



See inside

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Radler Purchases Townships Outlet

Sharon McCully, owner and publisher of *The Townships Outlet*, has sold the twice-monthly newspaper to David Radler of Alta Newspaper Group, owners of *The Record* and *Brome County News*.

As part of the deal, McCully will take over editorial management of *The Record* and *Brome County News*.

"I don't anticipate any changes whatsoever in *The Townships Outlet*," McCully said.

"By pooling our resources, I think the English-speaking Townships community will be well served with a daily, a weekly and a bimonthly newspaper," McCully said, adding she is looking forward to returning to the *Record* where she spent 20 years as a reporter and editor.



Sherbrooke's City Hall

DOUG MCCOOEYE

Just Like Old Times

By Doug McCooeye

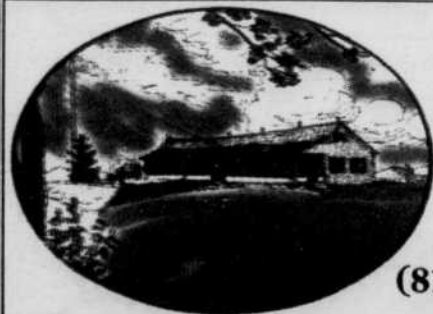
The City of Sherbrooke's November 1st municipal elections will feel just like old times. For the first time since 1994, the voting in all of the city's districts will be done using paper ballots. The electronic voting system that had been used in the past three elections will be put aside, at least for this year. The need for the

change is due to a moratorium from the Quebec government on the use of electronic voting machines.

"In the past, we've been able to get the election results out by 8:20 or 8:30 pm," explained Isabelle Sauvé, President of the 2009 Sherbrooke Election Committee. "It will probably take longer to count the votes on election night now because of the paper balloting."

Sauvé and her team have been working since the spring in preparation for what promises to be a very intriguing campaign period. With an election budget of about \$900,000, people will have access to 34 voting stations throughout the city, 15 more than in the 2005 elections.

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Local News

Sherbrooke elections to use paper ballots

CONT'D FROM PAGE 1

With the large number of voting stations and the use of paper balloting, the city is looking for the help of about 1000 people come election time. They have already received about 400 applicants, but many more are needed.

For the first time ever, the city will be having a correspondence voting period. From October 23rd to the 30th, people who own property in Sherbrooke (many business owners have buildings in Sherbrooke but do not reside within the city limits) but are not permanent residents will be able to cast their vote via mail.

On Saturday, October 25 in the afternoon, advanced voting will be available to anyone who will not be in the city on the regular November 1st election day.

The official start of the declaration period is September 18th and ends October 2nd. Candidates must officially declare that they are running between these dates. The election office makes available, to anyone interested, a booklet explaining the requirements and parameters of candidates. "At this time in 2005, only one book had been asked for," said Sauv . "This year we've already given out 45 booklets. That doesn't necessarily mean that 45 people are interested in running. It does mean that there's a lot of interest in this year's election."

In early October, residents will re-

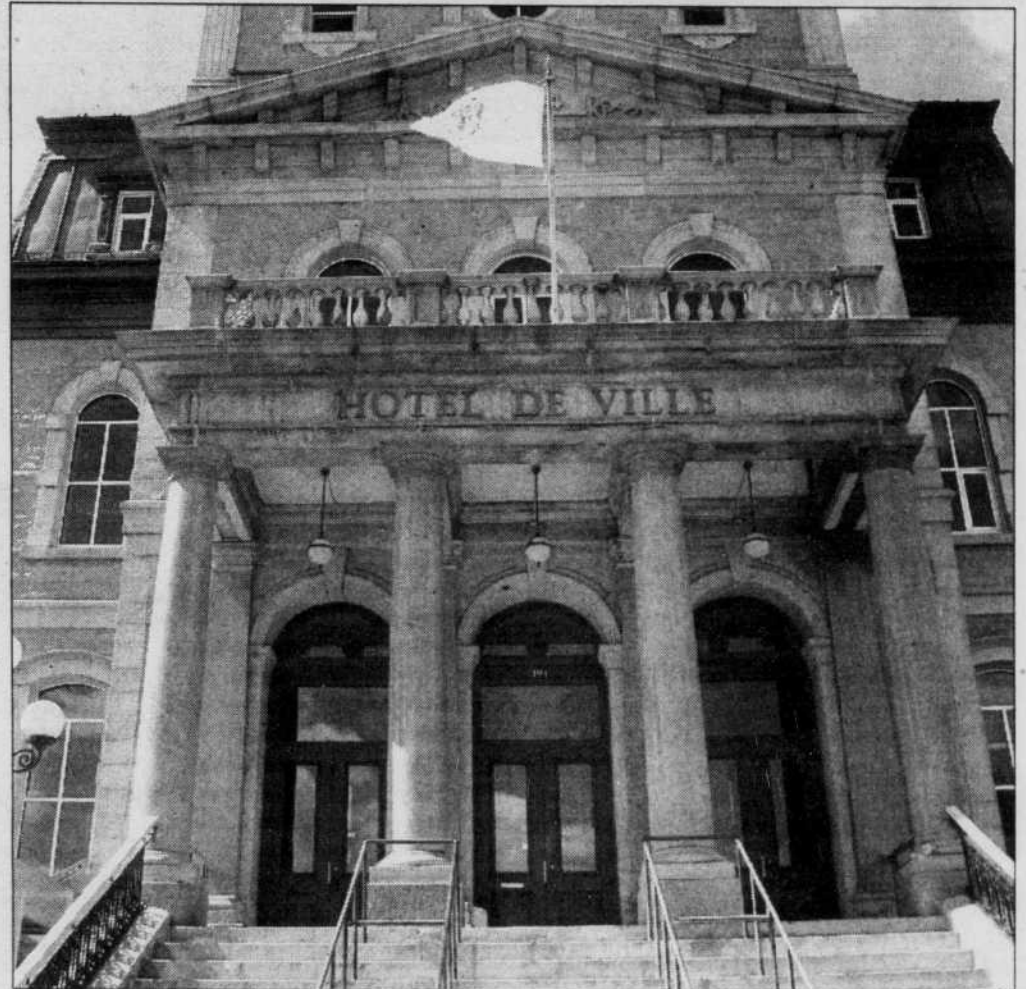
ceive information by mail on whether or not they are on the electoral list as well as further information about the election.

The city's election website offers a new tool to help inform voters. Starting on October 5th, voters will be able to learn what district they live in, where the closest voting station is located, and the candidates they can choose from, simply by typing in their address.

On November 1st, people will vote for the city's mayor and the councillor for the district they live in. This district representative sits on the City's Municipal Council.

On top of a mayor and district representative, people in Brompton and Lennoxville will also be voting for a borough president. Brompton and Lennoxville are special cases because of their borough council's unique structure. Each of these boroughs has a president and two district representatives. The president does not represent a particular district, but rather the borough as a whole. In Brompton and Lennoxville, it is the borough president, not the district representatives, who sit on the City's Municipal Council.

45% of people that were eligible cast their vote in the 2005 city elections. The number was as high as 60% in some districts.



DOUG MCCOOEYE

Sherbrooke City Hall

Body Found in Ste-Catherine-de-Hatley

By Corrinna Pole

A body was found on Saturday, August 22nd in Ste-Catherine-de-Hatley. According to reports, a 45-year-old man was discovered in a wooded-area near Armand-Chainey Street. The body was found by friends of the victim after a lengthy search in the area.

After not having heard from their friend since August 17th, people close to the victim began to worry on the 19th and eventually filed a missing-person's report on August 21st to the R gie de Police de Memphr magog.

The Memphr magog police investiga-

tion has led them to believe that on the morning of the 17th, the victim suffered some severe burns after an explosion occurred while he was preparing some sort of creation involving cannabis. The fire seems to have been subdued by the man himself, as the fire department was never contacted.

"Looking at the circumstances, the victim seems to have decided to not have his burns treated at the hospital and also removed any trace of fire from the inside and the outside of his domicile," said Paul Tear of the Memphr magog Police.

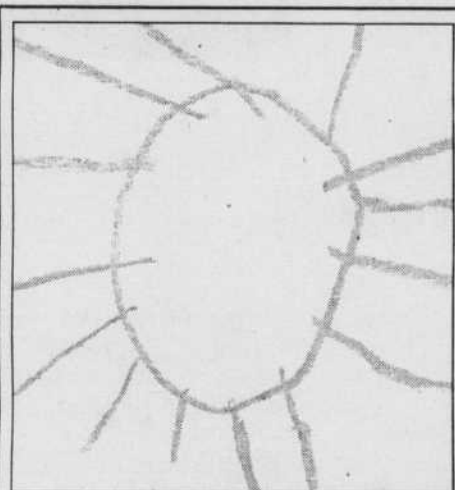
In the afternoon of the 17th, the police station received an anonymous phone call informing them of the incident. The

caller said that the victim explained that his burns were suffered as a result of a marine-boat accident and that the man refused treatment.

Around 7 pm later that same day, the victim told a neighbour that he would be going to hide in the woods out of fear that the police would come calling. He told his neighbour to not reveal his identity.

The man was not seen or heard from again until he was found five days later.

Preliminary autopsy reports could not determine the exact cause of death. "The identity of the victim will be divulged once we have received certification from the detective to do so," said Tear.



There is that sun we have been looking for all summer.

Weather

TODAY: SUNNY. HIGH OF 21. LOW OF 8.

WEDNESDAY: SUNNY. HIGH OF 23. LOW OF 9.

THURSDAY: SUNNY. HIGH OF 24. LOW OF 11.

FRIDAY: SUNNY. HIGH OF 24. LOW OF 12.

Ben by Daniel Shelton



COLLEGE GOVERNANCE

Proposed law largely ignores English minority

(CNW) The Directors General and Chairpersons of the Board of four Montreal-area anglophone CEGEPs will present a brief tomorrow in Quebec City to the parliamentary commission on education, asking legislators to withdraw Bill 44, which proposes to change the way CEGEPs are governed.

The anglophone colleges are urging the government to engage in a consultation process that will lead to a model of college governance that enables the colleges to better address the challenges Quebec society is currently facing.

"These institutions are entrenched in the landscape of Quebec life and represent a rich tapestry of Quebec society as they bring together students of every origin, contributing to the expansion of their horizons, and enhancing an intercultural experience that is harmonious and respectful of the differences that exist between them," say the authors of the brief.

Paramount among the concerns in the brief is that Bill 44 proposes a model of governance for CEGEPs based on the provisions of Bill 38, which was formulated to redress elements of university governance in reaction to recent financial scandals in that sector.

In the 40 years of the CEGEPs' existence, colleges have developed effective administrative measures for accountability that have spared them major financial crises. Bill 44 will hinder the colleges' ability to further develop their responsibility and autonomy in the achievement of their educational missions by placing restraints that act as a "lead apron" to weigh them down with additional bureaucracy.

Of particular concern to the anglophone colleges is the provision that delegates to the Ministry of Education the task of appointing eight of the 11 independent Board members. This would essentially close the door on the anglophone colleges' ability to appoint members who share the same value systems, a common vision and understanding of the English-minority experience in Quebec.

The brief states: "The links forged between our institutions and the communities they have served over the years are at risk if Board members are selected through some random process, or based on factors that do not include competence, cultural and institutional affinity."

Other concerns include the elimination of the Academic Dean from a seat at the Board table. "The Colleges Act entrusts the Academic Dean to ensure respect for and implementation of the college's primary mission. When he or she stands before the Board, he or she represents the raison-d'être of the college."

Champlain Regional College, Dawson College, John Abbott College and Vanier College together have more than 25,000 students enrolled in full- and part-time studies, a large majority of them in the pre-university stream, and employ nearly 3,000 people.

Local Family Tackles Big Project

By Corrinna Pole

This summer a 96-year old South Stukely woman embodied the pioneering spirit when she seized a project many people would shy away from, to build a high-capacity dam.

Originally built in 1912 to contain a reservoir for a sawmill, the former cement structure was rapidly deteriorating and the government ordered a new one built by 2010.

Since it was sitting on a private lake on land owned by Luise Brousseau, the government left the job to Brousseau, who enlisted the help of her daughter Susan to act as project manager.

With limited funds and without flinching, the Brousseau's contacted many engineering firms with their specifications but were told the cost would be beyond their means and they would not be able to tackle it on their own.

Not ones to take no for an answer, the Brousseau's continued their search until they found 36-year old André Delorme of Adriel Expert-Conseil inc. from Saint-Nicolas.

With a reputation for being able to minimize costs and design natural looking dams which emphasize construction with low environmental impact as well as allowing wildlife to travel upstream, Delorme was able to give the Brousseau's a more positive prospective in April 2006 based on his 8 years of experience in the field.

"When André told me to bring my boots because we had some surveying to do, I knew I had found the right man for the job," said Susan Brousseau.

In a French-language email to The Record, Delorme explained that his duties as a conceptual engineer included designing the plans and specifications for the new structure and following up with the various involved parties up to the point of receiving the certificate of authorization from the Ministry of Sustainable Development, Environment and Parks.

"Most of my clients are individuals with a limited budget, I determine the extent of the project and provide an appropriate design. I stay in my field of competence and refer to larger firms when I can not provide a service that meets the needs of the customers," said Delorme. "The Brousseau Lake Dam is classified as a high-capacity dam and is subject to the defined standards, law and regulations on dam safety. It was therefore necessary to meet these standards and to also be aware that the budget came from an individual."

Delorme added that the Brousseaus



DAVID ANDERSON

Susan Brousseau standing before the recently completed artificial lake and dam in South Stukely. The project was undertaken by herself, her 96-year old mother, Luise, and a team of dedicated individuals.

seemed well informed about the process and asked all the right questions.

"I listened to their needs and was able to implement the type of structure that is my specialty," wrote Delorme. "Following a field visit, I noticed that the site lent itself well to the establishment of a rockfill weir, which is a mass of stones clogged with gravel in which you insert a screen sealing. After stabilization of the gravel, the appearance resembles a river. The site will be much more beautiful in a few years when the vegetation has grown."

Well versed in the design of lake dams such as the Brousseau's, Delorme explained he uses "riprap" - a protective foundation made from broken stone - as the infrastructure for bank protection and the development of streams.

Delorme's plans were then submitted to two government ministries for review and the waiting game began. Following two years of correspondence between the ministries and Delorme, the family finally received the authorization to proceed with the project on July 31, 2008.

Their next move was to locate a capable excavator. They found the next vital member of their team in Larry Padner, who had thirty years of experience in excavation. His job entailed draining the backed up water, digging up the deteriorating dam and building the new one.

"Susie was the main contractor, she kept everyone in line and on schedule," said Padner. "She researched the whole thing well beforehand and everything went smoothly because of her."

According to Padner, who was experienced in building artificial ponds, the job was not very difficult but it was a different form of building than he was used to. The big difference was the use of stone and gravel.

CONT'D ON PAGE 5

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National News

NATIONAL BRIEFS

Woman Pleads Guilty To Assaulting Mailman

(CNS) OTTAWA - A "strung out" 42-year-old woman who pepper-sprayed a mailman pleaded guilty to assault Monday.

Canada Post employee Kevin Graves had just finished putting mail inside the mailboxes in the lobby of an Ottawa apartment building in December 2008 when Claudette Fournier sprayed him with a noxious substance that caused "instant" pain, according to a synopsis of the case entered in court.

Graves managed to grab Fournier's wrist during the attack, causing her to spray herself and allowing him to escape.

He told police Fournier had been outside the building when he first noticed her trying to get in through a locked door.

According to Graves, Fournier was yelling unintelligible things, her mouth was pasty and she appeared "high on drugs" and "strung out." Graves was attempting to exit the building and continue his route when Fournier stepped in and sprayed him, according to the synopsis of the case.

Fournier was originally charged with assault causing bodily harm, administering a noxious substance and possession of a weapon, but pleaded guilty to the lesser charge of assault. She is expected back in court on Nov. 2 for sentencing.

Ottawa Citizen

Medical Journal questions Canada's Vaccine plan

(CNS) OTTAWA - The Harper government's vaccination strategy to fight the swine flu pandemic is flawed, says a new editorial published on Monday in the Canadian Medical Association Journal.

The editorial says the government's existing plan to modify the standard vaccine with a substance to boost the immune system of the people who receive it could leave high-risk groups unprotected as they wait for the modified vaccine.

"Given current evidence, it seems a poorer choice than providing coverage to high-risk groups as early as possible," said the article, written by Dr. Paul Hebert, the CMAJ editor-in-chief and Dr. Noni MacDonald, the public health section editor.

"Time is running out. Only by providing fast-track standard vaccine might high-risk groups be protected in a timely way, while the general public awaits arrival of the (modified) adjuvant vaccine."

The editorial notes that other countries, including Australia and the United States, will license the vaccine more quickly.

"Health Canada seems to have forgotten that while being first with a plan is good, being fast to vaccinate will save lives," said the editorial.

Birds drop dead in Quebec City

QUEBEC - It was raining birds - literally - this weekend in a Quebec City neighbourhood after dozens of small feathered creatures were accidentally poisoned.

Residents of the Limoilou neighbourhood described the Sunday morning scene as worthy of a horror movie. The birds were disoriented and dropped dead in the streets or spent several minutes in convulsions before dying.

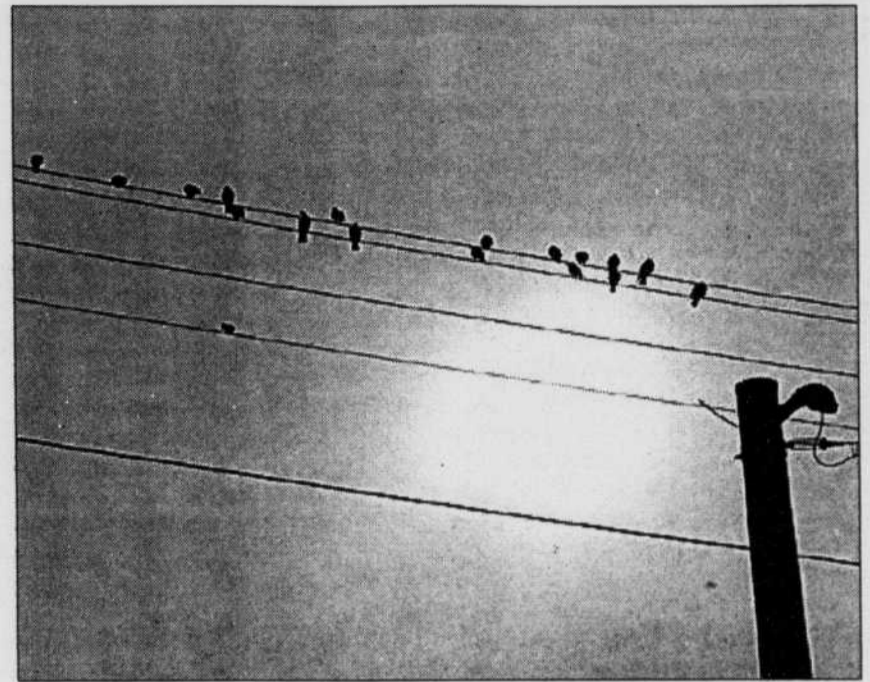
Police and firefighters were called in and feared a gas leak was responsible for killing more than 40 birds. But their investigation quickly led them to the culprit: an extermination compound.

The pesticide was placed on a rooftop to disorient pigeons and force them to find another place to roost. But the compound proved to be deadly for smaller types of birds, the bronzed grackles.

"The wrong type of bird ended up being targeted," Quebec City police spokeswoman Catherine Viel said.

Police said the compound is legal and no charges will be laid in this case.

But the Quebec Environment ministry is investigating the incident to see if the extermination company followed the guidelines.



COURTESY WIKIMEDIA

Birds on a wire, where they should be

Home births can be as safe as hospital ones, study says

By Sharon Kirkey
CANWEST NEWS SERVICE

For low-risk women, giving birth at home with a registered midwife is as safe as delivering in a hospital, a large new study from B.C. shows.

Researchers who compared nearly 3,000 home births attended by regulated midwives in B.C. to midwife or doctor-assisted hospital births found that home births were associated with a "very low and comparable rate" of infant death, with less than one death per 1,000 births.

Women who planned a home birth were significantly less likely to experience any of the obstetric interventions the researchers measured, including electronic fetal monitoring, using drugs to improve or speed up contractions, or caesarean sections. They were also less likely to experience a postpartum hemorrhage and other adverse maternal outcomes.

The study is published Monday in the Canadian Medical Association Journal.

"The safety of home births is under debate," according to background material released by the journal. Obstetricians' groups in Australia and New Zealand are opposed to home births. The American College of Obstetricians and Gynecologists has warned complications can arise "with little or no warning even among women with low-risk pregnancies" and that childbirth should not be influenced "by what's fashionable, trendy or the latest cause celebre."

In contrast, the Royal College of Ob-

stetricians and Gynaecologists in the United Kingdom has issued a statement supporting home births as a viable choice for women with uncomplicated pregnancies. The Society of Obstetricians and Gynaecologists of Canada has called for research into the safety of home births.

The new study included all planned home births attended by registered midwives from Jan. 1, 2000, to Dec. 31, 2004 in B.C.

They were compared to 4,752 planned hospital births attended by the same group of midwives, and 5,331 physician-attended hospital births.

"Women planning birth at home experienced reduced risk for all obstetric interventions measured, and similar or reduced risk for adverse maternal outcomes," the researchers report.

"Our neonatal outcomes were essentially the same," says lead author Patricia Janssen, an associate professor in the School of Population and Public Health at the University of B.C.

The one difference was that home birth babies were more likely to be admitted to a hospital, versus a readmission for babies who were a planned hospital birth with a physician.

"We think that's because these babies were coming in to have treatment of jaundice," Janssen says. Many newborns have jaundice. For babies born in hospital, the condition can be identified and treated before babies are discharged home.

"In every other measure that we looked at that measures morbidity, there was no differences," Janssen says. "When we looked at Apgar scores (a test

to determine the physical condition of a newborn infant), and asphyxia, and trauma at birth and the need for resuscitation or oxygen therapy - all of those things were not different, or in some cases they were lower, in the home birth group."

Janssen says studies suggest women in labour feel more in control in their own home. "They feel more in command of the labour, they feel more confident in themselves."

"It may be that they're moving around more, they're more active. It may be that they can rest better. We don't really know."

"It may also be that the women who chose birth at home in the first place are particularly motivated to avoid interventions," she said.

"We're not saying it's better. We're not trying to say that if you have a home birth you're guaranteed to have fewer interventions. We're just saying that the way it is being practised and regulated appears to be as safe as planned births in hospital."

She cautioned that the findings may not be applicable across the country. Midwifery is regulated on a province-by-province basis. The researchers say the findings "do not extend to settings where midwives do not have extensive academic and clinical training."

According to an accompanying commentary, planned home births are safe for women who are at low risk for complications and are cared for by qualified, licensed midwives "with access to timely transfer to hospital if required."

FAMILY DAM

CONT'D FROM PAGE 3

"In artificial ponds we use materials build out of what we dig up. If you have materials from far away it takes more time and it's more expensive," explained Padner. "I had never built a dam like this before, made out of stone and gravel. I was suspicious of how it would work but the membrane that was laid down was very good. It was about a half inch thick of materials mixed with clay and a layer of gravel. That holds the water very well."

After draining the water that had backed up with the construction of the previous dam, Padner set to work layering stones provided from a farm near Waterloo and "good quality" packing gravel and pounding them down. A makeshift assembly line helped to streamline the process.

"The stones used were from a farmer I know," said Padner. "He had the machinery to load it up on his end and I took care of it: on my end so it worked out well."

In following the environmental aspect in the plans, Padner had to also include a gradual slope for the fish to travel upstream for spawning. After about two weeks of hard work, Padner was impressed with the end result.

"It's very important these days to consider how it will effect nature and the animals who use the water," said Padner who indicated he may adapt the work from this project into future ones. "It was interesting and it seems to work perfectly. The water is bubbling away. It was a different thing (to work on) and something fun. You kind of blend your experience with what you pick up in new projects and add to it as you go."

The project wrapped up on August 19, 2009 and was inspected and approved by the government. Susan Brousseau believes the project would have never gotten off of the ground if not for the great team who worked with the family and the many friends who volunteered to help out.

"Everything went so well. In ten days, despite the rain, we managed to bring in 130 truckloads of stone and gravel and to install 1,500 pounds of geotextile and clay fabrics", says Susan Brousseau. "Larry Padner, a former schoolmate, was available to do the excavating and family and friends arrived just when we needed the extra hands. Most importantly, we came in under budget!"

Throughout the project Renaissance Lac Brome would test the water downstream and they found there was no negative impact on the water quality. They then presented the mother and daughter with a dozen wild rose bushes in appreciation of their work.

Now the job is completed, the Brousseau's are planning a big celebration following the landscaping on September 12 to thank all those who assisted the mother-daughter team in this mammoth undertaking. They will be especially honoring Delorme and Padner for their exemplary efforts.

Seeking the lost hamlet of Slatington

By Stephen McDougall

ASBESTOS - They may be amateur historians, but no one can call the members and friends of the Richmond County historical society lazy.

Last Saturday, they braved the rain and cold to see for themselves the remnants of the lost hamlet of Slatington, where two slate quarries dominated the meager economy of the area before asbestos mining came into fruition.

"There is nothing left of Slatington now," said Ian Smith, a long-time area historian and former high school teacher from Danville.

"We know it was a vibrant community for several decades while slate was in demand. But when the quarries were closed, the hamlet closed down too."

Finding the two quarries that produced the soft clay stone was not easy for the 27 curious historians. The first one, known as the Haslett road quarry, was set deep in the woods on land still owned by the Magnola magnesium smelter.

Members had to walk over a kilometer of rough woods and slippery rocks, bitten by mosquitos and wasps, with no trail to lead them, only the guidance of Brian Lodge, the former owner of the land.

"There used to be a road into this quarry and a granite one nearby over 150 years ago, but there is no sign of it now," he said.

"Workers had to bring the slate and the granite out by horse and wagon for several miles before getting to the town of Danville and the railway yards.

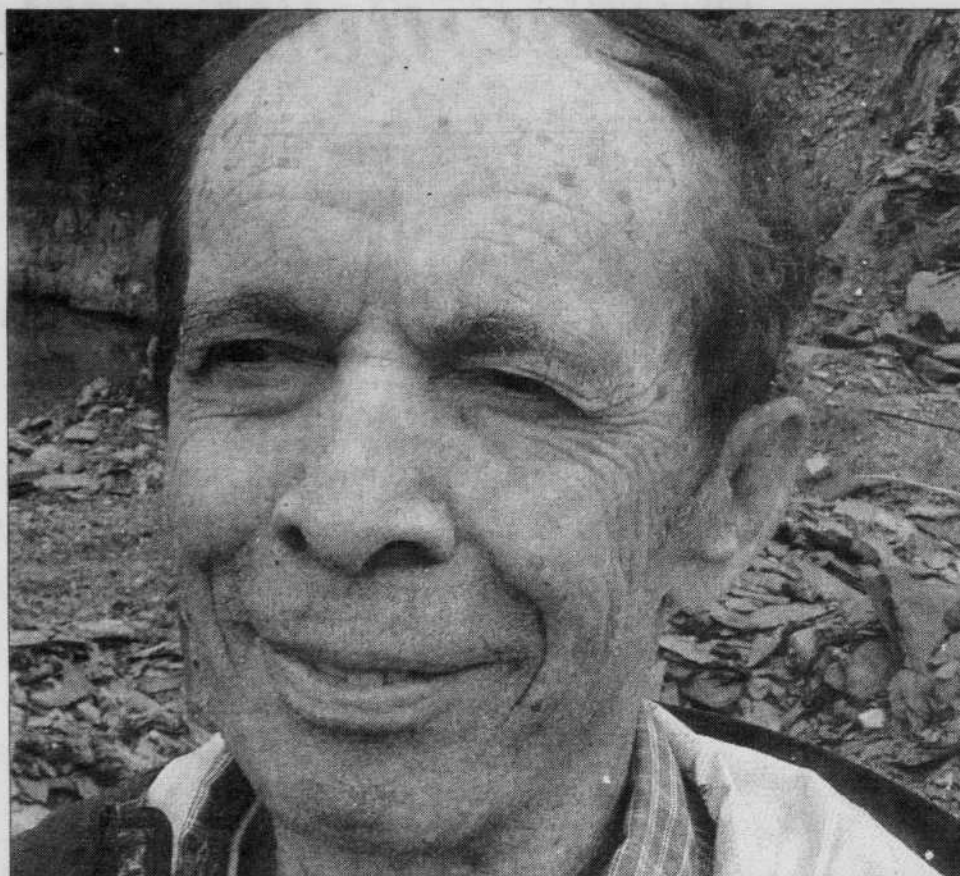
"In the winter, they used to bring the heavy slate and granite over the frozen Burbank Pond."

The second quarry, known as the Burke quarry and recently reopened by the Ardobec company from Bromptonville, was filled with jagged-edged slate pieces on hilly ground and rock ledges.

"This is where the majority of slate was produced and the ownership of it changed several times," said Smith.

"But it created the nearby hamlet of Slatington and provided hundreds of jobs for about 40 years or more."

According to records the society dug up, along with research from the Asbestos historical society, the town of Slatington had an estimated one hun-



STEPHEN MCDUGALL

Russell Saffin at the Burke quarry

dred residential houses serviced by a post office, three general stores, two small schools and several snack bar-style restaurants.

"We don't have any stories of the people who worked and lived in Slatington," said local resident Russel Saffin.

"We know that a George and Ester Baker owned a rooming house and that Edouard Lafleche, George Jones and a J. McIntire operated the general stores, but that's about it.

"We know there were no churches and that the residents would travel to Danville on Sunday mornings where there were several already established."

While standing on a loose pile of waste slate pieces, Smith told the members of a long list of owners of the Burke quarry, including the Saffin family, George Hall, Patrick Burke, Thomas Grovesnor, Robert Miller and J.N. Green-shields.

The Burke quarry changed hands seven times as up to 300 workers churned out slate for use in school blackboards and exercise pads, roofing

shingles, base plates for pool tables, sinks, floor tiles, paving stones and washboards.

The names of the companies that ran the quarry ranged from the Danville School Slate co., the Danville Slate company and finally the Danville Asbestos and Slate company.

In 1900, the quarry was closed when demand for slate dropped off and that of the newly discovered fireproof asbestos fiber took off and created the still active Jeffrey mine.

The Slatington post office was soon closed and the houses that were not abandoned and later demolished were moved to the growing town of Asbestos only a mile up the road.

"We are still looking for traces of the old town," said Smith.

"We know that some of the houses ended up on Legendre st. in Asbestos. But as for the rest, including the streets and the public buildings, we know little. It is truly a lost town that needs to be explored."



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Being lucky is one thing but when you've got a guardian angel like these two gentlemen do, luck has nothing to do with it. If you have any information on this photo, please let us know at newsroom@sherbrookerecord.com or by calling 819-569-6345

BRIFFS

A Closet Liberal?

Politics is always a strange game and recent poll have underscored this to a remarkable extent. It was only a short while ago, it seems, that federal Liberals were eager to jump into a fall election. Their polls were up and Michael Ignatieff seemed primed to surpass Prime Minister Stephen Harper as the man deemed most capable by the Canadian electorate. But just last week, a new poll revealed that Harper has crept back into a lead that is considerable and would have the Conservatives teetering on a majority, should election numbers correspond to those of the polls. That's quite a turnaround in the middle of the summer!

One has to credit Mr. Harper for his political skill, particularly in his ability to avoid any stench from the messes his ministers make, but one of the secrets of his recent success probably has to do with the fact that while talking the Conservative talk, the Prime Minister has been spending like a Trudeau Liberal - tickling Canadians where it feels best - in the pocketbook.

Since October, the federal government has produced 1,590 announcements pertaining to spending. That's about 159 for each month since the vote, or about 5 a day. Since June 27 - just two months - 550 such announcements have been released totaling a tidy \$10 billion in spending. Overall, more than \$70 billion has been allotted since October. No matter what one thinks of these numbers, they can hardly be considered Conservative.

Mr. Harper seems to have discovered a secret - Canadians want government to act, whether it be on social issues or economic ones.

It's true that Harper's fiscal ideas were cut off at the knees by the implosion of the capitalist system last fall and this left him with little choice but to spend our money like a drunken sailor just to keep up. Having been robbed of a chance to practice "small government," Harper grabbed the beast by the horns and decided to just give the people what they want - and hope for a reward.

The government's spending pattern clearly indicates that he fully expected his adversaries to force an election on him again this year and decided that summer was the time to display his largesse.

Traditionally, summertime is the political doldrums, where very little happens, but this year is different. Ministers, sub-ministers, regional chiefs and every other manner of elected Conservative have been crisscrossing the country throwing money at "shovel ready" projects and to demonstrate that our government is on the move. Road construction isn't fun to drive through, but it surely does remind people that their government is at work for (on?) them.

We needn't worry, though, Mr. Harper hasn't really become a closet Liberal - that's Peter MacKay's job - he just knows when not to swim against the tide.

On other fronts, conservatism struggles on. Harper's government has sent a message to the world that we really don't care much about those of us who are away from home. He has cut spending on culture, support programs and many other non-stimulating projects and has embraced such things as dirty oil and Asbestos. He is also gathering forces to push through Senate reform.

Cash those checks while you can, he's going want some of that back, once the fuss settles.

Mike McDevitt

GEORGEVILLE CHOIRS

These choirs are known for their happiness and friendliness. Why not join them?

The Joyfulle Noyse Quire: a Christmas choir for pre-schoolers ages 3-5 years though younger siblings may join in! First rehearsal,

Sunday, November 22nd 11.15-12.00pm.

St. George's Choristers: An opportunity for all Elementary school age children. This choir performs with the Faithful Few on alternate Sundays in St. George's Church,

Georgeville, and some of the Georgeville Troupe productions.

Introductory meeting Thursday, September 17th 3.30-5.00pm.

The Faithful Few: St. George's adult choir, SATB, which performs alternate Sundays in St. George's Church, Georgeville. Rehearsals of 1 hour a week at a time convenient to the majority.

The Georgeville Occasional Choir: SATB, join us to celebrate our 30th annual Nine Lessons with carols service! First rehearsal Saturday, October 31st 9.30am-12pm.

All instruction is in English. So, there is a choir which is just right for you and your family, look forward to seeing and hearing you!

Information: Sarah Hoblyn 819-843-0886, or trevecca@sympatico.ca

THE RECORD

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THE RECORD Sports

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TUESDAY, SEPTEMBER 1, 2009 page 7

Saints Expecting Big Things From Signings

By Zachary-Cy Vanasse

The Sherbrooke Saint-François made their first return to the ice as a team since their first-round exit during the LNAH playoffs last season as they laced up for the start of training camp on Saturday.

The team took to the ice at 10 a.m. and practiced through to Saturday evening before getting back to training on Sunday.

The Saints will be looking for a turnaround from last year's disappointing playoff run and new head coach Éric Dandenault will be choosing his roster for the 2009-2010 campaign over the course of the next two weekends of camp followed by pre-season games through to September 20.

Twenty-four players were signed to the team with other unsigned hopefuls reporting to camp on Saturday.

Saints general manager Jean-François Grégoire put the finishing touches on the pre-season squad on Friday when he inked veteran Grégory Dupré to a deal.

"Obviously other decisions might be made during training camp," said Grégoire when asked if Dupré was the last of the Saints signings. "We'll see what happens at camp and decide what else needs to be done based on that."

The 29-year-old Dupré will be expected to return to the leadership role he had with the team last season, which was one of the main reasons Grégoire wanted the Sorel-native back in the Sherbrooke fold by the time training camp rolled around this season.

"Grégory was the most consistent player on our team last season and in the playoffs," said the general manager. "He is extremely valuable in the locker



COURTESY SAINTS

Grégory Dupré

room and he leads on the ice through example." Dupré has 278 points, 109 goals, through eight LNAH seasons.

The Saints will resume training camp next weekend with their first pre-season game scheduled for Friday, September 11 against the Thetford Mines

Isothermic. The team then travels to Rivière-du-Loup on September 12 for a game against the CIMT. The Saints will then wrap up their pre-season schedule the following weekend when they visit the Saint-Georges CRS Express on Friday, September 18, before hosting the Saguenay Marquis on Sunday, September 20.

Cougars Drop Opener to Spartiates

By Zachary-Cy Vanasse

The Champlain Cougars football team has already lost more games this season than they did during all of last year's regular season after falling to the Cégep de Vieux Montréal Spartiates 17-2 in their season opener at Coulter Field on Saturday.

In the end it was mistakes that cost the team in the first game of the 2009 campaign. The Cougars offence was simply unable to get anything together while the Spartiates defence spent the first half of the game pushing Champlain backwards rather than the Cougar offence making any progress up field.

Champlain looked like they might be about to generate some offensive production when they were knocking on the end zone's door midway through the second quarter but a fumble followed by a 71-yard return by Vieux Montréal's Frédéric Mercier brought an end

to the drive. The fumble-return, coupled with Spartiates quarterback Jérémy Cloutier finding pay dirt soon after would lead to the only touchdown of the game for either team.

A safety late in the fourth-quarter represented the entirety of the Cougars offensive production for the game.

Running-back Guillaume Bourassa, one of the key players in Champlain's success in 2008, struggled to make any real gain throughout the game, finishing with just 65-yards on the day. After the game he said that he had never found himself finding it so difficult to find any daylight and admitted that the team was missing some key pieces for the game.

"There is not much to say about Saturday's game quite honestly," said defensive halfback Jason Lachapelle, "except that we didn't play too many turnovers."

It wasn't all bad for the Cougars though. Quarterback Jean Legault, in

his first game as Chaplain's number one quarterback, managed to throw for 133-yards passing, which was a better output than that of his counterpart Jérémy Cloutier.

Legault looked calm and level-headed in his starting debut and avoided making the kinds of big mistakes one might expect from a young quarterback looking to force some offence in his first game. If nothing else, he had control of the ball, and while he was unable to connect with any of his receivers for points, he avoided blowing a close game wide-open by attempting to throw any big desperation passes.

The Cougars also took less penalties than their opponents and played a disciplined game despite the fact that the offence struggled to ever get going.

Champlain's defence looked good for their first week out despite being dealt some tough field positioning to defend by the Cougars' offence.

"The defence played very well," said

linebacker Jean-Philippe Bolduc, "we did good things together, but the offence did not give us good field position. We still have a lot of things to work on but I think we looked good on Saturday."

Next up for the Cougars are the François-Xavier-Garneau Élans who dropped their season opener to Vanier by a 33-19 final score. While Vieux Montréal didn't present much of a problem in the air for Champlain, the Cougars expect F.X. Garneau to attempt to generate more offence out of the sky.

"We know they're a passing team," said Bolduc, "so we have to prepare ourselves for that."

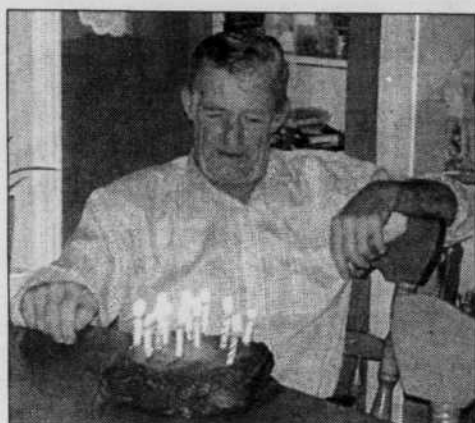
The Champlain offence will be looking to rebound in week two action as the team tries to avoid falling into an early 0-2 hole on the season. The Cougars visit F.X. Garneau on Saturday with kick-off scheduled for 1 p.m.

Death



BARBER, Helen - Peacefully at her home, Sherbrooke, Que., on Sunday August 30, 2009 at the age of 81 years. Helen Audrey Sorensen beloved wife of Bruce Barber for 39 years. Helen was the dear mother of Christopher. She is survived by her brother John. She was predeceased by her sisters Agnes and Doreen and her brothers Harold and Kenneth. In respect of her wishes cremation was entrusted to Cass Funeral Home, 3006 College Street Sherbrooke (Lennoxville), Quebec J1M 1T9 819 564-1750 / www.casshomes.ca. A graveside service will be held at the Malvern Cemetery on Wednesday September 2, 2009 at 1 p.m. The Ven. Dean Ross officiating. As a memorial tributes, donations to The Kidney Foundation of Canada, 2300, boul. René-Lévesque West, Montreal, Quebec H3H 2R5 or The Diabetes Quebec, 8550, boulevard Pix-IX, bureau 300, Montreal, Quebec J1Z 4G2 will be greatly appreciated by the family.

Death



DREW, Mr. Lionel (1940-2009) - At La Providence Hospital in Magog, on August 27, 2009, at the age of 68 years, Mr. Lionel Drew, husband of the late Viola Taylor. He leaves to mourn his children : Laurie (Jack Cunnington), Clinton (Julie Henri), Edward (Carol Croteau), Christina, 10 grandchildren, brothers and sisters, brothers and sisters-in-law, other relatives and friends. Cremation was held at Les Jardins Funéraires Bessette Crematorium. The family will receive condolences on Wednesday, day of the funeral, from 12h (noon). The funeral service will be held on Wednesday, September 2nd, 2009, at 2 p.m. in the chapel of Les Résidences Funéraires Bessette 5034, Foster St. Waterloo Tel : 450-539-1606 or 1-888-730-6666 Fax : 450-539-3035 www.famillebessette.com. Followed by the interment at the Silver Lake Cemetery in Eastman of Mr. Lionel Drew as well as his wife the late Viola Taylor (who passed away in December, 2006).

An alcoholic's denial



PETER H. GOTT, M.D.

DEAR DR. GOTT: I'm not sure where to begin but to tell you that my father doesn't listen to his family — but he listens to you.

I believe my dad is a closet drinker. He drinks beer in front of us, but has a stash of jug wine that he keeps in the garage, which he drinks in combination with the beer. He knows that we know about it but insists on drinking it in secret. By the end of every night, he transforms from a kind father and husband into a belligerent drunk who usually storms up to his bed and then forgets what happened by the next day. By then, he starts all over again in an extremely vicious cycle.

I'm not writing about his abuse of alcohol, because we've exhausted the issue with him. We know that until he wants to get help, there isn't much we have control over. I am writing because his belly has gotten a lot bigger, he looks really unhealthy, and the entire family is concerned. I heard somewhere that stomach fat is the worst kind a person can carry on the body. We have mentioned this to him and asked him to exercise more (he exercises once a month, if at all), but he just gets angry with us for saying something. So I am asking you, Dr. Gott, to help my father by writing about why stomach fat is so bad for you and what you can do to lose it in ways other than eating well, because he does eat very well.

DEAR READER: You and your family appear to be well aware that most people with alcoholism deny they even have a drinking problem. They don't perceive there is an issue, they believe they can quit any time they choose to, and there is no reason to address the issue.

Signs include hiding a supply in locations such as the basement, garage, glove box of the car or hamper; drinking in those secret places; a loss of interest in activities that once provided pleasure; withdrawal from friends and family who reach out to help but are perceived as meddling; becoming annoyed when confronted that there might be a problem; slurred speech; mood swings; a total inability to control the amount consumed; and blackouts. The only thing of importance is that bottle.

Alcohol depresses the central nervous system and affects thoughts and judgment. Over time, it can lead to short-term memory loss, cardiovascu-

lar problems, diabetes, hypertension, gastritis (inflammation of the lining of the stomach) and liver disorders.

I am surprised you say your father eats well. Many alcoholics get "nutrition" through their alcohol consumption and aren't interested in food. If they eat, that's fine. If not, well, there's always tomorrow.

Your father's increased abdominal girth is likely the result of his alcohol consumption. His liver and kidneys are probably suffering, and he may have gastrointestinal problems. Alcohol can cause cirrhosis and inflammation of the lining of the stomach. It can damage the pancreas that regulates metabolism and the enzymes that help digest fats, carbohydrates and proteins. Hypertension (high blood pressure) and cardiomyopathy (damage to the heart muscle itself) are linked and can increase the risk of stroke or heart failure. The liver can be inflamed. Body fat isn't healthy and can lead to a plethora of medical problems down the road.

There is a great deal of help available if your father truly has a drinking problem and wants to quit. However, he must reach out first. He should speak with his family physician and review treatment options. He needs to be seen to determine the exact cause of his abdominal fat that truly isn't healthy.

Detoxification programs, counseling, Alcoholics Anonymous meetings and other support groups are available. There is an alcohol-sensitizing drug available that causes nausea, vomiting, headaches and flushing. In fact, in June 2006, the Food and Drug Administration approved its first injectable drug for people with alcohol dependence. The drug that is administered once monthly blocks neurotransmitters in the brain associated with dependence. This form of control is only given to those people receiving counseling and who have been without alcohol for seven days. The injectable breakthrough appears easier to tolerate and continue than comparable pills that are also available.

Your pleas have fallen on deaf ears. Your father isn't ready. Rather than everyone coming down on him, I recommend a spokesperson express concern over the possibility of his failing health. You may also wish to consider working with a professional who can set up an intervention.

Then you and other family members need to tap into an Al-Anon meeting that will get you through this difficult time. Good luck.

In Memoriams

LOWRY - In loving memory of my dear husband, Roland James, the anniversary of our wedding day, September 1, 1956, and the day I was left to walk the road alone without you, September 5, 2003.

May the winds of love blow softly
And whisper so you'll hear,
We will always love and miss you
And wish that you were here.
(Especially on August 29).

Loved dearly and always missed by
your wife
THEDA
AND OUR FAMILY

MCCOURT (WEARE), Glenna (Dot): March 18, 1930 - September 1, 1999. In memory of our dear wife, mother and grandmother who was taken from us 10 years ago.

Some will never ever know
How it hurt to let you go.
So many times we'd cry
And ask ourselves why.
We can still see your smile
And it seems to help awhile.
Ten years seems like yesterday
Our memories are here to stay.

Sadly missed,
LLOYD & FAMILY

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CELEBRITY CIPHER

by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

Today's clue: A equals J

" WT ST WTJKGLVN CI WDCTG ,
BSMLHV (DVCTPWLH) GHL LYH
GLSTJSVJ ON BYWDY SMM CLYHVG
YSEH OHHT AKJRHJ. " -
XVHGWJHTL OSVSDP COSZS

PREVIOUS SOLUTION: "The difference in golf and government is that in golf you can't improve your lie." - Former governor George Deukmejian

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ALLEY OOP



ARLO & JANIS



THE BORN LOSER



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Conforming to the provisions of article 795 of the Quebec Civil Code, notice is given by these presents of the following event:

Walter MONTGOMERY, retired, residing in his lifetime at 508 Route 243 in Township of Cleveland, (Richmond), Quebec, JOB 2H0 is deceased on January 25th, 2009.

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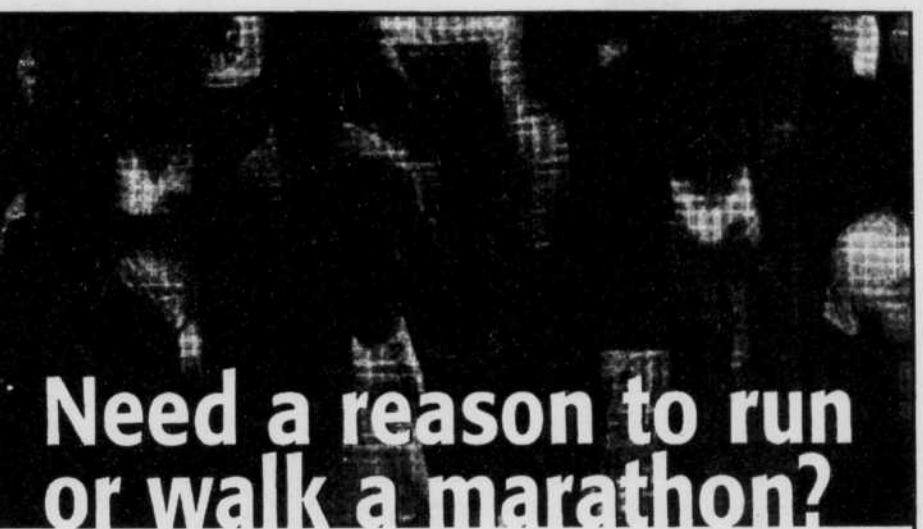
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Your Birthday

Tuesday, Sept. 1, 2009

There are strong indicators that advancement in your chosen field of endeavor is likely to take place in the year ahead. A lot of hard work and drive will get you there; luck will play only a minor role.

VIRGO (Aug. 23-Sept. 22) — If you need assistance from someone, don't impose upon the person's emotions to get him or her to help. Stick to the real facts, and keep sensitivities out of the picture.

LIBRA (Sept. 23-Oct. 23) — Take care not to appear to be self-centered because even those who usually find you appealing will not be happy if you come off as selfish.

SCORPIO (Oct. 24-Nov. 22) — Be ready to defend yourself in a job-related situation if someone should attempt to take credit for your work. Don't sit idly by thinking others know the truth — they don't.

SAGITTARIUS (Nov. 23-Dec. 21) — Optimism can be a powerful, inspirational attribute that can carry you to uncharted territory, but wishful thinking is merely self-defeating. Be able to discern between the two.

CAPRICORN (Dec. 22-Jan. 19) — Strongly guard against inclinations to spend way beyond your means, hoping you'll be able to pay the bill later. There are no sure things in life, and you could put yourself deeply in debt.

AQUARIUS (Jan. 20-Feb. 19) — Other people's tolerance and patience will have limits, so be extremely careful about making unreasonable demands on anyone, even a family member. Put yourself in their shoes.

PISCES (Feb. 20-March 20) — There's a good chance it will be far easier to make promises than it will be to keep them. If you're afraid to say no and succumb to this behavior, you'll pay a hefty price.

ARIES (March 21-April 19) — Be careful about your social graces, because those who matter the most might be scrutinizing your behavior from one end to the other. The slightest misstep will bring you down.

TAURUS (April 20-May 20) — Whether or not your goals and objectives are clearly defined, it isn't likely you'll get much done. This is because you're apt to stop trying the moment something doesn't go right.

GEMINI (May 21-June 20) — Applause is the right thing to give when someone does something outstanding. However, hollow flattery or praise in order to achieve a selfish purpose will not work to your advantage.

CANCER (June 21-July 22) — If you decide to go shopping, be extremely careful because your sense of value is likely to be a trifle distorted. You could end up purchasing items you'll tire of quickly or hate after the first use.

LEO (July 23-Aug. 22) — Tactfulness and decorum have their moments, but don't use them as a substitute for common sense or give them precedence over substance. Quality is what matters.

Tuesday, Sept. 1, 2009

Believe the points to find the play

By Phillip Alder

Virginia Woolf said, "On the outskirts of every agony sits some observant fellow who points."

At the bridge table, a kibitzer is supposed to be seen and not heard. But if he is asked for an opinion after a contract makes that could have been set, there is a good chance that the observant fellow will focus on how the erring defender should have used point-count information to avoid the agony of defeat.

In this deal, you are East, defending against four spades. Partner leads the heart ace. What are your first thoughts? The auction follows a predictable course, unless you and your partner have been bitten by the two-over-one game-forcing bug. Then, because South's two-spade rebid would not limit the strength of his hand, North would rebid three spades, and South would raise to four spades.

You should immediately realize that there is no point in asking partner to shift to another suit at trick two. So signal enthusiastically with your heart nine.

Getting the message, West cashes the heart king and plays a third heart to

North 09-01-09			
♠ K 6 3			
♥ J 10 5			
♦ K 4			
♣ A K 10 9 7			
West			East
♠ 8			♠ J 10 9
♥ A K 8			♥ Q 9 6 4
♦ 9 7 6 5 3 2			♦ Q J 10 8
♣ 6 4 2			♣ J 5
South			
♠ A Q 7 5 4 2			
♥ 7 3 2			
♦ A			
♣ Q 8 3			
Dealer: South			
Vulnerable: Both			
South	West	North	East
1 ♠	Pass	2 ♣	Pass
2 ♠	Pass	4 ♠	All pass
Opening lead: ♥ A			

your queen, everyone following. What would you do next? Count those high-card points. Partner has produced seven, dummy holds 14 and you have seven. That leaves only 12 missing. Since you can see all four jacks, South must have the spade ace, spade queen, diamond ace and club queen. Since this means your side has taken all of its side-suit tricks, lead your last heart. When West ruffs with the spade eight, it effects an uppercut, gaining you a trump trick.

CROSSWORD

Across

- 1 Wordsworth work
- 5 Pipe organ knobs
- 10 Calif. cop org.
- 14 ___ snuff
- 15 Birdie beater
- 16 Ballerina's bend
- 17 Stealthy felon
- 19 Very small amount
- 20 Friend of Jerry and George
- 21 Tonsillitis MD
- 22 McGregor of "Angels & Demons"
- 23 Anderson of "WKRP in Cincinnati"
- 25 Cannes cup
- 27 Flamenco yell
- 29 Elementary school basics
- 31 Left ventricle outlet
- 34 "___ Old Man": kids' song
- 35 "Gloria in Excelsis ___"
- 36 The Greeks' Helios, e.g.
- 37 Battle of Britain defense gp.

- 38 "Oh, be serious!"
- 40 Call ___ day
- 41 Sports spots
- 43 Like Paree, in song
- 44 Jam-pack
- 45 Captain's superior
- 46 Grab bag category: Abbr.
- 47 Heart and soul
- 48 Pie fruit
- 50 So
- 52 Table salt, to a chemist
- 54 Lupino of film
- 56 "Sleepless in Seattle" director Nora
- 60 ___ Seltzer
- 61 Apartment building emergency exit
- 63 Blueprint detail, briefly
- 64 White-tie accompanier
- 65 Finished
- 66 Handy bag
- 67 Sidewinder, e.g.
- 68 Untamed, and word that can precede the starts of 17- and 61-Across and 11- and 28-Down

- 27 Butler's love
- 28 Boating safety feature
- 30 Short-legged Welsh pooch
- 32 Do sum work
- 33 First mate?
- 34 Streetcar cousin
- 36 Photographer's request
- 38 "The World According to ___": John Irving novel
- 39 Cheyenne-to-Omaha direction
- 42 "There's ___ like home"

- 44 Consistent moneymaker
- 46 Middle of the road
- 49 Picks up
- 51 Favorable times
- 52 Democrat's donkey designer
- 53 Chop House dog food maker
- 55 Diva's solo
- 57 Sitarist Shankar
- 58 European auto
- 59 Uncool sort
- 62 Moose, to a European

R	A	G		S	A	L	E	M		S	E	E	D	Y				
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				S	L	E	I	G	H	T	O	F	H	A	N	D		
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P	L	A	C	E			E	L	I	A	S			D	U	E		
T	U	R	K	S			R	E	E	D	Y			E	T	S		

Down

- 1 Dark purple
- 2 October gemstone
- 3 James of jazz
- 4 Art pieces that hang from the ceiling
- 5 Woos with song
- 6 Game with an "it"
- 7 Stare at obviously
- 8 Herbs and shrubs
- 9 Big name in mattresses
- 10 Watches secretly
- 11 Wedding party tyke
- 12 Bread with tabbouleh
- 13 Martin of the Rat Pack
- 18 Family card game
- 24 "Not likely!"
- 26 Nobelism Bellow

1	2	3	4		5	6	7	8	9		10	11	12	13	
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66						67						68			

TOWNSHIPS' CRIER

DANVILLE

10th Annual Antique Farm Machinery Show at the Royal Canadian Legion, 136 Grove St., on September 5 and 6 from 9 a.m. to 5 p.m. Canteen open daily. Saturday Steak B.B.Q. 4:30 to 6 p.m. For supper tickets please call 819-839-2581 or 819-434-1005. Entertainment by Dave, Dale, Ron & Art the Country Swingers starting at 7 p.m. Admission charged. Everyone welcome. Free camping.

SHERBROOKE

There will be a Blood Drive for Hema-Quebec held on September 3 & 4 at the Carrefour de l'Estrie, 3050 Portland Blvd., from 10 a.m. to 8 p.m., organized by the Sherbrooke Firemen. They hope to get 630 donors.

LENNOXVILLE

St. Andrew's will host the 6th annual Corn Boil and Ham Supper on September 5 in the Church Hall from 4 p.m. to 7 p.m. at 256 Queen St., Lennoxville, with salads, tea, coffee, juice and fruit cocktail, all you eat. All welcome. Handicap accessible.

ESTRIE

Muscular Dystrophy Canada Phone-in Labour Day Fundraiser. Join the fight against neuromuscular disorders on Labour Day Monday, September 7, make a donations to Muscular Dystrophy by call 514-393-3522 or 1-800-567-2236. Operators will be answering your calls and taking pledges from 7 a.m. to 7 p.m. Keep muscles moving, pledge on Labour Day Monday.

BALDWIN'S MILLS

United Church Ladies' Group tea room and bazaar: Saturday, September 5, 10 a.m. to 2 p.m. at The Stone House, 1951 Chemin Lyon. Baking, herbs, preserves, souvenirs, great books, puzzles, furniture, vintage clothes, rummage and attic treasures for all. Tea will be served in the garden. All proceeds to charity. Please, No Early Birds!

RICHMOND

Sale of English and French books on September 26 from 9 a.m. to noon at the RCM Library, 820 Gouin St., Richmond. Donation of books welcome.

MILBY

St. Barnabas Church in Milby will be holding their annual Harvest Supper on Saturday, September 19 at 5:30 p.m. at the Ives Hill Hall. The menu includes ham, scalloped/baked potato, baked beans, coleslaw, homemade rolls and a delicious desert. Come enjoy a delicious

meal and a beautiful view of the country side while supporting a good cause. Information: 819-837-2261.

DANVILLE

Flea Market to be held on October 3, 2009 at the Royal Canadian Legion, 136 Grove Street. For table reservations please call 819-839-2583.

DANVILLE ASBESTOS

A congregational meeting of the Danville-Asbestos Trinity United Church will be held in the Church basement, 43 Grove St., Danville on Wednesday, September 16, 2009 at 7 p.m. The agenda will consist of the election of officers of the unified board, and will be assisted by Rev. James Potter. Please note there will be no Sunday services on September 6 and 13.

WARDEN

500 card parties will be held at the I.O.O.F. Hall in Warden on Wednesdays, September 2, 9, 16, 23 and 30 at 7:30 p.m. All welcome!

WEST BROME

The Canadian Club invites everyone to a presentation by Bill Haugland, a well known radio broadcaster, on September 14 at 2 p.m. at Auberge West Brome in West Brome. This first meeting of the new season is free of charge and an opportunity to meet Townshippers and find out about the Canadian Club. Bill Haugland's topic is entitled "taking a

cue from Johnny Carson. He-e-e-r's Haugland!

DANVILLE

Country Breakfast on Sunday, September 6 from 7:30 a.m. to 10 a.m. at the Royal Canadian Legion, 136 Grove Street. Everyone welcome. Admission charged.

NORTH HATLEY

Coffee morning at the North Hatley Library on Friday, September 4 from 10 a.m. to 11:30 a.m. Bring your friends and have a good chat. You can get your blood pressure checked at the same time, and maybe even find a book!

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This column accepts items announcing events organized by churches, service clubs and recognized charitable institutions for a \$7.00 fee, \$10.00 for 2 insertions of same notice, \$13.00 for 3 publications. Maximum 35 words. If you have more than 35 words the charge will be \$10.00 per insertion. Requests should be mailed, well in advance, to The Record, P.O. Box 1200, Sherbrooke, Quebec, J1H 5L6, be signed and include a telephone number and payment. Telephone requests will not be accepted. Admission charges and trade names will be deleted. No dances.

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