



Townships Bilingual status stands

Page 5

THE RECORD

THE VOICE OF THE EASTERN TOWNSHIPS SINCE 1897

Renters' Association protest

Page 4

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THURSDAY, MAY 26, 2022

Hospital numbers continue slow decline

Record Staff

There were 1,344 people in hospitals across Quebec with COVID-19 as of Wednesday's update from Sante Quebec, a decrease of seven compared to the previous day. The Number of people in intensive care, meanwhile, decreased by two overall, to reach 45. Just under 40 per cent of the overall number of patients were so-called "primary cases," or people hospitalized because of the virus, while 64 per cent of those in intensive care fell into the same category.

The province recorded another 21 new Covid-related deaths, bringing the province-wide total since the start of the pandemic to 15,378.

There were also 4,124 health care workers absent for COVID-related reasons

There were 113 people in hospitals across the Eastern Townships with COVID-19 on Wednesday, with three in intensive care.

There was one new Covid-related death recorded on Wednesday, bringing the regional total since the start of the pandemic to 621.

Cowansville students wear radar backpacks in school zone awareness campaign



COURTESY

By Michael Boriero
Local Journalism Initiative

The Brome-Missisquoi division of the Sûreté du Québec (SQ) held a special awareness campaign with a unique twist this week to remind motorists about the importance of

respecting the speed limit and road safety laws in school zones.

On Tuesday morning, several students at the École primaire Saint-Léon in Cowansville were given radar backpacks to monitor whether motorists were respecting the 30 km/hr speed limit on Boulevard Davignon.

Police officers were also on hand to dish out warnings to drivers.

According to Cowansville Mayor Sylvie Beaugard, it was a successful event. But although the boulevard is already full of stop signs, it failed to stop some drivers from breaking the

CONT'D ON PAGE 4



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Weather



TODAY:
CLOUDY WITH
SUNNY BREAKS

HIGH 22
LOW 16



FRIDAY:
LIGHT RAIN

HIGH 22
LOW 17



SATURDAY:
CLOUDY WITH
SHOWERS

HIGH 20
LOW 10



SUNDAY:
MAINLY SUNNY

HIGH 22
LOW 13



MONDAY:
A MIX OF SUN
AND CLOUDS

HIGH 26
LOW 16

A royal of a story



LINDA KNIGHT SECCASPINA

The late Prince Phillip was once said that, "when a man opens a car door for his wife, it's either because it's a new car, or a new wife". My very proper British grandmother Mary Louise Deller Knight was never a fan of his, but one thing she definitely was- was a top fan of the British family. So was my grandfather, who listened religiously at noon each day to the BBC News. If anything came on about the Royal family Mary was quickly summoned from her lunch preparations to sit with him listening to details. After that great discussion was had over lunch about what was going on with the Royal family.

For years I wondered why we had such close-knit conversations about the Royal Family and one day, when she felt I was old enough my grandmother told me. The story stemmed back to my grandfather's side living back in London, England. His father was a music publisher and ran British music

halls and his grandfather Henry was a barrister. Henry had a sister who was what Grampy called "worse than Princess Margaret".

Louisa was actually a lady in waiting for Queen Victoria and it seemed she was doing more than waiting on hand and foot. In my grandmother's terse diction Louisa was said to have "loose skirts". For years I imagined Louisa wearing baggy skirts until one day while drinking a cuppa tea I figured it all out, and then proceeded to choke with laughter.

Sad to say Louisa was banished from court, but I wish to tell you just in case you are concerned at all- that she ended up marrying quite well. Louisa married a Duke of Essex and her descendants down the line owned the trucking company that hauled the milk for the Nestle Pudding Company. It goes to show you that the proof is always in the pudding as there definitely are no instant pudding stories in my ancestry.

After Harry and Meghan's vs The Royal Family presentation on Oprah I wondered to myself what my grandparents would have thought about it. I know that my grandmother would not have put up with it. If you were raised in a British family: it's a stiff upper lip, even if they chop your head off. My grandfather would have taken a quick trip to the basement, had a drop of sherry and been totally mortified. He would have looked at my grandmother and said, "Well Mary, they mucked that one up!"

I honestly don't think they would have understood today's modern

royalty. They also would not have been amused to see their own granddaughter (me) frequently wearing tiaras to the grocery store or for council meetings. But, you know my dentist told me I needed a crown one day and I was like, "I know right?"

A phone call would have been immediate to their granddaughter who was also writing about the history of, 'taking sexy back' with Brothel Bertie (King Edward the VII). My grandparents had a hard enough time with me liking the Beatles, let alone write about King Edward the VII who was secretly called "The Prince of Pleasure". His royal highness routinely gave his mother Queen Victoria, a royal headache with his frequent trips to the Parisian brothels. They say he literally killed his father when dear old Dad found out what a "luster buster" Edward was.

Honestly, there's nothing really more to say except I am grateful that my grandparents were not alive to watch The Crown. They would not have been amused, and my grandfather would be rolling out the Encyclopedias every ten minutes fact checking.

Anyways, the sign of a true Queen is that she holds respect for others, as well as her crown. I agree with Queen Elizabeth, some days you just have to throw on a crown and remind everyone who you are dealing with.

We send to Your Majesty our heartfelt wishes and pray that this year will bring happiness, good health and many blessings as the entire Commonwealth pays tribute to you for your constant service and duty to us all.

"Watch me, Grandma!"

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Ben by Daniel Shelton

Panel 1: A man sits in a chair watching a cooking show. A woman stands behind him. She says, "NOW YOU'RE WATCHING A COOKING SHOW?" He replies, "SURE!"

Panel 2: The man says, "I MEAN, I KNOW I DON'T COOK A LOT, BUT SOME OF THESE SHOWS LOOK INTERESTING ..."

Panel 3: The man says, "IT'S GOOD TO LEARN A FEW NEW IDEAS AND TIPS!"

Panel 4: The man says, "BESIDES, THIS CHEF IS REALLY PRETTY ...". A thought bubble above him says, "THE WAY TO A MAN'S HEART".

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DANIEL SHELTON

Townships communities stand by their bilingual status

By Gordon Lambie

Among the many details included in Bill 96, the reform of Quebec's language laws that was passed in the National Assembly on Tuesday, is a change to rules regarding municipalities' bilingual status.

Under the Charter of the French Language a municipality with bilingual status is entitled to communicate with the public in both French and English. Although eligibility for the status is theoretically dependent on having more than half the population have English as their mother tongue, prior to the passage of Bill 96, a municipality had to make a formal request in order to have that status removed.

Under the new bill, however, any municipality whose population has slipped below that 50 per cent mark will be sent a written notice from the Office québécois de la langue française (OQLF) informing it as much. If the municipality does not adopt a resolution in favour of maintaining the status within 120 days of receiving the notice then it is automatically withdrawn.

Claude Charron, President of the Borough of Lennoxville in Sherbrooke, said that this change makes the right to communication in English much more fragile for many communities

across the province by tying it to the changeable political will of municipal councils.

"We're still stuck with the fact that we'll have to reclaim our bilingual status every time there is a census," Charron said, "and you don't know who is going to be in power."

The borough president submitted documents during the consultation phase on the bill last year calling for this change to be removed from the legislation, but he said that the request ultimately came to nothing.

Charron pointed out that in the case of Lennoxville, the borough has the status but not the city of Sherbrooke as a whole. Despite that fact, however, it will be up to the city council to make the decision every five years about whether the designation will remain. Under the current council he said that he has no concerns, but there's no guarantee that will continue to be the case as the years go on.

"This is all based on the statistics," he said, sharing that the percentage of English speakers in the community, currently around 43 per cent, has been on the decline as French-speaking families, like his own, move to Lennoxville to benefit from the bilingual environment.

There are 19 municipalities across

the Eastern Townships that currently hold bilingual status: Ayer's Cliff, Brome Village, East Bolton, West Bolton, Bury, Hatley, Hatley Township, The Town of Brome Lake, Lennoxville, Newport, North Hatley, Ogden, Pottton, Saint-Georges-de-Clarenceville, Stanbridge East, Stanstead, Stanstead Township, Sutton and Ulverton. In reaching out to the mayors of these communities on Wednesday, none of those who returned The Record's calls indicated any interest in changing the status in their community.

"The municipality is bilingual, and we want to preserve that," said Vinciane Peeters the Mayor of East Bolton. "The culture here needs both languages."

Peeters said that East Bolton's population is around 35 per cent English-speaking right now. While she acknowledged that is lower than it has been in the past, she said an effort is still made to communicate and organize activities that reach both cultural communities.

The mayor also said that it is irritating, from a bureaucratic point of view, to make communities spend time and energy on drafting new resolutions every five years just to maintain the status quo.

Hélène Daneau, the Mayor of Hatley, said that her town council already

passed a resolution of the type Bill 96 requires for municipalities that fall short of the 50 per cent mark, but she is now checking to see if it needs to be done again following the passage of the bill.

"Right now everything we produce, or almost everything, is in both English and French," she said, sharing that although only 23 per cent of the village's population is mother-tongue English, they are considered to be an important part of the local community.

"We are very close," she said, referring to maintaining he status as a sign of respect for the current citizens as well as Hatley's history.

The Mayors of West Bolton and the Town of Brome Lake also said that they have no intention of letting their status change, even though he percentage of English speakers in both communities is now in the mid-forties.

The mayor of Brome Village was not available for comment on Wednesday, but town manager Francis Bergeron pointed out that the community is distinctive among the others on the list for still being above that eligibility threshold. Although Bergeron said that the status would not be in peril either way, he shared that the population of the village is currently about 68 per cent English.

Lennoxville Borough council holds monthly meeting

By Cassie MacDonell
Local Journalism Initiative

Lennoxville Borough Council held its monthly Council Meeting on Tuesday evening at the Lennoxville Borough Office. These meetings are open to the public, allowing residents to voice questions and listen to updates provided by the councillors.

The meeting began with an open question period, in which citizen Danielle Cadieux expressed concern about the sale of the former monastery at the end of rue de Cardinal-Lavigerie Street. She expressed concern about the way that the property might be developed under new ownership.

Borough President Claude Charron said that the city has no information about any development plans at this time aside from the request that was previously made to change the function of the building to a rehabilitation centre.

Following the question periods, Borough President Claude Charron revealed that the Tim Horton's currently located at the Esso Couche-Tard, will move down the road to 260 Queen Street. Although construction

for the building has been approved, a modification request was made for the new signage to be more discreet.

The conversation then turned to local events and initiatives. The Lennoxville Farmer's Market was granted \$850 of non-recurring financial assistance, which amounted to less than the original sum requested. These funds will be used to construct the market's stands for the ready-to-eat products, which will be available every Saturday from June 4 to Oct. 15.

Councillor Guillaume Lirette-Gélinas then brought up vehicle issues in Lennoxville.

"Speed is often an issue in the borough," he said explaining that to address this issue, the communications department is developing an awareness campaign in collaboration with the city's urban infrastructure service, that will become available to citizens in July. The communication will concern the intersection of Warren and Deacon Streets as well as Abbott, Moulton Hill, and the intersection between Beattie and Parker. This project will be sent to the City Council for approval before the official start.

The Councillors also highlighted the recent publication of The Lantern, Lennoxville's seasonal paper that outlines local recreation activities. The latest issue was distributed last week. Jennifer Garfat, Borough Councillor for the Uplands District, said she noticed a diminishing readership.

"There is an increasing number of copies of The Lantern being thrown into the trash that people never looked at," she said. The council is open to receive suggestions on how to better share community news, and encouraged citizens to contact the Borough office if they did not receive the paper.

Speaking of community events, Lennoxville's annual Friendship Day, which experienced a three-year hiatus, will return on June 11. Although there will not be a parade this year, information booths will be present, and the Lennoxville Library will host a book sale.

Congratulations were offered to Lennoxville Elementary, which obtained status as a Santé globale school at the beginning of the month. The addition of the Santé globale

program will give the school access to more resources and encourage students to adopt healthy lifestyles.

Two updates came from the Bishop's University campus, which will be host to two separate art events. Renowned composer Andrew MacDonald will host an album launch and benefit concert at Banded Hall on June 9 at 8:00 p.m. All donations will go towards humanitarian relief in Ukraine. Additionally, researchers at the Bishop's University CandyLab have teamed up with the Drama department to bring viewers Talking Matters, a free heartfelt play about the struggles of caring for those living with dementia. The first show premiered on Tuesday, and will return to Turner Studio Theatre on May 27 at 7:30 p.m.

Charron ended the meeting on a somber, but important note by honouring the contributions of the late George Beaulieu. Beaulieu served as Chief of Lennoxville Fire Department and on the Lennoxville Volunteer Firefighter Association's Board of Directors. Charron described Beaulieu as a passionate volunteer in the community who will be deeply missed.

Renters' Association protests fee on emergency housing

Aiden Wilson
Special to The Record

The Sherbrooke Renters' Association (Association des locataires de Sherbrooke) held a press conference Tuesday to call upon National Assembly members Christine Labrie and Geneviève Hébert to intervene with the Sherbrooke municipal council on the issue of non-respect for free and universal social programs.

Spokesperson Mario Mercier and other members voiced their disapproval of the "symbolic contribution" the city wishes to impose on applicants of the emergency social housing program starting on July 1.

The previously free program that found temporary housing for families without homes will now request a contribution, equivalent to rent

they had been paying, which could go as high as \$1,000 for some tenant households.

The Renters' Association noted that the lack of housing across Sherbrooke in the past three years has made this issue exponentially worse and some families could even be put in hotel rooms or similar due to the shortage.

It's also a middle-class issue, the association reported, as the crisis has raised the price of all housing, not just lower-income accommodations, meaning more and more families are becoming unable to afford their living spaces.

The association said it seems counterintuitive that people unable to afford housing due to the higher rent would be asked to pay a large sum for the program meant to counteract the problem.

According to Mercier, the people

most affected by this change, those without homes, don't even have a voice in the protest as they are considered "non-important citizens."

He also fears that the removal of an important free service is a slippery slope leading to the removal of other social programs like healthcare and schooling, resulting in a world where everything is paid for and support is non-existent for those in need.

No city has adopted this kind of charge in the past 20 years, Mercier explained, and the Sherbrooke Renters' Association wants to nip the situation in the bud now before it becomes what they see as an uncontrollable situation.

They protested for action to be taken before the new rules come into effect on July 1 to save those at risk of being charged for the emergency service.



Mario Mercier, spokesperson for the Sherbrooke Renters' Association (Association des locataires de Sherbrooke) at a protest on Thursday

School zone awareness campaign

CONT'D FROM PAGE 1

speed limit and ignoring the right-of-way rule for people using the cross

walk in front of the school.

The mayor told The Record that

students wrote dozens of 'thank you' notes. They gave them out to drivers who showed respect for road safety rules in the school zone. It's a striking image to see a child wearing a radar, she noted, and it should go a long way to raising awareness.

"I think, yes, there is awareness, yes, we talk about it, but to see a child wearing a radar on their back, showing that you're not respecting the speed limit, I think it's a strong image and it was really important for raising awareness," said Beauregard in a phone interview Tuesday.

It was also eye-opening for the SQ. The reason why they're running the campaign in the first place is because Cowansville residents expressed concerns over the safety of pedestrians using the boulevard. They never realized the amount of traffic in front of the school, she said.

The town is also finding other ways to remind motorists to slow down, Beauregard shared, but this campaign is a great way to get the ball rolling on adopting better driving practices in residential and school zones. The campaign will head to Brome Lake, Eastman and Waterloo.

SQ Spokesperson Sergeant Audrey-Anne Bilodeau told The Record that 18 drivers were given 'thank you' notes, while two others were pulled over and handed a warning for breaking the speed limit. People have a problem respecting stop signs and radars in the area, she said.

Despite the SQ's clearly visible presence at the event, Bilodeau noted drivers still struggled to maintain the appropriate speed limit. The two motorists that had been sent off with a warning were clocked at over 45 km/hr, she explained, which is concerning in a school zone.

Beauregard called on the SQ to send out more patrol officers to

monitor school zones in the morning and after school. However, Bilodeau said the SQ, as well as local police operations in the region, are always swinging by to ensure student safety and keep drivers in check.

"It's part of the mandate for patrol officers. I've been with the SQ for 17 years and I know that for 17 years we've been sending officers to schools in the morning and after school. It's part of our mandate, but we know that people still go over the limit, despite our presence," she said.

When asked how many car accidents, fatal or otherwise, happen in school zones, Bilodeau said it's difficult to quantify because it depends on how the responding officer reports the situation. Many school zones are also in residential areas, so they may get a different label.

As for the campaign, it's far too early to tell whether it's making an impact in the region, she continued. The Brome-Missisquoi MRC only recently borrowed the radar backpacks from the local police force in Laval, after they finished conducting their own awareness campaign.

This is the first operation of the year using the radar backpack, Bilodeau explained, adding they'll have a better idea of its affect on the community in a few years. She hopes it will lead to less collisions. It will certainly leave a lasting impression on motorists, Bilodeau added.

"We noticed that the campaign really hits a person's imagination. It's one thing to be told by a police officer that you were going over the speed limit, but it's another thing to see a child wearing a radar, and showing your speed on their back," she said on Wednesday.

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The Border Report

The average Phelps Helps participant does not yet know what they want to do in life, however, they do know they want to be engaged and fulfilled in their work.

Dreaming big

**PHELPS AIDE
PHELPS HELPS**



Last week, we hosted a career roundtable during our evening high school session. We called the event, “How to find your Dream Job.” Stanstead, as beautiful and as quaint as it is, can sometimes be missing the juicy richness of cities where ideas are constantly being bounced around. On every corner there is evidence of humans becoming, evolving, reaching for the seemingly impossible. Business ventures, restaurants, NGOs are shaking up norms and pushing limits. In our less populated part of the world, this is happening around us too. However, our local ingenuity can often go hidden in fields or sleepy corners of town.

Last week, two of our most compelling and big dreaming fellow country folk shared a table at Phelps Helps. Teenagers watched with quiet interest as these trail blazers filled the room with their excited answers about what drives them. The average Phelps Helps participant does not yet know what they want to do in life, however, they do know they want to be engaged and fulfilled in their work. Sometimes, this seems like a lot to ask. However, in the gloaming end of a busy spring day, Charlotte and Tony made us feel like

it doesn't have to be. They reminded us that big dreams are built one small step at a time.

Charlotte owns Maison Gorchon in Beebe. It opened last week. It is a sweet little spot with scrumptious homemade sandwiches and other fine creations. If you know Beebe, she has set up shop in the old CIBC. She is a native of France and knows what she is doing in the kitchen thanks to a long line of culinary savants. It is an absolute delight to spend time in her Deli and watch her serve customers with care and attention. She is purposeful and content in her work. You can tell that she is doing just what she wants to be doing. We salute her for this courageous debut.

The other round-table participant was Tony Scott who owns Ferme Maraîchère in Way's Mills. If you have ever been to the Ayer's Cliff farm market, you know exactly who he is. He is the lively character whose skin is a glowing brown and whose long hands are filthy in the most beautiful of ways. From his usual stall, you will watch him dole back change to the charmed veggie enthusiast. His smile tells you that he has found his place in the world. He is a legend in

the area and has been in the tough business of producing rich, organic and bright coloured crops for years. He is passionate about his career and the effects of that ripple through a well-fed community.

Tony and Charlotte's conversation found its way through lovely twists and turns. They made the audience feel, laugh and see all the open possibilities before them. Things wound up with them both urging the students to share and connect with others. By opening up about their dreams they are much more likely to come to life, promised Charlotte. Tony pointed out

that life's sweetest moments come from connecting with those around us. It certainly felt that way once they had left and we soaked up all of the positive energy they left in their wake.

Phelps Aide Phelps Helps was founded in 2012 and has grown organically from a single high school tutoring program to six unique programs, providing the Stanstead area with free educational and career support. For more information or to volunteer, please email us at info@phelpshelps.ca, visit our website www.phelpshelps.ca or call our offices at 819-704-0799.



Charlotte Gorchon (left) and Tony Scott (right).

COURTESY PHELPS HELPS

FRONTIER ANIMAL SOCIETY

Feature pet: Marjo

Marjo is one of many cats who came into our care from a hoarding situation. Lacking socialization, Marjo is timid, but she is making wonderful progress and after almost a year at the shelter, it's time for her to find a family.

Although shelter living is a step up from the filth and neglect she experienced in her former home, to reach her full potential, Marjo needs a quiet and stable home with an adopter who will patiently and lovingly help her continue to build her confidence.

Marjo still tends to keep to herself, but she feels safe now so while she may not seek attention, she welcomes affection and enjoys being pet under her chin and around her ears. Her happy place is in her favourite basket where she still spends a lot of her time, but she is more and more curious and, in her explorations, she has discovered the “catio” where she enjoys napping in the sunshine. We are even beginning to see glimpses of playfulness, which is a good thing but it's also kind of sad knowing that she

missed out on so many of the simple pleasures of growing up carefree, happy and loved.

We recognize that it will likely take a little time for Marjo to adjust to her new home, but we have every confidence that she is ready. She isn't fearful, she is just timid. With treats and toys and gentle coaxing, Marjo will come out of her shell and learn to love being a pampered housecat. She is sweet and gentle, and she just needs that one special person to give her a chance. We've seen the shyest of cats blossom once settled in their new home and while many may remain wary of people they don't know, the bond between cat and adopter is what matters most.

Marjo is approximately 2 years old and up-to-date with all her vetting.

If you think you can be the one to give Marjo the loving home she deserves, we'd love to hear from you. To inquire, please give our cat adoption coordinator Linda a call at 819.868.2684 or send an email to frontieranimalsociety@gmail.com.



EDITORIAL

No, I am not one of those who thinks that two-wheeled vehicles have no place on the streets. And no, I'm not against adding designated bicycle lanes or even bicycle paths.

Cycling season advice



TIM BELFORD

It's practically summer and cycling season is in full swing. I know this because we've already had our first tragic accident involving the death of a bicycle enthusiast. We've also had the first rally condemning drivers who either don't know or don't care about the appropriate rules governing the sharing of the road.

It makes me wonder, though, why we never see protests decrying the behaviour of cyclists.

No, I am not one of those who thinks that two-wheeled vehicles have no place on the streets. And no, I'm not against adding designated bicycle lanes or even bicycle paths. As a matter of fact I've done a lot of biking over the years.

On one particular trip I managed to go from the Isle of Wight, off the south coast of England to the Highlands of Scotland in the north and back. I did this on a one-speed village bike that I rented in Oxford. It weighed a ton and had a wicker basket in the front that managed to hold my luggage. The trip took three months, several sessions of 'saddle sores' and the loss of about twenty-five pounds.

On that trip I encountered every kind of traffic imaginable: flat-bed lorries, tractors, cattle, sheep, speeders, drunks, motorcycles, road hogs and the occasional tourist on the wrong side of the road. I managed to

survive, however, by remaining alert and obeying the rules of the road; rules that many of our own cyclists manage to flaunt on a daily basis.

The Société de l'assurance automobile du Québec (SAAQ), the boys and girls that regulate our use of automobiles, also has regulations for anyone hopping onto a bicycle and hitting the road. You can find them online and they're much the same for bikes and cars alike.

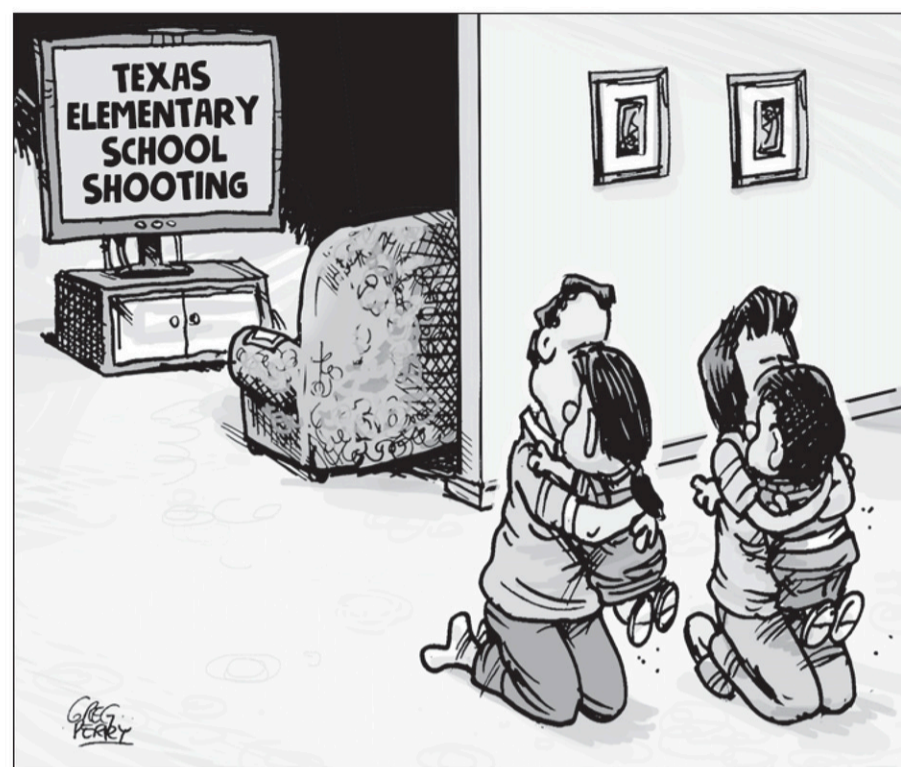
How many times have you seen a cyclist arrive at a red light or a stop sign and give a glance left and right and then continue on through barely slowing down? Do they know that if a sign indicates that there is no right turn on a red light it means they are supposed to come to a full stop and wait just like the cars? As odd as this may sound, passing an automobile on the right side between the car and the curb is not only dangerous it's illegal.

Does your average cyclist know, or even care that they, like cars, are supposed to stop for school buses when the lights are flashing? The same goes for pedestrian crosswalks. The pedestrian has the right of way.

As far as cycling with friends, many of our two-wheeled enthusiasts would be surprised, I'm sure, to find out that they are supposed to ride single file, as close to the edge of the road as is safely possible and on the right-hand side but not on the sidewalk. They are also prohibited by law from wearing earphones or operating electronic devices while riding.

The SAAQ also publishes a list of fines for each offense although I can't remember ever seeing a policeman stop a cyclist and give them a ticket. Perhaps they should.

The death of any cyclist hit by a truck or a car, for what ever reason, is tragic. But change has to come from both sides.



Letters

DEAR EDITOR,

What a wonderful invention language is for the self-expression of the mind, heart, soul, identity, and communication. No wonder there is so much strong feeling about it!

French and English both belong to the Indo-European family of language. French stems from the Latin branch. English stems mainly from the Germanic branch. Although now both have added words from other languages, including technical words from Greek and words from each other's languages, each language remains distinct.

At the present moment (May 19) Bill 96 language law is poised to be passed by the Quebec Government. What are some of the dynamics behind it? The big one is fear for the French language, surrounded by a sea of English speakers in the rest of Canada, the United States, and the mass media. This is the fear by the powers that be that both the English and French colonizing powers will do to each other what we have done to the Indigenous peoples. We have overridden the First Nations languages and made our languages the official ones of Canada.

All human beings need a sense of meaning and self-esteem. The question is: how are we going to find them through power and control for self-preservation? The powers that be feel that their language will be overwhelmed by the other. There is also, it seems to me, a bit of paranoia in this whole controversy.

Is there another possible way forward? I believe that there is. It all depends on how one chooses to get one's sense of self-esteem and sense of meaning. One can choose to mutually get them for the benefit of the other. The ancient, well-tried adage puts it this way: "Love your neighbour as you love yourself."

YOURS SINCERELY IN LEARNING,
JOHN SERJEANTSON

Editor's note: Bill 96 was passed in the National Assembly on Tuesday, May 24

THE RECORD

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Education

It is time for the parents-critics to join our mission to make education the best it can be, building on successes rather than tearing it down.

School board transportation anticipates major speed bumps in the coming year

By Matthew McCully

Concerned about possible breakdowns in transportation service for the 2022-2023 school year, the Eastern townships School Board (ETSB) Council of Commissioners is sending a recommendation to the Ministry of Education to review the school transportation envelope to avoid any risk of disruptions at the start of the next school year.

ETSB Secretary General Éric Campbell explained that with transporters' contracts expiring at the end of June and requiring renegotiation, the significant increase in fuel prices, pressure from the government to convert up to 65 per cent of fleets to electric vehicles, and a need to improve working conditions for bus drivers to keep the job attractive given the current labour shortage, the board is caught between a rock and a hard place.

Campbell said for years the Fédération des transporteurs negotiated directly with the Ministry of Education, but this time, they would like the support of the school board in

their asks.

The ministry has offered an indexation of 3.4 per cent for the coming year's transportation budget, but according to Campbell, transporters are looking for a 25 per cent increase for fees for the next year. "We don't want to be involved in these negotiations," Campbell said,

but the ETSB transportation advisory committee felt compelled to inform the board of the severity of the situation, and recommend that the ministry take action sooner rather than later. The board has no flexibility to negotiate with transporters, Campbell said, and there is a genuine concern they will not be able to honour the contracts submitted by transporters, which could have a substantial impact on the board's clientele. Considering the size of territory covered, having parents drive their children to school, sometimes up to an hour each way, would be untenable. Campbell also raised concerns about a shortage of qualified drivers for the coming year, compounding the situation.

Because the ETSB's transportation is provided in the eastern sector by its

own fleet of busses and drivers, and has shared contracts with transporters in the western sector, the board is affected both directly and indirectly by the shortfalls in the transportation envelope.

The ETSB passed a resolution to send request for review of the funding so the board can start the next school year without disruptions.

Chairman Mike Murray added that the issue had been brought to the attention of the Quebec English School Boards Association (QESBA), and a meeting is scheduled next week where other boards will consider sending a collective message to the education ministry regarding transportation.

Question period during this month's meeting calmed down substantially, but Waterloo Elementary School (WES) is still on the radar.

A parent from the school remains bent on catching the board in a misstep by arguing semantics, and suggesting a list is being compiled of students planning to transfer out of Waterloo and move to either Parkview or a school in the French sector.

The tension stems from a group

of parents, decidedly a minority, as chairman Murray pointed out, who are upset with the transfer of a teacher out of the school. The decision was made in an effort to improve the climate at WES. The group of parents believe the principal is the problem. Appalachian Teachers' Association President Megan Seline gave a tacit endorsement to the Waterloo charge, asking if the board were considering the removal of WES Principal Adriana Lyons from the school.

Murray replied that human resources matters are not discussed during public meetings.

"I'm distressed, as I mentioned in my report last month, at the amount of energy being deployed at Waterloo destructively instead of constructively," Murray said.

"I would implore anybody, you or anyone else at Waterloo who's a parent or participant in that school to devote the same energy in a positive sense."

Suggesting the definition of destructive or constructive behaviour at WES were a matter for debate, the parent replied, "I think you have to remove the cause, not the symptoms."

A word on the erosion of common courtesy

The following is the report to council, written by Michael Murray, Chair of the Eastern Townships School Board Council of Commissioners, delivered during the April 26, 2022 meeting.

Public Education and Canadian society in general both face a new threat to our institutions including schools and public education. Social Media is undermining common civility and courtesy between and among people who should have common interests. Social media encourages special interest groups, fragmenting hitherto cohesive groups by encouraging users to speak to and listen to only those who share their opinion. The concept of free speech has become perverted to mean, in many cases, only freedom to agree and endorse. The ability to criticize virtually and the breakdown of genuine person-to-person relationships has undermined consensus and trust. Anyone who disagrees is perceived not only as an enemy but as motivated by malicious intentions.

This has become a serious issue in education undermining our ability to effectively socialize students; teach them the skills of open communication, thoughtful argument, and civil discourse. Cowardly bullies stridently abuse teachers, educators and educational leaders from the safety of their keyboards. There is no compromise that will satisfy them. They hurl uninformed hostile and hurtful criticism without restraint or

consideration for the circumstances in which we all labor. It seems as if the pandemic has accentuated these tendencies which were already emerging before Covid-19.

At ETSB, hundreds of educators in all categories contribute their best efforts to making school a happy, positive, kind and considerate place for students. Sadly, it takes only a few strident intemperate ignorant critics to use social media to raise a storm over the most trivial matters. Repeatedly teachers are accused of terrible acts presumably motivated by the most negative of intentions.

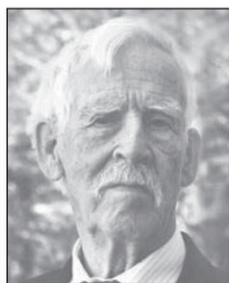
Enough! It is time to call a halt! An aggressive minority of parents are among the most active in this respect, accusing educators of inflicting serious trauma on students and harm to their education; but they are themselves damaging the mental health of their own children. It is all too easy with the click of a retweet or share key to repeat other peoples' public, uninformed and inaccurate accusations, without ever verifying their validity. Such critics carefully avoid acknowledging the challenges and difficulties under which educators work. These hostile negative parents raise the level of anxiety of their own children with their fake news, undermining the trust students have for teachers and casting doubt

on the value of education. With little understanding of the reality they sow discord and discontent ignoring all the wonderful positive and creative ways that schools are contributing to the welfare of the children in our care.

At some schools, ETSB has been accused of willfully undermining educational success because students have had multiple teachers this year. Hellooo! Anybody heard of the Pandemic? Educators are front line workers, doing their jobs in the presence of dozens and sometimes hundreds of other individuals on a daily basis. They wear masks, disinfect and social distance but they are exposed to all the risks of becoming sick. They succumb, not only to Covid 19 but also to the stress of constant concern for their students, their families and themselves. Some care for elderly parents who are particularly vulnerable. In the inevitable cases when employees become ill the School Board provides the best substitute teachers and aides we can find. Some of them are not fully qualified for their temporary roles, yet the critics are quick to claim malicious intentions behind putting them into classrooms. In reality this is part of an effort to prevent closures that may mean far worse consequences for our students. When students are

taught by multiple teachers in and out of a class; evaluation of learning and issuing essential report cards becomes complicated, yet the critics don't hesitate to accuse educators of fabricating and falsifying the results instead of assuming best efforts. It is more than enough! Our personnel merit respect and courtesy for all they do for students and indirectly for the families of those students. It is time for the parents-critics to join our mission to make education the best it can be, building on successes rather than tearing it down. Sometimes criticism may be justified but it should be civil and thoughtful. It wouldn't hurt to check facts before hurling accusations or starting rumors like one that circulated recently claiming we intend to close a school. It would be even better after checking the facts, to interact privately and confidentially with schools to avoid shattering the attachment so many students have for significant educators in their lives. Best of all would be to make genuine contributions of time, energy and creativity to help us make schools even better. The same energy used in hostility and negativity can be used to improve and upgrade. Our goal is and always will be to achieve the best possible outcomes for our students. Is that different from what any parent wants?

Death



Philip BENOIT SR.
1935 - 2022

With heavy hearts we announce the passing of Philip Benoit Sr. on Wednesday, May 11, 2022 at the age of 87, in Magog. His loving wife of 64 years, Huguette Benoit (nee Gervais), was by his side.

Loving father of Lynne (Martin Comtois Blouin), Kelly (Spencer Lavis), Philip Jr. (Cathy Osborne), Debbie (Patrick Lauzier) and Shawn. Caring "Grand-papa" to Charles, Christophe, and Camille (Francis Luna Grenier) Benoit, Megan (Zach Harrison), Connor, and Ethan Lavis, Jacob (Sammy Jo Langlois) and Alex (Roxanne Beaudoin) Benoit, Juliette, Joseph and Theo Lauzier. His great-grand-children Myia, Dakoda, Levi, Kate & Eve. Philip will also be missed by his many brothers and sisters, in-laws, nephews, nieces, cousins and friends.

Philip was the son of Emma & Fred Benoit. He was a pillar of strength to his family and extended family. He was loving, wise, caring and always there to help where needed. Philip will be fondly remembered for his sense of humour, his love of nature, hunting, fishing and wood cutting and making maple syrup. He enjoyed volunteering at St. Paul's Church in Magog for church meals and for nearly 40 years took care of the Silver Lake Cemetery in Eastman.

Visitation will be on Friday, May 27 from 10 a.m. to 11:30 a.m., followed by a Memorial Service at 11:30 a.m., at the chapel of the Complexe funéraire Ledoux. Special thanks to Marie Dubois (TS at CLSC) for her attentive guidance and CSSSM for their care.

In lieu of flowers, please consider a donation to the Canadian Alzheimer's Society.

Complexe funéraire Ledoux
155, rue Sherbrooke, Magog, QC.
Tel. 819-843-4473

Fax 819-843-4563
info@ledouxmagog.com
www.ledouxmagog.com

Death

Graveside Service

MAIN, Wendy - A Memorial Service will be held in honour of Wendy at Bishopton United Church on Sunday, May 29 at 2 p.m. The service will be conducted by Reverend Tami Spires. The family will be pleased to welcome all friends who wish to attend.

Memorial & Graveside Service

TALBOT - The family of the late Douglas Talbot of Granby, and formerly of Warden, will receive condolences on Saturday, May 28 from 2 p.m. to 4:30 p.m. at 211 rue Principale, Warden at the Grand Roue Cafe. A graveside service will be held on Monday, May 30 at 11 a.m. at the North Shefford Cemetery.



Datebook

THURSDAY, MAY 26, 2022

Today is the 146th day of 2022 and the 68th day of spring.

TODAY'S HISTORY: In 1865, the last Confederate forces fighting the Civil War surrendered in New Orleans, Louisiana.

In 1868, the Senate failed for the second time by only one vote to convict President Andrew Johnson in his impeachment trial, resulting in his acquittal.

In 1923, the first 24 Hours of Le Mans sports car race began near the town of Le Mans, France.

In 1972, President Richard Nixon and Soviet leader Leonid Brezhnev signed the Anti-Ballistic Missile Treaty.

In 1994, President Bill Clinton renewed China's Most Favored Nation trade status.

TODAY'S BIRTHDAYS: Al Jolson (1886-1950), singer/actor; Dorothea Lange (1895-1965), photographer; John Wayne (1907-1979), actor; Peggy Lee (1920-2002), singer-songwriter/actor; Miles Davis (1926-1991), jazz musician; Stevie Nicks (1948-), singer-songwriter; Pam Grier (1949-), actress; Sally Ride (1951-2012), astronaut; Lenny Kravitz (1964-), singer-songwriter; Helena Bonham Carter (1966-), actress; Matt Stone (1971-), screenwriter/TV producer; Lauryn Hill (1975-), singer-songwriter; Ben Zobrist (1981-), baseball player.

TODAY'S FACT: Only two U.S. presidents in history went on to serve in Congress after having held the nation's highest office: John Quincy Adams and Andrew Johnson.

TODAY'S SPORTS: In 1959, Pittsburgh Pirates pitcher Harvey Haddix pitched what would have been the longest perfect game in history - 12 innings - only to lose 1-0 in the 13th.

TODAY'S QUOTE: "For whatever reason, I didn't succumb to the stereotype that science wasn't for girls. I got encouragement from my parents. I never ran into a teacher or a counselor who told me that science was for boys." - Sally Ride

TODAY'S NUMBER: 28,231 - parole passes given to Confederate soldiers by Gen. Ulysses S. Grant after their 1865 surrender at Appomattox Court House in Virginia.

TODAY'S MOON: Between last quarter moon (May 22) and new moon (May 30).

Myasthenia gravis causes skeletal muscles to weaken

ASK THE DOCTORS by Eve Glazier, M.D., and Elizabeth Ko, M.D.

Dear Doctors: Can you please talk about myasthenia gravis? Our oldest daughter has been diagnosed with it. She's 33 and lives with her family in another state, but we want to understand what she's dealing with. I just read about Chinese herbs that can be helpful. Do you know if that's true?

Dear Reader: Myasthenia gravis is a long-term disease that adversely affects the skeletal muscles. These are the muscles that, with the help of tendons and ligaments, make it possible for the body to move and perform a wide range of functions.

Skeletal muscles are known as voluntary muscles, which means they are under a person's direct control. Myasthenia gravis does not affect the involuntary muscles, such as the heart, or those that line the blood vessels, organs, stomach and intestines. When someone has myasthenia gravis, their skeletal muscles become weak and quickly grow fatigued when in use.

The name of the disease is drawn from Greek and Latin and means grave or serious muscle weakness. The condition is caused by a glitch in

the immune system that mistakenly blocks the pathways of communication between the muscles and the nerves that animate them. Taken together, and in more scientific terms, myasthenia gravis is a chronic neuromuscular autoimmune disease.

Symptoms include drooping eyelids, weakness in the eye muscles, difficulty swallowing, impaired speech, difficulty breathing, and weakness in the neck, arms, hands, fingers or legs. Since each case is different, symptoms vary in type and intensity. Some individuals have mild disease in which treatment isn't necessary. In severe cases, weakness in the muscles of the chest and diaphragm impairs the ability to breathe effectively. This is known as myasthenic crisis, and it is a medical emergency.

The disease can occur at any age, but it is more frequently seen in young women in their 20s and 30s and men aged 50 and older. There is no cure for myasthenia gravis at this time. Treatment focuses on improving muscle function and preventing problems with swallowing and breathing. This can include the use of steroids, immunoglobulin or monoclonal antibodies, each of which modulate immune response. The thymus, a small

gland located in the upper part of the chest between the lungs, appears to play a role in the disease. Surgical removal of the thymus can sometimes lessen the need for medication and prevent more severe symptoms.

As to your question about Chinese herbs, we think you are referring to a small study that was recently reported in the news. The results, published in the medical journal *Frontiers in Neurology*, found that a blend of herbs used in traditional Chinese medicine, known as Fufang Huangqi Decoction, can have a beneficial effect on certain imbalances common to the gut microbiomes of people with myasthenia gravis. This echoes the findings of previous studies.

While this research suggests the potential benefits of new treatment pathways, it's important to note the studies only looked at the effects of the herbs on the gut microbes of people living with myasthenia gravis. They did not explore their effect, good or ill, on the patients themselves and made no recommendations regarding their use.

Eve Glazier, M.D., MBA, is an internist and associate professor of medicine at UCLA Health. Elizabeth Ko, M.D., is an internist and assistant professor of medicine at UCLA Health.

RATES and DEADLINES: ANNOUNCEMENTS & NOTICES

BIRTH NOTICES, CARDS OF THANKS, IN MEMORIAMS, BRIEFLETS:

Text only: 40¢ per word. Minimum charge \$10.00 (\$11.50 taxes included)

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With photo: additional \$18.50. DEADLINE: 11 a.m., day before publication.

BIRTHDAY, ANNIVERSARY & GET-WELL WISHES, ENGAGEMENT NOTICES:

Text only: \$16.00 (includes taxes)

With photo: \$26.00 (\$29.90 taxes included) DEADLINE: 3 days before publication.

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\$26.00 (\$29.90 taxes included) WITH PHOTO: \$36.00 (\$41.40 taxes included)

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For Monday's paper, email production@sherbrookerecord.com or call 819-569-4856 between 1 p.m. and 5 p.m. Sunday. For Tuesday, Wednesday, Thursday or Friday's edition, email production@sherbrookerecord.com, call 819-569-4856 or fax 819-569-1187 (please call to confirm transmission) between 9 a.m. and 5 p.m. the day prior to the day of publication. The Record cannot guarantee publication if another Record number is called. Rates: Please call for costs.

Successful career comes at a cost

Dear Annie

THURSDAY, MAY 26, 2022

Dear Annie: I am a woman in her late 30s and have been working at my current career for the past five years. It is a very demanding, high-paced, glamorous environment – think entertainment/fashion industry. I am in charge of managing a medium-size group of people into getting their deadlines in on time.

For the first three or four years, I really loved my job, and while the hours can be sometimes crazy, I was still enjoying the ride.

However, as with many people, the last two years have been extremely stressful mentally and physically. In the spring of 2020, many of my co-workers were laid off. I was one of the “lucky ones” who still had their job. Unfortunately, this has led to me doing the work of two to three people, with barely any balance outside of work.

I don’t know if I am just burnt out or if I want something more out of life. I barely have any time to see friends, and my romantic life has taken a major hit because of all the extra hours I had to do, which resulted in my partner leaving me.

My sister told me I should look into working in administration at a university registrar’s office or something along those lines, where most people are actually out of the office by 5/5:30 p.m. and not still working at 9 p.m. on a Friday.

However, I really do not even know where to begin or if my skills are transferable. Part of me feels like any chance I had to get out has slipped past me, and I am so worried about starting all the way at the bottom at this stage in my life. Would you have any recommendations on how/where I should look to see if I can make a fresh start? – Workaholic

Dear Workaholic: First off, congratulations on a successful career. It makes sense that you feel this way. Our work lives and our personal lives are two pillars of our happiness. Without both, we are out of balance.

If you are still passionate about your job, why not talk to management about creating boundaries for a better work-life balance? Many companies are

allowing for remote work or increased benefits in the post-COVID world.

If you want to take a horizontal jump – well, you’ll never know if you don’t try.

Dear Annie: For the past 18 months, my aging parent has been accepting (and sometimes volunteering for) tasks that he/she cannot complete alone. Because we share a home, I am forced to help and often do most of the work. I am not given a choice as if I am a child.

The slighting behavior has become more frequent and when coupled with a stressful job, it is extremely frustrating. I expressed my concerns to my parent, but nothing changed.

I pay at least half of the household expenses and plan to move soon. It is likely my parent will move with me. I want to continue supporting him/her financially, but the disregard must stop. What is the right thing to do? Thanks in advance. – Conflicted and Slighted

Dear Conflicted and Slighted: Your parent is lucky to have you! Older people are sometimes unaware of their newfound limitations, so it is possible that your parent has every intention of completing the project alone but then comes to you for help when he or she hits a roadblock.

The next time this happens, gently explain to your parent that you don’t have time for last-minute tasks. If he or she anticipates needing your help, it must be negotiated prior to accepting the project.

Dear Annie: I am writing in response to “Survivor of Domestic Violence,” who is not sure how much to reveal about her prior relationship on dates. I’m 63 and was in an abusive marriage for 28 years. I finally had the courage to leave and break this cycle. My mother and I were both beaten by my father. I didn’t understand what respect was. My father pushed my mother down when she was pregnant for not walking upstairs fast enough. That was my first encounter with domestic violence. I was 5 years old. I was upset with her for not “minding” what Dad said.

I’ve been divorced for seven years. I first worked on myself and making sure my adult kids were on the right path. My daughter and I became domestic violence advocates, and I volunteer at

the domestic violence charity where I live. My son is getting his master’s in neuropsychology.

I have just started dating also, and I agree that sharing this is very important, but personal information should be shared when you are ready. Sometimes, people can use your vulnerabilities against you. I’ve learned to listen to my gut; if it doesn’t feel right, it’s probably a correct feeling. Move on. – Learned My Lesson

Dear Learned My Lesson: Congratulations on getting out of a bad situation and building a healthy life for you and your kids. It shows strength and resilience, and it is no doubt an inspiring example for your children and for countless readers.

Dear Annie: When I married my husband, it was me and my 17-year-old daughter. My husband had two grown daughters, a 36- and a 38-year-old who lived with their mother. Now, after seven years of marriage, one daughter is asking if she could live with us if she got into a bind. It’s totally awkward because I don’t really know her that well and she really didn’t have a relationship with him until a year ago. She’s been living on her own for a year, and her relationship with her mother is strained. My issue is with him comparing our children’s situation. He questions why his daughter shouldn’t be able to come stay with us if she got into a bind because my daughter lives with us. I told him my daughter has always lived with us from the beginning, and now it’s a problem. I don’t know what to do. – Family Drama

Dear Family Drama: When you and your husband got married, you became one blended family and committed to accepting both of your children into your beautiful new life. Open your heart to your husband’s daughter; there is no need to be the wicked stepmother.

“How Can I Forgive My Cheating Partner?” is out now! Annie Lane’s second anthology – featuring favorite columns on marriage, infidelity, communication and reconciliation – is available as a paperback and e-book. Visit <http://www.creatorspublishing.com> for more information.

Send your questions for Annie Lane to dearannie@creators.com.



TOWNSHIPS

If you want to drink, that’s your business. If you want to stop, we can help. Call Alcoholics Anonymous 1-888-424-2975, www.aa.org

LENNOXVILLE

The Lennoxville Youth Center will be hosting its Annual General Meeting on Friday, June 17, 2022 at 6 p.m. at the Salle Amédée-Beaudoin, located at 10 rue Samuel-Gratham, Sherbrooke, Quebec, J1M 2J4. If you wish to attend, please reserve by calling or emailing their Executive Director Brooklynn Roy as public gatherings are limited, people who RSVP will have priority. Email: dg@lennoxvilleyouthcenter.org, phone: 819-821-4805.

LENNOXVILLE

Tea & Talk will meet in person outside on May 31 at 2pm at the Canot-Kayak Park, 220 rue Principal Sud. Bring your own lawn chair. A social afternoon for seniors in the greater Richmond/Danville community to get together. And talk! Tell a friend to make it double the fun. Contact for info: Alice Weare at 819-826-5488 or by email to richmondclc@etsb.qc.ca.

SUTTON

Townships Grandmother’s annual plant sale!! All proceeds will go to the Stephen Lewis Foundation Grandmothers Campaign. Africa is still in the grips of not only the HIV AIDS pandemic, but now, COVID pandemic, as well. Donations of all kinds of plants are welcome - annuals, perennials, vegetables, houseplants, herbs, bulbs and seeds, etc. They may be delivered earlier, 8 rue Gagne, Sutton, or pick up is possible - call us at 450-538-5294. Selling of plants will begin on June 4 and 5 and will continue the following weekends if plants remain. Chairs will be available to sit, relax and chat with your gardening friends, and possibly there will be a cool summer drink, too. 8, rue Gagne, Sutton, 450-538-5294.

KNOWLTON

Ukraine Fundraiser Rock and Roll Dance Party (in conjunction with the Canadian Red Cross) featuring The Random Chance Band, on Friday, May 27 at Auberge Lakeview Inn, 50 rue Victoria, Lac-Brome. Tickets \$20 per person, Doors open at 7 p.m. Music begins at 8 p.m. Tickets available at the door or reserve by calling Alka 450-931-1111 or Larry 514-210-8843. Canadian Red Cross will issue a tax receipt for additional donations of \$20 or more.

“Watch me, Grandma!”

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CELEBRITY CIPHER

by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

"V'UB OBHEVMS ITHI V'R CODYHYEW
GAFI CBONBXI HJS VI'F BUBOWYDSW
BEFB HODAJ S RB ITHI'F LDI VFFABF."
— FXDII SVFVXP

Previous Solution: "While Canada and America did not become one country, we became like two brothers who live in the same duplex." — Mike Myers

TODAY'S CLUE: *Equals* F

REALITY CHECK



HERMAN

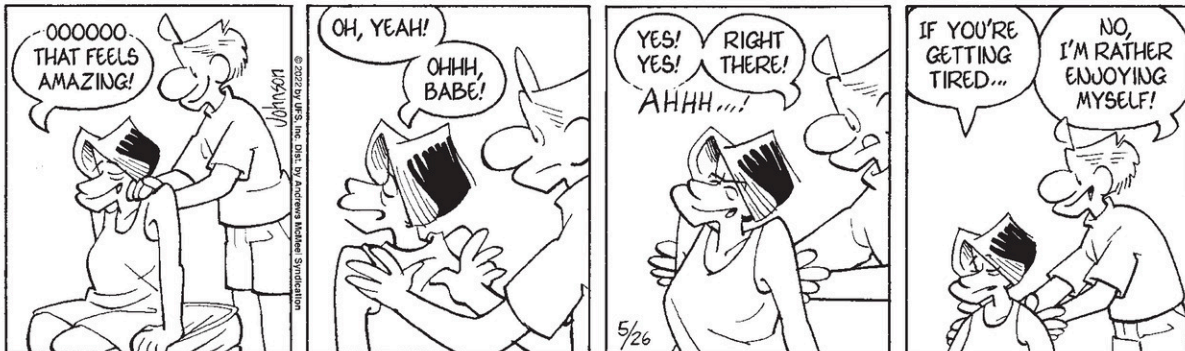


"Remember me? I sold you the set of encyclopedias."

ALLEY OOP



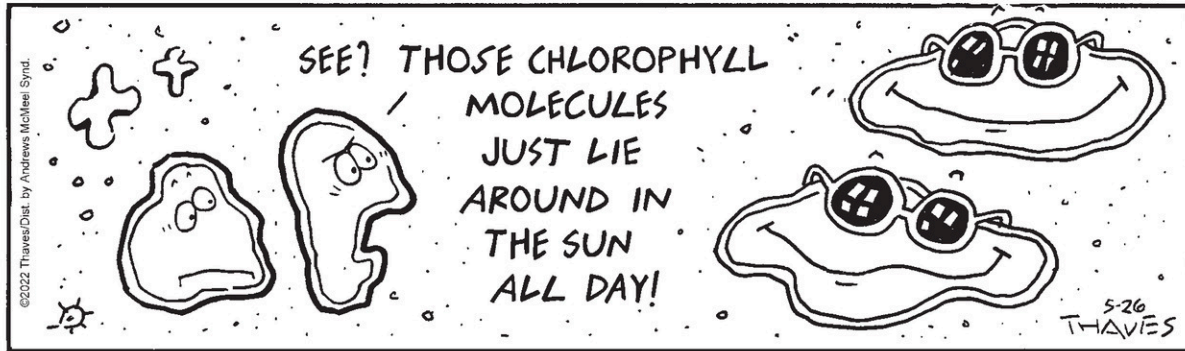
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NOTICE OF CLOSURE OF INVENTORY (C.c.Q., Art. 795)

Notice is hereby given that, following the death of **Murray HICKMAN**, on December 31, 2021, in his lifetime domiciled at 68 Papineau Road, Town of Brome Lake, Province of Quebec JOE 1S0, an inventory of the assets and liabilities of the deceased was prepared by the liquidator of the Estate, Dennis Hickman on May 19, 2022 before Mtre. Karl St. Jacques, notary, in accordance with the law.

This inventory may be examined by any interested party at the office of Mtre. Karl St. Jacques, notary, located at 35 Victoria, Town of Brome-Lake, Quebec, JOE 1V0.

Given on May 19, 2022
 At Town of Brome-Lake, Quebec
 Karl St. Jacques, notary

040 Wanted to Rent

WANTED TO RENT: Small house in the country, English speaking area near Sherbrooke, suitable for a retired couple to garden. On an existing farm would be perfect. Email rjgrieve44@gmail.com or call 506-378-0603.

040 Wanted to Rent

SEEKING LIVE-IN CAREGIVER, assist senior woman in Bromont, Quebec in private household. Keep records of daily activities, provide personal care, accompany to medical appointments, plan, prepare and serve meals, housekeeping and maintain. Room and board, vacation 1 day/month, 1st year 4% / wages. English speaking. Completion of secondary school, first aid and CPR training. Min. 2 years experience as full-time care giving home support, and related occupation. Temp. employment contract of 2 years, 40 hrs/wk, \$16.00/hr. Please send cv to sdprid22@gmail.com.

340 Garage Sales

HUNTINGVILLE
 Friday and Saturday, May 27 & 28, 3815 Glenday Road, Unit 7. Rain or shine. Furniture, children's chairs, old books, DVDs, frames, dishes, toys.

100 Job Opportunities

100 Job Opportunities

100 Job Opportunities

100 Job Opportunities

100 Job Opportunities



Job Opportunity: Intervener

Mental Health Estrie is a grassroots not-for-profit organization committed to providing information, support, education and advocacy to English-speaking caregivers and individuals affected by mental illness in Estrie.

Term: Contract position four days a week with the possibility of five.

Place of work: Sherbrooke (Borough of Lennoxville)

Job Description: Facilitation of peer support groups and one-on-one support. Social media management, management of ongoing projects.

Requirements: Bilingual - English 5/5 written & spoken, French 3/5 minimum; Diploma in Special Care Counselling or Degree in Psychology or a related field or equivalent experience; experience coordinating workshops and activities; strong skills in communications and networking; proficiency with Microsoft Office and social media (Facebook); possess a valid driver's license. Familiarity with health system / services and the regional issues of the English-speaking community in the Estrie region is an asset;

Tasks include: Field telephone calls. Provide information and referral services via telephone, email, in person and ongoing one-on-one support as needed; plan and facilitate peer support group meetings; research, plan and organize workshops. Manage: ongoing projects, website, social media, print and radio communications; maintain statistics, and prepare reports.

The successful candidate: is able to work collaboratively and autonomously; has strong organizational and time management skills; has excellent active listening skills and respects confidentiality; has an understanding of the challenges of managing life with a mental illness; is sensitive, empathetic and encouraging; is motivated, innovative, dynamic and attentive to detail.

To Apply: Send an English letter of intent, a CV, and references by **May 31st 2022** to:

Tanya Gibson, Executive Director,
 Mental Health Estrie
 at mhe.info@bellnet.ca.

Applications received without a letter of intent will not be retained and only those selected for an interview will be contacted. **Interviews will take place in Sherbrooke.**

Send your classified to:
classad@sherbrooke.com
 or call 819-569-9525

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SUDOKU

DIFFICULTY RATING: ★★★★★

	5			1				
6			5	9	7			4
		1		8				5
	3	4		6	8			
	1			5				7
			3	2		4	9	
	9			3		2		
	6		2	4	9			8
				7				6

5/26

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PREVIOUS SOLUTION

6	2	5	8	4	7	9	3	1
8	4	3	2	9	1	6	5	7
1	9	7	5	3	6	8	4	2
2	5	1	7	6	4	3	8	9
7	8	9	1	5	3	4	2	6
3	6	4	9	8	2	1	7	5
9	1	2	4	7	8	5	6	3
4	7	6	3	1	5	2	9	8
5	3	8	6	2	9	7	1	4

HOW TO PLAY:

Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

NEA Crossword Puzzle

Your Birthday

ACROSS

- 1 To date
- 4 Travel kit item
- 8 Cough syrup meas.
- 12 Actress — Poehler
- 13 Operatic solo
- 14 Kojak's lack
- 15 Pinch
- 16 Truth
- 18 Crack filler
- 20 Job application info
- 21 Hush-hush grp.
- 23 Distort, as data
- 26 Cry of dismay
- 29 Waldheim or Cobain
- 32 A great many
- 34 Ambiance
- 35 Nest egg letters
- 36 Rock's — Fighters
- 37 I-70
- 38 Make lace
- 39 Rover's pal
- 40 Bear's refuge
- 41 Season
- 42 Part of MIT
- 43 Host's plea
- 45 Kyoto cash
- 47 — de plume
- 49 Brat's opposite
- 53 Tastes
- 58 Thai neighbor
- 59 DEA operative
- 60 Issue a summons
- 61 Web suffix
- 62 Running wild
- 63 Imitated
- 64 Go back and forth

Answer to Previous Puzzle

O	U	S	T	S				I	M	P	O	S	E
A	M	O	U	N	T			G	A	I	T	E	R
R	A	P	T	O	R			L	I	T	T	E	R
			O	W	E			O	D	E			
	F	O	R		N	E	O		O	F	F		
M	E	N		A	C	T		R	U	L	E	D	
E	L	S		S	H			A	S	I	D	E	
S	L	A	B	S		A	L	S		N	O	W	
H	E	L	E	N		N	A	P		C	R	Y	
				D	E	C		M	E	G		A	H
					O	H	O		E	R	G		
P	L	U	M	E	S			R	A	R	E	S	T
V	I	P	E	R	S			S	I	E	S	T	A
C	L	A	S	S	Y				D	E	T	E	R

- 8 Use your brain
- 9 Prohibit
- 10 Plop down
- 11 Be nosy
- 17 Type of prof
- 19 West Coast sch.
- 22 Watchdog breed
- 24 Dainty
- 25 Forest
- 26 Three feet
- 27 On the fringes
- 28 Small songbirds
- 30 Europe-Asia range
- 31 Tattered
- 33 Honk
- 39 Helsinki native
- 41 Pickle or jam
- 44 Sweater style (hyph.)
- 46 Assuaged
- 48 Transparent mineral
- 50 Mashed potato serving
- 51 Tarzan's title
- 52 Sluggish
- 53 Compilation
- 54 Dawber or Shriver
- 55 In favor of
- 56 — of the iceberg
- 57 Summer, in Quebec

1	2	3		4	5	6	7		8	9	10	11	
12				13					14				
15				16					17				
18				19				20					
				21		22			23		24	25	
26	27	28			29	30	31			32		33	
34					35					36			
37					38					39			
40					41					42			
	43		44				45	46					
				47		48			49		50	51	52
53	54	55					56	57			58		
59							60				61		
62							63				64		

THURSDAY, MAY 26, 2022

Forward motion, a positive attitude, and trusting and believing in yourself will lead to a brighter future. Your insight, experience and knowledge will set you apart and help you find people who can make your dreams come true. Stand tall and be proud of what you have to offer, and reward those who join forces with you.

GEMINI (May 21-June 20) – You're on a roll, so don't look back or stop midstream. Build momentum and move quickly. Strive to finish what you start and win over people who can help you. Romance is on the rise.

CANCER (June 21-July 22) – Don't let your emotions get you in trouble. Check your ego at the door and be a good listener. Sparring with someone looking for a fight will end in disaster. Focus on what's important to you.

LEO (July 23-Aug. 22) – Focus on self-improvement. Criticizing others will backfire, making you look bad. Take care of your responsibilities, and don't let yourself be bothered by the actions of others. Romance is favored.

VIRGO (Aug. 23-Sept. 22) – Take an active role in whatever excites you or promises positive changes. How you live, learn and deal with what's going on around you will determine how others perceive you. Be brave!

LIBRA (Sept. 23-Oct. 23) – Pay closer attention to meaningful relationships. Don't take anyone or anything for granted. Be willing to offer as much in return as someone provides to you. Handle financial matters with care.

SCORPIO (Oct. 24-Nov. 22) – Get out

and about. Experience is the spice of life. Participate in activities or events that will spark your imagination and encourage you to make the changes you've only dreamed about.

SAGITTARIUS (Nov. 23-Dec. 21) – Initiate changes at home that will help you enjoy your life, relationships and hobbies. Make a point to get your responsibilities out of the way quickly. Romance is encouraged.

CAPRICORN (Dec. 22-Jan. 19) – A problem with a friend, relative or peer will set you back if you aren't prepared to follow through with your plans. Don't get involved in other people's problems.

AQUARIUS (Jan. 20-Feb. 19) – Don't limit what you can do because someone opts out or disrupts your plans. Take pride in what you do; carry on until you get your desired results. Focus on personal endeavors.

PISCES (Feb. 20-March 20) – Take a moment to review and rethink your strategy. It's OK to do things differently. Put your energy into preparation and find unique ways to market what you have to offer.

ARIES (March 21-April 19) – You'll need a pick-me-up to continue a steady pace forward. Don't let changes disrupt your plans or keep you from making pressing decisions. Trust in your judgment.

TAURUS (April 20-May 20) – Take a stance, speak up and follow your plans. Don't fold under pressure or give in to someone trying to discredit you. Keep your passwords and personal matters secret to avoid loss.

THURSDAY, MAY 26, 2022

Firing the arrows of desire

By Phillip Alder

All bridge players below the expert level would do well to emulate William Blake, who wrote about using arrows of desire and not ceasing from Mental Fight. Clearly, he wouldn't have balked at counting out a deal when it became necessary. For him, the need to count to 13 would have been but the work of a moment when compared with his goal of trying to build Jerusalem in England's green and pleasant Land.

Today's slam contract is easy to wrap up without any guesswork if you take the right steps.

When North cooperated by control-bidding the heart ace, South used Blackwood and bid six spades.

West led the club 10, East winning with the ace and returning the queen.

Declarer saw that he needed to find the diamond queen to make his slam. Rather than blithely assume it was in the hand of the overcaller, he tried to get a count of the deal. After winning with the club king, South led a heart to the ace and ruffed a heart in his hand. He drew two rounds of trumps ending in the dummy, ruffed another heart, ruffed a club and ruffed dummy's last heart.

Now South had all the evidence that *

North				05-26-22
♠ K J 7 6				
♥ A 6 4 2				
♦ A 10 9				
♣ 5 3				
West		East		
♠ 2		♠ 8 5		
♥ J 10 9 3		♥ K Q 7 5		
♦ Q 7 5 4 3 2		♦ 6		
♣ 10 8		♣ A Q J 9 6 4		
South				
♠ A Q 10 9 4 3				
♥ 8				
♦ K J 8				
♣ K 7 2				
Dealer: North				
Vulnerable: Both				
South	West	North	East	
		1♦	2♣	
2♠	Pass	3♠	Pass	
4♦	Pass	4♥	Pass	
4NT	Pass	5♥	Pass	
6♠	Pass	Pass	Pass	
Opening lead: ♣ 10				

he needed. East was known to have started with two spades, four hearts and six clubs. Ergo, he had only one diamond. Declarer cashed the diamond king, which drew only low cards. Then he tabled his cards with a flourish, saying that he would take the guaranteed diamond finesse through West.