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**Soccer returns
to the Eastern
Townships**

Sports - Page 7

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FRIDAY, JUNE 11, 2021

**Quebec/
Ontario
border
could open
soon**

Record Staff

Quebec premier Francois Legault said Thursday that he is in discussions with the Ontario government, and he is confident that within the next few days travel between the two provinces will be permitted.

As for the border between Canada and the U.S. Legault offered no timeline, saying talks with the federal government are ongoing.

Quebec reported 189 new cases of COVID-19 in the last day, bringing the total number of people infected since the beginning of the pandemic to 372,476. There are currently 2,206 active cases in the province. Two new deaths were reported, for a total of 11,166. Hospitalizations decreased by six for a total of 251, and 64 patients are in intensive care, an increase of four from the day before.

Ten new cases were reported in Estrie bringing the local total of active cases to 109.

No deaths were reported locally in the last day.

**Sherbrooke returns to recycling
for bicycling**



GORDON LAMBIE

By Gordon Lambie

After being postponed in 2020 due to the restrictions of the pandemic, Sherbrooke's "Récupère-don ton vélo" youth bicycle program is back in 2021, and putting more than 100 bicycles in the hands of local children and youth.

As has typically been the case over the 20 years that the program has been in operation, Récupère-don ton vélo draws from a bank of children's bicycles that were either recovered from thefts, abandoned, or donated, then tuned up by volunteers and given out to youth from schools in the Centre de services scolaire de la Région-de-Sherbrooke

(CSSRS) based on recommendations from gym teachers. Every recipient of a refurbished bicycle also receives a brand-new helmet.

According to Isabelle Rodrigue, President of the Alliance sherbrookoise pour des jeunes en santé, 119 bicycles were given out this year out of just

CONT'D ON PAGE 3



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Weather



TODAY:
MIX OF SUN
AND CLOUD

HIGH 22
LOW 9



SATURDAY:
SUNNY

HIGH 24
LOW 9



SUNDAY:
CLOUDY

HIGH 23
LOW 12



MONDAY:
MIX OF SUN
AND CLOUD

HIGH 21
LOW 10



TUESDAY:
CHANCE OF
SHOWERS

HIGH 20
LOW 9

The Forgotten Daughter by Joanna Goodman



GOOD READS

LENNOXVILLE LIBRARY

Reviewed by Jody Robinson

Set primarily in Montreal from the 1970s to the 1990s, *The Forgotten Daughter* by Joanna Goodman follows three main characters: Véronique, daughter of a (fictional) member of the FLQ cell that kidnapped and murdered Pierre Laporte; James, a federalist French-Canadian journalist; and James' older sister, Élodie, who grew up as one of Duplessis' orphans. While *The Forgotten Daughter* is technically a sequel to *The Home for Unwanted Girls*, as it continues Élodie's story, it focuses primarily on Véronique and James and can be read as a stand-alone book.

Part historical fiction, part story of star-crossed lovers, Goodman's novel draws the reader in immediately as we are introduced to Véronique just as her father is welcomed home after spending her entire childhood in jail for his role in Laporte's murder. Fast-forward through her adolescence, we meet Véronique again in 1992, out on her own, but drifting, when she meets James, a bilingual French-Canadian journalist working for a national news agency. From the beginning, Véronique and James are at odds with their beliefs about the past and the future of Quebec and its people. In Véronique's eyes, even James' ability to speak English is a betrayal to les Québécois.

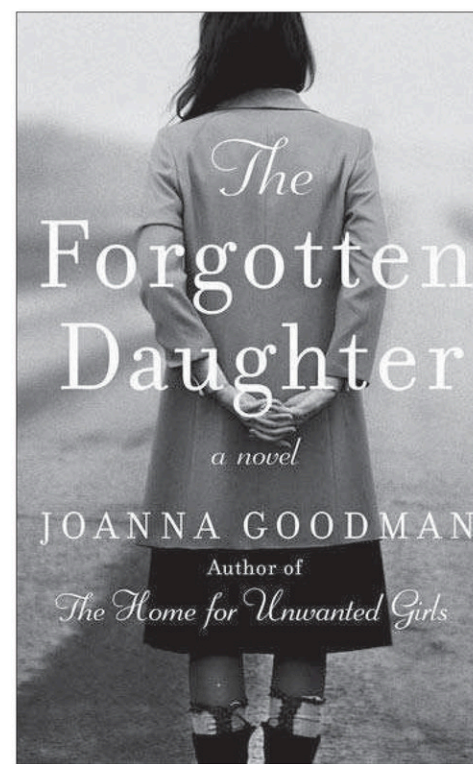
Raised in a home with fervent political beliefs, where there were no limits when it came to what was acceptable in order further one's cause, Véronique finds herself drawn into political action in support of Quebec's separation from Canada. At the same time, she and James are drawn to each other, admiring the other's passion

and loyalty, but will this passion be enough to keep them together through the increasingly tumultuous political times? Where will they draw the line when it comes to compromising political beliefs in order to stay together?

The other main narrative of the novel focuses on Élodie as this story picks up from where *The Home for Unwanted Girls* left off. Having been given up for adoption when her mother was a teenager, Élodie was raised in an orphanage in the Eastern Townships. The Quebec government, under Premier Duplessis, and with support from the Catholic Church-run institutions, converted many orphanages into psychiatric hospitals with the aim of reducing their economic burden on society. As a result, thousands of children were wrongly certified as mentally deficient or unstable and suffered gravely at the hands of these institutions. In the 1990s, when we meet Élodie again, she becomes part of the group of Duplessis Orphans who form a coalition to pursue lawsuits against the Quebec government as they seek out restitution and formal admissions of wrongdoing.

As the story progresses, Véronique and Élodie each wrestle with their anger at the injustices they have suffered, and each will have to decide if they will let anger dictate their futures and relationships or if they can find a way to move past it. Additionally, as Véronique strives to find her place in the world, Goodman explores the question of value inheritance: is it possible to choose new values that are different from those that were passed onto us from our parents?

Joanna Goodman grew up in Montreal and was interning as a journalist during the 1995 referendum. Being at the riot in Montreal on the night of the referendum, experiencing the charged emotions firsthand from the perspective as someone who's family straddled both sides of the debate, planted within her the desire to write about these tumultuous times. Her passion for the past is evident as she adeptly weaves this fictional story around factual events. Her thorough research brings a richness to the major historical moments depicted, all while keeping it from feeling like a dull history lesson (which is not always the case with historical fiction!).



My own memories of the divisive time leading up to the 1995 referendum have stayed with me over the 26 years since, despite having been only 12 at the time, and while I did not live through it, the reverberations of the sentiments that led up to the October Crisis of 1970 still crop up in facets of life in Quebec today. Reading Goodman's novel from this personal context made it even more engaging. The process of seeing our lived history as part of a fictional narrative lent itself to ongoing and thought-provoking reflection on the experiences and perspectives of "the other side".

Lastly, as a bonus for the avid podcast listeners out there, I would recommend CBC's podcast "Recall: How to start a revolution" to complement your reading of *The Forgotten Daughter*, as it explores the complex events leading up to the October Crisis.

The Forgotten Daughter is available to borrow from the Lennoxville Library.

Jody Robinson, our guest reviewer this week, is an archivist and self-described history geek in the Eastern Townships.

Ben by Daniel Shelton



Local News

“Bill 96 is a wide-ranging and complex piece of legislation It represents a significant overhaul of Quebec’s legal order,” Jennings said.

Quebec community groups sound the alarm over Bill 96

By Gordon Lambie
Local Journalism Initiative

Marlene Jennings, President of the Quebec Community Groups Network (QCGN), says that the provincial government’s proposed language law reform, Bill 96, has put Quebec at a crossroads.

“The path Quebec takes with Bill 96 will determine how history unfolds in this province, and in Canada at large,” she said, speaking during a presentation of QCGN’s preliminary analysis of the sweeping changes proposed by the bill.

While establishing that study of the bill, which was introduced in mid-May, is still underway, Jennings said that the organization feels concerned that the bill, passed as-is, stands to have serious impact on Quebec’s English-speaking communities.

“Bill 96 is a wide-ranging and complex piece of legislation It

represents a significant overhaul of Quebec’s legal order,” she said, arguing that the bill is calling for the most sweeping use of human rights overrides, by means of the notwithstanding clause, in the history of Quebec and Canada. “Bill 96 effectively creates a Charter-free zone with respect to a wide range of interactions between individuals and the state in Quebec. The Charter of the French Language touches on commerce, employment, education, access to public services, expression in a range of contexts, and the operation of the legal system. Where rights that would otherwise be protected are infringed, the courts will not be able to review and remedy the conduct under either the Canadian or Quebec Charters.”

By pre-emptively stating that they will use the notwithstanding clause to avoid court challenges, Jennings said that the bill is trying to shelter

its newly revised charter of the French Language, new Minister of the French language, commissioner, powers of the Office Quebecoise de la Langue Française, and the province’s executive from the scrutiny of the courts.

“Here is the question we need to ask over and over: Why does protecting the French language require the blanket suspension of human rights?” she asked. “The way we see it, it really doesn’t.”

Following the introduction of the bill in May, QCGN commissioned a series of polls to gauge the reaction of various groups within the province and country with regard to the proposed legislation. The results showed, among other things, that the opinions of Quebec’s English and French speaking populations on the bill are widely divergent.

Asked about how the group plans to voice its concerns in a context where

61.1 per cent of French-speaking respondents felt it was necessary for the government to invoke the notwithstanding clause, Jennings said that the focus going forward will be encouraging dialogue across linguistic groups.

“We’re used to mountain climbing in terms of defending and advocating for minority rights,” the QCGN President said.

The other aspect to the group’s uphill battle is a matter of breaking down the messaging that the bill is a compromise and ‘no big deal.’

“Any time someone raises a concern they’re slammed down as being alarmist,” Jennings said.

“If I’m alarmist because I’m worried that Bill 96 creates a charter-free zone where my individual rights and freedoms are suspended with no justification, no explanation, then call me alarmist.”

Highway 410 signage to be amended

Record Staff

The City of Sherbrooke has asked Quebec’s Transport Ministry to make changes to the signs located at the interchanges of Highways 10/55 and 410 (Exit 140) and Highway 10 and 610 (Exit 143).

Following the extension of Highway 410 completed last December, the MTQ, in accordance with its signage rules, removed the mention of Sherbrooke from the sign located at Exit 140 to announce Coaticook and Cookshire-

Eaton.

Following discussions between the City and the MTQ the words “Rue King Ouest” will be added to the sign at Exit 140. A sign announcing the University of Sherbrooke and Bishop’s University will also be added in the east and west directions of the Highway 10/55 and 410 interchange. The signage at Exit 143 will remain as is.

The date to complete the signage modifications will be announced at a later time by the MTQ.

Recycling for bicycling

CONT’D FROM PAGE 1

under 200 that were received and tuned up.

Rodrigue, who is also the Deputy Director General of the CSSRS, praised the program and its focus on accessible cycling for local youth, recognizing the fact that cycling is considered the most popular and accessible free form of physical activity for children 4-17 in the city, once equipment costs are taken out of the equation.

Danny McConnell, the outgoing chief of police for the city and the initial instigator of the program, said that he was proud to see how for the activity has come over the years and said that he is confident, based on the hard work and dedication of the team of volunteers that keeps the project going

year after year, that it will continue after his retirement.

Since Récupère-don ton vélo was first started, 1,715 bicycles and helmets have been given out to underprivileged youth in the Sherbrooke community. Although the program has typically had one large-scale delivery day at a centralized location, this year’s edition was modified to bring bicycles and helmets directly to students at their schools in order to avoid an illegal gathering.

Sherbrooke encourages use of sustainable hygiene products

Record Staff

An updated financial assistance program has been launched by the City of Sherbrooke for the purchase of sustainable hygiene products for the population.

The objective of the program is to encourage people to reduce their consumption of disposable products and, at the same time, the amount of waste going to landfill.

With an annual budget of \$25,000, the program will reimburse a portion of the costs related to the purchase of various products such as cloth diapers, menstrual cups, nursing pads and incontinence undergarments

The percentage of reimbursement is based on the applicant’s annual income.

“This program contributes to the development of healthy eco-

responsible lifestyle habits by replacing a disposable object with a reusable one, and it democratizes the purchase of this type of product by making them more accessible,” explained Karine Godbout, president of the environment committee, in a press release.

To apply for a refund or to obtain more information on the subsidy program, the public is invited to visit sherbrooke.ca/hygiene-durable. The application form will be available online as of June 16.



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NOTICE

TRCF’s Annual General Meeting will be held on Wednesday, June 23, 2021 to receive the Annual Report, the Financial Statements and to elect directors for the following year. The meeting will commence at 1 p.m., at the Foundation office: 3355 College, Sherbrooke (Lennoxville) QC. Please confirm your attendance by June 21 at trcf@townshippers.org or 819-822-3314.

ONE COLUMN, FOUR VOICES

Open to the Spirit

Today's word: Receptivity

By Revs Mead Baldwin,
Rabbi Boris Dolin
Lee Ann Hogle, and
Rev. Carole Martignacco

1) There is a wonderful story about Moses and the burning bush. While we are usually told that he saw a bush "that was not consumed" and that is why God chose to speak to him, we might wonder what made Moses so different. A bush on fire even in the desert was probably not the most common sight, but clearly so many others saw it and walked on. What made Moses different is that he saw the bush on fire and stayed to watch, noticing after many minutes that while it was in flames it was not burning up. A miracle was taking place, but because of the ability of Moses to focus and pay attention, only he was receptive to God's voice that was hidden inside. He took the time to not just look, but to truly and deeply be present. One Jewish midrash tells us that God was "impressed" by the quality of focus and attention to detail found in Moses so he was chosen to lead the Jewish people so he could be an inspiration to others to live life in a similar way.

Think about how many moments of blessing may have passed us by because we didn't take the time to stay and pay attention to what was in front of us.

Being receptive to the blessings

around us involves a level of focus and clarity that does not always come instantaneously. Like Moses, what we might see may not even be worth a second glance, but if we deeply pay attention, if we put the work into holding onto the moment and being open to what comes next, the blessing may find its way in. We need to step back and leave space for blessing and holiness to enter.

Sometimes all that needs to happen is to remember to stop. Stop to watch. Stop to think. And stop to reflect. With this level of attention, even the parts of our lives that might just pass us by become instead those much-needed holy moments which can guide us forward.

2) We know that change is inevitable but how receptive are we when it comes along? I am personally really annoyed when my computer operating system changes or I don't know how to do things I knew quite well, after an iTunes update. I love the quote Margaret Wheatley attributes to the Elders of the Hopi Nation in her book Perseverance: "Here is a river flowing now very fast. It is so great and swift that there are those who will be afraid, who will try to hold on to the shore. They are being torn apart and will suffer greatly."

To fight inevitable change is exhausting, like swimming upstream. But to let oneself be swept up in all

the latest changes that trivialize privacy, prioritize consumerism and breakdown our sense of community is to embrace change that is unhealthy and finally self-destructive. A balance between being receptive to the winds of change and standing firm in our values and principles is essential. Think of it as finding just the right kind of driftwood to cling to as the current sweeps us downstream. Faith is like that for me.

Usually I think of it like a lighthouse but today let's imagine it as driftwood. The Bible, especially the Hebrew Scriptures, recount tale after tale of calamity as it struck the Hebrew people. Yet despite enslavement in Egypt, wandering for years in the desert, being carted off to captivity in Babylon and then invaded by the Romans once back in Israel, faith in the goodness of an overarching presence named God was indeed the driftwood of choice. Christians, who share in part the same spiritual text, do the same. In Isaiah God says: "When you go through deep waters, I will be with you. When you go through rivers of difficulty, you will not drown. When you walk through the fire of oppression, you will not be burned up; the flames will not consume you." We can be receptive to the very best changes that come our way when we seek out just the right driftwood to cling to.

3) When we were little we had an antenna on the roof of our 2 story house in the country. Sometimes a heavy wind would disrupt our television reception. One of us would need to climb up and adjust the antenna. I like heights so it became my job. I would be on the roof beside the antenna, my sister would be leaning out the window, and my dad would be beside the television set. We would have a three-way conversation, and I would move the antenna left, or right, and eventually we could watch our 3 different channels again. Receptivity was essential. It also required partnership. One of us alone could never do the job. I know some people who are not very receptive to new ideas. They seem locked in the past sometimes, carrying judgmental ideas or old prejudices. I must confess, sometimes I wish I could adjust their antennas until they could receive messages from more channels.

Since the news recently about the unmarked graves in Kamloops, we are much more aware of the horror residential schools brought to Aboriginal families. Last Saturday I went to a Museum near Drummondville that celebrates Abenaki history, the Indigenous group that occupied this land before European settlers arrived. I was surprised to learn how much I did not know about their stories, and the way they were poorly treated. We plan to visit other such museums around the province soon.

Our television channels now are filled with knowledge about other cultures and traditions. February was

Black history month. Recently we have been learning more about our Asian heritage. After the events of this week in London, it's time for us to learn and appreciate Muslim contributions to Canada. June is also Pride month. The voices of the LGBT community are loud and proud. There are so many opportunities for us to hear other voices and learn from them, if we are receptive. Perhaps it's time for all


4) The story is told of a student seeking enlightenment who visits a wise guru to discover what next steps he must take on the spiritual path. By way of introduction, he begins to explain how earnestly he is seeking enlightenment, recounting all that he has done in his practice so far, the great teachers with whom he has already studied, and the depth of his longing for awakening. As he speaks, the wise one reaches out to the table between them and begins pouring tea. The student keeps speaking, now emphasizing his credentials, and the teacher keeps pouring until soon the cup begins to overflow, tea flowing everywhere, spilling over the edge of the table onto the floor. Still he keeps pouring till the student finally stops and exclaims in alarm, "Don't you see? That cup is already full, it can hold no more!" "Ah so!" nods the guru. "Just as you are too full to receive my teachings."

Receptivity is a quality of readiness-of mind, heart and spirit - holding space for something new. Like throwing open all the doors of our being to let the fresh air sweep through and clear the room. I think of the Quaker practice of the "clearing", where all sit in silence emptying themselves in order to more clearly hear the depths in each other. Clearing the inner space of all we know allows the unknown to manifest. When we are too full of ourselves, we may miss a true encounter with the other - whether idea, experience or person.

Receptivity is key to deep listening. Empathy requires a willingness to forgo offering advice or countering another's story with our own. It is a quality of pure presence. How difficult a practice, how rare is the one who offers the gift of receptivity. May I never be so full of myself that I miss the gift on offer from truly encountering the other. Or bypass the next lesson that wants to be learned.

One word, four voices, how receptive are you?

Rev. Mead Baldwin pastors the Waterville & North Hatley pastoral charge; Rabbi Boris Dolin leads the Dorshei-Emet community in Montreal; Rev. Lee Ann Hogle ministers to the Ayer's Cliff, Magog & Georgeville United Churches; Rev. Carole Martignacco, Unitarian Universalist is retired from ministry with UUEstrie and now resides in St. Andrews-by-the-Sea NB, but keeps one foot in the Townships by continuing with this column.



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Cookshire-Eaton participates in tree planting program

By Michael Boriero

The Cookshire-Eaton public works crew, as well as several volunteers from the town, teamed up with Arbre-Évolution, a solidarity cooperative that aims to connect communities with the environment, to plant 370 trees, as part of the Social Reforestation Program.

This is the first time the program has been implemented in the town, according to a press release. Arbre-Évolution started the program seven years ago with the goal of planting trees in living environments and communities across Quebec.

"The trees planted will meet several needs, such as the creation of islands of freshness, the beautification of living environments and wind reduction, among others," said Arbre-Évolution project manager Vincent Hamann-Benoit.

The term 'islands of freshness', refers to green spaces that moderate a city's heat island effect. Cookshire-Eaton was selected as a candidate early last winter. The town saw an opportunity to address its greening needs and it was a chance for people to take action.

The press release notes that the town did not have to fund the entire project on its own. Arbre-Évolution was able to put in \$3,700, thanks to a contribution from the Charles River Laboratories in Sherbrooke, which provides a full spectrum of toxicology services.

"For us, in addition to injecting significant amounts of money into

the project, Arbre-Évolution makes a difference in terms of expertise and capacity to take charge," said Cookshire-Eaton Mayor Sylvie Lapointe.

Charles River plans to finance a second tree planting project next spring, but this time in La Guadeloupe, a small town just outside Thetford Mines. According to Hélène Simard, an immunology supervisor, the company wanted to "give back to the planet."

A total of 19 different tree species were planted in Cookshire-Eaton last week, sprinkled throughout Castonguay Park, Parc des Braves, a sector of the Relais and the John Cook Covered Bridge. The coop keeps track of the planted trees using a QR code.

Arbre-Évolution general coordinator Simon Côté told The Record that the coop receives a lot of support from Quebec-based companies seeking to make a difference in the environment. They want to participate, he explained, adding that they often reach out to the coop unsolicited.

"They are doing it because they want to do good, they want to help, they want to make a difference, and they want to act good towards society, but also towards their own employees, and show they are an organization of the 21st century," said Côté.

He added that people around the world are starting to take action against climate change. People want to help, Côté continued, but sometimes communities are lacking



COURTESY VILLE DE COOKSHIRE-EATON

necessary funds. And it can also be difficult motivating residents to come out and volunteer their time.

"It seems pretty basic, but there are few opportunities where we can get people together doing an action, a concrete action, that will benefit generations that are not even born yet," he said.

According to Côté, since Arbre-Évolution began its Social Reforestation Program, they have helped to plant trees in about 200 communities. In the past two years, the coop has averaged roughly 50 projects per year, he said, meaning there is a desire for collective action.

The coop is also propped up by

small businesses in the province. They will partner up to get material, funds, and volunteers, which includes employees. And twice a year they send out a program request form to all communities who want to participate.

People are becoming more environmentally conscious, Côté added, and communities need to capitalize on that momentum. The coop believes that even taking the smallest step, like planting a tree, will go a long way to tackling the climate change crisis.

"It benefits all of the citizens of the world," said Côté. "It's going to cap CO2 emissions and that's going to improve the planet entirely."

Sherbrooke to purchase Sainte-Famille Catholic Church

Record Staff

The City of Sherbrooke has submitted a conditional offer to purchase the Sainte-Famille Church, located on Papineau in between 7th and 8th avenues, with the intention of turning it into social housing.

The offer to purchase was accepted this week by the Archdiocese of Sherbrooke.

The location of this church is strategic in the Fleurimont neighbourhood and will make it possible to safeguard a Sherbrooke heritage building and maintain its social vocation.

City Council will be asked to ratify the transaction once the sale conditions have been met.

"I am very pleased with the

agreement reached between the Archdiocese and the City of Sherbrooke. For us, the benefits of this acquisition are a way to meet a great need in terms of social housing and at the same time to give back to the community an adapted living environment. The normal process will follow its course," Sherbrooke Mayor Steve Lussier said in a press release.

"I am delighted with the speed with which this agreement was reached. Although there is still a long way to go before the creation of the thirty units is complete, this is a great step forward in trying to counter the shortage of affordable housing for families," added Pierre Avard, president of the Parallèle de l'habitation sociale and municipal councillor for the Pin-Solitaire district.



COURTESY

EDITORIAL

The format of a My Take is 150 words - no more, no less - to express an opinion on a different topic each week.

My Take: By Gordon Lambie

Reports on traffic accidents often mention, "serious but non life-threatening injuries." It's police shorthand for the fact that these individuals are not going to be publicly identified, but it is also a small phrase that can have big meanings.

Someone with "serious but non life-threatening injuries," could make a full recovery, or maybe they will never walk again. They could be physically fine, but have to live with the fact that the rest of their family died

while they were unconscious.

A brief mentioning "serious but non life-threatening injuries," disappears almost immediately for the reader, while the trauma can live on across lifetimes for victims and their families.

There are countless "serious but non life-threatening injuries" out there every day. If an issue only grabs attention when it has a death toll, then we are waiting too long to tune in, let alone help out.

My Take: By Matthew McCully

I think politicians who abstain from votes chose the wrong career.

I know the motions tabled in Parliament are very complex and decisions shouldn't be made without careful thought, but there is a big difference between exercising your individual right to abstain, and essentially muting the voice of every one of the constituents you represent.

There's also a difference between using every tool in your political toolbox and scraping the bottom of the ethical barrel.

Take a position and own it.

It's bad enough Canadians watch the wheel being reinvented every time there is an election. This time the wheel will turn faster. Our wheel is bigger. We put pink streamers on our wheel for Pride.

Stop spinning your wheels and get to work.

The work, by the way, is doing what's right and serving the interests of the population, not placating to get re-elected.

My Take: By Michael Boriero

I'm like a lot of Canadians. Or at least, I used to be. Most of us believe Canada is a sanctuary, more civil, fair and respectful compared to our American counterparts.

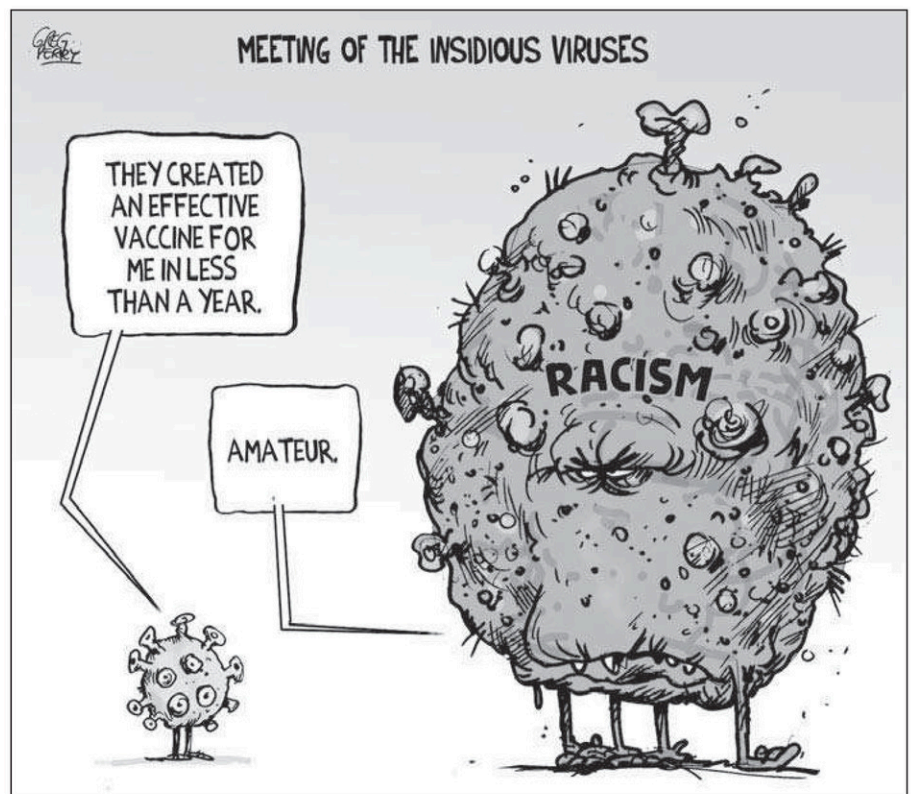
But we need to stop. Canada is not perfect. Far from it, actually. We need to open our eyes to the atrocities happening here in our very own backyards.

We recently discovered 215 children in unmarked graves outside of a former residential school. And

on Sunday, a white male killed four members of a Muslim family in Ontario.

They were targeted for their Islamic faith. The family of five is survived by a nine-year-old boy, who managed to escape the devastating attack with non-life-threatening injuries.

There is a sinister underbelly to Canadian culture that we choose to ignore. But hatred exists. Islamophobia exists. Our history will not change, but we need to be better.



Letters

DEAR EDITOR:

You asked your readers, "Why do you like The Sherbrooke Record?" I like it because it not only keeps me informed, it also listens to my point of view. You have excellent columnists and I wrote a sort of thank-you to one recently - who actually took the time to respond. Before I moved to Knowlton, I didn't even know there was an English paper in the Estrie. Congratulations on your excellent paper - special thanks to Ben in Focus (published in Brome County News). Bravo!

LOUISE EMANUEL WRIGHT

The Record welcomes your letters to the editor. Please limit your letters to 300 words. We reserve the right to edit for length, clarity, legality and taste. Please ensure there is a phone number or email where you can be reached, to confirm authorship and current town/city of residence. Names will not be withheld but the address and phone number of the writer are not published, except by request. Please email your letters to newsroom@sherbrookerecord.com. Preference is given to writers from the Eastern Townships.

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Local Sports | Soccer Estrie expected a registration spike this summer, but they were not prepared for the amount of people seeking to get their children into the sport.

Soccer returns to the Eastern Townships

By Michael Boriero

After almost an entire year without team sports in Quebec, soccer, among several other outdoor sports, is slated to return this summer, and Soccer Estrie aims to get the ball rolling at the end of June.

The Eastern Townships organization plans to start its regular season June 26 and 27. However, according to Soccer Estrie Director General André Cabana, the region needs to wait for the colour to change from orange to yellow.

"The season will be similar to a normal season in terms of the quantity of matches, but we're just going to condense them a little bit in the summer and then extend a bit into September to offer a more complete season," said Cabana.

Soccer Estrie governs nine clubs in the region, including the Mistral de Sherbrooke, Memphré de Magog, Dribbleurs du Haut-St-François, and L'Éclipse de Coaticook-Compton. Cabana and his team poured hours into creating a suitable schedule for each club.

It takes a lot of preparation to schedule matches, he explained, adding that they needed to organize around every field, and consider the safety of nearly 5,000 soccer players, as teams will be required to follow standard COVID-19 protocols.

Cabana told The Record that they have reached 90 per cent of their registration numbers, compared to two years ago. They already have 4,849 players this summer. The numbers were lower last year due to COVID-19, he continued, but they had 5,570 players in 2019.

"The teams are full, they'll be able to compete with a full team, I don't like using the term, but it's like everything will be normal," said Cabana. "The only constraints are wearing masks, they don't need to wear it on the field, disinfecting hands, and avoiding prolonged contact."

But the director has run into one problem this summer, and it has to do with registration. Quebecers want to be outside, after spending months

inside due to the pandemic, he said, but there is limited space within each club, which has forced them to turn people away.

"We have a lot of young players between 4 years old and 8 years old," said Cabana. "There was a large boom. After the year that we had, parents want their kids to move a little."

Soccer Estrie expected a registration spike this summer, but they were not prepared for the amount of people seeking to get their children into the sport. And it isn't as simple as adding an extra team or two, Cabana said, it would mean rejigging the entire schedule.

"We try to accommodate as many people as possible, but in certain categories, unfortunately, we needed to refuse people who wanted to sign up," he said.

L'Éclipse de Coaticook-Compton President Richard Hébert said the club has also surpassed its registration goal for the summer. They have 316 soccer players this season, ranging from four years old to 50 years old. The younger teams are mostly maxed out.

"In the last few years, we've seen a decrease [in registrations] because there were less births, but over the past three years we're always around 300 players," said Hébert.

There is a thirst to get outside, he continued, and people want to play soccer. However, he realizes the club's registration pattern is not sustainable, with kids getting older, there will be less children filling the void in the younger age groups.

Hébert said the format for this season will look very similar to last summer. The sanitary measures are still in place, he explained, so players, coaches, referees, and spectators will need to disinfect their hands, equipment, and wear a mask on the sidelines.

He noted that all of this is subject to change. It depends on what the rules are in Quebec come August. One issue that continues to bog down the Coaticook-Compton club, though, is a lack of volunteers. They are struggling to find people committed to running teams and events.

"We're always looking for volunteers to become members of the administration and take responsibility for certain groups. There is a volunteer

shortage. It's normal, we usually have difficulty finding volunteers for our activities," Hébert said.



PHOTOS COURTESY OF SOCCER ESTRIE

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Eastern Townships cultural communities benefit from confederation funds

The Fédération des communautés culturelles de Estrie (FCCÉ), the Sherbrooke-based group working to bring together cultural community organizations for common advocacy and support in the Eastern Townships, received over \$115,000 from the Federal...

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COLUMNIST

Our obsession with violence is mirrored in that of chimpanzees. Why have our cultures allowed this to happen? Humans also place great value on beauty and on peace, so why haven't we been able to supplant violence?

Of chimps and macaws



DOUGLAS NADLER

"As a human being, one has been endowed with just enough intelligence to be able to see clearly how utterly inadequate that intelligence is when confronted with what exists." – Albert Einstein

In the previous article about Carl Safina's book *Becoming Wild* we explored how the lives of whales are bonded through community. Families are connected by communicating what is important, and communications are specific to each family group. Whales are not alone in bringing a culture to their communities. Macaws and chimpanzees do the same. Safina writes: "Flexibility that becomes shared habit is called 'custom.' Customs learned through generations becomes tradition. Traditions make up culture... A culture can be a package of traditions, a repertoire of behaviours, skills, and tools characterizing a group in a place." We humans can easily recognize our own cultures even if their everydayness

is sometimes hidden from us, but once in a while innovation moves that culture to a new, enriched place. Conformity and nonconformity are equally vital in shaping a culture. But why can't we accept that non-humans also have cultures? *Becoming Wild* is as much a contemplation and celebration of the cultures of three non-human species as it is of the human one, but Safina also speaks forcefully about the frailties that undermine human potential.

Safina's chapters on the marvellous cultures of macaws and chimpanzees are also a conversation about who we are. He asks us to pose and try to answer difficult questions. Our obsession with violence is mirrored in that of chimpanzees. Why have our cultures allowed this to happen? Humans also place great value on beauty and on peace, so why haven't we been able to supplant violence? It's not that chimpanzees and humans don't harbour "tender emphatic concerns for others and brave altruism." We do, but both species are trapped in hierarchy and male, misplaced violence. "Chimps don't create a safe space; they create a stressful, tension-bound, politically encumbered social world for them to inhabit. Which is what we do. This behavioural package exists only in chimpanzees and humans... Chimps may hold clues to the genesis of human irrationality, group hysteria, and political strongmen." It appears to be abundantly clear that another primate, the bonobo, has it right when their

cultures (of which there are many) are based in matriarchal supremacy, as peace reigns in those communities.

The author brings us to a research station on Peru's Tambopata River where various species of macaw are studied. Here, too, are vibrant cultures that celebrate life. Safina wants to comprehend the nurturing place that beauty plays in the lives of these birds. He also wants to understand why beauty is so important for humans. His answer, at the end of the book, is succinct: "Living things anchor what is beautiful... Beauty is a simple crib-note for all that matters." An astonishing response, I thought, and though seemingly esoteric, I believe that it makes perfect sense. Unlike the smaller green parrots, macaws are fabulously colourful, and even though they are strikingly beautiful and so visible there are few predators that can catch them. Their high level of intelligence has given them the means to avoid being eaten. Beauty is their reward. Safina harks back to Charles Darwin when he speaks about sexual selection and beauty. Beautiful males are chosen by females: it's that simple. Safina takes up this idea: "Beauty—for the sake of beauty alone—is a powerful, fundamental, evolutionary force... The radical preference of Life is: beauty."

In the Budongo Forest in Uganda Safina meets Cat Hobaiter, who has been observing some chimpanzee communities for over a decade. We learn about the lives of several

chimps and their interactions within their groups. There is an astounding similarity between their gestures and those of young human children. Most are identical and have similar meanings. Human children use 52 distinct gestures, and chimps use 46 of those same ones. Gestures create the means for cohesion within the family, and greater tenderness, particularly between mother and baby. The chimp mother is the sole parent to bring up the babies, and peace resides there. Between males, and certainly in the complicated relationships the alpha male has with other males, violence is often ready to surface. Contrast this with bonobos' path to peace: "little violence among males, between sexes, and among communities."

Throughout the book there is a deep uncertainty that humans will have the courage and capacity to see that non-humans must be cherished and protected. Safina asserts that "caring that they'll exist after we are gone is a moral matter... The things that threaten whole communities of other species also threaten us... Africa keeps the deepest of primate pasts. The question is whether it holds a future."

Only humans can now answer that. Carl Safina's tribute to whales, chimpanzees and macaws can empower us to embody a new ethic for this world: one that loves all life on Earth, not solely our individual tribes' wellbeing.

You can find *Becoming Wild* in the Lennoxville library.

Cross training is an essential component for runners at every level



A RUNNER'S MIND

CHRISTINE BLANCHETTE

Whether or not you are new to running or a seasoned veteran, it's imperative to incorporate cross training into your program. Cross training offers surprising benefits to your running performance...literally. While you step away from your regular run routine for a different activity, your fitness level is still improving to the point you are actually becoming a better runner. What a nice surprise to step away from running for a couple of days and start back at it faster than you were before. It's an opportunity to try

a new activity that's fun, despite the hard work you put into it. I connected recently with the founder and CEO of Sweat Factor, Mike Donovanik for his cross training tips for runners.

Here is our Q&A:

Q: What cross-training exercises would you recommend for runners?

A: Runners should definitely be focused on whether you are new or a seasoned runner; it is never too late to add cross training into your workouts. Whether you are injured or not, cross training has many benefits. It will improve your running and keep you in the game. Visit a personal trainer to get you on the right program.

Strength training to support a running program: Focus on a well-rounded, full-body strength training program, even the legs (especially the hips/glutes because of their role in running/running efficiency). However, the top exercises I'd recommend should be part of an overall strength/cross-training program for runners, including:

- o Deadlifts
- o Single leg Romanian deadlifts
- o Hip thrusts

- o Reverse lunges
- o Planks and all their variations
- o Russian twists (or any core exercise with rotation)
- o Anti-rotation Exercises
- o Push-ups

Q: How often should I cross train?

A: It depends if you're prepping for a marathon you should plan your strength-training schedule around your running schedule to allow for enough recovery and to prevent over training or over-use injuries. If you run regularly 2-5x a week, you can cross train 2-3 x per week.

Q: If you don't have access to a gym or workout room in your home, what suggestions do you have?

A: You can still get a great workout at home, in a hotel, or even on the go. In fact of the eight exercises I listed, six of them can be done at home with zero equipment. The only two exercises that would be problematic because you need weight to load these exercises to get the most benefit are: the deadlift and hip thrusts.

Q: Since the Pandemic, are there more people turning to virtual workouts?

A: Absolutely. If you're new to working out at home, it can be daunting to think of a routine that provides enough structure and variety. Virtual workouts help solve that problem for a lot of people. You login, select your workout then follow along and you're done before you know it. It takes the guess work out of developing your own routine, so you save time and improve on efficiency (both with time and the actual workout).

For example, with Sweat Factor — we have a weekly schedule that users can follow. It's created in a way that provides a nice combination between HIIT (high intensity interval training), strength, core and rest/mindfulness.

Over the last year we've seen a 300% increase in users on our platform, plus we've seen a lot more usage from each use prior to the pandemic.

Q: Is there a generic workout that would be beneficial for most athletes?

A: The number one exercise for all athletes is the deadlift. Cross training will keep your running fresh and help motivate you to stay on track.

A tribute to the writer of tributes



COUNTRY CONNECTION
JESSIE PELLETIER

Jim Robinson's recent work writing and recording a tribute song to Rodney Bray was well-deserved, but it is not the only tribute song that the man has ever written. With many CDs under his belt, Robinson can easily be called a prolific and versatile musician.

"The song I recently wrote for (Bray) came from a memory I had of seeing Rodney on stage at Nick's Barn Dance with Terry and Jerry singing "Mama Tried" and "I'm a Lonesome Fugitive;" songs that were hits for Merle Haggard at the time," he said.

Robinson said he has vivid memories from, "way back," and this is where he gets his inspiration to write.

"I recalled standing at the door and listening to the band sounding so good. It must have stayed with me at some level," he stressed.

Robinson has written a number of songs paying a tribute to musicians he grew up with in the Townships. People such as Russell Nutbrown, Grant and Mayota Taylor, Don and Linda Rothney, George Pinchin, among others.

"They are songs that just came to me. This includes the tribute to Rod Bray whom I admire for his passion



COURTESY

for country music and to whom I've always been grateful for giving me the opportunity to sit in with his band, which at the time included Terry Howell and Al Bailey, both great players," he explained. "My father also used to call square dances for Rod when the Countrymen played at the Country Inn."

Robinson was born on a farm

outside a village known in the past as Lower Ireland in the rolling hills of Megantic County. His parents were both from farming families and his father left Lower Ireland to work in order to buy a farm ten years later in the village of Bulwer.

"I was brought up to work hard and take pride in the farming life-working with animals and working in the

woods and in the fields when what I really wanted to do was play hockey and play music" he said.

"My parents and two younger sisters all loved music, and while only my father and I played in dance bands, my sisters took piano lessons, sang in the choir, and were always dancing and singing country songs,"

CONT'D ON PAGE 10



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Jim Robinson

CONT'D FROM PAGE 9

he remembered. "My father played slide guitar, fiddle, piano and drums and being a down-homer of course the fife, so it seemed there was always an instrument lying around the house growing up. We'd play together; he on fiddle, me on guitar and sing songs. The first ones he'd learned like "The Wreck of the Old Ninety-Seven" and "When the Works All Done This Fall" and we played by ear."

Later on, Robinson would meet guys like Sid Prescott, Jerry Robitaille, Winston Nutbrown, and Les Picard, who all loved music as much as he did. With Sid Prescott, he got the chance to see Dick Curless one night at the IOOF hall in Sawyerville and then Buck Owens at the old Montreal Forum, around the same time. It kind of sealed the deal for the two young guys.

"My first gig was with Sid Prescott at what is now the Bulwer Community Centre for a young people's dance. I was ten or eleven," he said. "Actually we'd rehearsed in the afternoon at his place and then were racing down Bulwer hill on our bicycles when he hit a pot hole and crashed his bike, so we had to cancel our first performance."

"I don't think we ever canceled one after that," he continued. "We re-scheduled the dance for the following week. Anyway, playing live was magical and a lot of fun. Having people get up

and dance to what we were playing, connecting with an audience through music, sharing our love for what he and I were so caught by."

Robinson would go on honing his skills and although he plays a few instruments, guitar always remained his favorite.

"I'm partial to the sound of Martin acoustic guitars, I love the way they sound and play" he stressed.

Robinson played for about ten years in Prescott's Orchestra, a country band including Sid Prescott on pedal steel and fiddle, Basil Prescott on banjo, Wayne Nutbrown on bass and his father Charlie Robinson on drums.

"We played at Nick Dean's barn every Saturday night for four or five years, a great gig with Ti-Blanc Richard, who owned the barn at the time, showing up and playing the square dances. He was very charismatic and fun to accompany," the musician shared. "Over a fifteen-year period after that, I played in several bands playing a variety of music, largely working the club circuit with in turn Andromeda, Christopher Cross, J.W. Fish, and The Robinson Fowler Band. My partner Susan Fowler was a vocalist and fellow songwriter in all these bands."

Early on, the young guitar player was influenced by all the local musicians he played with and, of course, Ray Price, Buck Owens, George Jones, Merle Haggard, and

Chuck Berry. As he got older, Kris Kristofferson, Guy Clark, John Prine, The Band, CCR, and Van Morrison are influences that brought some color to his music.

Robinson has gathered many memories through his musical career and these, to him, are happy places that he cherishes. Sometimes, he says, there's a song that comes on the radio and brings you back to the what and where in our lives.

"It's always special having a gig. From one of my earliest ones with Russell Nutbrown at Way's Mills, to working summers at the Ripplecove Inn, to grad dances at Alexander Galt, to the Creamery in Newport, VT, to The Manoir in Waterville, to the Holiday Inn circuit from Halifax, to Sudbury, to Sarnia. More recently, it's performing with Susan at the Cookshire United Church and singing songs I've written and recorded" he stated.

Among the special experiences his music brought him, there's working with Jason Lang, who has produced all of his nine CDs of original music but it's not all.

"When I had a Saturday night off and would be visiting my mother, who at the time lived in Birchton, I'd call Rodney Bray, find out where he was playing and ask if I could sit in with his band. I always appreciated their openness to the idea. I wasn't playing much country music at the time, so

these nights would be a lot of fun for me getting back to playing music I'd cut my teeth on" he added.

Robinson credits singers/songwriters such as Rodney Crowell, Lyle Lovett, Alan Jackson as an influence for his songwriting.

"I started writing my own songs the year my father died, in 1975, in order to help me cope with grief and have kept at it ever since. I've been told I'm a storyteller like my dad. I guess it comes from growing up in a home with few books and in a community that valued storytelling and relationships" he stressed.

"I do have an ongoing interest in songwriting and recording. However, I can't always tell what plans music has for me" said the man who follows his heart and his inspiration of the moment. And like most musicians, he is a fervent music listener.

"There's so much music available these days and I'm always discovering artists I've never heard of who are amazing. However for comfort, what I turn to when I want to get back to my roots is often the "three chords and the truth variety," Harlan Howard's definition of a country song. He wrote "Above and Beyond" one of my all-time favourite songs" he concluded.

If you want to hear the music of this talented singer/guitarist and songwriter you can do it by visiting his website at jimrobinson.ca

Your week on TV

WEEKDAY MORNING														
	Bell	Star	6 AM	6:30	7 AM	7:30	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30
WCAX	3	-	Channel 3 News Morning		CBS This Morning				Rachael Ray		The Doctors		The Price Is Right	
WPTZ	5	-	NBC5 News Today		Today				Live with Kelly and Ryan		Today 3rd Hour		Today With Hoda & Jenna	
CBMT	6	206 301	Daybreak		Dot	What He Ate	Paddington	(:44) Glowbies	Remy & Boo	(:35) PJ Masks	Kingdom	True Rainbow	Dragons' Den	
CHLT	7	107 718	F	Salut bonjour (N) (SC)								(9:59) Ma maison bien-aimée	Le tricheur	Mario Dumont
			M	Salut bonjour (N) (SC)										
			T											
			W											
			Th											
WMTW	8	-	WMTW News 8 at 6am		Good Morning America				Live with Kelly and Ryan		Tamron Hall		The View	
CKSH	9	108	Esme & Roy	Romy & Bou	Sonic Boom	Belle	Tom Sawyer	Tintin	Heartland		Heartland		Ricardo	5 chefs dans
CKMI	11	-	Global News Morning						The Morning Show		Property Brothers		Rachael Ray	
CFCF	12	205 312	Your Morning		Your Morning	Your Morning	Your Morning	Your Morning	Live with Kelly and Ryan		The Marilyn Denis Show		The View	
WVNY	22	-	Local 22 News This Morning		Good Morning America				The Drew Barrymore Show		Var. Programs	Paid Program	The View	
WUTV	60	-	Paid Program	Var. Programs	The National Desk				The 700 Club		Judge Mathis		Judge Jerry	Judge Jerry
CFKS	61	106 726	F	Noovo Le Fil	Noovo Le Fil	Sports 30 (N)	Sports 30	Guerre-clans	Guerre-clans	Supergirl (SC)		"Amour, gloire et cruauté" (2018) Emma Hamilton. (SC)		
			M	Noovo Le Fil (SC)						Marvel: les agents		Petits meurtres sur le campus: les fantômes du passé (SC)		
			T	Noovo Le Fil	Noovo Le Fil							"L'école de tous les talents" (2007) Emma Watson. (SC)		
			W									"Encore et toujours amoureux" (2017) Hans Löw (SC)		
			Th									"Restaurer la vérité: le secret de Lily" (2017) Jewel. (SC)		
WUHF	-	363	Good Day Rochester		Good Day Rochester		Good Day Rochester		Judge Mathis		The Wendy Williams Show		Judge Jerry	Judge Jerry
WETK	-	-	Classical	World News	Molly of Denali	Wild Kratts	Elementary	Xavier Riddle	Curious	Daniel Tiger	Donkey Hodie	Elinor	Sesame Street	Pinkalicious
WCFE	-	-	Nature Cat	Odd Squad	Curious	Elinor	Xavier Riddle	Daniel Tiger	Donkey Hodie	Wild Kratts	Elementary	Sesame Street	Pinkalicious	Arthur
A&E	615	520	Paid Program	Joyce Meyer	Parking Wars	Parking Wars	Parking Wars	Parking Wars	Parking Wars	Parking Wars	Varied Programs			
CNN	500	500	New Day With John Berman		New Day With John Berman		New Day With John Berman		CNN Newsroom With Poppy		CNN Newsroom With Poppy		At This Hour-Kate	
DISC	520	505	F	Mayday "Fatal Approach"	Highway Thru Hell		Highway Thru Hell		Homicide Hunter: Kenda		Homicide Hunter: Kenda		CSI: New York "All Access"	
			M						Bones (SC)		Bones "The Dude in the Dam"			
			T											
			W											
			Th											
DRAMA	620	523	F	Garage Sale Mysteries A string of burglaries hits town. (S)		Flashpoint "Exit Wounds" (S)		Garage Sale Mysteries A string of burglaries hits town. (S)		Flashpoint "Exit Wounds" (S)				
			M	"Summer in the Vineyard" (2017) Rachael Leigh Cook. (S)				"Summer in the Vineyard" (2017) Rachael Leigh Cook. (S)						
			T	"Valentine in the Vineyard" (2019) Rachael Leigh Cook. (S)				"Valentine in the Vineyard" (2019) Rachael Leigh Cook. (S)						
			W	"Bakery in Brooklyn" (2016) Aimee Teegarden. (S)				"Bakery in Brooklyn" (2016) Aimee Teegarden. (S)						
			Th	"Summer Villa" (2016) Hilarie Burton, Victor Webster. (S)				"Summer Villa" (2016) Hilarie Burton, Victor Webster. (S)						
HIST	522	506	Backroad Truckers		Canadian Pickers		Ice Road Truckers		Yukon Gold		Timber Kings		Shatner's Weird or What?	
PARMT	628	584	Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue	
RDI	126	730	RDI matin		RDI matin		RDI matin		Le national	L'info			Isabelle Richer	
SHOW	616	521	The Outer Limits		Private Eyes		Lost Girl		Ransom		Movie			
SLICE	601	562	ET Canada	Say Yes-Dress	Love It or List It		Varied Programs				Love It or List It		Varied Programs	
TLC	521	560	Varied Programs											
TSN	400	400	F	SportsCentre	SportsCentre (S)	SportsCentre (S)		SportsCentre (S)	SportsCentre (S)	SportsCentre (S)	SportsCentre (S)	SportsCentre (S)	SportsCentre (S)	SportsCentre (S)
			M					(:45) 2020 UEFA European Championship Scotland vs Czech Republic. (N)		EURO Studio	UEFA Euro			
			T					SportsCentre (S)	SportsCentre (S)	SportsCentre (S)	UEFA Euro			
			W					(:45) 2020 UEFA European Championship Finland vs Russia. Group B. (N)		EURO Studio	UEFA Euro			
			Th					(:45) 2020 UEFA European Championship Ukraine vs FYROM. Group C. (N)			UEFA Euro			
YOUTH	551	542	Go Away Uni	Cloudy, Meat	Cloudy, Meat	Squirrel	SpongeBob	Loud House	Nerds	Numb Chucks	Go Away Uni	Squirrel	Cloudy, Meat	Max & Shred

Your week on TV

WEEKDAY AFTERNOON													
Bell	Star	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
WCAX 3	-	Across/ Fence	The Young and the Restless	Bold/Beautiful	The Talk	Let's Make a Deal	Channel 3 News at Four	Channel 3	News at 5:30p				
WPTZ 5	-	NBC5 News	Daily Blast	Days of our Lives	Tamron Hall	Dr. Phil	The Ellen DeGeneres Show	NBC5 News	NBC5 News				
CBMT 6	206 301	CBC News Network	Escape to the Country	Schitt's Creek	Convenience	Frankie Drake Mysteries	Call the Midwife	Jamie's Meals	Coronation St.				
CHLT 7	107 718	(11:58) TVA nouvelles	Movie	Tom & Jerry	TVA nouvelles	Les feux de l'amour	Top modèles	(4:58) TVA nouvelles					
WMTW 8	-	WMTW News 8 at Noon	GMA3-Need to Know	General Hospital	The Ellen DeGeneres Show	WMTW News 8 at 4pm	WMTW News 8 at 5PM						
CKSH 9	108	F M T W Th	Téléjournal	Question	*** "OSS 117: le Caire, nid d'espions" (2006) (DVS) (SC)	Bonsoir bonsoir!	Tout inclus (SC)	Beautés meurtrières					
			Pharmachien	** "A.C.O.D.: les enfants du divorce" (2013) Adam Scott.	Lumière sur... "Guy Mongrain"	Meurtres au paradis (N) (SC)							
			Question	** "La gloire des ondes" (2010) Rachel McAdams. (SC)	Bonsoir bonsoir!								
			** "Le jour de mon retour" (2018) Rachel Weisz. Première. (SC)										
			** "Déjà 10 ans" (2011) Channing Tatum. (DVS) (SC)										
CKMI 11	-	Global News	ET Canada	Days of Lives	Var. Programs	The Talk	The Drew Barrymore Show	Carnival Eats	The Young and the Restless	Global News			
CFCF 12	205 312	CTV News Montreal	The Social	Dr. Phil	The Dr. Oz Show	The Ellen DeGeneres Show	CTV News Montreal at 5						
WVNY 22	-	Hot Bench	Hot Bench	GMA3-Need to Know	General Hospital	The People's Court	Judge Judy	Judge Judy	Judge Judy	Judge Judy			
WUTV 30	-	The Steve Wilkos Show	Mauri	Judge Mathis	The People's Court	Millionaire	Family Feud	Family Feud	Family Feud	Family Feud			
CFKS 31	106 726	Médium	Seal team: coeur et courage	Movie	Les Simpson	Les Simpson	(4:58) Noovo Le Fil 17						
WUHF	-	363	The Steve Wilkos Show	Mauri	Larry K	Divorce Court	Hot Bench	Hot Bench	Judge Judy	Judge Judy	The People's Court		
WETK	-	-	Dinosaur Train	Clifford-Dog	Sesame Street	Donkey Hodie	Daniel Tiger	Let's Go Luna!	Odd Squad	Varied Programs	World News		
WCFE	-	F M T W Th	Let's Learn	Articulate-Jim	Figaro! Figaro!	Pulling Out All the Stops	Rick Steves Europe Awaits	Vacation spots in Europe.	Easy Yoga for Diabetes-Peggy				
			NOVA	NOVA (Part 1 of 5)	NOVA "The Planets: Mars"	Best of Mountainlake PBS							
			American Experience	The traveling tented railroad circus.									
A&E	615 520	Varied Programs											
CNN	500 500	Inside Politics With John King	CNN Newsroom-Ana Cabrera	CNN Newsroom With Alisyn	CNN Newsroom With Alisyn	The Lead With Jake Tapper	Situation Room With Wolf						
DISC	520 505	F M T W Th	CSI: New York	Homicide Hunter: Kenda	Homicide Hunter: Kenda	CSI: New York "All Access"	CSI: New York	Highway Thru Hell					
			Bones	Bones	Bones "The Dude in the Dam"								
DRAMA	620 523	Movie											
HIST	522 506	F M T W Th	Security	Security	Forged in Fire (DVS)	Flashpoint	Varied Programs						
			Ancient Aliens (DVS)	Ancient Aliens (DVS)	Ancient Aliens (DVS)	Ancient Aliens (DVS)	Ancient Aliens (DVS)	Ancient Aliens (DVS)	Ancient Aliens (DVS)				
			American Pickers	American Pickers	American Pickers	American Pickers	American Pickers	American Pickers	American Pickers				
			Pawn Stars (DVS)	Pawn Stars (DVS)	Pawn Stars (DVS)	Salvage Kings	Salvage Kings	Pawn Stars (DVS)	Pawn Stars (DVS)				
			Forged in Fire	Forged in Fire "Deadly Duo"	Forged in Fire	Forged in Fire	Forged in Fire						
			Rust Valley Restorers	Rust Valley Restorers	Rust Valley Restorers	Rust Valley Restorers	Rust Valley Restorers						
PARMT	628 584	Bar Rescue	Bar Rescue	Varied Programs									
RDI	126 730	Téléjournal	Mordus de politique	Var. Programs	L'info								
SHOW	616 521	F M T W Th	Private Eyes (DVS)	Lost Girl (DVS)	Ransom "Refuge"	FBI: Most Wanted "Silkworm"	FBI "The Lives of Others"	NCIS "Dog Tags"					
SLICE	601 562	Varied Programs	Love It or List It	Income Property	Varied Programs								
TLC	521 560	Varied Programs											
TSN	400 400	UEFA Euro	Varied Programs	EURO Studio	(:25) 2020 UEFA European Championship	EURO Post	Interruption						
YOUTH	551 542	Loud House	Casagrandes	Ollie's Pack	Squirrel	Nerds	Cloudy, Meat	LEGO City	SpongeBob	SpongeBob	Loud House	Loud House	Casagrandes

FRIDAY EVENING														JUNE 11, 2021	
Bell	Star	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	
WCAX 3	-	Channel 3 News at Six	Class of 2020 Graduation	CBS Evening News	Entertainment Tonight (N)	Magnum P.I. A psychic hires	Magnum P.I. Magnum's uncle	Magnum P.I. Magnum's uncle	Blue Bloods Frank must save	Channel 3 News	(:35) The Late Show With				
WPTZ 5	-	NBC5 News at 6 (N)	NBC Nightly News - Holt	Jeopardy! (N)	Wheel of Fortune (N)	** "Minions" (2015) Voices of Sandra Bullock. Animated. Masterless Minions look for someone new to serve.	Dateline NBC (N)	NBC5 News at 11 (N)	(:34) The Tonight Show Starring Jimmy Fallon (N)						
CBMT 6	206 301	CBC Montreal News (N)	Rick Mercer Report	NHL Hockey Second Round: Teams TBA. (N) (Live)	The National (N)	CBC Montreal News (N)	CBC Arts: Exhibitionists	Coronation Street							
CHLT 7	107 718	(5:58) TVA Nouvelles (N)	(:29) Sucré salé (N) (SC)	(6:59) Du talent à revendre (N) (DVS) (SC)	** "Tag" (2018) Ed Helms, Jon Hamm. Première. Cinq amis très compétitifs jouent à une partie d'attrape. (SC)	TVA nouvelles (N)	(:35) Sucré salé (N)	(:05) La liste noire Raymond tente de localiser un ami.	(12:05) ** "Blitz" (2011)						
WMTW 8	-	WMTW News 8 at 6PM (N)	ABC World News	Wheel of Fortune (N)	Jeopardy! (N)	Emergency Call A plane crash in Wasilla, Alaska. (N)	(:01) 20/20 "What Happened to Vanessa?" Murder of a female	WMTW News 8 at 11 (N)	(:35) Jimmy Kimmel Live! Michael Che; Dave Chappelle.						
CKSH 9	108	(5:59) Le télé-journal Estrie	(:31) Zone économie (N)	100 génies "C'est viral!" On va au-delà de la COVID-19.	** "Starbuck" (2011) Patrick Huard. Un homme est informé qu'il est le père de 533 enfants. (DVS) (SC)	Le téléjournal (N) (SC)	(:05) Le télé-journal Estrie	(:34) "Les Grizzlies" (2018) BooBoo Stewart. Première.							
CKMI 11	-	Global National (N)	(:29) Global News at 6:30	ET Canada	Entertainment Tonight (N)	** "Minions" (2015) Voices of Sandra Bullock. Animated. Masterless Minions look for someone new to serve.	Border Security: America	Border Security: America	Global News at 11 (N)	(:35) The Late Show With Stephen Colbert					
CFCF 12	205 312	(5:59) CTV News Montreal (N)	etalk (N)	The Big Bang Theory	Superman & Lois Clark shares some of his history.	The Big Bang Theory	The Big Bang Theory	Blue Bloods Frank must save Gormley's career.	News-Lisa	CTV News Montreal (N)	The Big Bang Theory				
WVNY 22	-	Local 22 News (N)	ABC World News	Local 22 News (N)	Inside Edition (N)	Emergency Call A plane crash in Wasilla, Alaska. (N)	(:01) 20/20 "What Happened to Vanessa?" Murder of a female	Local 22 News (N)	(:35) Jimmy Kimmel Live! Michael Che; Dave Chappelle.						
WUTV 30	-	The Big Bang Theory	Judge Judy (N)	Judge Judy (N)	Family Feud (N)	WWE Friday Night SmackDown (N) (Live)	2 on Your Side at 10	Seinfeld "The Hamptons"	Two and a Half Men	Two and a Half Men	Last Man Standing				
CFKS 31	106 726	Souper parfait	Souper parfait	Bootcamp: le parcours extrême (SC)	Huissiers (SC)	Les coulisses du palais (N)	L'arbitre Le crédit d'une jeune femme est démolé.	Noovo Le Fil	** "Bar routier" (1989) Patrick Swazey. Première. Un spécialiste en tai-chi remet de l'ordre dans un bar. (DVS) (SC)						
WUHF	-	363	Modern Family	Modern Family	The Big Bang Theory	The Big Bang Theory	WWE Friday Night SmackDown (N) (Live)	13WHAM News at 10 on Fox Rochester (N) (Live)	DailyMailTV (N)	The Simpsons	Ella Fitzgerald				
WETK	-	-	PBS NewsHour (N)	Profile	Vermont This Week (N)	Washington Week (N)	Memory Rescue With Daniel Amen, MD Ways to strengthen one's memory.	Aging Backwards 3: Fast Track With Miranda	Amanpour and Company (N)	BBC World News					
WCFE	-	-	World News America	BBC World News Today	PBS NewsHour (N)	Mountain Lake Journal	New York Now	Pavlo Live in Kastoria Pavlo performs old and new music.	Classical Rewind (My Music) Classical masterpieces.	Classical Rewind (My Music) Classical masterpieces.	Amanpour and Company				
A&E	615 520	The First 48 Body in a basement; Miami shooting.	The First 48 Shootings in an Atlanta rap studio.	The First 48 A shy mechanic is found shot dead.	The First 48 A feud threatens a neighborhood.	(:01) The First 48: Rookie Year (N)	Court Cam P	Court Cam P	(12:03) The First 48						
CNN	500 500	Situation Room With Wolf	Erin Burnett OutFront (N)	Anderson Cooper 360 (N)	Cuomo Prime Time (N)	Don Lemon Tonight (N) (Live)	Barack Obama	Cooper 360							
DISC	520 505	Highway Thru Hell "Edge Of Disaster"	Heavy Rescue: 401 "In For The Long Haul"	Aussie Gold Hunters	Aussie Gold Hunters	Aussie Gold Hunters	Bering Sea Gold Emily plays chicken with Mother Nature.	Aussie Gold Hunters							
DRAMA	620 523	Law & Order: Special Victims Unit (DVS)	Rebel (DVS)	Bones Human remains are found in a log.	Bones Investigating a body found in a swamp.	Bones Human remains are found in a park.	Bones The remains of a repo man are found.	Bones (DVS)							
HIST	522 506	The UnXplained Remarkable tales of human survival.	The UnXplained Stories of escape that defy explanation.	The UnXplained Unexplained weather mysteries.	The UnXplained Mankind's fascination with the dead.	Ancient Aliens Humans venturing farther into space.	Ancient Aliens Presidential encounters with UFOs.	Ancient Aliens							
PARMT	628 584	(:10) It Was Him: The Many Murders of Ed Edwards	** "Jack Reacher" (2012, Action) Tom Cruise, Rosamund Pike, Robert Duvall. A former military investigator probes a sniper attack.	Les grands reportages "Ayrton Senna" (N) (SC)	Le téléjournal avec Céline Galipeau (N) (SC)	Le téléjournal (N) (SC)	Le national (N)	(:31) Le national (N)	(12:01) 24/60 (SC)						
RDI	126 730	(5:55) Zone économie (N) (SC)	(:01) 24/60 (N) (SC)	Les grands reportages "Ayrton Senna" (N) (SC)	Le téléjournal avec Céline Galipeau (N) (SC)	Le téléjournal (N) (SC)	Le national (N)	(:31) Le national (N)	(12:01) 24/60 (SC)						
SHOW	616 521	NCIS The murder of arms dealer La Grenouille.	NCIS "In the Zone" A mortar attack in Baghdad.	FBI A prominent blogger's son is kidnapped.	** "Lucy" (2014) Scarlett Johansson. A synthetic drug gives a woman extraordinary powers.	** "The Italian Job" (2003) Mark Wahlberg, Charlize Theron.									
SLICE	601 562	The King of Queens	The King of Queens	Million Dollar Listing New York	Top Chef The chefs attempt to re-create a dish.	Married at First Sight "Face to Face" Meeting with friends and families.	Top Chef The chefs attempt to re-create a dish.	Married at First Sight							
TLC	521 560	90 Day Fiancé: Happily Ever After? "Fear and Loathing" Kalani seeks legal counsel.	90 Day Fiancé: Happily Ever After? "More to Love: Troubled Waters" Julia receives important news.	90 Day Fiancé: Happily Ever After? Natalie loses her temper.	90 Day Fiancé	90 Day Fiancé									
TSN	400 400	SportsCentre (N) (Live)	That's Hockey!	NBA Basketball Philadelphia 76ers at Atlanta Hawks. A tied second-round series shifts to Atlanta for Game 3 between the 76ers and Hawks.	SportsCentre (N) (Live)	SC (N)	NBA Basketball								
YOUTH	551 542	LEGO City	Side Hustle	Substitute	Barbarian	** "Bruce Almighty" (2003) Jim Carrey.	Degrassi	Degrassi	Make It Pop	Max & Shred	LEGO City				



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Cookshire-Eaton Art Gallery welcomes three artists for the summer

Record Staff

The Cookshire-Eaton Art Gallery will launch its Summer season on Thursday June 24 at 10 a.m., with the Hors Zone exhibition, featuring works by André Philibert, Odette Gauvreau and Frédéric Lapointe. The exhibition will last from June 24 to Sept. 5. Located at the Victoria Hall, 125 Principale West, Cookshire-Eaton, the exhibition will be available to the public all summer, from Thursdays to Sundays, 10 a.m. to 5 p.m.

Apéro Concerts

The gallery will also present four apéro concerts (Happy Hour Concerts) this summer in the Parc des Braves (85 Avenue du Parc, Cookshire-Eaton) on Sundays at 5 p.m. A voluntary contribution is suggested.

Thanks to the support of several sponsors, these concerts will be then filmed by L'Inconnu dans le noir, a Cookshire-Eaton video production company, and sent to our two regional CHSLD (East Angus and Weedon), to be enjoyed by their residents.

- June 27: Place à la Relève!
Duo Alliage

Johanna Silberman, Flute Marie-Philippe Poulin, cello

- July 18: Airs d'été
Myriam Genest-Denis, flute Valérie Milot, harp

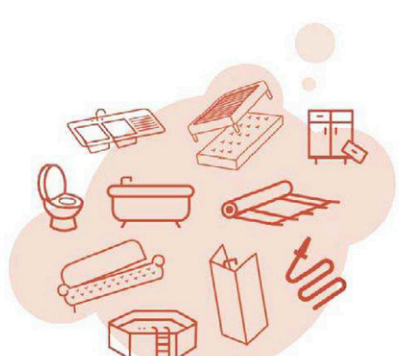
- Aug. 8: Les cuivres à l'honneur
Robin Doyon et Stéphane Beaulac, trumpets Gabriel Gauthier-Beaudoin, horn

Martin Ringuette, trombone Jean-Philippe Dutil, tuba

- Sept. 12: The Despax Quartet
Cendrine Despax and Jean Despax, violins Maxime Despax, alto Valérie Despax, cello

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The right stuff! – Part 1



BRAD LAURIE

When it comes to making pizza, there are so many choices of equipment. I often tell people that pizza can be made without all the fancy stuff, however, the better you are equipped, the better the result. Having said that, if you do not have a great pizza dough recipe, then even the best equipment won't help. It's a question of having the right stuff.

Often people will say, "I don't have a rolling pin", or "I don't have a pizza tray". Honestly, these are not reason enough not to make great homemade pizza.

Rolling pin

Traditional pizza is stretched, not rolled, so a rolling pin is not an essential tool in making great pizza. Pizza will taste great with one rise, although I have found that with a little more time, the dough will be much fluffier and will stretch more easily with a second rise. You may have seen a pizzaiolo (pizza maker) tossing dough in the air, and while I consider this "showy" and potentially messy, centrifugal force will work if your dough has the right stretchiness. If not, then you're just flinging flour all over the place. If your dough has a lower humidity, it will not easily stretch, hence the need to roll. A word of caution, rolling will remove much of the air bubbles which are desirable for great pizza, the baked crust will be light and airy. But for a dozen years I rolled my dough and I always had great results and raving complements. In a pinch, without a rolling pin, you can use a washed wine bottle or straight glass. Another neat trick is to stretch the dough over an inverted bowl.

When your dough is rolled thinly, it will not rise as much, and many people prefer this over a thick crust. One method that I use to get the best of both worlds is to roll the dough thinly on parchment paper and allow the dough to exceed the size of the tray by about an inch or so and then roll up the extra into a thicker crust contour.

For a thicker crust, rule of thumb is that whatever is not covered with toppings will rise, so creating a framing crust is not necessary.

Pizza pan

I have experimented with many different types of pans and have a preference for perforated aluminium pizza trays. If you do not have that, no worries, a cookie sheet works well. I once baked my pizza on a ceramic plate. Ceramics have good heat conductivity. A pizza stone and a pizza steel are great tools when used correctly. A pizza stone is ceramic and if you heat it up for a

good forty-five to sixty minutes prior to use, your pizza crust will be amazing because the overall oven heat will be hotter and more even. A good pizza steel, while much more costly, will retain heat upwards of fifteen times more than a pizza stone. The hotter the oven or tray, the crispier the crust and faster the baking time.

Pizza peel

If you do choose to use a pizza stone or pizza steel, then then a pizza peel or paddle is essential to convey your pizza onto or off the cooking surface. The last thing that you want to do is burn yourself. There are numerous types of pizza peels available.

There are full wood peels or paddles which have a bevelled edge to help get the pizza onto the peel. Personally I find them a bit thick, that is why I prefer a metal peel. With use, a wooden peel may begin to darken or even get burnt, which adds to its charm. Poor quality wooden peels may warp or crack.

Aluminium peels with wooden handles are a good choice as they are thin, making it easier to slide the pizza on and off its surface. Longer or shorter handles are available depending on how deep and how hot the oven.

My personal favourite is a folding barbecue pizza peel because it is easy to store in a drawer and it generally has a smoother and thinner grade of aluminium.

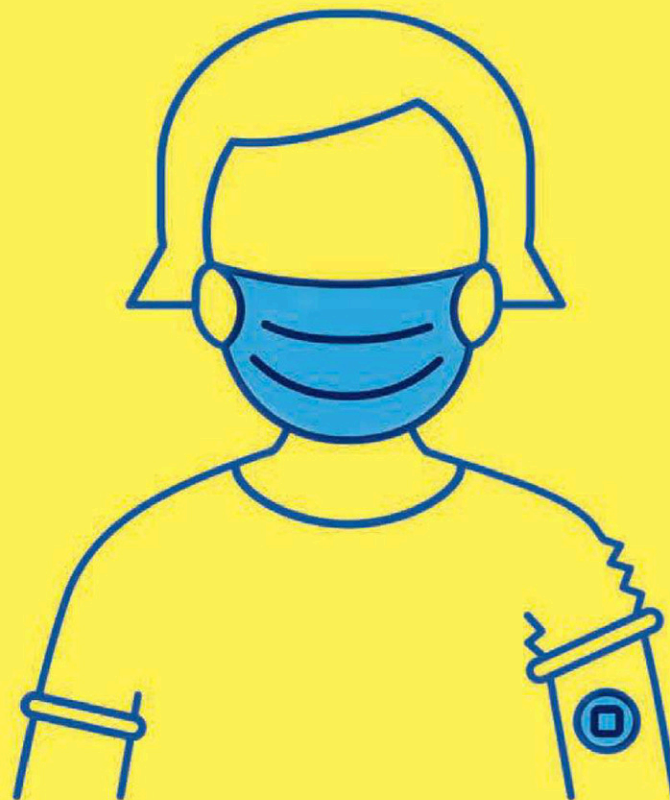
Brad's Gourmet is here to serve the community for all things pizza related. Visit us from Tuesday to Saturday at 127 Queen St., in Lennoxville. We are looking forward to meeting you! If you have any questions or are looking for pizza inspiration, you can also reach us through our website at www.BradsGourmet.com.



COURTESY BRAD LAURIE

Even once vaccinated, you still need to protect yourself.

Let's work together to keep respecting health measures so we can protect each other.



Follow all the health guidelines. All the time. No exceptions.



[Québec.ca/coronavirus](https://quebec.ca/coronavirus)

Votre gouvernement

Québec

Your week on TV

SATURDAY DAYTIME

JUNE 12, 2021

Bell	Star	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30		
WCAX	3	-	-	CBS This Morning: Saturday (N) (Live)			Lucky Dog "Rocket"	Innovation Nation	Mission Unstoppable	Hope in the Wild	Sexual Abuse	The Incredible Dog Challenge	The World of Outlaws: It's Dirt Baby!	Course Record	PGA Golf				
WPTZ	5	-	-	Teen Kids News (N)	Ocean Mysteries	2021 Roland-Garros Tennis Women's Finals. From Roland Garros Stadium in Paris. (N) (Live)			Premier Lacrosse League Teams TBA. (N) (Live)			IndyCar Racing Chevrolet Detroit Grand Prix Race 1. (N) (Live)							
CBMT	6	206	301	(:07) Remy & Boo	What He Ate	Dino Ranch	(:48) Rusty Rivets	PJ Masks	True Rainbow	Kingdom Force	(:26) Molly of Denali	FIVB Volleyball Men's Nations League Canada vs France. From Rimini, France. (Taped)		Track and Field Diamond League Series. From Rome. (Taped)					
CHLT	7	107	718	(6:00) Salut bonjour week-end (N) (SC)			Bien (SC)	Viens voir mes rénos (SC)	Les rénos d'Hugo	TVA nouvelles (N)	Hors Québec (N)	Infopublicité (SC)	(:45) "Un flic et demi 2" (2017, Comédie) Lou Diamond Phillips, Wallace Shawn. (DVS) (SC)		"Les 2 de pique"				
WMTW	8	-	-	Good Morning America (N) (Live)		Good Morning America (N) (Live)		Ocean Treks	Sea Rescue	Hearts of Heroes (N)	Free Enterprise	Legs and Feet!	Retire Now TV	UFC Live: Adesanya vs. Vettori 2 Pre-Show		Euro Today	2020 UEFA European Championship Belgium vs Russia. Group B.		
CKSH	9	108	-	(:11) Boule et Bill 3D	(:29) Sonic Boom	L'agent Jean	Les sapiens	Le pire du pire (N)	L'effet secondaire	Ricardo (SC)	5 chefs dans ma	Téléjournal	Le rêve olympique	Doc humanité (N) (SC)		Belgravia L'indulgence de Susan la rattrape. Inspecteur Barnaby (DVS) (SC)			
CKMI	11	-	-	Fish'n Canada	Real Fishing	Paid Program	Fishful Thinking	The Baker Sisters	Paid Program	Powerboat Television	Wealthy Life	Entertainment Tonight (N) (Live)	Big Rig Warriors	Save My Reno	Fire Masters "All Up in Your Grill"		Masters of Flip "House of Blues"		
CFCF	12	205	312	Moneytalk (N) (Live)	(:45) 2020 UEFA European Championship Wales vs Switzerland. Group A. (N) (Live)			Studio Show		(:45) 2020 UEFA European Championship Denmark vs Finland. Group B. (N) (Live)			Studio Show	(:45) 2020 UEFA European Championship Belgium vs Russia. (N)					
WVNY	22	-	-	Good Morning America (N) (Live)		Good Morning America (N) (Live)		Hearts of Heroes (N)	Free Enterprise	Ocean Treks	Sea Rescue	Sexual Abuse	Relief	UFC Live: Adesanya vs. Vettori 2 Pre-Show		Euro Today	2020 UEFA European Championship Belgium vs Russia. Group B.		
WUTV	30	-	-	Bassmaster Classic (N) (Live)			The Spring League Football Jousting vs Sea Lions. From Rice Stadium in Houston. (N) (Live)			Two and a Half Men		Two and a Half Men							
CFKS	31	106	726	Maison jackpot	Flips à Palm	Noovo Le Fil week-end (N) (SC)		RPM "Hyundai Venue 2020" (SC)		RPM plus (SC)		Infopublicité (SC)	Infopublicité (SC)	La famille est	Un safari près	** "Admission" (2013) Tina Fey. Une femme croit qu'un candidat pourrait être son fils. (SC)			
WUHF	-	-	363	Bassmaster Classic (N) (Live)			The Spring League Football Jousting vs Sea Lions. From Rice Stadium in Houston. (N) (Live)			Go Nitro		Go Nitro							
WETK	-	-	-	Ancient Remedies With Dr. Josh Axe		Outdoor Journal	MotorWeek	Samantha Br	Greener World	Moveable Feast	Lidia's Kitchen	Test Kitchen	Cook's Country	Woodsmith	This Old House	Ask This Old House	Antiques Roadshow "Ca' d'Zan Hour 3"	Europe Awaits	
WCFE	-	-	-	Wild Kratts Alaska: Hero's Journey			Odd Squad	Odd Squad	Best of Mountainlake PBS			Best of Mountainlake PBS							
A&E	615	520	-	Flipping Vegas "Doomsday House"		Flipping Vegas "Hot Tub House"		Zombie House Flipping		Sell This House!	Sell This House!	Court Cam P	Court Cam P	Court Cam P	*** "Unstoppable" (2010, Action) Denzel Washington, Chris Pine.		"Conan-Barb."		
CNN	500	500	-	New Day We		Smerconish (N) (SC)		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom	
DISC	520	505	-	Mayday Plane crashes into a warehouse.		Mayday "The Plane That Flew Too High"		Mayday "Hudson River Runway"		Mayday "Who's in Control?"		Mayday Plane crashes into a warehouse.		Mayday "The Plane That Flew Too High"		North Woods Law "Collision Course"		North Woods Law "Schoolyard Bear"	
DRAMA	620	523	-	Bones The remains of a repo man are found.		Bones An actor from a kids' TV show is slain.		Bones "The Turn in the Urn" (DVS)		Bones "The Cold in the Case"		Bones Human remains are found in a park.		Bones Human remains are found in a log.		Chicago Fire "Purgatory"		Chicago Fire "Deathtrap"	
HIST	522	506	-	Paid Program		Paid Program		Salvage Kings "Gothic Revival"		SEAL Team "Getaway Day"		SEAL Team "Call Out"		Pawn Stars		Pawn Stars		Forged in Fire "Super Champion Edition"	
PARMT	628	584	-	Auction Hunters		Auction Hunters		Auction Hunters		Auction Hunters		Auction Hunters		Auction Hunters		Auction Hunters		Auction Hunters	
RDI	126	730	-	RDI matin weekend (N) (SC)		RDI matin weekend (N) (SC)		L'info (N) (SC)		L'info (N) (SC)		L'info (N) (SC)		L'info (N) (SC)		L'info (N) (SC)		L'info (N) (SC)	
SHOW	616	521	-	(7:00) "Backstabbing for Beginners" (2018) Ben Kingsley.		"The Wrong Staité, Corey		Bed: Naked Pursuit" (2017) Jewel Sevier. (DVS)		** "Red" (2010, Action) Bruce Willis. The CIA targets a team of former agents for assassination. (DVS)			** "Red 2" (2013) Bruce Willis. Retired operatives return to retrieve a lethal device. (DVS)						
SLICE	601	562	-	Late Nite Eats		Paid Program		Paid Program		** "Something to Talk About" (1995) Julia Roberts, Dennis Quaid, Robert Duvall.		* "I Now Pronounce You Chuck and Larry" (2007, Comedy) Adam Sandler, Kevin James, Jessica Biel.		** "Something to Talk About" (1995) Julia Roberts.					
TLC	521	560	-	Little People, Big World		Little People, Big World		Little People, Big World		7 Little Johnstons "Holiday Hangover"		7 Little Johnstons "Any Place but Home"		7 Little Johnstons "A New Year, a New Us?"		sMothered "Married to You and Your Mom"		sMothered "Crossing the Line"	
TSN	400	400	-	SportsCentre		(:45) 2020 UEFA European Championship Wales vs Switzerland. Group A. (N) (Live)			EURO Studio		(:45) 2020 UEFA European Championship Denmark vs Finland. Group B. (N) (Live)			EURO Studio		(:45) 2020 UEFA European Championship Belgium vs Russia. (N)			
YOUTH	551	542	-	Loud	Casagran	Archibald	Sponge.	TrollsTopia	Loud	Casagran	LEGO City	Barbie & Chelsea	Go Away	Archibald	TrollsTopia	Loud	Casagran		

SATURDAY EVENING

JUNE 12, 2021

Bell	Star	4 PM	4:30	5 PM	5:30	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	
WCAX	3	-	-	(3:00) PGA Tour Golf Palmetto Championship at Congaree, Third Round. (N) (Live)			Channel 3 News	Weekend News	Entertainment Tonight (N) (Live)		Auto Racing Superstar Racing Experience. (N) (Live)		48 Hours		Channel 3 News	NCIS "Someone Else's Shoes"			
WPTZ	5	-	-	U.S. Olympic Trials Diving - Women's Springboard, Final. (N) (Live)			NBC5 News at 6	Nightly News	Jeopardy!	Wheel of Fortune	Olympic Trials		America's Got Talent "Auditions 2" Variety acts audition.		NBC5 News	(:29) Saturday Night Live			
CBMT	6	206	301	FIVB Volleyball Women's Nations League Canada vs Serbia. (N Same-day Tape)			CBC Montreal	Hockey Central	NHL Hockey Second Round: Teams TBA. (N) (Live)			NHL Hockey Second Round: Teams TBA. (N) (Live)							
CHLT	7	107	718	(:35) ** "Les 2 de pique" (2016, Action) Jackie Chan, Johnny Knoxville. (SC)			TVA nouvelles (N)	** "Rapides et dangereux 5" (2011) Vin Diesel. Brian et Dom s'unissent pour affronter un homme d'affaires.			** "Le transporteur 3" (2008, Action) Jason Statham, Natalya Rudakova. (DVS) (SC)		TVA nouvelles (N)	** "Le mécano" (2011) Jason Statham.					
WMTW	8	-	-	2020 UEFA European Championship Belgium vs Russia. Group B.		Buddy Holly	WMTW News 8 at	World News	Wheel of Fortune	Jeopardy!	NBA		NBA Basketball Utah Jazz at Los Angeles Clippers. Conference Semifinals, Game 3. (N) (Live)		WMTW News 8	Castle "Once Upon a Time in the West"			
CKSH	9	108	-	(3:00) Inspector Barnaby (DVS) (SC)		La semaine verte (N) (SC)	Téléjournal Estrie	Le rêve olympique	Les enfants de la télé (SC)		Pour emporter "Marc Labrèche" (N) (SC)		Outlander: le chardon et le tartan (N)	Le téléjournal	(:40) Doc humanité "Esclaves" (N) (SC)	The Twilight Zone, la quatrième dimension			
CKMI	11	-	-	48 Hours (DVS)		48 Hours "The Deliveryman Murders" (N)	Global News at 6	Global National	The New Reality	Border Security	"Chasing Waterfalls" (2021) Cindy Busby, Christopher Russell. Premiere. (DVS)		Ransom "Unfit" (DVS)	Global News	(:29) Saturday Night Live				
CFCF	12	205	312	2020 UEFA European Championship		UEFA Euro	Big Bang Theory	CTV News Montreal (N) (Live)	W5 A year after the crash. (DVS)	"Aurora Teagarden Mysteries: Heist and Seek" (2020) Candace Cameron Bure.		Highway Thru Hell "Heavy Hearts"		News-Rinaldo	CTV News Montreal	(12:05) Seinfeld			
WVNY	22	-	-	2020 UEFA European Championship Belgium vs Russia. Group B.		Buddy Holly	World News	Local 22 News (N)	Ella Fitzgerald	Austin	NBA		NBA Basketball Utah Jazz at Los Angeles Clippers. Conference Semifinals, Game 3. (N) (Live)		Local 22 News (N)	Weather Gone Viral			
WUTV	30	-	-	Big Bang Theory		Big Bang Theory	145th Westminster Kennel Club Dog Show "Masters Agility Championship"			MLB Baseball St. Louis Cardinals at Chicago Cubs. From Wrigley Field in Chicago. (N) (Live)			2 on Your Side at 10	Big Bang Theory	Name That Tune "Episode 6"	Carole King			
CFKS	31	106	726	(:05) *** "Des hommes d'affaires" (2010) Ben Affleck. Bobby Walker a toujours eu beaucoup de chance. (SC)			*** "Rush" (2013) Chris Hemsworth. Le combat entre les grands rivaux James Hunt et Niki Lauda. (DVS) (SC)			(:15) ** "Stone" (2010) Robert De Niro. Première. Un détenu tente de convaincre un agent de le libérer. (SC)			(:35) "Cartels" (2016) Steven Seagal. (SC)						
WUHF	-	-	363	Ring of Honor Wrestling (N) (Live)		145th Westminster Kennel Club Dog Show "Masters Agility Championship"			MLB Baseball St. Louis Cardinals at Chicago Cubs. From Wrigley Field in Chicago. (N) (Live)			WHAM News	Game Time	Name That Tune "Episode 6"	ROH Wrestling				
WETK	-	-	-	(3:30) Rick Steves Europe Awaits Vacation spots in Europe.		NewsHour Wk	As Time Goes By	Keep-Appear	Still Open All Hours	My Hero	Death in Paradise		Miss Fisher's Murder Mysteries	Shakespeare and Hathaway -- Private	Austin City Limits	Bluegrass Und			
WCFE	-	-	-	Best of Mountainlake PBS			Best of Mountainlake PBS			Best of Mountainlake PBS			Best of Mountainlake PBS			Best of Mountainlake PBS			
A&E	615	520	-	(3:30) ** "Conan the Barbarian" (2011) Jason Momoa, Rachel Nichols.			Biography: Mick Foley The multifaceted career of Mick Foley.			Andre the Giant			(:01) Biography: Stone Cold Steve Austin The story of Stone Cold Steve Austin.			Andre the Giant			
CNN	500	500	-	CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Special Report		Stanley Tucci	Stanley Tucci	Stanley Tucci	Stanley		
DISC	520	505	-	North Woods Law "No Trespassing"		North Woods Law "Turkey Trouble"		North Woods Law		North Woods Law "Manhunt"		North Woods Law "No Way Out"		North Woods Law "Into Thin Air"	North Woods Law "When Duty Calls"	North Woods Law "On the Run"	North Woods		
DRAMA	620	523	-	Chicago Fire "Telling Her Goodbye"		The Closer "Death Warrant"		The Closer "Star Turn"		The Closer "Fresh Pursuit"		The Closer Brenda and Fritz argue.		The Closer (DVS)	The Closer "Relative Matters"	The Closer Brenda uncovers a scandal.	The Closer		
HIST	522	506	-	American Pickers "The Great Pick Off"		American Pickers (DVS)		America's Book of Secrets		Proof Is Out There	Alone "Open Season" One survivalist builds a unique shelter.		SEAL Team "Getaway Day"	SEAL Team "Call Out"	SEAL Team "No Man's Land"	SEAL Team			
PARMT	628	584	-	Auction Hunters		Auction Hunters		Auction Hunters		Auction Hunters		Auction Hunters		Auction Hunters		Auction Hunters		Auction Hunters	
RDI	126	730	-	L'info (N) (SC)		La parole aux	Le téléjournal	L'épicerie (N) (SC)	Le téléjournal	Découverte "Planète Terre 2: les villes"	(:31) Le national	(:01) Les grands reportages	Le téléjournal	Le rêve olympique	Le téléjournal	Le national (N)	Le national (N)	Journal France 2	Le téléjournal
SHOW	616	521	-	(2:00) ** "Red 2"		*** "The Italian Job" (2003) Mark Wahlberg. A thief and his crew plan to steal back their gold. (DVS)			*** "Lucy" (2014, Action) Scarlett Johansson, Morgan Freeman.			** "Red" (2010, Action) Bruce Willis. The CIA targets a team of former agents for assassination. (DVS)			** "Red 2" (2013) Bruce Willis.				
SLICE	601	562	-	"Something"		* "I Now Pronounce You Chuck and Larry" (2007, Comedy) Adam Sandler, Kevin James.			** "Something to Talk About" (1995) Julia Roberts, Dennis Quaid.			*** "Bridesmaids" (2011) Kristen Wiig. A maid of honor's life unravels as the big day approaches.			"I Now Pronounce You"				
TLC	521	560	-	Filth Fighter		Germophobia	Dr. Pimple Popper	Dr. Pimple Popper "Scared Cyst-less"	Dr. Pimple Popper	Dr. Pimple Popper	Dr. Pimple Popper "This Cyst Persists"		Dr. Pimple Popper	Dr. Pimple Popper	Dr. Pimple Popper	Dr. Pimple Popper	Dr. Pimple Popper	Dr. Pimple Popper	
TSN	400	400	-	2020 UEFA European Championship		EURO Post	SportsCentre (N) (Live)	2021 French Open Primetime Coverage of the 2021 French Open from Roland Garros. (N) (Live)			SportsCentre (N) (Live)		SportsCentre (N) (Live)		SportsCentre (N) (Live)	SportsCentre (N) (Live)	May Plays of the		
YOUTH	551	542	-	LEGO City	Hustle	Substitute	Barbarian	*** "Shrek 2" (2004) (DVS)			"Bruno & Boots: Go Jump in the Pool"			Degrassi	Degrassi	Make,	Max	iCarly	

Your week on TV

SUNDAY DAYTIME																	JUNE 13, 2021		
Bell	Star	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30		
WCAX	3	-	-	Channel 3 News Sunday Morning (N)	CBS News Sunday Morning (N) (Live)				Face the Nation (N)	All In With Laila Ali	Skin Care	Sexual Abuse	Friends	Transform	Sailing Sail GP: Italy Grand Prix. (Taped)	PGA Golf			
WPTZ	5	-	-	Sunday Today With Willie Geist (N)	2021 Roland-Garros Tennis Men's Finals. From Roland Garros Stadium in Paris. (N) (Live)				IndyCar Pre IndyCar Race				IndyCar Series	NHL Hockey Second Round: Teams TBA.					
CBMT	6	206	301	Coronation Street	Coronation Street	Coronation Street	Coronation Street	Coronation Street	Rosemary Barton	Maamuitau	Our Montreal	To Be Announced	Blame It on Rio (N)	Diving Canada National Championships / Olympic Trials. (Taped)	NBA Basketball: Nets at Bucks				
CHLT	7	107	718	(6:00) Salut bonjour week-end (N) (SC)				"La chance d'une vie" (2016, Drame) Greer Grammer, Joey Lawrence, Missi Pyle. (SC)				TVA nouvelles (N)	La victoire de l'amour	Infopublicité (SC)	"Boule et Bill 2" (2017, Comédie) Charlie Langendries, Voice of Manu Payet. (DVS) (SC)		"Moins"		
WMTW	8	-	-	Good Morning America (N)	This Week W/ George Stephanopoulos		Soledad O'Brien	Teen Kids News (N)	Made in Hollywood	Wild About Animals	Enduring Faith-Native American Catholicism	Easy Indoor	BISSELL	World of X Games	NBA Basketball: Nets at Bucks				
CKSH	9	108	-	(:11) Boule et Bill 3D	Transylvanie	VanLab (SC)	(:29) Code Max (SC)	(9:59) Le jour du Seigneur (N) (SC)	Découverte (SC)	Téléjournal	La semaine verte (SC)	L'épicerie (SC)	La table de Kim "Boucar Diouf" (N)	Inspecteur Lewis "Justice sauveur"					
CKMI	11	-	-	McGillivray's	Disaster DIY	Paid Program	Paid Program	Joel Osteen (N)	Paid Program	The West Block (N)	The New Reality	Worst to First "Heather & Jeff"	Fire Masters "Hearts on Fire" (DVS)	Auto Racing Superstar Racing Experience. (N) (Live)					
CFCF	12	205	312	etalk (N)	(:45) 2020 UEFA European Championship England vs Croatia. Group D. (N) (Live)				Studio Show	(:45) 2020 UEFA European Championship Austria vs FYROM. Group C. (N) (Live)				Studio Show	(:45) 2020 UEFA European Championship Netherlands vs Ukraine.				
WVNY	22	-	-	Good Morning America (N)	This Week W/ George Stephanopoulos		What Matters	The Key of David	Sexual Abuse	Sexual Abuse	AAA Benefits	Paid Program	Floor Police	Relief	World of X Games	NBA Basketball: Nets at Bucks			
WUTV	30	-	-	The Ernest Angley Hour	FOX News Sunday With Chris Wallace (N)				Sharyl Attkisson	The Key of David	Sexual Abuse	Sexual Abuse	Ring of Honor Wrestling (N)	Raw Travel	NHRA Drag Racing NHRA New England Nationals. From New England Dragway in Epping, N.H. (N) (Live)				
CFKS	31	106	726	Australia Zoo: le défi des Irwin	Noovo Le Fil week-end (N) (SC)				RPM Le Honda CR-V Sport 2020. (SC)	RPM plus (N) (SC)	Infopublicité (SC)	Infopublicité (SC)	Flashpoint "Un témoin gênant" (N) (SC)	** "Tequila Sunrise" (1988, Policier) Mel Gibson, Michelle Pfeiffer, Kurt Russell. (SC)					
WUHF	-	363	-	Wild America	Larry King Prostate	FOX News Sunday With Chris Wallace (N)				Sharyl Attkisson	Rochester Press Box	Game Time	Xploration DIY Sci	Xploration Space	Awesome Planet	Weird but True	NHRA Drag Racing NHRA New England Nationals. From New England Dragway in Epping, N.H. (N) (Live)		
WETK	-	-	-	Hero Elementary	Xavier Riddle	Curious George	Daniel Tiger	Donkey Hodie	Elinor Wonders	Weekend-Yank	Vermont This Week	Made Here	Made Here "Maker"	Shakespeare Uncovered	Shakespeare Uncovered	Ken Burns: Baseball			
WCFE	-	-	-	Wild Kratts	Wild Kratts	Washington Week	Scully: World	Mountain Lake	New York Now	Best of Mountainlake PBS				Best of Mountainlake PBS					
A&E	615	520	-	Hoarders "Eric" Eric is forced to deal with his grief. (N) (Live)				Hoarders "Dolores" Dolores is a cancer survivor. (N) (Live)				Chris Farley: Anything for a Laugh The comic's tragically short life. (N) (Live)				Biography: Bret Hitman Hart Five-time WWE title holder Bret Hart. (N) (Live)			
CNN	500	500	-	Inside Politics				State-Union				Fareed Zakaria GPS				Reliable Source			
DISC	520	505	-	Mighty Trains "Maharaja's Express"				Mighty Trains "AVE 103"				Mighty Trains "Hector Rail"				Mighty Trains "Rocky Mountaineer"			
DRAMA	620	523	-	Chicago Fire "Telling Her Goodbye"				The Closer "Death Warrant"				The Closer The Baylor family offers to settle.				The Closer Brenda and Fritz argue. (N) (Live)			
HIST	522	506	-	Paid Program				Rust Valley Restorers "Double or Nothing"				Rust Valley Restorers "Hit to Pass: Part 1"				Backroad Truckers "World's End"			
PARMT	628	584	-	Bar Rescue "The Lost Episode"				Bar Rescue "Phishing for Answers"				Bar Rescue "Swinging from the Rafter's"				Bar Rescue "Raging Turkey"			
RDI	126	730	-	RDI matin weekend (N) (SC)				RDI matin weekend (N) (SC)				L'info (N) (SC)		L'info (N) (SC)		L'info (N) (SC)		L'info (N) (SC)	
SHOW	616	521	-	"Sleepwalking in Suburbia" (2017, Suspense) Lucie Guest, Emilie Ullerup. (N) (DVS)				Schitt's Creek (N)				Schitt's Creek (N)				** "R.I.P.D." (2013) Jeff Bridges. A slain cop joins a team of spirit lawmen. (N) (DVS)			
SLICE	601	562	-	Paid Program				First Dates (N) (SC)				First Dates (N) (SC)				*** "Twister" (1996, Action) Helen Hunt. Storm chasers race to test a new tornado-monitoring device. (N) (Live)			
TLC	521	560	-	Say Yes to the Dress				Say Yes to the Dress				Say Yes to the Dress				Extreme Sisters "Sister, Sister"			
TSN	400	400	-	SportsCentre				(:45) 2020 UEFA European Championship England vs Croatia. Group D. (N) (Live)				EURO Studio				(:45) 2020 UEFA European Championship Austria vs FYROM. Group C. (N) (Live)			
YOUTH	551	542	-	Loud	Casagran	Mighty 1s	Sponge.	TrollsTopia	Loud	Casagran	LEGO City	*** "The LEGO Movie" (2014) (N) (Live)				Barbie	TrollsTopia	Loud	Sponge.

SUNDAY EVENING																	JUNE 13, 2021		
Bell	Star	4 PM	4:30	5 PM	5:30	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	
WCAX	3	-	-	(3:00) PGA Tour Golf Palmetto Championship at Congaree, Final Round. (N) (Live)				Channel 3 News	Weekend News	60 Minutes (N) (Live)		The Equalizer (N)	NCIS: Los Angeles "Love Kills" (N)	NCIS: New Orleans "We All Fall..." (N)	Channel 3 News	Greta Van Susteren	NCIS (N)		
WPTZ	5	-	-	(3:00) NHL Hockey Second Round: Teams TBA. (N) (Live)				NBC5 News at 6	Nightly News	Olympic Trials		U.S. Olympic Trials Swimming, Finals. (N)	Olympic Trials	Small Fortune (N)	NBC5 News	Soledad O'Brien	Castle (N)		
CBMT	6	206	301	** "Escape From Planet Earth" (2013, Children's) Voices of Rob Corddry. (N) (Live)				Anne With an E (N) (DVS)	NHL Hockey Second Round: Teams TBA. (N) (Live)				The National (N)	CBC Montreal	Rosemary Barton	q (N)			
CHLT	7	107	718	(3:30) ** "Moins cher la douzaine" (2003) Steve Martin.				Poule-oeufs	TVA nouvelles (N)	Vlog (SC)	LOL :- (N) (SC)	** "Tout pour elle" (2010, Suspense) Russell Crowe. Un homme envisage de libérer sa femme de prison.	Bijoux de famille (SC)		TVA nouvelles (N)	Mitsou et Léa L'univers du don d'organes.			
WMTW	8	-	-	(3:15) NBA Basketball Brooklyn Nets at Milwaukee Bucks. (N)				NBA Post-game	WMTW News 8 at	World News	America's Funniest Home Videos (N)	Celebrity Family Feud (N)	The Chase Three new contestants compete.	To Tell the Truth (N) (DVS)	WMTW News 8	Soledad O'Brien	Major Crimes		
CKSH	9	108	-	(3:00) Inspecteur Lewis (DVS) (SC)				Dans l'oeil du dragon (DVS) (SC)	Téléjournal Estrie	Découverte "Planète bleue II: un océan"	Les poilus (N)	L'autre midi à la table d'à côté	1res fois (DVS) (SC)	Le télé-journal	(:35) Tout simplément (N) (SC)	(:35) *** "Lady Bird" (2017) Premiere.			
CKMI	11	-	-	Property Brothers (N)				The Simpsons (N)	The Simpsons (N)	Global News at 6	Global National	60 Minutes (N) (Live)	The Equalizer (N) (DVS)	NCIS: Los Angeles "Love Kills" (N)	NCIS: New Orleans "We All Fall..." (N)	Global News	The West Block	Global National	
CFCF	12	205	312	2020 UEFA European Championship				UEFA Euro Big Bang Theory	CTV News Montreal (N) (Live)	*** "War for the Planet of the Apes" (2017) Andy Serkis. Premiere. Soldiers battle Caesar and his army of intelligent apes. (N) (Live)				Big Bang Theory	Big Bang Theory	News-Rinaldo	CTV News Montreal	South Park (N)	
WVNY	22	-	-	(3:15) NBA Basketball Brooklyn Nets at Milwaukee Bucks. (N)				NBA Post-game	World News	Local 22 News	America's Funniest Home Videos (N)	Celebrity Family Feud (N)	The Chase Three new contestants compete.	To Tell the Truth (N) (DVS)	Local 22 News (N)	Graham Bensinger	Judge Judy (N)		
WUTV	30	-	-	Drag Racing				Copa America	2021 Copa America Brazil vs Venezuela. (N) (Live)				145th Westminster Kennel Club Dog Show "Day 2: Best Of Groups & Best In Show"	Ring of Honor Wrestling (N)	Big Bang Theory				
CFKS	31	106	726	"Tequila Sunrise"				(:20) ** "Jours de tonnerre" (1990, Action) Tom Cruise, Robert Duvall. (SC)	(:35) ** "Les nuits de Talladega: La balade de Ricky Bobby" (2006) Will Ferrell, John C. Reilly. Premiere. (SC)				*** "Le chevalier noir" (2008, Action) Christian Bale. Premiere. Batman doit affronter un criminel tordu nommé le Joker. (SC)				Noovo Le Fil		
WUHF	-	363	-	Drag Racing				Copa America	2021 Copa America Brazil vs Venezuela. (N) (Live)				145th Westminster Kennel Club Dog Show "Day 2: Best Of Groups & Best In Show"	WHAM News	Big Bang Theory	Dolly Parton (N)			
WETK	-	-	-	Burns-Baseball				Feel Better With Presure	NewsHour Wk	A Place to Call Home (N)	The Great British Baking Show (N)	Country Pop Legends (My Music) Country and pop charts. (N) (Live)	Aging Backwards 3: Fast Track		Call the Midwife (N) (Live)				
WCFE	-	-	-	(3:00) Best of Mountainlake PBS				Best of Mountainlake PBS				Best of Mountainlake PBS							
A&E	615	520	-	Biography: Macho Man Randy Savage A story of a charismatic man. (N) (Live)				Biography: Ultimate Warrior WWE Hall of Famer Ultimate Warrior. (N) (Live)				WWE's Most Wanted Treasures The lost memorabilia of Andre the Giant. (N) (Live)				(:01) WWE's Most Wanted Treasures (N)	(:04) WWE's Most Wanted Treasures (N)	WWE's Most	
CNN	500	500	-	CNN Newsroom				CNN Newsroom				CNN Newsroom				Barack Obama	United Shades	State-Union	Barack
DISC	520	505	-	Lone Star Law "Bucks and Bows"				Lone Star Law "Owl Gone Bad"	Lone Star Law "Gator Bait"	Undercover Billionaire: Comeback City				BattleBots: Bounty Hunters (N) (Live)	Naked and Afraid XL "Gat-R-Done" (N) (DVS)	Homestead Rescue: Raney Ranch (N) (Live)			
DRAMA	620	523	-	House "Moving On" (N) (DVS)				House House tries to treat a fellow inmate.	House "Transplant" (N) (DVS)	House "Charity Case" (N) (DVS)	House "Risky Business" (N) (DVS)	Queen of the South "El Final" (N) (DVS)	House A patient reveals dark secrets. (N)	House "Moving On" (N) (DVS)					
HIST	522	506	-	American Pickers A former car dealership.				American Pickers "Zephyrville" (N)	Rust Valley Restorers (N) (DVS)	Forged in Fire "Samurai Showdown" (N)	Forged in Fire "Deadly Duo" (N)	America's Book of Secrets (N) (DVS)	Beyond Oak Island "Pirate Treasures" (N)	The UnXplained The five senses. (N)					
PARMT	628	584	-	Bar Rescue (N)				Bar Rescue (N)	Bar Rescue "Beach Rats" (N)	Bar Rescue "Spoiled Brat Party" (N)	Bar Rescue (N)	Bar Rescue "Mississippi Rears" (N)	Bar Rescue "Viva La Casona" (N)	Bar Rescue "Breaking Brandon" (N)					
RDI	126	730	-	L'info (N) (SC)		L'épicerie (SC)	Le télé-journal	Le télé-journal	Le télé-journal	Le rêve olympique	Le national (N)	(:31) Le national (N)	(:01) La semaine verte (N) (SC)	Le télé-journal	Le télé-journal	Le télé-journal	Le national (N)	Le national (N)	Journal France 2
SHOW	616	521	-	NCIS Bishop is implicated in an NSA leak.				NCIS: Los Angeles (N) (DVS)	NCIS: New Orleans "Runs in the Family"	*** "Taken" (2008) Liam Neeson. Slavers kidnap the daughter of a former spy. (N) (Live)				Batwoman "Rebirth" (N) (Live)	* "R.I.P.D." (2013) Jeff Bridges. A slain cop joins a team of spirit lawmen. (N) (DVS)				
SLICE	601	562	-	*** "Twister" (1996) Helen Hunt. Storm chasers race to test a new tornado-monitoring device. (N) (Live)				*** "Snow White and the Huntsman" (2012, Fantasy) Kristen Stewart, Charlize Theron. (N) (Live)				* "The House" (2017, Comedy) Will Ferrell, Amy Poehler, Jason Mantzoukas. (N) (Live)				*** "Twister" (1996, Action) Helen Hunt, Bill Paxton. (N) (Live)			
TLC	521	560	-	Extreme Sisters "It's Time to Let Go" (N)				Extreme Sisters (N)				90 Day Fiancé: Happily Ever After? "Troubled Waters" Julia receives important news.	90 Day Fiancé: Happily Ever After? Kalani and Asuelu spice things up. (N) (Live)	Extreme Sisters "Our Happily Ever After"				90 Day Fiancé: Happily Ever After? (N)	90 Day Fiancé
TSN	400	400	-	2020 UEFA European Championship				EURO Post	SportsCentre (N) (Live)	May Bloopers	2020 UEFA European Championship Teams TBA. (Taped) (SC)				EURO Show	SportsCentre (N) (Live)	SportsCentre (N) (Live)	SportsCentre	
YOUTH	551	542	-	*** "Shrek 2" (2004) (N) (DVS)				*** "The LEGO Movie" (2014) Voices of Chris Pratt.				ReBoot	The Hardy Boys (N)	Degrassi	Degrassi	Make,	Max	Sam &	

Your week on TV

MONDAY EVENING														JUNE 14, 2021	
Bell	Star	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	
WCAX 3	-	Channel 3 News at Six	Class of 2020 Graduation	CBS Evening News	Entertainment Tonight (N)	The Neighborhood	Bob Hearts Abishola	NCIS: New Orleans A 14-year-old is kidnapped. (N)		Bull Bull helps a wrongly convicted prisoner. (N)		Channel 3 News	(:35) The Late Show With Stephen Colbert (N)		
WPTZ 5	-	NBC5 News at 6 (N)	NBC Nightly News - Holt	Jeopardy! (N)	Wheel of Fortune	U.S. Olympic Trials Swimming, Finals. (N)	(Live)			Small Fortune "Team USA" (N)		NBC5 News at 11 (N)	(:34) The Tonight Show Starring Jimmy Fallon (N)		
CBMT 6	206	301	CBC Montreal News (N)	Rick Mercer Report	NHL Hockey Semifinal: Teams TBA. (N)	(Live)				The National (N)		CBC Montreal News (N)	Maamuitau Coronation Street		
CHLT 7	107	718	(5:58) TVA Nouvelles (N)	(:29) Sucre sale (N) (SC)	(6:59) Fous du BBQ (N)	Van aventure (N) (SC)	Chicago Fire: caserne 51 "Entre femmes" (N)	Combien vaut cette maison? (SC)		TVA nouvelles (N)	(:35) Sucre sale (SC)	(:05) ** "Le château de verre" (2017) Brie Larson, Woody Harrelson. (DVS) (SC)			
WMTW 8	-	-	WMTW News 8 at 6PM (N)	ABC World News	Wheel of Fortune	Jeopardy! (N)	The Bachelorette The suitors receive a wake-up call. (N)			The Celebrity Dating Game (Series Premiere) (N)		WMTW News 8 at 11 (N)	(:35) Jimmy Kimmel Live! (N)		
CKSH 9	108	-	(5:59) Le télé-journal Estrie	(:31) Zone économie (N)	Question de jugement (N)	Discussions avec mes	Dans l'oeil du dragon (N) (SC)	Bonsoir bonsoir! (N) (DVS) (SC)		Le téléjournal (N) (SC)		(:05) Le télé-journal Estrie	(:34) Ruptures Claude veut qu'Anne rencontre Marcel.		
CKMI 11	-	-	Global National (N)	(:29) Global News at 6:30	ET Canada	Entertainment Tonight (N)	The Neighborhood	Call Your Mother		NCIS: New Orleans A 14-year-old is kidnapped. (N)		Global News at 11 (N)	(:34) The Late Show With Stephen Colbert (N)		
CFCF 12	205	312	(5:59) CTV News Montreal (N)	etalk (N)	The Big Bang Theory	B Positive "Die Alysia"	Bob Hearts Abishola	The Big Bang Theory	The Big Bang Theory	The Celebrity Dating Game (Series Premiere) (N)		News-Lisa	CTV News Montreal (N) The Daily Show		
WVNY 22	-	-	Local 22 News (N)	ABC World News	Local 22 News (N)	Inside Edition (N)	The Bachelorette The suitors receive a wake-up call. (N)			The Celebrity Dating Game (Series Premiere) (N)		Local 22 News (N)	(:35) Jimmy Kimmel Live! (N)		
WUTV 60	-	-	The Big Bang Theory	Judge Judy	Judge Judy	Family Feud	Hell's Kitchen The blue team serves up raw chicken. (N)	HouseBroken (N)	Duncanville (N)	2 on Your Side at 10 (N)	Seinfeld "The Dog" (N)	Two and a Half Men	Two and a Half Men Last Man Standing		
CFKS 61	106	726	Souper parfait	Souper parfait	Ça c'est drôle!	Clash (DVS) (SC)	Vendre ou rénover au Québec Stéphane et Isabelle.	Madame Lebrun La famille Lebrun est en crise. (SC)		Noovo Le Fil 22 (N) (SC)	La boutique des secrets "Un trésor bien caché" Un ancien piano mécanique. (N) (SC)				
WUHF	-	363	Modern Family "Snip" (N)	Modern Family (N)	The Big Bang Theory	The Big Bang Theory	Hell's Kitchen The blue team serves up raw chicken. (N)	HouseBroken (N)	Duncanville (N)	13WHAM News at 10 on Fox Rochester (N) (Live)		DailyMailTV (N)	The Simpsons (N) Sexual Abuse Survivor?		
WETK	-	-	PBS NewsHour (N)	This Old House	Ask This Old House	Antiques Roadshow Tang dynasty marble lion. (N)	Antiques Roadshow Andrew Clemens sand art. (N)			Independent Lens A preacher protests racism. (N)		Amanpour and Company (N)	BBC World News (N)		
WCFE	-	-	World News America	BBC World News Outside	PBS NewsHour (N)	Best of Mountainlake PBS						BBC World News (N)	Amanpour and Company (N)		
A&E	615	520	Hoarders A hoarder lost a cousin on 9/11. (N)	Hoarders Widow hoarder gets help from daughters. (N)	Hoarders "June; Doug" A woman may lose her home. (N)	Hoarders "Hungry for Help" (N)	(:01) Intervention Kelsey began using alcohol and drugs. (N)	(:04) Intervention "Pam" Pamela quickly turned to drugs. (N)	(12:03) Hoarders (N)						
CNN	500	500	Situation Room With Wolf	Erin Burnett OutFront (N)	Anderson Cooper 360 (N)	Cuomo Prime Time (N)	Don Lemon Tonight (N) (Live)	Don Lemon Tonight (N) (Live)	Cooper 360 (N)						
DISC	520	505	Highway Thru Hell "Up In Smoke" (DVS)	Heavy Rescue: 401 "For Some Reason, I Like It" (N)	Gold Rush: Freddy Dodge's Mine Rescue (N)	Homestead Rescue: Raney Ranch "Twist of Fate" (N)	Jade Fever "Fly By Wire" (N) (DVS)	Homestead Rescue Misty constructs a greenhouse. (N)	Bones (N)						
DRAMA	620	523	Chicago Fire Kidd makes a big decision. (DVS)	Chicago Fire Brianna comes back into Dawson's life. (N)	Chicago Fire Rene Royce resurfaces at the firehouse. (N)	Chicago Fire Boden takes a big step toward a career. (N)	Chicago Fire Kidd has a hard time keeping a secret. (N)	Chicago Fire Boden has a lapse in judgment. (N)	Chicago Fire (DVS)						
HIST	522	506	American Pickers A massive restoration project. (N)	American Pickers Danielle finds a burlesque collection. (N)	Rust Valley Restorers Mike converts a 1957 GMC truck. (N)	Pawn Stars James Bond movie trading cards. (N)	Salvage Kings Justin evaluates his place on the team. (N)	Rust Valley Restorers Mike converts a 1957 GMC truck. (N)	American Pickers (N)						
PARMT	628	584	Marriage Rescue	** "Legally Blonde" (2001) Reese Witherspoon. A sorority queen enrolls in Harvard to win back her boyfriend. (N)	** "50 First Dates" (2004) Adam Sandler. A man falls for a woman who has short-term memory loss. (N)	** "Legally Blonde" (2001, Comedy) Reese Witherspoon, Luke Wilson. (N)									
RDI	126	730	(5:55) Zone économie (N) (SC)	(:01) 24/60 (N) (SC)	Les grands reportages "Premières dames" (N) (SC)	Le téléjournal avec Céline Galipeau (N) (SC)	Le téléjournal (N) (SC)	Le national (N) (SC)	(:31) Le national (N) (SC)	(12:01) 24/60 (SC)					
SHOW	616	521	NCIS "About Face" Jimmy Palmer is targeted by a killer. (N)	NCIS "Judgment Day" The team loses a killer. (N)	All American Spencer puts extra pressure on himself. (N)	** "Blade Runner 2049" (2017, Science Fiction) Ryan Gosling, Harrison Ford, Ana de Armas. A new blade runner embarks on a quest to find Rick Deckard. (N) (DVS)									
SLICE	601	562	The King of Queens	The King of Queens	Below Deck Sailing Yacht (N) (DVS)	Below Deck Sailing Yacht An awkward Jacuzzi party. (N)	Below Deck Sailing Yacht "Last Call for Parsifall" (N)	(:15) The Real Housewives of New York City (N)	(:15) The King of Queens	(:45) The King of Queens	Below Deck Sailing Yacht				
TLC	521	560	Seeking Sister Wife "One Nation" (N)	sMothered Lisa and Lauren plan an insemination. (N)	sMothered Kathy and Cristina celebrate Halloween. (N)	sMothered "No Boundaries" Angelica faces a health risk. (N)	(:01) Fifth Fighter "Supersized: Filth Fighter" (N)	(:01) Extreme Sisters "Our Happily Ever After" (N)							
TSN	400	400	SportsCentre (N) (Live)	That's Hockey!	2020 UEFA European Championship Teams TBA. (N)	EURO Show	SportsCentre (N) (Live)	SportsCentre (N) (Live)							
YOUTH	551	542	Henry Danger	Tooned In (N)	* "Free Birds" (2013) Voices of Owen Wilson. (N)	The Hardy Boys "The Drop" (N)	Degrassi	Degrassi	Make It Pop	Max & Shred	* Free Birds				

TUESDAY EVENING														JUNE 15, 2021	
Bell	Star	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	
WCAX 3	-	Channel 3 News at Six	Class of 2020 Graduation	CBS Evening News	Entertainment Tonight (N)	NCIS "Gut Punch" COVID compliance duty. (N)	FBI "Leverage" A reporter is kidnapped. (N)	FBI: Most Wanted A rogue militia fires at teenagers. (N)		Channel 3 News	(:35) The Late Show With Stephen Colbert (N)				
WPTZ 5	-	NBC5 News at 6 (N)	NBC Nightly News - Holt	Jeopardy! (N)	Wheel of Fortune	U.S. Olympic Trials Swimming, Finals. (N)	(Live)	America's Got Talent "Auditions 3" Variety acts audition. (N)		NBC5 News at 11 (N)	(:34) The Tonight Show Starring Jimmy Fallon (N)				
CBMT 6	206	301	CBC Montreal News (N)	Rick Mercer Report	NHL Hockey Semifinal: Teams TBA. (N)	(Live)		The National (N)		CBC Montreal News (N)	Interrupt This Program Coronation Street				
CHLT 7	107	718	(5:58) TVA Nouvelles (N)	(:29) Sucre sale (N) (SC)	Un zoo pas comme les	La dérape (N) (SC)	Hôpital New Amsterdam "Les solitaires" (N)	Escouade 99 (N) (SC)	Complexe G (SC)	TVA nouvelles (N)	(:35) Sucre sale (SC)	(:05) ** "Le programme" (2015, Biographie) Ben Foster, Chris O'Dowd. (DVS) (SC)			
WMTW 8	-	-	WMTW News 8 at 6PM (N)	ABC World News	Wheel of Fortune	Jeopardy! (N)	The Goldbergs	Home Economics	The Conners	black-ish "Hero Pizza"	To Tell the Truth RuPaul; Cedric The Entertainer. (N)	WMTW News 8 at 11 (N)	(:35) Jimmy Kimmel Live! (N)		
CKSH 9	108	-	(5:59) Le télé-journal Estrie	(:31) Zone économie (N)	Question de jugement (N)	Au coeur de la DPJ (N)	Galas ComediHa! 2016 (SC)	Bonsoir bonsoir! (N)		Le téléjournal (N) (SC)		(:05) Le télé-journal Estrie	(:34) Trop (DVS) (SC) (12:04) Trop (DVS) (SC)		
CKMI 11	-	-	Global National (N)	(:29) Global News at 6:30	ET Canada	Entertainment Tonight (N)	NCIS "Gut Punch" COVID compliance duty. (N)	FBI "Leverage" A reporter is kidnapped. (N)		FBI: Most Wanted A rogue militia fires at teenagers. (N)		Global News at 11 (N)	(:35) The Late Show With Stephen Colbert (N)		
CFCF 12	205	312	(5:59) CTV News Montreal (N)	etalk (N)	The Big Bang Theory	LEGO Masters Teams build strong structures. (N)	Mental Samurai Contestants include a model. (N)	The Conners	black-ish "Hero Pizza"	To Tell the Truth RuPaul; Cedric The Entertainer. (N)		News-Lisa	CTV News Montreal (N) The Daily Show		
WVNY 22	-	-	Local 22 News (N)	ABC World News	Local 22 News (N)	Inside Edition (N)	The Goldbergs	Home Economics	The Conners	black-ish "Hero Pizza"	To Tell the Truth RuPaul; Cedric The Entertainer. (N)	Local 22 News (N)	(:35) Jimmy Kimmel Live! (N)		
WUTV 60	-	-	The Big Bang Theory	Judge Judy	Judge Judy	Family Feud	LEGO Masters Teams build strong structures. (N)	Mental Samurai Contestants include a model. (N)		2 on Your Side at 10 (N)	Seinfeld "The Library" (N)	Two and a Half Men	Two and a Half Men Last Man Standing		
CFKS 61	106	726	Souper parfait	Souper parfait	Ça c'est drôle!	Clash "Le sevrage"	Les jeux fous d'Ellen (N) (DVS) (SC)	Justice à L.A. Lola use d'un pouvoir judiciaire. (N)		Noovo Le Fil 22 (N) (SC)	** "Nora Roberts: sur le fil" (2009) Emilie de Ravin. Une négociatrice pour la police devient la cible d'un tueur. (N)				
WUHF	-	363	Modern Family	Modern Family	The Big Bang Theory	The Big Bang Theory	LEGO Masters Teams build strong structures. (N)	Mental Samurai Contestants include a model. (N)		13WHAM News at 10 on Fox Rochester (N) (Live)		DailyMailTV (N)	The Simpsons (N) Paid Program		
WETK	-	-	PBS NewsHour (N)	Points North	Rural Free Delivery	Finding Your Roots With Henry Louis Gates, Jr. (N)	American Experience "The Polio Crusade" (N)			Frontline China's mass imprisonment of Muslims. (N)		Amanpour and Company (N)	BBC World News (N)		
WCFE	-	-	World News America	BBC World News Outside	PBS NewsHour (N)	Best of Mountainlake PBS						BBC World News (N)	Amanpour and Company (N)		
A&E	615	520	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars	(:01) Storage Wars	(:32) Storage Wars	(:04) Storage Wars	(:34) Storage Wars (12:03) Storage Wars		
CNN	500	500	Situation Room With Wolf	Erin Burnett OutFront (N)	Anderson Cooper 360 (N)	Cuomo Prime Time (N)	Don Lemon Tonight (N) (Live)	Don Lemon Tonight (N) (Live)	Cooper 360 (N)						
DISC	520	505	Highway Thru Hell "Close Calls" (DVS)	Heavy Rescue: 401 "Slay The Dragon" (DVS)	Gold Rush: Dave Turin's Lost Mine	Gold Rush: Dave Turin's Lost Mine (N)	Deadliest Catch (N)	Homestead Rescue A daughter asks for help. (N)	Bones (N)						
DRAMA	620	523	Chicago Med Halstead and Manning plan their wedding. (N)	Chicago Med A deadly high-rise fire overwhelms Med. (N)	Chicago Med The staff must save a kidnapped child. (N)	Chicago Med "Backed Against the Wall" (N)	Chicago Med The staff deals with shooting victims. (N)	Chicago Med A boy has life-threatening flu. (N)	Chicago Med (DVS)						
HIST	522	506	Pawn Stars Rick searches for a fire truck. (DVS)	Pawn Stars Letter signed by a former president. (N)	Pawn Stars Unique military surplus items. (DVS)	The Food That Built America "A Game of Chicken" (N)	Snack-Sized	Snack-Sized	Pawn Stars Letter signed by a former president. (N)	Pawn Stars (DVS)					
PARMT	628	584	Ink Master: Angels	Ink Master: Angels	Ink Master: Angels	Ink Master: Angels	Ink Master: Angels	Ink Master: Angels	Ink Master: Angels	Ink Master: Angels					
RDI	126	730	(5:55) Zone économie (N) (SC)	(:01) 24/60 (N) (SC)	Les grands reportages (Part 2 of 4) (SC)	Le téléjournal avec Céline Galipeau (N) (SC)	Le téléjournal (N) (SC)	Le national (N) (SC)	(:31) Le national (N) (SC)	(12:01) 24/60 (SC)					
SHOW	616	521	NCIS "Last Man Standing" Murder of a naval officer. (N)	NCIS "Agent Afloat" DiNozzo investigates a suicide. (N)	FBI "An Imperfect Science" A shooting at a nightclub. (N)	Clarice Clarice questions a pharmaceutical CEO. (N)	Strange Angel Susan's concerns about Jack grow. (N)	FBI: Most Wanted "Ride or Die" (N) (DVS)	NCIS "Judgment Day" (N)						
SLICE	601	562	The King of Queens	The King of Queens	Below Deck Sailing Yacht "Last Call for Parsifall" (N)	The Real Housewives of New York City (N)	The Real Housewives of New York City (N)	The Real Housewives of Beverly Hills "Overexposed" (N)	The King of Queens	The King of Queens	Housewives/ NYC				
TLC	521	560	7 Little Johnstons Amber presses Anna for details. (N)	7 Little Johnstons Jonah starts a sports podcast. (N)	7 Little Johnstons "My Farty Valentine" (N)	Little People, Big World Caryn has big news to share. (N)	Doubling Down With the Der-ricos "Oh Baby" (N)	Doubling Down With the Der-ricos "A What in the Oven?" (N)	7 Little Johnstons (N)						
TSN	400	400	SportsCentre (N) (Live)	That's Hockey!	2020 UEFA European Championship Teams TBA. (N)	EURO Show	SportsCentre (N) (Live)	SportsCentre (N) (Live)							
YOUTH	551	542	Henry Danger	Tooned In (N)	SpongeBob	SpongeBob	Danger Force	Henry Danger	Henry Danger	Degrassi	Degrassi	Make It Pop	Max & Shred	Sam & Cat	

Your week on TV

WEDNESDAY EVENING														JUNE 16, 2021	
Bell	Star	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	
WCAX	3	-	Channel 3 News at Six	Class of 2020 Graduation	CBS Evening News	Entertainment Tonight (N)	Kids Say the Darndest Things (N) (DVS)	S.W.A.T. "U-Turn" The team races to save activists. (N)	S.W.A.T. "Reckoning" The team must stop an attack. (N)	Channel 3 News	(:35) The Late Show With Stephen Colbert (N)				
WPTZ	5	-	NBC5 News at 6 (N)	NBC Nightly News - Holt	Jeopardy! (N) (DVS)	Wheel of Fortune (N)	U.S. Olympic Trials Swimming, Finals. (N) (Live)		The Blacklist Long-buried secrets are divulged. (N) (DVS)	NBC5 News at 11 (N)	(:34) The Tonight Show Starring Jimmy Fallon (N)				
CBMT	6	206	301	CBC Montreal News (N)	Rick Mercer Report (N)	NHL Hockey Semifinal: Teams TBA. (N) (Live) (DVS)			The National (N) (DVS)	CBC Montreal News (N)	First Play Live	Coronation Street (N)			
CHLT	7	107	718	(5:58) TVA Nouvelles (N)	(:29) Sucre salé (N) (SC)	(6:59) Sauvage animal	Les gags (N) (SC)	S.W.A.T. "Poison de conspiration" Hondo et le S.W.A.T.	Guy Nantel: Nos droits et libertés (N) (SC)	TVA nouvelles (N)	(:35) Sucre salé (SC)	(:05) ** "La cloche et l'idiot 2" (2014, Comédie) Jim Carrey, Jeff Daniels. (SC)			
WMTW	8	-	-	WMTW News 8 at 6PM (N)	ABC World News	Wheel of Fortune (N)	Jeopardy! (N) (DVS)	Press Your Luck Contestants from California compete. (N)	The \$100,000 Pyramid Alex Moffat; Michelle Collins. (N)	Card Sharks Contestants from California and more. (N)	WMTW News 8 at 11 (N)	(:35) Jimmy Kimmel Live! (N) (DVS)			
CKSH	9	108	-	(5:59) Le télé-journal Estrie	(:31) Zone économie (N)	Question de jugement (N)	L'épicerie (N) (DVS)	Ouvrez les guillemets	Vies de chiens (N)	Bonsoir bonsoir! (N) (DVS) (SC)	Le téléjournal (N) (SC)	(:05) Le télé-journal Estrie	(:34) Trickster Jared rencontre Wade. (N) (SC)		
CKMI	11	-	-	Global National (N) (DVS)	(:29) Global News at 6:30	ET Canada	Entertainment Tonight (N)	Kids Say the Darndest Things (N) (DVS)	S.W.A.T. "U-Turn" The team races to save activists. (N)	The Blacklist Long-buried secrets are divulged. (N) (DVS)	Global News at 11 (N)	(:35) The Late Show With Stephen Colbert (N) (DVS)			
CFCF	12	205	312	(5:59) CTV News Montreal (N) (DVS)		etalk (N) (DVS)	The Big Bang Theory (N)	MasterChef Guest judge Paula Deen. (N) (DVS)	The \$100,000 Pyramid Alex Moffat; Michelle Collins. (N)	Ellen's Game of Games "Aw Snap Out of It" (N) (DVS)	News-Lisa	CTV News Montreal (N)	The Daily Show		
WVNY	22	-	-	Local 22 News (N)	ABC World News	Local 22 News (N)	Inside Edition (N) (DVS)	Press Your Luck Contestants from California compete. (N)	The \$100,000 Pyramid Alex Moffat; Michelle Collins. (N)	Card Sharks Contestants from California and more. (N)	Local 22 News (N)	(:35) Jimmy Kimmel Live! (N) (DVS)			
WUTV	30	-	-	The Big Bang Theory (N)	Judge Judy (N) (DVS)	Judge Judy (N) (DVS)	Family Feud (N) (DVS)	MasterChef Guest judge Paula Deen. (N) (DVS)	Crime Scene Kitchen "Decisions, Decisions" (N) (DVS)	2 on Your Side	Seinfeld "The Pen" (N) (DVS)	Two and a Half Men (N)	Two and a Half Men (N)	Last Man Standing (N)	
CFKS	31	106	726	Souper parfait	Souper parfait	Ça c'est drôle!	Clash "Zone d'ombre"	Comédie sur mesure	Mets-y le paquet	À communi-quer (SC)	L'open mic de...	Noovo Le Fil 22 (N) (SC)	"La double vie de mon mari" (2018) Katherine Bailess. Une femme est retrouvée morte dans sa robe de mariée.		
WUHF	-	363	-	Modern Family (N) (DVS)	Modern Family "Arrested"	The Big Bang Theory (N)	The Big Bang Theory (N)	MasterChef Guest judge Paula Deen. (N) (DVS)	Crime Scene Kitchen "Decisions, Decisions" (N) (DVS)	13WHAM News at 10 on Fox Rochester (N) (Live) (DVS)	DailyMailTV (N) (DVS)	The Simpsons (N)	Arthritis & Neck Pain		
WETK	-	-	-	PBS NewsHour (N) (DVS)		Out and About (N)	Outdoor Journal	Rivers of Life "The Mississippi" The Mississippi River.	NOVA "Eagle Power" Up-close footage of eagles. (N)	Kingdoms of the Sky: Rockies (N) (DVS)	Amanpour and Company (N) (DVS)	BBC World News (N)	BBC World News (N)		
WCFE	-	-	-	World News America	BBC World News Outside	PBS NewsHour (N) (DVS)		Best of Mountainlake PBS			BBC World News (N)	Amanpour and Company (N) (DVS)			
A&E	615	520	-	Court Cam (N) (DVS)	Court Cam (N) (DVS)	Court Cam (N) (DVS)	Court Cam (N) (DVS)	Court Cam (N) (DVS)	Court Cam (N) (DVS)	(:01) Court Cam Presents Under Oath (N) (DVS)	(:04) Court Cam (N) (DVS)	(:34) Court Cam (N) (DVS)	(12:03) Court Cam (N) (DVS)		
CNN	500	500	-	Situation Room With Wolf	Erin Burnett OutFront (N)		Anderson Cooper 360 (N)		Cuomo Prime Time (N) (DVS)	Don Lemon Tonight (N) (Live)	Don Lemon Tonight (N) (Live)	Cooper 360			
DISC	520	505	-	Highway Thru Hell "The Bait" (DVS)	Heavy Rescue: 401 Herb watching over the crew.		Bering Sea Gold "Ship of Fools" (N) (DVS)			Expedition X Video captured by the U.S. Navy. (N) (DVS)	Josh Gates Tonight Dominic Monaghan, Billy Boyd. (N) (DVS)	Bones (N) (DVS)			
DRAMA	620	523	-	CSI: Crime Scene Investigation "Let It Bleed" (N)	CSI: Crime Scene Investigation "For Warrick" (N)		CSI: Crime Scene Investigation "The Happy Place" (N)		The Handmaid's Tale "The Wilderness" (N) (DVS)	(:15) CSI: Crime Scene Investigation "Let It Bleed" (DVS)	(:15) CSI: Crime Scene Investigation "Let It Bleed" (N)	CSI: Crime Scene			
HIST	522	506	-	Forged in Fire Finalists make the Grim Reaper's scythe. (N)	Forged in Fire Four blade-smiths get cooking. (N) (DVS)		Forged in Fire "Deadly Duo" (N) (DVS)		Forged in Fire Making knives out of sledgehammers. (N)	Assembly Required: Special Edition "Kicking Grass" (N)	Forged in Fire "Summer Forging Games Part 1"	Forged in Fire (N)			
PARMT	628	584	-	Framework (N) (DVS)	Framework (N) (DVS)		Framework (N) (DVS)		Framework (N) (DVS)	Framework (N) (DVS)	Framework (N) (DVS)	Framework (N) (DVS)			
RDI	126	730	-	(5:55) Zone économie (N) (SC)	(:01) 24/60 (N) (SC)		Les grands reportages "Climat: tous manipulés?" (N)		Le téléjournal avec Céline Galipeau (N) (SC)	Le téléjournal (N) (SC)	Le national (N) (SC)	(:31) Le national (N)	(12:01) 24/60 (SC)		
SHOW	616	521	-	NCIS Secrets about Gibbs' past are revealed. (N)	NCIS Gibbs hunts for the killer of a marine. (N)		FBI Jubal must make a difficult decision. (DVS)		We Are Lady Parts (N) (DVS)	(:35) We Are Lady Parts	(:10) Frayed (N) (DVS)	(:15) FBI: Most Wanted A cyberstalker looks for revenge.	(12:15) NCIS (DVS)		
SLICE	601	562	-	The King of Queens (N)	The King of Queens (N)	The Real Housewives of New York City (N) (DVS)	The Real Housewives of Beverly Hills "Overexposed" (N)		The Real Housewives of Beverly Hills (N) (DVS)	Vanderpump Dogs (N) (DVS)	Vanderpump Dogs (N) (DVS)	Family Karma Anisha tests the dating waters. (N) (DVS)	Real Housewives/Beverly		
TLC	521	560	-	Dr. Pimple Popper "A Lipoma Is Born" (N)	Dr. Pimple Popper Melissa tries to hide a lipoma. (N)		Dr. Pimple Popper (N) (DVS)		Dr. Pimple Popper Joanne's forehead growth. (N) (DVS)	Save My Skin Four patients face pain and scarring. (N)	Untold Stories of the E.R. "Cows & Stilettos" (N) (DVS)	Dr. Pimple Popper (N)			
TSN	400	400	-	SportsCentre (N) (Live) (DVS)	That's Hockey!	2020 UEFA European Championship Teams TBA. (N) (DVS)			EURO Show	SportsCentre (N) (Live) (DVS)	SportsCentre (N) (Live) (DVS)	SC With Jay Onrait (N)			
YOUTH	551	542	-	Henry Danger	Tooned In (N)	Junior Chef Showdown (N)	Junior Chef Showdown (N)		Henry Danger	Henry Danger	Degrassi	Degrassi	Make It Pop	Max & Shred	

THURSDAY EVENING														JUNE 17, 2021	
Bell	Star	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	
WCAX	3	-	Channel 3 News at Six	Class of 2020 Graduation	CBS Evening News	Entertainment Tonight (N)	Young Sheldon (N)	(:31) United States of AI	(:01) Mom (N) (DVS)	B Positive (N) (DVS)	Clarice Clarice punches another FBI agent. (N) (DVS)	Channel 3 News	(:35) The Late Show With Stephen Colbert (N)		
WPTZ	5	-	NBC5 News at 6 (N)	NBC Nightly News - Holt	2021 U.S. Open Golf Championship First Round. (N) (Live)					U.S. Olympic Trials Swimming, Finals. (N) (Live)	NBC5 News at 11 (N)	(:34) The Tonight Show Starring Jimmy Fallon (N)			
CBMT	6	206	301	CBC Montreal News (N)	Rick Mercer Report (N)	NHL Hockey Semifinal: Teams TBA. (N) (Live) (DVS)				The National (N) (DVS)	CBC Montreal News (N)	Canadian Reflections (N)	Coronation Street (N)		
CHLT	7	107	718	(5:58) TVA Nouvelles (N)	(:29) Sucre salé (N) (SC)	(6:59) Les rénos d'Hugo	* "Une seconde chance" (2014) Michelle Monaghan, James Marsden, Luke Bracey. L'enterrement d'un ami réunit deux anciens amoureux. (SC)			TVA nouvelles (N)	(:35) Sucre salé (SC)	(:05) * "La série divergence: Allégeance" (2016) Shailene Woodley, Theo James. (SC)			
WMTW	8	-	-	WMTW News 8 at 6PM (N)	ABC World News	Wheel of Fortune (N)	Jeopardy! (N) (DVS)	Holey Moley Stephen wants to take the sport pro. (N)	Holey Moley The competition heats up. (N) (DVS)	The Hustler "The Most Diabolical Game on Television"	WMTW News 8 at 11 (N)	(:35) Jimmy Kimmel Live! (N) (DVS)			
CKSH	9	108	-	(5:59) Le télé-journal Estrie	(:31) Zone économie (N)	Question de jugement (N)	Six degrés (N)	Prière de ne pas envoyer de fleurs "Gino Chouinard"	Bonsoir bonsoir! (N)	Le téléjournal (N) (SC)	(:05) Le télé-journal Estrie	(:34) Feux L'amour de Marc et Mylène est fragilisé.			
CKMI	11	-	-	Global National (N) (DVS)	(:29) Global News at 6:30	ET Canada	Entertainment Tonight (N)	Border Security	(:31) United States of AI	(:01) NCIS: Los Angeles (N) (DVS)	Clarice Clarice punches another FBI agent. (N) (DVS)	Global News at 11 (N)	(:35) The Late Show With Stephen Colbert (N) (DVS)		
CFCF	12	205	312	(5:59) CTV News Montreal (N) (DVS)		etalk (N) (DVS)	The Big Bang Theory (N)	Holey Moley Stephen wants to take the sport pro. (N)	Holey Moley The competition heats up. (N) (DVS)	Law & Order: Special Victims Unit (N) (DVS)	News-Lisa	CTV News Montreal (N)	The Daily Show		
WVNY	22	-	-	Local 22 News (N)	ABC World News	Local 22 News (N)	Inside Edition (N) (DVS)	Holey Moley Stephen wants to take the sport pro. (N)	Holey Moley The competition heats up. (N) (DVS)	The Hustler "The Most Diabolical Game on Television"	Local 22 News (N)	(:35) Jimmy Kimmel Live! (N) (DVS)			
WUTV	30	-	-	The Big Bang Theory (N)	Judge Judy (N) (DVS)	Judge Judy (N) (DVS)	Family Feud (N) (DVS)	Beat Shazam Three father-daughter teams compete. (N)	LEGO Masters "Hero Shot!" (N) (DVS)	2 on Your Side	Seinfeld (N) (DVS)	Two and a Half Men (N)	Two and a Half Men (N)	Last Man Standing (N)	
CFKS	31	106	726	Souper parfait	Souper parfait	Ça c'est drôle!	Clash (DVS) (SC)	La famille est dans le pré	Un safari près drôle!	Catastrophe (N) (DVS)	(:40) Ça c'est drôle!	Noovo Le Fil 22 (N) (SC)	"Soeurs jumelles, soeurs ennemies" (2018) Karissa Strain. Une femme réalise le déséquilibre mental de sa soeur.		
WUHF	-	363	-	Modern Family (N) (DVS)	Modern Family (N) (DVS)	The Big Bang Theory (N)	The Big Bang Theory (N)	Beat Shazam Three father-daughter teams compete. (N)	LEGO Masters "Hero Shot!" (N) (DVS)	13WHAM News at 10 on Fox Rochester (N) (Live) (DVS)	DailyMailTV (N) (DVS)	The Simpsons (N)	Paid Program (N)		
WETK	-	-	-	PBS NewsHour (N) (DVS)	Made Here	Made Here	Made Here	Made Here	Made Here	Made Here "Henry David Thoreau: Surveyor of the Soul" The story of Henry David Thoreau. (N)	Amanpour and Company (N) (DVS)	BBC World News (N)	BBC World News (N)		
WCFE	-	-	-	World News America	BBC World News Outside	PBS NewsHour (N) (DVS)		Best of Mountainlake PBS			BBC World News (N)	Amanpour and Company (N) (DVS)			
A&E	615	520	-	The First 48 A Miami man shot on a city sidewalk. (N)	The First 48 An Atlanta man is shot and left to die. (N)		The First 48 "Devil's Trail" (N) (DVS)		The First 48 Presents Critical Minutes "A Family Affair"	(:01) Nightwatch A gunshot victim; a car accident. (N) (DVS)	(:04) The First 48 "Deadly Favor; Just Kids" (N) (DVS)	(12:03) The First 48 (N)			
CNN	500	500	-	Situation Room With Wolf	Erin Burnett OutFront (N)		Anderson Cooper 360 (N)		Cuomo Prime Time (N) (DVS)	Don Lemon Tonight (N) (Live)	Don Lemon Tonight (N) (Live)	Cooper 360			
DISC	520	505	-	Highway Thru Hell "Reunited" (DVS)	Heavy Rescue: 401 Sonny needs to pull off a recovery.		Dirty Mudder Truckers "Know Your Enemy" (N)		Street Outlaws: America's List "Slick Moves" Johnny Quick tries out a new strategy. (N) (DVS)	Texas Metal A client wants to improve a Ford Ranger.	Bones (N) (DVS)				
DRAMA	620	523	-	CSI: Crime Scene Investigation (N) (DVS)	CSI: Crime Scene Investigation "19 Down..." (N)		CSI: Crime Scene Investigation "Leave Out All the Rest"		*** "Selena" (1997, Biography) Jennifer Lopez, Edward James Olmos, Jon Seda. Mexican-American singer skyrockets to fame. (N) (DVS)	(:45) *** "Selena" (1997) Jennifer Lopez, Jon Seda. (N) (DVS)					
HIST	522	506	-	Assembly Required: Special Edition "Kicking Grass" (N)	Forged in Fire Making knives out of sledgehammers. (N)		Mountain Men The search for trapping grounds. (N)		Swamp People Pickle takes the captain's seat. (N) (DVS)	Alone "Chewed Up" The participants test new strategies. (N) (DVS)	The Proof Is Out There (N)	Forged in Fire (N)			
PARMT	628	584	-	Adam Carolla and Friends Build Stuff Live (N)	Adam Carolla and Friends Build Stuff Live (N)		Adam Carolla and Friends Build Stuff Live (N)		Adam Carolla and Friends Build Stuff Live (N)	Adam Carolla and Friends Build Stuff Live (N)	Adam Carolla and Friends Build Stuff Live (N)	Adam Carolla and Friends Build Stuff Live (N)			
RDI	126	730	-	(5:55) Zone économie (N) (SC)	(:01) 24/60 (N) (SC)		Les grands reportages "Une famille à part" (SC)		Le téléjournal avec Céline Galipeau (N) (SC)	Le téléjournal (N) (SC)	Le national (N) (SC)	(:31) Le national (N)	(12:01) 24/60 (SC)		
SHOW	616	521	-	NCIS Gibbs second-guesses himself. (N) (DVS)	NCIS "Cloak" The team must play a dangerous war game.		FBI "Outsider" A Wall Street investor is murdered. (N)		Legacies MG, Caleb and Jed go on a mission. (N) (DVS)	** "Death Race" (2008, Action) Jason Statham. Prisoners compete in a brutal car race to win their freedom. (N)	(:15) The King of Queens (N)	(:45) Million Dollar Listing New York "Virtually Freddy"			
SLICE	601	562	-	The King of Queens (N)	The King of Queens (N)	The Real Housewives of Beverly Hills (N) (DVS)	Vanderpump Dogs (N) (DVS)	Vanderpump Dogs (N) (DVS)	Million Dollar Listing New York "Virtually Freddy" (N)	Million Dollar Listing	(:45) The King of Queens (N)	Family by the Ton Casey reaches a boiling point. (N)	Dr. Pimple Popper (N)		
TLC	521	560	-	(5:00) My 600-Lb. Life Justin has eaten his life away. (N)	Dr. Pimple Popper Rhonda has bumps on her head. (N)		Dr. Pimple Popper "Super-sized: Cystic River" (N) (DVS)		My 600-Lb. Life "Isaac's Journey" Isaac learns to take care of himself. (N)		SportsCentre (N) (Live) (DVS)	SportsCentre (N) (Live) (DVS)	SC With Jay Onrait (N)		
TSN	400	400	-	SportsCentre (N) (Live) (DVS)	That's Hockey!	NBA Basketball Brooklyn Nets at Milwaukee Bucks. Conference Semifinals, Game 6. (If necessary). (N) (Live) (DVS)				SportsCentre (N) (Live) (DVS)	SportsCentre (N) (Live) (DVS)	SC With Jay Onrait (N)			
YOUTH	551	542	-	Henry Danger	Tooned In (N)	SpongeBob	SpongeBob	Danger Force	Henry Danger	Henry Danger	Degrassi	Degrassi	Make It Pop	Max & Shred	

Obituaries

Obituaries

Purdy, James Grant (1946-2021)
Soles (Nee Stevens), Hilda May (1929-2021)



Death



**James
Grant
Purdy**
1946-2021

Grant passed away at the CHUS Hôtel-Dieu in Sherbrooke on June 6th, 2021 at the age of 74. He was predeceased by his parents George Purdy and Sheila Standish. He leaves to mourn his life partner Barbara Lloyd and her daughter Jody. He will also be missed by many friends.

Grant was a kind and gentle person who was always willing to help others. He loved country living and had a huge appreciation for nature. He loved bird watching, fishing, and hosting BBQs with friends.

In Grant's honour, we ask that you spend quality time with a loved one.

A private ceremony will take place at a later date.

CASS FUNERAL HOMES
3006 College St., Sherbrooke QC
PHONE: 819-564-1750
FAX: 819-564-4423
www.casshomes.ca

Death



**Hilda May
Soles**
(Nee
Stevens)
(1929-2021)

Passed away peacefully in Bedford, on June 4th, 2021,

at the age of 92. Longtime resident of Bedford, wife of the late John "Jack" Soles, daughter of the late Harold George Stevens and of the late Clara Annetta Buchanan.

She is survived by her son John Harold Soles (Lori), her grandsons: Trevor and Jonathan, predeceased by her brother George Stevens, and sister Esther Gilman. Also missed by her nieces and nephews Ann Thompson (Ross), Freddie Gilman (Kathy), Ralph Gilman (Kelly), and Mary Salois (Mario), their children and many other relatives and friends.

A private graveside service will take place at the United Cemetery in Dunham, QC. at a later date. In her memory, donations can be made to the BMP Foundation. www.bmpfoundation.ca

Arrangements entrusted to:

BROME-MISSISQUOI
Funeral Complex
215, rue de la Rivière, Bedford QC
PHONE: 450-248-2911
complexefuneraire.ca

In Memoriam

PHANEUF, Vic: October 11, 1934 – June 12, 2002. Husband, father, grandfather and great-grandfather.
We love you and miss you.
Wish you were here.

FREDA (wife)
CHILDREN
GRANDCHILDREN
GREAT-GRANDCHILDREN

Card of Thanks

GARFAT – A sincere thank you to all our relatives and friends for the kind expressions of sympathy at the time of the death of my husband, father and grandfather, Gordon Garfat. The telephone calls, cards, food and donations were deeply appreciated.

**DONNA
AND FAMILY**



WALES
RÉSIDENCE · HOME
www.waleshome.ca

Are you a senior looking for a clean, safe, and vibrant homelike environment wherein to live and enjoy your retirement? Are you a senior's friend or family member and want to ensure their final years are replete with excellent healthcare and meaningful connections? If you answered "yes" to either of these questions, the Wales is the place for you!

Brendalee Piironen
Executive Director
819-826-3266 ext. 247
bpiironen@waleshome.ca
506 Route 243 North,
Cleveland, QC J0B 2H0

Church Services

Presbyterian

LENNOXVILLE

St. Andrew's Presbyterian Church, Lennoxville. A warm welcome to join our worship services each Sunday morning at 10:30 a.m. Our Guest Speaker on June 13 will be Virginia Wallace.

The Word of Grace broadcast can be heard each Sunday morning on the community station CJMQ - 88.9 FM at 8:30AM. It can accessed anytime at www.cjmq.fm

United

AYER'S CLIFF, MAGOG, GEORGEVILLE

The Ayer's Cliff Magog Georgeville Pastoral Charge has decided to keep our church buildings closed for the foreseeable future. You are all invited to join us for our Sunday worship services on Zoom at 10:45 a.m. If you would like to join us please call Mel Bryant at St. Paul's in Magog 819-843-3778 or Sue Young for Beulah United Church 819-838-5815 to receive the zoom link. You can also visit our Pastoral Charge web site <https://amgunited.wixsite.com/amgunited> to find the link our YouTube channel

LENNOXVILLE

Lennoxville United Church. Facebook Live: Prayer and Reflection with Rev. Linda. Every Sunday @ 10 a.m. & Wednesday @ 10 a.m. Available Live through Linda Buchanan's Facebook Page or Lennoxville United Church Facebook Page. Video available afterwards through Linda Buchanan's Facebook Page or Lennoxville United Church Facebook Page or Lennoxville United's Website <http://lennoxvilleunitedchurch.com/>

SHERBROOKE

The Plymouth-Trinity United Church community of faith, at 819-346-6373 and www.plymouthtrinitychurch.org in Sherbrooke, welcomes you to our 10:45 a.m. worship service on Sunday, June 13; we will celebrate Indigenous History Month, Pride Month, and the 96th anniversary of the Union that created the United Church. Connect via the Internet, or by telephone (long distance charges will apply): Check our website or call us for details (our building is closed). Joignez-vous à nous pour notre culte du dimanche, 13 juin, à 10h45! Le culte est diffusé en ligne ou par téléphone (avec frais interurbains). Voir les détails sur notre site web ou téléphonez-nous (notre bâtiment est fermé). Cordiale bienvenue à tout le monde. Minister: Samuel V. Dansokho.

FRIDAY, JUNE 11, 2021

Today is the 162nd day of 2021 and the 84th day of spring.

TODAY'S HISTORY: In 1770, Captain James Cook discovered the Great Barrier Reef off the coast of Australia by accidentally running aground on a shoal.

In 1776, the Continental Congress appointed the Committee of Five - John Adams, Thomas Jefferson, Benjamin Franklin, Roger Sherman and Robert Livingston - to begin drafting the Declaration of Independence.

In 1963, Alabama Gov. George Wallace, confronted by National Guard troops, allowed the University of Alabama to be desegregated.

Datebook

TODAY'S BIRTHDAYS: Richard Strauss (1864-1949), composer/conductor; Jacques Cousteau (1910-1997), explorer/inventor/writer; Vince Lombardi (1913-1970), football coach; William Styron (1925-2006), author; Gene Wilder (1933-2016), actor; Joe Montana (1956-), football player; Hugh Laurie (1959-), actor; Peter Dinklage (1969-), actor; Joshua Jackson (1978-), actor; Diana Taurasi (1982-), basketball player; Shia LaBeouf (1986-), actor.

TODAY'S FACT: In 2002, the U.S. House of Representatives passed a resolution stating that Italian inventor Antonio Meucci, who demonstrated his "teletrofono" device in New York in 1860, should be acknowledged for his work in the invention of the telephone.

TODAY'S SPORTS: In 1919, Sir Barton won the Belmont Stakes, becoming the first horse to win horse racing's Triple Crown.

TODAY'S QUOTE: "The good writing of any age has always been the product of someone's neurosis, and we'd have a mighty dull literature if all the writers that came along were a bunch of happy chuckleheads." - William Styron

TODAY'S NUMBER: 133,000 - square mileage of the Great Barrier Reef, the world's largest coral reef system, made up of more than 2,500 individual reefs and 900 islands.

TODAY'S MOON: Between new moon (June 10) and first quarter moon (June 17).

SATURDAY, JUNE 12, 2021

June 12 is the 163rd day of 2021 and the 85th day of spring.

TODAY'S HISTORY: In 1963, civil rights leader Medgar Evers was assassinated in Jackson, Mississippi.

In 1964, anti-apartheid activist Nelson Mandela was sentenced to life in prison for sabotage in South Africa.

In 1987, President Ronald Reagan challenged Soviet leader Mikhail Gorbachev to "tear down this wall" in a speech delivered in divided Berlin.

In 1994, Nicole Brown Simpson, ex-wife of professional football player O.J. Simpson, and her friend Ronald

Goldman were murdered in Los Angeles.

In 2016, a gunman killed 49 people and injured 53 others at the Pulse nightclub in Orlando, Florida.

TODAY'S BIRTHDAYS: Charles Kingsley (1819-1875), priest/historian/author; Uta Hagen (1919-2004), actress; George H.W. Bush (1924-2018), 41st U.S. president; Anne Frank (1929-1945), diarist/Holocaust victim; Jim Nabors (1930-2017), actor; Marv Albert (1941-), sportscaster; Chick Corea (1941-2021), musician; Hideki Matsui (1974-), baseball player; Dave Franco (1985-), actor; Blake Ross (1985-), software engineer.

TODAY'S FACT: Assassinated civil rights leader Medgar Evers' brother,

Charles Evers, was the first African American since Reconstruction to be elected a mayor in Mississippi, in 1969.

TODAY'S SPORTS: In 1939, the Baseball Hall of Fame opened in Cooperstown, New York.

TODAY'S QUOTE: "Friendship is like a glass ornament; once it is broken, it can rarely be put back together exactly the same way." - Charles Kingsley

TODAY'S NUMBER: 28 - years the Berlin Wall stood separating East and West Berlin.

TODAY'S MOON: Between new moon (June 10) and first quarter moon (June 17).

SUDOKU

DIFFICULTY RATING: ★★★★★

		1		2	3			
				6			9	7
8				1	7		5	
1		7	9	3			2	
	3			5	4	8		1
	4		1	7				2
9	2			4				
		5	2			6		

6/11

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PREVIOUS SOLUTION

6	5	8	3	1	2	9	4	7
7	1	4	9	5	6	2	8	3
2	9	3	4	8	7	6	5	1
8	3	6	7	2	9	4	1	5
9	2	1	8	4	5	7	3	6
4	7	5	6	3	1	8	9	2
1	6	7	5	9	4	3	2	8
5	8	9	2	6	3	1	7	4
3	4	2	1	7	8	5	6	9

HOW TO PLAY: Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

7	1	5	2	8	3	6	4	9
9	2	3	6	4	5	7	1	8
6	4	8	1	7	9	5	3	2
2	3	7	9	6	4	8	5	1
5	6	4	8	2	1	9	7	3
1	8	7	9	3	6	4	2	5
8	9	6	3	1	7	2	5	4
3	5	2	4	6	8	1	9	7
4	7	1	5	9	2	3	8	6

PREVIOUS SOLUTION

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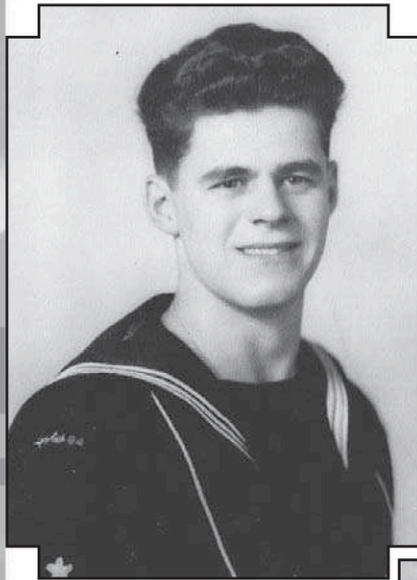
6/12

			5	8				7
	8		3	2				1
			9	6			3	
8	5							3
			4		2		5	
3								4
		2		9	5			
	6		3	8				2
7			1	2				

DIFFICULTY RATING: ★★★★★

SUDOKU

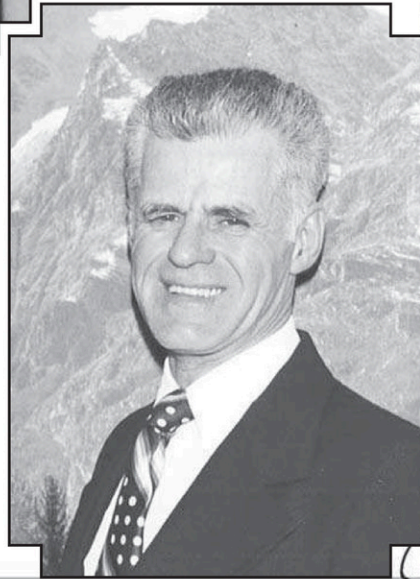
HOW TO PLAY: Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

Happy 90th Birthday to

**MAURICE
MALOUIN
(Mo)**

June 11, 2021

*Keep up the
good work and
your health.*



Love, your wife
BARB

your children
Theresa, Michael, Cheryl

grandsons
Matthew, Phillip

great-grandchildren
Mederick, Zach,
Mae-Eva, Eva-May



Let her go

Dear Annie

FRIDAY, JUNE 11, 2021

Dear Annie: I am a man in my late 50s. Until recently, I was in a long-distance relationship with a woman – let's call her "Maria" – who lives about a thousand miles away from me. Last month, out of the blue, she accused me of cheating on her with her cousin, who lives about 45 minutes away from me. This is 100% not true. I met the cousin only once, when Maria was in town for a visit last year. I have not seen or communicated with her cousin since!

Because of these accusations and Maria's insistence that she is right, sadly, we have split. I love Maria, and I have always told her that and showed her in every way I could. We haven't talked in weeks, since our conversations kept ending in arguments. She says she has "proof," which she has yet to show. She absolutely cannot have proof, because it didn't happen! But how do I prove that something did not happen? Maria and I talked or texted every night, and I told her to call me or video chat me anytime to

show I was alone at night. In past relationships, Maria has had trust issues and cheating partners, so I'm thinking that might be where this is coming from. Is there any hope? – Wrongfully Accused

Dear Wrongfully Accused: I see two possibilities here. Option A: Maria was looking for an excuse to end the relationship, so she invented one. Option B: She truly believes that you cheated on her, despite your giving her no reason to believe such a thing. Either way, my advice is to let her go. A loving partner doesn't make baseless, hurtful accusations.

"Ask Me Anything: A Year of Advice From Dear Annie" is out now! Annie Lane's debut book – featuring favorite columns on love, friendship, family and etiquette – is available as a paperback and e-book. Visit <http://www.creatorspublishing.com> for more information.

Send your questions for
Annie Lane to
dearannie@creators.com.

Your Birthday

FRIDAY, JUNE 11, 2021

Do things your way this year. Refuse to let someone step in and take control. Have a plan in mind and a schedule in place. Leave nothing to chance or open for criticism. Face challenges head-on, and don't lose sight of the big picture. Get in the game and play to win.

GEMINI (May 21-June 20) – Do what you do best. Own the stage instead of letting others crowd your space. It's time to embrace what you enjoy doing most and take on a leadership role. Think big, but live within your means.

CANCER (June 21-July 22) – Look for the silver lining in any situation you face; you'll find a way to parlay it into something valuable. A physical change or an image update will result in positive attention.

LEO (July 23-Aug. 22) – Pay attention. Observe what others are doing. Don't rely on others to do things for you. Invest time and money in yourself. Put more effort into the way you look and upgrading your qualifications.

VIRGO (Aug. 23-Sept. 22) – Display what you have to offer, and interest will grow. Making a move in a new and exciting direction will give you the boost you need to resurrect something you enjoy doing.

LIBRA (Sept. 23-Oct. 23) – Keep gathering information. Being tech-savvy and knowing what's possible will give you the advantage you need to avoid getting involved in a risky venture. Be wary of temptation.

SCORPIO (Oct. 24-Nov. 22) – Expand your interests, knowledge and flexibil-

ity. Take precautions to ensure you stay healthy and fit. Put your energy into educational pursuits and improving the way you manage your money.

SAGITTARIUS (Nov. 23-Dec. 21) – Your emotions will lead you in one direction and your common sense in another. Stick to the guidelines suggested when dealing with financial, health or legal matters.

CAPRICORN (Dec. 22-Jan. 19) – You'll gravitate toward situations that are unique, sensitive and changeable. Be open regarding your feelings, and ask questions if someone's response is confusing. Romance is on the rise.

AQUARIUS (Jan. 20-Feb. 19) – Put your money, time and effort into building a solid home base. How you deal with domestic issues will determine how much you achieve. Set your standards and goals high and keep striving.

PISCES (Feb. 20-March 20) – Safe socializing and networking are favored, as long as they don't subject you or your loved ones to unpredictable situations. Contact someone who shows interest in the unique way you do things.

ARIES (March 21-April 19) – You'll gain perspective regarding what's possible and what isn't. A change in direction looks promising. Reach out to someone who can offer sound advice or help you get ahead.

TAURUS (April 20-May 20) – Reach out to people who can help you reach your goal. A personal change will lift your spirits and give you the confidence you need to take on a new challenge. Love is featured.

SATURDAY, JUNE 12, 2021

Look for new and exciting ways to use your knowledge and skills to excel. Branch out and implement effective ways to incorporate something you love to do into your everyday routine. Keeping active and maintaining good health are mandatory this year. Rethink how you socialize. Pick up knowledge and skills.

GEMINI (May 21-June 20) – Reconsider your work ethic and strategy. Don't hesitate to make a change to the way you look or how you do things. Groom yourself for success. You can achieve great things!

CANCER (June 21-July 22) – A change of plans will restrict you if you buy into what someone is doing instead of taking the path that offers you peace of mind and personal control. Rely on your intelligence.

LEO (July 23-Aug. 22) – Focus on what you can do to improve your health and overall well-being. Look for a unique way to spend time that will bring you peace of mind and increased physical endurance.

VIRGO (Aug. 23-Sept. 22) – You'll accomplish what you set out to do if you get physical and take action. Less talk will help you avoid interference. Listen to your heart and let your emotions carry you in the right direction.

LIBRA (Sept. 23-Oct. 23) – Pay attention to what others are offering. Verify the information provided, then proceed in a direction that puts your mind at ease. Protect against health risks by socializing safely.

SCORPIO (Oct. 24-Nov. 22) – Learn the lessons of the past to avoid making a fi-

nancial mistake. Look at your assets and consider the best way to use what you have to improve your lifestyle. Focus on what's important to you.

SAGITTARIUS (Nov. 23-Dec. 21) – Don't be fooled by what others do or say when what's important is to satisfy your needs. Show discipline when dealing with money, health and situations that are dependent on group unity.

CAPRICORN (Dec. 22-Jan. 19) – You'll flock to people who are fast-paced and live life to the fullest. Reconnect with old friends to discover a new way to achieve satisfaction and gratitude. Focus on enlightenment.

AQUARIUS (Jan. 20-Feb. 19) – Look around you, and you'll come up with ideas that will add to your home's comfort and convenience. Put things in order and set up designated spaces for the projects you want to pursue.

PISCES (Feb. 20-March 20) – Take your mind off what troubles you. Engage in pastimes with people you enjoy. Safe socializing will lift your spirits and encourage you to make some healthy lifestyle decisions.

ARIES (March 21-April 19) – Concentrate on personal changes that make you feel and look your best. Start a routine geared toward fitness and a proper diet. Build your strength and confidence by starting a healthy new routine.

TAURUS (April 20-May 20) – A change of plans will turn in your favor. Broaden your horizons. Get involved in something that will make you feel good about the contribution you make in your community.

Sunday horoscope on page 23

CELEBRITY CIPHER by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

“LOW ZIRMCEZJZ XCJUZR FZJFHURM
HUVNN DZH Z NZJUZHUCEZO NRRO.
... CU NRROH OCP R UDR LYRMZ LN
EMCIR.” — HDCZ OZSRLVN

Previous Solution: “The sound of the blades on the ice in the morning is like smelling fresh coffee.” — Tara Lipinski

TODAY'S CLUE: A sishba X

CELEBRITY CIPHER by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

“C DUYVPG Y BRTPNYU JATLPTH CAT
ATJP. VANI JYWIPH JAXDYTV
DYVW ZPUU, CT JYWP YTVATP'W
ZATGPNCTM!” — JONCW VARTM

TODAY'S CLUE: A sishba X

Previous Solution: “Old Americana vintage gangster stuff has a fantastical feel... It feels like the opera of crime.” — Shia LaBeouf

ALLEY OOP



ARLO & JANIS



THE BORN LOSER



REALITY CHECK



FRANK AND ERNEST



GRIZZWELLS



HERMAN



THATABABY



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100 Job Opportunities

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NEA Crossword Puzzle

Answer to Previous Puzzle

	B	U	D		D	A	B		R	A	F	T	
Y	A	L	E		I	L	E		O	G	R	E	
A	R	T	S		S	E	T	T	L	E	I	N	
P	E	R	I	L	S		S	H	E				
S	R	A		Y	O	M		O	X	I	D	E	
				V	E	L	O	U	R		N	O	V
P	R	O	P		U	R	N		B	I	D	E	
O	A	K	S		T	E	D		A	T	O	N	
M	G	R		B	E	L	U	G	A				
P	E	A	C	E		S	L	Y		A	M	I	
				A	R	C		A	M	A	Z	E	D
R	O	N	S	T	A	D	T		B	U	R	L	
F	R	A	T		G	E	E		U	R	G	E	
D	O	G	E		E	N	D		T	E	E		

ACROSS

- 1 Talk, talk, talk
- 4 Chicago White —
- 7 Kiosk buy, slangily
- 10 Natural resource
- 11 Become edible
- 13 Dog days in Dijon
- 14 Toupee kin
- 15 Left over
- 16 Shinto or Zen (abbr.)
- 17 High-tech beam
- 19 Water-logged
- 21 Mongrel
- 23 Noon on a sundial
- 24 Smelling salts
- 28 Sax mouth-pieces
- 32 Top seed's reward
- 33 Kind of vaccine
- 35 Drop in the slot
- 36 James or Kett
- 38 Underwater shocker

DOWN

- 39 Title of respect, in India
- 40 Shoplifting
- 42 Passed, as a bill
- 45 Grog ingredient
- 47 Primate
- 48 Vegetable sponge
- 51 Downy fruit
- 55 Sweater letter
- 56 Nature walk
- 58 Cravat
- 59 Furrow
- 60 Digress
- 61 Klutz
- 62 Psyche components
- 63 Ginza money
- 64 Green-house purchase

- 5 Decides
- 6 Make copies
- 7 Simply
- 8 Solar deity
- 9 Toothpaste choice
- 11 TV fare
- 12 Low point
- 18 Italian writer
- 20 "Carpe —"
- 22 Wide-spread
- 24 Egg on
- 25 Ancient tale
- 26 Allot
- 27 Nautical position
- 29 Manhattan river
- 30 Really bad
- 31 Skidded
- 34 Longest arm bone
- 37 Big hairdo
- 41 Clumps of grass
- 43 Try for a job
- 44 High note
- 46 Time traveler — McFly
- 48 Commend
- 49 Excuses
- 50 Cottontail
- 52 Surmounting
- 53 Luigi's farewell
- 54 Hoist
- 55 Part of TNT
- 57 Fleming of spydom

1	2	3		4	5	6		7	8	9
10				11			12		13	
14				15					16	
17			18			19			20	
			21		22		23			
24	25	26				27		28		29 30 31
32					33		34		35	
36			37		38				39	
40				41		42		43 44		
			45		46		47			
	48 49					50		51		52 53 54
55				56			57		58	
59				60					61	
62					63				64	

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NEA Crossword Puzzle

Your Birthday

SUNDAY, JUNE 13, 2021

- ACROSS**
- 1 "The Wizard of Oz" studio
 - 4 Fill to the —
 - 8 Trash
 - 12 "Rope-a-dope" boxer
 - 13 "Damn Yankees" vamp
 - 14 Reed instrument
 - 15 Once called
 - 16 Goopy
 - 17 Benefit
 - 18 Rare gas
 - 20 Thunder-struck
 - 22 Itinerary word
 - 24 Habitual
 - 25 Home run descriptor
 - 28 Crowd in
 - 31 Bloodhound's clue
 - 32 Connect
 - 33 Spend money
 - 36 Panhandle
 - 37 Arroyo
 - 38 El —, Texas
 - 39 Painter's undercoat
- 40 Important mineral**
- 41 Slide sideways
 - 43 Playful bite
 - 45 Thuds
 - 47 Hippie wear
 - 51 Gave a buzz
 - 52 "Like this"
 - 55 Jackie's second
 - 56 Ogden locale
 - 57 Facilitate
 - 58 Bard's prince
 - 59 Aught or naught
 - 60 As soon as
 - 61 Mil. rank
- DOWN**
- 1 Tailless cat
 - 2 Delight
 - 3 Outward appearance
 - 4 Deli crepes
 - 5 Gigantic bird of myth
 - 6 Sort
 - 7 Yucatan native
 - 8 Jump from gig to gig (hyph.)
 - 9 Convoy chaser (hyph.)

Answer to Previous Puzzle

Y	A	K			S	O	X			M	A	G	
O	R	E		R	I	P	E	N		E	T	E	
W	I	G		E	X	T	R	A		R	E	L	
L	A	S	E	R		S	O	D	D	E	N		
			C	U	R		X	I	I				
A	M	M	O	N	I	A		R	E	E	D	S	
B	Y	E			F	L	U		M	A	I	L	
E	T	T	A		E	E	L			S	R	I	
T	H	E	F	T		E	N	A	C	T	E	D	
				R	U	M		A	P	E			
L	O	O	F	A	H			P	E	A	C	H	
T	A	U			T	R	A	I	L		T	I	E
R	U	T			S	T	R	A	Y		O	A	F
I	D	S			Y	E	N			P	O	T	

- 10 Loop in a rope
- 11 Daily Planet reporter
- 19 Above
- 21 Under-stand, slangily
- 23 Library tome
- 25 Whole bunch
- 26 Byron work
- 27 Festive quaff
- 29 Tosses out
- 30 Scallion kin
- 33 Candy shape
- 34 GI hangout
- 35 Not hither
- 37 Fraction of a month
- 38 Snowman accessory
- 39 Eager (hype.)
- 41 Layered rock
- 42 Some eclipses
- 44 Dramatist Henrik —
- 45 Vera —, Mexico
- 46 Meat dish
- 48 Contented murmurs
- 49 Tow along
- 50 River sediment
- 53 Sarcastic retort
- 54 Do something with

1	2	3		4	5	6	7		8	9	10	11
12				13					14			
15				16					17			
18				19				20	21			
			22		23			24				
25	26	27			28	29	30					
31					32					33	34	35
36					37					38		
			39							40		
	41	42					43	44				
45					46			47		48	49	50
51					52	53	54			55		
56					57					58		
59					60					61		

Consider your options, and embrace a reserved course of action. It's best to give yourself some wiggle room this year for unexpected setbacks. You will achieve the most if you follow your heart, do your best and avoid being indebted to others. Do your own research instead of trusting someone else's opinion.

GEMINI (May 21-June 20) - Have a plan in mind before you initiate change. Opportunities are apparent, but if they don't suit your needs or bring you the happiness you deserve, you may as well take a pass. Follow your heart.

CANCER (June 21-July 22) - See what others have to offer before you make promises. You have to be careful when it comes to joint ventures. Someone will take advantage of you if you are too accommodating.

LEO (July 23-Aug. 22) - Don't make decisions under emotional duress. A change of pace may not be welcome, but it will help you evaluate how you want to move forward. Comparisons will play a role in the decisions you make.

VIRGO (Aug. 23-Sept. 22) - A change will be in your best interest. Be open to new adventures and you will discover something that brings you joy. Embrace what life has to offer, and make positive adjustments.

LIBRA (Sept. 23-Oct. 23) - What you know and what you do will cause conflicts. Be careful who you share your opinion with and how you handle friends and relatives. It's best to keep the peace. Common sense will be a must.

SCORPIO (Oct. 24-Nov. 22) - Too many

choices will cause confusion. Focus on the people who contribute the most to your emotional well-being. A positive lifestyle change will give you purpose and contentment.

SAGITTARIUS (Nov. 23-Dec. 21) - Expand your interests; you'll discover something you enjoy doing that can lead to extra cash. Don't limit what you can do because someone discourages you. Question the motives of others.

CAPRICORN (Dec. 22-Jan. 19) - A change will lift your spirits. Don't be afraid to try something new or to walk away from situations that bring you down. Take control and you will find happiness. Love is on the rise.

AQUARIUS (Jan. 20-Feb. 19) - Think matters through. Don't follow what someone does; do your own thing. Being adventuresome will help you discover new interests and people who are like-minded. Mix old ideas with new plans.

PISCES (Feb. 20-March 20) - Be specific. Someone will misinterpret information you offer, putting you in a weak position if you aren't careful. Leave nothing to chance, and be willing to give your all.

ARIES (March 21-April 19) - Chitchat all you want, but don't believe everything you hear. Stick to your plans, and incorporate only what will help you reach your goal. Knowledge is power - let it inspire and drive you.

TAURUS (April 20-May 20) - Open up to someone who can lend a helping hand. Don't fear change or be reluctant to try something new. Channel your energy into making your space convenient, comfortable and inviting.

FRIDAY, JUNE 11, 2021

Tell your partner about the declarer

By Phillip Alder

If you watch a World War II movie, you may hear someone say that they operate on a need-to-know basis. In particular, spies were told only the minimum to do their job in case they were captured. Then, under torture, they couldn't jeopardize the whole network.

When defending at the bridge table, it is similar. It doesn't matter which signaling method you use - the traditional high to encourage or the more high-tech low to encourage. It is most important that you give partner the information he needs to know.

In today's deal, North-South bid aggressively to three no-trump. West led the club six: seven, eight, 10. Declarer continued with the diamond king. After winning with the ace, West switched to the spade nine. However, declarer won with his ace over East's king and drove out the heart ace, establishing 10 tricks.

"Why didn't you continue with the club king at trick three, partner?" asked East. "If declarer had three clubs, he was surely home as I was unlikely to have an entry."

"But you told me you had only two clubs," replied West. "As your cards

North		06-11-21	
♠	5 3 2		
♥	K J 7		
♦	10 9 7 5		
♣	A 7 5		
West		East	
♠	9 8 4	♠ K J 10 7	
♥	A 4	♥ 9 8 6 5	
♦	A 3 2	♦ 6 4	
♣	K J 9 6 2	♣ 8 4 3	
South			
♠	A Q 6		
♥	Q 10 3 2		
♦	K Q J 8		
♣	Q 10		
Dealer: South			
Vulnerable: Both			
South	West	North	East
1NT	Pass	2NT	Pass
3NT	Pass	Pass	Pass
Opening lead: ♣ 6			

were irrelevant to the outcome of the club suit, you should have given me a count signal at trick one, playing the three, not the eight. Then I would have known what to do. After you played the eight, my only chance seemed to be that you had the spade ace, instead of the king-jack, as an entry for a club return through declarer's remaining queen-ex."

Third hand gives count at trick one when his highest card is below the nine.



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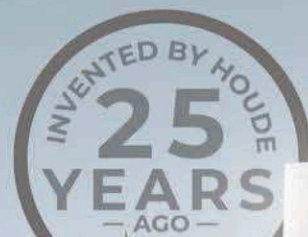
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