

Journal



2011-2012

PARC NATIONAL DE
FRONTENAC

188 other models in store



SAIL

THE OUTDOORS SUPERSTORE

BELOEIL - BROSSARD - LAVAL - OTTAWA - QUEBEC



From the infinitely small to the enormously big

In November 2010, the Société des établissements de plein air du Québec (Sépaq) won one of the prestigious National Awards for Tourism Excellence. This award, bestowed by peers of the tourism industry, was a much appreciated token of recognition for the Société which recently celebrated its 25th anniversary. The national parks have been part of this major network since 1999.

Over the last twelve years, Parcs Québec has succeeded in raising the quality standards in parks so that they can compare advantageously with the world's other major national parks networks. Parcs Québec has also developed a feeling of belonging to and pride in these exceptional protected territories. Every year, the 23 national parks of the Parcs Québec network play host to more than 4 million visits, reflecting the strong attraction that they exert among the public.

The management of these parks represents a major challenge, namely both protecting these natural resources and welcoming so many visitors. Among the development efforts, mention may be made of the Discovery and Visitors Centres which are found in the large majority of parks. Showcasing the specific features and main attractions of the territories and offering multiple services to our clientele, these buildings are at the heart of our

visitor reception services. However, not all parks possess such centres on their territory. But the parks in question won't have to wait long. Indeed, 2011 and 2012 will be marked by the construction of seven new Discovery and Visitors Centres.

For the last two years, park teams have been planning this second development phase. At the heart of their reflection: the need to take into account the spirit of the surroundings both in the building construction site and in the architecture and materials chosen. The latest achievements of Parcs Québec have blended in harmoniously with the landscape – examples include the Discovery and Visitors Centres of Parc national des Hautes-Gorges-de-la-Rivière-Malbaie and Parc national de Plaisance – and future centres will respect this philosophy even more. Indeed, we have reviewed the way in which we plan the internal layout of these buildings, including the design of the traditional exhibit area.

But let's wait for the first inauguration at the end of the summer of 2011 before unveiling the main elements of the visitor experience that we are planning for you. In the meantime, be sure to take advantage of the next summer season. From the infinitely small to the enormously big, you will discover all the marvels that make up the very essence of the nature that we invite you to discover.

Welcome to your national parks!


Martin Soucy
Vice-president of Operations
Parcs Québec


Raymond Desjardins
President and CEO
Sépaq

Discover the region's other parks



■ Québec's national park network
■ Canadian national parks

www.parcsquebec.com

Message from the Minister



The United Nations has proclaimed 2011 International Year of Forests. It is important to realize that there is a close link between our forestry heritage and the recent history of Québec's national parks. It was 30 years ago this year that the Québec Government created two new parks, originating from wildlife reserves. Today, these parks are known under the names of Parc national des Grands-Jardins and Parc national de la Jacques-Cartier. At the present time, Québec is busy protecting more than 5,000 km² of diversified forests in the national park network. These include representative elements of the mixed forest, the boreal forest, the taiga and a number of islands of forest found in Québec's Far North, to name but a few.

Beyond this collective heritage which the forest represents, the teams of the national parks are also hard at work ensuring the global ecological integrity of the 23 protected areas of the Parcs Québec network. This vast natural domain is dotted with hundreds of lakes and rivers. This same domain serves as a framework for and accompanies the St. Lawrence River to the ocean. It also boasts one of the world's most beautiful fjords. The parks network is home to rich and diversified wildlife and plant life, and promotes the integrity of several historical sites. Allow yourself to be surprised and amazed by the biodiversity of all these territories, enhanced for both current and future generations.

When you choose national parks as a destination, you have the privilege of discovering nature, but also of participating in the conservation and respect of nature. In addition, you are at leisure to practice a variety of outdoor activities whether on your own, with your family or in a group. Take advantage of our parks and opt for a new look at this awesome nature which often reveals unexpected treasures.

Have a great vacation!


Pierre Arcand
Minister of Sustainable Development,
Environment and Parks



Welcome

Parc national de Frontenac is a protected area sheltering a rich natural environment whose beauty is expressed in a multitude of settings ideal for contemplation, relaxation, and outdoor activities.

Hiking the trails or exploring by bike or canoe, you will be captivated by the park's spirit. Enjoy magical moments as you discover the dazzling diversity of flora and fauna and stunning landscapes whose moods and colors change with the seasons and time of day.

Our team is committed to making sure that your outdoor experience meets your expectations and that your visit to Parc national de Frontenac is marked by unforgettable moments and discoveries.

 **Parc national de Frontenac**
Protect and Discover.

Reservations: 1 800 665-6527
www.parcsquebec.com

Southern sector:
599, chemin des Roy, Sainte-Praxède (Québec) G0M 1H1
Telephone: 418 486-2300
Fax: 418 486-2226
Email: parc.frontenac@sepaq.com

Saint-Daniel sector:
Via route 267, Adstock (Québec) G0N 1S0

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Eric Lessard, director



An Oasis of hills and water



The Mission of Parcs Québec

With a view to achieving harmonious development at the cultural, social, economic and regional levels, Parcs Québec is responsible for the conservation and development of territories that are representative of Québec's 43 natural regions and exceptional sites, due notably to their biological diversity, while ensuring that they are accessible for educational and outdoor use.

All of Québec's national parks were created in accordance with World Conservation Union standards. A national park is a relatively vast area:

- that represents one or more ecosystems that are moderately or not at all transformed by exploitation;
- where animal and plant species, geomorphological sites and habitats are of particular interest from a scientific, educational or recreational viewpoint, and that offers scenery of great beauty;
- in which the highest competent authority of the country has taken measures to eliminate exploitation and to instill respect for the ecological, geomorphological or aesthetic aspects on the whole;
- where a visit is authorized, under certain conditions, for educational, cultural or recreational purposes.



Parc national de Frontenac was created in 1987 to protect a 155 km² area representative of the natural landscape of the Estrie, Beauce, and Bellechasse ranges.

Set well away from main transportation routes, the Grand Lac Saint-François area was untouched by development for many years. Forestry, agriculture, industrialization, and real-estate development have since altered the local landscape, making Parc National de Frontenac one of last natural oases of protected land in the region.

The park is a true wilderness haven where nature remains untouched, except for the work required for conservation and the development of educational and recreational activities. White-tailed deer roam the park's hills and hardwood forests, while its mosaic of lakes, ponds, marshes, and brooks are home to large numbers of ducks, otters, and other creatures who amble about under the gaze of the great blue heron, which is found throughout the territory. There is a wide range of birdlife, with close to 200 identified species. Carnivorous plants, orchids, and a rare species called green arrow arum (*Peltandra virginica*) also testify to Parc national de Frontenac's wealth of biodiversity.

THE GREAT LAKE

Grand Lac Saint-François, the third largest lake in Québec south of the Saint Lawrence, is at the head of the 10,228 km² rivière Saint-François watershed.

The park protects 55% of the shoreline of this very large body of water, which is 51 km² in area and 27 km long. The water level of Grand Lac Saint-François, which has been controlled by a dam since 1917, can vary up to 8 meters depending on weather conditions.

A bike ride in the St-Daniel sector is the ideal way to discover the vastness of the lake. Baie Sauvage in the Southern sector and Baie aux Rats-Musqués in the St-Daniel sector are well suited for canoeing and kayaking. Rabaska excursions led by a park warden are also available.



THE PEAT BOG

The Saint-Daniel sector is dominated by a huge 1.5 km² peat bog that is home to both a wooded bog and a structured fen, a peatland formation more commonly found in northern Québec. With its mossy ground scored by long strips of water separated by thin bands of sphagnum, this structured fen is the southern most bog of its kind in its range.

Located in a preservation zone, the St-Daniel sector bog is a fascinating area where carnivorous plants and wide-open spaces mingle with perfumes and heady breezes—all characteristic of peat bogs.

With two observation towers, the bog is accessible by a 4.5 km boardwalk. Interpretation panels and a guided hike allow you to learn more about this exceptional ecosystem bearing the hallmarks of a cold past.

THE MASSIF

The Massif de Winslow is a magmatic intrusion composed of igneous rock at the center and surrounded by a metamorphic aureole composed of harder rock. Glacial erosion left behind a circle of hills surrounding a bowl-shaped depression.

Because of the poor drainage around the massif, there are many lakes and marshes. Lac à la Barbue is an exceptional ecosystem at the massif's heart, with lush marshland and an abundance of wildlife. This lake is home to Québec's largest population of green arrow arum (*Peltandra virginica*), a rare aquatic plant.

Maple stands characteristic of this natural region cover the massif's hillsides, where white-tailed deer populations thrive.



Your Safety : Your Responsibility

Outdoor activities can involve certain risks. Make sure that you have the skills and abilities required for the activity you choose. It is important to know the risks inherent to this activity, to respect your limits and to use appropriate equipment. For more information, we invite you to consult our Web site at www.sepaq.com.

A new infrastructure to the South Sector

The 2011–2012 season will see the launch of a project that is key to the development and improvement of Parc national de Frontenac; the construction of a discovery and service center (DSC) near Baie des Ours at the entrance to the park's South (Sud) Sector.

The new visitor and welcome center will also be a place where visitors can learn all about the park's unique features. It will be a great starting point for visitors wishing to discover the fascinating facets of Parc national de Frontenac and experience this wonderful park for themselves.

For security reasons and to facilitate the task of construction workers, park management is asking all visitors to kindly respect the road signs and stay clear of worksites during construction.





Discovery activities



Not to miss...

Canoe Kayak
Pedal boat Boat

Equipment rentals
(See details on page 9)



Summer schedule: June 14 to August 20, 2011

Activities	Starting time	SAINT-DANIEL Sector							SOUTH Sector							
		M	T	W	T	F	S	S	M	T	W	T	F	S	S	
Randonnée à la tourbière	10:00	1			1		1	1								
Expédition Felton \$\$	14:00												4	4	4	
Exploration baie aux Rats-Musqués \$	13:30		2					2	2							
	15:30		2		2			2	2							
Exploration baie Sauvage \$	10:30										4				4	4
	13:30										4				4	
Le parc à la carte	20:30			3				3		4						4
Masanebesek ou le grand lac	20:30	3					3		4					4		
Les anoures, mes amours June 25 to July 21	21:00											4			4	
Papillons July 23 to August 20	21:00											4			4	
Défi nature	19:00	3					3		4			4			4	
Jeune naturaliste	13:30			3			3									
	15:30									4						4
Apprenti garde-parc	13:30	3					3									
	15:30									4					4	
Garde-parc d'un soir	19:00			3			3		4				4		4	

! The prices, terms and services mentioned in this news letter are subject to change without notice.



Expédition Felton :

Drift back in time on board a rabaska to the era of the paleoindians and first colonizers. A surprise awaits you at the foot of the rivière Felton cascades. Duration: 2:30 hrs

Exploration baie aux Rats-Musqués :

Get initiated to the rabaska and take off on a discovery of baie Sauvage and its natural habitats. A great location for birdwatching! Duration: 1:30 hr

Exploration baie Sauvage :

Come live an experience unique to the twilight hour in an enchanting setting. Explore the fascinating nocturnal universe of Lac à la Barbuée by canoe. Duration: 2 hrs

★ A minimum number of participants is required for activities to take place.

Le chariot des curieux :

Hop on the cart and test your knowledge of the park's lesser-known facets by picking a question and trying to answer it. You can join the group at any time. The cart will show up at the Saint-Daniel visitors center/information kiosk and at L'Escale several times during the week.



Randonnée à la tourbière :

Discover this fascinating spot where carnivorous plants and wide open spaces mingle with rich perfumes and heady breezes - all characteristics of peatlands. Retrace the history of this region's cold-climate past, and become acquainted with a surprising array of plant life. Duration: 1:30 hr

Jeune naturaliste :

Accompany a park warden on a forest inventory. Durée : 1 h

Apprenti garde-parc :

Explore the role of park warden and become the caretaker of your campsite for the night. Duration: 1 hr

Garde-parc d'un soir :

Introduction to the role of park warden, protection of the park and respect of regulations. Duration: 0h45



Défi nature :

Meet some of the park's wildlife stars during a special trivia game. Come smell, touch, and hear the animals! Duration : 1 h

Masanebesek ou le grand lac :

From the melting of the glaciers to the present day, reconstruct the history of Grand lac Saint-François, its first inhabitants, and its flora and fauna. Duration: 1 hr

Le parc à la carte :

This interactive game takes you to the heart of the parcs nationaux du Québec network, where you'll discover the most beautiful attractions of parc national de Frontenac. Duration: 1 hr.

Papillons :

Discover the fascinating world of night moths and set off on a search for living specimens. Duration: 1 hr.

Les anoures, mes amours!

Come hear the declarations of love by members of the frog family, also known as anurans. After a brief introduction to the lead vocalists in the amphibian choir, you will set off in the company of a park warden in search of frogs and tree frogs. Guided by their songs, you will assist with an inventory. Duration: 1:30 hr

LEGEND

Meet at

- 1 Beginning of the peatland trail (Tourbière)
- 2 Oasis
- 3 Camping Rivière-aux-Bluets shelter
- 4 Escale

Rates (plus tax)

\$ \$3.51 / children ; \$7.02 / adults
 \$\$ \$8.34 / children ; \$16.68 / adults

Reservation

Places are limited for activities with fees. To save yourself a spot, buy your tickets a day ahead of the scheduled activity at one of the reception areas, l'Escale or l'Oasis.

Keep your eye on the bulletin boards for postings of the spring schedule (May 21, 22 and June 4, 11, 12 and 18) and end of summer schedule (August 21 to September 4).

Entry fees — Valid until March 31, 2012

CATEGORY OR GROUP	DAILY RATES	ANNUAL PARK CARD	ANNUAL NETWORK CARD
Adult (18 or over)	\$5.50	\$27.50	\$49.50
Child (6 to 17)	\$2.50	\$12.50	\$22.50
Child (0 to 5)	Free	Free	Free
1 adult with children 6 to 17	\$8	\$40	\$72
2 adults with children 6 to 17	\$11	\$55	\$99
Organized adults group	\$4.75	N/A	N/A
Organized youth group (aged 6 to 17)	\$2	N/A	N/A
School or student group	Free	N/A	N/A

Taxes included. Park or Network card is valid for 12 months from date of purchase. The prices, terms and services mentioned in this journal are subject to change without notice.



Lac à la Barbue, a site worth protecting and discovering!

Lac à la Barbue is one of the park's most significant natural features. Its fragile ecosystem boasts an abundance of species, some of them quite rare. The lake is home to numerous marshes that offer prime habitat for a range of wildlife and diverse plant communities, primarily water lilies and pickerelweed, which transform the site into a stunning aquatic floral display, come July.

To protect the unique lake, a protection plan was implemented this year to introduce awareness, regulatory, and site management initiatives.

Come to explore this enchanting site as you follow the path of floating interpretive panels. Please remember and be a responsible visitor to help conserve this ecosystem.

Responsible boating

Fragile zones

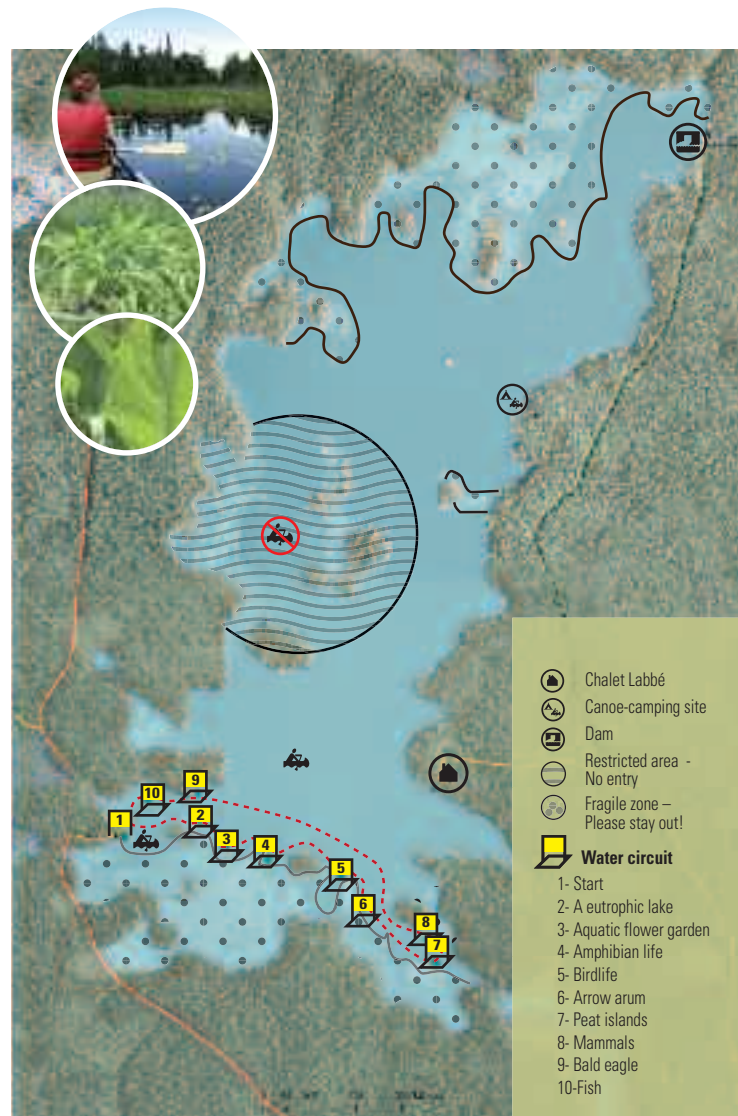
The lake is home to a number of marshes. Heavy canoe and kayak traffic in these fragile zones can disturb and damage the site's flora and fauna. Why not bring along your binoculars and observe the wildlife from a distance?

Protected area – No entry

This zone was set up to protect wildlife species that are easily disturbed, providing an area where they can rest, sheltered against intrusion. The zone is identified by white buoys. Please stay out!

Nesting period

With the exception of lakeside residents, boating on the lake is forbidden until mid-June to protect the nesting sites of certain species, including the bald eagle. When these birds are disturbed they will sometimes abandon their young.



- Chalet Labbé
- Canoe-camping site
- Dam
- Restricted area - No entry
- Fragile zone – Please stay out!
- Water circuit**
 - 1- Start
 - 2- A eutrophic lake
 - 3- Aquatic flower garden
 - 4- Amphibian life
 - 5- Birdlife
 - 6- Arrow arum
 - 7- Peat islands
 - 8- Mammals
 - 9- Bald eagle
 - 10- Fish

Specific regulations to this lake



Fishing is allowed only by cabin guests with the required authorization to fish.



The use of any kind of motor or mechanically powered device is prohibited on the lake in order to limit the spread of underwater plantlife. These plants can spread easily, regrowing from stem fragments. The use of motors can cause premature aging of the lake.

To protect the lakeshore, boats may dock only at sites set aside for this purpose.

Keep an eye out for invasive species!

Some invasive species such as the Eurasian watermilfoil and the zebra mussel can spread from one lake to another on the bottom of watercraft or in mud. To help reduce the risk of introducing these invasive species to Lac à la Barbue, if you are using your own boat, please make sure it is clean and free of mud and plants.



Water activities and picnic area

Water activities

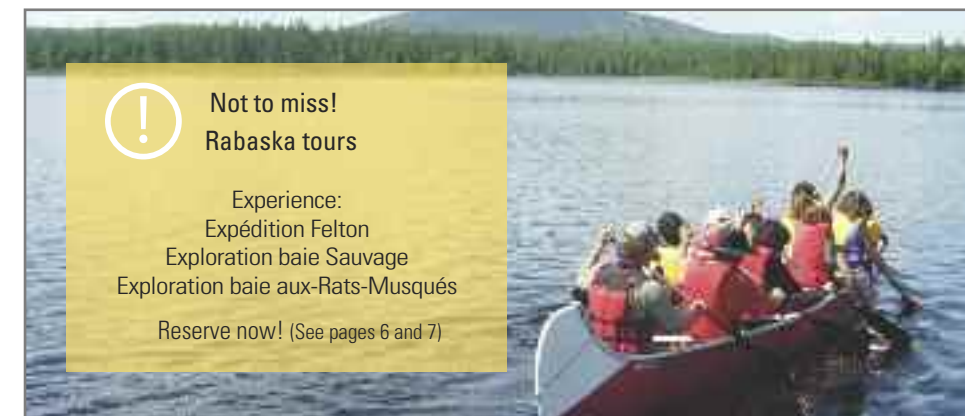
You can canoe or kayak on lac des Iles, lac à la Barbue and Grand lac Saint-François. Small water crafts are available for rental at the Saint-Daniel sector (service centres) and the Southern sector (Escale). Period: mid-May to mid-October.

Water zones

Docking motor crafts is permitted on the shores of the Sainte-Praxède sector, and sites as identified on the map on page 10. Overnight mooring on the water is permitted only on Sainte-Praxède sector. A stay permit is mandatory.

Picnic area

Discover the park's loveliest equipped picnic areas. Spend quality time with family or friends in the heart of nature, in a sunny and verdant decor. An invitation you won't want to miss!



Not to miss! Rabaska tours

Experience:
Expédition Felton
Exploration baie Sauvage
Exploration baie aux-Rats-Musqués
Reserve now! (See pages 6 and 7)



Equipment rentals

(plus tax)	Daily	4 hr	1 hr
Row boat	\$34.45	\$24.36	\$12.29
Canoe	\$40.38	\$28.31	\$14.26
2-seat pedal boat	\$40.38	\$28.31 \$	\$14.26
4-seat pedal boat	\$48.28	\$33.79	\$16.90
Single recreational kayak	\$36.21	\$25.24	\$12.73
Double recreational kayak	\$43.67	\$30.50	\$15.36
Single sea kayak	\$41.47	\$29.19	\$14.70
Double sea kayak	\$56.40	\$39.50	\$19.75
Teenager and adult bicycle	\$30.28	\$21.29	\$10.75
Children's bicycle	\$14.70	\$10.31	\$5.27
Bicycle helmet	\$5.27		
Waterproof bag	\$5.27		
Life jacket	\$5.27		
Oar/paddle	\$5.27		

Rental Conditions: Photo ID is mandatory. Any equipment returned late: minimum charge of \$15 (first 15 minutes late). Customer does not return watercraft to rental site: minimum charge of \$40. Organized group of 15 persons or more using a single vehicle: 20% discount (reservation mandatory).

Aquatic circuits



Baie aux Rats-Musqués, Saint-Daniel Sector

Embark on an adventure as you explore many marshes scattered around the bay. You'll discover beds of aquatic plants in full bloom and an extraordinary diversity of birdlife. You may even spot a great blue heron fishing for lunch, a family of Canada geese bobbing among the bulrushes, or better yet... a bald eagle gliding silently overhead!

Starting point and reservations: Service Center
Duration: 1½ to 2 hours
Level: Easy to moderate (depending on the wind)
You will be provided a map of the route when you rent a Rabaska canoe or on request.



Lac à la Barbue, South Sector

Climb into a canoe and paddle your way around this delightful aquatic flower garden featuring various water lily varieties. Ten floating interpretive panels along the route explain the features of this fascinating environment. The lake and its many marshes are home to a wide variety of plant and animal life, including great blue herons, beavers, and otters.

Starting point: Access from the lake
Canoe reservations: Visitor Center | Escale
Duration: 1½ to 2 hours
Level: Easy
There is a route map in the canoe, and floating interpretive panels provide information along the way.



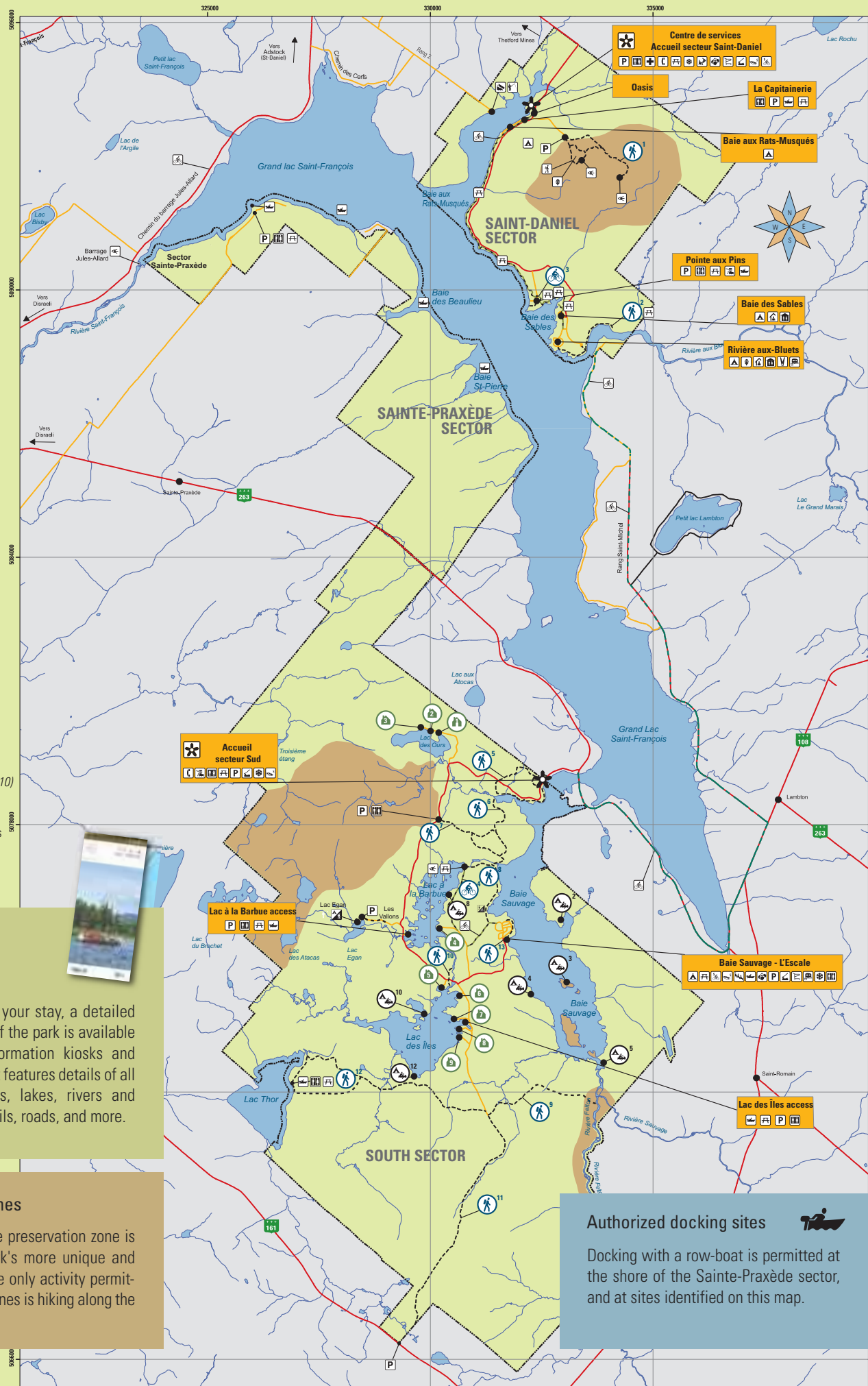
Baie Sauvage, South Sector

Head out on an expedition to Rivière Felton Falls in a canoe or kayak and explore the little bays along the way or simply let the onshore winds decide where to carry you! With many marshes to discover and spectacular views to admire, your trip is sure to be memorable!

Starting point and reservations: Escale
Duration: 3 to 5 hours (intermediate route also available, 1½ to 2½ hours)
Level: Moderate to difficult (depending on the wind)
You will be provided a map of the route when you rent a boat or on request.

Legend

- Camping (p. 14-15)
- Rustic camping (p. 16)
- Rustic shelter (p. 17)
- Cottage (p. 17)
- Canoe-camping (p. 16)
- Boutique Nature
- First aid station
- Convenience store
- Equipment rental
- Bike rental
- Parking
- Authorized docking
- Ice
- Telephone
- Washroom
- Outhouse
- Firewood sale
- Quay
- Launching ramp
- Picnic area
- Lookout
- Play area
- Amphitheatre
- Interpretation
- Horse riding
- Camping shelter
- Laundry
- Station de vidange
- Wade fishing
- Center of services
- Roads
- Access road
- Hiking trail (p. 10-11)
- Multi-purpose trail (p. 10)
- Biking trail (p. 10)
- Grand lac Saint-François bike path



Park Map

To help you enjoy your stay, a detailed topographic map of the park is available at the park's information kiosks and Boutique Nature. It features details of all the park's sectors, lakes, rivers and streams, hiking trails, roads, and more.

Preservation zones

The purpose of the preservation zone is to protect the park's more unique and fragile sectors. The only activity permitted within these zones is hiking along the designated trails.

Authorized docking sites

Docking with a row-boat is permitted at the shore of the Sainte-Praxède sector, and at sites identified on this map.



Hiking and cycling

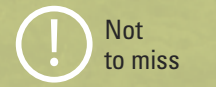


Saint-Daniel sector

			Summer	Winter	Difficulty level	Length
	1 La Tourbière	A vast peat-land boasting carnivorous plants and orchids awaits you at the heart of a coniferous forest. Two observation towers and one auto-interpretation circuit will add to your enjoyment of the hike.			Easy (wooden footpath)	4,5 km (loop)
	2 Le Sous-bois	This trail weaving across the Rivière-aux-Bluets delta is the ideal spot for an outdoor family picnic.			Easy	1.6 km (one way)
	3 Cycling path	You'll love this smooth path gliding through coniferous forests, with rest stops along Baie des Sables and lac Saint-François.			Easy	8 km (one way)

South sector

					Difficulty level	Length
	4 Cycling path	NEW TRAIL UNDER CONSTRUCTION « Les Passereaux » from the South sector park gate to Baie Sauvage. A path winding through a series of small hills and under forest canopy, with a view of Baie des Ours and Lac à la Barbeue.			Intermediate	6.5 km (one way)
	5 L'Érablière	A hill, a maple grove, a beaver lake, and many other ecosystems are your gateway to this pleasant walk in the woods.			Intermediate	4 km (loop)
	6 La Passerelle	Joins the Erablière and Colline trails.			Intermediate	1 km (one way)
	7 La Colline	Add another leg to your hike, from the Erablière to the heart of la Baie Sauvage			Intermediate	3 km (loop)
	8 Les Grands Pins	This trail winds through immense pines and huge rocks that appear to have dropped straight out of the sky.			Easy	6.2 km (loop)
	9 Des Cascades	This old logging road will take you to the magnificent Felton river.			Intermediate	4 km (one way)
	10 Le Portage	This short hiking trail links the lake and the river leading to Lac à la Barbeue (only the dry land section is accessible).			Intermediate	400 m (one way)
	11 Les Trois Moulins	This woody trail takes you through several forest habitats. Riders can ride in this path.			Intermediate	6 km (one way)
	12 Le Massif	Forest trail leading to magnificent lac Thor. (12 km to get to the lake) (uneven ground).			Intermediate	8 km (one way)
	13 La Brise	A path giving direct access to the Baie Sauvage, beginning at Baie Sauvage campground.			Easy	750 m (one way)



Not to miss

La Tourbière guided hike



Available every Tuesday, Thursday, Saturday, and Sunday of the summer (see pages 6 and 7)

Zoom in on the park contest



Take advantage of your stay at parc national de Frontenac to capture forever the beauty of a landscape, the wonders of flora and fauna, or the simple delight of an outdoor activity. You could win one of three \$150 discount stay toward your next visit to parc national de Frontenac.

Contest rules are available on the park website at www.parcsquebec.com/frontenac (Information section). Deadline for entering is November 30, 2011.

At all participating photographers, thank you for your interest! You contribute a great way to bring out the beauty and hidden treasures of the parc national de Frontenac!



Invasive and undesirable species

Resident Canada geese

The Canada goose is one of the region's native species. The birds usually stop in the area on their migratory route in spring and fall, spending the summer further north. But now there is a variety of Canada geese that actually lives in the area all summer long. Over the past ten years or so, the Canada goose population in the park has continued to grow, causing some inconvenience, the most notable being the large number of droppings on the ground.

The geese are especially numerous in grassy areas where they have easy access to land and water, allowing them to feed in a safe environment and flee rapidly as needed. We expect the situation to improve with the new plantation last year in the Capitainerie Sector. The renovation of the Baie aux Rats-Musqués picnic area should also help keep the geese at a distance.



Human activity has long had an impact on Québec's landscape, not only on urban and rural areas but also on its forests and its protected areas. While there are no commercial operations within Québec's parks, human activity in and around the park has altered and will continue to alter the composition of the flora and fauna here. The introduction of new and invasive species can upset the balance of ecosystems. Similarly, the presence of visitors can cause some animals to become used to having humans around, to the point where they become a nuisance. The park team works hard to reduce the risks and negative consequences associated with contact with these species. In some cases, you too HAVE A ROLE TO PLAY!

Uninvited visitors!

The park's campgrounds and serviced areas attract various animals. Sometimes these animals simply delight visitors of all ages. But in other cases they can become a nuisance and a danger to the security of park users. That's why it is important to respect a number of basic rules:

- Never feed wild animals.
- Don't leave any food or dirty dishes out.
- Pack food away in a place animals can't get to it.
- Discard garbage in containers designed for this purpose.

Failing to follow these simple rules can cause all kinds of problems. Raccoon, skunk, and squirrel populations are growing and these animals will seek out human food. Ducks can also visit campgrounds, leaving their calling cards behind! Bears can become used to the presence of humans. And in some cases, the abundance of small animals can attract larger predators like wolves. Failing to respect these rules can also harm the health of animals, reduce their natural instinct, and even cause health risks to visitors. Fortunately the situation at Parc national de Frontenac is relatively calm, and there have been no problems caused by bears or wolves in this sector.

Thank you for helping keep these visitors where they belong: in nature!

The common water reed, a ferocious invader

Some non-indigenous plant species are already or may soon be present in the park. The most problematic species at the moment is without a doubt the common water reed. It has spread along the banks of Grand Lac Saint-François over the past few decades, pushing out native plant species and destroying potential wildlife habitats.

The arrival of the water reed coincided with the building of the regional road network and buildings/facilities. To limit the damage the plant can cause, we have set up a water reed monitoring and control program in the South Sector along the roads. We hope this initiative will help prevent the water reed from spreading to the park's marshes and other lakes.

Japanese knotweed: a more threatening invasive species

There are currently a number of Japanese knotweed populations in the Saint-Daniel Sector. This plant, which grows extremely vigorously and can be very difficult to eradicate, is already widely present in the Thetford Mines area, just to the north. A native of Asia, the plant was introduced into North America as an ornamental. A few years ago, the park team set up a Japanese knotweed monitoring and control program.



Preservation



Ichthyological quality index for Grand Lac Saint-François

This indicator, which is used in the park's ecological integrity monitoring program, is designed to assess the development of fish populations in Grand Lac Saint-François. It evaluates the fish species caught in the aquatic beds at four stations around the lake. The quality index is based on the representation of the species with regard to their

pollution tolerance threshold. Species are divided into three categories: intolerant, intermediate, and tolerant. The higher the representation of intolerant species, the better the habitat quality. Inversely, an unacceptably high proportion of pollution-tolerant species indicates a deterioration of habitat quality.

A new eco-friendly initiative

Now, firewood will no longer be sold in plastic bags. In an effort to reduce waste, the wood provided by a local supplier will be sold in bulk only. Campers can carry their wood in the reusable bags available at the service points, and return them afterwards.

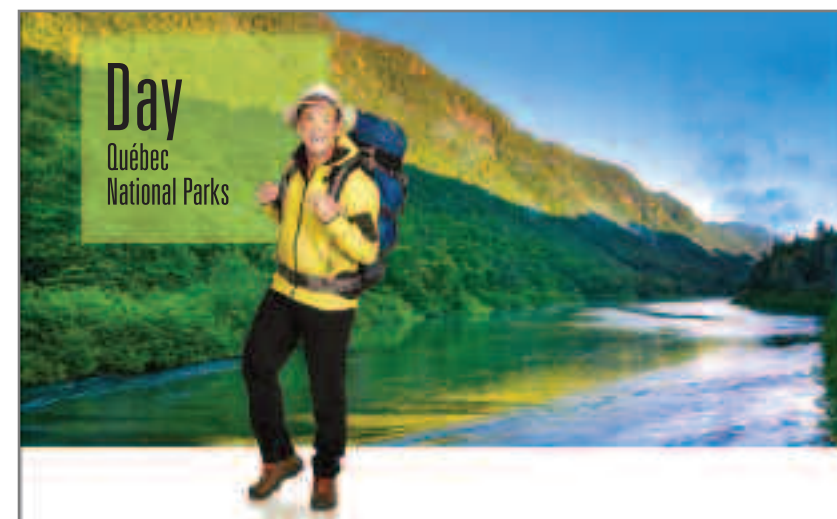


A very special red squirrel!

In summer 2010 an unusual visitor, an albino red squirrel, became the mascot of the Baie Sauvage campground, opting to take up residence there. It is likely that the presence of campers helped protect the squirrel, whose completely white fur made him easy to spot, not only by visitors, but by predators too!

Painted turtles now present in the park

In recent years, park workers have attempted to determine which turtle species live within the park boundaries. None were observed. The last mention of a turtle sighting dated back over ten years. But this summer, a painted turtle was spotted just off the Escale dock at Baie Sauvage. A handful of lucky visitors watched it and even snapped some photos.



Sunday, June 12, 2011

Arthur L'aventurier, spokesperson for the event, invites you to visit a national park near you.

From the infinitely small to the enormously big, come celebrate the incredible resources of nature by taking part in activities specially designed for this occasion.

- Free entry
- Special activities

Full program available at www.parcsquebec.com.

2012 Edition: Sunday, June 10



Camping



BAIE SAUVAGE, South sector



Boutique Nature – Convenience Store – Equipment Rentals

From local products to made-in-Québec creations to rental activities, at each location you will find what you are looking for. Visit us at L'Escale (South sector) and the visitors center (Saint-Daniel).

Hours: Daily from mid-May to Thanksgiving Monday
 High season: L'Escale: 8 AM to 9 PM St-Daniel center: 9 AM to 10 PM
 Low season: L'Escale: 10 AM to 5 PM St-Daniel center: 11 AM to 6 PM

Hours may change without notice, depending on weather and number of visitors.

Campsite rates

Ready-to camp : Tent trailer	\$101	/ day / campsite
Huttopia tent	\$113	/ day / campsite
2 services (water + electricity):	\$34.50	/ day / campsite
1 service (electricity):	\$32.25	/ day / campsite
No service:	\$20.25	/ day / campsite
Rustic (including 1 bundle of firewood):	\$26.25	/ day / campsite



RIVIÈRE-AUX-BLUETS, Saint-Daniel sector



CAMPERS INFORMATION

Phone

There are no phones in the campgrounds and cellphone reception does not work within the park. You will find a payphone outside the administrative office (South sector) as well as outside washrooms near the Saint-Daniel visitors center.

Ice and firewood

You can purchase these products at L'Escale (Baie Sauvage) as well as at the Saint-Daniel visitors center.

Ice: \$4 (non taxable)
 Firewood: \$6.14 (taxes extra)

Shower

Before arriving at your site, plan to have quarters for the showers.
 \$0.50/4 minutes.

Marshmallow sticks

Campers should show respect for the environment by opting for the marshmallow sticks sold at convenience stores.

Payment method

You can pay either by cash, credit card, or Interac (Please note that the Interac service is not always available due to the satellite link).

CAMPING : Check-in and Check-out times

Lodging type	Check-in	Check-out
Camping	3 p.m.	3 p.m.
Huttopia Tent (ready-to camp)	5 p.m.	12 p.m.
Tent trailer (ready-to camp)	5 p.m.	12 p.m.

BAIE DES SABLES, Saint-Daniel sector



BAIE AUX RATS-MUSQUÉS, Saint-Daniel sector



Huttopia,
 reinventing camping!

Fourteen national parks offer Huttopia tents, which are fully equipped to ensure you a comfortable stay in the heart of nature: beds, heating, lighting and everything needed to cook. All you have to do is bring along bedding and food! It's that easy.

From **\$113**/night
 Taxes and entry fee not included

December 13, 2011: reservations begin for the 2012 season

Rules to respect

- Respect the tranquility of the area**
For the peace and quiet of all visitors.
- Do not collect dead wood**
It enriches the soil and allows the forest to regenerate.
- Stay on the paths**
Stepping off-trail compacts the soil and kills vegetation.
- Do not feed wild animals**
Dependence on food from humans jeopardizes their survival.

A list of permitted activities is posted at each reception area.

- 2 services water + electricity (30 amp)
- 2 services water + electricity (20 amp)
- 1 service electricity
- No service
- Ready-to camp Huttopia tents
- Ready-to camp Tent trailers
- Water outlet
- Water (not for drinking)
- Camping shelter
- Toilets and showers
- Outhouse
- Garbage container
- Pump out station
- Amphitheatre



Canoe-camping and rustic camping

Cottage



LEGEND

- Outhouse
- Picnic table
- Parking

Canoe-camping rate
\$26.25
 / day / site including
 1 bundle of firewood

Sites	Distance	Padding time	Number of campsites
(#2) La Loutre	2,5 km	0 h 40	4
(#3) Le Balbuzard	5,3 km	1 h 15	3
(#4) Le Héron	5,4 km	1 h 20	4
(#5) Le Pygargue	7,6 km	2 h 30	4
(#8) Le Huard	2,1 km	0 h 35	3
(#10) Le Castor	1,2 km	0 h 15	4
(#12) L'Original	2,5 km	0 h 40	3

Rustic camping

Site	Number	Distance from parking area
Egan	3	0,5 km

! IMPORTANT
 You are responsible for your safety (see the "Play it safe" leaflet inserted in the center of the park journal).
 No gas-powered boats will be allowed on the sites.



! Attention canoe-campers!
 Please note that it is forbidden to collect firewood in the forest. Visitors who violate this rule may be fined.
 The dead wood that litters the forest floor is important for animals and plants. It creates excellent hiding spots for small animals, and when it decomposes, it provides nutrients essential for plant and tree growth.
 Gathering dead wood in the forest requires heading off the trails into the undergrowth, which is very fragile. By straying off the trails, you trample the undergrowth, destroying the plants growing there. The soil can become so compacted that plants can no longer survive there.



Cabins *See location p. 10*

	8 Abénaquis	SF	16	0	•	•	•	•	•	•
	KM 11									
	\$ 236									
	6 Belisle	SF	4	2	•	•	•	•	•	•
	KM 9									
	\$ 164									
	5 Cliche	SF	10	4	•	•	•	•	•	•
	KM 8									
	\$ 236									
	2 Cyr 1	SF	2	1	•	•	•	•	•	•
	KM 4									
	\$ 128/95									
	3 Cyr 2	SF	6	3	•	•	•	•	•	•
	KM 4									
	\$ 200/95									
	4 Labbé	SF	5	3	•	•	•	•	•	•
	KM 11									
	\$ 164									
	9 Legendre	SF	4	2	•	•	•	•	•	•
	KM 12									
	\$ 164									
	7 Martin	SF	4	2	•	•	•	•	•	•
	KM 10									
	\$ 164									

Cabins
 For a romantic getaway, a family reunion or a get together among friends, the eight holiday chalets of the Southern sector offer you comfort and intimacy in natural surroundings. All chalets are situated by the water with a view on the lake, and can house 2 to 16 people. Each is equipped with a range, bathroom, refrigerator, kitchen accessories and a propane heating system (with the exception of chalet Legendre, which also works on solar energy). Drinking water is provided and a rowboat is also at your disposal.

Rustic shelter
 Relax to the musical sounds of frogs at the La Tanière rustic campground. This campsite for 2 is situated on the shores of lac des Ours with access to the lake, and is equipped with a wood stove and dry outdoor toilet. Drinking water is not provided

Sport fishing
 Fishing on lac des Îles, lac à la Barbutie and lac des Ours is allowed only for visitors holding an authorization to fish while staying in a chalet. Specific conservation regulations apply. Permission to fish and a Quebec fishing permit are mandatory, and can be obtained at the reception area of the Southern sector. On Grand lac Saint-François fishing activities follow the regulations applicable to zone 4.

Don't forget to register your catch! Information on your catch is essential for maintaining sound fish stock management. Cabins Client: at the end of your stay, you must complete and return to South gate the authorization form from fishing. For people fishing on the Grand Lac St-François, it is suggested to fill the logbook located at the Service Centre of St-Daniel and Escal.

ACCOMODATION : Check-in and Check-out times

Lodging	Check-in	Check-out
Cabin (summer-fall)	5 p.m.	12 p.m.
Rustic Shelter (summer-fall)	5 p.m.	12 p.m.
Cabin and rustic shelter (winter)	3 p.m.	11 a.m.

Canoe-camping package deal
 Starting at:

2 days / 1 night **\$91** / campsite, double occupancy

3 days / 2 nights **\$149** / campsite, double occupancy

**Taxes and access fees not included*

Includes:
 - canoe and life jacket;
 - campsite;
 - 1 bundle of firewood/night.

Rustic shelter *See location p. 10*

	La Tanière	SF	2	0	•	•	•	•	•	•
	KM 4									
	\$ 65									
		W	2	0	•	•	•	•	•	•

LEGEND

- Season: S = Summer, F = Fall, W = Winter
- Shower
- Propane
- Fireplace or woodstove
- Vehicle access
- Cabin capacity
- Number of bedrooms
- Distance from Registration Centre (km)
- Kitchen utensils
- Fare from /day
- Outhouse
- Snowshoeing access



Saturdays-hiking

This fall we are offering several special outings that allow you to explore the park's biodiversity while enjoying a favorite activity. For details, see our website or Facebook.



Watch out for carnivorous plants! September 3 | October 1:

Family walk (5 km) to Saint-Daniel peat bog: Explore the diversity of plantlife adapted to this environment, learn about carnivorous plants, and enjoy spectacular views of the site and Mont Adstock from two observation towers. Includes a stopover at the string bog



Birdwatching walk on Les Passereaux trail September 10

Discover numerous observation points and listen to and learn about all kinds of bird species in various ecosystems. Includes a stopover at Lac à la Barbue.



In the land of the Smurfs September 17

Family walk (5 km) along part of Les Grands Pins trail: Explore the fascinating and mysterious world of mushrooms as you observe their many unusual forms and textures. Note: This activity does not cover the topic of edible mushrooms. Stopover at Rivière du lac à la Barbue



Blazing red maples September 24

Family walk (3 km) on L'Érablière trail: Explore this new trail with its many marshes, admire the stunning fall colors, and learn about the phenomena associated with the changing colors of the leaves. Stopover at the Lac des Ours marsh



Long walk (16 km) on the Massif de Winslow trail September 24 | October 8

Expedition to one of the highest points around, with spellbinding vistas of the entire southern section of the park. Picnic at Lac Thor.



Give and nature will return the favour!

In order to **conserve, protect** and help people **discover** our national parks, it is first important to know them well. This requires the investment of both time and resources. Sépaq has created a special fund, the Parcs Québec Fund, dedicated to supporting priority conservation projects in each national park.

Make a donation and participate in the conservation and protection of national parks:

- By depositing money in one of the boxes of the Parcs Québec Fund which you will find in each national park.
- At the time of an on-line reservation at www.sepaq.com.



Winter at Frontenac

Cottage

Treat yourself to a snowshoeing excursion in a winter wonderland and then relax by a cozy fire. The Cyr 1 and Cyr 2 chalets, as well as the La Tanière rustic shelter, are accessible by snowshoe or cross-country ski 4 km from the South sector main office. No running water, and pit toilets only. For more information on the winter accommodation offer, see page 17.

Baggage Transport

Why do without! Reserve the baggage transport service available during the winter on Sundays, Wednesdays, and Fridays. The outbound trip is at 3:00 p.m. and the return trip at 11:00 a.m. Let us carry all your essentials while you travel light on the 4 kilometer snowshoe or cross-country ski trip in and out! Additional fees apply.

Snowshoeing

Strap on your snowshoes and take in a performance by Mother Nature! The park's network of 3 trails totals 11 km. The Érablière trail at the entrance to the South sector offers breathtaking viewpoints of Grand Lac Saint-François.

Equipment rentals (taxes extra)

	Day
Adult snowshoes	\$14.50
Children's snowshoes	\$10.25

Winter trails map available to the Main office or click www.parcsquebec.com/frontenac/Information

WINTER TRAILS

Trails	Distance (km) Round trip	Lenght	Level	Departure
L'Érablière	3 km	1h15	Intermediate	Parking lot behind South gate
La Passerelle and La Colline	4 km	1h15	Intermediate	At the end of l'Érablière trail
Principal road	4 km	1h15	Easy	Main office



facebook

Subscribe to our e-newsletter! Receive interesting information on the park and its wildlife, products and services, and regular events.

Come in on www.facebook.com/parcnationaldefrontenac



White as Snow package deal

Outdoor enthusiasts, enjoy a true healing edge of Lac des Ours:

- 2 nights stay in rustic shelter or cabin
- 3 days of snowshoe rentals
- Firewood included

From
\$179 + taxes / stay
in double occ.

Reservations: 1 800 665-6527 • www.parcsquebec.com



A place for youth



Québec's National Parks: Protected Areas

High school students create a national park!

First, a park warden visits the students to teach them about Québec's national parks, including their mission and history, and to present the rich natural heritage of Parc national de Frontenac.

Next, the students put their new knowledge to work and, with the help of maps, develop a new national park called Montagne Verte.

This activity is available year-round as part of Québec's cycle one high school geography program.

Welcome to the world of parks!

For more information, call at 418 486-2300 ext. 229

A memorable ... and wearable souvenir!

Hey do you know about, Frontenac Hero? Find out... it shows off the brand new kids t-shirt!



Hey kids! Have you got your "Garde-parc en herbe" passport?

Ask for your "apprentice warden" passport when you get to the park! Each time you take part in one of the four passport activities (A), you receive an attendance sticker. After two activities, you get a pass good for a rabaska activity. Parti-cipate in all four activities and get your "garde-parc en herbe" certificate, and a chance to enter our "Take Your Family to the Park" contest.

Have fun!

Discover me at **CONNECTING THE NUMBERS** and **COLOR ME!**
I am a noble and I proudly represent the Parc national de Frontenac!



Activities and services in the surrounding area

Discover Parcs Québec t-shirts



Wear them with pride and re-immense yourself in the atmosphere of your vacation. Available at our Boutique Nature stores, these t-shirts are designed and made in Québec.

All profits will be reinvested in our national parks. What a great way to participate in the protection of Québec's natural heritage!



Moulin Bernier

Come with your family and learn about the history of the millstone through the ages!

Grind your own flour on our traditional millstones, and see how the gears, pulleys, millstone and bolter function to produce buckwheat flour. Enjoy a picnic on the panoramic viewpoint facing the waterfall and its log dam.

Guided tours of the following exhibits: Meuniers d'antan / Mains et Merveilles / La Chemise Perfection Inc. / Du fond du rang à la rue Principale.
Open mid-May to September 25, Wednesday to Sunday, 10 a.m. to 5 p.m. From June 24 to September 4, Tuesday to Sunday
Construction holidays: Open 7 days/week

100, rue du Moulin, Courcelles / 418 483-5646



www.moulinbernier.ca

Songes d'été en Musique / Midsummer Music Dream

Festival de Musique Classique August 2 to 8, 2010 with Workshops and Concerts
www.midsummermusiquebec.com

MAISON DU GRANIT
301, Route du Morne, Lac-Drolet
819 549-2566 • www.maisondugranit.ca



Exhibit, guided tours, trails around the historic quarries (14 km), lookout, and panoramic view
Open May 28 to October 16, 2011, 10 a.m. to 5 p.m.

MARINA CAMPING LE GRAND BLEU



New this year
Several new sites
Patio, Bistro-pub
Boat transport, windsurfing school
Fuel, Convenience Store, children's sailing school

Grand Lac St-François
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www.mclegrandbleu.ca

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Come discover with our costumed tour guide why the region is so rich in geology, mining history and extraordinary minerals.

This summer program

- ▶ **Asbestos hill challenge**, Nunavik first mine
A temporary exhibition from the Musée minéralogique et minier de Thetford Mines
- ▶ **HD Movie: Ice worlds**

2 choices of tour package

- ▶ **Discovery tour KBB** (mining cradle)
- ▶ **Open pit Mine-Museum package**

▶ **From Crystals to Gems**
A travelling exhibition from the Canadian Museum of Nature

711, boulevard Frontenac, Thetford Mines (QC)
www.museemineralogique.com
418.335.2123 / 418.335-3790

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Chicken, steak, pizza, seafood ...

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Set dinner menu and lunch menu

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cotecour@tella.mbton.net

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Lucie Bélanger Lambton

Licensed restaurant




Miraco Dépanneur Denis Chouinard

Located near the entrance of the Saint-Daniel sector

Gas, diesel, propane gas fill-up
Beer • SAQ • Ticket validation station • Express lunch
• hunting and fishing permit

Open 7 days • Summer schedule: 7 AM to 10 PM
34, rue Chouinard, Saint-Daniel • Tel.: 418 422-5558



Parc national de la Jacques-Cartier

In summer or in winter, discover the breathtaking sceneries of Parc national de la Jacques-Cartier.

- 26 km of river - 100 km of hiking trails
- 20 Discovery activities
- 66 km of snowshoeing trails
- 55 km of backcountry skiing trails
- 8 km of snow walking trails
- 5 ways to spend the night: Hottopia tents, yurts, camping, rustic camps and cabins

Photos : Steve Deschênes et Pub photo

1 800 665-6527 • parcsquebec.com







I choose Thetford Mines!

- A 21 km bike path;
- A 18-hole golf course;
- An outdoor karting center with the largest track in Canada;
- A recognized summer theater;
- A Station of arts;
- A diversified commercial life;
- A great variety of festivals;
- Many parks and much more!

Come to visit us
and see the warm welcome of the people here.

Ville de **Thetford Mines**

For information : www.ville.thetfordmines.qc.ca



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AVENTURE ÉCOTOURISME QUÉBEC AT PARC NATIONAL DE FRONTENAC

The outfitters, members of Aventure Écotourisme Québec, in collaboration with the Sépaq, offer you several stays and guided activities especially conceived to have you discover exceptional natural spaces. AEQ groups together more than one hundred producers in adventure tourism and in ecotourism that join forces to offer you high-quality products.

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THE SUMMIT DRIVE
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ROUTE DES SOMMETS

Photo: Sébastien Laroze



Eastern Townships National Parks
4 stars activities !

Parc national de la Yamaska
Come live an exhilarating experience as you discover the network of trails criss-crossing the park around a magnificent body of water. Don't be surprised if you fall in love with the panoramic view!

Parc national de Frontenac
Take part in a guided outing on a rabaska canoe, and then follow the bicycle trail to enjoy a picnic on the edge of Grand lac Saint-François.

Parc national du Mont-Mégantic
Experience a fascinating trip that will introduce the whole family to astronomy and nature, at the heart of the 1st International Dark Sky Reserve !

Parc national du Mont-Orford
Whether it is an outing on foot, on a bicycle or in a canoe, come discover the park's diversity: the rich nocturnal wildlife, summits offering a magnificent view of the region and clear-water lakes.

This summer, experience...
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