	??		
Opening lead: ♦ 6			

two hearts doubled, they can take one spade, two hearts, two diamonds, one club and a diamond ruff for down two, plus 500. However, it isn't so straightforward. The play might well begin diamond, diamond, diamond ruff, a club to the king and another diamond. Then, though, South discards his spade loser and escapes for down one. East must shift swiftly to a spade, which is not obvious. Still, plus 200 would have been a cold top!