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THE RECORD

THE VOICE OF THE EASTERN TOWNSHIPS SINCE 1897



Top ITF tennis comes to Rock Forest

Page 4

WEEKEND EDITION

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FRIDAY, MARCH 1, 2013

CHUS imposes Spring Break slowdown

The CHUS will be temporarily closing given that the usual scarcity of resources is more pervasive at this time of year. The management of the Centre hospitalier universitaire de Sherbrooke (CHUS) will take advantage of the coming March break to slow down for a few weeks.

Twelve beds will be closed at the CHUS-Fleurimont Hospital until March 11 and a total of 29 beds will be closed at the CHUS - Hôtel-Dieu until April 2, out of a total of 713.

"We have made sure to have the least possible impact on the population. We will maximize the use of open beds in our two hospitals, says Celine E. Gervais, Director of Nursing and co-director of clinical services. "Hospitalized patients will be able to stay as long as they need to, but we will ask them to work within the two-hour time limit to leave their room when they have been discharged by their doctor.

This slowdown will reduce the pressure on health care teams. Many employees are available for work in both institutions to make up some of the lack of resources.

The CHUS intends to take other actions to stabilize the workforce, notably the posting externally for 35 to 40 full-time nursing positions and 8-10 auxiliary nursing positions.

More cutbacks at BU in wake of summit



GORDON LAMBIE

Bishop's University's Principal Michael Goldbloom expressed concerns about the short and medium term impacts that a proposed \$250 million in cuts over the next two years could cause.

Gordon Lambie
Special to The Record

Following the end of the Provincial Government's Summit on Higher Education, Bishop's University's Principal Michael Goldbloom expressed

concerns about the short and medium term impacts that a proposed \$250 million in cuts over the next two years could cause.

Despite an evident effort to seek out and fight for the best possible solution, Goldbloom was clearly frustrated by

the mixed news that the Parti Quebecois Government has announced a \$1.7 billion reinvestment in higher education given that, "it's over seven years, and it is preceded by cuts in the first two years."

CONT'D ON PAGE 3

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First Lennoxville Girl Guides St. Patrick's Day coffee party

Get your dimes ready, it's time for the 1st Lennoxville Girl Guides St. Patrick's Day coffee party.

This year's event will take place at the United Church in Lennoxville, located at 6 Church Street, on Mar. 16. There will be a Chinese auction, a silent auction, a bake table and more. Our girls will take pleasure in serving you refreshments.

Admission is \$5 per person or \$20 for a group of five. Admission is free for guests six and under. Doors open at 9:30 a.m.

All money raised stays right here in Lennoxville and goes towards making camp more affordable for the local girl guides.

We are looking forward to seeing you!!

Weather



TODAY:
PERIODS OF LIGHT SNOW
HIGH OF 2
LOW OF -2



SATURDAY:
SNOW
HIGH OF 0
LOW OF -3



SUNDAY:
PERIODS OF RAIN
HIGH OF 2
LOW OF 0



MONDAY:
SNOW OR RAIN
HIGH OF 1
LOW OF -2



TUESDAY:
PERIODS OF SNOW
HIGH OF 2
LOW OF -4

Cégep unveils new Visual Arts program

SHERBROOKE

Beginning in the fall of 2013, the Cégep de Sherbrooke will be offering a new program in Visual Arts.

The new program stems from a complete overhaul of the college's Fine Arts program, a communiqué indicates, in a process that lasted over ten years.

This new program is a two-year pre-university program leading to a diploma of collegial studies (DEC) more closely corresponding to the wide range of visual creative expression.

The visual arts curriculum is designed to enhance basic learning between specific elements of the visual arts and general education. The entire process involves a total of



COURTESY

Finally, the program offers marketing skills to equip the student for the valorization of his or her work.

1,605 hours, allowing the student to develop an artistic approach geared towards society, the world of arts, and culture as a whole.

For the Cégep de Sherbrooke, the change meets the

requirements of the ministry and involved a complete rewriting of the entire curriculum.

Patrick Lacasse, Visual Arts Department Coordinator, expressed his satisfaction with

efforts made to meet and reveal the underlying intellectual dimension of the practice of the arts. He says "we finally are highlighting the business aspect. We insist that there is potential for a career in the arts."

Five disciplines including four courses each make up the new program - Art History, drawing, painting, sculpture and digital imaging (photography, animation, and video). The student will be quickly confronted by the expression of his interest in the arts with the creation of a personal work that commits him or her to further explore an artistic approach revealing critical and aesthetic choices, either by traditional means or through technology.

Uplands Chamber Players Schumann and the Romantics

SHERBROOKE

Uplands and Estria will be presenting their next concert of the series on Saturday Mar. 16 at 8 p.m. in St. Andrew's Presbyterian Church, 256 Queen, Lennoxville.

Entitled "Schumann and the Romantics," this production will feature the music of Robert Schumann alongside some of his contemporaries: Robert Kahn, Franz Strauss and Heinrich von Herzongenberg.

This wonderful Austrian

and German repertoire will be interpreted by the trio of oboe, french horn and piano. Well known works, such as Schumann's Fantasiestücke and Kahn's Serenade opus 73 will be married to new romantic discoveries such as Herzongenberg's Trio opus 61 and Strauss' Nocturne Opus 7 for french horn and piano.

Estria's oboist, Étienne de Médicis and french hornist Maude Lussier will join forces with Upland's pianist Daniella Bernstein and guest Montréal pianist Martin Karlicek to present us with an in-



COURTESY

Montréal pianist Martin Karlicek.

spirational evening of romantic music.

Tickets to this great event can be purchased or reserved by calling The Uplands Cultural and Heritage Centre at (819) 564-0409. Prices are \$15

for general admission and \$10 for students and seniors. Space is limited so get your tickets early.

For more information contact Pauline Farrugia at estria@cgocable.ca.

LOTTO QUÉBEC Draw results: 2013-02-27

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	25 34 39	Bonus		36 40 41	Bonus

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* An annuity of \$100,000 a year for life.

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In the event of discrepancy between this list and the official winning list of Loto-Québec, the latter shall prevail.

Ben by Daniel Shelton



LOCAL NEWS

"Sherbrooke taxpayers already pay over 46 per cent of the costs of the STS, and we can't really ask more from them."

No universal cuts in bus fares - STS

Record Staff
SHERBROOKE

Having lost a bid for free bus transit for the elderly, the Association de défense des droits des personnes retraités et préretraités (AQDR Sherbrooke), the group is now requesting that all fares be cut in half in order to help combat poverty and social exclusion.

"That's not likely to happen either," the president of the

Sherbrooke municipal transport corporation (STS) says, explaining that such a move would have catastrophic effects on the transit company network.

At last week's City Council meeting, Councillor Monique Fugère joined with the Sherbrooke chapter of the Federation des Associations d'Age d'or du Quebec (FADOQ) in requesting that the STS provide free transport for seniors as it has decided to do for children 11

and under, at a cost of \$25,000 annually to the service. They were told that a similar offer for the elderly would deprive the corporation of over \$800,000.

The AQDR Sherbrooke is proposing that the STS reduce the current tariff of \$3.25 (\$3.10 for tokens) for the next three years. This would treat everybody equally and reduce the stigma attached to the poor and the elderly. This, the organization says, would reduce their income by about \$600,000 a year.

"We've known for quite some time," said AQDR representative Robert Tremblay.

In Sherbrooke, a reduction of fees of that magnitude would jeopardize agreements the bus company has with several local education and government institutions, worth \$2.4 million, providing bus passes to students and employees, says STS president Marc Denault.

In addition, it would discourage the purchasing of monthly passes, as users would

see the cost advantage in doing so eliminated. In all, Denault says, the proposal, if accepted, would cost the STS \$4.5 million in revenue and increase traffic while denying the STS the means to meet demand.

"How are we supposed to convince the government to give us more money if we lower our fees," Denault asks. "Sherbrooke taxpayers already pay over 46 per cent of the costs of the STS, and we can't really ask more from them."

Cops bust Roy St. cocaine bar

Record Staff
SHERBROOKE

A brief investigation led Sherbrooke police to alleged cocaine dealers Wednesday at Le Riverain bar on Roy St. in Sherbrooke.

In coordinated raids, Sherbrooke police and members of the Mixed Regional Squad SPS also targeted tow residences, one on Florence St. in Sherbrooke and one on Rte. 143 in Waterville. Three people were arrested in the operation, two

men aged 50 and 58, and a 43-year old woman.

The 58-year old is the owner of the Le Riverain, while the other two are employees at the bar. All three people arrested are known to police.

"This short investigation has

allowed us to put an end to the cocaine trafficking that was going on at that bar," said Sherbrooke police Spokesperson Martin Carrier.

The raids resulted in the seizure of 9.2 grams of cocaine, 273 grams of marijuana, 20

grams of hashish, 8 pills, four firearms, three vehicles, and \$54,970 in cash.

Charges of possession of narcotics for the purpose of trafficking are likely to be brought against those arrested today at the courthouse in Sherbrooke.

More cutbacks at BU

CONT'D FROM PAGE 1

Bishop's Principal said that he was encouraged by the new recognition, on seemingly all sides of the discussion, that Quebec's Universities are underfunded. He also expressed a genuine appreciation that the Premier and Minister of Higher Education defended the management of universities in the province, but indicated that \$250 million in cuts over the next two years was far more of a curse than a blessing.

"We are having some discussions with the government to see if the cuts could be extended over a larger period of time than just two years," Goldbloom said, stating too that he is, "reasonably optimistic," that they will come to some compromise or accommodation on the issue. He presented the possibility of a situation that is still negative for the school but more manageable.

"We'll see in the next couple of days," he said; in the mean time, the school has already started damage control; the clearest example of that damage so far is the decision not to hire six new professors for this coming September.

"We had wanted to go ahead and hire seven new professors, we're only going to be able to hire one of them this year." The decision, according to Goldbloom underwent extensive discussion and criticism in the university's senate, but in the end was accepted. The Principal

says he thinks that the academics of the school have understood, though with disappointment and frustration, that the school is only making these difficult decisions based on the difficult reality the government has presented.

The talk though, in the case of cuts, is often on the impact to students, and while Goldbloom stated that the school is doing its best to minimize the impact students will feel, the effects are going to start trickling down.

"Our students have indicated publicly that they think our school requires more funding," Goldbloom said, "but if you were to talk to the students, I'm not sure that they would say, at present, that they've felt the impact of this."

Bishop's University's students have publicly stated on a number of occasions that they are willing to contribute more financially to the value of their education, with the most recent example coming in the middle of January.

After public consultation with the student body, Students' Representative Council President Adam Peabody released a statement that addressed what he called an, "unprecedented uncertainty on the impacts to students," brought about by the proposed cuts. Peabody expressed the view of the student body that

students need to be making greater contributions in some form.

Though it might be true that the students are not feeling the impact of the cuts immediately, it could certainly be said that there is a sense of change coming, and with six fewer professors than planned in the fall semester, the impact will be more direct than ever before.

"We will hire contract professors to give some of the courses," Goldbloom said, "but there will be other courses that will just not be able to be given."

In terms of the other dimensions and departments of the school, the principal recognized the efforts of the school's support staff.

"Our managers have been doing a good job of trying to find a way to reduce some spending to delay others," he said, "it's frequently the same thing, we put off upgrading our residences; we don't invest in IT the way we had intended to; we put a lot of those things off. No one's happy about it, but our people have been responsible in helping us manage that."

Despite the difficult situation Goldbloom maintained a cautious optimism regarding the results of the summit. He spoke well of the change in rhetoric, and of the way the discussion seems to have started moving away from free-reign on denigrating Quebec's schools.

"This has been a very damaging time for our universities," Goldbloom stated, saying that he would see the summit as having been a positive step if it helps put the conversation back on a more positive course.

"I think we have a clear picture on some things, especially longer term, for the university... we're going to have to sit down over the next couple of days to crunch the numbers and sort-of figure out what this means in the medium term, and I hope we'll have some better answers for the short term before I meet with the students on the 12th of March," Goldbloom said, outlining his plans.

The SRC has requested that the principal hold a town hall meeting to go over the state of the University with the students, that they might have a better understanding of what to expect with the coming changes.

"The reality is that the situation has been changing. At least six or seven times since last May our financial picture for this year has changed," Goldbloom said, indicating a strong commitment to managing the changes as they come, but also having to deal with the fact that the situation as presented by the government is far from ideal.

NATALIE CHAMPIGNY DAY 3rd Edition

Natalie was a teacher at Princess Elizabeth who passed away June 2010 from cancer at the age of 40. Her brother Michel promised her that he would keep her memory alive by continuing her work for children.

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National Bank tennis competition coming to Rock Forest

Gordon Lambie
Special to The Record

Peter Polansky of Thornhill Ontario will be the favourite at the upcoming National Bank Tennis Futures Competition at the Rock Forest Recreation Centre in Sherbrooke. The competition, which will be held from Mar. 9 to 17, is sanctioned by the International Tennis Federation (ITF), and has a top prize of \$15,000 US.

Polansky, currently ranked 179th in the world, is returning to Sherbrooke this year after having reached the final in 2012, though he is not the only Canadian to have earned direct entry into the main draw. Erik Chvojka of Kirkland, Quebec and Filip Peliwo of Vancouver, British Columbia will also be among the 32 players competing for top honours.

"The National Bank Futures has become an important part of the region's sports calendar," said Richard Quirion, Director of the National Bank Circuit, which will also be holding competitions in Gatineau, Rimouski and Saguenay. "With a history of strong performances from our top Canadian players, it is no wonder that tennis fans come back for more every year."

City Councillor Bruno Vachon was on site on Tuesday morning to mark the announcement of the competition. He



GORDON LAMBIE

Right to Left: Bernard Denault, Richard Quirion, Marise Lachapelle, Bruno Vachon, Mario de Lafontaine, François Lefebvre.

commented on how the quality of this year's competition, already sure to be high, will be elevated owing to the recent installation of new surfaces on the tennis courts.

The ITF circuit, made up of Futures competitions around the world, forms

the lowest rung on the men's professional tennis ladder. Winners of these competitions move up the ranks of the Association of Tennis Professionals, allowing them access to broader and more large-scale competitions in the rest of the world.

"I hope that the people of Sherbrooke will come out in large numbers to help out at these matches, at which they might see the future stars of Tennis," said Bernard Denault, President of the Corporation of the Rock Forest Recreation Centre.

Songs from the heart at SADD coffee house open mic night



THE SCOOP

MABLE HASTINGS

The Mansonville chapter of Students Against Destructive Decisions (SADD) youth, a program sponsored by the Volunteer Centre, held a coffee house open mic musical evening on Friday, Feb. 22 in the basement of the Mansonville Catholic Church. Hosted by Ralph Steiner and featuring volunteer performers, the event was attended by over 80 people.

Steiner opened the show with three numbers including an Eagles ballad, "Desperado" that had been requested in memory of long time Potton volunteer and friend, Denis Heath who lost his battle to ALS last year.

The evening progressed with fun upbeat tunes and special original numbers by some of the musicians who attended. Many youth performers soon made it clear that Potton and surrounding areas are fortunate to have a variety of talented young people in their midst.

Some of the youth had, since the last coffee house, taken up playing an in-



MABLE HASTINGS

Ethan Ball and Julia Eldridge receive "SADD and FYI outstanding member award."

strument and they performed for the first time with both instrument and singing...for those who are musical, you know that this is no small feat!

Watching as young people like Kira Nichols, now 13, evolve from the little girl who first performed at a Coffee house when she was five years old to a young woman at the piano, has been joyous.

The Missisquoi North youth centre

took the opportunity to give out two awards during the evening: Outstanding SADD and Outstanding FYI member of the year. Results were determined by secret ballot voting by members of the SADD and FYI who were asked to give the name of a member of each committee who they felt had shown outstanding leadership and contribution to the group.

Outstanding FYI member of the year



MABLE HASTINGS

Mandy Lynn Vachon performs "Thank You," a Led Zeppelin favourite.

was Julia Eldridge and Outstanding SADD member of the year was Ethan Ball. The awards were especially appreciated by the recipients because they come as recognition from their peers. The two awards are proudly hung on the wall at the youth centre for all to see.

The coffee house was another event held as part of the Municipality's Festive Hearts initiative. The next event is tentatively scheduled for Friday, Apr. 26.

The Right to Food in Canada – an online community conversation

UN report on Right to Food will be delivered to hundreds of Canadians

Bishop's University

On March 4, the United Nations Special Rapporteur on the Right to Food will present the results of his recent visit to Canada in an interactive webinar. Bishop's University will be one of 50 locations across Canada, and the only site in the Eastern Townships, to host an event under the national umbrella of Food Secure Canada. The Special Rapporteur, Olivier de Schutter, will present his report to the UN Council on Human Rights in Geneva earlier the same day.

One might wonder what the connection is to Bishop's University. This semester, the Department of History, with support from the Dean of Arts and Science, is presenting a series of panel discussions

entitled "Food for Thought." A launch event, which took place on January 24 at Tierra Del Fuego, brought together a group of speakers including: Brian Creelman, a local activist, who spoke about growing one's own groceries; Jean Doyon, Concordia University doctoral candidate, on local food markets and sustainable food systems; André Nault, of Les Ami(e)s de la Terre de l'Estrie, also on local food markets; and, Samuel Oslund, from the Santropol Roulant organization on urban agriculture and social justice.

In connection with the "Food for Thought" series, on Monday, students, staff and faculty will be gathering at noon in room 315 of the Nicolls Building for the UN report webinar's opening. The event is open to the public and

media.

"The right to food is a growing global concern. The UN Special Rapporteur's report is an important part of the global human rights system. Given Canada's historic commitment to active participation in the United Nations and other international organizations, it's important that Canada be part of the global conversation on this right," says David Webster, associate professor of the Department of History at Bishop's.

Canada is a signatory to the United Nations Covenant on Economic, Social and Cultural Rights and therefore has a legal obligation to respect the right to food.

"Yet we have millions of people in Canada for whom this basic right is not respected, and we have an unhealthy and unsustainable food system," said

Diana Bronson, executive director of Food Secure Canada, the Montreal-based organization that organized the nationwide interaction. "We need a national food policy, where all actors are at the table, including the hundreds of civil society organizations across this country who are already implementing innovative solutions to hunger, health and sustainable agriculture and fisheries at the local level."

The next panel discussions in the series will be taking place during the University's eighth annual Research Week (March 18-22) and during a student colloquium on food at the end of the semester. For more information about this series please contact David Webster at 819.822.9600 ext. 2384 or by e-mail at dwebster@ubishops.ca.

Shefford area senior dies from fall in well

An 83-year old St-Joachim de Shefford man has died from injuries sustained after a fall into a well on his property off Highway 241.

Around 2 p.m. Wednesday, police responded to a call to a property to assist first responders in rescuing a man found in a well.

Apparently, the 83-year old had intended to break the ice on the surface of the well when it collapsed under his weight. Upon arrival of the first responders, the man was in cardiac arrest and suffering from hypothermia.

The victim was taken to a Granby hospital in serious condition where he died

early Thursday morning.

Police have begun an investigation to clarify the circumstances of the event, but at first glance, it would appear to be accidental.

Drug related arrests in Farnham
Investigators from the Brome-Mis-

sisquoi SQ arrested two suspects following a raid at a residence on Principale St. in Farnham Wednesday, seizing drugs and weapons.

A short investigation led police to the home where they confiscated a dozen grams of cocaine, some cannabis, GHB, pills and two firearms.

Blue Angels come down to earth



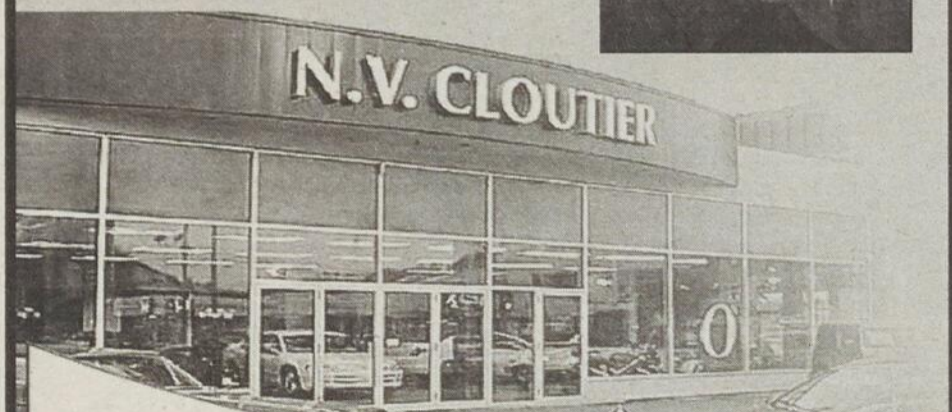
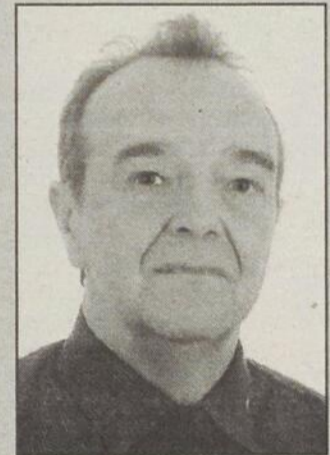
DAVID MARTEL

The three 'Blue Angel' murals by local artist David Martel, that graced the North Hatley Interfaith Church are no more. Workers disassembled the paintings Thursday, as part of the clean-up after the fire that ravaged the historic building last month. "Like the mythical Phoenix, these angels will rise from the ashes," Martel said, adding that he hoped the church would be restored, and is looking for a workshop in which to produce new works for a renewed church.

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EDITORIAL

If the Austrians can manage to install more square metres of solar collectors per capita than any other country on the planet what is stopping us?

Forestry biomass should be in our energy balance

By Francois Tanguay
VIENNA, AUSTRIA

The region of Upper Austria is a place no one ever hears about. Small in many ways. With a population of about a million and a half it is about the size of New-Hampshire. Yet it has silently weaved its way to the core of the energy revolution quickly happening in Europe. In a span of just over a decade Upper Austria has eliminated oil heat from its energy picture and replaced it mostly with biomass. Wood pellets, chips from a host of forests and commercial residue have taken over a huge share of the regional energy picture. A solid third of all primary energy is from biomass, almost 50 per cent of heating demand is met with biomass, this has contributed to reducing greenhouse gas emissions by 7.4 million tons. That's like taking a million and a half cars off the road my friends.

And where did that forest based biomass come from? Well it came mainly from co-ops, big and small, family or district. In most cases the residue come from the co-op members's own forest operations as a by product of their lumber operations. A value added service from waste that can and should be used.

Not that the forests are being raked clean of all branches and limbs, far from it. A minimum of twenty per cent of matter has to stay, by law, on the ground to maintain biodiversity equilibrium. In fact the forests are better managed than ever and the basic stock is growing each year. Only the equivalent of half the annual cubic growth of the forests is being harvested. More biomass to replace oil has produced...more forests.

A farmer and forester we visited said that without co-ops this shift could not have happened. The government pitched in with financial support for the equipment. It added help for those who wanted away from oil heat, with a host of measures; financial and regulatory, as it has to gain from a diminishing dependence on foreign oil, a commodity that could eventually drain even more money than it is already doing. Austria, as a country, has already made a bold move: 100 per cent space and electricity heating from renewable energy by 2030.

Jobs? In the biomass sector and in

Upper Austria alone more than 4,000 jobs have been created. In the renewables sector almost 9,000 new jobs were added in under ten years for a population of, 1.5 million. The economics are so staggering they are hard to believe.

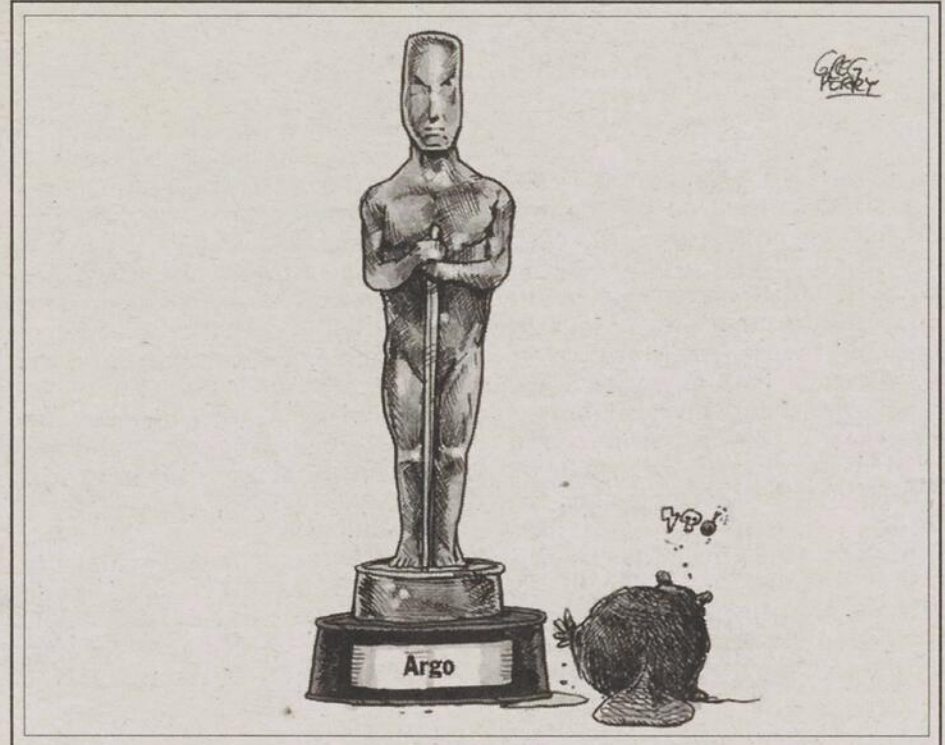
The emergence of this soft energy path brings in almost two billion Euros a year in the regional economy and half of that comes from exports to nearby countries. This small region now has a 50 per cent share of the total European pellets boiler market. I could go on and on with numbers, but the bottom line is simple: Political will!

Money to back the innovators and action takers, new rules that gradually push the nay sayers out of their energy consuming bunkers and a continuous all out effort to educate the people on how good it is for both the economy and the environment to go green. The next big push will be to reduce all energy needs to a minimum. New regulations will gradually come in to full force within six years that will oblige any new building or house to use next to no energy to operate. These buildings exist, I have visited and slept in a few. No rocket science involved here, just doing things better.

So where does that leave us? If the Austrians can manage to install more square metres of solar collectors per capita than any other country on the planet what is stopping us? After all, when was the last time you heard anyone mention they were going for a fun in the sun vacation in Upper Austria? They get less sunshine hours than most of the Southern half of Quebec.

Time for our co-ops to make a move. Time for the small and big lot owners to outpace the oil salesman and take over the heat market. It's there for the taking. I'm thinking out loud here, but let's hear from La Fédérée on this. The oil distribution sector has always clammed up when approached. The gravy is what the future is all about.

While the Marois administration has made big noise about a future with less oil, it has opted for St-Lawrence oil exploration. Let's see if they can get serious about renewables. The sun, the wind, the forest and the farmers are all waiting for a signal.



Our soldier's children

By Colin Standish

When I think of Bill 14, I think of Sandra. Sandra goes to the English-language Dollard-des-Ormeaux (D.D.O.) school just off Valcartier military base near Quebec City.

When I met her, she choked back the tears as she asked why she would have to change schools and lose her friends. Her father serves in the military and was wounded in Afghanistan. She lives with her mother, her parents separated partly due to the strain of post-traumatic stress after her father returned from combat. Now, the one constant in her life, her elementary school and close friends, will be taken away by Bill 14.

There are 600 Sandra's in Quebec City and Bagotville, who come from military families who would lose the right to attend school in the language of their choice because of Bill 14. Almost 20 per cent of the children in English-language educational institutions in the Central Quebec School Board (CQSB) would be removed from their schools.

Bill 14's attack on the children of war veterans and members our armed forces lays bare the glaring contradiction, and indeed cruelty, of nationalistic governance in Quebec since the Quiet revolution; where a society predicated on preserving a minority-language (French) systematically seeks to victimize, weaken and marginalize its own minority-language group (English).

The Quebec government's proposals to revoke the exclusion from application of s. 72 the Charter of the French Language granted to the

children of members of the Canadian armed forces who are assigned temporarily to the province of Quebec in articles 79, 80, 81, 88 and 89 of Bill 14, an Act to amend the Charter of the French language... will serve to further marginalize and isolate military families and hinder equal access to government services for linguistic minority communities across the province.

Article 80 of Bill 14 reads, "Section 3 of the Regulation is repealed." Rarely does the term the 'banality of evil' so readily come to mind, or been embraced so succinctly by a government in words of their own choosing. These few words would strip the rights of the sons and daughters of war veterans to go to a school which best meets their educational, social, and linguistic needs.

This would prove to victimize children of families in the armed forces who have family members in harm's way. These children often endure painful and stressful separation from family members serving overseas, and are relocated around the country with a high frequency. They are forced to adapt to a new school and social situations. Bilingualism is a necessity for military children, who crisscross Canada with their soldier parents.

Restricting the rights of parents to choose the language of instruction for their children would compound the issues confronting the children of military families. This would potentially diminish the military children's education and socialization at a critical time in their

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THE RECORD

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COLUMNIST

I can hardly imagine what the reaction will be when Quebecers, Canadians, and the world learn of the pettiness of our language laws when applied to the seemingly un-touchable.

Our soldier's children

CONT'D FROM PAGE 6

development by forcefully mandating the linguistic environment in which they are educated.

The majority of D.D.O.s children share a reality that the teachers and administrative staff understand, chiefly what it means for a child to have a parent posted to a warzone. They are equipped with the adequate tools to help children effectively manage and deal with the reality of separation anxiety and stress. Removing children from these schools would not only reduce their capacity to successfully complete their education, but their overall mental and physical well-being.

This is not to mention Shannon and surrounding communities in Quebec City, which still retain their Irish and English-speaking character from their original settlers (including Brian Mulroney's ancestors) which depend on the D.D.O. school for their children's education.

The proposed changes would also continue to diminish the enrolment in English-language schools in the province of Quebec, and call into question the viability of numerous smaller schools and school boards. Enrolment in English-language schools across the province dropped from 248,000 in 1971 prior to the adoption of "Bill 101", to only

108,000 in 2007.

Notions of language, identity and community are inseparable for all societies, especially for linguistic minorities in Canada.

As the Supreme Court of Canada reasoned in the landmark education and language Mahe v. Alberta case,

"Any broad guarantee of language rights, especially in the context of education, cannot be separated from a concern for the culture associated with the language. Language is more than a mere means of communication, it is part and parcel of the identity and culture of the people speaking it. It is the means by which individuals understand themselves and the world around them."

Mahe recognizes that schools provide important institutions for the entire community. This is the case in the Quebec City region, where schools help to anchor the English-speaking community. As Mahe notes,

"minority schools themselves provide community centres where the promotion and preservation of minority language culture can occur; they provide needed locations where the minority community can meet and facilities which they can use to express their culture."

The Royal 22nd Regiment, the legendary French-Canadian military infantry regiment is based in Quebec City's historic Citadelle and Valcartier

along the city's northern outskirts. The Royal 22nds are known colloquially as the 'Van Doos', an anglicized version of their regimental number, 'vingt-deux' (twenty two). It was founded to encourage French-Canadians to serve in the First World War. The regiment fought with distinction in all major Canadian battles of the Great War, costing them over 4,000 wounded and dead. They have fought with determination and honour in the Second World War, the Korean War, and in numerous Cold War engagements. Her members have earned three Victoria Crosses. In Afghanistan, fourteen of her members have made the ultimate sacrifice. They have defended Canada's honour in times of war. They have served gallantly as Canada's francophone emissaries to the world.

All Canadian soldiers risk their lives in faraway lands to preserve our basic freedoms at home. Military families are separated for months, and live with the constant anxiety and fear that their father, mother, or husband and wife, will not return to them alive. All they ask for in return is dignity and respect from their country and community.

The slogan the CQSB and concerned armed forces parents have adopted to fight Bill 14 is, "the battle has begun—it must be won!"

Military families fight for us. They defend and protect our basic freedoms and democratic rights.

Now we can fight for them. We can defend their children and their constitutional rights.

We can ensure the sons and daughters of war veterans and war heroes are schooled in the language of their choice by pressuring the Quebec government to amend Bill 14 and for opposition parties to vote against Bill 14.

Take action and please sign the petition to denounce the governments' plan to eliminate the exemption for military children in Bill 14, at <https://www.assnat.qc.ca/en/exprimez-votre-opinion/petition/Petition-3565/index.html>

In this province, where we have often been defined by our different languages, we can speak with one clear voice that victimizing the children of military families is one step too far.

Quebec has recently been mocked around the world for the pettiness of language laws when applied to the mundane, namely restaurant menus. I can hardly imagine what the reaction will be when Quebecers, Canadians, and the world learn of the pettiness of our language laws when applied to the seemingly un-touchable; the sons and daughters of war heroes.

Spring Break at the Museum

Spring Break doesn't mean one has to stop learning and the Sherbrooke Museum of Nature and Science has arranged a series of special activities to help fill free time with fun, educational things to do and see from March 4-10. Everything from birds to fireworks is covered

In the Science of Fireworks animation will allow participants to glimpse at the scientific underpinnings of fireworks. They will even learn how to turn a pickle into a light bulb.

For the gourmants among us, 'The Chemistry We Eat' presentation, offers

spectacular workshops on molecular cuisine. On the menu will be, among other items, ice cream made with liquid nitrogen. Visitors will also have the opportunity to discover some amazing things about on a variety of science topics during the 'All about Science day.' To conclude the week, balloon sculptures and face-painting will be offered.

The Program:

All about Science
Monday, Mar. 4; 1-5 p.m.

Looking over Birds of Prey
Tuesday, Mar. 5, 11 a.m.-1 p.m.; 2-4 p.m.

Tickling Insects
Wednesday, Mar. 6, 11 a.m. - 1 p.m.; 2-4 p.m.

The Science of Fireworks
Thursday, Mar. 7, 11 a.m. - 1 p.m.; 2-4:15 p.m.

The Chemistry we Eat
Friday, Mar. 8, 11 a.m. 1 p.m., and 2:15.

Little Exotic Animals
Saturday, Mar. 9, 11 a.m., 1 p.m. and 2:15 p.m.

In addition to these activities, a special exhibition on the St. Lawrence Iroquoians, People of the Corn, presents over 130 artifacts that bring to life the history of these agricultural people. The multisensory display Terra Mutantès is also presented several times a day.

For spring break, the Museum will be open every day from 10 a.m. to 5 p.m. The detailed program for the week is available on the Museum's website at www.naturesciences.qc.ca.



Pierre Duval, deceased January 5, 2012. A man who loved life, Mr. Duval had an impact on many people.

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Nothing but good memories...

After many happy years, my dad died. We were close, and when he died, I was completely devastated. At the Steve L. Elkas Funeral Home, a burden was lifted from my shoulders. The facilities enabled us to celebrate my dad's life and pay tribute to him, right up to accompanying him to the cremation. This was a memorable time until the very end, and I am very grateful to the people from the Funeral Home.

Vicky Duval, daughter of the late Pierre Duval

The road to the Sherbrooke 2013 Canada Games

Joey Sabo: Bishop's University site coordinator

By Olivia Ranger-Enns
Record Correspondent
Sherbrooke 2013 Canada Games

For Joey Sabo, a volunteer and Bishop's University site coordinator for the Sherbrooke Canada Games, it's all about learning and experience.

Working with Ed Pomykala, Joey Sabo is in charge of organizing and maintaining the Bishop's site for the Games. "We are the Sherbrooke Canada Games," said Sabo.

"The determining factor in having the Canada Games in Sherbrooke was Bishop's University. Having an entire line of games set up in a 100 per cent Francophone community presented some worries for the committee. However, an English institution like Bishop's University, which is fully bilingual, alienated some of these worries," he said.

Sabo demonstrated a lot of excitement for the Games. "It is going to be a fantastic event. I feel lucky to be a part of the Games, since I doubt the Canada Games will come back to Sherbrooke in my lifetime. If we do host the Canada Games again, we will have to wait another 40 years since the Games occur every four years and must take place in

a different Canadian province."

Sabo also stressed the bilingual element of the Games. "We are all bilingual at the committee," Sabo affirmed. "If you have a question, you raise your hand. The beautiful thing is that people speak in English if they are comfortable in that language, or converse in French if that is their mother tongue. But we all listen and understand each other."

Sabo is a long-time sports leader and fan. Having coached the Bishop's basketball Gaiters for 20 years, Sabo is a retired football coach and takes care of the administration of the sports complex. "I'm busy," explained Sabo laughing, referring to his duties in taking care of the new sports building for Bishop's University, which is due to be opened by summer 2014.

Like Pomykala, Bishop's University and by extension the Lennoxville community quickly became a home for Sabo. He has lived in Lennoxville for the past 25 years.

"I am a Laval native. Football brought me to Bishop's. When I was a student, only three universities had football teams: Concordia, Laval and Bishop's. There are some things I love about Montreal, things I cannot get here, but the great thing is that I can get what I need

and come back to Lennoxville. This is my home, that's a no-brainer. Like the Bishop's University sports cheering says: 'You'll stay here for ever more.' They were right."

Pomykala and Sabo are old chums. "We play golf together," explained Sabo. "We also work together as volunteers for the Canada Games. It is our collective duty to ensure everything runs smoothly."

Sabo acknowledged his love for sports. "I play hockey and golf, and of course I used to play a lot of football. However, football is finished for me. When you hang up your shoes, you hang up your shoes. I have had enough of concussions. I probably played at least 50 games, but now I have turned to hockey. I have been lucky enough to play with former NHL players, and even then I notice that they can't play the way they used to."

Sabo described his functions as a volunteer for the Games. "As a team leader, I must make sure that everything runs at Bishop's University the way the Canada Games' committee wants things to go. Since the Games committee decided to have basketball and soccer games run at Bishop's, we are in charge of administrating the games at the John

H. Price Recreational Centre and Coulter field stadium. Pomykala and I are always considering opening hours, VIP, security hours and agents, media, where athletes and coaches eat, relax, go for the games." In short, for Sabo coordinating every game is "a dance."

According to Sabo's schedule, approximately three soccer and three basketball games will be held once a day during the Games at Bishop's sports complex.

Comparable to Pomykala's attitude about youth and sports, Sabo believes in encouraging young athletes and watching them grow. "You feel young working with students. I don't mean to imply that you might feel old working with elderly people, mind you, I am simply not tired of this environment and I know it is important to help these outstanding athletes."

When asked for his opinion about the most important aspect of the Games, Sabo referred to the Canada Games' motto. "The way we see it is: Live It! I'm a sponge right now. I'm soaking in the experience. I am learning about management style and about commitment to sports. Like my grandmother said: 'Just you learn.' So I am learning, all right."

Discovering the region through its churches

By Olivia Ranger-Enns
Record Correspondent
Sherbrooke 2013 Canada Games

Secularism may be on the rise in Québec, but our churches are still open.

If you are in the region during the Games, a number of churches are available to suit either historical interests or religious needs... or both.

Sanctuaire de Beauvoir

Whether you are Catholic or favour a breath-taking view from the Sherbrooke mountain, the Sanctuaire de Beauvoir is a great place to unwind. Stay over for a picnic, walk the grounds, visit the restaurant and cafeteria or take part in group spiritual sessions.

The stone chapel, built in 1920, accommodates up to 1,500 visitors for Sunday mass, held at 10 a.m. and 11:30 a.m.

Pilgrims often visit the sanctuary during the pilgrimage season, which goes from May until October. The sanc-

tuary is open for pilgrims Mondays to Saturdays from 11 a.m. to 7 p.m. and Sundays from 10 a.m. to 5:30 p.m.

Drop by at 675, Cote de Beauvoir in Sherbrooke. Call (819) 569-2535 for more information.

From Highway 10 and 55, take the exit 143 and then the exit 146 to reach the religious institution.

Plymouth-Trinity United

Built in 1835, the historic building was planned by architect William Footner in a Greek Revival neo-classical style. Still in use, the Plymouth bell bears the inscription Tota pulcra es Maria, et macula non est in te. Raimundus Pomarol me Fecit anno 1792 (You are wholly lovely Mary, and there is no blemish in thee. Made by me, Raimundus Pomarol, in the year 1792).

The church opens its doors and Reverend Robin Osborne welcomes visitors for a United Church service every Sunday morning at 10:30 a.m.

Local events, like strawberry teas or putluck dinners, are routinely arranged to enhance community vibes.

The church is located at 380 Dufferin Street. For more information, call (819) 346-6373.

Église Baptise Évangélique de Sherbrooke

Diverse both culturally and ethnically, the Baptist Evangelical Church of Sherbrooke welcomes visitors on Sundays from 9:30 a.m. to 11 a.m. Children are taken in another room during services to workshop rooms, where projects are enacted.

The church also provides small group sessions for conversation and tea.

The church is found at 930 rue Haut Bois in Sherbrooke. Call (819) 564-8744.

St Peter's Anglican Church

For architecture buffs, this site is a must-visit. St. Peter's is graced by carved

oak doors at the entrance of the church. Walk inside to admire the ceiling of the church which is made to resemble the hull of a ship, as St. Peter was a fisherman. Notice the inverted crosses upholding the roof reminding us of the manner in which St. Peter died (a humble man, he wished to be crucified upside down as he believed himself unworthy of being killed as Jesus was).

Amble along to the Memorial Chapel, constructed after the First World War, which remembers the 250 men killed during battle.

Finally, check out St. Peter's organ, built in 1902 by Casavant et Frères de St Hyacinthe. Capable of great tone, the organ is a local favourite in terms of instruments.

Although there are no more services offered due to declining numbers, it is still possible to appreciate the architecture and the parallels drawn between theology and art.

Visit this historic building at 200 Montreal Street in Sherbrooke.

Talented Townships artists eager to meet visitors

By Olivia Ranger-Enns
Record Correspondent
Sherbrooke 2013 Canada Games

At Boutique des Métiers d'Art (The Artisan's Shop), there are chances that you will discover a rare find.

A member of the Corporation des métiers d'art du Québec en Estrie (the Eastern Township's artisan corporation), the shop specializes in distinctly high-quality products created and sold by Québec artists.

The boutique sells products carefully moulded that must fall into the following categories: wood, ceramics, leather,

metals, papers and stamps, textiles, glass and multidisciplinary (a combination of two or more of the above-mentioned artifacts).

Here are some products you might like to purchase, or at least view.

François Boisvert works with wood. Producing an object with at least two different types of wood, Boisvert ensures the wood's grain and colour are well exposed. His toys are geared for a wide age bracket: toys to be pulled for wee ones, construction games for older kids, and tables and chairs for children in general.

Caroline Lanctôt-Benoit specializes in jewelry. Having obtained her degree

from the School of Jewelry in Montreal, Lanctôt-Benoit believes in pushing her artistic talents to the limit. "I get inspiration from contrast and duality. I like conflicting styles, especially posing the classical against the modern," explained the artist.

Marco Deslandes is a blacksmith. Attracted to elemental forces of earth and fire, Deslandes cannot but express his passion concerning his career. For 15 years, Deslandes has been transfixed by the possibility of changing one matter into another thanks to the powers of fire. Deslandes also spends quite a lot of time working in a specialized school in

Europe. He commonly marries wood, stone and glass in his products.

This is the place to get a unique souvenir for a loved one while attending the Canada Games.

The shop is ideally located in the very heart of Sherbrooke. Check it out at 121, rue Frontenac in Sherbrooke. The shop is open every day from 11 a.m. to 5 p.m.

Call (819) 823-0221 for more information.

For more information about the Sherbrooke 2013 Canada Games visit The Record web site at www.SherbrookeRecord.com. Click on the Canada Games tab for th latest news.

Help wanted ads point to strong job creation in February after two soft months

By Julian Beltrame
The Canadian Press

Canada's labour market may be more structurally sound than many may believe, according to two new reports that paint a relatively stable picture of jobs growth and wage distribution.

Following two downward months that were backed by a 22,000-job setback in January, the Conference Board of Canada said Tuesday its forward-looking help-wanted index is pointing to a rebound in employment this month.

That number won't be known until next Friday when Statistics Canada publishes its labour market survey results, but the index's jump of 10 per cent from the previous month strongly suggests February could produce a sizable rebound.

"It's a pretty big jump and it does suggest there will be a turnaround in February," said Alan Arcand, the think-tank's principal economist.

Yet Arcand cautioned that given the weak economy, Canadians should not expect a large number of new jobs.

The Bank of Canada warned this week that economic growth has been slower than expected,

with some economists now anticipating the fourth quarter — the last three months of 2012 — will come in below one per cent, as it did in the third, when the data is released on Friday.

"The economy has clearly underperformed the bank's prior growth expectations and, more importantly, the economy's two per cent potential growth, lending credence to our view that Canada's economy will continue to underperform potential over the first half of this year," said David Madani of Capital Economists in a note to clients.

However, most economists also agree Canada has experienced an enviable jobs market since the recession despite ongoing economic risks, particularly in relationship to its major trading partners in the United States and Europe.

While the U.S. has only recovered about two-thirds of the jobs it lost in 2008-09, Canada's economy has churned out about 900,000 new jobs, twice what it lost in the slump. In January, the unemployment rate dropped to seven per cent, the lowest level in four years.

The Conference Board data found help-wanted ac-

tivity rising in 25 of 27 municipalities across Canada, with the other two — Sherbrooke, and St. Catharines-Niagara in Ontario — stable. No municipality saw a fall-off in activity.

In a separate report, TD bank said its analysis of the labour market in Canada shows that although more and more of the job growth is going toward what would be considered higher-skilled workers, there has been relatively little "polarization" in terms of wage growth between job categories.

Between 1999 and 2010, high skilled jobs have seen a 3.2 per cent annual increase in wages. But wages in medium-skilled jobs have also risen, by 2.6 per cent, and wages in lower-skilled jobs rose fastest at 3.4 per cent.

TD economist Derek Burleton said the findings are somewhat surprising, given

that corporations and Ottawa policy-makers have been warning about an approaching crisis in the lack of high-skilled workers. The numbers suggest the problem may not be as acute as the rhetoric, he said.

"We're seeing a big shift to higher-skilled work as a share of the market, that's not surprising," said Burleton. "The bigger surprise is that the middle-skilled area is holding out better... and that comes down to the structure of our economy in that we have more resource employment and construction has done better."

The report defines high-skilled as managers, professional and technical workers with university degrees. Medium-skilled workers would typically have more than a high-school diploma, but less than a four-year university degree,

while low-skilled workers would typically hold down jobs in personal, food, janitorial and security services that require mostly "on-the-job" training.

Burleton said the balance in wage growth between the groups suggest that while there has been a gravitation toward higher-skilled jobs, the "cries" of major shortages in this group of workers may be overstated.

"If you are running up against shortages, you would think those wages would get bid up," he said. "I'm not saying (shortages) don't exist... but I think it's a little muddy how the skills match is playing out."

Even in Alberta, where shortages for skilled workers have been reported, wage growth among the groups has been remarkably equitable over the past decade, he said.

Small business confidence gets stronger in February: CFIB

The Canadian Press

Small businesses appear to be feeling more optimistic in early 2013, according to the latest survey conducted by the Canadian Federation of Independent Business.

The CFIB says its index rose a half a point to 66.2 in February on a scale of 0 to 100.

An index level above 50 means owners who expect their operations to be stronger in the next year outnumber those who expecting a weaker performance.

Small business owners in Alberta remain the most optimistic in Canada, with an index of 71, closely followed by Saskatchewan at 69.8 and Newfoundland and Labrador at 67.0.

Ontario (65.3), Nova Scotia (65.3), British Columbia (64.9), Quebec (64.6), Manitoba (63.4), and New Brunswick (62.2) are slightly below the national average

while Prince Edward Island (54.1) saw a sharp drop in business confidence.

The CFIB also says full-time hiring plans are better than seasonal norms, with 26 per cent of businesses expecting to hire more staff in the next few months, and only six per cent planning to cut back.

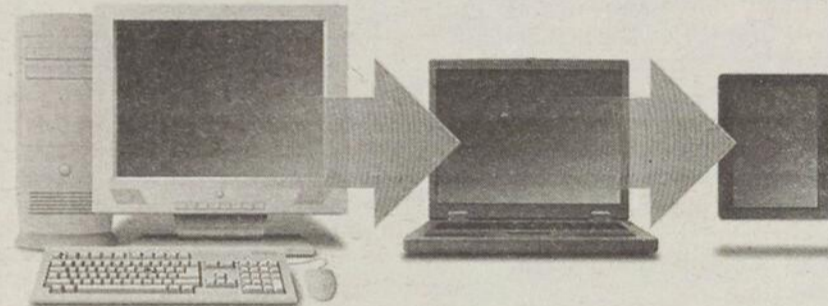
"For the first time in awhile, small business owners are reporting index numbers that indicate the economy is growing nearer its potential," said CFIB chief economist and vice-president Ted Mallett.

"The January and February results suggest Canadians are seeing modest, but widespread economic growth."

The February findings are based on 974 responses from a random sample of CFIB members, to a controlled-access web survey. The findings are statistically accurate to plus or minus 3.2 per cent 19 times in 20.

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Local Sports

"It was just a matter of keeping [going] and doing what we were doing. We just played tough."

Galt girls win 2013 ETIAC championship Boys fall in final to Stanstead

By John Edwards
Special to The Record

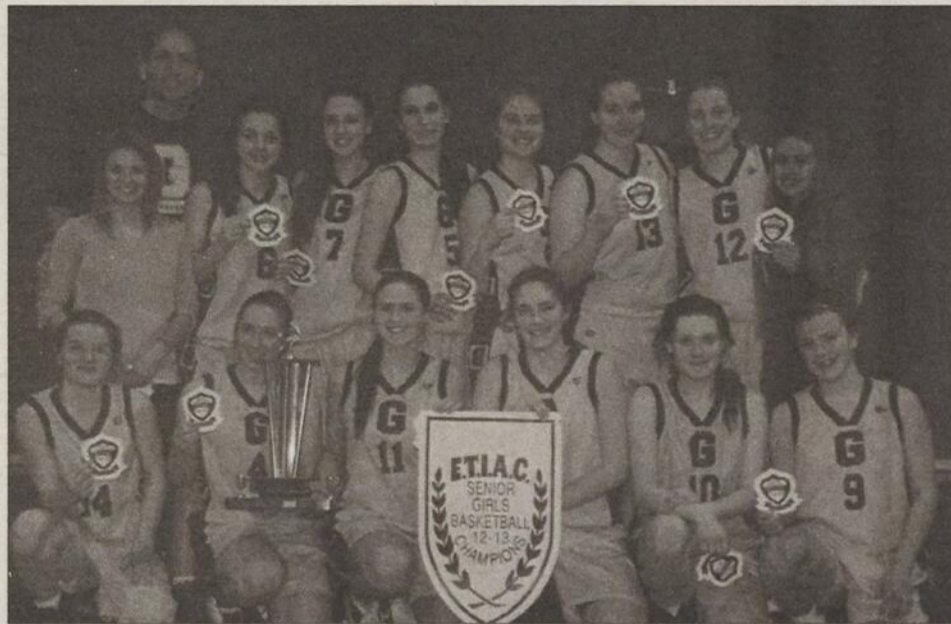
A stifling defensive performance led the Galt Pipers to a 48-31 win over the Bishop's College School Crusaders in the 2013 ETIAC championship game Tuesday at Galt. The Pipers, who also won the league's regular-season banner, had advanced to the championship by defeating Stanstead 34-22 earlier in the day, while BCS had upset the Massey-Vanier Vikings.

"It wasn't easy," said Glen Faucher, the Pipers' head coach. "Kudos to both teams, because it was a very tough battle. Our youth showed tonight. We were a little nervous, and we had a few too many unforced turnovers. The two games were scrappy and tough and our young players were forced to grow up fast. I think they gained valuable experience."

The Pipers led 21-16 at the end of a tight first half, but pulled away in the third quarter, as they stifled the BCS attack, outscoring the Crusaders 19-8 in the period.

"It was just a matter of keeping [going] and doing what we were doing. We just played tough," said Faucher. We were looking to trap, playing the ball and the man. We're good at pressuring and we play a lot of people, so we've got fresh legs all the time."

Charlene Graham, one of the Pipers' two Secondary V players, led all scorers with 15 points, while Sarah Poudrier, the



The Galt girls team with their championship banner.

Pipers' other Secondary V, had nine. Joey Chan led the Crusaders with eight points.

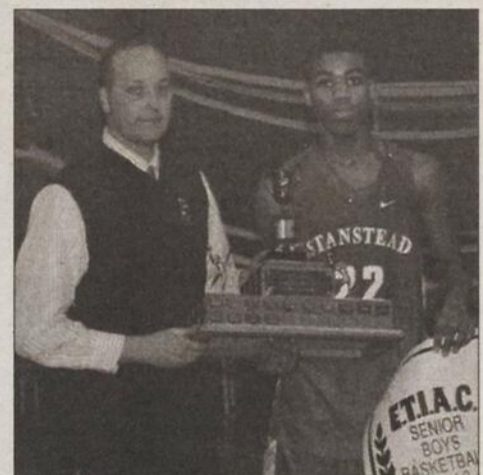
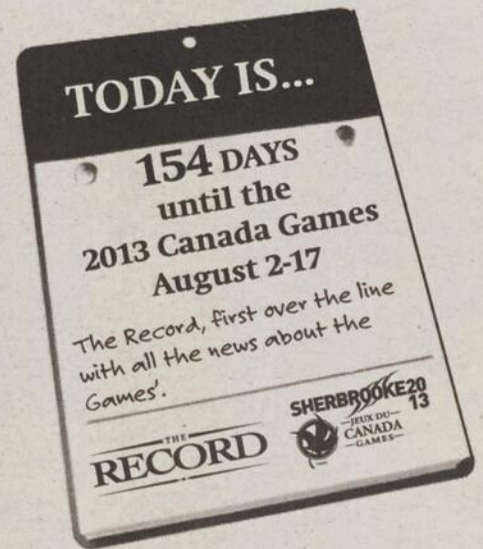
The final was "old home day" for the Gaiter fans in attendance at the Galt Gym, as both Faucher and BCS coach Rob Burns played for Bishop's during their run of championships in the late 1990s.

Both Galt and BCS advance to the AAESQ McLeod provincial tournament, to be held this weekend in Chateauguy. An ETIAC rematch is set for Thursday, as the Pipers and Crusaders will face each

other again. Galt comes into the tournament seeded third, behind Notre-Dame-de-Lorette and the hosts from Howard S. Billings.

The Galt boys, however, were not as successful as their female counterparts, as they fell 69-54 to the Stanstead College Spartans in their championship game. The Spartans, who were the ETIAC regular-season champions, were led by Leonard "Dylon" Riley, who scored 31 points in the first half alone, and finished with more than 40.

Stanstead led 44-30 at halftime.



Dylon Riley accepts the boys' trophy for Stanstead.

Stanstead advanced to the final with a win over Massey-Vanier in the semifinals, while Galt defeated BCS in their semi. Both teams also head to Chateauguy for the AAESQ Visser provincial tournament.

Blackhawks dominance explained by an NHL guru



THE GRIND

DOUG MCCOOEYE

I've done my best to ignore the NHL so far. It's not a purposeful thing where I avoid the TV at all costs, it's just that I don't really care about hockey until the playoffs start. Every season, as the year winds down, I usually ask my dad some

form of the following two questions, "So, how are the Blackhawks doing this year?"

This year, I know the answer. I haven't been able to avoid the news of the Hawks red-hot start. I couldn't wait until the end of the season to see why they've been so dominant. So I asked my dad, via text, why they have been doing so well. Was it because of the wonky shortened season, because they were just that good, or some combination of the two?

His response was concise. It has nothing to do with the schedule, he says, and everything to do with how good they are.

"I will send an e-mail," he wrote. Sure enough, a short time later I had a 450-word e-mail outlining the Hawks' 16-0-3 start.

I should provide a little context. Since Bobby Hull and Stan Makita were pa-

trolling the ice and Tony Esposito was tending goal, my dad has been a huge Blackhawks fan. He watches nearly every game they play. He cites them winning the Cup as one of the happiest moments of his life. Seriously. He even mentioned it in his speech at my wedding and everything. He also watches an inordinate amount of other NHL games and, to cap it off, he's one of the most knowledgeable and insightful sports fans I know.

Essentially, he's wildly overqualified to answer my question.

Since head coach Joel Quenneville took over the Hawks job in the 2008-09 season, he has juggled lines like an obsessive composer who can't help himself from trying to improve what's on the page. Not so this year.

"Coach Q has just rolled (with) the four forward lines almost without any of

his usual tinkering because every match up seems to work," writes my dad. "He hasn't matched lines that I've noticed and he was a slave to that in the past. Spreads out the ice time and everyone stays fresh."

While the offense has been stellar (he calls the Toews-Hossa-Saad line "mighty"), the key, according to the NHL guru, is the defense.

Brent Seabrook and Duncan Keith have been their usual dominant selves. The best pairing in the league have been just that again this season. But again, according to my dad (do I have to give him a writing credit at this point?) it might be their third and fourth defensemen who have been the key.

Niklas Hjalmarsson (other than Toews

CONT'D ON PAGE 11

FRIDAY, MARCH 1, 7 P.M.

Blainville-Boisbriand Armada VS Sherbrooke Phoenix

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Singer/songwriter, icon Dan Hill runs from prostate cancer

And he conquers it



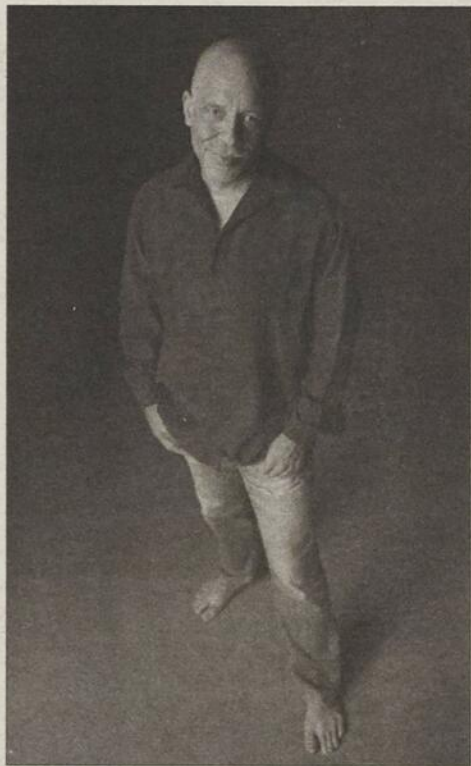
A RUNNER'S MIND

CHRISTINE BLANCHETTE

If there's one word to describe award-winning singer/songwriter and accomplished author Dan Hill, it would be "unbreakable."

On December 16, 2011, I received an e-mail reply from Hill for my request to do a phone interview on Inspirational Running Quotes for 2012. I never expected to read this tragic news from him: "On Dec 14th I had prostate surgery. The only thing that keep(s) me sane, that gave me faith in my body, was my running. Strangely I was beating all my 20-year 10-mile records right up to the surgery. As if my body was reminding me that despite the prostate cancer it was super strong and as long as I ran and celebrated my health, my life, I'd pull through." (Dan Hill via e-mail December 2011.)

Hill is a testament to running and what the benefits of running can do for your mind, body and soul. Hill believes the physical benefits of running and an active lifestyle helped him beat cancer.



DON DIXON/ASYLUM ARTISTS

Canadian singer/songwriter Dan Hill.

He wrote his poignant story, "Running from Cancer," of being diagnosed with prostate cancer in the April 16, 2012 issue of Maclean's Magazine. Hill wrote, "One in seven men in Canada will face prostate cancer — almost none of them will ever talk about it." The Grammy Award-winning Hill's striking account

has moved others, with plans in place for a documentary on his story.

It was about 17 days after surgery Hill was already back running.

In the Maclean's article Hill says, "Although over 85 per cent of prostate cancer is curable if detected and treated early, each year 4,100 people out of 25,500 diagnosed with this disease will die."

It has been 14 months since his surgery and Hill is cancer-free. He must also deal every day with his reality of being a type-2 diabetic, which ascends his resolve to run while maintaining a physique carved out of granite to stratospheric levels. The 59-year-old Toronto native was casual and relaxed while doing his final sound check and then he revealed a snap shot of his rebellious youth, of writing his greatest hit in 1977, "Sometimes When We Touch," as a 19-year-old for an older (22) woman who, nevertheless dumped him before the song got on the radio. He sang with emotion to a captivated audience last Sunday (Feb. 24) at the Vancouver Zoomer Show, performing some of his greatest songs, and read excerpts from his well-acclaimed memoir, "I Am My Father's Son." His voice was the same as in his early years when I first heard of his music on my mother's radio.

After the concert I interviewed Hill, who was backstage with his manager, John Hadfield. Before I could ask, did you run today? He had already asked the same question. I had to laugh and said

no, not yet. He said, "Not yet either, but later I am thinking of running Stanley Park." Hill ran on the beach while recently on vacation in Costa Rica and enjoys getting out of his comfort zone to improve his running. He includes core strengthening in his program, while running three times per week, his favourite training distance 10-12 miles. Hill enjoys competing against himself and will run with a heart rate monitor and because of his diabetes he runs often on the treadmill.

Following a well-balanced diet and running regime, Hill has found the fountain of youth. He looked ten years younger and he moved fluidly when he walked during the interview. At the end of our interview he showed me his calf, which looked like Rocky's from his statue in Philadelphia and was the result of, "a lot of hill (no pun intended) running."

As a spokesperson for Prostate Cancer Canada, Hill's message is, get checked out by your doctor. To get more information: www.prostatecancer.ca.

Did you know that prostate cancer is the most common male cancer and is the third leading cause of cancer death for males? (Maclean's April 4, 2012.)

Hill is an ambassador for Diabetes Canada and his status as a successful singer/songwriter is helping to bring more awareness to both diabetes and prostate cancer.

www.christineruns.com
Twitter: christineruns

Gaiters knock off Stingers, advance to league finals

Gilpin's crew meets McGill Saturday, eye berth at national championships

By Mike Hickey
Special to The Record

The Bishop's Gaiters are headed to the RSEQ men's basketball championship following a 70-63 semifinal win over the Concordia Stingers Wednesday night before a packed house at the Mitchell Gymnasium.

The Gaiters will now play the first-place McGill University Redmen Saturday night at 5 p.m. with the winner advancing to the CIS National Championships next weekend.

The visiting Stingers jumped out to a 8-0 lead in the opening minutes of the game but Tim Hunter's three-point shot sparked a 15-3 run by the Gaiters and the

first half ended with the two clubs tied at 18. The second quarter saw several lead changes and the home team took a 37-33 lead to the locker room at half-time. Concordia cut the deficit by a single point, 49-48, after three quarters of play but the Gaiters would not relinquish the lead in the fourth quarter.

"We competed well, Tim Hunter played like you want your fifth-year players to play in a big game, like he didn't want this to be his last game in a Gaiter uniform," head coach Rod Gilpin said after a game. "Tim was active at both ends of the court."

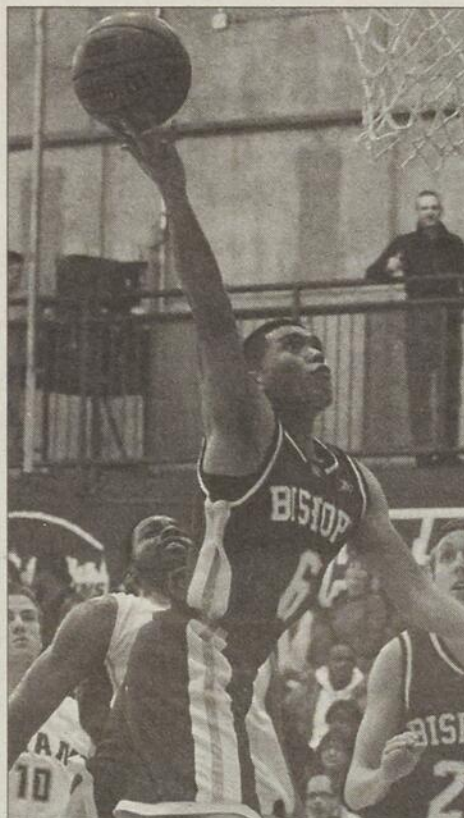
Leading the way for Bishop's was league MVP Mike Andrews who tallied 14 points, grabbed five rebounds and

blocked four shots. Jonathan Bermillo, who was pressed into extra duty when starting point guard Scott Ring injured his knee in the second quarter, added 14 points and five rebounds to the winning cause while Hunter had 13 points and

three blocks. Desmarais scored 21 points and added five rebounds for the Stingers and Morgan Tajfel chipped in with 11 points.

The playoff victory was a long time coming for the Gaiters, its first post season win since 2004 when they upset the Stingers 72-69. With one more playoff win they can advance to the Nationals for the sixth time in the school's history and the first time since 1999.

"McGill is plenty well but we know we can win on their court, we already did it once this season (an 84-79 win back on November 29) and I don't think that there is a lot of difference between the top three teams in this league," Gilpin said. "The last time we played it was our third game in seven days and they took it to us in the final minute of the game. We are rested and prepared for them."



FILE PHOTO/MATT HICKEY

Jonathan Bermillo came off the bench to score 14 Wednesday.

The Grind

CONT'D FROM PAGE 10

and Keith, my favourite Blackhawk) and Johnny Oduya have made the leap this year. "Johnny," writes my dad, "is all over the place like Dunc, and Hjammer is a beast. His best year by a mile. Physical, block shots and intelligence with the puck. I know you like him but he's off the charts right now. They are both Swedes. The chemistry is amazing. Great sense of each other."

The scary thing is that my dad thinks they haven't even peaked yet. The goalies have been solid, but have had little work to do. Toews is in a scoring slump. Patrick Sharp only has three goals. Dave

Boland "sucks like he does during most regular seasons."

Look, the Hawks will lose a game in regulation at some point. It just has to happen. But we may be witnessing one of the great juggernauts of the modern NHL era, and maybe of all-time. I trust my dad's opinion on hockey over anyone. Even more than Bob McKenzie and Bob McKenzie's giant head. Heck, with the way things are going I may even have to give the Hawks the ultimate compliment.

I might actually watch a regular season hockey game.

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Church Services

Anglican

LENNOXVILLE

Saint George's Anglican Church, Lennoxville, at 84 Queen St., celebrates Holy Communion every Sunday at 8:00 a.m. and every 1st, 3rd, and 5th Sunday at 10:00 a.m. Morning Prayer is held every 2nd and 4th Sundays. Sunday School and Youth Group at 10:00 a.m. every Sunday. 819-346-5564.

NORTH HATLEY

St. Barnabas Anglican Church, 640 Sherbrooke Road in North Hatley, celebrates Holy Communion every Sunday at 10:00 a.m. Sunday School is also at 10:00 a.m. 819-842-2686.

SHERBROOKE

The Anglican Church of the Advent, 473 Bowen St. South, Sherbrooke welcomes you to a service of Holy Communion this Sunday, March 3 at 11 a.m. The Ven. Dean. E. Ross officiating.

Presbyterian

LENNOXVILLE

St. Andrew's Presbyterian Church, 256 Queen St., Lennoxville, 819-566-3100. Minister: Rev. John Barry. Organist: Anthony Davidson. Sundays: 10:30 a.m. Worship and Sunday School. The Word of Grace Radio Broadcast, P.O. Box 404, Sherbrooke, QC, J1M 1Z6, Station CJMQ 88.9 FM or www.cjmq.fm, Sundays 8:30 a.m. Culte en français dimanche 17h, Pasteur Rev. G. Fantechi 819-566-5962.

United

COOKSHIRE/SAWYERVILLE

Weekly services with Sunday School for United Eaton Valley Pastoral Charge are held at 9:30 a.m. at Cookshire Trinity and 11 a.m. at Sawyerville United (at the Manse). Minister: Rev. Wendy Evans. Info: 819-889-2838.

LENNOXVILLE

Lennoxville United Church, corner of Queen and Church Street: Worship on March 3 at 10:00 a.m. Rev. James Potter, 819-565-8449; website - lennoxvilleunit-edchurch.com

SHERBROOKE

Plymouth-Trinity United Church, corner of Dufferin and Terrill, the Rev. Robin Osborne, 819-346-6373. World Day of Prayer service today (March 1) at 2 p.m. with the theme "I Was a Stranger." Sunday, March 3, Worship at 10:30 a.m. There are activities for children during worship and nursery care for children under 2 years of age.

WATERVILLE-NORTH HATLEY

March 3: 9:30 a.m. service at the Hatley United Church and 11 a.m. at the Waterville-North Hatley United Church with Sunday School at both. Rev. Mead Baldwin 819-837-1112.

Lifestyle changes can lower high triglycerides



ASK DOCTOR K

by Anthony L. Komaroff, M.D.

DEAR DOCTOR K: I recently had my cholesterol checked, and it turns out I have high triglyceride levels. Why are high triglycerides dangerous? What can I do about it?

DEAR READER: What's often called a "cholesterol test" really measures three different kinds of cholesterol and one other type of fat, triglycerides. Most people have heard of the three types of cholesterol: LDL ("bad") cholesterol, HDL ("good") cholesterol and total cholesterol. But not as many have heard of triglycerides.

Triglycerides are a type of fat that cir-

culates in your blood. High triglycerides increase your risk for pancreatitis, or inflammation of the pancreas. They also increase your risk for heart disease and for stroke.

Here's how triglyceride levels are categorized:

- Normal: less than 150 milligrams per deciliter (mg/dL)
- Borderline high: 150 to 199 mg/dL
- High: 200 to 499 mg/dL
- Very high: 500 mg/dL and above

Triglyceride levels can be briefly raised by a recent fatty meal. So whenever cholesterol and triglycerides are measured, it is best if you have been fasting for 12 hours beforehand. Those levels that are called "high" above apply to the fasting state.

If you have elevated triglycerides — even borderline high — you should take steps to lower them. Start with lifestyle changes such as a healthy diet, exercise and weight control. Cutting back on sugar-sweetened foods and beverages can be especially effective.

If lifestyle changes fail, therapy will depend on the cause of your high triglycerides and their severity. For example, certain people have an inherited tendency for high triglycerides that does not, on its own, seem to increase the risk of heart disease. In this case, triglycerides levels may not need to be treated.

High triglyceride levels may also be caused by obesity or diets high in satu-

rated fat. Illnesses such as diabetes, chronic kidney disease, underactive thyroid or liver disease can increase triglyceride levels. People who drink a lot of alcoholic beverages, even if they don't get liver disease, tend to have high triglycerides. Finally, certain medications can sometimes increase triglyceride levels: estrogen, tamoxifen, retinoid medicines, beta blockers, and medicines that suppress the immune system are examples.

High triglyceride levels can also be directly treated. Statins are commonly prescribed for lowering high levels of "bad" cholesterol, but they also effectively lower triglyceride levels. Another option is a triglyceride-lowering drug such as niacin or a fibrate. Fibrates such as gemfibrozil (Lopid) reduce the production of triglyceride in the liver. Moderate doses of a statin and a triglyceride-lowering drug may also be combined.

We have more information on triglycerides in our Special Health Report, "What to Do About High Cholesterol." (Learn more about this report at AskDoctorK.com, or call 877-649-9457 toll-free to order it.)

For years, many doctors have focused on treating high levels of LDL ("bad") cholesterol and have tended not to treat elevated levels of triglycerides. Today there's good evidence that triglycerides should not be ignored.

Apply warm, set compresses to treat most boils at home

ASK DOCTOR K

by Anthony L. Komaroff, M.D.

DEAR DOCTOR K: I have a painful boil on my thigh. Can I treat it at home?

DEAR READER: Yes, you can, unless it's an unusually large boil (called a carbuncle). Boils and carbuncles are skin infections that form pus-filled pockets in the skin. Pus is a fluid that contains bacteria, dead skin cells and infection-fighting white blood cells.

A boil begins as a painful infection of a single hair follicle. It is a red, swollen, painful bump under the skin. As the infection worsens, a boil can grow larger. A whitish top (a "whitehead") can appear at the center of the boil. When that top bursts, the pus will drain out of the boil. Boils commonly occur on the buttocks, face, neck, armpits and groin. However, anywhere you have hair, you can get a boil.

A carbuncle is a cluster of interconnected boils. It is a deeper skin infection that involves a group of infected hair follicles in one area. Carbuncles often are

found on the back of the neck, shoulders, hips and thighs.

Boil and carbuncles can also cause fever and a general feeling of illness. If you have a fever with a boil, I recommend that you call your doctor. Fevers are unusual with a boil and indicate that the infection may be more serious.

Small boils often drain within five to seven days. You can help this process along by applying a warm, wet washcloth for 20 to 30 minutes, three or four times a day. Once the boil drains, cover it with a clean bandage. Wash the area daily with antibacterial soap to contain the infection. Usually, you won't need antibiotics; your immune system will cure the infection that caused the boil. After all, people have been having boils since human beings first appeared on Earth, and antibiotics have been around for only 70 years.

If you have a carbuncle, a large boil or a boil that doesn't improve after a week of warm compress treatments, call your doctor. Your doctor will drain the infected area through a small incision. This relieves pain, speeds recovery and limits

scar formation. You may need to take antibiotics for a carbuncle.

If the infection is deep, your doctor may fill the drained pocket with sterile gauze. The gauze can keep the incision open, allowing pus to continue to drain.

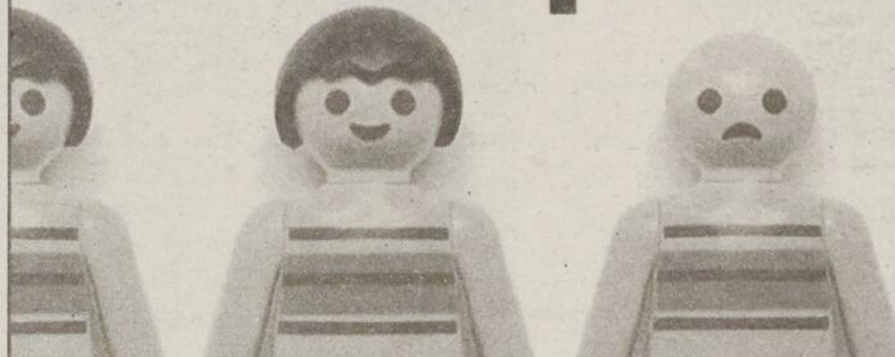
Now and then a boil or a carbuncle leads to a spreading skin infection called cellulitis. If you see the skin around a boil or carbuncle begin to get red and tender, and that red area starts growing, contact your doctor. Cellulitis usually requires antibiotic treatment.

If you have an area of skin that is prone to boils or carbuncles:


- Keep the area clean and dry.
- Avoid wearing tight clothing.
- Wash daily with antibacterial soap.
- Use warm compresses at the earliest sign of irritation.
- Avoid shaving in that area.

(Dr. Komaroff is a physician and professor at Harvard Medical School. To send questions, go to AskDoctorK.com, or write: Ask Doctor K, 10 Shattuck St., Second Floor, Boston, MA 02115.)

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Death



**Paul
'Moose'
LAYER
1948-2013**

At the Brome Missisquoi Perkins Hospital in Cowansville, February 25, 2013, passed away Paul 'Moose' Layer at the age of 64 years, residing in Ange Gardien.

He leaves to mourn his children David (Crystal Clark), Kevin, his grandchildren Samantha, Emily, Katelyn, Dylan, Lucas and Bailey, his sister, Elizabeth (Arnold), also other relatives and friends.

Respecting the family's wishes, a private ceremony will be held at a later date.

Funeral arrangements by LES RESIDENCES FUNERAIRES BESSETTE IN WATERLOO.

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FAX: 450-539-3035
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Death



**Phyllis
LOISELLE
(née Lloyd)**

At the CHUS Fleurimont, on February 26, 2013, passed away in her 70th year, Phyllis Lloyd, loving wife of Olier Loisel, daughter of the Late Curtis Lloyd and the Late Iris Wood.

Honouring her wishes, a graveside service will take place in the spring.

Mrs. Lloyd leaves to mourn her husband Olier, her children Evelyn (Yvan Gauthier), Paul (Cheryl Colby), Lisa (Jean-Nil Charest), and Marco (Sylvie Blanchard), her grand-children Bianca (Christopher Watson), Cassandra (Ray Fowler), Priscilla (Marc-Olivier), Roger, Gabriel, Emanuel and Annabel as well as her great grand-children Jordis, Weston, Jacob and Haley. She also leaves to mourn her brothers and sisters Sheila, Audrey, Doris, Curtis Jr., Larry, Ronald, Roland, Charles, Roxanne and Craig. She was predeceased by her brothers Norman and Raymond. Mrs. Lloyd also leaves to mourn her sisters-in-law and her brothers-in-law, nieces and nephews, relatives and friends, and her dear friend Agnes King.

Donations made in her memory to the Quebec Lung Association, 5790, avenue Pierre-De Coubertin, Montréal (Québec) H1N 9Z9 would be greatly appreciated.

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3006 College St., Sherbrooke QC
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cass@casshomes.ca
www.casshomes.ca

**John Stuart
PRATT**

1936 - February 21, 2013

We are saddened to announce the passing of John Stuart Pratt peacefully in Montreal of renal cancer. He made the most of the past 5 years and died with dignity and grace.

Predeceased by his mother Dorothy Ward Connell and father R. John Pratt, he is survived by his three children Robert (Nicky), Julia (Tim) and Jennifer (Kirby). He was PapaJohn and Pop Pop to grandchildren Jessica, Anthony, Gregory, Elena, Elizabeth and Eliza. He also leaves his brother Robin Pratt (Francine) and nephew Graham and nieces Thea and Jessica. His dear friend Madeleine was with him when he died.

Dad's achievements over 76 years were many. Among them he was a recipient of the Bishop's University Golden Mitre Award and inducted to its RBC Wall of Distinction for outstanding achievements in football, skiing, hockey, leadership and contributions to school life in the 50s; founding headmaster of The Country Day School in King City, Ontario in the 70s; and most recently, his unyielding support for Truth and Reconciliation for Bishop's College School in Lennoxville, QC. And the next time it rains, we'll know it's because Dad is fly-fishing up in heaven.

Thank you to the amazing staff at St. Mary's Hospital for their great care over the past 5 years, particularly in the last month. A special thank you to Dr. Zidulka for her constant help and guidance.

A private cremation has taken place. In the spring, there will be a celebration of John's life held at Bishop's University in Lennoxville on Saturday, May 4 at 11 a.m. in St. Mark's chapel. For now, as Dad would say, "Taut Lines".

In lieu of flowers, donations can be made to the 'John Pratt Scholarship Fund' established at Bishop's University in December 2012 by contacting the University Advancement Office.

Death

In Memoriam

BENOIT, Lottie - March 2, 2004.

*You're not forgotten
Nor ever shall you be,
As long as life and memory last
We will remember thee.
No one knows the silent heartaches,
Only those who have lost can tell
Of the grief that's borne in silence
For the one we loved so well.*

**Sadly missed,
THE BENOIT FAMILY**

CHARTIER - In loving memory of Glenn Richard Chartier, December 1941 - April 1972.

*I was the happiest girl on earth when you took me to be your wife on my birthday, March 2, 1963.
We didn't have a lot of money or a long life together, but we had an abundance of love.
You were an excellent husband and a very good family man.*

Life continued on without you and we are all getting old.

Mark will be fifty and Rod forty-eight. Both boys have been very good to me.

Through good times and bad times, our love has kept us together.

*Forever happy for having been your wife,
PAULINE CHARTIER*

DROUIN, Omer - Who passed away March 2, 2004.

*No longer in our lives to share
But in our hearts you are always there.
Time passes, but memories stay.*

*You are lovingly remembered by your wife
RETA*

**CHILDREN, GRANDCHILDREN
& GREAT-GRANDCHILDREN**

PATTERSON, Gordon - In loving memory of our wonderful Gordon Patterson who passed away March 1, 2004.

Cherished memories of the joy and love we shared remain forever in our hearts.

**So dearly missed by
JUNE**

**CHILDREN and
GRANDCHILDREN**

PATTERSON, Gordon - We fondly remember a dear brother-in-law and uncle who left us March 1, 2004.

*He lives with us in memory
And will forever more.*

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RATES and DEADLINES: ANNOUNCEMENTS & NOTICES

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Text only: 37¢ per word. Minimum charge \$9.25 (\$10.63 taxes included)

Discounts: 2 insertions or more: 15% off

With photo: additional \$18.50. **DEADLINE:** 11 a.m., day before publication.

BIRTHDAY, ANNIVERSARY & GET-WELL WISHES, ENGAGEMENT NOTICES:

Text only: \$15.00 (includes taxes)

With photo: \$25.00 (\$28.74 taxes included) **DEADLINE:** 3 days before publication.

WEDDING WRITE-UPS, OBITUARIES:

\$25.00 (\$28.74 taxes included) WITH PHOTO: \$35.00 (\$40.24 taxes included)

Please Note: All of the aforementioned (except death notices) must be submitted typewritten or neatly printed, and must include the signature and daytime telephone number of the contact person. Can be e-mailed to: clas-sad@sherbrookerecord.com - They will not be taken by phone.

DEADLINES FOR DEATH NOTICES:

For Monday's paper, call 819-569-4856 between 1 p.m. and 5 p.m. Sunday.

For Tuesday, Wednesday, Thursday or Friday's edition, call 819-569-4856 or

fax 819-569-1187 (please call to confirm transmission) or e-mail: production@sherbrookerecord.com between

9 a.m. and 5 p.m. the day prior to the day of publication. The Record cannot guarantee publication if another

Record number is called.

My battle with kidney disease has turned me into a fitness guru and an advocate for kidney patients

FRIDAY, MARCH 1, 2013

Annie's Mailbox

Dear Annie: I was just 18 years old when a routine doctor's visit exposed off-the-chart high blood pressure and landed me in the emergency room. As a carefree teen in my first year of college, I felt healthy and assumed it couldn't possibly be anything more than a little stress. Even the ER doctor took a look at me and said he was sure there couldn't be anything wrong. Imagine the shock when the blood tests showed I had stage-four kidney disease. I was dangerously close to needing dialysis or a kidney transplant, but I had no clue that I'd been suffering from a silent killer.

Kidney disease often goes undetected because symptoms may not appear until the kidneys are actually failing. One in three American adults is at risk due to high blood pressure or diabetes, two of the leading causes. The good news is that early detection and proper treatment can slow the progress.

My battle with kidney disease has turned me into a fitness guru and an advocate for kidney patients. I now do something active every day. By following a careful diet and working closely with my doctors to manage my high blood pressure, I have been able to prevent further damage. Maintaining a healthy lifestyle and positive at-

titude can affect your medical prognosis in the best possible way. I can attest to it.

Will you please encourage your readers to get their kidneys checked? March is National Kidney Month and March 14th is World Kidney Day. The National Kidney Foundation is urging Americans to learn about risk factors and get their kidneys checked with a simple urine and blood test. For more information on these tests and staying healthy, and for a schedule of free kidney health screenings across the country, please suggest that your readers visit the National Kidney Foundation at kidney.org. — Leslie Field, Bradbury, Calif.

Dear Leslie Field: Thank you for reminding our readers how important it is to get regular checkups to make sure their systems are running smoothly. More than 26 million Americans have kidney disease, and most don't know it. People often don't consider their kidney health, yet it can make a tremendous difference in the quality of one's life. We hope our readers will check the National Kidney Foundation website for more information.

Dear Annie: Now that I'm part of the over-50 crowd, I'm finding it increasingly difficult to read the expiration dates on goods, even with my reading glasses on.

Particularly troublesome are the expiration dates that are at the bottom of a white box where the numbers are indented and also in white.

The manufacturers would do us baby boomers a great favor by marking the expiration dates in an easy-to-read location, preferably in black ink with larger letters and numbers. If we can see them, we will replace them more readily when they expire, which would be a boon for business, as well. — Maryanne

Dear Maryanne: You've made an excellent argument, and we hope it wins over the product manufacturers. We're on your side.

Dear Annie: "Faithful Wife" said her husband of 44 years was showing some intense behaviors around an old flame, spending \$12,000 on a facelift and accusing his wife of lesbianism.

If these behaviors are a continuation or exacerbation of old behaviors, I am right with you on your advice. But if they are changes from a man who used to be reasonably "normal," then I would suspect frontotemporal dementia, of which these sorts of socially disruptive disinhibitions are classic symptoms. — MA, LSA

Annie's Mailbox is written by Kathy Mitchell and Marcy Sugar, longtime editors of the Ann Landers column.

Pavlova is a light and airy dessert

STIR IT UP!

by Marialisa Calta

The Pavlova — a baked meringue confection typically filled with whipped cream and berries — is not a Russian dessert, as its name suggests, but a concoction born in Australia or New Zealand and named after a Russian ballerina.

The name honors Anna Pavlova (1881-1931), who is still considered one of the finest classical dancers in history. Pavlova was known for her ethereal style, and while touring New Zealand and Australia in the 1920s, a New Zealand newspaper described her as "a snowflake scintillating in a world of moonlight, so swift and light and sparkling that the eye was dazzled at the sight."

Her lightness inspired bakers Down Under to work on the airy, marshmallowy meringue that bears her name. Both countries have claimed the dessert as their own in a decadeslong tussle known as the "Pavlova wars," which likely will remain unsettled forever. To their credit, however, the New Zealanders have produced the world's largest Pavlova, a 210-foot-wide creation nicknamed "PavKong" to distinguish it from a slightly smaller "PavZilla" baked in 1999.

Like Anna Pavlova — the first dancer to make a worldwide ballet tour — the dessert that bears her name has traveled, and it should be no surprise to find it in "Nigellissima" (Clarkson Potter, 2013), a new Italian cookbook by British food sensation Nigella Lawson.

Lawson, British born and bred, writes, "It was when I was 16 or 17 that I decided to be Italian." What followed was a crash course in the Italian language and a "gap year" before university spent living, eating and cooking in Florence.

In her book, she channels her "Nigellissima-ness" into a collection of "Italian-inspired" or "Britalian" dishes. These include banana bread flavored with

espresso, French toast made with panetone, a meatball mixture with a tomato and mozzarella topping fashioned to look like a pizza and known as a Meatzza, and a plate of battered and fried shrimp she calls "Italian tempura." There's cooked semolina served like mashed potatoes, "risotto" made of barley and a very British-seeming shortbread flavored with anise.

Her Pavlova, with its espresso flavor and dusting of cocoa, was hardly a stretch. She calls it, somewhat tongue in cheek, a "meringa al caffè con panna montata" (coffee meringue with a mound of cream) or, more familiarly, a "cappuccino Pavlova" or a "Cap Pav."

"Not that I feel the need: I declare its inspiration, not its identity, to be authentically Italian," she writes. Eccola.

CAPPUCCINO PAVLOVA

Yield: 8 servings

1 1/4 cups superfine sugar (sold in most supermarkets)
4 teaspoons instant espresso powder (not instant coffee granules)
4 egg whites
Pinch salt
2 teaspoons cornstarch
1 teaspoon white wine vinegar
1 1/4 cups heavy cream
1 teaspoon good-quality unsweetened cocoa powder

Preheat oven to 350 degrees. Line a large baking sheet with parchment paper and, using a 9-inch cake pan as a guide, draw a circle on it with a pencil. (Or you can omit this step and make a freehand circle with the meringue itself later.)

In a small bowl, mix the sugar and espresso powder; set aside.

In a clean, grease-free bowl (preferably metal), use an electric mixer to whisk egg whites with a pinch of salt until they hold soft peaks. (The egg whites won't whip if there is even a trace of grease in the bowl. Wipe the inside with a piece of



PHOTOGRAPH BY PETRINA TINSLEY FOR "NIGELLISSIMA" BY NIGELLA LAWSON; CLARKSON POTTER, 2013. The Pavlova, a well-traveled dessert, was created in New Zealand or Australia and named after a Russian ballet dancer.

paper towel dipped in vinegar first, if you want to be extra-careful.) Keep whisking while you gradually add the sugar-coffee mixture, 1 tablespoon at a time.

When all the sugar mixture is incorporated and you have a firm, gleaming, ecru-colored meringue, fold in — using a grease-free metal spoon — the cornstarch and vinegar. Dollop large spoonfuls of the meringue mixture inside the drawn circle on the parchment paper (or make a freehand circle if you prefer). Smooth and shape meringue with a spatula so it looks rather like the crown of a straw boater hat; it must be flat on top. Put meringue in the oven and immediately

turn heat down to 300 degrees. Bake 1 hour, or until the meringue's outer shell is barely crisp.

When it's done, turn off the oven and leave the Pavlova inside to cool. Once the Pavlova is cool, lift it carefully on its paper and place it, top down, on a large, flat plate; gently peel off the paper. Whip the heavy cream until thickened and airy but still soft. Spread whipped cream delicately over the top (which previously was the bottom) of the meringue. With a teaspoon, push the cocoa powder through a fine strainer to decorate — cappuccino-style — the top.

Recipe from "Nigellissima" by Nigella Lawson (Clarkson Potter, 2013).

CELEBRITY CIPHER

by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

"DPE RVT SLPT YMZP GEIPXPEIPEOP
GE V JMDVE, CKS SLPT IME'S JVRSP
V RPOMEI IPDMYGRLEGEF GS CBGOA CT
CBGOA." — OVEIGOP CPBFPE

Previous Solution: "You don't have to suffer to be a poet; adolescence is enough suffering for anyone." — John Ciardi

TODAY'S CLUE: U sgnabx K

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CELEBRITY CIPHER

by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

"EYU EYMAIN KSD RS WSP G JSZGA
KSD JSDBRA'E RS WSP GAKEYMAI
UBNU. NGZU JMEY ZSAUK."

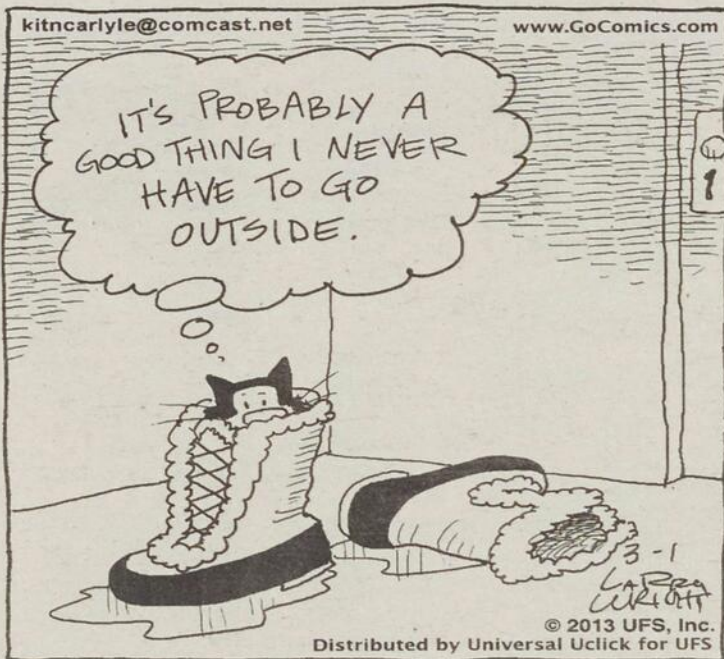
— BUPSK "NGEOYUB" CGMIU

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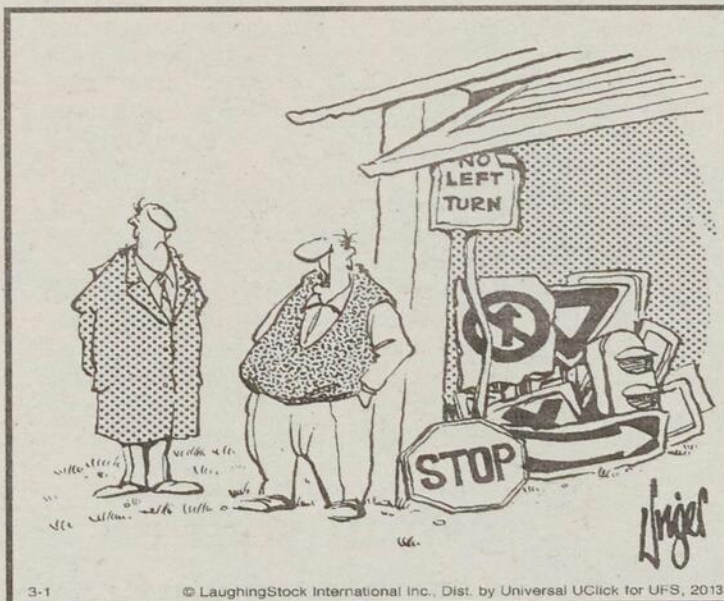
TODAY'S CLUE: P sgnabx C

don't waste a second demolishing it brick by brick." — Candice Bergen

KIT N' CARLYLE



HERMAN



"I can now get to the supermarket in under six minutes."

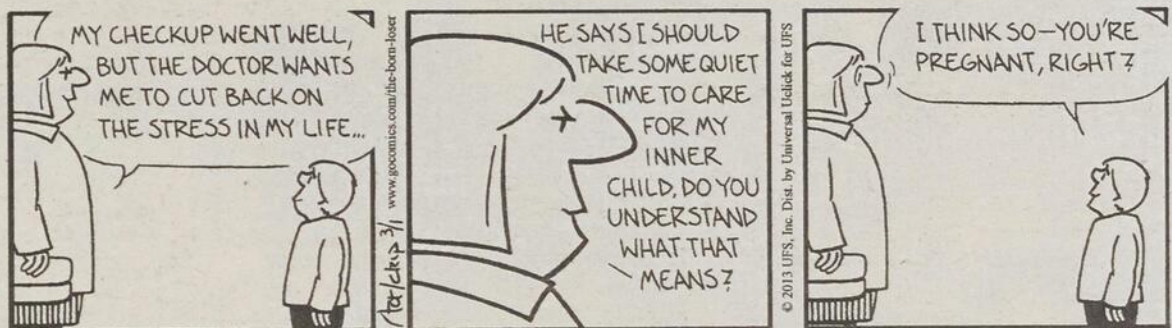
ALLEY OOP



ARLO & JANIS



THE BORN LOSER



FRANK AND ERNEST



GRIZWELLS



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DEADLINE: 12:30 P.M. ONE DAY PRIOR TO PUBLICATION
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Secure
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035 For Rent

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LENNOXVILLE - FOR JULY 1. 4 1/2 semi-basement apartment in duplex, large windows, separate entrance, near bus and depanneur. References required. Call 819-560-7097.

LENNOXVILLE - SUBLET April 1. Small 3 1/2. Electricity not included, 2nd floor. \$405. Leave message, 6 p.m. to 8 p.m. or weekends 819-823-2368.

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035 For Rent

SEARCHING FOR WORKSHOP in North Hatley. David Martel, the artist painter of the frescoes of the Interfaith Church, is searching for a workshop-studio (garage, basement, locale, church) to repaint new frescoes in North Hatley. Call 819-640-0673 or email art.rupes-tre@hotmail.com

050 Rest Homes

ST. PAUL'S REST HOME in Bury has a large sunny room available for immediate occupancy. It's ideal for a couple or for a roomy single. Two attractive single rooms are also available. View on website: stpaulsresthome.org. Please call our Matron, Norma Wiley, to inquire at 819-872-3356.

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100 Job Opportunities

100 Job Opportunities

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125 Work Wanted

CLEANING LADY. Experienced, honest, reliable and efficient. Please call for availability. Colleen: 450-521-9668.

Looking for a job or qualified personnel? Consult our Classified ads!

100 Job Opportunities

140 Professional Services

UPHOLSTERY 25+ years experience. Antique and modern. 4 wheeler seats. Frame, spring and fabric repair. Free estimate. Email: stephenstickles@live.ca or call 819-889-2519.

145 Miscellaneous Services

LENNOXVILLE PLUMBING. Domestic repairs and water refiners. Call Norman Walker at 819-563-1491.

150 Computers



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100 Job Opportunities

190 Cars For Sale

Chartier AUTOMOBILES

LENNOXVILLE, QC

CARS

- 12 BUICK LACROSSE CXC, 3.6 L., leather, mags, back-up camera, Intellink radio system, 24,000 km, \$28,750
- 12 FORD FOCUS SEL, Hatchback, auto, fully loaded, mags, 16,000 km, \$18,450
- 12 FORD MUSTANG GT, convertible, V-8, auto., leather, 18,000 km, \$32,950
- 12 CHEVROLET CRUZE LT, 1.4 L. turbo, auto., fully loaded, air, great MPG, 22,000 km, \$17,995 \$16,995
- 11 KIA SOUL, 2U, auto, fully loaded, air, mags, 51,000 km, \$14,950
- 11 TAURUS SEL, fully loaded, air, 15,500 km, \$22,950 \$21,950
- 11 FUSION SEL AWD, V-6, leather, 13,500 km, \$21,950 \$20,950
- 11 FIESTA SE, auto, air, mags, 31,000 km, \$13,950 \$13,495
- 10 TOYOTA MATRIX XR, auto., fully loaded, mags, 61,000 km, \$14,950
- 09 HYUNDAI ACCENT, 2 door, 60,000 km, \$8,950 \$8,495
- 08 AVEO, auto., 4 door, 59,000 km, \$7,950 \$7,495
- 08 SMART, auto., air, 63,000 km, \$8,850
- 08 ALTIMA 2.5S, air, 53,000 km, \$13,950 \$12,995
- 08 SONATA, air, 75,000 km, \$10,995 \$10,495
- 08 SUZUKI SX4, AWD, 5 speed, 76,300 km, \$10,950 \$10,550
- 07 CALIBER SXT, auto., 58,000 km, \$8,995
- 07 CHEVROLET IMPALA, fully loaded, air, 88,100 km, \$9,950

TRUCKS

- 12 KIA SERENTO EX, V6, leather, AWD, mags, 22,000 km, \$27,750
- 11 LINCOLN MKX, AWD, 3.7 L., leather, Panoramic roof, navigation, 20" mags, back-up camera, 20,000 km, \$37,550
- 11 DODGE GR CARAVAN, Stow'n Go, 3.6 L., TV-DVD, 7 pass., back-up camera, 49,000 km, \$19,950
- 10 DODGE RAM SPORT, 5.7 L., floor transmission, leather-suede, 4X4, must see, 51,000 km, \$25,950
- 09 FORD ESCAPE XLT, V-6, AWD, air, mags, 59,900 km, \$16,550
- 09 HYUNDAI TUCSON, 2WD, auto., 25th Anniversary, air, sunroof, navigation, 75,000 km, \$12,850
- 07 GMC SLE 2500 HD, 4X4, diesel, 6.5 F. box, chrome package, 81,000 km, \$31,950 \$30,695
- 07 HUMMER H3, 3.5 L., AWD, leather, 96,000 km, \$19,950
- 05 PONTIAC MONTANA, 7 pass., 4 bucket seats, 151,000 km, \$6,450
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190 Cars For Sale

190 Cars For Sale

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275 Antiques

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275 Antiques

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VISIT: Saturday from 1 p.m. to 5 p.m.
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Auctions held every 2nd Wed. at 1 p.m.
ENCANS GELINEAU & FILS INC.
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290 Articles For Sale



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294 Events

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295 Articles Wanted

WANTED: WW2 PILOT flying helmet (leather), German helmet (metal); medals, any other related items. Call John at 819-563-6044.

320 Livestock

BLACK ANGUS BULLS and heifers for sale, 12-16 months of age; 2 Black Angus bulls, 2 years old. Western breeding (Chico Ranches), easy calvers, purebred, registered. Please contact Ben 514-497-4244, or ben@challacomfarm.com

320 Livestock

SALERS BULL SALE / Open House at Ferme Michael Morin, March 16, 2013, 41 ch. des Domaine, St. Felix de Kingsey. 819-470-8844.

330 Pets



Make your classified stand out, add a photo for \$10. per day. Deadline: 2 days before publication. Drop by our office in Sherbrooke or Knowlton. 819-569-9525. classad@sherbrooke.com

PROFESSIONAL GROOMERS on site. Grooming for dogs and cats. Call today for an appointment. **Blue Seal,** The Animal Nutrition Centre, 1730 Wellington St. South, Sherbrooke. 819-348-1888.

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Requirements

- Physically demanding
- Ability to operate cleaning equipment as supplied
- Ability to work alone
- Discretion

A resume should be sent by March 7, 2013 to:

Wendy Johnson
Human Resources
Bishop's College School
80 Moulton Hill
Sherbrooke, QC
J1M 1Z8

Fax (819) 822-3886
wjohnson@bishopscollegeschool.com

****Only candidates selected for an interview will be contacted.**

345 Flea Markets

SUTTON

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440 Miscellaneous

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NEW AD

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PUBLIC NOTICE
PAYING YOUR PROPERTY TAXES

The first instalment of the general municipal property taxes for the year 2013 comes due on **March 4, 2013**.

Payments may be done in either one of the following:

At most financial institutions:

- ◆ By internet
- ◆ By telephone
- ◆ At banking machines
- ◆ At the counter

With the Ville de Sherbrooke

- ◆ By pre-authorized payments
- ◆ By cheque sent by mail to the following address:
Ville de Sherbrooke, C. P. 50, Sherbrooke (Québec) J1H 5H5

Your payment is charged on your account the day it is received at our office. Therefore, to avoid interest charges allow sufficient time to pay the amount owed, and this, whichever method of payment you choose.

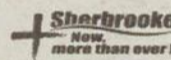
If you are a new owner

It is possible, if you are a new owner, that your property tax bill may have been sent to the previous owner. **This does not in any way remove your obligation to pay your taxes by the deadlines set by the City, in default of which you will be required to pay interest as of the deadlines established for the instalments.** Please note that the City of Sherbrooke does not issue new tax bills when a property changes owners. Although, it is possible for you to get a copy of the tax bills from the Ville de Sherbrooke internet site, at the following address: sherbrooke.ca/taxation.

If you have not received your tax bill, or are unsure whether or not you have received it, it is your responsibility to ensure that your file is up to date by contacting the Revenue Department at 819 821-5626.

Issued in Sherbrooke, this 1st day of March, 2013.

François Poulette, CPA, CGA, MA, Treasurer



www.ville.sherbrooke.qc.ca

54861

SUDOKU

Difficulty: 5 (of 5)

5						9		6
			2				4	8
	9		4			5		
				2				
1	5					2		
	8	3	7		6			
			3					9
8					9		6	7
				5				

3-1-13

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PREVIOUS SOLUTION

4	6	3	9	1	5	2	8	7
9	7	2	8	4	6	5	3	1
8	5	1	3	7	2	9	4	6
2	4	7	6	5	3	1	9	8
6	8	9	7	2	1	4	5	3
1	3	5	4	9	8	7	6	2
3	9	4	2	6	7	8	1	5
7	1	8	5	3	9	6	2	4
5	2	6	1	8	4	3	7	9

HOW TO PLAY:

Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

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SATURDAY, APRIL 6, 2013 AT 9:30 A.M.

Should you want to place machinery on consignment, you have until Monday, March 18 to give us the details of your machinery. After then, you will no longer be listed in the ads but we will still be pleased to take your machinery on consignment until Friday, April 5.



ENCAN SAWYERVILLE inc. AUCTION

For information, contact
Tel. 819-849-3606

Email: aruel.lafaille@videotron.ca

SUDOKU

Difficulty: 4 (of 5)

			5				6	7
3						2		4
		2						
				3				1
6						8		9
			7	1	8			
	2	4					9	
			7				6	8

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3-2-13

PREVIOUS SOLUTION

5	4	2	8	3	7	9	1	6
3	6	1	2	9	5	7	4	8
7	9	8	4	6	1	5	3	2
4	7	9	5	2	3	6	8	1
1	5	6	9	8	4	2	7	3
2	8	3	7	1	6	4	9	5
6	1	4	3	7	2	8	5	9
8	2	5	1	4	9	3	6	7
9	3	7	6	5	8	1	2	4

HOW TO PLAY:

Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

Your Birthday

FRIDAY, MARCH 1, 2013

SATURDAY, MARCH 2, 2013

: SUNDAY, MARCH 3, 2013

North		03-01-13	
♠ 8 4 3			
♥ J 6 5			
♦ A 7 2			
♣ J 9 8 3			
West		East	
♠ K Q 6		♠ 9 7 5 2	
♥ Q 9		♥ 10 8 7 3 2	
♦ Q J 10 9		♦ K 8 4	
♣ 7 6 4 2		♣ 10	
South			
♠ A J 10			
♥ A K 4			
♦ 6 5 3			
♣ A K Q 5			
Dealer: South			
Vulnerable: Both			
South	West	North	East
2 NT	Pass	3 NT	All pass
Opening lead: ♦ Q			

FRIDAY, MARCH 1, 2013

Do not overlook the second chance

by Phillip Alder

Mignon McLaughlin, a journalist and author who wrote two volumes titled "Neurotic's Notebook," said, "For the happiest life, days should be rigorously planned, nights left open to chance." The happiest bridge player rigorously plans his campaigns, although sometimes his success is open to chance, depending on where the missing high cards are located.

In this deal, South is in three no-trump. After West leads the diamond queen, how should South plan the play?

Remember that when you open one or two no-trump, do not be neurotic about a weak suit. It is your partner's job to cover that suit; you cannot be expected to do everything.

South starts with eight top tricks: one spade, two hearts, one diamond and four clubs. In isolation, by far the best chance of a ninth winner is to take two spade finesses. One will work 76 percent of the time. However, those finesses are into the West hand, the defender who presumably holds the diamond length.

Declarer should duck the first two diamond tricks, then take the third with dummy's ace, being relieved to see that the suit is 4-3, not 5-2. Then South plays a spade to his jack.

West wins, cashes his last diamond, and shifts to a club. How should declarer continue?

It looks obvious to win with dummy's jack and to take the second spade finesse. However, South has a second chance to get home, unlikely though it may be. He should take the club trick in his hand and cash his top hearts. Yes, only just under 10 percent of the time will the queen drop, but it is better than nothing before — probably — falling back on the second spade finesse.

Be alert in the year ahead for several unusual business propositions. Even if some things seem excessively strange, you should examine each offer seriously.

PISCES (Feb. 20-March 20) — It's best not to discard traditional methods in order to experiment with something new. Actually, working with known qualities enhances your chances for success.

ARIES (March 21-April 19) — As long as you stay away from speculative ventures, this should be a profitable day for you. Go out of your way to make your bundle the old-fashioned way — earn it.

TAURUS (April 20-May 20) — Don't allow a few minor setbacks to diminish your hopes and expectations. Any obstacle you encounter is likely to be merely temporary, and easily overcome.

GEMINI (May 21-June 20) — Even if you can't totally resolve some unwanted developments, you should be able to lessen their impact. Besides, challenges only stimulate your ingenuity.

CANCER (June 21-July 22) — Don't deny yourself or those you love an unexpected pleasurable encounter, even if it costs you a few bucks. The happiness it engenders is worth the sacrifice.

LEO (July 23-Aug. 22) — It's imperative that you study important situations very carefully. What at first appears to be unpleasant might contain benefits that you'll discover only after a close inspection.

VIRGO (Aug. 23-Sept. 22) — If you're too materialistic, you might not be satisfied by the results of your efforts. Look out for your interests, but not by gouging another.

LIBRA (Sept. 23-Oct. 23) — Funds could suddenly become available to you for obtaining something you've wanted but never thought you could afford. How this unfolds could be rather mysterious.

SCORPIO (Oct. 24-Nov. 22) — There's a chance that you could be subjected to some frustrating resistance from an individual who is usually easygoing. It proves that everybody is human.

SAGITTARIUS (Nov. 23-Dec. 21) — What works for you might not work for someone else. Thus, ignore any pessimistic opinions this person might express about something or someone that you hold dear.

CAPRICORN (Dec. 22-Jan. 19) — It behooves you to try to do something different with a casual acquaintance. Fresh personalities and encounters will have a very favorable effect on you.

AQUARIUS (Jan. 20-Feb. 19) — You don't need to be fearful if you find yourself in a tight spot. Adversity only strengthens your resolve, and you'll discover you're more than a match for spontaneous complications.

Your possibilities for achieving success in the year ahead will be greatly enhanced through proper planning and the right colleagues. Before making any major moves, establish what you want, how to do it and with whom.

PISCES (Feb. 20-March 20) — One of your greatest assets is your ability to effectively communicate with others regarding difficult subjects. You'll be good at disseminating information and retaining it.

ARIES (March 21-April 19) — It's good to be optimistic about a joint endeavor that you're considering, but keep your expectations reasonable and realistic. Don't get carried away by pie-in-the-sky prognostications.

TAURUS (April 20-May 20) — You could badly need some information from others today, so it pays to be a good listener at all times. This is especially so when in the presence of someone who gets around.

GEMINI (May 21-June 20) — When your intentions are in proportion to your abilities, success is likely to follow. Don't place demands on yourself that you're not experienced enough to fulfill.

CANCER (June 21-July 22) — You'll have what it takes to be a good organizer. You'll not only know what to do and how to do it effectively, but you'll be smart enough to know which person should handle each task.

LEO (July 23-Aug. 22) — Small details could take on unusual significance, particularly when it comes to domestic matters. Be sure that each person involved in a project pays appropriate attention to every tiny part.

VIRGO (Aug. 23-Sept. 22) — Keep in mind that friends warmly welcome company when a person's visit is brief. Remember this rule and follow it when putting in a personal appearance or even talking on the telephone.

LIBRA (Sept. 23-Oct. 23) — A small but significantly profitable development could open up, in conjunction with an ongoing matter. However, first you must recognize it and then be clever enough to carry it off.

SCORPIO (Oct. 24-Nov. 22) — Be sure to devote some time to a recreational activity that you thoroughly enjoy. Getting away from everyday happenings will refresh your outlook and make you more industrious.

SAGITTARIUS (Nov. 23-Dec. 21) — If you're hoping to gather some information about a matter that's none of your business but that you're curious about, it'll pay to ask indirect questions. Subtlety will pay off.

CAPRICORN (Dec. 22-Jan. 19) — Quality, not quantity, is what you should look for in your companions. Being with a comfortable, compatible pal will be more enjoyable than hanging out with a large group.

AQUARIUS (Jan. 20-Feb. 19) — If you need to make a choice between profit and accomplishment, you'd be smart to choose the latter. Self-esteem has greater value than gold.

In coming months, be careful not to forfeit what you have in hand in order to pursue a hopeful "maybe." Your best opportunities for gains, both financial and social, lie in finishing what you start.

PISCES (Feb. 20-March 20) — Your image could be fragile, so it wouldn't be surprising to find adversaries looking for chinks in your armor. Be extra careful when around those who might be envious.

ARIES (March 21-April 19) — All a bad attitude will do is cause you to be self-defeating and greatly lessen your chances for success in any form. Don't look for goblins behind every door.

TAURUS (April 20-May 20) — It might prove wise to look gift horses in the mouth. Something tantalizing but worthless is likely to be on offer — all it's meant to do is lure you into giving up your hard-earned money.

GEMINI (May 21-June 20) — To appease another, you might agree to do something that would serve that person's best interest, not yours. Once you say yes, you'll be held to your word.

CANCER (June 21-July 22) — Have some common sense when it comes to health issues. Don't eat or drink too much of anything that your system doesn't handle well.

LEO (July 23-Aug. 22) — Unless you keep unruly whims in check, you're apt to do something silly that you would greatly regret. Trade on your strengths not on your weaknesses.

VIRGO (Aug. 23-Sept. 22) — Unfortunately, when seeking advice, you are likely to go to persons who will tell you what you want to hear instead of the truth. It's useless to select those who won't level with you.

LIBRA (Sept. 23-Oct. 23) — Don't use flattery on someone who truly doesn't deserve it. Insincerity would lessen the worth of your words to others.

SCORPIO (Oct. 24-Nov. 22) — You had better put your blinders on if you find yourself browsing in stores that carry merchandise you can't afford. Your sales resistance is likely to be extremely low.

SAGITTARIUS (Nov. 23-Dec. 21) — Allowing self-doubts to dominate your thinking could severely impede your progress. Either have more confidence in yourself or bluff your way through things.

CAPRICORN (Dec. 22-Jan. 19) — Any problems you experience are likely to be of your own making. If you find yourself getting caught in a tight squeeze it'll probably be due to a sin of omission.

AQUARIUS (Jan. 20-Feb. 19) — When doing business with someone new, be on guard even if the other party has been recommended by a friend. It's smart to take some time to judge this person's character before jumping in with both feet.

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† Less Fuel, More Power, Great Value is a comparison between the 2013 and the 2012 Chrysler Canada product lineups. 35 mpg or greater claim (8 L/100 km) based on 2013 EnerGuide highway fuel consumption estimates. Government of Canada test methods used. Your actual fuel consumption will vary based on powertrain, driving habits and other factors. See retailer for additional EnerGuide details. **Wise customers read the fine print:** †, ‡, ††, †††. The offers of this ad apply to retail deliveries of selected new models purchased from participating retailers between March 1 and April 1, 2013. Offers are subject to change and may be extended without notice. Price includes freight (\$1,595) and taxes on air conditioning (when applicable). No fees will be added to the all-inclusive prices of the advertised models. Price excludes license, insurance, duties on new tires (\$15) and applicable taxes, and will be required on purchase. A down payment may be required. Retailer order or trade may be necessary (when applicable). Retailer may sell for less. See participating retailer for complete details and conditions. † Purchase Price applies to 2013 Dodge Dart SE (PFDP41 + 25A), \$16,995. ‡ 0% purchase financing rate for 36 months available on the new 2013 Dodge Dart SE (PFDP41 + 25A) to qualified customers on approved credit through Royal Bank of Canada, Scotiabank and TD Auto Finance. Example: 2013 Dodge Dart SE (PFDP41 + 25A) with a Purchase Price of \$16,995 financed at a 0% rate for 36 months with \$0 down payment equals 78 bi-weekly payments of \$217.88, no cost of borrowing and a total obligation of \$16,995. †† 2013 Dodge Dart GT (PFDSA1 + 27S) shown. Late availability. Price: \$25,750. 2013 Dodge Dart Rallye (PFDP41 + 25T + WD3) shown. Price: \$21,850. Models shown may differ slightly from the models commercialized in Canada. ††† Based on 2013 EnerGuide highway fuel consumption ratings. Government of Canada test methods used. 2013 Dodge Dart Aero model (late availability) with 1.4 L turbo engine and manual transmission - 4.8 L/100 km hwy (7.3 L/100 km city). Your actual fuel consumption will vary based on powertrain, driving habits and other factors. See retailer for additional information about the EnerGuide program. † Based on 2013 Ward's Upper Small sedan costing under \$25,000. † Star ratings are part of the U.S. Government's National Highway Traffic Safety Administration's (NHTSA's) New Car Assessment Program (www.safercar.gov). ††† Tigershark is a trademark of Chrysler Group LLC. †††† SiriusXM logo is a registered trademark of SiriusXM Satellite Radio Inc. ††††† Jeep is a registered trademark of Chrysler Group LLC, used under license.



2013 Dodge Dart GT and 2013 Dodge Dart Rallye shown**

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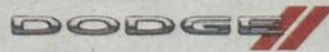
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