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Fire risk back on the rise

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THE RECORD

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Guilt and the corona virus

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THURSDAY, JUNE 18, 2020

Quebec coroner announces vast public inquiry into COVID-19 long term care deaths

The Canadian Press

Quebec's chief coroner has ordered a vast public inquiry into COVID-19 deaths at some of the province's long-term care homes, private seniors' residences and other accommodations for vulnerable people.

Pascale Descary, the province's chief coroner, says in a statement the public inquiry will allow Quebecers to learn the facts about what happened during the pandemic.

Coroner Gehane Kamel has been appointed to oversee the inquiry.

A lawyer by training, she will be assisted by a coroner with medical background, Dr. Jacques Ramsay, given the complexity of the subject and the large number of deaths.

The coroner's mandate will investigate certain deaths in those

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Vigi Shermont nursing director returns with military honours



COURTESY

By Michael Boriero - Local Journalism Initiative Reporter

Cindy Boivin left her family behind in Magog at the beginning of May when she departed for Montreal to help stabilize a dire COVID-19 outbreak at the CHSLD Vigi Mont-Royal.

Boivin, the nursing director at the CHSLD Vigi Shermont in Sherbrooke, offered up her expertise, because, as she puts it, she would expect someone to do the same for her. She went on to earn a medal of honour from the Canadian Armed Forces.

"I don't take all of the credit, it was

really a team effort," Boivin said. "If I showed up there alone, we wouldn't have been able to accomplish everything we did to date."

Vigi Mont-Royal was hit hard at the onset of the pandemic. According to

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Weather



TODAY:
SUNNY

HIGH 32
LOW 14



FRIDAY:
SUNNY

HIGH 32
LOW 15



SATURDAY:
SUNNY

HIGH 31
LOW 17



SUNDAY:
SUNNY

HIGH 30
LOW 17



MONDAY:
SUNNY

HIGH 29
LOW 18

My totally 80s pandemic



ROSS MURRAY

At the start of the pandemic, we watched all eight Harry Potter films over consecutive nights. The pandemic, unfortunately, outlasted the marathon. What next? When Deb and the children moved on to "Game of Thrones," I watched a single episode and thought, "I can't commit to this." Terrible people doing terrible things in primitive conditions? If I wanted to see that, I could have gone shopping at the height of the toilet paper panic.

Instead, I tackled all seven seasons of "30 Rock," which I followed with Bossypants, Tina Fey's memoir, purchased months previously at Value Village for 50 cents. I then watched her one-hour Letterman interview on Netflix. Years from now, whenever someone says "Liz Lemon," I will step back six feet and feel an urge to wash my hands.

There are things many of us intentionally set out to do over the last three months. "If I'm in isolation," we told ourselves, "might as well do something practical." Sourdough was big. People started planting gardens. Working out. Getting divorced.

But as in all times of life, some things just happen. Organically, as people say. (Those people should be pummeled.)

For me, this pandemic has become all about 80s music and, as a corollary, recognizing that, after a good run, I

may be done with new music.

This is tough to admit. My forties coincided with the explosion in indie music and the vast availability of music. Whole musical worlds opened up for me. In 2011, I attended my first and only Osheaga festival in Montreal and had heard (or at least heard of) a good half of the acts slated to perform. Over the past nine years, the lists of acts have become, like my eyesight, increasingly fuzzy.

At the start of the pandemic, I feel like I was keeping on top of things. There was the new release by Fiona Apple, Fetch the Bolt Cutters, which was weird and stunning and of this isolated moment. I dug right into it; it's outstanding.

And then I stopped. I tried listening to someone named Charli XCX, but I discovered the first X stands for "Xtremely boring. The second X stands for "X was an excellent 80s punk band and they just released a new album!" (The C stands for "Charli Again," boringly.)

Instead, what drew me back to the 80s was a series on the website Stereogum. They are reviewing in sequence every Billboard Number One. It's glorious and insightful and includes the nicest music-loving commenters I've ever read online.

The lockdown began on March 13, the day Stereogum posted one of the first Number Ones of 1980, "Rock With You," by Michael Jackson. It hit the top spot on January 19 and stayed there for four weeks. Stereogum gives it a 9/10. In January 1980, I was 14 years old. I was a 5/10.

This week we're up to October 1982, and John Cougar is singing a little ditty about Jack and Diane (8/10). At the time, I was six weeks from turning 17 and oblivious to the bleak outlook of that chorus: "Oh yeah, life goes on / long after the thrill of living is gone." I wasn't paying attention to lyrics; I was

probably thinking of girls.

I'm sure that's partly the allure of this music, the nostalgia for those teenage yearnings, memories of unrequited crushes. "Hold Me Now" by Thompson Twins, for instance, makes me think of a girl I was sure I was in love with. (Spoiler: I was not.)

Nostalgia is the middle-age version of hormonal urges. It's puppy love for old dogs. Given a taste via Stereogum's dive into the mixed bag of 80s Number Ones (many jokes about wishing "Abracadabra" would disappear; 1/10), I wanted more of that old drug. But not Huey Lewis's "New Drug," thanks.

In fact, I'm not much interested in the usual 80s suspects—your Billy Idol, your Madonna, your Stray Cats. I prefer less-traveled alternative and new wave. The Stereogum commenters often point to forgotten songs that were released then or were "on the punk side of town" or big in Poland, setting off clicks of early music videos drenched in cheese. Do you remember "Crazy" by Icehouse? I completely forgot about Icehouse. And Icicle Works! Vanilla Ice I unfortunately remember.

After wading through hours of 80s alternative on YouTube, I stumbled on a Spotify playlist called "80s Deep Cuts" filled with obscurities and B-sides from this musically diverse decade. 83 hours worth! And I have discovered an important thing: a lot of 80s music was really, really bad. And yet I continue to listen.

Maybe I'll be back to new music once this is all over, but for now I'm drawn to that awkward time in my youth when I didn't know what was in store. Now I do know what was in store for me then, and it turned out okay. It's comforting to look back when you have that kind of reassurance. That comfort is what we seek right now at a time when absolutely no one knows what's in store. We can't say, "Hold me now," so we might as well sing it.

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Local News

The older of the two buildings, on Gouin Street, was erected in 1928 to replace the school on Main Street that was run by the Brothers of the Sacré Heart of Jesus that had been in operation since 1882.

No more pencils, no more books No more of teacher's dirty looks

By Nick Fonda

“No more school!” is a cry that—years prior to COVID-19—was loudly heard far and wide in June. This year, of course, the school year was cut short for high school students and elementary schools will have many fewer students rushing out the doors come the end of the month.

That same phrase is true in a very different way, however, for two brick structures that once served Richmond's English-speaking Catholic community as Notre Dame School and St. Michael's Elementary School. By the end of June there will be only an extensive empty lot on the corner of Gouin and Adam Streets.

The two schools have been standing empty for over a decade.

The older of the two buildings, on Gouin Street, was erected in 1928 to replace the school on Main Street that was run by the Brothers of the Sacré Heart of Jesus that had been in operation since 1882. The new school on

Gouin Street, like the old one on Main Street, carried the name Sacré Heart and offered a Catholic education to boys in the area.

By the early 1950s, the post war baby boom required the construction of more classrooms and Notre Dame School was built on Adam Street. Notre Dame was notable for a couple of reasons. One is that it had a gymnasium, unlike the earlier schools it replaced. The other is that it housed Catholic English-speaking students in one side of the building and French-speaking students in the other. Alumni of the school recall frequent schoolyard scuffles.

Sacré Heart continued as a school for boys run by the teaching brothers for another decade or so, by which time the idea of separate schools for boys and girls had almost entirely given way to co-educational schools. After the departure of the clergy, for a brief time, the school was called St. Patrick's and served the French-speaking

CONT'D ON PAGE 4



Fire risk back on the rise

Record Staff

An open-air fire ban near or in forested areas was put back into effect in many parts of the province by Quebec's Ministry of forests wildlife and Parks earlier this week. As of this writing the ban only

applies to the Granit MRC in the Estrie region, but people throughout Quebec are being asked to remain vigilant in order to help prevent forest fires.

On Wednesday the SOPFEU, Quebec's forest fire fighting service, rated the Estrie Region as being at high risk for fires, with the likelihood of increasing

to “very high” today and tomorrow. Although this is lower than in the surrounding regions, where risk is “extreme,” it nonetheless represents a significant threat if people are careless.

There are currently no forest fires burning in the province of Quebec, although there have been 386 so far

since the start of the season. A similar ban was imposed across all of Quebec during the heat wave in May, when a prolonged period of hot, dry weather saw fire risks increase significantly across all regions.

Quebec coroner

CONT'D FROM PAGE 1

residences that occurred between March 12 and May 1 where the coroner was notified because the death was

violent, its cause was unclear or it was possibly linked to negligence.

Kamel had been previously enlisted to investigate the deaths at Residence Herron in Dorval, Que., and that case

will form the basis of the broader inquiry.

She will also select deaths in several types of residences from different regions to create a better portrait of

the situation province-wide.

Seniors Minister Marguerite Blais says the provincial government will cooperate with the inquiry.

Vigi Shermont

CONT'D FROM PAGE 1

internal documents sent to Radio-Canada, the centre had a 100 per cent infection rate among residents, and 148 staff members contracted the virus.

The Shermont had no COVID-19 cases, explained Boivin, no sick employees or residents. Vigi Santé, the owner of 15 CHSLDs in Quebec, reacted by reaching out to directors in the network.

Boivin spent one month at Vigi Mont-Royal, returning to her Magog home on May 29. She said it was a difficult decision leaving her family for a month and knowing the consequences of working in a high-risk zone.

“It was a challenge for me and an experience I'll probably never see again

because pandemics don't happen all the time,” she said

With the support of her husband, Patrick Dupuis, and her four children, she felt encouraged to enter a pandemic hot zone. It was a shock to the entire family at first, Dupuis explained.

“It was an adjustment, but we told the kids that she was going to Montreal because one of the values that we hold dear as a family is if someone needs help and we're able to help them, then we should do that,” he said.

While Boivin's family was nervous for her safety, Dupuis said they had a lot of faith in the public health system. Boivin is also an experienced director, he added, she was always aware of her surroundings and actively looked to minimize risks.

Dupuis, who works as a spiritual care practitioner at the Cowansville and Granby Hospitals, said it also made him realize just how much his wife does around the house. After one week, he needed to call Boivin to express his appreciation for her.

Although she received a medal of honour for her efforts at Vigi Mont-Royal, Boivin refuses to take sole responsibility for turning around a dangerous situation. She had help from many health care workers and dedicated troops from the Canadian Forces.

“The medal the army gave me is really due to the collaboration that we had together, we had the same goals and we worked together to achieve it,” Boivin said.

There was a lot of communication

between each other, she continued. She stressed the importance of keeping an open and honest dialogue with everyone at the centre, including the army.

Her job as interim nursing director at Vigi Mont-Royal was to regroup the staff and refocus efforts toward squashing an uncontrollable outbreak. Today, the situation at the Montreal-based centre has calmed down, all thanks to a collaborative effort.

“It's going a lot better, it's stabilized and we can proudly say that we stopped the crisis,” Boivin said. “It's certain they suffered a lot from COVID but it's a lot better, nothing like it was at the beginning.”

2020 Toyota Highlander



Photo: Auto123.com

Toyota couldn't afford to mess up the SUV's overhaul; on that front, its mission accomplished



By Auto123.com

The three-row Highlander crossover, newly redesigned this year, is now on its fourth generation. The new edition of the SUV enters a crowded playground peopled by several heavyweights. Already there were strong rivals like the Honda Pilot, Volkswagen Atlas and Mazda CX-9, and in recent years, the Kia Telluride, Hyundai Palisade and Subaru Ascent joined the fray. To say the least, the competition is fierce in this niche.

What's new for 2020

First of all, let's not forget that the Toyota Highlander has always been a good seller for Toyota. Long perceived – and rightly so – as a sure thing in the market, the model was nevertheless due for a serious refresh. Toyota took some well-calculated risks in transforming its SUV. The visually transformed new Highlander is a little longer and wider and above all much rounder at its edges than its predecessor. You either like it or you don't; to our eyes it looks a little like a RAV4 on steroids.

Inside, the festival of roundness continues. As soon as you settle inside, the comfort of the driver's seat is notable. The small steering wheel is easy to grip and doesn't feel like it's bolted to a big beast. Note that this small steering wheel has no fewer than 19 buttons that control radio, smartphone, cruise control and even lane departure warning system.

The interior space is very well-designed and well-finished, with multiple storage spaces available for occupants in each row. Toyota, which long remained allergic to the Apple CarPlay and Android Auto applications, includes them standard here right from the base version. Bravo. Otherwise, several USB ports are available in the 2020 Highlander, both front and rear.

The second-row seats are wide and very comfortable, but those in the third row are, and you see this coming, good for children; you'll get complaints from any adults condemned to sit back there. Even for those of average height, there's a dearth of legroom and headroom. Although we weren't surprised by this, it still constitutes a

disappointment.

All models offer eight seats except the Premium version, which offers seven due to the presence of two second-row captain's chairs.

In terms of pricing, the ball gets rolling at \$42,329 for the front-wheel-drive L version; this entry-level model offers 60/40-split fold down second- and third-row seats. The driver's seat is heated and 8-way power-adjustable, the central console is fitted with an 8-inch touchscreen and the audio system connects to 6 speakers. Safety features include the Safety Sense 2.0 package and Blind Spot Monitor with Rear Traffic Alert.

For an additional \$3,500, bringing the cost to \$45,829, you can upgrade to the LE AWD, which includes Toyota Audio Plus, Sirius Satellite Radio, Safety Connect and Rear Cross Traffic Alert.

The XLE version seems to us the most interesting choice; it offers a power-adjustable passenger seat, tri-zone automatic climate control, sunroof and power tailgate, for a price of \$48,329.

Next, the \$54,029 Limited version, the model we test-drove, includes ventilated leather seats, 11-speaker JBL audio system, wireless charger, panoramic roof, 20-inch chrome wheels, navigation with real-time traffic and integrated weather information. Note, however, that automatic wipers are absent from this version, which sells for north of \$54,000, remember!

You'll have to add another \$2,300 to get the Platinum version, which includes a head-up display, larger 12.3-inch screen and heated second-row captain's seats. At \$56,329, we think the price is a bit steep, especially since the competition is tough in this category and at this price level.

A hybrid version for small car-like fuel economy

Toyota really nailed it with its decision to produce a hybrid configuration of its 2020 Highlander. The idea is great in and of itself, but Toyota really made the proposition attractive by making it so you only have to add \$2,000 to get it, no matter which version of the model you choose. Under these conditions, you could end up seeing more hybrids on the road than gas versions. This, by the way, is the version that impressed us the most during our first test drive of the 2020 Highlander last December.

The purely gas-engine versions are all powered by a 3.5L, 6-cylinder, direct-injection engine producing 295 hp and 263 lb-ft of torque, combined with an 8-speed automatic transmission. The hybrid version, meanwhile, uses a 2.5L 4-cylinder with a Hybrid Synergy Drive system for 243 net hp, and a continuously variable transmission.

During our recent test drive, which

was conducted only with the 6-cylinder version, we found the ride to be very pleasant. The transmission provides smooth shifts, and even if you push the engine a little, nothing unpleasant will come out of it. The sound of the engine is very pleasant, and the vehicle's ride is pretty near total smoothness. Frankly, it feels more like driving a Lexus than a Toyota.

Congratulations to Toyota, because while the old model never made you feel like you in a Lexus, the 2020 Highlander makes you pretty game to hit the road for longer trips. This is mainly due to the new TNGA (Toyota New Global Architecture) platform, which gives the Highlander increased agility, a tighter turning radius and a smoother, quieter ride.

On the fuel consumption side, making generally shorter trips during these times of the pandemic, we recorded an average of 11.2L/100 km. On the road, the average is 7.8L, usually with two adults on board. To our great surprise, we stayed below the manufacturer's fuel consumption figures. Let's just say that's not a common occurrence...

Conclusion

The new 2020 Toyota Highlander 2020 is a serious player in the 3-row crossover category. For one thing, it's one of the longest-serving, most credible and most respected models of its type. Secondly, with a few minor exceptions, Toyota didn't trip up with this overhaul. Which makes it easy to recommend, especially given the model's proven reliability and resale value that the Korean models can't touch.

That said, if you're looking for a vehicle with real, actual room for seven or eight people, you'll be disappointed because the third-row seats are really tight. Plus, there's precious little cargo space in back when the third row is actually in place. If these things matter to you, you'll get more satisfaction by going to Hyundai, Honda or Kia, which offer models starting at \$38,699 for the Palisade, \$43,220 for the Pilot and \$47,000 for the Telluride respectively. Where the Highlander literally crushes its competition is that it's the only one to offer a hybrid version! This very fuel-economical variant provides Toyota with a very compelling sales pitch.

We like

Positive driving dynamics

Fuel economy

Comfort on board

A very interesting hybrid version

We like less

The small third row

No automatic wipers before the Platinum version

Very little trunk space with the third row in place

No more pencils —

CONT'D FROM PAGE 3

community. It then became St. Michael's, an elementary school for the English Catholic population.

In the early 1980s, when the administration of schools in Quebec was restructured to become language-based rather than religion-based, the school was taken over by the French school board. At about the same time Notre Dame also reverted to that board and the two buildings became Pavilions one and two of l'École Le Tremplin.

A decline in student numbers eventually led to the abandonment of the two schools. What had most recently been a French high school on 7th Avenue became Plein Coeur elementary school and French speaking high school students were bussed to Windsor.

While the old Notre Dame stood empty, the old Sacré Coeur has been used intermittently by the Sûreté du Québec for training exercises.

Both buildings belong to the Des Sommets School Board which has rejected numerous offers from the Town of Richmond to buy the decommissioned schools. Instead, the board hired the firm, Robert & Fils Métaux to undertake their demolition.

"Our firm has considerable experience with demolition and it's a relatively easy and straightforward job for us," said Richard Bouchard, a spokesperson for the Shawinigan based firm.

"There are no other buildings immediately adjacent," he explained, "and they are both set far enough back from the street. Compared to taking down a building on Montreal's St. Catherine Street, these are easy."

"We have five men working on the job," he continued, "and we expect it to take between two and two and a half months at a total cost of about \$700,000."

The demolition of the schools has not met with universal approval. At least a few people have approached the Richmond County Historical Society to ask if the buildings could not be saved. The RCHS might well have been interested in saving the building but is without the financial resources to either buy or restore the buildings.

Similarly, Richmond's mayor, Bertrand Ménard, has also heard from citizens who are disappointed to see the buildings being torn down.

While that decision was out of his hands, he is optimistic about the future.

"We hope to be able to buy the land from the school board," he said, "because we do have a couple of projects in mind that would be very interesting for the future development of the town."

In the meantime, anyone who wants a souvenir of the old Sacré Coeur, can have one for the asking. When it was built, in 1928, bricks were used both on the façade and in the interior walls. Those bricks came from the old brickyard on Spooner Pond Road that belonged to Stanislas Edmond Desmarais (who served simultaneously as Richmond's mayor and Member of the National Assembly) and the bricks are stamped with the name, Richmond. The contractor has kindly set aside a large pile of bricks for anyone wanting some.

Ironically, while the second Sacré Coeur and Notre Dame are being demolished, the original Sacré Coeur on Main Street is still standing, providing commercial space to a hairdresser and an esthetician, as well as several residential apartments.



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The Border Report | *From day one, Hartley loved to run and chase his ball in our fenced-in dog park*

New team members joining Phelps Helps



By Phelps Helps

Phelps Helps would like to announce to two new team members joining the Phelps staff; Clara Mackinnon and Debbie Bishop!

Clara has joined the Phelps team as a summer student to help with online tutoring and other summer projects. A recent McGill graduate and native of the Eastern townships, she brings with her knowledge of the community and enthusiasm. Although she will leave us in the fall, we are looking forward to a great summer!

Debbie joins the team as interim executive director (photo to come).

With her in-depth knowledge of the Stanstead community and wealth of experience in community organisations, Debbie will be an invaluable addition to the team. Debbie shares our passion about this community, we are very lucky to have her joining us.

Phelps Aide Phelps Helps was founded in 2012 and has grown organically from a single high school tutoring program to six unique programs, providing the Stanstead area with free educational and career support. For more information or to volunteer, please email us at info@phelpshelps.ca, visit our website at www.phelpshelps.ca.



Clara has joined the Phelps team as a summer student to help with online tutoring and other summer projects.

Border closure extended to July 21

Record Staff

On Tuesday the federal government announced that the Canada/US border will remain closed

to non-essential travel for another month.

Exemptions were made in recent weeks for citizens in the US with family who are Canadian citizens or perma-

nent residents. In those cases people can come to Canada and stay with family on the condition that they quarantine for 14 days, which is the minimum length of a visit.

Cross border travel for recreational purposes, however, will remain prohibited until July 21.

FRONTIER ANIMAL SOCIETY

Featured pet: Hartley

Although Hartley was featured only a few weeks ago, he was still getting used to his new routine and now that he has settled in, we wanted to share an update.

Friendly and outgoing, Hartley is eager to be out and about and he can be a little excitable when he first comes out of his pen. He calms down quickly though and even when excited, he stays focused and listens. He still pulls a little but his leash skills are greatly improved and with a harness or halti, he does really well.

From day one, Hartley loved to run and chase his ball in our fenced-in dog park, but he has since learned the art of playing fetch, and he is now very good about bringing the ball back and gently lets it go.

Hartley interacts well with other dogs outdoors, but he doesn't do well sharing his home with other dogs, so he should be the one and only. He knows sit, and will eagerly give his paw for a treat.

Hartley will do best with an adopter who will give him the structure, exer-

cise and mental stimulation he needs to thrive. A securely fenced yard is a definite asset and because he can be vocal, no apartment living for this 2 year old husky mix.

If you think Hartley might well be the one for you, we'd love to hear from you. To inquire, please send an email to frontieranimalsociety@gmail.com or better yet, give our adoption coordinator Brenda a call at 819.876.7747 any day of the week between 8 a.m and 8 p.m

Frontier Animal Society Annual General Assembly (AGM)

Our AGM will be taking place on Tuesday June 23rd at 7 p.m. This year, we are holding it at the shelter which is located at 2405 Griffin (route 247) in Ogden. Everyone is welcome to attend. It's a great way to find out more about what we do and if you've ever thought about volunteering, we're always happy to welcome new people. Social distancing will be maintained.

We hope to see some of you there!



EDITORIAL

I will also miss doing my grocery shopping at 7:00 a.m. when all is relatively quiet in aisle one - or two, three and four for that matter.

Guilt and the corona virus



TIM BELFORD

ing the dog, reading and contemplating what I'll cook for supper.

The one drawback in this happy scenario is that both myself and the love of my life are of an age when we are not only susceptible to the virus but in the category of "most likely to succeed" if it comes to dying of COVID-19. Thus, there is an incentive to follow the rules on social distancing; mask-wearing, hand-washing and avoiding anyone who has recently travelled to just about anywhere outside of our own neighbourhood.

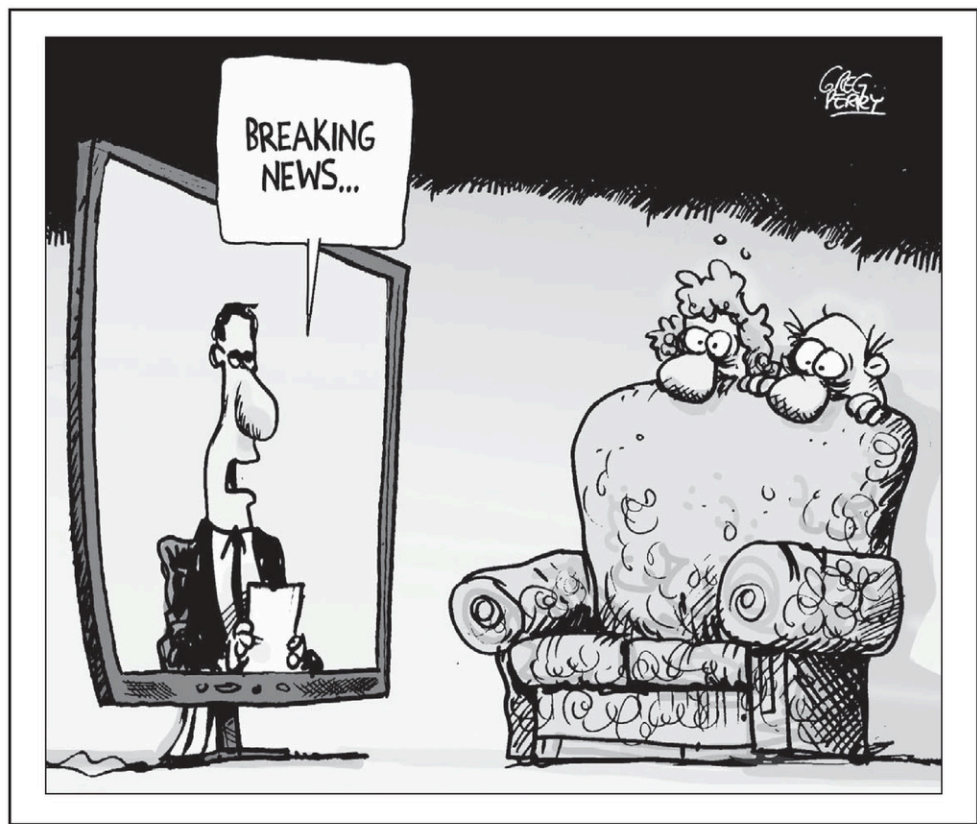
Strangely enough, there are several things I won't miss when this is all over and done. It has been weeks since I picked up the phone only to be told that I had won an all-expenses paid Caribbean cruise if I would just send in a small processing fee. Nor have I been offered an inexpensive re-paving job for my driveway, an upgrade for my computer, or a chance to have my home checked for possible heat loss. It appears that the unsolicited sales call has been one of the first victims of the pandemic shut-down.

I don't miss the two-and-a-half-month long Stanley Cup playoffs either. Call me old fashioned but when it takes a full season to eliminate just over half the teams and then the "road to the Stanley Cup" runs into June, it's just too long.

Although, as I said earlier, my life hasn't really changed but there are

I've been feeling guilty lately. Everywhere I turn I hear, or read, or see, tales of woe concerning the present pandemic and the affects it has had on so many people right around the world. The loss of life, the unemployment, the threats of eviction, the closing of schools, all of these have caused profound suffering; and that's the problem. My life, apart from some minor inconveniences, hasn't really changed. Thus the guilt.

You see, I am one of the fortunate few. I am retired and living on the government dole so money isn't a major problem. My bride and I have our own home with a spacious yard and the requisite deck with the added plus of a comfy, screened-in gazebo where even the mosquitoes cease to be an irritation. I can spend my days much as I did before the infamous corona virus reared its ugly head; gardening, walk-



some things I do miss. Right at the top of the list is the regular meetings of the Lennoxville Genealogical and Ale Appreciation Society which would normally gather at the Army Navy Air Force 'Hut' where one could catch up on all the news while solving the problems of the local, provincial and federal governments. It's nice to make human contact even if it's only to discuss mutual ailments.

I will also miss doing my grocery shopping at 7:00 a.m. when all is relatively quiet in aisle one - or two, three and four for that matter. It is worth all the masking and scrubbing to be

able to wheel my way along the 'open road' with only a limited amount of cart-dodging and few if any line-ups at the cash. The only really irritating thing is not being able to recognize and greet your early bird neighbours, who, like yourself, have been granted the same degree of masked anonymity.

There is no question that the pandemic of 2020 has had a profound affect on many lives. Nor is there any doubt that the affect has varied widely from person to person. Let us hope that even the 'lucky ones', as I most assuredly am, will remember that.

Sherbrooke tightens the leash for dog owners

Record Staff

The City of Sherbrooke modified its bylaws regarding dogs this week to take into account changes to the province's Act to promote the protection of persons by establishing a framework with regard to dogs.

As a part of the change, dogs of 20 kg or more must be equipped with a halter or harness and be on a leash of

no more than 1.85 meters when out for a walk.

A dog can now be declared dangerous by the City if it has bitten or attacked a person, causing death or serious injury, or following a behavioral assessment by a veterinarian. Behavioral assessment of a dog performed by a veterinarian is mandatory when a bite has caused a laceration of the skin requiring medical intervention. It may also be required as

soon as there are reasonable grounds to believe that the dog constitutes a risk to public health or safety.

A dog declared dangerous must be euthanized, and it is possible for the City to compel its owner to relinquish custody of any other dog and to prohibit him from owning, acquiring, keeping or breeding a dog for a specified period.

A dog declared potentially dangerous must be vaccinated against rabies, sterilized, microchipped and must not be in the presence of a child of 10 years or younger without the supervision of an adult. It must also be kept inside of a fence or other barrier and a sign must be installed on the property to warn visitors. In addition, these dogs must be muzzled at all times in public places and be attached with a leash no longer

than 1.25 meters.

Before rendering a decision and imposing standards for the care of a dog, the City must notify the guardian of its intention, the reasons and the time allowed to present its observations.

A dog declared potentially dangerous in any Quebec municipality is considered dangerous throughout Quebec. This is why, the owner of the dog must now declare all the municipalities where the dog was previously registered and provide all the decisions rendered by another municipality with regard to the dog.

More information on the rule change, including amounts of possible fines, is available online (in French only) at sherbrooke.ca/chiens.

The Record welcomes your letters to the editor. Please limit your letters to 300 words. We reserve the right to edit for length, clarity, legality and taste. Please ensure there is a phone number or email where you can be reached, to confirm authorship and current town/city of residence. Names will not be withheld but the address and phone number of the writer are not published, except by request. Please email your letters to newsroom@sherbrookerecord.com. Preference is given to writers from the Eastern Townships.

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 The Record is published daily Monday to Friday. Back copies of The Record are available.

The Record was founded on February 9, 1897, and acquired the Sherbrooke Examiner (est. 1879) in 1905 and the Sherbrooke Gazette (est. 1837) in 1908. The Record is published by Alta Newspaper Group Limited Partnership.
 PM#0040007682

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Local Sports

Government of Quebec announces new phase of sport deconfinement

By Matthew McCully

The Quebec government is moving forward with a new phase in the resumption of sports activities. As of June 22nd, indoor sports facilities as well as public and private beaches will be able to open again. Matches for team sports can also resume, in accordance with public health directives. The announcement was made yesterday by Isabelle Charest, Minister for Education and Minister responsible for the Status of Women.

The training of beach lifeguards can also resume, Charest said.

“We have all missed sports in recent months, but with this new phase, Quebecers will be able to return to their hockey camps, gymnastics clubs and fitness centres. It is a return to normal that will have to be done cautiously, and we will have to make adjustments in the practice of our favourite sports activities. However, I am confident that we will adapt quickly,” the MNA commented in a press release.

Once this new phase is completed, combat sports will be the only sports still prohibited.

All applicable public health regulations must be respected, particularly those concerning non-essential travel and spectator gatherings. Quebec sports federations and national recreation organizations will guide their members and the public in this process.

Anyone with specific questions should contact their respective sports federation for details.

They should all be adapted and have a protocol, Charest explained during a phone interview. “Some more than others,” she said, using football as an example.

Sports facilities and training centres will be provided with guides to follow from the Commission des normes, de l'équité, de la santé et de la sécurité du travail (CNESST), but each facility is expected to apply the guidelines as they

see fit.

While locker rooms, bathrooms and showers can open, Charest said they should still be avoided whenever possible to help avoid the spread of COVID-19.

As long as people remember the basic principles of social distancing and frequent hand washing, they are welcome to resume their favourite sports, Charest explained. She added that at this phase of deconfinement, people can begin to use their judgement when it comes to sports while keeping safety measures in mind.

Bishop's sports complex aiming for July to reopen

According to Matt McBrine, Director of Athletics and Recreation at the John H. Price Sports & Recreation Centre on the Bishop's University campus, the facility intends to open “when the environment is safe for whoever comes into our space.”

McBrine said the sports complex will host a day camp for children starting June 29 and right now the priority is getting the space ready to meet those needs.

Bishop's has a COVID taskforce, McBrine said, which he will meet with next week to present ideas for a reopening plan. Best guess at the moment, according to McBrine, is to try to open sometime in July.

“It's a lot,” McBrine said, referring to the changes to be made. New hand washing stations have already been added, McBrine said, and new signage is being added in the complex as well as modifications to the washrooms.

Equipment in the fitness centre is also being moved to make sure there is a minimum of two metres between machines, he said.

While anxious to get the doors open again, “there are no shortcuts in this venture,” McBrine said, wanting to do everything necessary before reopening to provide a safe place for users.



Even during a pandemic, you can consult a professional.

If you need a medical consultation and have no flu-like symptoms or gastroenteritis symptoms or symptoms similar to COVID-19, contact:

- your doctor
- your medical clinic
- your family medicine group
- or Info-Santé 811 if you don't have a doctor

to get a consultation over the phone or, if needed, in person.

Wearing a mask or face covering during in-person consultations is recommended, although you may be asked to replace it with a procedural mask upon arrival.



Cough into your sleeve



Wash your hands



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Let's keep at it. Let's continue to protect ourselves.

[Québec.ca/coronavirus](https://quebec.ca/coronavirus)

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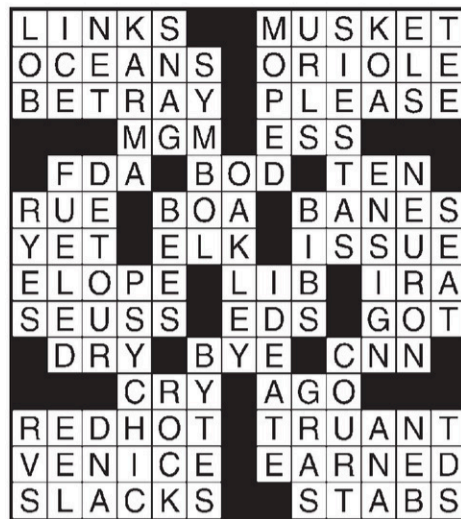
NEA Crossword Puzzle

Your Birthday

THURSDAY, JUNE 18, 2020

- ACROSS**
- 1 Skirt feature
 - 6 Nut tree
 - 11 Portable home
 - 12 Insurance center
 - 13 Went sky-high
 - 15 Cat that hunts
 - 16 Darth Vader's real name
 - 18 Meadow browser
 - 19 Overly glib
 - 21 Monsieur's wine
 - 22 Cat's-paw
 - 23 Essay byline
 - 25 Iota
 - 28 Come up
 - 30 Columbus sch.
 - 31 Corrida cheer
 - 32 Domestic fowl
 - 33 Daily record
 - 35 Hindu ascetic
 - 37 Chicken piece
 - 38 Gloom
- 40 Strauss of blue jeans**
- 41 — kwon do**
- 42 Fruit cooler**
- 43 Carefree or Dentyne**
- 46 Moderate**
- 48 Ballpark event**
- 50 Not susceptible**
- 54 Common cleanser**
- 55 Reminders**
- 56 Bumbling**
- 57 "Haste makes waste," e.g.**
- DOWN**
- 1 Qt. fractions
 - 2 Mr. Durocher
 - 3 DDT banner
 - 4 Makes effervescent
 - 5 Mall frequenter
 - 6 Timely blessing
 - 7 Down Under bird
 - 8 Fluency
 - 9 Gnaw

Answer to Previous Puzzle



- 10 Tortoise rival
- 14 Mr. Brubeck
- 15 Short skirts
- 17 Two pounds, plus
- 19 Make baby food
- 20 Mimicry
- 22 Kids' writer Roald —
- 24 — Wiedersehen
- 25 Said in fun
- 26 Pimiento holder
- 27 Garr of "Mr. Mom"
- 29 Massachusetts state tree
- 34 Peripheral
- 36 Frightened
- 39 French Legion headgear
- 43 High desert of Asia
- 44 Bone — —
- 45 Nothing but
- 46 Written material
- 47 Mrs. Peel of "The Avengers"
- 49 Carpet pile
- 51 Ms. Thurman
- 52 Wassail alternative
- 53 Compass pt.

Make your life better, and strive to meet your goals. Strengthen yourself physically and prepare for the future by doing whatever is necessary to excel. Don't dwell on the negative when a positive attitude can help push you in a direction that shows promise. Be and do your best.

GEMINI (May 21-June 20) - Do your own thing. If you trust someone else to take care of your responsibilities, you will end up being disappointed. Concentrate on what you know and can do yourself.

CANCER (June 21-July 22) - An unusual opportunity will leave you feeling energized and ready to start a new project. Check your supplies and place an order for what you don't have on hand.

LEO (July 23-Aug. 22) - Figure out what you want to do and what makes you happy. Don't feel you have to make a change because someone else does. Follow your heart and explore new possibilities.

VIRGO (Aug. 23-Sept. 22) - Rely on your instincts to get through challenging times. The changes you make should lead to stability and encourage discipline to do what's right and best for you.

LIBRA (Sept. 23-Oct. 23) - Look into something that interests you and you'll discover a way to broaden your awareness and improve your life. Don't let a situation at home escalate into a disagreement.

SCORPIO (Oct. 24-Nov. 22) - Take on something that challenges your mind and makes you strive to reach new goals. What you discover will help change the way you feel about your lifestyle and direction.

SAGITTARIUS (Nov. 23-Dec. 21) - Recognize a smooth sales pitch or scam for what it is, and stay focused on what's doable and helpful. Nurture a relationship you have with someone who can influence your earning potential.

CAPRICORN (Dec. 22-Jan. 19) - Make a change at home that will be conducive to earning money, taking care of unfinished business or adding to your comfort and happiness. An idea will lead to a substantial gain.

AQUARIUS (Jan. 20-Feb. 19) - Time spent taking better care of yourself and your family will be fruitful. Look for activities that are educational, fun and doable for everyone who lives with you.

PISCES (Feb. 20-March 20) - Look for an exciting way to use your skills. A reminder of something you used to enjoy doing has the potential to add to your income now.

ARIES (March 21-April 19) - Take a practical approach to how you care for yourself and your loved ones. Preparing for the inevitable will make it easier to turn a challenge into a successful ending.

TAURUS (April 20-May 20) - Say what's on your mind, find out where you stand and look for a way to overcome any obstacle you face. Opportunity is within reach, so make your move.

THURSDAY, JUNE 18, 2020

On occasion, silence is golden

By Phillip Alder

Brigham Young said, "Silence may be golden, but can you think of a better way to entertain someone than to listen to him?"

At the bridge table, everyone likes to bid, but sometimes silence works better.

This deal was played 14 times at Bridge Base Online. Look at the East hand. You are the dealer with neither side vulnerable. Would you open three clubs?

Assuming you decide to pass, South opens two spades, West passes, and North responds two no-trump. This is an artificial inquiry, usually meaning that North is thinking about game in his partner's suit. Would you (East) bid three clubs now?

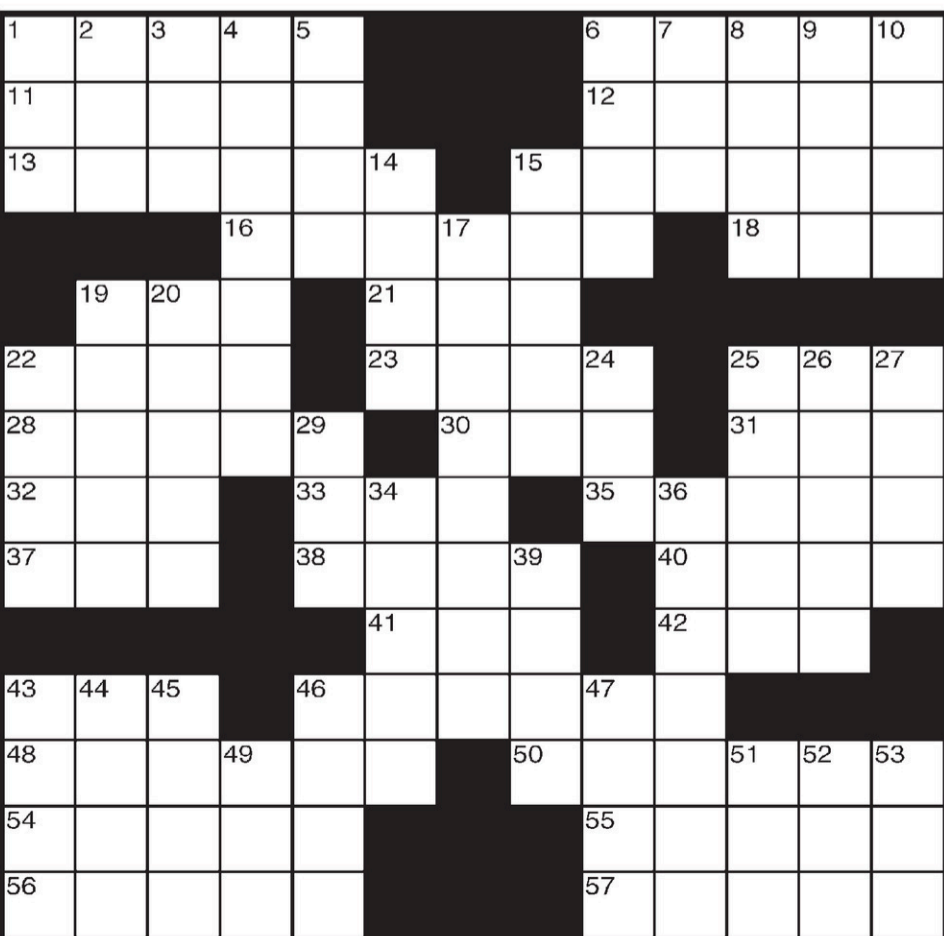
I think there is a good case for a three-club opening. Yes, you have only a six-card suit, but it is powerful. Here, that would silence South and West, and North would presumably balance with three hearts, which would probably end the auction.

After East passed, South had a textbook weak-two opening, and North asked his partner whether he was minimum or maximum. At 12 tables, East sensibly passed again - his ship had sailed. Every South rebid three spades to show a minimum, and each North passed.

North		06-18-20	
♠	Q 7	♥	A K J 8 6 4
♦	K J 10 7	♣	9
West		East	
♠	J 10 6 5	♠	9
♥	Q 3 2	♥	9 7 5
♦	A Q 8 6	♦	4 3 2
♣	Q 6	♣	A K 10 8 7 3
South		South	
♠	A K 8 4 3 2	♥	10
♦	9 5	♦	9 5
♣	J 5 4 2	♣	J 5 4 2
Dealer: East Vulnerable: Neither			
South	West	North	East
2♠	Pass	2NT	??
Opening lead: ♣ Q			

But twice, East now bid three clubs, one round too late. When South rebid three spades, North, judging that South had nothing wasted in clubs, raised to four spades.

West led the club queen and shifted to a low trump. Declarer won with dummy's queen, cashed the top hearts, discarding a club, ruffed a heart, ruffed a club and threw his last club on the heart jack. West's ruff cost his trump trick, and the friendly diamond position let South get home.



CELEBRITY CIPHER

by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

"IMKMF VUFFH OXUDE IDCXMFY. AMSL
UIM LMFYUI OE O EBCM, OIP OSVOHY
YEOFE VBEA EAM LMFYUI IMOFMYE
HUD." — CUEAMF EMFMYO

Previous Solution: "You can start changing our world for the better daily, no matter how small the action." — Nelson Mandela

TODAY'S CLUE: *a srenbe d*

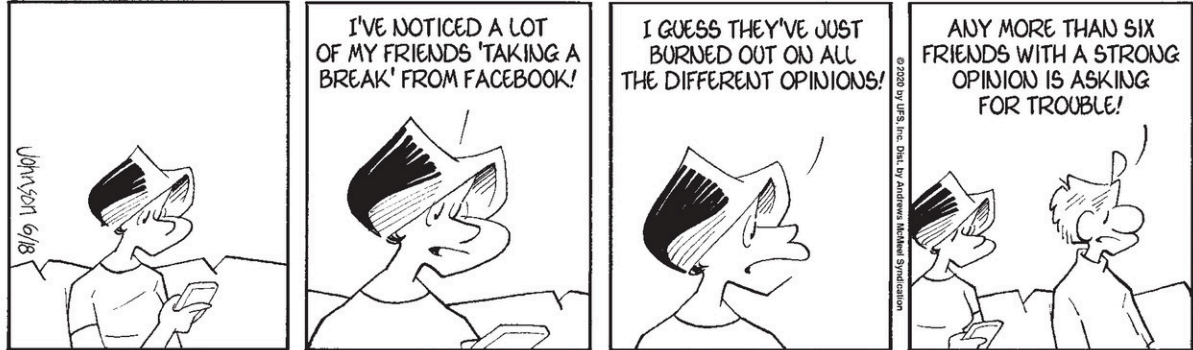
REALITY CHECK



ALLEY OOP



ARLO & JANIS



THE BORN LOSER



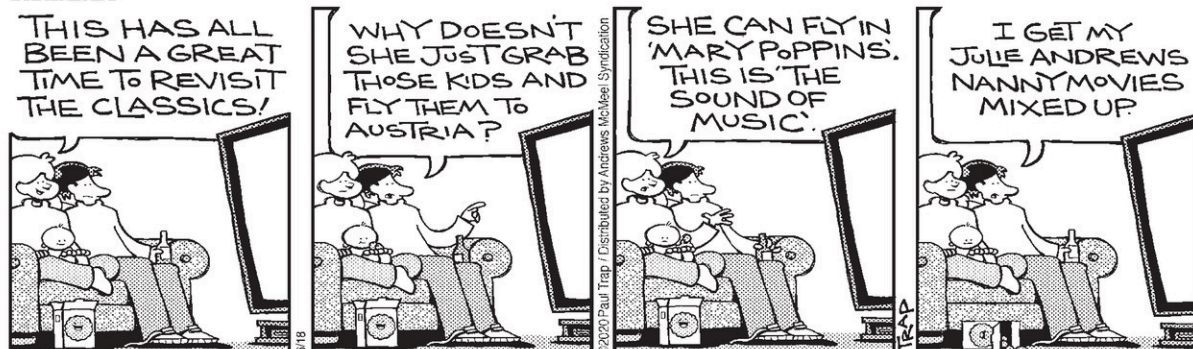
FRANK AND ERNEST



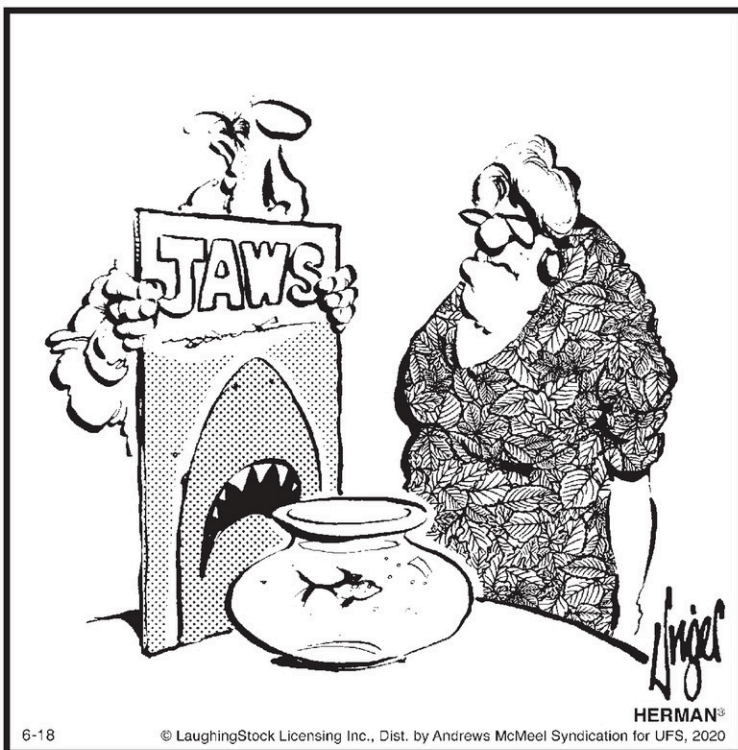
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Dear Annie

THURSDAY, JUNE 18, 2020

Dear Annie: I've been applying for jobs but having no luck. I did interview at two places this month. It did not work out at either. I'm wondering about one part of the interview. When they ask if I have any questions for them, what am I supposed to say? I really need work and, honestly, don't need to know anything except whether I have the job. I tend to blank out and say no, thanking them for their time. Any advice you can offer would be appreciated. - Striking Out

Dear Striking Out: You're interviewing them as much as they're interviewing you. You may not feel like it, especially in a tough economic climate. But act like it anyway. It will imbue you with a sense of confidence that is far more alluring to employers than an air of desperation.

Here are old standbys that are perfectly appropriate to ask: "Is there room for growth here?" "What do you feel is the most challenging part of this position?" "Are there opportunities for evaluation?"

Then there are some that are less common but perhaps even more compelling, e.g., "Do you have any concerns about my qualifications?" or "Would you be able to share an example of someone who excelled in this role? Or an example of someone who wasn't a good fit and why?" Bring a notepad with keywords jotted down to jog your memory, and take notes on their responses. Employers want to know that you're interested. Most importantly, remember to breathe and smile. You've got this.

Dear Annie: We are spending the springtime at home with just a few others, not at all what we expected to be doing. Normally, there would be proms, sports, religious gatherings, graduations, weddings and so many other events with family and friends. The Key Idea, a community arts organization is collecting postcard stories about quarantine experiences. There are some challenges, but lots of wonderful things are happening as well.

People of all ages are invited to be a part of this community art project by

documenting firsthand experiences during this historic time.

What is your quarantine experience and how are you coping? Send us the good, the bad, the sad, the funny and the ironic. You can make a postcard on paper or digitally. Share your ideas and strategies for coping and have your postcard featured on our site.

Mail cards to: The Keys to Coping, PO Box 304, West Hyannisport, MA 02672. Or email them to thekeyidea@gmail.com. Find out more on thekeyidea.org. - Lenore Lyons, founder, The Key Idea

Dear Ms. Lyons: What a fun idea, and it's important to document this time in history for future generations to look back on. I'm happy to print the address here and encourage readers to share their stories.

Dear Annie: I just read the letter and your answer to "Excuse You," whose new boyfriend frequently burps. I used to wonder what was wrong with my husband, too. Then we discovered that he is gluten-sensitive! He cut out the gluten, and he's had no burping or gas since. That could be the case here. - You're Excused

Dear You're Excused: Thanks for sharing this possible explanation. Indeed, gluten sensitivity often causes gas, which can manifest as belching. According to the nonprofit patient advocacy group Beyond Celiac, other symptoms of non-celiac gluten sensitivity include abdominal pain, diarrhea or constipation, nausea, headache, brain fog, joint pain, numbness in the legs, arms or fingers and fatigue.

If you have these symptoms, consider asking your doctor to run a test for gluten sensitivity or celiac disease. For more information on gluten sensitivity and celiac disease, visit <https://www.beyondceliac.org>.

"Ask Me Anything: A Year of Advice From Dear Annie" is out now! Annie Lane's debut book - featuring favorite columns on love, friendship, family and etiquette - is available as a paperback and e-book. Visit <http://www.creatorspublishing.com> for more information.

Send your questions for Annie Lane to dearannie@creators.com.

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	5		4		2		6
7		5		8			
	1	2	6		7		
			7			1	
9	4		5		8	2	
6			8				
	2		1	6	4		
		4		3		8	
4	9		2		3		

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PREVIOUS SOLUTION

9	3	8	5	4	7	6	1	2
1	2	5	9	3	6	7	8	4
7	6	4	1	2	8	5	9	3
4	1	6	8	7	9	3	2	5
8	9	3	4	5	2	1	7	6
5	7	2	6	1	3	8	4	9
2	5	9	3	8	1	4	6	7
6	4	1	7	9	5	2	3	8
3	8	7	2	6	4	9	5	1

HOW TO PLAY: Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

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Guess Who?

I am a singer/songwriter born in Brooklyn on June 17, 1943. I attended Julliard. Some of my first work was writing jingles for businesses like State Farm Insurance. I am well-known for my own hits, and I also played piano during Bette Midler shows.

Answer: Barry Manilow



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