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Local daycare miffed over Sherbrooke's church purchase

By Michael Boriero

The city of Sherbrooke recently purchased the Résurrection-du-Christ Church with plans to use the land to develop social housing units, as well as an early childhood centre (CPE), but the municipal acquisition has not sat well with the CPE Jardin D.A.M.I.S.

CPE Jardin D.A.M.I.S. Executive Director Johanne Levasseur told The Record that the daycare also made a bid to acquire the church. The idea was to purchase the building, renovate the inside, install an annex on the side of building, and transform it into a daycare for 80 children.

With the city taking over, however, the plan, as it stands, is to tear down the church and start from scratch. Sherbrooke purchased the building and land for \$1,200,000, after the Saint-Paul

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Sherbrooke "maison des aînées" to welcome its first residents next week



GORDON LAMBIE

Stakeholders at the inauguration of the new maison des aînées et alternative in Sherbrooke on Thursday

By Gordon Lambie

The first of Quebec's new model of residence for seniors and adults with special needs, the "maison des aînées et alternative" was officially inaugurated in Sherbrooke's Fleurimont borough on Thursday afternoon. Sonia Bélanger, the province's new

junior Minister for Health and for Seniors was present to carry out the ribbon cutting alongside a gathering of other invited guests

"When I got out of the car, I just said wow," Bélanger said, expressing her enthusiasm about the new model of care home that puts a focus on creating a home-like environment for

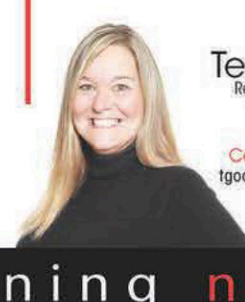
seniors and those under the age of 65 with special care needs.

The Sherbrooke facility is the first of 46 such homes that will be built across the province, and one of four currently in progress across the Eastern Townships. The other three, located in Magog, Coaticook, and Granby, are

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HIGH 4
LOW -4



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MIX OF SUN
AND CLOUD

HIGH -1
LOW -2



SUNDAY:
CLOUDY

HIGH 7
LOW 1



MONDAY:
CLOUDY

HIGH 2
LOW -6



TUESDAY:
MIX OF SUN
AND CLOUD

HIGH 0
LOW -3

Lessons: A tale in search of meaning



GOOD READS LENOXVILLE LIBRARY

Review by Stephen Sheeran

Lessons, the latest novel by the highly acclaimed English writer Ian McEwan, comes with much fanfare. If one believes the blurbulous excesses, never before in the history of human endeavor has there been produced such a moving and masterful, realistic and insightful, sensitive and psychological, tour-de-forsical piece of work. It is, according to one pundit, "THE FINEST HUMANIST NOVEL OF ITS AGE!!!!"

Hmmmmmm.

Granted, *Lessons* is not without its appeal. The story is a realistic account of the travails of boomer Roland Baines whose life, troubled as it is, spans 1948 to the present. Roland's early years are marked by upheaval. His father, a British officer, is posted to Libya, and amidst the turmoil of the Suez crisis Roland is sent back to England to a boarding school. There, in his adolescent and teenage years he is sexually exploited by a female piano teacher ten years his senior.

The experience (though he is for the most part a willing if not enthusiastic victim) leaves permanent effects as he grows up incapable of settling upon a career path and unable to sustain lasting relationships with women. A series of decidedly half-baked jobs (as tennis pro, lounge pianist, greeting-card writer, hack journalist, poet) provide the means for a series of violently passionate relationships, which all seem to collapse under the weight of their own intensity. When he finally does manage a commitment, his German-born wife Alissa stays with him for a few months then leaves him with a child, consigning him to solitary parenthood as she contrives a meteoric writing career on the continent.

McEwan deliberately backdrops all the significant episodes in Roland's life with critical historical events. For example, his illicit affair with his piano teacher climaxes at the height of the Cuban Missile Crisis. The Berlin Wall,

the Falklands War and the Thatcher years, the Chernobyl reactor disaster, then Brexit and Covid lockdowns—all become frameworks for the particular dramas that constitute Roland's life. And, important to note, as these dramas unfold Roland engages in relentless self-analysis, hesitations, and vacillations, his shilly-shallying outdone only by his willy-nillying.

What results is a kind of psycho-biographical historical novel—think *Forrest Gump À la recherche du temps perdu*. To McEwan's great credit (and I'm guessing this is why he makes the big bucks) he weaves a very rich web out of these diverse strands. In service of the larger "lessons" theme he shows the connectedness of the internal and the external—the psychological and the social. In his own butterfly-effect ruminations Roland muses upon the fact that his father's illicit love affair with his mother led to his foreign posting in Libya, which led to Roland's enrollment in a private school; his father's love of music gave rise to the piano lessons which brought about the affair with...and so on.

The faithless and apparently self-serving Alissa also serves as a focal point for a complex of psycho-social causes and effects. Her English mother, a fledgling journalist in the late 40s, was sent to Germany to research the White Rose movement—an anti-Nazi protest organization in 1930s-40s Germany. All agog with romantic idealism she fell in love with one of the White-Rosers and gave herself up to a life of service and motherhood—a second-best life that put her personal ambitions and career on the back-burner. In fact, it is the idea that she is re-living her mother's disappointing life that prompts Alissa to abandon Roland & fils and relentlessly pursue her writing career.

Lessons has many other strong points. The chronology is innovative; current events are juxtaposed with traumatic reminiscences. The details of Roland's victimhood emerge piecemeal, as if the story comprises a course of psychotherapy where events—parts of a puzzle—are slowly slotted together.

This is also the most realistic of McEwan's novels, with an almost compulsive obsession with detail. The interactions between the characters are sharply rendered, and home interiors are claustrophobically evident—his piano teacher's forbidding but irresistible upstairs rooms, his decaying house where he is left to mourn his wife's absence, a friend's home whose increasing opulence provides a measure

of the Thatcherite economic booms.

This realism is perhaps a double-edged sword of Damocles (a rare thing, bien sur!). In another century Oscar Wilde opined: "The nineteenth century dislike of Realism is the rage of Caliban seeing his own face in a glass. The nineteenth century dislike of Romanticism is the rage of Caliban not seeing his own face in a glass." These pronouncements, essentially verdicts rendered upon the limits of narcissistic materialism, apply to McEwan's tale. Throughout *Lessons* we see characters pursuing romanticized and idealized notions of personal and political, economic and social gain, but when these pursuits are realized, the resulting vision is empty. It is as if the great Western experiment of individualistic materialism has reached a dead end. In an interview McEwan expresses disdain for "the spiritual", clearly aligning himself with an empirical, scientific, secular world view. But then, when one contemplates the totality of *Lessons*, the mirror it holds up to western bourgeois culture presents a stark portrait indeed, one clouded with a dismal sense of futility. Roland himself puzzles over the odd twists of history: "By what logic or motivation or helpless surrender did we all...transport ourselves within a generation from the thrill of optimism at Berlin's falling wall to the storming of the American Capitol?"

Given the critical effusions, it is worthwhile to compare McEwan with Alexander Solzhenitsyn, who, in works such as *Cancer Ward* and *In the First Circle*, portrayed real oppression and suffering and the life-and-death struggle for freedom. In these themes he discerned an ennobling force that somehow elevated human nature. McEwan does write admirably: the characters are deftly drawn, the detail marvellously rendered, with judicious mixes of pathos and bathos, Eros and Thanatos. But the culminating vision is of a fretful, self-absorbed bourgeoisie slouching off to Bethlehem to replicate ad nauseam.

Still, *Lessons*, well worth the read, is available at the Lennoxville Library.

Lennoxville Library News

Save the date: "Merry Christmas at Square Queen". Saturday, Dec. 3 from 10 a.m.-4 p.m.

The library will host a book sale, and offer holiday stories, craft activities, face painting, and games for kids at our mini "Espace Biblio" in the Salle Communautaire Amédée-Beaudoin.

See you there!

Ben by Daniel Shelton



Local soccer fans share thoughts on Qatar 2022

By Lawrence Belanger

Canada is competing for only the second time at the World Cup, happening this year in Qatar. The cup has not been without its controversies though, from Qatari officials pulling an about-face on western fans (and Budweiser) regarding alcohol in its stadiums, to FIFA threatening to impose sporting sanctions on any teams whose captains wore the OneLove armband expressing support for human rights.

The Record sat down with two soccer fans during Wednesday's match between Canada and Belgium.

Speaking at the Lion in Lennoxville, the fans said they were excited about the cup. One, a student at Bishop's, and the other, a teacher in Sherbrooke, were both there shortly after the bar opened to watch the rest of the Canada-Belgium match on Nov. 23. Christian, the school teacher, doesn't have a TV at

home and came to the Lion on his way home from work to watch the game.

"Oh yeah, it's a really big deal," says Christian when asked about Canada's team being part of the Cup, which last went to the Mexico cup in 1986. "Canada has never scored," explains Christian, impressed with the team's performance that day, but nonetheless disappointed by Canada's 0-1 loss to Belgium at the end of the game.

The Bishop's student, who prefers to remain anonymous in order to be candid about his views, expressed disdain for Qatari officials' restrictions on LGBT rights and FIFA's prohibition of the "OneLove" armband. As someone from another majority-Muslim nation like Qatar, he thinks it's hypocritical for the Kingdom to prohibit these expressions of human rights in their country while demanding no restrictions on their cultural expression in western countries. An article of clothing meant to express

support for universal humans rights is "not mixing politics and sport", he explained.

Nevertheless, the student was an avid soccer fan, watching everything from the World Cup to Club Matches. He's routing for England (although yesterday he was aligned with Christian in cheering for Canada) and has been surprised and excited about the series of upsets that have happened thus far - Germany lost to Japan, Saudi Arabia beat Argentina, and Morocco's game with Croatia ended in a draw.

Both fans expressed confusion, bemusement, and annoyance at Qatari officials backing away from their previous statements indicating that beer would be available in the stands for most fans, and instead restricting it to only the expensive private areas, effectively making beer an elite perk for those able to afford such seats.

Even the waitress present at the Lion was confounded by the reports

that such about-face was initiated the behest of Qatari Crown Prince Jassim bin Hamad Al Thani, and that FIFA was willing to upset one of their major sponsors, Budweiser to appease the monarch.

Christian noted that during the opening game between Ecuador and the hosting country's team, Ecuadorian fans chanted "We want beer" from the stadium's seats.

The move to mostly ban alcohol is especially notable, given that in 2014 it was FIFA that pressured a government to change its laws, when it forced Brazil to loosen restrictions on public consumption, and calls into question how much control FIFA retains over the 2022 Cup. "Canadians are always standing tall," says Christian, who remained upbeat despite the difficulty the Canadian team will have advancing after their loss to Belgium. "At least we have beer," consoled the Bishop's student.

Local daycare miffed

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de Sherbrooke Parish sent out a call for tenders last August. But Levasseur is feeling deceived.

"We evaluated 11 sites in Rock Forest. We don't have other possibilities and it is difficult to find a site as perfect as the church, with a forest, in the community, not a major boulevard, and not next to the train," said Levasseur, adding the daycare asked the city to give them a fair chance.

In a phone interview, Levasseur also questioned why the city needed to buy up this specific plot of land when there are likely many options available to them, seeing as they're just going to tear down the building. The location for the daycare, on the other hand, is nearly too perfect.

The church can be found just down the street from the CPE Jardin D.A.M.I.S. on Grégoire Street. And it would have been easy enough to at least temporarily convert the building into a daycare, Levasseur explained on Wednesday, noting they could have filled roughly 32 spaces.

And there is a desperate need to alleviate the daycare's wait list. According to Levasseur, there are close to 1,300 children waiting to be admitted into a daycare, including nearly 600 infants. She said this would

have been a wonderful opportunity to begin crossing names off the list.

"If we had taken the time, I'm talking about the city, to analyze and understand the urgency on our side to develop and the authorization from the ministry, then we might not be here. On my side, I took steps with the families ministry before making an official decision," Levasseur said.

The city is also only taking over the property next spring, she continued, so there is an automatic delay to the construction time. The thought of developing a daycare by August 2023, for example, is foolishly optimistic, Levasseur added. And the city doesn't really have a plan.

Sherbrooke has not put forward a concrete project proposal, Levasseur shared, unlike the CPE Jardin D.A.M.I.S., which spent years crafting its pitch, developing schematics, surveilling land, and meeting with the Ministère de la Famille. However, they were unable match the city's offer.

After tapping into most of its resources since their first bid for the church back in 2020, Levasseur is worried her daycare expansion project will be put on the back burner for the foreseeable future. It took time and energy to ensure the plan was

logistically sound, she said.

Levasseur also noted she didn't appreciate being included in Sherbrooke Mayor Évelyne Beaudin's announcement of the church acquisition during a press conference early in November. Beaudin had stated the city would work hand-in-hand alongside the local CPE.

While the mayor has said past discussions with the CPE Jardin D.A.M.I.S. have been amicable, Levasseur told The Record the meetings weren't always entirely cordial. It has been a frustrating and tiresome ordeal for Levasseur, and she is scared her file will simply disappear.

She had to jump through hoops for the diocese to even submit a bid. Levasseur was rejected after the first offer, the church believed it could find something better, and then they were asked to partner with the city. However, Levasseur said they were more advanced than Sherbrooke.

There were several meetings with the city, too. But there was a stalemate in the ideas proposed by the city and Levasseur. The CPE is looking to expand and offer folks more daycare spots. Beaudin, however, stuck to her priority, as she is determined to develop social housing units.

"Well listen what I would like to add, and what I have always said, and what I'll say again, is that from our side we understand the need for social housing, it's important," said Levasseur, adding she knows there is a need, but she isn't certain it has to be located in Rock Forest.

Last Friday, Beaudin told The record land is rare in Sherbrooke, and the municipal council saw an opportunity to follow through on its promise to develop more daycare spots and build social housing units. There was a lot of emotion in the file, she said, adding Levasseur wanted to win.

Beaudin also shared that she is disappointed in the coverage of the project. She believes this should be something celebrated by the community, not criticized. And she is keeping the door open to a partnership with the CPE Jardin D.A.M.I.S., stating she wants them to jump in, too.

"It's up to them to see what they want to do. We have the land for their project. We wish to collaborate with them, but the ball is their court as to whether they want to embark on this project or not," said Beaudin, noting she understands Levasseur wanted to win a solo project.

Sherbrooke "maison des aînées"

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expected to open over the course of 2023. Eventually, the minister noted, Sherbrooke will be home to five of the total number of maison des aînées across Quebec.

This first facility will open in phases, beginning next week when it welcomes 36 people who have been in a temporary residence space set up on Bowen Street. Eventually the residence will house 120 people in 10 units of 12, each organized around a central living room space. 84 of those residents will be seniors, and 36 will be adults with special needs.

According to Nathalie Sheehan, Director of Residential and Long Term Care with the CIUSSS de l'Estrie - CHUS, the first group of residents was prioritized because of their time in temporary care and the fact that their

care team has already been trained in the new approach that will form the basis of care in the maison des aînées model, but after that group the process that determines who can live in the home will be the same as the one currently used for long term care facilities.

During a visit to the home while it was under construction earlier this year, former Seniors' Minister Marguerite Blais said that eventually the care approach designed for the new model of care facility should also

be integrated into existing long-term care homes, as time and resources allow.



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ONE COLUMN, FOUR VOICES

Open to the Spirit

Today's word: Justice

By Revs Mead Baldwin,
Rabbi Boris Dolin and
Rev. Carole Martignacco

1) I am a soccer fan. I played in high school and at university, and continued playing as an adult well into my twenties. I have been watching the World Cup of soccer from Qatar, but with mixed feelings. Qatar has a poor history of social justice, and Iran, one of the competitors, is diabolical. Women have no rights and are imprisoned for protesting, or even worse. Qatar has tried to portray themselves as modern and welcoming, in part to promote the tourist trade, and in part to seek economic benefits by working with other world nations. However, actions speak louder than words. They need to provide better working conditions for their immigrant workers, and more equality for LGBTQ people.

I am reminded though, of how sometimes when they use the term justice, what they really mean in "just us". If you have money, or political allies, then you have your freedom. I am also aware that the pursuit of justice, like the pursuit of climate change, has economic consequences. Still, I would rather live in a world

wherever has equal rights, even if it affects my pocketbook. Once a brave philosopher said we should pursue the greatest good for the greatest number of people, not just the rich.

The word "justice" is certainly part of our modern vocabulary. Since 1960 comic books about superheroes in "The Justice League of America" have huge followings, and movies about these characters have been hits. I wonder though, how helpful this is. Are we waiting for superheroes to solve our problems? Does this make us reluctant to speak and work for justice ourselves?

The Bible tells us to seek justice, love kindness, and walk humbly with you God. We all want a world with justice for everyone equally. But how do we make this happen.

2) One of my favorite photographs is a grainy black and white image of the front of the line of a civil rights march. The photo, taken in March, 1965 shows a line of mostly African American men and women, arm in arm marching from Selma to Montgomery Alabama to fight for voting rights and protest the treatment of Black people in the US. Standing on the side is a man that looks slightly out of place

among the crowd—a shorter man—with a long white beard, a mess of hair and a thick pair of black glasses. Rabbi Abraham Joshua Heschel, the legendary rabbi, theologian and activist is moving forward at the front of the line with a look of calm strength in his eyes. When Heschel came home from Selma, he reflected on the power of his experience on that memorable spring day and said: "For many of us the march from Selma to Montgomery was about protest and prayer. Legs are not lips and walking is not kneeling. And yet our legs uttered songs. Even without words, our march was worship. I felt my legs were praying." As Heschel so powerfully continued, he said prayer itself is a privilege, and I paraphrase: "We forfeit the right to worship as long as we don't fight for justice."

Sometimes when I am standing in prayer, I make sure to remind myself that all of our words, our songs of praise and thanksgiving don't fully serve their purpose if we don't step out and turn these prayers into action. The fight for justice needs us to first pay attention to places in our world that need fixing, and then step up to make things better. We should continue to learn, to question, to discuss and to pray to the heavens to help, but as Heschel reminds us, we also need prayer with our feet, through direct action.

There is plenty in this world that can make us lose hope, and there are simply too many places that need our fight for justice. We need to use all of ourselves, all of our emotions—the joy, the sadness, the frustration and even the anger that we feel every day as inspiration to move forward. We need to strengthen our ability to pay attention, truly pay attention to the needs of others, to look first deep in our own souls for what we need to grow, and then and search for the needs of those we might never meet, and find a way to help. When we see so much brokenness, hopefully we can find a place of comfort and connection in prayer and in community. We can shake our heads in sadness and shock at what we see around us, but we also can stand up to fight. Above all, don't think that the work is done, never give up the fight.

3) I once served a small town in rural Ontario which was broken into 5 days before Christmas. It was two young offenders, who were later apprehended. Our congregation was approached by the Ontario Provincial Police afterwards and invited to take part in their restorative justice program. We had a rather heated meeting about this incident at an emergency board meeting. One member of our board was really incensed. He said things like: "We should throw the book at them. What's the world coming to when teenagers desecrate a church. Our community is going to hell in a handbasket." It took quite a bit of

convincing on my part, but we began the process, and a strange miracle occurred.

The young people came to a church service and publicly apologized. They did volunteer work at the church. One of the teens in particular embraced the program. He had come from a very dysfunctional family and wanted to put his life in order. He helped clean up the mess, came almost every Sunday, and brought joy and enthusiasm with him. The miracle, however, was not the transformation of the young offender, remarkable as that was. It was the transformation of the older man who had been so vocal. He took the young fellow under his wing to keep an eye on him. He came a mentor, and they soon became inseparable. He was the role model the teenager needed. Soon the man was saying things like: "You know, young people have a lot to offer us. Teenagers have been misunderstood. Our future is in pretty good hands." In this case, justice did not mean punishment, but positive change. Perhaps that's what we need to work for in Qatar and Iran, and indeed, in every country in our world.

4) Our next voice is actually many voices. Here are some valuable quotations about justice:

"Injustice anywhere is a threat to justice everywhere." - Martin Luther King

"Hunger is not an issue of charity, it is an issue of justice." - Jacques Diouf

"Justice will not be served until those who are unaffected are as outraged as those who are."

- Benjamin Franklin

"I swore never to be silent whenever human beings endure suffering and humiliation. We must take sides. Neutrality helps the oppressor, never the victim. Silence encourages the tormentor, never the tormented."

- Ellie Wiesel

"Justice is what love looks like in public." - Dr. Cornel West

"Overcoming poverty is not a gesture of charity. It is an act of justice. It is the protection of a fundamental human right, the right to dignity and a decent life." Nelson Mandela

"Truth never damages a cause that is just." - Mahatma Gandhi

"If you tremble with indignation at every injustice then you are a comrade of mine." - Che Guevara

"Love is not a weak spineless emotion, it is a powerful moral force on the side of justice."

- Bernice King

Rev. Mead Baldwin pastors the Waterville and North Hatley Pastoral Charge; Rabbi Boris Dolin leads the Congregation Dorshei Emet in Montreal; Rev. Carole Martignacco, Unitarian Universalist is retired from ministry with UUEstrie and now resides in St-Andrew's-By-The-Sea, but keeps one foot in the Townships by contributing to this column.

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by Brenda Hartwell

In 2020, 160 women and girls were killed by violence in Canada. In 2021, 173 women and girls were killed by violence. This is a concerning increase from 118 women and girls killed by violence in 2019. (Canadian Femicide Observatory for Justice and Accountability, 2020 and 2021.)

Here we are again. In an effort to work toward positive change, the Lennoxville and District Women's Centre will once again be publishing articles in The Record to raise awareness concerning violence against women and girls.

The global theme for this year's 16 Days of Activism against Gender-Based Violence Campaign is: "UNITE! Activism to end violence against women and girls". The campaign is a call to increase awareness, galvanize advocacy efforts, and share knowledge and innovations.

History of the Campaign

Thirty-one years ago, the 16 Days of Activism against Gender-Based Violence Campaign was launched by the Women's Global Leadership Institute. This campaign began on November 25th, the International Day for the Elimination of Violence against Women and ran until Human Rights Day on December 10th. Each year since 1991, organizations and individuals around the globe have mobilized to

keep this campaign going in an effort to increase awareness and make the world a more just and safer place for all. Progress has been made in some areas, but much remains to be done, and as we have seen in recent years, gains that have been made can be eroded and hard won rights can be lost if vigilance is not maintained.

What is gender-based violence?

It can take both physical and emotional forms, such as sexual assault, rape, stalking/criminal harassment, hitting, pushing, name-calling, cyber bullying, cyber blackmail, control and manipulation. Anybody can be abused, no matter their background, identity, or circumstance but women and girls are at a higher risk for gender-based violence than their male counterparts. Discrimination can add another level of risk, and statistics show that radicalized women, those with a disability, Indigenous women, homeless women, and trans and non-binary people experience an even greater risk.

The last two years have seen an increase in violent incidents against women and girls. Certainly one of the unfortunate outcomes of the Covid-19 pandemic was an intensification of all forms of violence against girls and women. While watching the nightly newscast, we were hearing of murdered women much too often, and

overfull women's shelters were turning people away due to space restrictions. According to StatCan, "In 2021, police reported 114,132 victims of intimate partner violence (violence committed by current and former legally married spouses, common-law partners, dating partners and other intimate partners) aged 12 years and older (344 victims per 100,000 population). It also marked the seventh consecutive year of a gradual increase for this type of violence, according to the report, with the rate of intimate partner violence increasing by two per cent in 2021 more than 2020." (<https://globalnews.ca/news/9217215/canada-covid-family-violence-increase>)

Let's be clear, violence against women and girls is not just a woman's issue, it is a societal issue. When women or girls are murdered, raped or assaulted, their families and all who know them are affected. Children who witness spousal abuse can be severely traumatized. Witnessing violence in the home can affect children's development and ability to learn. It can also lead to emotional issues such as anxiety and phobias, as well as behavioural problems such as bullying and aggression. "Children who witness violence in the home have twice the rate of psychiatric disorders as children from non-violent homes." (Eve Bender, Psychiatric News, 2004) and they are more likely to display harmful drinking patterns later in life. (World Health Organization, 2012). It is a chilling fact that children who witness multiple

instances (more than 10) of parental domestic violence before the age of 16 are twice as likely to attempt suicide. (E. Fuller-Tomson et al., Child: Care, Health and Development, 2016)

This year's theme, UNITE! Activism to End Violence Against Women and Girls, is a call to action. As a society we must take this issue seriously and dig deep to find solutions that will put an end to this ongoing problem. When everyone is on an equal footing, and all people, no matter their sexual orientation or gender, can live a life free from the threat of violence, society as a whole will be richer. Violence against girls and women takes a huge toll. So many lives are cut short or irreversibly psychologically damaged—what a sad waste of human capital.

It won't be an easy job to change the mindset of those who would keep certain people down in order to maintain power and control, but we must try. Nothing is impossible if enough people are willing to put in the work to move society forward. This is a call for solidarity. Too many have suffered devastating loss. Too many lives have been irreparably damaged. It's time to imagine and work toward a world where everyone, free from the threat of violence, can thrive and live up to their full potential. Hand to hand and heart to heart, we need everyone, of all genders, to come together and be an advocate for change. It's time to UNITE! Enough is Enough!



**Mental
Health
Estrie**

Job Opportunity:

Bookkeeper and Administrative Assistant

Mental Health Estrie is a grassroots not-for-profit organization committed to providing information, support, education and advocacy to English-speaking caregivers and individuals affected by mental illness in Estrie.

Term: 4 days a week (7 hours a day for a total of 28 hours)

Place of work: Sherbrooke (Borough of Lennoxville) - in-person with the possibility of some hybrid

Job Description: Bookkeeper responsibilities: manage and maintain records related to revenues (donations, grants and membership fees) and expenses, including payroll. Administrative Assistant responsibilities: basic office administration functions, manage memberships and assist with special projects. This employee is responsible to the Executive Director.

Requirements: Bilingual - English 5/5 written & spoken, French 3/5 minimum; Diploma of vocational studies in Accounting, Administrative Assistant or a related field or equivalent experience; strong attention to detail; familiarity with the basic principles of accounting; proficiency with Sage Accounting Software; proficiency with Microsoft Office (Word, Excel, PowerPoint); Knowledge of Publisher and Access (or another database) are an asset; experience writing letters and reports is an asset.

Tasks include: Maintain the financial records to the standard of good accounting practices, using Sage Accounting. Prepare monthly budget reports and materials for the annual audit; develop and manage database for membership and fundraising; assist with special projects.

The successful candidate: is able to work collaboratively and autonomously; has strong organizational and time management skills; is motivated, innovative and dynamic; is attentive to accuracy and detail (accounting and data entry); has excellent writing skills in English (grammar and spelling); has a deep appreciation for confidentiality and anonymity.

To Apply: Send an English letter of intent, a CV, and references immediately to: **Tanya Gibson, Executive Director**, Mental Health Estrie at mhe.info@bellnet.ca. **Anticipated start date:** As soon as possible. This posting will remain active until the position is filled. Applications received without a letter of intent will not be retained and only those selected for an interview will be contacted. **Interviews will take place in Sherbrooke (Borough of Lennoxville) as soon as possible.**

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EDITORIAL

The format of a My Take is 150 words – no more, no less – to express an opinion on a different topic each week. This week's topic was winter.

My Take: By Michael Boriero

Regardless of how long you've lived in Quebec, whether you've been here for 5, 10 or 15 years, or maybe you've lived here your entire life, nothing can truly prepare you for winter.

It always sneaks up on me, at least, a born and raised Montrealer. One day you're looking outside, leaves tumbling to the ground, mild weather, and then, BAM, it's a winter wonderland.

You wake up and suddenly you're

dreading the walk to the car. You need to find your winter jacket. Your boots are stowed away somewhere you don't remember. And you're shivering.

Did you leave the snow brush and ice scraper in the car? Did you refill the washer fluid? Will you make it to work? Because, be honest, you probably haven't switched out the summer tires.

Aside from the initial shock, though, I am looking forward to going into hibernation.

My Take: By Lawrence Belanger

I came to Quebec in part because I decided that if I was going to have to experience cold dreariness, I might as well have it look like how winter is portrayed in stories and media. New England is supposed to have snow on the ground by American Thanksgiving, but that's today and a quick check of the snow cover in Massachusetts shows...nothing. Yes, the snowstorm last week caught me

off guard, summer tires still on my vehicle, and yes, I still need to buy replacements for my boots that fell apart at the end of last winter, but that's not winter's fault! Positives of winter are inherent to winter (pretty snow, warm beverages, classy coats). The negatives are because of human imperfections and the obligations of a society that values production at any cost.

My Take: By Gordon Lambie

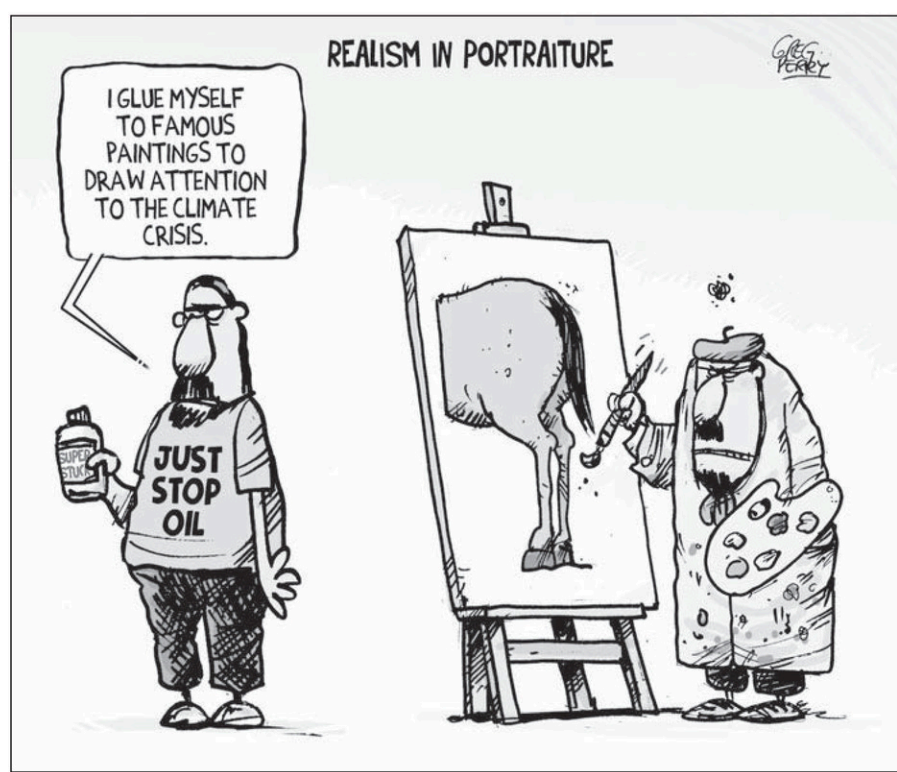
Winter is probably where the traditional idea of seasons breaks down the most in this part of the world. September and fall were pretty well coordinated, and June is usually a clear-enough launch into the summer months. Even March is less wintery than the months before, but this idea that the "official" start to winter is only days before Christmas just doesn't mesh with our local reality.

Yes, I do remember walking

around in a t-shirt on Christmas eve in 2015, but generally speaking it feels pretty fair to say that winter starts at the beginning of November and lasts... well, as long as it wants to.

I've got nothing against the moon, but maybe the solstices and equinoxes are not the measures we should be using to mark the seasons.

It's weird to keep teaching people something that doesn't actually make that much sense.



My Take: By Matthew McCully

Is it weird that some of my fondest memories are of winter, but I still hate it?

Maybe it's because the comfort that comes with warming up after a day outside outweighs the shivering.

I grew up on the Gaspé and we used to go skiing at a hill called Saint Edgar.

The chalet smelled so good, like burgers and burning firewood. And there was this magical chopper

attached to the wall. I used to watch the kitchen workers put a potato on top, pull the lever, and then perfectly cut fries would fall into a bucket.

They were greasy and delicious.

I was always in tears when it was time to leave, but on the car ride home, my body would begin to catch up to how cold I had been all day.

Thawing my feet in the tub was excruciating. But worth it.

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World's 27th climate summit leaves us still dangling over the abyss



DOUGLAS NADLER

UN Secretary-General António Guterres at the close of COP27: "Our planet is still in the emergency room."

"This is our rallying cry—from actions, press conferences, to side events, today is the day where we, the civil society movement, are holding governments to account and demanding that an equitable, managed, and just phase-out of all fossil fuels must be in the cover decision of COP27," 350.org Executive Director May Boeve said.

When Phoebe Plummer and Anna Holland threw soup onto the protected Vincent Van Gogh painting "Sunflowers," many people were horrified. The women's response was, "We did no damage to the painting whatsoever...and we never, ever would have considered doing it if we didn't know it was behind glass. What we're doing is getting the conversation going so we can ask the questions that matter." As more and more young people throw mashed potatoes or soup at priceless paintings, people are asking what a painting has to do with climate chaos. These actions are meant to be destabilizing, we are told. Would we rather protect a painting but do nothing to protect an increasingly ecologically fragile planet?

The bottom line is that millions of young people are just desperate to catch our attention. They are screaming, "HELP US!" But their actions are not the equivalent of a child throwing a toy to get our attention! They are much more than a temper tantrum. Their supposedly nonsensical and random acts of love—as they wish us to believe—are to tell us how much they care, and not self-indulgence, so these actions in famous cultural spaces link the message to great beauty being destroyed, not by them, but by fossil fuels and human greed. As the climate crisis spins out of control, they feel they must shake the global north out of a self-inflicted and malevolent stupor.

Robert Creeley put it well in his poem "The Warning":

For love I would
split open your head and put
a candle in
behind the eyes.

Love is dead in us
if we forget
the virtues of an amulet
and quick surprise.

These non-violent protests are meant to shake us up. Perhaps the two women chose a painting depicting sunflowers because they are being destroyed by Russia in Ukraine, a principal source of sunflower oil for many global south countries. It is the money Putin's regime makes from fossil oil and gas that makes the war possible, resulting in immense destruction to Ukraine's ecological integrity. tinyurl.com/COP27-environmental-cost

Now that Egypt's COP27 is finished, the big question is whether it was a flop. It certainly was in respect of reducing the use of fossil fuels, but for the first time an agreement has been reached on the creation of a fund for "loss and damage" compensation to developing nations and individuals by the global north. It will take a year to figure out how the fund will function. However, without a clear timetable and ambition to quickly cut the use of all fossil fuels, the world is simply postponing a catastrophe that no "loss and damage" reparations will gloss over in declaring a climate justice win. On top of this, rich countries are models for profiting from the debts of poor nations but slow to cough up money, as we have witnessed all too often.

As I mentioned two weeks ago in my article "We are in the fight of our lives," the idea that having an international conference in a repressive police state immediately casts an ominous shadow over it. Going forward, an important barometer of success or failure is whether the world is committed to maintaining a 1.5 Celsius limit for global temperature increase above a pre-industrial level, which in turn comes back to the will to put a lid on carbon and, more easily, on methane emissions.

Methane has a very short atmospheric lifespan, and although it is a potent greenhouse gas there are many ways to limit its release. For example, peatlands hold vast quantities of methane and once the peat is dug up for, say, gardens, that methane has escaped. These wetlands make up only 3 percent of the earth's land area but store twice as much carbon as all the trees on the planet. tinyurl.com/monitoring-peatlands

One massive concern that is raised concerning the world's peatlands is the rights of Indigenous peoples. Do they really want to have roads intersecting their territories so that mining companies can extract minerals—and dig up the peatlands in the process? Take for example the lack of consultation with Ontario First Nations regarding the proposed mining in the Hudson Bay lowlands. tinyurl.com/hudson-bay-peatlands-rights

Methane is also released from landfill sites and oil flares. A push is under way to stop this gas getting into the atmosphere. In other words, whether through the conservation of peatlands, thereby also protecting biodiversity, or through capturing methane, the expertise is there... The will to put the planet before profit will make all the difference.

You might recall me mentioning two weeks ago Collins English Dictionary's word of the year, "permacrisis," referring to a period of instability in which we are lurching from crisis to crisis. There is another word, "polycrisis," which describes the interlocking nature of mounting crises. Contributing to and intensifying these crises, a mind-numbing 630 oil lobbyists and (to add to the madness) climate deniers stalked COP27, selling their wares of death as if it were a trade fair.

Meanwhile, why were the world's women at COP27 being locked out of high-level negotiations?

It's hard to find them in the photo of heads of state or in the list of delegates, but it has always been women and girls who have borne the brunt of climate breakdown. Zoha Tunio writes, for Inside Climate News: "Women are 14 times more likely than men to die in a climate catastrophe, according to the United Nations Development Programme, and the U.N. Environment Programme estimates that roughly 80 percent of the people displaced by climate are female. Environmental degradation, whether it occurs suddenly or slowly, diminishes access to food, drinking water, sanitation and education more for women than men." tinyurl.com/climate-gender-gap

The most positive day of the summit came when Luiz Inácio Lula da Silva addressed

the delegates as incoming Brazilian president. He committed his government to turn around the ravages in the Amazon wreaked by his predecessor. "There is no climate security for the world without a protected Amazon," he said, adding: "We will do whatever it takes to have zero deforestation and degradation of our biomes."

Besides the 1.5 Celsius limit, a success for COP27 would have meant the phasing-out of all fossil fuels and not just coal, an agreement to help the global south with debt relief, loss and damage as a result of the global north's massive contribution to fossil fuel emissions, and China and the US putting aside ideological differences and finding solutions together. Tragically, there is very little to applaud in the outcome of the summit.

Babawale Obayanju of Friends of the Earth Africa had this to say: "What we needed from COP27 was agreement to a rapid, equitable phase-out of all fossil fuels." A collective amnesia has clouded the world's recollection of the events of last summer. Think the floods in Pakistan to start with, and then ask yourself what could happen in 2023.

Today, Nov. 25, is Buy Nothing Day. Instead of participating in the free-for-all frenzy that categorizes Black Friday's homage to western consumerism, please buy nothing and help us move towards a degrowth future that respects all planetary life forms.

*The bottom line
is that millions of
young people are just
desperate to catch our
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screaming,
"HELP US!"*

31st

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- CHRISTMAS COOKIES
- CAMPFIRE
- POP CORN
- THE REAL SANTA

1:00 PM

**A HONEYSUCKLE SISTERS
CHRISTMAS**

11:30 AM 1:30PM

**STORY TIME
AROUND THE FIRE**

1:00 PM TO 4:00 PM

SLEIGH RIDE

SQUARE QUEEN

**SAMEDI
3 DECEMBRE**

11 H À 16 H

- CHOCOLAT CHAUD
- FEU DE CAMP
- PHOTOMATON
- MUSIQUE DE NOËL
- BISCUITS DE NOËL
- MAÏS SOUFFLÉ
- LE VRAI PÈRE-NOËL

13 H

**LE NOËL DES
HONEYSUCKLE SISTERS**

11 H 30 ET 13 H 30

**HEURE DU CONTE
AUTOUR DU FEU**

13 H 00 À 16 H 00

PROMENADE EN CALÈCHE



HONEYSUCKLE SISTERS

11:00 AM TO 4:00 PM

- CRAFT ACTIVITY
- ESPACE BIBLIO
- LETTER TO SANTA

**11:30 AM, 12:30 PM,
2H30 PM AND 3H30 PM**

STORY TIME

**CENTRE
COMMUNAUTAIRE
AMEDEE-BEAUDOIN**

**LENNOXVILLE
COMMUNITY CENTER**

11 H À 16 H

- ACTIVITÉ DE BRICOLAGE
- ESPACE BIBLIO
- LETTRE AU PÈRE NOËL

**11 H 30, 12 H 30,
14 H 30 ET 15 H 30**

HEURE DU CONTE

10:00 AM TO 4:00 PM

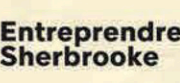
CHRISTMAS MARKET

**UNITED CHURCH
OF LENNOXVILLE**



10 H À 16 H

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Christmas is coming: time to prepare your home as well as your pets



MARY MACLACHLAN CPDT-KA
CERTIFIED PROFESSIONAL
DOG TRAINER
PARAGON POOCH PET SERVICES

A lot of time and planning goes into preparing for a family Christmas: the food, decorations, guest list, and presents. This may be the first Christmas since 2019 that friends and family are able to gather in a more what we would consider normal way. Just remember, however, that your dog most likely isn't used to "normal" Christmas season. Your dog's needs must be taken into consideration while making your plans and preparations to help ensure everyone — both two-legged and four-legged — can enjoy the season safely.

What to train well before Santa's arrival

A lot of stress, embarrassment and accidents can be prevented simply through teaching your dogs the following behaviours:

1. Settling on a bed or mat

This behaviour is a great sanity saver all year round. Learning to go to a designated place to settle helps dogs calm down as well as gives them a safe place to be to avoid any hazards or being a nuisance to visitors. I teach my dogs to "Park It!" When we're eating at the table, when guests arrive, or any other time I need them safely out of the way.

2. Drop it

During this time, there will no doubt be extra tempting items lying around or within your dog's reach that they may want to sample: decorations, toys, snow boots and the like. Teaching them to drop items from their mouth on cue can save disappointment, frustration and maybe even an emergency trip to the vet.

3. Leave-it

Leaving distractions such as food on a coffee table or a Christmas tree decoration can also help keep disaster at bay. This behaviour is built upon the giving attention

and recall (coming when called) behaviours.

4. Polite greetings

Especially if you have a large breed dog, Rover needs to learn to keep his feet on the floor when greeting people. Otherwise, he could easily injure an elderly visitor or frighten a young child. This, of course, needs the right training approach and lots of successful practice. If your dog is struggling with this skill, now's the time to set aside 5-10 minutes each day to work on it. Practice first with family members, then ask friends and neighbours to help you.

5. Door manners

With more people coming to the house, it's important that your dog doesn't take advantage of their arrival to dart out the door. Running after your dog outside in house slippers and cookies in hand screaming their name isn't a great way to entertain guests. Teach your dog that an open door is not an invitation to cross the threshold. Practice opening various doors in your house, while reinforcing them for staying away from the door. Save the most challenging doors, those leading outside, for when your dog has mastered the easier inside doors.

6. Socialization to different people

Socialization involves having positive experiences with a variety of things in the dog's environment, including people. The keyword is positive. Keeping the experiences positive means that the dog is not overwhelmed and feels safe. Give your dog lots of opportunities to meet a variety of people while giving them choice to interact on their own terms - never hold a dog to allow someone to pet them. Pair the interaction with things the dog likes such as treats or attention.

7. Separation training

You may need to put your pooch in their crate, in another room or behind a barrier to keep them or your guests safe and from being disturbed. Train your dog to feel safe and comfortable with this arrangement well in advance. Go gradually, starting with just a couple of minutes, adding more time as your dog adjusts and feels safe. Make sure your dog has been mentally and physically exercised before so that they will be ready to settle for some quiet time. You can give your dog something safe to chew on to keep them busy, if needed.

Home preparations for the pooch: Christmas trees

That tree can be full of temptations to some dogs, especially curious, playful puppies. The ornaments can seem like great toys (some in the familiar shape of balls) or things to chew. A puppy may find the string of lights looks good to sink his teeth into and get himself electrocuted. Pine needles can pose problems if your pup chooses to sample them. The needles can get stuck in their gums, causing them significant



EKATERINA ABRAMOVA

distress, upset their stomachs or lodge in their guts, requiring a vet's intervention to remove. Don't allow your pet to drink the Christmas tree water. It can contain chemicals leached from the tree that are dangerous for animals (and humans) to drink.

If your dog shows any interest in the tree, either put up a portable fence around it to keep him away from the dangers or block his access to the room where the tree is put up with doors or baby gates, if possible. Otherwise, never leave your dog unsupervised if he has access to the tree. Keep his water bowl full so that he won't feel the need to access the tree's water, and make sure he has other things to occupy him such as chew toys or food puzzles.

Other plants that may be around during the holidays can be toxic to your pets such as mistletoe, holly, and poinsettias and cause vomiting and diarrhea. Keep these out of reach to prevent this mishap.

Special cases

If accomplishing the needed training in time just isn't possible, or if your dog has anxiety issues that will make having guests to the house just too stressful, consider booking your dog to stay at daycare. Remember, that this is a very busy time of the year for this service, so be sure to book well in advance.

Taking the time and effort now to help your furry friends be safe and happy during the holidays can surely make the season merry and bright for all.

Do you have questions or comments regarding dog behaviour or training? Are there topics you would like me to discuss in future articles? Feel free to contact me at: mary@paragonpooch.com

Mary MacLachlan is a certified professional dog trainer living in Sherbrooke and is the proud owner of Paragon Pooch Pet Services. She is dedicated to helping dogs and their human companions build stronger relationships based on clear communication, trust and play.

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Obituaries

Death



Lorraine MOORE

February 8, 1943
-
November 20, 2022

We are saddened to announce the sudden passing of Lorraine Moore on November 20, 2022, cherished mother, mother-in-law, grandmother, great-grandmother and sister.

As per her wishes, there will be no funeral service. A private memorial will be held at a later date.



Death

MARSH - In loving memory of our mother Phyllis Marsh who passed away on November 25, 1999.

*The world changes from year to year
Our lives from day to day,
But the love and memory of you
Will never fade away.*

Missing you today and always Mom.



Date Book

FRIDAY, NOVEMBER 25, 2022

Applegate (1971-), actress.

Today is the 329th day of 2022 and the 65th day of autumn.

TODAY'S HISTORY: In 1783, the last British troops withdrew from New York City, three months after the signing of the Treaty of Paris.

In 1947, studio executives agreed to blacklist the "Hollywood 10," who had been cited for contempt of Congress the previous day for not cooperating with the House Un-American Activities Committee.

In 2002, President George W. Bush signed legislation creating the Homeland Security Department, naming Pennsylvania Gov. Tom Ridge as its first secretary.

TODAY'S BIRTHDAYS: Andrew Carnegie (1835-1919), financier/philanthropist; Virgil Thomson (1896-1989), composer/music critic; Joe DiMaggio (1914-1999), baseball player; Augusto Pinochet (1915-2006), Chilean president; Joe Gibbs (1940-), football coach; Ben Stein (1944-), TV personality/author; Amy Grant (1960-), singer; John F. Kennedy Jr. (1960-1999), publisher; Cris Carter (1965-), football player/sportscaster; Jill Hennessy (1968-), actress; Christina

TODAY'S FACT: Augusto Pinochet came to power in 1973 in a CIA-supported coup that deposed Salvador Allende, the first elected socialist president of Chile.

TODAY'S SPORTS: In 1980, Sugar Ray Leonard regained the WBC welterweight boxing title when his opponent, Roberto Duran, quit in the eighth round.

TODAY'S QUOTE: "Perhaps the most tragic thing about mankind is that we are all dreaming about some magical garden over the horizon, instead of enjoying the roses that are right outside today." - Andrew Carnegie

TODAY'S NUMBER: 2 million - migrant encounters reported by U.S. Customs and Border Protection in fiscal year 2022, a 17.6% increase over the 1.7 million reported in fiscal year 2021.

TODAY'S MOON: Between new moon (Nov. 23) and first quarter moon (Nov. 30).

OBITUARIES

November 21 to November 25, 2022

Mrs. Marguerite BOURASSA - November 18, 2002

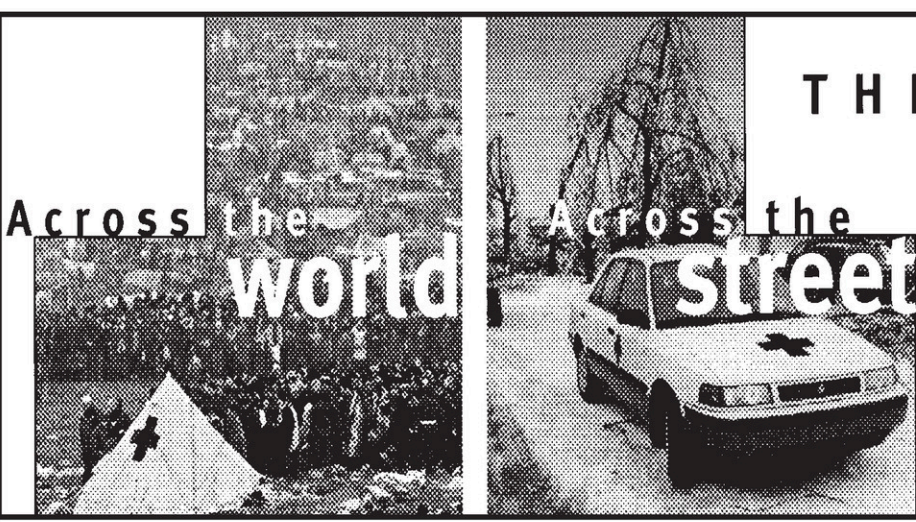
Panagoula (née Antonopoulou) ELIAS
November 21, 2022

Brian Raymond GAGNON - October 30, 2022

Donna Joy Trippear MILLS - November 15, 2022

Lorraine MOORE - November 20, 2022

Betty ROSS, R.N. (nee Mabel Elizabeth McCullough)
November 12, 2022



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Church Services

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LENNOXVILLE

This Sunday is the first Sunday of Advent. We light the candle of HOPE. "The first is for God's promise/to put the wrong things right/and bring to earth's darkness/the hope of love and light." You are warmly welcome to worship with us at St. Andrew's on Sunday at 10:30 am. To watch online go to the YouTube website and search "St. Andrew's Lennoxville" and click on the picture of our church for online services. The Word of Grace radio broadcast can be heard each Sunday morning on the community station CJMQ - 88.9 at 8:30 am. It can be accessed at any time at www.cjmq.fm.

United

AYER'S CLIFF- MAGOG- GEORGEVILLE PASTORAL CHARGE

Everyone welcome to Beulah United Church in Ayer's Cliff - Worship service at 9:15 a.m. and to St. Paul's United Church, Magog - Worship Service 11:15 a.m. If you would like to join us on Zoom, please call Mel Bryant at St. Paul's in Magog 819-843-3778 or Sue Young for Beulah United Church 819-838-5815 to receive the zoom link. You can also visit our Pastoral Charge web site <https://amgunited.wixsite.com/amgunited>

LENNOXVILLE

Lennoxville United Church, corner of Queen and Church, welcomes you to worship on Sunday, November 20 at 10

a.m. with Reverend Ron Coghlin. All are welcome. The Lennoxville United Church Women's Christmas Bazaar will be held from 10:00 a.m. to 3:00 p.m. on Saturday, November 19.

SHERBROOKE

The Plymouth-Trinity United Church community of faith, at 380 Dufferin in Sherbrooke, 819-346-6373 and www.plymouthtrinitychurch.org, invites one and all to join us in person in our sanctuary at 10:45 am on November 27 as we celebrate the first Sunday of Advent. There will be Communion, and we will welcome guest speaker, Rev Rosemary Lambie. Or connect via Zoom (telephone or internet); find connection details on our website, or call. Joignez-vous à nous dans le sanctuaire à 10 h 45 le 27 novembre. Avec Ste-Cène, pour ce 1er di-

manche de l'Avent, et notre invitée spéciale sera la Pasteure Rosemary Lambie. Ou, connectez-vous par Zoom (internet et téléphone). Téléphonnez-nous ou consultez notre site web pour les détails. Cordiale bienvenue à tout le monde. Minister: Samuel V. Dansokho.

TRENHOLM

Trenholm United Church. Worship and song await you at our Remembrance Service and the 1st Sunday of Advent Candle of Hope service on Sunday, November 27 at 11 a.m. Worship leader Rev. Reg Jennings. The service will be followed by a soup & sandwich lunch. Everyone is welcome! Also, please mark our Christmas Candlelight Service on your calendar. It will take place on December 18 at 7 p.m.

SUDOKU

DIFFICULTY RATING:☆☆☆☆☆

			2	1				
1		6		8	4	3		
		8	5			1		
				7		6	9	4
7				4				5
5	8	4		9				
		5			7	4		
		3	6	5		7		8
				2	8			

11/25

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PREVIOUS SOLUTION

4	2	7	5	8	3	9	1	6
1	9	6	4	2	7	3	8	5
5	3	8	9	6	1	4	7	2
3	5	9	2	4	8	7	6	1
6	1	4	3	7	5	2	9	8
7	8	2	1	9	6	5	4	3
8	7	5	6	3	4	1	2	9
9	4	1	8	5	2	6	3	7
2	6	3	7	1	9	8	5	4

HOW TO PLAY:
Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

6	7	1	4	2	8	5	3	9
9	4	3	6	5	1	7	2	8
8	2	5	9	3	7	4	6	1
5	8	4	1	9	6	2	7	3
7	6	9	3	4	2	8	1	5
3	1	2	8	7	5	6	9	4
2	3	8	5	6	9	1	4	7
1	9	6	7	8	4	3	5	2
4	5	7	2	1	3	9	8	6

PREVIOUS SOLUTION

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11/26

			1	5			9	3
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5				9				6
9	6			1	5			

DIFFICULTY RATING:☆☆☆☆☆

SUDOKU

HOW TO PLAY:
Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

Your Birthday

FRIDAY, NOVEMBER 25, 2022

A reasonable attitude will help you win every time. Refuse to let outside influences dictate what happens to you this year. Stick to your schedule, regardless of the direction others take. Have confidence in yourself, and you will feel good about your decisions and the outcome. Some partnerships will be tested, but not all will be broken.

SAGITTARIUS (Nov. 23-Dec. 21) – Check your ego at the door and get down to business with honesty and integrity. How you treat others and allow them to treat you will be key. You must build respect by being fair.

CAPRICORN (Dec. 22-Jan. 19) – A quiet approach will work best. Don't step in and take charge prematurely. Give others a chance to do their thing before you act. You will get the highest return if your timing is impeccable.

AQUARIUS (Jan. 20-Feb. 19) – Put your emotions aside and move forward cautiously. Go over every detail and size up situations before you share your thoughts and intentions. Your approach to responsibilities will be important.

PISCES (Feb. 20-March 20) – Regroup and assess your next move. Align yourself with people you know you can trust, and keep an eye on those you know will disappoint you. Stand back and observe until you see an opportunity.

ARIES (March 21-April 19) – Put more thought into how you handle your money. Look for an investment that encourages you to upgrade, and be ready for anything that comes your way. Call on those who have your best interests at heart.

TAURUS (April 20-May 20) – It's OK to change your mind and head in a different direction if you tidy up loose ends first. Don't settle; do what makes the most sense and brings you closer to your long-term goal.

GEMINI (May 21-June 20) – Be a good listener, fact-finder and friend. Don't share sensitive information or make changes without doing your homework. Be open to suggestions, but put your needs first.

CANCER (June 21-July 22) – Think about what you want to see happen and how you propose to get things done. An innovative approach will plant seeds and give others a chance to see the possibilities. Invest in your future.

LEO (July 23-Aug. 22) – Put your skills to the test and take on a challenge. Get in the game and make a difference. A change someone makes may not be to your liking but will turn out better than anticipated.

VIRGO (Aug. 23-Sept. 22) – You are overdue for a change. Try something new and let your imagination run wild. Put some thought and effort into your home and lifestyle, and you'll devise a plan that excites you.

LIBRA (Sept. 23-Oct. 23) – You have the drive and power to get things done your way. Traveling, pursuing educational opportunities and getting together with positive people will pay off. Stick to the truth.

SCORPIO (Oct. 24-Nov. 22) – Don't limit what you can do; take hold of whatever situation you face and turn it into something spectacular. Think big, budget wisely and put your energy where it will bring the highest return.

SATURDAY, NOVEMBER 26, 2022

Put your time and energy into something that leads to monetary, physical or emotional gains. Speak up about how you want things to unfold this year and discuss your plans with anyone who may challenge or oppose you. Let your power of persuasion, coupled with incentives and a solid plan, encourage the people you need on your team to pitch in and help.

SAGITTARIUS (Nov. 23-Dec. 21) – Take the plunge and follow your plans. Don't let a misunderstanding ruin your schedule or set off an argument with a loved one. Be willing to meet halfway and engage in fruitful talks.

CAPRICORN (Dec. 22-Jan. 19) – Change is up to you, so stop procrastinating and start making moves. Look for unique ways to make your assets grow and your liabilities diminish. Don't give others the right to decide things for you.

AQUARIUS (Jan. 20-Feb. 19) – If you search, you will find answers. Go directly to the source when looking for information and you'll save yourself time. Ask questions and assess situations based on truth and what's possible.

PISCES (Feb. 20-March 20) – What you contribute will affect your reputation. Don't let anyone take advantage of you or shut the door on those in need. Maintain a firm but positive attitude.

ARIES (March 21-April 19) – Don't complain or criticize others. Go about your business and take care of your responsibilities. The more you get done, the better you will feel. Do what makes you happy.

TAURUS (April 20-May 20) – Learn as

you go. Incorporate what you discover into your everyday routine. Try to fix what isn't working for you and replace it with a cost-effective, healthy alternative.

GEMINI (May 21-June 20) – Target what you want to achieve and get moving. Hard work will give you a sense of accomplishment. Make plans with someone you enjoy being around and discuss how to pool your resources.

CANCER (June 21-July 22) – Test the waters, embrace what life has to offer and share your fears and thoughts with someone who can help you change your life. Refuse to let outside influences lead you astray.

LEO (July 23-Aug. 22) – Be honest with yourself and those you deal with, and you'll speed up the process of getting what you want. An opportunity to learn something new can change the way you do things moving forward.

VIRGO (Aug. 23-Sept. 22) – Take a break, do something fun, engage with people you love and discuss the changes you want to make that will improve your life. Problems will surface if you haven't found a way to accommodate someone.

LIBRA (Sept. 23-Oct. 23) – Keep an open mind and discuss alternatives that won't upset someone going through a rough patch. An open-minded approach that is enthusiastic and filled with hope will draw interest.

SCORPIO (Oct. 24-Nov. 22) – If you feel comfortable, you'll find it easier to function and take care of your responsibilities without feeling overwhelmed. The changes you make at home will have a big effect.

Sunday horoscope on page 16

Struggling to get my boyfriend's finances on track

Dear Annie

FRIDAY, NOVEMBER 25, 2022

Dear Annie: My boyfriend and I are in love, and we've been together for five years and have lived together for the past three years. He moved in with me after his divorce. Now, from that divorce, his credit was horrible. So, since living together, I pay all of the household bills and occasionally help him with his bills because he is "trying to get his credit straightened out."

Herein lies the problem. I had no issue with this when it began, and it was actually my idea to help him in this way, but it has now been three years and counting. He still claims he never has any money to help, yet we make the same amount of money. How is this possible? He seems to have money for alcohol, cigarettes and anything else he wants. What started out as a loving favor now feels like a nightmare. I try to communicate my feelings to him, but he always makes it emotionally devastating for him and manages to end the conversation or change the subject.

I now feel taken advantage of and see

no end in sight. I have great credit and carry very little debt, but he somehow cannot seem to get his act together, and it is starting to change how I feel about him, mainly because I feel walked on, unappreciated and taken advantage of. Am I wrong to feel this way? Should I continue to help the man I love? I do not want to hurt him, but this is starting to take a serious toll on my finances, as I cannot get ahead this way. I do not want to ask him to leave because he has nowhere to go, and I feel responsible for him and I still love him. Help me decide what to do. – Feeling Stuck

Dear Feeling Stuck: It sure sounds like you're being taken advantage of, so you're definitely not wrong to feel that way. At the risk of sounding cheesy: "If you give a man a fish, you feed him for a day. If you teach a man to fish, you feed him for a lifetime." In other words, rather than simply giving him money, sit down with him and help him assess his finances, create a strategy to get out of debt, boost his credit, etc. You should also explain to him how this imbalance makes you feel – unappreciated, taken advantage of, used.

It's possible that he was never taught how to be financially literate, and he is embarrassed. Or maybe he's lazy and wants to get money out of you. Neither is acceptable in a partnership, but having these conversations with him will help you get to the bottom of it and find a solution.

Dear Annie: I enjoy your column and find most of your suggestions very thoughtful and helpful. I find your response to "Let Me Finish, Please," whose mother-in-law frequently talks over her when she is responding to a question from her husband, to be a reasonable option. I'd like to offer another because some mother-/daughter-in-law relationships can be very tricky.

It might be received much better if the message came from the mother-in-law's son rather than her daughter-in-law. If he were to say, "Excuse me, Mom, but I do want to hear from 'Mary,'" each time she talks over "Mary," she may catch on. If not, he could be the one to say, "Hey, Mom. I've noticed that sometimes you have a tendency to talk over 'Mary.' I'm sure you don't intend

to and would want me to let you know." I know for 100% certain that if I had that type of direct conversation with my mother-in-law, she wouldn't believe me and would be very offended, but she might listen to her son. Plus, "Mary" will feel supported by her husband on the issue. – Getting a Word in

Dear Getting a Word in: I couldn't agree with you more; thank you for this suggestion. Even if this mother- and daughter-in-law are close, you're right that this sort of a comment may land better coming from her son instead of from his bride.

"How Can I Forgive My Cheating Partner?" is out now! Annie Lane's second anthology – featuring favorite columns on marriage, infidelity, communication and reconciliation – is available as a paperback and e-book. Visit <http://www.creatorspublishing.com> for more information.

Send your questions for Annie Lane to dearannie@creators.com.

CELEBRITY CIPHER

by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

"ICG H G ' P M K G M X I U I Y R S P F Y D
M Z F G O N G H S G Z J G I C M I J M Z Z Y I K G
W M L G F . S I ' P S D N Y P P S K V G I Y K G
D M I X H G R S I C Y X I C M E S Z B V S E G F ."
— M D U B H M Z I

Previous Solution: "Gratitude opens the door, the power, the wisdom, the creativity of the universe. You open the door through gratitude." — Deepak Chopra

TODAY'S CLUE: F equals M

CELEBRITY CIPHER

by Luis Campos

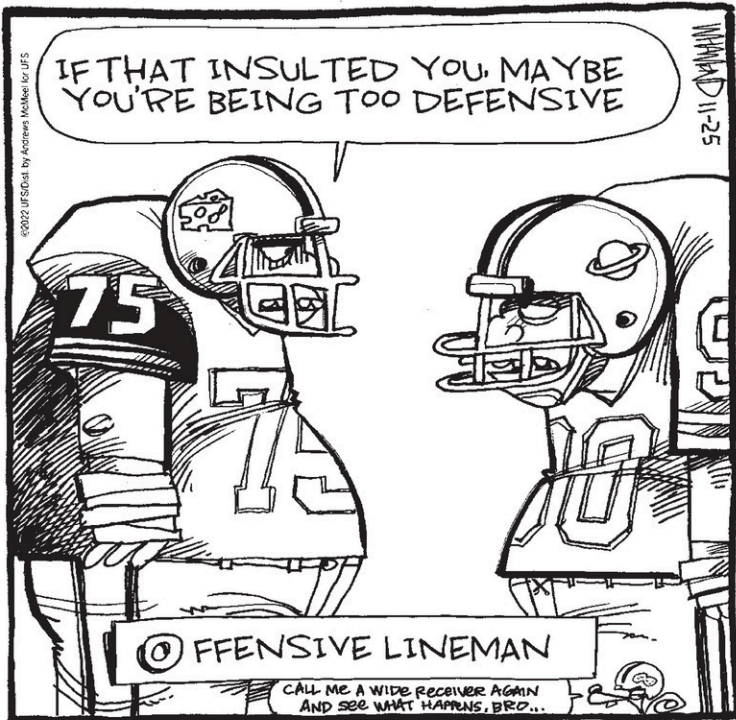
Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

"B Y E D D B Y K T W P K Y R I D U D R E T D L
T D I D E B X L K P V N P P S K B Y F D X F U D :
E D U K W K X T , F X U K B K V P R T L B Y D
W E D R B F N J F Z K T ." — V Y R E U D P J .
P V Y N U C

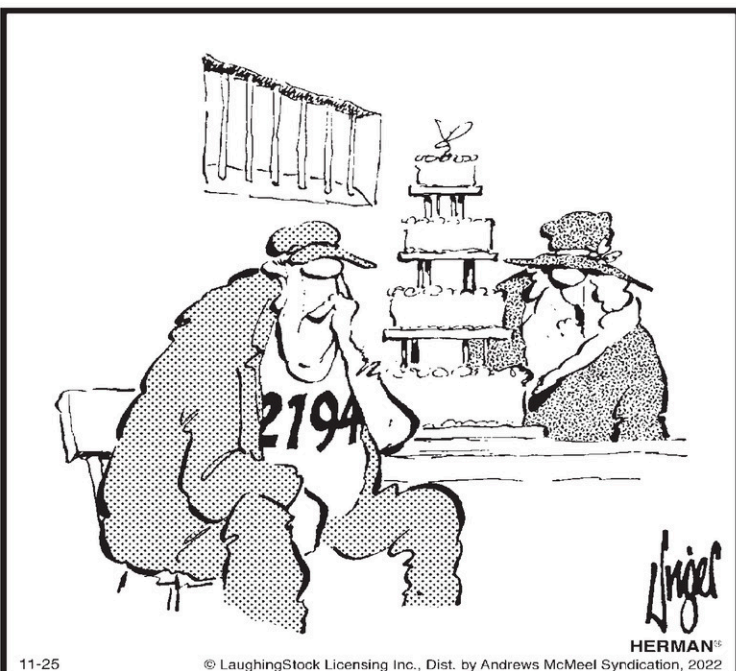
TODAY'S CLUE: J equals M

Previous Solution: "There's a beauty to wisdom and experience that cannot be faked. It's impossible to be mature without having lived." — Amy Grant

REALITY CHECK



HERMAN

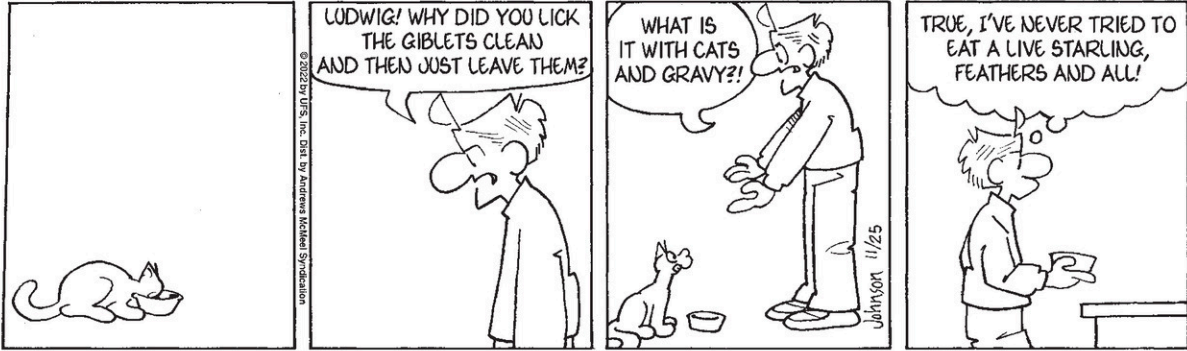


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ALLEY OOP



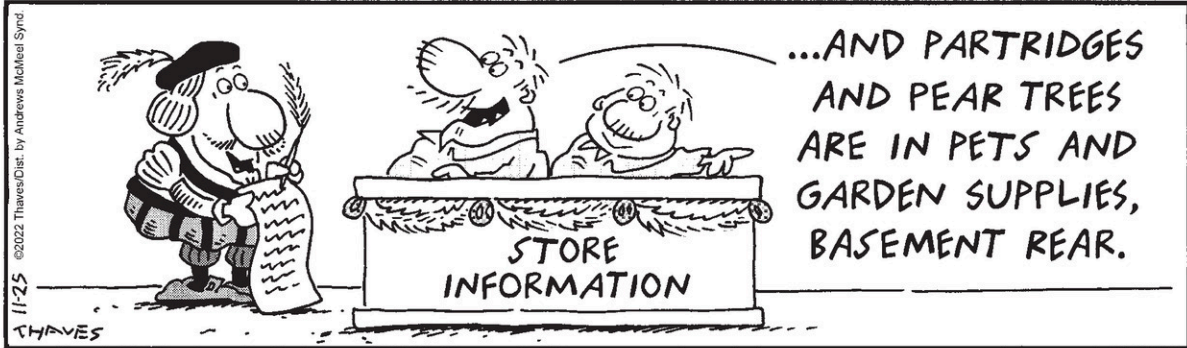
ARLO & JANIS



THE BORN LOSER



FRANK AND ERNEST



GRIZZWELLS



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6 tips for taking stunning nature photos

(MC) Exploring the great outdoors is a rewarding way to bear witness to the majesty of nature. Nature frequently presents awe-inspiring vistas that can take individuals' breath away. Some nature lovers are content to bask in the moment and set the scene to memory. Others may want a more permanent way to commemorate the view.

Amateur photographers eager to capture the majesty of the great outdoors can practice their picture-taking skills. According to the photography tips and technique experts at Picture Correct, many factors are involved in taking nature photographs. These tips can help anyone take stunning nature photos.

- Invest in quality gear. The right photography gear makes it much easier to take great photos. Lenses are very important for capturing shots. Macro lenses are designed for insects and flowers. Wide-angle lenses help snap landscapes. Telephoto lenses can focus on animals without having to get too close.

- Take the foreground into consideration. When you find an inspiring landscape to photograph, skip the empty landscapes and think about zeroing in on something interesting in the foreground. This can be a particularly attractive flower in front of a vast field, or even a rusty watering can left out in a row of crops. Items in the foreground impart interest in the photo.

- Consider depth of field. Sometimes you will have no control over the busy background an interesting subject is in front of in a planned photograph. A shallow depth of field achieved with a wide aperture can blur a background and separate the subject from that background, according to Shotkit, a photography and gear authority. Some post-production work also can be done to blur backgrounds in apps like Lightroom or through Photoshop.

- Zoom in and crop subjects. Smaller pictures can be just as compelling as larger ones. Zoom in on the bark on a tree, the skin of a lizard or the wings of an insect. Closer looks at what is hiding in plain sight in nature can lead to compelling pictures. Zoom in and think about a macro lens, which will magnify even the tiniest details.

- Study what you want to capture. The best photographers do their research. If you want to grab a great photo of an egret by the water's edge, spend time watching these birds in their habitat and learning their behaviors. This might help you predict when to snap the best photo.

- Use light wisely. The photography resource Expert Photography recommends taking photos primarily during the golden hours. These are right after sunrise and just before sunset. The light during these times of day has a softer, hazy quality that will illuminate subjects evenly and less harshly than midday, when shadows also may pose challenges. Taking photos during these times also means fewer people around and a better chance that wildlife will be out and about.

Nature photography is wildly popular and there are many ways for amateur photographers to make their photos pop.



ENCAN SAWYERVILLE INC.
 presents on

SAT., DECEMBER 3 AT 11:30 A.M.

A consignment sale of beef cattle and reproduction bulls

Consigned herd, which will be sold at the start of the auction:

Ferme L.D. senc (Denis Côté & Lynda Tremblay) of Martinville.

QC: An excellent F1 herd of 45 Angus-Simmental cows, 4 will be sold with their calf, others are due between February and April. Also, two Charolais purebred bulls, 5 years old and 7 years old.

Note: A good opportunity to get excellent animals!

We can add full or partial herds to this auction.

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NOTE: **Reception for this sale between 7 a.m. and 12 p.m.** the morning of the sale. We will take your cows on consignment and pregnancies will be verified by a qualified veterinarian.



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For more information, call us at 819-849-3606 sawyerville@saestrie.ca

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PUBLIC NOTICE SUMMARY

The Ville de Sherbrooke would like to inform you that the following public notice has been uploaded onto its portal, at the following address: sherbrooke.ca/avispublics, on this day:

ZONING AND SUBDIVISION BY-LAW

Request for the maintenance of records

Second Draft zoning and subdivision by-law No. 1200-184 – Amending the City of Sherbrooke's Zoning and Subdivision By-law No. 1200, Zone P1529, Queen Street – Borough of Lennoxville

Subject: The purpose of the second draft by-law is to authorize the "H-10 Multi-family housing - more than 18 dwelling units" use in Zone P1529.

To be valid, all requests for the maintenance of records must be sent in writing to the clerk from November 23, 2022, to December 1, 2022.

Please note that this public notice was posted on the City of Sherbrooke's portal on November 23, 2022.

This public notice and the related documents may be consulted at the court office located at 191, rue Du Palais, Sherbrooke, during regular business hours, as well as on the Ville's website at: sherbrooke.ca/avispublics. Additionally, you can get information on this public notice by calling at 819-823-8000, ext. 5700, during regular business hours.

GIVEN IN SHERBROOKE, on the 25th day of November 2022.

Me Line Chabot
 Clerk

NEA Crossword Puzzle

Your Birthday

SUNDAY, NOVEMBER 27, 2022

TAURUS (April 20-May 20) – You’ve got plenty happening. If you don’t like what you are doing, make a move. Take control of your life and set your priorities straight. Put pressure on those who try to get in your way.

GEMINI (May 21-June 20) – Map out your course. The preparations you make and the follow-through you display will keep you moving in a positive direction. Don’t let anything slow you down; you’re on a roll.

CANCER (June 21-July 22) – Give yourself a break and enjoy your day. Try your hand at something that brings you joy or opens your eyes to a host of opportunities. Trust your intuition and make a positive change.

LEO (July 23-Aug. 22) – Move forward, but don’t make unnecessary detours that restrict you. Planning a fun day with people who make you laugh will inspire you to revisit some past ideas that you’d left by the wayside.

VIRGO (Aug. 23-Sept. 22) – Be careful whom you trust or share sensitive information with, and avoid getting caught in someone’s drama. Look inward and do something geared toward personal gain and self-improvement.

LIBRA (Sept. 23-Oct. 23) – A short trip will be entertaining and knowledgeable. Don’t hold back when it comes to learning, being assertive and taking responsibility for your life and happiness.

SCORPIO (Oct. 24-Nov. 22) – If you collaborate with someone who brings out your best, it will lift your spirits and give you hope. Talk shop and discuss skills, knowledge and what you enjoy doing most.

Answer to Previous Puzzle

A	W	E	S		S	A	D		L	O	U		
G	E	T	A		T	A	O	S		U	R	L	
E	A	R	L		R	A	N	I		B	A	N	
	R	E	U	S	E		A	N	G	E	L	A	
			T	O	W		B	O	S	S			
E	R	N	E	S		I	V	A	N				
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			R	O	S	S		B	L	O	O	M	
	E	M	I	T			L	A	O				
S	Q	U	E	A	K		E	M	A	I	L		
R	U	M			R	I	T	A		N	O	I	R
T	A	P			Y	E	A	S		E	T	N	A
A	L	S			V	E	E			R	A	K	E

- ACROSS**
- 1 Cotton pod
 - 5 Freight amts.
 - 8 Cut, as coupons
 - 12 Soothing herb
 - 13 Reaction to a mouse
 - 14 Nylons
 - 15 Astronaut Shepard
 - 16 Literary compilation
 - 17 Zest for life
 - 18 — -dinner mint
 - 20 Fine-tune
 - 22 Smoke detector output
 - 23 Codgers’ queries
 - 24 Spinnakers and jibs
 - 27 Set straight
 - 30 “Waterfalls” group
 - 31 Adder’s cousin
 - 32 That, in Acapulco
 - 34 — it up (have some laughs)
- DOWN**
- 1 Ewe’s plaint
 - 2 Earthenware jar
 - 3 Take it easy
 - 4 Kind of soup
 - 5 Figure out

- 35 Boss, briefly
 - 37 Well-chosen
 - 38 Talking birds
 - 40 Ranch animal
 - 42 Spanish gold
 - 43 Soup cooker
 - 44 Brawl weapons
 - 46 Earth color
 - 49 Fashion length
 - 50 Sunbathe
 - 52 Monumental
 - 54 Marathon or 10K
 - 55 Ceiling
 - 56 Change decor
 - 57 Celebrity
 - 58 Fabric meas.
 - 59 Kernel
- 6 Stiller of “Zoolander”
 - 7 Hockey team
 - 8 Mousetrap bait
 - 9 The Kinks’ tune
 - 10 Author Dinesen
 - 11 Ink partner
 - 19 Aurora, to Socrates
 - 21 Senate leader
 - 24 Pig’s digs
 - 25 Pickling ingredient
 - 26 Gross
 - 27 Paddle cousins
 - 28 At hand
 - 29 Bakers’ meas.
 - 33 Gulped down
- 35 Shopping plaza
 - 36 Like a haunted house
 - 39 More meddlesome
 - 40 Ad — committee
 - 41 Different ones
 - 43 Bodies of water
 - 44 Decree
 - 45 Early Peruvian
 - 47 Dueler’s weapon
 - 48 Go by horseback
 - 49 Bride’s title
 - 51 Help out
 - 53 New England cape

1	2	3	4	5	6	7	8	9	10	11
12				13			14			
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			22			23				
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57				58				59		

FRIDAY, NOVEMBER 25, 2022

Modern methods can come with a price

By Phillip Alder

It is all well and good to have a well-oiled bidding system full of scientific gadgets that aid accuracy in the auction. However, occasionally science comes with a price – as in today’s deal.

In the olden days before minor-suit transfers, North would have invited game by raising one no-trump to two no-trump. Now, though, most duplicate players treat that as showing six or more diamonds. To invite game, they have to go via Stayman, even without a four-card major. This results in the defenders knowing more about the opener’s hand than would have been the case in the past.

There is also a secondary downside risk. In this deal, East took the opportunity to double two clubs to show good clubs. Now, when South ended in three no-trump, it was easy for West to lead the club 10. The defenders took the first seven tricks (five clubs and two spades) for down three. That was an 80% board.

At the six tables where East did not double two clubs, West, of course, led the spade six. South took at least the first nine tricks via one spade, four hearts and four diamonds. Three were even given an overtrick by imperfect discarding.

North		11-25-22	
♠ 8 7 5			
♥ K J 8 5			
♦ Q 9 8			
♣ K 9 7			
West	East		
♠ A Q 10 6 3	♠ 4		
♥ 9 4 2	♥ 10 7 6 3		
♦ 7 4 2	♦ J 6 3		
♣ 10 4	♣ A Q J 3 2		
South			
♠ K J 9 2			
♥ A Q			
♦ A K 10 5			
♣ 8 6 5			
Dealer: East			
Vulnerable: North-South			
South	West	North	East
1NT	Pass	2♣	Dbl.
2♠	Pass	2NT	Pass
3NT	Pass	Pass	Pass
Opening lead: ??			

One West led the spade six even though partner had doubled two clubs. He requested anonymity!

Another West, whose partner had doubled two clubs, liked his spade holding sufficiently to double three no-trump. South got the message, but there was nowhere to hide. He bid four diamonds, which would have gone down three. However, North retreated to four spades, happily doubled by West for 1100 and a top.



Friday, November 25, 2022

The Townships Outlet

Linking the Townships' 41,000-member English-speaking community

What are you reading this December?



GORDON LAMBIE

By Gordon Lambie

In the lead up to the holiday season, The Outlet has reached out to four local literary institutions in the

Eastern Townships for thoughts and suggestions on interesting reads for the month of December.

Each group was asked to come up with a short list of possibilities

that touches on multiple genres, and also for recommendations that are preferably (but not necessarily) local. The resulting lists offer readers a wide range of possibilities for the cold winter

nights.

See inside for the December reads recommendations from Shoreline Press, Brome Lake Books, Black Cat Books, and the Lennoxville Library



Marché Plouffe

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The Bibliothèque Lennoxville Library presents a selection of new and popular titles that our patrons are excited about this year



GOOD READS

LENNOXVILLE LIBRARY

Mystery/thriller:

A quartet of Anglo-Quebecker mystery writing women are generating a big buzz this fall. That Louise Penny is among them is no surprise. (Going by the number of library patrons who have already reserved her soon-to-be-released *A World of Curiosities*, she may well top our list of most borrowed books again this year). But there is also Anne Lambert's *Whale Fall*, the third in her Russell & Leduc series. Set in the Laurentians, it's a "fast paced and chilling" police procedural that ties in timely issues of climate justice and species loss. Add to this Townships-born Amy Tector's *The Foulest Thing*, reviewed last week in the Record, and *Dead Wind*, Lennoxville's own Tessa Weggert's third installment of her Senior Inspector Shana Merchant series, and you just might start to wonder if there's something in the water around here!

Literary Fiction:

With a narrative that swings back and forth from 1912 Vancouver to a moon colony in the 25th century with several stops in the centuries between, Emily St. John-Mandel's beautifully written *Sea of tranquility* uses elements of science fiction and a pandemic backdrop to explore deeper themes of time and what it means to belong to a particular historical moment.

As we slowly emerge from the COVID years, we are all processing what the pandemic did to our world and our relationships. No surprise then, that another book set in the pandemic by an author "finely tuned to the human condition" is finding a loyal readership. Elizabeth Strout's *Lucy by the Sea* brings readers back to the world of Lucy Barton as she leaves Manhattan to ride out the pandemic in Maine with her ex-husband and tries to make sense of the transformed world that we know so well.

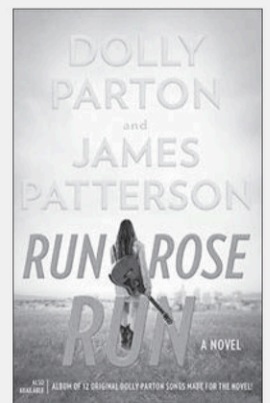
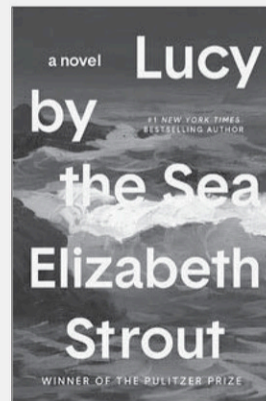
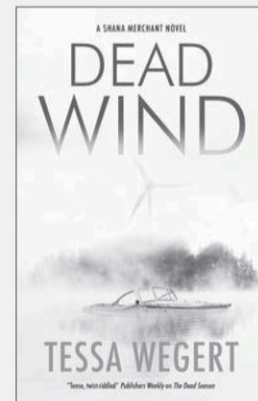
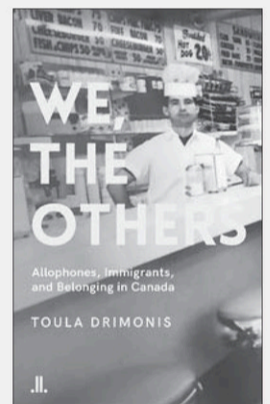
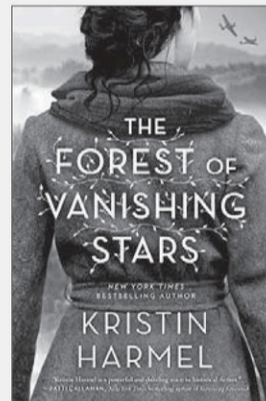
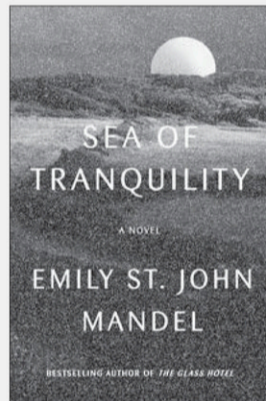
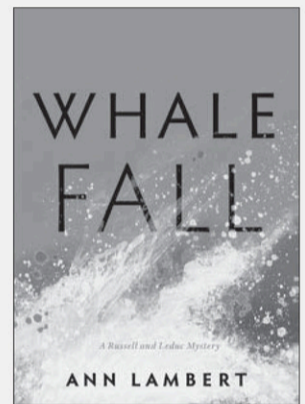
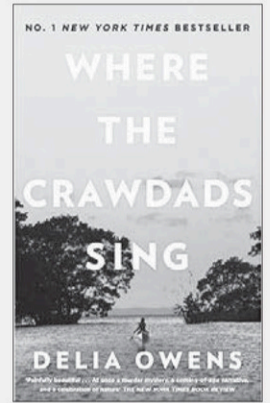
Romance/ Historical Fiction:

Kristin Harmel's *Forest of vanishing stars* weaves themes of human connection to the natural world, and new/old understandings of trees as sentient beings with survival and the search for meaning in the face of the Holocaust's murderous cruelty. With its human drama set against the wonder of the natural world, might this be this year's *Where the Crawdads Sing*?

It's hard not to search for autobiographical elements in Dolly Parton's *Run, Rose, Run*, written with James Patterson. After all it's the story of a girl from a hardscrabble upbringing with a gift for song trying to make it in Nashville.

Nonfiction:

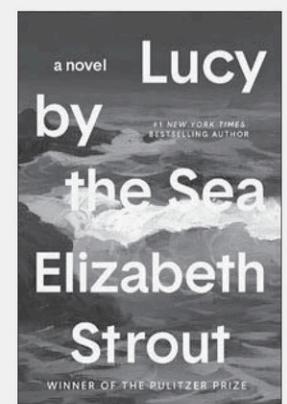
With battle lines firmly drawn in the debate over Quebec's controversial language and secularism bills, it can be refreshing to read a work like *We, the Others*: allophones, immigrants, and belonging in Canada by Toula Drimonis, which goes beyond statistics and dry, legalistic arguments to paint a nuanced picture of the immigrant experience in Quebec, the shocking hostility or indifference that new arrivals can face, and the way an us vs. them dynamic has been weaponized by populist politicians. Using the story of her own family's immigration from Greece and their new life in Montreal, she makes an eloquent case that "Homogeneity or even consensus cannot be requirements for belonging in a society. We need to leave room for difference and for dissent."



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Holiday book gift guide: buy local!

Shoreline Press

By Angela Leuck

Thinking of buying a book for someone you love this holiday? Don't look further than your own doorstep. There are books by talented Townships authors just right for everyone on your list. Also, by "buying local" you will support our homegrown Canadian publishers. As owner of Shoreline Press, I know only too well, small regional presses depend on community support.

Let's start off with memoir, one of the best-selling genres today. I highly recommend Tanya Bellehumeur-Allatt's *Peacekeeper's Daughter: A Middle East Memoir* (ThistleDown Press). The book recounts the North Hatley author's experience as a 12-year-old amidst the horrors of the conflict in Lebanon in 1982-83. This gripping story of bearing witness is made even more relevant by the current war in Ukraine. *Peacekeeper's Daughter* has already gone into its second printing and is a hot choice for reading groups.

Another pick for memoir-lovers is Joanne Pocock's *Geneva's Scrapbook: The art of piecing together a life* (Shoreline Press). Pocock, now living in Ottawa, spent her early days in Waterville and Lennoxville. The book begins with Pocock's grandmother entrusting her with a scrapbook. This

sets the young Pocock on a journey of discovery from the cemeteries of the Megantic and eventually to the Isle of Arran. Pocock has a PhD in sociology and is well known for her work on minority English-language communities. Geneva's *Scrapbook*, her first foray into memoir, is both a moving personal story and helps set the record straight on the historical background of Scottish settlement here in the Townships.

Another popular genre is the detective tale, and who better to represent the whodunit than our own Louise Penny. Luckily for us, Penny has come out with her latest, *A World of Curiosities*, the 18th in the Inspector Gamache series, just in time for Christmas. Once again set in the imagined picturesque town of Three Pines, Gamache and his sidekick son-in-law, Beauvoir, along with other villagers, must sort through the curiosities discovered in a deceased stonemason's bricked-up attic. I'm hooked. Are you?

Overshadowed by the internationally acclaimed Penny are several other Townships writers of detective fiction whose books would make good stocking stuffers. Maurice Crossfield's *The Granby Liar* has been reissued this November. Last year's *Murder on the Orford Mountain Railway* (Baraka Books) by Richmond historian Nick

Fonda is another entertaining read.

Which brings me to the history buff on your Christmas list. I enthusiastically recommend *In the Vale* (Studio Georgeville) edited by Elizabeth Paulette-Coughlin and Ruth Patterson. This 300-page collection of stories, poems, and photos by past and present inhabitants of Vale Perkins is a tribute to this cherished nook in the Townships now facing rapid changes that threaten its rich cultural and ecological heritage. *In the Vale* is the latest in the Studio Georgeville series of anthologies under the inspired direction of Louise Abbott.

Let's not neglect the humour-lover on your Christmas list. The hands-down choice for this year is John LeBaron's *It Was Only a Movie* (Ingram). LeBaron's laugh-out-loud humour draws on his experiences growing up in the Eastern Townships. As he writes in his introduction, he can't imagine "a sane life without a good joke waiting around a blind corner like the potent caffeine pop of a double espresso." Humour to rival strong coffee! Hmmm.

I don't want to forget the poetry lovers on your list, either. I recommend Tanya Bellehumeur-Allatt's *Chaos Theories of Goodness* (Shoreline). Bellehumeur-Allatt has had a bumper year with two published books. Like her memoir, her poetry book has also proven popular—it, too, is in its second printing. The poems in *Chaos Theories* were written during the first months of the pandemic. I know what you're thinking: Oh, no, not another book about Covid! But Bellehumeur-Allatt's approach goes beyond documenting the pandemic. While she brilliantly details the day-to-day of the first months of Covid, she also paints on a broader

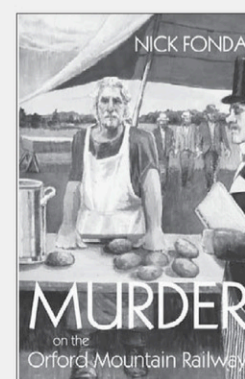
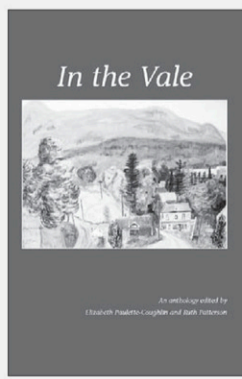
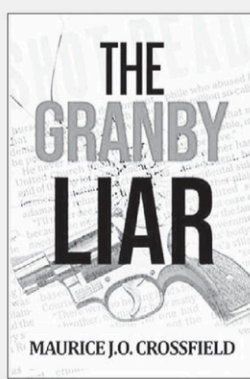
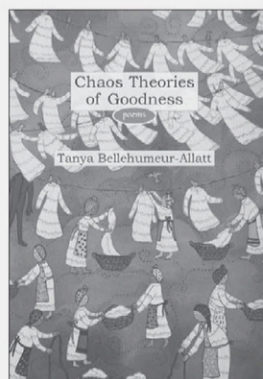
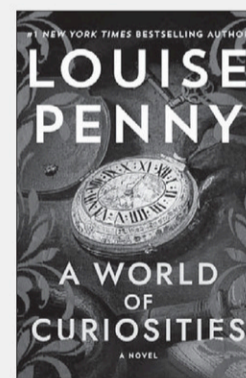
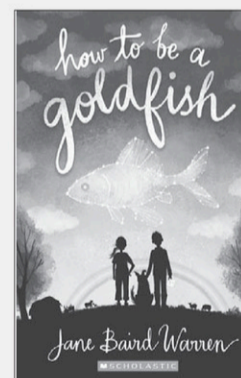
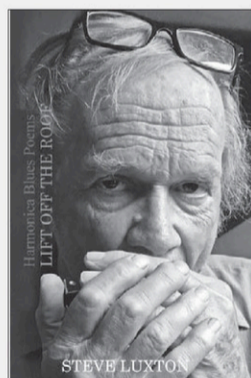
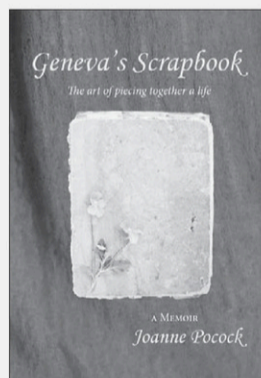
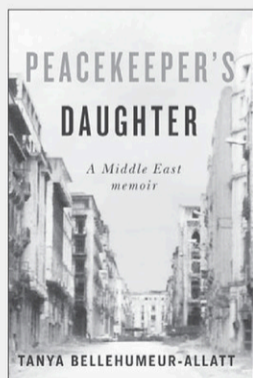
canvas, finding hope for an expanded sense of humanity as we connect with the suffering of poorer nations. This slim volume whose cover features artwork by North Hatley artist Naisi LeBaron is both timely and timeless.

Another recommended poetry book is *The House You Were Born In* (McGill-Queens) by Tanya Standish McIntyre. Fresh off the press, this first-time collection is an intimate and poignant portrait of rural Townships life by an author who grew up in Way's Mills and now lives in Stanstead.

Now for music lovers: you won't go wrong with Steve Luxton's *Lift off the Roof: Harmonica Blues Poems* (Shoreline). Steve is my husband, and he loves to play the blues on his harmonica—he keeps me awake nights practicing! He's also a poet, having published 7 previous collections. In *Lift off the Roof*, he pays tribute to the blues and his favourite instrument through poems which range from the everyday to the sublime. A perfect book for anyone who loves the blues, it's also a great introduction for those who don't know much about this musical form. There's even a useful glossary at the back listing musical terms and famous blues musicians.

Finally, for the young persons on your list, I recommend Ayer's Cliff author Jane Baird Warren's middle-grade novel, *How to be a Goldfish* (Scholastic). It's a gripping story about lost and found family, fierce friendship, and finding the courage to be who you were always meant to be.

These books may be purchased at local bookstores, Black Cat Books in Lennoxville and Brome Lake Books in Knowlton, or ordered directly from the publishers.



Holiday reads from Black Cat Books



By Anne-Marie Bailey

I don't typically read a lot of holiday-themed books, but of the ones I have read, here are some of my favourite December/Christmas reads:

Dash & Lily's Book of Dares by Rachel Cohn & David Levithan (also a Netflix movie) - young adult romance. Lily leaves a red notebook full of dares/challenges in a bookstore hoping the right guy will come along and find it - could Dash be that guy?

Greenglass House by Kate Milford - middle grade adventure. Greenglass House is a smuggler's inn at the top of a mountain. Twelve year old Milo, the innkeepers' son, is looking forward to a quiet winter holiday with his family. But strange guests keep showing up with stories connecting them to the house. Then objects start going missing and Milo and his new friend Meddy must decipher the clues to find the truth about Greenglass House.

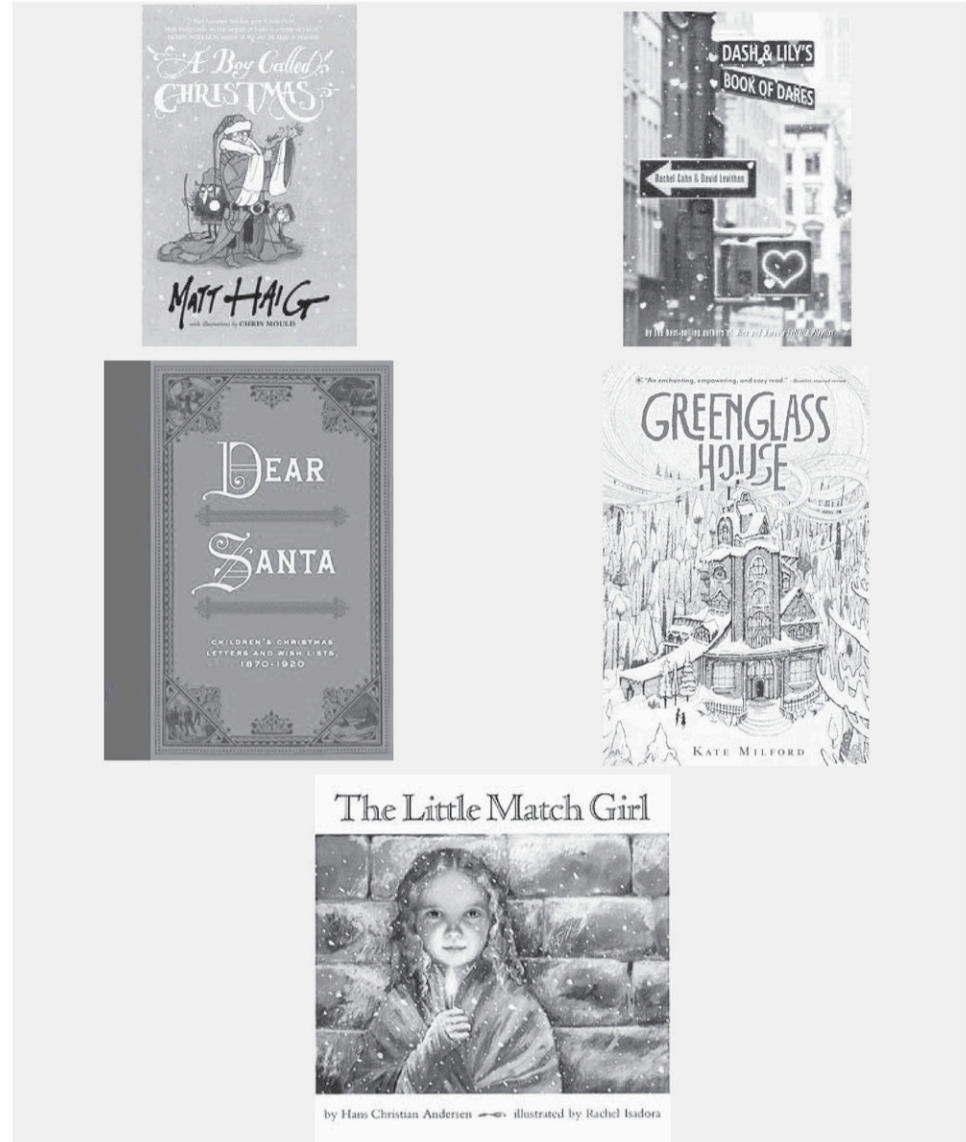
A Boy Called Christmas by Matt Haig (also a Netflix movie) - middle grade fantasy. Opening lines: "You are about to read the true story of Father Christmas. It is a story that proves that nothing is impossible. If you are one of those people who believe that some things are impossible, you should put this book down right away. It is most certainly not for you. Because this book is FULL of impossible things."

Dear Santa: Children's Christmas Letters and Wish Lists, 1870-1920 by Chronicle Books - nonfiction. Letters and wish lists written by children to Santa 150+ years ago! It's so interesting to see how world events affected children in the past, and the types of things children wished for so many years ago. A very heartwarming read.

The Little Match Girl by Hans Christian Andersen - children's picture book. Such a touching story, one that has stuck with me from my own childhood.

Unfortunately, I don't think any of these are stock at the store at the moment, but we have many others that could become new classics or new favourites for someone else! Christmas orders should be placed by Dec 10 at the very latest, but that still doesn't guarantee anything if items are backordered. The sooner the better!

Black Cat Books is located at 168-E Queen Street in Lennoxville: 819-346-1786



Five local reads from Brome Lake Books



Here are a few Holiday picks from Brome Lake Books in the Town of Brome Lake:

Hunger Moon by Deborah Banks
Deborah Banks grew up in Foster but now lives in Nova Scotia.

Her poetry is very evocative and has a strong connection

to nature. It really touches the soul and is restorative and healing.

Spring to Lips by Phyllis Sise
Phyllis is a Lac Brome resident during Covid she was challenged

to write a Haiku a day. The result was this book. The poems are clever, charming and downright funny. A perfect little stocking stuffer.

In the Vale, and anthology edited by Elizabeth Paulette-Coughlin and Ruth Patterson

A wonderful collection of stories and recollections from Vale

Perkins. This book exudes life in the Eastern Township and why people are so passionate to live here.

The Foulest things by Amy Tector
Amy Tector grew up in the Townships and her new book is set in Ottawa.

A young archivist gets embroiled in a murder that has something to do with hidden love letters from the war. Charming and heartthrobbing.

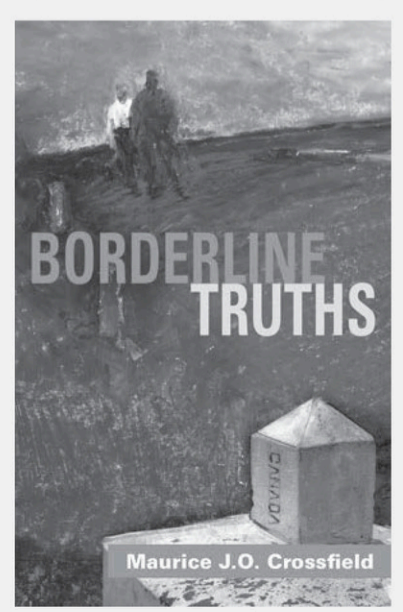
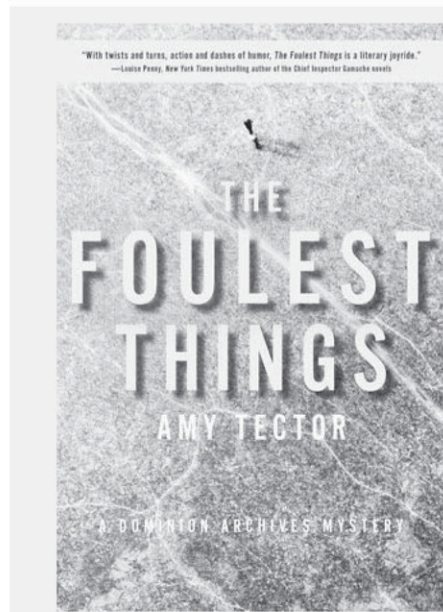
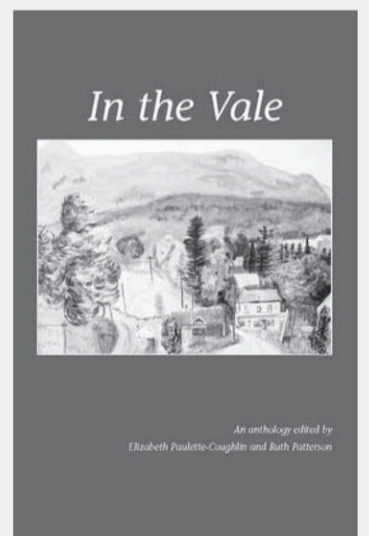
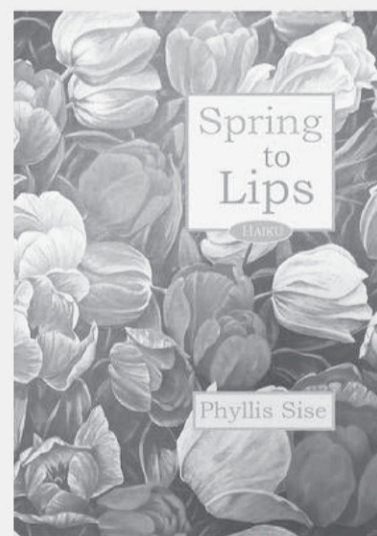
Borderline Truths by Maurice Crossfield

Maurice Crossfield's much anticipated second novel in his Eastern Townships

noir series takes you on a romp through the dirt roads in a fast car. Buckle

up and be ready for a ride.

To find out more visit the store at 45 Lakeside in Knowlton, check out <https://www.bromelakebooks.ca/> or call 1-450 242-224.



THE RECORD

TALK

YOUR WEEKLY GUIDE TO TOWNSHIPS CULTURE

NOVEMBER 25 - DECEMBER 1, 2022

Christmas rides the rails across the Townships



By Gordon Lambie

The Canadian Pacific Holiday Train rolled through the Eastern Townships on Thursday, making stops in Lac Mégantic, Sherbrooke and Farnham for musical performances by artists Brittany Kennell and Don Amero, but delighting people at countless level crossings along the way. In Sherbrooke hundreds turned out, for the train's first visit in its 24-year history. It will be a big weekend for holiday events in Sherbrooke as the city's annual Santa Claus parade returns to the streets on Sunday evening.



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What's On

November 26

Country Dance at the Holy Trinity Anglican Church, 409 South St., Cowansville. Music by Keeping' It Country. Saturday, November 26, 1 p.m. to 5 p.m. Donations \$10. Benefit for Food Bank. No masks obligated, wear at your own discretion. Door prizes! Canteen on premises. Half & half.

November 26

Christmas Bazaar, Saturday, November 26, 2022 from 9 a.m. to 3 p.m. Sponsored by the Ladies Auxiliary, Royal Canadian Legion Branch #77, 77 Lewis St., Waterloo. Canteen on the premises. Cash only.

November 26 & 27, December 3 & 4

A Holiday market of crafters and producers of local products on November 26 & 27 and December 3 & 4 at the Sutton Legion, 2 Curley Street, from 9 a.m. to 3 p.m. Come do your Holiday shopping for gifts and food. Info: 450-263-3025.

November 26 & 27

Way's Mills Christmas Market will be held on November 26 & 27 from 10 a.m. to 4 p.m. at 2080 Way's Mills Road, Barnston-Ouest. 5 booths, 30 artisans, music and storytellers, comforting beverages, animation, inflatable games. Come browse the market booths!

November 27

FUN Cribbage starts again on Sunday,

November 27 at the North Hatley Legion, 95 Jackson Heights. Please bring a partner along! Registration begins at 12:30 p.m. and tournament starts at 1 p.m. Small entry fee includes light lunch after. Info: John at 802-365-1861. Remember that the first word is FUN! More dates to come in 2023. Welcome back!

November 27

Christmas Hymn Sing. Please join us on November 27 at 2 p.m. to celebrate the First Sunday in Advent with a full hour singing your favorite Carols and Christmas songs. We will be in the Hall of St. James Anglican Church - Foster at 725 Lakeside. Following the singing, there will be a time of Fellowship with pot-luck Christmas goodies. Masks and hand sanitizer will be available for those who wish them, and surfaces will be sanitized. We look forward to celebrating this festive season with you. Info - Kate 450-539-1123.

November 30

The St Francis Valley Naturalists' Club presents: What's New in the Northern Green Mountains? Mélanie Frenette, Conservation and Special Projects Advisor, will talk about the Appalachian Corridor's New Mount Foster Hiking Trail. Additionally, she will discuss land protection, recent conservation areas and ecological connectivity. 7 p.m. Wednesday, November 30, 2022, Amédée Beaudoin

Community Centre, Lennoxville. Admission is free. Please note this is a scent-free event.

December 3

Christmas Craft & Bake Sale at Creek United Church, 278 Brill Road, West Bolton on Saturday, December 3 from 9 a.m. to noon. For information, please contact Eleanor Bath 450-994-3169.

December 3

Christmas Craft Sale on December 3 at Trinity Anglican Church, 409 Sud, Cowansville from 9 a.m. to 3 p.m. Toys, gifts, bake sale, arts and crafts, decorations, etc. Light lunch available. Table rental or info: 450-378-8692.

December 10

Old Fashioned Christmas Carol Sing-along, featuring the Cedar Bay Six+ Wind Ensemble, on Saturday, December 10 at 2 p.m. at Creek United Church, 278 Brill Road, West Bolton. Suggested Donation \$20. All proceeds go to the Creek United Church. Information: 450-297-2797.

Until December 11

Craft workshops for women have resumed at the Marché des Artisanats Dunham. Learn to crochet Sunday mornings 10 a.m. to noon. Afternoon workshops from 1:30 to 3:30 p.m. are scheduled every second week until December 11. Check Facebook for the schedule or email michilynd@gmail.

com or call 450-295-2252.

Until December 18

Visit our "Bonheur" exhibit at Uplands Cultural and Heritage Centre! This art exhibit, a prelude to the holiday season, is the perfect occasion to find great local gifts. This edition showcases the works of nine Eastern Townships artists and artisans: Lucy Doheny, Debbie Everett, Michel Gagné, Marcelle Genesse, Ginette Lefebvre-GauLe, Allyna Harris, Julie Normand, Sandra Picken Roberts and Brenda Smith. Hours: Thursday to Sunday - 10 a.m. to 4:30 p.m. The exhibit continues until December 18, 2022.

Your week on TV

WEEKDAY MORNING															
	Bell	Star	6 AM	6:30	7 AM	7:30	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	
WCAX	3	-	Channel 3 News Morning		CBS Mornings				Rachael Ray		Sherri		The Price Is Right		
WPTZ	5	-	NBC5 News Today		Today				Live with Kelly and Ryan		Today 3rd Hour		Today With Hoda & Jenna		
CBMT	6	206 301	Daybreak		Mighty	(:17) PJ Masks	(:07) Big Blue	Rusty Rivets	Molly of Denali	(:19) Glowbies	Paddington	True Rainbow	Heartland		
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CFCF	12	205 312	CTV Your Morning		Your Morning	Your Morning	Your Morning	Your Morning	Live	Var. Programs	The Marilyn Denis Show		The View		
WVNY	22	-	Local 22 News This Morning		Good Morning America				D. Barrymore	D. Barrymore	Paid Program	Paid Program	The View		
WUTV	30	-	Varied Programs		The National Desk		The National Desk		World Cup Live 2022		FIFA World Cup 2022		Varied Programs		
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			T	Noovo Le Fil	Noovo Le Fil	Noovo Le Fil		Occupation	La semaine des 4 Julie		"Romance secrète à Noël" (2016) Meredith Hagner. (SC)	(:01) "Un Noël sur glace" (2018) Merritt Patterson. (SC)			
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WUHF	-	363	Good Day Rochester		Good Day Rochester		Good Day Rochester		World Cup Live 2022		FIFA World Cup 2022		Varied Programs		
WETK	-	-	Classical	World News	Molly of Denali	Wild Kratts	Elementary	Alma's Way	Curious	Daniel Tiger	Rosie's Rules	Donkey Hodie	Sesame Street	Pinkalicious	
WCFE	-	-	Nature Cat	Odd Squad	Xavier Riddle	Arthur	Molly of Denali	Wild Kratts	Elementary	Alma's Way	Curious	Daniel Tiger	Rosie's Rules	Donkey Hodie	
A&E	615	520	Jeremiah	Joni: Table Tal	Parking Wars	Parking Wars	Parking Wars	Parking Wars	Parking Wars	Parking Wars	Varied Programs				
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			T												
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DRAMA	620	523	F	"Unlocking Christmas" (2020) Taylor Cole. (DVS)		Flashpoint "Clean Hands"		Flashpoint "Clean Hands"		"Unlocking Christmas" (2020) Taylor Cole. (DVS)		Flashpoint "Clean Hands"			
			M	"Christmas in the City" (2013) Ashley Williams. (DVS)						"Christmas in the City" (2013) Ashley Williams. (DVS)					
			T	"Coming Home for Christmas" (2013) Carly McKillip. (DVS)						"Coming Home for Christmas" (2013) Carly McKillip. (DVS)					
			W	"Dear Santa" (2011, Drama) Amy Acker. (DVS)						"Dear Santa" (2011, Drama) Amy Acker. (DVS)					
			Th	"Christmas Unwrapped" (2020) Amber Stevens West. (DVS)						"Christmas Unwrapped" (2020) Amber Stevens West. (DVS)					
HIST	522	506	Big Timber		Rust Valley Restorers		Restoration Garage		Big Timber		Rust Valley Restorers		Border	Border	
PARMT	628	584	Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		
RDI	126	730	D'abord l'info		D'abord l'info		D'abord l'info		Le national	L'info maintenant					
SHOW	616	521	Lost Girl		Varied Programs		Varied Programs								
SLICE	601	562	ET Canada	Say Yes-Dress	Love It or List It		Varied Programs				King	King	Varied Programs		
TLC	521	560	The Jennifer Hudson Show		Varied Programs		Varied Programs								
TSN	400	400	F	FIFA World Cup Qatar 2022		TSN at the		(:45) FIFA World Cup Qatar 2022 Qatar vs Senegal. (N) (Live) (DVS)		TSN at the		FIFA World Cup Qatar 2022			
			M	FIFA World Cup Qatar 2022				(:45) FIFA World Cup Qatar 2022 Korea Republic vs Ghana. (N) (Live) (DVS)				FIFA World Cup Qatar 2022			
			T	SportsCentre		SportsCentre		SportsCentre		SportsCentre		TSN at the		(:45) FIFA World Cup Qatar 2022 Netherlands vs Qatar. (N) (Live) (DVS)	
			W											(:45) FIFA World Cup Qatar 2022 Tunisia vs France. (N) (Live) (DVS)	
YOUTH	551	542	Sidekick	Numb Chucks	Squirrel	SpongeBob	SpongeBob	Loud House	Go Away Uni	Squirrel	Sidekick	Nerds	Numb Chucks	Cloudy, Meat	

Your week on TV

WEEKDAY AFTERNOON														
	Bell	Star	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
WCAX	3	-	Channel 3	The Young and the Restless	Bold/Beautiful	The Talk	Make a Deal	Var. Programs	Channel 3 News at Four	Channel 3	News at 5:30p			
WPTZ	5	-	NBC5 News	Daily Blast	NBC News Daily	The Jennifer Hudson Show	Dr. Phil		The Kelly Clarkson Show	NBC5 News	NBC5 News			
CBMT	6	206	301	CBC News Network	Escape to the Country	Movie			Call the Midwife	Varied Programs				
CHLT	7	107	718	(11:58) TVA nouvelles	Movie	Tom & Jerry	TVA nouvelles	Les feux de l'amour	Top modèles	(4:58) TVA nouvelles				
WMTW	8	-	-	WMTW News 8 at Noon	GMA3-Need to Know	General Hospital	Jennifer	Var. Programs	WMTW News 8 at 4pm	WMTW News 8 at 5PM				
CKSH	9	108	-	F	Téléjournal	Silence	La semaine verte (SC)	Sherlock "Les 6 Thatcher" (DVS) (SC)	Candice Renoir (DVS) (SC)	On va se le dire (N) (SC)				
				M			Savourer (SC)	Les contes d'Avonlea (SC)						
				T			Enquête (SC)							
				W			"Chats et star" (2018) (SC)							
				Th			L'épicerie	La facture						
CKMI	11	-	-	Global News	ET Canada	Karamo	The Talk	Var. Programs	D. Barrymore	D. Barrymore	Carnival Eats	The Young and the Restless	Global News	
CFCF	12	205	312	CTV News Montreal	The Social	Var. Programs	Dr. Phil	Bob-Abishola	Sheldon	Big Bang	Big Bang	CTV News Montreal at 5		
WVNY	22	-	-	Hot Bench	Hot Bench	GMA3-Need to Know	General Hospital	People's Court	Var. Programs	Judge Judy	Judge Judy	Judge Judy	Judge Judy	
WUTV	30	-	-	(1:00) The Steve Wilkos Show	FIFA World Cup 2022 Today	FIFA World Cup 2022	FIFA World Cup 2022			Family Feud	Family Feud	Bet Your Life	Family Feud	
CFKS	31	106	726	Castle	Médium	Movie				Les Simpson	Les déba	(4:58) Noovo Le Fil 17		
WUHF	-	-	363	(1:00) The Steve Wilkos Show	FIFA World Cup 2022 Today	FIFA World Cup 2022				Judge Judy	Judge Judy	The People's Court		
WETK	-	-	-	Dinosaur Train	Elinor	Sesame Street	Rosie's Rules	Odd Squad	Varied Programs				World News	
WCFE	-	-	-	F	Sesame Street	Pinkalicious	Crane Candlelight	Holiday Handbells	Tutankhamun: Allies	Tutankhamun: Allies	Secrets of the Dead (SC)	Rick Steves		
				M			Tutankhamun: Allies	Tutankhamun: Allies	Moments to Remember (My Music Presents) Hits of the 1950s and '60s. (SC)					
				T			American Masters Indigenous artist Buffy Sainte-Marie. (N) (SC)	Aging Backwards 3	The Brain Revolution Maximizing and protecting the brain. (SC)					
				W			Secrets of the Dead (SC)	NOVA A city of stone. (SC)	Rick Steves European Christmas (SC)					
				Th			History Detectives (SC)	History Detectives (SC)	This Land Is Your Land (My Music) (SC)					
A&E	615	520		Varied Programs								The First 48	Var. Programs	
CNN	500	500		Inside Politics With John King	CNN Newsroom-Ana Cabrera	CNN Newsroom	CNN Newsroom			The Lead With Jake Tapper			The Lead With Jake Tapper	
DISC	520	505	-	F	CSI: NY "Reignited" (SC)	Bones (SC)	Bones (SC)	CSI: NY "Near Death" (SC)		CSI: NY "Reignited" (SC)			Highway Thru Hell	
				M										
				T										
				W										
				Th										
DRAMA	620	523		Movie		Flashpoint	Varied Programs							
HIST	522	506	-	F	NCIS: Los Angeles (SC)	Ancient Aliens (SC) (DVS)	The UnXplained (SC) (DVS)	The UnXplained (SC) (DVS)	Bermuda Triangle: Into	NCIS: Los Angeles (SC)				
				M		American Pickers (SC)	American Pickers (SC)	American Pickers (SC)	American Pickers (SC)					
				T		Pawn Stars "Fender Vendor"	Pawn Stars (SC) (DVS)	Pawn Stars (SC) (DVS)	Pawn Stars (SC) (DVS)					
				W		Forged in Fire "Flip the Forge"	Forged in Fire (SC) (DVS)	Forged in Fire "Zulu War Axe"	Forged in Fire "WWE Edition"					
				Th		The Toys That Built America	The Toys That Built America	FBI: Most Wanted (SC)	FBI: Most Wanted (SC)					
PARMT	628	584		(:05) Bar Rescue	(:10) Bar Rescue	Varied Programs								
RDI	126	730		Téléjournal	Mordus de politique	Var. Programs	L'info maintenant			Isabelle Richer	En direct avec Patrice Roy			
SHOW	616	521	-	F	Rookie Blue "Exit Strategy"	Magnum P.I. (SC) (DVS)	FBI "Codename: Ferdinand"	FBI "Salvation" (SC) (DVS)	NCIS "Semper Fortis" (SC)	NCIS "Grounded" (SC)				
				M	Beauty and the Beast (SC)									
				T	Private Eyes "The PI Code"									
				W	"Ann Rule's A House on Fire"									
				Th	Rookie Blue "Uprising" (SC)									
SLICE	601	562		Varied Programs	Gut Job	King	King	Varied Programs						
TLC	521	560		Varied Programs										
TSN	400	400		(1:15) TSN at the World Cup	Var. Programs	(:45) FIFA World Cup Qatar 2022				TSN at the	World Cup	Canada Qatar	SportsCentre	
YOUTH	551	542		SpongeBob	Loud House	Movie			Var. Programs	SpongeBob	SpongeBob	Loud House	Loud House	SpongeBob

FRIDAY EVENING														NOVEMBER 25, 2022	
	Bell	Star	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
WCAX	3	-	(3:30) College Football Arkansas at Missouri. (N) (SC)	CBS Evening News	Entertainment Tonight (N)	Frosty the Snowman (SC)	(:32) Frosty Returns (SC)	(:01) "A Christmas Proposal" (2021) Jessica Camacho. Sparks fly when a chef poses as an attorney's girlfriend.			Channel 3 News	(:35) The Late Show With Stephen Colbert (N) (SC)			
WPTZ	5	-	NBC5 News at 6 (N)	NBC Nightly News	Jeopardy! (N) (SC)	Wheel of Fortune (N) (SC)	Grinch Stole Christmas!	Trolls Holiday in Harmony	Dateline NBC (N) (SC)		NBC5 News at 11 (N)	(:34) The Tonight Show Starring Jimmy Fallon (SC)			
CBMT	6	206	301	CBC Montreal News (N)	Rick Mercer Report (SC)	Coronation Street (N) (SC)	Coronation Street (N) (SC)	Marketplace (N) (SC)	Travel Man: 48 Hours in...	The Climate Baby Dilemma (N) (SC)	The National (N) (SC)	CBC Montreal News (N)	Baroness von Sketch Show	Coronation Street (SC)	
CHLT	7	107	718	(5:58) TVA nouvelles (N)	(:29) Le tricheur (N)	(6:59) Ça finit bien la semaine (N) (SC)	Le monde à l'envers (N) (SC)		J.E. (N) (SC)	TVA nouvelles (N)	(:35) Du talent à revendre (N) (SC)	(:35) ** "Pablo Escobar" (2017) Javier Bardem. (SC)			
WMTW	8	-	-	College Football	Coll. Football	Coll. Football	College Football Florida at Florida State. (N) (Live) (SC)					WMTW News 8 at 11 (N)	(:35) Jimmy Kimmel Live! (SC)		
CKSH	9	108	-	(5:59) Le télé-journal Estrie	(:31) Zone économie (N)	Au suivant Les participants font de leur mieux. (N) (SC)	Prière de ne pas envoyer de fleurs "Sam Breton" (N)	Galas ComediHa! 2022 (N) (DVS) (SC)	Le téléjournal (N) (SC)		(:05) Le télé-journal Estrie	(:34) "Combat des ombres" (2019) Alex Wolff. Première.			
CKMI	11	-	-	Global National (N) (SC)	(:29) Global News at 6:30	ET Canada (N)	Entertainment Tonight (N)	Ghosts "Sam's Mom"	Trolls Holiday in Harmony	S.W.A.T. The team must locate stolen weapons. (SC)	Crime Beat Detectives investigate leads. (N)	Global News at 11 (N)	(:35) The Late Show With Stephen Colbert (N) (SC)		
CFCF	12	205	312	(5:59) CTV News Montreal (N) (Live) (SC)	etalk (N) (SC)	The Big Bang Theory (SC)	Friends: The Reunion The cast reunites for a celebration. (SC) (DVS)			The Big Bang Theory (SC)	CTV National News	CTV News Montreal (N)	The Big Bang Theory (SC)		
WVNY	22	-	-	College Football	Coll. Football	Coll. Football	College Football Florida at Florida State. (N) (Live) (SC)					Local 22 News (N)	(:35) Jimmy Kimmel Live! (SC)		
WUTV	30	-	-	(4:30) College Football UCLA at California. (N) (Live) (SC)			WWE Friday Night SmackDown (N) (Live) (SC)				Fox 29 News at 10 (N)	Seinfeld "The Wizard" (SC)	Two and a Half Men (SC)	World Cup Ton	
CFKS	31	106	726	Souper parfait	Occupation Double	Ça c'est drôle! (DVS) (SC)	Syndics (N) (SC)	Les justiciers (N) (DVS) (SC)	NCIS: Los Angeles (N) (DVS) (SC)	Noovo Le Fil 22 (N) (SC)	Club Soly (DVS) (SC)	Occupation Double	*** "Le bluffeur" (2015) Ryan Reynolds. (DVS) (SC)		
WUHF	-	-	363	(4:30) College Football UCLA at California. (N) (Live) (SC)			WWE Friday Night SmackDown (N) (Live) (SC)				13WHAM News at 10 on Fox Rochester (N) (Live) (SC)	iCRIME With Elizabeth	Young Sheldon (SC)	World Cup Ton	
WETK	-	-	-	PBS NewsHour (N) (SC)	BBC World News Today	Vermont This Week (N)	Washington Week (N) (SC)	Carpenters-Memories	Great Performances "Josh Groban's Great Big Radio City Show" Josh Groban performs. (N) (SC)		Amanpour and Company (N) (SC)	BBC World News (SC)	Amanpour and Company (N) (SC)	BBC World News (SC)	
WCFE	-	-	-	World News America	BBC World News Today	PBS NewsHour (N) (SC)	Mountain Lake Journal	New York Now (SC)	Great Performances "Josh Groban's Great Big Radio City Show" Josh Groban performs. (N) (SC)		BBC World News (SC)	Amanpour and Company (N) (SC)			
A&E	615	520		The First 48 A dead man discovered on broken glass. (SC)	The First 48 A man is shot in his apartment. (SC)	The First 48 Daylight execution; home shooting. (N) (SC)	The First 48 Highway shooting; nightclub execution. (SC)	(:01) The First 48 A construction worker is murdered. (SC)		(:04) The First 48 A double shooting in New Orleans. (SC)	(12:03) The First 48 (SC)				
CNN	500	500		Situation Room With Wolf	Anthony Bourdain Parts	Anthony Bourdain Parts	*** "Roadrunner: A Film About Anthony Bourdain" (SC)			Anthony Bourdain Parts	Anthony				
DISC	520	505		Highway Thru Hell Cam gets a chance to run Mighty Mo.	Mayday "River Runway" Garuda Indonesia Flight 421.	Aussie Gold Hunters (SC) (DVS)	Outback Opal Hunters (SC) (DVS)	Roadworthy Rescues "Bare Metal Bel Air" (N)		Homestead Rescue "Poisoned" (SC)	Homestead Rescue (SC)				
DRAMA	620	523		Chicago P.D. "Saved" Voight witnesses a kidnapping. (SC)	Chicago P.D. Halstead and Atwater go under cover. (SC)	Chicago P.D. Woods looks to take down Voight. (SC)	Chicago P.D. Antonio and Ruzek clash over Voight. (SC)	Chicago P.D. "Breaking Point" An alderman is killed. (SC)		Chicago P.D. Upton must take down a meth ring. (SC)	Chicago P.D. "Payback" (SC)				
HIST	522	506		Ancient Aliens Hidden realms under the Earth. (SC)	The UnXplained The possibility of sacred bone power. (SC)	The UnXplained Learning the truth about ancient ruins. (SC)	The Proof is Out There: Skin-walker Edition (N) (SC)	The UnXplained Mysterious, forbidden triangles. (N) (SC)		The Bermuda Triangle: Into Cursed Waters "A Big Find" (SC)	The UnXplained (SC)				
PARMT	628	584		(5:30) Yellowstone	Yellowstone The feud with the Becks comes to a head.	Yellowstone John reshuffles the political decks. (SC)	(:28) Yellowstone Teeter joins the bunkhouse. (SC)	(:33) Yellowstone "An Acceptable Surrender" (SC)	(:31) Yellowstone "Going Back to Cali" (SC)	(:35) Yellowstone John reshuffles the political decks. (SC)					
RDI	126	730		(5:55) Zone économie (N) (SC)	24/60 (N) (SC)	Les grands reportages Portrait de Georges Schwartz.	Le téléjournal avec Céline Galipeau (N) (SC)	Le téléjournal (N) (SC)		Le national (N) (SC)	(:31) Le national (N) (SC)	(12:01) 24/60 (SC)			
SHOW	616	521		NCIS "House Rules" The city's internet is shut down.	FBI A photographer dies in a car crash. (SC) (DVS)	FBI The team searches for a missing teacher. (SC)	** "Ghostbusters" (2016, Comedy) Melissa McCarthy, Kristen Wiig. Four women battle mischievous ghosts in New York. (SC) (DVS)			** "Ghost Rider" (2007) Nicolas Cage. (SC)					
SLICE	601	562		The King of Queens (SC)	The King of Queens (SC)	Ghosts (SC)	Ghosts "Alberta's Fan"	Married at First Sight (N) (SC)	The Real Housewives of Cheshire (N) (SC)	Married at First Sight "This Was Supposed to Be Our New Start" The couples decide their futures. (N) (SC) (DVS)	The Real				
TLC	521	560		90 Day Fiancé: Happily Ever After? (SC)	90 Day Fiancé: Happily Ever After? (SC)	90 Day Fiancé: Happily Ever After? (SC)	90 Day Fiancé: Happily Ever After? "More to Love: Can't Fight This Feeling" With bonus scenes. (N) (SC)	90 Day Fiancé: Happily Ever After? (N) (SC)	90 Day Fiancé: Happily Ever After? (N) (SC)	90 Day: The Single Life (SC)	After the 90 Days	90 Day Fiancé			
TSN	400	400		(5:30) SportsCentre (N) (Live) (SC)	That's Hockey (N)	Canada in Qatar (SC)	FIFA World Cup Highlight	FIFA World Cup Qatar 2022 (SC)		SportsCentre (N) (Live) (SC)	Must See SC (SC)				
YOUTH	551	542		Next Step	SpongeBob	** "Space Jam" (1996) Michael Jordan. (SC) (DVS)	SpongeBob	Danger Force	Next Step	Star Falls (SC)	Degrassi	Degrassi	6teen (SC)		

Your week on TV

SATURDAY DAYTIME																NOVEMBER 26, 2022				
Bell	Star	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30			
WCAX	3	-	-	CBS Saturday Morning (N) (LIVE)			Lucky Dog (E)	Innovation Nation	Mission Unstoppable	Hope in the Wild	Youthful Skin	Mark Milovats' Christmas Wonderland	NFL Championship Chase: Playoff Push		Football Sp.	College Football	College Football			
WPTZ	5	-	-	(7:00) Today (N)	Ocean Mysteries	Teen Kids News (N)	The Voyager	Earth Odyssey	Wild Child (E)	Globetrotters	One Team	Roots Less	FIS Alpine Skiing Killington Cup: Women's Giant Slalom. (N)	College Football Grambling State vs Southern. (N) (LIVE)						
CBMT	6	206	301	(:07) Big Blue	(:46) Molly of Denali	Dino Ranch	Mighty Express	Kingdom Force	True Rainbow	Bravest Knight	(:25) Dot	Our Montreal (N)	University Football Vanier Cup: Laval vs Saskatchewan. (N) (LIVE)							
CHLT	7	107	718	(6:00) Salut bonjour week-end (N) (SC)				Bien (N) (SC)	Refuge animal	Révoisons maisons	L'académie	TVA Nouvelles (N)	180 (N) (SC)	Infopublicité (SC)	*** "Le moment de vérité" (1984) Ralph Macchio. Un vieux Japonais initie un adolescent aux arts martiaux. (SC)					
WMTW	8	-	-	Good Morning America (N) (LIVE)		Good Morning America (N) (LIVE)		Wildlife Nation	oh baby! (LIVE)	Hearts of Heroes	Vets Saving Pets	College Football South Carolina at Clemson. (N) (LIVE)				Coll. Football	College Football			
CKSH	9	108	-	Le village enchanté	Sous les mers	Le pire du pire	Défense d'entrer!	Les Bien-venue..	L'effet secondaire	Ricardo (SC)	5 chefs dans	Téléjournal (SC)	La facture (SC)	Enquête (SC)		Les enquêtes de Murdoch (DVS) (SC)		Agatha Raisin "Une recette qui tue" (LIVE)		
CKMI	11	-	-	Fish'n Canada	Instill the Catch	Fishful Thinking	Fishful Thinking	Fish TV (N)	Paid Program	Paid Program	Paid Program	Save My Reno	Entertainment Tonight (N) (LIVE)	"The Santa Stakeout" (2021) Tamera Mowry-Housley, Paul Campbell. (DVS)		Scott's Vacation				
CFCF	12	205	312	(7:45) FIFA World Cup Qatar 2022 Poland vs Saudi Arabia. (N) (LIVE)				TSN at the World Cup	(:45) FIFA World Cup Qatar 2022 France vs Denmark. (N) (LIVE)	TSN at the World Cup			(:45) FIFA World Cup Qatar 2022 Argentina vs Mexico. (N) (LIVE)							
WVNY	22	-	-	Good Morning America (N) (LIVE)		Good Morning America (N) (LIVE)		Save on Groceries!	Christmas	Free Pans	Free Pans	College Football South Carolina at Clemson. (N) (LIVE)				Coll. Football	College Football			
WUTV	30	-	-	Robot Cleans Your House For You!				Big Noon Kickoff (N) (LIVE)				College Football Michigan at Ohio State. (N) (LIVE)				College Extra				
CFKS	31	106	726	Nouveau décor,	Nouveau décor,	Noovo Le Fil week-end (N) (SC)		RPM La piste de Charlevoiix. (SC)	RPM plus "RM Auctions" (SC)		Infopublicité (SC)	Infopublicité (SC)	Occupation Double Martinique (DVS)	(:33) "Noël au palace" (2019) Elizabeth Henstridge. (DVS) (SC)						
WUHF	-	-	363	Xploration Space	Awesome Planet	Big Noon Kickoff (N) (LIVE)				College Football Michigan at Ohio State. (N) (LIVE)				College Extra						
WETK	-	-	-	Aging Breakthrough With Dr. Kellyann	Outdoor Journal	MotorWeek (N)	Samantha	Greener World	Moveable Feast	Mexican Table	Test Kitchen	Cook's Country	Craft-Legacy	This Old House	Ask This Old House	Antiques Roadshow "Extraordinary Finds"	European Christmas			
WCFE	-	-	-	Hero Elementary	Alma's Way	Curious George	Daniel Tiger	Demystifying Detox Detoxification ideas and methods. (LIVE)				The Brain Revolution Maximizing and protecting the brain. (LIVE)		Rick Steves European Christmas Holiday customs and practices in Europe. (LIVE)						
A&E	615	520	-	Zombie House Flipping	Zombie House Flipping	Zombie House Flipping	Zombie House Flipping	Zombie House Flipping	Zombie House Flipping	Zombie House Flipping	Zombie House Flipping	** "The Magnificent Seven" (2016) Denzel Washington, Chris Pratt. Mercenaries battle a ruthless industrialist in the Old West. (LIVE)								
CNN	500	500	-	CNN This Morning		Smerconish (N) (LIVE)		CNN Newsroom (N)		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom				
DISC	520	505	-	Mayday "Scratching the Surface"		Mayday The bombing of Pan Am Flight 103.		Mayday Flight 394 crashes into the sea.		Mayday Two jets collide mid-air.		Mayday Tragic story from the Vietnam War.		Mayday Plane in the Mediterranean.		North Woods Law "Running Out of Time" The search for a missing hiker. (DVS)				
DRAMA	620	523	-	Fear Thy Neighbor "Bonfire of Blood" (LIVE)		Bones "The Hole in the Heart" (LIVE)		Bones "The Change in the Game" (LIVE)		Bones Human remains are found in a field. (LIVE)		Bones A competitive eater turns up dead.		Bones Brennan worries about motherhood.		Bones "The Hole in the Heart" (LIVE)		Bones "The Change in the Game" (LIVE)		
HIST	522	506	-	Paid Program	Paid Program	Big Timber "Taking Care of Business" (LIVE)		Rust Valley Restorers (LIVE)		American Pickers "Picks of the Sea" (LIVE)		Pawn Stars "Off the Rails" (DVS)		Forged in Fire "Frankish Throwing Axes" (LIVE)		Forged in Fire (LIVE)		Pawn Stars "Rap Kings; Rock Legends" (LIVE)		
PARMT	628	584	-	Auction Hunters	Auction Hunters	Auction Hunters	Auction Hunters	Auction Hunters	Auction Hunters	Yellowstone "Cowboys and Dreamers" (LIVE)	(:02) Yellowstone "All for Nothing" (LIVE)		(12:58) Yellowstone "The Beating" (LIVE)		Yellowstone "I Killed a Man Today" (LIVE)		(:03) Yellowstone Jamie confronts his past.			
RDI	126	730	-	D'abord l'info (N) (SC)		D'abord l'info (N) (SC)		L'info maintenant	L'info maintenant	L'info maintenant	Les décrypteurs	Téléjournal	Téléjournal	Le national	L'info maintenant	L'info maintenant	L'info maintenant	L'info maintenant		
SHOW	616	521	-	(6:00) "The Trotsky"	** "Ghostbusters" (2016) Melissa McCarthy. Four women battle mischievous ghosts in New York. (LIVE)				** "Ghost Rider" (2007, Action) Nicolas Cage. A motorcycle stuntman is a supernatural agent of vengeance. (LIVE)				* "Ghost Rider: Spirit of Vengeance" (2011, Action) Nicolas Cage, Idris Elba. (LIVE)		"Ghostbusters" (LIVE)					
SLICE	601	562	-	Paid Program	Paid Program	Paid Program	Paid Program	The Real Housewives of Cheshire (LIVE)		** "Miss Congeniality" (2000) Sandra Bullock. A clumsy FBI agent goes under cover at a beauty pageant. (LIVE)		** "Miss Congeniality 2: Armed and Fabulous" (2005, Comedy) Sandra Bullock, Regina King. (LIVE)								
TLC	521	560	-	Taken at Birth (Part 3 of 6)		1000-Lb. Sisters (LIVE)		1000-Lb. Sisters "End of an Era" (LIVE)		1000-Lb. Sisters "Never Say Never" (LIVE)		My 600-Lb. Life "Chrystal's Journey" Chrystal wants Dr. Now's help. (LIVE)		My 600-Lb. Life "Michael's Journey" Michael deals with a lifetime of abuse. (LIVE)						
TSN	400	400	-	(7:45) FIFA World Cup Qatar 2022 Poland vs Saudi Arabia. (N) (LIVE)				TSN at the World Cup	(:45) FIFA World Cup Qatar 2022 France vs Denmark. (N) (LIVE)	TSN at the World Cup		(:45) FIFA World Cup Qatar 2022 Argentina vs Mexico. (N) (LIVE)								
YOUTH	551	542	-	Sponge.	Sponge.	LEGO City	Loud	Sponge.	Mighty 1s	Dragons	Jurassic	** "Space Jam" (1996) Michael Jordan. (LIVE)		Monster	Best	Sponge.	Sponge.			

SATURDAY EVENING																NOVEMBER 26, 2022				
Bell	Star	4 PM	4:30	5 PM	5:30	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM		
WCAX	3	-	-	(3:30) College Football Auburn at Alabama. (N) (LIVE)				Channel 3 News	Investigate TV	Byron Allen Presents TheGrio Awards Celebrating Black excellence. (N) (LIVE)			48 Hours (LIVE)		Channel 3 News	Beat the Odds	The Song			
WPTZ	5	-	-	(2:00) College Football Grambling State vs Southern. (N) (LIVE)			NBC5 News at 6	Nightly News	Jeopardy!	Wheel of Fortune	The National Dog Show Dogs vie to be named Best in Show. (LIVE)		Saturday Night Live (N) (LIVE)		NBC5 News	(:29) Saturday Night Live "Jack Harlow"				
CBMT	6	206	301	University Football	FIS Alpine Ski World Cup		CBC Montreal	Hockey Night	NHL Hockey Toronto Maple Leafs at Pittsburgh Penguins. From PPG Paints Arena in Pittsburgh. (N) (LIVE)				NHL Hockey Vancouver Canucks at Vegas Golden Knights. From T-Mobile Arena in Las Vegas. (N) (LIVE)							
CHLT	7	107	718	(:01) "Coeur de dragon: la vengeance" (2020) Joseph Millson. Premiere. (SC)				TVA Nouvelles (N)	* "Géotempête" (2017) Gerard Butler. Le monde est menacé par une terrible tempête. (LIVE)			(:42) ** "Dans la tempête" (2014) Richard Armitage, Sarah Wayne Callies. (DVS) (SC)	(:28) TVA Nouvelles	(10:58) ** "Piège de cristal" (1988) Bruce Willis. (DVS) (SC)						
WMTW	8	-	-	(3:30) College Football Oregon at Oregon State. From Reser Stadium in Corvallis, Ore. (N) (LIVE)				Coll. Football	Coll. Football	College Football Notre Dame at USC. (N) (LIVE)				WMTW News 8	The Good Doctor "Islands Part One"					
CKSH	9	108	-	(3:00) Agatha Raisin "Une recette qui tue"	La semaine verte (N) (SC)		TJ Estrie	La petite vie	Salebarbes en Acadie	Sissi La nuit de nocces de Sissi est un échec.	Laissez-nous raconter "L'identité" (N)	Le téléjournal	Doc humanité "Mtl: vues du coeur" (N)	Dre Grey, leçons d'anatomie (N) (LIVE)						
CKMI	11	-	-	Scott's Vacation	Sarah's Mountain Escape (N)		Carnival Eats	Global News at 6	Global National	The New Reality (N)	Border Security	Private Eyes "Aye Aye, Tonya"	Ransom "The Fawn" (LIVE)	48 Hours (LIVE)		Global News	(:29) Saturday Night Live "Jack Harlow"			
CFCF	12	205	312	TSN at the World	Big Bang Theory	Big Bang Theory	Big Bang Theory	CTV News Montreal (N) (LIVE)	W5 "Qatar's World Cup" (N) (LIVE)	Movie (LIVE)				News-Rinaldo	CTV News Montreal	Big Bang Theory				
WVNY	22	-	-	(3:30) College Football Oregon at Oregon State. From Reser Stadium in Corvallis, Ore. (N) (LIVE)				Coll. Football	Coll. Football	College Football Notre Dame at USC. (N) (LIVE)				Local 22 News (N)	Weather Gone Viral "Music City Tornado"					
WUTV	30	-	-	College Football Iowa State at TCU. From Amon G. Carter Stadium in Fort Worth, Texas. (N) (LIVE)				College Extra	College Extra	College Football Kansas at Kansas State. (N) (LIVE)				Fox 29 News	World Cup Ton					
CFKS	31	106	726	(:03) ** "Sherlock Holmes" (2009) Robert Downey Jr. Holmes et Watson sont confrontés à un nouvel ennemi.				*** "Harry Potter et la chambre des secrets" (2002) Daniel Radcliffe, Rupert Grint. Trois apprentis sorciers enquêtent au péril de leur vie. (DVS) (SC)				(9:50) *** "Logan" (2017) Hugh Jackman. Logan protège une jeune fille des forces obscures. (DVS) (SC)								
WUHF	-	-	363	College Football Iowa State at TCU. From Amon G. Carter Stadium in Fort Worth, Texas. (N) (LIVE)				College Extra	College Extra	College Football Kansas at Kansas State. (N) (LIVE)				News at 10	World Cup Ton					
WETK	-	-	-	(3:30) Rick Steves European Christmas (LIVE)		PBS News Weekend	As Time Goes By	Keep-Appear	Still Open All Hours	My Hero (LIVE)	Father Brown (LIVE)	Death in Paradise A skydiver dies mid-air.	RFDS: Royal Flying Doctor Service	Austin City Limits (LIVE)		Front Row Boston (LIVE)				
WCFE	-	-	-	Moments to Remember (My Music Presents) Hits of the 1950s and '60s. (LIVE)				This Land Is Your Land (My Music) (LIVE)				John Sebastian's Folk Rewind (My Music Presents) Artists of the 1950s and '60s. (LIVE)		The Doobie Brothers: 50th Anniversary at Radio City Music Hall		Rick Steves European Christmas (LIVE)				
A&E	615	520	-	The First 48 (LIVE)		The First 48 A barrage of bullets. (LIVE)		The First 48 "Who's Knocking; Payback"		The First 48 "Brothers Down" (LIVE)		The First 48 "Jacked; Fallen Idol" (LIVE)		(:01) Killer Cases (N)		(:04) The First 48 "Trap House" (LIVE)		The First 48 (LIVE)		
CNN	500	500	-	CNN Newsroom		CNN Newsroom		CNN Newsroom		The 2000s "The Platinum Age of Television"		The Nineties "The One About TV" (LIVE)		The Movies (Part 2 of 6) (LIVE)						
DISC	520	505	-	North Woods Law "Bump in the Road"		North Woods Law "Case Closed"		North Woods Law "Leading the Way"		North Woods Law "Raccoon Rescue"		Street Outlaws: No Prep Kings		Street Outlaws: No Prep Kings "Upset in the Desert" There are plenty of upsets in Tucson. (N) (Part 1 of 2) (DVS)						
DRAMA	620	523	-	Bones (LIVE)		Bones A competitive eater turns up dead.		Bones "The Prince in the Plastic" (LIVE)		East New York (LIVE)		The Killer in My Family "Sante Kimes" (N)		Bones "The Hole in the Heart" (LIVE)		Bones "The Change in the Game" (LIVE)		Bones (LIVE)		
HIST	522	506	-	American Pickers "Picks of the Sea" (LIVE)		American Pickers (LIVE)		Kings of Pain (LIVE)		NCIS: Los Angeles "Divided We Fall" (LIVE)		NCIS: Los Angeles "Sundown" (LIVE)		S.W.A.T. "Bad Faith" (LIVE)		S.W.A.T. "Funny Money" (LIVE)		S.W.A.T. "Immunity" (LIVE)	S.W.A.T. (LIVE)	
PARMT	628	584	-	(:05) Yellowstone "The World Is Purple"		(:12) Yellowstone The attack on the Duttons continues. (LIVE)		(:28) Yellowstone "Phantom Pain"		(:33) Yellowstone "All I See Is You" (LIVE)		(:39) Yellowstone Jamie receives some surprising news. (LIVE)		(9:47) Yellowstone (LIVE)		(10:52) Yellowstone "I Want to Be Him"		Auction Hunters		
RDI	126	730	-	L'info	L'info	Le téléjournal (N) (SC)	L'épicerie (N) (SC)	Le téléjournal	Découverte Anorexie; la COVID. (N) (SC)	(:31) Le national	(:01) Les grands reportages	Le téléjournal (N)	La facture (N) (SC)	Le téléjournal (N)	Le national (N)	Le national (N)	Journal France 2	Le téléjournal		
SHOW	616	521	-	(3:30) ** "Ghostbusters" (2016) Melissa McCarthy, Kristen Wiig. (DVS)				** "The Da Vinci Code" (2006) Tom Hanks, Audrey Tautou. A religious mystery could rock foundations of Christianity. (LIVE)				** "Angels & Demons" (2009) Tom Hanks, Ewan McGregor. Robert Langdon confronts an ancient brotherhood. (LIVE)								
SLICE	601	562	-	** "Miss Congeniality" (2000) Sandra Bullock. A clumsy FBI agent goes under cover at a beauty pageant.				** "Miss Congeniality 2: Armed and Fabulous" (2005, Comedy) Sandra Bullock, Regina King. (LIVE)				*** "Love Actually" (2003) Hugh Grant, Laura Linney, Colin Firth. Various people deal with relationships in London. (LIVE)								
TLC	521	560	-	The Culpo Sisters "Indecent Proposal"		The Culpo Sisters "Consequences" (LIVE)		I Am Shauna Rae "Can I Have Kids?"		I Am Shauna Rae (LIVE)		My 600-Lb. Life "Lacey's Story" Lacey must rally her divorced parents. (LIVE)		My 600-Lb. Life "Vianey & Allen's Story" Vianey and Allen look to lose weight. (LIVE)						
TSN	400	400	-	TSN at the World	World Cup	Canada in Qatar (N)	SportsCentre (N) (LIVE)	Canada in Qatar	World Cup	FIFA World Cup Qatar 2022 (LIVE)				SportsCentre	AFL Women's Premiership Football Grand Final: Brisbane Lions vs Melbourne Demons.					
YOUTH	551	542	-	Sponge.	Sponge.	Sponge.	Sponge.	* "The Smurfs" (2011) Hank Azaria. (LIVE)				* "The Smurfs" (2011) Hank Azaria. (LIVE)				Next Step	Next Step	Degrassi	Degrassi	6teen (LIVE)

Your week on TV

SUNDAY DAYTIME													NOVEMBER 27, 2022						
Bell	Star	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30		
WCAX	3	-	-	Channel 3 News Sunday Morning (N)	CBS News Sunday Morning (N) (LIVE)	Face the Nation (N) (LIVE)	You Can Quote Me	The NFL Today (N) (LIVE)	NFL Football Cincinnati Bengals at Tennessee Titans. (N) (LIVE)										
WPTZ	5	-	-	Sunday Today With Willie Geist (N) (LIVE)	Meet the Press (N) (LIVE)	NBC 5 In Depth	Soledad O'Brien	Chicago Fire "Hiding Not Seeking" (LIVE)	Open House	FIS Alpine Skiing Killington Cup: Women's Slalom. (N) (LIVE)	IRONMAN World Championship (N) (LIVE)	Figure Skating							
CBMT	6	206	301	Coronation Street (N)	Coronation Street (N)	Coronation Street (N)	Coronation Street (N)	Coronation Street (N)	Coronation Street (N)	Rosemary Barton Live (N) (LIVE)	Our Montreal	Maamuitau (N)	Exhibitionists	Bobsled and Skeleton	FIS Alpine Ski World Cup				
CHLT	7	107	718	(6:00) Salut bonjour week-end (N) (SC)	* "Amoureux fous" (2020) Emily Blunt. Une agricultrice tétue tente de séduire son voisin.			TVA Nouvelles (N)	La victoire de l'amour	(:15) *** "Détestable moi 2" (2013) Voices of Steve Carell, Kristen Wiig. Des-sins animé. Un ex-vilain travaille pour une agence ultrasecrète.									
WMTW	8	-	-	Good Morning America (N) (LIVE)	This Week W/ George Stephanopoulos	Soledad O'Brien	TOTAL MAINE	Free Enterprise	Hearts of Heroes (EI)	Teen Kids News (N)	Retire Now TV	Women's College Basketball Phil Knight Legacy, Championship: Teams TBA. (N) (LIVE)	To Be Announced	College Basketball					
CKSH	9	108	-	Le village enchanté	Sous les mers	Makinium "L'espion"	Les sapiens	(9:59) Le jour du Seigneur (N) (SC)	Les coulisses du pouvoir (N) (SC)	Téléjournal	La semaine verte (SC)	L'épicerie (SC)	Savourer (SC)	Les enquêtes de Foyle "L'art du crime"					
CKMI	11	-	-	Paid Program	Paid Program	Paid Program	Paid Program	Joel Osteen (N)	Paid Program	The New Reality	The West Block (N)	Property Brothers "Kat & Ryan" (DVS)	Rock Solid Builds "Havin' a Time"	"Time for Us to Come Home for Christmas" (2020) Lacey Chabert. Premiere. (DVS)					
CFCF	12	205	312	(7:45) FIFA World Cup Qatar 2022 Belgium vs Morocco. (N) (LIVE)	TSN at the World Cup			(:45) FIFA World Cup Qatar 2022 Croatia vs Canada. (N) (LIVE)	NFL Football Teams TBA. (N) (LIVE)										
WVNY	22	-	-	Good Morning America (N) (LIVE)	This Week W/ George Stephanopoulos	What Matters	The Key of David	Organic	Never Fear	Save on Groceries!	Under Eye Bags?	Women's College Basketball Phil Knight Legacy, Championship: Teams TBA. (N) (LIVE)	To Be Announced	College Basketball					
WUTV	30	-	-	The Ernest Angley Hour	FOX News Sunday (N) (LIVE)	Sharyl Attkisson	The Key of David	Paid Program	Buffalo Plus	FOX NFL Sunday (N) (LIVE)	NFL Football Chicago Bears at New York Jets. (N) (LIVE)								
CFKS	31	106	726	Ambulances	Ambulances	Noovo Le Fil week-end (N) (SC)	RPM "Mazda CX-50 Turbo 2023" (N) (SC)	RPM plus "Musée Henry Ford" (N) (SC)	Infopublicité (SC)	Infopublicité (SC)	"Un hôtel pour deux à Noël" (2020) Donna Walsh. Premiere.	"Noël à Crystal Falls" (2018) Danielle Panabaker, Matt Long. (SC)							
WUHF	-	363	-	Science Now (LIVE)	Paid Program	FOX News Sunday (N) (LIVE)	Sharyl Attkisson	Rochester Press Box	FOX NFL Kickoff (N) (LIVE)	FOX NFL Sunday (N) (LIVE)	NFL Football Chicago Bears at New York Jets. (N) (LIVE)								
WETK	-	-	-	Hero Elementary	Alma's Way	Curious George	Daniel Tiger	Rosie's Rules	Donkey Hodie	Weekend-Yank	Vermont This Week	New England	Bolton Valley	Great Performances "Josh Groban's Great Big Radio City Show" Josh Groban performs. (LIVE)	Riverdance 25th Anniversary Show (LIVE)				
WCFE	-	-	-	Arthur (EI)	Wild Kratts (LIVE)	Washington Week	Canada Files (LIVE)	Mountain Lake	New York Now (LIVE)	Rick Steves European Christmas Holiday customs and practices in Europe. (LIVE)	Great Performances: Andrea Bocelli Live in Central Park The popular Italian tenor performs. (LIVE)								
A&E	615	520	-	Triple Digit Flip (LIVE)	Triple Digit Flip "Puny vs. Putrid vs. Plain" (LIVE)	Zombie House Flipping "Spruce" (LIVE)	Zombie House Flipping "Raeford" (LIVE)	Zombie House Flipping "Pecos" (LIVE)	Road Wars (LIVE)	Road Wars (LIVE)	Road Wars (LIVE)	Road Wars (LIVE)	Road Wars (LIVE)	Customer Wars (LIVE)	Customer Wars (LIVE)				
CNN	500	500	-	Inside Politics	State of Union	CNN Special Report	CNN Newsroom	State of Union	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom				
DISC	520	505	-	Mighty Cruise Ships "Koningsdam"	Mighty Cruise Ships "Viking Star"	Mighty Cruise Ships "Marina"	Mighty Cruise Ships (DVS)	Mighty Cruise Ships (DVS)	Mighty Cruise Ships "Luxurious cruise ship."	Mighty Cruise Ships "AIDAnova"	Lone Star Law "Game On" (DVS)	Lone Star Law "Caught Red Handed"							
DRAMA	620	523	-	Chicago Fire "I'm Not Leaving You" (LIVE)	Chicago Fire "Sacred Ground" (DVS)	Chicago Fire "A Real Shot in the Arm" (LIVE)	Chicago Fire "Badlands" (DVS)	Chicago Fire "Infection, Part I"	Chicago Fire "Kidd must prove herself. (LIVE)	Chicago Fire "Try Like Hell" (LIVE)	Chicago Fire "The White Whale" (LIVE)								
HIST	522	506	-	Paid Program (LIVE)	Paid Program (LIVE)	Pawn Stars "The Prince of Pawn" (LIVE)	Secret Restoration "Blast From the Past"	The Toys That Built America (LIVE)	NCIS: Los Angeles "Divided We Fall" (LIVE)	NCIS: Los Angeles "Sundown" (LIVE)	S.W.A.T. "Bad Faith" (LIVE)	S.W.A.T. "Funny Money" (LIVE)							
PARMT	628	584	-	Ink Master	Ink Master	Ink Master	Ink Master	Ink Master "The Ink Will Speak for Itself"	Yellowstone John is put in an awkward position. (LIVE)	Yellowstone Jimmy and Emily get closer. (LIVE)	(:31) Yellowstone Jimmy has an important decision to make. (LIVE)	(2:54) Yellowstone (LIVE)							
RDI	126	730	-	D'abord l'info (N) (SC)	D'abord l'info (N) (SC)	L'info maintenant	L'info maintenant	Les coulisses du pouvoir (N) (SC)	Téléjournal	Téléjournal	Les décodeurs	L'info maintenant	L'info maintenant	L'info maintenant	L'info maintenant	L'info maintenant	L'info maintenant		
SHOW	616	521	-	"Break-away" (LIVE)	"A Surrogate's Nightmare" (2017, Drama) Poppy Montgomery, Ty Olsson. (LIVE) (DVS)	*** "Angels & Demons" (2009, Action) Tom Hanks, Ewan McGregor, Robert Langdon confronts an ancient brotherhood. (LIVE) (DVS)			NCIS "Love Lost" (LIVE)	NCIS: Hawaii "Vanishing Act" (LIVE)	NCIS: Los Angeles								
SLICE	601	562	-	Paid Program (LIVE)	Paid Program (LIVE)	Paid Program (LIVE)	Paid Program (LIVE)	*** "Crazy, Stupid, Love." (2011, Romance-Comedy) Steve Carell, Ryan Gosling, Julianne Moore. (LIVE) (DVS)			*** "Love Actually" (2003) Hugh Grant. Various people deal with relationships in London. (LIVE) (DVS)			*** "Fool's Gold" (2008) (LIVE) (DVS)					
TLC	521	560	-	My Big Fat American Gypsy Wedding (LIVE)	The Culpo Sisters "Meet the Culpes" (LIVE)	The Culpo Sisters "Independent Proposal" (LIVE)	The Culpo Sisters "Consequences" (LIVE)	Sister Wives Christine drops off Ysabel. (LIVE)	Sister Wives "The Knife in the Kidneys"	Sister Wives Janelle frustrates Kody. (LIVE)	90 Day Fiancé: Happily Ever After? (LIVE)								
TSN	400	400	-	(7:45) FIFA World Cup Qatar 2022 Belgium vs Morocco. (N) (LIVE)	TSN at the World Cup			(:45) FIFA World Cup Qatar 2022 Croatia vs Canada. (N) (LIVE)	TSN at the World Cup	(:45) FIFA World Cup Qatar 2022 Spain vs Germany. (N) (LIVE)									
YOUTH	551	542	-	Sponge.	Sponge.	Super	Loud	*** "Shrek 2" (2004) Voices of Mike Myers. (LIVE) (DVS)			* "The Smurfs" (2011) Hank Azaria. (LIVE) (DVS)			Barbie	Super	Sponge.	Sponge.		

SUNDAY EVENING													NOVEMBER 27, 2022						
Bell	Star	4 PM	4:30	5 PM	5:30	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	
WCAX	3	-	-	NFL Today Postgame (N) (LIVE)	Courage in Sports: Gridiron Greatness	Channel 3 News	Weekend News	60 Minutes (N) (LIVE)	The Equalizer "Paradise Lost" (N) (LIVE)	East New York (N) (LIVE)	NCIS: Los Angeles "Let It Burn" (N) (LIVE)	Channel 3 News	Investigate TV	Game Time					
WPTZ	5	-	-	(3:30) Figure Skating ISU Grand Prix: Grand Prix of Espoo. From Espoo, Finland. (N)	NBC5 News at 6	Nightly News	Football Night in America (N) (LIVE)	(:15) NFL Football Green Bay Packers at Philadelphia Eagles. (N) (LIVE)											
CBMT	6	206	301	"The Legend of Frosty the Snowman" (2005) (LIVE)	Frosty Returns (LIVE)	Rudolph the Red-Nosed Reindeer (LIVE)	Heartland "True Colours, New Tricks" (N)	The Great Canadian Baking Show (N) (LIVE)	The Great British Baking Show (LIVE)	The National (N) (LIVE)	CBC Montreal	Maamuitau Ryan's newfound passion.							
CHLT	7	107	718	** "Les trois Stooges" (2012) (SC)	Vlog (N) (SC)	Poule-oeufs	TVA Nouvelles (N)	Chanteurs masqués (N) (SC)	Révolution (N) (SC)	P-A Méthot: le party du millénaire (N)	Denis Lévesque	TVA Nouvelles (N)	** "L'art du mensonge" (2019) Helen Mirren. Premiere. (SC)						
WMTW	8	-	-	College Basketball	MyDestination.TV	WMTW News 8 at 6	World News	Mickey	"Olaf Adventure"	The Wonderful World of Disney: Magical Holiday Celebration (N) (LIVE)	America's Funniest Home Videos (LIVE)	WMTW News 8	Soledad O'Brien	The Rookie (LIVE)					
CKSH	9	108	-	(3:00) Les enquêtes de Foyle (SC)	Retour vers la culture (N) (DVS) (SC)	TJ Estrie	Découverte (N) (SC)	Le gros labo	Tout le monde en parle (N) (DVS) (SC)	Le téléjournal			(10:55) Infomax	(:25) "Le Post" (2017) Meryl Streep.					
CKMI	11	-	-	Wall of Chefs An unconventional pairing.	Rust Valley Restorers "High Octane" (LIVE)	Global News at 6	Global National	60 Minutes (N) (LIVE)	The Equalizer "Paradise Lost" (N) (LIVE)	S.W.A.T. "Provenance" (LIVE)	NCIS: Los Angeles "Let It Burn" (N) (LIVE)	Global News	The West Block	Global National					
CFCF	12	205	312	NFL Football	(:25) NFL Football Teams TBA. (N) (LIVE)	NFL on CTV Live	Celebrity Jeopardy! (N) (LIVE)	East New York (N) (LIVE)	Big Bang Theory	Big Bang Theory	News-Rinaldo	CTV News Montreal	Big Bang Theory						
WVNY	22	-	-	College Basketball	Paid Program	World News	Local 22 News (N)	Mickey	"Olaf Adventure"	The Wonderful World of Disney: Magical Holiday Celebration (N) (LIVE)	America's Funniest Home Videos (LIVE)	Local 22 News (N)	Graham Bensinger	Graham Bensinger					
WUTV	30	-	-	NFL Football	(:25) NFL Football Los Angeles Rams at Kansas City Chiefs. (N) (LIVE)	The OT (N) (LIVE)	Welcome to Flatch	(:31) The Simpsons	Bob's Burgers	The Great North (N)	Fox 29 News	Sharyl Attkisson	The National Desk	World Cup Ton					
CFKS	31	106	726	"Noël à Crystal"	"Le festival de Noël" (2017, Drame sentimental) Taylor Cole, Damon Runyan. (SC)	(:29) Occupation Double Martini (N) (DVS) (SC)	(:02) À communiquer (SC)	(:02) ** "Wanderlust" (2012, Comédie) Paul Rudd, Jennifer Aniston. (DVS) (SC)	(:02) "À la recherche d'un père Noël" (2017) Jodie Sweetin. (SC)										
WUHF	-	363	-	NFL Football	(:25) NFL Football Los Angeles Rams at Kansas City Chiefs. (N) (LIVE)	The OT (N) (LIVE)	Welcome to Flatch	(:31) The Simpsons	Bob's Burgers	The Great North (N)	News at 10	Sharyl Attkisson	The National Desk (N) (LIVE)	World Cup Ton					
WETK	-	-	-	Riverdance 25th Anniversary Show (LIVE)	The Carpenters	PBS News Weekend	Sousa on Rez	Return	Midsomer Murders (Part 1 of 2) (LIVE)	Little Women on Masterpiece (LIVE)	Little Women on Masterpiece (LIVE)	Little Women on Masterpiece (LIVE)	Broadchurch	Little Women					
WCFE	-	-	-	Les Misérables 25th Anniversary Concert at the O2 Silver anniversary of the musical. (LIVE)	Miss Scarlet & The Duke: Secrets Revealed (LIVE)			Mysterious Women of Masterpiece	Agging Breakthrough With Dr. Kellyann (LIVE)	The Brain Revolution									
A&E	615	520	-	The First 48 "Road Hazard; Cold" (LIVE)	The First 48 Daytime killing in New Orleans.	The First 48 "Flight Risk; Trapped" (LIVE)	The First 48 (LIVE)	The First 48 "Bad Cinderella" (LIVE)	The First 48 A welder goes missing. (LIVE)	(:01) The First 48 (LIVE)	(:04) The First 48 "Crossroads" (LIVE)	The First 48 (LIVE)							
CNN	500	500	-	CNN Newsroom	CNN Newsroom	The Eighties "Raised on Television" (LIVE)	CNN Special Program	CNN Special Program	CNN Special Program	CNN Special Program	CNN Special Program	CNN Special Program	CNN Spec						
DISC	520	505	-	Lone Star Law "Gulf Recon" (DVS)	Lone Star Law "Calm Before the Storm"	Gold Rush "50,000 Ounces"	Mud Mountain Haulers (DVS)	Lego Masters Australia (LIVE)	Aussie Gold Hunters (N) (DVS)	Outback Opal Hunters (N) (DVS)	Mud Mountain Haulers (LIVE)	Lego Masters							
DRAMA	620	523	-	Chicago Fire "I'm Not Leaving You" (LIVE)	Chicago Fire "Sacred Ground" (LIVE)	Chicago Fire "A Real Shot in the Arm" (LIVE)	Chicago Fire "Badlands" (DVS)	Leverage: Redemption (LIVE)	Leverage: Redemption (LIVE)	Chicago Fire "Try Like Hell" (LIVE)	Chicago Fire "The White Whale" (LIVE)	Chicago Fire (LIVE)							
HIST	522	506	-	S.W.A.T. "Immunity" (LIVE)	American Pickers "Picture Perfect Pick"	The Toys That Built America (LIVE)	Forged in Fire "Flip the Forge" (LIVE)	Bermuda Triangle: Into (LIVE)	Beyond Oak Island (Season Premiere) (N)	The Curse of Oak Island (N) (LIVE)	Bermuda Triangle: Into (LIVE)	Beyond Oak Is.							
PARMT	628	584	-	(2:54) Yellowstone "All I See Is You" (LIVE)	Yellowstone "Winning or Learning" (LIVE)	(:45) Yellowstone Lloyd is in the doghouse with Rip. (LIVE)	Yellowstone "I Want to Be Him" (LIVE)	(:15) Tulsa King "Center of the Universe" (LIVE)	(:02) Yellowstone Jimmy and Emily get closer. (LIVE)	(:17) Tulsa King (LIVE)	Yellowstone								
RDI	126	730	-	L'info	L'épicerie (SC)	Le téléjournal	La facture (SC)	Le téléjournal	Enquête (N) (SC)	(:31) Le national	(:01) La semaine verte (N) (SC)	Le téléjournal (N)	Les coulisses du pouvoir (SC)	Le national (N)	Le national (N)	Journal France 2	Le téléjournal		
SHOW	616	521	-	NCIS: Los Angeles	FBI Maggie returns from medical leave.	CSI: Vegas A father and son are killed. (LIVE)	** "Inferno" (2016) Tom Hanks. Robert Langdon must stop a madman from unleashing a virus. (LIVE) (DVS)	** "Father Figures" (2017) Ed Helms. Two brothers hit the road to find their long-lost father. (LIVE) (DVS)	** "Blockers" (2018) Leslie Mann.										
SLICE	601	562	-	(3:00) * "Fool's Gold" (2008) Matthew McConaughey. (LIVE)	*** "Crazy, Stupid, Love." (2011, Romance-Comedy) Steve Carell, Ryan Gosling. (LIVE) (DVS)			The Real Housewives of Potomac (N) (LIVE)	Family Karma "Drag Me to Brunch" (N) (LIVE)	Neighborhood	Ghosts (LIVE)	The Real Housewives of Potomac (LIVE)	Family Karma (LIVE)						
TLC	521	560	-	90 Day Fiancé: Happily Ever After? (LIVE)	90 Day Fiancé: Happily Ever After? (LIVE)	90 Day Fiancé: Happily Ever After? Jovi worries about his marriage. (LIVE) (DVS)	90 Day Fiancé: Happily Ever After? (LIVE)	90 Day Fiancé: Happily Ever After? Usman makes a shocking proposition. (N) (DVS)	(:01) Sister Wives "Life After Polygamy"	(:02) 90 Day Fiancé: Happily Ever After? (LIVE)	90 Day Fiancé								
TSN	400	400	-	TSN at the World	World Cup	Canada in Qatar (N)	SportsCentre (N) (LIVE)	Football Night in America (N) (LIVE)	(:15) NFL Football Green Bay Packers at Philadelphia Eagles. (N) (LIVE)	SC With Jay Onrait (N) (LIVE)									
YOUTH	551	542	-	Sponge.	Sponge.	Sponge.	Sponge.	*** "Shrek 2" (2004) (LIVE) (DVS)			Next Step	Next Step	Degrassi	Degrassi	6teen (LIVE)				

Your week on TV

MONDAY EVENING													NOVEMBER 28, 2022		
Bell	Star	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	
WCAX	3	-	-	Channel 3 News at Six (N)	CBS Evening News	Entertainment Tonight (N)	The Neighbor- hood	Bob Hearts Abishola	NCIS NCIS investigates an unexpected death.	NCIS: Hawai'i A Navy seaman is involved in a murder.	Channel 3 News	(:35) The Late Show With Stephen Colbert (N)			
WPTZ	5	-	-	NBC5 News at 6 (N)	NBC Nightly News	Jeopardy! (N)	Wheel of Fortune (N)	The Voice "Live Top 10 Performances" The top 10 artists perform. (N) (Live)	(:01) Pitch Perfect: Bumper in Berlin (N)	NBC5 News at 11 (N)	(:34) The Tonight Show Starring Jimmy Fallon (N)				
CBMT	6	206	301	CBC Montreal News (N)	Rick Mercer Report	Coronation Street (N)	Family Feud Canada (N)	*** "The Wizard of Oz" (1939, Fantasy) Judy Garland. A tornado whisks a Kansas farm girl to a magic land.	The National (N) (SC)	CBC Montreal News (N)	Maamuitaa	Coronation Street			
CHLT	7	107	718	(5:58) TVA nouvelles (N)	(:29) Le tricheur (N)	(6:59) In-défendable (N)	La tour (N) (SC)	L'échappée "Jugements" (N) (SC)	Alertes "Jugements" Jacob refuse de collaborer. (N)	TVA nouvelles (:35) La tour (N) (SC)	(:05) La joute (N) (SC)	** "Noël... ou presque"			
WMTW	8	-	-	WMTW News 8 at 6PM (N)	ABC World News	Wheel of Fortune (N)	Jeopardy! (N)	The Great Christmas Light Fight (Season Premiere) Families make holiday decorations. (N) (DVS)	The Good Doctor Shaun and Lea discuss starting a family.	WMTW News 8 at 11 (N)	(:35) Jimmy Kimmel Live! (N)				
CKSH	9	108	-	(5:59) Le télé-journal Estrie	(:31) Zone économie (N)	Stat (N)	Discussions avec mes	5e rang Jean-Michel et Ghislain portent plainte. (N)	Galas ComediHa! 2022 Avec Laurent Paquin. (N)	Le téléjournal (N) (SC)	(:05) Le télé-journal Estrie	(:34) On va se le dire			
CKMI	11	-	-	Global National (N)	(:29) Global News at 6:30	ET Canada (N)	Entertainment Tonight (N)	9-1-1 A family dog retrieves a severed hand. (N)	NCIS NCIS investigates an unexpected death.	NCIS: Hawai'i A Navy seaman is involved in a murder.	Global News at 11 (N)	(:35) The Late Show With Stephen Colbert (N)			
CFCF	12	205	312	(5:59) CTV News Montreal (N) (Live)	etalk (N) (SC)	The Big Bang Theory	Children Ruin Everything (N)	Bob Hearts Abishola	(:02) The Cleaning Lady "The Ask" (N) (SC)	The Good Doctor Shaun and Lea discuss starting a family.	CTV National News	CTV News Montreal (N)	The Daily Show		
WVNY	22	-	-	Local 22 News (N)	ABC World News	Local 22 News (N)	Inside Edition (N) (SC)	The Great Christmas Light Fight (Season Premiere) Families make holiday decorations. (N) (DVS)	The Good Doctor Shaun and Lea discuss starting a family.	Local 22 News (N)	(:35) Jimmy Kimmel Live! (N)				
WUTV	30	-	-	The Big Bang Theory	Judge Judy	Judge Judy	Family Feud	9-1-1 A family dog retrieves a severed hand. (N)	(:02) The Cleaning Lady "The Ask" (N) (SC)	Fox 29 News at 10 (N)	Seinfeld "The Frogger"	Two and a Half Men	World Cup Ton		
CFKS	31	106	726	Souper parfait	Occupation Double	Ça c'est drôle! (N)	Club Soly (N) (DVS) (SC)	Qui sait chanter? "Marjo" Rita Baga et Anaïs Favron.	La semaine des 4 Julie (N) (DVS) (SC)	(9:59) Noovo Les débats Le Fil 22 (N)	Occupation Double	Chicago Police "Faux positif" Un baron de la drogue.			
WUHF	-	363	-	Modern Family	Young Sheldon	The Big Bang Theory	The Big Bang Theory	9-1-1 A family dog retrieves a severed hand. (N)	(:02) The Cleaning Lady "The Ask" (N) (SC)	13WHAM News at 10 on Fox Rochester (N) (Live)	iCRIME With Elizabeth	The Simpsons	World Cup Ton		
WETK	-	-	-	PBS NewsHour (N) (SC)	BBC World News Outside	This Old House	Antiques Roadshow "Modern Icons" (N)	Craft in America Diverse craft traditions of California.	Independent Lens Dogsled champion George Atla. (N)	Amanpour and Company (N) (SC)	BBC World News	Amanpour and Company (N) (SC)	BBC World News		
WCFE	-	-	-	World News America	BBC World News Outside	PBS NewsHour (N) (SC)	This Land Is Your Land (My Music) Evolution of modern American folk music. (SC)	Willie Nelson: Live at Budokan Willie Nelson in a 1984 show in Japan.	BBC World News	Amanpour and Company (N) (SC)					
A&E	615	520	-	The First 48 Two friends are found executed in a car. (N)	The First 48 New Orleans detectives hunt a killer. (SC)	The First 48 Two young men are killed in a car. (N)	The First 48 "Bad Driver" Detectives chase down a car. (N)	(:01) The First 48 "House of Cards" (N)	(:04) The First 48 A vigilante seeks payback. (N)	(12:03) The First 48 (SC)					
CNN	500	500	-	Situation Room With Wolf	Erin Burnett OutFront (N)	Anderson Cooper 360 (N)	Anderson Cooper 360 (N)	CNN Tonight (N) (Live)	CNN Tonight (N) (Live)	Cooper 360					
DISC	520	505	-	Highway Thru Hell Retrieving a lost wreck. (DVS)	Mayday "Deadly Solution" Flight AirAsia 8501.	Alaskan Bush People "All Aboard The Barter Train" (N)	Highway Thru Hell (N) (DVS)	Mud Mountain Haulers (N) (DVS)	Homestead Rescue Matt creates a meat smoker.	Homestead Rescue (SC)					
DRAMA	620	523	-	Chicago Fire An unexpected visit throws Casey. (N)	Chicago Fire Firehouse 51's boundaries are redrawn. (N)	Chicago Fire The 51 team must bunk with Firehouse 20.	Chicago Fire Dealing with a series of false alarms. (N)	Chicago Fire Cruz and Severide suspect foul play. (N)	Chicago Fire Severide makes a tough career choice. (N)	Chicago Fire (DVS)					
HIST	522	506	-	American Pickers "Pool Hall Picking" (N) (DVS)	Beyond Oak Island (N) (SC)	The Curse of Oak Island "Across the Pond" (N) (SC)	American Pickers Dani and Mike find rare items. (N)	Secret Restoration Leah restores a 1900s steamer trunk.	American Pickers "Pool Hall Picking" (N) (DVS)	Secret Restoration (SC)					
PARMT	628	584	-	Catch a Contractor A handicapped woman's swim spa.	Catch a Contractor "Kitchen Nightmare" (SC)	Catch a Contractor "Dud Brothers" (SC)	Catch a Contractor A contractor takes off to Mexico.	Catch a Contractor "This Flood's for You" (SC)	Catch a Contractor Something is left hiding in a wall.	Catch a Contractor (SC)					
RDI	126	730	-	(5:55) Zone économie (N) (SC)	24/60 (N) (SC)	Les grands reportages Le meurtre de Julien Thévenet.	Le téléjournal avec Céline Galipeau (N) (SC)	Le téléjournal (N) (SC)	Le national (N) (:31) Le national (N)	(12:01) 24/60 (SC)					
SHOW	616	521	-	NCIS An openly gay Navy lieutenant is slain. (N)	FBI Kristen doubts her ability as an agent. (SC)	FBI "Fallout" A businessman is killed. (DVS)	A Friend of the Family The Brobergs work to locate Jan.	(:10) FBI: Most Wanted (N) (SC)	(:05) FBI Kristen doubts her ability as an agent. (N)	FBI "Fallout" (SC) (DVS)					
SLICE	601	562	-	The King of Queens	The King of Queens	Family Karma Amrit reveals a shocking rumor. (N)	Below Deck Captain Lee reveals a medical condition. (N)	Below Deck The guests have a night of fun. (N) (SC)	Southern Hospitality "The Republic of Leva" (N) (SC)	The King of Queens	The King of Queens	Below Deck			
TLC	521	560	-	90 Day: The Single Life "Pillow Talk: Fee Fi Fo Fum" (N)	90 Day: The Single Life (N) (SC)	90 Day: The Single Life Natalie faces a difficult choice.	The Culpo Sisters Sophia's boyfriend pressures her. (N)	(:05) 90 Day: The Single Life "Pillow Talk: Tell All Part 1"	(:04) Sister Wives Christine's house sale falls through. (N)	90 Day: The Single Life (N)					
TSN	400	400	-	NFL Monday Night Countdown (N) (Live)	(:15) NFL Football Pittsburgh Steelers at Indianapolis Colts. (N) (Live)				SC With Jay Onrait (N) (Live)						
YOUTH	551	542	-	Next Step	Loud House	*** "Antz" (1998) Voices of Woody Allen. (N) (DVS)	SpongeBob	Danger Force	Next Step	Max & Shred	Degrassi	Degrassi	6teen		

TUESDAY EVENING													NOVEMBER 29, 2022		
Bell	Star	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	
WCAX	3	-	-	Channel 3 News at Six (N)	CBS Evening News	Entertainment Tonight (N)	Rudolph the Red-Nosed Reindeer	(:01) Reindeer in Here (N) (SC)	(:01) FBI: Most Wanted "Inheritance" (N) (SC)	Channel 3 News	(:35) The Late Show With Stephen Colbert (N)				
WPTZ	5	-	-	NBC5 News at 6 (N)	NBC Nightly News	Jeopardy! (N)	Wheel of Fortune (N)	The Voice America votes seven artists through. (N)	Lopez vs Lopez "Pilot" (N) (DVS)	Lopez vs Lopez (N) (DVS)	Michael Bublè's Christmas in the City (N) (SC)	NBC5 News at 11 (N)	(:34) The Tonight Show Starring Jimmy Fallon (N)		
CBMT	6	206	301	CBC Montreal News (N)	Rick Mercer Report	Coronation Street (N)	Family Feud Canada (N)	Just for Laughs: Gags	Schitt's Creek (N) (DVS)	Sort Of (N) (DVS)	Sort Of (N) (DVS)	CBC Montreal News (N)	This Hr. Has 22 Minutes	Coronation Street	
CHLT	7	107	718	(5:58) TVA nouvelles (N)	(:29) Le tricheur (N)	(6:59) In-défendable (N)	La tour (N) (SC)	Ma mère Éric décide de prendre ses distances. (N)	Une princesse chez les Généreux (SC)	TVA nouvelles (:35) La tour (N) (SC)	(:05) La joute (N) (SC)	** "Noël... ou presque"			
WMTW	8	-	-	WMTW News 8 at 6PM (N)	ABC World News	Wheel of Fortune (N)	Jeopardy! (N)	20/20 "Cold to the Touch" (N) (DVS)	The Rookie: Feds "Flashback" (N) (DVS)	WMTW News 8 at 11 (N)	(:35) Jimmy Kimmel Live! (N)				
CKSH	9	108	-	(5:59) Le télé-journal Estrie	(:31) Zone économie (N)	Stat (N)	La facture (N) (SC)	Un lien familial Magalie et Guillaume réfléchissent.	Antoine Maillet: mes pensées flottantes (N)	Le téléjournal (N) (SC)	(:05) Le télé-journal Estrie	(:34) On va se le dire			
CKMI	11	-	-	Global National (N)	(:29) Global News at 6:30	Entertainment Tonight (N)	ET Canada (N)	The Neighbor- hood	Ghosts (N) (SC)	(:01) Reindeer in Here (N) (SC)	Global News at 11 (N)	(:35) The Late Show With Stephen Colbert (N)			
CFCF	12	205	312	(5:59) CTV News Montreal (N) (Live)	etalk (N) (SC)	The Big Bang Theory	The Resident Dr. Bell faces negative press. (N)	Michael Bublè's Christmas in the City (N) (SC)	The Rookie: Feds "Flashback" (N) (DVS)	CTV National News	CTV News Montreal (N)	The Daily Show			
WVNY	22	-	-	Local 22 News (N)	ABC World News	Local 22 News (N)	Inside Edition (N) (SC)	20/20 "Cold to the Touch" (N) (DVS)	The Rookie: Feds "Flashback" (N) (DVS)	Local 22 News (N)	(:35) Jimmy Kimmel Live! (N)				
WUTV	30	-	-	The Big Bang Theory	Judge Judy	Judge Judy	Family Feud	The Resident Dr. Bell faces negative press. (N)	(:02) Monarch Media mogul Skyler Samuels arrives. (N)	Fox 29 News at 10 (N)	Seinfeld "The Clip Show"	Two and a Half Men	World Cup Ton		
CFKS	31	106	726	Souper parfait	Occupation Double	Ça c'est drôle! (N)	Mets-y le paquet	Présumé innocent: l'affaire Michelle Perron (N)	La semaine des 4 Julie (N) (DVS) (SC)	(9:59) Noovo Les débats Le Fil 22 (N)	Occupation Double	Chicago Police Burgess reçoit un diagnostic troublant.			
WUHF	-	363	-	Modern Family	Young Sheldon	The Big Bang Theory	The Big Bang Theory	The Resident Dr. Bell faces negative press. (N)	(:02) Monarch Media mogul Skyler Samuels arrives. (N)	13WHAM News at 10 on Fox Rochester (N) (Live)	iCRIME With Elizabeth	The Simpsons	World Cup Ton		
WETK	-	-	-	PBS NewsHour (N) (SC)	BBC World News Outside	Ask This Old House	Henry Louis Gates, Jr. -- Uncovering America Life and work of Henry Louis Gates Jr.	Rick Steves Hunger and Hope: Lessons From Ethiopia and Guatemala (N) (SC)	Amanpour and Company (N) (SC)	BBC World News	Amanpour and Company (N) (SC)	BBC World News			
WCFE	-	-	-	World News America	BBC World News Outside	PBS NewsHour (N) (SC)	Your DNA Secrets Revealed The science behind DNA and DNA testing. (N) (SC)	The Longevity Paradox With Steven Gundry, MD Feeling better at any age. (N) (SC)	BBC World News	Amanpour and Company (N) (SC)					
A&E	615	520	-	Neighborhood Wars	Neighborhood Wars	Neighborhood Wars	Neighborhood Wars	(:01) Customer Wars	(:32) Customer Wars	Neighborhood Wars	Neighborhood Wars	Neighborhood Wars	Neighborhood Wars		
CNN	500	500	-	Situation Room With Wolf	Erin Burnett OutFront (N)	Anderson Cooper 360 (N)	Anderson Cooper 360 (N)	CNN Tonight (N) (Live)	CNN Tonight (N) (Live)	Cooper 360					
DISC	520	505	-	Highway Thru Hell The team looks back at recoveries.	Mayday "Afghan Nightmare" National Airlines Flight 102.	Gold Rush Parker hauls Big Red into the Bear Cut.	Gold Rush (N) (DVS)	Gold Rush: White Water (N) (DVS)	Homestead Rescue The Raney's build a dam. (SC)	Homestead Rescue (SC)					
DRAMA	620	523	-	Chicago Med "Folie à Deux" Noah misdiagnoses a patient.	Chicago Med Manning and Choi must deliver a baby. (N)	Chicago Med Halstead and Manning are at odds. (N)	Queen Sugar "For They Existed" (Season Finale) (N) (SC)	Chicago Med Dr. Choi treats an anorexic woman. (N)	Chicago Med A patient's family may be abusing her. (N)	Chicago Med (DVS)					
HIST	522	506	-	Pawn Stars Hell's Chariot car from Grease. (N) (SC)	Pawn Stars Chum strums a custom Fender. (N)	Secret Restoration Leah restores a 1900s steamer trunk.	The Toys That Built America (N) (SC)	The Bermuda Triangle: Into Cursed Waters (N) (SC)	The Toys That Built America (N) (SC)	Bermuda Triangle: Into (SC)					
PARMT	628	584	-	Ink Master: Angels "The Biggest Little City in the World"	Ink Master: Angels Megan Jean Morris guest judges.	Ink Master: Angels The Angels head to Houston. (SC)	Ink Master: Angels The Angels hit Oklahoma City. (SC)	Ink Master: Angels The Angels visit Albuquerque, N.M.	Ink Master: Angels "Can't Nail a Cactus" (SC)	Ink Master: Angels (SC)					
RDI	126	730	-	(5:55) Zone économie (N) (SC)	24/60 (N) (SC)	Les grands reportages "Panique en mer Baltique" (N)	Le téléjournal avec Céline Galipeau (N) (SC)	Le téléjournal (N) (SC)	Le national (N) (:31) Le national (N)	(12:01) 24/60 (SC)					
SHOW	616	521	-	NCIS A murder victim living under an alias. (DVS)	FBI Kristen wants to get back to field work. (N)	NCIS "Musical Chairs" A Navy musician is murdered.	NCIS: Hawai'i Jesse and his daughter go sailing. (N)	NCIS: Hawai'i "Monster" Kai goes under cover as a chef.	FBI Kristen wants to get back to field work. (N)	FBI "Payback" (N)					
SLICE	601	562	-	The King of Queens	The King of Queens	Below Deck The guests have a night of fun. (N) (SC)	Southern Hospitality "The Republic of Leva" (N) (SC)	Below Deck Adventure Captain Kerry lends a hand. (N)	The Real Housewives of Salt Lake City "RSVPPlease" (N)	The King of Queens	The King of Queens	Below Deck Adventure			
TLC	521	560	-	Little People, Big World Chris comes to a revelation.	Little People, Big World "We Feel Outnumbered!" (SC)	Little People, Big World With bonus scenes. (N) (SC)	Little People, Big World "Witous or Against Us" (N) (SC)	I Am Shauna Rae "Shauna in the City" (N) (SC)	(:02) The Culpo Sisters "Old Wounds" (N)	Little People, Big World (N)					
TSN	400	400	-	(5:30) SportsCentre (N) (Live)	College Football Top 25	Canada in Qatar	FIFA World Cup Highlight	FIFA World Cup Qatar 2022 (SC)	SportsCentre (N) (Live)	SC With Jay Onrait (N)					
YOUTH	551	542	-	Next Step	Kamp Koral	*** "Storks" (2016) Voices of Andy Samberg. (N)	SpongeBob	Danger Force	Next Step	Make It Pop	Degrassi	Degrassi	6teen		

Your week on TV

WEDNESDAY EVENING													NOVEMBER 30, 2022		
Bell	Star	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	
WCAX 3	-	Channel 3 News at Six (N)		CBS Evening News	Entertainment Tonight (N)	Survivor "Hiding in Plain Sight" (N) (DVS)		The Amazing Race "How Am I Going to Survive This?"		FBI: International One of Kellert's informants is arrested.		Channel 3 News	(:35) The Late Show With Stephen Colbert (N) (DVS)		
WPTZ 5	-	NBC5 News at 6 (N)	NBC Nightly News	Jeopardy! (N) (DVS)	Wheel of Fortune (N) (DVS)	90th Annual Christmas in Rockefeller Center The 90th annual tree-lighting ceremony. (N) (Live) (DVS)				When Christmas Comes Around		NBC5 News at 11 (N)	(:34) The Tonight Show Starring Jimmy Fallon (N) (DVS)		
CBMT 6	206	301	CBC Montreal News (N)	Rick Mercer Report (N)	Coronation Street (N) (DVS)	Family Feud Canada (N)	"Writing Around the Christmas Tree" (2021) Krystal Joy Brown, Curtis Hamilton. Premiere. (N) (DVS)			The National (N) (DVS)		CBC Montreal News (N)	Land and Sea (N) (DVS)	Coronation Street (N) (DVS)	
CHLT 7	107	718	(5:58) TVA nouvelles (N)	(:29) Le tricheur (N)	(6:59) In-défendable (N)	La tour (N) (SC)	Les moments parfaits "Nouvelles normales" (N) (SC)	Mère ordinaire 2 par Bianca Longpré (N) (SC)		TVA nouvelles (N)	(:35) La tour (N) (SC)	(:05) La joute (N) (SC)		(12:05) "À l'aventure"	
WMTW 8	-	-	WMTW News 8 at 6PM (N)	ABC World News	Wheel of Fortune (N) (DVS)	Jeopardy! (N) (DVS)	The Conners (N) (DVS)	The Goldbergs (N) (DVS)	Abbott Elementary (N) (DVS)	(:31) Home Economics	Big Sky Cassie picks apart Walter's story. (N) (DVS)	WMTW News 8 at 11 (N)	(:35) Jimmy Kimmel Live! (N) (DVS)		
CKSH 9	108	-	(5:59) Le téléjournal Estrie	(:31) Zone économie (N)	Stat (N)	L'épicerie (N) (SC)	Les enfants de la télé (N) (DVS) (SC)	André Sauvé: Ça André Sauvé explore ce qu'on est.		Le téléjournal (N) (SC)		(:05) Le téléjournal Estrie	(:34) On va se le dire		
CKMI 11	-	-	Global National (N) (DVS)	(:29) Global News at 6:30	ET Canada (N) (DVS)	Entertainment Tonight (N)	Survivor "Hiding in Plain Sight" (N) (DVS)	Abbott Elementary (N) (DVS)	(:31) Home Economics	FBI: International One of Kellert's informants is arrested.		Global News at 11 (N)	(:35) The Late Show With Stephen Colbert (N) (DVS)		
CFCF 12	205	312	(5:59) CTV News Montreal (N) (Live) (DVS)		etalk (N) (DVS)	The Conners (N) (DVS)	The Masked Singer "Two Hour Epic Finale Pt. 2" The winner is crowned. (N) (DVS)	Epic Finale Pt. 1; Two Hour Epic Finale Pt. 2" The winner is crowned. (N) (DVS)		The Amazing Race "How Am I Going to Survive This?"		CTV National News	CTV News Montreal (N)	The Daily Show	
WVNY 22	-	-	Local 22 News (N)	ABC World News	Local 22 News (N)	Inside Edition (N) (DVS)	The Conners (N) (DVS)	The Goldbergs (N) (DVS)	Abbott Elementary (N) (DVS)	(:31) Home Economics	Big Sky Cassie picks apart Walter's story. (N) (DVS)	Local 22 News (N)	(:35) Jimmy Kimmel Live! (N) (DVS)		
WUTV 30	-	-	The Big Bang Theory (N) (DVS)	Judge Judy (N) (DVS)	Judge Judy (N) (DVS)	Family Feud (N) (DVS)	The Masked Singer "Two Hour Epic Finale Pt. 2" The winner is crowned. (N) (DVS)			Fox 29 News at 10 (N)		Seinfeld "The Clip Show"	Two and a Half Men (N) (DVS)	World Cup Ton	
CFKS 31	106	726	Souper parfait	Occupation Double	Ça c'est drôle! (N)	Entre deux draps (N)	Chicago Police "La maison hantée" Un appel d'urgence.	La semaine des 4 Julie (N) (DVS) (SC)		(9:59) Noovo Le Fil 22 (N)	Les débats	Occupation Double	Chicago Police Burgess reçoit un diagnostic choquant.		
WUHF	-	363	Modern Family (N)	Young Sheldon (N)	The Big Bang Theory (N) (DVS)	The Big Bang Theory (N) (DVS)	The Masked Singer "Two Hour Epic Finale Pt. 1; Two Hour Epic Finale Pt. 2" The winner is crowned. (N) (DVS)			13WHAM News at 10 on Fox Rochester (N) (Live) (DVS)		iCRIME With Elizabeth	The Simpsons (N) (DVS)	World Cup Ton	
WETK	-	-	PBS NewsHour (N) (DVS)		BBC World News Outside	Curious Traveler (N) (DVS)	Golden Eagles: Witnesses to a Changing West (N) (DVS)	NOVA How China's terracotta army was made. (N)		Secrets of the Dead Search for mystery ship captain. (N)		Amanpour and Company (N) (DVS)	BBC World News (N) (DVS)		
WCFE	-	-	World News America	BBC World News Outside	PBS NewsHour (N) (DVS)		The Brain Revolution Maximizing and protecting the brain. (N) (DVS)			Eat Your Medicine: The Pagan Diet With Mark		BBC World News (N) (DVS)	Amanpour and Company (N) (DVS)		
A&E	615	520	Court Cam (N) (DVS)	Court Cam (N) (DVS)	Court Cam (N) (DVS)	Court Cam (N) (DVS)	Court Cam (N) (DVS)	Court Cam (N) (DVS)	Court Cam (N) (DVS)	(:01) Road Wars (N) (DVS)	(:32) Road Wars (N) (DVS)	(:04) Court Cam (N) (DVS)	(:34) Court Cam (N) (DVS)	(12:03) Court Cam (N) (DVS)	
CNN	500	500	Situation Room With Wolf	Erin Burnett OutFront (N)	Anderson Cooper 360 (N)	Anderson Cooper 360 (N)	Anderson Cooper 360 (N)	Anderson Cooper 360 (N)	CNN Tonight (N) (Live) (DVS)	CNN Tonight (N) (Live) (DVS)	CNN Tonight (N) (Live) (DVS)	CNN Tonight (N) (Live) (DVS)	CNN Tonight (N) (Live) (DVS)	Cooper 360	
DISC	520	505	Highway Thru Hell "Battle in the Gravel" (DVS)	Mayday "Desperate Escape" Flight plunges onto highway.	The Mightiest New technology for hurricane analysis.	Moonshiners (N) (DVS)	Moonshiners (N) (DVS)	Moonshiners: Master Distiller (N) (DVS)		Moonshiners: Master Distiller (N) (DVS)		Homestead Rescue Homesteaders build a barn. (DVS)	Homestead Rescue		
DRAMA	620	523	Elementary Morland offers to pose as a consultant. (N)	Elementary An archeologist is murdered. (N) (DVS)	Elementary A retired FBI agent is murdered. (N) (DVS)	Leverage: Redemption (N) (DVS)	Leverage: Redemption (N) (DVS)	Elementary Sherlock questions his father's motives. (N)		Elementary Sherlock questions his father's motives. (N)		Elementary Two men who look alike are murdered. (N)	Elementary (DVS)		
HIST	522	506	Forged in Fire Smiths forge the pugio daggers. (N)	Forged in Fire Re-creating an 18th-century sword. (N)	The Toys That Built America (N) (DVS)	Forged in Fire The smiths build a seven-foot sword. (N)	Forged in Fire The smiths build a seven-foot sword. (N)	Kings of Pain Painful animals found in the backyard. (N) (DVS)		Kings of Pain Painful animals found in the backyard. (N) (DVS)		Forged in Fire The smiths build a seven-foot sword. (N)	Kings of Pain (N) (DVS)		
PARMT	628	584	Deadliest Warrior "Spartan vs. Ninja" Greece and Japan.	Deadliest Warrior Butcher faces a Chinese warrior.	Deadliest Warrior The crime family versus the gang lords.	Deadliest Warrior SWAT against Germany's GSG-9.	Deadliest Warrior "Ivan the Terrible vs. Hernan Cortes"	Deadliest Warrior The battle of the Revolutionary Age.		Deadliest Warrior "Ivan the Terrible vs. Hernan Cortes"		Deadliest Warrior The battle of the Revolutionary Age.	Deadliest Warrior (N) (DVS)		
RDI	126	730	(5:55) Zone économie (N) (SC)	24/60 (N) (SC)	Les grands reportages (N) (Part 2 of 6) (SC)	Le téléjournal avec Céline Galipeau (N) (SC)	Le téléjournal (N) (SC)	Le téléjournal (N) (SC)		Le téléjournal (N) (SC)		Le national (N) (SC)	(:31) Le national (N) (SC)	(12:01) 24/60 (SC)	
SHOW	616	521	NCIS "Patience" A murder sparks a lead in a cold case.	FBI A lawyer and an escort are found dead. (N)	FBI: International (N) (DVS)	NCIS "IRL" A murder is livestreamed on an app. (N)	NCIS "The North Pole" The team helps Ziva with a task.	FBI A lawyer and an escort are found dead. (N)		NCIS "The North Pole" The team helps Ziva with a task.		FBI A lawyer and an escort are found dead. (N)	FBI "Legacy" (DVS)		
SLICE	601	562	The King of Queens (N)	The King of Queens (N)	Below Deck Adventure Captain Kerry lends a hand. (N)	The Real Housewives of Salt Lake City "RSVPlease" (N)	The Real Housewives of Salt Lake City (N) (DVS)	Love Without Borders Pursuing love across the globe. (N)		Love Without Borders Pursuing love across the globe. (N)		Love Without Borders An optometrist leaves to find love. (N)	Real Housewives of SL		
TLC	521	560	My 600-Lb. Life: Where Are They Now? (N)	My 600-Lb. Life: Where Are They Now? (N)	My 600-Lb. Life: Where Are They Now? "Erica: The Full Journey" Erica struggles to recover. (N) (DVS)	Dr. Pimple Popper "Super-sized: Season's Squeezings"	Dr. Pimple Popper Ronen has a large, mysterious lump. (N)	My 600-Lb. Life: Where		Dr. Pimple Popper "Super-sized: Season's Squeezings"		Dr. Pimple Popper Ronen has a large, mysterious lump. (N)	My 600-Lb. Life: Where		
TSN	400	400	(5:30) SportsCentre (N) (Live) (DVS)	That's Hockey (N)	Raptors Game Day (N)	NBA Basketball Toronto Raptors at New Orleans Pelicans. From Smoothie King Center in New Orleans. (N) (Live) (DVS)	NBA Basketball Portland Trail Blazers at Los Angeles Lakers. From Crypto.com Arena in Los Angeles. (N) (DVS)			NBA Basketball Portland Trail Blazers at Los Angeles Lakers. From Crypto.com Arena in Los Angeles. (N) (DVS)					
YOUTH	551	542	Next Step	Patrick Star	*** "Over the Hedge" (2006)	Voices of Bruce Willis. (N)	SpongeBob	Danger Force	Next Step	Stanley Dyn.	Degrassi	Degrassi	6teen (N)		

THURSDAY EVENING													DECEMBER 1, 2022		
Bell	Star	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	
WCAX 3	-	Channel 3 News at Six (N)		CBS Evening News	Entertainment Tonight (N)	Young Sheldon (N) (DVS)	(:31) Ghosts "Possession"	(:01) So Help Me Todd "Let the Wright One In" (N) (DVS)		CSI: Vegas Catherine enlists the help of Folsom. (N) (DVS)		Channel 3 News	(:35) The Late Show With Stephen Colbert (N) (DVS)		
WPTZ 5	-	NBC5 News at 6 (N)	NBC Nightly News	Jeopardy! (N) (DVS)	Wheel of Fortune (N) (DVS)	"Dolly Parton's Mountain Magic Christmas" (2022, Musical) Dolly Parton, Tom Everett Scott. Premiere. (N) (DVS)				The Wall Holiday-themed trivia questions. (N) (DVS)		NBC5 News at 11 (N)	(:34) The Tonight Show Starring Jimmy Fallon (N) (DVS)		
CBMT 6	206	301	CBC Montreal News (N)	Rick Mercer Report (N)	Coronation Street (N) (DVS)	Family Feud Canada (N)	Coronation Street (N) (DVS)	The Fifth Estate The sudden spike in sports gambling ads.		The National (N) (DVS)		CBC Montreal News (N)	Canadian Reflections (N) (DVS)	Coronation Street (N) (DVS)	
CHLT 7	107	718	(5:58) TVA nouvelles (N)	(:29) Le tricheur (N)	(6:59) In-défendable (N)	La tour (N) (SC)	Hôtel Sarah tente de sauver son couple. (N) (SC)	D.I.S.C.O. L'histoire de la vie nocturne du disco. (N) (SC)		TVA nouvelles (N)	(:35) La tour (N) (SC)	(:05) La joute (N) (SC)		"Journal d'Aurélié"	
WMTW 8	-	-	WMTW News 8 at 6PM (N)	ABC World News	Wheel of Fortune (N) (DVS)	Jeopardy! (N) (DVS)	*** "Frozen II" (2019) Voices of Kristen Bell. Animated. Queen Elsa embarks on a journey to the enchanted forests.			(:01) America's Funniest Home Videos (DVS)		WMTW News 8 at 11 (N)	(:35) Jimmy Kimmel Live! (N) (DVS)		
CKSH 9	108	-	(5:59) Le téléjournal Estrie	(:31) Zone économie (N)	Stat (N)	Infoman (N) (DVS) (SC)	100 génies Les questions défilent à toute vitesse. (N)	Enquête (N) (SC)		Le téléjournal (N) (SC)		(:05) Le téléjournal Estrie	(:34) On va se le dire		
CKMI 11	-	-	Global National (N) (DVS)	(:29) Global News at 6:30	ET Canada (N) (DVS)	Entertainment Tonight (N)	The Neighborhood (N) (DVS)	(:31) Ghosts "Possession"	(:01) So Help Me Todd "Let the Wright One In" (N) (DVS)	CSI: Vegas Catherine enlists the help of Folsom. (N)		Global News at 11 (N)	(:35) The Late Show With Stephen Colbert (N) (DVS)		
CFCF 12	205	312	(5:59) CTV News Montreal (N) (Live) (DVS)		etalk (N) (DVS)	The Big Bang Theory (N) (DVS)	Young Sheldon (N) (DVS)	Call Me Kat (N) (DVS)	*** "Elf" (2003) Will Ferrell, James Caan. A man leaves Santa's workshop to search for his family. (N) (DVS)	(:01) America's Funniest Home Videos (DVS)		CTV National News	CTV News Montreal (N)	The Daily Show	
WVNY 22	-	-	Local 22 News (N)	ABC World News	Local 22 News (N)	Inside Edition (N) (DVS)	*** "Frozen II" (2019) Voices of Kristen Bell. Animated. Queen Elsa embarks on a journey to the enchanted forests.			(:01) America's Funniest Home Videos (DVS)		Local 22 News (N)	(:35) Jimmy Kimmel Live! (N) (DVS)		
WUTV 30	-	-	The Big Bang Theory (N) (DVS)	Judge Judy (N) (DVS)	Judge Judy (N) (DVS)	Family Feud (N) (DVS)	Hell's Kitchen Chefs Jon Shook and Vinny Dotolo. (N)	Welcome to Flatch (N) (DVS)	Call Me Kat (N) (DVS)	Fox 29 News at 10 (N)		Seinfeld "The Finale" (N) (DVS)	Two and a Half Men (N) (DVS)	World Cup Ton	
CFKS 31	106	726	Souper parfait	Occupation Double	Ça c'est drôle! (N)	Pour toujours, plus un jour	Le maître du jeu Les trois derniers défis. (N)	La semaine des 4 Julie (N) (DVS) (SC)		(9:59) Noovo Le Fil 22 (N)	Les débats	Occupation Double	Chicago Police La relation de Halstead le met en péril.		
WUHF	-	363	Modern Family (N)	Young Sheldon (N)	The Big Bang Theory (N) (DVS)	The Big Bang Theory (N) (DVS)	Hell's Kitchen Chefs Jon Shook and Vinny Dotolo. (N)	Welcome to Flatch (N) (DVS)	Call Me Kat (N) (DVS)	13WHAM News at 10 on Fox Rochester (N) (Live) (DVS)		iCRIME With Elizabeth	The Simpsons (N) (DVS)	World Cup Ton	
WETK	-	-	PBS NewsHour (N) (DVS)		BBC World News Outside	Rick Steves' Europe (N) (DVS)	Made Here "Young Punks: A Punk Parable" (N)	(:15) Spirit of a Classic: Mad River Glen		Native America Resistance, survival and revival. (N) (DVS)		Amanpour and Company (N) (DVS)	BBC World News (N) (DVS)		
WCFE	-	-	World News America	BBC World News Outside	PBS NewsHour (N) (DVS)		John Sebastian's Folk Rewind (My Music Presents) Artists of the 1950s and '60s. (N) (DVS)			Aging Breakthrough With Dr. Kellyann How to feel better with age. (N) (DVS)			Amanpour and Company		
A&E	615	520	The First 48 "Money Move" A plan goes horribly wrong.	The First 48 "Deadly Bluff" A dispute turns deadly. (N)	The First 48 In Tulsa, two families look for justice. (N)	The First 48 A teenager is dumped in the street. (N) (DVS)	(:01) Interrogation Raw "Neighbor from Hell" (N) (DVS)	(:04) The First 48 Police investigate two fatal shootings. (N)		(:01) Interrogation Raw "Neighbor from Hell" (N) (DVS)		(:04) The First 48 Police investigate two fatal shootings. (N)	(12:03) The First 48 (DVS)		
CNN	500	500	Situation Room With Wolf	Erin Burnett OutFront (N)	Anderson Cooper 360 (N)	Anderson Cooper 360 (N)	Anderson Cooper 360 (N)	CNN Tonight (N) (Live) (DVS)	CNN Tonight (N) (Live) (DVS)	CNN Tonight (N) (Live) (DVS)	CNN Tonight (N) (Live) (DVS)	CNN Tonight (N) (Live) (DVS)	CNN Tonight (N) (Live) (DVS)	Cooper 360	
DISC	520	505	Highway Thru Hell Jamie's crew must get the road open.	Mayday All four engines fail on flight. (DVS)	Walker (N) (DVS)	Walker (N) (DVS)	Walker (N) (DVS)	Ice Cold Catch (N) (DVS)		Ice Cold Catch (N) (DVS)		Homestead Rescue A wildfire threatens a homestead. (DVS)	Homestead Rescue		
DRAMA	620	523	Chicago P.D. Ruzek's family and work lives collide. (N)	Chicago P.D. Upton uses her past to get a confession. (N)	Walker (N) (DVS)	Walker (N) (DVS)	Walker (N) (DVS)	Chicago P.D. Halstead struggles to remain impartial. (N)		Chicago P.D. Halstead struggles to remain impartial. (N)		Chicago P.D. "Bad Boys" (N) (DVS)	Chicago P.D. "Ride Along"		
HIST	522	506	The Toys That Built America (N) (DVS)	The Toys That Built America Erno Rubik's 3-D puzzle. (N)	Forged in Fire The smiths build a seven-foot sword. (N)	The Fast History Of (N) (DVS)	The Fast History Of (N) (DVS)	Mountain Men Delivering a scow boat. (N) (DVS)		Mountain Men Delivering a scow boat. (N) (DVS)		The Toys That Built America Erno Rubik's 3-D puzzle. (N)	Mountain Men (N) (DVS)		
PARMT	628	584	Auction Hunters (N) (DVS)	Auction Hunters (N) (DVS)	Auction Hunters (N) (DVS)	Auction Hunters (N) (DVS)	Auction Hunters (N) (DVS)	Auction Hunters (N) (DVS)	Auction Hunters (N) (DVS)	Auction Hunters (N) (DVS)	Auction Hunters (N) (DVS)	Auction Hunters (N) (DVS)	Auction Hunters (N) (DVS)	Auction Hunters (N) (DVS)	
RDI	126	730	(5:55) Zone économie (N) (SC)	24/60 (N) (SC)	Les grands reportages Cinq personnes immigrantes. (N)	Le téléjournal avec Céline Galipeau (N) (SC)	Le téléjournal (N) (SC)	Le téléjournal (N) (SC)		Le téléjournal (N) (SC)		Le national (N) (SC)	(:31) Le national (N) (SC)	(12:01) 24/60 (SC)	
SHOW	616	521	NCIS "Troll" A Navy ensign is murdered. (DVS)	FBI A man attempts to get his daughter back. (N)	9-1-1 (N) (DVS)	The Lazarus Project (N) (DVS)	NCIS Gibbs faces the reality of his actions. (N) (DVS)	FBI A man attempts to get his daughter back. (N)		NCIS Gibbs faces the reality of his actions. (N) (DVS)		FBI A man attempts to get his daughter back. (N)	FBI "Broken Promises" (N) (DVS)		
SLICE	601	562	The King of Queens (N)	The King of Queens (N)	The Real Housewives of Salt Lake City (N) (DVS)	Love Without Borders An optometrist leaves to find love. (N)	Winter House Jess confesses her love for Kory. (N)	Below Deck The guests have a night of fun. (N) (DVS)		Below Deck The guests have a night of fun. (N) (DVS)		The King of Queens (N) (DVS)	The King of Queens (N) (DVS)	Winter House (N) (DVS)	
TLC	521	560	The Culpo Sisters "Consequences" (N)	The Culpo Sisters Sophia's boyfriend pressures her. (N)	1000-Lb. Sisters Tammy's family confronts her. (N)	1000-Lb. Sisters "Tippin' the Scales" (N) (DVS)	1000-Lb. Sisters Tammy and Amy blame each other. (N)			1000-Lb. Sisters Tammy and Amy blame each other. (N)		1000-Lb. Sisters Chris and Tammy see a new doctor. (N)	1000-Lb. Sisters (N) (DVS)		
TSN	400	400	(5:30) SportsCentre (N) (Live) (DVS)	TNF Tonight (N) (Live) (DVS)	(:15) NFL Football Buffalo Bills at New England Patriots. (N) (Live) (DVS)								SC With Jay Onrait (N) (Live) (DVS)		
YOUTH	551	542	Next Step	Casagrandes	*** "Happy Feet" (2006) Voices of Elijah Wood. (N)	SpongeBob	Danger Force	Next Step	Driving Me	Degrassi	Degrassi	Degrassi	6teen (N)		



ALEXANDER GALT CHRISTMAS BASKET CAMPAIGN 2022

The AGRHS Christmas basket campaign has been a long-standing tradition in the community. Over the years we have been fortunate enough to have received generous donations from our community. Again, this year, I ask for your support during these even more challenging times in bringing a little Christmas spirit to our less fortunate families.

The baskets will benefit families from Alexander Galt Regional High School sector (elementary and high school).

We hope we can continue to rely on your support, as it remains very important for the success of our Christmas basket campaign.

Please, make cheques payable to
(tax receipts for donations of \$10 and over will be issued):

**AGRHS Christmas Basket Campaign and mail to:
AGRHS**

P.O. Box 5002, 1700 rue College, Sherbrooke, QC, J1M 1Z9

*Thank you for your generosity!**

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OPTION 2: DONATE
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**CONTACT US AT 819 564-6626
OR INFO@LDWC.CA**

**TO DONATE: SEND CHEQUES TO
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SHERBROOKE, QC
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