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THE  
**RECORD**

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**Waterloo Elementary is in hot water**

By Matthew McCully

Never mind the recent flooding at Waterloo Elementary School (WES) caused by burst pipes. A vocal group of parents attended Tuesday evening's Eastern Townships School Board (ETSB) council of commissioners meeting to criticize the quality of education and environment provided for their children at the school. And they are placing the blame squarely on the shoulders of the principal.

Unrest at the school is not new.

The clash between a number of WES parents and the administration dates back to March, 2021, when a joint letter was sent to the board highlighting complaints related to organizational issues and a lack of communication from the principal. A meeting was organized with parents and the board, but during a June, 2021 ETSB meeting, the parent group said they felt unheard and that their kids didn't matter to the board.

Subsequent efforts on behalf of the board to improve the situation at the school held no sway.

In November, 2021, parents, staff and students from WES confronted the board about the transfer of teacher

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**Curlers excited to be back on the ice**



JOHNATHAN HOULE

Lennoxville and North Hatley club members playing their Thursday game

By Johnathan Houle  
Special to The Record

The 2021-2022 season has been hard for curling enthusiasts. The spike in Covid infections last fall and during the holidays put a stop to many activities for the Lennoxville Club. "We were open until the middle of December," said Allan Rowell, member of the Lennoxville Curling Club., adding "We only recently opened up the club for regular curling on the Feb. 14." The six


weeks of closure was rather difficult for the club and members alike. However, with the operations beginning to resume, curlers are looking forward to enjoying the rest of the season.

With the scheduled daily games returning, both the Lennoxville and North Hatley Curling Clubs are thrilled to be back on the ice to play against each other on Thursday mornings. The tradition of playing against each other weekly is a long-standing tradition. "We've been playing against each other

for a long time," said Dave McCormack, a member of the Lennoxville Curling Club, adding, "We have a lengthy rivalry going on with the Hatley Club." While there may certainly be a friendly rivalry between clubs, the scale easily tips towards the friendly side rather than the rivalry as members of the different clubs laugh with each other over their coffee and donut break.

Whether new or experienced in the game, there is a strong sense of camaraderie among members of the

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## Weather



TODAY:  
SNOW

HIGH OF -8  
LOW OF -18



SATURDAY:  
A MIX OF SUN  
AND CLOUDS

HIGH OF -6  
LOW OF -9



SUNDAY:  
SNOW

HIGH OF -3  
LOW OF -19



MONDAY:  
A MIX OF SUN  
AND CLOUDS

HIGH OF -11  
LOW OF -16



TUESDAY:  
A FEW FLURRIES

HIGH OF -2  
LOW OF -8



## GOOD READS LENNOXVILLE LIBRARY

Review by Melanie Cutting

This is a BIG WEEK for me! On Monday I turned 75, and decided that I was going to treat myself like a queen for the whole week. My first royal decision was, review a book I have truly enjoyed and learned something from. This book has been staring at me from my book shelf for quite a while (no, it's not a current bestseller) and I said, "OK, finally, it's you!" The subtitle is, "The Essential Guide to Middle Age and Beyond." Since I am now in the Beyond category, it certainly seems like now or never.

The author, Dr. John Whyte, MD, MPH, is the chief medical expert for the Discovery Channel, or at least he was. This book was published in 2010, well before the coronavirus dominated all our medical news. It covers such pertinent questions as: the impact of aging on memory (especially useful in my case), sleep, eyesight, diet, the effect of drugs and alcohol on seniors, and so on. In fact, it covers pretty much ALL the questions folks in my demographic obsess about. Is it normal to sleep less at night? How much weight gain is normal as we age? What are the signs of Alzheimer's versus normal memory loss?

The good news is that "our bodies are much more dynamic than once thought, and that diseases and conditions that used to be viewed as a normal part of aging can often be prevented and sometimes even reversed." Of course, some treatments (often expensive) are bunk, so learning how to distinguish the valid from the nonsensical is an important skill.

Chapter 1 looks at skin. Did you know it is the body's largest organ? It is plenty important to take proper care of your skin, and this book is chock full of ways to do this, as well as what to avoid. Closely related to skin are hair and nails, and these also receive a thorough review.

Chapter 2 covers "Shape and Size",

# Is This Normal?

answering such questions as "Do we shrink with age?" "Does muscle turn to fat as we grow older?" "How much weight will I ordinarily gain?" "Does my metabolism slow down as I age?" Questions about our shape and size do not become less important as we age, but they certainly take on a different aspect.

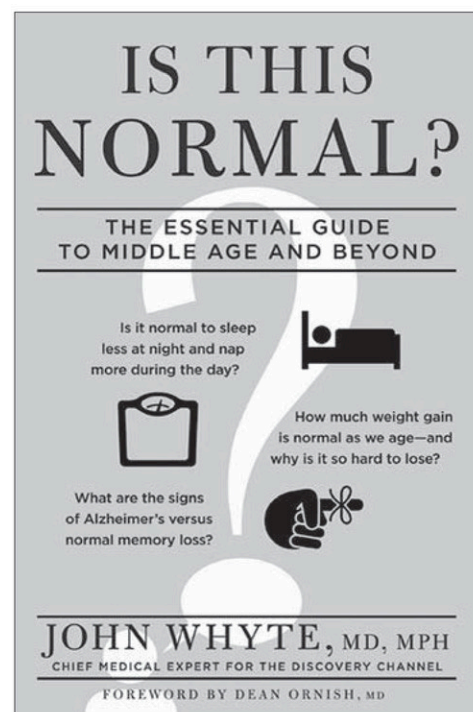
In Chapter 3, Dr. Whyte tackles the many age-related issues associated with digestion, from the front to the back end. True or false: most people become constipated as they get older? (False) Want to know more about your gall bladder, such as where it is? What is a normal number of bowel movements? (Answer: at least one every three days). This chapter will put your mind at ease if you have been fretting about your bathroom habits.

Rather closely related (geographically) to the digestive system is the urinary tract, and Chapter 4 answers many common questions about the changes that occur in this area as we age. As you suspected, they are different, depending on whether you are a man or a woman. Prostate problems only affect men, but women have their share of urinary tract issues. Surprise! Our anatomies are not identical, and plumbing problems are common as we age.

"Many older—and not so old—adults share a common fear: loss of memory." Chapter 5 broaches this timely subject, looking at what are normal changes in the brain, and answering questions relating to brain supplements (do they work?) and brain exercises. In my case, sustaining a concussion a few months back has had a lasting effect on my memory; at least, I hope that is why I am so forgetful!

Eye health is the next big topic we "look at" in this incredibly informative book. "If you live long enough, you will develop a cataract." (False, although I found this surprising.) Chapter 6 delves deep into the changes we can expect in our vision, before moving onto another very important sense, hearing, in Chapter 7. My favorite True/False question here: "Listening to loud music as a teenager will result in hearing loss later in life" (False, although both my husband and older son have hearing loss CLEARLY related to their musical tastes).

Chapter 8, Snooze or Lose, naturally focuses on our need for sleep and other sleep-adjacent questions. Apparently, there is no debate that "the way you experience sleep is going to change as you age." How many of us know people who actually get what used to be called a good night's sleep? Certainly not me! And napping during the day (sorry, Gerry) is not typical and not to be expected as we



get older. On the other hand, neither is snoring (sorry, Melanie).

What a Pain! Is how Dr. Whyte introduces Chapter 9. "It's normal to experience some pain as you get older. How much pain is considered normal? It all depends—how much, how often, and where you experience it." Is your pain acute or chronic? How are you dealing with it? What is the most common pain as we age? How can we prevent and manage pain? So many questions, so little time!

The remainder of the book concerns itself with Sex and Romance, Women's Health, Male Menopause: Does It Exist?, Mental Health, Drugs and Alcohol, and finally, A Trip to the Hospital.

Liberal sprinkled with helpful illustrations and true/false questions, this 264-page tome also includes copious resources, helpful case studies, a comprehensive appendix, and a very useful index. Rodale books are affiliated with Penguin Random House, and available online at <https://www.penguinrandomhouse.ca/imprints/A6/rodale-books/books>. It will give you hours of reading pleasure, as well as an absolute wealth of fascinating information relevant to the aging process. Go for it!

### LIBRARY NEWS GOODREADS ON THE LENNOXVILLE LIBRARY WEBSITE

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[bibliolennlibrary.wordpress.com](http://bibliolennlibrary.wordpress.com)

## Ben by Daniel Shelton



# 'We are all Ukrainian,' envoy tells Canada as he laments breakdown in world order

By Mike Blanchfield  
The Canadian Press

As the world watched war arrive in Ukraine, Andrii Bukvych was hearing first-hand accounts from family and loved ones in Kyiv. His mother, his sister and her son could hear the explosions, while friends saw Russian helicopters overhead as columns of tanks rolled towards the capital city.

"Ironically, it seems like a Netflix TV show with alternative history. But the problem is that this is something real that happens right now," Bukvych, Ukraine's charge d'affaires in Canada, said in an interview in Ottawa on Thursday.

The Ukraine envoy called on Canada and its allies need to do everything it can to stop Russia's invasion of his country, otherwise "World War Three" awaits

them.

Bukvych said Ukraine wants to see the Canadian government and the West impose crippling sanctions and cut diplomatic relations. It would also like to see NATO enforce a no-fly zone over Ukraine to prevent Russian aerial bombardment of his citizens.

Bukvych said he believes Russian President Vladimir Putin will push his military onward through NATO countries

such as Poland and the Baltics if he is not stopped now.

"We do understand there is a high toll that the free world economy of Western economies will pay for deterring Russia, for supporting Ukraine," Bukvych said.

"But I believe that this toll is still much more less than having World War Three, which will inevitably take place unless Putin will be stopped in Ukraine."

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## ETSB Meeting

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Timothy Croteau out of the school. The board defended the decision, saying the transfer was done in an effort to improve the general atmosphere at the staff level at WES. The consensus among parents at the November meeting was that 'Mr. C' wasn't the problem, suggesting it was the principal, Adriana Lyons, who should go.

Well, in a way, Mr. C is now back, one of three teachers recently hired by the parents' group as part of a private after-school tutoring program to help Grade 6 students at WES make up their academic shortfalls and prepare for high school.

And the campaign to oust Lyons continues.

The concerted effort at Tuesday's meeting began with questions about how the board evaluates the performance of a principal.

Assistant Director General Kandy Mackey explained that the evaluation is taken from a lens of what's observed, meetings, and performance.

"So, nothing quantitative?" a WES parent asked, pointing to the number of staff going out on burnout leave, families moving their children to other schools, or feedback from the school community as possible indicators of overall performance.

Mackey reiterated that a principal's performance is evaluated based on competencies.

The parent then referenced the new tutoring program in the works at WES, asking for permission to post the GiveSendGo fundraising link for commissioners in the zoom chat.

"I'm a little bit puzzled about this process," replied ETSB Chairman Michael Murray. "I did see something on social media, and I was a little bit startled because of course, the school board does make available to all students

through all of our schools, from Grade 2 to Grade 11, a tutoring program through Learn Quebec, in English. It is a well-developed program, and has been running for a number of years. It offers one-on-one tutoring to students so that the tutoring is addressed to specific individual student needs and not in a general way, no influence of a class cohort or anything else," Murray said. "This tutoring has been available, and is available, because we recognize that some students, and particularly in the time of Covid, have been struggling, have had their education disrupted by the various orders to close schools, close classes, and of course, the absences of staff who are falling ill in significant numbers."

Murray encouraged the parent to take advantage of the available tutoring, and wondered why a group would go ahead and want to establish a "separate, and let's say parallel tutoring process."

The parent responded, saying on two occasions they brought up the need for tutoring at governing board, and on both occasions were told something was in the planning stages, "so maybe our principal is not aware of those amazing programs so that we could better serve our students," he said.

Later in the meeting, Appalachian Teachers' Association President Megan Seline pointed out that there is a measure, to be decided at the level of the school, with regards to tutoring. "It does not have to go through Learn, parents do not have to have a bake sale, there is an actual measure for tutoring at the level of the school," she said.

"I was unaware of that, but it's another resource that certainly I'm happy to hear about for parents looking for tutoring," the chairman replied.

During the meeting, three parents took issue with the marks their children

received on recent report cards.

"I'm kind of concerned. I've spoken with the principal, and I've asked for material, but I haven't gotten it, so I guess my question is, is it normal for my daughter to receive marks for a term that had no assignments or material to show for the mark," a WES parent asked.

"The principal approved the mark, cause I spoke to her about it, but she couldn't tell me where the mark was coming from, what was weighted, and when I requested the material there was no response. I'm just asking if falsifying marks is actually legal because there are no teachers around in our school."

Murray deferred the question to assistant DG Mackey, but rejected the implication that marks had been falsified.

"In terms of report card marks, there's usually evidence of learning. That brings to the forefront the marks; there's also judgment in there as well, so that could be included in that component," Mackey explained.

"That's not an answer," the parent replied. "The problem is, the assessment of a teacher is fine. There was no teacher-there were many- but there were no projects, no work, so there's no assessment."

"Ok, I think I understand, you're frustrated because you don't know, what is the basis for the mark," Murray said.

Meeting with the classroom teacher, and meeting with the principal would be the first step, Mackey said. The parent later pushed for ways to pursue the complaint, suggesting her daughter's marks were not legitimate, and that she needed evidence of material used in the classroom to assess her child's needs.

She was directed to ETSB Secretary General Éric Campbell. "If he doesn't handle it personally, he will direct it appropriately," chairman Murray said.

Two other parents from WES shared similar concerns about the basis for their children's marks.

Another parent took a different approach to discredit the administration, referring to a teacher at the school who was named a mentor when she, years earlier, had been the subject of an investigation for an alleged impropriety involving a student, before being transferred to WES.

"How can this person be a mentor in this school when she's accused of this, it kind of makes it eerie and also freaky that my children will go to a place like that, it doesn't make me feel safe," the parent said.

Murray was quick to point out that an accusation is not evidence of guilt.

"There has been no establishment of guilt, so I can't accept the premise of your question."

Let me say, however, we are concerned about safety and security of all of our students and staff and that we would not knowingly place anyone in a position that we felt was not in the best interest of the students," he said.

The public question period proved almost as contentious as the private conversations that continued over zoom when the council suspended the meeting for an in-camera session.

While the commissioners broke off from the main Zoom room to address a parent regarding a student ombudsman report, ATA President Megan Seline and a number of meeting attendees held court via the live Zoom link while the rest of the members of the public listened while waiting for the public meeting to resume.

Among the topics of conversation were the wines that pair best with a board meeting, as well as disparaging comments about the chairman and board administrators.

## Curling

CONT'D FROM PAGE 1

clubs. "We all know each other and get along well," explained McCormack, elaborating further with, "The Lennoxville Club was started by English people in the community, but it is now about half and half. Some English speakers can't speak French, while some French speakers can't speak English, but we are very accommodating and enjoy everyone's company." Language isn't a barrier for the curlers, and the matches remain a highly social event. "It's a sport with conversation," explained Mead Baldwin, a member of the North Hatley Curling Club. "I can throw my stone, and then I can enjoy talking with the people

beside me for the next couple of minutes."

While the sport can be incredibly competitive, especially among the clubs' younger members, senior members of both North Hatley and Lennoxville clubs prefer to enjoy the time together among friends and to keep themselves active. "I'm glad to be back playing. It's good exercise, gets me out of the house and I can meet and talk with everyone," explained McCormack, adding, "Otherwise, I would probably be sitting around the house reading a book alone." Many of the member's agreed that curling is one of the few winter activities that helps them stay active.

While the seniors do enjoy the sport, curling has become more popular with the younger generation as well. Both Lennoxville and North Hatley have seen a lot of new and young faces playing in their clubs. "There are a lot of new Juniors in North Hatley now," said Baldwin, continuing with, "There were never that many, but now there are around 16-17 new juniors with some being around 6-7 years old." The increase in new

members is a happy occasion for both clubs, since the average membership age has been increasing over the years.

Though the season has been cut short by six weeks, members of each club, regardless of age, plan to enjoy what is left of the season as bonspiels and other activities return.



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## ONE COLUMN, FOUR VOICES

# Open to the Spirit

Today's word: Alternative

By Revs Mead Baldwin,  
Rabbi Boris Dolin  
Lee Ann Hogle, and  
Rev. Carole Martignacco

**1** I was a teenager in the 1990s, a time of bright colors, strange haircuts and even stranger clothing. The popular music during this time was difficult to define. It was a mix of lyrical rock, heavy on guitars, and often with lyrics ranging from the familiar anger to powerful reflections on love and society. This music was usually called "alternative" for the simple fact that it was a genre that did not fit in the popular music that was playing on the radio. It didn't always have an easy sound, and it wasn't necessarily what the music executives thought would make the most money. It was unique and didn't quite fit, which is of course why all the teenagers loved it. Yet, as the years went on, as was always the case with anything that went against the grain, soon this music became so popular that it too became mainstream. The alternative became the normative.

Outside of music, alternatives offer us another way of interacting with the world around us, a way to break free from what is expected or

what has always been done. In many faith communities, there are often "alternative" services, which offer prayers and music that experiment creatively with tradition and give people the opportunity to try a new way of connecting with their faith and with each other. Ideally these alternatives should be familiar and feel rooted in what has been done before, but also stretch people's comfort zones just enough to keep things interesting. Maybe there is a new melody for a prayer, or the seats of the sanctuary are arranged in a different way. If something isn't working, if you no longer connect with the prayers, or maybe your faith is no longer as strong, these experiences can offer a fresh viewpoint and allow us to hopefully reconnect in a new way.

Yet like alternative music, what was once different becomes commonplace, and this is in so many ways a good thing. Those new songs become the regular ones, and the new prayers or readings soon become old. And maybe this is just the point. We should always have opportunities to "test the waters" and to try new ways of living, working, praying, and exploring the world. Our lives were not meant to be static,

and this kind of experimentation helps us be ready for challenges we may encounter in our communities and in life. But we need to always keep moving. Not everything needs to change right away, but hopefully trying something new can inspire us and remind us that there is always a new way to experience our lives.

**2** We heard the words "we had no alternative but to act", many times recently. Police forces have used them to justify racist actions. Business owners use them to fire their workers, while collected their own million dollar salaries. Politicians use those words to justify unpopular remedies to problems. The try to sound like they do not have any control, even they are the elected government. This is not a new phenomenon. I have memories of leaders declaring, "war was the only alternative" in the sixties to invade Vietnam. People used those words to justify horrible actions like dropping atomic bombs on large cities in Japan, not once but twice. To that I say, NO, there is always another choice.

Often those concepts have used by religion to claim that their's is the only true faith. There was a time when people were told there was only 1 legitimate Bible, the King James Version. Some even thought Jesus spoke King James English, not Hebrew or Greek. Using any more modern translation was considered sinful. A Halifax preacher used radio sermons to raise money and support this idea. I was fortunate to be encouraged to think for myself, and grew up with more modern versions. I read many different translations and worked with the one that spoke to my inner spirit.

A role model was Jesus, who when tested by strict religious authorities, found a way to share a new message. He was once presented with a hostile crowd, ready to stone a woman caught in adultery according to the law. He found an alternative. He challenged the leaders, "let he who is without sin cast the first stone". One by one, the crowd dispersed, and Jesus was left alone with the woman. He offered forgiveness, but did say "Go, but sin now more". I picture him as the friend who always offers this advice, "Have you ever thought about it this way?"

One of my favourite poets, Robert Frost, wrote these words "two roads diverged in a yellow wood, and I, I took the one less traveled by, and that has made all the difference". There are always alternatives.

**3** Awakening to news of yet another senseless war breaking out on the other side of the world, all thoughts about this word "alternative" chosen when last our clergy writers group met fled my mind as irrelevant. Again, as so often in my seven plus decades on this earth, we are caught

up in the immeasurable suffering beyond our immediate experience as mass violence is once again inflicted upon members of our human family beyond our reach. Aware that in a world where any are unsafe, we all are.

At such times it's tempting to feel our only response is to remain fully and instantly informed, following mesmerized the moment to moment reports coming in from all directions. Haven't we for weeks been living in hope, hearing of multiple layers of negotiations and diplomatic measures? Hoping for a different kind of news, that perhaps this time alternatives to the perennial as grass madness of war as a means of settling conflicts might somehow be found. Yet always with a pervasive dread, the background recognition that no, we haven't evolved beyond this insanity called war.

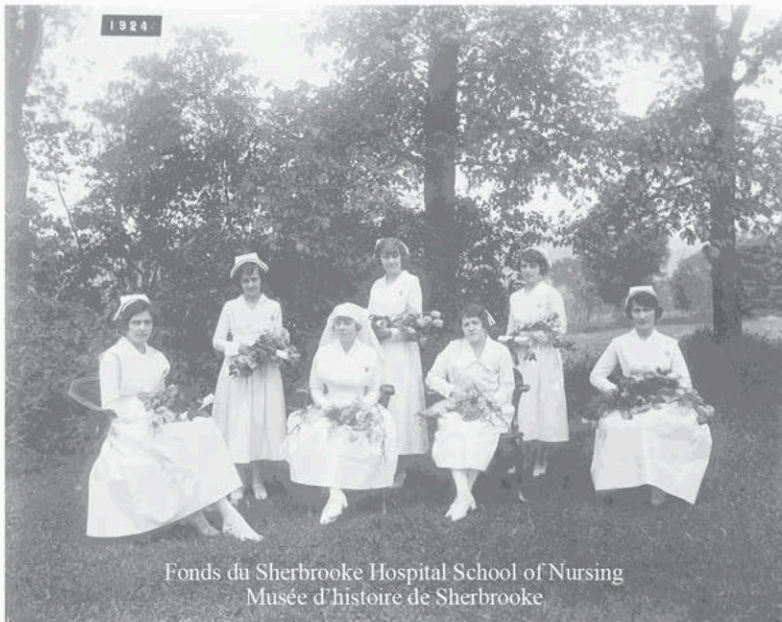
I don't know how you resist being swept up in currents of despair, but I can only choose the alternative available to me at this very moment. To sit and still my soul, clear the tension running through me, and rehearse over and over in my mind and heart the simple Buddhist prayer of Loving Kindness. Over and over, as images of chaos and destruction arise, stilling my thoughts long enough for the words to live in my heart. At such times when inner peace is elusive, relentlessly disturbed by the awareness of unspeakable suffering in this moment experienced by beings like me and my own loved ones, I return again to a rote repetition of these simple words. Sending out from where I am the "metta" of love and compassion in all directions. Imagining that if enough people in the world would choose sitting zazen instead of plotting violence, the world might one day know peace.

Today as we are all caught up in the suffering of humanity as a whole, all I can think of is to share these words I've adapted from several versions of the Buddhist prayer. Perhaps they will help you in some way to bear the weight of this moment in time. Start with yourself, "may I be filled," in the second round, "may we..." till finally:

May all beings be filled with Loving Kindness. May all beings be safe. May all beings be protected from harm and free from fear. May all beings be awakened, liberated and free. May all beings be healed and whole. May love and peace prevail in all the world.

*Waterville & North Hatley pastoral charge; Rabbi Boris Dolin leads the Dorshei-Emet community in Montreal; Rev. Lee Ann Hogle ministers to the Ayer's Cliff, Magog & Georgeville United Churches; Rev. Carole Martignacco, Unitarian Universalist is retired from ministry with UUEstrie and now resides in St. Andrews by-the-Sea NB, but keeps one foot in the Townships by continuing with this column.*

## GLIMPSES OF THE PAST



Fonds du Sherbrooke Hospital School of Nursing  
Musée d'histoire de Sherbrooke

This photograph shows the 1924 graduates of the Sherbrooke Hospital School of Nursing with their two supervisors. Seated in the first row (left to right) are: Florence Gunning, Miss A.I. Reid (Superintendent of Nurses), Roberta Sutton (O.R. Supervisor), and Margaret Baker. In the second row, standing (left to right) are: Hattie Gaulin, Isabel Brash, and Jean Murray. The Sherbrooke Hospital School of Nursing operated from about 1896 to 1972, and trained nearly eight hundred nurses.

## WANT TO LEARN MORE?

Contact the Archives of the Sherbrooke History Museum (Mhist) to consult the Sherbrooke Hospital School of Nursing fonds (P461).

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Mhist.org

**M H I S T**  
MUSÉE D'HISTOIRE DE SHERBROOKE

# Anglade discusses future of Quebec

By Michael Boriero  
Local Journalism Initiative

Quebec Liberal Party (QLP) leader Dominique Anglade is visiting the Eastern Townships, making stops in Magog and Sherbrooke, to discuss the upcoming election campaign, her ECO project proposal, and meet with volunteers at Moisson Estrie.

But while Anglade was on the road, community organizations were in Quebec City to protest a lack of government funding, which has led to temporary, and sometimes permanent, closures. She told The Record that while she wasn't in attendance, the QLP was there to listen.

"I really want to be clear that it should not be interpreted in any way, shape or form as a non-support, it's quite the opposite. We were quite adamant that we needed to be there," said Anglade, adding that the QLP has reached out to a number of concerned organizations.

According to Anglade, the meeting with Moisson Estrie will give her a chance to understand the challenges that the organization has faced recently. It'll be an opportunity to see how the organization has fared in recruiting volunteers, and serving the community, she said.

She'll also be sitting down with the Junior Chamber of Commerce for a conversation about the future of Quebec. This is where she intends to bring up her ECO project, an initiative to fight climate change and save the environment by using the economy and investing in water.

"The whole idea is that there is one

major issue that we are all fighting in the globe against climate change and we want to bring the Quebec solution to the climate change problem. There has never been a priority as a government to fight climate change," said Anglade.

Her idea involves a joint effort between various government ministries, including transport, economy, education, and health, to tackle climate change. A majority of Quebecers continue to rely on oil and gas, Anglade explained, sharing the focus should be on green hydrogen.

"When we talk about water, it's not normal that we're not getting enough from our water. It's one of our main resources and we need to increase the water royalties and that money should be used to protect lakes, to have access to water," she said in a phone interview.

Green hydrogen is produced by splitting water into hydrogen and oxygen using renewable electricity. Anglade's ECO project puts an emphasis on three basic components: water, electricity and hydrogen. She wants to revolutionize and modernize Quebec's energy sector.

Before heading to Magog on Thursday, Anglade was in Montreal visiting Dawson College to address the Quebec government's recent decision to backtrack on a promised financing for an expansion project at the cegep. She said the government is trying to find ways to use Bill 101.

"They know it's not popular to say that they want to apply Bill 101, so what they're doing is they're trying to find different ways to go about doing it, and it's completely hypocritical on their part. What we're saying is if you're going to apply Bill 101, then just say it," said

Anglade.

Dawson wasn't trying to expand its campus to accept more students, she continued, the project was to give current students, health students, more room and to provide a comfortable learning environment. The government always finds a way to divide Quebecers, she said.

"They made an amendment to Bill 96 where they're saying that there will no longer, and for the rest of our lives, there will not be one additional Francophone that can go into an Anglophone cegep regardless of what the population is going to be in the next 50 years," she said.

Bill 96 is a proposed legislation to strengthen the Charter of the

French Language. On Wednesday, the government tabled several amendments to the bill, including freezing enrolment in English institutions, and focusing on expanding French institutions.

She noted that they also want to use the notwithstanding clause, which will prevent Quebecers from challenging the law in court. The government's Dawson decision could open the door to more disappointment for English-speaking communities across Quebec, she added.

"This government cannot be trusted on this. They cannot be trusted. They say one thing and then they do exactly the opposite. If they've done it to Dawson, they can do it to anybody, to any cegep, to any organization," Anglade said.

## Hospitalizations, ICU cases drop

The Canadian Press

Quebec reported 28 more COVID-19 related deaths on Thursday as the latest data showed intensive care cases dropping below 100 patients.

The Health Department said 1,604 people were hospitalized with the disease, a decline of 68 from the previous day.

There were 96 people listed in intensive care, a drop of six patients.

Health authorities reported 1,517 new COVID-19 cases based on PCR test-

ing, which is limited to certain high-risk groups. There was an 8.5 per cent positivity rate among analyzed tests.

The province administered 12,449 doses of COVID-19 vaccine in the previous 24 hours, including more than 8,200 booster doses.

Officials say 86 per cent of Quebecers aged five and older have received two doses of vaccine and 51 per cent have received a third dose.

Quebec has now reported 13,931 deaths since the beginning of the COVID-19 pandemic in March 2020.

## Ukraine

CONT'D FROM PAGE 3

"Bukvych said the Russian invasion marked the day when "a new page in the history of humanity" was being written, a chapter that marked the undoing of three-quarters of a century of relative peace that the world enjoyed in the aftermath of the Second World War.

The war spawned the creation of international institutions such as the United Nations, the NATO military alliance and the global finance and trading system, the rules-based international order that Canada helped create with the aspiration of staving off another massive global conflict.

Instead, Bukvych said the clock has now been turned back to the 1930s when Russian dictator Josef Stalin sought to exterminate Soviet Ukrainians through starvation — the Holodomor — which killed 3.5 million of them. Canada views the Holodomor as a genocide and that's what Bukvych said was no unfolding in his country again.

"It still struck me that this happens right now in the 21st century," said Bukvych. "Ukrainian kids are now wearing badges with their blood type on their sleeve so that if something happens, they could be helped in hospitals? We're also talking now about genocide and a humanitarian disaster."

Deputy Prime Minister Chrystia Freeland, who is of Ukrainian descent and has been banned by Putin from travelling to Russia because she wrote critically about him in her pre-political career as a journalist, said the current Russian president would be held in infamy.

"History will judge President Putin as harshly as the world condemns him today. Today, he cements his place in the ranks of the reviled European dictators who caused such carnage in the 20th century," said Freeland.

Freeland added that the "horrific human costs of this cruel invasion are the direct and personal responsibility of Vladimir Putin, who has chosen to invade a sovereign democracy and challenge the rules-based international order."

Freeland was asked later at a news conference whether she thought the Russian invasion marked the end of the postwar order, as Bukvych suggested.

"It could be," said Freeland. "This is an extremely serious challenge to that order. And if Russia succeeds, then that order will be breached. And we can't let that happen."

She said if that happened it would be "devastating for the world. And it would be really bad for Canada. Canada was one of the countries that built the rules-based international order after the Second World War. Canadians fought and died to build that order."

Bukvych said all Canadians, their political leaders and "all the free world" need to understand the wake-up call that has happened. He said he appreciated the outpouring of support from a country where 1.3 million Canadians of Ukrainian descent have planted roots.

"And this time," he added, "I want every Canadian to be Ukrainian because to be Ukrainian right now, to be with Ukraine right now, it means that you are fighting for your freedom."

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# EDITORIAL

The format of a My Take is 150 words - no more, no less - to express an opinion on a different topic each week. This week's topic was bystander.

## My Take: By Geoff Agombar

Hollywood has spent so much time and money retelling WWII. Perhaps because the line between goodies and baddies feels clear. The Campbellian hero's journey, dipping through our darkest, fiercest nightmares to emerge, scarred but reformed, shining in glory.

But WWI is the one that scares me today. A long era of peace and globalized trade, awash in instantaneous information thanks to new communications technologies. Great wars were a thing of the past.

They were too sophisticated for great wars. Too invested in perpetual growth and trade to fall into great, barbaric wars like in the past. Generations had lapsed. Technology was so destructive and precise, they wouldn't dare. Just periodic proxy conflicts on distant fringes. But slightly nostalgic, a bit sad at how progress and peace crowded out true glory, true grit... Stand by. You'll see. We'll all be home by Christmas.

Lest we forget.

## My Take: By Gordon Lambie

Standing by is more complicated than it sounds. On one hand, it's a way of saying someone is ready and waiting; a term of vigilance and care that tells others, "I'm here for you, when you need me."

On the other hand, when that time of need arrives, standing by stops being laudable. In a crisis, bystanders are seen as passive, at best, and complicit at worst, for knowingly standing still as

terrible things happen around them.

So where do you draw the line?

It's fun to imagine playing the hero who leaps into action at just the right moment to save the day, but evidence seems to suggest that many find it easier to run away or freeze in place than to step forward and try to make a difference.

What's easy is not necessarily what's right, though, and doing nothing also has consequences.

## My Take: By Matthew McCully

As much as I want to be angry with the inaction of world leaders in the leadup to the invasion of Ukraine, I am just sitting here, powerless, feeling paralyzed, watching in absolute despair.

I can't understand why this is happening, but I fully understand how.

Horrible things are surreal, and people aren't programmed to react properly.

When I was younger, learning about war, I wondered how anyone

could stand by and allow such atrocities to happen.

At the time, my worldview was so narrow I wasn't aware of my own privilege, or the fact that I was complicit in the suffering of multitudes, simply by limiting my concerns to the four walls around me.

I was checking the news wire for an article to publish about Ukraine.

The first one I saw today warned of the hike in gas prices the invasion would cause.



## My Take: By Michael Boriero

I was up all night Wednesday doomsscrolling through Twitter as news started to spread of Russia's unprovoked attack on Ukraine — an all-too-common practice for me these days.

I don't know about you, but I'm feeling an overwhelming sense of helplessness. I'm often paralyzed by social media, overloaded with information, and I usually end up spiralling.

But yesterday felt different, at least for me. I was suddenly hit with

the reality that I'm truly powerless in these situations. All I can do, and most of us, really, is watch from the sidelines.

We're all about to bear witness to a full blown declaration of war unravelling in Eastern Europe thanks to the Internet and social media. And the misinformation war will soon follow it.

For all of us watching from afar, double-check your sources, and find truth in the experts on the ground.

## Letters

The village of Georgeville on the shore of Lake Memphremagog is fortunate to have a hard-working community association (CAG) dedicated to making the village a beautiful, active and welcoming place. We are most grateful to them for giving so much of their time and effort to benefit the village.

Sadly, in the past few months, a well-intentioned action on the part of CAG has met with some resistance from many Georgeville residents. Last spring, CAG signed over, in a 10-year renewable lease, valuable parking spaces to a for-profit enterprise (the McGowan House). There is a decided lack of parking in the centre of the village. Granted, there is a municipal parking lot at the eastern edge of the village, but there is a dearth of parking close to where the main activities take place—tennis, swimming, the many events held by Studio Georgeville, the Farmer's Market in summer, etc.

The decision to sign the lease seems, for one reason or another, to have gone mostly unnoticed by most of the residents of Georgeville until after it became a done deal.

It strikes me as a misjudgment, in a village so stuck for places to park, that the community association would concede to giving up valuable community parking. It worries me too, that 2 of the Community Association members also serve as directors on the board of the McGowan House.

I'm assuming that our Community Association members had honorable intentions, and thought they had made a decision agreeable to Georgeville residents. But it seems they were mistaken. It might be a wise move on the part of the members of CAG to reconsider an action that is to the benefit of a for-profit business and to the detriment of the community that owns this valuable and necessary real estate.

HEATHER PATERSON, GEORGEVILLE

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# Giving older people a public voice: in conversation with Martin Lemmens



DOUGLAS NADLER

Recently I came across an 84-page booklet, *Les Changements Climatiques: Guide Pratique - j'apprends, je réfléchis, j'agis* ('A Practical Guide to Climate Change: I learn, I reflect, I act') written by a small group of people in Quebec who are deeply concerned about climate breakdown. With the aid of graphs, photographs and charts, they explain the science and suggest ways in which people can identify and carry out actions to limit the warming of the planet.

One of the authors of the guide is Martin Lemmens, who lives in the Eastern Townships. I tracked him down and we had an interesting discussion during a walk in the woods.

**Martin, please tell our readers a little of your background that has enabled you to love the Earth as you do and inspired you to put together this project.**

I grew up surrounded by Nature next to the beautiful Richelieu River. We had a vegetable farm, and even as a child I worked a lot. In my little free time, seeing and hearing waterfowl and swallows and swimming in the river are some of my fondest memories. In 1986, we settled at Lake Fraser (Orford). I quickly realized that even this lake, 80% surrounded by Orford Park, was aging. From then on we formed an association to preserve first this lake, and then a federation grouping together six lakes, and finally, in 1997, the RAPPEL (a grouping of 54 associations of lakes and rivers).

In 2006, when I was entering retirement at the age of 60, we purchased a 77-acre farm in Durham South, and I realized my dream of becoming a producer of organic vegetables. During the winter, an important part of my reading focused on the Nature and state of our planet. At the same time, I started to campaign against the extraction of shale gas. Scientists had been telling us for many years that our overuse of hydrocarbons (gasoline, diesel, natural gas, etc.) was the cause of global warming and that the consequences (heat waves, droughts, forest fires, floods, etc.) would be more and more dramatic unless we rapidly reduced our greenhouse gas emissions. The practical guide is about these commitments stemming from this passion for Nature, life and our Earth.

**What do you hope to accomplish with the guide?**

Most people do not understand how critical the current situation is. We are on the way to exceeding the major limits of the major systems (climate, atmosphere,

biodiversity, soils, etc: so much so, that there is a very real risk that the Earth that our grandchildren will inhabit will really not look like what we have known. If we do not reduce our emissions by 50% by 2030 and continue to reduce them significantly over the following decades, the Earth's temperature could increase by 3 to 4 degrees Celsius by the end of this century. The Earth would become a furnace in many regions of the world and the episodes of heat waves, drought, forest fires, and other severe events would intensify to an unimaginable point.

We only have a few years—not decades—to react. We must and can act so that the Earth becomes a paradise both for humans and for other forms of life. We must react and act as individuals, as families, as a society. This is where the guide comes in. It seeks to inform, raise awareness and mobilize the population about this need to change, and to show very concretely how it can be done. It allows you to quantitatively calculate your annual CO2 emissions by showing you that if you change this or that in your life, you will reduce your emissions by this much. It also demonstrates why we must force our governments not to be satisfied with words and promises, but to act quickly and effectively.

**What compelled you to spend so much effort at this time in your life to bring the guide to completion and distribute it free of charge?**

Our Earth's ecosystems have taken millions of years to reach the incredible balance that I experienced as a child. And we, in just 70 years, have managed to upset this balance. The creation of the guide is a gesture of gratitude and love towards this planet, which has given me so much: food, clean air, beauty. I have exclaimed thousands and thousands of times, with expressions such as WOW, IT'S BEAUTIFUL! The guide is also a responsibility that I feel to pass on to future generations a healthy planet. Isn't that the best gift we can give them?

Just as for many of us, giving gives me more pleasure than receiving. In short, all this time giving to the creation of this guide was much more a pleasure than a burden. Yes, getting up at 5 a.m. to write requires effort, but the pleasure of understanding, learning, popularizing and transmitting is so much greater. I can understand that people want to travel and discover extraordinary places, but not that they do so repeatedly or that they buy a beautiful SUV and thus contribute to the collapse of the ecosystems of our Earth. We can either ignore what is happening, refuse to take notice and live selfishly, or we can seek to know, understand, act with love and compassion to avoid millions of climate refugees, and to take into account the millions of young people who are alive now or will be alive in the coming decades. Demand. Manifest. In short, act so that life in all its forms, including our future generations, can live on a welcoming Earth.

I watched the documentary *Breaking Boundaries*, broadcast on Netflix, which inspired me to continue. It is both amazing and easy to understand. Johan Rockström explains to us in a simple way that we are passing critical thresholds

and that we are initiating irreversible changes.

**In the guide, you do not express much faith in how governments and corporations are acting in response to the climate crisis. How do you think it can inspire those who read it to influence these bodies?**

Our governments, our oil and gas companies and many other corporations, and even organizations that should have the health of our Earth at heart, such as the UPA (union of agricultural producers) in Québec, act according to short-term interests. In their view, there is no room for questions such as what life will be like on Earth in 2050, or whether we should we change our priorities and our ways of doing things. It is up to us to force them to change. Otherwise the catastrophes of climate, biodiversity, air pollution and the inability of our Earth to produce the food necessary to feed us will amplify and create such imbalances that it will take thousands of years to return to a state of balance.

**Tell us about the top three priorities for Quebecois concerning climate, listed on page 79 of your booklet.**

1. Electrify public, commercial and individual transport to avoid the millions of tonnes of emissions caused by the combustion of fossil fuels. For example, driving 20,000 km in an SUV with a gasoline engine releases around 5.75 tonnes of CO2 into the atmosphere.

2. Apply an eco-tax on certain vehicles, which would gradually be extended to other products that emit a lot of CO2 such as air travel and asphalt shingle roof coverings. An eco-tax is an ecological tax that the buyer must pay when purchasing or registering a property; in short, it is added to the purchase price. In a country like France, for example, the eco-tax on the purchase of an individual or family vehicle varies from the equivalent of C\$0 to C\$40,000 depending on the quantity of CO2 that the vehicle emits per km. Many of our SUVs would have an eco-tax of over C\$10,000. SUVs were the second-biggest cause of the increase in greenhouse gases worldwide between 2010 and 2021.

3. Respect as a country our commitment to reduce our emissions by 40-45% by 2030. This is a priority, but Canada is doing nothing. Did you know that according to the Climate Change Performance Index 2022, Canada is 60th out of 64 countries for what it is doing to counter climate change?

**One powerful graphic in your booklet shows how humans are undoubtedly living beyond their means. In 1970 the world's population was not taking more than the Earth could afford to give, but by 2018, with a much larger population and vastly accelerated consumption, we were living on the Earth's credit for the last five months of the year. In other words, we have been borrowing from future generations' ability to live comfortably within their sustainable means. In light of this, do you think the guide's suggestions for action need to be complemented with civil disobedience as climate breakdown accelerates?**

When in a country like Canada the



COURTESY

federal government compromises the right of children and that of future generations to live on a land where life will be good, because it does not put forward adequate measures to respect the targets the country has set for reducing our greenhouse gases, yes, civil disobedience is not only desirable, but necessary. We live in a time in history when human activities and the inaction of our governments mean that a significant part of life on our Earth is already threatened or will be in the coming decades. Consequently, I say yes without hesitation to the establishment of a plan to escalate the means of pressure to be exerted on this government and also vis-à-vis our institutions and our corporations. Yes to non-violent actions of civil disobedience.

**The guide sets out what individuals can do to lower their carbon footprint, but you also say on the back of the booklet that we must act collectively. How do you envision that solidarity will take hold for humanity?**

Will solidarity prevail? The great scientist Edward O. Wilson begins his book, *The Social Conquest of Earth*, by saying that, torn between personal imperatives and those of the group, we are irremediably both selfish and altruistic, capable of the best as well as the worst. He ends it by mentioning that if we want to, the Earth can be changed, by the 22nd century, into a permanent paradise for human beings, or at least begin to be changed. In 2019, Greta Thunberg galvanized a significant number not only of young people, but also of adults. On September 27, 2019, 500,000 people marched for the climate in Montreal, 5,000 in Sherbrooke, and so on. What beautiful solidarity between the generations! Unfortunately, Covid has put a brake on this incredible momentum. What will be the next spark that will rekindle this solidarity? That said, I find it abhorrent that we put this responsibility on young people. We created this crisis. We did nothing, while for more than 30 years scientists have been sounding the alarm. Worse, we, seniors and adults, have increased our greenhouse gas emissions. During the next surge of solidarity, we must stay present and be there all together.

CONT'D ON PAGE 9

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## Cancelled Dawson expansion will add to health system's woes, advocates say

By Ruby Irene Pratka  
#Newsmatters

Dawson College is “in a difficult place” after the Quebec government announced last month that it would cancel a long-planned expansion, says a teacher at the largest English-language CEGEP in the province.

“We can’t evolve into the next generation of teaching without the space that we and the students deserve,” said Tim Miller, a physiotherapy teacher at Dawson. “At what point can we give the students what they deserve and what they signed up for...which is to attend a CEGEP in English in Quebec and get equal treatment?”

Miller was one of the speakers at a panel discussion on the implications of the cancellation of the Dawson expansion, hosted by the Quebec Community Groups Network (QCGN) and held on the evening of Feb. 23.

In 2018, after several years of planning, the previous Liberal government approved the construction of a new health sciences building. The planned building would give much-needed breathing room and access to top-of-the-line technology and shared workspaces to students in programs including physiotherapy, nursing, diagnostic imaging, biomedical laboratory technology and radiation oncology. It was also expected to house a student-run health clinic, where members of the public could get care in both French and English.

Then, suddenly, there was no campus. On Jan. 28, Minister of Higher Education Danielle McCann informed the Dawson administration the project would not go forward. McCann later told reporters that it was put on ice because “there are too many needs among francophone CEGEPs on the island of Montreal.”

### Bitterly disappointed

A bitterly disappointed Miller and his colleagues had big plans for what they would do with the space the \$189-million expansion project would have given the overcrowded college.

“We’ve been heavily implicated for the past four years, dedicating lots of time to develop and design the building, and work with the architects and engineers... as well as look at the pedagogy of getting our students to work together,” he said. “With the news received over the last few weeks, we are in a difficult place.”

According to Miller, the expansion would have allowed 250 additional health care professionals to graduate from Dawson each year.

“This isn’t just a question of students and faculty within their four walls,” said QCGN board secretary Matt Aronson, a Dawson graduate. “This would have had an immediate impact on a very stretched healthcare system, which has been depleted of workers and resources because of the pandemic. And yet, even

with that, the government has decided to withdraw its commitment and put everything on ice, because unfortunately, the language of instruction is not the one the CAQ and their supporters prefer. It’s incredibly disappointing.”

### “We’re Québécois students”

According to former Dawson director general Richard Filion, the college has a designated capacity of 7,100 students, but current enrolment is closer to 7,900.

Dawson Student Union president Alexandrah Cardona said the shortage of space – estimated at more than 10,000 square metres – has become a safety risk.

“Since we came back to campus during the pandemic, what was previously just a little bit inconvenient in terms of lack of space has become a real hazard,” she said. Additionally, overcrowded offices and shared spaces make it hard for students to meet one-on-one with teachers or organize club and community activities.

Cardona also challenged the Legault government’s framing of Dawson as an exclusively anglophone institution in an educational landscape with a clear dividing line between the two language groups. “The average Dawson student has a grasp of both French and English, and often other languages,” she said, adding that many Dawson graduates choose to attend French-language universities. “You’ll hear both French and English on campus. We are a Québécois institution with Québécois students.”

The news about the cancellation of the Dawson expansion came shortly before the National Assembly began an article-by-article review of Bill 96, the wide-ranging and controversial language legislation tabled by the Quebec government.

The Parti Québécois has proposed applying Bill 101 to CEGEPs, meaning that only students with certificates of English public school eligibility could attend CEGEP in English. Although the Legault government has called the proposal “extreme,” at least 10 faculty associations at francophone CEGEPs across the province have voted to support it.

Filion denounced what he saw as the “divisionism” surrounding the question of language in CEGEPs. “It’s unacceptable, but what do you expect – that’s politics,” he said.

In a subsequent question and answer chat, Filion wrote it was “premature to work on a Plan B” to replace the cancelled expansion.

The Dawson Student Union has launched a letter-writing campaign and a National Assembly petition opposing the cancellation, with the support of Westmount-Saint-Louis MNA Jennifer Maccarone. It has received more than 4,200 online signatures as of the morning of Feb. 24.

The petition is available at <https://www.assnat.qc.ca/en/exprimez-votre-opinion/petition/Petition-9477/index.html>

# Get to know your friendly, neighbourhood dog trainer



**MARY MACLACHLAN CPDT-KA**  
**CERTIFIED PROFESSIONAL**  
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Whether at training class, on sidewalks or walking local trails, I often meet dogs ahead of their human companions. So, now I'd like to take this opportunity to introduce myself to the canine enthusiasts in the Sherbrooke Record readership.

My name is Mary MacLachlan, born and raised in a small farming town in Ontario. My childhood included having a household full of pets, including a litter of Labrador or golden retriever puppies every year. My closest companions were the furry or feathery friends with which I surrounded myself, sometimes to the anguish of my parents!

I didn't at first pursue a career working with animals, but instead became an elementary classroom teacher in the international school system. I loved the challenges and joys of teaching children while living in and travelling to various countries. I've lived and worked in Egypt, Venezuela, Japan, Thailand, Italy, Malaysia, and now Quebec.

When I was ready for a career change, my passion for animals tapped me on the shoulder and pointed me towards dog training. It was the perfect fit as I was able to combine my love of animals with my love and skills of teaching and learning.

I retrained at the International Academy of Canine Trainers in British Columbia then started my dog training business in Penang Malaysia. There, it was "baptism by fire" as I volunteered at the local dog shelter that was home to over 700 dogs! In addition to serving paying clients, I fostered, trained and helped support the dogs at the shelter in any way I could. There was no shortage of work.

Accompanying me in this journey have been my two Thai street dogs, Pi and Scruffy. They've been my guinea pigs as I mastered new training skills; my teachers as they guided me; my helper and demo dogs as I worked with clients; and above all, my faithful companions.

The Eastern Townships won me over with its beauty and charm. I have now put my wanderlust on hold and am laying down roots. I've joined organizations for professional dog trainers (RQIEC, CCPDT, PPG), and I'm starting to be known around town as the "English-speaking dog trainer". It feels good.

## What can a dog trainer do for you?

Now that you know you've got a dedicated, fully certified dog trainer in the area (and I'm not the only one!), you may be wondering if you and your pooch would benefit from professional training help. A qualified trainer can help you and your dog in many ways such as:

- providing expert advice in deciding what kind of dog would be the best fit for you and your family;
- helping you peacefully and safely integrate a new pet into your home;
- providing expert guidance in raising a puppy to be a great family member as well as a good citizen;
- helping you navigate the trials and tribulations of doggie adolescence;
- helping you solve behaviour problems such as house soiling, excessive barking, or leash pulling;
- introducing you and your dog to a sport such as agility, canicross or freestyle;
- Helping with aggression, separation anxiety, reactivity or other emotion-based behaviours if the trainer is also a behaviour consultant.

If you're a first-time dog guardian or if you haven't had a dog or puppy for a while, I highly recommend seeking the help of a trainer who is up to date with current training methods and philosophies. A lot has changed and I certainly don't train dogs the way I learned growing up. With behaviour issues, the sooner you take action, the sooner and more easily you will be able to resolve the problems.

## How do you choose a trainer?

The dog training industry is not yet regulated, so there are many charlatans out there who may be spreading

misinformation. It's sometimes difficult to sort the pros from the amateurs.

Here are some things to look for when choosing a trainer:

- Do they use reward-based, force-free, fear-free training methods? Based on current scientific evidence, The American Veterinary Society of Animal Behaviour recommends that only reward-based training methods are used for all dog training, including the treatment of behaviour problems.

- Are they properly qualified? Look for trainers who are certified and belong to professional organizations which require continuing education adherence to a professional code of conduct. Some include: CTP, KPA, CCPDT, APDT, PPG, IAABC, PPAB, and for Quebec, RQIEC.

- Do they avoid promising quick fixes and guaranteed results? Given the variability of individual dogs and their guardians, and differences in environments, making such promises is dishonest and goes against most professional organizations' code of conduct.

- Do they have the education and experience necessary to meet your training needs?

I strongly encourage you to reach out to a qualified, experienced dog trainer for help and advice. I have yet to meet



COURTESY MARY MACLACHLAN

a trainer who doesn't love what they do and feel passionate about helping dogs and their humans live happily together.

Have questions or comments regarding dog behaviour or training? Are there topics you would like me to discuss in future articles? Feel free to contact me at [mary@paragonpooch.com](mailto:mary@paragonpooch.com).

*Mary MacLachlan is a certified professional dog trainer living in Sherbrooke and is the proud owner of Paragon Pooch Pet Services. She is dedicated to helping dogs and their human companions build stronger relationships based on clear communication, trust and play.*



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## Martin Lemmens

CONT'D FROM PAGE 7

At present the guide is in French. Do you have any plans to translate it into English?

We have received no grants or subsidies in order to create the guide. It has been produced thanks to the goodwill and donations of a number of individuals and associations. To publish it in English as well as in French would have almost doubled our costs. Knowledge of the environment

and of climate change is constantly evolving, to the point at which it will be necessary to produce an updated, improved second edition of the guide. Amongst other things, it will be necessary to go into more detail about systems other than climate, such as land use and air pollution, basing this on the work of esteemed scientists such as Johan Rockström.

A concise version of *Guide Pratique* can be found at <https://tinyurl.com/guide-climat>

# Obituaries

**Death**



**Ghislaine Routhier SUTOR**  
1937 - 2022

Ghislaine Routhier Sutor, known to all as "Gigi", peacefully passed away at the age of 84 on Friday, February 18, 2022, to be with her beloved husband Ashley Sutor, lovingly known as Hubby.

Gigi was born in Coaticook and grew up in Sherbrooke. Soon after marriage, Gigi and her family moved to Montreal for 30 years. She and Ashley returned to their hometown of Sherbrooke to enjoy retirement. Gigi loved to play golf, tennis and sing in the choir at St. Patrick's Catholic Church.

Gigi was a dedicated wife and mother first. She treasured her children Linda and Sondra Sutor and embraced every moment with them. She especially loved her role as Nana to Cody, Amanda and Colin Choquette, children of Linda, and to Davis and Cole Himmer sons of Sondra.

Gigi had a vibrant personality, loved fashion, her smile would welcome everyone as she called you Honey.

Friends wishing to honor Gigi are invited to make a donation in her name to the Wales Home Foundation, 506 Route 243 North, Cleveland, QC, J0B 2H0, who provided extraordinary and loving care to her for 9 years.

STEVE L. ELKAS FUNERAL HOME  
4230 Bertrand-Fabi, Sherbrooke QC  
info@steveelkas.com

PHONE: 819-565-1155  
FAX: 819-820-8872  
www.steveelkas.com

**Death**



**Michael O'MALLEY**  
1931 - 2022

Gently, surrounded by his children and grandchildren, Michael O'Malley passed away on February 11, 2022, at the age of 90. He was the loving husband of the late Gisèle Beaudoin and the son of Leo O'Malley and Alice Boisvert.

Michael was born in Georgeville, QC in 1931 and with his beloved Gisèle they raised their family in Waterville. He worked as manufacturing clerk, grocer and finally as an antique restorer, his passion. Michael found great joy on the golf course or fishing. He was loved by all who knew him. He will be remembered as a good storyteller, even though we knew them all by heart!

He is survived by his children Daniel, James (Lucie), Patricia, Rodney (Andrea), grandchildren Sean, Bryan, Kevin, Kelly, Rose, Jason, Tristan, Shannon, Michelle and Christine, and his great-grandchildren Logan, Olivia, Oliver, Clara, Alice, Jake, Zoe, Liam and Anderson. They have all made him a happily fulfilled grandfather.

Visitation will be held at the Coopérative funéraire de l'Estrie (485 rue 24-juin, Sherbrooke), on Saturday, March 5, 2022, from 9:30 a.m. to 11 a.m. and from 1:30 p.m. until the service at 3:30 p.m. which will take place in the Coop's chapel.

Burial will take place at the St. Patrice Cemetery in Magog at a later date.

Donations to Diabète Québec would be appreciated.

COOPÉRATIVE FUNÉRAIRE  
DE L'ESTRIE  
485, rue du 24-Juin, Sherbrooke, QC

PHONE: 819-565-7646  
FAX: 819-565-7844  
www.coopfuneraireestrie.com

**In Memoriam**

**BUZZELL, Nobel A.** - In loving memory of a dear husband, father, grandfather and great-grandfather who passed away February 27, 2021.

*Our lives go on without you  
But nothing is the same,  
We have to hide our heartaches  
When someone speaks your name.  
Sad are the hearts that love you,  
Silent are the tears that fall,  
Living here without you  
Is the hardest part of all.  
You did so many things for us,  
Your heart was kind and true,  
And when we needed someone  
We could always count on you.  
The special years will not return  
When we are all together,  
But with the love in our hearts  
You will walk with us forever.  
Sadly missed, but never forgotten.  
Your loving wife*

**EDNA  
AND FAMILY**



**Card of Thanks**

**ANNESLEY** - Special thanks to each and everyone that took the time to wish me a happy 90<sup>th</sup> birthday! It was truly a wonderful day. I feel grateful to have so many amazing people by my side. Thank you for your kindness and words of sympathy, your voice of concern, your gesture of caring and the love you offered, at the time of Clancy's passing. Forever grateful,

**MARION ANNESLEY**

## Date Book

**FRIDAY, FEBRUARY 25, 2022**

Today is the 56th day of 2022 and the 67th day of winter.

**TODAY'S HISTORY:** In 1836, Samuel Colt received the patent for his revolving-cylinder pistol.

In 1901, J.P. Morgan incorporated the United States Steel Corporation.

In 1913, the 16th Amendment to the Constitution, which gives Congress the power to levy income taxes, went into effect.

In 1991, the Warsaw Pact, a mutual defense agreement between Central and Eastern European communist states, was declared disbanded.

**TODAY'S BIRTHDAYS:** Pierre-Auguste Renoir (1841-1919), artist; Enrico Caruso (1873-1921), opera singer; John Foster Dulles (1888-1959), diplomat; Zeppo Marx (1901-1979), actor; Bobby Riggs (1918-1995), tennis player; Ralph Stanley (1927-2016), musician; George Harrison (1943-2001), singer-songwriter; Jack Handey (1949-), humorist; Tea Leoni (1966-), actress; Sean Astin (1971-

), actor; Chelsea Handler (1975-), comedian; Rashida Jones (1976-), actress.

**TODAY'S FACT:** Pierre-Auguste Renoir and Claude Monet were friends and often painted together; several of their works were painted at the same time in the same locations, from different angles.

**TODAY'S SPORTS:** In 1964, Cassius Clay defeated Sonny Liston in a stunning upset to win the heavyweight boxing crown. Clay changed his name to Muhammad Ali the following week.

**TODAY'S QUOTE:** "When you go for a job interview, I think a good thing to ask is if they ever press charges." - Jack Handey, "Deep Thoughts"

**TODAY'S NUMBER:** 1,060 - pairs of shoes notoriously left behind by Philippine first lady Imelda Marcos when she and her husband, President Ferdinand Marcos, were forced to flee the country on this day in 1986.

**TODAY'S MOON:** Between last quarter moon (Feb. 23) and new moon (March 2).



Fondation de Soins **VILLAGE GRACE**  
**GRACE VILLAGE** Care Foundation

The mission of the Grace Village Care Foundation is to support the compassionate care of the elderly through the provision of charitable funds to Massawippi Retirement Communities (Grace Village).

To donate or for information:  
Emma Muise  
Foundation Coordinator  
Tel: (819) 569-0546 x5033  
Grace Village Care Foundation  
1515 Pleasant View St.  
Sherbrooke, QC, J1M 0C6  
gvfoundation@masscom.ca



## Your Birthday

FRIDAY, FEBRUARY 25, 2022

Get your facts straight. Don't act on assumptions. Be realistic about what's possible. Be specific, and have your plans mapped out according to your skills, time and desire. Success comes from doing what's best for you. Less time spent worrying about what others think or do and more time designated to your needs will encourage success and happiness.

**PISCES (Feb. 20-March 20)** – When in doubt, take the time to research. Go directly to the source and ask pertinent questions to ensure you make the right decision. Stay calm and look over all options.

**ARIES (March 21-April 19)** – Misinformation is apparent when trying to sort through documents and online sites and talking to experts. Leave nothing to chance and follow up on any discrepancies you encounter.

**TAURUS (April 20-May 20)** – Address a concern wholeheartedly, and gather pertinent facts. Knowledge is power when faced with controversy or opposition. Don't make unnecessary changes. Make every step you take count.

**GEMINI (May 21-June 20)** – Work alone and ignore drama. Do your due diligence and ferret out the truth. Refuse to let anyone railroad you into something using emotional manipulation, temptation or lies.

**CANCER (June 21-July 22)** – Proceed with your plans. Gather information, check out the competition and network with those who show interest in what you are doing. Embrace the unusual, and consider partnerships that offer benefits.

**LEO (July 23-Aug. 22)** – Don't let

someone who holds you back rather than pushes you forward have a say. Take responsibility for your actions and accomplishments. Don't wait for opportunities to come to you; manifest them.

**VIRGO (Aug. 23-Sept. 22)** – Concentrate on what brings you joy and satisfies your soul. Explore how to use your skills, attributes and experience more effectively. Join forces with someone who brings out the best in you.

**LIBRA (Sept. 23-Oct. 23)** – Use experience, resources and intelligence to figure out what works best for you to help you maintain a healthy financial position. Keep your life simple and functional, and focus on what's important.

**SCORPIO (Oct. 24-Nov. 22)** – Plunge into what interests you, and embrace new possibilities. Consider new ways to repurpose old ideas and put your tools to work for you. It's what you do that will make the difference.

**SAGITTARIUS (Nov. 23-Dec. 21)** – Rethink your connection to someone who tends to get you in trouble or leans on you too much. Use your smarts to recognize when someone is taking advantage of you.

**CAPRICORN (Dec. 22-Jan. 19)** – Someone will complicate matters if you are gullible or too accommodating. Look out for your best interests. Home improvements will add to your comfort and ease stress. Put the past behind you.

**AQUARIUS (Jan. 20-Feb. 19)** – Reconnect with people who put a smile on your face. A good laugh will do you a world of good and help you get over any disappointments you harbor. Put your heart into something you enjoy doing.

SATURDAY, FEBRUARY 26, 2022

Take what you can and use your skills to reach your goal. A change in how you earn and handle your money will help you build a strong base for what's to come. Turn to the things you enjoy most, and use your intelligence and connections to make your dream come true.

**PISCES (Feb. 20-March 20)** – Invite alternatives into your life. Don't be afraid to make a move and follow your heart. Step up, do as you please and have no regrets. Own what you do, and be responsible for the outcome.

**ARIES (March 21-April 19)** – Be innovative, put a plan in place and pitch what you want to someone in a position to help you reach your objective. Network or reconnect with someone you enjoy working alongside.

**TAURUS (April 20-May 20)** – Use experience and fortitude to muster up a deal or idea that can help you use your skills more to your liking. A change will revitalize you and give you hope. Romance is encouraged.

**GEMINI (May 21-June 20)** – Don't get trapped in someone's dream when you have your own goals to achieve. Limit your time with reckless people or those who try to talk you into something that isn't in your best interest.

**CANCER (June 21-July 22)** – Take the plunge and try something that exhilarates you. A positive connection with someone will lead to plans that can permanently alter your life. Love is on the rise.

**LEO (July 23-Aug. 22)** – Choose intelligence and verbal response over physical action and potential risk of injury or illness. Be wise in your assessments of situations and mindful

of those around you.

**VIRGO (Aug. 23-Sept. 22)** – You have plenty to gain if you participate in events focused on making a difference. Do your part, network, donate and align yourself with those doing their best to turn negatives into positives.

**LIBRA (Sept. 23-Oct. 23)** – Delve into something you enjoy, and it will put a smile on your face and give you hope. Put a plan in place and follow through. Refuse to let laziness steal the joy that accomplishments offer.

**SCORPIO (Oct. 24-Nov. 22)** – Let go of the past and embrace what life offers. Check out what others are up to, and share experiences. Explore your skills and talents creatively and uniquely, and you'll find a new niche.

**SAGITTARIUS (Nov. 23-Dec. 21)** – Don't get into a pointless debate with someone who exaggerates. Stay intent on taking care of your financial affairs, and put a game plan in place that will help you save for something unique.

**CAPRICORN (Dec. 22-Jan. 19)** – Turn up the volume and make yourself heard. Step into the spotlight, and bring about positive change. Make personal gains, love or self-improvement your goal, and happiness will follow.

**AQUARIUS (Jan. 20-Feb. 19)** – Speculation is not enough to make a change that can affect your health, wealth and happiness. Thoroughly dissect any offer that comes your way. Play it smart, be safe and eliminate sorrow.

## Sunday horoscope on page 15

# Greedy boss tests our boundaries

Dear Annie

FRIDAY, FEBRUARY 25, 2022

**Dear Annie:** My boss is simply a taker, and I'm tired of it. I am a pretty generous person, but I feel like she takes advantage. She has no problem asking to use or have others' personal items.

When she first came to my office, she asked if she could use my coffee creamer. I thought nothing of it and, of course, said yes. She has since made (SET ITAL) my (END ITAL) coffee creamer (SET ITAL) our (END ITAL) coffee creamer. Even though she occasionally hands me \$5, she uses much more than that, and I never signed up to have communal creamer or be the person sent to the store to get it on my time every week.

She has asked to use my and others' phone chargers. She takes from people's candy dishes, which we all do, but we refill them, and we have our own to offer one another. Beyond just eating other's Life Savers, she uses her finger to fish around to find the flavor she likes. She uses tea bags and honey. If she sees someone eating cheese crackers, she has no problem asking for some.

She is the boss and makes more than all of us. These items are not free, and they aren't just dropped on our desks. We have to go buy them. How do we put an end to the greed but not make things awkward? Thank you in advance for your advice. – Frustrated With Freeloader

**Dear Frustrated:** Take a page out of your boss' book and be direct. Start with the kitchen: Ask her if the company can cover the expense for and order things that most everyone uses, like ground coffee, creamer, utensils and other treats that she and your coworkers enjoy.

Confrontation and saying no can feel difficult and uncomfortable, but you don't have to do it rudely. Lean into speaking up; you'll never establish healthy professional boundaries if you don't.

**Dear Annie:** I have been married for almost 18 years. I will be the first to tell you that I am not an easy person to live with. I had a child before my husband and I got married, which he knew and said wouldn't be a problem. This is his second marriage. I have some health

issues that I manage with medicine.

We have a child together, yet he pretty much ignores my older child. He does what his family wants. If we have plans and a family member calls, our kids and I are thrown aside. He puts my older child down to our child and says taking the eldest places is inconvenient for him, throwing it off on me.

The kids and I are to the point where we don't say much to him because he gets mad, pouts and/or says that he's not going to say anything else because he always gets in trouble. I have caught him in lies, yet there are times that he talks to me like I am totally stupid, and he bullies and intimidates our kids as a form of "punishment."

I told him that I was done and don't care anymore. He also threatens/intimidates the youngest that they BETTER NOT tell their mama (me) what he said. This is beginning to affect my health more and more.

How do you talk to someone who DOESN'T seem to think you are being serious? I don't want to leave and take my kids from their home! – Feeling Stuck

**Dear Stuck:** The best way to show someone like your husband that you mean business is to follow through on taking action. Every day that the three of you continue to be exposed to his manipulation and emotional abuse does more and more damage. Your health is suffering, and so is your kids' mental health.

Your husband is greatly flawed as a partner to you and as a father. Pursue family therapy and counseling to help the kids work through their individual trauma. If needed, supplement it with couples counseling, too. Starting here will help you determine if it's possible to transform and rebuild your family and your marriage.

*"How Can I Forgive My Cheating Partner?" is out now! Annie Lane's second anthology – featuring favorite columns on marriage, infidelity, communication and reconciliation – is available as a paperback and e-book. Visit <http://www.creatorspublishing.com> for more information.*

Send your questions for Annie Lane to [dearannie@creators.com](mailto:dearannie@creators.com).

### CELEBRITY CIPHER by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

“ ME PUV IZY TYDTLDZMY BTUBWT ZYO  
CZXT DNTC DNMYX, MD'H ZY NUYUL.  
MD'H FVHD ZY NUYUL DU AT  
Z IUCTOMZY.” — AUA HZJTD

Previous Solution: “I think Bigfoot is blurry, that’s the problem. There’s a large out-of-focus monster roaming the countryside.” — Mitch Hedberg

TODAY’S CLUE: *f equals j*

### CELEBRITY CIPHER by Luis Campos

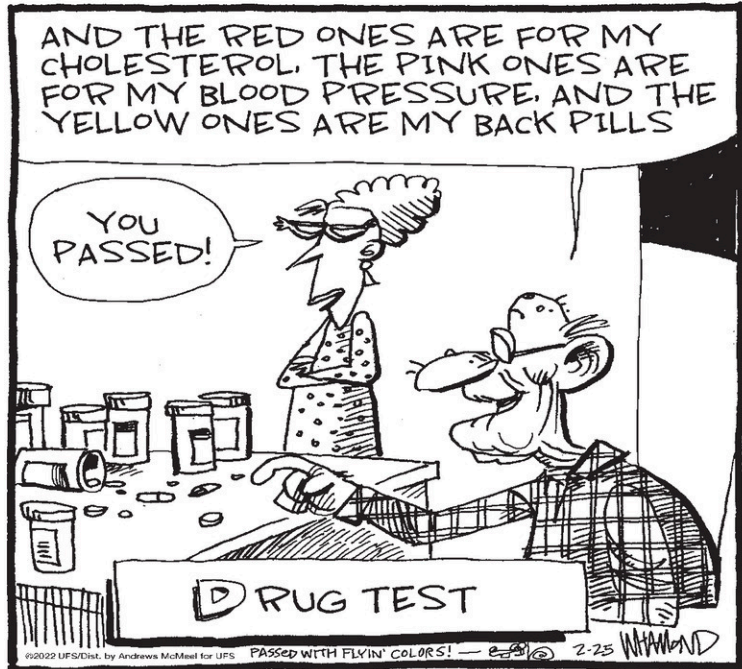
Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

“ CUR'P JTP NT XEURJ, H SUKT NV  
ZURJZ, DRC H ZPHSS SUKT LTDEHRJ  
PLTN. PLDP'Z LHZPUEV, YDYV.”  
— EURRHT ZOTAPUE

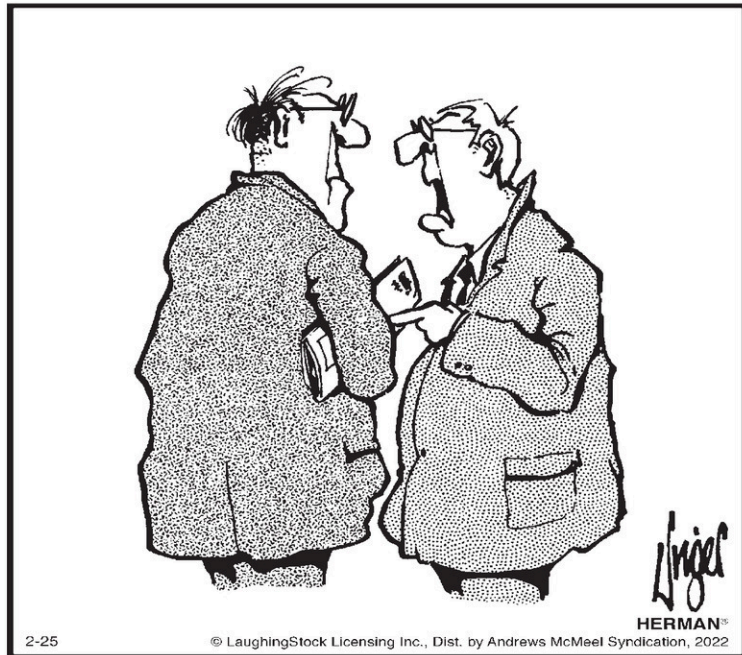
TODAY’S CLUE: *A equals C*

Previous Solution: “If you can entertain people and make them think, it’s an honor. It’s just an honor to be a comedian.” — Bob Saget

### REALITY CHECK



### HERMAN



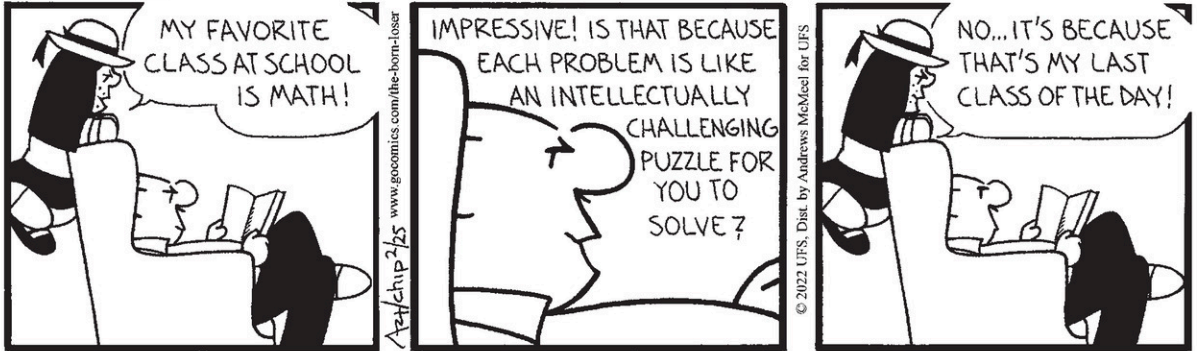
### ALLEY OOP



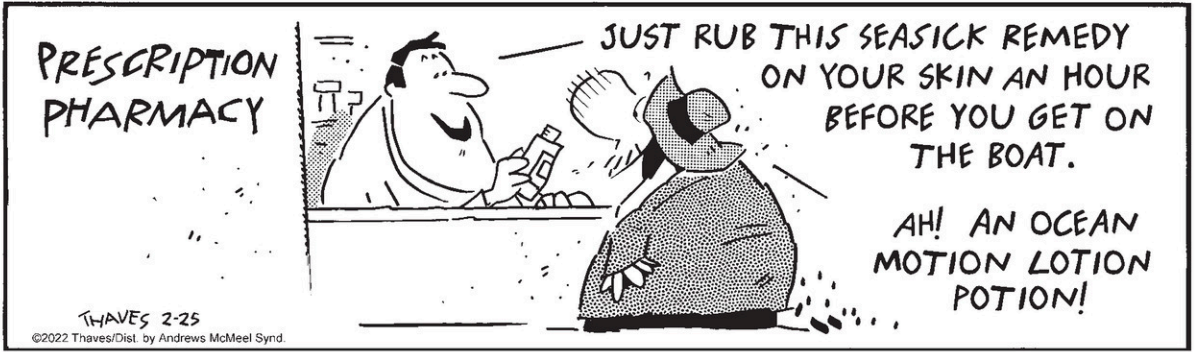
### ARLO & JANIS



### THE BORN LOSER



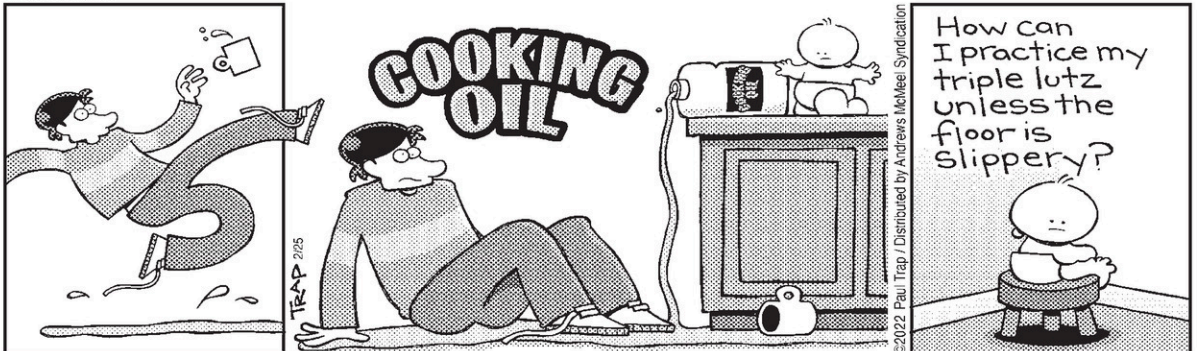
### FRANK AND ERNEST



### GRIZZWELLS



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E-mail: classad@sherbrookerecord.com  
or Knowlton: (450) 242-1188 between 9:00 a.m. and noon

# CLASSIFIED

Deadline: 12:30 p.m. one day prior to publication  
Or mail your prepaid classified ads to  
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**030** Property Wanted

I am looking for **WOOD LOTS** to buy for hunting, 30 to 200 acres. Please call or text 514-533-0149. Budget: \$500,000.

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**100** Job Opportunities

**100** Job Opportunities

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**Knowlton Estate Sale**  
**365 Lakeside, JOE 1V0**  
**Friday, Saturday, Sunday**  
**February 25, 26 and 27**  
**9 a.m. to 4 p.m.**

Antiques, furniture, paintings, sculptures, statues, silverware, mirrors, China, crystal, lamps, collectibles, designer clothing and accessories, jewellery, household and décor, wine fridge, comics, books, records, toys, John Deere ride-on tractor toys, bikes, patio furniture, barbecue, tools, tool cabinets, work bench, and a garage to rummage through.

Masks must be worn.

For pictures, please go to:  
**mastereditionsantiques.com**

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## NEA Crossword Puzzle

Answer to Previous Puzzle

A	L	G	A	E				C	O	A	T		
P	A	E	L	L	A			G	A	D	G	E	T
R	O	L	L	E	R			I	D	E	A	T	E
				A	V	E	N	G	E		R	E	X
	F	A	Y	E		O	A	T	H				
M	A	W		N	E	B		S	U	E	Y		
V	I	A		B	L	T		G	E	E	S		
P	R	I	G		B	E	A		R	A	P		
	S	T	A	G		M	O	B		I	R	A	
				B	A	N	E		U	T	E	S	
C	P	A		Z	E	N	I	T	H				
H	A	N	K	I	E			C	L	E	A	N	S
I	N	T	E	N	D			H	E	R	M	I	T
	S	I	N	G				R	E	P	L	Y	

**ACROSS**

- 1 Corn servings
- 5 Beach sidler
- 9 Cram in
- 12 Joie de vivre
- 13 Hawkeye state
- 14 Blast-furnace input
- 15 "Star Wars" princess
- 16 City in Egypt
- 17 Large green parrot
- 18 Lure
- 20 Actor's need
- 22 — -Magnon
- 23 Tex-Mex dip
- 24 Kauai hello
- 27 "Breathless" star
- 28 Sutton of golf
- 29 Halt
- 31 Washstand item
- 35 Regurgitate
- 37 Furtive whisper

- 39 Theta preceder
- 40 Guffaw
- 42 Gloss
- 44 — up (inflated)
- 46 Student stat
- 47 Trustworthy
- 48 Grab the phone
- 51 Ltd. cousin
- 52 Plato's vowel
- 54 Ukraine city
- 56 Exec
- 57 Worn out
- 58 Sea eagle
- 59 Python
- 60 Springs
- 61 Bug repellent

**DOWN**

- 1 Snaky fish
- 2 Ship's position
- 3 Come down hard
- 4 Grab
- 5 Kid who rode Diablo
- 6 Bounder
- 7 Impress deeply
- 8 Rummage sale

- 9 Funny stories
- 10 Place for a rodeo
- 11 Protein source
- 19 Mideast nation
- 21 Delight
- 23 Uses hair rollers
- 24 Happy sighs
- 25 Relay segment
- 26 Grand — Opry
- 27 Main idea
- 30 Familiar with (2 wds.)
- 32 Like some hours
- 33 Summer in Quebec
- 34 Competed in a race
- 36 Horse stopper
- 38 Recipe amts.
- 41 Studious looking
- 43 Peddled
- 44 Small drum
- 45 Spandex fiber
- 46 Small flies
- 47 Swing's support
- 48 On the summit
- 49 Blarney stone locale
- 50 Descartes or Russo
- 53 Discoverer's shout
- 55 Animal doc

1	2	3	4		5	6	7	8		9	10	11
12					13					14		
15					16					17		
	18			19				20	21			
			22				23					
24	25	26				27						
28				29	30				31	32	33	34
35			36		37			38		39		
			40	41				42	43			
	44	45					46					
47						48				49	50	
51					52	53				54		55
56					57					58		
59					60					61		

**WILLIAMS RECOGNITION**

**LOOKING FOR A FULL TIME GIFT WRAPPER**

Monday to Friday 7:30 a.m. to 4 p.m. (40 hours per week). Applicant must be attentive to detail, able to stand for long periods of time, manual dexterity, and computer skills a must.

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www.williamsrecognition.com

**THE RECORD**

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The Record is looking for a carrier in Lennoxville to start on February 28, 2022 for the following streets:

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Around 13 customers

If interested, please contact our offices by phone at **819-569-9528** or email at **billing@sherbrookerecord.com**

# NEA Crossword Puzzle

# Your Birthday

SUNDAY, FEBRUARY 27, 2022

**LEO (July 23-Aug. 22)** – Don't hold back if you don't like something; do something about it before it multiplies. Be honest with those you love and are close to, and you'll deter a problem.

**VIRGO (Aug. 23-Sept. 22)** – Make a move for the right reason, not because someone else does. It's OK to do things your way or to be different. The people who love you will support whatever makes you happy.

**LIBRA (Sept. 23-Oct. 23)** – Put your energy to good use. Take the high road, and let others do as they please. Follow the path that is best suited to your needs and fits your budget. Handle shared expenses with care.

**SCORPIO (Oct. 24-Nov. 22)** – A friend or relative will misinterpret what you are trying to say if you aren't explicit. Choose your words carefully and let positive action lead the way. Expand your creative skills.

**SAGITTARIUS (Nov. 23-Dec. 21)** – Be observant. Don't take part in something that appears to lack substance or moral code. Avoid people who exaggerate or are pushy. Raise your standards and focus on truth, justice and fair play.

**CAPRICORN (Dec. 22-Jan. 19)** – Assess your situation and confirm what you can afford to do to make your life purposeful. What you do for those you love and to resolve concerns will leave a positive fingerprint.

**AQUARIUS (Jan. 20-Feb. 19)** – Don't let the changes others pursue entice you or make you feel indifferent. Focus on what you have and where you are heading. Making comparisons or assumptions will bring you down.

How you connect to the outside world and the people who can make your life and goals easier will determine the outcome. Nurture relationships, and align yourself with people who share your values and complement your skills, knowledge and experience. Be open to suggestions and strong enough to make smart decisions.

**PISCES (Feb. 20-March 20)** – Take ownership of what you do, and don't be afraid to set high standards and expectations. Think big, but stick to a reasonable budget, and you will not be disappointed.

**ARIES (March 21-April 19)** – Don't take on the impossible. Pull in help if you get in over your head. Rely on experts when necessary, and avoid unsavory outcomes. Pay attention to detail, plans and procedures.

**TAURUS (April 20-May 20)** – Stop talking and start doing. Actions will be your ticket to recognition and praise for your tenacity and drive. Move into high gear and show someone you love how much you care.

**GEMINI (May 21-June 20)** – Nothing will stand in your way once you have your plan in place and the confidence to step into the spotlight. Recognize any negativity you receive as jealousy or regret that someone harbors.

**CANCER (June 21-July 22)** – Connect with people who share your interests and concerns, and do your best to make a difference. Work with someone you love, and together you will make the world around you a better place.

### Answer to Previous Puzzle

E	A	R	S		C	R	A	B		J	A	M	
E	L	A	N		I	O	W	A		O	R	E	
L	E	I	A		S	U	E	Z		K	E	A	
		E	N	T	I	C	E		A	G	E	N	
				C	R	O		S	A	L	S	A	
A	L	O	H	A		G	E	R	E				
H	A	L		Q	U	I	T		E	W	E	R	
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- ACROSS**
- 1 Room divider
  - 5 Islet
  - 8 Down Under rockers
  - 12 Sunblock additive
  - 13 Livy's eggs
  - 14 "You bet!"
  - 15 Yokel
  - 16 Beatles tune
  - 18 Ridicule
  - 20 Gleeful shout
  - 21 Taylor, to fans
  - 22 Firesides
  - 25 West of Hollywood
  - 28 People, informally
  - 29 Practical joke
  - 33 Reveal
  - 35 Well-qualified
  - 36 Milk option
  - 37 Lament
  - 39 Jack rabbit
  - 40 In the course of
  - 42 That senora
  - 43 Vague thoughts
  - 46 Yodeler's perch

- 49 Mo. fractions
  - 50 More than passed
  - 53 Flea or mistletoe
  - 56 Composer – Stravinsky
  - 58 Social climber
  - 59 Prefix for classic
  - 60 Destiny
  - 61 Lotto info
  - 62 Almost-grads
  - 63 Unlucky time
- DOWN**
- 1 "– and Peace"
  - 2 Pickling ingredient
  - 3 Gray wolf
  - 4 Sponger
  - 5 End of some URLs
  - 6 Zoo building
  - 7 Ritzy boats
  - 8 Skipper's OK
  - 9 Tiny room
  - 10 MOMA artist
  - 11 Home, to Pierre

- 17 Derisive snort
- 19 Tavern inventory
- 23 Sea bird
- 24 Fake
- 25 Thick porridge
- 26 Singer/composer Paul –
- 27 Sheik colleague
- 30 Woodwind
- 31 Sorrowful wail
- 32 Lucy Lawless role
- 34 Famous last word
- 37 Library sect.
- 38 Millay or Ferber
- 40 Low-carb guru
- 41 Title of respect
- 44 Startled cries
- 45 UFO genre (hyph.)
- 46 Lhasa –
- 47 Country
- 48 Urge (along)
- 51 Victorian oath
- 52 Be overly fond
- 54 Washboard –
- 55 Sister of Helios
- 57 Musical notes

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FRIDAY, FEBRUARY 25, 2022

## It takes two to tarantella

By Phillip Alder

Defense is the hardest part of the game. That has been written so often that it has almost become trite. It is a tough job working out the unseen hands and finding the best plays. On some deals, only one defender's plays are critical. More often (I think!), it requires both defenders working in unison to defeat the contract. One wrong step by either partner, and the contract sneaks home. Today's deal belongs to the latter category.

West had a fairly normal preemptive opening, though there was a risk he would miss a superior major-suit fit. South had a respectable three-heart balancing overcall, and North had an easy raise to game.

On lead against four hearts, West paused to consider his options. It looked as though he would do best to put partner on lead and receive a diamond ruff in return. But how could he achieve this aim? He spotted one possibility – admittedly slightly risky – and went for it: He led the club two.

Now the spotlight moved to East. He knew the lead wasn't fourth-highest. From the unusual low-spot-card lead, East deduced that his partner had a void in diamonds, the lower-ranking side suit. Expecting West to have the

North		02-25-22	
♠ A Q J			
♥ A 10 5 4			
♦ 10 9 5 3			
♣ 7 4			
West	East		
♠ 9 5 3	♠ 10 8 7 6 2		
♥ 8 7 2	♥ 3		
♦ —	♦ Q J 8 7 4		
♣ K J 10 9 8 3 2	♣ A Q		
South			
♠ K 4			
♥ K Q J 9 6			
♦ A K 6 2			
♣ 6 5			
Dealer: West			
Vulnerable: Both			
South	West	North	East
	3♣	Pass	Pass
3♥	Pass	4♥	All Pass
Opening lead: ♣ 2			

king of his suit for a vulnerable preempt missing the ace and queen, East made the fine play of the club queen at trick one. When that held the trick, East switched to the diamond four. West ruffed, put his partner on play with another club and received a second diamond ruff to defeat the contract. Nicely done!



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Thursday, March 10, Opening Night at 7:30 pm

Friday, March 11, Evening Performance at 7:30 pm

Saturday, March 12, Matinee: 3 pm / Evening Performance at 7:30 pm

Sunday, March 13, Matinee at 3:00 pm

GODSPELL

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Friday, February 25, 2022

# The Townships Outlet

Linking the Townships' 41,000-member English-speaking community

## Richmond getting ready to paint the town green



RECORD ARCHIVES/GORDON LAMBIE

The last time Richmond was able to hold its traditional Saint Patrick's Day Parade was in 2019

By Gordon Lambie

With the vast majority of pandemic restrictions in Quebec set to be lifted by March 14, things are looking good for the Saint Patrick's Day and Irish

heritage celebrations in Richmond. Having been among the very first major events in the region to be cancelled at the start of the COVID-19 crisis in Quebec in 2020, organizers are keen to see green on the streets of town once again

"We're breaking the ice here," said Erika Lockwood, President of the Richmond Saint-Patrick's Society, noting that the festivities will be one of the first if not the first major public event to take place in the community and surrounding area over the last two

years. Although organizers put together a few virtual events in 2021, the plan for this year is a full slate of in-person activities over the month of March, beginning with the traditional

CONT'D ON PAGE 3

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# Godspell coming to Centennial stage March 10

By Gordon Lambie

Having launched in the fall of 2020, it could be said that Bishop's University's concentration program in musical theatre did not have the best timing, at the start. Despite the challenges of a world where performance venues have been intermittently shuttered or very restricted in their audiences and rehearsals, however, the students in the program are now just over a week away from opening night of their inaugural performance of Godspell on the Centennial Theatre Stage.

According to Art Babayants, the director of both the concentration program and of the upcoming performance, the idea behind the show is to both get back to the roots of the classic 1970s musical, and also to present it in a way that people have never seen before.

"We're staging a very funny, playful production where the main theme is how difficult it is to create a community, and also how wonderful it is when a community is created and everyone is connected," Babayants said, sharing that although there have been a number of very religious stagings of the musical over the decades since it was first created, the core work emphasizes a very light attitude towards strict ideology. "It was originally create by someone who was kicked out of a church for wearing jeans and not being properly dressed," he explained, sharing that he sees the work as a criticism of that serious attitude and a testament to the value of community that has a distinct significance in the present day.

"A lot of communities were broken

due to Covid," he reflected, sharing a hope that audiences will be able to relate to the message of connectedness between different people in the production.

Asked about the experience of putting the show together, several of the performers said that regardless of what comes across for those watching the musical, that central theme of community building has been very present for them.

"(Through the pandemic) we weren't able to fully embrace the spirit of the theatre because we couldn't do any shows," said Ariane Bernard. "I think getting all together and preparing something as a collective after two years of struggle is really meaningful."

"I didn't see anybody for the first six months of school," shared Georgia Gokiart, explaining that it was not until taking the introduction to acting with song class that they had the chance to make any friends. "Before that we were all masked, facing forward, and not talking to each other because it felt like you were going to catch Covid and die."

Fellow cast member Maude Zulauff, meanwhile, reflected on the physicality of preparing for a show that involves a wide range of dance, music and performance styles as a kind of marathon where the cast and crew need to lean on each other for support.

"You can't do this alone," she said, sharing that the collective experience made preparing the musical especially significant.

Although work on the performance has brought students together, both the cast members and the director pointed out that Covid has certainly made its presence known.

"Omicron, specifically, has been very



PHOTOS COURTESY BISHOP'S UNIVERSITY approaches to theatre and they should be really explored by our students."

difficult," Babayants said, sharing that one of the advantages of Godspell as a play is that there is not one set story from beginning to end, but rather a set of parables that are told in different ways by different groups of actors. What this means, structurally, is that the different parts of the play could be rehearsed independently in small groups and, if need be, cut at the last minute should someone fall ill.

Beyond the pandemic practicality, the director said that this compartmentalization of the play also opens the door to exploring a range of different approaches to drama and performance.

"One of the ideas that I proposed to the faculty and the university (when hired) is that we should not be creating a musical theatre concentration that is only based on western or white approaches to musical theatre," Babayants said. "There are many

The director clearly aimed to keep some of the ways that the musical breaks out of western conventions as a surprise for those who come to see the show, but he shared that the cast has worked with a specialist in Ottoman Turkish puppetry traditions, and a Mexican choreographer in their preparations. He also suggested that there may be some casting decisions that cast a critical eye on colonial Christianity.

"In our day and age it's sort of strange to be assuming that the main character of the show, Jesus, is a white, anglophone, male person, because he wasn't," Babayants observed.

The 14-member company draws on performers from across Bishop's student body, including students enrolled in psychology, education, and neuroscience, as well as from the performing arts. Diversity in the acting company extends to language as well, and audiences can expect to experience French, English, Hebrew, Spanish and American Sign languages.

"I am very grateful to the students who are working at a very, very professional level," the director said, praising the team for giving 100 per cent of their energy to the project and displaying an impressive ability to learn as they go. "The results will be spectacular," he said.

Godspell opens Thursday, March 10 and runs until the following Sunday, March 13. Tickets range from \$15-\$25 and can be purchased through the Centennial Theatre box office at 819-822-9692 or online: [www.centennialtheatre.ca](http://www.centennialtheatre.ca)



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# The Sherbrooke writing contest – 4th edition

Theme: To go around in circles

The Association des auteurs et auteurs de l'Estrie (AAAE), in partnership with Ville de Sherbrooke, Salon du livre de l'Estrie, and Druide Informatique, proudly presents the fourth edition of the writing contest designed for Sherbrooke's amateur writers: « The Sherbrooke writing contest / Adult and youth categories ». The contest aims to highlight excellence and the talents among the Sherbrooke community, encourage the region's next generation of writers, invigorate the cultural communi-

ty and raise public awareness to local production.

## Participating rules

- Participants must be at least 12 years old and be a resident of the Ville de Sherbrooke1.

- This contest has two categories: Youth category (12 to 16 years old)/Adult category (17 years and older).

- Contest is only open to amateur writers, meaning that none of their work has ever been published

by a recognized publishing house or by self-publishing.

- There is a limit of one (1) entry per person, which must be between 7 and 10 pages and must respect the proposed theme. All literary styles are eligible.

- Both French and English texts are eligible. Regarding the English language texts, the competition will be biannual. In 2022, an English-speaking jury will be formed to judge the texts received last year as well as this year, provided that

the number of texts received justifies it.

- A minimum of five (5) texts per category must be received for the prizes in this category to be awarded.

The winner of the youth category will receive a 350\$ bursary and the winner of the adult category one of 750\$. For more details consult the AAAE web site: <https://aaaeestrie.ca/concours-decritures-sherbrookoises/>

## Saint Patrick's Day

CONT'D FROM PAGE 1

Corned Beef Supper on March 5 and continuing right through to the St. Patrick's Society Brunch on March 27. Along the way, people will have regular opportunities to celebrate Irish heritage at storytelling events, musical presentations, an art show, heritage games, and, of course, the return of the St. Patrick's Parade.

Lockwood said that she considers it a feat of luck and patience that this year's events will be able to go ahead in much the way they did before the pandemic

“Julie (O'Donnell) and I gave ourselves the date of Valentine's Day to make a decision about what we were going to do, and we are happy we waited,” she said, explaining that although the late deadline meant putting a number of things together on a more rushed timeline, it also meant that a lot more would be possible.

The society president said that a lot of work has gone into making sure that the events that do take place are still as safe as possible but, speaking of parade day on the 20, she said that there was no indication that any special measures will need to be taken at that point, based on the government's instructions.

“I think outside we're good,” she said, sharing that aside from the reality of crowds of spectators, uncertainty about how public health guidelines would apply on parade floats was also a big part of the conversation.

Looking ahead to the events to come, Lockwood said that people in the community have been hesitantly curious about the festival in recent weeks.

“I think people are not sure what to believe on Facebook, but once it hits the newspapers they will realize hey, this is real,” she said. Recognizing, from her own experience operating a bar during the pandemic, that not everything is really ‘up and running’ for everyone yet, the organizer



RECORD ARCHIVES/GORDON LAMBIE

said that she's optimistic many of the regular and reliable business partners of the annual festival will get back on board in the coming weeks.

That in mind, the society president also admitted that after such a long period of being encouraged not to gather together in large groups, it

feels a little bit odd to be preparing for a large-scale event again.

“I'm hoping I'll have the same regular participants,” Lockwood said, sharing that she's choosing to think about the community groups and businesses involved, rather than the crowds at this point.

The Richmond Saint-Patrick's

Parade gets moving down its traditional green line at 2 p.m. on Sunday March 20, starting at the corner of Craig and 7th avenue.

More information on the entire Irish Heritage festival, including a complete schedule of times and events, can be found online at <https://richmondstpats.org/>

# Sherbrooke Carnaval back in hybrid form this weekend

By Gordon Lambie

The Carnaval de Sherbrooke is back this coming weekend with a three-part formula that looks to walk the line between its traditional festive offering of activities and the restrictions of the COVID-19 pandemic. Although still significantly scaled back from the large-scale event people in the city were familiar with before Covid, the 2022 carnival does mark a return to in-person activities after organizers opted for a wholly digital approach last year.

“It’s not as good and as big as we want it to be, but next year will be even better,” said Jean-Pierre Beaudoin, president of Productions du Palais, the organization coordinating this year’s event. “We can accept more people with the changes in the health directives, but we still cannot do everything we want.”

Although the rules regarding public events have started to open up again, Beaudoin pointed out that many of those changes have only been announced in the last few weeks, and some do not take effect until after the carnival is over. With planning having taken place before the changes were made, the result is a ‘hybrid’ festival that offers a few events in person, and a number of other activities online.

The festivities begin on the night of Feb. 25, with the opening of an illuminated path of ice sculptures in Jacques Cartier Park from 6 p.m. to 11 p.m. Taking advantage of the cordoned-off area that was used for the Étincelles audio-visual presentation earlier this winter, the carnival organizers are offering families a chance to walk through an enchanted forest of ice art, music, colourful light and costumed characters culminating in an outdoor lounge area with fireplaces and hot chocolate. This activity will be repeated on the Saturday and Sunday evenings as well.

During the Daytime on the 26 to the 28, the Carnaval de Sherbrooke team has partnered with Base Bootcamp in Hatley to create an outdoor obstacle course at the park that is meant to appeal to families of all ages.

“That part is sold out,” Beaudoin noted, sharing that reservations for the free outdoor activity were snatched up quickly, despite the addition of another day of activity on the Monday.

Finally, the festival’s online component will offer a variety of video capsules that can be viewed wherever a person happens to be. Videos with activities like yoga, zumba, storytelling, and hip-hop dance will be uploaded at 9 a.m. and 10 a.m. each day to encourage viewers to get up and get moving, drawing on the success of a similar approach during the virtual-only 2021 edition of the carnival.

In addition to the daytime, online component, the organizers have



Scenes from past editions of the Carnaval de Sherbrooke

RECORD ARCHIVES/GORDON LAMBIE

also planned two 5 p.m. culinary workshops, one on Friday and one on Saturday, where people can tune in and prepare a meal alongside chefs from the Auguste and O Chevreuil restaurants. Ingredient lists and written instructions for the two workshops can be found on the carnival’s website: <https://www.carnavaldesherbrooke.ca/>

“Everything is free, but the park activities require registration,” Beaudoin said, sharing that there is still space for the sculpture garden activity, although he suspects that, too, will fill up before the festival is over.

Although Wednesday’s mild weather delayed set up slightly, the organizer said he has high hopes that the weather will cooperate in the days leading up to the weekend.

The public transit service in Sherbrooke is also offering a reduced fare of \$1 across its entire network during the hours of the Carnival to make getting around the city easier.

## Granada Theatre to host Saint Patrick’s Day musical celebration

Record Staff

The Granada Theatre in Sherbrooke will play host to a Saint Patrick’s Day celebration on March 17, known as the Great Irish Gathering, featuring three Celtic music groups.

In a press release, it was announced that MecCool, which consists of two experienced Celtic music performers, Daniel Fréchette and Dominic Haerinck, will grace the theatre’s stage. The group offers both tradition Irish music and popular songs and instrumentals.

The Irish Tree will also be entertaining audiences during the event. The group is made up of Olivier Leclerc, Mike Labonté and Frédéric Drouin. They’re expected bring a mix of jazz, classical and mainstream music to bring Saint Patrick’s Day to life.

The final group is Écorce, a duo composed of Sébastien Gasnier and François Matte. The pair recently released their first album, Cordé Serré, which takes audiences into the world of Celtic music. They combine traditional Quebec music with the countries who built the province.

## “When the tunes shut off, my brush stops immediately”



COUNTRY CONNECTION  
JESSIE PELLETIER

my books, everywhere. I have to say I am almost positive I would have never continued the drawing and painting without the support of people around me.”

Mckinven was born and raised in a farming family. Actually both sides of the family were farming people. His mother Ruth was from the Lac Mégantic region, born in a small village named Milan.

There was a pretty big settlement of Scottish people around there, according to Mckinven. Ruth was raised on a Jersey farm just outside of Lennoxville; ‘Holmhurst’ nearby Chartier Auto.

Derwyn, his father, is from Scotland, born in Kingdom of Fife close to Edinburgh. He and his sister came to Quebec when he was six with their mother Gemima Mckinven.

“My Grandfather, who came a little bit before them, had gotten a job at Clematis Jersey farm in North Hatley,” Mckinven explained. “He fought in World War Two as part of the Chindits regiments and did battle in Burma and had many harrowing and scary stories of his time in jungles.”

They named their farm Cessnock (after a place in Scotland) and, according to Mckinven, in addition to having gorgeous Jersey cattle, music was omnipresent in the house as well as in the barn.

“My grandparents had all these old records of traditional Scottish tunes, but also the best country records of the time such as Jim Reeves, Patsy Cline, Eddie Arnold, George Jones,” he said, adding, “Perhaps the favorite in our homesteads was the legendary Sir Charley Pride. Such a soothing and comforting voice that always makes my childhood memories flood back.”

The couple waltzed to Ray Price or

Patti Page music, or the grandmother would play some bagpipe records at any time, day or night. Music was there all the time.

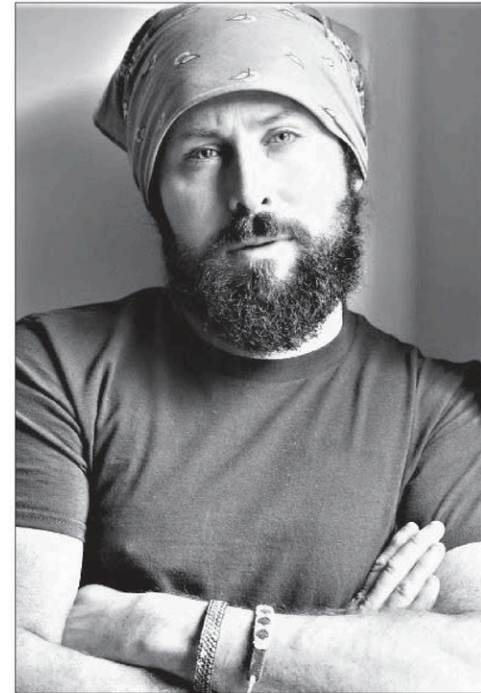
“My Grandpa (Alec) was an expressive piano player with flourishes and gusto when he played with all his soul. He would teach me the chords and notes, but the ultimate best times was when he would haul out his 60 pound giant accordion. He sat at the end of the kitchen table and pound his foot to keep the driving beat as he squeezed and sang tune after tune” Mckinven exclaimed, comparing the experience to a Newfoundland kitchen party, but in the Townships with a Scotland twist.

His dad also played drums in a trio with his Grandpa.

“At our home down the road from my Grandparents, music was a necessity. When I was really young my parents listened to all the hits of the 80s and 90s such as Dan Seals, Dolly & Kenny Rogers, Willie Nelson, the Judds and then the likes of Tina Turner, the Eagles and what has become my favorite album ever, Graceland by Paul Simon” he continued.

The painter said that this album would probably be one of the best in his book with numbers such as ‘Diamonds on Soles of her Shoes,’ and ‘You can call me Al’. For Mckinven, the pleasure of hearing those at the age of nine, was pure magic. He also loved South African rhythms and their musicians. It was so different yet so attractive to his ears. But Country music was a staple and a constant comfort.

“I have to say another cool constant was my dad’s love of Motown music. His favorite were ‘The Four Tops’ and ‘The Temptations’ while my Mom’s favorites were ‘The Supremes’. I loved the bouncy up-tempo happy sounds,”



COURTESY

he said. “I got into the The Marvin Gaye classics dipping towards Nina Simone, who grabbed my attention when I started buying my own cassettes and CDs. I still regard Sam Cooke as one of the all-time greatest singers and I have a profound love of soul music.”

Mckinven was also a proud and active 4-H Club member in the Hatley Club, where he learned the importance and the skills that a rural kid needed.

Every day, in the barn, at a fair or at a calf rally, the soundtrack was country music again. George Strait, Alan Jackson, Reba, and so many more were part of his daily life.

“I couldn’t wait till the 4-H fundraising dance at Camping Chez Ben, in St-Catherine and later Burroughs Falls, to test out

CONT’D ON PAGE 6



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# Trevor Mckinven

CONT'D FROM PAGE 5

the two step skills I learned at home as well as the quick Galo. I loved to grab a gal and Galo her dizzy around the floor," he recalled, giving a shout-out to Slightly Haggard for being what he called, "the band of our times here in The Townships."

"We all grew up with them and they still hold their status of legend" he said.

As a teenager, Mckinven said that country wasn't as cool for him as it used to be. It was replaced with the era's hip hop, pop, and rock from Hendrix to Missy Elliot. The Miseducation of Lauryn Hill became one of his all-time top favorite albums.

His tastes were evolving, and each era was bringing something new. Mckinven always kept an open mind for everything music and he loved it so much that he was a like a sponge taking it all in.

He was musically inquisitive and in all genres, he found something that suited his tastes and soothed his soul.

At the University of Ottawa, he turned to the Blues. Lil Walter and John Lee Hooker and P Diddy got his attention. The old Jazz beauties such as Ella Fitzgerald and Dinah Washington got on his radar, satisfying his need to further explore.

"Weirdly enough, my muse for painting became someone totally different: Joni Mitchell, an acquired

voice, but something in her tunes made me paint non-stop," he said. "I felt like the music directed the brush. I got into all her old catalogue and while at Ottawa University, I bought her biography and discover she was a painter to begin with, doing landscapes and nature just like me. Then I found out we shared the same birthdate. That was spooky but cool."

After University, Mckinven moved to Europe for two years. Between living in Scotland and Italy, he discovered European popular artists, both musical and painters.

"I painted a lot in Italy, inspired by everything I saw. I was living on Lago Di Como, north of Milano. When I returned to live and work in Montreal, I fell for Emmylou Harris and rediscovered that deep love for country music," he shared. "I got in with the hip happening Bluegrass musicians around town and I was obsessed with Ralph Stanley and Skaggs and the Bluegrass greats."

In the past decade, he found Chris Stapleton, of whom he described himself as a mega fan, followed by newcomer singer Luke Combs, who he said records great tunes, as well as many others. Really music always had the power to put him in another zone.

"During all this time I was accidentally becoming a painter. Starting with some major cow portraits of some prize-winning animals and

onto the mountains and lakes of The Townships," Mckinven reflected. "Through hours and years of doing it for me, it was becoming something I was known for and being asked to do."

Of course, this is reminiscent of his genuine love for nature and his pride of being a farm boy. After many art shows at the library in North Hatley, he was always surprised that he would sell almost all the pieces.

It has been over a decade that he is painting full time. Most of the orders he gets are for pets, portraits and typical Townships scenery. His ability to translate nature and animals into paintings originates from his devotion and faithfulness to his roots, no doubts.

"There's a gallery in Peterborough, Ontario that represents me and they always have some Trevor Mckinven originals on their walls," he said. "I have now sent and sold paintings to people around the world for private collections and I make a calendar every year with all my original paintings featured."

In fact, a recent reflection led Mckinven to realize that his paintings hang in homes on every continent except Antarctica!

"I feel somewhat separated from the artist community as my work is such a solo endeavor. I did not attend an art school, so I did not have that shared experience," the artist explained. "I did flip through 'Group of 7' (famous

Canadian artist group) art books and Robert Bateman (Canadian painter) at my Grandparents and always challenged myself."

Over time he learned to master colors, shadows, perspective just by doing it over and over again. But maybe this aptitude was innate. Sure thing, each painting is tied to music as he literally cannot paint without music.

"When the tunes shut off, my brush stops immediately. To me, music creates the flow, the zone, the creative atmosphere I need to make the paint work for me" he explained.

Mckinven is positive that if his life had not been defined by this music of different eras, he never would have gotten into painting the way he has, but he also gives credit to a French teacher and later Principal Nicole Gregoire, who recognized his artistic disposition. He is grateful that she spotted the constant drawing during class and encouraged it with projects, where he had to make illustrations for decor of the classroom.

"One day, I hope to be doing full 'crop rotation' if I can tackle the mystery and magic of music and how to master an instrument. I am so amazed at watching musicians play, I find it mesmerizing. Like my own paintings are handmade/homemade I want to 'homemade' music in a thorough way one day" he concluded.

## Your week on TV

WEEKDAY MORNING															
	Bell	Star	6 AM	6:30	7 AM	7:30	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	
WCAX	3	-	-	Channel 3 News Morning	CBS Mornings			Rachael Ray		The Doctors		The Price Is Right			
WPTZ	5	-	-	NBC5 News Today	Today			Live with Kelly and Ryan		Today 3rd Hour		Today With Hoda & Jenna			
CBMT	6	206	301	Daybreak	Dot	Dino Ranch	Kingdom	Paddington	(:15) Glowbies	Wonder	Rusty Rivets	True Rainbow	Heartland		
CHLT	7	107	718	F	Salut bonjour (N) (SC)						(9:59) Station potluck (N)		Le tricheur	Mario Dumont	
				M							(9:59) Marie-Claude (N) (SC)				
				T											
				W											
Th															
WMTW	8	-	-	WMTW News 8 at 6am	Good Morning America			Live with Kelly and Ryan		Tamron Hall		The View			
CKSH	9	108	-	Ranger Rob	Alix et	100 loup	Paf le chien	Chasseurs de	Les sapiens	Le national	On va se le dire	Ricardo		5 chefs dans	
CKMI	11	-	-	Global News Morning				The Morning Show		Property Brothers		Rachael Ray			
CFCF	12	205	312	CTV Your Morning	Your Morning	Your Morning	Your Morning	Your Morning	Live with Kelly and Ryan	The Marilyn Denis Show		The View			
WVNY	22	-	-	Local 22 News This Morning	Good Morning America			The Drew Barrymore Show		Varied Programs		The View			
WUTV	30	-	-	Varied Programs		The National Desk		The National Desk		The 700 Club		Judge Mathis	Judge Jerry	Judge Jerry	
CFKS	31	106	726	F	Noovo Le Fil	Noovo Le Fil	Noovo Le Fil	Sports 30 (N)	Guerre-clans	Guerre-clans	La semaine des 4 Julie	(:01) "Des miracles en cadeau" (2015) Rachel Boston. (SC)			
				M	Noovo Le Fil (SC)	Sports 30 (N)			Ca c'est drôle!	Ca c'est drôle!	"Une idylle d'été" (2017) Rachael Leigh Cook. (DVS) (SC)				
				T	Noovo Le Fil	Noovo Le Fil	Noovo Le Fil			La semaine des 4 Julie		(:01) "Une pincée de romance" (2019) Meghann Fahy. (SC)			
				W									(:01) "Le fiancé de glace" (2017) Ashley Newbrough. (SC)		
Th											(:01) "Second coup de foudre à Noël" (2017) Katrina Begin.				
WUHF	-	363	-	Good Day Rochester	Good Day Rochester	Good Day Rochester	Good Day Rochester	Good Day Rochester	Judge Mathis	The Wendy Williams Show		Judge Jerry	Judge Jerry		
WETK	-	-	-	Classical	World News	Molly of Denali	Wild Kratts	Elementary	Alma's Way	Curious	Daniel Tiger	Donkey Hodie	Elinor	Sesame Street	
WCFE	-	-	-	Nature Cat	Odd Squad	Xavier Riddle	Arthur	Molly of Denali	Wild Kratts	Elementary	Alma's Way	Curious	Daniel Tiger	Donkey Hodie	
A&E	615	520	-	Jeremiah	Joyce Meyer	Parking Wars	Parking Wars	Parking Wars	Parking Wars	Parking Wars	Parking Wars	Varied Programs			
CNN	500	500	-	New Day With John Berman	New Day With John Berman	New Day With John Berman	New Day With John Berman	New Day With John Berman	CNN Newsroom With Poppy	CNN Newsroom With Poppy	CNN Newsroom With Poppy	At This Hour-Kate			
DISC	520	505		F	Mayday "Cruel Skies" (SC)	Highway Thru Hell	Highway Thru Hell	Highway Thru Hell	Homicide Hunter: Kenda	Homicide Hunter: Kenda	Homicide Hunter: Kenda	CSI: New York "Blood Out" (SC)			
				M											
				T											
				W											
Th															
DRAMA	620	523		F	"All of My Heart: The Wedding" (2018) Lacey Chabert. (SC)		Flashpoint "Fault Lines" (SC)		"All of My Heart: The Wedding" (2018) Lacey Chabert. (SC)		Flashpoint "Fault Lines" (SC)				
				M	"Darrow & Darrow" (2017) Kimberly Williams-Paisley. (SC)				"Darrow & Darrow" (2017) Kimberly Williams-Paisley. (SC)						
				T	"No Good Deed" (2020) Michelle Borth, Mark Rendall. (SC)				"No Good Deed" (2020) Michelle Borth, Mark Rendall. (SC)						
				W	"Within These Walls" (2020) Jennifer Landon. (SC)				"Within These Walls" (2020) Jennifer Landon. (SC)						
Th	"Valentine in the Vineyard" (2019) Rachael Leigh Cook. (SC)				"Valentine in the Vineyard" (2019) Rachael Leigh Cook. (SC)										
HIST	522	506	-	Big Timber	Shatner's Weird or What?	Yukon Gold	Yukon Gold	Timber Kings	Big Timber	Rust Valley Restorers					
PARMT	628	584	-	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue					
RDI	126	730	-	D'abord l'info	D'abord l'info	D'abord l'info	D'abord l'info	Le national	L'info						
SHOW	616	521	-	The Outer Limits	Reign	Private Eyes	Private Eyes	Movie	Lost Girl						
SLICE	601	562	-	ET Canada	Say Yes-Dress	Love It or List It	Love It or List It	Varied Programs	The Stalker Files						
TLC	521	560	-	Varied Programs						Varied Programs					
TSN	400	400		F	SportsCentre	SportsCentre (SC)	SportsCentre (SC)	SportsCentre (SC)	SportsCentre (SC)	SportsCentre (SC)	SportsCentre (SC)	SportsCentre (SC)	SportsCentre (SC)		
				M											
				T											
				W											
Th															
YOUTH	551	542	-	Sidekick	Numb Chucks	Squirrel	SpongeBob	SpongeBob	Loud House	Ollie's Pack	Squirrel	Nerds	(:40) Sidekick	Go Away Uni	Cloudy, Meat

# Your week on TV

WEEKDAY AFTERNOON														
Bell	Star	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30	
WCAX 3	-	Channel 3	The Young and the Restless	Bold/Beautiful	The Talk	Let's Make a Deal	Channel 3 News at Four	Channel 3	News at 5:30p					
WPTZ 5	-	NBC5 News	Daily Blast	Days of our Lives	Tamron Hall	Dr. Phil	The Ellen DeGeneres Show	NBC5 News	NBC5 News					
CBMT 6	206	301	CBC News Network	Escape to the Country	Family Feud	Convenience	Murdoch Mysteries	Call the Midwife	Great Canadian Baking Show					
CHLT 7	107	718	(11:58) TVA nouvelles	Movie	Var. Programs	TVA nouvelles	Les feux de l'amour	Top modèles	(4:58) TVA nouvelles					
WMTW 8	-	-	WMTW News 8 at Noon	GMA3-Need to Know	General Hospital	The Ellen DeGeneres Show	WMTW News 8 at 4pm	WMTW News 8 at 5PM						
CKSH 9	108	-	F	Téléjournal	Silence	La semaine verte (SC)	Capitaine Marleau Jeanne Dewaere détruit les indices.	Savourer (N)	On va se le dire (N) (SC)					
			M			Savourer	Au gré du vent (SC)	Les enquêtes de Murdoch (N)						
			T			Enquête (SC)		Doc humanité "Shalom Putti"						
			W			La table de Kim (DVS) (SC)		Lumière sur... (N)						
			Th			L'épicerie	La facture							
CKMI 11	-	-	Global News	ET Canada	Days of our Lives	The Talk	The Drew Barrymore Show	Carnival Eats	The Young and the Restless	Global News				
CFCF 12	205	312	CTV News Montreal	The Social	Dr. Phil	The Good Dish	The Ellen DeGeneres Show	CTV News Montreal at 5						
WVNY 22	-	-	Hot Bench	Hot Bench	GMA3-Need to Know	General Hospital	The People's Court	Judge Judy	Judge Judy	Judge Judy	Judge Judy			
WUTV 30	-	-	The Steve Wilkos Show	Maury	Judge Mathis	The People's Court	Family Feud	Family Feud	Bet Your Life	Bet Your Life				
CFKS 31	106	726	Supergirl	Seal team: coeur et courage	Movie	Les Simpson	Les Simpson	(4:58) Noovo Le Fil 17						
WUHF	-	363	The Steve Wilkos Show	Maury	Var. Programs	Divorce Court	Hot Bench	Hot Bench	Judge Judy	Judge Judy	The People's Court			
WETK	-	-	Dinosaur Train	Clifford-Dog	Sesame Street	Donkey Hodie	Daniel Tiger	Let's Go Luna!	Odd Squad	Varied Programs	World News			
WCFE	-	-	F	Sesame Street	Pinkalicious	Soundscapes	Articulate-Jim	Bird: Not Out of Nowhere (N)	Nature "American Horses" (N)	NOVA "Augmented" Prosthetic limbs. (DVS)	NOVA "Augmented" Prosthetic limbs. (DVS)	Easy Yoga: The Secret		
			M			To Be Announced	First Civilizations (N)	Queen Elizabeth	To Be Announced					
			T			To Be Announced								
			W			To Be Announced								
			Th			The Story of China With Michael Wood (N)		TBA	TBA	Midsomer Murders (N)	Professor T Hostage situation.			
A&E	615	520	Varied Programs								The First 48	Var. Programs		
CNN	500	500	Inside Politics With John King	CNN Newsroom-Ana Cabrera	CNN Newsroom With Alisyn	CNN Newsroom With Alisyn	The Lead With Jake Tapper	The Lead With Jake Tapper						
DISC	520	505	F	CSI: New York (N)	Homicide Hunter: Kenda	Homicide Hunter: Kenda	CSI: New York "Blood Out" (N)	CSI: New York (N)	Highway Thru Hell					
			M		Bones (N)	Bones (N)								
			T											
			W											
			Th											
DRAMA	620	523	Movie		Flashpoint	Varied Programs								
HIST	522	506	F	Border Sec.	Border Sec.	Lost Car Rescue (N)	Lost Car Rescue (N)	Rust Valley Restorers (N)	The UnXplained (DVS)					
			M			Forged in Fire "The Ram Dao"	American Pickers (N)	American Pickers (N)	American Pickers (N)					
			T				Pawn Stars (N) (DVS)	Pawn Stars (N) (DVS)	Pawn Stars "Slice and Dice"					
			W		Border	Forged in Fire "WWE Edition"	Forged in Fire (N)	Forged in Fire (N)	Forged in Fire (DVS)					
			Th			Counting Cars (DVS)	American Pickers (N)	American Pickers (N)	American Pickers (N)					
PARMT	628	584	Bar Rescue	Bar Rescue	Varied Programs									
RDI	126	730	Téléjournal	Mordus de politique	Var. Programs	L'info	Isabelle Richer	En direct avec Patrice Roy						
SHOW	616	521	F	Reign "Terror of the Faithful"	Private Eyes "Finding Leroy"	NCIS Petty officer is murdered.	NCIS "Dead and Unburied" (N)	FBI "Family Man" (N)	NCIS Petty officer is murdered.					
			M											
			T											
			W											
			Th											
SLICE	601	562	Varied Programs	Love It or List It	Property Brothers	King	King	Varied Programs						
TLC	521	560	Varied Programs											
TSN	400	400	SportsCentre	SportsCentre	Varied Programs	This Just In	NBA Today	NFL Live	Around/Horn	Interruption				
YOUTH	551	542	SpongeBob	Loud House	Squirrel	Ollie's Pack	Nerds	Numb Chucks	Var. Programs	SpongeBob	SpongeBob	Loud House	Casagrandes	Danger Force

FRIDAY EVENING													FEBRUARY 25, 2022	
Bell	Star	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
WCAX 3	-	-	Channel 3 News at Six (N)	CBS Evening News	Entertainment Tonight (N)	Undercover Boss	The CEO of Round Table Pizza. (N)	Magnum P.I. A woman skips out on her \$250,000 bond.	Blue Bloods Witness tampering is discovered. (N)	Channel 3 News	(:35) The Late Show With Stephen Colbert (N)			
WPTZ 5	-	-	NBC5 News at 6 (N)	NBC Nightly News	Jeopardy! (N)	Wheel of Fortune "Hawaii"	The Blacklist Red races to help a colleague. (N)	The Endgame A criminal mastermind wreaks havoc.	Dateline NBC (N)	NBC5 News at 11 (N)	(:34) The Tonight Show Starring Jimmy Fallon (N)			
CBMT 6	206	301	CBC Montreal News (N)	Rick Mercer Report (N)	Coronation Street (N)	Coronation Street (N)	Marketplace	Arctic Vets (N)	The Nature of Things "Why We Dance" (N)	The National (N)	CBC Montreal News (N)	Exhibitionists (DVS)	Coronation Street (N)	
CHLT 7	107	718	(5:58) TVA nouvelles (N)	(:29) Le tricheur (N)	(6:59) Ça finit bien la semaine (N) (SC)	Du talent à revendre (N) (DVS) (SC)	J.E. (N) (SC)	Denis Lévesque (N)	TVA nouvelles	(:35) La liste noire "Marie la chimiste" (N) (DVS) (SC)	(:35) *** "La ligne verte" (1999, Drame) Tom Hanks.			
WMTW 8	-	-	WMTW News 8 at 6PM (N)	ABC World News	Wheel of Fortune "Hawaii"	Jeopardy! (N)	Shark Tank A product to help eliminate diaper odor.	(:01) 20/20 A mother plots to poison her family. (N)	WMTW News 8 at 11 (N)	(:35) Jimmy Kimmel Live! (N)				
CKSH 9	108	-	(5:59) Le télé-journal Estrie	(:31) Zone économie (N)	Au suivant Des revirements de situation. (N) (SC)	Les petits tannants Avec Phil Roy. (N) (SC)	Survivre à ses enfants	Les magnifiques	Le téléjournal (N) (SC)	(:05) Le télé-journal Estrie	(:34) "Matthias et Maxime" (2019, Drame) Premiere.			
CKMI 11	-	-	Global National (N)	(:29) Global News at 6:30	ET Canada (N)	Entertainment Tonight (N)	The Blacklist Red races to help a colleague. (N)	Border Security: America	Border Security: America	Crime Beat Two Eritrean refugees are murdered. (N)	Global News at 11 (N)	(:35) The Late Show With Stephen Colbert (N)		
CFCF 12	205	312	(5:59) CTV News Montreal (N)	etalk (N)	The Big Bang Theory (N)	Shark Tank A product to help eliminate diaper odor.	Magnum P.I. A woman skips out on her \$250,000 bond.	Blue Bloods Witness tampering is discovered. (N)	Lisa LaFlamme	CTV News Montreal (N)	The Big Bang Theory (N)			
WVNY 22	-	-	Local 22 News (N)	ABC World News	Local 22 News (N)	Inside Edition (N)	Shark Tank A product to help eliminate diaper odor.	(:01) 20/20 A mother plots to poison her family. (N)	Local 22 News (N)	(:35) Jimmy Kimmel Live! (N)				
WUTV 30	-	-	The Big Bang Theory (N)	Judge Judy (N)	Judge Judy (N)	Family Feud (N)	WWE Friday Night SmackDown (N) (Live)	Fox 29 News at 10 (N)	Seinfeld "The Yada Yada"	Two and a Half Men (N)	Two and a Half Men (N)			
CFKS 31	106	726	Souper parfait	Club Soly (DVS) (SC)	Wipeout : la compétition Trois parcours difficiles. (N)	Huissiers (N) (SC)	Huissiers (N) (SC)	Petits secrets, grands mensonges "Je veux savoir" (N)	Noovo Le Fil 22 (N) (SC)	**** "Il danse avec les loups" (1990, Drame Historique) Kevin Costner, Mary McDonnell. (DVS) (SC)				
WUHF	-	363	Modern Family (N)	Young Sheldon (N)	The Big Bang Theory (N)	The Big Bang Theory (N)	WWE Friday Night SmackDown (N) (Live)	13WHAM News at 10 on Fox Rochester (N) (Live)	DailyMailTV (N)	The Simpsons (N)	REO Speedwagon			
WETK	-	-	PBS NewsHour (N)	BBC World News Today	Vermont This Week (N)	Washington Week (N)	Memory Rescue With Daniel Amen, MD Ways to strengthen one's memory. (N)	Relieving Stress With Yoga With Peggy Cappy (N)	Amanpour and Company (N)	BBC World News (N)	BBC World News (N)			
WCFE	-	-	World News America	BBC World News Today	PBS NewsHour (N)	Mountain Lake Journal	New York Now (N)	You, Happier With Daniel Amen, MD Cultivating happiness. (N)	BBC World News (N)	Amanpour and Company (N)				
A&E	615	520	The First 48 A murder victim's friends hide a secret.	The First 48 A murder in front of a school. (N)	The First 48 A missing person case. (N)	Cold Case Files A killer is caught after 35 years. (N)	I Survived a Serial Killer	I Survived a Serial Killer	I Survived a Serial Killer	I Survived a Serial Killer	(12:03) The First 48 (N)			
CNN	500	500	Situation Room With Wolf	Erin Burnett OutFront (N)	Anderson Cooper 360 (N)	CNN Tonight (N) (Live)	Don Lemon Tonight (N) (Live)	Don Lemon Tonight (N) (Live)	Don Lemon Tonight (N) (Live)	Cooper 360				
DISC	520	505	Highway Thru Hell A tanker crashes in Fraser Canyon.	Heavy Rescue: 401 "That Highway Is The Lifeline"	Street Outlaws "Watch the Throne" (N) (DVS)	Street Outlaws: Farmtruck and AZN (N) (DVS)	Heavy Rescue: 401 "That Highway Is The Lifeline"	Dirty Jobs (N) (DVS)						
DRAMA	620	523	Bones A competitive eater turns up dead. (DVS)	Bones Brennan worries about motherhood. (N)	Bones Dismembered remains are found in boxes. (N)	Bones A storm chaser may have been murdered. (N)	Bones Jacob Broadsky takes out another victim. (N)	Bones Booth and Brennan go under cover. (N)	Bones (N) (DVS)					
HIST	522	506	The UnXplained Examining the moon. (DVS)	Ancient Aliens Examining the omitted Book of Enoch. (N)	Ancient Aliens "Recovering the Ark of the Covenant" (N)	The Proof Is Out There (N)	The Proof Is Out There (N)	Ancient Aliens Video of unidentified aerial phenomena.	The UnXplained Examining the moon. (DVS)	Game Changers: Inside...				
PARMT	628	584	That Awkward	That Awkward	That Awkward	That Awkward	Caraoke Showdown	Caraoke Showdown	Caraoke Showdown	Caraoke Showdown	That Awkward	That Awkward	That Awkward	
RDI	126	730	(5:55) Zone économie (N) (SC)	24/60 (N) (SC)	Les grands reportages La multinationale Starbucks.	Le téléjournal avec Céline Gaipeau (N) (SC)	Le téléjournal (N) (SC)	Le national (N) (SC)	(:31) Le national (N)	(12:01) 24/60 (SC)				
SHOW	616	521	NCIS Death of a missing lance corporal. (DVS)	NCIS "Witch Hunt" Marine is attacked in his home. (N)	FBI "Family Man" A senator's daughter is kidnapped.	** "Jurassic World" (2015, Adventure) Chris Pratt, Bryce Dallas Howard, Irrfan Khan. Man-made dinosaurs go on a rampage at an island resort. (N) (DVS)	"Jurassic World"							
SLICE	601	562	The King of Queens (N)	The King of Queens (N)	Below Deck Sailing Yacht Capt. Glenn is back. (N)	Million Dollar Listing Los Angeles (N) (DVS)	The Real Housewives of Durban "Baby Momma..." (N)	Married at First Sight "It's Not a Shore Thing" Learning more about each other. (N) (DVS)	The King of Queens (N)					
TLC	521	560	After the 90 Days	After the 90 Days	After the 90 Days	After the 90 Days	90 Day Fiancé: Before the 90 Days "More to Love: Time's Up" With bonus scenes. (N)	90 Day Fiancé: Before the 90 Days (N)	After the 90 Days	90 Day Fiancé	90 Day Fiancé			
TSN	400	400	SportsCentre (N) (Live)	NBA Basketball Toronto Raptors at Charlotte Hornets. (N) (Live)	SportsCentre (N) (Live)				Uninterrupted Par-Lay: The Fred VanVleet Story (N)	Why We Love Sports (N)				
YOUTH	551	542	* "Free Birds" (2013) Voices of Owen Wilson. (N)	* "Free Birds" (2013) Voices of Owen Wilson. (N)	Made Up (N)	Carnival Eats	Degrassi	Degrassi	iCarly (N)					

# Your week on TV

## SATURDAY DAYTIME

FEBRUARY 26, 2022

Bell	Star	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30
WCAX	3	-	-	CBS Saturday Morning (N) (LIVE)			Lucky Dog (E)	Innovation Nation	Mission Unstoppable	Hope in the Wild	College Basketball Oklahoma State at Oklahoma.	College Basketball Kentucky at Arkansas. From Bud Walton Arena in Fayetteville, Ark. (N)					
WPTZ	5	-	-	(7:00) Today (N) (LIVE)	News-Kids Edition	Teen Kids News (N)	Ocean Mysteries	Earth Odyssey	Wild Child (E)	Roots Less	One Team	Vets Saving Pets	The Voyager	Gymnastics Winter Cup. (Taped) (LIVE)		PGA Tour Golf Honda Classic, Third Round.	
CBMT	6	206	301	True Rainbow	Paddington	The Wonder Gang	(:22) Ukulele U (N)	(9:48) Dino Ranch (N)	Super Agent	Rusty Rivets (N) (LIVE)	(:25) Molly of Denali	Our Montreal (DVS)	Absolutely Canadian (N) (LIVE)	Alpine Skiing		FIS Freestyle Skiing World Cup: Aerials. (LIVE)	
CHLT	7	107	718	(6:00) Salut bonjour week-end (N) (SC)			Trois fois par	Bien (N) (SC)	Viens voir mes rénos (N) (SC)	TVA nouvelles (N)	180 (N) (SC)	Infopublicité (SC)	(:45) ** "La note parfaite 2" (2015) Anna Kendrick. Les Bellas participent au Championnat du monde de chant. (SC)				
WMTW	8	-	-	Good Morning America (N) (LIVE)	Good Morning America (N) (LIVE)		Wildlife Nation	oh baby! (LIVE)	Hearts of Heroes (N)	Free Enterprise	Made in Hollywood	Retire Now TV	Paid Program	AAA Benefits	UFC Countdown (N) (LIVE)	NHL Hockey: Rangers at Penguins	
CKSH	9	108	-	Les aventures	(:29) L'agent Jean	Kung Fu Panda	Défense d'entrer!	Famille magique	L'effet secondaire	Ricardo (SC)	5 chefs dans	Téléjournal	La facture (SC)	Enquête (SC)		Au suivant Des revirements de situation. Inspecteur Barnaby "Le loup-chasseur" (N)	
CKMI	11	-	-	Fish'n Canada	Instill the Catch (N)	Paid Program	Fishful Thinking	Donut Showdown	Paid Program	Paid Program	Save My Reno	Entertainment Tonight (N) (LIVE)	"Abducted: The Mary Stauffer Story" (2019) Corina Akeson, Reese Alexander. (DVS)		Food-Bucket		
CFCF	12	205	312	CTV Your Morning Weekend (N) (LIVE)		Corner Gas (LIVE)	Corner Gas (LIVE)	Paid Program	Paid Program	Written Canada	Moneytalk (N) (LIVE)	Mary Makes It	Mad About You (LIVE)	** "The Proposal" (2009, Romance-Comedy) Sandra Bullock, Ryan Reynolds. (DVS)		Seinfeld (LIVE)	Seinfeld (LIVE)
WVNY	22	-	-	Good Morning America (N) (LIVE)	Good Morning America (N) (LIVE)		Forgetful? Try This	Grow Hair Fast!	Emeril	AAA Benefits	Forgetful? Try This	Paid Program	Paid Program	UFC Countdown (N) (LIVE)	NHL Hockey: Rangers at Penguins		
WUTV	30	-	-	Relief from Inflammation Omega XL.	NOTHING Grows Hair Better Than THIS		Paid Program	Emeril's pans	5 Makeup Tips 4 You	Humana Medicare	Raw Travel (N)	Hoops Tip-Off	College Basketball Butler at Marquette. From Fiserv Forum in Milwaukee. (N) (LIVE)		College Hoops	College Basketball	
CFKS	31	106	726	Ma maison pas	Ma villa au soleil	Noovo Le Fil week-end (N) (SC)	RPM Le Volkswagen Taos 2022. (SC)	RPM plus "Services par abonnement"	Infopublicité (SC)	Infopublicité (SC)	L'amour est dans le pré (DVS) (SC)	** "Los Angeles Story" (1990) Victoria Tennant, Steve Martin. Première. (DVS) (SC)					
WUHF	-	-	363	Xploration Space	Awesome Planet	Second Chance	Xploration DIY Sci	Paid Program	Emeril's pans	5 Makeup Tips 4 You	Humana Medicare	Go Nitro (LIVE)	College Basketball Butler at Marquette. From Fiserv Forum in Milwaukee. (N) (LIVE)		College Hoops	College Basketball	
WETK	-	-	-	(7:00) Ed Slott's Retirement Freedom! (LIVE)	Outdoor Journal	MotorWeek (LIVE)	Field Trip With	Greener World	Kimball's Milk Street	Maria's-Table	Test Kitchen	Cook's Country	Woodsmith	This Old House (LIVE)	Ask This Old House (Part 2 of 3) (LIVE)	Antiques Roadshow (LIVE)	You, Happier With
WCFE	-	-	-	Hero Elementary	Alma's Way	Curious George	Daniel Tiger	Deepak Chopra: Your Path to Enlightenment Dr. Deepak Chopra. (LIVE)	You, Happier With Daniel Amen, MD Cultivating happiness. (LIVE)	Neighborhood Wars	Neighborhood Wars	Neighborhood Wars	Neighborhood Wars	Neighborhood Wars	Neighborhood Wars	Neighborhood Wars	Rick Steves: Why We Travel (LIVE)
A&E	615	520	-	Zombie House Flipping (LIVE)	Zombie House Flipping (LIVE)	Zombie House Flipping (LIVE)	Zombie House Flipping (LIVE)	50/50 Flip (N) (LIVE)	Neighborhood Wars	Neighborhood Wars	Neighborhood Wars	Neighborhood Wars	Neighborhood Wars	Neighborhood Wars	Neighborhood Wars	Neighborhood Wars	"Black Water" (2018, Action) Jean-Claude Van Damme. (LIVE)
CNN	500	500	-	New Day We	Smerconish (N) (LIVE)	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom
DISC	520	505	-	Mayday "Malaysia 370: What Happened?"	Mayday Examining a 1996 plane collision.	Mayday "Terror In San Francisco"	Mayday A crash leads to a valuable discovery.	North Woods Law "Aligator Showdown"	North Woods Law "Hunting the Hunters"	North Woods Law "Hunting the Hunters"	North Woods Law "Hunting the Hunters"	North Woods Law "Hunting the Hunters"	North Woods Law "Hunting the Hunters"	North Woods Law "Hunting the Hunters"	North Woods Law "Hunting the Hunters"	North Woods Law "Hunting the Hunters"	North Woods Law "Hunting the Hunters"
DRAMA	620	523	-	Bones "The Change in the Game" (LIVE)	Bones Human remains are found in a field. (LIVE)	Bones A competitive eater turns up dead.	Bones Brennan worries about motherhood.	Bones "The Male in the Mail" (LIVE)	Bones "The Twist in the Twister" (LIVE)	Bones "The Twist in the Twister" (LIVE)	Bones "The Twist in the Twister" (LIVE)	Bones "The Twist in the Twister" (LIVE)	Bones "The Twist in the Twister" (LIVE)	Bones "The Twist in the Twister" (LIVE)	Bones "The Twist in the Twister" (LIVE)	Bones "The Twist in the Twister" (LIVE)	Bones "The Twist in the Twister" (LIVE)
HIST	522	506	-	Paid Program (LIVE)	Paid Program (LIVE)	Salvage Kings "Learning from the Best" (LIVE)	Rust Valley Restorers "The Secret" (LIVE)	Rust Valley Restorers "Scorched Earth" (LIVE)	Pawn Stars "Cars for Gold" (DVS)	Forged in Fire "The Boar Sword" (LIVE)	Forged in Fire "The Boar Sword" (LIVE)	Forged in Fire "The Boar Sword" (LIVE)	Forged in Fire "The Boar Sword" (LIVE)	Forged in Fire "The Boar Sword" (LIVE)	Forged in Fire "The Boar Sword" (LIVE)	Forged in Fire "The Boar Sword" (LIVE)	Forged in Fire "The Boar Sword" (LIVE)
PARMT	628	584	-	Auction Hunters	Auction Hunters	Auction Hunters	Auction Hunters	Auction Hunters	Auction Hunters	Auction Hunters	Auction Hunters	Auction Hunters	Auction Hunters	Auction Hunters	Auction Hunters	Auction Hunters	Auction Hunters
RDI	126	730	-	D'abord l'info (N) (SC)	D'abord l'info (N) (SC)	Arrêt culturel (N) (SC)	D'abord l'info (N) (SC)	D'abord l'info (N) (SC)	D'abord l'info (N) (SC)	Les décrypteurs	Téléjournal	Téléjournal	Le national	L'info (N) (SC)	L'info (N) (SC)	L'info (N) (SC)	L'info (N) (SC)
SHOW	616	521	-	(7:00) "The Calling" (2014) Susan Sarandon. (DVS)	** "Jurassic World" (2015) Chris Pratt, Bryce Dallas Howard. Man-made dinosaurs go on a rampage at an island resort. (LIVE)	** "Jurassic World: Fallen Kingdom" (2018) Chris Pratt, Owen and Claire try to save the dinosaurs from a volcano. (LIVE)	** "Jurassic World: Fallen Kingdom" (2018) Chris Pratt, Owen and Claire try to save the dinosaurs from a volcano. (LIVE)	** "Jurassic World: Fallen Kingdom" (2018) Chris Pratt, Owen and Claire try to save the dinosaurs from a volcano. (LIVE)	** "Jurassic World: Fallen Kingdom" (2018) Chris Pratt, Owen and Claire try to save the dinosaurs from a volcano. (LIVE)	** "Jurassic World: Fallen Kingdom" (2018) Chris Pratt, Owen and Claire try to save the dinosaurs from a volcano. (LIVE)	** "Jurassic World: Fallen Kingdom" (2018) Chris Pratt, Owen and Claire try to save the dinosaurs from a volcano. (LIVE)	** "Jurassic World: Fallen Kingdom" (2018) Chris Pratt, Owen and Claire try to save the dinosaurs from a volcano. (LIVE)	** "Jurassic World: Fallen Kingdom" (2018) Chris Pratt, Owen and Claire try to save the dinosaurs from a volcano. (LIVE)	** "Jurassic World: Fallen Kingdom" (2018) Chris Pratt, Owen and Claire try to save the dinosaurs from a volcano. (LIVE)	** "Jurassic World: Fallen Kingdom" (2018) Chris Pratt, Owen and Claire try to save the dinosaurs from a volcano. (LIVE)	** "Jurassic World: Fallen Kingdom" (2018) Chris Pratt, Owen and Claire try to save the dinosaurs from a volcano. (LIVE)	** "Jurassic World: Fallen Kingdom" (2018) Chris Pratt, Owen and Claire try to save the dinosaurs from a volcano. (LIVE)
SLICE	601	562	-	Paid Program (LIVE)	Paid Program (LIVE)	Paid Program (LIVE)	Paid Program (LIVE)	The Real Housewives of Durban (LIVE)	** "Valentine's Day" (2010) Jessica Alba, Kathy Bates. Los Angeles residents wend their way into and out of romance. (LIVE)	** "Valentine's Day" (2010) Jessica Alba, Kathy Bates. Los Angeles residents wend their way into and out of romance. (LIVE)	** "Valentine's Day" (2010) Jessica Alba, Kathy Bates. Los Angeles residents wend their way into and out of romance. (LIVE)	** "Valentine's Day" (2010) Jessica Alba, Kathy Bates. Los Angeles residents wend their way into and out of romance. (LIVE)	** "Valentine's Day" (2010) Jessica Alba, Kathy Bates. Los Angeles residents wend their way into and out of romance. (LIVE)	** "Valentine's Day" (2010) Jessica Alba, Kathy Bates. Los Angeles residents wend their way into and out of romance. (LIVE)	** "Valentine's Day" (2010) Jessica Alba, Kathy Bates. Los Angeles residents wend their way into and out of romance. (LIVE)	** "Valentine's Day" (2010) Jessica Alba, Kathy Bates. Los Angeles residents wend their way into and out of romance. (LIVE)	** "Valentine's Day" (2010) Jessica Alba, Kathy Bates. Los Angeles residents wend their way into and out of romance. (LIVE)
TLC	521	560	-	Extreme Couponing	Extreme Couponing	Who Do You Think You Are? (LIVE)	Who Do You Think You Are? (LIVE)	Who Do You Think You Are? (LIVE)	Who Do You Think You Are? (LIVE)	Who Do You Think You Are? (LIVE)	Who Do You Think You Are? (LIVE)	Who Do You Think You Are? (LIVE)	Who Do You Think You Are? (LIVE)	Who Do You Think You Are? (LIVE)	Who Do You Think You Are? (LIVE)	Who Do You Think You Are? (LIVE)	Who Do You Think You Are? (LIVE)
TSN	400	400	-	SportsCentre (LIVE)	SportsCentre (LIVE)	SportsCentre (LIVE)	SportsCentre (LIVE)	SportsCentre (LIVE)	SportsCentre (LIVE)	SportsCentre (LIVE)	SportsCentre (LIVE)	SportsCentre (LIVE)	SportsCentre (LIVE)	SportsCentre (LIVE)	SportsCentre (LIVE)	SportsCentre (LIVE)	SportsCentre (LIVE)
YOUTH	551	542	-	Sponge.	Sponge.	It's Pony	TrollsTopia	Middlem	Loud	Casagran	Koral	** "Free Birds" (2013) Voices of Owen Wilson.	Squirrel	Cloudy	Sponge.	Sponge.	Sponge.

## SATURDAY EVENING

FEBRUARY 26, 2022

Bell	Star	4 PM	4:30	5 PM	5:30	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
WCAX	3	-	-	College Basketball UCLA at Oregon State. From Gill Coliseum in Corvallis, Ore. (N)			Channel 3 News	Weekend News	Entertainment Tonight (N) (LIVE)	The Equalizer "Separated" (LIVE)	S.W.A.T. "Local Heroes" (LIVE)	48 Hours (N) (LIVE)		Channel 3 News	Investigate	The Song	The Song	The Song
WPTZ	5	-	-	(3:00) PGA Tour Golf Honda Classic, Third Round. (N) (LIVE)			NBC5 News at 6	Nightly News	Jeopardy! (LIVE)	Wheel of Fortune	Dateline NBC (LIVE)	Dateline NBC (LIVE)	Saturday Night Live (N) (LIVE)	NBC5 News	(:29) Saturday Night Live (N) (LIVE)			
CBMT	6	206	301	Alpine Skiing		FIS Freestyle Skiing World Cup: Ski Cross.	CBC News Live	Hockey Night	NHL Hockey Toronto Maple Leafs at Detroit Red Wings. From Little Caesars Arena in Detroit, Mich. (N) (LIVE)	NHL Hockey Minnesota Wild at Calgary Flames. From Scotiabank Saddledome in Calgary, Alberta. (N) (LIVE)								
CHLT	7	107	718	(3:54) *** "Les aventures de Tintin" (2011) Voices of Jamie Bell. (DVS) (SC)			TVA nouvelles (N)	*** "Bumblebee" (2018) Hailee Steinfeld. Première. Une adolescente réanime Bumblebee l'Autobot en 1987.			(8:50) * "Rambo: la dernière mission" (2019) Première. (SC)	(:41) TVA Nouvelles	(:11) ** "Mauvais garçons II" (2003, Action) Martin Lawrence.					
WMTW	8	-	-	(3:00) NHL Hockey New York Rangers at Pittsburgh Penguins. (N) (LIVE)			WMTW News 8 at	World News	Wheel of Fortune	Jeopardy! (LIVE)	NBA	NBA Basketball Brooklyn Nets at Milwaukee Bucks. From Fiserv Forum in Milwaukee. (N) (LIVE)	WMTW News 8	Castle Beckett's ex-partner is murdered.				
CKSH	9	108	-	(3:00) Inspector Barnaby (N) (SC)		La semaine verte (N) (SC)	Téléjournal Estrie	La petite vie (SC)	En direct de l'univers (N) (SC)	Deuxième chance (N) (DVS) (SC)	Germinal Étienne Lantier arrive à Montsou.	Le téléjournal	Doc humanité "Sur les pas de Rhodie"	Global News	(:29) Saturday Night Live (N) (LIVE)			
CKMI	11	-	-	Food-Bucket	Backyard Builds	Backyard Builds	Carnival Eats	Global News at 6	Global National	ET Canada Weekend (N) (LIVE)	The New Reality	Border Security	Private Eyes "The Six" (DVS)	Ransom "The Fawn" (LIVE)	Global News	(:29) Saturday Night Live (N) (LIVE)		
CFCF	12	205	312	Seinfeld (LIVE)	Seinfeld (LIVE)	Big Bang Theory	Big Bang Theory	CTV News Montreal (N) (LIVE)	W5 "Mykola" (N) (LIVE)	"Crossword Mysteries: Riddle Me Dead" (2021, Mystery) Lacey Chabert. Première. (LIVE)	Last Stop Garage	Last Stop Garage	News-Rinaldo	CTV News Montreal	Big Bang Theory			
WVNY	22	-	-	(3:00) NHL Hockey New York Rangers at Pittsburgh Penguins. (N) (LIVE)			World News	Local 22 News (N)	Black History	Monkees	NBA	NBA Basketball Brooklyn Nets at Milwaukee Bucks. From Fiserv Forum in Milwaukee. (N) (LIVE)	Local 22 News (N)	Weather Gone Viral				
WUTV	30	-	-	(3:30) College Basketball Seton Hall at Xavier. (N) (LIVE)		Inside the Big East	Big Bang Theory	Big Bang Theory	Two and a Half Men	MLS Soccer New England Revolution at Portland Timbers. From Providence Park in Portland, Ore. (N) (LIVE)	News	Big Bang Theory	I Can See Your Voice (LIVE)	Monkees				
CFKS	31	106	726	*** "Presque célèbre" (2000) Billy Crudup. Un aspirant journaliste suit un groupe rock en tournée.			** "Bohemian Rhapsody" (2018) Rami Malek. Le chanteur Freddie Mercury de Queen combat des démons. (DVS) (SC)	*** "Arnaque américaine" (2013, Policier) Christian Bale. Un escroc est contraint de travailler pour un agent du FBI. (DVS) (SC)										
WUHF	-	-	363	(3:30) College Basketball Seton Hall at Xavier. (N) (LIVE)			Inside the Big East	Go Nitro (LIVE)	Ring of Honor Wrestling (N) (LIVE)	MLS Soccer New England Revolution at Portland Timbers. From Providence Park in Portland, Ore. (N) (LIVE)	News at 10	Game Time	I Can See Your Voice (LIVE)	ROH Wrestling				
WETK	-	-	-	(3:30) You, Happier With Daniel Amen, MD Cultivating happiness.			NewsHour Wk	As Time Goes By	Keep-Appear	Still Open All Hours	My Hero (LIVE)	Father Brown "The Queen Bee" (LIVE)	Death in Paradise (LIVE)	Professor T A librarian is poisoned. (LIVE)	Austin City Limits "Billie Eilish" (LIVE)	Front Row Boston (LIVE)		
WCFE	-	-	-	From Sea to Shining Sea Visual portrait of the U.S. (LIVE)			Burt Bacharach's Best (My Music Presents)	'60s Pop, Rock & Soul (My Music Presents)	Artists and groups from the 1960s. (LIVE)	Endeavour: The Evolution A retrospective look at Endeavour. (LIVE)	The Longevity Paradox With Steven Gundry, MD (LIVE)	60s Pop, Rock						
A&E	615	520	-	(2:30) "Black Water" (2018, Action) (LIVE)		** "Den of Thieves" (2018) Gerard Butler, Pablo Schreiber. Elite lawmen try to bring down a gang of tactical thieves. (LIVE)	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	Stanley Tucci	Stanley Tucci	Stanley Tucci	Stanley Tucci	Stanley Tucci	Stanley Tucci	Stanley Tucci
CNN	500	500	-	CNN Newsroom			CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	Stanley Tucci	Stanley Tucci	Stanley Tucci	Stanley Tucci	Stanley Tucci	Stanley Tucci	Stanley Tucci
DISC	520	505	-	North Woods Law "Into Thin Air"			North Woods Law (DVS)	North Woods Law "Manhunt"	Street Outlaws: Fastest in America "Cali vs. NOLA" Team Cali goes up against Team NOLA. (N) (LIVE)	The Closer "The Life" (DVS)	The Closer "Identity Theft" (DVS)	The Closer "Smells Like Murder" (LIVE)	The Closer "Smells Like Murder" (LIVE)	The Closer "Smells Like Murder" (LIVE)	The Closer "Smells Like Murder" (LIVE)	The Closer "Smells Like Murder" (LIVE)	The Closer "Smells Like Murder" (LIVE)	The Closer "Smells Like Murder" (LIVE)
DRAMA	620	523	-	Chicago Fire "Your Day Is Coming" (LIVE)			The Closer "Identity Theft" (DVS)	The Closer "Smells Like Murder" (LIVE)	The Closer A shooting leaves one dead.	The Closer A woman is stabbed to death.	The Closer "The Life" (DVS)	The Closer "Identity Theft" (DVS)	The Closer "Smells Like Murder" (LIVE)	The Closer "Smells Like Murder" (LIVE)	The Closer "Smells Like Murder" (LIVE)	The Closer "Smells Like Murder" (LIVE)	The Closer "Smells Like Murder" (LIVE)	The Closer "Smells Like Murder" (LIVE)
HIST	522	506	-	American Pickers "Hidden Harley" (LIVE)			American Pickers "Hollywood Gold" (LIVE)	The Secret History of the Civil War (LIVE)	Black Patriots: Heroes of the Civil War	Great Escapes With Morgan Freeman (LIVE)	BLK: An Origin Story "One People" (LIVE)	Black Liberators WWII Black Canadian soldiers in WWII. (LIVE)	Snack-Sized	Forged in Fire (LIVE)				
PARMT	628	584	-	Auction Hunters	Auction Hunters	Auction Hunters	Auction Hunters	Auction Hunters	Auction Hunters	Auction Hunters	Auction Hunters	Auction Hunters	Auction Hunters	Auction Hunters	Auction Hunters	Auction Hunters	Auction Hunters	Auction Hunters
RDI	126	730	-	L'info (N) (SC)	Arrêt culturel	Le téléjournal	L'épicerie (N) (SC)	Le téléjournal	Découverte (N) (SC)	(:31) Le national	(:01) Les grands reportages (SC)	Le téléjournal	La facture (N) (SC)	Le téléjournal	Le national (N)	Le national (N)	Journal France 2	Le téléjournal
SHOW	616	521	-	(3:30) *** "Jurassic Park" (1993, Adventure) Sam Neill, Laura Dern. (DVS)			** "Jurassic World" (2015, Adventure) Chris Pratt, Bryce Dallas Howard. Man-made dinosaurs go on a rampage at an island resort. (LIVE)	** "Jurassic World: Fallen Kingdom" (2018) Chris Pratt, Owen and Claire try to save the dinosaurs from a volcano. (LIVE)	** "Jurassic World: Fallen Kingdom" (2018) Chris Pratt, Owen and Claire try to save the dinosaurs from a volcano. (LIVE)	** "Jurassic World: Fallen Kingdom" (2018) Chris Pratt, Owen and Claire try to save the dinosaurs from a volcano. (LIVE)	** "Jurassic World: Fallen Kingdom" (2018) Chris Pratt, Owen and Claire try to save the dinosaurs from a volcano. (LIVE)	** "Jurassic World: Fallen Kingdom" (2018) Chris Pratt, Owen and Claire try to save the dinosaurs from a volcano. (LIVE)	** "Jurassic World: Fallen Kingdom" (2018) Chris Pratt, Owen and Claire try to save the dinosaurs from a volcano. (LIVE)	** "Jurassic World: Fallen Kingdom" (2018) Chris Pratt, Owen and Claire try to save the dinosaurs from a volcano. (LIVE)	** "Jurassic World: Fallen Kingdom" (2018) Chris Pratt, Owen and Claire try to save the dinosaurs from a volcano. (LIVE)	** "Jurassic World: Fallen Kingdom" (2018) Chris Pratt, Owen and Claire try to save the dinosaurs from a volcano. (LIVE)	** "Jurassic World: Fallen Kingdom" (2018) Chris Pratt, Owen and Claire try to save the dinosaurs from a volcano. (LIVE)	** "Jurassic World: Fallen Kingdom" (2018) Chris Pratt, Owen and Claire try to save the dinosaurs from a volcano. (LIVE)
SLICE	601	562	-	** "Valentine's Day" (2010) Jessica Alba, Kathy Bates. Los Angeles residents wend their way into and out of romance. (LIVE)			** "Intolerable Cruelty" (2003, Romance-Comedy) George Clooney. (LIVE)	** "Fathers and Daughters" (2015) Russell Crowe. A single father suffers a breakdown after his wife's death. (LIVE)	** "Valentine's Day" (2010) Jessica Alba, Kathy Bates. Los Angeles residents wend their way into and out of romance. (LIVE)									
TLC	521	560	-	Unexpected "Say Bye-Bye Daddy" (LIVE)		1000-Lb. Best Friends (LIVE)	1000-Lb. Best Friends (LIVE)	1000-Lb. Best Friends (LIVE)	1000-Lb. Best Friends (LIVE)	My Addiction	My Addiction	My Addiction	My Addiction	My Addiction	My Addiction	My Addiction	My Addiction	My Addiction
TSN	400	400	-	(3:30) MLS Soccer Vancouver Whitecaps FC at Columbus Crew.			MLS Soccer Toronto FC at FC Dallas. From Toyota Stadium in Frisco, Texas. (N) (LIVE)	SC (LIVE)	SC (LIVE)	SC (LIVE)	NLL Lacrosse Colorado Mammoth at Saskatchewan Rush. (N) (LIVE)	SportsCentre (N) (LIVE)	Best Fan Moments					
YOUTH	551	542	-	Sponge.	Sponge.	Dragons	Warped!	* "The Smurfs" (2011) Hank Azaria. (LIVE)	* "The Smurfs" (2011) Hank Azaria. (LIVE)	Made Up	Carn Eats	Degrassi	Degrassi	Degrassi	Degrassi	Degrassi	Degrassi	Degrassi

# Your week on TV

SUNDAY DAYTIME			FEBRUARY 27, 2022														
Bell	Star	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30
WCAX	3	-	-	Channel 3 News Sunday Morning (N)	CBS News Sunday Morning (N) (LIVE)			Face the Nation (N) (LIVE)	All In With Laila Ali	College Basketball Connecticut at Georgetown. From Capital One Arena in Washington, D.C.			College Basketball Illinois at Michigan. From Crisler Center in Ann Arbor, Mich. (N) (LIVE)				
WPTZ	5	-	-	Sunday Today With Willie Geist (N) (LIVE)	Meet the Press (N) (LIVE)	NBC 5 In Depth	Soledad O'Brien	Chicago Fire "Carry Their Legacy" (LIVE)	IndyCar Pre	IndyCar Racing Firestone Grand Prix of St. Petersburg. (N) (LIVE)	PGA Tour Special (N)	PGA Tour Golf Honda Classic, Final Round.					
CBMT	6	206	301	Coronation Street (LIVE)	Coronation Street (LIVE)	Coronation Street (LIVE)	Coronation Street (LIVE)	Coronation Street (LIVE)	Coronation Street (LIVE)	Our Montreal	"The Adventure Club" (2016) Billy Zane. Three kids discover an ancient wishbox. (LIVE)			The Nature of Things "Pets, Vets and Debts"			
CHLT	7	107	718	(6:00) Salut bonjour week-end (N) (SC)			** "La dernière chanson" (2010, Drame) Miley Cyrus, Greg Kinnear. Premiere. (SC)			TVA nouvelles (N)	La victoire de l'amour	Infopublicité (SC)	(45) *** "Kung Fu Panda" (2008, Enfants) Voices of Jack Black, Angelina Jolie. (SC)	"50 to 1" (2014) (SC)			
WMTW	8	-	-	Good Morning America (N) (LIVE)	This Week W/ George Stephanopoulos		Soledad O'Brien	TOTAL MAINE	Outback Adv	Hearts of Heroes	Teen Kids News (N)	NBA	NBA Basketball Philadelphia 76ers at New York Knicks. From Madison Square Garden in New York. (N) (LIVE)			NBA Basketball	
CKSH	9	108	-	Les aventures	Axel	Makinium (N) (SC)	Les joyeux patenteux	(9:59) Le jour du Seigneur (N) (SC)	Les coulisses du pouvoir (N) (SC)	Téléjournal	La semaine verte (SC)	L'épicerie (SC)	Savourer	Brokenwood "A gaz et à vapeur" (SC)			
CKMI	11	-	-	Fire Masters "You Go Grill!" (DVS)	Paid Program	Paid Program	Joel Osteen (N)	Paid Program	The West Block (N)	The New Reality	Masters of Flip "Two's a Crowd"	ET Canada Weekend (LIVE)	"V.C. Andrews' Pearl in the Mist" (2021, Drama) Marilu Henner, Gil Bellows. (DVS)				
CFCF	12	205	312	etalk (LIVE)	The Social (N) (LIVE)	Cash Cab	Paid Program	Jade Fever	Church of the Rock	Question Period (N) (LIVE)	The Guild Garage (LIVE)	The Guild Garage (LIVE)	Hellfire Heroes A truck burns out of control.		*** "The LEGO Movie 2: The Second Part" (2019) Voices of Chris Pratt. (LIVE) (DVS)		
WVNY	22	-	-	Good Morning America (N) (LIVE)	This Week W/ George Stephanopoulos		What Matters	Paid Program	AAA Benefits	Paid Program	Paid Program	NBA	NBA Basketball Philadelphia 76ers at New York Knicks. From Madison Square Garden in New York. (N) (LIVE)			NBA Basketball	
WUTV	30	-	-	The Ernest Angley Hour	FOX News Sunday (N) (LIVE)	Sharyl Attkisson	The Key of David	Transform	Paid Program	To Be Announced	PBA Bowling Tournament of Champions Finals. (N) (LIVE)		NASCAR RaceDay	NASCAR Cup Series			
CFKS	31	106	726	Australia Zoo: le défi des Irwin	Noovo Le Fil week-end (N) (SC)	RPM Samuel essaie le Kia Carnival. (N) (SC)	RPM plus Le monde automobile. (N) (SC)	Infopublicité (SC)	Infopublicité (SC)	Flashpoint "Onde de choc" (SC)	* "Espoir retrouvé" (1998) Sandra Bullock, Harry Connick Jr. Premiere. (DVS) (SC)						
WUHF	-	363	-	Science Now (N)	Paid Program	FOX News Sunday (N) (LIVE)	Sharyl Attkisson	Rochester Press Box	Ring of Honor Wrestling (N) (LIVE)	Judge Judy (LIVE)	Judge Judy (LIVE)	PBA Bowling Tournament of Champions Finals. (N) (LIVE)		NASCAR RaceDay	NASCAR Cup Series		
WETK	-	-	-	Hero Elementary	Alma's Way	Curious George	Daniel Tiger	Donkey Hodie	Elinor Wonders	Weekend-Yank	Vermont This Week	"Voices From the Barrens: Native People"		American Masters "Miles Davis: Birth of the Cool" The life of jazz musician Miles Davis. (LIVE)		From Sea to Shining Sea (LIVE)	
WCFE	-	-	-	Arthur (LIVE)	Wild Kratts (LIVE)	Washington Week	Scully: World	Mountain Lake	New York Now	Rick Steves: Why We Travel (LIVE)	African Americans: Many Rivers		(:06) The African Americans: Many Rivers to Cross (LIVE) (DVS)		African Americans: Many Rivers	African Americans	
A&E	615	520	-	Hoarders "Joni & Millie" (LIVE)	Hoarders "Julie and Shannon" (LIVE)	Hoarders "Ellen & Gloria" (LIVE)	Hoarders "Roxann & Barbara" (LIVE)	Beyond Breathless	The King of Queens	The King of Queens	The King of Queens	The King of Queens	The King of Queens	The King of Queens	The King of Queens	The King of Queens	
CNN	500	500	-	Inside Politics	State of Union	Fareed Zakaria GPS	Reliable Sources Brian	State of Union	Fareed Zakaria GPS	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	
DISC	520	505	-	Mighty Planes "Omega 707" (DVS)	Mighty Planes "NOAA" (DVS)	Mighty Planes "Trump 757" (DVS)	Mighty Planes The C-17 Globemaster III.	Lone Star Law "Seeing Stars and Stripes"	Lone Star Law "Crash Course" (DVS)	Lone Star Law A festival attracts thousands.	Lone Star Law "Deceived" (DVS)						
DRAMA	620	523	-	Chicago Fire "Your Day Is Coming" (LIVE)	CSI: Crime Scene Investigation (LIVE)	CSI: Crime Scene Investigation (LIVE)	CSI: Crime Scene Investigation (LIVE)	CSI: Crime Scene Investigation (LIVE)	CSI: Crime Scene Investigation (LIVE)	CSI: Crime Scene Investigation (LIVE)	CSI: Crime Scene Investigation (LIVE)	CSI: Crime Scene Investigation (LIVE)	CSI: Crime Scene Investigation (LIVE)	CSI: Crime Scene Investigation (LIVE)	CSI: Crime Scene Investigation (LIVE)	CSI: Crime Scene Investigation (LIVE)	
HIST	522	506	-	Paid Program (LIVE)	Paid Program (LIVE)	American Pickers "Paradise Picking" (LIVE)	American Pickers "Cadillac Man" (LIVE)	Great Escapes With Morgan Freeman (LIVE)	BLK: An Origin Story "One People" (LIVE)	Forged in Fire (LIVE)	Forged in Fire "Pick Your Poison" (LIVE)	Pawn Stars A Guns N' Roses collector box.					
PARMT	628	584	-	Ink Master	Ink Master	Ink Master	Ink Master	Ink Master "Not on My Watch" (LIVE)	Ink Master The teams fall apart. (LIVE)	Ink Master "No Wrist, No Reward" (LIVE)	Ink Master Artists tattoo in difficult spots.	Ink Master "Fight Your Own Battles" (LIVE)					
RDI	126	730	-	D'abord l'info (N) (SC)	D'abord l'info (N) (SC)	D'abord l'info (N) (SC)	D'abord l'info (N) (SC)	Les coulisses du pouvoir (N) (SC)	Téléjournal	Téléjournal	Les décodeurs	L'info (N) (SC)	L'info (N) (SC)	L'info (N) (SC)	L'info (N) (SC)	L'info (N) (SC)	
SHOW	616	521	-	** "The Mortal Instruments: City of Bones" (2013) Lily Collins. A teen learns she is part of a line of half-angel warriors. (LIVE) (DVS)			*** "Jurassic Park" (1993) Sam Neill. Cloned dinosaurs run amok at an island-jungle theme park. (LIVE) (DVS)			FBI A string of jewelry store robberies. (LIVE)			FBI: International Cryptocurrency is hijacked.	NCIS: Hawai'i (LIVE)			
SLICE	601	562	-	Paid Program (LIVE)	Paid Program (LIVE)	Paid Program (LIVE)	Paid Program (LIVE)	ET Canada Weekend (LIVE)	*** "Intolerable Cruelty" (2003) George Clooney, Catherine Zeta-Jones. (LIVE) (DVS)			** "You, Me and Dupree" (2006) Owen Wilson. A jobless buddy moves in with two newlyweds. (LIVE) (DVS)			** "17 Again" (LIVE)		
TLC	521	560	-	After the 90 Days	After the 90 Days	After the 90 Days	After the 90 Days	After the 90 Days	After the 90 Days	After the 90 Days	After the 90 Days	After the 90 Days	After the 90 Days	After the 90 Days	After the 90 Days	After the 90 Days	
TSN	400	400	-	SportsCentre	SportsCentre	SportsCentre	SportsCentre	SportsCentre	SC	MLS Pre-game	MLS Soccer CF Montreal at Orlando City SC. From Exploria Stadium in Orlando, Fla. (N)	NASCAR Cup	NASCAR Cup Series				
YOUTH	551	542	-	Sponge.	Sponge.	Loud	Loud	Casagran	TrollsTopia	Sponge.	Sponge.	* "The Smurfs" (2011) Hank Azaria. (LIVE)		Barbie	Cloudy	Sponge.	Sponge.

SUNDAY EVENING			FEBRUARY 27, 2022															
Bell	Star	4 PM	4:30	5 PM	5:30	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
WCAX	3	-	-	College Basketball Ohio State at Maryland. From Xfinity Center in College Park, Md. (N)	Channel 3 News	Weekend News	60 Minutes (N) (LIVE)	The Equalizer "Legacy" (N) (LIVE)	NCIS: Los Angeles (N) (LIVE) (DVS)	S.W.A.T. "Old School Cool" (N) (LIVE)	Channel 3 News	Greta Van Susteren	Game Time					
WPTZ	5	-	-	(3:00) PGA Tour Golf Honda Classic, Final Round. (N) (LIVE)	NBC5 News at 6	Nightly News	America's Got Talent: Extreme "Auditions Premiere" Outrageous acts vie for \$500,000.	The Endgame "Pilot" (LIVE) (DVS)	Law & Order "The Right Thing" (LIVE)	NBC5 News	Soledad O'Brien	Castle "Rise" (LIVE)						
CBMT	6	206	301	*** "Shaun the Sheep Movie" (2015) Voices of Justin Fletcher. Premiere. (LIVE)		When Calls the Heart (LIVE) (DVS)	All Creatures Great and Small (N) (LIVE)	Sherlock A string of apparent suicides has Scotland Yard baffled in London 2010. (LIVE)	The National (N) (LIVE)	CBC News	Maamuitau	CBC Docs POV (LIVE)						
CHLT	7	107	718	(3:30) "50 to 1" (2014) Skeet Ulrich. Premiere. (SC)	Poule-oufs	TVA nouvelles (N) (SC)	Vlog (N) (SC)	Star académie: le variété (N) (SC)	La vraie nature (N) (SC)	TVA Nouvelles (N) (SC)	Le jeune Rock (N) (SC)	** "Le juge" (2014, Drame) Robert Downey Jr. (DVS) (SC)						
WMTW	8	-	-	(3:30) NBA Basketball Utah Jazz at Phoenix Suns. From Footprint Center in Phoenix. (N)	WMTW News 8 at 6	World News	America's Funniest Home Videos (N) (LIVE)	American Idol "501 (Auditions)" Hopefuls perform for the judges. (LIVE)	The Rookie A citywide crime spree. (N)	WMTW News 8	Soledad O'Brien	Major Crimes						
CKSH	9	108	-	(3:00) Brokenwood "A gaz et à vapeur"	Culturama Les enfants dans la culture.	Téléjournal Estrie	Découverte (N) (SC)	Les aventures du	Tout le monde en parle (N) (DVS) (SC)	(10:55) Infomax	(:25) Small Axe (N) (SC)							
CKMI	11	-	-	Island of Bryan "Setting the Bar"	48 Hours (N) (LIVE)	Global News at 6	Global National	60 Minutes (N) (LIVE)	The Equalizer "Legacy" (N) (LIVE)	NCIS: Los Angeles (N) (LIVE) (DVS)	S.W.A.T. "Old School Cool" (N) (LIVE)	Global News	The West Block	Global National				
CFCF	12	205	312	"LEGO Movie 2"	Seinfeld (LIVE)	Big Bang Theory	Big Bang Theory	CTV News Montreal (N) (LIVE)	America's Got Talent: Extreme "Auditions Premiere" Outrageous acts vie for \$500,000.	Joe Millionaire: For Richer or Poorer (N)	The Rookie A citywide crime spree. (N)	News-Rinaldo	CTV News Montreal	Big Bang Theory				
WVNY	22	-	-	(3:30) NBA Basketball Utah Jazz at Phoenix Suns. From Footprint Center in Phoenix. (N)	World News	Local 22 News (N)	America's Funniest Home Videos (N) (LIVE)	American Idol "501 (Auditions)" Hopefuls perform for the judges. (LIVE)	The Rookie A citywide crime spree. (N)	Local 22 News (N)	Graham Bensinger	Graham Bensinger						
WUTV	30	-	-	(3:30) NASCAR Cup Series Wise Power 400. (N) (LIVE)	The Simpsons (LIVE)	Call Me Kat (LIVE)	The Simpsons (LIVE)	Call Me Kat (LIVE)	The Simpsons (LIVE)	The Great North (N)	Bob's Burgers	Family Guy (N)	News	Sharyl Attkisson	Ring of Honor Wrestling (N) (LIVE)	Big Bang Theory		
CFKS	31	106	726	* "Espoir retrouvé" John Krasinski. Premiere. (DVS) (SC)	(:29) Big Brother célébrités (N)	Big Brother	Les soirées carte blanche	** "Le dîner de cons" (2010) Steve Carell. Premiere. La vie d'un cadre entre dans une spirale comique. (LIVE)	(:35) "Ce soir on fête!" (2017)									
WUHF	-	363	-	(3:30) NASCAR Cup Series Wise Power 400. (N) (LIVE)	The Simpsons (LIVE)	Call Me Kat (LIVE)	The Simpsons (LIVE)	The Great North (N)	Bob's Burgers	Family Guy (N)	News at 10	Sharyl Attkisson	Big Bang Theory	Big Bang Theory	Austin			
WETK	-	-	-	Sea to Shining	The World of Wisdom & Wonder (LIVE)	NewsHour Wk	Secrets of the Six Wives (LIVE)	Midsomer Murders "The Dark Rider"	Around the World In 80 Days Unpacking	All Creatures Great and Small: Between the Pages (LIVE)	World of Wisdom	Call the Midwife (LIVE)	Towns Change					
WCFE	-	-	-	African Americans: Many Rivers	African Americans: Many Rivers	(:13) The African Americans: Many Rivers to Cross Class disparity rises in the late 1960s.	Around the World In 80 Days Unpacking	You, Happier With Daniel Amen, MD Cultivating happiness. (LIVE)	Deepak Chopra: Your Path to Enlightenment (LIVE)									
A&E	615	520	-	The King of Queens	The King of Queens	The First 48 "Deadly Triangle" (LIVE)	The First 48 "Bleeding Heart" (LIVE)	The First 48 "Brothers Down" (LIVE)	The First 48 "Thick as Thieves" (LIVE)	The First 48 "Easy Mark" (LIVE)	(:01) The First 48 "Last Shift" (LIVE)	(:04) The First 48 (LIVE)	The First 48 (LIVE)					
CNN	500	500	-	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Special Report	Anthony Bourd.	Anthony Bourd.	Anthony					
DISC	520	505	-	Lone Star Law "High Desert Drama"	Lone Star Law "Seeing Stars and Stripes"	Lone Star Law "Crash Course"	Aussie Gold Hunters (LIVE) (DVS)	Naked and Afraid "Breaking the Curse"	Naked and Afraid (N) (LIVE)	Lone Star Law "Wet and Wild"	Lone Star Law							
DRAMA	620	523	-	CSI: Crime Scene Investigation (LIVE)	CSI: Crime Scene Investigation (LIVE)	CSI: Crime Scene Investigation (LIVE)	CSI: Crime Scene Investigation (LIVE)	CSI: Crime Scene Investigation (LIVE)	Killing Eve Eve wants revenge. (LIVE)	Claws Desna must rally her crew. (N) (LIVE)	CSI: Crime Scene Investigation (LIVE)	CSI: Cri. Scene						
HIST	522	506	-	American Pickers "Midwest Mayhem"	American Pickers "Paradise Picking"	American Pickers "Cadillac Man" (LIVE)	Rust Valley Restorers "Scorched Earth" (LIVE)	Forged in Fire "Pick Your Poison" (LIVE)	Beyond Oak Island "Riverboat Riches" (LIVE) (DVS)	Proof-There	Proof-There	Forged in Fire (LIVE)						
PARMT	628	584	-	Ink Master The artists must tattoo galaxies.	Ink Master "Chalk This Way" (LIVE)	Ink Master "Tipping the Scales" (LIVE)	Ink Master "Put Up or Shut Up" (LIVE)	Ink Master "In Deep Waters" (LIVE)	Ink Master The artists battle for control.	Ink Master "Who's Got the Power?" (LIVE)	Ink Master The artists are tested. (LIVE)	Ink Master (LIVE)						
RDI	126	730	-	L'info (N) (SC)	Pas une de plus	Le télé-journal	La facture (SC)	Le télé-journal	Enquête (N) (SC)	(:31) Le national	(:01) La semaine verte (N) (SC)	Le télé-journal	Les coulisses du pouvoir (SC)	Le national (N)	Le national (N)	Journal France 2	Le télé-journal	
SHOW	616	521	-	NCIS: Hawai'i (LIVE)	NCIS: Los Angeles "Overdue" (LIVE)	NCIS A cadaver goes missing. (LIVE)	** "The Lost World: Jurassic Park" (1997, Adventure) Jeff Goldblum, Julianne Moore. (LIVE) (DVS)	MacGruber (LIVE)	(:45) A.P. Bio "The Harvard Pen" (LIVE)	True Story-Ed	(:15) ** "Jurassic Park III" (2001) Sam Neill. (LIVE) (DVS)							
SLICE	601	562	-	(3:30) ** "17 Again" (2009, Comedy) Zac Efron, Leslie Mann. (LIVE) (DVS)	Neighborhood	Neighborhood	The Unicorn (LIVE)	The Unicorn (LIVE)	The Real Housewives of Salt Lake City (LIVE)	The Real Housewives of Salt Lake City (N)	Neighborhood	Neighborhood	The Unicorn (LIVE)	The Unicorn (LIVE)	Real SLC			
TLC	521	560	-	90 Day Fiancé: Before the 90 Days (LIVE)	90 Day Fiancé: Before the 90 Days (LIVE)	90 Day Fiancé: Before the 90 Days Hamza struggles to accept Memphis' past. (LIVE)	90 Day Fiancé: Before the 90 Days	90 Day Fiancé: Before the 90 Days "Back to Square One" Hamza worries about Memphis. (LIVE)	(:01) Unexpected: Baby Bumps (N) (LIVE)	(:01) 90 Day Fiancé: Before the 90 Days	90 Day Fiancé							
TSN	400	400	-	(3:30) NASCAR Cup Series Wise Power 400. (N) (LIVE)	SportsCentre	NBA Basketball Dallas Mavericks at Golden State Warriors. From Chase Center in San Francisco. (N) (LIVE)	SportsCentre (LIVE)											
YOUTH	551	542	-	Sponge.	Sponge.	Casagran	Danger	* "The Smurfs 2" (2013) Neil Patrick Harris. (LIVE)	The Hardy Boys (LIVE)	Star Falls	Max	Stanley	Degrassi	Degrassi	iCarly			

# Your week on TV

MONDAY EVENING													FEBRUARY 28, 2022		
Bell	Star	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	
WCAX 3	-	-	Channel 3 News at Six (N)	CBS Evening News	Entertainment Tonight (N)	The Neighborhood (N)	Bob Hearts Abishola (N)	NCIS NCIS team calls on Dr. Carol Wilson. (N) (L)	NCIS: Hawaii "Broken" Jane is questioned. (N) (L)	Channel 3 News	(:35) The Late Show With Stephen Colbert (N) (L)				
WPTZ 5	-	-	NBC5 News at 6 (N)	NBC Nightly News	Jeopardy! (N) (L)	Wheel of Fortune (N) (L)	America's Got Talent: Extreme Auditions 2" Outrageous acts vie for \$500,000. (N) (L) (DVS)	The Endgame A kidnapping puts Val to the test. (N) (L)	NBC5 News at 11 (N)	(:34) The Tonight Show Starring Jimmy Fallon (N) (L)					
CBMT 6	206	301	CBC News Live (N) (L)	Rick Mercer Report (N)	Coronation Street (N) (L)	Family Feud Canada (N)	Murdoch Mysteries A Japanese spy is found dead. (N)	The Porter Marlene makes an unlikely friend. (N) (L)	The National (N) (L)	CBC Montreal News (N)	Maamuitau (L)	Coronation Street (N)			
CHLT 7	107	718	(5:58) TVA nouvelles (N)	(:29) Le tricheur (N)	(6:59) La tour (SC)	Star académie (SC)	L'échappée Félix continue de prendre des risques. (N)	Alertes Marc-André fait des reproches. (N) (SC)	TVA nouvelles (N)	(:35) La tour (SC)	(:05) Denis Lévesque (N) (SC)	"Sur la piste du"			
WMTW 8	-	-	WMTW News 8 at 6PM (N)	ABC World News	Wheel of Fortune (N) (L)	Jeopardy! (N) (L)	The Bachelor (N) (L) (DVS)	(:01) The Good Doctor Shaun is forced to confront Lea. (N)	WMTW News 8 at 11 (N)	(:35) Jimmy Kimmel Live! (N) (L)					
CKSH 9	108	-	(5:59) Le télé-journal Estrie	(:31) Zone économie (N)	District 31 (N) (DVS) (SC)	L'oeil du cyclone (N)	Une autre histoire Anémone n'a aucun souvenir. (N)	Doute raisonnable Une équipe tente d'y voir clair. (N)	Le téléjournal (N) (SC)	(:05) Le télé-journal Estrie	(:34) On va se le dire				
CKMI 11	-	-	Global National (N) (L)	(:29) Global News at 6:30	ET Canada (N)	Entertainment Tonight (N)	The Neighborhood (N)	United States of AI (N) (L)	NCIS: Hawaii "Broken" Jane is questioned. (N) (L)	Global News at 11 (N)	(:35) The Late Show With Stephen Colbert (N) (L)				
CFCF 12	205	312	(5:59) CTV News Montreal (N) (L)	etalk (N) (L) (DVS)	Bob Hearts Abishola (N)	9-1-1: Lone Star T.K.'s mother has an emergency.	(:01) The Cleaning Lady "Full on Gangsta" (N) (L)	(:01) The Good Doctor Shaun is forced to confront Lea. (N)	La Flamme	CTV News Montreal (N)	The Daily Show				
WVNY 22	-	-	Local 22 News (N)	ABC World News	Local 22 News (N)	Inside Edition (N) (L)	The Bachelor (N) (L) (DVS)	(:01) The Good Doctor Shaun is forced to confront Lea. (N)	Local 22 News (N)	(:35) Jimmy Kimmel Live! (N) (L)					
WUTV 30	-	-	The Big Bang Theory (L)	Judge Judy (N) (L)	Judge Judy (N) (L)	Family Feud (N) (L)	9-1-1: Lone Star T.K.'s mother has an emergency.	(:01) The Cleaning Lady "Full on Gangsta" (N) (L)	Fox 29 News at 10 (N) (L)	Seinfeld (N) (L)	Two and a Half Men (N)	Two and a Half Men (N)			
CFKS 31	106	726	Souper parfait	Big Brother célébrités (N)	Ça c'est drôle! (N)	La confrérie "Bruno" (N)	Jes imposteurs Phil Bond et Jean-Thomas Jobin. (N)	La semaine des 4 Julie (N) (DVS) (SC)	(9:59) Noovo Un village à Brooklyn "Un coeur enflammé" (N) (L)	Big Brother célébrités	"La nouvelle locataire"				
WUHF	-	363	Modern Family (N)	Young Sheldon (N)	The Big Bang Theory (L)	The Big Bang Theory (L)	9-1-1: Lone Star T.K.'s mother has an emergency.	(:01) The Cleaning Lady "Full on Gangsta" (N) (L)	13WHAM News at 10 on Fox Rochester (N) (Live) (L)	DailyMailTV (N) (L)	The Simpsons (L)	Paid Program (L)			
WETK	-	-	PBS NewsHour (N) (L)	BBC World News Outside	BBC World News Outside	This Old House (L)	Antiques Roadshow A Cartier jadeite pendant necklace.	The Queen's Garden (N) (L)	Independent Lens "Decade of Fire" (N) (DVS)	Amanpour and Company (N) (L)	BBC World News (N)				
WCFE	-	-	World News America	BBC World News Outside	PBS NewsHour (N) (L)	Magic Moments -- The Best of '50s Pop (My Music Presents) Musicians	The Longevity Paradox With Steven Gundry, MD Feeling better at any age. (N) (L)	To Be Announced							
A&E	615	520	The First 48 Gunmen open fire at a birthday party. (L)	Secrets of Playboy "The Circus" (N) (L)	Secrets of Playboy Playboy corporate sexual harassment.	Secrets of Playboy "The Big Playboy Lie" (N) (L)	(:01) Secrets of Playboy "The Price of Loyalty" (L)	(:04) Secrets of Playboy "The Circus" (N) (L)	Secrets of Playboy (N)						
CNN	500	500	Situation Room With Wolf	Erin Burnett OutFront (N)	Anderson Cooper 360 (N)	CNN Tonight (N) (Live) (L)	Don Lemon Tonight (N) (Live)	Don Lemon Tonight (N) (Live)	Cooper 360						
DISC	520	505	Highway Thru Hell "Cold Comfort" (DVS)	Heavy Rescue: 401 Mitch works with his older brother.	Lone Star Law Jennifer Provaznik discovers a secret. (N)	Last of the Giants The crew faces off with a giant. (N)	Heavy Rescue: 401 A crew works to untangle a truck.	Heavy Rescue: 401 Mitch works with his older brother.	Lone Star Law						
DRAMA	620	523	Chicago Fire Chief Boden makes a risky decision. (L)	Chicago Fire An investigation into the school fire. (L)	Chicago Fire Casey butts heads with a new chief. (L)	Chicago Fire Casey takes on additional duties. (L)	Chicago Fire Casey tries to help his friend Kannell. (L)	Chicago Fire Cruz faces possible suspension. (L)	Chicago Fire "My Miracle"						
HIST	522	506	American Pickers A century-old soda shop is picked. (L)	American Pickers A collection of fan favorites. (L)	American Pickers Robbie unveils his retro garage. (L)	American Pickers A collection of classic cars. (N) (L)	Adam Eats the Adam Eats the 80s (N)	American Pickers A century-old soda shop is picked. (L)	American Pickers (N)						
PARMT	628	584	Marriage Rescue "You Guys Are Screwed" (L)	Marriage Rescue A couple's threesome goes wrong.	Marriage Rescue Two couples struggle after infidelity.	Marriage Rescue Married partners fight over business.	Marriage Rescue Newlyweds deal with resentment. (L)	Marriage Rescue A wife suspects her husband is lying.	Marriage Rescue (L)						
RDI	126	730	(5:55) Zone économie (N) (SC)	24/60 (N) (SC)	Les grands reportages "L'affaire Alexandra Richard" (N)	Le téléjournal avec Céline Galipeau (N) (SC)	Le téléjournal (N) (SC)	Le national (N) (SC)	(:31) Le national (N)	(12:01) 24/60 (SC)					
SHOW	616	521	NCIS The NCIS try to clear a Marine's name. (L)	NCIS McGee takes things into his own hands. (L)	All American Spencer tries to have fun. (N) (L) (DVS)	Bel-Air "Yamacraw" Will starts to find his groove. (N)	(:05) Wolfe (N) (L) (DVS)	(:05) NCIS "Sandblast" Military county-club bombing.	(12:05) NCIS (DVS)						
SLICE	601	562	The King of Queens (N)	The King of Queens (N)	The Real Housewives of Salt Lake City (N) (L)	Below Deck Sailing Yacht Capt. Glenn is back. (L)	Below Deck Sailing Yacht (N) (L) (DVS)	Summer House Paige's confession; Lindsay's news. (N)	The King of Queens (N)	The King of Queens (N)	Below Deck Sailing Yacht				
TLC	521	560	After the 90 Days	After the 90 Days	Darcey & Stacey Tim & Veronica watch along. (L)	Darcey & Stacey Aniko and Aspen spill about haters. (N)	After the 90 Days	After the 90 Days	(:01) 1000-Lb. Best Friends Meghan shops for adult toys.	(:01) Darcey & Stacey (N) (L)	Darcey & Stacey				
TSN	400	400	SportsCentre (N) (Live) (L)	Raptors Game	NBA Basketball Toronto Raptors at Brooklyn Nets. From Barclays Center in Brooklyn, N.Y. (N) (Live) (L)	SportsCentre (N) (Live) (L)	SportsCentre (N) (Live) (L)	SportsCentre (N) (Live) (L)	SC With Jay Onrait (N)						
YOUTH	551	542	Danger Force	Warped! (N)	** "Journey to the Center of the Earth" (2008) (N)	Henry Danger	Henry Danger	Made Up (N)	Carnival Eats	Degrassi	Degrassi	iCarly (L)			

TUESDAY EVENING													MARCH 1, 2022		
Bell	Star	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	
WCAX 3	-	-	Channel 3 News at Six (N)	CBS Evening News	Entertainment Tonight (N)	FBI "Allegiance" A shooter targets detectives. (N) (L)	CBS News: State of the Union 2022 The president addresses the nation. (N) (L) (Live) (L)	Channel 3 News	(:35) The Late Show With Stephen Colbert (N) (L)						
WPTZ 5	-	-	NBC5 News at 6 (N)	NBC Nightly News	Jeopardy! (N) (L)	Wheel of Fortune (N) (L)	American Auto (N) (L)	Grand Crew (N) (L)	State of the Union Joe Biden addresses the nation. (N) (L) (Live) (L)	NBC5 News at 11 (N)	(:34) The Tonight Show Starring Jimmy Fallon (N) (L)				
CBMT 6	206	301	CBC News Live (N) (L)	Rick Mercer Report (N)	Coronation Street (N) (L)	Family Feud Canada (N)	22 Minutes (N) (L)	Son of a Critch (N) (L)	Workin' Moms TallBoyz (N) (DVS)	The National (N) (L)	CBC Montreal News (N)	Interrupt This Program (N)	Coronation Street (N)		
CHLT 7	107	718	(5:58) TVA nouvelles (N)	(:29) Le tricheur (N)	(6:59) La tour (SC)	Star académie (SC)	Les bracelets rouges Lou est à fleur de peau. (N)	Hôpital New Amsterdam "Renaissance" (N) (L)	TVA nouvelles (N)	(:35) La tour (SC)	(:05) Denis Lévesque (N) (SC)	"En pleine tempête"			
WMTW 8	-	-	WMTW News 8 at 6PM (N)	ABC World News	Wheel of Fortune (N) (L)	Jeopardy! (N) (L)	Judge Steve Harvey "Ok Mr. Hightower!" (DVS)	The State of the Union and the Republican Response Joe Biden addresses the nation. (N) (L) (Live) (L)	WMTW News 8 at 11 (N)	(:35) Jimmy Kimmel Live! (N) (L)					
CKSH 9	108	-	(5:59) Le télé-journal Estrie	(:31) Zone économie (N)	District 31 (N) (DVS) (SC)	La facture (N) (SC)	Toute la vie Chloé Bégin ignorait sa grossesse. (N)	5e rang Inquiet, Joe attend son diagnostic. (N)	Le téléjournal (N) (SC)	(:05) Le télé-journal Estrie	(:34) On va se le dire				
CKMI 11	-	-	Global National (N) (L)	(:29) Global News at 6:30	ET Canada (N)	Entertainment Tonight (N)	FBI "Allegiance" A shooter targets detectives. (N)	FBI: International Fo and Raines grow their friendship.	FBI: Most Wanted A woman is kidnapped from her home.	Global News at 11 (N)	(:35) The Late Show With Stephen Colbert (N) (L)				
CFCF 12	205	312	(5:59) CTV News Montreal (N) (L)	etalk (N) (L) (DVS)	The Big Bang Theory (N)	The Resident A case turns personal for Conrad. (L)	Pivoting (N) (DVS)	B Positive (N) (L)	Transplant Bash future as a doctor is on the line. (N) (L)	Lisa LaFlamme	CTV News Montreal (N)	The Daily Show			
WVNY 22	-	-	Local 22 News (N)	ABC World News	Local 22 News (N)	Inside Edition (N) (L)	Judge Steve Harvey "Ok Mr. Hightower!" (DVS)	The State of the Union and the Republican Response Joe Biden addresses the nation. (N) (L) (Live) (L)	Local 22 News (N)	(:35) Jimmy Kimmel Live! (N) (L)					
WUTV 30	-	-	The Big Bang Theory (L)	Judge Judy (N) (L)	Judge Judy (N) (L)	Family Feud (N) (L)	The Resident A case turns personal for Conrad. (L)	The State of the Union Joe Biden addresses the nation. (N) (L) (Live) (DVS)	Fox 29 News at 10 (N) (L)	Two and a Half Men (N)	Two and a Half Men (N)				
CFKS 31	106	726	Souper parfait	Big Brother célébrités (N)	Ça c'est drôle! (N)	Contre-offre (N)	L'homme qui aimait trop "Un destin imprévisible" (N)	La semaine des 4 Julie (N) (DVS) (SC)	(9:59) Noovo Le Fil 22 (N)	NCIS: Los Angeles Un retraité de la marine. (L)	Big Brother célébrités	"Ce bébé est à moi!" (2018)			
WUHF	-	363	Modern Family (N)	Young Sheldon (N)	The Big Bang Theory (L)	The Big Bang Theory (L)	The Resident A case turns personal for Conrad. (L)	The State of the Union Joe Biden addresses the nation. (N) (L) (Live) (DVS)	13WHAM News at 10 on Fox Rochester (N) (Live) (L)	The Simpsons (L)	Paid Program (L)				
WETK	-	-	PBS NewsHour (N) (L)	BBC World News Outside	BBC World News Outside	Ask This Old House (L)	Rick Steves: Why We Travel (N) (L)	PBS NewsHour Special Report President Biden addresses the nation. (N) (L) (Live) (L)	Amanpour and Company (N) (L)	BBC World News (N)					
WCFE	-	-	World News America	BBC World News Outside	PBS NewsHour (N) (L)	Queen Elizabeth's Secret Agents (N) (L)	PBS NewsHour Special Report President Biden addresses the nation. (N) (L) (Live) (L)	To Be Announced	Amanpour and Company (N) (L)						
A&E	615	520	Storage Wars (N) (L)	Storage Wars (N) (L)	Storage Wars (N) (L)	Storage Wars (N) (L)	Storage Wars (N) (L)	(:01) Storage Wars (N) (L)	(:32) Storage Wars (N) (L)	(:04) Storage Wars (N) (L)	(:34) Storage Wars (N) (L)	(12:03) Storage Wars (N) (L)			
CNN	500	500	Situation Room With Wolf	Erin Burnett OutFront (N)	The State of the Union and Republican Response Joe Biden addresses the nation. (N)	Don Lemon Tonight (N) (Live)	Don Lemon								
DISC	520	505	Highway Thru Hell "Hats And Jalapenos"	Heavy Rescue: 401 "I've Seen My Share"	Underground Railroad: The Secret History (L)	Gold Rush Gold from Mud Mountain rolls in. (N)	Gold Rush: White Water (N) (DVS)	Heavy Rescue: 401 "I've Seen My Share"	Underground Railroad						
DRAMA	620	523	Chicago Med Halstead's past mistakes resurface. (L)	Chicago Med Dr. Charles evaluates a teen. (L)	Chicago Med Detectives question Dr. Crockett. (L)	Chicago Med "Derailed" (N) (DVS)	Chicago Med A patient pretends to be someone else.	Chicago Med An escaped murderer endangers the staff.	Chicago Med (DVS)						
HIST	522	506	Pawn Stars Space program items land in the store. (L)	Pawn Stars Massive Disney collection. (L) (DVS)	American Pickers A collection of classic cars. (L)	Pawn Stars A rare pair of Pumas from 1968. (N) (L)	The Food That Built America "Submarine Warfare" (L)	Pawn Stars An antique game shuffles into the shop. (L)	Pawn Stars (DVS)						
PARMT	628	584	Ink Master Grudge Match "Targeted" (L)	Ink Master Grudge Match Buck vs. Katie Rhoden.	Ink Master Grudge Match (L)	Ink Master Grudge Match "Arrogant Youth" (L)	Ink Master Grudge Match (L)	Ink Master Grudge Match "Friends and Foes" (L)	Ink Master Grudge (L)						
RDI	126	730	(5:55) Zone économie (N) (SC)	24/60 (N) (SC)	Les grands reportages "La diplomatie du vaccin" La distribution des vaccins. (N) (SC)	Le téléjournal (N) (SC)	Le national (N) (SC)	(:31) Le national (N)	(12:01) 24/60 (SC)						
SHOW	616	521	NCIS "Driven" A highly classified robotic vehicle. (L)	NCIS "Suspicion" Intelligence officer is killed. (L)	FBI "Prey" The murders of 18 young women. (L)	Naomi "Homecoming" Zumbado has a run-in. (N) (L)	NCIS The team tracks an elusive arms dealer. (L)	NCIS The NCIS team joins forces with the FBI. (L)	NCIS "Driven" (N)						
SLICE	601	562	The King of Queens (N)	The King of Queens (N)	Below Deck Sailing Yacht (N) (L)	Summer House Paige's confession; Lindsay's news. (N)	The Real Housewives of New Jersey (N) (L)	The Real Housewives of Miami (N) (L)	The King of Queens (N)	The King of Queens (N)	Housewives of NJ				
TLC	521	560	Doubling Down With the Derricos "Snowy Surprise" (L)	Doubling Down With the Derricos (N) (L)	After the 90 Days	After the 90 Days	Doubling Down With the Derricos (N) (L)	Doubling Down With the Derricos Karen has a secret. (N)	7 Little Johnstons Trent begins searching for a new job.	After the 90 Days					
TSN	400	400	SportsCentre (N) (Live) (L)	Raptors Game	NBA Basketball Brooklyn Nets at Toronto Raptors. From Scotiabank Arena in Toronto. (N) (Live) (L)	NBA Basketball Dallas Mavericks at Los Angeles Lakers. From Crypto.com Arena in Los Angeles. (N) (Live) (L)									
YOUTH	551	542	Dragons Nine	Croods	** "The LEGO NINJAGO Movie" (2017) (N) (DVS)	Henry Danger	Henry Danger	Made Up (N)	Carnival Eats	Degrassi	Degrassi	iCarly (L)			

# Your week on TV

WEDNESDAY EVENING														MARCH 2, 2022	
Bell	Star	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	
WCAX 3	-	Channel 3 News at Six (N)		CBS Evening News	Entertainment Tonight (N)	The Amazing Race (Season Finale) (N) (D)				Good Sam "Chronic Insult" (N) (D)		Channel 3 News	(:35) The Late Show With Stephen Colbert (D)		
WPTZ 5	-	NBC5 News at 6 (N)	NBC Nightly News	Jeopardy! (N) (D)	Wheel of Fortune (N) (D)	Chicago Med Maggie helps Halstead treat a patient. (N)		Chicago Fire Chief Hawkins helps Brett and Violet. (N) (D)		Chicago P.D. Burgess and Ruzek fight for Makayla. (N)		NBC5 News at 11 (N)	(:34) The Tonight Show Starring Jimmy Fallon (D)		
CBMT 6	206	301	CBC Montreal News (N)	Rick Mercer Report (D)	Coronation Street (N) (D)	Family Feud Canada (N)	Still Standing (N) (D)	Run the Burbs (N) (D)	Pretty Hard Cases Naz goes undercover. (N) (D)	The National (N) (D)		CBC Montreal News (N)	Land and Sea "Otter Pond" (D)	Coronation Street (D)	
CHLT 7	107	718	(5:58) TVA nouvelles (N)	(:29) Le tricheur (N)	(6:59) La tour (SC)	Star académie	Les moments parfaits "Le beurre et l'argent du beurre"	Léo "Terre promise" (N)	Le bonheur (N) (SC)	TVA nouvelles (N)	(:35) La tour (SC)	(:05) Denis Lévesque (N) (SC)	"Le 15h17 pour Paris" (D)		
WMTW 8	-	-	WMTW News 8 at 6PM (N)	ABC World News	Wheel of Fortune (N) (D)	Jeopardy! (N) (D)	The Goldbergs (N) (D)	The Wonder Years (N) (D)	The Conners "Triggered" (N) (D)	(:31) Home Economics	A Million Little Things "Surprise" (N) (D) (DVS)	WMTW News 8 at 11 (N)	(:35) Jimmy Kimmel Live! (D) (D)		
CKSH 9	108	-	(5:59) Le téléjournal Estrie	(:31) Zone économie (N)	District 31 (N) (DVS) (SC)	L'épicerie (N) (SC)	Les enfants de la télé (N) (DVS) (SC)	Sans rendez-vous (N) (DVS) (SC)	Les mecs (N) (DVS) (SC)	Le téléjournal (N) (SC)		(:05) Le téléjournal Estrie	(:34) On va se le dire		
CKMI 11	-	-	Global National (N) (D)	(:29) Global News at 6:30	ET Canada (N) (D)	Entertainment Tonight (N)	Big Brother Canada (Season Premiere) (N) (D)	I Can See Your Voice Yvette Nicole Brown; Curtis Stone.	Good Sam "Chronic Insult" (N) (D) (DVS)		Global News at 11 (N)	(:35) The Late Show With Stephen Colbert (N) (D)			
CFCF 12	205	312	(5:59) CTV News Montreal (N) (D)		Home Economics (N) (D)	The Conners "Triggered"	The Amazing Race (Season Finale) (N) (D) (D)					Lisa LaFlamme	CTV News Montreal (N)	The Daily Show	
WVNY 22	-	-	Local 22 News (N)	ABC World News	Local 22 News (N)	Inside Edition (N) (D)	The Goldbergs (N) (D)	The Wonder Years (N) (D)	The Conners "Triggered" (N) (D)	(:31) Home Economics	A Million Little Things "Surprise" (N) (D) (DVS)	Local 22 News (N)	(:35) Jimmy Kimmel Live! (D) (D)		
WUTV 30	-	-	The Big Bang Theory (D)	Judge Judy (D)	Judge Judy (D)	Family Feud (N) (D)	I Can See Your Voice Yvette Nicole Brown; Curtis Stone.	Next Level Chef One chef is crowned the winner. (D)			Fox 29 News at 10 (N) (D)	Seinfeld "The Stakeout" (D)	Two and a Half Men (D)	Two and a Half Men (D)	
CFKS 31	106	726	Souper parfait	Big Brother célébrités (N)	Ça c'est drôle!	Entre deux draps (N)	Sortez-moi de moi Clara a des enjeux au travail. (N)	La semaine des 4 Julie (N) (DVS) (SC)		(9:59) Noovo Le Fil 22 (N)	Tommy Un promoteur de concert. (D) (DVS) (SC)		Big Brother célébrités	"L'enlèvement"	
WUHF	-	363	Modern Family (D)	Young Sheldon (D)	The Big Bang Theory (D)	The Big Bang Theory (D)	I Can See Your Voice Yvette Nicole Brown; Curtis Stone.	Next Level Chef One chef is crowned the winner. (D)		13WHAM News at 10 on Fox Rochester (N) (Live) (D)		DailyMailTV (N) (D)	The Simpsons (D)	Grow Hair Fast! (D)	
WETK	-	-	PBS NewsHour (N) (D)		BBC World News Outside	Samantha Brown Place	Nature "Bears" Adventures of eight species of bears. (D)	NOVA "Mysteries of Sleep" The significance of sleep. (D)		Koko -- The Gorilla Who Talks (D)		Amanpour and Company (N) (D)		BBC World News (D)	
WCFE	-	-	World News America	BBC World News Outside	PBS NewsHour (N) (D)		Nature "Bears" Adventures of eight species of bears. (D)	To Be Announced						Amanpour and Company	
A&E	615	520	Court Cam (D)	Court Cam (D)	Court Cam (D)	Court Cam (D)	Court Cam (D)	Court Cam (N) (D)	Court Cam (N) (D)	Neighborhood Wars (D)	Neighborhood Wars (N) (D)	(:04) Court Cam (D)	(:34) Court Cam (D)	(12:03) Court Cam (D)	
CNN	500	500	Situation Room With Wolf		Erin Burnett OutFront (N)		Anderson Cooper 360 (N)	CNN Tonight (N) (Live) (D)		Don Lemon Tonight (N) (Live)		Don Lemon Tonight (N) (Live)		Cooper 360	
DISC	520	505	Highway Thru Hell "Blood, Sweat And Tears"		Heavy Rescue: 401 Snow squalls attack Highway 402.		Moonshiners Mezcal secrets; Bloody Mary moonshine. (N)	Moonshiners: Master Distiller "Hard Times Shine" (N)		Mystery at Blind Frog Ranch (N) (DVS)		Heavy Rescue: 401 Snow squalls attack Highway 402.		Moonshiners (D)	
DRAMA	620	523	CSI: Crime Scene Investigation (D) (DVS)		CSI: Crime Scene Investigation "For Gedda" (D)		Blue Bloods Witness tampering is discovered. (N) (D)	Station Eleven Kirsten redis-covers a family conflict. (N)		CSI: Crime Scene Investigation (D) (DVS)		CSI: Crime Scene Investigation "Drops Out" (D)		CSI: Crime Scene	
HIST	522	506	Forged in Fire Eight former competitors return. (D)		Forged in Fire "Second Chance Tournament: Part 2"		Forged in Fire Four remaining smiths compete. (D)	Forged in Fire Making a knife out of a guillotine. (N)		Forged in Fire The smiths build the Bastard Sword. (D)		Forged in Fire Eight former competitors return. (D)		Forged in Fire (D)	
PARMT	628	584	Deadliest Warrior "Roman Centurion vs. Rajput" (D)		Deadliest Warrior SWAT against Germany's GSG-9.		Deadliest Warrior The crime family versus the gang lords.	Deadliest Warrior "Aztec Jaguar vs. Zande Warrior"		Deadliest Warrior Fighter versus the warrior. (D)		Deadliest Warrior Jesse James vs. Al Capone. (D)		Deadliest Warrior	
RDI	126	730	(5:55) Zone économie (N) (SC)		24/60 (N) (SC)		Pas une de plus (N) (SC)	Le national (N) (SC)	Le téléjournal avec Céline Galipeau (N) (SC)	Le téléjournal (N) (SC)		Le national (N) (SC)	(:31) Le national (N)	(12:01) 24/60 (SC)	
SHOW	616	521	NCIS The Navy's top-secret weapons system. (D)		NCIS A young sailor's body is found. (D) (DVS)		FBI "Doomsday" A safety inspector dies. (D) (DVS)	Batwoman Ryan's life is put on the line. (N) (D)		NCIS "Double Down" A senator's son is injured. (D)		NCIS A terrorist with a chemical weapon. (D)		NCIS "Blowback" (D)	
SLICE	601	562	The King of Queens (D)	The King of Queens (D)	The Real Housewives of New Jersey (N) (D)		The Real Housewives of Miami (D)	The Real Housewives of Orange County (N) (D)		Million Dollar Listing Los Angeles "Storm the Castle" (D)		The King of Queens (D)	The King of Queens (D)	Housewives/OC	
TLC	521	560	Unexpected Jenna only wants a car for her birthday.		Unexpected Reanna may be going into early labor. (D)		Dr. Pimple Popper Dennis has growths on his head. (N)	Dr. Pimple Popper Margarita has been hiding her armpit.		Stuck Doctor Crawford removes a barbed nail. (D)		Stuck A pregnant Kayla is rushed to the ER. (D)		Dr. Pimple Popper (D)	
TSN	400	400	SportsCentre (N) (Live) (D)		That's Hockey (N)	NBA Basketball New York Knicks at Philadelphia in Philadelphia. (N) (Live) (D)		76ers. From Wells Fargo Center. (N) (Live) (D)		NBA Basketball Portland Trail Blazers at Phoenix Suns. From Footprint Center in Phoenix. (N) (Live) (D)					
YOUTH	551	542	Warped! (D)	Danger Force	*** "Matilda" (1996, Children's) Mara Wilson. (D) (D)		Henry Danger	Henry Danger	Made Up (D)	Carnival Eats	Degrassi	Degrassi	iCarly (D)		

THURSDAY EVENING														MARCH 3, 2022	
Bell	Star	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	
WCAX 3	-	Channel 3 News at Six (N)		CBS Evening News	Entertainment Tonight (N)	Young Sheldon (N) (D)	(:31) B Position (N) (D)	(:01) Ghosts "Therapy" (N)	United States of AI (N) (D)	Bull "The Hard Right" (N) (D) (D)		Channel 3 News	(:35) The Late Show With Stephen Colbert (D)		
WPTZ 5	-	NBC5 News at 6 (N)	NBC Nightly News	Jeopardy! (N) (D)	Wheel of Fortune (N) (D)	Law & Order The COO of a tech company is murdered.		Law & Order: Special Victims Unit (N) (D) (DVS)		Law & Order: Organized Crime (N) (D) (DVS)		NBC5 News at 11 (N)	(:34) The Tonight Show Starring Jimmy Fallon (D)		
CBMT 6	206	301	CBC Montreal News (N)	Rick Mercer Report (D)	Coronation Street (N) (D)	Family Feud Canada (N)	Coroner The death of a rising basketball star. (N) (D)	The Fifth Estate (N) (D)		The National (N) (D)		CBC Montreal News (N)	Canadian Reflections (N)	Coronation Street (D)	
CHLT 7	107	718	(5:58) TVA nouvelles (N)	(:29) Le tricheur (N)	(6:59) La tour (SC)	Star académie	Le bon docteur Une équipe se rend au Guatemala. (N) (D)	Portrait-robot L'Unité veut apprendre le tueur. (N)		TVA nouvelles (N)	(:35) La tour (SC)	(:05) Denis Lévesque (N) (SC)	(12:05) *** "Dope"		
WMTW 8	-	-	WMTW News 8 at 6PM (N)	ABC World News	Wheel of Fortune (N) (D)	Jeopardy! (N) (D)	Station 19 "Searching for the Ghost" (N) (D)	Grey's Anatomy "Living in a House Divided" (N) (D)		(:01) Big Sky Jag and Ren find themselves at odds. (N)		WMTW News 8 at 11 (N)	(:35) Jimmy Kimmel Live! (D) (D)		
CKSH 9	108	-	(5:59) Le téléjournal Estrie	(:31) Zone économie (N)	District 31 (N) (DVS) (SC)	Infoman (N) (DVS) (SC)	1res fois Avec Denis Bouchard et Ingrid St-Pierre. (N)	Enquête (N) (SC)		Le téléjournal (N) (SC)		(:05) Le téléjournal Estrie	(:34) On va se le dire		
CKMI 11	-	-	Global National (N) (D)	(:29) Global News at 6:30	ET Canada (N) (D)	Entertainment Tonight (N)	Big Brother Canada (N) (D)	(:01) Ghosts "Therapy" (N)	United States of AI (N) (D)	Bull "The Hard Right" (N) (D) (D)		Global News at 11 (N)	(:35) The Late Show With Stephen Colbert (D)		
CFCF 12	205	312	(5:59) CTV News Montreal (N) (D)		Call Me Kat (N) (D)	Young Sheldon (N) (D)	Station 19 "Searching for the Ghost" (N) (D)	Grey's Anatomy "Living in a House Divided" (N) (D)		(:01) Big Sky Jag and Ren find themselves at odds. (N)		Lisa LaFlamme	CTV News Montreal (N)	The Daily Show	
WVNY 22	-	-	Local 22 News (N)	ABC World News	Local 22 News (N)	Inside Edition (N) (D)	Station 19 "Searching for the Ghost" (N) (D)	Grey's Anatomy "Living in a House Divided" (N) (D)		(:01) Big Sky Jag and Ren find themselves at odds. (N)		Local 22 News (N)	(:35) Jimmy Kimmel Live! (D) (D)		
WUTV 30	-	-	The Big Bang Theory (D)	Judge Judy (D)	Judge Judy (D)	Family Feud (N) (D)	Joe Millionaire: For Richer or Poorer (N) (D)	Call Me Kat (N) (D)	(:31) Pivoting "Fans Only"	Fox 29 News at 10 (N) (D)		Seinfeld "The Robbery" (D)	Two and a Half Men (D)	Two and a Half Men (D)	
CFKS 31	106	726	Souper parfait	Big Brother célébrités (N)	Ça c'est drôle!	animaux	L'amour est dans le pré Le séjour à la ferme se termine.	La semaine des 4 Julie (N) (DVS) (SC)		(9:59) Noovo Le Fil 22 (N)	911 Texas L'équipe se charge d'une manifestation.		Big Brother célébrités	"Dommage collatéral"	
WUHF	-	363	Modern Family (D)	Young Sheldon (D)	The Big Bang Theory (D)	The Big Bang Theory (D)	Joe Millionaire: For Richer or Poorer (N) (D)	Call Me Kat (N) (D)	(:31) Pivoting "Fans Only"	13WHAM News at 10 on Fox Rochester (N) (Live) (D)		DailyMailTV (N) (D)	The Simpsons (D)	Paid Program (D)	
WETK	-	-	PBS NewsHour (N) (D)		BBC World News Outside	Rick Steves' Europe (D)	Made Here "For The Love of Rutland" (N) (D)	(:35) The X-Factor: Women in New England Politics		(:40) Made Here		Amanpour and Company (N) (D)		BBC World News (D)	
WCFE	-	-	World News America	BBC World News Outside	PBS NewsHour (N) (D)		Professor T "Mother Love" Six-year-old girl disappears.	Death in Paradise Jack finds a body in the police station.		Before We Die (D)		BBC World News (D)	Amanpour and Company (N)		
A&E	615	520	The First 48 Two young men are gunned down. (D)		The First 48 Murder of a young mother and her friend.		The First 48 An elderly man is burned alive. (D)	The First 48 Potential spree killer on the loose. (D)		(:01) The First 48 An Atlanta man is shot and left to die.		(:04) The First 48 "Fatal Mistake" (D)		(12:03) The First 48 (D)	
CNN	500	500	Situation Room With Wolf		Erin Burnett OutFront (N)		Anderson Cooper 360 (N)	CNN Tonight (N) (Live) (D)		Don Lemon Tonight (N) (Live)		Don Lemon Tonight (N) (Live)		Cooper 360	
DISC	520	505	Highway Thru Hell "Up In Smoke" (DVS)		Heavy Rescue: 401 Andrew's team wrestles difficult cargo.		Mega Zoo Dr. Bonnie performs surgery on a zebra. (N)	BattleBots "Put Up or Shut Up" Nut. (N) (D) (DVS)		Fourteen bots pursue The Giant		Heavy Rescue: 401 Andrew's team wrestles difficult cargo.		BattleBots (D) (DVS)	
DRAMA	620	523	Chicago P.D. "Assets" Atwater goes undercover. (D)		Chicago P.D. Voight's unit faces a drug kingpin. (D)		Walker "Nudge" Perez mistakes Cordell for a suspect.	Chicago P.D. Antonio struggles with his conscience. (D)		Chicago P.D. Voight and his team go off-book. (D)		Chicago P.D. Voight is suspected in Kelton's murder.		Chicago P.D. "Assets" (D)	
HIST	522	506	Counting Cars "Alice and the Beast" (D) (DVS)		Forged in Fire Making a knife out of a guillotine. (D)		Rust Valley Restorers "Scorched Earth" (D)	Rust Valley Restorers Avery gambles on finishing a build.		Swamp People Pickle tries out her special bait. (N) (D)		The Proof Is Out There (D)	The Proof Is Out There (D)	Rust Valley Restorers (D)	
PARMT	628	584	Auction Hunters (D)	Auction Hunters (D)	Auction Hunters (D)	Auction Hunters (D)	Auction Hunters (D)	Auction Hunters (D)	Auction Hunters (D)	Auction Hunters (D)	Auction Hunters (D)	Auction Hunters (D)	Auction Hunters (D)	Auction Hunters (D)	
RDI	126	730	(5:55) Zone économie (N) (SC)		24/60 (N) (SC)		Les grands reportages "Policiers autochtones 2" (N)	Le téléjournal avec Céline Galipeau (N) (SC)		Le téléjournal (N) (SC)		Le national (N) (SC)	(:31) Le national (N)	(12:01) 24/60 (SC)	
SHOW	616	521	NCIS A cache of dismembered human remains. (D)		NCIS "Iceman" A Marine on life support. (D) (DVS)		FBI A key witness and a marshal are killed. (D) (DVS)	Legacies Jed reveals a secret. (N) (D)		FBI: Most Wanted (D)		NCIS "Dead Man Walking" A Navy lieutenant is poisoned.		NCIS "Skeletons" (D)	
SLICE	601	562	The King of Queens (D)	The King of Queens (D)	The Real Housewives of Orange County (N) (D)		Million Dollar Listing Los Angeles "Storm the Castle" (D)	Million Dollar Listing Los Angeles "Ze Plane, Ze Plane!"		Below Deck Sailing Yacht (D)		The King of Queens (D)	The King of Queens (D)	Million Dollar LA	
TLC	521	560	Sister Wives Robyn reveals her struggle. (D) (Part 2 of 3)		Sister Wives Kody and Christine share news.		Dr. Pimple Popper Gabriel has a growth on his clavicle.	Dr. Pimple Popper "Super-sized: The Incredible Bulk"		1000-Lb. Best Friends (N) (D)		Hoarding: Buried Alive "It's A Horror Story" (D)		Dr. Pimple Popper (D)	
TSN	400	400	SportsCentre (N) (Live) (D)		Raptors Game Day (N)	NBA Basketball Detroit Pistons at Toronto Raptors. From Scotiabank Arena in Toronto. (N) (Live) (D)				SportsCentre (N) (Live) (D)		SportsCentre (N) (Live) (D)		SC With Jay Onrait (N)	
YOUTH	551	542	Kamp Koral	Patrick Star	*** "Percy Jackson: Sea of Monsters" (2013) Logan Lerman. (D)		Henry Danger	Henry Danger	Made Up (D)	Carnival Eats	Degrassi	Degrassi	iCarly (D)		

