

# Journal

2013 • 2014 | ENGLISH VERSION



PARC NATIONAL  
**D'OKA**







# THE MUST-DOS



## ➤ LE CALVAIRE D'OKA

Parc national d'Oka boasts a rich cultural and religious heritage, the heart of which is the Calvaire d'Oka – the only historical site of its kind in North America. It features four Romanesque-style oratories and three chapels built between 1740 and 1742. A walking trail provides year-round access to the site.



## ➤ CAMPING

Campers can enjoy the breathtaking natural haven that is Parc national d'Oka throughout the year. A range of unserviced, semi-serviced and fully serviced campsites are available so you can discover the magic of park for yourself. Short on camping gear? No problem! Rent one of our ready-to-camp Huttopia tents or tent-trailers. Or opt for a wood stove–heated Nordic Huttopia tent or tent cabin for added comfort in the winter months. The park is open for camping 365 days a year – sun or snow, rain or shine.



## ➤ WINTER

Looking for a relaxing day of fun in the cold, crisp air? Or would you rather put your outdoor skills to the test? Our winter trails are perfect for snowshoeing, cross-country skiing and snow walking enthusiasts, no matter what your level of expertise. And don't forget our ever-popular ice slide – a favourite for young and old alike. Want to extend your stay? Why not spend the night in a Nordic tent, in a tent cabin, in the Gîte sous les pins lodge or in one of our 4 mini-cabins?



## ➤ DISCOVERY ACTIVITIES

Our staff is here to help you make the most of your experience at Parc national d'Oka. A full lineup of educational activities is available for visitors of all ages interested in learning more about the park and its natural riches. This year, come find out more about plant life, raccoons, bats, local history and more!

# WELCOME

## NESTLED BETWEEN A SCENIC LAKE AND ROLLING HILLS

Parc national d'Oka is home to a variety of habitats that contribute to preserving the biodiversity of the St. Lawrence Lowlands. The abundance of plant life – which includes thirty or so protected species – makes it one of Québec's most botanically rich parks. Features like the Rivière aux Serpents and La Grande Baie marsh provide a natural sanctuary where local flora and fauna can thrive. Visitors can enjoy a wide range of seasonal and year-round activities, including hiking, cycling, snowshoeing, cross-country skiing and camping – all in a spectacular setting in tune with nature.

### RATES IN EFFECT FROM APRIL 1, 2013, TO MARCH 31, 2014

CATEGORY OR GROUP	DAILY RATES	ANNUAL PARK CARD	ANNUAL NETWORK CARD
Adult (18 or over)	\$6.50	\$32.50	\$58.50
Child (6 to 17)	\$3	\$15	\$27
Child (0 to 5)	Free	Free	Free
1 adult with children 6 to 17	\$9.50	\$47.50	\$85.50
2 adults with children 6 to 17	\$13	\$65	\$117
Organized adults group	\$5.75	N/A	N/A
Organized youth group (aged 6 to 17)	\$2.50	N/A	N/A
School or student group	Free	N/A	N/A

Taxes included. Annual Park or Network card is valid for 12 months.  
The prices, terms and services mentioned in this journal are subject to change without notice.

## Your Safety : Your Responsibility



Outdoor activities can involve certain risks. Make sure that you have the skills and abilities required for the activity you choose. It is important to know the risks inherent to this activity, to respect your limits and to use appropriate equipment. For more information, we invite you to consult our Web site at [sepaq.com](http://sepaq.com).

## REGULATIONS



To contribute to improving the quality of the park experience, an entry fee was established by the government. You must always carry your receipt or your annual card during your visit.



To preserve the natural riches for future generations, it is prohibited to remove natural elements (animals, plants, dead wood, rocks, etc.).



The flora is sensitive to being trampled. If we multiply the impacts of thousands of visitors, it's easy to understand why it is mandatory to stay on the hiking trails.



Nature exhibits exemplary equilibrium. The animals find everything they need to eat here, and that is why feeding wildlife is prohibited. In this respect, it is also prohibited to leave food or garbage unsupervised. Keep them in your car.



Domestic animals are prohibited in Québec's national parks. But guide dogs and service dogs accompanied by their foster families are admitted. However, these dogs must be easily identifiable, wearing the Mira scarf or harness. Those in charge of the animal must carry the foundation's letter of accreditation.



It's great to enjoy an authentic natural environment that is clean and healthy! Carry out your garbage, leave it in the containers provided, and take home any harmful substances, such as soap, oil, combustibles or pesticides.



For the preservation of the milieu and for your safety, only a certain number of activities are allowed in these parks. Plan your visit and first check the list of activities that are allowed in the parks you plan to visit.

# Conservation in action



## The park beach: a swimming area but also a migratory stopover for shorebirds

During your fall hikes on the park beach, keep an eye out for small birds wandering about in the distance. They are probably looking for small preys. Sandpipers and plovers, also called wading birds, pace up and down the beach using their sharp beaks to locate and capture aquatic organisms hidden in the clammy terrain. They need the stopover to accumulate fat before undertaking their long

migration to their northern nesting grounds or wintering areas down south. Without these reserves, they would not be able to reach their destination. Mid-August is the best time to observe them in the park. Over a dozen species flying down from northern Québec share the shoreline until the end of fall season. Springtime is also a good time to see these birds in action.

A survey of the migratory stopover has been carried out since 2010. Fifteen shoreline species have been spotted on the western

beach, of which nearly half are declining everywhere in Québec. Despite their small size, these travelers are affected by human interference, mainly due to the loss of habitat caused by industrial, agricultural and urban development. The park offers them a refuge free of any disturbance.

## Shoreline stabilization project: work continues in Parc national d'Oka

In keeping with our ongoing commitment to improving park facilities, we launched a major shoreline restoration project in 2012. The lack of plant life between the lakefront and select picnic areas has increased the risk of erosion. You may have already noticed the logs that have been placed in these areas and the newly

planted vegetation, the purpose of which is to build up the riverbanks. By staying clear of these stabilization zones, leaving the rocks in place and using the designated paths to get to and from the beach, you will be doing your part to make this project a success.



Huttopia

## A PARCS QUÉBEC'S EXCLUSIVE!

Discover the **Huttopia tent**, a simple and comfortable way to discover the joys of camping without all the lugging.

Each unit includes:

- two big beds
- supplementary heating and lighting
- a propane-operated warming tray and a mini-fridge
- everything you need to prepare meals

### 2013 SEASON

80 new tents

### 2 new destinations:

- Îles-de-Boucherville
- Lac-Témiscouata

LOW SEASON <sup>(1)</sup>

\$99/night

HIGH SEASON <sup>(2)</sup>

\$116/night

Capacity of 5 people (max. 4 adults)

(1) From Sunday to Thursday until June 20, 2013 and from September 8, 2013.

(2) Fridays, Saturdays, holidays and every day from June 21, 2013 to September 7, 2013. Taxes and entrance fee not included.

Online reservation: [parksquebec.com/huttopia](http://parksquebec.com/huttopia)

# Park map



## Hiking



Distance (round trip)      Difficulty level

### L'Érablière trail

Departure point

- La Grande Baie Information Centre

1.2 km

Easy

### La Grande Baie trail

Departure point

- La Grande Baie Information Centre

3.5 km

Easy

### Calvaire d'Oka trail

Departure point

- Discovery Pavilion

4.6 km

Easy

### La Sauvagine trail

Departure point

- Le Littoral Visitors Centre or
- La Grande Baie Information Centre

13.8 km

Intermediate

14.8 km

Intermediate

### Sommet trail

Departure point

- Calvaire d'Oka parking
- 5.0 km shared trail (mountain bike)

6.9 km

Hard



## Cycling



### Park bicycle path

Departure point

- Le Littoral Visitors Centre

3.2 km

Easy

### La Route verte : La Vagabonde

(section inside the park)

Departure point

- La Grande Baie Information Centre

7.8 km

Easy to Intermediate

## In a park, it is prohibited to:



Bring pets;



Kill, capture, hurt, molest, harass, feed or tame animals;



Damage or collect shrubs or herbaceous plants or any parts of them;



Cut down trees or any part of them or collect dead wood;



Trample the flora. Stay on the trails.



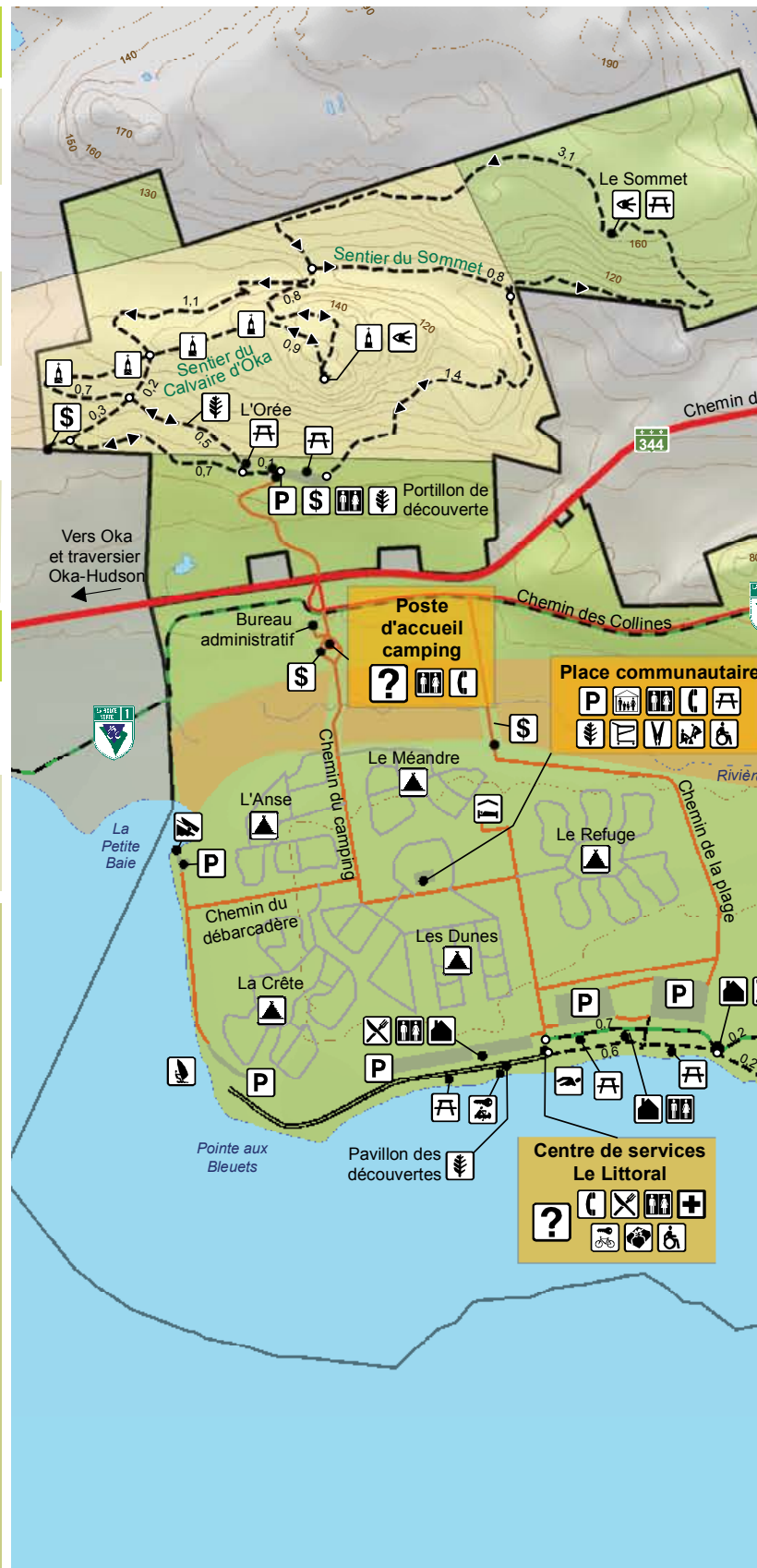
Throw trash anywhere except in the containers provided.

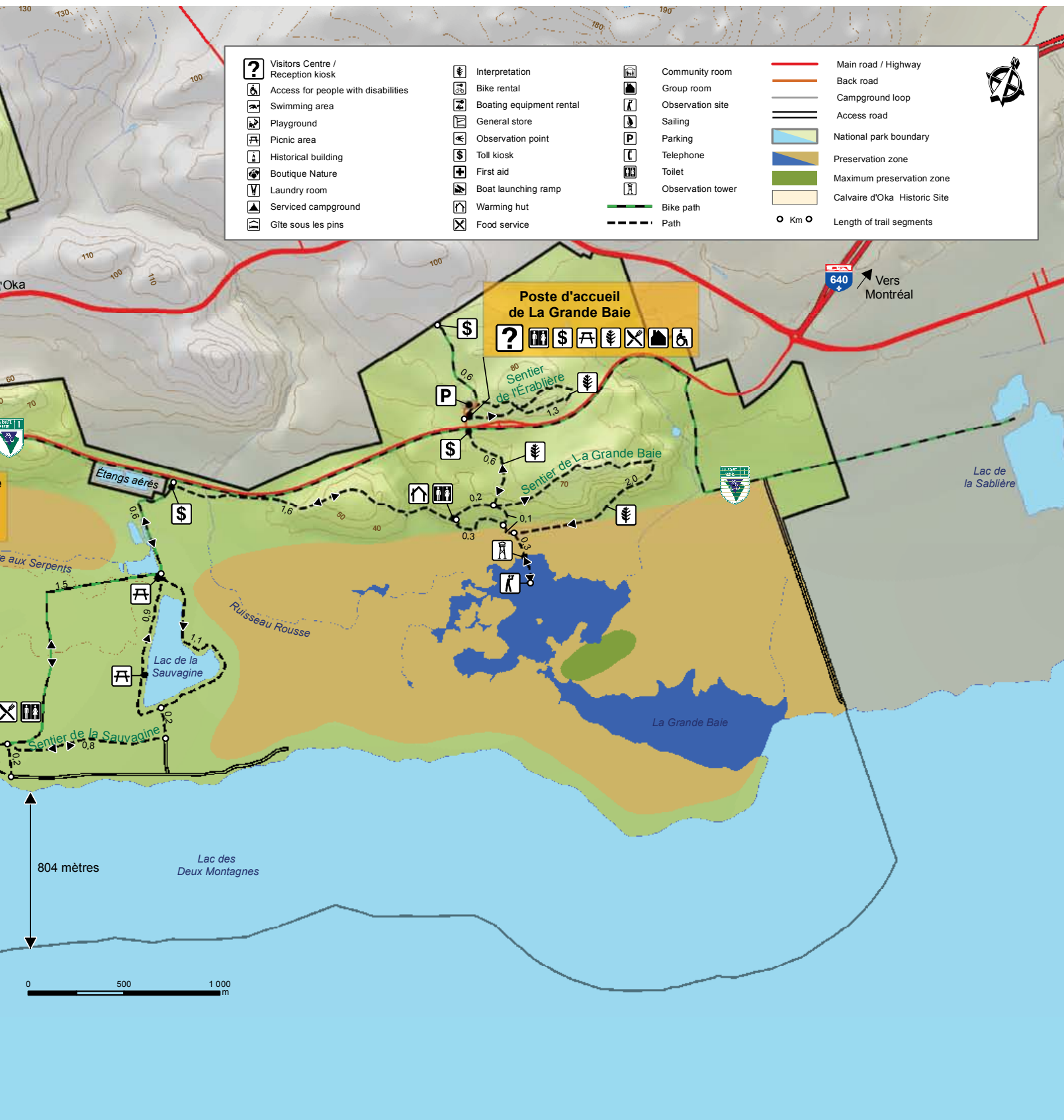
## On the beach :



To ensure the park's conservation, other regulations apply. You can consult the complete list of park regulations, as well as the list of authorized activities and services, at the information kiosks or ask a member of our team who will be pleased to answer your questions.

Thank you for your cooperation!





# Conservation and you



## A bread crust here, a marshmallow there... Stop!

Although you may think you're being helpful, feeding the wild animals that live in the park is a definite no-no. No matter how good your intentions are, the repercussions can be very problematic, both for the wildlife and for visitors to the park. The fact that certain animals come to our campsites in droves shows that they have become dependent on an artificial source of nourishment. Your contact with a raccoon or a fox lasts only a few minutes for you. But that same animal may relive the experience hundreds of times. If every visitor feeds it or leaves food unattended in a cooler or on a picnic table, it will come back time and time again – and probably bring some friends! Every encounter can have

direct and indirect consequences for both parties: malnutrition, dependence and tooth decay on one side, and a source of nuisance and lost food on the other. And you can bet that you won't be left alone at nighttime either! Trying to feed a wild animal so you can get a closer look isn't playing fair – no matter how "special" the moment may seem. The greatest source of pleasure you can have is observing an animal in its natural habitat. If you are a true nature-lover, please remember to be respectful and responsible : keep your distance and keep your food to yourself!



## Poison ivy: Let it be!

Poison ivy (*Rhus radicans* L.) is widespread throughout Québec. It grows on sandy, stony and rocky shores, in thickets and clearings and along the borders of woods. This glossy perennial can spread by seed or by producing shoots from its extensive underground stems. The compound leaves of poison ivy consist of three pointed leaflets. The middle leaflet has a much longer stalk than the other two sides. The edges of the leaf are usually toothed and irregular, and the central vein is often slightly off centre. The leaves are reddish in the spring, turn green during the summer and become various shades of yellow, orange or red in the fall. Poison ivy produces clusters of cream to yellow-green flowers

during the months of June and July. The berries that appear by September are clustered, globular, waxy and green to yellow in colour. They often remain on the stems of the plant all winter.

The sap contains a toxic oil (urushiol oil or toxicodendrol) that is a skin irritant for most people. The sap can be present on any part of the plant, including the leaves, stem, root, flowers and berries. The oil adheres to the skin and other surfaces on contact, resulting in blisters, irritation and intense itchiness. Symptoms generally develop 24 to 48 hours after contact.



## DISCOVER THE FONDS PARCS QUÉBEC COLLECTION AND DO YOUR PART FOR CONSERVATION!

One dollar will be donated to Fonds Parcs Québec for each item purchased.

Donations to Fonds Parcs Québec serve to support the conservation of Québec's national parks. Through the funding of research, knowledge acquisition, and species population monitoring and inventory, vital data are obtained to particularly safeguard plant and animal species.

The collection is available at the Boutique Nature shop.

**BOUTIQUE  
NATURE**  
Parcs Québec

**FONDS**  
Parcs Québec  
fondsparcsquebec.com





# Winter Activities

## The park, on foot, on snowshoes or on skis



Snow Walking	Departure point	Distance	Difficulty level
Le Rivage West (A) Le Rivage East (A)	Le Littoral	2.2 km 3.0 km	Easy
Les Dunes (B)	Le Littoral	3.8 km	Easy
Le Calvaire d'Oka (F)	Le Littoral Park Gatehouse	12.4 km 6.0 km	Expert Hard

## Snowshoeing



L'Écureuil ▲	Le Littoral	3.5 km	Easy
La Montée Secteur Le Sommet ▲	Le Littoral Park Gatehouse	16.2 km 9.2 km	Expert Expert
Secteur Le Calvaire ▲	Le Littoral Park Gatehouse	10.8 km 3.8 km	Expert Hard
Le Marais ▲	Le Littoral	14.0 km	Hard

## Cross-country Skiing

Le Centenaire (1)	Le Littoral	3.8 km	Easy
La Pinède (2) <i>Lit trail!</i>	Le Littoral	4.0 km	Easy
La Grande Baie (3)	Le Littoral	13.0 km	Easy to Expert
L'Érablière (4)	Le Littoral	10.6 km	Easy to Expert
La Colline (5) <i>Nordic skiing</i>	Le Littoral	16.5 km	Easy to Expert
Le Louis Hébert (6)	Le Littoral	7.2 km	Easy
La Poursuite (8)	Le Littoral	16.3 km	Easy to Expert

All distances are calculated based on a round trip.

## Learn to enjoy the pleasures of winter

- ❄️ Four-lane ice sliding (snow carpets are provided)
- ❄️ Snow walking
- ❄️ Snowshoeing
- ❄️ Cross-country skiing and a 4-kilometre lit trail
- ❄️ Over 46 linear kilometres, including 29 for classical skiing, 23 for ski skating and 8 for Nordic skiing.
- ❄️ Winter activity program on Saturdays, starting January 4. Check with our staff for details.

## Discover the cross-country ski school

- ❄️ 8 weeks of fun for kids 4 to 13 years old. Classic skiing and ski skating techniques with discovery activities in a natural environment to boot. Register at [ecoledeski.oka@sepaq.com](mailto:ecoledeski.oka@sepaq.com)
- ❄️ Day or evening customized courses (packages available)

## Extend your stay!

- ❄️ Nordic Huttopia Tent
- ❄️ Rustic camping
- ❄️ Turnkey accomodation package
- ❄️ Gîte sous les pins: a rustic inn
- ❄️ Mini-cabins



Snow conditions  
450 479-8365 voice mailbox 500  
[www.parcsquebec.com](http://www.parcsquebec.com)



Parc national d'Oka is a member of  
Regroupement de ski de fond  
des Laurentides.  
Visit: [www.skidefondlaurentides.com](http://www.skidefondlaurentides.com).

## ALLOW YOURSELF TO BE GUIDED BY NATURE



Parc national de la Jacques-Cartier  
© Luc Rousseau

The outfitters, members of Aventure Écotourisme Québec, in collaboration with the Sépaq, offer you several stays and guided activities specially conceived to have you discover exceptional natural spaces.

AEQ groups together more than one hundred producers in adventure tourism and in ecotourism that join forces to offer you high-quality products.

Consult the Association's website for planning your guided activities in Sépaq's national parks.



[www.quebecadventure.ca](http://www.quebecadventure.ca)

# Discovery Activities



Daily	Activities	Hours	Meeting point
<b>SPRING: April 27 to June 16</b>			
Saturday April 27 to May 18	<b>11</b> Au marais, ouvrez l'oeil !	1:30 to 3:00 p.m.*	La Grande Baie tower
Sunday April 28 to May 19	<b>9</b> Zoom sur une saison	1:30 to 3:00 p.m.*	L'Orée (Calvaire d'Oka)
Saturday May 25 to June 15	<b>8</b> Démasquons le raton	10:30 to 11:45 a.m.	Community Place
	<b>12</b> Mission conservation !	1:30 to 3:00 p.m.*	La Grande Baie trail
Sunday May 26 to June 16	<b>4</b> Et que ça saute	10:30 to 11:45 a.m.	Community Place
	<b>10</b> En bref, des siècles d'histoire au Calvaire d'Oka	1:30 to 3:00 p.m.*	Calvaire d'Oka
Monday May 20	<b>11</b> Au marais, ouvrez l'oeil !	1:30 to 3:00 p.m.*	La Grande Baie tower
<b>SUMMER: June 22 to August 18</b>			
Saturday	<b>8</b> Démasquons le raton	10:30 to 11:45 a.m.	Community Place
	<b>14</b> Go... top chrono	7:30 to 8:30 p.m.	Community Place
Sunday	<b>3</b> L'éveil du lac \$(R)	8:30 to 9:45 p.m.	Water Sports Equipment Rental
	<b>6</b> Concours : façonnez le parc en sable	10:30 to 11:45 a.m.	On the beach (Discovery Gazebo)
	<b>15</b> Les chauves-souris, un monde à l'envers	8:30 to 9:30 p.m. June / July 8:00 to 9:00 p.m. August	Community Place
Monday	<b>7</b> La flore, un peu, beaucoup, à la folie !	10:30 to 11:45 a.m.	Community Place
	<b>16</b> Histoires de familles	7:30 to 8:30 p.m.	Community Place
Tuesday	<b>5</b> Trouvez la faille !	10:30 to 11:45 a.m.	Community Place
	<b>17</b> En un tour d'horizon...	7:30 to 8:30 p.m.	Community Place
Wednesday	<b>1</b> Joignez le reptile à l'agréable	10:30 to 11:45 a.m.	Community Place
	<b>15</b> Les chauves-souris, un monde à l'envers	8:30 to 9:30 p.m. June / July 8:00 to 9:00 p.m. August	Community Place
Thursday	<b>4</b> Et que ça saute	10:30 to 11:45 a.m.	Community Place
	<b>13</b> La nuit, au Calvaire d'Oka	8:30 to 9:30 p.m. June / July 8:00 to 9:00 p.m. August	Discovery Pavilion
Friday	<b>2</b> Les détectives... sur la piste des animaux	10:30 to 11:45 a.m.	Community Place
	<b>18</b> Vivre en l'an zéro	7:30 to 8:30 p.m.	On the beach (Discovery Gazebo)
<b>FALL: August 19 to October 14</b>			
Saturday	<b>8</b> Démasquons le raton	10:30 to 11:45 a.m.	Community Place
	<b>12</b> Mission conservation !	12:00 to 1:30 p.m.*	L'Orée (Calvaire d'Oka)
	<b>11</b> Au marais, ouvrez l'oeil !	1:30 to 3:00 p.m.*	La Grande Baie tower
Aug. 24 / Aug. 31 / Oct. 12	<b>14</b> Go... top chrono	7:30 to 8:30 p.m.	Community Place
Sunday	<b>1</b> Joignez le reptile à l'agréable	10:30 to 11:45 a.m.	Community Place
	<b>12</b> Mission conservation !	12:00 to 1:30 p.m.*	La Grande Baie trail
	<b>10</b> En bref, des siècles d'histoire au Calvaire d'Oka	1:30 to 3:00 p.m.*	Calvaire d'Oka
Sept. 1 / Oct. 13	<b>16</b> Histoires de familles	7:30 to 8:30 p.m.	Community Place
Monday Aug. 19 / Sept. 2 / Oct. 14	<b>2</b> Les détectives... sur la piste des animaux	10:30 to 11:45 a.m.	Community Place
Wednesday August 21	<b>1</b> Joignez le reptile à l'agréable	10:30 to 11:45 a.m.	Community Place
Friday August 23, 30	<b>4</b> Et que ça saute	10:30 to 11:45 a.m.	Community Place
August 23, 30 / Oct. 11	<b>17</b> En un tour d'horizon...	7:30 to 8:30 p.m.	Community Place

## SPECIAL ACTIVITIES

Sunday August 4, 11, 18 and 25	<b>19</b> L'apprenti archéo : une fouille dans le passé ! \$(R)	9:00 a.m., 10:00 a.m., 11:00 a.m., 1:00 p.m., 2:00 p.m. and 3:00 p.m.	Le Littoral
October 13	<b>20</b> La fête de la pomme, du fromage et de l'histoire	10:00 a.m. to 3:00 p.m.	Calvaire d'Oka

\*Performance every 10 minutes.



## GUIDED DISCOVERY HIKES

### 1 Joignez le reptile à l'agréable

Are snakes reptiles? What do snakes and turtles have in common? How, when and where can you observe a snake in the wild? Curioussss to find out more? Slither on by!

### 2 Les détectives... sur la piste des animaux

Some animals may often be difficult to spot, yet they leave clues to their presence. Follow along with a park warden and become as clever as a fox!

### 3 L'éveil du lac \$ (R)

Observe nature's awakening as you drift on the peaceful waters of Lac des Deux Montagnes. Paddle silently into the early morning mist.

*Rates (taxes not included): \$ 5.50/adult, \$ 2.75/child between 5 to 17. Equipment provided.*

### 4 Et que ça saute !

Amphibian, batrachian, salientian... sure, they all rhyme, but what do they mean? The answer to this question and many more is just a hop, skip and a jump away!

## ACTIVITIES IN GAME FORM

### 5 Trouvez la faille !

An investigation has begun to discover who is responsible for shaping the landform of the park during the Ice Age. Simple experiments will reveal the clues needed to solve the mystery.

### 6 Concours : façonnez le parc en sable

Call to all artists! Use gold sand to recreate the park landscape, from the hills down to the lake. By working as a team, you will have the opportunity of appreciating the scale of its contours. The winning team will have its work photographed and displayed at Le Littoral.

## MEETING A PARK WARDEN

### 7 La flore : un peu, beaucoup, à la folie !

It is that easy being green! Come learn about the various forms of flora all around us, with a close-up look at some of the common – and not so common – plants in the park. Find out more about rare and invasive species of plant life. Fun and learning for the whole family!

### 8 Démasquons le raton

It's a raccoon's world! This friend of the forest will share his home with you – and raid your cooler in no time flat! But be careful: it's as bad for him as it is for you. Come let us explain how our two species can peacefully co-exist with Mother Nature.

### 9 Zoom sur une saison

The awakening of nature and the enchantment of life in the undergrowth! Stop by the Calvaire d'Oka in springtime.

### 10 En bref, des siècles d'histoire au Calvaire d'Oka

An odd character is waiting for you at the Calvaire d'Oka! Stop for a few minutes and listen to him give an account of the Way of the Cross dating back to 1742!

### 11 Au marais, ouvrez l'oeil !

No matter what the weather, the best part about outdoor exploring is being able to watch the wildlife without disturbing their natural behaviour. With our powerful telescope, you can spy on the waterfowl and herons that call the park home!

### 12 Mission conservation !

Researches, a follow-up program on biological integrity, indicators and inventories... come and discover the tools that Parc national d'Oka uses to protect its natural resources.

## EVENING ACTIVITIES

### 13 La nuit, au Calvaire d'Oka

Once hikers have left the Calvaire d'Oka at night, the wildlife moves into action! Open your eyes and ears and be on the lookout: discover the forest on a beautiful summer night.

### 14 Go... « top chrono »

It's a race against the clock. Are you a hare, or are you a tortoise? Rev up your noggin and get ready to put your knowledge of the park to the test in this fast, furious and fun-filled adventure, featuring games, riddles and more.

### 15 Les chauves-souris, un monde à l'envers

Are bats the only flying mammals on the planet? You'd **batter** believe it! And you can come get a close-up look at these fascinating nocturnal creatures as they hunt for food. Don't forget your mosquito repellent and your flashlight!

### 16 Histoires de familles

What's more fun than a good old family slide show! Several people played a significant part in the park's history and landscape. Examine this protected territory, yesterday and today, through our story-teller's eyes and recollections.

### 17 En un tour d'horizon...

Step into the heart of Parc national d'Oka's biodiversity with a *naturally* friendly guide. You're the skipper; you decide which route you want to take in order to travel from one environment to the next and let yourself be taken by new discoveries.

### 18 Vivre en l'an zéro **NOW DURING THE EVENING!**

Archaeological finds indicate that Amerindians camped in Parc national d'Oka around year zero. Take part in the life of the camp, simulate you're hunting with a spear and, near the campfire, fashion clay to make your own pottery.

## SPECIAL ACTIVITIES

### 19 L'apprenti archéo : une fouille dans le passé! \$ (R)

Whether you are an archaeology buff, come and uncover some historical treasures! Take part in an actual dig and learn how to carry out the work of archaeologists. You will be protecting artifacts and broadening the knowledge of this historic site.

*Rates (taxes not included): \$ 5.44/adult, \$ 16.32/family of 2 adults plus children.*

### 20 La fête de la pomme, du fromage et de l'histoire

Come and listen to period characters tell you the story of a Way of the Cross dating back over 260 years! Along the way, admire the reproductions of religious bas-reliefs displayed in the oratories and chapels.

*(R) Reservations required at a service point or by phone. Rates do not include access to the park or parking fees. Restricted seating.*

*Activities are designed for all. Children must be accompanied by an adult at all times.*

## General Information Parc national d'Oka

Telephone: 450 479-8365

Fax: 450 479-6250

E-mail: [parc.oka@sepaq.com](mailto:parc.oka@sepaq.com)

Web site: [www.parcquebec.com](http://www.parcquebec.com)

2020, chemin d'Oka

Oka (Quebec) J0N 1E0

Photos: Parc national d'Oka, Gilles Archambault, Dominic Boudreault, Mathieu Dupuis, Jean-Pierre Huard, Pierre Lalonde and Gabriel Trahan, Sépaq

Cover page: Red fox, photo by Gabriel Trahan

Map: Sépaq

Graphic design: Carbure Design

Printing: Solisco

Legal Deposit: 2012  
Library and Archives Canada

ISSN 1929-0373 (Print)

ISSN 1929-0381 (Online)

91 other models in-store

The logo for the brand ELIE, featuring a stylized 'E' symbol followed by the word 'ELIE' in a bold, italicized sans-serif font.

The logo for SAIL, with 'S' and 'L' in green and 'A' in orange. The 'A' contains a white silhouette of a hiker with a backpack and a walking stick.

BELOEIL - BROSSARD - BURLINGTON - ETOBICOKE - LAVAL - OSHAWA - OTTAWA - QUEBEC - VAUGHAN

**THE OUTDOORS SUPERSTORE**